In your community

We want to share with you information about events our community partners or Humana Healthy Horizons® are hosting in your area. Some of these events may be in person. Some of these events may be virtual. We regularly will update this list of community events.



Oklahoma Events:

Friday, January 24, 2025

Inclusive Inter-tribal Heritage Celebration Chickasaw Nation Community Center 4001 NW 39th Expressway Oklahoma City, Oklahoma 73112 5 p.m. – 7 p.m.

Event Link →

Saturday, February 1, 2025

Tulsa Women's Expo With A Cause Central Park Hall at Expo Square 1701 S. Sandusky Ave. Tulsa, Oklahoma 74112 10 a.m. - 5 p.m.

Event Link →

Sunday, February 2, 2025

Tulsa Women's Expo With A Cause Central Park Hall at Expo Square 1701 S. Sandusky Ave. Tulsa, Oklahoma 74112 11 a.m. - 4 p.m. Event Link →

Wednesday, February 12, 2025

Redlands College Career and College Fair Austin Family Conference Center 1300 S. Country Club Rd. El Reno, Oklahoma 73036 10 a.m. - 1 p.m. Event Link→

Saturday, February 15, 2025

Sox of Love Sooner Wash 1325 E. Lindsey Ave. Norman, OK 73071 9 a.m. - 12 p.m. Event Link →





Humana Healthy Horizons in Oklahoma is a Medicaid product of Humana Wisconsin Health Organization Insurance Corporation.

Saturday, February 15, 2025

Sox of Love

44th Street Laundry

4502 S. Pennsylvania Ave.
Oklahoma City, OK 73119

9:30 a.m. − 12 p.m.

Event Link →

Tuesday, February 25, 2025

Sox of Love
Best Laundry
1305 S. Choctaw Ave.
El Reno, OK 73036
5:30 p.m. − 8 p.m.
Event Link →

Call If You Need Us

If you have questions or need help reading or understanding this document, call us at **855-223-9868 (TTY: 711)**. We are available Monday through Friday, from 8 a.m. to 5 p.m., Central time. We can help you at no cost to you. We can explain the document in English or in your first language. We can also help you if you need help seeing or hearing. Please refer to your Member Handbook regarding your rights.

Important!

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, or language. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
 Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.
 If you need help filing a grievance, call 855-223-9868 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at https://www.hhs.gov/sites/default/files/ocr-cr-complaint-form-package.pdf.

Auxiliary aids and services, free of charge, are available to you. **855-223-9868 (TTY: 711)**

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

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Language assistance services, free of charge, are available to you. **855-223-9868 (TTY: 711)**

English Call the number above to receive free language assistance services.

Español (Spanish) Llame al número que se indica arriba para recibir servicios gratuitos de asistencia lingüística.

Tiếng Việt (Vietnamese) Gọi số điện thoại ở trên để nhận các dịch vụ hỗ trợ ngôn ngữ miễn phí.

繁體中文 (Chinese) 您可以撥打上面的電話號碼以獲得免費的語言協助服務。 한국어 (Korean) 무료 언어 지원 서비스를 받으려면 위 번호로 전화하십시오.

Deutsch (German) Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

العربية (Arabic): اتصل برقم الهاتف أعلاه للحصول على خدمات المساعدة اللغوية المجانية.

မြန်မာနိုင်ငံ (Burmese) အခမဲ့ ဘာသာစကား အကူအညီ ဝန်ဆောင်မှုများ ရယူရန် အထက်ပါ ဖုန်း နံပါတ်ကို ခေါ်ဆိုပါ။

Hmoob (Hmong) Hu rau tus xov tooj saum toj sauv kom tau txais kev pab txhais lus dawb.

Tagalog (Tagalog – Filipino) Tawagan ang numero sa itaas para makatanggap ng mga libreng serbisyo sa tulong sa wika.

Français (French) Appelez le numéro ci-dessus pour recevoir des services gratuits d'assistance linguistique.

ພາສາລາວ (Lao): ໂທຫາເບີໂທລະສັບຂ້າງເທິງ ເພື່ອຮັບບໍລິການ ຊ່ວຍເຫຼືອດ້ານພາສາຟຣີ.

ภาษาไทย (Thai): โทรไปที่หมายเลขด้านบนเพื่อรับบริการช่วยเหลือด้านภาษาฟรี

ؤدرًا (Urdu) مفت لسانی اعانت کی خدمات موصول کرنے کے لیے درج بالا نمبر پر کال کریں۔

tsalagi gawonihisdi (Cherokee) OBLb OのY SJWJC J4のL OT D4の SUhAのJ OOLのSAJ TCOLのJJT.

فارسی (Farsi) دبر بگه سامد ق و ف در امشد ادن اگبار ت روصه عنابز تالا بهسد تفایر دی ارب