Texas

# Use your HumanaDental benefits

The HumanaDental Advantage Plus D plan has you covered for any circumstance. Whether you simply need quality routine dental care or unexpected dental treatment, you know what to expect.

- No deductibles
- · No claims to file
- No need to choose a primary care dentist

#### Know what your plan covers

Attached is a summary of HumanaDental Advantage Plus D plan benefits which are described in detail in your certificate. You can find your certificate at **Humana.com** or call 1-800-979-4760. Here's what you can expect:

- You have the freedom to select any participating dentist. To select a dental provider from our Advantage Plus network, simply visit **Humana.com**. Once there, you can also check your benefits, email us and get a new or temporary ID card. If you prefer, contact us at 1-800-979-4760.
- Life without claim forms! With HumanaDental Advantage Plus D plan you pay your dentist directly, when applicable.
- Your Advantage Plus network dentist will provide all
  of your dental care and any copayment or discounted
  charges will be paid at the time of service. Except for
  emergency care, treatment received out-of-network is
  not covered.
- If you need a specialty dentist, you may receive up to a 25 percent discount by using certain participating specialty dentists from our network. Visit **Humana.com** to find a participating specialist.

# Choose HumanaDental benefits

#### Be healthy

Good oral health means more than just an attractive smile. Research shows that oral health, preventive care and regular visits to the dentist is integral to overall health. For example, the Academy of General Dentistry says there is a link between gum disease and heart problems, and the American Academy of Periodontology says severe gum disease can increase blood sugar, increasing the risk among diabetics. The HumanaDental Advantage Plus plan enables you to take better care of your teeth, and you'll pay less doing so.

# Check your dental IQ anytime

Log on to MyDentalIQ.com and take the dental risk assessment that could help trim your total healthcare costs over time. Find out how you can improve your oral and overall health. The dental health risk assessment at MyDentalIQ.com takes minutes to complete, and immediately delivers a scorecard with health tips tailored to you.



## Questions?

Check out Humana.com

Call 1-800-979-4760 anytime for the automated information line or 8 a.m. to 6 p.m. for a Customer Care specialist.

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# HumanaDental Advantage Plus 3D Plan with Ortho

Advantage Plus plans are network-based dental plans that emphasize prevention and cost containment. Members select any participating general dentist in HumanaDental's Advantage Plus network. Care received from an out-of-network dentist (except emergency care) is not a covered benefit. D plan copayments for listed procedures are applicable only at participating General Dentist. To find a dentist, call 1-800-979-4760 or look on **Humana.com**.

**Specialists services:** Should members need a specialist, (i.e., endodontist, oral surgeon, periodontist, pediatric dentist), they may be referred by a participating general dentist, or members can self-refer to any participating specialist. For HumanaDental Advantage Plus D plans, members may receive up to a 25 percent discount by visiting certain participating specialists. Visit **Humana.com** to find a participating specialist.

Office visit copay	□ \$5	□ \$10	
Annual maximum			
□ \$1,000	□ \$1,500	□ \$2,000	☐ No annual maximum

