

# Download the Go365 for Humana Healthy Horizons app today

The Go365 for Humana Healthy Horizons® app is a great way to earn rewards for keeping up with your personal well-being goals. Available at no cost to you, Go365 for Humana Healthy Horizons grants you rewards for taking healthy actions and lets you redeem them for e-gift cards from brands you know and love.

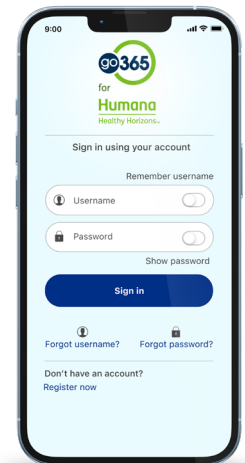
## Get started in 3 steps

1. **Download the app** from Google Play or the App Store.\*



Use your phone's camera to scan the QR code

2. **Register an account** on the app and sign in. If you are registered on [MyHumana.com](https://www.mylumana.com), your password must contain a number. If it does, you can use the same login information on the app.



3. **Select an activity** and get started.

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\* Smartphones can provide easy access to health-related information and enable members to stay connected to their care team and health plan. Humana members who qualify for the Federal Lifeline program are eligible to receive a free smartphone with monthly talk minutes, text and data.

# What you can do in the Go365 for Humana Healthy Horizons app



Explore reward earning options.



Redeem rewards.



Get assistance.



Find frequently asked questions.



Sign up for Wellness Coaching.

## Learn more about earning rewards

Members can earn rewards for completing healthy activities such as working with a Wellness Coach and getting preventive screenings. Rewards can be redeemed for e-gift cards through the Go365 Mall in the app.

Activity	Reward criteria	Reward amount
<b>Annual Wellness Visit</b>	Complete an Annual Wellness Visit with a primary medical provider (PMP).	<b>\$25 in rewards</b> per year
<b>Behavioral Health Follow-up Visit</b>	Have a follow-up visit within 30 days after hospital discharge for a behavioral health diagnosis or intentional self-harm. Available to members 60 and older.	<b>\$25 in rewards</b> per hospitalization
<b>Breast Cancer Screening</b>	Get a mammogram. Available to female members 60 and older.	<b>\$25 in rewards</b> per year
<b>Colorectal Cancer Screening</b>	Get a colorectal cancer screening as recommended by your PMP. Available to members 60 and older.	<b>\$25 in rewards</b> per year
<b>Comprehensive Diabetic Screening</b>	Get an annual HbA1c and blood pressure screening with your PMP. Available to members with a diabetes diagnosis who are 60 and older.	<b>\$10 in rewards</b> per year
<b>Diabetic Retinal Eye Exam</b>	Get a retinal eye exam. Available to members with diabetes or diabetes diagnosis who are 60 and older.	<b>\$10 in rewards</b> per year
<b>Fall Prevention Video</b>	Complete watching the fall prevention video on the Go365 app. Available to members 60 and older.	<b>\$10 in rewards</b> per year
<b>Flu Shot</b>	Get the flu vaccine. If given by someone other than a physician or at a pharmacy, upload photo proof for documentation in the Go365 app. Available to members 60 and older.	<b>\$10 in rewards</b> per year
<b>Health Needs Screening (HNS)</b>	Must complete within 90 days of enrollment in Indiana PathWays for Aging. The HNS can be scheduled by calling <b>866-274-5888 (TTY: 711)</b> , Monday – Friday, 8 a.m. – 8 p.m., EST. Available to members 60 and older.	<b>\$25 in rewards</b> per lifetime

Activity	Reward criteria	Reward amount
<b>High-Intensity Care of Substance Use Disorder</b>	Have a follow-up visit within 30 days after discharge from inpatient care, residential treatment, or detoxification visit. Available to members 60 and older.	<b>\$25 in rewards</b> per hospitalization
<b>Nutritional Coaching</b>	<p>Work with a coach over the phone to reach or keep healthy habits.</p> <ul style="list-style-type: none"> <li>- \$15 for enrolling and completing a well-being checkup.</li> <li>- \$15 for completing coaching, six calls total, within 12 months of enrolling.</li> </ul> <p>To enroll, call <b>855-330-8055 (TTY: 711)</b>.</p> <p>When prompted, select option two. Available to members 60 and older.</p>	<b>Up to \$30 in rewards</b> per year
<b>Transition of Care</b>	Have a follow-up visit within 30 days of an inpatient, non-psychiatric discharge. Available to members 60 and older.	<b>\$25 in rewards</b> per hospitalization

Your rewards will be available in your Go365 account once rewards criteria have been confirmed. You may also view a full list of rewards activities in the app.

