North Carolina

About your plan

Good oral health means more than an attractive smile. Research shows that oral health, preventive care and regular visits to the dentist are integral to overall health.¹

The Loyalty Plus dental plan is designed for people who are looking to maintain their oral health through regular dental exams and cleanings. The plan offers coverage for preventive, basic and major services like routine cleanings and exams, fillings, dentures and extractions. Members can maximize benefits by choosing one of the more than 135,000 dentists and specialists* in our nationwide network. Visit **Humana.com/Find-Care** to find a participating dentist.

Who can enroll in this plan - Anyone can enroll in this plan.

How your plan works

- Loyalty benefits There is confidence in knowing your dental plan. The longer you are a member, the greater your benefits, such as:
 - Increased coverage for procedures such as fillings, root canals, and crowns.
 - Increased maximum amounts that the plan will pay annually.
 - One-time deductible for as long as you stay on the plan.
- Choice The plan pays the same percentage no matter which dentist you visit. Save even more by choosing a dentist location in the Humana dental network. Visit Humana.com/Find-Care to find a participating dentist.
- Access to benefits With no waiting periods, you can get the dental work you need upon your effective date and your plan benefits will help cover the cost.
- Helps maintain good oral health Most preventive services are covered at 100 percent.

One-time deductible This is the dollar amount you pay for covered services before the plan pays	Individual Individual + One Family	\$150 \$300 \$450 \$1,000 per individual on the plan \$1,250 per individual on the plan \$1,500 per individual on the plan	
Annual maximum This is the maximum amount that the plan will pay in a plan year for covered services	First year Second year Subsequent years		
Dental care services [†]	First year	Second year	Subsequent years
Preventive services (no waiting period)	100% no deductible	100% no deductible	100% no deductible
 Routine oral examinations (limit two every plan year) 			
 Periodontal examinations (limit two every plan year) 			
 Cleanings (limit two every plan year) 			
 Topical fluoride treatment (limit two every plan year, age 14 and younger) 			
 Sealants (limit one per tooth per lifetime, age 14 and younger) 			

Humana.

NCHH76RHH 0125 Page 1 of 5

North Carolina

Dental care services [†] (continued)	First year	Second year	Subsequent years
Basic services (no waiting period)			
 Simple extractions and root removal (limit two every plan year) 	40% after deductible	55% after deductible	70% after deductible
 Fillings (limit two every plan year, composite covered on front teeth only²) 			
 Miscellaneous X-rays (limit one every plan year) 			
 Bitewing X-rays (limit one set of two or four every plan year) 			
 Full mouth or panoramic X-rays (limit one every five years) 			
 Palliative treatment of dental pain – per visit (limit two every plan year) 			
Major services (no waiting period)			
 Root canals (limit one per tooth every two years, permanent teeth only) 	20% after deductible	30% after deductible	50% after deductible
 Periodontal cleanings (limit two every plan year) 			
 Complete dentures (limit one every five years) 			
 Removable partial dentures (limit one every five years) 			
 Denture repair and adjustments (limit one every plan year) 			
 Crowns (limit one per tooth every five years) 			
 Onlays (limit one per tooth every five years) 			
 Space maintainers (age 14 and younger, initial placement only, not covered on permanent teeth) 			
Surgical extractions			
Oral surgery			
Note: Replacement of congenitally missing teeth or teeth extracted prior to coverage under the policy are not covered.			
Orthodontia services	Member may receive a discount on these non-covered services. You		
Adult and child orthodontia	may contact your participating provider to determine if any discounts are available on non-covered services.		

^{*} Based on Humana network data, last accessed October 2024.

† Out-of-network dentists can bill you for charges above the amount covered by your Humana Dental plan. To ensure you do not receive additional charges, visit a dentist in our nationwide network. Waiting periods and other limitations may apply; please see your policy for coverage details.

Humana.

NCHH76RHH 0125 Page 2 of 5

Important to know: Dental plans, excluding Dental Savings Plus, may have a minimum one-year initial contract period. If further clarification regarding coverage and benefits is needed, please ask your dentist for a pretreatment estimate. Payment may include an administration fee. A one-time, non-refundable enrollment fee may apply (the fee is non-refundable as allowed by state requirements). Applicable fees are disclosed at time of enrollment.

Footnotes:

- 1. "Gum Diseases and Other Diseases," American Academy of Periodontology, last accessed Oct. 11, 2024, https://www.perio.org/for-patients/gum-disease-information/gum-disease-and-other-diseases/
- 2. Composite (white) fillings are only covered on anterior (front) teeth. An alternate benefit is allowed for composite fillings on posterior (back) teeth where the plan will cover the cost of an amalgam (silver) filling and the member is responsible for any cost over the covered amount.