### Summary of services

Preven	tive	Member pays	D1510	Space maintainer—fixed, unilateral
	Periodic oral examination		D1310	(limited to child <14) no charge
D0120°	Limited oral evaluation—problem focus	and no charge	D1515	Space maintainer—fixed, bilateral
D0140	Oral evaluation for a patient under three	e Ho charge		(limited to child <14) no charge
DOITS	years of age and counseling with prima		D1520	Space maintainer—removable, unilateral
	caregiver (limit 1 every 12 months)		D4525	(limited to child <14) no charge
D0150	Comprehensive oral evaluation—new/	3	D1525	Space maintainer—removable, bilateral
	established patient (limit 1 every 24 mor	nths) . no charge	D1550	(limited to child <14) no charge Re-cement or re-bond space maintainer no charge
D0160	Limited/comprehensive/detailed and			·
D0170	extensive oral eval (limit 1 every 12 mo	nths) . no charge	Basic	Member pays
D0170	Re-evaluation—limited problem focuse (limit 1 every 12 months)		D2140	Amalgam—one surface primary or permanent \$ 24.00
D0180	Comprehensive periodontal eval—new		D2150	Amalgam—two surfaces primary
D0100	established patient (limit 1 every 24 mor	oths) no charao		or permanent
D0210	X-ray intraoral—complete series	itilis) . Ho charge	D2160	Amalgam—three surfaces primary
	(limit 1 every 3 years)	no charge	D21.C1	or permanent \$ 37.00
D0220	X-ray intraoral—periapical, first radiograp	hic	D2161	Amalgam—four/more surfaces
	image (limit 9 every 12 months includes [	00230) no charge	D2330	primary/permanent
D0230	X-ray intraoral—periapical, each addition	onal	D2330	Resin based composite—two surfaces, anterior .\$ 31.00
	radiographic image (limit 9 every 12 moi	ntns	D2332	Resin based composite—three surfaces, anterior\$ 38.00
D0240	includes D0220)	no charge	D2335	Resin based composite —four or more
D0240	Extra-oral—2D projection radiographic	3		surfaces, involving incisal angle \$ 45.00
D0230	image created using a stationary radiat		D2390	Resin based composite—crown anterior \$ 49.00
	source, and detector		D2391	Resin based composite—one surface, posterior .\$ 28.00
D0260	X-ray extraoral, each additional radiogra	aph-	D2392	Resin based composite—two surfaces, posterior . \$ 37.00
	ic image	no charge	D2393 D2394	Resin based composite—three surfaces, posterior .\$ 46.00
D0270a	Bitewing—single radiographic image	no charge	DZ394	Resin based composite—four or more surfaces, posterior \$ 56.00
D0272a		no charge	D3220	Therapeutic pulpotomy\$ 30.00
D027/a	Bitewings—three radiographic images.	no charge	D3310	Root canal therapy—anterior\$126.00
D0274 <sup>a</sup>	Bitewings—four radiographic images Vertical bitewings—7 to 8 radiographic	no charge	D3320	Root canal therapy—bicuspid
DUZII	images	no charae	D3330	Root canal therapy—molar\$199.00
D0330	images Panoramic radiographic image (limit 1	no charge	D3346	Previous root canal therapy—anterior \$170.00
20000	every 3 years)	no charge	D3347	Previous root canal therapy—bicuspid \$200.00
D0470	Diagnostic casts	no charge	D3348 D3410	Previous root canal therapy—molar\$240.00
D1110a	Prophylaxis—adult (inclusive of D4910)	no charge	D3410 D3421	Apicoectomy/periradicular surgery—anterior . \$144.00 Apicoectomy/periradicular surgery—bicuspid . \$158.00
D1120a		no charge	D3421	Apicoectomy/periradicular surgery—bicaspia: \$138.00 Apicoectomy/periradicular surgery—molar \$178.00
D1203°		no charge	D3425	Apicoectomy/periradicular surgery—each
D1206a	Topical application of fluoride varnish	no obavao	23120	addtl root
D1351	(for child <16) Sealant—per tooth	no charge	D3430	Retrograde filling—per root \$ 44.00
זככזח	(limit 1 per tooth every 12 months for child	(<14) no charae	$D4210^{c}$	Gingivectomy/gingivoplasty—four or more
	(mine 1 per tooth every 12 months for child	1 1/ . Ho charge		teeth, quad\$143.00

