

## 2025 Recommended immunizations for children 7–18 years old

Recommended vaccines	7 years	8 years	9 years	10 years	11 years	12 years	13 years	14 years	15 years	16 years	17 years	18 years
HPV												
Tdap												
Meningococcal ACWY											■	
Meningococcal B												
Influenza/Flu	Every year. Two doses for some children		Every year									
COVID-19	At least 1 dose of the current COVID-19 vaccine											
Mpox												■
Dengue			Only if living in a place where dengue is common and has laboratory test confirming past dengue infection									

■ All children in age group should get the vaccine

■ All children in age group can get the vaccine

■ Some children in age group should get the vaccine

■ Parents/caregivers should talk to their health care provider to decide if this vaccine is right for their child

**Talk to your child's health care provider for more guidance if:**

1. Your child has any medical condition that puts them at higher risk for infection.
2. Your child is traveling outside the United States. Visit [wwwnc.cdc.gov/travel](http://wwwnc.cdc.gov/travel) for more information.
3. Your child misses a vaccine recommended for their age.

## What diseases do these vaccines protect against?

Vaccine-preventable disease	Disease complications	Number of vaccine doses
<b>HPV (Human papillomavirus)</b>  Contagious viral infection spread by close skin-to-skin touching, including during sex	Genital warts and many types of cancers later in life, including cancers of the cervix, vagina, penis, anus, and throat	2 or 3 doses
<b>Tetanus (Lockjaw)*</b>  Infection caused by bacterial spores found in soil and dust everywhere; spores enter the body through wounds or broken skin	Seizures, broken bones, difficulty breathing, death	1 dose at age 11-12 years  Additional doses if missed childhood doses  1 dose for dirty wounds
<b>Diphtheria*</b>  Illness caused by a toxin produced by bacteria that infects the nose, throat, and sometimes skin	Swelling of the heart muscle, heart failure, coma, paralysis, death	1 dose at age 11-12 years  Additional doses if missed childhood doses
<b>Pertussis (Whooping Cough)*</b>  Contagious bacterial infection of the lungs and airway; spread through air and direct contact	Infection of the lungs (pneumonia), death; especially dangerous for babies	1 dose at age 11-12 years  Additional doses if missed childhood doses  1 dose every pregnancy
<b>Meningococcal**</b>  Contagious bacterial infection of the lining of the brain and spinal cord or the bloodstream; spread through air and direct contact	Loss of arm or leg, deafness, seizures, death	2 doses.  Additional doses may be needed depending on medical condition or vaccine used.
<b>Influenza (Flu)</b>  Contagious viral infection of the nose, throat, and sometimes lungs; spread through air and direct contact	Infection of the lungs (pneumonia), sinus and ear infections, worsening of underlying heart or lung conditions, death	1 dose each year  2 doses in some children aged 6months through 8 years

Vaccine-preventable disease	Disease complications	Number of vaccine doses
<b>COVID-19</b>  Contagious viral infection of the nose, throat, or lungs; may feel like a cold or flu. Spread through air and direct contact	Infection of the lungs (pneumonia); blood clots; liver, heart or kidney damage; long COVID; death	1 or more doses of the current COVID-19 vaccine depending on health status. For more information: <a href="http://www.cdc.gov/covidsschedule">www.cdc.gov/covidsschedule</a>
<b>Mpox</b>  Contagious viral infection spread through close, often skin-to-skin contact, including sex; causes a painful rash, fever, headache, tiredness, cough, runny nose, sore throat, swollen lymph nodes	Infected sores, brain swelling, infection of the lungs (pneumonia), eye infection, blindness, death	2 doses
<b>Dengue</b>  Viral infection spread by bite from infected mosquito; causes fever, headache, pain behind the eyes, rash, joint pain, body ache, nausea, loss of appetite, feeling tired, abdominal pain	Severe bleeding, seizures, shock, damage to the liver, heart, and lungs, death	3 doses

\***Tdap** protects against tetanus, diphtheria, and pertussis

\*\***Healthy adolescents:** Meningococcal ACWY vaccine (2 doses); Meningococcal B vaccine (2 doses if needed).

