

TEE & Cardioversion Preparation Instructions

You are scheduled for an upcoming cardiology procedure. Please carefully follow all instructions below to help ensure your procedure is not delayed or canceled.

Prior to Your Procedure

- Please arrive at the hospital 90 minutes prior to your scheduled procedure time to register with the Cath Lab.
- The Cath Lab team will contact you ahead of time to confirm your arrival time and procedure time.
- GLP-1 Medications: If you are taking a GLP-1 medication, you must stop it prior to your procedure:
 - Injectable forms: Stop 7 days before
 - Oral forms: Stop 1 day before
 - Examples include: Ozempic, Wegovy, Mounjaro, Trulicity, Saxenda, semaglutide, dulaglutide, tirzepatide, and liraglutide

Day of Your Procedure

- Do NOT eat or drink anything for 8 hours prior to your procedure
 - This includes NO caffeine
- You may take your regular medications with small sips of water unless otherwise instructed
- Blood Thinners:
 - Continue taking your prescribed blood thinner as directed, unless your provider has told you otherwise

What to Wear & Bring

- Do NOT bring or wear jewelry
 - This includes wedding rings, watches, earrings, necklaces, bracelets, and ankle bracelets
 - Failure to remove jewelry may result in your procedure being canceled
- Wear warm, loose, comfortable clothing
- Wear comfortable, low-heeled shoes
- Bring:
 - Photo ID
 - Insurance card(s)
 - Advanced Directives (if applicable)
- If you use glasses, contact lenses, dentures, or hearing aids, you may bring them
 - Please also bring appropriate storage containers

Transportation

- You must have a driver to take you home after your procedure
- You will NOT be permitted to drive yourself home

Questions or Concerns

- For scheduling questions, please contact your surgery scheduler
- For medical concerns before or after your procedure, call (352) 674-8700
 - Staff can assist during office hours and connect you with the on-call provider after hours