







# Healthy Options allowance

You have the freedom to spend your allowance on approved products at participating stores.

CATEGORY	PRODUCT EXAMPLES	POPULAR STORES
 <b>Groceries</b>	Bakery items, beverages, dairy, frozen foods, grab and go, meat, seafood, pantry items, produce	Albertsons CVS Dollar General Food Lion Giant Eagle Kroger Publix Rite Aid Walgreens Walmart  Use the <b>Healthy Benefits+</b> mobile app to find more approved stores and scan products to see if they are eligible.
 <b>Personal Care</b>	Body soap, shampoo, conditioner, cleanser, dental care	
 <b>OTC &amp; Health Care Items</b>	Vitamins, digestive health, pain relief, first aid, ear and eye care	
 <b>Home Supplies</b>	Paper towels, toilet paper, paper cups, bathroom supplies, kitchen cleaner, dishwasher detergent	
 <b>Household Essentials</b>	Fan, air conditioner, space heater, grab bars, raised toilet seats, bedroom safety aids	
 <b>Pet Supplies</b>	Pet food, pet toys, litter, flea shampoo	

## You can also use your Healthy Options allowance on:



### Monthly Expenses

Such as mortgage, electric, heating gas, water, sewer, Internet, phone services, etc.

- **Pay directly to the provider:**  
Pay your bill on your service provider's website or contact their customer service if they accept Visa®.
- **Pay via HealthyBenefits+\*\*:**  
If the service provider does not accept Visa, you can pay via the Healthy Benefits+ website or you can call Healthy Benefits+ Customer Service at **1-855-396-0691 (TTY: 711)**.



### Pest Control Services

For pest control needs, you can pay directly to the provider. You can swipe your card or pay online directly to your service provider if they accept Visa.



### Non-Medical Transportation Costs

Such as public transportation, Uber, Lyft, taxi. You can swipe your card or pay online directly to your service provider if they accept Visa.