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D4211c	Gingivectomy/gingivoplasty—1 to 3	D2642b	Onlay—porcelain/ceramic, two surfaces \$403.00
DTZII	tacth and C (1.00	D2042	Onlay porcelain/ceramic, two surfaces \$405.00
	teeth, quad\$ 61.00	D2643°	Onlay—porcelain/ceramic, three surfaces \$434.00
D4240°	Gingival flap proc—four or more teeth, quad . \$169.00	D2644 <sup>b</sup>	Onlay—porcelain/ceramic, four or
D4241 <sup>c</sup>			more surfaces\$461.00
	Clinical group langthoning hard tissue (102.00	DOCEOR	Inlaw regin based composite and surface (2/200
D4249	Clinical crown lengthening – hard tissue \$192.00		Inlay—resin based composite, one surface \$242.00
D4260	Osseous surgery (including elevation of a full	D2651 <sup>b</sup>	Inlay—resin based composite, two surfaces . \$288.00
	thickness flap and closure) – four or more	D2652b	Inlay—resin based composite, three or more
		D2032	curfaces \$202.00
	contiguous teeth or tooth bounded spaces	Daccah	surfaces
	per quadrant\$272.00		Onlay—resin based composite, two surfaces. \$263.00
D4261	Osseous surgery (including elevation of a full	D2663 <sup>b</sup>	Onlay—resin based composite, three surfaces \$310.00
	thickness flap and closure) – one to three		Onlay—resin based ccomposite, four or
		D2004	orlidy—resirroused ecorriposite, rodr or
	contiguous teeth or tooth bounded spaces		more surfaces
	per quadrant\$142.00	D2710 <sup>b</sup>	Crown—resin based composite, indirect \$187.00
D4341	Periodontal scaling and root planing—per		Crown—resin with high noble metal \$461.00
D4341			
	quadrant, four or more teeth	D2/21 <sub>0</sub>	Crown—resin with predominantly base metal. \$432.00
	(limit 1 per quad every 12 months) \$ 39.00	D2722 <sup>b</sup>	Crown—resin with noble metal \$441.00
D4342	Periodontal scaling and root planing—per		Crown—porcelain/ceramic substrate \$473.00
DTJTZ	renodoritat scaling and root planning—per		
	quadrant, 1-3 teeth	D2/50°	Crown—porcelain fused to high noble metal . \$466.00
	(limit 1 per quad every 12 months)\$ 21.00	D2751 <sup>b</sup>	Crown—porcelain fused predominantly
D4355	Full mouth debridement to enable		base metal\$434.00
D 1333		Dazrah	Crown—porcelain fused to noble metal \$445.00
	comprehensive evaluation and diagnosis		
	(limit 1 every 5 years)\$ 26.00	D2790 <sup>b</sup>	Crown—full cast high noble metal \$450.00
D4910	Periodontal maintenance (limit 1 every 6	D2791b	Crown—full cast predominantly base metal \$426.00
D-1310		D2701h	Crown full and making buse metal.
	months, inclusive of D1110 and D1120) \$ 23.00		Crown—full cast noble metal \$434.00
D7111	Extraction coronal remnants deciduous tooth. \$ 20.00	D2910	Re-cement or re-bond inlay, onlay, veneer or
D7140	Extraction erupted tooth or exposed root \$ 26.00		partial coverage restoration
		D2020	Do coment or re hand grown \$\(\frac{1}{2}\)00
D7210	Surgical removal—erupted tooth	D2920	Re-cement or re-bond crown
D7220	Removal of impacted tooth—soft tissue \$ 54.00	D2930	Crown—prefabricated stainless steel,
D7230	Removal of impacted tooth—partially bony . \$ 72.00		primary tooth\$115.00
D7240		D2931	Crown profeshinated stainless steel
	Removal of impacted tooth—completely bony. \$84.00	DZ931	Crown—prefabricated stainless steel,
D7241	Remove impacted tooth—completely bony		permanent tooth
	w/comp\$106.00	D2932	Crown—prefabricated resin\$142.00
D7250	Surgical removal of residual tooth roots \$ 45.00	D2940	
	Surgicul Terrioval of Testadal Coolif Tools \$ 45.00		Protective restoration. \$ 44.00
D7310	Alveoloplasty in conjunction w/extractions—	D2950	Core buildup including any pins \$110.00
	per quad\$ 50.00	D2951	Pin retention—per tooth addition restoration. \$ 23.00
D7311	Alveoloplasty in conjunction	D2952	Cast post and core in addition to crown \$168.00
0/311	Alveolopiusty in conjunction		
	w/extractions—1-3 teeth\$ 39.00	D2954	Prefabricated post and core in addition to crown . \$139.00
D7320		D5110 <sup>d</sup>	Complete denture—maxillary \$642.00
	w/extractions—per quad\$ 72.00		Complete denture—mandibular \$642.00
