

# Evidenced based practices

## Background:

Effective April 12, 2019, the Louisiana Department of Health (LDH) tracks the use of behavioral health (BH) therapeutic evidence-based practices (EBPs) on encounter records submitted by Louisiana Medicaid. On December 16, 2019, LDH added two new codes: **Triple Level 4 EBP 06 and Trauma Focused CBT EBP 07**.

The Louisiana Medicaid specialized BH fee schedule currently includes CPT®/HCPCS codes for four EBP programs:

- Functional family therapy (FFT)
- Multisystemic therapy (MST)
- Homebuilders
- Assertive community treatment (ACT)

LDH's goal is to track the provision and use of other EBP BH programs that currently cannot be tracked via claim record CPT/HCPCS codes.

**Please note:** LDH has added two new EBP appendixes to the **Behavioral Health Services Provider Manual** for Trauma-Focused Cognitive Behavioral Therapy and Triple P Positive Parenting Program.

## What is the impact of this change?

The following table contains the current list of EBP tracking codes, associated CPT/HCPCS codes and the credentialing documentation required to provide EBP services. Proof of licensure and certificates from approved sources listed in the table must be provided to Humana Healthy Horizons® in Louisiana prior to submitting claims. These documents will be verified to ensure providers have the appropriate credentials and qualifications to provide EBP services.

Additional EBPs with associated tracking codes will be added over time. LDH added two new codes — **Triple Level 4 EBP 06 and Trauma Focused CBT EBP 07** — that are reflected below.

EBP	EBP tracking code	Valid CPT/HCPCS	Credentialing documentation to provide the EBP
Functional family therapy-child welfare (FFT-CW)	EB01	H0036 with modifier HE	Agency FFT license with FFT-CW specialty from FFT, LLC
Child-parent psychotherapy (CPP)	EB02	90837, 90834, 90832, 90847, 90846	Certificate stating that the clinician has fulfilled the requirements of an implementation level course in CPP, from a trainer endorsed by the University of California, San Francisco

## Humana Healthy Horizons® in Louisiana

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EBP	EBP tracking code	Valid CPT/HCPCS	Credentialing documentation to provide the EBP
Parent-child interaction therapy (PCIT)	EB03	90837, 90834, 90832, 90847, 90846	Certification from PCIT, international: <a href="http://www.pcit.org/united-states.html">http://www.pcit.org/united-states.html</a>
Youth PTSD treatment (YPT)	EB04	90837, 90834, 90832, 90847, 90846	Advanced certificate from Tulane psychiatry in YPT
Preschool PTSD treatment (PPT)	EB05	90837, 90834, 90832, 90847, 90846	Advanced certificate from Tulane psychiatry PPT
Triple P Level 4	EB06	90837, 90834, 90832, 90847, 90846	Accreditation Certificate in Triple P –Standard Level 4, issues by Triple P America
TF-CBT	EB07	90837, 90834, 90832, 90847, 90846	Documentation of certification through the TFCBT National Therapist Certification Program Certified TF-CBT therapists are listed on a national registry at <a href="https://tfcbt.org/members">https://tfcbt.org/members</a>

## Claim submissions:

Providers should communicate use of EBP programs by including an EBP tracking code on the claim form. We will accept EBP tracking codes in the following formats:

- **Hard copy** — Place the EBP tracking code in Box 19 on the CMS-1500 claim form.
  - If multiple EBP tracking codes are billed on a single CMS-1500 claim form, then put the line number directly in front of the EBP tracking code and place a space in between each EBP tracking code.
    - For example, if EB03 applies to line 3 of the claim, and EB01 applies to line 2 of the claims, then 2EB01 3EB03 should appear in **Box 19**.
- **Electronic** — Place the EBP tracking code in the 837's Loop 2400 SV101-7.
- **Provider self-service website on Availity\*** (<https://www.availity.com>) — Place the EBP tracking code in the Service Line Note field.

## American Rescue Plan Act of 2021 (ARPA) Provider Incentives

The Centers for Medicare and Medicaid Services (CMS) has approved Louisiana's submission of a State Directed Payment request to utilize funding from the American Rescue Plan Act of 2021 to incentive evidence-based practices (EBP) practitioners and licensed mental health professionals/psychiatrists who meet state criteria under Medicaid managed care plan contracts. Services must be rendered per the requirements outlined by LDH and Medicaid as detailed in the Behavioral Health Services Provider Manual (<https://www.lamedicaid.com/provweb1/Providermanuals/manuals/BHS/BHS.pdf>) and any Informational Bulletins (<https://ldh.la.gov/page/1198>) active on the service date.

Louisiana MCOs would like to thank the Office of Behavioral Health for the opportunity to recognize and reward Behavioral Health practitioners that have been trained and will become trained in evidence-based practices to ensure that members get access to quality evidence-based services.

For more details regarding American Rescue Plan Act (ARPA) Provider Incentives, see notification dated July 12, 2023, from Humana Healthy Horizons in Louisiana. These incentives are in effect for the period **July 1, 2023, through June 30, 2024, or until funds are exhausted, whichever comes first**. Providers are eligible to receive recruitment and retention payments from all MCOs they are credentialed with. Providers are eligible for multiple recruitment payments if trained and certified in more than 1 EBP on or after 1/1/2021.

## **EBP Provider Retention Eligibility Criteria**

1. EBP providers who
  - a. Have been enrolled in the MCO network for at least 6 consecutive months prior to or during the period July 1, 2023, through June 30, 2024 and
  - b. Provided one eligible member EBP service during the performance period (July 1, 2023 – June 30, 2024) including successful submission of a claim using the applicable tracking code. Each MCO requires submission of proof of EBP certification/qualification per EBP.
2. To be eligible for the maximum training payment, providers must be credentialed with all 6 MCOs. Providers are eligible for multiple recruitment payments and retention payments.
3. A provider may earn a recruitment bonus, retention payment, and LMHP/Psychiatrist payment in the same performance year if the criteria is met for each category.

## **What if I need assistance?**

- If you have questions about this communication, please contact Provider Relations at **1-800-448-3810** or email **LAMedicaidProviderRelations@humana.com**.