

# Provider Directory

## Directorio de proveedores

Humana Healthy  
Horizons® in Virginia  
Tidewater

This directory was updated on **04/01/2026**.  
Este directorio fue actualizado el **04/01/2026**.

**Humana**  
Healthy Horizons®  
in Virginia



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## **A. Welcome to Humana Healthy Horizons in Virginia**

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Thank you for being a Humana Healthy Horizons® in Virginia member. We are happy you have picked us as your partner in health, and we look forward to helping you reach your best health!

Humana Healthy Horizons in Virginia is a Medicaid program of the Commonwealth of Virginia. This plan is a program of the Commonwealth, administered by the Department in partnership with Humana Healthy Horizons in Virginia.

Humana Healthy Horizons in Virginia is an organization made up of doctors, hospitals, pharmacies, providers of long-term services and supports, and other providers. It also has care coordinator and care teams to help you manage all your providers and services. They all work together to provide the care you need.

To get more information about your health plan and covered services, please see your Member Handbook.

## B. Provider Directory

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The Provider Directory lists the healthcare professionals, facilities and support providers in our network that you may see as a plan member. We also list the pharmacies that you may use to get your prescription drugs.

### What are "network providers"?

Network providers include:

- Doctors, nurses, and other healthcare professionals that you can go to as a member of our plan
- Behavioral health professionals that provide specialized services for mental healthcare
- Providers of substance use disorder services
- Clinics, hospitals, nursing facilities, and other places that provide health services in our plan
- Home health agencies, durable medical equipment suppliers, and others who provide goods and services that you are eligible for

You must get care from network providers. Usually, the plan will not cover care from a provider who does not work with the health plan. Here are some cases when this rule does not apply:

- Plan covers emergency services from an out-of-network provider
- Continued care you may need from non-participating providers when you are new to our plan

Both Member Services and our website can give you the most up-to-date information about our network providers. Please see section C of this directory for how to contact us.

Some of the services we provide are covered only if your doctor or other network provider gets approval from us first. This is called prior authorization. Your provider will ask for a prior authorization from us and should schedule these services for you. Humana Healthy Horizons in Virginia will not pay for these services if they are done without prior authorization.

To see a list of services that need prior authorization, see the Member Handbook.

You have rights as a member of our plan. Your rights shall include, but are not limited to:

- Right to be treated with respect
- Right to participate in decisions regarding healthcare
- Right to receive a copy of your medical records

## What are "network pharmacies"?

Network pharmacies are pharmacies that have agreed to fill prescriptions for our plan members. Use this Provider Directory to find the network pharmacy you want to use.

Except during an emergency, you must fill your prescriptions at one of our network pharmacies if you want our plan to help you pay for them.

Both Member Services and our website can give you the most up-to-date information about our network pharmacies. Please see section C of this directory for how to contact us.

## Network Service Area

This directory lists Humana Healthy Horizons in Virginia network providers and pharmacies in the following counties:

VA: Suffolk City

### Please note:

- Providers join and leave the network for your service area often. To view the most up to date information on our providers, please visit our website at **Humana.com/HealthyVirginia**. Our online physician finder is updated nightly, and our paper directory is updated monthly.
- Some Humana providers in our network may no longer be accepting new members. If you are having trouble finding a provider who will accept new members, call Member Services at **844-881-4482 (TTY: 711)**, and we will help you.

## Alternative Formats and Languages

You can get this directory for free in other languages and in other formats. This includes:

- Oral interpretation
- Auxiliary aids (such as TTY)
- American Sign Language
- Large print
- Braille
- Audio

Please see section C of this directory for how to contact Member Services to ask for any of these services.

## C. How to Contact Us

<b>Member Services</b>	<p><b>844-881-4482 (TTY: 711)</b> The call is free.</p> <p>We're available from 8 a.m. – 8 p.m. seven days a week, Eastern time. However, please note that our automated phone system may answer your call after hours, during weekends, and holidays.</p>
<b>Member Services TTY</b>	<p><b>711</b> The call is free.</p> <p>This number is for people needing help with hearing or speaking. You must have special telephone equipment to call it.</p> <p>Hours of operation are the same as above.</p>
<b>Nurse Advice Line</b>	<p><b>888-445-8714 (TTY: 711)</b></p> <p>You can call 24 hours, 7 days a week. The call is free.</p>
<b>Behavioral Health Crisis Line</b>	<p><b>888-445-8714 (TTY: 711)</b></p> <p>You can call 24 hours, 7 days a week. The call is free.</p>
<b>Urgent and Emergency Care</b>	<p>If you have a medical emergency, call <b>911</b>.</p>
<b>Website</b>	<p><b>Humana.com/HealthyVirginia</b></p>
<b>Report Fraud</b>	<p>Call <b>800-614-4126 (TTY: 711)</b>, 24 hours a day, 7 days a week</p> <ul style="list-style-type: none"> <li>• Select the menu option for reporting fraud</li> <li>• Complete the Fraud, Waste, and Abuse Reporting Form</li> <li>• You can write a letter and mail it to us at: <ul style="list-style-type: none"> <li>Humana</li> <li>Attn: Special Investigations Unit</li> <li>1100 Employers Blvd.</li> <li>Green Bay, WI 54344</li> </ul> </li> <li>• You can go to our website, <b>Humana.com/HealthyVirginia</b> and fill out the form</li> </ul>

Contact Member Services for:

- Questions about benefits
- Member ID cards
- Help with finding a PCP and pharmacy
- Access to free interpreter services to answer any questions
- Help with requesting free auxiliary aids and services

## D. Your Primary Care Provider (PCP)

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You will have to choose a Primary Care Provider (PCP) from our network of providers.

Generally, you must get your healthcare services from your PCP. Your PCP is the doctor you see first for most health problems. He or she makes sure you get the care you need to stay healthy. He or she also may talk with other doctors and healthcare providers about your care and refer you to them.

Your PCP will:

- Coordinate your healthcare
- Perform your checkups
- Treat most of your routine healthcare needs
- May send you to specialists

**Please note:** Each family member can use the same PCP or, choose a different PCP based on individual needs.

You can reach your PCP by calling their office. Your PCP's name and phone number are printed on your ID card. It is important to call your PCP when you need medical care. You may also be seen by your PCP's assistant or nurse.

To find out:

- Which hospital a PCP or other provider uses, and
- Which providers are not taking new patients

Go to Humana's website at **Humana.com/HealthyVirginia**, or call Member Services at **844-881-4482 (TTY: 711)**.

If you need after-hours care:

- Check our online provider directory at **Humana.com/HealthyVirginia**
- Check with your PCP.

In case of an emergency, call **911**, or go to the nearest emergency room.

## E. How to get Transportation Services

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<b>Emergency Transportation</b>	<p><b>911</b></p> <p>A medical emergency is an acute injury or illness that poses an immediate risk to a person's life or long-term health.</p> <p>Call 24 hours a day, 7 days a week.</p>
<b>Routine Transportation</b>	<p>Transportation to a routine (non-emergency) healthcare appointment may be available from Modivcare.</p> <p>To make a reservation, call <b>877-718-4215 (TTY: 711)</b> Monday through Friday from 8:00 a.m. to 8:00 pm., Eastern time. The call is free.</p>

## F. Notice of Non-Discrimination

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Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate or exclude people because of their race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services. Humana Inc.:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
  - Qualified interpreters
  - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids, or language assistance services contact **844-881-4482 (TTY: 711)**, 8 a.m. to 8 p.m., Eastern time, 7 days a week. If you believe that Humana, Inc. has not provided these services or discriminated on the basis of race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services, you can file a grievance in person or by mail, fax, or email with Humana Inc.'s Non-Discrimination Coordinator at P.O. Box 14618, Lexington, KY 40512-4618, **844-881-4482 (TTY: 711)**, or **accessibility@humana.com**. If you need help filing a grievance, Humana Inc.'s Non-Discrimination Coordinator can help you.

You can also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at **<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>**, or by mail or phone at:

- U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F, HHH Building Washington, D.C. 20201. **800-368-1019, 800-537-7697 (TDD)**.

This notice is available at **[Humana.com/VirginiaDocuments](https://www.humana.com/VirginiaDocuments)**.

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## G. Auxiliary Aids and Services

### Notice of Availability - Auxiliary Aids and Services Notice

English: Free language, auxiliary aid, and alternate format services are available.

Call **844-881-4482 (TTY: 711)**.

العربية [Arabic]: تتوفر خدمات اللغة والمساعدة الإضافية والتنسيق البديل مجانًا. اتصل على الرقم  
**844-881-4482 (الهاتف النصي: 711)**.

Հայերեն [Armenian]: Հասանելի են անվճար լեզվական, աջակցման և այլընտրանքային ձևաչափի ծառայություններ: Չանգահարե՛ք՝ **844-881-4482 (TTY: 711)**:

বাংলা [Bengali]: বিনামূল্যে ভাষা, আনুষঙ্গিক সহায়তা, এবং বিকল্প বিন্যাসে পরিষেবা উপলব্ধ।  
ফোন করুন **844-881-4482 (TTY: 711)** নম্বরে।

简体中文 [Simplified Chinese]: 我们可提供免费的语言、辅助设备以及其他格式版本服务。请致电  
**844-881-4482 (听障专线: 711)**。

繁體中文 [Traditional Chinese]: 我們可提供免費的語言、輔助設備以及其他格式版本服務。請致電  
**844-881-4482 (聽障專線: 711)**。

Kreyòl Ayisyen [Haitian Creole]: Lang gratis, èd oksilyè, ak lòt fòm sèvis disponib. Rele  
**844-881-4482 (TTY: 711)**.

Hrvatski [Croatian]: Dostupni su besplatni jezik, dodatna pomoć i usluge alternativnog formata.  
Nazovite **844-881-4482 (TTY: 711)**.

فارسی [Farsi]: خدمات زبان رایگان، کمک های اضافی و فرمت های جایگزین در دسترس است. با **844-881-4482 (TTY: 711)** تماس بگیرید.

Français [French]: Des services gratuits linguistiques, d'aide auxiliaire et de mise au format sont disponibles. Appeler le **844-881-4482 (TTY: 711)**.

Deutsch [German]: Es stehen kostenlose unterstützende Hilfs- und Sprachdienste sowie alternative Dokumentformate zur Verfügung. Telefon: **844-881-4482 (TTY: 711)**.

Ελληνικά [Greek]: Διατίθενται δωρεάν γλωσσικές υπηρεσίες, βοηθήματα και υπηρεσίες σε εναλλακτικές προσβάσιμες μορφές. Καλέστε στο **844-881-4482 (TTY: 711)**.

ગુજરાતી [Gujarati]: નિ:શુલ્ક ભાષા, સહાયક સહાય અને વૈકલ્પિક ફોર્મેટ સેવાઓ ઉપલબ્ધ છે.  
**844-881-4482 (TTY: 711)** પર કોલ કરો.

עברית [Hebrew]: שירותים אלה זמינים בחינם: שירותי תרגום, אביזרי עזר וטקסטים בפורמטים חלופיים.  
נא התקשר למספר **844-881-4482 (TTY: 711)**

हिन्दी [Hindi]: नि:शुल्क भाषा, सहायक मदद और वैकल्पिक प्रारूप सेवाएं उपलब्ध हैं।  
**844-881-4482 (TTY: 711)** पर कॉल करें।

Hmoob [Hmong]: Muaj kev pab txhais lus, pab kom hnov suab, thiab lwm tus qauv pab cuam.  
Hu **844-881-4482 (TTY: 711)**.

Italiano [Italian]: Sono disponibili servizi gratuiti di supporto linguistico, assistenza ausiliaria e formati alternativi. Chiama il numero **844-881-4482 (TTY: 711)**.

日本語 [Japanese]: 言語支援サービス、補助支援サービス、代替形式サービスを無料でご利用いただけます。  
**844-881-4482 (TTY: 711)** までお電話ください。

ភាសាខ្មែរ [Khmer]: សេវាកម្មផ្នែកភាសា ជំនួយ និង សេវាកម្មជំនួយប្រុងប្រយ័ត្នជំនួសអាច  
រកបាន។ ទូរស័ព្ទទៅលេខ **844-881-4482 (TTY: 711)**។

한국어 [Korean]: 무료 언어, 보조 지원 및 대체 형식 서비스를 이용하실 수 있습니다.  
**844-881-4482 (TTY: 711)**번으로 문의하십시오.

ພາສາລາວ [Lao] ມີການບໍລິການດ້ານພາສາ, ຊ່ວຍກ່ອນຊ່ວຍເຫຼືອ ແລະ ຮູບແບບທາງເວືອກອັນ  
ໃຫ້ໃຊ້ພຣີ. ໂທ **844-881-4482 (TTY: 711)**.

Diné [Navajo]: Saad t'áá jiik'eh, t'áadoole'é binahji' bee adahodooníílgíí diné bich 'i' anídahazt'i'í, dóó lahgo  
át'éego bee hada' dilyaaígíí bee bika'aanída'awo'í dahóló. Kohji' hodiilnih **844-881-4482 (TTY: 711)**.

Polski [Polish]: Dostępne są bezpłatne usługi językowe, pomocnicze i alternatywne formaty. Zadzwoń  
pod numer **844-881-4482 (TTY: 711)**.

Português [Portuguese]: Estão disponíveis serviços gratuitos de ajuda linguística auxiliar e outros  
formatos alternativos. Ligue **844-881-4482 (TTY: 711)**.

ਪੰਜਾਬੀ [Punjabi]: ਮੁਫਤ ਭਾਸ਼ਾ, ਸਹਾਇਕ ਸਹਾਇਤਾ, ਅਤੇ ਵਿਕਲਪਿਕ ਫਾਰਮੈਟ ਸੇਵਾਵਾਂ ਉਪਲਬਧ ਹਨ।  
**844-881-4482 (TTY: 711)** 'ਤੇ ਕਾਲ ਕਰੋ।

Русский [Russian]: Предоставляются бесплатные услуги языковой поддержки, вспомогательные  
средства и материалы в альтернативных форматах. Звоните по номеру **844-881-4482 (TTY: 711)**.

Español [Spanish]: Los servicios gratuitos de asistencia lingüística, ayuda auxiliar y servicios en otro  
formato están disponibles. Llame al **844-881-4482 (TTY: 711)**.

Tagalog [Tagalog]: Magagamit ang mga librang serbisyong pangwika, serbisyo o device na pantulong, at  
kapalit na format. Tumawag sa **844-881-4482 (TTY: 711)**.

தமிழ் [Tamil]: இலவச மொழி, துணை உதவி மற்றும் மாற்று வடிவ சேவைகள் உள்ளன.  
**844-881-4482 (TTY: 711)** ஐ அழைக்கவும்.

తెలుగు [Telugu]: ఉచిత భాష, సహాయక మద్దతు, మరియు ప్రత్యామ్నాయ ఫార్మాట్ సేవలు  
అందుబాటులో గలవు. **844-881-4482 (TTY: 711)** కి కాల్ చేయండి.

[Urdu]: مفت زبان، معاون امداد، اور متبادل فارمیٹ کی خدمات دستیاب ہیں۔ کال **(TTY: 711) 844-881-4482**

Tiếng Việt [Vietnamese]: Có sẵn các dịch vụ miễn phí về ngôn ngữ, hỗ trợ bổ sung và định dạng thay  
thế. Hãy gọi **844-881-4482 (TTY: 711)**.

አማርኛ [Amharic]: ቋንቋ፣ ኢንፎርሜሽን ማዳመጫ እና አማራጭ ቅርፅ ለሌሎች አገልግሎቶችም ይገኛሉ። በ  
**844-881-4482 (TTY: 711)** ላይ ይደውሉ።

Bàsà [Bassa]: Wuḍu-xwíniín-mú-zà-zà kùà, Hwòdǒ-fóná-nyo, kè nyo-boŭn-po-kà bě bé nyuεε se wíqí  
péé-péé dò kò. **844-881-4482 (TTY: 711)** dá.

Bekee [Igbó]: Asụsụ n'efu, enyemaka nkwarụ, na orụ usoro ndị ọzọ dị. Kpọọ **844-881-4482 (TTY: 711)**.

Òyìnbó [Yoruba]: Àwọn isẹ àtìlẹ̀hìn ìrànጓwọ̀ èdè, àtì ọ̀nà kíkà míràn wà lárọ̀wọ̀tó. Pe  
**844-881-4482 (TTY: 711)**.

नेपाली [Nepali]: भाषासम्बन्धी निःशुल्क, सहायक साधन र वैकल्पिक फार्मेट (ढाँचा/व्यवस्था)  
सेवाहरू उपलब्ध छन् । **844-881-4482 (TTY: 711)** मा कल गर्नुहोस् ।

This notice is available at [Humana.com/VirginiaDocuments](http://Humana.com/VirginiaDocuments).

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## H. How to use the Provider Directory

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In this section, you will find out how to use this directory. The directory contains a list of providers in the Humana Healthy Horizons in Virginia plan. Providers are listed in this directory by:

- County, then by
- Specialty, then
- Alphabetically by name

Provider information is current as of the date on the directory cover. Below are the types of provider information you will find. Each provider is unique, so information may differ.

- Names, addresses and telephone numbers
- Office hours
- Website, if available
- Accommodations for people with physical disabilities
- Whether the provider is near a public transportation route
- Languages spoken
- Areas of specialty
- Licensing information
- Whether the provider is accepting new patients
- Virtual care, if available
- Cultural competency training (if you see this information listed by the provider, it means they were trained in how to help members with differences in traditions and customs)
- Group affiliations (this will tell you the provider's group that they belong to)

### **Please note:**

You can use our online physician finder for the most up to date information on our providers. Use this online tool to find a provider or facility in your area. You can see details like addresses, phone numbers, office hours and driving directions. You can access the tool on our website at **[Humana.com/HealthyVirginia](https://www.humana.com/HealthyVirginia)**.

Many providers have more than one office. However, not all of the providers' offices may be part of our network. If you don't see an office address on this list, the provider may not be in network at that location. If you have questions, please call Member Services at **844-881-4482 (TTY: 711)**.

To report any mistakes you find in this directory, email us by signing in at **[MyHumana.com](https://www.myhumana.com)**, or call Member Services at **844-881-4482 (TTY: 711)**.

Participating physicians and other providers listed in the directory are not the agents, employees or partners of Humana Medicaid Plans. They are independent contractors. Humana Medicaid Plans are not providers of medical services. Humana Medicaid Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

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## **A. Le damos la bienvenida a Humana Healthy Horizons in Virginia**

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Gracias por ser afiliado de Humana Healthy Horizons® in Virginia. ¡Nos alegra que nos haya elegido como su aliado en la salud y esperamos con gusto ayudarle a alcanzar su mejor estado de salud!

Humana Healthy Horizons in Virginia es un programa de Medicaid de la Mancomunidad de Virginia. Este plan es un programa de la Mancomunidad, administrado por el Departamento en colaboración con Humana Healthy Horizons in Virginia.

Humana Healthy Horizons in Virginia es una organización formada por médicos, hospitales, farmacias, proveedores de servicios y apoyos a largo plazo, y otros proveedores. También tiene coordinadores y equipos de cuidado de la salud para ayudarle a administrar todos sus proveedores y servicios. Todos ellos trabajan juntos para proveer el cuidado que usted necesita.

Para obtener más información sobre su plan de salud y los servicios cubiertos, consulte el Manual para afiliados.

## B. Directorio de Proveedores

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En el Directorio de proveedores se incluyen los profesionales de cuidado de la salud, centros y proveedores de apoyo de nuestra red que usted puede visitar como afiliado del plan. También aparece el listado de farmacias que puede utilizar para obtener sus medicamentos recetados.

