

Humana Healthy Horizons in Florida 2025 Health and Wellness Catalog and Order Form

Did you know this benefit allows each household to buy up to \$25 per month worth of Health and Wellness products?

How to order:

Keep this catalog. You will need this to look up the OTC items you want to order each month. **Place your order by the 20th of each month.** This gives CenterWell Pharmacy™ enough time to finish your order for that month.



SMMC APPROVED

on 11/12/24 for

Contract Period 2018-2024

You can order:

- **By phone:** Choose the OTC items you would like to purchase and call CenterWell Pharmacy at **800-526-1490 (TTY: 711).**

A handwritten signature in blue ink that reads "Katie Wetherington".

Katie Wetherington

- **By mail:** Fill out the Health and Wellness Order Form and mail **only** the order form pages to:

CenterWell Pharmacy
P.O. Box 1197
Cincinnati, OH 45201-1197

SMMC Contract Manager
Items of approved materials are deemed approved per

- **By fax:** Fill out the Health and Wellness Order Form and fax only the order form pages to:
888-778-8384

Humana
Healthy Horizons®
in Florida

 **CenterWell**
Pharmacy

Over-the-Counter (OTC) Health and Wellness Product Catalog

Baby & Kids

Product code	Product name	Compare to	Package count	Price
Diapers & Wipes				
680	Baby Wipes, Fragrance Free	Baby Wipes, Fragrance Free	80	\$5
Digestive Health				
349	Children's Gas Relief Drops	Infant's Mylicon®	1 oz.	\$9.50
Laxatives, Constipation & Softener				
644	Enemeez Kids Mini-Enema (Docusate Sodium 100mg)	Enemeez Kids Mini-Enema	5	\$15
Multivitamins & Supplements				
355	Children's Gummy Vitamins	VitaFusion	60	\$7.50
645	Kids Culturelle Complete Multivitamin + Probiotic, Chewable	Kids Culturelle Complete Multivitamin + Probiotic, Chewable	50	\$23
Oral Care				
681	Children's Battery Powered Toothbrushes	Children's Battery Powered Toothbrushes	2	\$9

Bathroom safety

Product code	Product name	Compare to	Package count	Price
Bathtub & Shower				
371	Bath Mat**	Bath Mat	1	\$13
494	Handheld Shower	Handheld Shower	1	\$21
373	Tub and Stair Safety Treads	Tub and Stair Safety Treads	8	\$10.50
Grab Bars				
491	Grab Bar, Knurled Chrome, 12"	Grab Bar, Knurled Chrome, 12"	1	\$17.50
492	Grab Bar, Knurled Chrome, 24"	Grab Bar, Knurled Chrome, 24"	1	\$19
Urinal				
685	Portable Urinal for Men	Portable Urinal for Men	1	\$6.50
686	Portable Urinal for Women	Portable Urinal for Women	1	\$11

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

**Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their healthcare provider about the appropriateness of this OTC item.

Cough, Cold and Allergy

Product code	Product name	Compare to	Package count	Price
Allergy & Sinus Relief				
113	Cetirizine HCL 10mg++	Zyrtec® 10mg	30	\$11
496	Fexofenadine 180mg	Allegra®	30	\$17.50
688	Fluticasone Nasal Spray, 144 Sprays	Flonase Nasal Spray	144 Sprays	\$20
689	Fluticasone Nasal Spray, 72 Sprays	Flonase Nasal Spray	72 Sprays	\$14
361	Levocetirizine 5mg++	Xyzal®	35	\$11
110	Loratadine 10mg, 30ct	Claritin®	30	\$11
690	Loratadine 10mg, 100ct	Claritin®	100	\$8
622	Loratadine 10mg, Orally Disintegrating Tablets	Claritin® RediTabs®	30	\$15
290	Loratadine Liquid 5mg/5ml	Children's Claritin®	4 oz.	\$11.50
095	Nasal Decongestant Spray	Afrin®	1 oz.	\$7
293	Triamcinolone Allergy Nasal Spray	Nasacort® Allergy 24 hour	0.57 fl oz.	\$18
Allergy Eye Drops				
546	Bausch + Lomb Alaway® Antihistamine Eye Drops	Bausch + Lomb Alaway® Antihistamine Eye Drops	.34 oz.	\$15.50
291	Eye Itch Relief 0.025% Eye Drops	Zaditor®	0.17 fl oz.	\$13
556	Pataday® Once Daily Relief	Pataday® Once Daily Relief	2.5 ml	\$24.50
557	Pataday® Twice Daily Relief	Pataday® Twice Daily Relief	5 ml	\$21.50
Cough, Cold & Flu				
260	Cough and Cold High Blood Pressure Tablets* limit 2 per month	Coricidin® HBP Cough and Cold	16	\$7.50
321	Cough Formula Expectorant	Robitussin®	8 oz.	\$10
632	Cough Formula Expectorant, Sugar Free*	Robitussin® Sugar Free	8 oz.	\$11
633	Cough Suppressant and Expectorant* limit 2 per month	Robitussin® DM	8 oz.	\$10
210	Cough Suppressant and Expectorant, Sugar Free* limit 2 per month	Robitussin® Sugar Free DM	4 oz.	\$7
111	Guaifenesin (Expectorant) 400mg limit 2 per month	Guaifenesin (Expectorant) 400mg	30	\$9

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*Sale of products containing Dextromethorphan are prohibited to members under the age of 18. Limit quantity of two per month.

