



Download the Go365 for Humana Healthy Horizons app today

The Go365 for Humana Healthy Horizons® app is a great tool to help you earn rewards for keeping up with your personal well-being goals.

Available at no extra cost to you, Go365 for Humana Healthy Horizons encourages you to earn rewards for taking healthy actions and redeem them for e-gift cards to brands you know and love.

Get started in 3 steps

1. Download the app from Google Play or the App Store.*











Use your phone's camera to scan the QR code

Register an account on the app and sign in. If you are registered on MyHumana.com, ensure your password contains a number and then you can use the same login information on the app. Guardians without Humana coverage would not have a MyHumana account and should register by selecting "Register here" from the Go365 app's sign in screen.† (Bonus: You'll earn \$20 in rewards!‡)



- Select an activity to get started,and you are on your way!
- * Smartphones can provide easy access to health-related information and enable members to stay connected to their care team and health plan. Humana members who qualify for the Federal Lifeline program are eligible to receive a free smartphone with monthly talk minutes, text and data.
- † Guardians (with or without Humana coverage) must register under their name to add their minor(s).
- ‡ Adults on the plan earn \$20 in rewards for registering and clicking on the digital onboarding activity. If a parent/guardian adds a minor child to an account, the child receives a \$20 reward for registering and clicking on the digital onboarding activity.

What you can do in the Go365 for Humana Healthy Horizons app:











Explore reward earning options

Redeem rewards

Get help Find frequently asked questions

Sign up for Wellness Coaching

Learn more about rewardable activities

Members can earn rewards for completing healthy activities such as working with a Wellness Coach, getting preventive screenings and going to prenatal and postpartum visits. Rewards can be redeemed for e-gift cards through the Go365 Mall in the app.

| Activity | Reward criteria | Reward amount |
|--------------------------------------|--|--|
| Annual Wellness Visit | Complete an Annual Wellness Visit with a primary care provider (PCP). Available to members 3 years and older. | \$25 in rewards per year |
| Behavioral Health Follow-up Visit | Have a follow-up visit within 30 days after hospital discharge for behavioral health diagnosis. Available to all members. | \$25 in rewards per hospitalization |
| Breast Cancer Screening | Get a mammogram. Available to female members 40 and older. | \$25 in rewards per year |
| Cervical Cancer Screening | Get a cervical cancer screening as part of a routine Pap test. Available to members 21 and older with a cervix. | \$25 in rewards per year |
| Chlamydia Screening | Get a chlamydia screening when sexually active or as recommended by your healthcare provider. Available to all female members. | \$25 in rewards per year |
| Colorectal Cancer Screening | Get a colorectal cancer screening as recommended by your PCP. Available to members 45 and older. | \$25 in rewards per year |
| Comprehensive Diabetic Screening | Get an annual HbA1c and blood pressure screening with your PCP. Available to members with a diabetes diagnosis who are 18 and older. | \$25 in rewards per year |
| Diabetic Retinal Eye Exam | Get a retinal eye exam. Available to members with diabetes or diabetes diagnosis 18 and older. | \$25 in rewards per year |
| Digital Onboarding | Download the Go365 for Humana Healthy Horizons app and complete registration. Available to all Humana Healthy Horizons members. | \$20 in rewards per lifetime |
| Fall prevention video | Watch a video on the Go365 app to reduce your risk of falls. Available to members 55 and older. | \$10 in rewards per year |

| Activity | Reward criteria | Reward amount |
|---|--|---|
| Flu Shot | Get the flu vaccine and, if received from someone other than a physician or at a pharmacy, upload photo proof for documentation in the Go365 app. Available to all members. | \$20 in rewards per year |
| Haircuts for Kids | Redeem this voucher through the Go365 app during the redemption period July – September. Redeem by uploading a photo of your child's school registration form, school ID or class schedule in the Go365 app. Available to members in grades K-12, ages 5 – 20. | \$20 Visa gift card per year |
| Health Risk Assessment (HRA) | Complete within 90 days of enrollment in Humana Healthy Horizons. The HRA can be done in 1 of 4 ways: Complete through the Go365 for Humana Healthy Horizons app, or Fill out and send back the HRNA in the envelope from your welcome kit, or Call 866-432-0001 (TTY: 711), Monday – Friday, 7 a.m. – 8 p.m., EST, or Create a MyHumana account and complete and submit the HRA online (available via desktop only). Available to all members. | \$30 in rewards per lifetime |
| High-Intensity Care of Substance Use Disorder | Have a follow-up visit within 7 days after discharge from inpatient care, residential treatment or detoxification visit. Available to all members. | \$25 in rewards per hospitalization |
| Human Papillomavirus Vaccine (HPV) | Must complete both doses to receive reward. Available to members 9 to 13 years old. | \$20 in rewards per lifetime |
| Level of Care Video | Watch this video in the Go365 app about when to access the emergency room. Available to members 19 and older. | \$10 in rewards per year |
| Notification of Pregnancy (NOP) | Notify Humana of a pregnancy prior to delivery in the Go365 app. Available to pregnant female members. Members 13 and under must call to notify Humana. | \$25 in rewards per pregnancy, max \$50 per year |
| Postpartum Visit | Complete one postpartum visit within 7 to 84 days after delivery. Available to female members. | \$25 in rewards per pregnancy |
| Prenatal Visit | Complete up to 10 prenatal visits. Available to all female members. | \$10 in rewards per visit, up to ten visits, max \$100 per pregnancy |

