

# 2025 Medicare Star Rating Program learning series



Scan the QR code to access this flyer and register from your device.

Humana's Medicare Stars Learning team is pleased to offer a series of live facilitated educational opportunities in 2025.

## See which measures each session covers

The next page outlines the webinar topics available and the measures covered by each. Get started [here](#).

## Get registered



### On your computer

1. Choose a topic from the menu at the right to view available sessions.
2. While holding the control button (command for Mac), click "Register" next to the session you would like to attend.
3. Complete the registration process.



### On your mobile device

1. Scan the QR code at the top of this flyer.
2. Tap the session you would like to attend.
3. Complete the registration process.

## Check out these registration tips

- Each participant must register individually. **Please do not forward the meeting link** that you will receive upon registration. You are welcome and encouraged to forward this flyer.
- Links for each session are embedded in the tables. You may register for as many sessions as you like.
- After completing registration, you will receive a confirmation email containing information about how to join the meeting. A link in the confirmation email allows you to add this meeting to your calendar.
- Registration must take place prior to the event. Only registered participants will be eligible for CMEs on the appropriate sessions.



## Select a topic to view the 2025 schedule

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Not qualified for continuing medical education (CME) credit

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Qualified for one continuing medical education (CME) credit for clinicians

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Qualified for one continuing medical education (CME) credit for clinicians



If you have questions or need help with registration, send an email to [AskStars@humana.com](mailto:AskStars@humana.com).



# Topics and quality measures

The table below outlines the topics and quality measures associated with each webinar.

Webinar title	Topics covered and applicable quality measures	
Behavioral Health	Measures that pertain to mental health parity laws: <ul style="list-style-type: none"> <li>• Improving or Maintaining Mental Health (IMMH)</li> <li>• Follow-Up After Emergency Department Visit for People With Multiple High-Risk Chronic Conditions (FMC)</li> <li>• Plan All-Cause Readmissions (PCR)</li> <li>• Transitions of Care (TRC), including these components:               <ul style="list-style-type: none"> <li>– Notification of Inpatient Admission (NIA)</li> <li>– Receipt of Discharge Information (RDI)</li> <li>– Patient Engagement after Inpatient Discharge (PED)</li> <li>– Medication Reconciliation Post-Discharge (MRP)</li> </ul> </li> </ul>	
Care Coordination	<ul style="list-style-type: none"> <li>• Follow-Up After Emergency Department Visit for People With Multiple High-Risk Chronic Conditions (FMC)</li> <li>• Plan All-Cause Readmissions (PCR)</li> <li>• Transitions of Care (TRC), including NIA, RDI, PED and MRP</li> </ul>	
CMS Statin Requirements for CME	<ul style="list-style-type: none"> <li>• Statin Use in Persons with Diabetes (SUPD)</li> <li>• Statin Therapy for Patients With Cardiovascular Disease (SPC)</li> </ul>	
Condition Management	Cardiovascular measures	<ul style="list-style-type: none"> <li>• Controlling High Blood Pressure (CBP)</li> <li>• Statin Therapy for Patients With Cardiovascular Disease (SPC)</li> </ul>
	Diabetes measures	<ul style="list-style-type: none"> <li>• Glycemic Status Assessment for Patients With Diabetes</li> <li>• Eye Exam for Patients With Diabetes (EED)</li> <li>• Kidney Health Evaluation for Patients With Diabetes (KED)</li> </ul>
Health Equity Index (HEI)	The HEI replaces the current reward factor and summarizes contract performance for patients with specified social risk factors (SRFs) across multiple measures into a single score to incentivize plans to focus on equitable healthcare, experiences and outcomes. The HEI includes measures that focus on the enrollee (e.g., HEDIS®* and Patient Safety measures).	
Intro to Stars for Providers and Staff	Discussion of the Star measures and related resources, including: <ul style="list-style-type: none"> <li>• Measure requirements and Star Ratings for plan administrators and providers</li> <li>• Star measure design, including measure categories and the domains that define them</li> </ul>	
Medication Management	<ul style="list-style-type: none"> <li>• Medication adherence for cholesterol, diabetes and hypertension</li> <li>• Statin Use in Persons with Diabetes (SUPD)</li> </ul>	
Patient Experience	<ul style="list-style-type: none"> <li>• Humana's Patient Experience survey</li> <li>• CMS survey: Consumer Assessment of Healthcare Providers and Systems (CAHPS®)</li> <li>• CMS survey: Health Outcomes Survey (HOS)</li> </ul>	
Preventive Screenings	<ul style="list-style-type: none"> <li>• Breast Cancer Screening (BCS)</li> <li>• Colorectal Cancer Screening (COL)</li> <li>• Osteoporosis Management In Women Who Had a Fracture (OMW)</li> </ul>	
Polypharmacy and Opioid Use	<ul style="list-style-type: none"> <li>• Use of Multiple Anticholinergic Medications in Older Adults (POLY-ACH)</li> <li>• Concurrent Use of Opioids and Benzodiazepines (COB)</li> <li>• Use of Multiple Central Nervous System Medications in Older Adults (POLY-CNS)</li> </ul>	

