

2025 Humana Gold Plus Integrated Health and Wellness Catalog and Order Form

With the Humana Gold Plus Integrated (Medicare-Medicaid) plan, you can order up to \$65 of health and wellness items each quarter from CenterWell Pharmacy. You can have over-the-counter (OTC) items like cough medicine, sunscreen, and bandages mailed right to you.

Call CenterWell Pharmacy at **1-855-211-8370 (TTY:711)** if you have questions about how to order your quarterly OTC products. Customer Care Representatives are available Monday – Friday, 7 a.m. to 10 p.m. and Saturday, 7 a.m. to 5:30 p.m., Central time. Call the number on the back of your ID card if you have questions about your quarterly benefit.

How to order:

Keep this catalog. You will need this to look up the OTC items you want to order each quarter. Place your order by the last week of your allowance period. Only order up to \$65 in OTC items. Your order may be late if it is more than \$65.

You can order:

- By phone: Choose the OTC items you would like to purchase and call CenterWell Pharmacy at **1-855-211-8370 (TTY: 711)** to place your order
- By mail: Fill out the Health and Wellness Order Form and mail only the order form pages to:
CenterWell Pharmacy
P.O. Box 1197
Cincinnati, OH 45201-1197
- By fax: Fill out the Health and Wellness Order Form and fax only the order form pages to:
1-800-379-7617

Humana®

Humana Gold Plus Integrated (Medicare-Medicaid plan) is a health plan that contracts with both Medicare and Illinois Medicaid to provide benefits of both programs to members.

2025 Humana Gold Plus Integrated Health and Wellness Order Form



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MEMBER INFORMATION

Member ID (found on Humana ID card)

Date of Birth

Gender

 Male
 Female

First Name

Last Name

MI

Street Number

Street Name

Apt/Suite #

City

State

Daytime Phone

Evening Phone

Please check box if this is a new address

Call CenterWell Pharmacy at **855-211-8370** (TTY: **711**), or the number on the back of your ID card, if you have questions about your OTC benefit. Customer Care Representatives are available Monday - Friday, 7 a.m. to 10 p.m. and Saturday, 7 a.m. to 5:30 p.m., Central time.

Orders will be mailed to you by FedEx, UPS or the US Postal Service at no charge. Please allow 5 to 7 working days for your order to arrive. **Orders may be split into multiple shipments.** You'll receive a generic that is similar to the name-brand item. This product list is subject to change. If a product is unavailable or not in stock, it may be substituted for a similar product at no additional charge. The brand name product may also be sent. Generics allow you to get your OTC items at the best price. Please talk to your doctor before using any over-the-counter item. CenterWell Pharmacy reserves the right to limit the quantities of OTC medications and supplies dispensed. Please check with your healthcare provider before taking OTC medicines. Some items may vary depending on manufacturer (for example: caplets, tablets, capsules or soft gels may be substituted for one another). Returns or refunds are not accepted for items that were properly dispensed.

OTC items can only be mailed to the plan enrollee. You are not allowed to buy OTC items for family members and friends.

The following items are not covered under this OTC benefit (non-eligible items): Alternative medicines (including botanicals, herbals, probiotics and nutraceuticals including garlic, Echinacea, saw palmetto, ginkgo biloba, etc), Baby items, Contraceptives, Convenience (non-medical items), Cosmetics, Food Supplements, Replacement items, Attachments, and Peripherals (including hearing aid batteries, contact lens containers, etc when not factory packaged with original item).

Humana Gold Plus Integrated (Medicare-Medicaid Plan) is a health plan that contracts with both Medicare and Illinois Medicaid to provide benefits of both programs to enrollees.

Call if you need us

We're available Monday - Friday, from 8 a.m. - 8 p.m. Central time. However, please note that our automated phone system may answer your call after hours, during weekends, and holidays. Please leave your name and telephone number, and we'll call you back by the end of the next business day. The call is free. Visit Humana.com for 24 hour access to information such as claims history, eligibility, and Humana's drug list. There you can also use the physician finder and get health news and information.

ATTENTION: If you speak Spanish, language assistance services, free of charge, are available to you. Call Customer Care at **1-800-787-3311** (TTY: **711**), Monday - Friday, from 8 a.m. - 8 p.m. Central time. The call is free.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-787-3311** (TTY: **711**). Estamos disponibles de lunes a viernes, de 8 a.m. a 8 p.m. hora Central. La llamada es gratuita.

Member ID (found on Humana ID card)

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Date of Birth

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First name

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Last name

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PRODUCT SELECTION

*Write in the quantity of the product you would like to receive, not the package size listed in catalog.

| Product Code | Product Name | Quantity* | Price |
|-----------------------|--------------------------|-----------|-------|
| <i>Example:</i> 0 1 6 | Aspirin Low Dose 81mg EC | 1 | \$6 |
| 1 OTC □□□ | _____ | □ | _____ |
| 2 OTC □□□ | _____ | □ | _____ |
| 3 OTC □□□ | _____ | □ | _____ |
| 4 OTC □□□ | _____ | □ | _____ |
| 5 OTC □□□ | _____ | □ | _____ |
| 6 OTC □□□ | _____ | □ | _____ |
| 7 OTC □□□ | _____ | □ | _____ |
| 8 OTC □□□ | _____ | □ | _____ |
| 9 OTC □□□ | _____ | □ | _____ |
| 10 OTC □□□ | _____ | □ | _____ |
| 11 OTC □□□ | _____ | □ | _____ |
| 12 OTC □□□ | _____ | □ | _____ |
| 13 OTC □□□ | _____ | □ | _____ |
| 14 OTC □□□ | _____ | □ | _____ |
| 15 OTC □□□ | _____ | □ | _____ |

To order by mail, send the completed Humana Health and Wellness Product Order Form page to: CenterWell Pharmacy P.O. Box 1197 Cincinnati, OH 45201-1197

Your total order amount \$ _____
Humana allowance \$ **65**

Over-the-Counter (OTC) Health and Wellness Product Catalog

Baby & Kids

| Product code | Product name | Compare to | Package count | Price |
|---|---|---|---------------|--------|
| Diapers & Wipes | | | | |
| 680 | Baby Wipes, Fragrance Free | Baby Wipes, Fragrance Free | 80 | \$5 |
| Digestive Health | | | | |
| 349 | Children's Gas Relief Drops | Infant's Mylicon® | 1 oz. | \$9.50 |
| Laxatives, Constipation & Softener | | | | |
| 644 | Enemeez Kids Mini-Enema (Docusate Sodium 100mg) | Enemeez Kids Mini-Enema | 5 | \$15 |
| Multivitamins & Supplements | | | | |
| 355 | Children's Gummy Vitamins | VitaFusion | 60 | \$7.50 |
| 645 | Kids Culturelle Complete Multivitamin + Probiotic, Chewable | Kids Culturelle Complete Multivitamin + Probiotic, Chewable | 50 | \$23 |
| Oral Care | | | | |
| 681 | Children's Battery Powered Toothbrushes | Children's Battery Powered Toothbrushes | 2 | \$9 |

Bathroom safety

| Product code | Product name | Compare to | Package count | Price |
|-----------------------------|---|---------------------------------------|---------------|---------|
| Bathtub & Shower | | | | |
| 418 | Bath Bench with Arms, No Back (13.5" seat depth, 16"-21" seat height)** | Essential Medical Supply Shower Bench | 1 | \$40 |
| 371 | Bath mat** | Bath mat | 1 | \$13 |
| 494 | Handheld Shower | Handheld Shower | 1 | \$21 |
| 373 | Tub and Stair Safety Treads | Tub and Stair Safety Treads | 8 | \$10.50 |
| 421 | Tub Safety Bar** | Drive Medical Tub Safety Bar | 1 | \$45 |
| Grab Bars | | | | |
| 491 | Grab Bar, Knurled Chrome, 12" | Grab Bar, Knurled Chrome, 12" | 1 | \$17.50 |
| 492 | Grab Bar, Knurled Chrome, 24" | Grab Bar, Knurled Chrome, 24" | 1 | \$19 |
| Toilet | | | | |
| 372 | Raised Toilet Seat, 250 lbs. capacity** | Raised Toilet Seat, 250 lbs. capacity | 1 | \$38 |
| 420 | Toilet Safety Rails** | Nova® Toilet Safety Rails | 1 | \$39 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

**Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their healthcare provider about the appropriateness of this OTC item.

| Urinal | | | | |
|--------|---------------------------|---------------------------|---|--------|
| 685 | Portable Urinal for Men | Portable Urinal for Men | 1 | \$6.50 |
| 686 | Portable Urinal for Women | Portable Urinal for Women | 1 | \$11 |

