Humana Healthy Horizons in Florida Expanded Benefits Provider Resource Guide

Welcome to Humana Healthy Horizons® in Florida, a Medicaid managed care program focused on helping members achieve their best health. This provider resource guide lists all expanded benefits offered to Humana Healthy Horizons members.

Expanded benefits are those services offered by Humana Healthy Horizons and approved in writing by the Florida Agency for Health Care Administration (AHCA). Such expanded benefits are those items or services not otherwise covered or that exceed limits outlined in the Medicaid state plan handbook, the Florida Medicaid coverage and limitations handbooks, and Florida Medicaid fee schedules. In instances where an expanded benefit is also a Medicaid covered service, Humana Healthy Horizons will administer the benefit in accordance with any applicable service standards, the Florida Medicaid state plan, and any Medicaid coverage and limitations.

If copayments are waived as an expanded benefit, the provider must not charge member copayments for covered services. If copayments are not waived as an expanded benefit, the amount paid to providers shall be the contracted amount for fee-for-service managed care plans, the Medicaid fee schedule amount, less any applicable copayments.

You can find updates to this provider resource guide on the Humana Healthy Horizons in Florida provider website. Your patients can view the following chart explaining their expanded benefits.

Managed medical assistance (MMA) expanded benefits

Benefit/service	Description
Adult additional primary care services	Nonpregnant adult members ages 21 and older; unlimited primary care provider visits Members pay nothing.
Adult visual aid services	For adult members ages 21 and older, the plan covers 1 eye exam a year and 1 of the following: • 1 set of frames per year • A 6-month supply of contact lenses with a provider's prescription Members pay nothing unless they select luxury frames that cost more than $75.
Baby and Me meals	Up to 2 precooked, home-delivered meals per day for 10 weeks for pregnant members who are high-risk Members pay nothing.

Humana
Healthy Horizons in Florida

Humana Healthy Horizons in Florida is a Medicaid product of Humana Medical Plan, Inc.
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Benefit/service	Description
Convertible car seat or portable crib	Pregnant members who enroll and actively participate in our HumanaBeginnings® Care Management program and complete a comprehensive assessment and at least 1 follow-up call with a HumanaBeginnings care manager can select 1 convertible car seat or portable crib per infant, per pregnancy. Members pay nothing.
Criminal expungement services	Members ages 18 and older can receive reimbursement of up to $75 for criminal record expungement, as allowed per the Florida Department of Law Enforcement Seal and Expunge process per lifetime. Members will be refunded.
Day trip—meal reimbursement/ allowance	Adult members ages 21 and older, up to $1,000 a year ($200 daily limit) for medical trips more than 100 miles from home Members will be refunded.
Disaster preparedness meals	1 box of 14 shelf-stable meals before or after a natural disaster, twice annually • Member must not live in a residential or nursing facility. • The governor must declare the disaster for the member to be eligible for the meals. Members pay nothing.
Doula services	Doula assistance to provide emotional and physical support to the laboring mother and her family: • 5 prenatal visits • 1 birth coaching assistance during vaginal delivery • 3 postpartum visits Members pay nothing.
Durable medical equipment services and supplies	Adult members ages 21 and older who are under care management with blood pressure monitoring included in their care plan may receive 1 digital blood pressure cuff every 3 years. Members pay nothing.
Expanded prenatal/perinatal services	For members ages 10-59, the plan covers: • 14 prenatal visits for low-risk pregnancies and 18 prenatal visits for high-risk pregnancies • 3 postpartum visits within 90 days of delivery • 1 wellness visit between 90 days and 12 months following delivery in preparation to transition members back to their primary care medical home • Nonhospital-grade breast pump—1 per 2 years; rental • Hospital-grade breast pump—1 rental per year Members pay nothing.
Financial literacy coaching	Members ages 16 and older, up to 6 life coaching sessions for money management and budgeting Members pay nothing.

Benefit/service	Description
General Educational Development (GED) testing	For members ages 16 and older, GED test preparation assistance, including a bilingual advisor, access to guidance and study materials, and unlimited use of practice tests Test preparation assistance, including tutoring, is provided virtually to allow maximum flexibility for members. This benefit also includes test-pass guarantee to provide members multiple attempts at passing the test. Members pay nothing.
Hearing services for adults	Members are covered for medically necessary hearing screenings and diagnostic testing. Adult members ages 21 and older, the plan covers: • 1 hearing aid assessment, fitting, checking and evaluation every 2 years • 1 in-ear monaural hearing aid and dispensing fee per ear each year • 1 hearing aid, all other types, and dispensing fee per ear every 2 years Call HearUSA at 877-664-9353 for a hearing provider. Members pay nothing.
Home-delivered meals	Members ages 18 and older, 14 meals delivered to their home once per year Members pay nothing.
Home-based asthma interventions	Adult asthmatic members ages 21 and older in our care management or disease management programs can receive an allowance up to $250 per year for allergen-free bedding and/or an air purifier. Members pay nothing.
Hospital services – outpatient	Adult members ages 21 and older, no dollar limit on services Members pay nothing.
Housing assistance	Members ages 18 and older, up to $500 per household per year (unused allowance does not roll over to the next year) to assist with the following housing expenses: • Apartment rent or mortgage payment (late payment notice required) • Utility payment for electric, water, gas or internet (late payment notice required) • Trailer park and lot rent if this is their permanent residence (late payment notice required) • Moving expenses via licensed moving company when transitioning from a public housing authority **Requirements:** • Members must not live in a residential facility or nursing facility. • Funds will not be paid directly to the member. • If the bill is in the spouse's name, a marriage certificate may be submitted as proof. Members pay nothing.

