In your community

We want to share with you information about events our community partners or Humana Healthy Horizons® are hosting in your area. Some of these events may be in person. Some of these events may be virtual. We regularly will update this list of community events.

Cook County Events:

Wednesday, November 4, 2026

Resource and Wellness Series: American Diabetes Association and Advocate
Compassion Baptist Church
2650 E 95th St.
Chicago, IL 60617
11:00 a.m. – 1:00 p.m.
Event Link →

Saturday, November 7, 2026

Family Focus Cicero Community Baby Shower Community Center
2250 S 49th St.
Cicero, IL, 60804
10:00 a.m. – 12:00 p.m.
Event Link →

Monday, November 9, 2026

Back of the Yards Coffee Senior Monday
Back of the Yards Coffee
1621 W. 47th St.
Chicago, IL 60609
9:00 a.m. – 11:00 a.m.
Event Link →

Friday, November 13, 2026

Different Strokes Pickleball LLC: Wellness Day
XS Tennis
5336 S State St.
Chicago, IL 60609
10:00 a.m. – 3:00 p.m.

Saturday, November 14, 2026

Sisters Working It Out: Annual Day of Beauty
Hilton Hotel of Oak Lawn
9333 South Cicero Ave.
Oak Lawn, IL 60453
10:00 a.m. – 2:00 p.m.
Event Link →

Saturday, November 14, 2026

March of Dimes: Healthy Pregnancy & Community Wellness Event
West Garfield Park YMCA at Sankofa Wellness Village
4305 W. Madison St.
Chicago, IL 60624
1:00 p.m. – 4:00 p.m.
Event Link →

Humana Healthy Horizons®

HealthChoice Illinois

Monday, November 16, 2026

Back of the Yards Coffee Senior Monday
Back of the Yards Coffee
1621 W. 47th St.
Chicago, IL 60609
9:00 a.m. – 11:00 a.m.
Event Link →

Saturday, November 21, 2026

Sista Afya Community Care's Community Wellness Retreat for Women
Gary Comer Youth Center
7200 S Ingleside Ave.
Chicago, IL 60619
12:00 p.m. – 3:00 p.m.
Event Link →

Saturday, December 5, 2026

Black Girls Jump: Double Dutch Winter Invitational
Don Nash Community Center
1833 E 71st St.
Chicago, IL 60649
9:00 a.m. – 5:00 p.m.

Collar County Events:

Sunday, November 1, 2026

ALMAS Dia De Muertos
Riverwalk Grand Pavillion
912 Honorary Sindt Memorial Ct.
Naperville, IL 60540
12:00 p.m. – 6:00 p.m.
Event Link →

Saturday, November 21, 2026

Lake County Community Care Fair
Brookside Campus
2325 Brookside Ave.
Waukegan, IL 60085
10:00 p.m. – 2:00 p.m.
Event Link →

Central Illinois Events:

Saturday, November 14, 2026

Alzheimer's Association Community Mini Conference
I Hotel and Illinois Conference Center
111 St. Mary's Rd.
Champaign, IL 61820
9:00 a.m. – 12:00 p.m.
Event Link →

Thursday, November 19, 2026

Caring for Yourself as a Caregiver
Carle Health & Fitness Center
1111 Trinity Ln.
Bloomington, IL 61704
10:30 a.m. – 12:00 p.m.
Event Link →

Friday, November 20th, 2026

Festival of Trees
The Interstate Center
1106 Interstate Dr.
Bloomington, IL 61705
10:00 a.m. – 1:00 p.m.
Event Link →

Southern Illinois Events:

Saturday, November 7, 2026

Fall into Wellness
The Science Center
1237 E. Main St.
Carbondale, IL 62901
11:00 a.m. – 1:00 p.m.
Event Link →

Friday, November 20, 2026

Third Annual Helping Hands for the Holidays Winter Resource Fair
Carbondale Civic Center
200 S Illinois Ave.
Carbondale, IL 62901
11:00 a.m. – 2:00 p.m.
Event Link →

Saturday, December 5, 2026

Bundles for Babies
HSHS St. Elizabeth's Hospital
1 St. Eliabeth's Blvd.
O'Fallon, IL 62269
11:00 a.m. – 1:00 p.m.
Event Link →

Auxiliary aids and services, free of charge, are available to you. 1-800-787-3311 (TTY: 711), Monday through Friday, from 8:00 a.m. to 8:00 p.m., Central time.

Humana Inc. and its subsidiaries comply with Section 1557 by providing free auxiliary aids and services to people with disabilities when auxiliary aids and services are necessary to ensure an equal opportunity to participate. Services include qualified sign language interpreters, video remote interpretation, and written information in other formats.

English Call the number above to receive free language assistance services.

Español (Spanish) Llame al número que se indica arriba para recibir servicios gratuitos de asistencia lingüística.

Polski (Polish) Aby skorzystać z bezpłatnej pomocy językowej, należy zadzwonić pod wyżej podany numer.

繁體中文 (Traditional Chinese) 您可以撥打上面的電話號碼以獲得免費的語言協助服務。

한국어 (Korean) 무료 언어 지원 서비스를 받으려면 위 번호로 전화하십시오.

Tagalog (Tagalog – Filipino) Tawagan ang numero sa itaas para makatanggap ng mga libreng serbisyo sa tulong sa wika.

العربية(Arabic) اتصل برقم الهاتف أعلاه للحصول على خدمات المساعدة اللغوية المجانية.

Русский (Russian) Позвоните по вышеуказанному номеру, чтобы получить бесплатную языковую поддержку.

ગુજરાતી (Guj arat i) મફત ભાષા સહાય સેવાઓ મેળવવા માટે ઉપર આપેલા નંબર પર કૉલ કરો.

اردو (Urdu): مفت لسانی اعانت کی خدمات موصول کرنے کے لیے درج بالا نمبر پر کال کریں۔

Tiếng Việt (Vietnamese) Gọi số điện thoại ở trên để nhận các dịch vụ hỗ trợ ngôn ngữ miễn phí.

Italiano (Italian) Chiamare il numero sopra indicato per ricevere servizi di assistenza linguistica gratuiti.

हिंदी (Hindi) भाषा सहायता सेवाएं मुफ्त में प्राप्त करने के लिए ऊपर के नंबर पर कॉल करें।

Français (French) Appelez le numéro ci-dessus pour recevoir des services gratuits d'assistance linguistique.

Ελληνικά (Greek] Καλέστε τον παραπάνω αριθμό για να λάβετε δωρεάν υπηρεσίες γλωσσικής υποστήριξης.

Deutsch (German) Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

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- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
  - Qualified interpreters
  - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids, or language assistance services contact **800-787-3311 (TTY: 711)**, Monday through Friday, from 8:00 a.m. to 8:00 p.m., Local time. If you believe that Humana, Inc. has not provided these services or discriminated on the basis of race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services, you can file a grievance in person or by mail, orally by telephone, or email with Humana Inc.'s Non-Discrimination Coordinator at P.O. Box 14618, Lexington, KY 40512-4618**, 800-787-3311 (TTY: 711)**, or **accessibility@humana.com**. If you need help filing a grievance, Humana Inc.'s Non-Discrimination Coordinator can help you.

You can also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at **https://ocrportal.hhs.gov/ocr/portal/lobby.jsf**, or by mail or phone at:

- U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F, HHH Building Washington, D.C. 20201. **800-368-1019**, **800-537-7697 (TDD)**.

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