Cough, Cold and Allergy

| Product code | Product name | Compare to | Package count | Price |
|------------------------|--|---|---------------|---------|
| Allergy & Sinus Relief | | | | |
| 113 | Cetirizine HCL 10mg++ | Zyrtec® 10mg | 30 | \$11 |
| 496 | Fexofenadine 180mg | Allegra® | 30 | \$17.50 |
| 688 | Fluticasone Nasal Spray, 144 Sprays | Flonase Nasal Spray | 144 Sprays | \$20 |
| 689 | Fluticasone Nasal Spray, 72 Sprays | Flonase Nasal Spray | 72 Sprays | \$14 |
| 361 | Levocetirizine 5mg++ | Xyzal® | 35 | \$11 |
| 110 | Loratadine 10mg, 30ct | Claritin® | 30 | \$11 |
| 690 | Loratadine 10mg, 100ct | Claritin® | 100 | \$8 |
| 622 | Loratadine 10mg, Orally Disintegrating Tablets | Claritin® RediTabs® | 30 | \$15 |
| 290 | Loratadine Liquid 5mg/5ml | Children's Claritin® | 4 oz. | \$11.50 |
| 095 | Nasal Decongestant Spray | Afrin® | 1 oz. | \$7 |
| 293 | Triamcinolone Allergy Nasal Spray | Nasacort® Allergy 24 hour | 0.57 fl oz. | \$18 |
| Allergy Eye Drops | | | | |
| 546 | Bausch + Lomb Alaway® Antihistamine Eye Drops | Bausch + Lomb Alaway® Antihistamine Eye Drops | .34 oz. | \$15.50 |
| 291 | Eye Itch Relief 0.025% Eye Drops | Zaditor® | 0.17 fl oz. | \$13 |
| 556 | Pataday® Once Daily Relief | Pataday® Once Daily Relief | 2.5 ml | \$24.50 |
| 557 | Pataday® Twice Daily Relief | Pataday® Twice Daily Relief | 5 ml | \$21.50 |
| Cough, Cold & Flu | | | | |
| 260 | Cough and Cold High Blood Pressure Tablets* limit 2 per month | Coricidin® HBP Cough and Cold | 16 | \$7.50 |
| 321 | Cough Formula Expectorant | Robitussin® | 8 oz. | \$10 |
| 632 | Cough Formula Expectorant, Sugar Free | Robitussin® Sugar Free | 8 oz. | \$11 |
| 633 | Cough Suppressant and Expectorant* limit 2 per month | Robitussin® DM | 8 oz. | \$10 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

**This item is also covered on the plan's preferred drug list at \$0 with a prescription from your provider, or you can order on your \$65 OTC benefit without a prescription.

*Sale of products containing Dextromethorphan are prohibited to members under the age of 18. Limit quantity of two per month.

| | | | | |
|------------------------------------|---|---|--------|---------|
| 210 | Cough Suppressant and Expectorant, Sugar Free* limit 2 per month | Robitussin® Sugar Free DM | 4 oz. | \$7 |
| 111 | Guaifenesin (Expectorant) 400mg limit 2 per month | Guaifenesin (Expectorant) 400mg | 30 | \$9 |
| 589 | Guaifenesin, Extended Release, 600mg | Guaifenesin, Extended Release, 600mg | 20 | \$15 |
| 043 | Medicated Chest Rub | Vicks VapoRub® | 100 gm | \$7.50 |
| 692 | Mucinex® DM Max Liquid Cold & Flu Medicine* limit 2 per month | Mucinex® | 6 oz. | \$19 |
| 693 | NightTime Cold & Flu Relief Liquid* limit 2 per month | Vicks® Nyquil High Blood Pressure Cold and Flu Relief | 8 oz | \$8.50 |
| 694 | Vicks® NyQuil Cold & Flu LiquiCaps* limit 2 per month | Vicks® | 24 | \$13.50 |
| Nasal Care | | | | |
| 497 | Nasal Rinse Kit | NeilMed® Sinus Rinse™ | 1 | \$12 |
| 362 | Nasal Strips Medium | Breathe Right® Nasal Strips | 30 | \$10 |
| 325 | Saline Nasal Spray | Ocean® Saline Nasal Spray | 3 oz. | \$7 |
| Throat Lozenges & Spray | | | | |
| 117 | Menthol and Benzocaine Sore Throat Lozenges | Cepacol® Lozenges | 18 | \$6 |
| 220 | Phenol and Oral Anesthetic Sore Throat Spray limit 2 per month | Chloraseptic® | 6 oz. | \$7.50 |

Diabetes Management

| Product code | Product name | Compare to | Package count | Price |
|--------------------------------|---|--------------------------------|---------------|---------|
| Compression Dress Socks | | | | |
| 501 | Compression Dress Socks, 8 - 15mmHg, Black, S | Curad® Compression Dress Socks | 1 pair | \$14.50 |
| 500 | Compression Dress Socks, 8 - 15mmHg, Black, M | Curad® Compression Dress Socks | 1 pair | \$14.50 |
| 499 | Compression Dress Socks 8 - 15mmHg, Black, L | Curad® Compression Dress Socks | 1 pair | \$14.50 |
| Compression Stockings | | | | |
| 265 | Compression Stockings 15-20mmHg, Beige, Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13") | JOBST® Compression Stockings | 1 pair | \$15 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.
*Sale of products containing Dextromethorphan are prohibited to members under the age of 18. Limit quantity of two per month.

| | | | | |
|-------------------|---|---------------------------------|--------|---------|
| 266 | Compression Stockings 15-20mmHg, Beige, Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15") | JOBST® Compression Stockings | 1 pair | \$15 |
| 267 | Compression stockings 15-20mmHg, Beige, Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17") | JOBST® Compression Stockings | 1 pair | \$15 |
| 268 | Compression Stockings 15-20mmHg, Beige, Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19") | JOBST® Compression Stockings | 1 pair | \$15 |
| 269 | Compression Stockings 15-20mmHg, Beige, Size E (Ankle: 11" - 11 7/8"; Calf: 18" - 21") | JOBST® Compression Stockings | 1 pair | \$15 |
| 270 | Compression Stockings 15-20mmHg, Beige, Size F (Ankle: 12" - 12 7/8"; Calf: 20" - 23") | JOBST® Compression Stockings | 1 pair | \$15 |
| 271 | Compression Stockings 15-20mmHg, Beige, Size G (Ankle: 13" - 13 7/8"; Calf: 22" - 26") | JOBST® Compression Stockings | 1 pair | \$15 |
| 329 | Compression Stockings 15-20mmHg, Black, Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13") | JOBST® Compression Stockings | 1 pair | \$15 |
| 330 | Compression Stockings 15-20mmHg, Black, Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15") | JOBST® Compression Stockings | 1 pair | \$15 |
| 331 | Compression Stockings 15-20mmHg, Black, Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17") | JOBST® Compression Stockings | 1 pair | \$15 |
| 332 | Compression Stockings 15-20mmHg, Black, Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19") | JOBST® Compression Stockings | 1 pair | \$15 |
| 333 | Compression Stockings 15-20mmHg, Black, Size E (Ankle: 11" - 11 7/8"; Calf: 18" - 21") | JOBST® Compression Stockings | 1 pair | \$15 |
| 334 | Compression Stockings 15-20mmHg, Black, Size F (Ankle: 12" - 12 7/8"; Calf: 20" - 23") | JOBST® Compression Stockings | 1 pair | \$15 |
| 335 | Compression Stockings 15-20mmHg, Black, Size G (Ankle: 13" - 13 7/8"; Calf: 22" - 26") | JOBST® Compression Stockings | 1 pair | \$15 |
| Crew Socks | | | | |
| 376 | Diabetes Circulatory Crew Socks 8-15mmHg, Black, S | Diabetes Circulatory Crew Socks | 1 pair | \$10.50 |
| 375 | Diabetes Circulatory Crew Socks 8-15mmHg, Black, M | Diabetes Circulatory Crew Socks | 1 pair | \$10.50 |
| 374 | Diabetes Circulatory Crew Socks 8-15mmHg, Black, L | Diabetes Circulatory Crew Socks | 1 pair | \$10.50 |
| 377 | Diabetes Circulatory Crew Socks 8-15mmHg, Black, XL | Diabetes Circulatory Crew Socks | 1 pair | \$10.50 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

| | | | | |
|----------------------------------|---|---|---------|---------|
| 381 | Diabetes Circulatory Crew Socks 8-15mmHg, White, S | Diabetes Circulatory Crew Socks | 1 pair | \$10.50 |
| 380 | Diabetes Circulatory Crew Socks 8-15mmHg, White, M | Diabetes Circulatory Crew Socks | 1 pair | \$10.50 |
| 379 | Diabetes Circulatory Crew Socks 8-15mmHg, White, L | Diabetes Circulatory Crew Socks | 1 pair | \$10.50 |
| 382 | Diabetes Circulatory Crew Socks 8-15mmHg, White, XL | Diabetes Circulatory Crew Socks | 1 pair | \$10.50 |
| Diabetes Management Items | | | | |
| 408 | Diabetic Skin Relief Body Lotion | Gold Bond® Ultimate Diabetics' Dry Skin Relief Hydrating Lotion | 5.5 oz. | \$11.50 |
| 272 | Diabetic Skin Relief Foot Cream | Gold Bond® Diabetic Skin Relief Foot Cream | 3.4 oz. | \$9.50 |
| 634 | Glucose Gummies | Glucose Gummies | 60 | \$10 |
| 305 | Glucose Tablets | DEX4® Glucose Tablets | 60 | \$14 |
| 274 | Sharps Container | BD™ Home Sharps Container | 1 | \$10 |