589	Guaifenesin, Extended Release, 600mg	Guaifenesin, Extended Release, 600mg	20	\$15
043	Medicated Chest Rub	Vicks VapoRub®	100 gm	\$7.50
692	Mucinex® DM Max Liquid Cold & Flu Medicine* limit 2 per month	Mucinex®	6 oz.	\$19
693	NightTime Cold & Flu Relief Liquid* limit 2 per month	Vicks® Nyquil High Blood Pressure Cold and Flu Relief	8 oz	\$8.50
694	Vicks® NyQuil Cold & Flu LiquiCaps* limit 2 per month	Vicks®	24	\$13.50
Nasal Care				
497	Nasal Rinse Kit	NeilMed® Sinus Rinse™	1	\$12
362	Nasal Strips Medium	Breathe Right® Nasal Strips	30	\$10
325	Saline Nasal Spray	Ocean® Saline Nasal Spray	3 oz.	\$7
Throat Lozenges & Spray				
117	Menthol and Benzocaine Sore Throat Lozenges	Cepacol® Lozenges	18	\$6
220	Phenol and Oral Anesthetic Sore Throat Spray limit 2 per month	Chloraseptic®	6 oz.	\$7.50

Diabetes Management

Product code	Product name	Compare to	Package count	Price
Compression Dress Socks				
501	Compression Dress Socks, 8 - 15mmHg, Black, S	Curad® Compression Dress Socks	1 pair	\$14.50
500	Compression Dress Socks, 8 - 15mmHg, Black, M	Curad® Compression Dress Socks	1 pair	\$14.50
499	Compression Dress Socks 8 - 15mmHg, Black, L	Curad® Compression Dress Socks	1 pair	\$14.50
Compression Stockings				
265	Compression Stockings 15-20mmHg, Beige, Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")	JOBST® Compression Stockings	1 pair	\$15
266	Compression Stockings 15-20mmHg, Beige, Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")	JOBST® Compression Stockings	1 pair	\$15
267	Compression stockings 15-20mmHg, Beige, Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")	JOBST® Compression Stockings	1 pair	\$15

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268	Compression Stockings 15-20mmHg, Beige, Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19")	JOBST® Compression Stockings	1 pair	\$15
269	Compression Stockings 15-20mmHg, Beige, Size E (Ankle: 11" - 11 7/8"; Calf: 18" - 21")	JOBST® Compression Stockings	1 pair	\$15
270	Compression Stockings 15-20mmHg, Beige, Size F (Ankle: 12" - 12 7/8"; Calf: 20" - 23")	JOBST® Compression Stockings	1 pair	\$15
271	Compression Stockings 15-20mmHg, Beige, Size G (Ankle: 13" - 13 7/8"; Calf: 22" - 26")	JOBST® Compression Stockings	1 pair	\$15
329	Compression Stockings 15-20mmHg, Black, Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")	JOBST® Compression Stockings	1 pair	\$15
330	Compression Stockings 15-20mmHg, Black, Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")	JOBST® Compression Stockings	1 pair	\$15
331	Compression Stockings 15-20mmHg, Black, Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")	JOBST® Compression Stockings	1 pair	\$15
332	Compression Stockings 15-20mmHg, Black, Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19")	JOBST® Compression Stockings	1 pair	\$15
333	Compression Stockings 15-20mmHg, Black, Size E (Ankle: 11" - 11 7/8"; Calf: 18" - 21")	JOBST® Compression Stockings	1 pair	\$15
334	Compression Stockings 15-20mmHg, Black, Size F (Ankle: 12" - 12 7/8"; Calf: 20" - 23")	JOBST® Compression Stockings	1 pair	\$15
335	Compression Stockings 15-20mmHg, Black, Size G (Ankle: 13" - 13 7/8"; Calf: 22" - 26")	JOBST® Compression Stockings	1 pair	\$15
Crew Socks				
376	Diabetes Circulatory Crew Socks 8-15mmHg, Black, S	Diabetes Circulatory Crew Socks	1 pair	\$10.50
375	Diabetes Circulatory Crew Socks 8-15mmHg, Black, M	Diabetes Circulatory Crew Socks	1 pair	\$10.50
374	Diabetes Circulatory Crew Socks 8-15mmHg, Black, L	Diabetes Circulatory Crew Socks	1 pair	\$10.50
377	Diabetes Circulatory Crew Socks 8-15mmHg, Black, XL	Diabetes Circulatory Crew Socks	1 pair	\$10.50
381	Diabetes Circulatory Crew Socks 8-15mmHg, White, S	Diabetes Circulatory Crew Socks	1 pair	\$10.50
380	Diabetes Circulatory Crew Socks 8-15mmHg, White, M	Diabetes Circulatory Crew Socks	1 pair	\$10.50
379	Diabetes Circulatory Crew Socks 8-15mmHg, White, L	Diabetes Circulatory Crew Socks	1 pair	\$10.50

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382	Diabetes Circulatory Crew Socks 8-15mmHg, White, XL	Diabetes Circulatory Crew Socks	1 pair	\$10.50
Diabetes Management Items				
408	Diabetic Skin Relief Body Lotion	Gold Bond® Ultimate Diabetics' Dry Skin Relief Hydrating Lotion	5.5 oz.	\$11.50
272	Diabetic Skin Relief Foot Cream	Gold Bond® Diabetic Skin Relief Foot Cream	3.4 oz.	\$9.50
634	Glucose Gummies	Glucose Gummies	60	\$10
305	Glucose Tablets	DEX4® Glucose Tablets	60	\$14
274	Sharps Container	BD™ Home Sharps Container	1	\$10

Digestive Health

Product code	Product name	Compare to	Package count	Price
Antacids, Heartburn & Gas Relief				
032	Antacid/Anti-Gas Liquid	Mylanta®	12 oz.	\$8.50
215	Effervescent Antacid & Pain Relief	Alka-Seltzer®	36	\$7.50
323	Esomeprazole 20mg	Nexium® 24HR	28	\$18
320	Extra Strength Gas Relief Soft-Gels	Gas-X® Extra Strength	48	\$10
261	Famotidine 20mg	Pepcid® 20mg	25	\$9
112	Omeprazole 20mg	Prilosec OTC® 20mg	14	\$10
Anti-Diarrheal				
318	Anti-Diarrheal Tablets (Loperamide) 2 mg	Imodium® A-D	24	\$8.50
115	Pink Bismuth, Chewable Tablets	Pepto-Bismol® Chewable Tablets	30	\$6
Anti-Nausea, Vomiting & Motion Sickness				
505	Meclizine 25mg	Bonine®	100	\$6.50
120	Motion Sickness Tablets (Dimenhydrinate) 50 mg	Dramamine®	12	\$7
351	Nausea Relief Liquid	Emetrol®	4 oz.	\$8.50
698	Sea-Band® Motion Sickness Bands	Sea-Band®	2	\$17.50
Fiber & Dairy Digestive				
415	Fiber Gummies	Vitafusion™ Fiber Well Gummies	90	\$14.50
208	Fiber Laxative Tablets	FiberCon®	90	\$11
258	Psyllium Fiber Laxative Capsules	Metamucil® Capsules	160	\$13
359	Psyllium Fiber Supplement Orange Smooth Texture Powder	Metamucil®	13 oz.	\$16
360	Psyllium Fiber Supplement Orange Smooth Texture Powder, Sugar Free	Metamucil® Sugar Free	10 oz.	\$13

