

Download the Go365 for Humana Healthy Horizons app today

The Go365 for Humana Healthy Horizons[®] app is a great tool to help you gain rewards for keeping up with your personal well-being goals.

Available at no extra cost to you, Go365 for Humana Healthy Horizons encourages you to earn rewards for taking healthy actions and redeem for e-gift cards to brands you know and love.

Get started in 3 steps



Download the app from Google Play or the App Store.¹





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App Store

Use your phone's camera to scan the QR code

2. Register an account on the app and sign in. If you are registered on <u>MyHumana.com</u>, ensure your password contains a number and then you can use the same login information on the app. Guardians without Humana coverage would not have a MyHumana account and should register by selecting "Register here" from the Go365 app's sign in screen.² (Bonus: You'll earn \$25 in rewards!³)

3. Select an activity to get started, and you are on your way!

1 Smartphones can provide easy access to health-related information and enable members to stay connected to their care team and health plan. Humana members who qualify for the Federal Lifeline program are eligible to receive a free smartphone with monthly talk minutes, text and data.

2 Guardians (with or without Humana coverage) must register under their name to add their minor(s).

3 Adults on the plan earn \$25 in rewards for downloading the app and completing registration. Parents/ guardians earn an additional \$25 per eligible minor who is added to their account.



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What you can do in the Go365 for Humana Healthy Horizons app:





Explore reward earning options

Redeem rewards

Get assistance



Find Frequently

Asked Questions

Sign up for Wellness Coaching

Learn more about rewardable activities

Members can earn rewards for completing healthy activities such as working with a Wellness Coach, getting preventive screenings and going to prenatal and postpartum visits. Rewards can be redeemed for e-gift cards through the Go365 Mall in the app.

Activity	Reward criteria	Reward amount
Annual Wellness Visit	Complete an Annual Wellness Visit with a primary care physician (PCP). Available to members three years and older.	\$25 in rewards per year
Behavioral Health Follow-up Visit	Have a follow-up visit within 30 days after hospital discharge for behavioral health diagnosis. Available to all members.	\$25 in rewards per hospitalization
Breast Cancer Screening	Get a mammogram. Available to female members 40 and older.	\$25 in rewards, per year
Cervical Cancer Screening	Get a cervical cancer screening as part of a routine Pap test. Available to members 21 and older with a cervix.	\$25 in rewards, per year
Chlamydia Screening	Get a Chlamydia Screening when sexually active or as recommended by your healthcare provider. Available to female members.	\$25 in rewards per year
Colorectal Cancer Screening	Get a Colorectal Cancer Screening as recommended by your PCP. Available to members 45 and older.	\$25 in rewards per year
Comprehensive Diabetic Screening	Get an annual HbA1c and blood pressure screening with your PCP. Available to members with a diabetes diagnosis who are 18 and older.	\$50 in rewards per year
COVID Vaccination	Upload a photo of your completed vaccination card to the Go365 app within 90 days of vaccination. Available to all members.	\$40 in rewards per year
Diabetic Retinal Eye Exam	Get a retinal eye exam. Available to members with diabetes or diabetes diagnosis members 18 and older.	\$25 in rewards per year
Digital Onboarding	Download the Go365 for Humana Healthy Horizons app and complete registration. Available to all Humana Healthy Horizons members.	\$25 in rewards per lifetime