### ¿Qué son los "proveedores de la red"?

Los proveedores de la red incluyen:

- Los médicos, profesionales de enfermería y otros profesionales del cuidado de la salud a los que puede recurrir como afiliado de nuestro plan
- Los profesionales de la salud del comportamiento que proveen servicios especializados de cuidado de salud mental
- Proveedores de servicios para trastornos por consumo de sustancias
- Las clínicas, hospitales, centros de enfermería y otros lugares que proveen servicios de cuidado de la salud en nuestro plan
- Las agencias de cuidado de la salud en el hogar, proveedores de equipos médicos duraderos y otras personas que proveen los bienes y servicios para los que usted es elegible

Debe recibir cuidado de la salud por parte de proveedores de la red. Por lo general, el plan no cubrirá el cuidado de un proveedor que no trabaja con el plan de salud. A continuación, presentamos algunos casos en los que no se aplica esta regla:

- El plan cubre servicios en casos de emergencia de proveedores fuera de la red
- Cuidado continuo que puede necesitar de proveedores que no participan cuando usted es un nuevo afiliado a nuestro plan

Servicios para afiliados y nuestro sitio web pueden brindarle la información más actualizada sobre nuestros proveedores de la red. Consulte la Sección C de este directorio para obtener información sobre cómo comunicarse con nosotros.

Algunos de los servicios que brindamos están cubiertos únicamente si su médico u otro proveedor de la red obtienen primero nuestra aprobación. A esto se le conoce como autorización previa. Su proveedor nos debe solicitar una autorización previa y debe programar estos servicios para usted. Humana Healthy Horizons in Virginia no pagará por estos servicios si se realizan sin autorización previa.

Para ver una lista de los servicios que necesitan autorización previa, consulte el Manual para los afiliados.

Usted tiene derechos como afiliado del plan. Sus derechos incluyen, entre otros:

- Derecho a recibir un trato respetuoso
- Derecho a participar en las decisiones relativas al cuidado de la salud
- Derecho a recibir una copia de sus expedientes médicos

## ¿Qué son las "farmacias de la red"?

Las farmacias de la red son farmacias que han acordado surtir las recetas de los afiliados de nuestro plan. Utilice este Directorio de proveedores para encontrar la farmacia de la red que desea usar.

Excepto en caso de emergencia, debe surtir las recetas en una de nuestras farmacias de la red si desea que nuestro plan le ayude a pagarlas.

Puede obtener la información más actualizada sobre las farmacias de la red a través de Servicios para afiliados y en nuestro sitio web. Consulte la Sección C de este directorio para obtener información sobre cómo comunicarse con nosotros.

## Área de Servicio de la Red

En este directorio se incluyen los proveedores y las farmacias de la red de Humana Healthy Horizons in Virginia en los siguientes condados:

VA: Suffolk City

### Tenga en cuenta:

- Los proveedores se unen y abandonan la red de su área de servicio a menudo. Para ver la información más actualizada sobre nuestros proveedores, visite nuestro sitio web en **es-[www.humana.com/HealthyVirginia](http://www.humana.com/HealthyVirginia)**. Nuestro buscador de médicos en línea se actualiza todas las noches y nuestro directorio en papel se actualiza todos los meses.
- Es posible que algunos proveedores de Humana de nuestra red ya no acepten nuevos afiliados. Si tiene algún problema para encontrar un proveedor que acepte nuevos afiliados, llame a Servicios para afiliados al **844-881-4482 (TTY: 711)** y le brindaremos ayuda.

## Idiomas y Formatos Alternativos

Puede obtener este directorio en forma gratuita en otros idiomas y en otros formatos. Esto incluye:

- Interpretación oral
- Servicios auxiliares (como TTY)
- Lenguaje de señas estadounidense
- Letra grande
- Braille
- Audio

Consulte la Sección C de este directorio para obtener información sobre cómo comunicarse con Servicios para afiliados para pedir cualquiera de estos servicios.

## C. Cómo Comunicarse con Nosotros

<b>Servicios para Afiliados</b>	<p><b>844-881-4482 (TTY: 711)</b> La llamada es gratuita.</p> <p>Estamos disponibles de 8 a.m. a 8 p.m. los siete días de la semana, hora del este. Sin embargo, tenga en cuenta que nuestro sistema telefónico automatizado puede responder su llamada fuera del horario normal, los fines de semana y los días feriados.</p>
<b>Servicios para Afiliados TTY</b>	<p><b>711</b> La llamada es gratuita.</p> <p>Este número es para las personas que necesitan ayuda con la audición o habla. Debe tener un equipo de teléfono especial para llamar.</p> <p>El horario de atención es el mismo que se indica arriba.</p>
<b>Línea Telefónica de Asesoramiento de Enfermería</b>	<p><b>888-445-8714 (TTY: 711)</b></p> <p>Puede llamar las 24 horas del día, los siete días de la semana. La llamada es gratuita.</p>
<b>Línea de Crisis de Salud del Comportamiento</b>	<p><b>888-445-8714 (TTY: 711)</b></p> <p>Puede llamar las 24 horas del día, los siete días de la semana. La llamada es gratuita.</p>
<b>Cuidado Médico en casos de Emergencia y Cuidado de Urgencia</b>	<p>Si tiene una emergencia médica, llame al <b>911</b>.</p>
<b>Sitio web</b>	<p><b>es-<a href="http://www.humana.com/HealthyVirginia">www.humana.com/HealthyVirginia</a></b></p>
<b>Denuncia de Fraude</b>	<p>Llame al <b>800-614-4126 (TTY: 711)</b>, las 24 horas del día, los siete días de la semana</p> <ul style="list-style-type: none"> <li>• Seleccione la opción del menú para denunciar fraude</li> <li>• Complete el Formulario de denuncia de fraude, malgasto y abuso</li> <li>• Puede escribir una carta y enviárnosla por correo a: Humana Attn: Special Investigations Unit 1100 Employers Blvd. Green Bay, WI 54344</li> <li>• Puede visitar nuestro sitio web, <b>es-<a href="http://www.humana.com/HealthyVirginia">www.humana.com/HealthyVirginia</a></b> y completar el formulario</li> </ul>

Comuníquese con Servicios para afiliados por asuntos relacionados con lo siguiente:

- Preguntas sobre beneficios
- Tarjetas de identificación del afiliado
- Ayuda para encontrar un proveedor de cuidado primario (PCP, por sus siglas en inglés) y una farmacia
- Acceso a servicios gratuitos de un intérprete para responder cualquier pregunta
- Ayuda para solicitar recursos y servicios auxiliares gratuitos

## **D. Su Proveedor de Cuidado Primario (PCP, por sus siglas en inglés)**

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Usted deberá elegir un proveedor de cuidado primario (PCP) de nuestra red de proveedores.

Por lo general, usted debe obtener sus servicios de cuidado de la salud de su PCP. Su PCP es el médico que usted ve en primer lugar para la mayoría de los problemas de salud. Él o ella se asegura de que usted reciba el cuidado médico que necesita para mantenerse saludable. Este médico también puede hablar con otros médicos y proveedores de cuidado de la salud sobre su cuidado y referirle a ellos.

Su PCP hará lo siguiente:

- Coordinar su cuidado de la salud
- Hacerle exámenes médicos
- Atender la mayoría de sus necesidades de cuidado de la salud de rutina
- Puede enviarle a especialistas

**Tenga en cuenta:** Cada integrante de la familia puede usar el mismo PCP o elegir un PCP diferente según sus necesidades individuales.

Para comunicarse con su PCP, llame a su consultorio. En su tarjeta de identificación figura el nombre y el número de teléfono de su PCP. Es importante que se comunique con su PCP cada vez que necesite cuidado de la salud. También es posible que lo vea el asistente o un profesional de enfermería de su PCP.

Para averiguar:

- En qué hospital atiende un PCP u otro proveedor, y
- qué proveedores no están aceptando pacientes nuevos

Visite el sitio web de Humana en **es-[www.humana.com/HealthyVirginia](http://www.humana.com/HealthyVirginia)**, o llame a Servicios para Afiliados al **844-881-4482 (TTY: 711)**.

Si necesita cuidado médico fuera del horario de atención:

- Consulte nuestro directorio de proveedores en línea en **es-[www.humana.com/HealthyVirginia](http://www.humana.com/HealthyVirginia)**
- Consulte a su PCP.

En caso de emergencia, llame al **911** o diríjase a la sala de emergencias más cercana.

## E. Cómo obtener Servicios de Transporte

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<b>Transporte de Emergencia</b>	<p><b>911</b></p> <p>Una emergencia médica es una lesión o enfermedad aguda que supone un riesgo inmediato para la vida o la salud a largo plazo de una persona.</p> <p>Llame las 24 horas del día, los siete días de la semana.</p>
<b>Transporte de Rutina</b>	<p>El transporte a una cita de cuidado de la salud de rutina (que no es de emergencia) puede estar disponible a través de Modivcare.</p> <p>Para programar una reserva, llame al <b>877-718-4215 (TTY: 711)</b> de lunes a viernes de 8:00 a.m. a 8:00 p.m., hora del este. La llamada es gratuita.</p>

## F. Aviso de no Discriminación

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Humana Inc. y sus subsidiarias cumplen con las leyes aplicables de Derechos civiles federales y no discriminan ni excluyen a las personas por motivos de raza, color de la piel, religión, género, identidad de género, sexo, orientación sexual, edad, discapacidad, origen nacional, condición militar, condición de veterano, información genética, ascendencia, origen étnico, estado civil, idioma, estado de salud o necesidad de servicios de salud. Humana Inc.:

- Provee a las personas con discapacidades modificaciones razonables, junto con recursos y servicios auxiliares gratuitos y adecuados para comunicarse eficazmente con nosotros, como los siguientes:
  - Intérpretes acreditados de lenguaje de señas
  - Información escrita en otros formatos (letra de imprenta grande, audio, formatos electrónicos accesibles u otros formatos)
- Provee servicios gratuitos de asistencia lingüística para personas cuyo idioma principal no es el inglés, que pueden incluir lo siguiente:
  - Intérpretes acreditados
  - Información por escrito en otros idiomas

Si necesita modificaciones razonables, ayudas auxiliares adecuadas o servicios de asistencia lingüística, comuníquese al **844-881-4482 (TTY: 711)**, de 8:00 a.m. a 8:00 p.m., hora del este, 7 días a la semana. Si cree que Humana Inc. no ha provisto estos servicios o ha discriminado por motivos de raza, color de la piel, religión, género, identidad de género, sexo, orientación sexual, edad, discapacidad, origen nacional, condición militar, condición de veterano, información genética, ascendencia, origen étnico, estado civil, idioma, estado de salud o necesidad de servicios de salud, puede presentar una queja formal en persona, por correo postal, fax o por correo electrónico al Coordinador de No Discriminación de Humana Inc. en P.O. Box 14618, Lexington, KY 40512-4618, al **844-881-4482 (TTY: 711)**, o a **accessibility@humana.com**. Si necesita ayuda para presentar una queja formal, el Coordinador de No Discriminación de Humana Inc. puede ayudarle.

También puede presentar una queja ante la Oficina de Derechos Civiles del Departamento de Salud y Servicios Humanos de los EE. UU., por medios electrónicos a través del Portal de Quejas de la Oficina de Derechos Civiles en **<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>**, o por correo postal o teléfono a:

- U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F, HHH Building Washington, D.C. 20201. **800-368-1019, 800-537-7697 (TDD)**.

Este aviso está disponible en **[es-www.humana.com/VirginiaDocuments](http://es-www.humana.com/VirginiaDocuments)**.

## G. Recursos y Servicios Auxiliares

### Aviso de Disponibilidad - Aviso de Recursos y Servicios Auxiliares

English: Free language, auxiliary aid, and alternate format services are available.  
Call **844-881-4482 (TTY: 711)**.

العربية [Arabic]: تتوفر خدمات اللغة والمساعدة الإضافية والتنسيق البديل مجانًا. اتصل على الرقم  
**844-881-4482 (الهاتف النصي: 711)**.

Հայերեն [Armenian]: Հասանելի են անվճար լեզվական, աջակցման և այլընտրանքային ձևաչափի ծառայություններ: Չանգահարե՛ք՝ **844-881-4482 (TTY: 711)**:

বাংলা [Bengali]: বিনামূল্যে ভাষা, আনুষঙ্গিক সহায়তা, এবং বিকল্প বিন্যাসে পরিষেবা উপলব্ধ।  
ফোন করুন **844-881-4482 (TTY: 711)** নম্বরে।

简体中文 [Simplified Chinese]: 我们可提供免费的语言、辅助设备以及其他格式版本服务。请致电  
**844-881-4482 (听障专线: 711)**。

繁體中文 [Traditional Chinese]: 我們可提供免費的語言、輔助設備以及其他格式版本服務。請致電  
**844-881-4482 (聽障專線: 711)**。

Kreyòl Ayisyen [Haitian Creole]: Lang gratis, èd oksilyè, ak lòt fòm sèvis disponib. Rele  
**844-881-4482 (TTY: 711)**.

Hrvatski [Croatian]: Dostupni su besplatni jezik, dodatna pomoć i usluge alternativnog formata.  
Nazovite **844-881-4482 (TTY: 711)**.

فارسی [Farsi]: خدمات زبان رایگان، کمک های اضافی و فرمت های جایگزین در دسترس است. با **844-881-4482 (TTY: 711)** تماس بگیرید.

Français [French]: Des services gratuits linguistiques, d'aide auxiliaire et de mise au format sont disponibles. Appeler le **844-881-4482 (TTY: 711)**.

Deutsch [German]: Es stehen kostenlose unterstützende Hilfs- und Sprachdienste sowie alternative Dokumentformate zur Verfügung. Telefon: **844-881-4482 (TTY: 711)**.

Ελληνικά [Greek]: Διατίθενται δωρεάν γλωσσικές υπηρεσίες, βοηθήματα και υπηρεσίες σε εναλλακτικές προσβάσιμες μορφές. Καλέστε στο **844-881-4482 (TTY: 711)**.

ગુજરાતી [Gujarati]: નિ:શુલ્ક ભાષા, સહાયક સહાય અને વૈકલ્પિક ફોર્મેટ સેવાઓ ઉપલબ્ધ છે.  
**844-881-4482 (TTY: 711)** પર ફોન કરો.

עברית [Hebrew]: שירותים אלה זמינים בחינם: שירותי תרגום, אביזרי עזר וטקסטים בפורמטים חלופיים.  
נא התקשר למספר **844-881-4482 (TTY: 711)**

हिन्दी [Hindi]: नि:शुल्क भाषा, सहायक मदद और वैकल्पिक प्रारूप सेवाएं उपलब्ध हैं।  
**844-881-4482 (TTY: 711)** पर कॉल करें।

Hmoob [Hmong]: Muaj kev pab txhais lus, pab kom hnov suab, thiab lwm tus qauv pab cuam.  
Hu **844-881-4482 (TTY: 711)**.

Italiano [Italian]: Sono disponibili servizi gratuiti di supporto linguistico, assistenza ausiliaria e formati alternativi. Chiama il numero **844-881-4482 (TTY: 711)**.

日本語 [Japanese]: 言語支援サービス、補助支援サービス、代替形式サービスを無料でご利用いただけます。  
**844-881-4482 (TTY: 711)** までお電話ください。

ភាសាខ្មែរ [Khmer]: សេវាកម្មផ្នែកភាសា ជំនួយ និង សេវាកម្មជំនួយប្រុងប្រយ័ត្នជំនួសអាច  
រកបាន។ ទូរស័ព្ទទៅលេខ **844-881-4482 (TTY: 711)**។

한국어 [Korean]: 무료 언어, 보조 지원 및 대체 형식 서비스를 이용하실 수 있습니다.  
**844-881-4482 (TTY: 711)**번으로 문의하십시오.

ພາສາລາວ [Lao] ມີການບໍລິການດ້ານພາສາ, ຊ່ວຍກ່ອນຊ່ວຍເຫຼືອ ແລະ ຮູບແບບທາງເວັບອອກອັບ  
ໃຫ້ໃຊ້ໄດ້. ໂທ **844-881-4482 (TTY: 711)**.

Diné [Navajo]: Saad t'áá jiik'eh, t'áadoole'é binahjí' bee adahodooníílgíí diné bich 'í' anídahazt'í'í, dóó lahgo  
át'éego bee hada' dilyaaígíí bee bika'aanída'awo'í dahóló. Kohjí' hodiilnih **844-881-4482 (TTY: 711)**.

Polski [Polish]: Dostępne są bezpłatne usługi językowe, pomocnicze i alternatywne formaty. Zadzwoń  
pod numer **844-881-4482 (TTY: 711)**.

Português [Portuguese]: Estão disponíveis serviços gratuitos de ajuda linguística auxiliar e outros  
formatos alternativos. Ligue **844-881-4482 (TTY: 711)**.

ਪੰਜਾਬੀ [Punjabi]: ਮੁਫ਼ਤ ਭਾਸ਼ਾ, ਸਹਾਇਕ ਸਹਾਇਤਾ, ਅਤੇ ਵਿਕਲਪਿਕ ਫਾਰਮੈਟ ਸੇਵਾਵਾਂ ਉਪਲਬਧ ਹਨ।  
**844-881-4482 (TTY: 711)** 'ਤੇ ਕਾਲ ਕਰੋ।

Русский [Russian]: Предоставляются бесплатные услуги языковой поддержки, вспомогательные  
средства и материалы в альтернативных форматах. Звоните по номеру **844-881-4482 (TTY: 711)**.

Español [Spanish]: Los servicios gratuitos de asistencia lingüística, ayuda auxiliar y servicios en otro  
formato están disponibles. Llame al **844-881-4482 (TTY: 711)**.

Tagalog [Tagalog]: Magagamit ang mga librang serbisyong pangwika, serbisyo o device na pantulong, at  
kapalit na format. Tumawag sa **844-881-4482 (TTY: 711)**.

தமிழ் [Tamil]: இலவச மொழி, துணை உதவி மற்றும் மாற்று வடிவ சேவைகள் உள்ளன.  
**844-881-4482 (TTY: 711)** ஐ அழைக்கவும்.

తెలుగు [Telugu]: ఉచిత భాష, సహాయక మద్దతు, మరియు ప్రత్యామ్నాయ ఫార్మాట్ సేవలు  
అందుబాటులో గలవు. **844-881-4482 (TTY: 711)** కి కాల్ చేయండి.

[Urdu]: اردو مفت زبان، معاون امداد، اور متبادل فارمیٹ کی خدمات دستیاب ہیں۔ کال **(TTY: 711) 844-881-4482**

Tiếng Việt [Vietnamese]: Có sẵn các dịch vụ miễn phí về ngôn ngữ, hỗ trợ bổ sung và định dạng thay  
thế. Hãy gọi **844-881-4482 (TTY: 711)**.

አማርኛ [Amharic]: ቋንቋ፣ ኢንፎርሜሽን ማዳመጫ እና አማራጭ ቅርፅ ለሌሎች አገልግሎቶችም ይገኛሉ። በ  
**844-881-4482 (TTY: 711)** ላይ ይደውሉ።

Bàsà [Bassa]: Wuḍu-xwíniín-mú-zà-zà kùà, Hwòdǒ-fóná-nyo, kè nyo-boǔn-po-kà bě bé nyuεε se wíqí  
péé-péé dò kò. **844-881-4482 (TTY: 711)** dá.

