



# New Horizon for Indiana PathWays for Aging Provider Newsletter

Volume V

December 2025

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**Humana**  
Healthy Horizons®



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## Encourage your patients to get colon cancer screenings

Colorectal cancer is the third most common cancer, but it is one of the most preventable. There's a 90% survival rate when cancer is found early.<sup>1</sup>

Polyps can take 10-15 years to develop into cancer. Patients should be encouraged to get regular screenings when eligible by age. Screening options include stool tests, flexible sigmoidoscopy and colonoscopy.

The American Cancer Society's screening recommendations include:<sup>2</sup>

- Regular colorectal screenings are recommended for patients ages 45 to 75, in good health with a life expectancy of more than 10 years.
- Patients 76 to 85 should base a screening decision on personal preferences, life expectancy, overall health and prior screening history.
- Cancer screenings are not recommended by the American Cancer Society for patients 85 and older.



## Patient visits offer providers an opportunity to uncover SDOH factors

Humana Healthy Horizons encourages providers to use the first 5 minutes of each appointment to talk to patients about social determinants of health (SDOH), behavioral health, environmental factors, and other elements that may influence their health.

Providers may ask culturally competent questions of their patients; these may include their employment, housing status, availability of food in their home, and familial supports, among others.

Understanding of the member's SDOH helps the provider develop empathy, foster trust with the member, and identify appropriate intervention for potential member engagement.



## Providers should notify Humana Healthy Horizons in Indiana of any demographic changes

Humana Healthy Horizons in Indiana should be notified of any demographic changes, including to the following:

- Tax Identification Number (TIN)
- New providers added to the group
- Providers leaving or having left the group
- Service address (e.g., new location, phone or fax)
- Access to public transportation
- Standard hours of operation and after-hours
- Billing address
- Credentialing for any providers
- Panel status
- Interpretation services offered

For Home and Community-Based Services (HCBS) providers, email [LTSSContracting@humana.com](mailto:LTSSContracting@humana.com).  
For non-HCBS providers, email [INProviderUpdates@humana.com](mailto:INProviderUpdates@humana.com).



## Sign up for news and announcements

Sign up to receive alerts from Humana Healthy Horizons at the [Humana Healthy Horizons in Indiana website](#).

Sign up for news, announcements and alerts for [Indiana's Pathways for Aging](#).



## Take advantage of Humana's Making It Easier series resources

Making It Easier for Physicians and Other Healthcare Providers is a series of educational presentations about Humana Healthy Horizons claim payment policies and processes.

Download the [Tools and Resources for Physicians and Other Healthcare Providers Resource Guide](#)

to learn about Humana Healthy Horizons' inventory of useful tools and resources to simplify your claims-related processes and other interactions with Humana Healthy Horizons.

Humana also hosts interactive webinars designed to help healthcare providers interact with us more easily and work with us via **Availity Essentials™**. Please visit the **provider web-based training and resources webpage** to learn more. Video presentations on dozens of topics of interest can be accessed via the **Making It Easier webpage**. Additional Humana Making It Easier content can be accessed in the Humana Payer Space under the Resources tab on **Availity Essentials**.

To receive notifications whenever we add or update content, subscribe via the Stay Connected box on the **Making It Easier webpage**.



## Humana Healthy Horizons provider website and resources

The **Humana Healthy Horizons in Indiana website** has materials and resources to help you achieve optimal results, including:

- How to join the network
- Prior authorization resources
- Provider training materials and live training schedule
- **Provider Manual**
- **Provider Network Resource Guide**
- **LTSS/HCBS Provider Representative Map**
- **Physical and Behavioral Health Provider Representative Map**

We encourage you to visit often for updates, upcoming training and events, and more. As a reminder, our provider education and outreach representatives are always available to help to address any questions you might have.

**Sources:**

1. “Can Colorectal Polyps and Cancer Be Found Early?”, American Cancer Society, last accessed Sept. 5, 2025, <https://www.cancer.org/cancer/types/colon-rectal-cancer/detection-diagnosis-staging/detection.html>.
2. “American Cancer Society Guideline for Colorectal Cancer Screening,” American Cancer Society, last accessed Sept. 5, 2025, <https://www.cancer.org/cancer/types/colon-rectal-cancer/detection-diagnosis-staging/acs-recommendations.html>.