



# Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia (SMC)

## HEDIS measure overview

Please note: Information in this flyer is based on Healthcare Effectiveness Data and Information Set (HEDIS®) technical specifications. It is not meant to preclude clinical judgment. Treatment decisions should always be based on the physician's or clinician's clinical judgment.

### What is the SMC measure?

The Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia (SMC) measure is one of the National Committee for Quality Assurance (NCQA) HEDIS measures. It is used to evaluate whether those with schizophrenia and cardiovascular disease are having their cholesterol monitored. Patients taking antipsychotics are at increased risk for cardiovascular diseases and complications. Lack of care can lead to a decline in health outcomes.<sup>1</sup>

### Who is included in the SMC measure?

Patients with schizophrenia or schizoaffective disorder and cardiovascular disease who were 18–64 years old during the measurement year and meet at least one of the following criteria:

- At least one acute inpatient encounter with any diagnosis of schizophrenia or schizoaffective disorder
- or
- At least two visits in an outpatient, intensive outpatient, partial hospitalization, emergency department (ED) or non-acute inpatient setting on different dates of service, with any diagnosis of schizophrenia or schizoaffective disorder

### How does a member become compliant?

One low-density lipoprotein cholesterol (LDL-C) test during the measurement year

### Exclusions

Patients using hospice services

## Measure best practices

- Use correct coding and submit claims in a timely manner.
- Refer patients with heart disease for annual lab draws and follow up to discuss results.
- Coordinate care with the patient's care team, such as treating behavioral health specialists, primary care physician and/or cardiologist.

## SMC coding

| Code type | Code                              | Description             |
|-----------|-----------------------------------|-------------------------|
| CPT       | 80061, 83700, 83701, 83704, 83721 | LDL-C tests             |
| CPT       | 3048F-3050F                       | LDL-C result or finding |

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<sup>1</sup> National Committee for Quality Assurance. (2023, March 1). *Diabetes and Cardiovascular Disease Screening and Monitoring for People with Schizophrenia or Bipolar Disorder (SSD, SMD, SMC)*. Retrieved from NCQA.org: <https://www.ncqa.org/hedis/measures/diabetes-and-cardiovascular-disease-screening-and-monitoring-for-people-with-schizophrenia-or-bipolar-disorder/>