# HumanaDental Advantage Plus 4D Plan with Ortho

## Use your HumanaDental benefits

The HumanaDental Advantage Plus D plan has you covered for any circumstance. Whether you simply need quality routine dental care or unexpected dental treatment, you know what to expect.

- No deductibles
- · No claims to file
- No need to choose a primary care dentist

#### Know what your plan covers

Attached is a summary of HumanaDental Advantage Plus D plan benefits which are described in detail in your certificate. You can find your certificate at **Humana.com** or call 1-800-979-4760. Here's what you can expect:

- You have the freedom to select any participating dentist. To select a dental provider from our Advantage Plus network, simply visit **Humana.com**. Once there, you can also check your benefits, email us and get a new or temporary ID card. If you prefer, contact us at 1-800-979-4760.
- Life without claim forms! With HumanaDental Advantage Plus D plan you pay your dentist directly, when applicable.
- Your Advantage Plus network dentist will provide all of your dental care and any copayment or discounted charges will be paid at the time of service. Except for emergency care, treatment received out-of-network in not covered.
- If you need a specialty dentist, you may receive up to a 25 percent discount by using certain participating specialty dentists from our network. Visit Humana.com to find a participating specialist.

# Choose HumanaDental benefits

### Be healthy

Good oral health means more than just an attractive smile. Research shows that oral health, preventive care and regular visits to the dentist is integral to overall health. For example, the Academy of General Dentistry says there is a link between gum disease and heart problems, and the American Academy of Periodontology says severe gum disease can increase blood sugar, increasing the risk among diabetics. The HumanaDental Advantage Plus plan enables you to take better care of your teeth, and you'll pay less doing so.

# Check your dental IQ anytime

Log on to MyDentalIQ.com and take the dental risk assessment that could help trim your total healthcare costs over time. Find out how you can improve your oral and overall health. The dental health risk assessment at MyDentalIQ.com takes minutes to complete, and immediately delivers a scorecard with health tips tailored to you.



## Questions?

Check out Humana.com

Call 1-800-979-4760 anytime for the automated information line or 8 a.m. to 6 p.m. for a Customer Care specialist.

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## HumanaDental Advantage Plus 4D Plan with Ortho

Advantage Plus plans are network-based dental plans that emphasize prevention and cost containment. Members select any participating general dentist in HumanaDental's Advantage Plus network. Care received from an out-of-network dentist (except emergency care) is not a covered benefit. D plan copayments for listed procedures are applicable only at participating General Dentist. To find a dentist, call 1-800-979-4760 or look on **Humana.com**.

**Specialists services:** Should members need a specialist, (i.e., endodontist, oral surgeon, periodontist, pediatric dentist), they may be referred by a participating general dentist, or members can self-refer to any participating specialist. For HumanaDental Advantage Plus D plans members may receive up to a 25 percent discount by visiting certain participating specialists. Visit **Humana.com** to find a participating specialist.

Office visit copay	□ \$5	□ \$10	
Annual maximum ☐ \$1,000	□ \$1,500	□ \$2,000	☐ No annual maximum
Summary of	corvicos		

