



## Preventive care

Preventive services help you stay healthy, detect health problems early, determine the most effective treatments, and prevent certain diseases. Preventive services include exams, shots, lab tests, and screenings. They also include programs for health monitoring, and counseling and education to help you take care of your own health.<sup>1</sup>

Your Annual Wellness Visit and talking with your doctor or medical provider is a great first step. They can help give you a road map of what you need to do. Talk with your provider about what preventive screenings you need and how often you need them.

### Preventive screenings under Medicare Part B

- Abdominal aortic aneurysm screenings
- Alcohol misuse screenings & counseling
- Annual Wellness Visit
- Bone mass measurements
- Cardiovascular disease screenings
- Cardiovascular disease (behavioral therapy)
- Cervical & vaginal cancer screenings
- Colorectal cancer screenings
- Depression screenings
- Diabetes screenings
- Diabetes self-management training
- Glaucoma screenings
- Hepatitis B shots
- Hepatitis B Virus (HBV) infection screenings
- Hepatitis C virus screenings
- HIV screenings
- Lung cancer screenings
- Mammograms (screening)

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### Scan this QR code

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### Find out more

Call our Customer Care team toll-free at the number on the back of your Humana member ID card to find out about preventive screenings covered under your plan.

**Humana**®

- Medical nutrition therapy services
- Medicare Diabetes Prevention Program
- Obesity behavioral therapy
- One-time “Welcome to Medicare” preventive visit
- Pre-exposure prophylaxis (PrEP) for HIV prevention
- Prostate cancer screenings
- Sexually transmitted infections screenings & counseling
- Shots:
  - COVID-19 vaccines
  - Flu shots
  - Hepatitis B shots
  - Pneumococcal shots
- Tobacco use cessation counseling

Additional preventive services approved by Medicare during the contract year may be covered.

This communication doesn’t guarantee benefits and doesn’t indicate all services received will be covered by your plan. Please refer to your Evidence of Coverage or call Customer Service at the number on the back of your Humana member ID card to confirm that the service will be covered by your plan.

<sup>1</sup>[www.medicare.gov/coverage/preventive-screening-services](https://www.medicare.gov/coverage/preventive-screening-services)