

Network Notification – Humana Healthy Horizons in Louisiana

Notice date: March 28, 2024
To: Humana Healthy Horizons® in Louisiana Provider Network
From: Humana Healthy Horizons in Louisiana
Subject: Dialectical Behavior Therapy (DBT) ARPA Incentives
Effective date: March 1, 2024

The Centers for Medicare and Medicaid Services (CMS) has approved Louisiana’s proposal of a State Directed Payment request to provide additional funding to offer an increase in psychotherapy reimbursement rates for Dialectical Behavior Therapy (DBT) individual therapy and DBT group psychotherapy dates of service on or after **March 1, 2024**.

Humana Healthy Horizons will reprocess any claims impacted and no action is needed by Providers.

Incentive Payment Summary as follows:

			Psychiatrist Base Payment	Psychiatrist Add-on Payment	Incentive DBT Total	APRN and Psychologist Base Payment	APRN and Psychologist Add-on Payment	Incentive DBT Total	Other LMHP	Other LMHP Add-on Payment	Incentive DBT Total
Code, Modifier	Description	Age	Modifier: AF	Modifier: AF	Modifier: AF	Modifier: AH, SA, or HP	Modifier: AH, SA, or HP Psychologist Add-on Payment	Modifier: AH, SA, or HP	Modifier: AJ, HO, or HF	Modifier: AJ, HO, or HF	Modifier: AJ, HO, or HF
H2021	Individual DBT Session	0-20	\$98.78	\$101.22	\$200.00	\$79.02	\$120.98	\$200.00	\$69.15	\$130.85	\$200.00

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			Psychiatrist Base Payment	Psychiatrist Add-on Payment	Incentive DBT Total	APRN and Psychologist Base Payment	APRN and Psychologist Add-on Payment	Incentive DBT Total	Other LMHP	Other LMHP Add-on Payment	Incentive DBT Total
H2021	Individual DBT Session	21+	\$76.74	\$123.26	\$200.00	\$61.39	\$138.61	\$200.00	\$53.72	\$146.28	\$200.00
H2021, HQ	Individual DBT Session	0+	\$176.40	\$1.28	\$177.68	\$141.12	\$36.56	\$177.68	\$123.52	\$54.16	\$177.68

Please Note: Incentive payments are anticipated to be available until the ARPA funding expires in March 2025, unless funds are exhausted prior.

The total DBT rate is \$200.00 per 60-minute DBT individual therapy, with an expected 60-minute session of DBT individual therapy per client per week. Code to be billed is **H2021** for **DBT individual psychotherapy**.

The total DBT rate is \$177.68 per client for DBT group psychotherapy for an expected 120–150-minute DBT skills-training group sessions per client per week. Code to be billed **H2021** with the **HQ modifier** for **DBT group psychotherapy**.

Humana Healthy Horizons will reimburse eligible Providers based on the submission of claims that meet eligible criteria as follows:

- In order for a Provider to be eligible for reimbursement of DBT Therapy Services:
 - Complete initial week of DBT didactic training through LSUHSC;
 - Remain in good standing with the training program;
 - Be credentialed with Humana Healthy Horizons;
 - Comply with all DBT service requirements in the Provider Louisiana Medicaid manual and,
 - Provide a DBT individual or group therapy session post-completion of the initial didactic training to receive the increased psychotherapy rates.