### Summary of services

Juili	indry or services		
Preven	-		Space maintainer—fixed, bilateral
	Periodic oral examination		(limited to child <14)
D0145	Oral evaluation for a patient under three years of age and counseling with primary	D1525	(limited to child <14) no charge Space maintainer—removable, bilateral
D0150	caregiver (limit 1 every 12 months) no cha	irge D1550	(limited to child <14) no charge Re-cement or re-bond space maintainer no charge
D0130	Comprehensive oral evaluation—new/ established patient (limit 1 every 24 months) no cho		·
D0160	Limited/comprehensive/detailed and	D24/0	Member pays
D0470	extensive oral eval (limit 1 every 12 months). no cho	irge D2140	Amalgam—one surface primary or
D0170	Re-evaluation—limited problem focused (limit 1 every 12 months) no cha	irge D2150	permanentno charge Amalgam—two surfaces primary
D0180	Comprehensive periodontal eval—new/	D24.60	or permanent
D0210	established patient (limit 1 every 24 months) no cho	irge D2160	Amalgam—three surfaces primary or permanent no charge
D0210	X-ray intraoral—complete series (limit 1 every 3 years)	D2161	Amalgam—four/more surfaces
D0220	X-ray intraoral—periapical, first radiographic image (limit 9 every 12	D2330	primary/permanent
D0230	months includes D0230) no cho X-ray intraoral—periapical, each additional	rge D2331	anteriornocharge Resin based composite—two surfaces, anteriornocharge
	radiographic image (limit 9 every 12 months includes D0220) no cho	irge D2332	Resin based composite—three
D0240 D0250	X-ray intraoral—occlusal radiographic image no cha Extra-oral – 2D projection radiographic	D2335	surfaces, anterior
	image created using a stationary radiation	D2390	surfaces, involving incisal angle no charge Resin based composite—crown anterior no charge
D0260	source, and detector no cha X-ray extraoral, each additional	D2391	Resin based composite—one surface,
D0270°		irge D2392	posterior
D0272 <sup>a</sup>	Bitewings—two radiographic images no cho Bitewings—three radiographic images no cho	ırge	Resin based composite—three surfaces,
D0274a	Bitewings—four radiographic images no cho Vertical bitewings—7 to 8 radiographic		posterior no charge Resin based composite—four or more
DUZII	images no cha	irae	surfaces, posterior no charge
D0330	Panoramic radiographic image (limit 1	D3220	Therapeutic pulpotomy no charge
D0/70	every 3 years) no cha		Root canal therapy—anterior no charge Root canal therapy—bicuspid no charge
D0470	Diagnostic casts	119 <sup>C</sup>	Root canal therapy—blcaspia
D1110 <sup>a</sup>	Prophylaxis—adult (inclusive of D4910) no cho Prophylaxis—child (inclusive of D4910) no cho	D22/6	Previous root canal therapy—anterior no charge
D11203°		D3347	Previous root canal therapy—bicuspid no charge
	Topical application of fluoride varnish (for	D3348	Previous root canal therapy—molar no charge
	child <16) no cho	D3410 D3421	Apicoectomy/periradicular surgery—anterior no charge Apicoectomy/periradicular surgery—bicuspid no charge
D1351	Sealant—per tooth (limit 1 per tooth every 12 months for child <14)no cho	D2/25	Apicoectomy/periradicular surgery—bicuspia no charge Apicoectomy/periradicular surgery—molar no charge
D1510	Space maintainer—fixed, unilateral (limited to child <14)	D3426	Apicoectomy/periradicular surgery—each addtl root no charge
		5 -	•