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\*HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA).



# Star measure education

Not qualified for continuing medical education (CME) credit.  
Register individually and do not forward the meeting link.

These sessions focus on the 2025 Star measures and Centers for Medicare & Medicaid Services (CMS) requirements for compliance. Eligibility, exclusions, documentation and best practices are discussed.

January	<b>Intro to Stars for Providers and Staff</b> <ul style="list-style-type: none"> <li>Jan. 14, 1 p.m. Eastern time</li> <li>Jan. 15, 2 p.m. Eastern time</li> </ul>	<a href="#">Click here to register</a> for either or both sessions
February	<b>Preventive Screenings</b> <ul style="list-style-type: none"> <li>Feb. 11, 1 p.m. Eastern time</li> <li>Feb. 12, 2 p.m. Eastern time</li> </ul>	<a href="#">Click here to register</a> for either or both sessions
March	<b>Condition Management</b> <ul style="list-style-type: none"> <li>March 11, 1 p.m. Eastern time</li> <li>March 12, 2 p.m. Eastern time</li> </ul>	<a href="#">Click here to register</a> for either or both sessions
April	<b>Health Equity Index</b> <ul style="list-style-type: none"> <li>April 8, 1 p.m. Eastern time</li> <li>April 9, 2 p.m. Eastern time</li> </ul>	<a href="#">Click here to register</a> for either or both sessions
May	<b>Care Coordination</b> <ul style="list-style-type: none"> <li>May 6, 1 p.m. Eastern time</li> <li>May 7, 2 p.m. Eastern time</li> </ul>	<a href="#">Click here to register</a> for either or both sessions
June	<b>Medication Management</b> <ul style="list-style-type: none"> <li>June 10, 1 p.m. Eastern time</li> <li>June 11, 2 p.m. Eastern time</li> </ul>	<a href="#">Click here to register</a> for either or both sessions
July	<b>Behavioral Health</b> <ul style="list-style-type: none"> <li>July 15, 1 p.m. Eastern time</li> <li>July 16, 2 p.m. Eastern time</li> </ul>	<a href="#">Click here to register</a> for either or both sessions
August	<b>Intro to Stars for Providers and Staff</b> <ul style="list-style-type: none"> <li>Aug. 12, 1 p.m. Eastern time</li> <li>Aug. 13, 2 p.m. Eastern time</li> </ul>	<a href="#">Click here to register</a> for either or both sessions
September	<b>Condition Management</b> <ul style="list-style-type: none"> <li>Sept. 9, 1 p.m. Eastern time</li> <li>Sept. 10, 2 p.m. Eastern time</li> </ul>	<a href="#">Click here to register</a> for either or both sessions
October	<b>Preventive Screenings</b> <ul style="list-style-type: none"> <li>Oct. 14, 1 p.m. Eastern time</li> <li>Oct. 15, 2 p.m. Eastern time</li> </ul>	<a href="#">Click here to register</a> for either or both sessions
November	<b>Care Coordination</b> <ul style="list-style-type: none"> <li>Nov. 11, 1 p.m. Eastern time</li> <li>Nov. 12, 2 p.m. Eastern time</li> </ul>	<a href="#">Click here to register</a> for either or both sessions

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# Stars CME sessions

Qualified for one continuing medical education (CME) credit for clinicians.  
Register individually and do not forward the meeting link.