Bekee [Igbo]: Asụsụ n'efu, enyemaka nkwarụ, na ọrụ usoro ndị ọzọ dị. Kpọọ **844-881-4482 (TTY: 711)**.

Òyìnbó [Yoruba]: Àwọn isẹ àtìlẹ̀hìn ìrànlọ́wọ̀ èdè, àtì ọ̀nà kíkà mírà̀n wà lárọ̀wọ̀tọ̀. Pe  
**844-881-4482 (TTY: 711)**.

नेपाली [Nepali]: भाषासम्बन्धी निःशुल्क, सहायक साधन र वैकल्पिक फार्मेट (ढाँचा/व्यवस्था)  
सेवाहरू उपलब्ध छन् । **844-881-4482 (TTY: 711)** मा कल गर्नुहोस् ।

Este aviso está disponible en [es-www.humana.com/VirginiaDocuments](http://es-www.humana.com/VirginiaDocuments)

VAHMEDKSP\_Approved

## H. Cómo utilizar su Directorio de Proveedores

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En esta sección se indica cómo utilizar este directorio. El directorio contiene una lista de proveedores del plan Humana Healthy Horizons in Virginia. En este directorio los proveedores aparecen por orden de:

- Condado, luego por
- Especialidad, luego por
- Orden alfabético por nombre

La información de los proveedores está actualizada a la fecha que se indica en la portada del directorio. A continuación se muestran los tipos de información que encontrará sobre el proveedor. Cada proveedor es único, de modo que la información puede diferir.

- Nombres, direcciones y números de teléfono
- Horario de atención
- Sitio web, si está disponible
- Adaptaciones para personas con discapacidades físicas
- Si el proveedor se encuentra cerca del recorrido de algún servicio de transporte público
- Idiomas que habla
- Áreas de especialidad
- Información sobre licencias
- Si el proveedor está aceptando nuevos pacientes
- Cuidado virtual, si está disponible
- Capacitación en competencia cultural (si ve esta información incluida por el proveedor, significa que ha sido capacitado en cómo ayudar a los afiliados con diferentes tradiciones y costumbres)
- Afiliaciones grupales (esto le indica el grupo al que pertenece el proveedor)

Esta sección continúa en la página siguiente

### Tenga en cuenta:

Usted puede usar nuestro buscador de médicos en línea para obtener la información más actualizada de nuestros proveedores. Utilice esta herramienta en línea para encontrar un proveedor o centro en su área. Puede ver detalles como direcciones, números de teléfono, horarios de atención e instrucciones para llegar al lugar. Puede acceder a la herramienta en nuestro sitio web en [es-www.humana.com/HealthyVirginia](http://es-www.humana.com/HealthyVirginia).

Muchos proveedores tienen más de un consultorio. Sin embargo, puede ser que no todos los consultorios de los proveedores estén en nuestra red. Si no ve la dirección del consultorio en esta lista, es posible que el proveedor no esté dentro de la red en esa ubicación. Si tiene preguntas, llame a Servicios para afiliados al **844-881-4482 (TTY: 711)**.

Para informar cualquier error que encuentre en este directorio, envíenos un correo electrónico iniciando sesión en [MyHumana.com](http://MyHumana.com), o llame a Servicios para Afiliados al **844-881-4482 (TTY: 711)**.

Los médicos y demás proveedores participantes del directorio no son agentes, empleados ni socios de los planes Medicaid de Humana. Son contratistas independientes. Los planes Medicaid de Humana no son proveedores de servicios médicos. Los planes Medicaid de Humana no avalan, controlan ni interfieren en el criterio clínico ni las recomendaciones de tratamiento de los médicos y demás proveedores que están en este directorio o que usted haya seleccionado de alguna otra manera.

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## VIRGINIA

### SUFFOLK CITY COUNTY

#### Children's Hospital

##### CHKD Health Center at Harbour View

5834 Harbour View Blvd  
Suffolk, VA 23435  
(757) 668-7000

Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train

#### Hospital (General Acute Care Hospital)

##### Harbourview Medical Center

1020 Bon Secours Dr  
Suffolk, VA 23435  
(757) 673-5800

NPI: 1104658434  
License: VA H 0002008  
Mental/Physical Impairment  
Services

Handicap Accessible: Building,  
Parking, Restroom  
Services for hearing impaired:  
TTY, ASL  
Public Transport: Bus

#### Psychiatric Hospital

##### Poplar Springs Hospital

(804) 733-6874

Website: [poplarsprings.com/](http://poplarsprings.com/)  
Practice Focus: Virtual Care -  
Audio/Visual, Peer support  
services, ASAM Level 2.1, (IOP)  
Intensive Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train

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# Primary Care Providers

## VIRGINIA

### SUFFOLK CITY COUNTY

#### Family Medicine Physician (PCP)

##### Bon Secours Medical Group Hampton Roads Primary Care LLC

1020 Bon Secours Dr  
Ste 250  
Suffolk, VA 23435  
(757) 673-5890

##### Krajewski, Ashlie MD

Gender: Female  
NPI: 1407202260  
License: OH 35.137072  
PCP# A62819  
Practice Focus: Mammogram Services  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

148 Burnetts Way  
Ste 107  
Suffolk, VA 23434  
(757) 738-1375

##### Mugaisi, Hesed N MD

Gender: Male  
NPI: 1629121819  
License: VA 0101257157  
PCP# 674140  
Practice Focus: Mammogram Services  
Swahili  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY, ASL  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

2897 Bridge Rd  
Suffolk, VA 23435  
(757) 484-7248

##### Graves, Nikki L MD\*

Gender: Female  
NPI: 1780702365  
License: VA 0101230498  
PCP# 019227  
Practice Focus: Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

##### Ochab, Andrea DO\*

Gender: Female  
NPI: 1376921635  
License: VA 0102204758  
PCP# B47956  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5818 Harbour View Blvd  
Ste 250  
Suffolk, VA 23435  
(757) 673-5890

##### Krajewski, Ashlie MD

Gender: Female  
NPI: 1407202260  
License: OH 35.137072  
PCP# A62819  
Practice Focus: Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

##### Bon Secours Suffolk Primary Care

148 Burnetts Way  
Ste 107  
Suffolk, VA 23434  
(757) 738-1375

##### Escanio, Belinda O MD\*

Gender: Female  
NPI: 1679624704  
License: VA 0101263723  
PCP# 298080  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

##### Burnetts Way Family Medicine

156 Burnetts Way  
Suffolk, VA 23434  
(757) 380-8709  
PCP# B90030  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

##### First Choice Anderson FNP

1540 Breezeport Way  
Ste 600  
Suffolk, VA 23435  
(757) 967-0810  
NPI: 1538775697  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Primary Care Providers

## **Internists of Churchland Group**

7185 Harbour Towne Pkwy S Ste 206  
Suffolk, VA 23435  
(757) 484-5828

### **Mason, Jessica MD\***

Gender: Female  
NPI: 1184940488  
License: VA 0101256178  
PCP# B20774  
Practice Focus: Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Legacy Care LLC**

(804) 477-8438

### **Cage, Molly MD\***

Gender: Female  
NPI: 1144426354  
License: VA 0101243821  
PCP# 308276  
Practice Focus: Nursing Home Nursing Home Visits Only  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Main Street Physicians**

157 N Main St  
Ste A  
Suffolk, VA 23434  
(757) 925-1866

PCP# A64623  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Southeastern Virginia Health System at Western Tidewater CSB**

5268 Godwin Blvd  
Suffolk, VA 23434  
(757) 255-7133  
PCP# B25240  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Von Elten, Christopher MD**

(434) 400-9668

Gender: Male  
NPI: 1336199330  
License: VA 0101235276  
Website:  
www.addictionallies.com/contact  
PCP# B32600  
Nursing Home Visits Only  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **General Practice Physician (PCP)**

#### **Main Street Physicians**

157 N Main St  
Ste A  
Suffolk, VA 23434  
(757) 925-1866  
PCP# A64623  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Internal Medicine Physician (PCP)**

#### **Chesapeake Regional Medical Group**

5849 Harbour View Blvd  
Ste 250  
Suffolk, VA 23435  
(757) 312-3033

### **Amico, Frank DO\***

Gender: Male  
NPI: 1841298064  
License: VA 0102206547  
PCP# B31214  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Ramstad, David MD\***

Gender: Male  
NPI: 1477516748  
License: VA 0101034083  
PCP# 054399  
Practice Focus: Mammogram Services, Bone Density Testing  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **David S Ramstad MD MPH**

1035 Champions Way  
Ste 600  
Suffolk, VA 23435  
(757) 394-1390  
NPI: 1639314933  
PCP# A59628  
Handicap Accessible: Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Primary Care Providers

## Ramstad, David MD\*

Gender: Male  
NPI: 1477516748  
License: VA 0101034083  
PCP# 908160  
Practice Focus: Mammogram Services, Bone Density Testing  
Handicap Accessible: Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Internists of Churchland Group

7185 Harbour Towne Pkwy S Ste 206  
Suffolk, VA 23435  
(757) 484-5828

## Office Languages: Tagalog

## Dumaran, Raymund MD\*

Gender: Male  
NPI: 1649341678  
License: VA 0101052406  
PCP# A62822  
Practice Focus: Mammogram Services  
Tagalog  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hunte, Noel MD\*

Gender: Male  
NPI: 1275597627  
License: VA 0101222397  
PCP# A62818  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Legacy Care LLC

(804) 371-8000  
**Mughal, Amjad I MD\***  
Gender: Male  
NPI: 1790862746  
License: VA 0101234398  
PCP# 283594

Practice Focus: Nursing Home Nursing Home Visits Only  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Main Street Physicians

157 N Main St  
Ste A  
Suffolk, VA 23434  
(757) 925-1866

PCP# A64623

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mid-Atlantic Post Acute and Long Term Care PLLC

(757) 889-6733

## Hajimomenian, Amir MD\*

Gender: Male  
NPI: 1497735112  
License: VA 0101235007  
PCP# 342083  
Practice Focus: Nursing Home Farsi, Faroese  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY, ASL  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pediatrics Physician (PCP)

## Main Street Physicians

157 N Main St  
Ste A  
Suffolk, VA 23434  
(757) 925-1866

PCP# A64623

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nansemond Pediatrics

1005 Commercial Ln  
Ste 220  
Suffolk, VA 23434  
(757) 668-2600

## Bernardo, Gracie D MD

Gender: Female  
NPI: 1538120290  
PCP# B36856  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Brooks, Kathryn F MD\*

Gender: Female  
NPI: 1790814929  
PCP# B36839  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Primary Care Providers

**Gupta, Dolly MD\***

Gender: Female  
NPI: 1366460651  
PCP# B36920  
Indian, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Wunderlich, Joanne R MD**

Gender: Female  
NPI: 1821053422  
PCP# B36865  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Suffolk Pediatrics**

1009 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 668-2250

**Drames, Brittney S MD**

Gender: Female  
NPI: 1154582054  
PCP# B36886  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Robertson, Jane M MD\***

Gender: Female  
NPI: 1023048766  
License: VA 0101053995  
PCP# B36922  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1009 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 539-6217

**Leverone, Laura I MD\***

Gender: Female  
NPI: 1942237805  
PCP# B36910  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Tidewater Children's  
Associates**

5835 Harbour View Blvd  
Ste B  
Suffolk, VA 23435  
(757) 668-6050

**BAKER, MONICA G MD\***

Gender: Female  
NPI: 1043486566  
PCP# B36894  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Ballard, Dorothy MD\***

Gender: Female  
NPI: 1619910098  
PCP# B36876  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Crandley, Kate N MD\***

Gender: Female  
NPI: 1336300391  
PCP# B36932  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Drewes, Adam L MD\***

Gender: Male  
NPI: 1639119134  
PCP# B36864  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Gagliardi, Lara**

Gender: Female  
NPI: 1205455193  
PCP# B36941  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Gardner, Jessica MD\***

Gender: Female  
NPI: 1568625226  
PCP# B36935  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Primary Care Providers

## **HENDRICKS, JEAN MD\***

Gender: Female  
NPI: 1891006805  
PCP# B36866  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Karp, Glenda S MD\***

Gender: Female  
NPI: 1285677658  
License: VA 0101035078  
PCP# B36903  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lee, Sarah C MD\***

Gender: Female  
NPI: 1558583740  
PCP# B36927  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mink, James W MD\***

Gender: Male  
NPI: 1720026115  
PCP# B36854  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NOTTINGHAM, SCOTT A MD\***

Gender: Male  
NPI: 1386685782  
License: VA 0101232762  
PCP# B36907  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ongkingco, Jose Ramon C MD\***

Gender: Male  
NPI: 1992745301  
PCP# B36930  
Tagalog  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SHNECK, ELIZABETH**

Gender: Female  
NPI: 1629656111  
License: VA 0101282872  
PCP# B36848  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY  
Public Transport: Bus, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SLADE-BYRD, LYNELLE MD**

Gender: Female  
NPI: 1386682789  
License: VA 0101238181  
PCP# B36846  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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### **Primary Care Nurse Practitioner**

---

## **Bon Secours Medical Group Hampton Roads Primary Care LLC**

2897 Bridge Rd  
Suffolk, VA 23435  
(757) 484-7248

## **Pagtakhan, Grace G NP**

Gender: Female  
NPI: 1295185676  
License: VA 0024173648  
PCP# 019229  
Practice Focus: Virtual Care - Audio/Visual, Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Carrie A Waltman FNP PLLC**

(804) 402-8633

## **Waltman, Carrie NP**

Gender: Female  
NPI: 1538504022  
License: VA 0024164129  
PCP# 056038  
Practice Focus: Nursing Home Native American Patients Only  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Chesapeake Regional Medical Group**

5849 Harbour View Blvd  
Ste 250  
Suffolk, VA 23435  
(757) 312-3033

\* Board Certified Provider

\* Proveedor especialista certificado

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# Primary Care Providers

## **Robinson, Erika NP**

Gender: Female  
NPI: 1245823129  
License: VA 0024179450  
PCP# B34245  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Legacy Care LLC**

(804) 728-2278

## **Boxley, Melody NP**

Gender: Female  
NPI: 1427477199  
License: VA 0024171453  
PCP# 352555  
Nursing Home Visits Only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

2580 Pruden Blvd  
Suffolk, VA 23434  
(757) 934-2363

## **Lacerna, Arnel AGNP**

Gender: Male  
NPI: 1912636481  
License: VA 0001261072  
PCP# 296604  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Main Street Physicians**

157 N Main St  
Ste A  
Suffolk, VA 23434  
(757) 925-1866  
PCP# A64623  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mid-Atlantic Post Acute and Long Term Care PLLC**

(757) 354-2885

## **Jimenez, Kimberly NP**

Gender: Female  
NPI: 1922773696  
License: VA 0001283312  
PCP# 039251  
Practice Focus: Nursing Home  
Nursing Home Visits Only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Twin City Medical Center**

(276) 979-9899

## **Strong, Kelsie FNP**

Gender: Female  
NPI: 1700588936  
PCP# A37907  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## VIRGINIA

### SUFFOLK CITY COUNTY

#### Acute Care Nurse Practitioner

#### Bon Secours Medical Group Hampton Roads Specialty Care LLC

1002 Bon Secours Dr  
Suffolk, VA 23435  
(757) 541-1110  
NPI: 1629637475  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Riddle, Laura APRN**  
Gender: Female  
NPI: 1023423340  
License: VA 0001212735  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1020 Bon Secours Dr  
Ste 105  
Suffolk, VA 23435  
(757) 562-7301  
NPI: 1629637475  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Clark alliance Services Inc**  
105 Watch Harbour Ct  
Suffolk, VA 23435  
(757) 276-5020  
NPI: 1952892028  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### Addiction Medicine (Family Medicine) Physician

**Foundation Medical Group**  
(804) 506-0526  
NPI: 1003275124  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Kolb, Richard A MD**  
Gender: Male  
NPI: 1790045144  
License: VA 0101257892  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM

#### Nardone, Vincent MD

Gender: Male  
NPI: 1720490683  
License: VA 0101259297  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM

#### Schaaf, Jonathan MD\*

Gender: Male  
NPI: 1033401294  
License: VA 0101253315  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM

#### National Addiction Specialists LLC

(757) 785-0500  
**McGrail, Mark MD**  
Gender: Male  
NPI: 1063488831  
License: VA 0101276467  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1477186336  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## SaVida Health PC

(833) 356-4080

### Gardner, James M MD

Gender: Male  
NPI: 1528039054  
License: TN 63832  
Website: [savidahealth.com](http://savidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: [savidahealth.com](http://savidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Williams, Rebecca NP

Gender: Female  
NPI: 1316347354  
License: VA 0024171570  
Website: [savidahealth.com](http://savidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Addiction Medicine (Internal Medicine) Physician

**Brightview LLC**  
(833) 510-4357

NPI: 1649786260  
Website: [Brightviewhealth.com](http://Brightviewhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT)  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

2790 Godwin Blvd  
Ste 210

Suffolk, VA 23434

(833) 510-4357

NPI: 1649786260

Website: [Brightviewhealth.com](http://Brightviewhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT)  
Age 18 and up  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**National Addiction Specialists LLC**  
(757) 785-0500

## Arroyo Santiago, Anna M MD

Gender: Female  
NPI: 1861602906  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM  
NPI: 1477186336  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

**SaVida Health PC**  
(833) 356-4080

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1548739170  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Young, Robert MD

Gender: Male  
NPI: 1053392399  
License: VA 0101050317  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Allergy & Immunology Physician

### Allergy Partners of Hampton Roads

3009 Corporate Ln  
Ste 230  
Suffolk, VA 23434  
(757) 539-7771

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Karlin, Eric M MD

Gender: Male  
NPI: 1356579486  
License: VA 0101259719  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Allergy Partners of Richmond

2453 Pruden Blvd  
Suffolk, VA 23434  
(757) 539-7771  
NPI: 1700950045  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Allergy Partners of Springfield

3009 Corporate Ln  
Ste 230  
Suffolk, VA 23434  
(757) 539-7771

NPI: 1720313299  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Brooks, Robert M MD\*

Gender: Male  
NPI: 1275034449  
License: VA 0101267711  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:30 PM  
Tuesday: 9:00 AM-5:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-5:00 PM

## Brain Injury Medicine (Physical Medicine & Rehab) Physician

### Foundation Medical Group

(804) 506-0526  
NPI: 1003275124  
Website: [foundationmedicalgroup.org](http://foundationmedicalgroup.org)  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Robbins, William A MD\*

Gender: Male  
NPI: 1437458296  
License: VA 0101258276  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM

## Cardiovascular Disease Physician

### Bon Secours Health System

1030 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 925-0870  
NPI: 1699705699  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Bon Secours Medical Group Hampton Roads Specialty Care LLC

1030 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 539-0444

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## **Gupta, Bhavdeep K MD\***

Gender: Male  
NPI: 1790735181  
License: VA 0101051058  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd  
Ste 290  
Suffolk, VA 23435  
(757) 541-1700  
NPI: 1629637475  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Patel, Saumil V MD\***

Gender: Male  
NPI: 1881684124  
License: VA 0101248010  
Age 99 and under  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

5838 Harbour View Blvd  
Ste 270  
Suffolk, VA 23435  
(757) 397-2383  
**Callaghan, William E MD\***  
Gender: Male  
NPI: 1306860176  
License: VA 0101035950  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd  
Ste 270  
Suffolk, VA 23435  
(757) 541-1050

## **Chung, Jun K MD\***

Gender: Male  
NPI: 1295758191  
License: VA 0101055897  
Spanish, Korean, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gupta, Bhavdeep K MD\***

