Over-the-Counter Health & Wellness Products

2026 Catalog and Order Form

iCare

INDEPENDENT CARE HEALTH PLAN

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WIHMT6SEN_26v3

2026 Over-the-Counter (OTC) Health and Wellness Product Order Form

Plans with an over-the-counter (OTC) allowance allow you to purchase OTC health and wellness products from CenterWell Pharmacy®. To verify the 2026 Health and Wellness quarterly allowance for your plan, please contact customer service at the number on the back of your *i*Care member ID card or check your Summary of Benefits.

Keep this catalog somewhere accessible. You'll need this to look up the health and wellness products you want to order.

How to place your order



Phone: Order your OTC products in an easy and convenient manner, using your phone. Call **844-222-2103 (TTY: 711)**.



Due to added time to receive your request by mail, we encourage you to allow extra time when placing your order. If you have a monthly allowance, submit your order by the 20th of each month. If you have a quarterly allowance, submit your order by the 20th of the last month of your allowance period. Last month of quarters are March, June, September, and December.

Fill out the *i*Care Health and Wellness Products Order Form and mail only the order form pages to:
CenterWell Pharmacy
P.O. Box 1197, Cincinnati, OH 45201-1197

A few things to note before you order

- Know your plan's allowance. You can find this information in your Summary of Benefits, or by contacting your care team. If you have a plan that includes rollover allowance, your unused balance will carry over to your next month or quarter and expire on Dec. 31, 2026. If you have a plan that does not include a rollover allowance, your allowance will need to be used within each month or quarter, depending on your plan.
- If your order exceeds your plan's allowance, please include a check or money order to pay the remaining amount due. To make a payment using your credit card, please call **844-222-2103 (TTY:711)**. Please allow 5 business days for your order to be received before calling to make payment. You may also add your credit card information to your member profile for future orders. Your final balance will include applicable sales tax for all of your OTC items. If your order isn't paid in full, items will be removed or reduced to bring your total to or below your benefit allowance.
- If you order multiple products, you may receive them in multiple shipments.



If you have questions about how to use the OTC allowance at CenterWell Pharmacy, call **844-222-2103** (**TTY: 711**). Customer Care specialists are available Monday – Friday, 7 a.m. – 10 p.m., and Saturday, 7 a.m. – 5:30 p.m., Central time.

If you have questions about your health care benefits, please contact customer service at the number on the back of your *i*Care member ID card.

2026 *i*Care Health and Wellness Product Order Form

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MEMBER INFORMATION

Member ID (found on *i*Care ID card)
C

Date of Birth
M M / D D / Y Y Y Y

Gender
Male
Female

First Name

Last Name

MI

Street Number

Street Name

Apt/Suite #

Urbanization Code (for Puerto Rico addresses only)

City

State

ZIP Code

Daytime Phone

Evening Phone

Please check box if this is a new address:

During which month would you like to receive this order? M M
If a month is not selected, your order will be processed the month your request is received.

PAYMENT INFORMATION

If your total order is less than your plan's allowance, you DO NOT need to include payment and you will receive the items you ordered.
If your order exceeds your plan's allowance, please include a check or money order to pay the remaining amount due. To make a payment using your credit card, please call **844-222-2103 (TTY:711)**. Please allow 5 business days for your order to be received before calling to make payment. You may also add your credit card information to your member profile for future orders. Your final balance will include applicable sales tax for all of your OTC items. If your order isn't paid in full, items may be removed or reduced to bring your total to or below your benefit allowance. Please be sure to provide your payment each time you order over your allowance amount. Do not send cash.

☐ Checking this box will authorize CenterWell Pharmacy to charge your credit card on file if your order exceeds your plan's allowance.

Before submitting your order

- Verify your OTC allowance before submitting your order
- Remember to submit your order by the 20th of the month for monthly allowance and the 20th of the last month of your allowance period for quarterly allowance
- Orders can take 5-7 business days to be delivered from the time your order is received. Please note that delivery times may vary for P.O. Boxes in Alaska, Hawaii, Puerto Rico, or U.S. Virgin Islands
- Orders may be delivered in multiple packages by FedEx, UPS, or USPS
- If you receive a generic, it will be comparable to the name-brand product
- For the most updated product list please visit **icarehealthplan.org/OTC**
- Returns and refunds are not accepted for items that were properly dispensed
- Notify CenterWell Pharmacy immediately if there are issues when you receive your order

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Member ID (found on *i*Care ID card)
C

Date of Birth
M M / D D / Y Y Y Y

First Name

Last Name

MI

PRODUCT SELECTION

*Write in the quantity of the product you would like to receive, not the package size listed in catalog.

	Product Code	Product Name	Quantity*	Price
Example:	0 1 6	Aspirin Low Dose 81mg EC	1	$6
1	OTC			
2	OTC			
3	OTC			
4	OTC			
5	OTC			
6	OTC			
7	OTC			
8	OTC			
9	OTC			
10	OTC			
11	OTC			
12	OTC			
13	OTC			
14	OTC			
15	OTC			

To order by mail, send the completed *i*Care Health and Wellness Product Order Form page along with payment (if needed) to:
CenterWell Pharmacy
P.O. Box 1197
Cincinnati, OH 45201-1197

Your total order amount $ _____
OTC allowance (per quarter) $ 45
Total remaining amount due $ _____

Sales tax may apply to items based on state tax regulations

Over-the-Counter (OTC) Health and Wellness Product Catalog

Bathroom safety

Product code	Product name	Compare to	Package count	Price
Bathtub & Shower				
416	Adjustable Transfer Bench**	Drive Medical Adjustable Transfer Bench	1	$72
417	Bath Bench with Back, No Arms, (19.7" length, 17.3" width, 13.5” ~ 20.5” adjustable seat height, 29.5" ~ 33.5" overall height with back)**	Essential Medical Supply Shower Bench with Back	1	$50
418	Bath Bench with No Arms, No Back (19.25" length, 11.75" width, 13.5” ~ 20.5” adjustable seat height)**	Essential Medical Supply Shower Bench	1	$35
371	Bath Mat**	Bath Mat	1	$12
494	Handheld Shower	Handheld Shower	1	$21
373	Tub and Stair Safety Treads	Tub and Stair Safety Treads	8	$10.50
421	Tub Safety Bar**	Drive Medical Tub Safety Bar	1	$40
Grab Bars				
491	Grab Bar, Knurled Chrome, 12"	Grab Bar, Knurled Chrome, 12"	1	$18
492	Grab Bar, Knurled Chrome, 24"	Grab Bar, Knurled Chrome, 24"	1	$19
Toilet				
372	Raised Toilet Seat, 250 lbs. capacity**	Raised Toilet Seat, 250 lbs. capacity	1	$39
420	Toilet Safety Rails**	Nova® Toilet Safety Rails	1	$40
Urinal				
685	Portable Urinal for Men	Portable Urinal for Men	1	$7
686	Portable Urinal for Women	Portable Urinal for Women	1	$12

Cough, Cold and Allergy

Product code	Product name	Compare to	Package count	Price
Allergy & Sinus Relief				
113	Cetirizine HCL 10mg	Zyrtec® 10mg	30	$11
496	Fexofenadine 180mg	Allegra®	30	$17
688	Fluticasone Nasal Spray, 144 Sprays	Flonase Nasal Spray	144 Sprays	$20
689	Fluticasone Nasal Spray, 72 Sprays	Flonase Nasal Spray	72 Sprays	$14
361	Levocetirizine 5mg	Xyzal®	35	$11
110	Loratadine 10mg, 30ct	Claritin®	30	$9
690	Loratadine 10mg, 100ct	Claritin®	100	$11

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

** Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their healthcare provider about the appropriateness of this OTC item.

