

Loop Recorder Placement or Removal – Patient Instructions

You are scheduled for a Loop Recorder placement or removal procedure. Please follow these instructions carefully to avoid delays or cancellations.

You should arrive 90 minutes prior to your scheduled procedure time to pre-register with the Cath Lab at the hospital. The Cath Lab will also contact you beforehand to confirm your arrival time and procedure time.

You do not need to fast before this procedure. A numbing agent will be applied to the incision area, so general anesthesia is not required.

Please bring your Advanced Directives (if you have them), insurance cards, and photo ID. Do not bring any jewelry, including wedding bands, watches, earrings, necklaces, bracelets, or ankle bracelets, as all jewelry must be removed prior to the procedure. Failure to remove jewelry may result in cancellation.

On the morning of your procedure, shower with an antimicrobial soap (such as Dial). Wear warm, loose, comfortable clothing, and low-heeled shoes.

If you wear glasses, contact lenses, dentures, or a hearing aid and wish to have them with you, bring appropriate containers to store them safely during your procedure.

Although it is not required, you may find it more comfortable to have someone accompany you to drive you home after the procedure.

For any questions about scheduling, contact your surgery scheduler. If you experience health-related issues before or after your procedure, call the main office at 352-674-8700. They can help you reach the nurse during normal office hours or the physician on call after hours.