

Download the Go365 for Humana Healthy Horizons app today

The Go365 for Humana Healthy Horizons® app is a great way to earn rewards for keeping up with your personal well-being goals. After completing an eligible healthy activity, you earn rewards that you can redeem for e-gift cards from brands you know and love, at no cost to you.

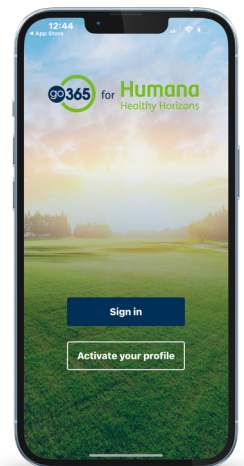
Get started in 3 steps

1. **Download the app** from Google Play or the App Store.*



Use your phone's camera to scan the QR code

2. **Register an account** on the app and sign in. If you are registered on [MyHumana.com](https://www.mylumana.com), you can use the same login information on the app. Guardians with or without a MyHumana account should register using their adult member/caregiver account credentials. After signing in, follow the prompts to add minor(s) to your account. Once approved, you can access all account information under the same login credentials.† You'll earn \$5 in rewards.‡



3. **Select an activity** and get started.

* With a smartphone, you have easy access to health-related information and can stay connected to your care team and health plan. Any member who qualifies for the Federal Lifeline program will be eligible to receive a free smartphone with monthly talk minutes, text and data.

† Guardians (with or without Humana coverage) must register under their name to add their minor(s). When registering, enter the minor's information exactly as shown on Humana records, including the minor's Member ID and demographic details (name, date of birth, address, etc.). Where applicable, upload documents that verify your relationship to the minor. The app will prompt you for required documents and accepted file types.

‡ Adults on the plan earn \$5 in rewards for registering and clicking on the digital onboarding activity. If a parent/guardian adds a minor child to an account, the child receives a \$5 reward for registering and clicking on the digital onboarding activity.

What you can do in the Go365 for Humana Healthy Horizons app:



Explore reward
earning options



Redeem
rewards



Get
help



Find frequently
asked questions



Learn how to improve
your well-being

Learn more about earning rewards

Members can earn rewards for completing healthy activities such as getting preventive screenings and going to prenatal and postpartum visits. Rewards can be redeemed for e-gift cards through the Go365 Mall in the app.

Activity	Reward criteria	Reward amount
Annual Wellness Visit	Complete an Annual Wellness Visit with a primary care physician (PCP). Available to members 3 and older.	\$25 in rewards per year
Behavioral Health Follow-up Visit	Have a follow-up visit within 30 days after hospital discharge for a behavioral health diagnosis. Available to all members.	\$25 in rewards per year
Breast Cancer Screening	Get a mammogram. Available to female members 40 and older.	\$25 in rewards per year
Cervical Cancer Screening	Get a cervical cancer screening as part of a routine Pap test. Available to members 21 and older with a cervix.	\$25 in rewards per year
Chlamydia Screening	Get a chlamydia screening when sexually active or as recommended by your healthcare provider. Available to all female members.	\$25 in rewards per year
Colorectal Cancer Screening	Get a colorectal cancer screening as recommended by your PCP. Available to members 45 and older.	\$25 in rewards per year
Comprehensive Diabetic Screening	Get an annual HbA1c and blood pressure screening. Available to members with a diabetes diagnosis who are 18 and older.	\$25 in rewards per year
Diabetic Retinal Eye Exam	Get a retinal eye exam. Available to members with diabetes or a diabetes diagnosis who are 18 and older.	\$25 in rewards per year
Digital Onboarding	Download the Go365 for Humana Healthy Horizons app and complete registration. Available to all members.	\$5 in rewards per lifetime
Flu Shot	Get the flu vaccine. If given by someone other than a physician or at a pharmacy, upload photo proof for documentation in the Go365 app. Available to all members.	\$20 in rewards per year

Activity	Reward criteria	Reward amount
Health Risk Assessment (HRA)	Members can earn \$20 for completing the HRA. The HRA can be done in one of four ways: 1. Complete through the Go365 for Humana Healthy Horizons app, or 2. Fill out and send back the HRA in the envelope from your welcome kit, or 3. Call 1-800-448-3810 (TTY: 711) , Monday – Friday, 7 a.m. – 7 p.m., or 4. Create a MyHumana account and submit the HRA online (available via desktop computer only). Available to all members.	\$20 in rewards per year
High-Intensity Care of Substance Use Disorder	Have a follow-up visit within 30 days after discharge from inpatient care, residential treatment, or a detoxification visit. Available to all members.	\$25 in rewards per year
Human Papillomavirus Vaccine (HPV)	Must complete both doses to receive reward. Available to members ages 9-13.	\$20 in rewards per lifetime
Postpartum Visit	Complete one postpartum visit within seven to 84 days after delivery. Available to pregnant female members.	\$25 in rewards per pregnancy
Prenatal Visit	Complete up to 10 prenatal visits. Available to pregnant female members.	\$10 in rewards per visit, up to ten visits, max \$100 per pregnancy
Tobacco & Vaping Cessation Coaching	Work with a Wellness Coach over the phone to quit smoking or vaping. Members earn: <ul style="list-style-type: none"> \$25 for completing two calls within 45 days of enrolling in coaching \$25 for completing six more calls (eight total) within 12 months of your first coaching session Enroll by calling 1-866-270-4223 (TTY: 711) . When prompted, select option one. Available to members 12 and older.	Up to \$50 in rewards per year
Weight Management Coaching	Work with a Wellness Coach over the phone to reach or keep a healthy weight. Members earn: <ul style="list-style-type: none"> \$15 for completing enrollment \$15 for completing a total of six calls, within 12 months of enrolling. To enroll, call 1-866-270-4223 (TTY: 711) . When prompted, select option two. Available to members 12 and older.	Up to \$30 in rewards per year

