



Humana Healthy Horizons is dedicated to reducing health disparities and promoting health equity

Health disparities exist across race, ethnicity, language, disability status, gender, geography (rural/urban), and other dimensions. Racial disparities alone are estimated to cost the US economy \$451 billion and disparities among individuals with less than a high school education are estimated to cost \$978 billion (LaViest 2023).

Health disparities are prevalent across the state of Louisiana. Humana Healthy Horizons® believes that all of us can play a role to better understand why disparities exist, understand our own biases, and learn what we can do better and differently to improve health outcomes for all Louisianans.

Humana Healthy Horizons has partnered with Rhodes College Institute for Health Equity and Community Justice, along with Healthy Blue, Louisiana Healthcare Connections, and United HealthCare® to offer an informative 3.75 CMEs on health equity through Trusted Provider Network.

There are three key components to this education:

- **Justice is Part of Job** – Introduces the biological bridge that links social differences to health disparities and explores how those social differences result from a long history of policy choices.
- **First, Do No Harm: Understanding Bias in Healthcare** – Introduces ways we can reduce defensiveness about bias so that we can take responsibility for it and mitigate its effects.
- **Change: From Learning About Equity to Building Equity** – Explores changing mechanisms that can shift health equity from curriculum to healthcare practice.

Humana Healthy Horizons asks our Providers to partner with us and with Louisiana Department of Health to complete **at least one** health equity education video by the end of next year 2024.



To access the trainings, **click here** or copy and paste the following link into your web browser on demand and complete the training at your own pace:

<https://tpn.health/events/humanahealthequity2023/>

Humana
Healthy Horizons®
in Louisiana

Humana Healthy Horizons in Louisiana is a Medicaid Product of Humana Health Benefit Plan of Louisiana, Inc.

On Demand Education | Advancing Wellness Together: 2023 Louisiana Healthcare Equity Seminar

 3.75 Cultural Competency CE Hours

These trainings are a requirement from the Louisiana Department of Health for providers who contract with Medicaid Managed Care Organizations.

Scan the QR code to register now!



Dr. Kendra G. Hotz, Dr. Duane T. Loynes Sr. & Dr. Peter Hossler