D7221	Alica de alactica et a a a incretion	D5120	Transport deficited introduction in the desired in
D7321	Alveoloplasty not conjunction	D2130°	Immediate denture—maxillary\$700.00
	w/extractions—1-3 teeth\$ 61.00	D5140 <sup>d</sup>	Immediate denture—mandibular \$700.00
D7510	Incision and drainage of abscess—intraoral \$ 48.00		Maxillary partial denture—resin base \$542.00
	Incision and drainage of abscess outragral (220.00	DE212d	Mandibular partial denture—resin base \$629.00
D7520	Incision and drainage of abscess—extraoral . \$228.00		
D7960	Frenulectomy—separate procedure\$ 45.00	D5213°	Maxillary partial denture—cast metal—
D7970	Excision of hyperplastic tissue—per arch \$109.00		resin base
D9110	Palliative treatment dental pain—	D521/d	Mandibular partial denture—cast metal—
D3110	rulliutive treditient dental pulli—	D3214	Muhabulai partial dentale—cast metal—
	minor procedure\$ 18.00		resin base\$709.00
D9215	Local anesthesia no charge	D5410°	Adjust complete denture—maxillary \$ 35.00
D9241	Intravenous moderate (conscious) sedation/	D5411c	Adjust complete denture—mandibular \$ 35.00
DJZTI			Adjust partial depture promillant
	analgesia - first 30 minutes\$ 58.00	D5421°	Adjust partial denture—maxillary\$ 35.00
D9242	Intravenous moderate (conscious) sedation/	D5422c	Adjust partial denture—mandibúlar \$ 35.00
	analgesia - each additional 15 minutes\$ 24.00	D5510	Repair broken complete denture base \$ 70.00
D0210			Deplace rejects a /broken to eth
D9310	Professional consultation by non-treating	D5520	Replace missing/broken teeth—
	dentist       \$ 38.00         Occlusal adjustment—limited       \$ 23.00		complete denture
D9951	Occlusal adjustment—limited \$ 23.00	D5610	Repair resin denture base
	0luldiustrantl (120.00		Den min and frame arred
D9952	Occlusal adjustment—complete \$130.00	D5620	Repair cast framework. \$82.00
N.4	Manufacture	D5630	Repair or replace broken clasp—per tooth \$100.00
Major	Member pays	D5640	Replace broken teeth—per tooth \$ 64.00
D2510h	Inlay—metallic, one surface\$313.00		Add tooth to existing partial depture C 00 00
D2220	Trillage and all the base of the surface of the same o	D5650	Add tooth to existing partial denture\$ 88.00
D2520°	Inlay—metallic, two surfaces\$355.00	D5660	Add clasp to existing partial denture—per
D2530 <sup>b</sup>	Inlay—metallic, three or more surfaces \$410.00		tooth
	Onlay—metallic, two surfaces \$402.00	D5710e	tooth
D2E / 2h	Onlary montallia three surfaces (2000)		Delegas as a market magnetic for the design of 2/2/2/2
DZ543	Onlay—metallic, three surfaces\$420.00		Rebase complete mandibular denture \$249.00
		D5720e	Rebase maxillary partial denture\$246.00
D2544°	Onlay—metallic, four or more surfaces \$437.00	D3/20	
D2544º D2610º	Onlay—metallic, four or more surfaces \$437.00		
D2610 <sup>b</sup>	Inlay—porcelain/ceramic, one surface \$368.00	D5721e	Rebase mandibular partial denture \$246.00
D2610 <sup>b</sup> D2620 <sup>b</sup>	Inlay—porcelain/ceramic, one surface \$368.00 Inlay—porcelain/ceramic, two surfaces \$389.00	D5721 <sup>e</sup> D5730 <sup>e</sup>	Rebase mandibular partial denture\$246.00 Reline complete maxillary denture\$147.00
D2610 <sup>b</sup> D2620 <sup>b</sup>	Inlay—porcelain/ceramic, one surface \$368.00 Inlay—porcelain/ceramic, two surfaces \$389.00 Inlay—porcelain/ceramic, three or more	D5721e	Rebase mandibular partial denture \$246.00 Reline complete maxillary denture \$147.00
D2610 <sup>b</sup> D2620 <sup>b</sup>	Inlay—porcelain/ceramic, one surface \$368.00 Inlay—porcelain/ceramic, two surfaces \$389.00 Inlay—porcelain/ceramic, three or more	D5721 <sup>e</sup> D5730 <sup>e</sup> D5731 <sup>e</sup>	Rebase mandibular partial denture\$246.00 Reline complete maxillary denture\$147.00 Reline complete mandibular denture\$147.00
D2610 <sup>b</sup> D2620 <sup>b</sup>	Inlay—porcelain/ceramic, one surface \$368.00 Inlay—porcelain/ceramic, two surfaces \$389.00	D5721 <sup>e</sup> D5730 <sup>e</sup> D5731 <sup>e</sup>	Rebase mandibular partial denture\$246.00 Reline complete maxillary denture\$147.00