622	Loratadine 10mg, Orally Disintegrating Tablets	Claritin® RediTabs®	30	$15
290	Loratadine Liquid 5mg/5ml	Children's Claritin®	4 oz.	$11.50
095	Nasal Decongestant Spray	Afrin®	1 oz.	$8
293	Triamcinolone Allergy Nasal Spray	Nasacort® Allergy 24 hour	0.57 fl oz.	$18
Allergy Eye Drops				
546	Bausch + Lomb Alaway® Antihistamine Eye Drops	Bausch + Lomb Alaway® Antihistamine Eye Drops	.34 oz.	$16
291	Eye Itch Relief 0.025% Eye Drops	Zaditor®	0.17 fl oz.	$13
556	Pataday® Once Daily Relief	Pataday® Once Daily Relief	2.5 ml	$24.50
557	Pataday® Twice Daily Relief	Pataday® Twice Daily Relief	5 ml	$21.50
Cough, Cold & Flu				
260	Cough and Cold High Blood Pressure Tablets* limit 2 per month	Coricidin® HBP Cough and Cold	16	$7.50
321	Cough Formula Expectorant	Robitussin®	8 oz.	$9.50
632	Cough Formula Expectorant, Sugar Free	Robitussin® Sugar Free	8 oz.	$10
633	Cough Suppressant and Expectorant* limit 2 per month	Robitussin® DM	8 oz.	$10
210	Cough Suppressant and Expectorant, Sugar Free* limit 2 per month	Robitussin® Sugar Free DM	4 oz.	$6.50
687	DayTime Cold and Flu Relief Liquid* limit 2 per month	Vicks® Dayquil High Blood Pressure Cold and Flu Relief	8 oz.	$10
111	Guaifenesin (Expectorant) 400mg limit 2 per month	Guaifenesin (Expectorant) 400mg	30	$9
589	Guaifenesin, Extended Release, 600mg	Guaifenesin, Extended Release, 600mg	20	$13
043	Medicated Chest Rub	Vicks VapoRub®	100 gm	$7.50
692	Mucinex® DM Max Liquid Cold & Flu Medicine* limit 2 per month	Mucinex®	6 oz.	$17
693	NightTime Cold & Flu Relief Liquid* limit 2 per month	Vicks® Nyquil High Blood Pressure Cold and Flu Relief	8 oz.	$8
694	Vicks® NyQuil Cold & Flu LiquiCaps* limit 2 per month	Vicks®	24	$13.50
Nasal Care				
362	Nasal Strips Medium	Breathe Right® Nasal Strips	30	$10
325	Saline Nasal Spray	Ocean® Saline Nasal Spray	3 oz.	$7.50
Throat Lozenges & Spray				
117	Menthol and Benzocaine Sore Throat Lozenges	Cepacol® Lozenges	18	$6

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

* Sale of products containing Dextromethorphan are prohibited to members under the age of 18. Limit quantity of two per month.

220	Phenol and Oral Anesthetic Sore Throat Spray limit 2 per month	Chloraseptic®	6 oz.	$8

Diabetes Management

Product code	Product name	Compare to	Package count	Price
Compression Dress Socks				
501	Compression Dress Socks, 8 - 15mmHg, Black, S	Curad® Compression Dress Socks	1 pair	$12.50
500	Compression Dress Socks, 8 - 15mmHg, Black, M	Curad® Compression Dress Socks	1 pair	$12.50
499	Compression Dress Socks, 8 - 15mmHg, Black, L	Curad® Compression Dress Socks	1 pair	$12.50
Compression Stockings				
265	Compression Stockings 15-20mmHg, Beige, Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")	JOBST® Compression Stockings	1 pair	$13
266	Compression Stockings 15-20mmHg, Beige, Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")	JOBST® Compression Stockings	1 pair	$13
267	Compression stockings 15-20mmHg, Beige, Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")	JOBST® Compression Stockings	1 pair	$13
268	Compression Stockings 15-20mmHg, Beige, Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19")	JOBST® Compression Stockings	1 pair	$13
269	Compression Stockings 15-20mmHg, Beige, Size E (Ankle: 11" - 11 7/8"; Calf: 18" - 21")	JOBST® Compression Stockings	1 pair	$13
270	Compression Stockings 15-20mmHg, Beige, Size F (Ankle: 12" - 12 7/8"; Calf: 20" - 23")	JOBST® Compression Stockings	1 pair	$13
271	Compression Stockings 15-20mmHg, Beige, Size G (Ankle: 13" - 13 7/8"; Calf: 22" - 26")	JOBST® Compression Stockings	1 pair	$13
329	Compression Stockings 15-20mmHg, Black, Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")	JOBST® Compression Stockings	1 pair	$13
330	Compression Stockings 15-20mmHg, Black, Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")	JOBST® Compression Stockings	1 pair	$13
331	Compression Stockings 15-20mmHg, Black, Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")	JOBST® Compression Stockings	1 pair	$13

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

332	Compression Stockings 15-20mmHg, Black, Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19")	JOBST® Compression Stockings	1 pair	$13
333	Compression Stockings 15-20mmHg, Black, Size E (Ankle: 11" - 11 7/8"; Calf: 18" - 21")	JOBST® Compression Stockings	1 pair	$13
334	Compression Stockings 15-20mmHg, Black, Size F (Ankle: 12" - 12 7/8"; Calf: 20" - 23")	JOBST® Compression Stockings	1 pair	$13
335	Compression Stockings 15-20mmHg, Black, Size G (Ankle: 13" - 13 7/8"; Calf: 22" - 26")	JOBST® Compression Stockings	1 pair	$13
Crew Socks				
376	Diabetes Circulatory Crew Socks 8-15mmHg, Black, S	Diabetes Circulatory Crew Socks	1 pair	$10
375	Diabetes Circulatory Crew Socks 8-15mmHg, Black, M	Diabetes Circulatory Crew Socks	1 pair	$10
374	Diabetes Circulatory Crew Socks 8-15mmHg, Black, L	Diabetes Circulatory Crew Socks	1 pair	$10
377	Diabetes Circulatory Crew Socks 8-15mmHg, Black, XL	Diabetes Circulatory Crew Socks	1 pair	$10
381	Diabetes Circulatory Crew Socks 8-15mmHg, White, S	Diabetes Circulatory Crew Socks	1 pair	$10
380	Diabetes Circulatory Crew Socks 8-15mmHg, White, M	Diabetes Circulatory Crew Socks	1 pair	$10
379	Diabetes Circulatory Crew Socks 8-15mmHg, White, L	Diabetes Circulatory Crew Socks	1 pair	$10
382	Diabetes Circulatory Crew Socks 8-15mmHg, White, XL	Diabetes Circulatory Crew Socks	1 pair	$10
Diabetes Management Items				
408	Diabetic Skin Relief Body Lotion	Gold Bond® Ultimate Diabetics' Dry Skin Relief Hydrating Lotion	5.5 oz.	$9
272	Diabetic Skin Relief Foot Cream	Gold Bond® Diabetic Skin Relief Foot Cream	3.4 oz.	$9.50
634	Glucose Gummies	Glucose Gummies	60	$10
305	Glucose Tablets	DEX4® Glucose Tablets	60	$14
274	Sharps Container	BD™ Home Sharps Container	1	$10
695	VIVI Cap Insulin Pen Temperature Shield	VIVI Cap Insulin Pen Temperature Shield	1	$90

Digestive Health

Product code	Product name	Compare to	Package count	Price
Antacids, Heartburn & Gas Relief				
032	Antacid/Anti-Gas Liquid	Mylanta®	12 oz.	$8.50
215	Effervescent Pain Relief	Alka-Seltzer®	36	$8

