

## Preparing for Your Surgery

You are scheduled for an upcoming surgery. Please carefully follow all instructions below to avoid cancellations or delays.

### Prior to Surgery

- If a Pre-Operative Clearance has been requested by another physician, their office will contact you to schedule.
  - Your surgeon must receive this clearance prior to your surgery date.
- Stop the following medications 7 days prior to surgery:
  - Aspirin
  - Garlic supplements
  - Fish oil
  - Vitamin E
  - Any non-prescription blood-thinning agents
  - GLP-1 or SGLT-2 injectable medications

***Failure to stop these medications may result in cancellation and rescheduling your surgery.***

- Stop prescription blood thinners 5 days prior to surgery
  - ONLY with approval from the prescribing physician
  - Not stopping these may result in cancellation.
- If your physician has provided prescriptions for after surgery, have them filled before your surgery date.
- Notify us if you have ever had a reaction to contrast dye/contrast medium.
- A Pre-Op Nurse will contact you with instructions on which medications (if any) you should take the morning of surgery.
- The Surgery Center or Hospital will call you prior to your procedure with your arrival time and surgery time.

### Day of Surgery

- Do NOT eat or drink anything after midnight the night before your surgery.
- Do NOT take any medications unless specifically instructed.
  - If instructed, take only a small sip of water.

***Eating, drinking, or taking unauthorized medications may result in cancellation.***

- Do not bring or wear jewelry, including:
  - Wedding bands
  - Watches
  - Earrings
  - Necklaces
  - Bracelets or anklets

***All jewelry must be removed prior to arrival, or your surgery may be canceled.***

- Remove all nail polish and artificial nails prior to arrival.
- Shower the morning of surgery using an antimicrobial soap (such as Dial), or a special soap if provided.
  - Do NOT apply lotions, creams, perfumes, makeup, or hair products after showering.

### **What to Wear & Bring**

- Wear loose, comfortable clothing and low-heeled shoes.
- Bring:
  - Photo ID
  - Insurance cards
  - Advanced Directives (if applicable)
  - A current list of medications and vitamins, including last dose taken
- If you use:
  - Glasses
  - Contact lenses
  - Dentures
  - Hearing aids

You may bring them but also bring a case/container for safe storage during your procedure.

### **Transportation**

- You must have a driver to take you home after surgery.
- You will NOT be permitted to drive yourself home.

### **Questions or Concerns**

- For scheduling questions, please contact your Surgery Scheduler.
- For medical concerns before or after surgery, call (352) 674-8700:
  - During business hours: you will be connected with a nurse
  - After hours: you will reach the on-call physician