

## Network Notification—Humana Healthy Horizons in Ohio

**Notice date:** December 1, 2025  
**To:** Humana Healthy Horizons® in Ohio provider network  
**From:** Humana Healthy Horizons in Ohio  
**Subject:** Behavioral health direct supervision procedure modifier update

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### Summary

Humana Healthy Horizons in Ohio has updated its behavioral health claims policy, requiring providers to use procedure modifiers HT or HP for pricing purposes on select services rendered by trainees/assistants under direct supervision. These updates align with the Ohio Department of Medicaid's (ODM's) guidelines contained in the Behavioral Health Provider Requirements and Reimbursement Manual.

This communication informs all behavioral health provider groups (Provider Type 84, Community Mental Health, and Provider Type 95, Ohio Mental Health and Addiction Services [OMHAS] Certified/Licensed Treatment Program) of additional guidelines regarding reimbursement for services provided by trainees/assistants under direct supervision. These changes will take effect Jan. 1, 2026. Please review the updated policy to ensure proper reimbursement.

### Impacts

For select services provided by trainees/assistants under direct supervision, in addition to including the supervisor's National Provider Identifier on the claim, the following procedure modifiers also must be included for the claim to be reimbursed at the supervisor's rate:

- **HP modifier:** Rendered by a supervised trainee/assistant under direct supervision of a doctor of medicine/doctor of osteopathic medicine, psychologist/psychiatrist, clinical nurse specialist, certified nurse practitioner or physician assistant
- **HT modifier:** Rendered by a supervised trainee/assistant under direct supervision of a licensed independent social worker, licensed independent marriage and family therapist, licensed professional clinical counselor, licensed independent chemical dependency counselor (substance use disorder only) or licensed school psychologist/psychiatrist

**Direct supervisor pricing is allowed for the following service codes**

<b>Current Procedural Terminology (CPT) code</b>	<b>Description</b>
+90785	Interactive complexity
90791	Psychiatric diagnostic evaluation without medical
90832	Individual psychotherapy—30 minutes
90834	Individual psychotherapy—45 minutes
90837	Individual psychotherapy—60 minutes
90839	Psychotherapy for crisis—first 60 minutes
+90840	Psychotherapy for crisis—additional 30 minutes
90846	Family psychotherapy without patient present—50 minutes
90847	Family psychotherapy with patient present—50 minutes
90849	Multiple—family group psychotherapy
90853	Group psychotherapy (not multiple family group)
99406	Smoking and tobacco use cessation counseling—intermediate: greater than 3 minutes and up to 10 minutes
99407	Smoking and tobacco use cessation counseling—intensive: greater than 10 minutes

Please review the latest version of the Behavioral Health Provider Requirements and Reimbursement Manual, dated Aug. 18, 2025, by visiting [ODM: Manuals, Rates, and Resources](#).

## Questions?



For more information, please call Provider Services at 877-856-5707, Monday – Friday, 7 a.m. – 8 p.m., Eastern time.

You also can email us at [OHMedicaidProviderRelations@humana.com](mailto:OHMedicaidProviderRelations@humana.com).

### Notes:

HP and HT modifiers are only required when there are different rates for direct supervision.

ODM expects that providers will render services and supervision in accordance with their licensing board and within their scope of practice.