

Virtual care where you are most comfortable

Virtual visits (telehealth)

With a Humana Medicare Advantage plan, you can attend doctor visits from the comfort of your home, without the need for a waiting room. Virtual visits make it possible to receive nonemergency medical care wherever you are using your phone, tablet, or computer.*

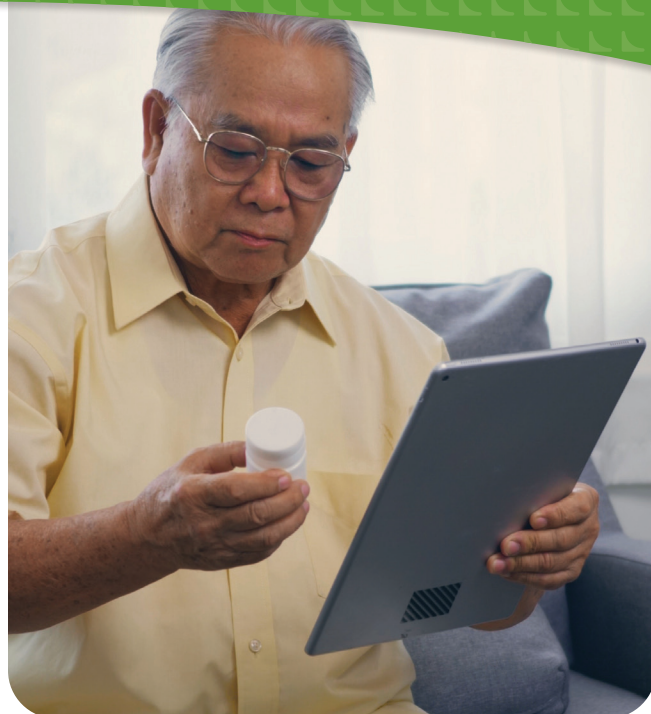
This plan covers virtual visits 100% for both in- and out-of-network providers. Telehealth visits can be used for chronic condition management, follow-up care after an office visit, medication reviews, prescription refills, and many other routine healthcare needs, similar to an in-person appointment.

Virtual visits also provide access to licensed behavioral health specialists who can offer guidance and support for a variety of life's challenges. They can:

- Discuss healthy ways to deal with stress, anxiety or sadness
- Listen without judgment as you talk about your life, relationships and feelings
- Help you set and meet behavioral and emotional goals
- Assist you in developing strategies for living a fuller, healthier life

If you don't have a primary care provider, or they don't offer virtual visits, you can search by using the "Find Care tool" at your.humana.com/ncshp or by logging in to your MyHumana account and selecting the "Get Care" menu.

*Depending on the initial consultation, video may be required for telehealth visits. Standard data rates may apply.



Scan this QR code

Scan this QR code with your mobile device to find a provider near you, or visit your.humana.com/ncshp.

Have questions?

If you need help or have questions, call Customer Care at the number listed on the back of your Humana member ID card.

**Remember, when you
have a life-threatening
injury or major trauma,
call 911.**