Digestive Health

| Product code | Product name | Compare to | Package count | Price |
|--|--|--------------------------------|---------------|---------|
| Antacids, Heartburn & Gas Relief | | | | |
| 032 | Antacid/Anti-Gas Liquid | Mylanta® | 12 oz. | \$8.50 |
| 215 | Effervescent Antacid & Pain Relief | Alka-Seltzer® | 36 | \$7.50 |
| 323 | Esomeprazole 20mg | Nexium® 24HR | 28 | \$18 |
| 320 | Extra Strength Gas Relief Soft-Gels | Gas-X® Extra Strength | 48 | \$10 |
| 261 | Famotidine 20mg | Pepcid® 20mg | 25 | \$9 |
| 112 | Omeprazole 20mg | Prilosec OTC® 20mg | 14 | \$10 |
| Anti-Diarrheal | | | | |
| 318 | Anti-Diarrheal Tablets (Loperamide) 2 mg | Imodium® A-D | 24 | \$8.50 |
| 115 | Pink Bismuth, Chewable Tablets | Pepto-Bismol® Chewable Tablets | 30 | \$6 |
| Anti-Nausea, Vomiting & Motion Sickness | | | | |
| 505 | Meclizine 25mg | Bonine® | 100 | \$6.50 |
| 120 | Motion Sickness Tablets (Dimenhydrinate) 50 mg | Dramamine® | 12 | \$7 |
| 351 | Nausea Relief Liquid | Emetrol® | 4 oz. | \$8.50 |
| 698 | Sea-Band® Motion Sickness Bands | Sea-Band® | 2 | \$17.50 |
| Fiber & Dairy Digestive | | | | |
| 116 | Dairy Digestive Supplement, Lactase Enzyme | Lactaid® Tablets | 60 | \$11 |
| 415 | Fiber Gummies | Vitafusion™ Fiber Well Gummies | 90 | \$14.50 |
| 208 | Fiber Laxative Tablets | FiberCon® | 90 | \$11 |
| 697 | Liquid Fiber Supplement | Liquid Fiber Supplement | 32 oz. | \$30 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

| | | | | |
|---|--|---|----------|--------|
| 258 | Psyllium Fiber Laxative Capsules | Metamucil® Capsules | 160 | \$13 |
| 359 | Psyllium Fiber Supplement Orange Smooth Texture Powder | Metamucil® | 13 oz. | \$16 |
| 360 | Psyllium Fiber Supplement Orange Smooth Texture Powder, Sugar Free | Metamucil® Sugar Free | 10 oz. | \$13 |
| Hemorrhoid Care | | | | |
| 031 | Anti-Hemorrhoidal Ointment | Preparation H® | 2 oz. | \$6 |
| 216 | Hemorrhoidal Suppositories | Preparation H® Suppositories | 12 | \$9 |
| 358 | Medicated Hemorrhoidal Pads | Tucks® Pads | 100 | \$9 |
| Laxatives, Constipation & Softener | | | | |
| 093 | Bisacodyl 5mg | Dulcolax® | 25 | \$7 |
| 504 | Laxative Suppositories (Bisacodyl) 10mg | Laxative Suppositories (Bisacodyl) 10mg | 12 | \$8.50 |
| 033 | Milk of Magnesia, Laxative/Antacid | Phillips® Milk of Magnesia | 12 oz. | \$8 |
| 663 | Polyethylene Glycol Powder | MiraLAX® | 17.9 oz. | \$19 |
| 233 | Senna Laxative Tablets | Senokot® | 100 | \$12 |
| 101 | Stool Softener Capsules | Colace® | 100 | \$8.50 |

Fall Prevention

| Product code | Product name | Compare to | Package count | Price |
|------------------------------|---|--|---------------|---------|
| Canes | | | | |
| 527 | Cane with Offset Handle** | Cane with Offset Handle | 1 | \$21.50 |
| 529 | Folding Cane** | Folding Cane | 1 | \$20 |
| 386 | Quad Cane, Large Base, 300 lbs. capacity** | Quad Cane, Large Base | 1 | \$27 |
| 387 | Quad Cane, Small Base, 300 lbs. capacity** | Quad Cane, Small Base | 1 | \$30 |
| Dressing Aids | | | | |
| 619 | Extra-Long Shoe Horn with Sock Remover | Extra-Long Shoe Horn with Sock Remover | 1 | \$11 |
| 594 | Sock Assistance Device | Sock Assistance Device | 1 | \$9.50 |
| Fall Safety | | | | |
| 532 | Non-Skid Slipper Socks | Non-Skid Slipper Socks | 1 pair | \$6 |
| 419 | Plug-in LED Night Lights | Plug-In LED Night Lights | 2 | \$7 |
| 625 | Transfer Belt with Handles, Wide | Transfer Belt with Handles, Wide | 1 | \$22 |
| Mobility Assistance | | | | |
| 531 | Grabber Reacher Tool | Grabber Reacher Tool | 1 | \$16 |
| Replacement Cane Tips | | | | |
| 628 | Replacement Cane Tips, 1/2" (compatible with 387) | Replacement Cane Tips, 1/2" | 4 | \$8 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

**Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their healthcare provider about the appropriateness of this OTC item.

| | | | | |
|-----|---|-----------------------------|---|-----|
| 626 | Replacement Cane Tips, 3/4" (compatible 527 & 529) | Replacement Cane Tips, 3/4" | 2 | \$8 |
| 627 | Replacement cane tips, 5/8" (compatible 386) | Replacement Cane Tips, 5/8" | 4 | \$8 |

First Aid

| Product code | Product name | Compare to | Package count | Price |
|--------------------------------|--|--|---------------|---------|
| Bandages & Supplies | | | | |
| 508 | Butterfly Closures | Butterfly Closures | 12 | \$5 |
| 509 | Cloth Tape, 1" x 10 yards | Cloth Tape, 1" x 10 yards | 1 | \$5.50 |
| 036 | Cotton Swabs | Q-Tips® Cotton Swabs | 300 | \$6 |
| 510 | Curad® Adhesive Bandages, Fingertip | Curad® Adhesive Bandages, Fingertip | 100 | \$9 |
| 511 | Curad® Adhesive Bandages, Knuckles | Curad® Adhesive Bandages, Knuckles | 100 | \$8 |
| 512 | Curad® Bandage Variety Pack | Curad® Bandage Variety Pack | 200 | \$11 |
| 519 | Curad® Non-Stick Pads, 3" x 4" | Curad® Non-Stick Pads, 3" x 4" | 10 | \$6.50 |
| 514 | Curad® Quick Stop Blood Controlling Bandages | Curad® Quick Stop Blood Controlling Bandages | 30 | \$7 |
| 515 | Curad® Silicone Bandages | Curad® Silicone Bandages | 20 | \$7 |
| 517 | Curad® Spray Bandage ⁺ | Curad® Spray Bandage | 1.35 oz. | \$10.50 |
| 226 | Elastic Bandage, 4" | Ace® Bandage | 1 | \$7 |
| 425 | Elastic Bandage, 6" | Ace® Bandage | 1 | \$9.50 |
| 648 | First Aid Tough Wrap | Band-Aid® Tough Wrap | 1 | \$6.50 |
| 520 | Gauze Sponges, 4" x 4" | Gauze Sponges 4" x 4" | 50 | \$8.50 |
| 431 | Paper Tape, 2" x 10 yards | Curad® Paper Tape | 1 | \$8 |
| 324 | Plastic Bandages | Band-Aids® | 200 | \$8 |
| 638 | Silicone Foam Absorbent Dressing, 4x4" | Opti-Heal Silicone Foam Absorbent Dressing | 4 | \$17 |
| 701 | Skin Protectant Wipes | Skin Protectant Wipes | 50 | \$15 |
| 635 | Skin Tone Bandages, Dark Brown, (10 medium & 10 large) | Tru-Colour Skin Tone bandages | 20 | \$7.50 |
| 636 | Skin Tone Bandages, Brown, (10 medium & 10 large) | Tru-Colour Skin Tone bandages | 20 | \$7.50 |
| 637 | Skin Tone Bandages, Olive, (10 medium & 10 large) | Tru-Colour Skin Tone bandages | 20 | \$7.50 |
| 702 | Sterile Pads, 5x9 | Sterile Pads, 5x9 | 20 | \$10 |
| 384 | Waterproof Adhesive Bandages | Waterproof Adhesive Bandages | 100 | \$8.50 |
| Burn Relief | | | | |
| 507 | Burn Relief Spray | Burn Relief Spray | 2 oz. | \$6.50 |
| 516 | Curad® Soothe & Cool Burn Bandages, Instant Cooling, Assorted Sizes | Curad® Soothe & Cool Burn Bandages, Instant Cooling, Assorted Sizes | 8 | \$8.50 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

**Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

| Emergency Response | | | | |
|---------------------------------|---------------------------------|--|---------|---------|
| 669 | Naloxone HCL Nasal Spray 4mg | Naloxone HCL Nasal Spray 4mg | 2 | \$49 |
| Hot & Cold Therapies | | | | |
| 428 | Hot Water Bottle | Hot Water Bottle | 1 | \$10.50 |
| 430 | Ice Bag | Ice Bag | 1 | \$8 |
| 310 | Reusable Cold Compress | ACE™ Cold Compress | 1 | \$9.50 |
| Kits | | | | |
| 385 | First Aid Kit, 175 Pieces | Curad® First Aid Kit, 175 Pieces | 1 kit | \$14 |
| Ointments & Gels | | | | |
| 513 | Curad® Germ Shield Gel | Curad® Germ Shield Gel | 0.5 oz. | \$8 |
| 432 | Petroleum Jelly | Vaseline® | 4 oz. | \$5 |
| 231 | Triple Antibiotic Ointment Plus | Neosporin® + Pain Relief | 1 oz. | \$8 |
| Sanitizers | | | | |
| 035 | Alcohol Prep Pads | Curad® Alcohol Swabs | 100 | \$5 |
| 700 | Hand Sanitizer Wipes, 20ct | Purell® | 20 | \$7 |
| 506 | Antiseptic Spray | Antiseptic Spray | 2 oz. | \$7 |
| 427 | Hand Sanitizer+ | Purell® | 8 oz. | \$4 |
| 521 | Hand Sanitizer Wipes, 160ct+ | Purell® | 160 | \$13 |
| 703 | Sterile Wound Wash | Medicleanse First Aid Sterile Wound Wash | 1 | \$10.50 |

Fitness Devices

| Product code | Product name | Compare to | Package count | Price |
|---------------------------|------------------------------------|-------------|---------------|-------|
| Exercise Equipment | | | | |
| 528 | Foam Roller | Foam Roller | 1 | \$18 |
| 534 | Resistance Band, Medium Resistance | Theraband® | 1 | \$10 |
| Exercise Trackers | | | | |
| 441 | Pedometer | Pedometer | 1 | \$14 |

Home Medical

| Product code | Product name | Compare to | Package count | Price |
|--|---|--------------------------------|---------------|-------|
| Blood Pressure Devices & Cuff | | | | |
| 460 | Bilingual Talking Blood Pressure Monitor** | Omron® | 1 | \$65 |
| 242 | Blood Pressure Home Kit (Manual pump w/stethoscope)** | Blood pressure home kit | 1 | \$20 |
| 245 | Digital Blood Pressure Monitor** | Digital Blood Pressure Monitor | 1 | \$45 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

+Product cannot be shipped to P.O. Boxes, Alaska, Hawaii, or Puerto Rico

**Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their healthcare provider about the appropriateness of this OTC item.

| | | | | |
|---------------------------------------|---|------------------------------------|----------|---------|
| 591 | Extra-Large Blood Pressure Cuff (42cm-48cm) | Extra-Large Blood Pressure Cuff | 1 | \$17.50 |
| Breathing Aids | | | | |
| 455 | Peak Flow Meter | Peak Flow Meter | 1 | \$22 |
| Cushions & Pillows | | | | |
| 443 | CPAP Memory Foam Pillow** | CPAP Memory Foam Pillow | 1 | \$50 |
| 444 | CPAP Pillow Fiber Filled** | CPAP Pillow Fiber Filled | 1 | \$45 |
| 447 | Foam Ring Cushion | Carex® | 1 | \$21 |
| 709 | Gel Seat Cushion | Aduken | 1 | \$19 |
| 450 | Hypoallergenic Pillow** | Hypoallergenic Pillow | 1 | \$20 |
| 710 | Hypoallergenic Pillow Protector, Standard | Aller-Ease | 2 | \$9 |
| 451 | Lumbar Cushion | Carex® | 1 | \$21.50 |
| 711 | Wheelchair Cushion | Wheelchair Cushion | 1 | \$31.50 |
| Hearing | | | | |
| 704 | Duracell® Hearing Aid Batteries, Size 10 | Duracell® Hearing Aid Batteries | 8 | \$14 |
| 706 | Duracell® Hearing Aid Batteries, Size 13 | Duracell® Hearing Aid Batteries | 8 | \$14 |
| 705 | Duracell® Hearing Aid Batteries, Size 312 | Duracell® Hearing Aid Batteries | 8 | \$14 |
| Heating Pad & Wrap | | | | |
| 244 | Electric Heating Pad, Standard** | Sunbeam® Electric Heating Pad | 1 | \$26.50 |
| 448 | Heating Pad for Shoulder and Neck** | Sunbeam® Electric | 1 | \$35 |
| Home Tests | | | | |
| 642 | COVID-19 Antigen Home Test Kit | COVID-19 Antigen Home Test Kit | 2 | \$19 |
| Humidifiers & Accessories | | | | |
| 449 | Humidifier, Ultra-Sonic Cool Mist** | Honeywell® Humidifier - Ultrasonic | 1 | \$50.50 |
| Medical Bracelets | | | | |
| 452 | Medical Bracelet, Diabetes | Medical Bracelet | 1 | \$18 |
| 453 | Medical Bracelet, Heart Patient | Medical Bracelet | 1 | \$18 |
| Medication Aids & Disposal | | | | |
| 257 | 7-Day Pill Box | 7-Day Pill Box | 1 | \$10.50 |
| 370 | Medication Disposal Powder | DisposeRx™ | 3 | \$12.50 |
| 458 | Medication Lock | Pillpod | 1 | \$22 |
| 456 | Pill Bottle Opener with Magnifying Glass | Pill Bottle Opener | 1 | \$10.50 |
| 457 | Pill Splitter & Crusher | Pill Splitter & Crusher | 1 | \$9.50 |
| Personal Protective Aids | | | | |
| 486 | Cloth Face Masks | Cloth Face Masks | 3 masks | \$10 |
| 485 | Disposable Face Masks | Disposable Face Masks | 10 masks | \$10 |
| 345 | Disposable Gloves, Non-Latex | Curad® | 100 | \$13 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.
 **Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

| Pulse Oximeters | | | | |
|-----------------|--|--|---|------|
| 593 | Bilingual Talking Pulse Oximeter** | Talking Pulse Oximeter | 1 | \$50 |
| 309 | Pulse Oximeter** | Pulse Oximeter | 1 | \$40 |
| Scales | | | | |
| 707 | Bilingual Talking Digital Bathroom Scale** | Bilingual Talking Digital Bathroom Scale | 1 | \$45 |
| 247 | Digital Bathroom Scale** | Digital Bathroom Scale | 1 | \$22 |
| 530 | Food Scale | Food Scale | 1 | \$20 |
| Sensory Aids | | | | |
| 445 | Digital Hearing Amplifier** | Clearon Hearing Amplifier | 1 | \$50 |
| 446 | Magnifying Glass | Magnifying Glass | 1 | \$10 |
| Thermometers | | | | |
| 708 | Bilingual Talking Ear and Forehead Thermometer** | Bilingual Talking Ear and Forehead Thermometer | 1 | \$20 |
| 048 | Oral Thermometer | B-D® Oral Thermometer | 1 | \$8 |

Incontinence

If you experience incontinence, we're here to help you find the right products for you. Below is a chart to help you choose the product(s) you need.

| Absorbency level ↓ | Usage | Tab-style or Briefs | Underwear or Pull on | Pads |
|------------------------------|--|--|--|---|
| | Day | Unisex: <ul style="list-style-type: none"> Extra absorbency tab-style disposable briefs <ul style="list-style-type: none"> Small, Medium, Large, XL, XXL Ultra Absorbency tab-style disposable briefs <ul style="list-style-type: none"> Small, Medium, Large, XL, XXL | For women: <ul style="list-style-type: none"> Incontinence Underwear <ul style="list-style-type: none"> Small/Medium, Large/XL For men: <ul style="list-style-type: none"> Incontinence Underwear <ul style="list-style-type: none"> Small/Medium, Large/XL Unisex: <ul style="list-style-type: none"> Incontinence Underwear, heavy absorbency - XXL | For women: <ul style="list-style-type: none"> Panty liner Bladder control pad <ul style="list-style-type: none"> Light Moderate Maximum For men: <ul style="list-style-type: none"> Bladder control guards |
| Extended or overnight | Unisex: <ul style="list-style-type: none"> Extended wear high capacity tab-style briefs <ul style="list-style-type: none"> Small, Medium, Large, XL | | For women: <ul style="list-style-type: none"> Bladder control pad, Ultimate | |

| Product code | Product name | Compare to | Package count | Price |
|-----------------|--|--|---------------|--------|
| Clean & Protect | | | | |
| 712 | Aloe Personal Cleansing Non-Flushable Wipes | Aloe Personal Cleansing Non-Flushable Wipes | 48 | \$7.50 |
| 713 | Aloe Personal Cleansing Non-Flushable Wipes, Quilted | Aloe Personal Cleansing Non-Flushable Wipes, Quilted | 48 | \$7.50 |
| 715 | Commode Liners | Commode Liners | 60 | \$24 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

**Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

| | | | | |
|--------------------------|---|--|-------|---------|
| 369 | Flushable Cleansing Cloths | Cottonelle® | 40 | \$5 |
| 714 | Perineal Skin Cleanser | Perineal Skin Cleanser | 8 oz. | \$5 |
| 666 | Zinc Oxide 20% Cream | Zinc Oxide 20% Cream | 2 oz. | \$7 |
| Pads & Guards | | | | |
| 366 | Bladder Control Guards for Men | FitRight® Active Bladder Guards for Men | 52 | \$15 |
| 595 | Bladder Control Pad for Women, Light | FitRight® | 20 | \$9.50 |
| 597 | Bladder Control Pad for Women, Maximum | FitRight® | 10 | \$9.50 |
| 596 | Bladder Control Pad for Women, Moderate | FitRight® | 16 | \$9 |
| 598 | Bladder Control Pad for Women, Ultimate | FitRight® | 10 | \$10.50 |
| 599 | Panty Liner, Long | Panty Liner, Long | 40 | \$8 |
| Tab-Style Briefs | | | | |
| 396 | Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, Small (Waist size 20"-32") | FitRight® Disposable Briefs, Extra Absorbency | 20 | \$18.50 |
| 395 | Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, Medium (Waist Size 32"-44") | FitRight® Disposable Briefs, Extra Absorbency | 20 | \$18.50 |
| 394 | Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, Large (Waist size 44"-56") | FitRight® Disposable Briefs, Extra Absorbency | 20 | \$18.50 |
| 397 | Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, XL (Waist size 56"-64") | FitRight® Disposable Briefs, Extra Absorbency | 20 | \$18.50 |
| 398 | Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, XXL (Waist size 60"-70") | FitRight® Disposable Briefs, Extra Absorbency | 20 | \$18.50 |
| 401 | Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, Small (Waist size 20"-32") | FitRight® Disposable Briefs, Ultra Absorbency | 20 | \$18.50 |
| 400 | Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, Medium (Waist size 32"-44") | FitRight® Disposable Briefs, Ultra Absorbency | 20 | \$18.50 |
| 399 | Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, Large (Waist size 44"-56") | FitRight® Disposable Briefs, Ultra Absorbency | 20 | \$18.50 |
| 402 | Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, XL (Waist size 56"-64") | FitRight® Disposable Briefs, Ultra Absorbency | 20 | \$18.50 |
| 403 | Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, XXL (Waist size 60"-70") | FitRight® Disposable Briefs, Ultra Absorbency | 20 | \$18.50 |
| 696 | Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, 3XL (Waist Size 71"-84") | Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency | 12 | \$22 |
| 539 | Extended Wear Stretch Brief, Size 1 (Waist 31-52 inch) | Extended Wear High-Capacity Tab-Style Briefs | 20 | \$25 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

| | | | | |
|-----------------------------------|--|---|----|---------|
| 538 | Extended Wear Stretch Brief, Size 2 (Waist 40-70 inch) | Extended Wear High Capacity Tab-Style Briefs | 20 | \$25 |
| Underpads & Chair Pads | | | | |
| 256 | Absorbent Underpads (Disposable Chux Pads), 23" x 36" | Protection Plus® Disposable Underpads 23" x 36" | 20 | \$13.50 |
| 617 | Chair Pad, Washable Waterproof, 21" x 22" | Chair pad, Washable Waterproof | 1 | \$12 |
| 537 | Disposable Underpads, 36" x 36" | Disposable Underpads 36" x 36" | 50 | \$34 |
| 542 | Washable Underpad 34" x 36" | Washable Underpad | 1 | \$14 |
| Underwear | | | | |
| 602 | Incontinence Underwear for Men, Heavy Absorbency, Small/Medium (Waist Sizes 28" - 40") | FitRight® | 20 | \$16 |
| 603 | Incontinence Underwear for Men, Heavy Absorbency, Large/XL, (Waist Sizes 40" - 56") | FitRight® | 20 | \$16 |
| 600 | Incontinence Underwear for Women, Heavy Absorbency, Small/Medium (Waist Sizes 28" - 40") | FitRight® | 20 | \$16 |
| 601 | Incontinence Underwear for Women, Heavy Absorbency, Large/XL (Waist Sizes 40" - 56") | FitRight® | 20 | \$16 |
| 604 | Incontinence Underwear Unisex, Heavy Absorbency, 2XL (Waist Sizes 68" - 80") | FitRight® | 20 | \$21 |

Men's Health

| Product code | Product name | Compare to | Package count | Price |
|---------------------|--|--|---------------|-------|
| Men's Health | | | | |
| 647 | Prostate Health with Beta-Sitosterol 125mg | Prostate Health with Beta-Sitosterol 125mg | 60 | \$19 |
| Condoms | | | | |
| 202 | Condom, Lubricated | Trojan Lubricated Condoms | 12 | \$10 |

Pain Relievers

| Product code | Product name | Compare to | Package count | Price |
|----------------------|--------------------------------------|--------------------------------|---------------|---------|
| Acetaminophen | | | | |
| 020 | Acetaminophen 80mg Chewable | Tylenol® Children's Chewable | 30 | \$7 |
| 294 | Acetaminophen 325mg, 100ct | Tylenol® Regular Strength | 100 | \$8 |
| 717 | Acetaminophen 325mg, 200ct | Tylenol® Regular Strength | 200 | \$10.50 |
| 002 | Acetaminophen 500mg, 100ct | Tylenol® Extra Strength | 100 | \$8.50 |
| 718 | Acetaminophen 500mg, 225ct | Tylenol® Extra Strength | 200 | \$11 |
| 605 | Acetaminophen Arthritis 650mg, 24ct | Acetaminophen arthritis 650 mg | 24 | \$7 |
| 719 | Acetaminophen Arthritis 650mg, 100ct | Tylenol® Arthritis | 100 | \$12 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

| | | | | |
|--|---|--------------------------------|----------|---------|
| 716 | Acetaminophen & Ibuprofen | Advil Dual Action | 72 | \$10 |
| 353 | Liquid Acetaminophen (Children's)* limit 2 per month | Children's Tylenol® 160mg/5ml | 4 oz. | \$7 |
| Aspirin & Aspirin Combo | | | | |
| 016 | Aspirin Low Dose 81mg EC | Bayer® Adult Low Strength EC | 120 | \$6.50 |
| 229 | Enteric Coated Aspirin 325mg | Ecotrin® | 100 | \$5.50 |
| 125 | Headache Formula (Aspirin/Acetaminophen/Caffeine) | Excedrin® | 100 | \$10.50 |
| Ibuprofen & Naproxen Sodium | | | | |
| 019 | Ibuprofen 200mg Tablets, 50ct | Advil® | 50 | \$6 |
| 650 | Ibuprofen 200mg Tablets, 100ct | Advil® | 100 | \$8.50 |
| 720 | Ibuprofen 200mg Tablets, 250ct | Advil® | 250 | \$14 |
| 094 | Ibuprofen Suspension (Children's)* limit 2 per month | Children's Motrin® | 4 oz. | \$7 |
| 283 | Naproxen Sodium 220mg | Aleve® | 100 | \$9 |
| Patches | | | | |
| 213 | Cold and Hot Patches | Icy Hot® Patch | 5 | \$8.50 |
| 365 | Lidocaine Patches | Salonpas® Lidocaine Patches | 6 | \$10 |
| Topical Pain Relievers | | | | |
| 543 | Arthritis Pain Gel | Voltaren Gel | 3.53 oz. | \$15 |
| 649 | Lidocaine 4% Pain Relief Cream | Lidocaine 4% Pain Relief Cream | 2.7 oz. | \$8 |
| 046 | Muscle Rub | BenGay® | 4 oz. | \$8 |
| 344 | Roll-On Muscle Relief | Biofreeze® | 2.5 oz. | \$12 |
| 464 | Spray-On Muscle Relief† | BioFreeze® Spray | 4 oz. | \$11.50 |
| 722 | Tiger Balm® Muscle Spray | Tiger Balm® | 2.53 oz. | \$10 |
| 724 | Tiger Balm® Pain Relieving Patch | Tiger Balm® | 5 | \$10 |
| 119 | Topical Analgesic Cream (Capsaicin Cream) 0.025% | Zostrix® Cream | 2 oz. | \$8.50 |

