



Q1 2026 newsletter for in-network physicians, clinicians and office staff to support you in the care of your Humana-covered patients

Now available from Humana



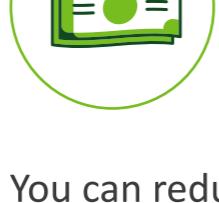
Simplify patient outreach with free, customizable materials

Humana is proud to announce a new digital platform that is free to access for in-network providers. The Provider Marketing Resource Center offers a comprehensive selection of **customizable, payer-agnostic tools** to help engage your patient panel. Save time, drive local awareness and close care gaps with professionally designed materials on more than 15 topics.

[Sign up today →](#)

Access code: Welcome Provider

Having trouble? Step-by-step instructions can be found [here](#).



Lower out-of-pocket costs by referring patients to Humana's participating DME providers

You can reduce your patients' out-of-pocket costs by using participating durable medical equipment (DME) providers. Humana's Medicare Advantage (MA) health maintenance organization (HMO) network includes AdaptHealth, Rotech Healthcare and Preferred Homecare. Referrals to DME providers outside this network may increase patient costs. If these providers don't serve your area, consult Humana's full list of participating DME providers.

[Find a DME provider →](#)



Improving early detection of kidney disease in patients with diabetes

Kidney disease often goes undetected, especially for patients with diabetes. Fully addressing the Kidney Health Evaluation for Patients with Diabetes (KED) Medicare Star measure includes the completion of **both** an estimated glomerular filtration rate (eGFR) blood test and urine albumin-creatinine ratio (uACR) urine test annually and within the same calendar year. Humana strives to make this easy, with no limits on urinalysis coding.

[Learn about KED →](#)

Prioritize bladder health in older adults

Bladder health is essential—but may be overlooked—in older adult care. Urinary incontinence affects more than **50%** of women and **14%** of men, significantly impacting quality of life.¹ The **Star Health Outcomes Survey (HOS) Measure: Improving Bladder Control** encourages early, proactive conversations with patients to support better self-reported outcomes.

[Start the conversation →](#)

Value-based care



Senior-focused value-based care increases primary care utilization

A new [Humana Healthcare Research study](#) published in the *New England Journal of Medicine Catalyst* finds patients of senior-focused value-based care (VBC) organizations have more frequent and consistent primary care visits. This study builds upon a 2024 [Health Affairs study](#) that found patients of senior-focused VBC organizations have better access to primary care.

[Review research →](#)

VBC puts focus on integrated, team-based care

A new Care Team issue brief published by Humana finds VBC transforms the clinician experience by fostering teamwork, reducing burnout and enriching patient connections. You can gain insights from peers as they share experiences on finding renewed purpose and fulfillment.

[Hear from VBC clinicians →](#)

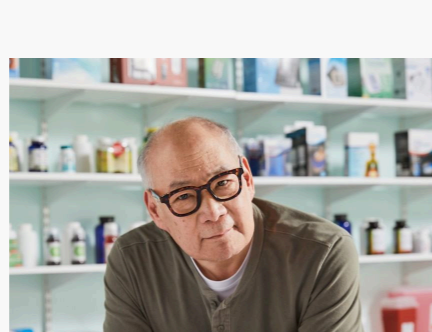
Resources and support



Complete your required 2026 training

The Centers for Medicare & Medicaid Services (CMS) requires annual training by healthcare providers who participate in Humana MA Special Needs Plans, Humana Healthy Horizons® Medicaid plans and/or a Humana Dual Fully Integrated (HMO Dual Eligible Special Needs Plan [D-SNP]) plan. Review what training applies to your practice.

[Access training →](#)



NEW! Medicaid provider-administered medication prior authorization list (PAL) changes

Lists of provider-administered medications that may require prior authorization for Humana Healthy Horizons patients in Indiana, Louisiana and Oklahoma are available.

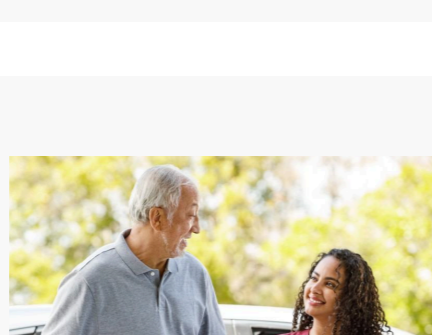
[Review PAL changes →](#)



UPDATED FOR 2026
Go365 Provider Toolkit supports whole patient well-being

The Go365 by Humana® well-being and rewards program helps extend care beyond the exam room. Designed to support your Humana-covered patients, this toolkit offers guidance and tools to encourage healthier habits around nutrition, sleep, physical activity and more. It also includes relevant Current Procedural Terminology (CPT®) codes and downloadable patient resources.

[Access provider toolkit →](#)



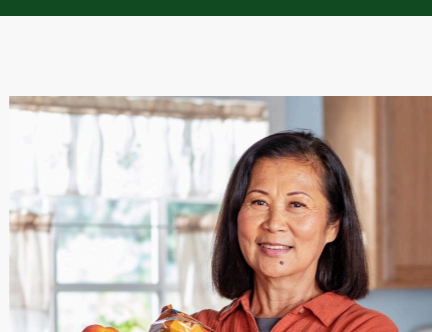
Published claims payment policies

Humana publishes medical claims payment policies to support accurate billing, helping reduce claim delays and additional information requests. Recent publications include:

- DME for Medicare Advantage (NEW!)
- Cell and Gene Therapy (CGT) Access Model *Kentucky Medicaid only* (NEW!)
- Acupuncture for Chronic Lower Back Pain (Revised)
- Multiple laboratory policies including Thyroid Disease Testing (Revised)
- Neonatal Intensive Care Unit (NICU) Guidelines (Revised)
- Telehealth and Other Virtual Services (Revised)

[Review policies →](#)

Clinical guidelines



The escalating impact of diabetes on quality of life and longevity

According to the American Diabetes Association, diabetes is a growing public health challenge in the U.S., significantly affecting individuals and the healthcare system. In 2021, it was the 4th leading cause of disability-adjusted life years (DALYs), which measure years of healthy life lost. DALYs due to diabetes increased by **41%** from 2011 to 2021, reflecting its rising impact on quality of life and longevity.

[Review guidelines →](#)

Additional links

- [Prior authorization and notification lists and search tool →](#)
- [Important policy reminders →](#)
- [Claims payment policies →](#)
- [Claims processing edits →](#)
- [Medical and Pharmacy Coverage Policies →](#)
- [Moving to value-based care →](#)

- [Making It Easier tutorials →](#)
- [Clinical practice guidelines →](#)
- [Behavioral health credentialing and resources →](#)
- [Medicare/Medicaid annual compliance training →](#)

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Reference

1. "Urinary Incontinence in Older Adults," National Institute on Aging (January 2022), accessed Dec. 11, 2025.

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