



How to access behavioral health training through Relias

As a Humana Healthy Horizons® in Oklahoma network healthcare provider, you can take advantage of Relias—a web-based continuing education library.

Relias offers more than 300 modules to choose from, and over 575 credit hours of continuing education credits available, in addition to behavioral health training modules. Relias's training modules provide integrated information to support comprehensive care and address unique patient needs. Relias offers courses designed to help you succeed in the emerging value-based healthcare delivery system.

Through Relias, you can explore training such as:

- **Overview of behavioral health screening tools** - This course provides a review of some of the most widely used behavioral health screening tools currently available to support collaborative care.
- **Screening and brief interventions for substance use issues** - This course explains the core components of the screening, brief intervention and referral to treatment (SBIRT) model and the most common screening tools used. It also discusses how the basic philosophy, principles and techniques of motivational interviewing and stages of change apply to SBIRT.
- **Integration of primary and behavioral healthcare** - This course covers a variety of ways behavioral healthcare professionals can function effectively in an integrated care environment.
- **Collaborative care in primary care: management of depression** - This course provides nursing professionals, physician assistants and physicians with an overview of the collaborative (interdisciplinary) approach to managing patients with depression and chronic illness.
- **Collaborative care in primary care: substance misuse** - This course shows physicians, physician assistants and nurses in all healthcare settings how to address substance use problems in the context of collaborative care.

To access the Relias library: visit the Relias website or log in to your **Availity.com** account.

- Select Humana under the Payer Services tab
- Select the Resources tab
- Select Relias training

For more information, please call your Provider Relations Representative.

Humana Healthy Horizons® in Oklahoma

Humana Healthy Horizons® in Oklahoma is a Medicaid product of Humana Wisconsin Health Organization Insurance Corporation.