Benefit/service	Description
Humana tranquility goods	Members ages 6–18 can receive supplies to calm the impact of trauma including a sound machine, light therapy products or weighted pillow/blankets once per year. Members can qualify through the following event/diagnosis: Children/adolescents with an emotional and/or behavioral diagnosis (e.g., acute stress disorder, disinhibited social engagement disorder, adjustment disorder, unclassified and unspecified trauma disorder, reactive attachment disorder, post-traumatic stress disorder [PTSD]). Members pay nothing.
Maternal and infant virtual care	Pregnant members and new moms up to 1 year after delivery may access a certified lactation consultant via appointment through a video-enabled call routing system. Members pay nothing.
Newborn circumcision	The male baby is covered, 1 per lifetime for members ages 0-28 days old. Members pay nothing.
Nonmedical transportation (NMT) for behavioral health parent/guardian	For members ages 18 and younger, 4 in-state round trips (8 in-state, 1-way trips) per month for members' parent and/or guardian to visit members while in a behavioral health residential setting or a statewide inpatient psychiatric program (SIPP). Excludes members' parents and guardians who have their own means of transportation. Members pay nothing.
NMT for social needs	Members ages 18 and older, up to 6 round trips (12, 1-way trips) up to 30 miles for NMT per year to locations such as job/vocational training, social support groups, wellness classes, Women, Infants and Children (WIC) and Supplemental Nutrition Assistance Program (SNAP) appointments, and food banks This benefit also offers transportation to locations providing social benefits and community integration for members, such as community and neighborhood centers, parks, recreation areas, and churches. Members pay nothing.
Nursing facility transition assistance	Humana Healthy Horizons offers a nursing facility transition benefit to help the family of a child living in a nursing facility to bring their child home. The benefit will provide assistance to the child and their family to help overcome barriers preventing the child from living at home. This benefit is available for individuals who currently reside in a nursing facility and are either younger than 21 years old or under 30 years old and have been living in a nursing facility before turning 21 years old. The nursing facility transition benefit may include the following: • Home renovations • Purchase of a generator to provide power to medical equipment during outages • Home additions to give the child space for all necessary medical equipment and care needs

Benefit/service	Description
	• Addition of an accessible bathroom • Adaptations to or purchase of a vehicle equipped to meet the child's transportation needs • Deposits to help with the transition (e.g., rental security deposits, move-in fees) • Home repairs or services to ensure a healthy living space • Funding to help with moving costs Eligible members may receive up to $50,000 to assist with the transition to their home. This benefit is once per lifetime. Members pay nothing.
Occupational therapy for adults	Adult members ages 21 and older are covered for: • 1 evaluation/reevaluation per year • Up to 7 therapy units per week • Application of casting or strapping: Members who have been evaluated by an occupational therapist may receive a maximum of 3 casting or strapping services per week per their treatment plan. Services must be clinically indicated, evidence-based and not experimental. • Wheelchair evaluation and fitting by an occupational therapist: If members have a change in their medical condition, they may receive up to 5 wheelchair evaluations and/or fittings by an occupational therapist every 5 years. Members pay nothing.
Over-the-counter (OTC) medications and supplies	$50 per month allowance enables households to support commonly occurring conditions by purchasing products such as: • Pain relievers • Diaper rash cream • Cough and cold relief medicine • First aid equipment that does not require a prescription Unused amounts do not roll over to the next month. Members pay nothing.

