



Training opportunities through Relias

As a Humana provider, you can take advantage of Relias—a web-based continuing education library. Relias' training modules provide information to support comprehensive care and address unique patient needs. Relias offers courses designed to help you succeed in the emerging value-based healthcare delivery system.

Through Relias, you can explore training topics such as:

Culturally competent care:

Achieving Greater Health Equity in Your Organization (REL-BHC-0-DEIAGHEYO)

- This course will help you identify ways to address the persistent disparities that prevent full access to behavioral health services for diverse populations.

Diversity, Equity and Inclusion for the Healthcare Employee (REL-ALL-0-DEIHE)

- The goal of this course is to provide healthcare employees with training about diversity, equity and inclusion.

Multicultural Care for the Clinician (REL-BHC-0-DEIMCC)

- This course provides strategies and knowledge to help you approach therapeutic relationships, assessment and treatment with a multicultural orientation, reducing implicit bias.

A Multicultural Approach to Recovery-Oriented Practice (REL-BHC-0-AMAROP)

- This course includes a discussion of bias and discrimination, culture as context, the impact of worldview on behavioral health recovery, and how providers can support recovery through a multicultural approach.

Evidence-based service planning/treatment planning:

Treatment Adherence: A Payer's Perspective (REL-PAY-0-TAPP)

- Treatment adherence is one of the most important actions patients can take to manage their health. Clinicians are integral in helping patients understand the importance of following prescribed medication regimens and building personalized strategies to improve adherence.

Enhancing Treatment Engagement of Individuals with Behavioral Health Disorders (REL-BHC-0-ETEIBHD)

- The goal of this course is to provide professionals in health and human service settings with information about the challenges of engagement as well as specific strategies they can use to promote engagement for individuals with substance use disorder and other behavioral health conditions.

Enhancing Treatment with Measurement-Based Care (REL-BHC-0-PHH)

- This course will explore measurement-based care, what data can be gathered and how that data can be integrated into clinical behavioral healthcare. Through a case analysis, we will also explore the benefits and challenges of implementing this approach.

Effective care coordination in an integrated care service delivery model:

Working with an Interdisciplinary Integrated Care Team (REL-BHC-0-WIICT)

- The goal of this course is to provide education to providers in the health and human service settings about interdisciplinary integrated care teams.

Collaborative Care in Primary Care: Substance Misuse (REL-PAY-0-SAC)

- This course discusses how to address substance use problems in the context of collaborative care.

Helping Clients with Serious Mental Illness (SMI) Communicate Effectively with Primary Care Providers (REL-BHC-0-HCSMICEPCP)

- The goal of this course is to provide professionals working in health and human services settings with education around barriers individuals with SMI experience when interacting with their medical providers. This course also covers strategies to support more effective communication and increased benefits for patients from their medical and psychiatric care.

Effective discharge planning and strengths-based treatment goal selection:

Managing Medicaid Beneficiaries with Chronic Physical Conditions (REL-PAY-0-MMBCPC)

- This course provides an overview of the management of Medicaid beneficiaries with chronic physical conditions, assists caregivers and/or coordinators in overseeing patients with chronic physical conditions, and broadens their understanding of their role in the discharge planning process.

Care Management: Increasing Access and Decreasing Readmissions (REL-PAY-0-IADR)

- Utilizing care management can improve and assist in managing patients with chronic health conditions. Care management provides the opportunity to deliver various medical services to patients recently discharged from the hospital. In addition, care management models in a primary care setting can increase patients' access to providers, decrease hospital visits and reduce readmissions.

Strategies for Engaging Patients in Treatment (REL-PAY-0-SEPT)

- The goal of this course is to equip healthcare providers in the acute care setting with strategies to engage patients in treatment prior to discharge from the emergency department, promote greater follow-through with discharge recommendations and reduce high utilization of costly treatment approaches.

To learn more about the courses referenced or for additional/alternative options, refer to the module library by visiting the [Relias website](#) or sign in to your [Availity Essentials™](#) account, then:

1. Select Humana under the Payer Spaces tab
2. Select the Resources tab
3. Select Relias training