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D3430	Retrograde filling—per root	charae	D2610b	Inlay—porcelain/ceramic, one surface \$368.0	)()
	Gingivectomy/gingivoplasty—four or more	, c a. g c	D2620b	Inlay—porcelain/ceramic, two surfaces \$389.0	10
D-7210	tooth and	charao			,0
D/2446	teeth, quadno	charge	DZ030°	Inlay—porcelain/ceramic, three or more	
D4211°	Gingivectomy/gingivoplasty—1 to 3 teeth,			surfaces	10
	quadnc Gingival flap proc—four or more teeth, quad.nc	o charge		Onlay—porcelain/ceramic, two surfaces \$403.0	
D4240°	Gingival flap proc—four or more teeth, quad . no	o charge	D2643 <sup>b</sup>	Onlay—porcelain/ceramic, three surfaces \$434.0	)()
D4241c	Gingival flap proc—1 to 3 teeth, quad no	charae		Onlay—porcelain/ceramic, four or more	
D4249	Clinical crown lengthening – hard tissue no	charae		surfaces	)()
D4260	Osseous surgery (including elevation of a full	charge	D2650b	Inlay—resin based composite, one surface \$242.0	10
D4200					
	thickness flap and closure) – four or more			Inlay—resin based composite, two surfaces . \$288.0	10
	contiguous teeth or tooth bounded spaces		D2652°	Inlay—resin based composite, three or more	
	per quadrantnc	o charge		surfaces	)0
D4261	Osseous surgery (including elevation of a full	3	D2662 <sup>b</sup>	Onlay—resin based composite, two surfaces. \$263.0	)()
	thickness flap and closure) – one to three		D2663b	Onlay—resin based composite, three surfaces \$310.0	)()
	contiguous teeth or tooth bounded spaces		D2664b	Onlay—resin based composite, four or	
	nor augdrant		D200 <del>1</del>	more surfaces (222.0	١0
D/2/4	per quadrant no	charge	D2740b	more surfaces\$332.0	
D4341	Periodontal scaling and root planing—			Crown—resin based composite, indirect \$187.0	
	per quadrant, four or more teeth		D2720b	Crown—resin with high noble metal \$461.0	)0
	(limit 1 per quad every 12 months) no	o charge	D2721 <sup>b</sup>	Crown—resin with predominantly	
D4342	Periodontal scaling and root planing—	3		base metal\$432.0	)()
2 .0 .2	per quadrant, 1-3 teeth		D2722b	Crown—resin with noble metal \$441.0	10
	(limit 1 per quad every 12 months)no	charao		Crown—porcelain/ceramic substrate \$473.0	
D/3FF	Cull per quad every 12 months)	charge	D2750h	Crown—porcelain/cerainic substitute \$475.0	10
D4355	Full mouth debridement to enable			Crown—porcelain fused to high noble metal. \$466.0	JU
	comprehensive evaluation and diagnosis		D2/51°	Crown—porcelain fused predominantly	
	(limit 1 every 5 years)nc	o charge		base metal\$434.0	)()
D4910	Periodontal maintenance (limit 1 every 6	-	D2752 <sup>b</sup>	Crown—porcelain fused to noble metal \$445.0	)()
	months, inclusive of D1110 and D1120) no			Crown—full cast high noble metal \$450.0	
D7111	Extraction coronal remnants deciduous tooth no			Crown—full cast predominantly base metal \$426.0	
D7111	Extraction erupted tooth or exposed root no	charge	D2731	Crown—full cast noble metal \$434.0	10
					10
D7210	Surgical removal—erupted tooth no		D2910	Re-cement or re-bond inlay, onlay, veneer or	
D7220	Removal of impacted tooth—soft tissue no			partial coverage restoration \$ 41.0	
D7230	Removal of impacted tooth—partially bony . no		D2920	Re-cement or re-bond crown \$ 42.0	)()
D7240	Removal of impacted tooth—completely		D2930	Crown—prefabricated stainless steel,	
	Removal of impacted tooth—completely bonync	charae		primary tooth\$115.0	0
D7241	Remove impacted tooth—completely bony w/compnc	3	D2931	Crown—prefabricated stainless steel,	
	w/comp no	charae		permanent tooth\$131.0	)()
D7250	Surgical removal of residual tooth roots no	charge	D2932	Crown—prefabricated resin	10
D7310			D2940	Protective restoration\$ 44.0	
D/310	Alveoloplasty in conjunction w/				
D 7244	extractions—per quadnc		D2950	Core buildup including any pins	
D7311	Alveoloplasty in conjunction		D2951	Pin retention—per tooth addition restoration. \$ 23.0	
	w/extractions—1-3 teethnc	o charge	D2952	Cast post and core in addition to crown \$168.0	)0
D7320	Alveoloplasty not conjunction	-	D2954	Prefabricated post and core in addition	
	w/extractions—per quad no	charae		to crown\$139.0	0(
D7321	Alveoloplasty not conjunction	, c a. g c	D5110d	Complete denture—maxillary \$642.0	10
D/321		charao	D5110	Complete denture—mandibular \$642.0	10
D7F10	w/extractions—1-3 teethnc	charge	DC120d	Increased into denture magnificant (700.0	10
D7510	Incision and drainage of abscess—intraoral no	charge	D2130°	Immediate denture—maxillary\$700.0	10
D7520	Incision and drainage of abscess—extraoral . no			Immediate denture—mandibular \$700.0	
D7960	Frenulectomy—separate procedure no			Maxillary partial denture—resin base \$542.0	
D7970	Excision of hyperplastic tissue—per arch no	o charge	D5212 <sup>d</sup>	Mandibular partial denture—resin base \$629.0	)()
D9110	Palliative treatment dental pain—	3	D5213d	Maxillary partial denture—cast metal—resin	
	minor procedurenc	charae		base	)()
D9215	Local an acthoria	charge	D5214d	Mandibular partial denture—cast metal—	
			DJZIT		
	Local anesthesia	charge			10
D9241	Intravenous moderate (conscious) sedation/			resin base	00
	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutesno	charge	D5410°	resin base	00
D9241	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutesno Intravenous moderate (conscious) sedation/	charge	D5410 <sup>c</sup> D5411 <sup>c</sup>	resin base	)0 )0
	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutesno Intravenous moderate (conscious) sedation/	charge	D5410 <sup>c</sup> D5411 <sup>c</sup>	resin base	)0 )0
D9242	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	charge	D5410 <sup>c</sup> D5411 <sup>c</sup>	resin base	)0 )0
	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	charge charge	D5410° D5411° D5421° D5422°	resin base	00 00 00 00
D9242 D9310	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	charge charge	D5410° D5411° D5421° D5422° D5510	resin base	00 00 00 00
D9242 D9310 D9951	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	charge charge charge charge	D5410° D5411° D5421° D5422°	resin base	)0 )0 )0 )0
D9242 D9310	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	o charge o charge o charge o charge o charge	D5410° D5411° D5421° D5422° D5510 D5520	resin base	00 00 00 00 00
D9242 D9310 D9951 D9952	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	o charge o charge o charge o charge o charge	D5410° D5411° D5421° D5422° D5510 D5520	resin base	00 00 00 00 00 00
D9242 D9310 D9951 D9952 <b>Major</b>	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	charge charge charge charge	D5410° D5411° D5421° D5422° D5510 D5520 D5610 D5620	resin base	00 00 00 00 00 00
D9242 D9310 D9951 D9952 <b>Major</b> D2510 <sup>b</sup>	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	o charge o charge o charge o charge o charge o charge o charge	D5410° D5411° D5421° D5422° D5510 D5520 D5610 D5620 D5630	resin base	00 00 00 00 00 00 00
D9242 D9310 D9951 D9952 <b>Major</b> D2510b D2520b	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	o charge o charge o charge o charge o charge o charge o charge o charge o ser pays 313.00 355.00	D5410° D5411° D5421° D5422° D5510 D5520 D5610 D5620 D5630 D5640	resin base	00 00 00 00 00 00 00 00
D9242 D9310 D9951 D9952 <b>Major</b> D2510 <sup>b</sup>	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	o charge o charge o charge o charge o charge o charge o charge o charge o ser pays 313.00 355.00	D5410° D5411° D5421° D5422° D5510 D5520 D5610 D5620 D5630	resin base	00 00 00 00 00 00 00 00
D9242 D9310 D9951 D9952 Major D2510b D2520b D2530b	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	o charge o charge o charge o charge o charge o charge o charge o ser pays 313.00 355.00 410.00	D5410° D5411° D5421° D5422° D5510 D5520 D5610 D5620 D5630 D5640 D5650	resin base	00 00 00 00 00 00 00 00
D9242 D9310 D9951 D9952 <b>Major</b> D2510 <sup>b</sup> D2520 <sup>b</sup> D2530 <sup>b</sup> D2542 <sup>b</sup>	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	o charge o charge	D5410° D5411° D5421° D5422° D5510 D5520 D5610 D5620 D5630 D5640	resin base	000 000 000 000 000 000 000 000
D9242 D9310 D9951 D9952 Major D2510b D2520b D2530b	Intravenous moderate (conscious) sedation/ analgesia - first 30 minutes	o charge o c	D5410° D5411° D5421° D5422° D5510 D5520 D5610 D5620 D5630 D5640 D5650 D5660	resin base	000 000 000 000 000 000 000 000