Gender: Male  
NPI: 1790735181  
License: VA 0101051058  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Krishnan, Dena DO\***

Gender: Female  
NPI: 1720372428  
License: VA 0102205270  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rosenberg, Marc J MD\***

Gender: Male  
NPI: 1699808121  
License: VA 0101241501  
Website: bonsecours.com/  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY, ASL  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Skillen, Edward DO\***

Gender: Male  
NPI: 1639198872  
License: VA 0102035405  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Cardiovascular Specialists Inc**

5838 Harbour Blvd  
Ste 270  
Suffolk, VA 23435  
(757) 541-1050

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Rosenberg, Marc J MD\*

Gender: Male  
NPI: 1699808121  
License: VA 0101241501  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY, ASL  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Chesapeake Regional Medical Group

5849 Harbour View Blvd  
Ste 250  
Suffolk, VA 23435  
(757) 312-3033

## Amico Jr, Frank DO\*

Gender: Male  
NPI: 1497091904  
License: DE C2 0011794  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

849 Harbour View Blvd  
Ste 250  
Suffolk, VA 23435  
(757) 312-3033

NPI: 1831331503  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nansemond Suffolk Family Practice

1030 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 539-0444  
NPI: 1518994805  
Website: www.bshr.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Clinical Cardiac Electrophysiology Physician

**Bon Secours Medical Group Hampton Roads Specialty Care LLC**  
5838 Harbour View Blvd  
Ste 270  
Suffolk, VA 23435  
(757) 541-1700

## Seutter, Ryan N MD\*

Gender: Male  
NPI: 1285808311  
License: VA 0101245486  
Website: bonsecours.com/  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Colon & Rectal Surgery Physician

## Bon Secours Medical Group Hampton Roads Specialty Care LLC

5838 Harbour View Blvd  
Ste 240  
Suffolk, VA 23435  
(757) 483-3030

## Frenkel, Joseph L MD\*

Gender: Male  
NPI: 1679765804  
License: VA 0101257817  
Handicap Accessible: Parking, Restroom  
Services for hearing impaired: TTY  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Endocrinology, Diabetes & Metabolism Physician (Specialist)

## EndoLink Clinic LLC

(757) 808-5585  
NPI: 1194591750  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## EVMS Medical Group

2790 Godwin Blvd  
Ste 320  
Suffolk, VA 23434  
(757) 934-3504  
NPI: 1003887118  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Yimer, Abel MD

(406) 587-9202

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

Gender: Male  
NPI: 1053767392  
License: VA 0101277278  
Practice Focus: Virtual Care - Audio/Visual  
Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

---

## Family Medicine Physician (Specialist)

---

### Doctor On Demand

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Doctor on Demand Professionals of California PC**  
(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Doctor on Demand Professionals of New Jersey PC

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Doctor On Demand Professionals PC**  
(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### National Addiction Specialists LLC

(757) 785-0500  
**Maggard, Brian L MD**  
Gender: Male  
NPI: 1922051705  
License: VA 0101058365  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

NPI: 1477186336  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

### SaVida Health PC

(833) 356-4080  
**Hicks, Mack L MD**  
Gender: Male  
NPI: 1154354900  
License: VA 0101278108  
Website: savidahealth.com  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1548739170

Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Foot Surgery Podiatrist

### Chen Foot and Ankle Center LLC

1948 Jenkins Mill Rd  
Suffolk, VA 23437  
(757) 386-7071

### Myers, Carlos A DPM

Gender: Male  
NPI: 1790210664  
License: VA 0103301161

Spanish  
Age 1 and up  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-6:00 PM  
Sunday: 8:00 AM-6:00 PM

## Gastroenterology Physician

### Clark alliance Services Inc

105 Watch Harbour Ct  
Suffolk, VA 23435  
(757) 276-5020

NPI: 1952892028

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Geriatric Medicine (Internal Medicine) Physician (Specialist)

### HCARE LLC

(757) 231-5049  
NPI: 1942998067  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gynecologic Oncology Physician

### Lifetime Womens Health and Wellness Center PC

1037 Champions Way  
Ste 300  
Suffolk, VA 23435  
(757) 335-7165

NPI: 1093068371

Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Oncology Associates

3910 Bridge Rd  
Ste 400  
Suffolk, VA 23435  
(757) 484-0215

### Chau, Danielle B MD

Gender: Female  
NPI: 1417301169  
Handicap Accessible: Building, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd  
Ste 105  
Suffolk, VA 23435  
(757) 484-0125  
NPI: 1417929639

Website: [www.virginiacancer.com](http://www.virginiacancer.com)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gynecology Physician

### Childrens Specialty Group PLLC

5834 Harbour View Blvd  
Suffolk, VA 23435  
(757) 668-9330

### Dorschner Tomlin, Kristl V MD

Gender: Female  
NPI: 1861757304  
License: VA 0101282257  
French  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: ASL  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lifetime Womens Health and Wellness Center PC

1037 Champions Way  
Ste 300  
Suffolk, VA 23435  
(757) 335-7165

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1093068371  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

2790 Godwin Blvd  
Ste 320  
Suffolk, VA 23434  
(757) 335-7165  
NPI: 1093068371  
*Established patients only*  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

---

## Hematology & Oncology Physician

---

**Iron Bridge Recovery  
Center**  
(804) 729-8884

**Swainey, Craig MD**  
Gender: Male  
NPI: 1437367414  
License: VA 0101238515  
Website:  
ironbridgerecovery.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, ASAM  
Level 2.1, Addictions/  
Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

**MCV Physicians**  
(804) 828-7999  
**Loughan, Ashlee R PhD**

Gender: Female  
NPI: 1144626631  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Riverside Shore Cancer  
Center**  
5839 Harbour View Blvd  
Ste 100A  
Suffolk, VA 23435  
(757) 397-4200  
**Michail, Alevizakos MD**  
Gender: Male  
NPI: 1588191662  
License: VA 0101278152  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Oncology Associates

2790 Godwin Blvd  
Ste 101  
Suffolk, VA 23434  
(757) 539-0670  
**Chen, Hui MD\***  
Gender: Female  
NPI: 1710237185  
License: VA 0101285686  
Chinese  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

**Deeb, Ayham MD**  
Gender: Male  
NPI: 1700175288  
License: VA 0101265115  
Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Sile, Cynthia C MD\***  
Gender: Female  
NPI: 1568428043  
License: VA 0101058600  
Tagalog  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

3910 Bridge Rd  
Ste 400  
Suffolk, VA 23435  
(757) 484-0215

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Chen, Hui MD\*

Gender: Female  
NPI: 1710237185  
License: VA 0101285686  
Chinese  
Age 18 and up  
Handicap Accessible: Building, Restroom  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Damle, Snehal MD

Gender: Female  
NPI: 1174560015  
License: VA 0101058573  
Marathi, Hindi, Gujarati  
Handicap Accessible: Building, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Deeb, Ayham MD

Gender: Male  
NPI: 1700175288  
License: VA 0101265115  
Arabic  
Handicap Accessible: Building, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd  
Ste 105  
Suffolk, VA 23435  
(757) 484-0125

NPI: 1417929639  
Website:  
www.virginiacancer.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hematology (Internal Medicine) Physician

**Riverside Cancer Specialists of Tidewater and Infusion Center**  
5839 Harbour View Blvd  
Ste 100A  
Suffolk, VA 23435  
(757) 397-4200

## Salmon, Lauren E DO\*

Gender: Female  
NPI: 1730313735  
License: VA 0102204402  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Oncology Associates

150 Burnetts Way  
Ste 310  
Suffolk, VA 23434  
(757) 539-0670

NPI: 1417929639  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

2790 Godwin Blvd  
Ste 101

Suffolk, VA 23434  
(757) 539-0670

## Sile, Cynthia C MD

Gender: Female  
NPI: 1568428043  
License: VA 0101058600  
Tagalog  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd  
Ste 105  
Suffolk, VA 23435  
(757) 484-0125

NPI: 1417929639  
Website:  
www.virginiacancer.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hospice & Palliative Medicine (Internal Medicine) Physician

**Bon Secours Medical Group Hampton Roads Specialty Care LLC**  
1002 Bon Secours Dr  
Suffolk, VA 23435  
(757) 541-1110  
NPI: 1629637475  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Infectious Disease Physician

**Clark alliance Services Inc**  
105 Watch Harbour Ct  
Suffolk, VA 23435  
(757) 276-5020

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Specialty Providers

NPI: 1952892028  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tidewater Infectious Disease Physicians**

4775 Bridge Rd  
Suffolk, VA 23435  
(757) 354-2885

### **Romulo, Rodrigo MD**

Gender: Male  
NPI: 1467565614  
License: VA 0101235722  
Filipino (philipino)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

4775 Bridge Rd  
Suffolk, VA 23435  
(804) 627-5587

NPI: 1083222129  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:59 PM  
Tuesday: 12:00 AM-11:59 PM  
Wednesday: 12:00 AM-11:59 PM  
Thursday: 12:00 AM-11:59 PM  
Friday: 12:00 AM-11:59 PM  
Saturday: 12:00 AM-11:59 PM  
Sunday: 12:00 AM-11:59 PM

## **Internal Medicine Physician (Specialist)**

### **Central Virginias Preferred Providers**

(804) 330-6441

### **Boulanger, Philip MD**

Gender: Male  
NPI: 1083685366  
License: VA 0101057867  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

### **Doctor On Demand**

(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Doctor on Demand Professionals of California PC**

(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Doctor on Demand Professionals of New Jersey PC**

(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Doctor On Demand Professionals PC**

(800) 929-0926

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Specialty Providers

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HCARE LLC

5031 S Links Cir  
Suffolk, VA 23435  
(757) 231-5049

## Khanna, Anuj MD\*

Gender: Male  
NPI: 1639433212  
License: VA 0101258526  
Age 99 and under  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hyperbaric Physician Services

2800 Godwin Blvd  
Ste 1  
Suffolk, VA 23434  
(757) 934-4840

NPI: 1295703627  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Addiction Specialists LLC

(757) 785-0500  
NPI: 1477186336  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## SaVida Health PC

(833) 356-4080

## Kiser, Starla MD\*

Gender: Female  
NPI: 1639462260  
License: VA 0101263557  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1548739170  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Interventional Cardiology Physician

## Bon Secours Medical Group Hampton Roads Specialty Care LLC

5838 Harbour View Blvd  
Ste 270  
Suffolk, VA 23435  
(757) 541-1050

## Chung, Jun K MD\*

Gender: Male  
NPI: 1295758191  
License: VA 0101055897  
Spanish, Korean, French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Medical Oncology Physician

## Delta Oncology Associates PC

104 Palmyra Dr  
Suffolk, VA 23434  
(757) 934-2331  
NPI: 1184666943  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Riverside Cancer Specialists of Tidewater and Infusion Center

5839 Harbour View Blvd  
Ste 100A  
Suffolk, VA 23435  
(757) 397-4200

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Salmon, Lauren E DO\*

Gender: Female  
NPI: 1730313735  
License: VA 0102204402  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Oncology Associates

150 Burnetts Way  
Ste 310  
Suffolk, VA 23434  
(757) 539-0670  
NPI: 1417929639  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

2790 Godwin Blvd  
Ste 101  
Suffolk, VA 23434  
(757) 539-0670

## Deeb, Ayham MD

Gender: Male  
NPI: 1700175288  
License: VA 0101265115  
Arabic  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

5838 Harbour View Blvd  
Ste 105  
Suffolk, VA 23435  
(757) 484-0125  
NPI: 1417929639  
Website:  
www.virginiacancer.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Multi-Specialty Group

**ASQ Health Institute Professional LLC**  
(571) 208-2811

NPI: 1497626881  
Website: www.asq-health.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Telepsychiatry, Stress Management, Religion Based Therapy, Psychotherapy, Post Partum Depression, Medication Management, Cognitive/Behavioral Therapy, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM  
Saturday: 10:00 AM-2:00 PM

## BE & MH: Mental Health Services Group

425 W Washington St  
Ste 4  
Suffolk, VA 23434  
(757) 338-1421  
NPI: 1043999162  
Website: www.beandmh.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Be Bold Therapeutic Services LLC**  
(757) 663-2989

NPI: 1558105718  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Blue Mountain Therapy

(276) 525-6043  
NPI: 1497330401  
Website:  
www.bluemountaintherapy.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, ABA Certified Provider  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

**Brighter Strides ABA VA LLC**  
(804) 207-3878

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Specialty Providers

NPI: 1487282836

Website:

brighterstridesaba.com

Practice Focus: Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider

Age 21 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## Center for Care and Resiliency

(540) 344-5300

NPI: 1053902742

Age 16 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## Center for Child and Family Services

(757) 838-1960

NPI: 1972685774

Website:

www.kidsandfamilies.com

Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Domestic Violence, Depression, Anxiety Disorder, Anger Management, Adult, Addictions/ Substance Abuse

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 9:00 AM-2:00 PM

## Central Virginias Preferred Providers

(804) 330-6441

NPI: 1730638107

Website:

www.cvppservices.com

Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## CHAT Behavioral Health Services

(757) 436-5601

NPI: 1467949024

Website: www.chatbhs.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

## Chesapeake Bay ENT

1069 Centerbrooke Ln Ste 200

Suffolk, VA 23434

(757) 935-1400

NPI: 1013106541

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Childrens Therapy Concepts LLC

(757) 776-3088

NPI: 1043769615

Practice Focus: Virtual Care - Audio/Visual

Age 18 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Cultivating Hope Counseling LLC

(970) 481-0835

NPI: 1962036731

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Cultural Competency Trained, Bipolar, Anxiety/Depression

Age 6 to 64

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Divine Counseling LLC

(443) 955-2662

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Specialty Providers

NPI: 1184291155  
Website:  
www.divinecounselingllc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Terminal Illness, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, LGBTQ+, Grief/Death/Dying, Family Therapy, Domestic Violence  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-2:00 PM

## **Dream Builders ABA VA LLC**

(855) 553-7326  
NPI: 1073388807  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis Spanish  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

**Family Focus Inc**  
(804) 261-2090  
Website:  
www.familyfocusinc.com  
Practice Focus: Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family Guidance Centers**

(804) 743-0960  
NPI: 1225192909  
Website:  
www.familyguidancecenters.com  
Practice Focus: Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Play Therapy, Obsessive-Compulsive Disorder (OCD)  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

**Hava Oaks Medical**  
(540) 667-1230

NPI: 1972268753  
Website: havaoaks.org/  
Practice Focus: Virtual Care - Audio/Visual, Geriatric Psychiatry, Child/Adolescent Substance users, Child & Adolescent Psychiatry, Anxiety/Depression, Anger Management, Adult Psychiatry, Addictions/Substance Abuse, Addiction Medicine, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mindful Healing Inc**

(540) 521-0151  
NPI: 1174984348  
Website:  
www.Mindfulhealinginc.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Borderline Personality Disorders, Bipolar, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**ReVive Behavioral Health**  
(804) 653-7009  
NPI: 1942055504  
Website: www.revive-bh-services.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ROWLLINS MENTAL HEALTH AND WELLNESS CENTER LLC**

(276) 293-1244  
NPI: 1518450022  
Website: rowllinsmhwc.com/  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 10:00 AM-9:00 PM

**Stepping Stone Behavioral Health LLC**  
(347) 794-3761

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1992226740

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Telepsychiatry, Sexually acting out behaviors, Pregnancy-Related/Postpartum Depression/MH Disorders, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Success Behavioral Health Services**  
(757) 903-2253

NPI: 1952812810

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Grief/Death/Dying, General Mental Health, Family Therapy, Dual Diagnosis (MH/SA), Dissociative disorder, Depression, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Therapy Owls LLC**  
(757) 232-7108

NPI: 1295460129

Website: therapyowls.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Teletherapy, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Social supports/social determinants of health, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Play Therapy  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 9:00 AM-9:00 PM

## **Total Health Services**

(434) 201-2025  
NPI: 1407684509  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Waterside Psychiatry LLC**

425 W Washington St  
Ste 4  
Suffolk, VA 23434  
(757) 209-4607  
NPI: 1477303790  
Website:  
www.watersidepsychiatry.com  
Practice Focus: Post-Traumatic Stress Disorder (PTSD), Medication Management, Depression, Bipolar, Anxiety Disorder, ADD/ADHD  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **We Care Wellness LLC**

(571) 309-1619  
NPI: 1184470056  
Practice Focus: Telepsychiatry, Stress Management, Psychotic Disorders, Psychiatry & Neurology, Psychiatry, Mood Disorders, Inpatient - Eating Disorder, Geriatric Psychiatry, Eating Disorders, Day Treatment  
Age 18 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

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## Nephrology Physician

---

### EVMS Medical Group

2790 Godwin Blvd  
Ste 320  
Suffolk, VA 23434  
(757) 934-3504  
NPI: 1003887118  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Nephrology Associates of Tidewater Ltd

2790 Godwin Blvd  
Ste 255  
Suffolk, VA 23434  
(757) 925-0637  
NPI: 1518990423  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Paul, Arunava MD

Gender: Male  
NPI: 1003077702  
License: VA 0101257837  
Bengali  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5140 River Club Dr  
Ste 102  
Suffolk, VA 23435  
(757) 977-1110

### Bichu, Prasad MD\*

Gender: Male  
NPI: 1679675748  
License: VA 0101261673  
Practice Focus: Cultural  
Competency Trained  
Marathi, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1518990423  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

---

## Neurological Surgery Physician

---

### Nephrology Associates of Tidewater Ltd

2790 Godwin Blvd  
Ste 255  
Suffolk, VA 23434  
(757) 925-0637  
NPI: 1518990423  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5140 River Club Dr  
Ste 102  
Suffolk, VA 23435  
(757) 977-1110  
NPI: 1518990423  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Neurology Physician

---

### Bon Secours Medical Group Hampton Roads Specialty Care LLC

1002 Bon Secours Dr  
Suffolk, VA 23435  
(757) 541-1110

### Arasho, Belachew MD

Gender: Male  
NPI: 1043693062  
License: VA 0101267026  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Awan, Aftab A MD

Gender: Male  
NPI: 1316971880  
Urdu  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1629637475  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Epstein, David MD

Gender: Male  
NPI: 1649256223  
Tagalog  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Bon Secours Neuroscience Center

5818 Harbour View Blvd  
Ste B2  
Suffolk, VA 23435  
(757) 215-3565

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1427229749  
Website: www.bshr.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MCV Physicians

(804) 828-7999

### Loughan, Ashlee R PhD

Gender: Female  
NPI: 1144626631  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Neurology and Sleep Centers PC

3897 Bridge Rd  
Suffolk, VA 23435  
(757) 686-2800

### Barot, Nishidh A MD\*

Gender: Male  
NPI: 1376755603  
License: VA 0101244925  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Obstetrics & Gynecology Physician (Specialist)

### EVMS Medical Group

3920A Bridge Rd  
Suffolk, VA 23435  
(757) 446-7900

### Hudgens, Joseph L MD

Gender: Male  
NPI: 1285762666  
License: VA 0101262804  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lifetime Womens Health and Wellness Center PC

1037 Champions Way  
Ste 300  
Suffolk, VA 23435  
(757) 335-7165

NPI: 1093068371  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

2790 Godwin Blvd  
Ste 320

Suffolk, VA 23434  
(757) 335-7165

NPI: 1093068371  
*Established patients only*  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mid-Atlantic Womens's Care PLC

1510 Breezeport Way  
Ste 600  
Suffolk, VA 23435  
(757) 539-3911  
NPI: 1699365072  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Simpson, Desiree M MD

Gender: Female  
NPI: 1477908515  
License: NY 302888  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