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Hemorrhoid Care				
031	Anti-Hemorrhoidal Ointment	Preparation H®	2 oz.	\$6
216	Hemorrhoidal Suppositories	Preparation H® Suppositories	12	\$9
358	Medicated Hemorrhoidal Pads	Tucks® Pads	100	\$9
Laxatives, Constipation & Softener				
093	Bisacodyl 5mg	Dulcolax®	25	\$7
504	Laxative Suppositories (Bisacodyl) 10mg	Laxative Suppositories (Bisacodyl) 10mg	12	\$8.50
033	Milk of Magnesia, Laxative/Antacid	Phillips® Milk of Magnesia	12 oz.	\$8
663	Polyethylene Glycol Powder	MiraLAX®	17.9 oz.	\$19
233	Senna Laxative Tablets	Senokot®	100	\$12
101	Stool Softener Capsules	Colace®	100	\$8.50

Fall Prevention

Product code	Product name	Compare to	Package count	Price
Canes				
527	Cane with Offset Handle**	Cane with Offset Handle	1	\$21.50
529	Folding Cane**	Folding Cane	1	\$20
Dressing Aids				
619	Extra-Long Shoe Horn with Sock Remover	Extra-Long Shoe Horn with Sock Remover	1	\$11
594	Sock Assistance Device	Sock Assistance Device	1	\$9.50
Fall Safety				
532	Non-Skid Slipper Socks	Non-Skid Slipper Socks	1 pair	\$6
419	Plug-in LED Night Lights	Plug-In LED Night Lights	2	\$7
625	Transfer Belt with Handles, Wide	Transfer Belt with Handles, Wide	1	\$22
Mobility Assistance				
531	Grabber Reacher Tool	Grabber Reacher Tool	1	\$16
Replacement Cane Tips				
628	Replacement Cane Tips, 1/2" (compatible with 387)	Replacement Cane Tips, 1/2"	4	\$8
626	Replacement Cane Tips, 3/4" (compatible 527 & 529)	Replacement Cane Tips, 3/4"	2	\$8
627	Replacement cane tips, 5/8" (compatible 386)	Replacement Cane Tips, 5/8"	4	\$8

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First Aid

Product code	Product name	Compare to	Package count	Price
Bandages & Supplies				
508	Butterfly Closures	Butterfly Closures	12	\$5
509	Cloth Tape, 1" x 10 yards	Cloth Tape, 1" x 10 yards	1	\$5.50
036	Cotton Swabs	Q-Tips® Cotton Swabs	300	\$6
510	Curad® Adhesive Bandages, Fingertip	Curad® Adhesive Bandages, Fingertip	100	\$9
511	Curad® Adhesive Bandages, Knuckles	Curad® Adhesive Bandages, Knuckles	100	\$8
512	Curad® Bandage Variety Pack	Curad® Bandage Variety Pack	200	\$11
519	Curad® Non-Stick Pads, 3"x 4"	Curad® Non-Stick Pads, 3" x 4"	10	\$6.50
514	Curad® Quick Stop Blood Controlling Bandages	Curad® Quick Stop Blood Controlling Bandages	30	\$7
515	Curad® Silicone Bandages	Curad® Silicone Bandages	20	\$7
517	Curad® Spray Bandage ⁺	Curad® Spray Bandage	1.35 oz.	\$10.50
226	Elastic Bandage, 4"	Ace® Bandage	1	\$7
425	Elastic Bandage, 6"	Ace® Bandage	1	\$9.50
648	First Aid Tough Wrap	Band-Aid® Tough Wrap	1	\$6.50
520	Gauze Sponges, 4" x 4"	Gauze Sponges 4" x 4"	50	\$8.50
431	Paper Tape, 2" x 10 yards	Curad® Paper Tape	1	\$8
324	Plastic Bandages	Band-Aids®	200	\$8
638	Silicone Foam Absorbent Dressing, 4x4"	Opti-Heal Silicone Foam Absorbent Dressing	4	\$17
701	Skin Protectant Wipes	Skin Protectant Wipes	50	\$15
635	Skin Tone Bandages, Dark Brown, (10 medium & 10 large)	Tru-Colour Skin Tone bandages	20	\$7.50
636	Skin Tone Bandages, Brown, (10 medium & 10 large)	Tru-Colour Skin Tone bandages	20	\$7.50
637	Skin Tone Bandages, Olive, (10 medium & 10 large)	Tru-Colour Skin Tone bandages	20	\$7.50
702	Sterile Pads, 5x9	Sterile Pads, 5x9	20	\$10
384	Waterproof Adhesive Bandages	Waterproof Adhesive Bandages	100	\$8.50
Burn Relief				
507	Burn Relief Spray	Burn Relief Spray	2 oz.	\$6.50
516	Curad® Soothe & Cool Burn Bandages, Instant Cooling, Assorted Sizes	Curad® Soothe & Cool Burn Bandages, Instant Cooling, Assorted Sizes	8	\$8.50

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Hot & Cold Therapies				
428	Hot Water Bottle	Hot Water Bottle	1	\$10.50
430	Ice Bag	Ice Bag	1	\$8
310	Reusable Cold Compress	ACE™ Cold Compress	1	\$9.50
Kits				
385	First Aid Kit, 175 Pieces	Curad® First Aid Kit, 175 Pieces	1 kit	\$14
Ointments & Gels				
513	Curad® Germ Shield Gel	Curad® Germ Shield Gel	0.5 oz.	\$8
432	Petroleum Jelly	Vaseline®	4 oz.	\$5
231	Triple Antibiotic Ointment Plus	Neosporin® + Pain Relief	1 oz.	\$8
Sanitizers				
035	Alcohol Prep Pads	Curad® Alcohol Swabs	100	\$5
700	Hand Sanitizer Wipes, 20ct	Alcohol Wipes	20	\$7
506	Antiseptic Spray	Antiseptic Spray	2 oz.	\$7
427	Hand Sanitizer+	Purell®	8 oz.	\$4
521	Hand Sanitizer Wipes, 160ct+	Purell®	160	\$13
703	Sterile Wound Wash	Medicleanse First Aid Sterile Wound Wash	1	\$10.50