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D5711e	Rebase complete mandibular denture	\$249.00
D5720e	Rebase maxillary partial denture	\$246.00
D5721e	Rebase mandibular partial denture	
D5730° D5731°	Reline complete maxillary denture	\$147.00
D5731°	Reline complete mandibular denture Reline maxillary partial denture	\$147.00 \$135.00
D5740 D5741e	Reline mandibular partial denture	\$135.00
D5750 <sup>e</sup>	Reline complete maxillary denture	\$196.00
D5751e	Reline complete mandibular denture	\$196.00
D5760e	Reline maxillary partial denture	\$193.00
D5761e	Reline mandibular partial denture	\$193.00
D5850	lissue conditioning maxillary	\$ 61.00
D5851 D6092	Tissue conditioning mandibular	\$ 61.00
D0092	Recement implant/abutment supported crown	\$ 42.00
D6093	Re-cement or re-bond implant/abutment	J 42.00
D0033	supported fixed partial denture	\$ 57.00
D6210 <sup>f</sup>	Pontic—cast high noble metal	
D6211 <sup>f</sup>	Pontic—cast predominantly base metal	\$404.00
D6212 <sup>f</sup>	Pontic—cast noble metal	\$420.00
D6240 <sup>f</sup>	Pontic—porcelain fused to high noble metal.	\$426.00
D6241 <sup>f</sup>	Pontic—porcelain fused predominantly base	\$393.00
D6242 <sup>f</sup>	metalPontic—porcelain fused to noble metal	\$415.00
D6245	Pontic, Porcelain/Ceramic	\$439.00
D6250 <sup>f</sup>	Pontic—resin with high noble metal	\$420.00
D6251 <sup>f</sup>	Pontic—resin with predominantly base metal	\$388.00
D6252 <sup>f</sup>	Pontic—resin with noble metal	\$400.00
D6600 <sup>f</sup>	Retainer inlay—porcelain/ceramic, two	Ċ D F F O O
D6601 <sup>f</sup>	surfaces	\$355.00
D0001	more surfaces	\$373.00
D6602 <sup>f</sup>	Retainer inlay—cast high noble metal, two	7 - 1 - 1 - 1
	surfaces	\$380.00
D6603 <sup>f</sup>	Retainer inlay—cast high noble metal, three	¢ / 1 0 00
D6604 <sup>f</sup>	or more surfaces	\$418.00
D0004	metal two surfaces	\$372.00
D6605 <sup>f</sup>	metal, two surfaces	ψ σ / <b>Ξ</b> .ιο σ
	metal, three or more surfaces	\$394.00
D6606 <sup>f</sup>	Retainer inlay—cast noble metal, two	¢2.00.00
D6607 <sup>f</sup>	surfaces	\$366.00
D0007	Retainer inlay—cast noble metal, three or more surfaces	\$406.00
D6608 <sup>f</sup>	Retainer onlay—porcelain/ceramic, two	ŷ 100.00
	surfaces	\$386.00
D6609 <sup>f</sup>	Retainer onlay—porcelain/ceramic, three or	4.00.00
DCC10f	more surfaces	\$403.00
D6610 <sup>f</sup>	Retainer onlay—cast high noble metal, two surfaces	\$409.00
D6611 <sup>f</sup>	Retainer onlay—cast high noble metal,	J+0J.00
DOOTI	three or more surfaces	\$448.00
D6612 <sup>f</sup>	Retainer onlay—cast predominantly base	
D C C 4 2 f	metal, two surfaces	\$407.00
D6613 <sup>f</sup>	Retainer onlay—cast predominantly base metal, three or more surfaces	\$426.00
D6614 <sup>f</sup>	Retainer onlay—cast noble metal, two	3420.00
DOOT	surfaces	\$399.00
D6615 <sup>f</sup>	Retainer onlay—cast noble metal, three or	
B 6=6 - 6	more surfaces	\$414.00
D6720 <sup>f</sup>	Retainer crown—resin with high noble metal.	\$4/4.00
D6721 <sup>f</sup>	Retainer crown—resin with predominantly	¢450.00
D6722 <sup>f</sup>	base metal Retainer crown—resin with noble metal	\$450.00 \$458.00
D6740 <sup>f</sup>	Retainer crown—porcelain/ceramic	
D6750 <sup>f</sup>	Retainer crown—porcelain fused to high	
	noble metal	\$486.00

