In your community

We want to share with you information about events our community partners or Humana Healthy Horizons® are hosting in your area. Some of these events may be in person. Some of these events may be virtual. We regularly will update this list of community events.



Greenville/Upstate Events:

Wednesday, April 2, 2025

Presenting Parkside: Reidville Rd

Parkside Pediatrics 2430 Reidville Rd. Spartanburg, SC 29301 6 p.m. – 7 p.m.

Event Link →

Thursday, April 3, 2025

Youth Mental & Behavioral Health Report Launch

Strategic Spartanburg 349 East Main St. Spartanburg, SC 29302 9 a.m. – 11 p.m.

Event Link →

Thursday, April 3, 2025

Baby Basics: Pumping Like a Pro Breastfeeding Center at Parkside 525 Verdae Blvd. #Suite 100 Greenville, SC 29607 10 a.m. – 11 a.m.

Event Link →

Monday, April 7, 2025

Community Blood Pressure Screening

Senior Action 3715 East North St. #Suite K Greenville, SC 29615 11 a.m. – 1 p.m.

Event Link →





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Tuesday, April 8, 2025

Self-Regional Healthcare Childbirth Class

Self-Regional Healthcare Tower 2nd Floor Women's Center Library 1325 Spring St. Greenwood, SC 29646 6 p.m. – 8 p.m.

Event Link →

Thursday, April 10, 2025

Baby Basics: Is That Normal?
Breastfeeding Center at Parkside
525 Verdae Blvd. #Suite 100
Greenville, SC 29607
10 p.m. – 11 a.m.

Event Link →

Saturday, April 12, 2025

Asthma Camp

VCOM-Carolinas 350 Howard St. Spartanburg, SC 29303 10 a.m. – 2 p.m.

Event Link →

Thursday, April 17, 2025

Healthy Screentime Routines - Free Parenting Workshop

Breastfeeding Center at Parkside 525 Verdae Blvd. #Suite 100 Greenville, SC 29607 10 a.m. – 11 a.m.

Event Link →

Monday, April 21, 2025

Community Blood Pressure Screening

Middle Tyger YMCA Family Center 720 Shoals Rd. Duncan, SC 29334 10 a.m. – 12 p.m.

Event Link →

Wednesday, April 23, 2025

Mental Health and Wellness Group

1310 East Cambridge Ave. Greenwood, SC 29646 10 a.m. – 11 a.m.

Event Link →

Thursday, April 24, 2025

Baby Basics: Bringing Home Baby Breastfeeding Center at Parkside 525 Verdae Blvd. #Suite 100 Greenville, SC 29607 10 a.m. – 11 a.m.

Event Link →

Midlands Events:

Wednesday, April 2, 2025

York School District 1 Mobile Classroom Bus

Floyd D. Johnson Technology Center 275 E. Alexander Love Hwy York, SC 29745 9 a.m. – 11 a.m.

Event Link →

Tuesday, April 8, 2025

Food Pantry Distribution

Mt. Pisgah Community & Resource Center 5160 Mt. Pisgah Rd. Kershaw, SC 29067 3 p.m. – 4 p.m.

Event Link →

Thursday, April 10, 2025

Building Bridges Block Party

Harbison Gardens 401 Columbiana Dr. Columbia, SC 29212 10p.m. – 6 p.m.

Event Link →

Sunday, April 27, 2025

Spring Community Baby Shower

Birthright
1316 Richland St.
Columbia, SC 29203
1 p.m. – 3 p.m.

Pee Dee Events:

Saturday, April 5, 2025

Easter Egg-Stravaganza on the Farm

Honeysuckle Hollow Farm 6254 Lake Robinson Rd. Hartsville, SC 29550 10 a.m. – 2 p.m.

Event Link →

Wednesday, April 16, 2025

Mornings at the Museum

Florence County Museum 111 West Cheves St. Florence, SC 29501 10 a.m. – 11 a.m.

Event Link →

Saturday, April 19, 2025

Children Easter Egg Hunt

Sweet Success Bakery 707 Bultman Dr. Sumter, SC 29150 12 p.m. – 2 p.m.