NCHH76RHH 0125 Page 3 of 5

Limitations and exclusions

This is an outline of the limitations and exclusions for this Humana individual dental plan. It is designed for convenient reference. Consult the policy for a complete list of limitations and exclusions. In addition to any limitations and exclusions listed in "Schedule of Policy Benefits" or "Definition" sections, this policy does not provide benefits for the following:

- Services or supplies for the treatment of an occupational injury or sickness which are paid under the North Carolina Workers' Compensation Act only to the extent such services or supplies are the liability of the employee, employer or workers' compensation insurance carrier according to a final adjudication under the North Carolina Workers' Compensation Act or an order of the North Carolina Industrial Commission approving a settlement agreement under the North Carolina Workers' Compensation Act.
- 2. Services:
 - a. That are free or that a covered person would not be required to pay for if they did not have this
 insurance, unless charges are received from and reimbursable to the United States government or any
 of its agencies as required by law;
 - b. Furnished by, or payable under, any plan or law through any government or any political subdivision (this does not include Medicare or Medicaid); or
 - c. Furnished by any United States government-owned or operated hospital/institution/agency.
- 3. Any loss caused or contributed by:
 - a. War or any act of war, (excluding acts of terrorism) whether declared or not; or
 - b. Any act of international armed conflict.
- 4. Any expense arising from the completion of forms.
- 5. Failure to keep an appointment with the provider.
- 6. Any service we consider cosmetic dentistry unless it is required as a result of an accidental injury sustained while the covered person is covered under this policy.
- 7. Charges for:
 - a. Any type of implant and all related services, including crowns or the prosthetic device attached to it;
 - b. Precision or semi-precision attachments;
 - c. Overdentures and any endodontic treatment associated with overdentures;
 - d. Other customized attachments;
 - e. 3D imaging;
 - f. Temporary and interim dental services;
 - g. Separate charges for materials or use of equipment, such as lasers; or
 - h. Separate charges for treatment rendered in a clinic, dental or medical facility owned, operated, sponsored or maintained by either
 - (i) the employer or any covered person; or
 - (ii) by an employee of any covered person.
- 8. Any service related to:
 - a. Altering vertical dimension of teeth;
 - b. Restoration or maintenance of occlusion;
 - c. Splinting teeth, including multiple abutments, or any service to stabilize periodontally weakened teeth;
 - d. Replacing tooth structures lost as a result of abrasion, attrition, erosion or abfraction; or
 - e. Bite registration or bite analysis.
- 9. Infection control, including but not limited to sterilization techniques.
- 10. Fees for treatment performed by someone other than a dentist except for scaling and teeth cleaning, and the topical application of fluoride that can be performed by a licensed dental hygienist. The treatment must be rendered under the supervision and guidance of the dentist in accordance with generally accepted dental standards.
- 11. Any hospital, surgical or treatment facility, or for services of an anesthesiologist or anesthetist.
- 12. Prescription drugs or pre-medications, whether dispensed or prescribed.
- 13. Any service not specifically listed in the "Schedule of Policy Benefits" section.

Humana.

NCHH76RHH 0125 Page 4 of 5

Limitations and exclusions (continued)

- 14. Any service shown as "Not Covered" in the "Schedule of Policy Benefits" section.
- 15. Services that we determine:
 - a. Are not eligible for benefits based upon clinical review;
 - b. Do not offer a favorable prognosis;
 - c. Do not have uniform professional acceptance; or
 - d. Are deemed to be experimental or investigational in nature.
- 16. Orthodontic services.
- 17. Any expense incurred before the covered person's effective date or after the date the covered person's coverage under this policy terminates.
- 18. Services provided by someone who ordinarily lives in the covered person's home or is a family member.
- 19. Charges exceeding the reimbursement limit for the service.
- 20. Treatment results from any intentionally self inflicted bodily injury.
- 21. Local anesthetics, irrigation, nitrous oxide, bases, pulp caps, temporary dental services, study models, treatment plans, occlusal adjustments or tissue preparation associated with the impression or placement of a restoration when charged as a separate service. These services are considered an integral part of the entire dental service.
- 22. Repair or replacement of orthodontic appliances.
- 23. Any surgical or nonsurgical treatment for any jaw joint problems, including any temporomandibular joint disorder, craniomaxillary, craniomandibular disorder or other conditions of the joint linking the jaw bone and skull or treatment of the facial muscles used in expressions and chewing functions, for symptoms including, but not limited to headaches.
- 24. Elective removal of non-pathologic impacted teeth.
- 25. Service for orthognathic surgery.
- 26. Services generally considered medical or covered by a medical plan.
- 27. Any services for destruction of lesions by any method.
- 28. Any services for tooth transplantation.
- 29. Any services for removal of a foreign body from the oral tissue or bone.
- 30. Any services for reconstruction of surgical, traumatic or congenital malformations, except for newborns, adopted or foster children.
- 31. Any separate fees for pre and post-operative care.
- 32. Replacement of restorations (fillings) placed less than two years ago.

Insured by Humana Insurance Company.

Policy number: NC-71025

Applications are subject to approval. This communication provides a general description of certain identified insurance or non-insurance benefits provided under one or more of our health benefit plans. Our health benefit plans have exclusions and limitations and terms under which the coverage may be continued in force or discontinued. For costs and complete details of the coverage, refer to the plan document or call or write your Humana insurance agent or the company. In the event of any disagreement between this communication and the plan document, the plan document will control. Plans are not available in all states. Plan benefits may vary by state. Refer to the plan documents for complete details of coverage.

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NCHH76RHH 0125 Page 5 of 5