Personal Care

| Product code | Product name | Compare to | Package count | Price |
|--------------------------------------|-------------------------|---------------------|---------------|--------|
| Dental Floss, Flossers, Picks | | | | |
| 224 | Dental Floss, Waxed | Dental Floss, Waxed | 100 yards | \$5 |
| 391 | Dental Flossers | Dental Flossers | 90 | \$5 |
| 554 | Interdental brush picks | Gum® | 275 | \$6.50 |
| 555 | Interdental Gum Brushes | Gum® | 10 | \$7 |
| Denture Care | | | | |
| 225 | Denture Adhesive | Fixodent® | 1.5 oz. | \$7 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.
 *Sale of products containing Dextromethorphan are prohibited to members under the age of 18. Limit quantity of two per month.

| | | | | |
|---|---|--|------------|---------|
| 392 | Denture Brush | GUM® Denture Brush | 1 | \$5.50 |
| 319 | Effervescent Denture Tabs | Efferdent® | 90 | \$7 |
| 553 | Fixodent® Denture Adhesive | Fixodent® Denture Adhesive | 2.4 oz. | \$8 |
| 652 | Overnight Dental Guard with Case | Dental Clean | 2 | \$9 |
| Ear Care | | | | |
| 118 | Earwax Removal Drops | Debrox® Earwax Removal Drops | 0.5 fl oz. | \$7 |
| 728 | Noise Reducing Ear Plugs | Noise Reducing Ear Plugs | 50 | \$15 |
| 729 | Noise Reducing Slim Fit Ear Plugs | Noise Reducing Slim Fit Ear Plugs | 50 | \$13 |
| Eye Care | | | | |
| 615 | Bausch + Lomb Soothe® XP Emollient Eye Drops | Bausch + Lomb Soothe® XP Emollient Eye Drops | 15 ml | \$17 |
| 725 | Blink GelTears® Lubricating Eye Drops | Blink® | 10 ml | \$16 |
| 726 | Blink® Tears Lubricating Eye Drops | Blink® | 30 ml | \$22 |
| 727 | Blink® Triple Care Lubricating Eye Drops | Blink® | 10 ml | \$16.50 |
| 551 | Contact Lens Solution | Opti-Free® Replenish® | 12 oz. | \$8 |
| 219 | Eye Drops, Redness Reliever | Visine® Original | 0.5 oz. | \$6.50 |
| 114 | Lubricant Eye Drops (Sterile) | Lubricant Eye Drops (Sterile) | 0.5 oz. | \$7.50 |
| 346 | Lubricant Eye Gel | GenTeal® | 0.34 oz. | \$13 |
| 730 | Eye Care AREDS 2 & CoQ10 | PreserVision AREDS 2 | 100 | \$30 |
| 405 | Preservative Free Lubricant Eye Drops | Refresh Optive® | 30 vials | \$14.50 |
| Foot Care | | | | |
| 613 | Antifungal Foot Powder, Miconazole Nitrate 2% | Zeasorb® AF | 2.5 oz. | \$9.50 |
| 465 | Bunion Guard | Bunion Guard | 1 | \$9 |
| 473 | Moleskin | Moleskin | 3 strips | \$6 |
| Oral Care | | | | |
| 544 | Abreva® Cold Sore Treatment | Abreva® Cold Sore Treatment | .07 oz. | \$25 |
| 548 | Biotene® Spray | Biotene® Spray | 1.5 oz. | \$11 |
| 393 | Dry Mouth Oral Rinse | Biotene® Dry Mouth Oral Rinse | 16 fl oz. | \$8 |
| 414 | Medicated Lip Treatment | Carmex® | 2 | \$6 |
| 295 | Oral Pain Relief, Benzocaine 20% | Orajel™ Maximum | 0.5 oz. | \$7 |
| 651 | Oral B® Gum Detoxify Rinse | Oral B® Gum Detoxify Rinse | 16 fl oz. | \$9.50 |
| Power Dental Flossers & Tips | | | | |
| 471 | Battery-Operated Water Jet** | Interplak® Battery-Operated Water Jet | 1 | \$35 |
| 472 | Battery-Operated Water Jet Tips | Interplak® Battery-Operated Water Jet Tips | 5 | \$13 |
| Toothbrushes & Accessories | | | | |
| 664 | Interplak® Toothbrush Heads | Conair® | 2 | \$23 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

**Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

| | | | | |
|-------------------|---|-----------------------|---------|---------|
| 665 | Interplak® Toothbrush, Rechargeable, Cordless | Conair® | 1 | \$30 |
| 284 | Toothbrush | Toothbrush | 3 | \$6 |
| Toothpaste | | | | |
| 545 | Aim® Toothpaste | Aim® Toothpaste | 5.5 oz. | \$5 |
| 550 | Colgate® Toothpaste | Colgate® Toothpaste | 4.6 oz. | \$6 |
| 552 | Crest® Toothpaste | Crest® Toothpaste | 5.4 oz. | \$7 |
| 558 | Pepsodent® Toothpaste | Pepsodent® Toothpaste | 5.5 oz. | \$5 |
| 606 | Sensodyne Toothpaste | Sensodyne Toothpaste | 6 oz. | \$12.50 |

Skin Care

| Product code | Product name | Compare to | Package count | Price |
|--|--|--|---------------|--------|
| Allergy & Itchy Relief | | | | |
| 217 | Allergy Cream, Itch and PAin Relief | Benadryl® Extra Strength Cream | 1 oz. | \$6 |
| 411 | Soothing Oatmeal Bath Treatment | Avveno® Soothing Bath Treatment | 8 | \$10 |
| Antifungal Creams | | | | |
| 038 | Clotrimazole Cream 1% | Lotrimin AF® | 05 oz. | \$9 |
| 218 | Tolnaftate Antifungal Cream 1% | Tinactin® Cream | 1 oz. | \$10 |
| Skin Creams, Lotions & Gels | | | | |
| 560 | Aloe Vera with Lidocaine | Aloe Vera with Lidocaine | 20 oz. | \$9.50 |
| 037 | Calamine Lotion | Calamine Lotion | 6 oz. | \$7 |
| 409 | Eczema Moisturizing Cream | Aveeno® Active Naturals® Eczema Therapy Moisturizing Cream | 5 oz | \$10 |
| 322 | Hydrocotisone Cream 1% | Cortaid® | 2 oz. | \$7 |
| 561 | Phytoplex Calazime Skin Protectant | Phytoplex Calazime Skin Protectant | 4 oz. | \$10 |
| 410 | Psoriasis Medicated Ointment | Psoriasis Medicated Ointment | 3.8 oz. | \$11 |
| 653 | Scalpicin® Max Strength Scalp Itch Treatment | Scalpicin® Max Strength Scalp Itch Treatment | 1.5 oz. | \$11 |
| 562 | Skin Protectant Paste | Skin Protectant Paste | 4 oz. | \$7.50 |
| 563 | Skin Repair Cream | Remedy® Intensive Skin Therapy Skin Repair Cream | 4 oz. | \$7.50 |
| 308 | Vitamin A&D Ointment | A&D® Original Ointment | 4 oz. | \$7 |
| Sun & Insect Care | | | | |
| 388 | Insect Bite Relief | After Bite® | 0.5 fl oz. | \$7.50 |
| 327 | Insect Repellent | Off® Deep Woods® Insect Repellent | 6 oz. | \$11 |
| 306 | Sun Block SPF30 | Coppertone® SPF 30 | 8 oz. | \$10 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

| | | | | |
|--------------------------|-------------------------------|--------------------------|---------|------|
| 564 | Sunscreen SPF 50 | Sunscreen SPF 50 | 8 oz. | \$10 |
| Wart & Callus | | | | |
| 241 | Medicated Corn/Callus Remover | Dr. Scholl's® | 6 | \$7 |
| 296 | Wart Remover Liquid | Compound W® Max Strength | 0.31oz. | \$9 |

Smoking Cessation

| Product code | Product name | Compare to | Package count | Price |
|----------------|--|----------------------------|---------------|-------|
| Gum | | | | |
| 123 | Stop Smoking Gum, 2mg ⁺⁺ | Nicorette® 2mg Gum | 50 | \$20 |
| 124 | Stop Smoking Gum, 4mg ⁺⁺ | Nicorette® 4mg Gum | 50 | \$20 |
| Patches | | | | |
| 315 | Nicotine Transdermal Patch, 7mg, 7/ Box ⁺⁺ | Nicotine Transdermal Patch | 7 | \$23 |
| 313 | Nicotine Transdermal Patch, 14mg, 7/ Box ⁺⁺ | Nicotine Transdermal Patch | 7 | \$23 |
| 314 | Nicotine Transdermal Patch, 21mg, 7/ Box ⁺⁺ | Nicotine Transdermal Patch | 7 | \$23 |
| 660 | Nicotine Transdermal Patch, 7mg, 14/ Box ^{**} | Nicotine Transdermal Patch | 14 | \$35 |
| 661 | Nicotine Transdermal Patch, 14mg, 14/ Box ^{**} | Nicotine Transdermal Patch | 14 | \$35 |
| 662 | Nicotine Transdermal Patch, 21mg, 14/ Box ^{**} | Nicotine transdermal patch | 14 | \$35 |