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

323	Esomeprazole 20mg	Nexium® 24HR	28	$15
320	Extra Strength Gas Relief Soft-Gels	Gas-X® Extra Strength	48	$10
261	Famotidine 20mg	Pepcid® 20mg	25	$9.50
112	Omeprazole 20mg	Prilosec OTC® 20mg	14	$9
Anti-Diarrheal				
318	Anti-Diarrheal Tablets (Loperamide) 2 mg	Imodium® A-D	24	$8.50
115	Pink Bismuth, Chewable Tablets	Pepto-Bismol® Chewable Tablets	30	$6
Anti-Nausea, Vomiting & Motion Sickness				
505	Meclizine 25mg	Bonine®	100	$7
120	Motion Sickness Tablets (Dimenhydrinate) 50mg	Dramamine®	12	$7.50
351	Nausea Relief Liquid	Emetrol®	4 oz.	$9
698	Sea-Band® Motion Sickness Bands	Sea-Band®	2	$17
Fiber & Dairy Digestive				
116	Dairy Digestive Supplement, Lactase Enzyme	Lactaid® Tablets	60	$11
415	Fiber Gummies	Vitafusion™ Fiber Well Gummies	90	$13.50
208	Fiber Laxative Tablets	FiberCon®	90	$11
697	Liquid Fiber Supplement	Liquid Fiber Supplement	32 oz.	$28
258	Psyllium Fiber Laxative Capsules	Metamucil® Capsules	160	$13
359	Psyllium Fiber Supplement Orange Smooth Texture Powder	Metamucil®	13 oz.	$16
360	Psyllium Fiber Supplement Orange Smooth Texture Powder, Sugar Free	Metamucil® Sugar Free	10 oz.	$13
Hemorrhoid Care				
031	Anti-Hemorrhoidal Ointment	Preparation H®	2 oz.	$7
216	Hemorrhoidal Suppositories	Preparation H® Suppositories	12	$9
358	Medicated Hemorrhoidal Pads	Tucks® Pads	100	$9
Laxatives, Constipation & Softener				
093	Bisacodyl 5mg	Dulcolax®	25	$6.50
504	Laxative Suppositories (Bisacodyl) 10mg	Laxative Suppositories (Bisacody) 10mg	12	$9
033	Milk of Magnesia, Laxative/Antacid	Phillips® Milk of Magnesia	12 oz.	$8
663	Polyethylene Glycol Powder	MiraLAX®	17.9 oz.	$19.50
233	Senna Laxative Tablets	Senokot®	100	$12
101	Stool Softener Capsules	Colace®	100	$9

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

Fall Prevention

Product code	Product name	Compare to	Package count	Price
Canes				
527	Cane with Offset Handle**	Cane with Offset Handle	1	$21.50
529	Folding Cane**	Folding Cane	1	$20
386	Quad Cane, Large Base, 300 lbs. capacity**	Quad Cane, Large Base	1	$27
387	Quad Cane, Small Base, 300 lbs. capacity**	Quad Cane, Small Base	1	$30
Dressing Aids				
619	Extra-Long Shoe Horn with Sock Remover	Extra-Long Shoe Horn with Sock Remover	1	$10
594	Sock Assistance Device	Sock Assistance Device	1	$10
Fall Safety				
532	Non-Skid Slipper Socks	Non-Skid Slipper Socks	1 pair	$6
419	Plug-in LED Night Lights	Plug-In LED Night Lights	2	$7
625	Transfer Belt with Handles, Wide	Transfer Belt with Handles, Wide	1	$21.50
Mobility Assistance				
531	Grabber Reacher Tool	Grabber Reacher Tool	1	$16
Replacement Cane Tips				
628	Replacement Cane Tips, 1/2" (compatible with 387)	Replacement Cane Tips, 1/2"	4	$8
626	Replacement Cane Tips, 3/4" (compatible with 527 & 529)	Replacement Cane Tips, 3/4"	2	$8
627	Replacement Cane tips, 5/8" (compatible with 386)	Replacement Cane Tips, 5/8"	4	$8

First Aid

Product code	Product name	Compare to	Package count	Price
Bandages & Supplies				
508	Butterfly Closures	Butterfly Closures	12	$5.50
509	Cloth Tape, 1" x 10 yards	Cloth Tape, 1" x 10 yards	1	$5
510	Curad® Adhesive Bandages, Fingertip	Curad® Adhesive Bandages, Fingertip	100	$9
511	Curad® Adhesive Bandages, Knuckles	Curad® Adhesive Bandages, Knuckles	100	$8.50
512	Curad® Bandage Variety Pack	Curad® Bandage Variety Pack	200	$9
519	Curad® Non-Stick Pads, 3"x 4"	Curad® Non-Stick Pads, 3" x 4"	10	$6
514	Curad® Quick Stop Blood Controlling Bandages	Curad® Quick Stop Blood Controlling Bandages	30	$7
517	Curad® Spray Bandage†	Curad® Spray Bandage	1.35 oz.	$10.50
226	Elastic Bandage, 4"	Ace® Bandage	1	$8
425	Elastic Bandage, 6"	Ace® Bandage	1	$9.50

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

** Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

† Product cannot be shipped to P.O. Boxes, Alaska, Hawaii, Puerto Rico, or U.S. Virgin Islands.

648	First Aid Tough Wrap	Band-Aid® Tough Wrap	1	$6.50
520	Gauze Sponges, 4" x 4"	Gauze Sponges 4" x 4"	50	$8.50
431	Paper Tape, 2" x 10 yards	Curad® Paper Tape	1	$8
324	Plastic Bandages	Band-Aids®	200	$9
638	Silicone Foam Absorbent Dressing, 4x4"	Opti-Heal Silicone Foam Absorbent Dressing	4	$17
701	Skin Protectant Wipes	Skin Protectant Wipes	50	$10
635	Skin Tone Bandages, Dark Brown, (10 medium & 10 large)	Tru-Colour Skin Tone bandages	20	$7.50
636	Skin Tone Bandages, Brown, (10 medium & 10 large)	Tru-Colour Skin Tone bandages	20	$7.50
637	Skin Tone Bandages, Olive, (10 medium & 10 large)	Tru-Colour Skin Tone bandages	20	$7.50
702	Sterile Pads, 5x9	Sterile Pads, 5x9	20	$10
384	Waterproof Adhesive Bandages	Waterproof Adhesive Bandages	100	$8.50
Burn Relief				
507	Burn Relief Spray	Burn Relief Spray	2 oz.	$6
516	Curad® Soothe & Cool Burn Bandages, Instant Cooling, Assorted Sizes	Curad® Soothe & Cool Burn Bandages, Instant Cooling, Assorted Sizes	8	$8.50
Emergency Response				
669	Naloxone HCL Nasal Spray 4mg	Naloxone HCL Nasal Spray 4mg	2	$35
699	VIVI Epi Pen Temperature Shield	VIVI Epi Pen Temperature Shield	1	$99
Hot & Cold Therapies				
428	Hot Water Bottle	Hot Water Bottle	1	$11
430	Ice Bag	Ice Bag	1	$9
310	Reusable Cold Compress	ACE™ Cold Compress	1	$9
Kits				
385	First Aid Kit, 175 Pieces	Curad® First Aid Kit, 175 Pieces	1 kit	$12
Ointments & Gels				
513	Curad® Germ Shield Gel	Curad® Germ Shield Gel	0.5 oz.	$8
432	Petroleum Jelly	Vaseline®	4 oz.	$4
231	Triple Antibiotic Ointment Plus	Neosporin® + Pain Relief	1 oz.	$8
Sanitizers				
035	Alcohol Prep Pads	Curad® Alcohol Swabs	100	$4
506	Antiseptic Spray†	Antiseptic Spray	2 oz.	$7
757	CPAP Mask Wipes	CPAP Mask Wipes	72	$12
427	Hand Sanitizer†	Purell®	8 oz.	$4.50
700	Hand Sanitizer Wipes, 20ct	Alcohol Wipes	50	$7
521	Hand Sanitizer Wipes, 160ct†	Purell®	160	$12
703	Sterile Wound Wash	Medicleanse First Aid Sterile Wound Wash	1	$10.50

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.
† Product cannot be shipped to P.O. Boxes, Alaska, Hawaii, Puerto Rico, or U.S. Virgin Islands.