## How to redeem your rewards

After completing any of the healthy activities listed above:

- Download the Go365 app.  
Make sure to choose the one that says Humana Healthy Horizons in the name.



[Google Play](#)



[App Store](#)



- Find your available rewards in the Go365 for Humana Healthy Horizons app.
- Access the Go365 Mall in the app.
- Redeem your rewards for e-gift cards.

Go to [Humana.com/Medicaid/Indiana](https://www.humana.com/Medicaid/Indiana) or call **866-274-5888 (TTY: 711)** for more information about Go365 for Humana Healthy Horizons.

Indiana PathWays for Aging in Indiana is a Medicaid product of Humana Medical Plan, Inc.

Go365 for Humana Healthy Horizons is available to all who meet the requirements of the program. Rewards are not used to direct you to select a certain provider.

Rewards have no cash value. The monetary amounts listed above are reward values, not actual dollars. For some rewards, your doctor has to tell us that you completed the healthy activity. Once we get this information from your doctor, you will see in the app the option to redeem the reward. For any reward you qualify to earn during the current plan year, we must get confirmation from your doctor by no later than March 15 of the following plan year.

E-gift cards cannot be used to purchase prescription drugs or medical services that are covered by Medicare, Medicaid, or other federal healthcare programs; gambling, alcohol; tobacco; e-cigarettes; or firearms. E-gift cards must not be converted to cash. Rewards may be limited to once per year, per activity.

Wellness coaches do not offer medical, financial, or other professional advice, and should not be used in place of consulting a licensed professional. You should consult with an applicable licensed professional to determine what is right for you.

Auxiliary aids and services, free of charge, are available to you.  
**866-274-5888 (TTY: 711)**, Monday through Friday, from 8:00 a.m. to 8:00 p.m., Eastern time.

Humana Inc. and its subsidiaries comply with Section 1557 by providing free auxiliary aids and services to people with disabilities when auxiliary aids and services are necessary to ensure an equal opportunity to participate. Services include qualified sign language interpreters, video remote interpretation, and written information in other formats.

**English** Call the number above to receive free language assistance services.

**Español (Spanish)** Llame al número que se indica arriba para recibir servicios gratuitos de asistencia lingüística.

**Deutsch (German)** Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

**繁體中文 (Chinese)** 您可以撥打上面的電話號碼以獲得免費的語言協助服務。

**العربية (Arabic)**: اتصل برقم الهاتف أعلاه للحصول على خدمات المساعدة اللغوية المجانية.

**Nederlands (Dutch)** Bel het bovenstaande nummer om gratis taalkundige hulp te ontvangen.

**Français (French)** Appelez le numéro ci-dessus pour recevoir des services gratuits d'assistance linguistique.

**Tiếng Việt (Vietnamese)** Gọi số điện thoại ở trên để nhận các dịch vụ hỗ trợ ngôn ngữ miễn phí.

**Tagalog (Tagalog – Filipino)** Tawagan ang numero sa itaas para makatanggap ng mga libreng serbisyo sa tulong sa wika.

**한국어 (Korean)** 무료 언어 지원 서비스를 받으려면 위 번호로 전화하십시오.

**हिंदी (Hindi)** भाषा सहायता सेवाएं मुफ्त में प्राप्त करने के लिए ऊपर के नंबर पर कॉल करें ।.

**日本語 (Japanese)** 無料の言語支援サービスを受けるには、上記の番号までお電話ください。

**Русский (Russian)** Позвоните по вышеуказанному номеру, чтобы получить бесплатную языковую поддержку.

**Polski (Polish)** Aby skorzystać z bezpłatnej pomocy językowej, należy zadzwonić pod wyżej podany numer.

**Srpsko-hrvatski (Serbo-Croatian)** Nazovite gore navedeni broj ako želite besplatne usluge jezične pomoći.

**Italiano (Italian)** Chiamare il numero sopra indicato per ricevere servizi di assistenza linguistica gratuiti.

This notice is available at [Humana.com/IndianaDocuments](https://www.humana.com/IndianaDocuments).

Humana Healthy Horizons in Indiana is a Medicaid Product of Arcadian Health Plan, Inc.

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