Supports

| Product code | Product name | Compare to | Package count | Price |
|--------------------------------|---------------------------------|-----------------------------------|---------------|-------|
| Arm & Shoulder | | | | |
| 734 | Neo-G Easy-Fit Arm Sling | Neo-G | 1 | \$29 |
| 735 | Neo-G Easy-Fit Shoulder Support | Neo-G | 1 | \$35 |
| 737 | Nufabrx Arm Pain Relief Sleeve | Nufabrx | 1 | \$20 |
| Hand, Wrist & Elbow | | | | |
| 565 | Arthritis Gloves, Small | Vive Arthritis Gloves | 1 pair | \$18 |
| 364 | Arthritis Gloves, Medium | Vive Arthritis Gloves | 1 pair | \$18 |
| 363 | Arthritis Gloves, Large | Vive Arthritis Gloves | 1 pair | \$18 |
| 733 | Carpal Tunnel Glove, Small | Carpal Tunnel Glove | 1 | \$9 |
| 732 | Carpal Tunnel Glove, Medium | Carpal Tunnel Glove | 1 | \$9 |
| 731 | Carpal Tunnel Glove, Large | Carpal Tunnel Glove | 1 | \$9 |
| 442 | Carpal Tunnel Night Brace | Futuro® Carpal Tunnel Night Brace | 1 | \$23 |
| 339 | Elbow Support | Futuro® Elbow Support | 1 | \$13 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

| | | | | |
|-------------------------------|---|---------------------------------|--------|---------|
| 743 | Nufabrx Wrist Pain Relief Sleeve | Nufabrx | 1 | \$20 |
| 343 | Wrist Support | Futuro® | 1 | \$12.50 |
| Knee, Ankle & Foot | | | | |
| 336 | Ankle Support | Futuro® | 1 | \$12 |
| 342 | Knee Support with Stays, Small | Futuro® Knee Support with stays | 1 | \$20 |
| 341 | Knee Support with Stays, Medium | Futuro® Knee Support with stays | 1 | \$20 |
| 340 | Knee Support with Stays, Large | Futuro® Knee Support with stays | 1 | \$20 |
| 357 | Knee Support with Stays XL | Futuro® Knee Support with stays | 1 | \$20 |
| 736 | Nufabrx Ankle Pain Relief Sleeve | Nufabrx | 1 | \$20 |
| 739 | Nufabrx Calf Pain Relief Sleeve | Nufabrx | 1 | \$20 |
| 740 | Nufabrx Knee Pain Relief Sleeve | Nufabrx | 1 | \$20 |
| 741 | Nufabrx Lower Leg Pain Relief Sleeve | Nufabrx | 1 | \$20 |
| 459 | Plantar Fasciitis Relief Sleeve | Plantar Fasciitis Relief Sleeve | 1 pair | \$17 |
| Neck & Back | | | | |
| 337 | Back Support Elastic, OSFM | Futuro® | 1 | \$23 |
| 567 | Back Support with Pulley System, SM/ MED | Back Support with Pulley System | 1 | \$21 |
| 566 | Back Support with Pulley System, Large/XL | Back Support with Pulley System | 1 | \$19 |
| 568 | Back Support with Pulley System 2XL | Back Support with Pulley System | 1 | \$19 |
| 738 | Nufabrx Back Pain Relief Sleeve | Nufabrx | 1 | \$35 |
| 742 | Nufabrx Neck Pain Relief Sleeve | Nufabrx | 1 | \$25 |

Vitamins, Minerals and Supplements

| Product code | Product name | Compare to | Package count | Price |
|--|---|---|---------------|---------|
| Brain & Eye/Vision | | | | |
| 569 | Bausch + Lomb PreserVision® AREDS 2 chewables | Bausch + Lomb PreserVision® AREDS 2 chewables | 60 | \$26 |
| 616 | Brain Health Supplement | Neuriva, Coffee Fruit Extract 100 mg, Phosphatidylserine 100 mg | 30 | \$21 |
| 750 | Eye Care Vitamin Gummies | Ocutive® Eye Health Gummies | 36 | \$12 |
| 907 | Eye Care Vitamins | Ocuvite® Extra | 36 | \$9 |
| Immune Support & Antioxidants | | | | |
| 745 | Airborne® Chewable Tablets, Citrus | Airborne® | 32 | \$11 |
| 746 | Airborne® Effervescent Tablets, Zesty Orange | Airborne® | 10 | \$10.50 |
| 747 | Airborne® Elderberry Gummies | Airborne® | 50 | \$19.50 |
| 748 | Airborne® Gummies, Assorted Fruit | Airborne® | 42 | \$19.50 |
| 297 | Antioxidant Tablets | Antioxidant Tablets | 60 | \$11 |
| 474 | Immune Support Chewable Tablets | Airborne® | 32 | \$8 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

** Sale of products containing nicotine are prohibited to members under the age of 21.

| Minerals | | | | |
|------------------------------|--|--|--------|---------|
| 298 | Ferrous Sulfate 325mg | Feosol® 100 | 100 | \$8.50 |
| 246 | Liquid Iron Formulation 220mg/5ml | Liquid Iron | 16 oz. | \$10 |
| 302 | Magnesium Oxide 400mg | Mag-Ox® 400mg | 120 | \$10 |
| 317 | Organic Sulfur MSM 1000mg | Organic sulfur MSM 1000mg | 90 | \$15 |
| 303 | Potassium Gluconate 595mg | Potassium Gluconate 595mg | 100 | \$7.50 |
| Multivitamins | | | | |
| 063 | Complete Senior Vitamins and Minerals | Centrum® Silver | 60 | \$10 |
| 011 | Daily Multivitamin and Mineral | Centrum® | 130 | \$10.50 |
| 618 | Diabetic Multivitamin Sugar-Free Gummies | Diabetic Multivitamin Sugar-Free Gummies | 60 | \$16 |
| 299 | Gummy Multivitamins | Multivitamin Gummy | 120 | \$11 |
| 672 | One A Day Women's Postnatal Complete Multivitamin | One A Day | 60 | \$30 |
| 316 | One Daily Men's Multivitamin | One-A-Day Men's® | 60 | \$8.50 |
| 107 | One Daily Women's Multivitamin | One-A-Day Women's® | 60 | \$8.50 |
| Nutritional Beverages | | | | |
| 573 | Glucerna® Diabetes Nutrition Shake, Chocolate, 8 oz. limit 1 per month | Glucerna® | 24 | \$55 |
| 578 | Glucerna® Diabetes Nutrition Shake, Vanilla, 8 oz. limit 1 per month | Glucerna® | 24 | \$55 |
| Supplements | | | | |
| 614 | Apple Cider Vinegar (with the mother) 500mg & Ginger 1mg Gummies | Apple Cider Vinegar (with the mother) 500mg & Ginger 1mg Gummies | 60 | \$12 |
| 902 | Co-Enzyme Q-10 30mg | Co-Enzyme Q-10 30mg | 30 | \$12 |
| 367 | Co-Enzyme Q-10 100mg | Co-Enzyme Q-10 100mg | 30 | \$13 |
| 749 | Co-Enzyme Q-10 Gummies | Co-Enzyme Q-10 Gummies | 60 | \$18 |
| 608 | Elderberry Gummies | Elderberry Gummies | 60 | \$14 |
| 477 | Flax Seed Oil 1000mg Softgels | Flax Seed Oil | 90 | \$11 |
| 609 | Ginseng Extract 100mg | Ginseng Extract 100mg | 50 | \$16.50 |
| 412 | Glucosamine Chondroitin Triple Strength | Glucosamine Chondroitin Triple Strength | 100 | \$25 |
| 655 | Melatonin 3mg | Melatonin 3mg | 60 | \$7 |
| 278 | Melatonin 5mg | Melatonin 5mg | 100 | \$9.50 |
| 412 | Glucosamine Chondroitin Triple Strength | Glucosamine Chondroitin Triple Strength | 100 | \$25 |
| 655 | Melatonin 3mg | Melatonin 3mg | 60 | \$7 |
| 278 | Melatonin 5mg | Melatonin 5mg | 100 | \$9.50 |
| 479 | Melatonin Gummies, 5mg | Vitajoy® | 120 | \$13 |
| 657 | Nerve Health | Nervive™ Nerve Health | 30 | \$15 |
| 413 | Omega-3 Fish Oil 1000mg | Omega-3 Fish Oil 1000mg | 90 | \$10 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

