



Also, members who sign up with Go365 for Humana Healthy Horizons® can earn e-gift card rewards for well-child visits. Scan the QR code or visit [Humana.com/KentuckyGo365](https://www.humana.com/KentuckyGo365) to get started.



When are the exams?

EPSDT exams and screenings begin at birth and go through age 21 for active Humana Healthy Horizons members. By the time they're 2 and a half, children should have 12 checkups: birth (at the hospital), three to five days after birth, and at 1, 2, 4, 6, 9, 12, 15, 18, 24, and 30 months. Members in Kentucky between the ages of 3 and 20 get one checkup each year.




Are there other programs for families?

Yes! As part of the EPSDT program, members from birth to age 21 can get care management services. This is for those who have special healthcare needs or who ask for help.

Reach out to us with questions

Call us at **888-285-1121 (TTY: 711)**, Monday – Friday, 8 a.m. – 6 p.m., Eastern time. Email us at **KYMCDCaseManagement@humana.com**. We can help you get care, find a PCP or help you get a ride to the doctor.



Rewards have no cash value. The monetary amounts listed above are reward values, not actual dollars.

See the full Go365 program details at [Humana.com/KentuckyGo365](https://www.humana.com/KentuckyGo365).

Discrimination is Against the Law

Humana Healthy Horizons in Kentucky is a Medicaid product of Humana Health Plan Inc. Humana Health Plan, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call **1-877-320-1235 (TTY: 711)**.

Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-320-1235 (TTY: 711)**.

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-877-320-1235 (TTY :711)**。

Humana
Healthy Horizons®
in Kentucky

KYHMGQPEN



Helping your child be their healthiest

Early and Periodic Screening, Diagnostic and Treatment (EPSDT) program

Humana
Healthy Horizons®
in Kentucky



No-cost checkups and screenings

What EPSDT means for your child

- E** **Early:** making sure your child gets the care they need, when they need it
- P** **Periodic:** setting up regular visits at recommended ages
- S** **Screening:** checking for health problems to catch them early
- D** **Diagnostic:** testing to follow up when a risk or problem is found
- T** **Treatment:** things you can do to help your child lower their risks

Your child's pediatrician is their primary care provider (PCP). Their pediatrician will monitor your child's health and development. Screenings and tests like the ones below can help your child's doctor spot health issues early. Early detection makes it easier to get connected to the right treatment.

- Autism screening, which can detect early signs of autism and allow for referrals
- Complete exam (unclothed with parent/guardian approval)
- Dental screening
- Depression screening (when age-appropriate)
- Developmental screening, which checks for age-appropriate mental and physical growth
- Hearing assessment
- Immunization (vaccine) assessment, to make sure your child stays on the recommended vaccine schedule

- Lead screening
- Medical history
- Other services/screenings as needed

EPSDT Special Services cover medically necessary care for health issues found during an EPSDT well-care visit.

Who is covered?

Humana Healthy Horizons® in Kentucky members are covered from birth through the month of their 21st birthday.

What is covered?

We cover visits to your child's PCP and any vaccines needed at that time. You can see Kentucky's recommended vaccine schedule by visiting [Humana.com/Kentucky](https://www.humana.com/Kentucky) or scanning the QR code below.



About our EPSDT program

Your child's well-care and preventive checkups are important for early detection of potential health issues. These visits are also known as our Early and Periodic Screening, Diagnostic and Treatment (EPSDT) program. Humana Healthy Horizons is here to help your child achieve their best health, from birth to age 21.

The EPSDT program provides health exams and screenings through well-care, or preventive, visits (checkups). These checkups are offered to members from birth through the month they turn 21.