Fitness Devices

Product code	Product name	Compare to	Package count	Price
Exercise Equipment				
528	Foam Roller	Foam Roller	1	$18
758	Resistance Band, 5 pack	Resistance Band, 5 pack	5	$10
Exercise Trackers				
434	Fitbit® Charge**	Fitbit® Charge	1	$159
523	Fitbit® Inspire**	Fitbit® Inspire	1	$99
522	Fitbit® Versa**	Fitbit® Versa	1	$199
441	Pedometer	Pedometer	1	$14.50

Home Medical

Product code	Product name	Compare to	Package count	Price
Blood Pressure Devices & Cuff				
460	Bilingual Talking Blood Pressure Monitor**	Omron®	1	$55
242	Blood Pressure Home Kit (Manual pump w/stethoscope)**	Blood Pressure Home Kit	1	$20
245	Digital Blood Pressure Monitor**	Digital Blood Pressure Monitor	1	$25
591	Extra-Large Blood Pressure Cuff (42cm-48cm)	Extra-Large Blood Pressure Cuff	1	$18
Breathing Aids				
455	Peak Flow Meter	Peak Flow Meter	1	$22
Cushions & Pillows				
443	CPAP Memory Foam Pillow**	CPAP Memory Foam Pillow	1	$50
444	CPAP Pillow Fiber Filled**	CPAP Pillow Fiber Filled	1	$45
447	Foam Ring Cushion	Carex®	1	$20
709	Gel Seat Cushion	Aduken	1	$20
450	Hypoallergenic Pillow**	Hypoallergenic Pillow	1	$20
710	Hypoallergenic Pillow Protector, Standard	Aller-Ease	2	$9
451	Lumbar Cushion	Carex®	1	$22
711	Wheelchair Cushion	Wheelchair Cushion	1	$32
Hearing				
771	Hearing Aid Batteries, size 10	Duracell® or Energizer® Hearing Aid Batteries, size 10	8	$14

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.
** Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

772	Hearing Aid Batteries, size 312	Duracell® or Energizer® Hearing Aid Batteries, size 312	8	$14
773	Hearing Aid Batteries, size 13	Duracell® or Energizer® Hearing Aid Batteries, size 13	8	$14
631	MDHearing® Neo Rechargeable In-the-Ear Hearing Aids	MDHearing® Neo Rechargeable In-the-Ear Hearing Aids	1	$299
630	MDHearing® Volt Rechargeable Over-the-Ear Hearing Aids	MDHearing® Volt Rechargeable Over-the-Ear Hearing Aids	1	$399
Heating Pad & Wrap				
244	Electric Heating Pad, Standard**	Sunbeam® Electric Heating Pad	1	$24
448	Heating Pad for Shoulder and Neck**	Sunbeam® Electric	1	$35
Home Tests				
642	COVID-19 Antigen Home Test Kit	COVID-19 Antigen Home Test Kit	2	$19
Medical Bracelets				
452	Medical Bracelet, Diabetes	Medical Bracelet	1	$13
453	Medical Bracelet, Heart Patient	Medical Bracelet	1	$13
Medication Aids & Disposal				
257	7-Day Pill Box	7-Day Pill Box	1	$10
370	Medication Disposal Powder	DisposeRx™	3	$11
458	Medication Lock	Pillpod	1	$19.50
456	Pill Bottle Opener with Magnifying Glass	Pill Bottle Opener	1	$11
457	Pill Splitter & Crusher	Pill Splitter & Crusher	1	$7.50
Personal Protective Aids				
486	Cloth Face Masks	Cloth Face Masks	3 masks	$10
485	Disposable Face Masks	Disposable Face Masks	10 masks	$8
345	Disposable Gloves, Non-Latex	Curad®	100	$11
Pulse Oximeters				
593	Talking Pulse Oximeter**	Talking Pulse Oximeter	1	$50
309	Pulse Oximeter**	Pulse Oximeter	1	$40
Scales				
707	Bilingual Talking Digital Bathroom Scale**	Bilingual Talking Digital Bathroom Scale	1	$29
247	Digital Bathroom Scale**	Digital Bathroom Scale	1	$21
530	Food Scale	Food Scale	1	$19
Sensory Aids				
445	Digital Hearing Amplifier**	Clearon Hearing Amplifier	1	$45
446	Magnifying Glass	Magnifying Glass	1	$9.50

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

** Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

Thermometers				
708	Bilingual Talking Ear and Forehead Thermometer**	Bilingual Talking Ear and Forehead Thermometer	1	$20
048	Oral Thermometer	B-D® Oral Thermometer	1	$8

Incontinence

If you experience incontinence, we're here to help you find the right products for you. Below is a chart to help you choose the product(s) you need.

Absorbency level

Usage	Tab-style or Briefs	Underwear or Pull-on	Pads
Day	Unisex: • Extra absorbency tab-style disposable briefs ◦ Small, Medium, Large, XL, XXL • Ultra Absorbency tab-style disposable briefs ◦ Small, Medium, Large, XL, XXL	For women: • Incontinence Underwear ◦ Small/Medium, Large/XL For men: • Incontinence Underwear • Small/Medium, Large/XL Unisex: • Incontinence Underwear, heavy absorbency - XXL	For women: • Panty liner • Bladder control pad ◦ Light ◦ Moderate ◦ Maximum For men: • Bladder control guards
Extended or Overnight	Unisex: • Extended wear high capacity tab-style briefs ◦ Small, Medium, Large, XL		For women: • Bladder control pad, Ultimate

Product code	Product name	Compare to	Package count	Price
Clean & Protect				
712	Aloe Personal Cleansing Non-Flushable Wipes	Aloe Personal Cleansing Non-Flushable Wipes	48	$7.50
713	Aloe Personal Cleansing Non-Flushable Wipes, Quilted	Aloe Personal Cleansing Non-Flushable Wipes, Quilted	48	$7
715	Commode Liners	Commode Liners	60	$24
369	Flushable Cleansing Cloths	Cottonelle®	40	$5
714	Perineal Skin Cleanser	Perineal Skin Cleanser	8 oz.	$5
666	Zinc Oxide 20% Cream	Zinc Oxide 20% Cream	2 oz.	$7
Pads & Guards				
366	Bladder Control Guards for Men	FitRight® Active Bladder Guards for Men	52	$14
595	Bladder Control Pad for Women, Light	FitRight®	20	$8
597	Bladder Control Pad for Women, Maximum	FitRight®	10	$8

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

** Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

596	Bladder Control Pad for Women, Moderate	FitRight®	16	$7.50
598	Bladder Control Pad for Women, Ultimate	FitRight®	10	$9
599	Panty Liner, Long	Panty Liner, Long	40	$7
Tab-Style Briefs				
396	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, Small (Waist size 20"-32")	FitRight® Disposable Briefs, Extra Absorbency	20	$16
395	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, Medium (Waist Size 32"-44")	FitRight® Disposable Briefs, Extra Absorbency	20	$16
394	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, Large (Waist size 44"-56")	FitRight® Disposable Briefs, Extra Absorbency	20	$16
397	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, XL (Waist size 56"-64")	FitRight® Disposable Briefs, Extra Absorbency	20	$16
398	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, XXL (Waist size 60"-70")	FitRight® Disposable Briefs, Extra Absorbency	20	$16
401	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, Small (Waist size 20"-32")	FitRight® Disposable Briefs, Ultra Absorbency	20	$16
400	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, Medium (Waist size 32"-44")	FitRight® Disposable Briefs, Ultra Absorbency	20	$16
399	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, Large (Waist size 44"-56")	FitRight® Disposable Briefs, Ultra Absorbency	20	$16
402	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, XL (Waist size 56"-64")	FitRight® Disposable Briefs, Ultra Absorbency	20	$16
403	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, XXL (Waist size 60"-70")	FitRight® Disposable Briefs, Ultra Absorbency	20	$16
696	Adult Incontinence Tab-Style Disposable Briefs Ultra-Absorbency, 3XL (Waist Size 71"-84")	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency	12	$20
539	Extended Wear Stretch Brief, Size 1 (Waist 31-52 inch)	Extended Wear High-Capacity Tab-Style Briefs	20	$25
538	Extended Wear Stretch Brief, Size 2 (Waist 40-70 inch)	Extended Wear High-Capacity Tab-Style Briefs	20	$25
Underpads & Chair Pads				
256	Absorbent Underpads (Disposable Chux Pads), 23" x 36"	Protection Plus® Disposable Underpads 23" x 36"	15	$12
617	Chair Pad, Washable Waterproof, 21" x 22"	Chair pad, Washable Waterproof	1	$12
537	Disposable Underpads, 36" x 36"	Disposable Underpads	50	$35
542	Washable Underpad 34" x 36"	Washable Underpad	1	$14