Activity	Reward criteria	Reward amount
Flu Shot	Get the flu vaccine and, if taken from someone other than a physician or at a pharmacy, upload photo proof for documentation in the Go365 app. Available to all members.	\$20 in rewards per year
Health Risk Screening (HRS)	 Must be completed within 30 days of enrollment of Humana Healthy Horizons. The HRA can be done in one of four ways: 1. Complete through the Go365 for Humana Healthy Horizons app, or 2. Fill out and send back the HRA in the envelope from your welcome kit, or 3. Call 855-223-9868 (TTY: 711), Monday – Friday, 7 a.m. – 8 p.m., Eastern time, or 4. Create a MyHumana account and complete and submit the HRA online (available via desktop computer only). Available to all members. 	\$50 in rewards per lifetime
High-Intensity Care of Substance Use Disorder	Have a follow-up visit within 30 days after discharge from inpatient care, residential treatment or detoxification visit. Available to all members.	\$25 in rewards per hospitalization
Human Papillomavirus Vaccine (HPV)	Must complete both doses to receive rewards. Available to members nine to 13 years.	\$50 in rewards per lifetime
Level of Care Video	Watch this video in the app about when to access the emergency room. Available to all members 19 and older.	\$10 in rewards per year
Notification of Pregnancy (NOP)	Notify Humana of pregnancy prior to delivery in the app. Available to pregnant female members.	\$25 in rewards per pregnancy
Postpartum Visit	Must complete one postpartum visit within seven to 84 days after delivery. Available to female members.	\$25 in rewards per pregnancy
Prenatal Visit	Complete a prenatal visit. Available to pregnant female members.	\$10 in rewards per visit up to 10 visits for a total of \$100 per pregnancy
Tobacco & Vaping Cessation Coaching	 Work with a coach over the phone to quit smoking or vaping. \$25 for completing two calls within 45 days of enrolling in Wellness Coaching \$25 for completing six more calls (8 total) within 12 months of enrolling in Wellness Coaching Nicotine replacement therapy is available to members 18 and older. Enroll by calling 800-955-0781 (TTY: 711). When prompted, select option one. Available to all members 13 and older. 	Up to \$50 in rewards per lifetime

Activity	Reward criteria	Reward amount
Weight Management Coaching	 Work with a coach over the phone to reach or keep a healthy weight. \$10 for enrolling and submitting a PCP form \$20 for completing Wellness Coaching, six calls total, within 12 months of enrolling To enroll, call 800-955-0781 (TTY: 711). When prompted, select option two. Available to all members 12 and older. 	Up to \$30 in rewards per year
Well-Baby Visit	Complete a wellness visit with a pediatrician. Available to members zero to 15 months.	\$10 in rewards per visit up to six visits for a total of \$60 per year
Well-Child Visit	Complete a wellness visit with a pediatrician. Available to members 16 to 30 months.	\$10 in rewards per visit up to two visits for a total of \$20 per year

Your rewards will be available in your Go365 account once criteria and activities are confirmed. You may also view a full list of rewardable activities in the app.

How to redeem your rewards

After completing any of the healthy activities listed above:

Google Play

• Download the Go365 app.

Make sure to choose the one that says Humana Healthy Horizons in the name.







App Store

- Add eligible minors to your account.
- Find your available rewards in the Go365 for Humana Healthy Horizons app.
- Access the Go365 Mall in the app.
- Redeem your rewards for e-gift cards.

Go to <u>Humana.com/Medicaid/Oklahoma</u> or call **855-223-9868 (TTY: 711)** for more information about Go365 for Humana Healthy Horizons.

Humana Healthy Horizons in Oklahoma is a Medicaid product of Humana Medical Plan, Inc.

Go365 for Humana Healthy Horizons is available to all who meet the requirements of the program. Rewards are not used to direct you to select a certain provider.

Rewards have no cash value. The monetary amounts listed above are reward values, not actual dollars. For some rewards, your doctor has to tell us that you completed the healthy activity. Once we get this information from your doctor, you will see in the app the option to redeem the reward. For any reward you qualify to earn during the current plan year, we must get confirmation from your doctor by no later than March 15 of the following plan year.

E-gift cards cannot be used to purchase prescription drugs or medical services that are covered by Medicare, Medicaid, or other federal healthcare programs; gambling, alcohol; tobacco; e-cigarettes; or firearms. E-gift cards must not be converted to cash. Rewards may be limited to once per year, per activity.

Wellness coaches do not offer medical, financial, or other professional advice, and should not be used in place of consulting a licensed professional. You should consult with an applicable licensed professional to determine what is right for you.