Benefit/service	Description
Pathway licensure and/or certification	Pathway members ages 16 and older, who are participating in Humana's workforce management program, may receive financial assistance with covering the cost of professional licensure and/or certification for the following professions: • Licensed practical nurse—up to $105 (Department of Health) • Barber—up to $155 (Department of Business and Professional Regulation) • Cosmetology—up to $55 (Department of Business and Professional Regulation) • Child care home license—up to $75 (Department of Children and Families) Members must submit evidence they completed the education and/or training required by profession. Allowance is limited to once per year. Members pay nothing.
Physical therapy for adults	Adult members ages 21 and older are covered for: • 1 evaluation/reevaluation per year • Up to 7 therapy units per week • Application of casting or strapping: Members who have been evaluated by a physical therapist may receive a maximum of 3 casting or strapping services per week per their treatment plan. Services must be clinically indicated, evidence-based and not experimental. • Wheelchair evaluation and fitting by a physical therapist: If members have a change in their medical condition, they may receive up to 5 wheelchair evaluations and/or fittings by a physical therapist every 5 years. Members pay nothing.
Post-discharge meal	14 refrigerated home-delivered meals following discharge from an inpatient or residential facility No limit on the number of discharges per year Members pay nothing.
Respiratory therapy for adults	Adult members ages 21 and older are covered for: • 1 evaluation/reevaluation per year • 1 therapy treatment per day Members pay nothing.
Respite services for members on home- and community-based services (HCBS) waiver waiting list	Members with a caregiver who are on a waiver waiting list for HCBS may be eligible for up to 60 hours of respite services per year. Members must not live in a residential or nursing facility. Members pay nothing.

Benefit/service	Description
Respite services for medically complex children	Members ages 20 and younger may be eligible for up to 240 hours of respite services per year to afford temporary relief to family caregivers. Respite care services are provided on a short-term basis as temporary support to the recipient's family. It may be provided in the absence of or for relief of the recipient's family. Respite care may be used to meet a range of recipient needs. These include: • Family emergencies • Planned absences (e.g., vacations, hospitalizations, business trips) • Relief from the stresses of caregiving • Giving the child respite from the child's family Respite care may be provided in the recipient's home, place of residence or nursing facility. Members must first exhaust services covered through HCBS waivers in which they are enrolled. Members pay nothing.
Return-to-home meals for families of nursing facility children	Home-delivered meals for the families of nursing facility members up to age 30, if they began living in a nursing facility before reaching age 21, when transitioning to the home Members may receive up to 2 meals per day for 1 week. Family members must primarily reside in the member's home. Members pay nothing.
Smartphone service	Smartphones can provide easy access to health-related information and enable members to stay connected to their care team and health plan. Humana Healthy Horizons members who qualify for the Federal Lifeline program are eligible to receive a free smartphone with monthly talk minutes, text and data. Members pay nothing.
Sports physical	1 sports physical per year for members ages 6-18 Members pay nothing.
Swimming lessons (drowning prevention)	Members up to age 21 are covered for swimming lessons up to $200 a year. This is limited to 1,000 members per year. Members will be refunded.

Benefit/service	Description
Transition assistance deposit for nursing facility children	Members up to age 30, if they began living in a nursing facility before reaching age 21, may be eligible to receive up to $1,500 per lifetime to assist with identifying, coordinating, securing or funding 1-time services and modifications necessary to enable a person to establish a basic household that do not constitute room and board. Examples include: • Security deposits required to obtain a lease on an apartment or home • Coverage for utilities including set-up fees or deposits, first month coverage, or back payments • First month's and last month's rent as required by landlord for occupancy or housing maintenance • Services necessary for the individual's health and safety (e.g., pest eradication) Services must be identified as reasonable and necessary in the members' individualized housing. Members must first exhaust services covered through HCBS waivers in which they are enrolled. Members pay nothing.
Therapy for families of nursing facility children	Family of nursing facility members, up to age 30 if they began living in a nursing facility before reaching age 21, transitioning to the home may receive individual/group therapy as needed 3 months prior to and up to 1 year after transition. Family members must primarily reside in the member's home. Members pay nothing.
Waived copayments	No copays on any services for adult members ages 21 and older
Youth academic support	Access to online tutoring services up to 2 hours per week, as well as ACT/SAT test preparation, for members ages 5–19 Members pay nothing.

Serious mental illness (SMI) plan expanded benefits

Benefit/Service	Description
Adult additional primary care services	Nonpregnant adult members ages 21 and older, unlimited primary care provider visits Members pay nothing.
Adult visual aid services	Adult members ages 21 and older, the plan covers 1 eye exam a year and 1 of the following: • 1 set of frames per year • A 6-month supply of contact lenses with a provider's prescription Members pay nothing unless they select luxury frames that cost over $75.
Baby and Me meals	Up to 2 precooked, home-delivered meals per day for 10 weeks for pregnant members who are high risk Members pay nothing.