D6751 <sup>f</sup>	Retainer crown—porcelain fused to predominantly base metal
D6752 <sup>f</sup>	Retainer crown—porcelain fused to noble
	metal\$464.00
D6780 <sup>f</sup>	Retainer crown—3/4 cast high noble metal \$458.00
D6790 <sup>f</sup>	Retainer crown—full cast high noble metal \$469.00
D6791 <sup>f</sup>	Retainer crown—full cast predominantly
	base metal\$445.00
D6792 <sup>f</sup>	Retainer crown—full cast noble metal \$461.00
D6930 <sup>f</sup>	Re-cement or re-bond fixed partial denture \$ 57.00

#### **Orthodontics** Member pays D8070 Comprehensive Orthodontic treatment of the transitional/adolescent dentition; Children up to 19 years of age; Up to 24 months of routine orthodontic treatment for Class I and Class II cases Consultation ......no charge Evaluation \$35.00 Records/Treatment Planning \$250.00 Orthodontic treatment \$2100.00 D8080 Comprehensive Orthodontic treatment of the transitional/adolescent dentition; Children up to 19 years of age; Up to 24 months of routine orthodontic treatment for Class I and Class II cases Consultation ......no charge Evaluation \$ 35.00 Records/Treatment Planning \$ 250.00 Orthodontic treatment \$ 2100.00 D8090 Comprehensive Orthodontic treatment of the transitional/adult dentition; Adults 19 years of age and older; Up to 24 months of routine orthodontic treatment for Class I and Class II cases. Consultation ......no charge Evaluation \$ 35.00 Records/Treatment Planning \$ 250.00 Orthodontic treatment \$2300.00 Retention \$ 450.00 D8680

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- a Limit of one every six months
- b Limit one per tooth every eight years
- c Limit one every 12 months
- d Limit one every five years
- e Limit of one every three years
- f Limit of one every eight year

#### Note

- Your participating general dentist and participating specialist office visit co-payment amounts, if applicable, are shown on your I.D. card.
- Your office visit co-payment is applicable for all dates of service and is in addition to the co-payment amounts listed for covered dental care services.
- Not all participating dentists perform all listed procedures, including amalgams. Please consult your dentist prior to treatment for availability of services.
- Unlisted procedures may be eligible to receive up to a 25% discount. Members may contact their participating provider to determine if any discounts apply. Visit **Humana.com** to find a participating dentist.
- Additional exclusions and limitations are listed along with full plan information in your Certificate of Benefits.

