

Craniosacral Therapy

Humana

Medicaid Medical Coverage Policy

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State(s): OK

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Description

Craniosacral therapy is a form of complementary and alternative medicine in which a practitioner uses gentle touch to assess and address the movement of the cranial bones, the sacrum and the membranes and fluids surrounding the brain and spinal cord. The therapy is based on the theory that subtle rhythmic motions in these areas can influence overall health and well-being. It is often used for conditions such as pain, stress and tension, though its benefits remain subject to further research.

Coverage Determination

There are no covered indications; refer to Coverage Limitations Section.

Coverage Limitations

For members under age 21, requests are reviewed for medical necessity in accordance with Early and Periodic Screening, Diagnostic and Treatment (EPSDT) requirements.

Humana members may **NOT** be eligible under the Plan for **craniosacral therapy**. This is considered not medically necessary.

A review of the current medical literature shows that there is **no evidence** to determine that this service is standard medical treatment. There is an absence of current, widely-used treatment guidelines or acceptable clinical literature examining benefits and long-term clinical outcomes establishing the value of this service in clinical management.

Coding Information

Any codes listed on this policy are for informational purposes only. Do not rely on the accuracy and inclusion of specific codes. Inclusion of a code does not guarantee coverage and/or reimbursement for a service or procedure.

CPT® Code(s)	Description	Comments
97530	Therapeutic activities, direct (one-on-one) patient contact (use of dynamic activities to improve functional performance), each 15 minutes	
CPT® Category III Code(s)	Description	Comments
No code(s) identified		
HCPCS Code(s)	Description	Comments
No code(s) identified		

References

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3. Hayes, Inc. Health Technology Assessment. Craniosacral therapy. <https://evidence.hayesinc.com>. Published May 27, 2014. Updated April 10, 2018.

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5. UpToDate, Inc. Autism spectrum disorder in children and adolescents: complementary and integrative medicine therapies. <https://uptodate.com>. Updated January 23, 2026.
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Change Summary

03/03/2026 New Policy.