Benefit/Service	Description
Behavioral health housing assistance	Members ages 18 and older who are homeless, at imminent risk of becoming homeless, or who are transitioning from a behavioral health inpatient or residential facility without stable housing in the community may be eligible for housing assistance up to $2,500 once per lifetime. **Member must:** • Meet the Housing and Urban Development (HUD) definition of homeless: literally homeless, imminent risk of homelessness, homeless under other federal statutes, or fleeing or attempting to flee domestic violence • Be engaged in either Humana Healthy Horizons' care management program, a targeted case management program within the community or a program with a community housing case manager • Be engaged with a plan housing specialist, housing provider and/or local continuum of care • Be able to continue paying for their living expenses upon award of this 1-time benefit • Voluntarily consent to housing assistance • Be ambulatory or able to self-transfer from wheelchair to bed and back if needed • Not exhibit severe suicidal, homicidal or acute mood symptoms/thought disorder, not be in imminent danger of harm to self or others, and not require more intensive levels of care Members pay nothing.
Convertible car seat or portable crib	Pregnant members who enroll and actively participate in our HumanaBeginnings care management program and complete a comprehensive assessment and at least 1 follow-up call with a HumanaBeginnings care manager can select 1 convertible car seat or portable crib per infant, per pregnancy. Members pay nothing.
Criminal expungement services	Members ages 18 and older can receive reimbursement of up to $75 for criminal record expungement, as allowed per the Florida Department of Law Enforcement Seal and Expunge process, per lifetime. Members will be refunded.
Day trip—meal reimbursement/ allowance	Adult members ages 21 and older, up to $1,000 a year ($200 daily limit) for medical trips more than 100 miles from home Members will be refunded.

Benefit/Service	Description
Disaster preparedness meals	1 box of 14 shelf-stable meals before or after a natural disaster, twice annually • Member must not live in a residential or nursing facility. • The governor must declare the disaster for the member to be eligible for the meals. Members pay nothing.
Doula services	Doula assistance to provide emotional and physical support to the laboring mother and her family: • 5 prenatal visits • 1 birth coaching assistance during vaginal delivery • 3 postpartum visits Members pay nothing.
Durable medical equipment services and supplies	Adult members ages 21 and older who are under care management with blood pressure monitoring included in their care plan may receive 1 digital blood pressure cuff every 3 years. Members pay nothing.
Expanded prenatal/perinatal services	For members ages 10-59, the plan covers: • 14 prenatal visits for low-risk pregnancies and 18 prenatal visits for high-risk pregnancies • 3 postpartum visits within 90 days of delivery • 1 wellness visit between 90 days and 12 months following delivery in preparation to transition members back to their primary care medical home • Nonhospital-grade breast pump—1 per 2 years, rental • Hospital-grade breast pump—1 rental per year Members pay nothing.
Financial literacy coaching	Members ages 16 and older, up to 6 life coaching sessions for money management and budgeting Members pay nothing.
GED testing	For members ages 16 and older, GED test preparation assistance, including a bilingual advisor, access to guidance and study materials, and unlimited use of practice tests Test preparation assistance, including tutoring, is provided virtually to allow maximum flexibility for members. Also includes test-pass guarantee to provide members multiple attempts at passing the test. Members pay nothing.

Benefit/Service	Description
Hearing services for adults	Members are covered for medically necessary hearing screenings and diagnostic testing. Adult members ages 21 and older, the plan covers: • 1 hearing aid assessment, fitting, checking and evaluation every 2 years • 1 in-ear monaural hearing aid and dispensing fee per ear, each year • 1 hearing aid, all other types, and dispensing fee per ear, every 2 years Call HearUSA at 877-664-9353 for a hearing provider. Members pay nothing.
Home-delivered meals	Members ages 18 and older, 14 meals delivered to their home once per year Members pay nothing.
Home-based asthma interventions	Adult asthmatic members ages 21 and older in our care management or disease management programs can receive an allowance up to $250 per year for allergen-free bedding and/or an air purifier. Members pay nothing.
Hospital services—outpatient	Adult members ages 21 and older, no dollar limit on services Members pay nothing.
Housing assistance	Members ages 18 and older up to $500 per household per year (unused allowance does not roll over to the next year) to assist with the following housing expenses: • Apartment rent or mortgage payment (late payment notice required) • Utility payment for electric, water, gas or internet (late payment notice required) • Trailer park and lot rent if this is their permanent residence (late payment notice required) • Moving expenses via licensed moving company when transitioning from a public housing authority **Requirements:** • Members must not live in a residential facility or nursing facility. • Funds will not be paid directly to members. • If the bill is in the spouse's name, a marriage certificate may be submitted as proof. Members pay nothing.
Humana tranquility goods	Members ages 6–18 can receive supplies to calm the impact of trauma including a sound machine, light therapy products or weighted pillow/blankets once per year. Members can qualify through the following events/diagnoses: Children/adolescents with an emotional and/or behavioral diagnosis (e.g., acute stress disorder, disinhibited social engagement disorder, adjustment disorder, unclassified and unspecified trauma disorder, reactive attachment disorder, PTSD). Members pay nothing.