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

Underwear				
602	Incontinence Underwear for Men, Heavy Absorbency, Small/Medium (Waist Sizes 28" - 40")	FitRight®	20	$16.50
603	Incontinence Underwear for Men, Heavy Absorbency, Large/XL, (Waist Sizes 40" - 56")	FitRight®	20	$16.50
600	Incontinence Underwear for Women, Heavy Absorbency, Small/Medium (Waist Sizes 28" - 40")	FitRight®	20	$16
601	Incontinence Underwear for Women, Heavy Absorbency, Large/XL (Waist Sizes 40" - 56")	FitRight®	20	$16
604	Incontinence Underwear Unisex, Heavy Absorbency, 2XL (Waist Sizes 68" - 80")	FitRight®	20	$21

Men's Health

Product code	Product name	Compare to	Package count	Price
Prostate Health				
647	Prostate Health with Beta-Sitosterol 125mg	Prostate Health with Beta-Sitosterol 125mg	60	$19

Pain Relievers

Product code	Product name	Compare to	Package count	Price
Acetaminophen				
020	Acetaminophen 80mg Chewable	Tylenol® Children's Chewable	30	$6
294	Acetaminophen 325mg, 100ct	Tylenol® Regular Strength	100	$8
717	Acetaminophen 325mg, 200ct	Tylenol® Regular Strength	200	$10
002	Acetaminophen 500mg, 100ct	Tylenol® Extra Strength	100	$9
718	Acetaminophen 500mg, 200ct	Tylenol® Extra Strength	200	$11
605	Acetaminophen Arthritis 650mg, 24ct	Acetaminophen Arthritis 650 mg	24	$6
719	Acetaminophen Arthritis 650mg, 100ct	Tylenol® Arthritis	100	$11.50
716	Acetaminophen & Ibuprofen	Advil Dual Action	72	$10
353	Liquid Acetaminophen (Children's) limit 2 per month	Children's Tylenol® 160mg/5ml	4 oz.	$7
Aspirin & Aspirin Combo				
016	Aspirin Low Dose 81mg EC	Bayer® Adult Low Strength EC	120	$6.50
229	Enteric Coated Aspirin 325mg	Ecotrin®	100	$6.50
125	Headache Formula (Aspirin/Acetaminophen/Caffeine)	Excedrin®	100	$11
Ibuprofen & Naproxen Sodium				
019	Ibuprofen 200mg Tablets, 50ct	Advil®	50	$6.50

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

650	Ibuprofen 200mg Tablets, 100ct	Advil®	100	$8
720	Ibuprofen 200mg Tablets, 250ct	Advil®	250	$12
094	Ibuprofen Suspension (Children's) limit 2 per month	Children's Motrin®	4 oz.	$7
283	Naproxen Sodium 220mg	Aleve®	100	$9
Patches				
213	Cold and Hot Patches	Icy Hot® Patch	5	$8.50
365	Lidocaine Patches	Salonpas® Lidocaine Patches	6	$10
Topical Pain Relievers				
543	Arthritis Pain Gel†	Voltaren Gel	3.53 oz.	$15
754	Epsom Salt	Epsom Salt	1 lb.	$6.00
649	Lidocaine 4% Pain Relief Cream	Lidocaine 4% Pain Relief Cream	2.7 oz.	$8
046	Muscle Rub	BenGay®	4 oz.	$8.50
344	Roll-On Muscle Relief	Biofreeze®	2.5 oz.	$10
464	Spray-On Muscle Relief†	BioFreeze® Spray	4 oz.	$11
724	Tiger Balm® Pain Relieving Patch	Tiger Balm®	5	$10
119	Topical Analgesic Cream (Capsaicin Cream) 0.025%	Zostrix® Cream	2 oz.	$9

Personal Care

Product code	Product name	Compare to	Package count	Price
Dental Floss, Flossers, Picks				
224	Dental Floss, Waxed	Dental Floss, Waxed	100 yards	$5
555	Interdental Gum Brushes	Gum®	10	$7.50
Denture Care				
225	Denture Adhesive	Fixodent®	1.5 oz.	$7
392	Denture Brush	GUM® Denture Brush	1	$5.50
319	Effervescent Denture Tabs	Efferdent®	90	$7
553	Fixodent® Denture Adhesive	Fixodent® Denture Adhesive	2.4 oz.	$7
652	Overnight Dental Guard with Case	Dental Clean	2	$10
Ear Care				
118	Earwax Removal Drops	Debrox® Earwax Removal Drops	0.5 fl oz.	$6.50
728	Noise Reducing Ear Plugs	Noise Reducing Ear Plugs	50	$14
729	Noise Reducing Slim Fit Ear Plugs	Noise Reducing Slim Fit Ear Plugs	50	$12

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.
† Product cannot be shipped to P.O. Boxes, Alaska, Hawaii, Puerto Rico, or U.S. Virgin Islands.

Eye Care				
615	Bausch + Lomb Soothe® XP Emollient Eye Drops	Bausch + Lomb Soothe® XP Emollient Eye Drops	15 ml	$17
725	Blink GelTears® Lubricating Eye Drops	Blink®	10 ml	$16
726	Blink® Tears Lubricating Eye Drops	Blink®	30 ml	$22
727	Blink® Triple Care Lubricating Eye Drops	Blink®	10 ml	$16.50
551	Contact Lens Solution	Opti-Free® Replenish®	12 oz.	$7
730	Eye Care AREDS 2 & CoQ10	PreserVision AREDS 2	100	$30
219	Eye Drops, Redness Reliever	Visine® Original	0.5 oz.	$6.50
114	Lubricant Eye Drops (Sterile)	Lubricant Eye Drops (Sterile)	0.5 oz.	$8
405	Preservative Free Lubricant Eye Drops	Refresh Optive®	30 vials	$15
Foot Care				
613	Antifungal Foot Powder, Miconazole Nitrate 2%	Zeasorb® AF	2.5 oz.	$9.50
465	Bunion Guard	Bunion Guard	1	$10
473	Moleskin	Moleskin	3 strips	$6
Oral Care				
544	Abreva® Cold Sore Treatment	Abreva® Cold Sore Treatment	.07 oz.	$23
548	Biotene® Spray	Biotene® Spray	1.5 oz.	$11
777	Crest Pro-Health Gum Care Rinse	Crest Pro-Health	16.9 fl oz.	$10
393	Dry Mouth Oral Rinse	Biotene® Dry Mouth Oral Rinse	16 fl oz.	$8
759	Mederma Cold Sore Patches	Mederma Cold Sore Patches	15	$20
295	Oral Pain Relief, Benzocaine 20%	Orajel™ Maximum	0.5 oz.	$7
Power Dental Flossers & Tips				
471	Battery-Operated Water Jet**	Interplak® Battery-Operated Water Jet	1	$35
472	Battery-Operated Water Jet Tips	Interplak® Battery-Opearted Water Jet Tips	5	$13.50
Toothbrushes				
284	Toothbrush	Toothbrush	3	$5
Toothpaste				
545	Aim® Toothpaste	Aim® Toothpaste	5.5 oz.	$4
550	Colgate® Toothpaste	Colgate® Toothpaste	4.6 oz.	$5
552	Crest® Toothpaste	Crest® Toothpaste	5.4 oz.	$7
558	Pepsodent® Toothpaste	Pepsodent® Toothpaste	5.5 oz.	$5

