# You are invited

# University of Oklahoma retiree health plan seminar

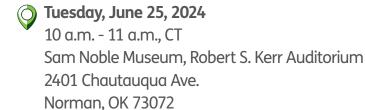
In-person and online educational events exclusive to OU retirees. Programming is identical across all sessions and offered at no cost to attendees.

### **In-person events**



### Monday, June 24, 2024

10 a.m. - 11 a.m., CT OUHSC Student Union, Conference Room 262 1106 N. Stonewall Ave. Oklahoma City, OK 73117



#### Webinar details

## Wednesday, June 26, 2024

10 a.m. - 11 a.m., CT Visit: huma.na/BH2U2024 Password: 112233

# Join by phone

### 888-788-0099

Meeting ID: 932-1683-8000



Please see reverse for RSVP information

# Humana.



# Bringing Humana to You



Get answers to common questions to help you better understand and get the most out of your **Humana - OU plan**. A Q&A session will follow.



Learn about available wellness programs including **Go365**® and **SilverSneakers**®. Participate in a 10-minute SilverSneakers wellness demonstration\* right from your chair.

\*In-person session only



Access available resources on **Humana.com**, including coverage documents, ID cards, provider finder and more.



## RSVP now to reserve your spot

Call Humana Group Medicare: 800-308-9964 (TTY: 711)

Monday - Friday, 7 a.m. - 8 p.m., Central time.

Prior registration is requested but not required for attendance.

These events are offered at no cost to attendees.

See other side for event details.

#### **Questions?**

Please call **800-308-9964** for questions about the event or for accommodations for persons with special needs.

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### Important plan information

# **Humana**<sub>®</sub>

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