2050 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 539-3911  
NPI: 1699365072  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Rana, Ghias MD

Gender: Male  
NPI: 1497722839  
License: VA 0101256388  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

**Simpson, Desiree M MD**

Gender: Female  
NPI: 1477908515  
License: NY 302888  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Specialists for Women**

1510 Breezport Way  
Ste 600  
Suffolk, VA 23435  
(757) 539-3911

**Rana, Ghias MD**

Gender: Male  
NPI: 1497722839  
License: VA 0101256388  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

2050 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 539-3911

**Rana, Ghias MD**

Gender: Male  
NPI: 1497722839  
License: VA 0101256388  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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**Occupational Medicine  
Physician**

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**Chesapeake Regional  
Medical Group**

5849 Harbour View Blvd  
Ste 250  
Suffolk, VA 23435  
(757) 312-3033

**Ramstad, David MD**

Gender: Male  
NPI: 1477516748  
License: VA 0101034083  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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**Ophthalmology Physician**

---

**Schneider Eye Physicians**

**PC**  
2016 Meade Pkwy  
Suffolk, VA 23434  
(757) 539-1533

**Goldberg, Jason MD\***

Gender: Male  
NPI: 1093161655  
License: VA 0101271206  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-12:00 PM

**Schneider, Jennifer L MD**

Gender: Female  
NPI: 1336301837  
License: VA 0101249889  
Website: www.suffolkeye.com  
Practice Focus: Cultural  
Competency Trained  
Mental/Physical Impairment  
Services  
Handicap Accessible: Building,  
Parking, Restroom  
Services for hearing impaired:  
ASL  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:30 AM-4:00 PM  
Tuesday: 8:30 AM-4:00 PM  
Wednesday: 8:30 AM-4:00 PM  
Thursday: 8:30 AM-4:00 PM  
Friday: 8:30 AM-12:00 PM

**Suffolk Eye Physicians and  
Surgeons Inc**

2016 Meade Pkwy  
Suffolk, VA 23434  
(757) 539-1533

**Schneider, Jennifer L MD**

Gender: Female  
NPI: 1336301837  
License: VA 0101249889  
Website: www.suffolkeye.com  
Practice Focus: Cultural  
Competency Trained  
Mental/Physical Impairment  
Services  
Handicap Accessible: Building,  
Parking, Restroom  
Services for hearing impaired:  
ASL  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:30 AM-4:00 PM  
Tuesday: 8:30 AM-4:00 PM  
Wednesday: 8:30 AM-4:00 PM  
Thursday: 8:30 AM-4:00 PM  
Friday: 8:30 AM-12:00 PM

**Virginia Eye Consultants  
Inc**

2463 Pruden Blvd  
Suffolk, VA 23434  
(757) 622-2200

**Bodner, Bruce I MD\***

Gender: Male  
NPI: 1356340830  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Chandler, Mitchell MD

Gender: Male  
NPI: 1699355586  
License: IN 11021873A  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Salib, David M MD\*

Gender: Male  
NPI: 1053367946  
License: VA 0101244327  
Practice Focus: Retinal Diseases  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1992727820  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wagner Kapoor Institute

2106 Meade Pkwy  
Suffolk, VA 23434  
(757) 481-4400

NPI: 1639252000  
Handicap Accessible: Building, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Orthopedic Surgery Physician

### Bon Secours Health System

2012 Meade Pkwy  
Suffolk, VA 23434  
(757) 539-1477  
NPI: 1699705699  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd  
Ste 100  
Suffolk, VA 23435  
(757) 673-5680  
NPI: 1699705699  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Bon Secours Medical Group Hampton Roads Specialty Care LLC

1009 Centerbrooke Ln  
Ste 208  
Suffolk, VA 23434  
(757) 673-5680

## Marlow, Aaron L MD

Gender: Male  
NPI: 1093737140  
License: VA 0101229657  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wilson, Shawn A DO

Gender: Male  
NPI: 1699068445  
License: VA 0102205257  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1020 Bon Secours Dr  
Ste 105  
Suffolk, VA 23435  
(757) 562-7301

NPI: 1629637475  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd  
Ste 100  
Suffolk, VA 23435  
(757) 673-5680  
Office Languages: Spanish  
**Blasdel, Steven C MD\***  
Gender: Male  
NPI: 1114929361  
License: VA 0101039494  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Caines, Michael A MD\*

Gender: Male  
NPI: 1144242298  
License: VA 0101231723  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## **Luciano-Prez, Ernesto MD\***

Gender: Male  
NPI: 1336179357  
License: VA 0101046224  
Website: www.bshr.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Marlow, Aaron L MD**

Gender: Male  
NPI: 1093737140  
License: VA 0101229657  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Morris, Ryan C DO**

Gender: Male  
NPI: 1588975973  
License: MO 2016039951  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wilson, Shawn A DO**

Gender: Male  
NPI: 1699068445  
License: VA 0102205257  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Virginia Orthopaedic and Spine Specialists**

1009 Centerbrooke Ln Ste 208  
Suffolk, VA 23434  
(757) 673-5680

## **Marlow, Aaron L MD**

Gender: Male  
NPI: 1093737140  
License: VA 0101229657  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wilson, Shawn A DO**

Gender: Male  
NPI: 1699068445  
License: VA 0102205257  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd Ste 100

Suffolk, VA 23435  
(757) 673-5680

NPI: 1831426204

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

---

## **Otolaryngology**

---

## **Chesapeake Bay ENT**

1069 Centerbrooke Ln Ste 200  
Suffolk, VA 23434  
(757) 935-1400

NPI: 1013106541

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Watts, Cara A MD\***

Gender: Female  
NPI: 1477842342  
License: VA 0101260587  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 7:00 AM-4:00 PM  
Tuesday: 7:00 AM-4:00 PM  
Wednesday: 7:00 AM-4:00 PM  
Thursday: 7:00 AM-4:00 PM  
Friday: 7:00 AM-4:00 PM

## **Eastern Virginia Ear Nose and Throat Specialists**

1037 Champions Way Ste 100  
Suffolk, VA 23435  
(757) 465-3106  
NPI: 1982656088  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1037 Champions Way Ste 100  
Suffolk, VA 23435  
(757) 547-9714

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Hester, Ryan P MD\*

Gender: Male  
NPI: 1053466631  
License: VA 0101237236  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pasquale, Kimberly M MD\*

Gender: Female  
NPI: 1982640793  
License: VA 0101231986  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Watts, Cara A MD\*

Gender: Female  
NPI: 1477842342  
License: VA 0101260587  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Otology & Neurotology Physician

### Chesapeake Bay ENT

1069 Centerbrooke Ln  
Ste 200  
Suffolk, VA 23434  
(757) 935-1400  
NPI: 1013106541  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pediatric Cardiology Physician

### Childrens Specialty Group PLLC

5835 Harbour View Blvd  
Suffolk, VA 23435  
(757) 668-6050  
NPI: 1255354130  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pediatric Gastroenterology Physician

### Childrens Specialty Group PLLC

5834 Harbour View Blvd  
Suffolk, VA 23435  
(757) 668-4570

## Lapsia, Sameer MD\*

Gender: Male  
NPI: 1750549606  
License: VA 0101255912  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pediatric Hematology & Oncology Physician

### Virginia Oncology Associates

5838 Harbour View Blvd  
Ste 105  
Suffolk, VA 23435  
(757) 484-0125  
NPI: 1417929639  
Website:  
[www.virginiacancer.com](http://www.virginiacancer.com)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pediatric Nephrology Physician

### Childrens Specialty Group PLLC

5834 Harbour View Blvd  
Suffolk, VA 23435  
(757) 668-7244

## Rhone, Erika T MD\*

Gender: Female  
NPI: 1164746657  
License: VA 0101254809  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5835 Harbour View Blvd  
Suffolk, VA 23435

(757) 668-6050  
NPI: 1255354130  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pediatrics Physician (Specialist)

### Childrens Specialty Group PLLC

5834 Harbour View Blvd  
Suffolk, VA 23435  
(757) 668-7473

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Massey, Kayla MD

Gender: Female  
 NPI: 1902548001  
 License: VA 0101285699  
 Mental/Physical Impairment Services  
 Handicap Accessible: Building, Parking, Restroom  
 Services for hearing impaired: ASL  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## CHKD Healthy You For Life

5834 Harbour View Blvd  
 Suffolk, VA 23435  
 (757) 668-7035

## Henning, Michelle DO

Gender: Female  
 NPI: 1760414338  
 License: NC 2015 00404  
 French  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Confidant Providers LLC

(203) 747-8696

NPI: 1336761691  
 Website: confidanthealth.com  
 Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:00 AM-7:00 PM  
 Tuesday: 7:00 AM-7:00 PM  
 Wednesday: 7:00 AM-7:00 PM  
 Thursday: 7:00 AM-7:00 PM  
 Friday: 7:00 AM-7:00 PM

## Dessie, Binyam A MD

Gender: Male  
 NPI: 1750775151  
 License: VA 0101264005  
 Website: confidanthealth.com  
 Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression  
 Amharic  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:00 AM-7:00 PM  
 Tuesday: 7:00 AM-7:00 PM  
 Wednesday: 7:00 AM-7:00 PM  
 Thursday: 7:00 AM-7:00 PM  
 Friday: 7:00 AM-7:00 PM

## Doctor On Demand

(800) 929-0926

Website: www.doctorondemand.com  
 Practice Focus: Virtual Care - Audio/Visual  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of California PC

(800) 929-0926  
 Website: www.doctorondemand.com  
 Practice Focus: Virtual Care - Audio/Visual  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of New Jersey PC

(800) 929-0926

Website: www.doctorondemand.com  
 Practice Focus: Virtual Care - Audio/Visual  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Doctor On Demand Professionals PC

(800) 929-0926  
 Website: www.doctorondemand.com  
 Practice Focus: Virtual Care - Audio/Visual  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Physical Medicine & Rehabilitation Physician

### Bon Secours Health System

2012 Meade Pkwy  
 Suffolk, VA 23434  
 (757) 539-1477

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1699705699  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Bon Secours Medical Group Hampton Roads Specialty Care LLC**

1009 Centerbrooke Ln  
Ste 208  
Suffolk, VA 23434  
(757) 673-5680

### **Pezzella, Nickolas L MD\***

Gender: Male  
NPI: 1932129475  
License: VA 0101057162  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Foundation Medical Group**

(804) 506-0526

NPI: 1003275124  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Robbins, William A MD**

Gender: Male  
NPI: 1437458296  
License: VA 0101258276  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM

### **Virginia Orthopaedic and Spine Specialists**

1009 Centerbrooke Ln  
Ste 208  
Suffolk, VA 23434  
(757) 673-5680

### **Pezzella, Nickolas L MD\***

Gender: Male  
NPI: 1932129475  
License: VA 0101057162  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Physical Therapy Clinic/Center**

#### **Ivyrehab SEPT LLC**

1000 Knotts Pointe Ln  
Ste 103  
Suffolk, VA 23435  
(757) 530-4011  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 7:00 AM-3:30 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 7:00 AM-4:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 7:00 AM-4:00 PM

150 Burnetts Way  
Ste 230  
Suffolk, VA 23434  
(757) 942-2022

Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: ASL  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **JP Therapy LLC**

5833 Harbour View Blvd  
Ste D  
Suffolk, VA 23435  
(757) 455-5000  
Practice Focus: Early Intervention Services  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

### **Pivot Physical Therapy of Virginia**

1033 Champions Way  
Ste 500  
Suffolk, VA 23435  
(757) 372-9953

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 7:00 AM-8:00 PM  
Tuesday: 7:00 AM-8:00 PM  
Wednesday: 7:00 AM-8:00 PM  
Thursday: 7:00 AM-8:00 PM  
Friday: 7:00 AM-6:00 PM

2007 Meade Pkwy  
Suffolk, VA 23434  
(757) 539-6300  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 7:00 AM-8:00 PM  
Tuesday: 7:00 AM-8:00 PM  
Wednesday: 7:00 AM-8:00 PM  
Thursday: 7:00 AM-8:00 PM  
Friday: 7:00 AM-6:00 PM

**Play to Grow PLLC**  
(757) 651-1137  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

---

## Plastic and Reconstructive Surgery Physician

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**Virginia Plastic Surgery PLLC**  
1037 Champions Way  
Ste 600  
Suffolk, VA 23435  
(757) 997-7877  
NPI: 1538753058  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

---

## Plastic Surgery Physician

---

**Frojo, Gianfranco MD\***  
1037 Champions Way  
Ste 600  
Suffolk, VA 23435  
(757) 997-7877  
Gender: Male  
NPI: 1710368923  
License: VA 0101274604  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Morbia, Roshan MD\***  
1037 Champions Way  
Ste 600  
Suffolk, VA 23435  
(757) 997-7877

Gender: Male  
NPI: 1992021166  
License: VA 0101264313  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Virginia Plastic Surgery PLLC

---

1037 Champions Way  
Ste 600  
Suffolk, VA 23435  
(757) 997-7877  
NPI: 1538753058  
Practice Focus: Cultural Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

---

## Podiatrist

---

**AAL Podiatry Assoc Group**  
2401 Godwin Blvd  
Ste 1  
Suffolk, VA 23434  
(757) 539-2098

**Anderson III, Jesse N DPM**  
Gender: Male  
NPI: 1770583080  
License: VA 0103000709  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

---

## Chen Foot and Ankle Center LLC

---

1948 Jenkins Mill Rd  
Suffolk, VA 23437  
(757) 386-7071  
NPI: 1356863781  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

---

## Primary Podiatric Medicine Podiatrist

---

**Johnnie Nine Toes Inc**  
(757) 966-5323  
NPI: 1215128723  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Piacenti, John DPM

Gender: Male  
NPI: 1255343083  
License: VA 0103000977  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Procedural Dermatology Physician

### Elite Family Services

(757) 562-1000  
Website:  
Elitefamilyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-3:00 PM

## Perry, LaDonna L

Gender: Female  
NPI: 1629805288  
License: VA 0701013967  
Website:  
Elitefamilyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-3:00 PM

## Pulmonary Disease Physician

### Clark alliance Services Inc

105 Watch Harbour Ct  
Suffolk, VA 23435  
(757) 276-5020  
NPI: 1952892028  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tidewater Lung and Sleep Center PLLC

1540 Breezeport Way  
Ste 100  
Suffolk, VA 23435  
(757) 528-8245

## Dhawan, Rajnish MD\*

Gender: Male  
NPI: 1467478727  
License: VA 0101237716  
Practice Focus: Cultural Competency Trained Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Dhawan, Vandana MD

Gender: Female  
NPI: 1285664490  
License: VA 0101237726  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1275132235  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

2790 Godwin Blvd  
Ste 320  
Suffolk, VA 23434  
(757) 528-8245

## Dhawan, Rajnish MD\*

Gender: Male  
NPI: 1467478727  
License: VA 0101237716  
Practice Focus: Cultural Competency Trained Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Dhawan, Vandana MD

Gender: Female  
NPI: 1285664490  
License: VA 0101237726  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1275132235  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

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## Radiation Oncology Physician

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### Bon Secours Oncology Specialists

7185 Harbour Towne Pkwy S Ste 108  
Suffolk, VA 23435  
(757) 541-1400

#### Nedelka, Michele A MD\*

Gender: Female  
NPI: 1003079138  
License: VA 0101261434  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Virginia Oncology Associates

150 Burnetts Way Ste 310  
Suffolk, VA 23434  
(757) 539-0670  
NPI: 1417929639  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Recovery Care Clinic/Center

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FCCR Fredericksburg  
(540) 735-9350

NPI: 1356854277  
License: VA 3279 06 003  
Practice Focus: ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

### Pinnacle Treatment Services of Gloucester

(804) 824-2814  
NPI: 1710540919  
License: VA 3644 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:00 PM  
Tuesday: 5:15 AM-1:00 PM  
Wednesday: 5:15 AM-1:00 PM  
Thursday: 5:15 AM-1:00 PM  
Friday: 5:15 AM-1:00 PM  
Saturday: 6:00 AM-8:00 AM

**Pinnacle Treatment Services of Williamsburg**  
(239) 561-8270

NPI: 1932762127  
License: VA 3643 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

---

## Sleep Medicine (Internal Medicine) Physician

---

### Bon Secours Medical Group Hampton Roads Specialty Care LLC

1002 Bon Secours Dr  
Suffolk, VA 23435  
(757) 541-1110  
NPI: 1629637475  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1002 Bon Secours Dr  
Suffolk, VA 23435  
(757) 484-5900

### Shah, Rutul A MD\*

Gender: Male  
NPI: 1881899557  
License: VA 0101253419  
Hindi, Gujarati  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Tidewater Lung and Sleep Center PLLC

1540 Breezeport Way Ste 100  
Suffolk, VA 23435  
(757) 528-8245

### Dhawan, Vandana MD\*

Gender: Female  
NPI: 1285664490  
License: VA 0101237726  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1275132235  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

2790 Godwin Blvd  
Ste 320  
Suffolk, VA 23434  
(757) 528-8245

## **Dhawan, Vandana MD\***

Gender: Female  
NPI: 1285664490  
License: VA 0101237726  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1275132235  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sleep Medicine (Psychiatry & Neurology) Physician**

### **Virginia Neurology and Sleep Centers PC**

3897 Bridge Rd  
Suffolk, VA 23435  
(757) 686-2800

## **Barot, Nishidh A MD\***

Gender: Male  
NPI: 1376755603  
License: VA 0101244925  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Specialist**

### **Golden Steps ABA VA LLC (757) 703-0501**

## **McCaffrey, Maria BCBA**

Gender: Female  
NPI: 1760130843  
License: VA 0133002667  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Sports Medicine (Family Medicine) Physician**

### **Bon Secours Health System**

2012 Meade Pkwy  
Suffolk, VA 23434  
(757) 539-1477  
NPI: 1699705699  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Surgery of the Hand (Surgery) Physician**

### **Bon Secours Health System**

5838 Harbour View Blvd  
Ste 100  
Suffolk, VA 23435  
(757) 673-5680  
NPI: 1699705699  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Virginia Orthopaedic and Spine Specialists**

5838 Harbour View Blvd  
Ste 100  
Suffolk, VA 23435  
(757) 673-5680  
NPI: 1831426204  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Surgery Physician**

### **Bon Secours Surgical Specialists**

5838 Harbour View Blvd  
Ste 240  
Suffolk, VA 23435  
(757) 483-3030

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## **Kudav, Siddharth MD\***

Gender: Male  
NPI: 1720373855  
License: NJ 25MA10525900  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Chesapeake Regional Surgical Specialists-VA**

5849 Harbour View Blvd  
Ste 250  
Suffolk, VA 23435  
(757) 312-3033

## **Repole, Stephanie MD**

Gender: Female  
NPI: 1164683009  
License: VA 0101248355  
Practice Focus: Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Commonwealth Vascular Institute PC**

150 Burnetts Way  
Ste 200  
Suffolk, VA 23434  
(757) 539-7824

NPI: 1194004093  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Urology Physician**

### **Urology of Virginia PLLC**

7185 Harbour Towne Pkwy S  
Ste 200  
Suffolk, VA 23435  
(757) 457-5100

## **Ojo Carons, Akinwunmi MD**

Gender: Male  
NPI: 1033378344  
Yoruba, Spanish  
*Established patients only*  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Sappal, Samay MD\***

Gender: Male  
NPI: 1447783071  
License: VA 0101274335  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY, ASL  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Office Languages: Spanish  
**Sobol, Ilya J MD\***  
Gender: Male  
NPI: 1447513353  
License: VA 0101264201  
Age 17 and up  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY, ASL  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Unnikrishnan, Raman MD**