# Notice of Availability - Auxiliary Aids and Services Notice

English: Free language, auxiliary aid, and alternate format services are available. Call **844-881-4482 (TTY: 711)**.

العربية [Arabic]: تتوفر خدمات اللغة والمساعدة الإضافية والتنسيق البديل مجاناً. اتصل على الرقم **844-881-4482 (الهاتف النصي: 711)**.

Հայերեն [Armenian]: Հասանելի են անվճար լեզվական, աջակցման և այլընտրանքային ձևաչափի ծառայություններ: Չափահարեք՝ **844-881-4482 (TTY: 711)**:

বাংলা [Bengali]: বিনামূল্যে ভাষা, আনুষঙ্গিক সহায়তা, এবং বিকল্প বিন্যসে পরিষেবা উপলব্ধ। ফোন করুন **844-881-4482 (TTY: 711)** নম্বরে।

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Kreyòl Ayisyen [Haitian Creole]: Lang gratis, èd oksilyè, ak lòt fòma sèvis disponib. Rele **844-881-4482 (TTY: 711)**.

Hrvatski [Croatian]: Dostupni su besplatni jezik, dodatna pomoć i usluge alternativnog formata. Nazovite **844-881-4482 (TTY: 711)**.

فارسی [Farsi]: خدمات زبان رایگان، کمک های اضافی و فرمت های جایگزین در دسترس است. با **844-881-4482 (TTY: 711)** تماس بگیرید.

Français [French] : Des services gratuits linguistiques, d'aide auxiliaire et de mise au format sont disponibles. Appeler le **844-881-4482 (TTY: 711)**.

Deutsch [German]: Es stehen kostenlose unterstützende Hilfs- und Sprachdienste sowie alternative Dokumentformate zur Verfügung. Telefon: **844-881-4482 (TTY: 711)**.

Ελληνικά [Greek]: Διατίθενται δωρεάν γλωσσικές υπηρεσίες, βιοηθήματα και υπηρεσίες σε εναλλακτικές προσβάσιμες μορφές. Καλέστε στο **844-881-4482 (TTY: 711)**.

ગુજરાતી [Gujarati]: નિઃશુલ્ક ભાષા, સહાયક સહાય અને વૈકલ્પિક ફોર્મેટ સેવાઓ ઉપલબ્ધ છે. **844-881-4482 (TTY: 711)** પર કોલ કરો.

עברית [Hebrew]: שירותים אלה זמינים בחינם: שירות תרגום, אביזרי עזר וטקסטים בפורמטים חלופיים. נא התקשר למספר **844-881-4482 (TTY: 711)**.

हिन्दी [Hindi]: निःशुल्क भाषा, सहायक मदद और वैकल्पिक प्रारूप सेवाएं उपलब्ध हैं। **844-881-4482 (TTY: 711)** पर कॉल करें।

Hmoob [Hmong]: Muaj kev pab txhais lus, pab kom hnov suab, thiab lwm tus qauv pab cuam. Hu **844-881-4482 (TTY: 711)**.

Italiano [Italian]: Sono disponibili servizi gratuiti di supporto linguistico, assistenza ausiliaria e formati alternativi. Chiama il numero **844-881-4482 (TTY: 711)**.

This notice is available at [Humana.com/VirginiaDocuments](http://Humana.com/VirginiaDocuments).

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日本語 [Japanese]: 言語支援サービス、補助支援サービス、代替形式サービスを無料でご利用いただけます。844-881-4482 (TTY: 711) までお電話ください。

ភាសាខ្មែរ [Khmer]: សេវាកម្មផ្លូវការសាលា ជំនួយ និង សេវាកម្មដាកម្រោងដៃខែឆ្នាំសមាជរកបាន។ ទូរសព្ទទៅលេខ 844-881-4482 (TTY: 711)។

한국어 [Korean]: 무료 언어, 보조 지원 및 대체 형식 서비스를 이용하실 수 있습니다. 844-881-4482 (TTY: 711) 번으로 문의하십시오.

