

TEE Preparation Instructions

You are scheduled for an upcoming cardiology procedure. Please follow all the instructions below to prevent your procedure from being cancelled.

Prior to Surgery:

- You will need to arrive at the hospital 90 minutes prior to your scheduled time to register with the Cath Lab.
- The Cath Lab will also call you prior to your procedure to verify the arrival time and the time of your procedure.
- If you are on a GLP-1 injection, please stop 7 days prior to procedure. For Oral Form, please stop 1 day prior to procedure.
 - Examples: Ozempic, Wegovy, Mounjaro, Trulicity, Saxenda, Semaglutide, Dulaglutide, Tirezepatide, and Liraglutide.

Day of Surgery:

- Do NOT eat or drink anything for 8 hours prior to your procedure, definitely NO caffeine.
 - However, you should take your daily medications as usual but with small sips of water, rather than a full glass (unless told otherwise).
 - Even if you currently take a prescription blood thinner, you should also take that medication as you normally would.
- Do not bring any jewelry with you. All jewelry must be removed prior to the procedure, or your procedure could be canceled; this includes wedding bands, watches, earrings, necklaces, bracelets, and ankle bracelets.
- Wear warm, loose, comfortable clothing.
- Wear comfortable low-heeled shoes.
- Bring your Advanced Directives (if you have), Insurance cards and Photo ID.
- If you wear glasses, contact lenses, dentures, or a hearing aid and wish to have them with you, that is permissible. Please bring containers for them so they can be stored during your procedure.
- You will need a driver to bring you home from your procedure. You will NOT be allowed to drive yourself home.

If you have any surgery scheduling questions, please contact your surgery scheduler. If you are having health-related difficulties before or after your surgery, please contact the main number at (352) 674-8700. They will be able to help you reach the nurses during normal office hours and the physician on call after hours.