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Skin Care

Product code	Product name	Compare to	Package count	Price
Allergy & Itchy Relief				
217	Allergy Cream, Itch and Pain Relief	Benadryl® Extra Strength Cream	1 oz.	$5.50
Antifungal Creams				
038	Clotrimazole Cream 1%	Lotrimin AF®	0.5 oz.	$9
218	Tolnaftate Antifungal Cream 1%	Tinactin® Cream	1 oz.	$10
Skin Creams, Lotions & Gels				
560	Aloe Vera with Lidocaine	Aloe Vera with Lidocaine	20 oz.	$9
037	Calamine Lotion	Calamine Lotion	6 oz.	$7
409	Eczema Moisturizing Cream	Aveeno® Active Naturals® Eczema Therapy Moisturizing Cream	5 oz.	$10
322	Hydrocortisone Cream 1%	Cortaid®	2 oz.	$7.50
561	Phytoplex Calazime Skin Protectant	Phytoplex Calazime Skin Protectant	4 oz.	$10
410	Psoriasis Medicated Ointment	Psoriasis Medicated Ointment	3.8 oz.	$11
653	Scalpicin® Max Strength Scalp Itch Treatment	Scalpicin® Max Strength Scalp Itch Treatment	1.5 oz.	$11
562	Skin Protectant Paste	Skin Protectant Paste	4 oz.	$10
563	Skin Repair Cream	Remedy® Intensive Skin Therapy Skin Repair Cream	4 oz.	$8.50
308	Vitamin A&D Ointment	A&D® Original Ointment	4 oz.	$7
Sun & Insect Care				
306	Sunscreen SPF30	Coppertone® SPF 30	8 oz.	$10
564	Sunscreen SPF 50	Sunscreen SPF 50	8 oz.	$10
Wart & Callus				
241	Medicated Corn/Callus Remover	Dr. Scholl's®	6	$7
296	Wart Remover Liquid	Compound W® Max Strength	0.31oz.	$9

Smoking Cessation

Product code	Product name	Compare to	Package count	Price
Gum				
123	Stop Smoking Gum, 2mg††	Nicorette® 2mg Gum	50	$20

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.
†† Sale of products containing nicotine are prohibited to members under the age of 21.

124	Stop Smoking Gum, 4mg††	Nicorette® 4mg Gum	50	$20
Patches				
315	Nicotine Transdermal Patch, 7mg, 7/Box††	Nicotine Transdermal Patch	7	$20
313	Nicotine Transdermal Patch, 14mg, 7/Box††	Nicotine Transdermal Patch	7	$20
314	Nicotine Transdermal Patch, 21mg, 7/Box††	Nicotine Transdermal Patch	7	$20
660	Nicotine Transdermal Patch, 7mg, 14/Box††	Nicotine Transdermal Patch	14	$35
661	Nicotine Transdermal Patch, 14mg, 14/Box††	Nicotine Transdermal Patch	14	$35
662	Nicotine Transdermal Patch, 21mg, 14/Box††	Nicotine transdermal patch	14	$35

Supports

Product code	Product name	Compare to	Package count	Price
Arm & Shoulder				
734	Neo-G Easy-Fit Arm Sling	Neo-G	1	$18
735	Neo-G Easy-Fit Shoulder Support	Neo-G	1	$29
737	Nufabrx Arm Pain Relief Sleeve	Nufabrx	1	$20
Hand, Wrist & Elbow				
565	Arthritis Gloves, Small	Vive Arthritis Gloves	1 pair	$18
364	Arthritis Gloves, Medium	Vive Arthritis Gloves	1 pair	$18
363	Arthritis Gloves, Large	Vive Arthritis Gloves	1 pair	$18
442	Carpal Tunnel Night Brace	Futuro® Carpal Tunnel Night Brace	1	$14
339	Elbow Support	Futuro® Elbow Support	1	$13
761	Easy-Fit Thumb Brace	Easy-Fit Thumb Brace	1	$10.50
743	Nufabrx Wrist Pain Relief Sleeve	Nufabrx	1	$20
760	Tennis & Golf Elbow Strap	Tennis & Golf Elbow Strap	1	$11.50
343	Wrist Support	Futuro®	1	$12
Knee, Ankle & Foot				
336	Ankle Support	Futuro®	1	$13
342	Knee Support with Stays, Small	Futuro® Knee Support with Stays	1	$20
341	Knee Support with Stays, Medium	Futuro® Knee Support with Stays	1	$20
340	Knee Support with Stays, Large	Futuro® Knee Support with Stays	1	$20
357	Knee Support with Stays XL	Futuro® Knee Support with Stays	1	$20
736	Nufabrx Ankle Pain Relief Sleeve	Nufabrx	1	$20
739	Nufabrx Calf Pain Relief Sleeve	Nufabrx	1	$20
740	Nufabrx Knee Pain Relief Sleeve	Nufabrx	1	$20.50
741	Nufabrx Lower Leg Pain Relief Sleeve	Nufabrx	1	$20

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.
†† Sale of products containing nicotine are prohibited to members under the age of 21.

459	Plantar Fascitis Relief Sleeve	Plantar Fascitis Relief Sleeve	1 pair	$17
Neck & Back				
337	Back Support Elastic, OSFM	Futuro®	1	$20
567	Back Support with Pulley System, Small/Medium	Back Support with Pulley System	1	$19
566	Back Support with Pulley System, Large/XL	Back Support with Pulley System	1	$19
568	Back Support with Pulley System 2XL	Back Support with Pulley System	1	$20

Vitamins, Minerals and Supplements

Product code	Product name	Compare to	Package count	Price
Brain & Eye/Vision				
569	Bausch + Lomb PreserVision® AREDS 2 chewables	Bausch + Lomb PreserVision® AREDS 2 chewables	60	$27
616	Brain Health Supplement	Neuriva, Coffee Fruit Extract 100 mg, Phosphatidylserine 100 mg	30	$21
750	Eye Care Vitamin Gummies	Ocutive® Eye Health Gummies	36	$12
907	Eye Care Vitamins	Ocuvite® Extra	36	$6
Immune Support & Antioxidants				
745	Airborne® Chewable Tablets, Citrus	Airborne®	32	$11
746	Airborne® Effervescent Tablets, Zesty Orange	Airborne®	10	$10.50
747	Airborne® Elderberry Gummies	Airborne®	50	$19
748	Airborne® Gummies, Assorted Fruist	Airborne®	42	$18
297	Antioxidant Tablets	Antioxidant Tablets	60	$11
474	Immune Support Chewable Tablets	Airborne®	32	$6
Minerals				
298	Ferrous Sulfate 325mg	Feosol® 100	100	$6.50
246	Liquid Iron Formulation 220mg/5ml	Liquid Iron	16 oz.	$10
302	Magnesium Oxide 400mg	Mag-Ox® 400mg	120	$10
317	Organic Sulfur MSM 1000mg	Organic Sulfur MSM 1000mg	90	$15
303	Potassium Gluconate 595mg	Potassium Gluconate 595mg	100	$7
Multivitamins				
063	Complete Senior Vitamins and Minerals	Centrum® Silver	60	$8
011	Daily Multivitamin and Mineral	Centrum®	130	$11
618	Diabetic Multivitamin Sugar-Free Gummies	Diabetic Multivitamin Sugar-Free Gummies	60	$16
299	Gummy Multivitamin	Multivitamin Gummy	120	$11
316	One Daily Men's Multivitamin	One-A-Day Men's®	60	$8.50