| Activity | Reward criteria | Reward amount |
|---------------------------------|---|--|
| Tobacco Cessation Program | Work with a Wellness Coach over the phone to quit tobacco. Members earn: \$25 for completing 2 calls within 45 days of enrolling in coaching \$25 for completing 6 more calls (8 total) within 12 months of enrolling in coaching Enroll by calling 800-955-0782 (TTY: 711). When prompted, select option one. Available to members 12 and older. | Up to \$50 in rewards per year |
| Weight Management Program | Work with a Wellness Coach over the phone to reach or keep a healthy weight. \$15 for enrolling and submitting a PCP form for well-being checkup \$15 for completing coaching, six calls total, within 12 months of enrolling To enroll, call 800-955-0782 (TTY: 711). When prompted, select option two. Available to all members 12 and older. | Up to \$30 in rewards per year |
| Well-Baby Visit | Complete a wellness visit with a pediatrician. Available to members 0 to 15 months. | \$20 in rewards per visit up to 6 visits, max \$120 per year |
| Well-Child Visit | Complete a wellness visit with a pediatrician. Available to members 16 to 30 months. | \$15 in rewards per visit up to 2 visits, max \$30 per year |

Your rewards will be available in your Go365 account once criteria and activities are confirmed. You may also view a full list of rewardable activities in the app.

How to redeem your rewards

After completing any of the healthy activities listed above:

Download the Go365 app.
 Make sure to choose the one that says Humana Healthy Horizons in the name.







- · Add eligible minors to your account.
- Find your available rewards in the Go365 for Humana Healthy Horizons app.
- Access the Go365 Mall in the app.
- Redeem your rewards for e-gift cards.

Go to <u>Humana.com/Medicaid/SouthCarolina</u> or call **888-225-4669 (TTY: 711)** for more information about Go365 for Humana Healthy Horizons.

Humana Healthy Horizons in South Carolina is a Medicaid product of Humana Medical Plan, Inc.

Go365 for Humana Healthy Horizons is available to all who meet the requirements of the program. Rewards are not used to direct you to select a certain provider.

Rewards have no cash value. The monetary amounts listed above are reward values, not actual dollars. For some rewards, your doctor has to tell us that you completed the healthy activity. Once we get this information from your doctor, you will see in the app the option to redeem the reward. For any reward you qualify to earn during the current plan year, we must get confirmation from your doctor by no later than October 15 of the following plan year.

E-gift cards cannot be used to purchase prescription drugs or medical services that are covered by Medicare, Medicaid, or other federal healthcare programs; gambling, alcohol; tobacco; e-cigarettes; or firearms. E-gift cards must not be converted to cash. Rewards may be limited to once per year, per activity.

Wellness coaches do not offer medical, financial, or other professional advice, and should not be used in place of consulting a licensed professional. You should consult with an applicable licensed professional to determine what is right for you.

Auxiliary aids and services, free of charge, are available to you. **866-432-0001 (TTY: 711)**, Monday through Friday, from 8:00 a.m. to 8:00 p.m., Eastern time.

Humana Inc. and its subsidiaries comply with Section 1557 by providing free auxiliary aids and services to people with disabilities when auxiliary aids and services are necessary to ensure an equal opportunity to participate. Services include qualified sign language interpreters, video remote interpretation, and written information in other formats.

English: Call the number above to receive free language assistance services.

Español (Spanish): Llame al número que se indica arriba para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 您可以撥打上面的電話號碼以獲得免費的語言協助服務。

Tiếng Việt (Vietnamese): Gọi số điện thoại ở trên để nhận các dịch vụ hỗ trợ ngôn ngữ miễn phí.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위 번호로 전화하십시오.

Français (French): Appelez le numéro ci-dessus pour recevoir des services gratuits d'assistance linguistique.

Tagalog (Tagalog – Filipino): Tawagan ang numero sa itaas para makatanggap ng mga libreng serbisyo sa tulong sa wika.

Русский (Russian): Позвоните по вышеуказанному номеру, чтобы получить бесплатную языковую поддержку.

Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

ગુજરાતી (Gujarati): મફત ભાષા સહાય સેવાઓ મેળવવા માટે ઉપર આપેલા નંબર પર કૉલ કરો.

العربية (Arabic): اتصل برقم الهاتف أعلاه للحصول على خدمات المساعدة اللغوية المجانية.

Português (Portuguese): Ligue para o número acima para receber serviços gratuitos de assistência no idioma.

日本語 (Japanese): 無料の言語支援サービスを受けるには、上記の番号までお電話ください。

Українська (Ukrainian): Зателефонуйте за вказаним вище номером для отримання безкоштовної мовної підтримки.

हिंदी (Hindi): भाषा सहायता सेवाएं मुफ्त में प्राप्त करने के लिए ऊपर के नंबर पर कॉल करें।

ខ្មែរ (Cambodian): ហៅមកលេខទូរស័ព្ទខាងលើ ដើម្បីទទួលបានសេវាកម្មបកប្រែភាសាដោយមិនអស់ប្រាក់ ។

This notice is available at **Humana.com/SouthCarolingDocuments**.

Humana Healthy Horizons in South Carolina is a Medicaid product of Humana Benefit Plan of South Carolina, Inc.

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