## Maine

## **About your plan**

Good oral health means more than an attractive smile. Research shows that oral health, preventive care and regular visits to the dentist are integral to overall health.<sup>1</sup>

The Loyalty Plus dental plan is designed for people who are looking to maintain their oral health through regular dental exams and cleanings. The plan offers coverage for preventive, basic and major services like routine cleanings and exams, fillings, dentures and extractions. Members can maximize benefits by choosing one of the more than 135,000 dentists and specialists\* in our nationwide network. Visit **Humana.com/Find-Care** to find a participating dentist.

Who can enroll in this plan - Anyone can enroll in this plan.

## How your plan works

- Loyalty benefits There is confidence in knowing your dental plan. The longer you are a member, the greater your benefits, such as:
  - Increased coverage for procedures such as fillings, root canals, and crowns.
  - Increased maximum amounts that the plan will pay annually.
  - One-time deductible for as long as you stay on the plan.
- Choice The plan pays the same percentage no matter which dentist you visit. Save even more by choosing a dentist location in the Humana dental network. Visit Humana.com/Find-Care to find a participating dentist.
- Access to benefits With no waiting periods, you can get the dental work you need upon your effective date and your plan benefits will help cover the cost.

• Helps maintain good oral health - Most preventive services are covered at 100 percent.

One-time deductible  This is the dollar amount you pay for covered services before the plan pays	Individual Individual + One Family	\$150 \$300 \$450 \$1,000 per individual on the plan \$1,250 per individual on the plan \$1,500 per individual on the plan	
Annual maximum  This is the maximum amount that the plan will pay in a plan year for covered services	First year Second year Subsequent years		
Dental care services <sup>†</sup>	First year	Second year	Subsequent years
Preventive services (no waiting period)	100% no deductible	100% no deductible	100% no deductible
<ul> <li>Routine oral examinations (limit two every plan year)</li> </ul>			
<ul> <li>Periodontal examinations (limit two every plan year)</li> </ul>			
<ul> <li>Cleanings (limit two every plan year)</li> </ul>			
<ul> <li>Topical fluoride treatment (limit two every plan year, age 14 and younger)</li> </ul>			
<ul> <li>Sealants (limit one per tooth per lifetime, age 14 and younger)</li> </ul>			

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**Individual Dental** 

Dental care services <sup>†</sup> (continued)	First year	Second year	Subsequent years
Basic services (no waiting period)			
<ul> <li>Simple extractions and root removal (limit two every plan year)</li> </ul>			
<ul> <li>Fillings (limit two every plan year, composite covered on front teeth only<sup>2</sup>)</li> </ul>			
<ul> <li>Miscellaneous X-rays (limit one every plan year)</li> </ul>	40% after deductible	55% after deductible	70% after deductible
<ul> <li>Bitewing X-rays (limit one set of two or four every plan year)</li> </ul>	deductible	deddctible	deductible
<ul> <li>Full mouth or panoramic X-rays (limit one every five years)</li> </ul>			
<ul> <li>Palliative treatment of dental pain – per visit (limit two every plan year)</li> </ul>			
Major services (no waiting period)			
<ul> <li>Root canals (limit one per tooth every two years, permanent teeth only)</li> </ul>			
<ul> <li>Periodontal cleanings (limit two every plan year)</li> </ul>			
<ul> <li>Complete dentures (limit one every five years)</li> </ul>			
<ul> <li>Removable partial dentures (limit one every five years)</li> </ul>	20% after deductible	30% after deductible	50% after deductible
<ul> <li>Denture repair and adjustments (limit one every plan year)</li> </ul>			
<ul> <li>Crowns (limit one per tooth every five years)</li> </ul>			
<ul> <li>Onlays (limit one per tooth every five years)</li> </ul>			
<ul> <li>Space maintainers (age 14 and younger, initial placement only, not covered on permanent teeth)</li> </ul>			
Surgical extractions			
Oral surgery			
Note: Replacement of congenitally missing teeth or teeth extracted prior to coverage under the policy are not covered.			
Orthodontia services		discount on these non-	
Adult and child orthodontia	may contact your participating provider to determine if any discounts are available on non-covered services.		

<sup>\*</sup> Based on Humana network data, last accessed October 2024.

† Out-of-network dentists can bill you for charges above the amount covered by your Humana Dental plan. To ensure you do not receive additional charges, visit a dentist in our nationwide network. Waiting periods and other limitations may apply; please see your policy for coverage details.



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**Important to know:** Dental plans, excluding Dental Savings Plus, may have a minimum one-year initial contract period. If further clarification regarding coverage and benefits is needed, please ask your dentist for a pretreatment estimate. Payment may include an administration fee. A one-time, non-refundable enrollment fee may apply (the fee is non-refundable as allowed by state requirements). Applicable fees are disclosed at time of enrollment.