Benefit/Service	Description
Maternal and infant virtual care	Pregnant members and new moms up to 1 year postpartum can access a certified lactation consultant via appointment through a video-enabled call routing system. Members pay nothing.
NMT for behavioral health parent/ guardian	For members ages 18 and younger, 4 in-state round trips (8 in-state, 1-way trips) per month for members' parent and/or guardian to visit members while in a behavioral health residential setting or a statewide inpatient psychiatric program (SIPP). Excludes members' parents and guardians who have their own means of transportation. Members pay nothing.
NMT for social needs	For members ages 18 and older, up to 6 round trips (12, 1-way trips) up to 30 miles for NMT per year to locations such as job/vocational training, social support groups, wellness classes, WIC and SNAP appointments, and food banks This benefit also offers transportation to locations providing social benefits and community integration for members such as community and neighborhood centers, parks, recreation areas, and churches. Members pay nothing.
Nursing facility transition assistance	Humana Healthy Horizons offers a nursing facility transition benefit to help the family of a child living in a nursing facility to bring their child home. The benefit will provide assistance to the child and their family to help overcome barriers preventing the child from living at home. This benefit is available for individuals currently residing in a nursing facility and either younger than 21 years old or younger than 30 and have been living in a nursing facility before turning 21. The nursing facility transition benefit may include the following: • Home renovations • Purchase of a generator to provide power to medical equipment during outages • Home additions to give the child space for all necessary medical equipment and care needs • Addition of an accessible bathroom • Adaptations to or purchase of a vehicle equipped to meet the child's transportation needs • Deposits to help with the transition (like rental security deposits or move-in fees) • Home repairs or services to ensure a healthy living space • Funding to help with moving costs Eligible members may receive up to $50,000 to assist with the transition to their home. This benefit is once per lifetime. Members pay nothing.

Benefit/Service	Description
Occupational therapy for adults	Adult members ages 21 and older are covered for: • 1 evaluation/reevaluation per year • Up to 7 therapy units per week • Application of casting or strapping: Members who have been evaluated by an occupational therapist may receive a maximum of 3 casting or strapping services per week per their treatment plan. Services must be clinically indicated, evidence-based and not experimental. • Wheelchair evaluation and fitting by an occupational therapist: If members have a change in their medical condition, they may receive up to 5 wheelchair evaluations and/or fittings by an occupational therapist every 5 years. Members pay nothing.
OTC medications and supplies	$50 per month allowance enables households to support commonly occurring conditions by purchasing products such as: • Pain relievers • Diaper rash cream • Cough and cold relief medicine • First aid equipment that does not require a prescription Unused amounts do not roll over to the next month. Members pay nothing.
Pathway licensure and/or certification	Pathway members ages 16 and older who are participating in Humana's workforce management program may receive financial assistance with covering the cost of professional licensure and/or certification for the following professions: • Licensed practical nurse—up to $105 (Department of Health) • Barber—up to $155 (Department of Business and Professional Regulation) • Cosmetology—up to $55 (Department of Business and Professional Regulation) • Child care home license—up to $75 (Department of Children and Families) Member must submit evidence they completed the education and/or training required by the profession. Allowance is limited to once per year. Members pay nothing.

Benefit/Service	Description
Physical therapy for adults	Adult members ages 21 and older are covered for: • 1 evaluation/reevaluation per year • Up to 7 therapy units per week • Application of casting or strapping: Members who have been evaluated by a physical therapist may receive a maximum of 3 casting or strapping services per week per their treatment plan. Services must be clinically indicated, evidence-based and not experimental. • Wheelchair evaluation and fitting by a physical therapist: If members have a change in their medical condition, they may receive up to 5 wheelchair evaluations and/or fittings by a physical therapist every 5 years. Members pay nothing.
Post-discharge meal	14 refrigerated home-delivered meals following discharge from an inpatient or residential facility No limit on the number of discharges per year Members pay nothing.
Respiratory therapy for adults	Adult members ages 21 and older are covered for: • 1 evaluation/reevaluation per year • 1 therapy treatment per day Members pay nothing.
Smartphone service	Smartphones can provide easy access to health-related information and enable members to stay connected to their care team and health plan. Humana Healthy Horizons members who qualify for the Federal Lifeline program are eligible to receive a free smartphone with monthly talk minutes, text and data. Members pay nothing.
Sports physical	1 sports physical per year for members ages 6–18 Members pay nothing.
Swimming lessons (drowning prevention)	Members up to age 21 are covered for swimming lessons up to $200 a year. This is limited to 1,000 members per year. Members will be refunded.
Waived copayments	No copays on any services for adult members ages 21 and older
Youth academic support	Access to online tutoring services up to 2 hours per week as well as ACT/SAT test preparation for members ages 5–19 Members pay nothing.