| | | | | |
|-----------------------|--|--|--------|---------|
| 610 | Papaya Enzyme | Papaya Enzyme | 100 | \$7 |
| 607 | Probiotic | Probiotic | 30 | \$18 |
| 654 | Probiotic Gummies | Probiotic Gummies | 60 | \$10 |
| 751 | Probiotic Gummies, Sugar Free | Probiotic Gummies, Sugar Free | 60 | \$14 |
| 752 | Stress Relief Gummies | Olly Goodbye Stress | 42 | \$11 |
| 753 | Turmeric Curcumin | Turmeric Curcumin | 60 | \$10.50 |
| Vitamins A - Z | | | | |
| 250 | Almebex Plus B-12® | Almebex Plus B-12® | 473 ml | \$31 |
| 475 | Biotin Gummies | Vitafusion™ | 100 | \$14 |
| 476 | Calcium + Vitamin D3 Gummies | Nature's Way® Alive!® | 60 | \$13.50 |
| 570 | Calcium Carbonate with Vitamin D3 600mg-10mcg TAB | Calcium Carbonate with Vitamin D3 600 mg - 400IU tablet | 100 | \$12 |
| 109 | Calcium Citrate + Vitamin D3 | Citracal® Caplets + D3 | 60 | \$7.50 |
| 248 | Chewable Calcium with Vitamin D3 | Caltrate® 600 + D3 Plus Minerals Chewable | 60 | \$11 |
| 240 | Folic Acid 800mcg | Folic acid 800 mcg | 100 | \$7 |
| 300 | Gummy Vitamin C 250mg | Vitamin C 250mg gummy | 100 | \$13 |
| 301 | Gummy Vitamin D3 50mcg (2000 unit) | Gummy Vitamin D3 50mcg (2000 unit) | 120 | \$12 |
| 481 | Rena-vite Vitamins | Rena-vite Vitamins | 100 | \$12.50 |
| 909 | Timed Release Niacin 500mg | Timed Release Niacin 500mg | 100 | \$8.50 |
| 574 | Vitamin B-12 500mcg Tablet | Vitamin B-12 500mcg Tablet | 100 | \$8 |
| 238 | Vitamin B-12 1000mcg | Vitamin B-12 1000mcg | 100 | \$8 |
| 279 | Vitamin B-12 5000mcg, Sublingual | Vitamin B-12 5000mcg Sublingual | 30 | \$10 |
| 482 | Vitamin B-Complex Gummies | VitaFusion™ | 70 | \$10 |
| 280 | Vitamin B-Complex Sublingual | Vitamin B-Complex Sublingual | 60 | \$11 |
| 903 | Vitamin B-Complex with B-12 | B-Complex with B-12 | 100 | \$9 |
| 010 | Vitamin C 500mg | Vitamin C 500mg | 100 | \$6.50 |
| 209 | Vitamin D3 25mcg (1000 UNIT) | Vitamin D3 25mcg (1000 UNIT) | 100 | \$9.50 |
| 576 | Vitamin D3 50mcg (2000 UNIT) | Vitamin D3 50mcg (2000 UNIT) | 240 | \$16 |
| 239 | Vitamin D3 125mcg (5000 UNIT) | Vitamin D3 125mcg (5000 UNIT) | 100 | \$10 |
| 483 | Vitamin D3 1250mcg (50,000 UNIT) | Vitamin D3 1250mcg (50,000 UNIT) | 12 | \$7 |
| 012 | Vitamin E 400 IU Synthetic | Vitamin E 400 IU Synthetic | 100 | \$11 |

Women's Health

| Product code | Product name | Compare to | Package count | Price |
|----------------------|---------------------------|--------------------------|---------------|-------|
| Feminine Care | | | | |
| 671 | Kotex Overnight Maxi Pads | Kotex | 14 | \$9 |
| 678 | Feminine Cleansing Wipes | Feminine Cleansing Wipes | 100 | \$8 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

| | | | | |
|-----------------------|--|---|--------------|---------|
| 675 | Tampax Cardboard Tampons, Unscented, Regular | Tampax | 20 | \$8.50 |
| 676 | Tampax Cardboard Tampons, Unscented, Super Plus | Tampax | 40 | \$10 |
| 676 | U by Kotex Clean & Secure Maxi Pads, Regular | U by Kotex | 24 | \$8.50 |
| Menopause | | | | |
| 670 | ClearBlue Menopause Stage Indicator Test | ClearBlue | 5 | \$29 |
| 658 | Estroven® Weight Management for Menopause Relief | Estroven Weight Management for Menopause Relief | 30 | \$23 |
| Multivitamins | | | | |
| 623 | Prenatal Multivitamin | Prenatal Multivitamin | 100 | \$10 |
| Pregnancy | | | | |
| 668 | Opill Oral Contraceptive, 28-Day Supply | Opill Oral Contraceptive, 28-Day Supply | 28 | \$20 |
| 612 | Pregnancy Test | ClearBlue | 2 | \$8 |
| Urinary Health | | | | |
| 659 | Daily Bladder Comfort (pumpkin seed extract 300mg) | AZO Bladder Control w/ Go-Less® | 60 | \$14 |
| 326 | Urinary Pain Relief | AZO Urinary Pain Relief® | 30 | \$8.50 |
| 484 | Urinary Tract Infection Test Strips | AZO Urinary Tract Infection Test Strips® | 3 | \$10.50 |
| 674 | Women's Cranberry & Probiotic Gummies | Women's Cranberry & Probiotic Gummies | 60 | \$19 |
| Vaginal Health | | | | |
| 041 | Clotrimazole 1% Vaginal Cream | Gyne-Lotrimin® Cream | 1.5 oz. | \$11 |
| 656 | Cranberry Plus Probiotic | AZO® Cranberry | 60 | \$11 |
| 304 | Miconazole 3 Combo Pack | Monistat® 3 Combo Pack | 3 day supply | \$14 |
| 624 | Vaginal Health Probiotic | AZO Complete Feminine Balance™ | 30 | \$29 |
| 611 | Vaginal Moisturizer | Vagisil® | 8 | \$20 |

If you receive a generic, it will be comparable to the name-brand product. This list is subject to change.

Call If You Need Us

If you have questions or need help reading or understanding this document, call us at **1-800-787-3311 (TTY: 711)**. We are available Monday through Friday, from 8 a.m. to 8 p.m., Central time. However, please note that our automated phone system may answer your call after-hours, during weekends, and on holidays. We can help you at no cost to you. We can explain the document in English or in your preferred language. We can also help you if you need help seeing or hearing. Please refer to your Member Handbook regarding your rights.

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, language, medical or claims history, mental or physical disability, genetic information, or source payment. Discrimination is against the law. Humana and its subsidiaries comply with applicable state and federal civil rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.
If you need help filing a grievance, call **1-800-787-3311** or if you use a **TTY**, call **711**.
- You can also file a civil rights complaint with the:
U.S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at **U.S. Department of Health and Human Services**, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019, 800-537-7697 (TDD)**. Complaint forms are available at <https://www.hhs.gov/sites/default/files/ocr-cr-complaint-form-package.pdf>.

Auxiliary aids and services, free of charge, are available to you. **1-800-787-3311 (TTY: 711)**

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

Humana Gold Plus Integrated (Medicare-Medicaid plan) is a health plan that contracts with both Medicare and Illinois Medicaid to provide benefits of both programs to members.

Multi-Language Insert

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at **1-800-787-3311 (TTY: 711)**. Someone who speaks English can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al **1-800-787-3311 (TTY: 711)**. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

簡體中文 (Simplified): 我們提供免費的翻譯服務, 幫助您解答關於健康或藥物保險的任何疑問。如果您需要此翻譯服務, 請致電 **1-800-787-3311 (TTY: 711)**。我們的中文工作人員很樂意幫助您。這是一項免費服務。

廣東話 (Cantonese): 您對我們的健康或藥物保險可能存有疑問, 為此我們提供免費的翻譯服務。如需翻譯服務, 請致電 **1-800-787-3311 (TTY: 711)**。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

Tagalog (Tagalog – Filipino): Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa **1-800-787-3311 (TTY: 711)**. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

Français (French): Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au **1-800-787-3311 (TTY: 711)**. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Tiếng Việt (Vietnamese): Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi **1-800-787-3311 (TTY: 711)** sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí.

Deutsch (German): Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter **1-800-787-3311 (TTY: 711)**. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

한국어 (Korean): 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 **1-800-787-3311 (TTY: 711)** 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Русский (Russian): Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону **1-800-787-3311 (TTY: 711)**. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

العربية (Arabic): إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على **1-800-787-3311 (TTY: 711)**. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

हिंदी (Hindi): हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं। एक दुभाषिया प्राप्त करने के लिए, बस हमें **1-800-787-3311 (TTY: 711)** पर फोन करें। कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है। यह एक मुफ्त सेवा है।

Italiano (Italian): È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero **1-800-787-3311 (TTY: 711)**. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Português (Portuguese): Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número **1-800-787-3311 (TTY: 711)**. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

Kreyòl Ayisyen (French Creole): Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan **1-800-787-3311 (TTY: 711)**. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polski (Polish): Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer **1-800-787-3311 (TTY: 711)**. Ta usługa jest bezpłatna.

日本語 (Japanese): 当社の健康健康保険と薬品処方薬プランに関するご質問にお答えするために、無料の通訳サービスがあります。通訳をご用命になるには、**1-800-787-3311 (TTY: 711)** にお電話ください。日本語を話す人が支援いたします。これは無料のサービスです。