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D5741e	Reline mandibular partial denture	\$135.00
D5750e	Reline complete maxillary denture Reline complete mandibular denture	\$196.00
D5751e	Reline complete mandibular denture	\$196.00
D5760e	Reline maxillary partial denture	\$193.00
D5761e	Reline mandibular partial denture	\$193.00
D5850	Tissue conditioning maxillary	\$ 61.00
D5851	Tissue conditioning mandibular	\$ 61.00
D6092	Recement implant/abutment supported crown.	\$ 42.00
D6092	Re-cement or re-bond implant/abutment	\$ 42.00
D0093	Re-cernent of re-bond implant/abatinent	¢ 57.00
DC240f	supported fixed partial denture	\$ 57.00
D6210 <sup>f</sup>	Pontic—cast high noble metal	\$431.00
D6211 <sup>f</sup>	Pontic—cast predominantly base metal	\$404.00
D6212 <sup>f</sup>	Pontic—cast noble metal	\$420.00
D6240 <sup>f</sup>	Pontic—porcelain fused to high noble metal.	\$426.00
D6241 <sup>f</sup>	Pontic—porceln fused predominantly base	
	metal	\$393.00
D6242 <sup>f</sup>	Pontic—porcelain fused to noble metal	\$415.00
D6245	Pontic, Porcelain/Ceramic	\$439.00
D6250 <sup>f</sup>	Pontic—resin with high noble metal	\$420.00
D6251 <sup>f</sup>	Pontic—resin with predominantly base metal.	\$388.00
D6251	Pontic—resin with noble metal	\$400.00
D6600 <sup>f</sup>	Retainer inlay—porcelain/ceramic, two	\$ 100.00
D0000	curfaces	\$355.00
D6601 <sup>f</sup>	surfaces	\$333.00
D0001	more surfaces	\$373.00
D6602 <sup>f</sup>	more surfaces Retainer inlay—cast high noble metal, two	\$373.00
D0007.	Retainer inlay—cast nighthoble metal, two	¢200.00
DCCOOf	surfaces	\$380.00
D6603 <sup>f</sup>	Retainer inlay—cast nigh noble metal, three	¢
566616	or more surfaces	\$418.00
D6604 <sup>f</sup>	Retainer inlay—cast predominantly base	
	metal, two surfaces	\$372.00
D6605 <sup>f</sup>	Retainer inlay—cast predominantly base	
	metal, three or more surfaces	\$394.00
D6606 <sup>f</sup>	Retainer inlay—cast noble metal, two sur-	
	faces	\$366.00
D6607 <sup>f</sup>	Retainer inlay—cast noble metal, three or	
	more surfaces	\$406.00
D6608 <sup>f</sup>	Retainer onlay—porcelain/ceramic, two	
	surfaces	\$386.00
D6609 <sup>f</sup>	Retainer onlay—porcelain/ceramic, three or	,
	more surfaces	\$403.00
D6610 <sup>f</sup>	Retainer onlay—cast high noble metal, two	Ų 103.00
DOOLO	surfaces	\$409.00
D6611 <sup>f</sup>	Retainer onlay—cast high noble metal,	\$ 105.00
DOOTI	three or more surfaces	\$448.00
D6612 <sup>f</sup>	Retainer onlay—cast predominantly base	\$440.00
D0017.	metal two curfaces	\$407.00
DCC12f	metal, two surfaces	\$407.00
D6613 <sup>f</sup>	Retainer onlay—cast predominantly base	¢/26.00
DCC4/f	metal, three or more surfaces	\$426.00
D6614 <sup>f</sup>	Retainer onlay—cast noble metal, two	400000
	surfaces	\$399.00
D6615 <sup>f</sup>	surfaces	
	more surfaces	\$414.00
D6720 <sup>f</sup>	Retainer crown—resin with high noble metal.	\$474.00
D6721 <sup>f</sup>	Retainer crown—resin with high noble metal. Retainer crown—resin with predominantly	
	base metal	\$450.00
D6722f	Retainer crown—resin with noble metal	\$458.00
D6740 <sup>f</sup>	Retainer crown—porcelain/ceramic	
D6750 <sup>f</sup>	Retainer crown—porcelain fused to high	
	noble metal.	\$486.00
D6751 <sup>f</sup>	noble metal	Ų 100.00
20,01	nantly base metal	\$453.00
D6752 <sup>f</sup>	Retainer crown—porcelain fused to noble	¥ 155.00
DUIJL	metal	\$464.00
D6780 <sup>f</sup>	Retainer crown—3/4 cast high noble metal	\$454.00 \$458.00
D6790 <sup>f</sup>	Potainer crown - full cast high poble metal	\$450.00
D6790 <sup>f</sup>	Retainer crown—full cast high noble metal Retainer crown—full cast predominantly	J403.00
חמ/אד,	hase metal	¢ / / F 00
	base metal	\$445.UU