Fitness Devices

Product code	Product name	Compare to	Package count	Price
Exercise Equipment				
528	Foam Roller	Foam Roller	1	\$18
534	Resistance Band, Medium Resistance	Theraband®	1	\$10
Exercise Trackers				
441	Pedometer	Pedometer	1	\$14

Home Medical

Product code	Product name	Compare to	Package count	Price
Blood Pressure Devices & Cuff				
242	Blood Pressure Home Kit (Manual pump w/stethoscope)**	Blood Pressure Home Kit	1	\$20
591	Extra-Large Blood Pressure Cuff (42cm-48cm)	Extra-Large Blood Pressure Cuff	1	\$17.50
Breathing Aids				
455	Peak Flow Meter	Peak Flow Meter	1	\$22

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+Product cannot be shipped to P.O. Boxes, Alaska, Hawaii, or Puerto Rico

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Cushions & Pillows				
447	Foam Ring Cushion	Carex®	1	\$21
709	Gel Seat Cushion	Aduken	1	\$19
450	Hypoallergenic Pillow**	Hypoallergenic Pillow	1	\$20
710	Hypoallergenic Pillow Protector, Standard	Aller-Ease	2	\$9
451	Lumbar Cushion	Carex®	1	\$21.50
Hearing				
704	Duracell® Hearing Aid Batteries, Size 10	Duracell® Hearing Aid Batteries	8	\$14
706	Duracell® Hearing Aid Batteries, Size 13	Duracell® Hearing Aid Batteries	8	\$14
705	Duracell® Hearing Aid Batteries, Size 312	Duracell® Hearing Aid Batteries	8	\$14
Home Tests				
642	COVID-19 Antigen Home Test Kit	COVID-19 Antigen Home Test Kit	2	\$19
Medical Bracelets				
452	Medical Bracelet, Diabetes	Medical Bracelet	1	\$18
453	Medical Bracelet, Heart Patient	Medical Bracelet	1	\$18
Medication Aids & Disposal				
257	7-Day Pill Box	7-Day Pill Box	1	\$10.50
370	Medication Disposal Powder	DisposeRx™	3	\$12.50
458	Medication Lock	Pillpod	1	\$22
456	Pill Bottle Opener with Magnifying Glass	Pill Bottle Opener	1	\$10.50
457	Pill Splitter & Crusher	Pill Splitter & Crusher	1	\$9.50
Personal Protective Aids				
486	Cloth Face Masks	Cloth Face Masks	3 masks	\$10
485	Disposable Face Masks	Disposable Face Masks	10 masks	\$10
345	Disposable Gloves, Non-Latex	Curad®	100	\$13
Scales				
247	Digital Bathroom Scale**	Digital Bathroom Scale	1	\$22
530	Food Scale	Food Scale	1	\$20
Sensory Aids				
446	Magnifying Glass	Magnifying Glass	1	\$10
Thermometers				
708	Bilingual Talking Ear and Forehead Thermometer**	Bilingual Talking Ear and Forehead Thermomemter	1	\$20
048	Oral Thermometer	B-D® Oral Thermometer	1	\$8

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Incontinence

If you experience incontinence, we're here to help you find the right products for you. Below is a chart to help you choose the product(s) you need.

Absorbency level ↓	Usage	Tab-style or Briefs	Underwear or Pull on	Pads
	Day	Unisex: <ul style="list-style-type: none"> Extra absorbency tab-style disposable briefs <ul style="list-style-type: none"> Small, Medium, Large, XL, XXL Ultra Absorbency tab-style disposable briefs <ul style="list-style-type: none"> Small, Medium, Large, XL, XXL 	For women: <ul style="list-style-type: none"> Incontinence Underwear <ul style="list-style-type: none"> Small/Medium, Large/XL For men: <ul style="list-style-type: none"> Incontinence Underwear <ul style="list-style-type: none"> Small/Medium, Large/XL Unisex: <ul style="list-style-type: none"> Incontinence Underwear, heavy absorbency - XXL 	For women: <ul style="list-style-type: none"> Panty liner Bladder control pad <ul style="list-style-type: none"> Light Moderate Maximum For men: <ul style="list-style-type: none"> Bladder control guards
Extended or overnight	Unisex: <ul style="list-style-type: none"> Extended wear high capacity tab-style briefs <ul style="list-style-type: none"> Small, Medium, Large, XL 		For women: <ul style="list-style-type: none"> Bladder control pad, Ultimate 	

Product code	Product name	Compare to	Package count	Price
Clean & Protect				
712	Aloe Personal Cleansing Non-Flushable Wipes	Aloe Personal Cleansing Non-Flushable Wipes	48	\$7.50
713	Aloe Personal Cleansing Non-Flushable Wipes, Quilted	Aloe Personal Cleansing Non-Flushable Wipes, Quilted	48	\$7.50
715	Commode Liners	Commode Liners	60	\$24
369	Flushable Cleansing Cloths	Cottonelle®	40	\$5
714	Perineal Skin Cleanser	Perineal Skin Cleanser	8 oz.	\$5
666	Zinc Oxide 20% Cream	Zinc Oxide 20% Cream	2 oz.	\$7
Pads & Guards				
366	Bladder Control Guards for Men	FitRight® Active Bladder Guards for Men	52	\$15
595	Bladder Control Pad for Women, Light	FitRight®	20	\$9.50
597	Bladder Control Pad for Women, Maximum	FitRight®	10	\$9.50
596	Bladder Control Pad for Women, Moderate	FitRight®	16	\$9
598	Bladder Control Pad for Women, Ultimate	FitRight®	10	\$10.50
599	Panty Liner, Long	Panty Liner, Long	40	\$8