HIV/AIDS plan expanded benefits

Benefit/Service	Description
Adult additional primary care services	Nonpregnant adult members ages 21 and older, unlimited primary care provider visits Members pay nothing.
Adult visual aid services	For adult members ages 21 and older, the plan covers 1 eye exam per year and one of the following: • 1 set of frames a year • A 6-month supply of contact lenses with a provider's prescription Members pay nothing unless they select luxury frames that cost over $75.
Baby and Me meals	Up to 2 precooked, home-delivered meals per day for 10 weeks for pregnant members who are high risk Members pay nothing.
Convertible car seat or portable crib	Pregnant members who enroll and actively participate in our HumanaBeginnings care management program and complete a comprehensive assessment and at least 1 follow-up call with a HumanaBeginnings care manager can select 1 convertible car seat or portable crib per infant, per pregnancy. Members pay nothing.
Criminal expungement services	Members ages 18 and older can receive reimbursement of up to $75 for criminal record expungement, as allowed per the Florida Department of Law Enforcement Seal and Expunge process per lifetime. Members will be refunded.
Day trip—meal reimbursement/ allowance	Adult members ages 21 and older, up to $1,000 a year ($200 daily limit) for medical trips more than 100 miles from home Members will be refunded.
Disaster preparedness meals	1 box of 14 shelf-stable meals before or after a natural disaster, twice annually • Member must not live in a residential or nursing facility. • The governor must declare the disaster for the member to be eligible for the meals. Members pay nothing.
Doula services	Doula assistance to provide emotional and physical support to the laboring mother and her family: • 5 prenatal visits • 1 birth coaching assistance during vaginal delivery • 3 postpartum visits Members pay nothing.

Benefit/Service	Description
Durable medical equipment services and supplies	Adult members ages 21 and older who are under care management with blood pressure monitoring included in their care plan may receive 1 digital blood pressure cuff every 3 years. Members pay nothing.
Expanded prenatal/perinatal services	For members ages 10–59, the plan covers: • 14 prenatal visits for low-risk pregnancies and 18 prenatal visits for high-risk pregnancies • 3 postpartum visits within 90 days of delivery • 1 wellness visit between 90 days and 12 months following delivery in preparation to transition members back to their primary care medical home • Nonhospital-grade breast pump—1 per 2 years, rental • Hospital-grade breast pump—1 rental per year Members pay nothing.
Financial literacy coaching	Members ages 16 and older, up to 6 life coaching sessions for money management and budgeting Members pay nothing.
GED testing	For members ages 16 and older, GED test preparation assistance, including a bilingual advisor, access to guidance and study materials, and unlimited use of practice tests. Test preparation assistance, including tutoring, is provided virtually to allow maximum flexibility for members. Also includes test-pass guarantee to provide members multiple attempts at passing the test. Members pay nothing.
Hearing services for adults	Members are covered for medically necessary hearing screenings and diagnostic testing. Adult members ages 21 and older, the plan covers: • 1 hearing aid assessment, fitting, checking and evaluation every 2 years • 1 in-ear monaural hearing aid and dispensing fee per ear each year • 1 hearing aid, all other types, and dispensing fee per ear every 2 years Call HearUSA at 877-664-9353 for a hearing provider. Members pay nothing.
Home-delivered meals	Members ages 18 and older, 14 meals delivered to their home once per year Members pay nothing.
Home-based asthma interventions	Adult asthmatic members ages 21 and older in our care management or disease management programs can receive an allowance up to $250 per year for allergen-free bedding and/or an air purifier. Members pay nothing.
Hospital services—outpatient	Adult members ages 21 and older, no dollar limit on services Members pay nothing.

Benefit/Service	Description
Housing assistance	Members ages 18 and older, up to $500 per household per year (unused allowance does not roll over to the next year) to assist with the following housing expenses: • Apartment rent or mortgage payment (late payment notice required) • Utility payment for electric, water, gas or internet (late payment notice required) • Trailer park and lot rent if this is their permanent residence (late payment notice required) • Moving expenses via licensed moving company when transitioning from a public housing authority **Requirements:** • Member must not live in a residential facility or nursing facility. • Funds will not be paid directly to members. • If the bill is in the spouse's name, a marriage certificate may be submitted as proof. Members pay nothing.
Humana tranquility goods	Members ages 6–18 can receive supplies to calm the impact of trauma including a sound machine, light therapy products or weighted pillow/blankets once per year. Members can qualify through the following events/diagnoses: Children/adolescents with an emotional and/or behavioral diagnosis (e.g., acute stress disorder, disinhibited social engagement disorder, adjustment disorder, unclassified and unspecified trauma disorder, reactive attachment disorder, PTSD). Members pay nothing.
Maternal and infant virtual care	Pregnant members and new moms up to 1 year postpartum can access a certified lactation consultant via appointment through a video-enabled call routing system. Members pay nothing.
Newborn circumcision	The male baby is covered once per lifetime for members ages 0–28 days old. Members pay nothing.
NMT for social needs	Members ages 18 and older, up to 6 round trips (12, 1-way trips) up to 30 miles for NMT per year to locations such as job/vocational training, social support groups, wellness classes, WIC and SNAP appointments, and food banks This benefit also offers transportation to locations providing social benefits and community integration for members such as community and neighborhood centers, parks, recreation areas, and churches. Members pay nothing.