D6792<sup>f</sup> Retainer crown—full cast noble metal ...... \$461.00 D6930<sup>f</sup> Re-cement or re-bond fixed partial denture .. \$ 57.00

#### **Orthodontics** Member pays D8070 Comprehensive Orthodontic treatment of the transitional/adolescent dentition; Children up to 19 years of age; Up to 24 months of routine orthodontic treatment for Class I and Class II cases Consultation . . . . . . . . . . . . no charge Evaluation ......\$ 35.00 Records/Treatment Planning .....\$ 250.00 Orthodontic treatment .......\$2100.00 D8080 Comprehensive Orthodontic treatment of the transitional/adolescent dentition; Children up to 19 years of age; Up to 24 months of routine orthodontic treatment for Class I and Class II cases D8090 Comprehensive Orthodontic treatment of the transitional/adult dentition; Adults 19 years of age and older; Up to 24 months of routine orthodontic treatment for Class I and Class II cases. Consultation ... no charge Evaluation ... \$ 35.00 Records/Treatment Planning ... \$ 250.00 Orthodontic treatment ......\$2300.00

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D8680

- a Limit of one every six months
- b Limit one per tooth every eight years
- c Limit one every 12 months
- d Limit one every five years
- e Limit of one every three years
- f Limit of one every eight year

#### Note:

- Your participating general dentist and participating specialist office visit co-payment amounts, if applicable, are shown on your I.D. card.
- Your office visit co-payment is applicable for all dates of service and is in addition to the co-payment amounts listed for covered dental care services.
- Not all participating dentists perform all listed procedures, including amalgams. Please consult your dentist prior to treatment for availability of services.
- Unlisted procedures may be eligible to receive up to a 25% discount. Members may contact their participating provider to determine if any discounts apply. Visit **Humana.com** to find a participating dentist.
- Additional exclusions and limitations are listed along with full plan information in your Certificate of Benefits.