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Tab-Style Briefs				
396	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, Small (Waist size 20"-32")	FitRight® Disposable Briefs, Extra Absorbency	20	\$18.50
395	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, Medium (Waist Size 32"-44")	FitRight® Disposable Briefs, Extra Absorbency	20	\$18.50
394	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, Large (Waist size 44"-56")	FitRight® Disposable Briefs, Extra Absorbency	20	\$18.50
397	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, XL (Waist size 56"-64")	FitRight® Disposable Briefs, Extra Absorbency	20	\$18.50
398	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, XXL (Waist size 60"-70")	FitRight® Disposable Briefs, Extra Absorbency	20	\$18.50
401	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, Small (Waist size 20"-32")	FitRight® Disposable Briefs, Ultra Absorbency	20	\$18.50
400	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, Medium (Waist size 32"-44")	FitRight® Disposable Briefs, Ultra Absorbency	20	\$18.50
399	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, Large (Waist size 44"-56")	FitRight® Disposable Briefs, Ultra Absorbency	20	\$18.50
402	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, XL (Waist size 56"-64")	FitRight® Disposable Briefs, Ultra Absorbency	20	\$18.50
403	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, XXL (Waist size 60"-70")	FitRight® Disposable Briefs, Ultra Absorbency	20	\$18.50
696	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, 3XL (Waist Size 71"-84")	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency	12	\$22
539	Extended Wear Stretch Brief, Size 1 (Waist 31-52 inch)	Extended Wear High-Capacity Tab-Style Briefs	20	\$25
538	Extended Wear Stretch Brief, Size 2 (Waist 40-70 inch)	Extended Wear High Capacity Tab-Style Briefs	20	\$25
Underpads & Chair Pads				
256	Absorbent Underpads (Disposable Chux Pads), 23" x 36"	Protection Plus® Disposable Underpads 23" x 36"	20	\$13.50
617	Chair Pad, Washable Waterproof, 21" x 22"	Chair pad, Washable Waterproof	1	\$12
542	Washable Underpad 34" x 36"	Washable Underpad	1	\$14
Underwear				
602	Incontinence Underwear for Men, Heavy Absorbency, Small/Medium (Waist Sizes 28" - 40")	FitRight®	20	\$16
603	Incontinence Underwear for Men, Heavy Absorbency, Large/XL, (Waist Sizes 40" - 56")	FitRight®	20	\$16

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

600	Incontinence Underwear for Women, Heavy Absorbency, Small/Medium (Waist Sizes 28" - 40")	FitRight®	20	\$16
601	Incontinence Underwear for Women, Heavy Absorbency, Large/XL (Waist Sizes 40" - 56")	FitRight®	20	\$16
604	Incontinence Underwear Unisex, Heavy Absorbency, 2XL (Waist Sizes 68" - 80")	FitRight®	20	\$21

Men's Health

Product code	Product name	Compare to	Package count	Price
Prostate Health				
647	Prostate Health with Beta-Sitosterol 125mg	Prostate Health with Beta-Sitosterol 125mg	60	\$19
Condoms				
202	Condom, Lubricated	Trojan Lubricated Condoms	12	\$10

Pain Relievers

Product code	Product name	Compare to	Package count	Price
Acetaminophen				
020	Acetaminophen 80mg Chewable	Tylenol® Children's Chewable	30	\$7
294	Acetaminophen 325mg, 100ct	Tylenol® Regular Strength	100	\$8
717	Acetaminophen 325mg, 200ct	Tylenol® Regular Strength	200	\$10.50
002	Acetaminophen 500mg, 100ct	Tylenol® Extra Strength	100	\$8.50
718	Acetaminophen 500mg, 200ct	Tylenol® Extra Strength	200	\$11
605	Acetaminophen Arthritis 650mg, 24ct	Acetaminophen arthritis 650 mg	24	\$7
719	Acetaminophen Arthritis 650mg, 100ct	Tylenol® Arthritis	100	\$12
716	Acetaminophen & Ibuprofen	Advil Dual Action	72	\$10
353	Liquid Acetaminophen (Children's)* limit 2 per month	Children's Tylenol® 160mg/5ml	4 oz.	\$7
Aspirin & Aspirin Combo				
016	Aspirin Low Dose 81mg EC	Bayer® Adult Low Strength EC	120	\$6.50
229	Enteric Coated Aspirin 325mg	Ecotrin®	100	\$5.50
125	Headache Formula (Aspirin/Acetaminophen/Caffeine)	Excedrin®	100	\$10.50
Ibuprofen & Naproxen Sodium				
019	Ibuprofen 200mg Tablets, 50ct	Advil®	50	\$6

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

650	Ibuprofen 200mg Tablets, 100ct	Advil®	100	\$8.50
720	Ibuprofen 200mg Tablets, 250ct	Advil®	250	\$14
094	Ibuprofen Suspension (Children's)* limit 2 per month	Children's Motrin®	4 oz.	\$7
283	Naproxen Sodium 220mg	Aleve®	100	\$9
Patches				
213	Cold and Hot Patches	Icy Hot® Patch	5	\$8.50
365	Lidocaine Patches	Salonpas® Lidocaine Patches	6	\$10
Topical Pain Relievers				
543	Arthritis Pain Gel	Voltaren Gel	3.53 oz.	\$15
649	Lidocaine 4% Pain Relief Cream	Lidocaine 4% Pain Relief Cream	2.7 oz.	\$8
046	Muscle Rub	BenGay®	4 oz.	\$8
344	Roll-On Muscle Relief	Biofreeze®	2.5 oz.	\$12
464	Spray-On Muscle Relief+	BioFreeze® Spray	4 oz.	\$11.50
722	Tiger Balm® Muscle Spray	Tiger Balm®	2.53 oz.	\$10
724	Tiger Balm® Pain Relieving Patch	Tiger Balm®	5	\$10
119	Topical Analgesic Cream (Capsaicin Cream) 0.025%	Zoatrix® Cream	2 oz.	\$8.50

Personal Care

Product code	Product name	Compare to	Package count	Price
Dental Floss, Flossers, Picks				
224	Dental Floss, Waxed	Dental Floss, Waxed	100 yards	\$5
391	Dental Flossers	Dental Flossers	90	\$5
554	Interdental brush picks	Gum®	275	\$6.50
555	Interdental Gum Brushes	Gum®	10	\$7
Denture Care				
225	Denture Adhesive	Fixodent®	1.5 oz.	\$7
392	Denture Brush	GUM® Denture Brush	1	\$5.50
319	Effervescent Denture Tabs	Efferdent®	90	\$7
553	Fixodent® Denture Adhesive	Fixodent® Denture Adhesive	2.4 oz.	\$8
652	Overnight Dental Guard with Case	Dental Clean	2	\$9
Ear Care				
118	Earwax Removal Drops	Debrox® Earwax Removal Drops	0.5 fl oz.	\$7
728	Noise Reducing Ear Plugs	Noise Reducing Ear Plugs	50	\$15
729	Noise Reducing Slim Fit Ear Plugs	Noise Reducing Slim Fit Ear Plugs	50	\$13

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

*Sale of products containing Dextromethorphan are prohibited to members under the age of 18. Limit quantity of two per month.

