

Cardioversion Procedure Instructions

You are scheduled for an upcoming cardiology procedure. Please follow all instructions carefully to avoid cancellation of your procedure.

Prior to Surgery:

- Arrive at the hospital 90 minutes (about 3 hours) before your scheduled procedure time to register with the Cath Lab.
- The Cath Lab will contact you beforehand to confirm your arrival time and procedure time.

Day of Surgery:

Fasting

- Do NOT eat or drink anything for 8 hours before your procedure.
- Avoid all caffeine.
- Take your daily medications as usual, using small sips of water instead of a full glass.
- Continue taking any prescription blood thinners as directed.

What to Bring

- Advanced Directives (if applicable)
- Insurance cards
- Photo ID
- Glasses, contact lenses, dentures, or hearing aids if you wish to use them after the procedure; bring containers for safe storage.

What to Wear

- Warm, loose, comfortable clothing
- Comfortable low-heeled shoes
- Remove all jewelry (wedding bands, watches, earrings, necklaces, bracelets, ankle bracelets)

Transportation

- You must have a driver to take you home after the procedure. You cannot drive yourself.

If you have any questions about scheduling your surgery, please contact your Surgery Scheduler. For any health-related concerns before or after your procedure, you can call the main number at (352) 674-8700, where staff can assist you in reaching a nurse during normal office hours or the on-call physician after hours.