

Renal/Pelvic Ultrasound Preparation

For your safety and comfort, please follow these instructions carefully:

1. Hydration
 - Upon waking, drink 1–2 cups of water to begin the hydration process.
2. Medications
 - Take all prescribed medications as directed by your doctor.
3. Food & Drink
 - You may eat normally; fasting is not required.
 - There are no restrictions on caffeine.
 - Please finish eating at least 2 hours before your exam.
4. Bladder Instructions
 - Empty your bladder 90 minutes (about 3 hours) before your appointment.
 - 1 hour before your exam, drink 16 oz of water quickly and hold it.
 - Do not void after drinking until instructed by the technologist.
5. Arrival
 - Arrive 15 minutes early to check in for your appointment.

If you have any questions or concerns, please contact our main office at 352-674-8700.