Eye Care				
615	Bausch + Lomb Soothe® XP Emollient Eye Drops	Bausch + Lomb Soothe® XP Emollient Eye Drops	15 ml	\$17
725	Blink GelTears® Lubricating Eye Drops	Blink®	10 ml	\$16
726	Blink® Tears Lubricating Eye Drops	Blink®	30 ml	\$22
727	Blink® Triple Care Lubricating Eye Drops	Blink®	10 ml	\$16.50
551	Contact Lens Solution	Opti-Free® Replenish®	12 oz.	\$8
219	Eye Drops, Redness Reliever	Visine® Original	0.5 oz.	\$6.50
114	Lubricant Eye Drops (Sterile)	Lubricant Eye Drops (Sterile)	0.5 oz.	\$7.50
346	Lubricant Eye Gel	GenTeal®	0.34 oz.	\$13
730	Eye Care AREDS 2 & CoQ10	PreserVision AREDS 2	100	\$30
405	Preservative Free Lubricant Eye Drops	Refresh Optive®	30 vials	\$14.50
Foot Care				
613	Antifungal Foot Powder, Miconazole Nitrate 2%	Zeasorb® AF	2.5 oz.	\$9.50
465	Bunion Guard	Bunion Guard	1	\$9
473	Moleskin	Moleskin	3 strips	\$6
Oral Care				
544	Abreva® Cold Sore Treatment	Abreva® Cold Sore Treatment	.07 oz.	\$25
548	Biotene® Spray	Biotene® Spray	1.5 oz.	\$11
393	Dry Mouth Oral Rinse	Biotene® Dry Mouth Oral Rinse	16 fl oz.	\$8
414	Medicated Lip Treatment	Carmex®	2	\$6
295	Oral Pain Relief, Benzocaine 20%	Orajel™ Maximum	0.5 oz.	\$7
651	Oral B® Gum Detoxify Rinse	Oral B® Gum Detoxify Rinse	16 fl oz.	\$9.50
Power Dental Flossers & Tips				
472	Battery-Operated Water Jet Tips	Interplak® Battery-Operated Water Jet Tips	5	\$13
Toothbrushes & Accessories				
664	Interplak® Toothbrush Heads	Conair®	2	\$23
284	Toothbrush	Toothbrush	3	\$6
Toothpaste				
545	Aim® Toothpaste	Aim® Toothpaste	5.5 oz.	\$5
550	Colgate® Toothpaste	Colgate® Toothpaste	4.6 oz.	\$6
552	Crest® Toothpaste	Crest® Toothpaste	5.4 oz.	\$7
558	Pepsodent® Toothpaste	Pepsodent® Toothpaste	5.5 oz.	\$5

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

Skin Care

Product code	Product name	Compare to	Package count	Price
Allergy & Itch Relief				
217	Allergy Cream, Itch and Pain Relief	Benadryl® Extra Strength Cream	1 oz.	\$6
411	Soothing Oatmeal Bath Treatment	Avveno® Soothing Bath Treatment	8	\$10
Antifungal Creams				
038	Clotrimazole Cream 1%	Lotrimin AF®	05 oz.	\$9
218	Tolnaftate Antifungal Cream 1%	Tinactin® Cream	1 oz.	\$10
Skin Creams, Lotions & Gels				
560	Aloe Vera with Lidocaine	Aloe Vera with Lidocaine	20 oz.	\$9.50
037	Calamine Lotion	Calamine Lotion	6 oz.	\$7
409	Eczema Moisturizing Cream	Aveeno® Active Naturals® Eczema Therapy Moisturizing Cream	5 oz	\$10
322	Hydrocortisone Cream 1%	Cortaid®	2 oz.	\$7
561	Phytoplex Calazime Skin Protectant	Phytoplex Calazime Skin Protectant	4 oz.	\$10
410	Psoriasis Medicated Ointment	Psoriasis Medicated Ointment	3.8 oz.	\$11
653	Scalpicin® Max Strength Scalp Itch Treatment	Scalpicin® Max Strength Scalp Itch Treatment	1.5 oz.	\$11
562	Skin Protectant Paste	Skin Protectant Paste	4 oz.	\$7.50
563	Skin Repair Cream	Remedy® Intensive Skin Therapy Skin Repair Cream	4 oz.	\$7.50
308	Vitamin A&D Ointment	A&D® Original Ointment	4 oz.	\$7
Sun & Insect Care				
388	Insect Bite Relief	After Bite®	0.5 fl oz.	\$7.50
327	Insect Repellent	Off® Deep Woods® Insect Repellent	6 oz.	\$11
306	Sunscreen SPF30	Coppertone® SPF 30	8 oz.	\$10
564	Sunscreen SPF50	Sunscreen SPF 50	8 oz.	\$10
Wart & Callus				
241	Medicated Corn/Callus Remover	Dr. Scholl's®	6	\$7
296	Wart Remover Liquid	Compound W® Max Strength	0.31oz.	\$9

Smoking Cessation

Product code	Product name	Compare to	Package count	Price
Gum				
123	Stop Smoking Gum, 2mg ⁺⁺	Nicorette® 2mg Gum	50	\$20
124	Stop Smoking Gum, 4mg ⁺⁺	Nicorette® 4mg Gum	50	\$20

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.
⁺⁺ Sale of products containing nicotine are prohibited to members under the age of 21.