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

107	One Daily Women's Multivitamin	One-A-Day Women's®	60	$8
Nutritional Beverages				
767	Diabetes Nutrition Shake, Vanilla, 8oz limit one per month	Glucerna® Diabetes Nutrition Shake	24	$45
768	Diabetes Nutrition Shake, Chocolate, 8oz, limit one per month	Glucerna® Diabetes Nutrition Shake	24	$45
763	Meal Replacement Shake, Vanilla, 8oz limit one per month	Ensure® Nutrition Shake	24	$45
764	Meal Replacement Shake, Chocolate, 8oz, limit one per month	Ensure® Nutrition Shake	24	$45
Supplements				
614	Apple Cider Vinegar (with the mother) 500mg & Ginger 1mg Gummies	Apple Cider Vinegar (with the mother) 500mg & Ginger 1mg Gummies	60	$12.50
902	Co-Enzyme Q-10 30mg	Co-Enzyme Q-10 30mg	30	$8
367	Co-Enzyme Q-10 100mg	Co-Enzyme Q-10 100mg	30	$9
749	Co-Enzyme Q-10 Gummies	Co-Enzyme Q-10 Gummies	60	$16
608	Elderberry Gummies	Elderberry Gummies	60	$14.50
477	Flax Seed Oil 1000mg Softgels	Flax Seed Oil	90	$10
765	Ginger Root Gummies	Ginger Root Gummies	60	$16
609	Ginseng Extract 100mg	Ginseng Extract 100mg	50	$15
412	Glucosamine Chondroitin Triple Strength	Glucosamine Chondroitin Triple Strength	100	$25
655	Melatonin 3mg	Melatonin 3mg	60	$7
278	Melatonin 5mg	Melatonin 5mg	100	$10
479	Melatonin Gummies, 5mg	Vitajoy®	120	$12
766	Menopause Support Gummies	Menopause Support Gummies	60	$17
657	Nerve Health	Nervive™ Nerve Health	30	$15
413	Omega-3 Fish Oil 1000mg	Omega-3 Fish Oil 1000mg	90	$10
610	Papaya Enzyme	Papaya Enzyme	100	$6.50
607	Probiotic	Probiotic	30	$18
654	Probiotic Gummies	Probiotic Gummies	60	$10.50
751	Probiotic Gummies, Sugar Free	Probiotic Gummies, Sugar Free	60	$14
752	Stress Relief Gummies	Olly Goodbye Stress	42	$10
753	Turmeric Curcumin	Turmeric Curcumin	60	$11
Vitamins A - Z				
250	Almebex Plus B-12®	Almebex Plus B-12®	473 ml	$29
475	Biotin Gummies	Vitafusion™	100	$12
476	Calcium + Vitamin D3 Gummies	Nature's Way® Alive!®	60	$13
570	Calcium Carbonate with Vitamin D3 600mg-10mcg Tablet	Calcium Carbonate with Vitamin D3 600mg-10mcg Tablet	100	$10
109	Calcium Citrate + Vitamin D3	Citracal® Caplets + D3	60	$7.50
248	Chewable Calcium with Vitamin D3	Caltrate® 600 + D3 Plus Minerals Chewable	60	$10.50

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

240	Folic Acid 800mcg	Folic Acid 800mcg	100	$6.50
300	Gummy Vitamin C 250mg	Vitamin C 250mg Gummy	100	$13.50
301	Gummy Vitamin D3 50mcg (2000 unit)	Gummy Vitamin D3 50mcg (2000 unit)	120	$12
481	Rena-vite Vitamins	Rena-vite Vitamins	100	$12
909	Timed Release Niacin 500mg	Timed Release Niacin 500mg	100	$8
574	Vitamin B-12 500mcg Tablet	Vitamin B-12 500mcg Tablet	100	$8.50
238	Vitamin B-12 1000mcg	Vitamin B-12 1000mcg	100	$8
279	Vitamin B-12 5000mcg, Sublingual	Vitamin B-12 5000mcg Sublingual	30	$9
482	Vitamin B-Complex Gummies	VitaFusion™	70	$10
280	Vitamin B-Complex Sublingual	Vitamin B-Complex Sublingual	60	$11
903	Vitamin B-Complex with B-12	Vitamin B-Complex with B-12	100	$9
010	Vitamin C 500mg	Vitamin C 500mg	100	$7
762	Vitamin C Gummies, Sugar Free	Vitamin C Gummies, Sugar Free	120	$15
209	Vitamin D3 25mcg (1000 UNIT)	Vitamin D3 25mcg (1000 UNIT)	100	$9.50
576	Vitamin D3 50mcg (2000 UNIT)	Vitamin D3 50mcg (2000 UNIT)	240	$10
239	Vitamin D3 125mcg (5000 UNIT)	Vitamin D3 125mcg (5000 UNIT)	100	$10
483	Vitamin D3 1250mcg (50,000 UNIT)	Vitamin D3 1250mcg (50,000 UNIT)	12	$7
012	Vitamin E 400 IU Synthetic	Vitamin E 400 IU Synthetic	100	$11

Women's Health

Product code	Product name	Compare to	Package count	Price
Menopause				
658	Estroven® Weight Management for Menopause Relief	Estroven® Weight Management for Menopause Relief	30	$23
Urinary Health				
659	Daily Bladder Comfort (pumpkin seed extract 300mg)	AZO Bladder Control with Go-Less®	60	$14
326	Urinary Pain Relief	AZO Urinary Pain Relief®	30	$9
484	Urinary Tract Infection Test Strips	AZO Urinary Tract Infection Test Strips®	3	$10.50
674	Women's Cranberry & Probiotic Gummies	Women's Cranberry & Probiotic Gummies	60	$18
Vaginal Health				
041	Clotrimazole 1% Vaginal Cream	Gyne-Lotrimin® Cream	1.5 oz.	$10
656	Cranberry Plus Probiotic	AZO® Cranberry	60	$11
304	Miconazole 3 Combo Pack	Monistat® 3 Combo Pack	3 day supply	$14
624	Vaginal Health Probiotic	AZO Complete Feminine Balance™	30	$29
611	Vaginal Moisturizer	Vagisil®	8	$20

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

Notice of Non-Discrimination

Independent Care Health Plan complies with applicable Federal civil rights laws and does not discriminate or exclude people because of their race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services. Independent Care Health Plan:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
  - Qualified interpreters
  - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids, or language assistance services contact **1-800-777-4376 (TTY: 1-800-947-3529)**. If you believe that Independent Care Health Plan has not provided these services or discriminated on the basis of race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services, you can file a grievance in person or by mail, fax, or email with Independent Care Health Plan's Non-Discrimination Coordinator at 1555 North RiverCenter Drive, Suite 206, Milwaukee, Wisconsin 53212, **1-800-777-4376 (TTY: 1-800-947-3529)**, Fax: 1-414-918-7589, or **advocate@icarehealthplan.org**. If you need help filing a grievance, Independent Care Health Plan's Non-Discrimination Coordinator can help you.

You can also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at **https://ocrportal.hhs.gov/ocr/portal/lobby.jsf**, or by mail or phone at:

- U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F, HHH Building, Washington, D.C. 20201. **800-368-1019**, **800-537-7697 (TDD)**

This notice is available at **www.icarehealthplan.org**.

Notice of Availability - Auxiliary Aids and Services Notice

English: Free language, auxiliary aid, and alternate format services are available. Call **1-800-777-4376 (TTY: 711)**.

العربية [Arabic]: تتوفر خدمات اللغة والمساعدة الإضافية والتنسيق البديل مجانًا. اتصل على الرقم **1-800-777-4376 (الهاتف النصي: 711)**.

Հայերեն [Armenian]: Հասանելի են անվճար լեզվական, աջակցման և այլընտրանքային ձևաչափի ծառայություններ: Զանգահարե՛ք՝ **1-800-777-4376 (TTY: 711)**:

বাংলা [Bengali]: বিনামূল্যে ভাষা, আনুষঙ্গিক সহায়তা, এবং বিকল্প বিন্যাসে পরিষেবা উপলব্ধ। ফোন করুন **1-800-777-4376 (TTY: 711)** নম্বরে।

简体中文 [Simplified Chinese]：我们可提供免费的语言、辅助设备以及其他格式版本服务。请致电 **1-800-777-4376（听障专线：711）**。

繁體中文 [Traditional Chinese]：我們可提供免費的語言、輔助設備以及其他格式版本服務。請致電 **1-800-777-4376（聽障專線：711）**。

Kreyòl Ayisyen [Haitian Creole]: Lang gratis, èd oksilyè, ak lòt fòma sèvis disponib. Rele **1-800-777-4376 (TTY: 711)**.

Hrvatski [Croatian]: Dostupni su besplatni jezik, dodatna pomoć i usluge alternativnog formata. Nazovite **1-800-777-4376 (TTY: 711)**.