Benefit/Service	Description
Nursing facility transition assistance	Humana Healthy Horizons offers a nursing facility transition benefit to help the family of a child living in a nursing facility to bring their child home. The benefit will provide assistance to the child and their family to help overcome barriers preventing the child from living at home. This benefit is available for individuals currently residing in a nursing facility and either younger than 21 years old or younger than 30 and have been living in a nursing facility before turning 21. The nursing facility transition benefit may include: • Home renovations • Purchase of a generator to provide power to medical equipment during outages • Home additions to give the child space for all necessary medical equipment and care needs • Addition of an accessible bathroom • Adaptations to or purchase of a vehicle equipped to meet the child's transportation needs • Deposits to help with the transition (e.g., rental security deposits, move-in fees) • Home repairs or services to ensure a healthy living space • Funding to help with moving costs Eligible members may receive up to $50,000 to assist with the transition to their home. This benefit is once per lifetime. Members pay nothing.
Nutrition shakes	Members living with HIV deemed malnourished by their provider and unable to prepare meals may receive a package of 21 nutritional shakes twice per year. Members pay nothing.
Occupational therapy for adults	Adult members ages 21 and older are covered for: • 1 evaluation/reevaluation per year • Up to 7 therapy units per week • Application of casting or strapping: Members who have been evaluated by an occupational therapist may receive a maximum of 3 casting or strapping services per week per their treatment plan. Services must be clinically indicated, evidence-based and not experimental. • Wheelchair evaluation and fitting by an occupational therapist: If members have a change in their medical condition, they may receive up to 5 wheelchair evaluations and/or fittings by an occupational therapist every 5 years. Members pay nothing.

Benefit/Service	Description
OTC medications and supplies	$50 per month allowance enables households to support commonly occurring conditions by purchasing products such as: • Pain relievers • Diaper rash cream • Cough and cold relief medicine • First aid equipment that does not require a prescription Unused amounts do not roll over to the next month. Members pay nothing.
Pathway licensure and/or certification	Pathway members ages 16 and older who are participating in Humana's workforce management program may receive financial assistance with covering the cost of professional licensure and/or certification for the following professions: • Licensed practical nurse—up to $105 (Department of Health) • Barber—up to $155 (Department of Business and Professional Regulation) • Cosmetology—up to $55 (Department of Business and Professional Regulation) • Child care home license—up to $75 (Department of Children & Families) • Members must submit evidence they completed the education and/or training required by the profession. Allowance is limited to once per year. Members pay nothing.
Physical therapy for adults	Adult members ages 21 and older are covered for: • One evaluation/reevaluation per year • Up to 7 therapy units per week • Application of casting or strapping: Members who have been evaluated by a physical therapist may receive a maximum of 3 casting or strapping services per week per their treatment plan. Services must be clinically indicated, evidence-based and not experimental. • Wheelchair evaluation and fitting by a physical therapist: If members have a change in their medical condition, they may receive up to 5 wheelchair evaluations and/or fittings by a physical therapist every 5 years. Members pay nothing.
Post-discharge meal	14 refrigerated home-delivered meals following discharge from an inpatient or residential facility No limit on the number of discharges per year Members pay nothing.

Benefit/Service	Description
Respiratory therapy for adults	Adult members ages 21 and older are covered for: • 1 evaluation/reevaluation per year • 1 therapy treatment per day Members pay nothing.
Smartphone service	Smartphones can provide easy access to health-related information and enable members to stay connected to their care team and health plan. Humana Healthy Horizons members who qualify for the Federal Lifeline program are eligible to receive a free smartphone with monthly talk minutes, text and data. Members pay nothing.
Sports physical	1 sports physical per year for members ages 6–18. Members pay nothing.
Swimming lessons (drowning prevention)	Members up to age 21 are covered for swimming lessons up to $200 a year. This is limited to 1,000 members per year. Members will be refunded.
Virtual exercise classes	Members living with HIV can access virtual fitness classes including over 1,000 on-demand classes across multiple exercise modalities including high-intensity interval training (HIIT), core-strength, cycling, yoga and other specialty fitness classes. Classes will be offered in a wide variety of intensities and class lengths (from 5 minutes to 60 minutes) to help members achieve their health and wellness goals. The digital fitness content will include adaptive workouts and classes suitable for those with chronic conditions and mobility challenges. This virtual offering will improve accessibility of exercise programming and address barriers (transportation, mobility, etc.) that may prevent members from engaging in in-person fitness. Members pay nothing.
Waived copayments	No copays on any services for adult members ages 21 and older
Youth academic support	Access to online tutoring services up to 2 hours per week, as well as ACT/SAT test preparation for members ages 5–19 Members pay nothing.