Patches				
315	Nicotine Transdermal Patch, 7mg, 7/ Box ⁺⁺	Nicotine Transdermal Patch	7	\$23
313	Nicotine Transdermal Patch, 14mg, 7/ Box ⁺⁺	Nicotine Transdermal Patch	7	\$23
314	Nicotine Transdermal Patch, 21mg, 7/ Box ⁺⁺	Nicotine Transdermal Patch	7	\$23

Supports

Product code	Product name	Compare to	Package count	Price
Arm & Shoulder				
737	Nufabrx Arm Pain Relief Sleeve	Nufabrx	1	\$20
Hand, Wrist & Elbow				
565	Arthritis Gloves, Small	Vive Arthritis Gloves	1 pair	\$18
364	Arthritis Gloves, Medium	Vive Arthritis Gloves	1 pair	\$18
363	Arthritis Gloves, Large	Vive Arthritis Gloves	1 pair	\$18
442	Carpal Tunnel Night Brace	Futuro [®] Carpal Tunnel Night Brace	1	\$23
339	Elbow Support	Futuro [®] Elbow Support	1	\$13
743	Nufabrx Wrist Pain Relief Sleeve	Nufabrx	1	\$20
343	Wrist Support	Futuro [®]	1	\$12.50
Knee, Ankle & Foot				
336	Ankle Support	Futuro [®]	1	\$12
342	Knee Support with Stays, Small	Futuro [®] Knee Support with stays	1	\$20
341	Knee Support with Stays, Medium	Futuro [®] Knee Support with stays	1	\$20
340	Knee Support with Stays, Large	Futuro [®] Knee Support with stays	1	\$20
357	Knee Support with Stays XL	Futuro [®] Knee Support with stays	1	\$20
736	Nufabrx Ankle Pain Relief Sleeve	Nufabrx	1	\$20
739	Nufabrx Calf Pain Relief Sleeve	Nufabrx	1	\$20
740	Nufabrx Knee Pain Relief Sleeve	Nufabrx	1	\$20
741	Nufabrx Lower Leg Pain Relief Sleeve	Nufabrx	1	\$20
459	Plantar Fasciitis Relief Sleeve	Plantar Fasciitis Relief Sleeve	1 pair	\$17
Neck & Back				
337	Back Support Elastic, OSFM	Futuro [®]	1	\$23
567	Back Support with Pulley System, Small/Medium	Back Support with Pulley System	1	\$21
566	Back Support with Pulley System, Large/XL	Back Support with Pulley System	1	\$19
568	Back Support with Pulley System 2XL	Back Support with Pulley System	1	\$19
742	Nufabrx Neck Pain Relief Sleeve	Nufabrx	1	\$25

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

⁺⁺ Sale of products containing nicotine are prohibited to members under the age of 21.

Vitamins, Minerals and Supplements

Product code	Product name	Compare to	Package count	Price
Brain & Eye/Vision				
616	Brain Health Supplement	Neuriva, Coffee Fruit Extract 100 mg, Phosphatidylserine 100 mg	30	\$21
750	Eye Care Vitamin Gummies	Ocutive® Eye Health Gummies	36	\$12
907	Eye Care Vitamins	Ocuvite® Extra	36	\$9
Immune Support & Antioxidants				
745	Airborne® Chewable Tablets, Citrus	Airborne®	32	\$11
746	Airborne® Effervescent Tablets, Zesty Orange	Airborne®	10	\$10.50
747	Airborne® Elderberry Gummies	Airborne®	50	\$19.50
748	Airborne® Gummies, Assorted Fruit	Airborne®	42	\$19.50
297	Antioxidant Tablets	Antioxidant Tablets	60	\$11
474	Immune Support Chewable Tablets	Airborne®	32	\$8
Minerals				
298	Ferrous Sulfate 325mg	Feosol® 100	100	\$8.50
246	Liquid Iron Formulation 220mg/5ml	Liquid Iron	16 oz.	\$10
302	Magnesium Oxide 400mg	Mag-Ox® 400mg	120	\$10
317	Organic Sulfur MSM 1000mg	Organic sulfur MSM 1000mg	90	\$15
303	Potassium Gluconate 595mg	Potassium Gluconate 595mg	100	\$7.50
Multivitamins				
063	Complete Senior Vitamins and Minerals	Centrum® Silver	60	\$10
011	Daily Multivitamin and Mineral	Centrum®	130	\$10.50
618	Diabetic Multivitamin Sugar-Free Gummies	Diabetic Multivitamin Sugar-Free Gummies	60	\$16
299	Gummy Multivitamin	Multivitamin Gummy	120	\$11
316	One Daily Men's Multivitamin	One-A-Day Men's®	60	\$8.50
107	One Daily Women's Multivitamin	One-A-Day Women's®	60	\$8.50
Supplements				
614	Apple Cider Vinegar (with the mother) 500mg & Ginger 1mg Gummies	Apple Cider Vinegar (with the mother) 500mg & Ginger 1mg Gummies	60	\$12
902	Co-Enzyme Q-10 30mg	Co-Enzyme Q-10 30mg	30	\$12
367	Co-Enzyme Q-10 100mg	Co-Enzyme Q-10 100mg	30	\$13
749	Co-Enzyme Q-10 Gummies	Co-Enzyme Q-10 Gummies	60	\$18
608	Elderberry Gummies	Elderberry Gummies	60	\$14
477	Flax Seed Oil 1000mg Softgels	Flax Seed Oil	90	\$11

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

609	Ginseng Extract 100mg	Ginseng Extract 100mg	50	\$16.50
412	Glucosamine Chondroitin Triple Strength	Glucosamine Chondroitin Triple Strength	100	\$25
655	Melatonin 3mg	Melatonin 3mg	60	\$7
278	Melatonin 5mg	Melatonin 5mg	100	\$9.50
479	Melatonin Gummies, 5mg	Vitajoy®	120	\$13
657	Nerve Health	Nervive™ Nerve Health	30	\$15
413	Omega-3 Fish Oil 1000mg	Omega-3 Fish Oil 1000mg	90	\$10
610	Papaya Enzyme	Papaya Enzyme	100	\$7
607	Probiotic	Probiotic	30	\$18
654	Probiotic Gummies	Probiotic Gummies	60	\$10
751	Probiotic Gummies, Sugar Free	Probiotic Gummies, Sugar Free	60	\$14
752	Stress Relief Gummies	Olly Goodbye Stress	42	\$11
753	Turmeric Curcumin	Turmeric Curcumin	60	\$10.50
Vitamins A - Z				
475	Biotin Gummies	Vitafusion™	100	\$14
476	Calcium + Vitamin D3 Gummies	Nature's Way® Alive!®	60	\$13.50
570	Calcium Carbonate with Vitamin D3 600mg-10mcg TAB	Calcium Carbonate with Vitamin D3 600 mg - 400IU tablet	100	\$12
109	Calcium Citrate + Vitamin D3	Citracal® Caplets + D3	60	\$7.50
248	Chewable Calcium with Vitamin D3	Caltrate® 600 + D3 Plus Minerals Chewable	60	\$11
240	Folic Acid 800mcg	Folic acid 800mcg	100	\$7
300	Gummy Vitamin C 250mg	Vitamin C 250mg gummy	100	\$13
301	Gummy Vitamin D3 50mcg (2000 unit)	Gummy Vitamin D3 50mcg (2000 unit)	120	\$12
481	Rena-vite Vitamins	Rena-vite Vitamins	100	\$12.50
909	Timed Release Niacin 500mg	Timed Release Niacin 500mg	100	\$8.50
574	Vitamin B-12 500mcg Tablet	Vitamin B-12 500mcg Tablet	100	\$8
238	Vitamin B-12 1000mcg	Vitamin B-12 1000mcg	100	\$8
279	Vitamin B-12 5000mcg, Sublingual	Vitamin B-12 5000mcg Sublingual	30	\$10
482	Vitamin B-Complex Gummies	VitaFusion™	70	\$10
280	Vitamin B-Complex Sublingual	Vitamin B-Complex Sublingual	60	\$11
903	Vitamin B-Complex with B-12	B-Complex with B-12	100	\$9
010	Vitamin C 500mg	Vitamin C 500mg	100	\$6.50
209	Vitamin D3 25mcg (1000 UNIT)	Vitamin D3 25mcg (1000 UNIT)	100	\$9.50
576	Vitamin D3 50mcg (2000 UNIT)	Vitamin D3 50mcg (2000 UNIT)	240	\$16
239	Vitamin D3 125mcg (5000 UNIT)	Vitamin D3 125mcg (5000 UNIT)	100	\$10
483	Vitamin D3 1250mcg (50,000 UNIT)	Vitamin D3 1250mcg (50,000 UNIT)	12	\$7
012	Vitamin E 400 IU Synthetic	Vitamin E 400 IU Synthetic	100	\$11