Activity	Reward criteria	Reward amount
Well-Child Visit	Complete a wellness visit with a pediatrician. Available to members 0-15 months.	\$10 in rewards per visit, up to six visits, max \$60 per year
Well-Child Visit	Complete a wellness visit with a pediatrician. Available to members 16-30 months.	\$10 in rewards per visit, up to two visits, max \$20 per year

Your rewards will be available in your Go365 account once rewards criteria have been confirmed. You may also view a full list of rewards activities in the app.

How to redeem your rewards

After completing any of the healthy activities listed above:

- Open the Go365 for Humana Healthy Horizons app.
- Click the Go365 Mall in the app.
- View and redeem your rewards for e-gift cards.

Go to [Humana.com/Medicaid/Louisiana](https://www.humana.com/Medicaid/Louisiana) or call **1-888-225-4669 (TTY: 711)** for more information about Go365 for Humana Healthy Horizons.

Go365 for Humana Healthy Horizons is available to all who meet the requirements of the program. Rewards are not used to direct you to select a certain provider.

Rewards have no cash value. The monetary amounts listed above are reward values, not actual dollars. For some rewards, your doctor has to tell us that you completed the healthy activity. Once we get this information from your doctor, you will see in the app the option to redeem the reward. For any reward you qualify to earn during the current plan year, we must get confirmation from your doctor by no later than March 15 of the following plan year.

Gift cards cannot be used to purchase prescription drugs or medical services that are covered by Medicare, Medicaid, or other federal healthcare programs; gambling, alcohol; tobacco; e-cigarettes; or firearms. Gift cards must not be converted to cash. Rewards may be limited to once per year, per activity.

Wellness coaches do not offer medical, financial, or other professional advice, and should not be used in place of consulting a licensed professional. You should consult with an applicable licensed professional to determine what is right for you.

Auxiliary aids and services, free of charge, are available to you.
1-800-448-3810 (TTY: 711), Monday through Friday, from 7:00 a.m. to 7:00 p.m.

Humana Inc. and its subsidiaries comply with Section 1557 by providing free auxiliary aids and services to people with disabilities when auxiliary aids and services are necessary to ensure an equal opportunity to participate. Services include qualified sign language interpreters, video remote interpretation, and written information in other formats.

English: Call the number above to receive free language assistance services.

Español (Spanish): Llame al número que se indica arriba para recibir servicios gratuitos de asistencia lingüística.

Français (French): Appelez le numéro ci-dessus pour recevoir des services gratuits d'assistance linguistique.

Tiếng Việt (Vietnamese): Gọi số điện thoại ở trên để nhận các dịch vụ hỗ trợ ngôn ngữ miễn phí.

繁體中文 (Chinese): 您可以撥打上面的電話號碼以獲得免費的語言協助服務。

العربية (Arabic): اتصل برقم الهاتف أعلاه للحصول على خدمات المساعدة اللغوية المجانية.

Tagalog (Tagalog – Filipino): Tawagan ang numero sa itaas para makatanggap ng mga libreng serbisyo sa tulong sa wika.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위 번호로 전화하십시오.

Português (Portuguese): Ligue para o número acima para receber serviços gratuitos de assistência no idioma.

ພາສາລາວ (Lao): ໂທຫາເບີໂທລະສັບຂ້າງເທິງ ເພື່ອຮັບບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາຟຣີ.

日本語 (Japanese): 無料の言語支援サービスを受けるには、上記の番号までお電話ください。

اُردو (Urdu): مفت لسانی اعانت کی خدمات موصول کرنے کے لیے درج بالا نمبر پر کال کریں۔

Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

فارسی (Farsi): برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

Русский (Russian): Позвоните по вышеуказанному номеру, чтобы получить бесплатную языковую поддержку.

ภาษาไทย (Thai): โทรไปที่หมายเลขด้านบนเพื่อรับบริการช่วยเหลือด้านภาษาฟรี

This notice is available at **[Humana.com/LouisianaDocuments](https://www.humana.com/LouisianaDocuments)**.

Humana Healthy Horizons in Louisiana is a Medicaid product of Humana Health Benefit Plan of Louisiana Inc.

LAHMEEAEN_ Approved