

# Earn rewards



by tracking your activities with one of these compatible activity trackers.



Earn rewards for completing qualifying workouts based on your plan. **Submit activity within 90 days.**

If you connect an activity tracker that is compatible with the Go365 by Humana® program, you can earn rewards for walking or exercising.

To connect your activity tracker with your Go365 account and earn rewards automatically, sign in to **Go365.com** and click on the Exercise and Fitness tab.

If you wish to track steps manually, you can log your workouts on **Go365.com** or call the number on the back of your Humana member ID card to request a paper workout tracker by mail.

Some commonly used devices are listed below. For a complete list of devices, refer to **Go365.com**.

Activity tracker	Device or mobile app
Offline pedometer	Any pedometer or device that tracks steps. Will need to fill out the Go365 Workout Tracker online or by mail.
Fitbit	Must have a Fitbit device that tracks steps and is connected to the Fitbit app
Garmin	Must have a Garmin device that tracks steps and is connected to the Garmin app
iHealth (Not affiliated with Apple)	Must have an iHealth device that tracks steps and is connected to the iHealth app
Withings/Health Mate	Must have a Withings/Health Mate device that tracks steps and is connected to the Withings/Health Mate app
Misfit	Must have a Misfit device that tracks steps and is connected to the Misfit app
Polar	Must have a Polar device that tracks steps and is connected to the Polar app

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