Gender: Male  
NPI: 1831414739  
License: VA 0101260018  
Hindi  
*Established patients only*  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Office Languages: Spanish, Russian  
**Williams, Michael B MD**  
Gender: Male  
NPI: 1295058394  
License: VA 0101249728  
*Established patients only*  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY, ASL  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
7185 Harbour Towne Pkwy S  
Suffolk, VA 23435  
(757) 457-5100

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## **Volz, Lawrence R MD\***

Gender: Male  
NPI: 1821076860  
License: VA 0101052518  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Whelan, Patrick S MD\***

Gender: Male  
NPI: 1851704639  
License: VA 0101281341  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Vascular Surgery Physician**

### **Bon Secours Medical Group Hampton Roads Specialty Care LLC**

1020 Bon Secours Dr  
Ste 240  
Suffolk, VA 23435  
(757) 943-3030

## **Ambur, Vishnu MD**

Gender: Male  
NPI: 1699022608  
License: VA 0101266062  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1629637475  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Schuksz, Manuela MD\***

Gender: Female  
NPI: 1770879207  
License: VA 0101260868  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Stuhldreher, Jacquelen MD\***

Gender: Female  
NPI: 1952563728  
License: VA 0101266205  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Commonwealth Vascular Institute PC**

150 Burnetts Way  
Ste 200  
Suffolk, VA 23434  
(757) 539-7824

NPI: 1194004093

Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mountain Spring Vascular LLC**

3907 Bridge Rd  
Ste 101  
Suffolk, VA 23435  
(757) 437-2882  
NPI: 1639770621  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Other Health Care Providers

## VIRGINIA

### SUFFOLK CITY COUNTY

#### Adult Health Nurse Practitioner

#### Bon Secours Medical Group Hampton Roads Specialty Care LLC

1002 Bon Secours Dr  
Suffolk, VA 23435  
(757) 541-1110  
NPI: 1629637475  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1002 Bon Secours Dr  
Suffolk, VA 23435  
(757) 541-1177

#### Dowell, Donna K NP

Gender: Female  
NPI: 1144579749  
License: VA 0024170266  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd  
Ste 240  
Suffolk, VA 23435  
(757) 483-3030

#### Cray, Christina NP

Gender: Female  
NPI: 1306353727  
License: VA 0001170982  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### Confidant Providers LLC\*\*

(203) 747-8696  
**Graham, Annette S NP\*\***  
Gender: Female  
NPI: 1033173380  
Website: confidantthehealth.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

#### First Choice Anderson FNP

1520 Breezeport Way  
Ste 600  
Suffolk, VA 23435  
(757) 967-0810

#### Campbell, Marsha NP

Gender: Female  
NPI: 1952033151  
License: VA 0024184427  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1538775697  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1540 Breezeport Way  
Ste 600  
Suffolk, VA 23435  
(757) 967-0810

#### Campbell, Marsha NP

Gender: Female  
NPI: 1952033151  
License: VA 0024184427  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1538775697  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### Advanced Practice Midwife

#### Lifetime Womens Health and Wellness Center PC

1037 Champions Way  
Ste 300  
Suffolk, VA 23435  
(757) 335-7165

#### Kenner-Woodard, Alneider CNM

Gender: Female  
NPI: 1790236073  
License: VA 0024173536  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1093068371  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### Mid-Atlantic Womens's Care PLC

2050 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 539-3911

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

## Muhlenbeck, Donna CNM

Gender: Female  
NPI: 1023228897  
License: VA 0001137859  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Williams, Mary CNM

Gender: Female  
NPI: 1093091175  
License: VA 0024169679  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Region Ten Community Services Board\*\*

(434) 972-1800  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Toby, Caroline APRN\*\*

Gender: Female  
NPI: 1568780781  
License: VA 0024192242  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Specialists for Women

1510 Breezeport Way  
Ste 600  
Suffolk, VA 23435  
(757) 539-3911

## Muhlenbeck, Donna CNM

Gender: Female  
NPI: 1023228897  
License: VA 0001137859  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Williams, Mary CNM

Gender: Female  
NPI: 1093091175  
License: VA 0024169679  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

2050 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 539-3911

## Muhlenbeck, Donna CNM

Gender: Female  
NPI: 1023228897  
License: VA 0001137859  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Williams, Mary CNM

Gender: Female  
NPI: 1093091175  
License: VA 0024169679  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Ambulatory Surgical Center

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## Bon Secours Surgery Center at Harbour View

1020 Bon Secours Dr  
Ste 101  
Suffolk, VA 23435  
(757) 673-5832  
NPI: 1568505899  
License: VA OSH 0000711  
Handicap Services available  
Office Hours:  
Monday: 6:00 AM-5:00 PM  
Tuesday: 6:00 AM-5:00 PM  
Wednesday: 6:00 AM-5:00 PM  
Thursday: 6:00 AM-5:00 PM  
Friday: 6:00 AM-5:00 PM

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## Assisted Living Facility

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**SUPREME HEALTHCARE  
LLC\*\***  
(757) 749-4066

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1316768500  
License: VA HCO 0005556  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

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## Assistive Technology Supplier Rehabilitation Counselor

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### KES Integrated Services INC\*\*

(703) 935-9442  
NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Tycon Medical\*\* (757) 640-1709

NPI: 1215039466  
License: VA 0206009540  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

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## Audiologist

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### Eastern Virginia Ear Nose and Throat Specialists

1037 Champions Way  
Ste 100  
Suffolk, VA 23435  
(757) 465-3106  
NPI: 1982656088  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Behavioral Neurology & Neuropsychiatry Physician

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**McLean Neuropsychiatric Treatment Center LLC\*\***  
(571) 378-1398

NPI: 1356935597  
Website: mcleanntc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Medication Management, Depression, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

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## Case Management Agency

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### Advancing Communities Everywhere\*\*

(757) 765-7689  
License: VA 3537 05 001  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Care Advantage - Emporia\*\***  
(434) 634-4830

NPI: 1487859211  
License: VA HCO 0001509  
Practice Focus: Home Visits Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## Fam 4 Life Services\*\*

(804) 503-4857  
NPI: 1700658416  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Sexually acting out behaviors, Schizoaffective Disorder, Post-Traumatic Stress Disorder (PTSD), Peer support services, Homebound Persons, Home Visits, Group therapy, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

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## Certified Respiratory Therapist

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**STAR MEDICAL RX\*\***  
(800) 638-0942

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1114943610  
License: MO 2013029217  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Chiropractor

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### Shearin Chiropractic LLC

2469 Pruden Blvd  
Suffolk, VA 23434  
(757) 539-4100  
NPI: 1376147165  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Clinic/Center

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### Addiction Recovery Center of Virginia\*\*

(757) 903-2253

NPI: 1811407042  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Home Visits,  
Grief/Death/Dying, General  
Mental Health, Family Therapy,  
Dual Diagnosis (MH/SA),  
Dissociative disorder,  
Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

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## Community Based Hospice Care Agency

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### Bristol Hospice-Virginia Beach LLC\*\*

(757) 734-1660  
NPI: 1962149740  
License: VA HSP 0000455  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Estelle's Professional Community Services\*\*

(757) 620-1008

NPI: 1710388475  
License: VA 2606 03 001  
Practice Focus: Virtual Care -  
Audio/Visual, SPMI (Severe &  
Persistently Mentally Ill),  
Mobile crisis response (MCR),  
Mental health skill building,  
Crisis Intervention (CI),  
Assertive Community  
Treatment, Applied Behavioral  
Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Heartland Home Health Care and Hospice\*\*

(757) 490-9323  
NPI: 1770517369  
Handicap Accessible: Building,  
Parking, Restroom  
Services for hearing impaired:  
TTY  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1500 Breezeport Way  
Ste 400  
Suffolk, VA 23435  
(757) 934-7935

NPI: 1720171234  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Suncrest Hospice Virginia Beach LLC\*\*

(757) 832-7001  
NPI: 1902408982  
License: VA HSP 0000424  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## Traditions Health\*\*

(757) 594-0288  
License: VA HSP 0000147  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM

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## Custodial Care Facility

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### Excelsior Infusion & Home Care LLC\*\*

(757) 704-4405

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1912623943  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-1:00 PM

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## Developmentally Disabled Services Day Training Agency

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**Better Tomorrow Home  
Health Care LLC\*\***  
(757) 406-3595  
NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean,  
German, French  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

**KES Integrated Services  
INC\*\***  
(703) 935-9442

NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## NEST HOME CARE LLC\*\*

(571) 598-9450  
NPI: 1104672278

License: VA HCO 0005506  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Simplicity Healthcare\*\*

(571) 541-7116

NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

---

## Superb Home Care\*\*

(703) 559-7308  
NPI: 1801591201  
License: VA HCO 0005226  
Practice Focus: Home Visits  
Spanish, Hindi, Gujarati  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

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## Doula

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**Allen, Ebony\*\***  
(804) 840-6435

Gender: Female  
NPI: 1023766615  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

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## Anthony, Vanessa\*\*

(804) 840-6435  
Gender: Female  
NPI: 1033815642  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

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**Barnes, Latoya\*\***  
(804) 840-6435

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Other Health Care Providers

Gender: Female  
NPI: 1417662354  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Behane, Alem\*\***  
(804) 840-6435  
Gender: Female  
NPI: 1699487702  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Birth in Color RVA\*\***  
(804) 840-6435

NPI: 1174289888  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Bishop, Letia\*\***  
(804) 840-6435  
Gender: Female  
NPI: 1467131193  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Bolling, Chelsea\*\***  
(804) 840-6435

Gender: Female  
NPI: 1609588698  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Bryan, Miraj\*\***  
(804) 840-6435  
Gender: Female  
NPI: 1174260269  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Bullock, Ashley\*\***  
(804) 840-6435

Gender: Female  
NPI: 1396424024  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Chilton, Devonda\*\***  
(804) 840-6435  
Gender: Female  
NPI: 1144926759  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Cobbs, Travina\*\***  
(804) 840-6435

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
 NPI: 1942906557  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

Gender: Female  
 NPI: 1013696749  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

Gender: Female  
 NPI: 1255044103  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

Gender: Female  
 NPI: 1497403018  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

**Crenshaw, Latifah\*\***  
 (804) 840-6435  
 Gender: Female  
 NPI: 1497485304  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

**Flores, Ronnie\*\***  
 (804) 840-6435  
 Gender: Female  
 NPI: 1598413080  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

**Gomez, Megan\*\***  
 (804) 840-6435  
 Gender: Female  
 NPI: 1386392892  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

**Green, Staci\*\***  
 (804) 840-6435  
 Gender: Female  
 NPI: 1003564501  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

**Fallen, Christle\*\***  
 (804) 840-6435

**Glenn, Imani\*\***  
 (804) 840-6435

**GoPaul, Ashley\*\***  
 (804) 840-6435

**Hawkins, Sequoi\*\***  
 (804) 840-6435

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\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
NPI: 1699412783  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

Gender: Female  
NPI: 1083312631  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

Gender: Female  
NPI: 1902554496  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

Gender: Female  
NPI: 1740969484  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Haynes, Tyanna\*\***  
(804) 840-6435  
Gender: Female  
NPI: 1053090787  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Hill, Nataki\*\***  
(804) 840-6435  
Gender: Female  
NPI: 1073201497  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Lewis Seals, Cherelle\*\***  
(804) 840-6435  
Gender: Female  
NPI: 1548949274  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**McDaniel, Miosha\*\***  
(804) 840-6435  
Gender: Female  
NPI: 1366189458  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Henry, Charmaine\*\***  
(804) 840-6435

**Jordan, Indee\*\***  
(804) 840-6435

**Major, Tiffany\*\***  
(804) 840-6435

**McDuffie, Khalyson\*\***  
(804) 840-6435

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# Other Health Care Providers

Gender: Female  
 NPI: 1548918030  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

Gender: Female  
 NPI: 1760161491  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

Gender: Female  
 NPI: 1750039269  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

Gender: Female  
 NPI: 1477056489  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

**Parris, Shalonda\*\***  
 (804) 840-6435  
 Gender: Female  
 NPI: 1770295883  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

**Scott, Kadijah\*\***  
 (804) 840-6435  
 Gender: Female  
 NPI: 1417687534  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

**Slade, Brittany\*\***  
 (804) 840-6435  
 Gender: Female  
 NPI: 1720725815  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

**Tali, Tamika\*\***  
 (804) 840-6435  
 Gender: Female  
 NPI: 1679261812  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

**Patterson, Alexis\*\***  
 (804) 840-6435

**Shaw, Ashley\*\***  
 (804) 840-6435

**Sutton-EL, Kenda\*\***  
 (804) 840-6435

**Traynham, Malika\*\***  
 (804) 840-6435

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
NPI: 1871291435  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Urban Baby Beginnings\*\***  
(833) 782-2229

**Binns, LaShaunda\*\***  
Gender: Female  
NPI: 1629799465  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Coleman, Chelsea\*\***  
Gender: Female  
NPI: 1104579010  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Conner, Kishla\*\***  
Gender: Female  
NPI: 1790399715  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Davis, Sydney\*\***  
Gender: Female  
NPI: 1609598929  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Eaton Place, O Candy\*\***  
Gender: Female  
NPI: 1619698263  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Evans, Cristina\*\***  
Gender: Female  
NPI: 1063166213  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Hudgins, Ty-Yanna\*\***  
Gender: Male  
NPI: 1184323024  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Jones, Courtney NP\*\***  
Gender: Female  
NPI: 1487270450  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Kersey, Tiara\*\***  
Gender: Female  
NPI: 1124749791  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Lewis, Erika\*\***  
Gender: Female  
NPI: 1184323008  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Madison-Shorts, Brittney\*\***  
Gender: Female  
NPI: 1841911567  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

**McDaniel, Candice\*\***

Gender: Female  
NPI: 1710637970  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Rice, Jasmine\*\***

Gender: Female  
NPI: 1609575521  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Roberson, Julie\*\***

Gender: Female  
NPI: 1467192856  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Shelton, Jabrita\*\***

Gender: Female  
NPI: 1164121836  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Spencer, Stephanie\*\***

Gender: Male  
NPI: 1184171456  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Tucker, Alisha\*\***

Gender: Female  
NPI: 1487376190  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1447981741

Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Waisome, Kayla\*\***

Gender: Female  
NPI: 1215650999  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**White, Akilah\*\***

Gender: Female  
NPI: 1316543556  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Willingham, Demetria\*\***

Gender: Female  
NPI: 1730800798  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Woods, Altamarie\*\***

Gender: Female  
NPI: 1518667146  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Woody, Alisia\*\***

Gender: Female  
NPI: 1336811454  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**White, Maliqua\*\***

(804) 840-6435

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
NPI: 1568174670  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Williams, Dana\*\***

(804) 840-6435  
Gender: Female  
NPI: 1851049472  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Williams, Jada\*\***

(804) 840-6435

Gender: Female  
NPI: 1972215002  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Wilson, Toccara\*\***

(804) 840-6435  
Gender: Female  
NPI: 1285364331  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Witcher, Brandy\*\***

(804) 840-6435

Gender: Female  
NPI: 1346955036  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Early Intervention Provider Agency**

### **Blue Mountain Therapy\*\***

(276) 525-6043  
NPI: 1497330401  
Website: [www.bluemountaintherapy.com](http://www.bluemountaintherapy.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services, Cultural Competency Trained, Child/ Pediatric, Applied Behavioral Analysis  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

### **Childrens Therapy Concepts LLC\*\***

(757) 776-3088

NPI: 1043769615  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Pediatric Therapy Studio\*\*** (703) 663-4808

#### **Dolan, Damaris SLP\*\***

Gender: Female  
NPI: 1780196212  
License: VA 2202008797  
Website: [www.pediatrictherapiststudio.com](http://www.pediatrictherapiststudio.com)  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders  
Age 22 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-3:00 PM

### **Play to Grow PLLC\*\***

(757) 651-1137

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

## Western Tidewater Community Services Board\*\*

(757) 942-1069  
 License: VA 084 18 002  
 Website: www.wtcsb.org  
 Practice Focus: Virtual Care - Audio only, Early Intervention Services, Day Treatment, Crisis Stabilization (CS), Community Mental Health Center (CMHC), Case Management, Behavioral Health Outpatient, Assertive Community Treatment, ASAM Level 1  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-5:00 PM  
 Tuesday: 8:30 AM-5:00 PM  
 Wednesday: 8:30 AM-5:00 PM  
 Thursday: 8:30 AM-5:00 PM  
 Friday: 8:30 AM-5:00 PM

1000 Commercial Ln  
 Suffolk, VA 23434  
 (757) 942-1069

License: VA 084 18 002  
 Website: www.wtcsb.org  
 Practice Focus: Virtual Care - Audio only, Early Intervention Services, Day Treatment, Crisis Stabilization (CS), Community Mental Health Center (CMHC), Case Management, Behavioral Health Outpatient, Assertive Community Treatment, ASAM Level 2.1, ASAM Level 1  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-5:00 PM  
 Tuesday: 8:30 AM-5:00 PM  
 Wednesday: 8:30 AM-5:00 PM  
 Thursday: 8:30 AM-5:00 PM  
 Friday: 8:30 AM-5:00 PM

135 S Saratoga St  
 Suffolk, VA 23434  
 (757) 935-5160  
 License: VA 084  
 Website: www.wtcsb.org  
 Practice Focus: Virtual Care - Audio only, Mental health skill building, Early Intervention Services, Crisis Stabilization (CS), Community Mental Health Center (CMHC), Case Management, Behavioral Health Outpatient, Assertive Community Treatment, ASAM Level 2.1, ASAM Level 1  
 Handicap Accessible: Building, Parking, Restroom  
 Office Hours:  
 Monday: 8:30 AM-5:00 PM  
 Tuesday: 8:30 AM-5:00 PM  
 Wednesday: 8:30 AM-5:00 PM  
 Thursday: 8:30 AM-5:00 PM  
 Friday: 8:30 AM-5:00 PM

## End-Stage Renal Disease (ESRD) Treatment Clinic/Center

**BMA Suffolk**  
 1005 Commercial Ln  
 Ste 100  
 Suffolk, VA 23434  
 (757) 934-0009  
 NPI: 1326143116  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## DaVita Harbour View Dialysis

1039 Champions Way  
 Bldg 4  
 Suffolk, VA 23435  
 (757) 484-2814  
 NPI: 1316186299  
 Practice Focus: Cultural Competency Trained  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## DaVita Nansemond Dialysis

3009 Corporate Ln  
 Ste 130  
 Suffolk, VA 23434  
 (757) 539-0618

NPI: 1336529577  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Fresenius Kidney Care North Suffolk

5140 River Club Dr  
 Ste 100  
 Suffolk, VA 23435  
 (757) 483-8234  
 NPI: 1346780707  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus  
 Office Hours:  
 Monday: 6:00 AM-3:00 PM  
 Wednesday: 6:00 AM-3:00 PM  
 Friday: 6:00 AM-3:00 PM

## Fresenius Kidney Care North Suffolk Home

5140 River Club Dr  
 Ste 102  
 Suffolk, VA 23435  
 (757) 483-3528  
 NPI: 1033642731  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus  
 Office Hours:  
 Monday: 8:00 AM-4:30 PM  
 Tuesday: 8:00 AM-4:30 PM  
 Wednesday: 8:00 AM-4:30 PM  
 Thursday: 8:00 AM-4:30 PM  
 Friday: 8:00 AM-4:30 PM

