



# How to access health care training through Relias

As a Humana Dual Fully Integrated (HMO D-SNP) network healthcare provider, you can take advantage of Relias—a web-based continuing education library.

Relias offers more than 300 modules to choose from and over 575 credit hours of continuing education credits available in addition to behavioral health training modules. Relias' training modules provide integrated information to support comprehensive care and address unique patient needs. Relias offers courses designed to help you succeed in the emerging value-based healthcare delivery system.

**Through Relias, you can explore preventive care and disease-specific training to support enrollee education to promote compliance with treatment directives and encourage self-directed care.**

Example training offerings:

- **Management of Comorbidities**—Provides the healthcare team with ways to recognize and avert many common comorbidities in patients by proactively managing risk factors, addressing health disparities and recognizing social determinants of health that contribute to chronic disease.
- **Strategies for Engaging Patients in Treatment**—Equips nurses and physicians in the acute care setting with strategies to engage patients in treatment prior to discharge from the emergency department, promote greater follow-through with discharge recommendations and reduce the high utilization of costly treatment approaches.
- **Adherence**—Covers contributing forces behind nonadherence, along with evidence-based interventions for optimizing outcomes.
- **Treatment Adherence**—Provides information to help patients understand the importance of following prescribed medication regimens and build personalized strategies to improve adherence.
- **Motivational Interviewing and Lifestyle Changes**—Covers a patient-centered way to have a conversation that supports those struggling to make behavioral changes. The provider helps the patient explore personal motivators and identify their own goals.
- **Managing Chronic Behavioral and Physical Conditions**—Teaches about better care approaches when managing the chronic behavioral and physical healthcare conditions for Medicaid Beneficiaries

To access the Relias library, visit the Relias website at <https://login.reliaslearning.com> or sign in to your Availity account at [www.availity.com](http://www.availity.com).

Select Humana under the Payer Services tab > Select the Resources tab > Select Relias training

**For more information, please call your Provider Relations representative.**