Event Link →

Saturday, April 19, 2025

Teen Easter Egg Hunt

Sweet Success Bakery 707 Bultman Dr. Sumter, SC 29150 3 p.m. – 5 p.m.

Event Link →

Sunday, April 20, 2025

Prescott Wireless 2nd Annual Easter Egg Customer Appreciation Event

303 B Ave.

Darlington, SC 29532

2 p.m. - 6 p.m.

Event Link →

Lowcountry Events:

Friday, April 4, 2025

Prenatal Breastfeeding Class

Under The Almond Trees 190 King St. Charleston, SC 29401

5:30 p.m. – 7 p.m.

Event Link →

Tuesday, April 8, 2025

What to Know About Mold

Harbour Club at WestEdge 22 Westedge St. #Suite 700 Charleston, SC 29403 10:30 a.m. – 2 p.m.

Event Link →

Thursday, April 10, 2025

Mental Health First Aid

296 Sweetwater Rd. North Augusta, SC 29860 9 a.m. – 5 p.m.

Event Link →

Tuesday, April 15, 2025

Monthly WakeUp Carolina Narcan Training-Berkeley County

519a North Goose Creek Blvd. Goose Creek, SC 29445 6 p.m. – 7 p.m.

Event Link →

Call If You Need Us

If you have questions or need help reading or understanding this document, call us at **866-432-0001 (TTY: 711)**. We are available Monday through Friday, from 8 a.m. to 8 p.m., Eastern time. We can help you at no cost to you. We can explain the document in English or in your first language. We can also help you if you need help seeing or hearing. Please refer to your Member Handbook regarding your rights.

Important!

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, or language. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
 Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.
 If you need help filing a grievance, call 866-432-0001 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the
 South Carolina Department of Health and Human Services, Civil Rights Division
 1801 Main Street, P.O. Box 8206, Columbia, South Carolina 29202,
 888-808-4238, TTY: 888-842-3620, civilrights@scdhhs.gov. Complaint form is available at https://www.scdhhs.gov/sites/default/files/SCDHHS%20Civil%20
 Rights%20Discrimination%20Complaint_0.pdf.
 - U.S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf, or at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at https://www.hhs.gov/sites/default/files/ocr-cr-complaint-form-package.pdf.

Auxiliary aids and services, free of charge, are available to you. **866-432-0001 (TTY: 711)**

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

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Language assistance services, free of charge, are available to you. **866-432-0001 (TTY: 711)**

English: Call the number above to receive free language assistance services.

Español (Spanish): Llame al número que se indica arriba para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 您可以撥打上面的電話號碼以獲得免費的語言協助服務。

Tiếng Việt (Vietnamese): Gọi số điện thoại ở trên để nhận các dịch vụ hỗ trợ ngôn ngữ miễn phí.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위 번호로 전화하십시오.

Français (French): Appelez le numéro ci-dessus pour recevoir des services gratuits d'assistance linguistique.

Tagalog (Tagalog – Filipino): Tawagan ang numero sa itaas para makatanggap ng mga libreng serbisyo sa tulong sa wika.

Русский (Russian): Позвоните по вышеуказанному номеру, чтобы получить бесплатную языковую поддержку.

Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

ગુજરાતી (Gujarati): મફત ભાષા સહાય સેવાઓ મેળવવા માટે ઉપર આપેલા નંબર પર કૉલ કરો.

العربية (Arabic): اتصل برقم الهاتف أعلاه للحصول على خدمات المساعدة اللغوية المجانية.

Português (Portuguese): Ligue para o número acima para receber serviços gratuitos de assistência no idioma.

日本語 (Japanese): 無料の言語支援サービスを受けるには、 上記の番号までお電話ください。

Українська (Ukrainian): Зателефонуйте за вказаним вище номером для отримання безкоштовної мовної підтримки.

हिंदी (Hindi): भाषा सहायता सेवाएं मुफ्त में प्राप्त करने के लिए ऊपर के नंबर पर कॉल करें।

ខ្មែរ (Cambodian): ហៅមកលេខទូរស័ព្ទខាងលើ ដើម្បីទទួល បានសេវាកម្មបកប្រែភាសាដោយមិនអស់ប្រាក់។