

Caregivers

Making sure your caregiver has the tools and support to assist you, so you can focus on living your life.

Everyone needs a little help now and then. Many people trust a family member or close friend to help them with their healthcare—someone who may help you talk with us about your insurance plan, keep track of your benefits and claims, or ask healthcare questions on your behalf.

We'll need your permission to share your personal information with a designated caregiver. To give your permission, you'll need to read and sign a consent form. (The form needs to be renewed every 2 years.)

A signed consent form allows insurers to share health plan information and protected health information with your designated caregiver. It's different from granting medical power of attorney, which allows someone to make decisions about your care.

Visit your.humana.com/ncshp to learn more about naming a caregiver and how to submit the Consent for Release of Protected Health Information (PHI) form.



Scan this QR code

Scan this QR code with your mobile device to find Humana's resources and tips for caregivers to help their loved ones.