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

Women's Health

Product code	Product name	Compare to	Package count	Price
Feminine Care				
678	Feminine Cleansing Wipes	Feminine Cleansing Wipes	100	\$8
675	Tampax Cardboard Tampons, Unscented, Regular	Tampax	20	\$8.50
676	Tampax Cardboard Tampons, Unscented, Super Plus	Tampax	40	\$10
677	U by Kotex Clean & Secure Maxi Pads, Regular	U by Kotex	24	\$8.50
Menopause				
658	Estroven® Weight Management for Menopause Relief	Estroven Weight Management for Menopause Relief	30	\$23
Multivitamins				
623	Prenatal Multivitamin	Prenatal Multivitamin	100	\$10
Pregnancy				
668	Opill Oral Contraceptive, 28-Day Supply	Opill Oral Contraceptive, 28-Day Supply	28	\$20
Urinary Health				
659	Daily Bladder Comfort (pumpkin seed extract 300mg)	AZO Bladder Control w/ Go-Less®	60	\$14
326	Urinary Pain Relief	AZO Urinary Pain Relief®	30	\$8.50
484	Urinary Tract Infection Test Strips	AZO Urinary Tract Infection Test Strips®	3	\$10.50
674	Women's Cranberry & Probiotic Gummies	Women's Cranberry & Probiotic Gummies	60	\$19
Vaginal Health				
041	Clotrimazole 1% Vaginal Cream	Gyne-Lotrimin® Cream	1.5 oz.	\$11
656	Cranberry Plus Probiotic	AZO® Cranberry	60	\$11
304	Miconazole 3 Combo Pack	Monistat® 3 Combo Pack	3 day supply	\$14
611	Vaginal Moisturizer	Vagisil®	8	\$20

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

ENGLISH: This information is available for free in other languages and formats. Please contact our Customer Service number at **800-477-6931**. If you use **TTY**, call **711**, Monday – Friday, 8 a.m. to 8 p.m.

SPANISH: Esta información está disponible gratuitamente en otros idiomas y formatos. Comuníquese con nuestro Servicio al Cliente llamando al **800-477-6931**. Si usa un **TTY**, marque **711**. El horario de atención es de lunes a viernes de 8 a.m. a 8 p.m.

CREOLE: Enfòmasyon sa a disponib gratis nan lòt lang ak fòma. Tanpri kontakte nimewo Sèvis Kliyan nou an nan **800-477-6931**. Si ou itilize **TTY**, rele **711**, Lendi - Vandredi, 8 a.m. a 8 p.m.

FRENCH: Ces informations sont disponibles gratuitement dans d'autre langues et formats. N'hésitez pas à contacter notre service client au **800-477-6931**. Si vous utilisez un appareil de télétype (**TTY**), appelez le **711** du lundi au vendredi, de 8h00 à 20h00.

ITALIAN: Queste informazioni sono disponibili gratuitamente in altre lingue e formati. La preghiamo di contattare il servizio clienti al numero **800-477-6931**. Se utilizza una telescrivente (**TTY**), chiami il numero **711** dal lunedì al venerdì tra le 8 e le 20:00.

RUSSIAN: Данную информацию можно получить бесплатно на других языках и в форматах. Для этого обратитесь в отдел обслуживания клиентов по номеру **800-477-6931**. Если Вы пользователь **TTY**, звоните по номеру **711** с понедельника по пятницу, с 8.00 до 20.00.

Call If You Need Us

If you have questions or need help reading or understanding this document, call us at **800-477-6931 (TTY: 711)**. We are available Monday through Friday, from 8 a.m. to 8 p.m. Eastern time. We can help you at no cost to you. We can explain the document in English or in your first language. We can also help you if you need help seeing or hearing. Please refer to your Member Handbook regarding your rights.

Important!

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, or language. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.
If you need help filing a grievance, call **800-477-6931** or if you use a TTY, call **711**.
- You can also file a civil rights complaint with the
U.S. Department of Health and Human Services, Office for Civil Rights
electronically through their Complaint Portal, available at
<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at **U.S. Department of Health and Human Services**, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, **800-368-1019, 800-537-7697 (TDD)**. Complaint forms are available at <https://www.hhs.gov/sites/default/files/ocr-cr-complaint-form-package.pdf>.

Auxiliary aids and services, free of charge, are available to you.
800-477-6931 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

Humana Healthy Horizons in Florida is a Medicaid product of Humana Medical Plan, Inc.

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call **800-477-6931 (TTY: 711)**.

Español: (Spanish) ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **800-477-6931 (TTY: 711)**.

Kreyòl Ayisyen: (French Creole) ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele **800-477-6931 (TTY: 711)**.

Tiếng Việt: (Vietnamese) CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **800-477-6931 (TTY: 711)**.