**CMS Statin Requirements:** A Humana pharmacist will discuss Centers for Medicare & Medicaid Services (CMS) requirements for statin prescriptions for diabetes and cardiovascular conditions.

**Patient Experience:** These sessions will dive into how Patient Experience is measured by CMS through the Consumer Assessment of Healthcare Providers and Systems (CAHPS®) and Health Outcomes Survey (HOS). In addition, the purpose of the Humana Patient Experience survey will be discussed, and resources and practical ways to enhance the overall patient experience will be provided.

**Polypharmacy and Opioid Use:** A Humana pharmacist will explain the meaning of polypharmacy and introduce measures that address duplication, over-prescribing opioids and avoiding pharmacy errors.

February	<b>Polypharmacy</b> • Feb. 5, 1 p.m. Eastern time	<a href="#">Click here to register</a> for all Polypharmacy sessions
	<b>Patient Experience</b> • Feb. 19, 3 p.m. Eastern time	<a href="#">Click here to register</a> for all Patient Experience sessions
	<b>CMS Statin Requirements</b> • Feb. 26, 1 p.m. Eastern time	<a href="#">Click here to register</a> for all Statin Requirement sessions
April	<b>Patient Experience</b> • April 16, 12 p.m. Eastern time	<a href="#">Click here to register</a> for all Patient Experience sessions
	<b>Polypharmacy</b> • April 30, 1 p.m. Eastern time	<a href="#">Click here to register</a> for all Polypharmacy sessions
May	<b>CMS Statin Requirements</b> • May 13, 12 p.m. Eastern time	<a href="#">Click here to register</a> for all Statin Requirement sessions
June	<b>Patient Experience</b> • June 18, 3 p.m. Eastern time	<a href="#">Click here to register</a> for all Patient Experience sessions
July	<b>Polypharmacy</b> • July 23, 1 p.m. Eastern time	<a href="#">Click here to register</a> for all Polypharmacy sessions
August	<b>CMS Statin Requirements</b> • Aug. 5, 1 p.m. Eastern time	<a href="#">Click here to register</a> for all Statin Requirement sessions
	<b>Patient Experience</b> • Aug. 20, 12 p.m. Eastern time	<a href="#">Click here to register</a> for all Patient Experience sessions
October	<b>CMS Statin Requirements</b> • Oct. 7, 1 p.m. Eastern time	<a href="#">Click here to register</a> for all Statin Requirement sessions
	<b>Patient Experience</b> • Oct. 22, 3 p.m. Eastern time	<a href="#">Click here to register</a> for all Patient Experience sessions
November	<b>Polypharmacy</b> • Nov. 4, 1 p.m. Eastern time	<a href="#">Click here to register</a> for all Polypharmacy sessions
	<b>Patient Experience</b> • Nov. 19, 12 p.m. Eastern time	<a href="#">Click here to register</a> for all Patient Experience sessions

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# On-demand sessions

Qualified for one continuing medical education (CME) credit for clinicians.  
Register individually and do not forward the meeting link.

**CMS Statin Requirements:** A Humana pharmacist will discuss Centers for Medicare & Medicaid Services (CMS) requirements for statin prescriptions for diabetes and cardiovascular conditions.

**Polypharmacy and Opioid Use:** A Humana pharmacist will explain the meaning of polypharmacy and introduce measures that address duplication, over-prescribing opioids and avoiding pharmacy errors.

<b>Statins</b>	Click on the link to the right to access the CME-certified webinar Password: humana2022	<a href="#">CMS Statin Requirements</a>
<b>Polypharmacy</b>	Click on the link to the right to access the CME-certified webinar	<a href="#">Polypharmacy and Opioid Use</a>

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## Risk adjustment 2025 monthly learning series CME and CEU sessions



Please scan this QR code to link directly to a flyer with more information about live, online learning opportunities offered by the risk adjustment provider education team.

If you have questions or need help with registration, email [PRCE@humana.com](mailto:PRCE@humana.com).