فارسی [Farsi]: خدمات زبان رایگان، کمک های اضافی و فرمت های جایگزین در دسترس است. با **1-800-777-4376 (TTY: 711)** تماس بگیرید.

Français [French] : Des services gratuits linguistiques, d'aide auxiliaire et de mise au format sont disponibles. Appeler le **1-800-777-4376 (TTY: 711)**.

Deutsch [German]: Es stehen kostenlose unterstützende Hilfs- und Sprachdienste sowie alternative Dokumentformate zur Verfügung. Telefon: **1-800-777-4376 (TTY: 711)**.

Ελληνικά [Greek]: Διατίθενται δωρεάν γλωσσικές υπηρεσίες, βοηθήματα και υπηρεσίες σε εναλλακτικές προσβάσιμες μορφές. Καλέστε στο **1-800-777-4376 (TTY: 711)**.

ગુજરાતી [Gujarati]: નિઃશુલ્ક ભાષા, સહાયક સહાય અને વૈકલ્પિક ફોર્મેટ સેવાઓ ઉપલબ્ધ છે. **1-800-777-4376 (TTY: 711)** પર કૉલ કરો.

עברית [Hebrew]: שירותים אלה זמינים בחינם: שירותי תרגום, אביזרי עזר וטקסטים בפורמטים חלופיים. נא התקשר למספר **1-800-777-4376 (TTY: 711)**

हिन्दी [Hindi]: निःशुल्क भाषा, सहायक मदद और वैकल्पिक प्रारूप सेवाएं उपलब्ध हैं। **1-800-777-4376 (TTY: 711)** पर कॉल करें।

Hmoob [Hmong]: Muaj kev pab txhais lus, pab kom hnov suab, thiab lwm tus qauv pab cuam. Hu **1-800-777-4376 (TTY: 711)**.

Italiano [Italian]: Sono disponibili servizi gratuiti di supporto linguistico, assistenza ausiliaria e formati alternativi. Chiama il numero **1-800-777-4376 (TTY: 711)**.

This notice is available at **www.icarehealthplan.org**.

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日本語 [Japanese]:言語支援サービス、補助支援サービス、代替形式サービスを無料でご利用いただけます。**1-800-777-4376 (TTY: 711)** までお電話ください。

ភាសាខ្មែរ [Khmer]៖ សេវាកម្មផ្នែកភាសា ជំនួយ និង សេវាកម្មជាទម្រង់ផ្សេងជំនួសអាចរកបាន។ ទូរសព្ទទៅលេខ **1-800-777-4376 (TTY: 711)**។

한국어 [Korean]: 무료 언어, 보조 지원 및 대체 형식 서비스를 이용하실 수 있습니다. **1-800-777-4376 (TTY: 711)**번으로 문의하십시오.

ພາສາລາວ [Lao] ມີການບໍລິການດ້ານພາສາ, ອຸປະກອນຊ່ວຍເຫຼືອ ແລະ ຮູບແບບທາງເລືອກອື່ນໃຫ້ໃຊ້ຟຣີ. ໂທ **1-800-777-4376 (TTY: 711)**.

Diné [Navajo]: Saad t’áá jiik’eh, t’áadoole’é binahjį’ bee adahodooníłígíí diné bich’į’ anídahazt’i’í, dóó łahgo át’éego bee hada’dilyaaígíí bee bika’aanída’awo’í dahólǫ́. Kohjį’ hodíilnih **1-800-777-4376 (TTY: 711)**.

Polski [Polish]: Dostępne są bezpłatne usługi językowe, pomocnicze i alternatywne formaty. Zadzwoń pod numer **1-800-777-4376 (TTY: 711)**.

Português [Portuguese]: Estão disponíveis serviços gratuitos de ajuda linguística auxiliar e outros formatos alternativos. Ligue **1-800-777-4376 (TTY: 711)**.

ਪੰਜਾਬੀ [Punjabi]: ਮੁਫ਼ਤ ਭਾਸ਼ਾ, ਸਹਾਇਕ ਸਹਾਇਤਾ, ਅਤੇ ਵਿਕਲਪਿਕ ਫਾਰਮੈਟ ਸੇਵਾਵਾਂ ਉਪਲਬਧ ਹਨ। **1-800-777-4376 (TTY: 711)** ‘ਤੇ ਕਾਲ ਕਰੋ।

Русский [Russian]: Предоставляются бесплатные услуги языковой поддержки, вспомогательные средства и материалы в альтернативных форматах. Звоните по номеру **1-800-777-4376 (TTY: 711)**.

Español [Spanish]: Los servicios gratuitos de asistencia lingüística, ayuda auxiliar y servicios en otro formato están disponibles. Llame al **1-800-777-4376 (TTY: 711)**.

Tagalog [Tagalog]: Magagamit ang mga libreng serbisyong pangwika, serbisyo o device na pantulong, at kapalit na format. Tumawag sa **1-800-777-4376 (TTY: 711)**.

தமிழ் [Tamil]: இலவச மொழி, துணை உதவி மற்றும் மாற்று வடிவ சேவைகள் உள்ளன. **1-800-777-4376 (TTY: 711)** ஐ அழைக்கவும்.

తెలుగు [Telugu]: ఉచిత భాష, సహాయక మద్దతు, మరియు ప్రత్యామ్నాయ ఫార్మాట్ సేవలు అందుబాటులో గలవు. **1-800-777-4376 (TTY: 711)** కి కాల్ చేయండి.

اردو [Urdu]: مفت زبان، معاون امداد، اور متبادل فارمیٹ کی خدمات دستیاب ہیں۔ کال **(TTY: 711) 1-800-777-4376**

Tiếng Việt [Vietnamese]: Có sẵn các dịch vụ miễn phí về ngôn ngữ, hỗ trợ bổ sung và định dạng thay thế. Hãy gọi **1-800-777-4376 (TTY: 711)**.

Get your questions answered

- If you have a plan that includes rollover allowance, your unused balance will carry over to your next month or quarter and expire on Dec. 31, 2026.
- If you have a plan that does not include a rollover allowance, your allowance will need to be used within each month or quarter, depending on your plan—any unused allowance will not roll over.
- Orders will be shipped to your home by FedEx, UPS, or USPS.
- Allow 5 to 7 business days for processing from the time CenterWell Pharmacy receives your order.
- The most up to date product list is available on **icarehealthplan.org/OTC.**
- If a product is unavailable or not in stock, it may be substituted for a similar product at no additional charge.
- Specific brands, colors, flavors, etc. cannot be requested unless noted in the catalog.
- CenterWell Pharmacy reserves the right to limit the quantities of OTC medications and supplies dispensed.
- Returns or refunds are not accepted for items that were properly dispensed.
- We encourage you to track your order once it has shipped and retrieve the package in a timely manner once it has been delivered.

OTC items may only be purchased for the plan enrollee. It is prohibited to purchase OTC items for family members and friends. Purchase of covered OTC products made under emergency circumstances may be eligible for reimbursement when the benefit allowance is available. Please check with your healthcare provider before using any of the OTC products offered.

* Sale of products containing Dextromethorphan are prohibited to members under the age of 18. Limit quantity of two per order.

** Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

† Product cannot be shipped to P.O. Boxes, Alaska, Hawaii, Puerto Rico, or U.S. Virgin Islands.

†† Sale of products containing nicotine are prohibited to members under the age of 21.

Items not covered under this OTC benefit (non-eligible items) include baby items, contraceptives, cosmetics, food supplements such as protein/energy bars or honey, non-medicated soap/shampoo, laundry detergent, shaving items, homeopathic products such as Zicam or Arnicare, and insoles.

An allowance amount is only available if your plan offers the over-the-counter (OTC) service as a benefit. Call CenterWell Pharmacy at **844-222-2103** (**TTY: 711**) if you have questions about your order, or about how to use this allowance at CenterWell Pharmacy, Monday- Friday, 7 a.m.—10 p.m., and Saturday, 7 a.m.— 5:30 p.m. Central time.

Other pharmacies are available in our network.

All product names, logos, brands, and trademarks are property of their respective owners, and any use does not imply endorsement.

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