## Family Nurse Practitioner

**Abdul, Malike NP\*\***  
 (703) 841-0703

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Male  
NPI: 1245839497  
License: VA 0001186512  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Addiction Allies LLC\*\***

(434) 400-9668  
Website:  
www.addictionallies.com/contact  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kessick, Kibble NP\*\***

Gender: Female  
NPI: 1700168275  
Website:  
www.addictionallies.com/contact  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Addys Colors Inc\*\***

(804) 725-8597  
NPI: 1518690411  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **White, Brooke\*\***

Gender: Female  
NPI: 1821814906  
License: VA 0024191846  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Alao, ITUNUOLUWA NP\*\***

(703) 841-0703  
Gender: Female  
NPI: 1497002836  
License: VA 0024175487  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **All Hope Behavioral Health Services PC\*\***

(703) 542-3737

NPI: 1760715403  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**MeKonnen, Tesfa J DNP\*\***  
Gender: Male  
NPI: 1932794468  
Website: allhopebhs.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Ascension Psychiatric Services LLC\*\***

(804) 636-7104

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1184471898  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Medication Management, Medication Assisted Treatment, Home Visits, Geriatric, General Mental Health, Community-Based Treatment, Case Management, Adolescents  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Avenues to Wellness\*\***

(540) 345-6468  
NPI: 1861583791  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Schizophrenia, Post Partum Depression, Mood Disorders, Medication Management, Depression, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Ganjwala, Puja R NP\*\***  
Gender: Female  
NPI: 1790188266  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Schizophrenia, Post Partum Depression, Mood Disorders, Medication Management, Depression, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Hindi  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-5:00 PM  
Tuesday: 7:30 AM-5:00 PM  
Wednesday: 7:30 AM-5:00 PM  
Thursday: 7:30 AM-5:00 PM  
Friday: 7:30 AM-5:00 PM

## **Bon Secours Medical Group Hampton Roads Specialty Care LLC**

5838 Harbour View Blvd Ste 290  
Suffolk, VA 23435  
(757) 541-1700  
NPI: 1629637475  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Cullen, Taylor NP**  
Gender: Female  
NPI: 1346974540  
License: VA 0001276778  
Age 99 and under  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

5838 Harbour View Blvd Ste 270  
Suffolk, VA 23435  
(757) 541-1050

## **Link, Megan APRN**

Gender: Female  
NPI: 1780362277  
License: VA 0001242194  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pagtalunan, Maria E P NP**

Gender: Female  
NPI: 1699965020  
License: VA 0001111611  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Bon Secours Surgical Specialists**

5838 Harbour View Blvd Ste 240  
Suffolk, VA 23435  
(757) 483-3030  
**Carbullido, Sarah NP**  
Gender: Female  
NPI: 1972108199  
License: VA 0001303209  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Brightview LLC\*\***

(833) 510-4357  
**Batts, Elizabeth APRN\*\***  
Gender: Female  
NPI: 1235578857  
License: VA 0001193167  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care - Audio only, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1649786260  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care -  
Audio only, Addictions/  
Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Jones, Julie APRN\*\***  
Gender: Female  
NPI: 1467966507  
License: VA 0024175635  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care -  
Audio only, Addictions/  
Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

2790 Godwin Blvd  
Ste 210  
Suffolk, VA 23434  
(833) 510-4357

**Batts, Elizabeth APRN**  
Gender: Female  
NPI: 1235578857  
License: VA 0001193167  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care -  
Audio only, Addictions/  
Substance Abuse  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1649786260  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care -  
Audio only, Addictions/  
Substance Abuse  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Central Virginias  
Preferred Providers\*\***  
(804) 330-6441

NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
**Dougherty, Deborah J NP\*\***  
Gender: Female  
NPI: 1760487821  
License: VA 0001161038  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**CERVELLO-WELLNESS\*\***  
(301) 392-7120

NPI: 1083239255  
Website: CERVELLO-  
WELLNESS.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Constance, Maura NP\*\***  
Gender: Female  
NPI: 1174928238  
License: VA 0024164954  
Website: CERVELLO-  
WELLNESS.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder, ADHD  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Chesapeake Bay ENT**  
1069 Centerbrooke Ln  
Ste 200  
Suffolk, VA 23434  
(757) 935-1400

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1013106541  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Childrens Specialty Group PLLC

5834 Harbour View Blvd  
 Suffolk, VA 23435  
 (757) 668-7473

### DiNonno, Nicole FNP

Gender: Female  
 NPI: 1811261332  
 License: VA 0001129189  
 Mental/Physical Impairment Services  
 Handicap Accessible: Building, Parking, Restroom  
 Services for hearing impaired: ASL  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

### Humphrey, Kimberly

NPI: 1528530912  
 License: VA 0024176907  
 Mental/Physical Impairment Services  
 Handicap Accessible: Building, Parking, Restroom  
 Services for hearing impaired: ASL  
 Public Transport: Bus, Regional Train  
 Office Hours:

Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

### Thigpen, Tinita FNP

Gender: Female  
 NPI: 1538802889  
 License: VA 0024181382  
 Mental/Physical Impairment Services  
 Handicap Accessible: Building, Parking, Restroom  
 Services for hearing impaired: ASL  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

5834 Harbour View Blvd  
 Suffolk, VA 23435  
 (757) 668-9920

### Murphy, Heather FNP

Gender: Female  
 NPI: 1497207013  
 License: VA 0024173729  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

### Confidant Providers LLC\*\*

(203) 747-8696

### Carroll, LaTonya NP\*\*

Gender: Female  
 NPI: 1700056033  
 License: WV 104979  
 Website: confidanthealth.com  
 Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse Spanish  
 Age 18 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:00 AM-7:00 PM  
 Tuesday: 7:00 AM-7:00 PM  
 Wednesday: 7:00 AM-7:00 PM  
 Thursday: 7:00 AM-7:00 PM  
 Friday: 7:00 AM-7:00 PM

### Clinebell, Linda FNP\*\*

Gender: Female  
 NPI: 1134465669  
 License: SC 1000687  
 Website: confidanthealth.com  
 Practice Focus: Virtual Care - Audio/Visual, Medication Management, Anxiety/Depression, Addictions/ Substance Abuse  
 Age 18 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:00 AM-7:00 PM  
 Tuesday: 7:00 AM-7:00 PM  
 Wednesday: 7:00 AM-7:00 PM  
 Thursday: 7:00 AM-7:00 PM  
 Friday: 7:00 AM-7:00 PM  
 NPI: 1336761691  
 Website: confidanthealth.com  
 Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:00 AM-7:00 PM  
 Tuesday: 7:00 AM-7:00 PM  
 Wednesday: 7:00 AM-7:00 PM  
 Thursday: 7:00 AM-7:00 PM  
 Friday: 7:00 AM-7:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Geho, Regena APRN\*\***

Gender: Female  
NPI: 1316395916  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Hill, Tessaneka FNP\*\***

Gender: Female  
NPI: 1518419449  
License: NJ 26NJ00677400  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Rajnic, Margaret NP\*\***

Gender: Female  
NPI: 1427065010  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Grief/Death/Dying, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Ruzila, Cristina FNP\*\***

Gender: Female  
NPI: 1568727550  
License: VA 0024170197  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Davis, Mary ARNP\*\***

(757) 251-0879  
Gender: Female  
NPI: 1770038093  
License: VA 0024191696  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## **First Choice Anderson FNP**

1520 Breezeport Way  
Ste 600  
Suffolk, VA 23435  
(757) 967-0810  
NPI: 1538775697  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1540 Breezeport Way  
Ste 600  
Suffolk, VA 23435  
(757) 967-0810  
NPI: 1538775697  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mitchell-Holston, Shasta Q NP**

Gender: Female  
NPI: 1881004901  
License: VA 0024176097  
Practice Focus: Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mitchell-Holston, Shasta Q NP**

Gender: Female  
NPI: 1881004901  
License: VA 0024176097  
Practice Focus: Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gassant, Sandra FNP\*\***

(703) 841-0703

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
NPI: 1194283184  
License: MD AC002865  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Githinji PMHMP, Banis\*\***

(703) 841-0703  
Gender: Female  
NPI: 1922585462  
License: VA 0024177879  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hexis Health\*\***

(571) 786-1235

## **Croghan, Steven W NP\*\***

Gender: Male  
NPI: 1932646163  
License: VA 0024174317  
Website:  
www.hexishhealthcare.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
NPI: 1265215859

Website:

www.hexishhealthcare.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Jean-Pierre, Nancy NP\*\***

(703) 841-0703

Gender: Female  
NPI: 1245795517  
License: MD R226432  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Klecka, Audrey C NP**

1005 Commercial Ln  
Ste 220  
Suffolk, VA 23434  
(757) 668-2600  
Gender: Female  
NPI: 1649099862  
License: VA 0001273486  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Macaully, Khadija MSN\*\***

(703) 841-0703

Gender: Female  
NPI: 1265146229  
License: VA 0024186062  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Main Street Physicians**

157 N Main St  
Ste A  
Suffolk, VA 23434  
(757) 925-1866  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Makuna, Jacky MSN\*\***

(703) 841-0703

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
NPI: 1538884820  
License: MD R199888  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nansemond Pediatrics

1005 Commercial Ln  
Ste 220  
Suffolk, VA 23434  
(757) 668-2600  
NPI: 1144468836  
Website: www.chkd.org  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nansemond Suffolk Family Practice

2897 Bridge Rd  
Suffolk, VA 23435  
(757) 484-7248

## Ortega, Charlene NP

Gender: Female  
NPI: 1952971277  
License: VA 0001231200  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Addiction Specialists LLC\*\*

(757) 785-0500  
**Anikwe, Fredrick APRN\*\***

Gender: Male  
NPI: 1295170025  
License: TN 160831  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

NPI: 1477186336  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Taylor, Jennifer L APN\*\*

Gender: Female  
NPI: 1417209941  
License: VA 0024187737  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## National Capital Treatment and Recovery\*\*

(703) 841-0703

Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Osafo, Samuel FNP\*\*

(703) 841-0703  
Gender: Male  
NPI: 1689449316  
License: VA 0024189349  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Roanoke Valley Healthcare Partners

1013 University Blvd  
Ste 270  
Suffolk, VA 23435  
(757) 335-4755

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Taylor, Jessica NP**

Gender: Female  
NPI: 1912512799  
License: VA 0024180040  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SaVida Health PC\*\***

(833) 356-4080

## **Beavers, Angel NP\*\***

Gender: Female  
NPI: 1720404205  
License: NC 5007611  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Brown, Gina FNP\*\***

Gender: Female  
NPI: 1285129544  
License: VA 0024176016  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Chou, Chen NP\*\***

Gender: Male  
NPI: 1568196020  
License: VA 0024184665  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Hamilton, Jenny APRN\*\***

Gender: Female  
NPI: 1144811175  
License: KY 3016027  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Rutherford, Stephanie FNP\*\***

Gender: Female  
NPI: 1427309855  
License: VA 0024171653  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Store-and-forward, Virtual Care - Secure Text Messaging, Virtual Care - Remote monitoring, Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Virtual Care - Audio only, Substance Abuse & Alcohol Abuse Center (Outpatient), Home Visits, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sturgill, Amanda FNP\*\***

Gender: Female  
NPI: 1609369933  
License: VA 0001238149  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Tuttle, Mollie FNP\*\***

Gender: Female  
NPI: 1790487197  
License: KY 4034603  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **SOUTHWEST REGIONAL COUNSELING SERVICES INC\*\***

(276) 883-5050

## **Carpenter, Amy FNP\*\***

Gender: Female  
NPI: 1437688116  
License: TN 36441  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Spies, Susan R FNP\*\***

(703) 841-0703  
Gender: Female  
NPI: 1417192139  
License: VA 0024169305  
Website: [www.natcaptreatment.org](http://www.natcaptreatment.org)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Starling Medical Group PC\*\***

(508) 202-1011  
**Chaudhry, Ammara FNP\*\***  
Gender: Female  
NPI: 1407432719  
License: VA 0001233938  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Suffolk Pediatrics**

1109 Hillpoint Boulevard  
Suffolk, VA 23434  
(757) 668-2250  
**Kristina Ruckert, Emma NP**  
Gender: Female  
NPI: 1194522219  
License: VA 0024193164  
Age 21 and under  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Tandem Counseling and Consulting LLC\*\***

(540) 348-4700  
**Blick, Susan K NP\*\***  
Gender: Female  
NPI: 1114905585  
License: VA 0024174390  
Website: [tandembehavioralva.com/about](http://tandembehavioralva.com/about)  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1467117143  
Website:  
tandembehavioralva.com/about  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tidewater Infectious Disease Physicians**

4775 Bridge Rd  
Suffolk, VA 23435  
(757) 354-2885  
**Rowe, Jason NP**  
Gender: Male  
NPI: 1699385849  
License: VA 0024179842  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Urology of Virginia PLLC**  
7185 Harbour Towne Pkwy S Ste 200  
Suffolk, VA 23435  
(757) 457-5100  
**Dickerson, Emily NP**  
Gender: Female  
NPI: 1861958712  
License: VA 0024177175  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY, ASL  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Virginia Oncology Associates**

2790 Godwin Blvd  
Ste 101  
Suffolk, VA 23434  
(757) 539-0670

**Middleton, Taylor NP**  
Gender: Female  
NPI: 1831861657  
License: VA 0001276054  
Practice Focus: Bone Density Testing  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

3910 Bridge Rd  
Ste 400  
Suffolk, VA 23435  
(757) 484-0215

## **Hastings, Courtney NP**

Gender: Female  
NPI: 1184958571  
License: VA 0001179067  
Handicap Accessible: Building, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Middleton, Taylor NP**

Gender: Female  
NPI: 1831861657  
License: VA 0001276054  
Practice Focus: Bone Density Testing  
Handicap Accessible: Building, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Wellness & Balance LLC\*\***  
(757) 469-1452  
NPI: 1215609748  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Williams-Kent, Angel MSN\*\***

Gender: Female  
NPI: 1598219214  
License: VA 0024173850  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## **Federally Qualified Health Center (FQHC)**

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### **Burnetts Way Family Medicine**

156 Burnetts Way  
Suffolk, VA 23434  
(757) 380-8709

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Main Street Physicians

157 N Main St  
Ste A  
Suffolk, VA 23434  
(757) 925-1866  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Southeastern Virginia Health System at Western Tidewater CSB

5268 Godwin Blvd  
Suffolk, VA 23434  
(757) 255-7133  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gerontology Nurse Practitioner

### Bon Secours Medical Group Hampton Roads Specialty Care LLC

1009 Centerbrooke Ln  
Ste 208  
Suffolk, VA 23434  
(757) 673-5680

### Beckett, Monica NP

Gender: Female  
NPI: 1811322993  
License: VA 0024171101  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Brightview LLC\*\*

(833) 510-4357  
NPI: 1649786260  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care - Audio only, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Drew, Karen NP\*\*

Gender: Female  
NPI: 1982281648  
License: VA 0001146792  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care - Audio only, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

2790 Godwin Blvd  
Ste 210  
Suffolk, VA 23434  
(833) 510-4357  
NPI: 1649786260  
Website:

Brightviewhealth.com  
Practice Focus: Virtual Care - Audio only, Addictions/ Substance Abuse  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hearing and Speech Clinic/Center

### Ivyrehab SEPT LLC

1000 Knotts Pointe Ln  
Ste 103  
Suffolk, VA 23435  
(757) 530-4011

Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 7:00 AM-3:30 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 7:00 AM-4:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 7:00 AM-4:00 PM

150 Burnetts Way  
Ste 230  
Suffolk, VA 23434  
(757) 942-2022  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: ASL  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Play to Grow PLLC\*\*

(757) 651-1137  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Home Health Agency

### 1st Americare LLC\*\*

(732) 277-8100

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1932720943  
License: VA HCO 0001868  
Practice Focus: Home Visits  
Urdu, Spanish, Punjab, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A Passion For Pulses Home Care LLC\*\***

(757) 748-2339  
NPI: 1922746007  
License: VA HCO 0003064  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **A+ Home Care\*\***

(703) 402-1872

Office Languages: Spanish  
NPI: 1649752445  
License: VA HCO 0001957  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Tigrinya, Spanish, Arabic,  
Amharic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **AAA Home Health Inc\*\***

(703) 719-1200  
NPI: 1386131159  
License: VA HCO 0001899  
Practice Focus: Virtual Care -  
Audio/Visual  
Spanish, French, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Above and Beyond Home Care LLC\*\***

(804) 573-3613

Office Languages: Spanish  
NPI: 1750035903  
License: VA HCO 0003056  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM  
Saturday: 9:00 AM-3:00 PM  
Sunday: 9:00 AM-3:00 PM

## **ADKAR HOME HEALTHCARE\*\***

(703) 531-7019  
NPI: 1457121337  
License: VA HCO 0003249  
Practice Focus: Home Visits  
Somali  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **All Ways There Home Care\*\***

(757) 591-0020

NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **Alpha Home Care Services LLC\*\***

(703) 559-3597  
NPI: 1801265277  
License: VA HCO 0001291  
Practice Focus: Home Visits  
Urdu, Panjabi, Hindi  
Age 7 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Amedisys Home Health\*\***

(804) 758-1311  
NPI: 1881846087  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Amedisys Home Health of Chesapeake\*\***

(757) 465-1400

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Amedisys Home Health of Newport News\*\***

(757) 223-5424  
NPI: 1578511242  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **AMERICAS BEST HOME HEALTHCARE LLC\*\***

(703) 989-6806  
NPI: 1225405079  
License: VA HCO 251501  
Practice Focus: Home Visits  
Spanish, Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**An Angels Touch Healthcare Service\*\***  
(757) 904-0107

NPI: 1699200287  
License: VA HCO 0001708  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish  
Age 5 to 95  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Angelic Touch Healthcare Services\*\***

(757) 937-9569  
NPI: 1063957199  
License: VA HCO 251653  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

**Angels for Life Health Care LLC\*\***  
(804) 522-6640

NPI: 1699388082  
License: VA HCO0002412  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:30 PM  
Tuesday: 9:00 AM-3:30 PM  
Wednesday: 9:00 AM-3:30 PM  
Thursday: 9:00 AM-3:30 PM  
Friday: 9:00 AM-3:30 PM

## **Anointed Hands Home Health LLC\*\***

(757) 620-8785  
NPI: 1447803358  
License: VA HCO0002142  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Apex Care LLC\*\***  
(202) 600-1233

NPI: 1750957221  
License: VA HCO 252527  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Atenea Home Health Care\*\***

(757) 279-0987  
NPI: 1518639145  
License: VA HCO252558  
Practice Focus: Home Visits  
Spanish, Portuguese, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

**Aveanna Healthcare\*\***  
(757) 461-6310

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1730101171  
Practice Focus: Cultural  
Competency Trained  
Mental/Physical Impairment  
Services  
Handicap Services available  
Services for hearing impaired:  
TTY, ASL  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **BAES HEALTHCARE SOLUTIONS LLC\*\***

(757) 573-2009  
NPI: 1538930813  
License: VA HCO 263419  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-12:00 PM

## **Bay Aging\*\***

(804) 758-2386  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## **Better Tomorrow Home Health Care LLC\*\***

(757) 406-3595  
NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean,  
German, French  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

## **BON SECOURS HOME CARE**

7007 Harbour View Blvd  
Ste 114  
Suffolk, VA 23435  
(757) 889-4663  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **BrightStar Care of Roanoke\*\***

(540) 566-5888

Practice Focus: Home Visits  
Spanish, Korean, German,  
French, Chinese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Brookside Home Health an Amedisys Company\*\***

