Humana's dental plans may help improve your overall health

At Humana we want to help take care of you. Dental health is an important part of your overall well-being, and Humana's dental benefits help make it easy to make your dental care a priority. When you sign up for a Humana dental plan, you're signing up for a healthier you.

Regular dental exams can help prevent:

Other reasons a Humana dental plan will make you smile:

If you've never bought dental insurance before, **you may be pleasantly surprised at the monthly cost.**

Preventive dental care, such as check-ups and cleanings, helps stop issues before they start – saving you time and money in the long run. And when you use an in-network dentist, **preventive care is at no additional cost to you.**

It's easy to find a dentist near home, work – or away. With more than 143,000 unique dentists nationwide you'll have plenty of in-network dentists to choose from. This means you'll save on dental care costs when you visit an in-network dentist.

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Humana group dental plans are insured, offered, or administered by Humana Insurance Company, HumanaDental Insurance Company, The Dental Concern, Inc., Humana Employers Health Plan of Georgia, Inc., Humana Health Benefit Plan of Louisiana, Inc., Humana Insurance Company of New York, Humana Medical Plan of Utah, Inc., Humana Health Plan of Ohio, Inc., CompBenefits Company, or offered by DentiCare, Inc. (d/b/a CompBenefits). In Arizona, group dental plans are insured by Humana Insurance Company. For Colorado or West Virgnia: The Network Access Plan, which describes an access plan specific to your network, is available by calling the customer service number found on your Humana Dental ID card and requesting a copy. In New Mexico, group dental plans are insured by Humana Insurance Company. In Texas, group dental plans are insured by Humana Insurance Company or offered by DentiCare, Inc. (d/b/a CompBenefits).

In California, DHMO/Prepaid plans offered by LIBERTY Dental Plan of California, Inc. and administered by HumanaDental Insurance Company. In Colorado, DHMO/Prepaid plans Alpha Dental Plan is offered by Beta Health Association, Inc. and administered by HumanaDental Insurance Company. In Ohio, DHMO/Prepaid plans offered by Humana Health Plan of Ohio, Inc. In D.C., Delaware, Maryland, New Jersey, Pennsylvania and Virginia, DHMO/Prepaid plans offered by Dominion National Dental plans underwritten by Dominion Dental Services, Inc. and administered by Humana Insurance Company.

Dental PPO plans are not offered in all states.

For New Mexico: This is a limited policy. This is a dental only policy.

For Texas: This plan provides benefits for contracted and non-contracted dentists. Non-contracted dentists have not agreed to provide services at contracted fees. If a member sees a non-contracted dentist their out-of-pocket costs may be higher than that charged by contracted dentists.

This communication provides a general description of certain identified insurance or non-insurance benefits provided under one or more of our insurance benefit plans. Our insurance benefit plans have exclusions and limitations and terms under which the coverage may be continued in force or discontinued. For costs and complete details of the coverage, refer to the plan document or call or write your Humana insurance agent or the company. In the event of any disagreement between this communication and the plan document, the plan document will control.

This material is provided for informational use only and should not be construed as medical advice or used in place of consulting a licensed medical professional.

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