Offered by DentiCare, Inc (d/b/a CompBenefits)



Humana.com



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**Notice of Non-Discrimination.** Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate or exclude people because of their race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services. Humana Inc. provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us as well as provides free language assistance services to people whose primary language is not English, including qualified sign language interpreters and written information in other formats.

If you need reasonable modifications, appropriate auxiliary aids, or language assistance services, contact Humana Inc. and its subsidiaries at **877-320-1235 (TTY: 711)**. Hours of operation: 8 a.m. – 8 p.m., Eastern time. If you believe that Humana Inc. has not provided these services or discriminated on the basis of race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services, you can file a grievance in person or by mail or email with Humana Inc.'s Non-Discrimination Coordinator at P.O. Box 14618, Lexington, KY 40512-4618, **877-320-1235 (TTY: 711)**, or **accessibility@humana.com**. If you need help filing a grievance, Humana Inc.'s Non-Discrimination Coordinator can help you.

You can also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F, HHH Building Washington, D.C. 20201. 800-368-1019, 800-537-7697 (TDD).

**California members or residents:** You may also call the California Department of Insurance toll-free hotline number, **800-927-HELP (4357)**, to file a grievance.

Auxiliary aids and services, free of charge, are available to you. 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m., Eastern time. Humana Inc. and its subsidiaries provide free auxiliary aids and services to people with disabilities when auxiliary aids and services are necessary to ensure an equal opportunity to participate. Services include qualified sign language interpreters, video remote interpretation, and written information in other formats.

**English:** Call the number above to receive free language assistance services.

Español (Spanish): Llame al número que se indica arriba para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 您可以撥打上面的電話號碼以獲得免費的語言協助服務。

Tiếng Việt (Vietnamese): Gọi số điện thoại ở trên để nhận các dịch vụ hỗ trợ ngôn ngữ miễn phí.

한국어 (Korean) 무료 언어 지원 서비스를 받으려면 위 번호로 전화하십시오.

**Tagalog (Tagalog – Filipino)** Tawagan ang numero sa itaas para makatanggap ng mga libreng serbisyo sa tulong sa wika.

Русский (Russian): Позвоните по вышеуказанному номеру, чтобы получить бесплатную языковую поддержку.

العربية (Arabic): اتصل برقم الهاتف أعلاه للحصول على خدمات المساعدة اللغوية المجانية.

**French Creole (Haitian Creole):** Kreyòl Ayisyen (French Creole) Rele nimewo ki e dike anwo a pou resevwa sèvis éd gratis nan lang.

Français (French): Appelez le numéro ci-dessus pour recevoir des services gratuits d'assistance linguistique.

**Polski (Polish)** Aby skorzystać z bezpłatnej pomocy językowej, należy zadzwonić pod wyżej podany numer.

Português (Portuguese): Lique para o número acima para receber serviços gratuitos de assistência no idioma.

Italiano (Italian) Chiamare il numero sopra indicato per ricevere servizi di assistenza linguistica gratuiti.

日本語 (Japanese): 無料の言語支援サービスを受けるには、上記の番号までお電話ください。

**Deutsch (German):** Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

فارسی (Farsi): برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

हिंदी (Hindi): भाषा सहायता सेवाएं मुफ्त में प्राप्त करने के लिए ऊपर के नंबर पर कॉल करें।

**իայերեն (Armenian)։** Չանգահարեբ վերը նշված հեռախոսահամարով` անվճար լեզվական օգնության ծառայություններ ստանալու համար։

ગુજરાતી (Gujarati): મફત ભાષા સહાય સેવાઓ મેળવવા માટે ઉપર આપેલા નંબર પર કૉલ કરો.

**Hmoob (Hmong)** Hu rau tus xov tooj saum toj sauv kom tau txais kev pab txhais lus dawb.