In your community

We want to share with you information about events our community partners or Humana Healthy Horizons® are hosting in your area. Some of these events may be in person. Some of these events may be virtual. We regularly will update this list of community events.



Greenville/Upstate Events:

Saturday, February 1, 2025

Indoor Winter Farmers Market (McAlister Square)
McAlister Square
225 S. Pleasantburg Dr.
Greenville, SC 29607
9 a.m. – 1 p.m.

Event Link →

Saturday, February 1, 2025

2025 MLK Youth Program & Rudolph Gordon College Fair

Trone Student Center 3300 Poinsett Hwy. Greenville, SC 29613 10 a.m. – 1 p.m.

Event Link →

Tuesday, February 4, 2025

Self-Regional Healthcare Childbirth Class Self-Regional Healthcare, Tower 2nd Floor, Women's Center Library 1325 Spring St. Greenwood, SC 29646 6 p.m. – 8 p.m.

Event Link →

Friday, February 7, 2025

NCFC's Family First Friday
Parkside Pediatrics
525 Verdae Blvd., 3rd Floor Conference Room
Greenville, SC 29607
9 a.m. — 10 a.m.

Event Link →





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Monday, February 10, 2025

Community Blood Pressure Screening Senior Action 3715 E. North St., Ste.# K

11 a.m. – 1 p.m.

Greenville, SC 29615

Event Link →

Tuesday, February 11, 2025

Community Blood Pressure Screening

Eastside Family YMCA 1250 Taylors Rd. Taylors, SC 29687 9 a.m. – 11 a.m.

Event Link →

Wednesday, February 12, 2025

Healthy Screentime Routines (Free Parenting Workshop)

Hope Center for Children 202 Hudson Barksdale Blvd., Spartanburg, SC 29306 10 a.m. – 11 a.m.

Event Link →

Monday, February 17, 2025

Radiant Roundtable Hope Church-South Carolina

Eastside Family YMCA 1250 Taylors Rd., Taylors, SC 29687 9 a.m. – 3 p.m.

Event Link →

Tuesday, February 18, 2025

Community Blood Pressure Screening Middle Tyger YMCA Family Center 720 Shoals Rd., Duncan, SC 29334 10 a.m. – 12 p.m.

Event Link →

Friday, February 21, 2025

Fourth Friday Conversations Mill Village Ministries' Office 1186 Pendleton St. Greenville, SC 29611 6 p.m. – 7:30 p.m.

Event Link →

Wednesday, February 26, 2025

Mental Health and Wellness Group 1310 E. Cambridge Ave., Greenwood, SC 29646 6 p.m. – 7:30 p.m.

Event Link →

Pee Dee Events:

Wednesday, February 5, 2025

Know Diabetes by Heart: Clemson Health and Nutrition Extension ProgramOnline

12 p.m. – 1 p.m.

Event Link →

Saturday, February 8, 2025

Making Strides Against Cancer Walk/5K
Hartsville YMCA
111 E. Carolina Ave.
Hartsville, SC 29550
10 a.m. – 12 p.m.

Event Link →

Saturday, February 15, 2025

An Evening In Paris Daddy-Daughter Dance 1103 S. Sixth St., Hartsville, SC 29550 5 p.m. – 8 p.m.

Event Link →

Wednesday, February 19, 2025

DC3s Community Health & Resource Fair Hartsville YMCA 111 E. Carolina Ave., Hartsville, SC 29550 10 a.m. – 3 p.m.

Event Link →

Wednesday, February 26, 2025

Marlboro Co Health Hub 203 Fayetteville Ave., Bennettsville, SC 29512 10 a.m. – 12 p.m.

Event Link →

Call If You Need Us

If you have questions or need help reading or understanding this document, call us at **866-432-0001 (TTY: 711)**. We are available Monday through Friday, from 8 a.m. to 8 p.m., Eastern time. We can help you at no cost to you. We can explain the document in English or in your first language. We can also help you if you need help seeing or hearing. Please refer to your Member Handbook regarding your rights.

Important!

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, or language. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
 Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.
 If you need help filing a grievance, call 866-432-0001 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the
 South Carolina Department of Health and Human Services, Civil Rights Division
 1801 Main Street, P.O. Box 8206, Columbia, South Carolina 29202,
 888-808-4238, TTY: 888-842-3620, civilrights@scdhhs.gov. Complaint form is available at https://www.scdhhs.gov/sites/default/files/SCDHHS%20Civil%20
 Rights%20Discrimination%20Complaint_0.pdf.
 - U.S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf, or at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at https://www.hhs.gov/sites/default/files/ocr-cr-complaint-form-package.pdf.

Auxiliary aids and services, free of charge, are available to you. **866-432-0001 (TTY: 711)**

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

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Language assistance services, free of charge, are available to you. **866-432-0001 (TTY: 711)**

English: Call the number above to receive free language assistance services.

Español (Spanish): Llame al número que se indica arriba para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 您可以撥打上面的電話號碼以獲得免費的語言協助服務。

Tiếng Việt (Vietnamese): Gọi số điện thoại ở trên để nhận các dịch vụ hỗ trợ ngôn ngữ miễn phí.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위 번호로 전화하십시오.

Français (French): Appelez le numéro ci-dessus pour recevoir des services gratuits d'assistance linguistique.

Tagalog (Tagalog – Filipino): Tawagan ang numero sa itaas para makatanggap ng mga libreng serbisyo sa tulong sa wika.

Русский (Russian): Позвоните по вышеуказанному номеру, чтобы получить бесплатную языковую поддержку.

Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

ગુજરાતી (Gujarati): મફત ભાષા સહાય સેવાઓ મેળવવા માટે ઉપર આપેલા નંબર પર કૉલ કરો.

العربية (Arabic): اتصل برقم الهاتف أعلاه للحصول على خدمات المساعدة اللغوية المجانية.

Português (Portuguese): Ligue para o número acima para receber serviços gratuitos de assistência no idioma.

日本語 (Japanese): 無料の言語支援サービスを受けるには、 上記の番号までお電話ください。

Українська (Ukrainian): Зателефонуйте за вказаним вище номером для отримання безкоштовної мовної підтримки.

हिंदी (Hindi): भाषा सहायता सेवाएं मुफ्त में प्राप्त करने के लिए ऊपर के नंबर पर कॉल करें।

ខ្មែរ (Cambodian): ហៅមកលេខទូរស័ព្ទខាងលើ ដើម្បីទទួល បានសេវាកម្មបកប្រែភាសាដោយមិនអស់ប្រាក់។