#### Footnotes:

- 1. "Gum Diseases and Other Diseases," American Academy of Periodontology, last accessed Oct. 11, 2024, https://www.perio.org/for-patients/gum-disease-information/gum-disease-and-other-diseases/
- 2. Composite (white) fillings are only covered on anterior (front) teeth. An alternate benefit is allowed for composite fillings on posterior (back) teeth where the plan will cover the cost of an amalgam (silver) filling and the member is responsible for any cost over the covered amount.



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### Limitations and exclusions

This is an outline of the limitations and exclusions for this Humana individual dental plan. It is designed for convenient reference. Consult the policy for a complete list of limitations and exclusions. In addition to any limitations and exclusions listed in "Schedule of Policy Benefits" or "Definition" sections, this policy does not provide benefits for the following:

- 1. Any expenses incurred while you qualify for any worker's compensation or occupational disease act or law, whether or not you applied for coverage.
- 2. Services:
  - a. That are free or that you would not be required to pay for if you did not have this insurance, unless charges are received from and reimbursable to the U.S. government or any of its agencies as required by law;
  - b. Furnished by, or payable under, any plan or law through any government or any political subdivision (this does not include Medicare or Medicaid); or
  - c. Furnished by any U.S. government-owned or operated hospital/institution/agency for any service connected with sickness or bodily injury.
- 3. Any loss caused or contributed by:
  - a. War or any act of war, whether declared or not;
  - b. Any act of international armed conflict; or
  - c. Any conflict involving armed forces of any international authority.
- 4. Any expense arising from the completion of forms.
- 5. Your failure to keep an appointment with the dentist.
- 6. Any service we consider cosmetic dentistry unless it is necessary as a result of an accidental injury sustained while you are covered under the policy. We consider the following cosmetic dentistry procedures:
  - a. Facings on crowns or pontics (the portion of a fixed bridge between the abutments) posterior to the second bicuspid;
  - b. Any service to correct congenital malformation;
  - c. Any service performed primarily to improve appearance; or
  - d. Characterizations and personalization of prosthetic devices.
- 7. Charges for:
  - a. Any type of implant and all related services, including crowns or the prosthetic device attached to it.
  - b. Precision or semi-precision attachments.
  - c. Overdentures and any endodontic treatment associated with overdentures.
  - d. Other customized attachments.
- 8. Any service related to:
  - a. Altering vertical dimension of teeth; Restoration or maintenance of occlusion;
  - b. Splinting teeth, including multiple abutments, or any service to stabilize periodontally weakened teeth;
  - c. Replacing tooth structures lost as a result of abrasion, attrition, erosion or abfraction; or
  - d. Bite registration or bite analysis.
- 9. Infection control, including but not limited to sterilization techniques.
- 10. Fees for treatment performed by someone other than a dentist except for scaling and teeth cleaning, and the topical application of fluoride that can be performed by an independent practice licensed dental hygiene therapist-working within the scope of their license.
- 11. Any hospital, surgical or treatment facility, or for services of an anesthesiologist or anesthetist.
- 12. Prescription drugs or pre-medications, whether dispensed or prescribed.
- 13. Any service not specifically listed in your plan benefits.
- 14. Any service shown as "Not Covered" in the Schedule.

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## Limitations and exclusions (continued)

- 15. Any service that we determine:
  - a. Is not a dental necessity;
  - b. Does not offer a favorable prognosis;
  - c. Does not have uniform professional endorsement; or
  - d. Is deemed to be experimental or investigational in nature.
- 16. Orthodontic services.
- 17. Any expense incurred before your effective date or after the date your coverage under the policy terminates.
- 18. Services provided by someone who ordinarily lives in your home or who is a family member.
- 19. Charges exceeding the reimbursement limit for the service.
- 20. Treatment resulting from any intentionally self-inflicted injury or bodily illness.
- 21. Local anesthetics, irrigation, nitrous oxide, bases, pulp caps, temporary dental services, study models, treatment plans, occlusal adjustments, or tissue preparation associated with the impression or placement of a restoration when charged as a separate service. These services are considered an integral part of the entire dental service.
- 22. Repair and replacement of orthodontic appliances.
- 23. Any surgical or nonsurgical treatment for any jaw joint problems, including any temporomandibular joint disorder, craniomaxillary, craniomandibular disorder or other conditions of the joint linking the jaw bone and skull; or treatment of the facial muscles used in expression and chewing functions, for symptoms including, but not limited to, headaches.
- 24. Elective removal of non-pathologic impacted teeth.

Insured by HumanaDental Insurance Company.

Policy number: HUMD-IP.001 11/20

Applications are subject to approval. This communication provides a general description of certain identified insurance or non-insurance benefits provided under one or more of our health benefit plans. Our health benefit plans have exclusions and limitations and terms under which the coverage may be continued in force or discontinued. For costs and complete details of the coverage, refer to the plan document or call or write your Humana insurance agent or the company. In the event of any disagreement between this communication and the plan document, the plan document will control. Plans are not available in all states. Plan benefits may vary by state. Refer to the plan documents for complete details of coverage.

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