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Diné [Navajo]: Saad t'áá jiik'eh, t'áadoole'é binahjí' bee adahodoonílgíí diné bich'í' anídahazt'i'i, dóó lahgo át'éego bee hada'dilyaaígíí bee bika'aanída'awo'i dahóló. Kohjí' hodíilnih 844-881-4482 (TTY: 711).

Polski [Polish]: Dostępne są bezpłatne usługi językowe, pomocnicze i alternatywne formaty. Zadzwoń pod numer 844-881-4482 (TTY: 711).

Português [Portuguese]: Estão disponíveis serviços gratuitos de ajuda linguística auxiliar e outros formatos alternativos. Ligue 844-881-4482 (TTY: 711).

ਪੰਜਾਬੀ [Punjabi]: ਮੁਫਤ ਭਾਸ਼ਾ, ਸਹਾਇਕ ਸਹਾਇਤਾ, ਅਤੇ ਵਿਕਲਪਿਕ ਫਾਰਮੈਟ ਸੇਵਾਵਾਂ ਉਪਲਬਧ ਹਨ। 844-881-4482 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

Русский [Russian]: Предоставляются бесплатные услуги языковой поддержки, вспомогательные средства и материалы в альтернативных форматах. Звоните по номеру 844-881-4482 (TTY: 711).

Español [Spanish]: Los servicios gratuitos de asistencia lingüística, ayuda auxiliar y servicios en otro formato están disponibles. Llame al 844-881-4482 (TTY: 711).

Tagalog [Tagalog]: Magagamit ang mga libreng serbisyon pangwika, serbisyo o device na pantulong, at kapalit na format. Tumawag sa 844-881-4482 (TTY: 711).

தமிழ் [Tamil]: இலவச மொழி, துணை உதவி மற்றும் மாற்று வடிவ சேவைகள் உள்ளன. 844-881-4482 (TTY: 711) ஜ அழைக்கவும்.

తెలుగు [Telugu]: ఉచిత భాష, సపోయక మద్దతు, మరియు ప్రత్యామ్రాయ ఫార్మాట్ సేవలు అందుబాటులో గలవు. 844-881-4482 (TTY: 711) కి కాల్ చేయండి.

اردو: [Urdu] مفت زبان، معاون امداد، اور متبادل فارمیٹ کی خدمات دستیاب ہیں۔ کال - (TTY: 711) 2844-881-448

Tiếng Việt [Vietnamese]: Có sẵn các dịch vụ miễn phí về ngôn ngữ, hỗ trợ bổ sung và định dạng thay thế. Hãy gọi 844-881-4482 (TTY: 711).

አማርኛ [Amharic]: አገዳች፡ አገዳጭ ማቅረቢያ እና አማራርኛ ቁጥር የለችም አገልግሎቶችም ይገኛል፡፡ በ 844-881-4482 (TTY: 711) ላይ ይደውሉ፡፡

Bāsōo` [Bassa]: Wudu-xwíníín-mú-zà-zà kùà, Hwòdqö-fóńo-nyo, kè nyo-bɔ́ún-po-kà bë bë nyuee se wídí pëè-pëè qò kò. 844-881-4482 (TTY: 711) dá.

Bekee [Igbo]: Asusu n'efu, enyemaka nkwaru, na ọru usoro ndị ọzo di. Kpoo 844-881-4482 (TTY: 711).

Òyìnbó [Yoruba]: Àwọn isé àtìlehin ìrànlówó èdè, àti ọnà kíkà míràn wà lárówótó. Pe 844-881-4482 (TTY: 711).

नेपाली [Nepali]: भाषासम्बन्धी निःशुल्क, सहायक साधन र वैकल्पिक फार्मेट (ढाँचा/व्यवस्था) सेवाहरू उपलब्ध छन् । 844-881-4482 (TTY: 711) मा कल गर्नुहोस् ।