Insured or administered by The Dental Concern, Inc., CompBenefits Dental, Inc., or CompBenefits Insurance Company.



Humana.com

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**Notice of Non-Discrimination.** Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate or exclude people because of their race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services. Humana Inc. provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us as well as provides free language assistance services to people whose primary language is not English, including qualified sign language interpreters and written information in other formats.

If you need reasonable modifications, appropriate auxiliary aids, or language assistance services, contact Humana Inc. and its subsidiaries at **877-320-1235 (TTY: 711)**. Hours of operation: 8 a.m. – 8 p.m., Eastern time. If you believe that Humana Inc. has not provided these services or discriminated on the basis of race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services, you can file a grievance in person or by mail or email with Humana Inc.'s Non-Discrimination Coordinator at P.O. Box 14618, Lexington, KY 40512-4618, **877-320-1235 (TTY: 711)**, or **accessibility@humana.com**. If you need help filing a grievance, Humana Inc.'s Non-Discrimination Coordinator can help you.

You can also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F, HHH Building Washington, D.C. 20201. 800-368-1019, 800-537-7697 (TDD).

**California members or residents:** You may also call the California Department of Insurance toll-free hotline number, **800-927-HELP (4357)**, to file a grievance.

Auxiliary aids and services, free of charge, are available to you. 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m., Eastern time. Humana Inc. and its subsidiaries provide free auxiliary aids and services to people with disabilities when auxiliary aids and services are necessary to ensure an equal opportunity to participate. Services include qualified sign language interpreters, video remote interpretation, and written information in other formats.

**English:** Call the number above to receive free language assistance services.

Español (Spanish): Llame al número que se indica arriba para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 您可以撥打上面的電話號碼以獲得免費的語言協助服務。

Tiếng Việt (Vietnamese): Gọi số điện thoại ở trên để nhận các dịch vụ hỗ trợ ngôn ngữ miễn phí.

한국어 (Korean) 무료 언어 지원 서비스를 받으려면 위 번호로 전화하십시오.

**Tagalog (Tagalog – Filipino)** Tawagan ang numero sa itaas para makatanggap ng mga libreng serbisyo sa tulong sa wika.

Русский (Russian): Позвоните по вышеуказанному номеру, чтобы получить бесплатную языковую поддержку.

العربية (Arabic): اتصل برقم الهاتف أعلاه للحصول على خدمات المساعدة اللغوية المجانية.

**French Creole (Haitian Creole):** Kreyòl Ayisyen (French Creole) Rele nimewo ki e dike anwo a pou resevwa sèvis éd gratis nan lang.

Français (French): Appelez le numéro ci-dessus pour recevoir des services gratuits d'assistance linguistique.

**Polski (Polish)** Aby skorzystać z bezpłatnej pomocy językowej, należy zadzwonić pod wyżej podany numer.

Português (Portuguese): Lique para o número acima para receber serviços gratuitos de assistência no idioma.

Italiano (Italian) Chiamare il numero sopra indicato per ricevere servizi di assistenza linguistica gratuiti.

日本語 (Japanese): 無料の言語支援サービスを受けるには、上記の番号までお電話ください。

**Deutsch (German):** Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

فارسی (Farsi): برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

हिंदी (Hindi): भाषा सहायता सेवाएं मुफ्त में प्राप्त करने के लिए ऊपर के नंबर पर कॉल करें।

**իայերեն (Armenian)։** Չանգահարեբ վերը նշված հեռախոսահամարով` անվճար լեզվական օգնության ծառայություններ ստանալու համար։

ગુજરાતી (Gujarati): મફત ભાષા સહાય સેવાઓ મેળવવા માટે ઉપર આપેલા નંબર પર કૉલ કરો.

**Hmoob (Hmong)** Hu rau tus xov tooj saum toj sauv kom tau txais kev pab txhais lus dawb.