Long-term care (LTC) plan expanded benefits

Benefit/Service	Description
Adult visual aid services	Adult members ages 21 and older, the plan covers 1 eye exam per year and 1 of the following: • 1 set of frames per year • A 6-month supply of contact lenses with a provider's prescription Members pay nothing unless they select luxury frames that cost over $75.
Assisted living facility—bed hold expansion	For members ages 18 and older, their bed will be saved for up to 30 days each time they leave an assisted living facility (ALF) or adult family care home (AFCH). • Members must plan to go back to the ALF/AFCH. • Members must pay their room and board and share of payments when they are away. • Members must live in the ALF/AFCH for at least 30 days between each time they leave. • The ALF/AFCH must tell Humana Healthy Horizons members have left within 24 hours. Members pay nothing.
Assisted living facility—move-in basket	Members ages 18 and older and currently living in an ALF or those who transition/move into an ALF Members can pick between 2 baskets: • Basket 1: An insulated tumbler, rainbow medication tray and plush sherpa home throw blanket inside a clear casual tote bag • Basket 2: A bottle holder, green carabiner, copper vacuum insulated bottle, Arctic Zone thermal copper mug and a domino set inside a black tote bag Members pay nothing.
Behavioral health—individual therapy sessions to caregivers	As needed, for family caregivers of members ages 18 and older Members pay nothing.
Day trip—meal reimbursement/ allowance	Adult members ages 21 and older, up to $1,000 a year ($200 daily limit) for medical trips more than 100 miles from home Members will be refunded.
Durable medical equipment services and supplies	Adult members ages 21 and older who are under care management with blood pressure monitoring included in their care plan may receive 1 digital blood pressure cuff every 3 years. Members pay nothing.

Benefit/Service	Description
Fall prevention kit	Members ages 18 and older who are at risk for falls may receive a fall prevention kit once per lifetime. Kit contains: • Nonslip socks • Reacher/grabber • Bath mat • Stair treads Member must not reside in a residential facility or nursing facility. Members pay nothing.
Hearing services for adults	Members are covered for medically necessary hearing screenings and diagnostic testing. Adult members ages 21 and older, the plan covers: • 1 hearing aid assessment, fitting, checking and evaluation every 2 years • 1 in-ear monaural hearing aid and dispensing fee per ear annually • 1 hearing aid, all other types, and dispensing fee per ear every 2 years Call HearUSA at 877-664- 9353 for a hearing provider Members pay nothing.
Hospital services—outpatient	Adult members ages 21 and older, no dollar limit on services Members pay nothing.
NMT for LTC	For adult members ages 21 and older, this benefit covers 2 round-trip services per month. The trips must be within their local area. This benefit is for members who live in a home- or community-based setting. Members pay nothing.
OTC medications and supplies	$50 per month allowance enables households to support commonly occurring conditions by purchasing products such as: • Pain relievers • Diaper rash cream • Cough and cold relief medicine • First aid equipment that do not require prescriptions Unused amounts do not roll over to the next month. Members pay nothing.
Smartphone service	Smartphones can provide easy access to health-related information and enable members to stay connected to their care team and health plan. Humana Healthy Horizons members who qualify for the Federal Lifeline program are eligible to receive a free smartphone with monthly talk minutes, text and data. Members pay nothing.

Benefit/Service	Description
Support to stay in community living	$1,000 allowance to support LTC members ages 18 and older to remain in their home or transition into an ALF once per lifetime Approved expenses may include utilities (e.g., gas, water, electric), internet, furniture or rent with a long-term financial plan. **Members must meet the following criteria:** • Members must live in the community and be at risk for long-term institutional placement. • Members must live alone or with spouse (other living situations may be approved on a case-by-case basis upon care manager review). • Members must show proof of potential loss of dwelling or risk of losing home due to inability to pay utilities, late bills/disconnection notices, etc. • Benefit allowed only for items that place member at risk for custodial placement. • Benefit cannot be used concurrently with SMI specialty housing assistance benefit. Members pay nothing.
Transition assistance into community living	Members ages 18 and older who are moving from a nursing facility into their own home may receive up to up to $5,000 per lifetime. • This serves as assistance for paying security and utility deposits, household furnishings/supplies, and moving expenses. • Members must be responsible for their own living expenses. Members pay nothing.
Waive copayments	No copays on any services for members ages 21 and older