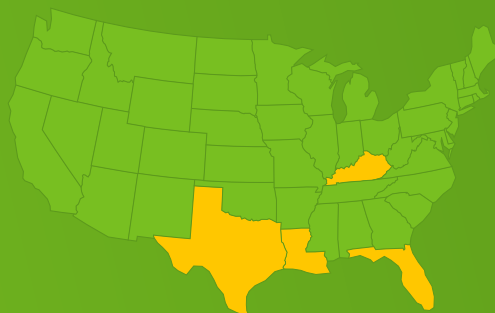


Advancing health equity
so more people can
reach their full health
potential



Humana
Foundation

\$764m

Invested since 1975

Investing in communities to support seniors, veterans and school-aged children



Seniors

\$1.4m

Volunteers of America

pilots an affordable senior housing program addressing depression and substance abuse issues in Florida and Texas

\$2.5m

National Council on Aging

trains senior centers to recognize and respond to signs of mental health struggles in Florida, Texas and Louisiana

\$2.5m

Older Adult Technology Services

develops in-person and online programs to educate seniors and their caregivers on recognizing and addressing senior social isolation and loneliness

Research & Community Health

\$6.75m+

University of Louisville fosters research tackling health equity barriers and builds best practices for community engagement

\$500k

Disaster investment in food banks and nutrition programs in four states to meet rising food assistance needs

Impactful Recognition & Partnerships



Named Mental Health First Aid (MHFA) “Partner of the Year”

Awarded by the National Council for Mental Wellbeing to a strategic partner recognized for championing MHFA and supporting the program's growth.



Founding Partner of Face the Fight™

Since its launch in June 2023, more than \$85m pledged from 300+ coalition organizations and members to reduce veteran suicide. Model projects 6,500+ veteran lives saved by 2032.



3 Years In: Humana Foundation Senior Council

Since 2023, a group of 8-10 seniors 65+ and high school juniors/seniors has advised the Foundation's health equity efforts.

Veterans

\$3m

Elizabeth Dole Foundation

pilots a Caregiver Mental Wellness Workshop for underserved veterans in New Orleans

Youth & Education

\$15m+

College Scholarships for children of Humana employees since 2001

\$4.9m

Big Brothers Big Sisters of America Grant elevates mental health programs in Kentucky, Florida, Louisiana and Texas

“Through our valued partners, we’re poised and committed to advancing health equity for the people who need us most.” – **Tiffany Benjamin, CEO, Humana Foundation**

Addressing health disparities in vulnerable populations

Humana Foundation



The need for creating healthy emotional connections

1 in 4 Adults 65+

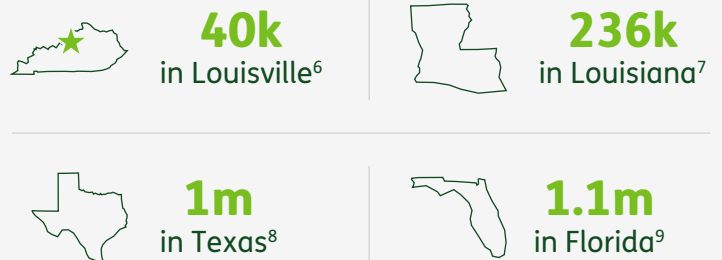
are considered socially isolated.¹

Adult social isolation/loneliness can lead to:



The veteran suicide rate is
60% higher
than the national average⁵

More seniors are living alone:



Teenagers and Youth

20%↑
of U.S. 12-17 year olds have
had at least one major
depressive episode¹⁰

Black male youth
are more than
2.7x more likely
to die by suicide than
Black female youth¹¹

40% of teens
experienced persistent
feelings of sadness
or hopelessness¹²

Our Work In Action

Provided **\$8.5m** in separate grants to Volunteers of America to support creating healthy emotional connections for those facing isolation, trauma and addiction

Shaping a healthier approach to nutrition

12.6m
seniors and older
adults experience
food insecurity¹³

80%
of U.S. veterans
are overweight
or obese¹⁴

40%
of U.S. adults
are obese¹⁵

21%
of U.S. youth
are obese¹⁵

115.2m
U.S. adults have
prediabetes¹⁶

Our Work In Action

Provided FoodCorps with **\$2.5m** in grants to support the expansion of its nutrition education and free school meals program

Visit HumanaFoundation.org to learn more about the Humana Foundation and how we're advancing health equity in our communities.

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3. pmc.ncbi.nlm.nih.gov/articles/PMC12032856/#REF7
4. hsph.harvard.edu/news/chronic-loneliness-may-increase-stroke-risk-among-older-adults/
5. news.va.gov/145844/va-national-reduce-veteran-suicide-2032/

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7. data.census.gov/table/ACSDT5Y2024.B09020?q=B09020&g=040XX00US22
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