(757) 253-2536  
Handicap Services available  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Care Advantage - Emporia\*\***

(434) 634-4830

NPI: 1487859211  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Care Advantage - Portsmouth\*\***

(757) 405-6320  
NPI: 1952794299  
License: VA HCO0001509  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Care With Dignity At Home LLC\*\***

(703) 705-7707

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

NPI: 1023897865  
License: VA HCO263405  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care with Empathy LLC\*\* (757) 237-6711

NPI: 1366212201  
License: VA HCO 0005458  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Carepanion Group Home Health\*\*

(804) 997-6175  
NPI: 1023825551  
License: VA HCO 0005794  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Caring Hands Home Health LLC\*\***  
(757) 796-2508  
NPI: 1295512390  
License: VA HCO 0005667  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CARING4U HOME CARE LLC\*\*

(571) 436-5199  
NPI: 1134090830  
License: VA HCO0006065  
Practice Focus: Home Visits  
Twi, Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Comfort Care Home Health LLC\*\* (757) 923-2980

NPI: 1033481189  
License: VA HCO 0000970  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Continuum Pediatric Nursing Services\*\*

(703) 592-3983  
NPI: 1689638488  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Everlasting Love Home Care\*\*

(757) 776-8180  
NPI: 1487442992  
License: VA HCO 0005831  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Excelsior Infusion & Home Care LLC\*\*

(757) 704-4405  
NPI: 1912623943  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-1:00 PM

## Fairfax Home Health Care LLC\*\*

(703) 546-8555  
NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## FHCT Newport News\*\* (757) 746-9566

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

NPI: 1851192686  
License: VA HCO 0005918  
Practice Focus: Home Visits  
Vietnamese, Spanish, Nepali,  
Korean, Chinese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**FHCT Richmond\*\***  
(571) 251-1095  
NPI: 1376344101  
License: VA HCO 0005919  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Vietnamese, Spanish, Nepali,  
Korean, Chinese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Five Diamonds Home  
Health LLC\*\***  
(703) 208-7352

NPI: 1326889437  
License: VA HCO 0005342  
Vietnamese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Good Shepherd House  
LLC\*\***  
(757) 345-3359  
NPI: 1629588728  
License: VA 2668 02 008  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Grace Home Healthcare  
LLC\*\***  
(703) 865-7370

NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

**Happy Soulz Home Health  
Care LLC\*\***  
(757) 816-0706  
NPI: 1568228013  
License: VA HCO 0005245  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**HEALTHY HEARTS HOME  
HEALTHCARE LLC\*\***  
(804) 479-3709

NPI: 1184159584  
License: VA HCO 251794  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Heart Harmony Home  
Health and Services\*\***  
(757) 970-3955  
NPI: 1407329543  
License: VA HCO 0002281  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

**Heart of Hope Home  
Health Care LLC\*\***  
(703) 870-0877

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

NPI: 1962006544  
License: VA HCO 0002742  
Practice Focus: Virtual Care - Audio/Visual, Home Visits Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Heartfelt Loving Private Care LLC\*\*

(910) 554-9323  
NPI: 1265209381  
License: VA HCO 262809  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## HEARTS OF UNITY\*\*

(757) 513-2021

NPI: 1144030958  
License: VA HCO 0006003  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Home Helpers - Colonial Heights\*\*

(804) 805-2178  
NPI: 1962935015  
License: VA HCO 0005704  
Practice Focus: Virtual Care - Audio/Visual, Home Visits Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Home Helpers - Mechanicsville\*\*

(804) 767-9035

License: VA HCO 0005704  
Practice Focus: Virtual Care - Audio/Visual, Home Visits Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Home Helpers - Norfolk\*\*

(804) 805-2178  
License: VA HCO 221655  
Practice Focus: Virtual Care - Audio/Visual, Home Visits Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Joyful Home Care LLC\*\*

(804) 801-9184

NPI: 1316642416  
License: VA HCO 263289  
Practice Focus: Home Visits  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 8:00 AM-12:00 PM

## Loving Angels Health Care LLC\*\*

(571) 581-0910  
NPI: 1679122915  
Practice Focus: Virtual Care - Audio/Visual, Home Visits Spanish, Chinese  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mackey Cares LLC\*\*

(757) 316-4618

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

NPI: 1750083903  
License: VA 0704015680  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 10:00 AM-2:00 PM

## **MALIJO\*\***

(571) 385-5737  
NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McKenzie Care Associates LLC\*\***

(757) 279-0594

NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **My Angels Home Health Care LLC\*\***

(757) 790-0569  
NPI: 1184348492  
License: VA HCO 0003028  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NEST HOME CARE LLC\*\***

(571) 598-9450  
NPI: 1104672278  
License: VA HCO 0005506  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nurse Next Door Norfolk VA\*\***

(757) 974-8419  
NPI: 1265287205  
License: VA HCO 0005611  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Nurturing Hearts Home Healthcare LLC\*\***

(757) 364-1754  
NPI: 1033745880  
License: VA HCO 0002307  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Patients Choice Home Healthcare\*\***

(757) 424-4000

NPI: 1538515937  
License: VA HCO 0001566  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Prestige Home Care Services LLC\*\***

(804) 482-3580  
NPI: 1336891852  
License: VA HCO 0002587  
Practice Focus: Home Visits  
Urdu, Swahili, Punjab, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quality Staffing Associates LLC\*\***

(804) 578-1239

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1902674377  
License: VA HCO 0005522  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## **RAISING HOPE LLC\*\***

(757) 956-6088  
NPI: 1609346444  
License: VA HCO 0005731  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **Sacred Heart Home Care LLC\*\***

(757) 235-5550  
NPI: 1124820774  
License: VA HCO 0005756  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Simplicity Healthcare\*\***

(571) 541-7116  
NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## **Sunrise Horizon Home Healthcare LLC\*\***

(757) 297-9510  
NPI: 1174224141  
License: VA HCO 263343  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## **Time Inspires Patience Home Health Care LLC\*\***

(757) 652-8067

NPI: 1174162549  
License: VA HCO 0002224  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

## **TLC IN HOME HEALTHCARE LLC\*\***

(757) 556-5129  
NPI: 1215731724  
License: VA HCO 0005759  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **Trusted Nurse Homecare\*\***

(202) 403-9147  
NPI: 1659241685  
License: VA HCO 0006115  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ultimate Comfort Care LLC\*\***

(540) 530-4838  
NPI: 1174310379  
License: VA HCO 0005764  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **VA Care\*\***

(757) 472-8480  
NPI: 1154299089  
License: VA 99999999  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **XCELLENCE HEALTH AND SUPPORT SERVICES INC\*\***

(757) 685-1913

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1366290926  
License: VA HCO 0005768  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Home Infusion Agency

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### KabaFusion VA\*\*

(757) 424-4822  
NPI: 1457413288  
Handicap Accessible: Building,  
Parking, Restroom  
Services for hearing impaired:  
TTY  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

### Optum Womens and Childrens Health LLC\*\*

(800) 999-0225  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Pentec Health\*\*

(800) 223-4376

NPI: 1770528994  
License: PA PP413743L  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Valley Vital Care\*\*

(540) 569-3463  
NPI: 1033536883  
License: VA 0201004601  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Vital Care of Northern Virginia\*\*

(571) 488-6012  
NPI: 1497537278  
License: VA 0201005095  
Mental/Physical Impairment  
Services  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

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### Home Infusion Therapy Pharmacy

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### Accredo Health Group Inc\*\*

(302) 395-8943

NPI: 1538281837  
License: DE A3 0011102  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### BioScrip Infusion Services\*\*

(703) 230-4638  
NPI: 1558439745  
License: VA 0201004140  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Vital Care of Bethesda\*\*

(240) 641-7183  
NPI: 1285323626  
License: MD PW0545  
Mental/Physical Impairment  
Services  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Vital Care of Suffolk

1520 Breezeport Way  
Ste 500  
Suffolk, VA 23435  
(757) 861-0050

NPI: 1114631447  
License: VA 0201005054  
Mental/Physical Impairment  
Services  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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### Medical Physician Assistant

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### ASQ Health Institute Professional LLC\*\*

(571) 208-2811  
NPI: 1497626881  
Website: [www.asq-health.com](http://www.asq-health.com)  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM  
Saturday: 10:00 AM-2:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Quijano, Arlene S PAC\*\*

Gender: Female  
NPI: 1194011064  
License: VA 0110004640  
Website: www.asq-health.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM  
Saturday: 10:00 AM-2:00 PM

## Center for Care and Resiliency\*\*

(540) 344-5300

## Carrigan, Connor PA\*\*

Gender: Male  
NPI: 1578291381  
License: VA 0110008909  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Couple Counseling  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1053902742  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Couple Counseling  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Claytor Memorial Clinic\*\*

(540) 400-7495  
NPI: 1689180200  
Website: www.claytormemorialclinic.com  
Practice Focus: Virtual Care - Audio/Visual, Child & Adolescent Psychiatry  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pacuch, Jessica L PA\*\*

Gender: Female  
NPI: 1558824698  
License: VA 0110006609  
Website: www.claytormemorialclinic.com  
Practice Focus: Virtual Care - Audio/Visual, Child & Adolescent Psychiatry  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Eiland Behavioral Medicine PLLC\*\*

(870) 918-9792

NPI: 1407691330  
Website: www.eilandbehavioralmed.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Telepsychiatry, Stress Management, Sexuality, Sexual Dysfunction, Schizophrenia, Psychotherapy, Psychiatry, Post-Traumatic Stress Disorder (PTSD)  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## Mountain Spring Vascular LLC

3907 Bridge Rd  
Ste 101  
Suffolk, VA 23435  
(757) 437-2882  
NPI: 1639770621  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Nurse Practitioner

### Allergy Partners of Hampton Roads

3009 Corporate Ln  
Ste 230  
Suffolk, VA 23434  
(757) 539-7771  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Augusta Health Orthopedic Medicine Fishersville\*\*

(540) 245-7080  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Galvan, Natalia A APRN\*\*

Gender: Female  
NPI: 1790280642  
License: NH 112458 23  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

### Bon Secours Medical Group Hampton Roads Primary Care LLC

7185 Harbour Towne Pkwy S Ste 206  
Suffolk, VA 23435  
(757) 484-5828

### Northern, Amanda APRN

Gender: Female  
NPI: 1780081018  
License: VA 0001144199  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Bon Secours Medical Group Hampton Roads Specialty Care LLC

1002 Bon Secours Dr  
Suffolk, VA 23435  
(757) 541-1110

NPI: 1629637475  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1002 Bon Secours Dr  
Suffolk, VA 23435  
(757) 541-1177

### Furlong, Callie APRN-CNP

Gender: Female  
NPI: 1083394902  
License: VA 0024186134  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Morfeld, Jennifer APRN

Gender: Female  
NPI: 1912572454  
License: VA 0024181366  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1020 Bon Secours Dr  
Ste 240  
Suffolk, VA 23435  
(757) 943-3030

NPI: 1629637475  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1030 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 539-0444

### Abdussalaam, Amutallah APRN

Gender: Female  
NPI: 1396553780  
License: VA 0024192072  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Black, Myria NP

Gender: Female  
NPI: 1568725380  
License: VA 0001173089  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5818 Harbour View Blvd  
Ste B2  
Suffolk, VA 23435  
(757) 541-1177

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1629637475  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd  
Ste 100  
Suffolk, VA 23435  
(757) 673-5680

## **Beckett, Monica NP**

Gender: Female  
NPI: 1811322993  
License: VA 0024171101  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd  
Ste 240  
Suffolk, VA 23435  
(757) 483-3030

## **Gallon, Natasha APRN**

Gender: Female  
NPI: 1295598068  
License: VA 0001230268  
Age 99 and under  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Bon Secours Suffolk Primary Care**

148 Burnetts Way  
Ste 107  
Suffolk, VA 23434  
(757) 738-1375

## **Babiy, Jordan APRN**

Gender: Female  
NPI: 1689450710  
License: VA 0024187855  
Handicap Accessible: Building,  
Parking, Restroom  
Services for hearing impaired:  
TTY, ASL  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cardiovascular Specialists**

5838 Harbour View Blvd  
Ste 270  
Suffolk, VA 23435  
(757) 541-1050

## **Cox, Jordan APRN**

Gender: Female  
NPI: 1023798964  
License: VA 0024187614  
Handicap Accessible: Building,  
Parking, Restroom  
Services for hearing impaired:  
ASL  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CaringAtHome LLC\*\***

(888) 553-2823

## **Burgess, Tashnie NP\*\***

Gender: Female  
NPI: 1861850398  
License: NY 866039  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1912595828  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Laster, Sonia NP\*\***

Gender: Female  
NPI: 1962930826  
License: VA 0024189720  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ramos, Jessica NP\*\***

Gender: Female  
NPI: 1043704851  
License: VA 0001311260  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Center for Care and Resiliency\*\***

(540) 344-5300

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1053902742  
 Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
 Age 16 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

**Chesapeake Bay ENT**  
 1069 Centerbrooke Ln  
 Ste 200  
 Suffolk, VA 23434  
 (757) 935-1400  
 NPI: 1013106541  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Childrens Specialty Group PLLC**  
 5835 Harbour View Blvd  
 Suffolk, VA 23435  
 (757) 668-6050

NPI: 1255354130  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Clark alliance Services Inc**  
 105 Watch Harbour Ct  
 Suffolk, VA 23435  
 (757) 276-5020

**Anaya, Heather M NP**  
 Gender: Female  
 NPI: 1992239289  
 License: VA 0024174760  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 NPI: 1952892028  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Commonwealth Vascular Institute PC**  
 150 Burnetts Way  
 Ste 200  
 Suffolk, VA 23434  
 (757) 539-7824

**Clay, Brian NP**  
 Gender: Male  
 NPI: 1295463784  
 License: VA 0001203173  
 Practice Focus: Cultural Competency Trained  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 NPI: 1194004093  
 Practice Focus: Cultural Competency Trained  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

1520 Breezeport Way  
 Ste 100  
 Suffolk, VA 23435  
 (757) 683-1823

**Clay, Brian NP**  
 Gender: Male  
 NPI: 1295463784  
 License: VA 0001203173  
 Practice Focus: Cultural Competency Trained  
 Handicap Accessible: Building, Parking, Restroom  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Confidant Providers LLC\*\***  
 (203) 747-8696  
 NPI: 1336761691  
 Website: confidantthehealth.com  
 Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post -Traumatic Stress Disorder (PTSD), Mental Health Counselor, LGBTQ+, Grief/Death/Dying, Gay/Lesbian/Bisexual, Depression, Bipolar, Anxiety Disorder  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:00 AM-7:00 PM  
 Tuesday: 7:00 AM-7:00 PM  
 Wednesday: 7:00 AM-7:00 PM  
 Thursday: 7:00 AM-7:00 PM  
 Friday: 7:00 AM-7:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Roma, Margaret PMHNP\*\***

Gender: Female  
NPI: 1477864163  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Stevens, Douglas K CNP\*\***

Gender: Male  
NPI: 1013474824  
License: OH APRN.CNP.024355  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Cook, Kaley DNP\*\***

(757) 251-0879

Gender: Female  
NPI: 1588433692  
License: VA 0024189265  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## **Dietrich, Cecile NP\*\***

(540) 344-5300  
Gender: Female  
NPI: 1578024824  
License: VA 0024177453  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Doctor On Demand\*\***

(800) 929-0926

## **Website:**

www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor on Demand Professionals of California PC\*\***

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor on Demand Professionals of New Jersey PC\*\***

(800) 929-0926

## **Website:**

www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor On Demand Professionals PC\*\***

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doty, Suzanna PMHNP\*\***

(757) 251-0879

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
 NPI: 1962285528  
 License: VA 0024187899  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **Eynon, Michelle MD\*\***

(757) 251-0879  
 Gender: Female  
 NPI: 1427294552  
 License: VA 0024167705  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-7:00 PM  
 Tuesday: 8:30 AM-7:00 PM  
 Wednesday: 8:30 AM-7:00 PM  
 Thursday: 8:30 AM-7:00 PM  
 Friday: 9:00 AM-4:30 PM

## **Family Focus Inc\*\***

(804) 261-2090  
 Website:  
[www.familyfocusinc.com](http://www.familyfocusinc.com)  
 Practice Focus: Virtual Care - Audio only, Medication Management  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **Hale, Melissa NP\*\***

Gender: Female  
 NPI: 1285117044  
 License: VA 0241000568  
 Website:  
[www.familyfocusinc.com](http://www.familyfocusinc.com)  
 Practice Focus: Virtual Care - Audio only, Medication Management  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **Joyner, Rose MSN\*\***

Gender: Female  
 NPI: 1508239526  
 License: VA 0001211080  
 Website:  
[www.familyfocusinc.com](http://www.familyfocusinc.com)  
 Practice Focus: Virtual Care - Audio only, Medication Management  
 Age 18 to 75  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **Lansbury, Susan L NP\*\***

Gender: Female  
 NPI: 1619043908  
 License: VA 0024140447  
 Website:  
[www.familyfocusinc.com](http://www.familyfocusinc.com)  
 Practice Focus: Virtual Care - Audio only, Medication Management  
 French  
 Age 21 and under  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **Genesis Counseling Center\*\***

(757) 564-3100  
 NPI: 1164451399  
 Website:  
[www.genescounselingcenter.com](http://www.genescounselingcenter.com)  
 Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

(757) 827-7707

## **Short, Shara FNP\*\***

Gender: Female  
 NPI: 1366045023  
 License: VA 0001235807  
 Website:  
[www.genescounselingcenter.com](http://www.genescounselingcenter.com)  
 Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
 Spanish  
 Age 13 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **Gericare LLC\*\***

(815) 501-6104  
 NPI: 1215728340  
 Practice Focus: Home Visits  
 Nursing Home Visits Only  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **Hardford, Jo PMHNP\*\***

(757) 251-0879

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
NPI: 1649133612  
License: VA 0001316974  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## **Huebner, Megan C APRN**

7025 Harbour View Blvd  
Ste 118  
Suffolk, VA 23435  
(513) 853-8520  
Gender: Female  
NPI: 1851025159  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Inspiration Health  
Addiction Treatment  
Center LLC\*\***  
(757) 938-3654

## **Shackleford, Tiara NP\*\***

Gender: Female  
NPI: 1619521747  
License: NC 272154  
Website:  
www.inspirationhatc.com  
Practice Focus: Mental Health Counselor, Addictions/  
Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Legacy Care LLC\*\***

(804) 379-3835  
**Anderson, Kathleen M NP\*\***  
Gender: Female  
NPI: 1104157650  
License: VA 0024164345  
Practice Focus: Nursing Home Nursing Home Visits Only  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Han, Fei NP\*\***

Gender: Female  
NPI: 1669837118  
License: VA 0024173125  
Practice Focus: Nursing Home Nursing Home Visits Only  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lifetime Womens Health and Wellness Center PC**

1037 Champions Way  
Ste 300  
Suffolk, VA 23435  
(757) 335-7165  
NPI: 1093068371  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Main Street Physicians**

157 N Main St  
Ste A  
Suffolk, VA 23434  
(757) 925-1866

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mid Atlantic Long Term Care\*\***

(757) 354-2885

## **Maddrey-Boyd, Ashley FNP\*\***

Gender: Female  
NPI: 1811618697  
License: VA 0024185131  
Practice Focus: Nursing Home, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ripley, Kathryn NP\*\***

Gender: Female  
NPI: 1952881948  
Practice Focus: Nursing Home, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Mid-Atlantic Womens's Care PLC

2050 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 539-3911

### King, Amy NP

Gender: Female  
NPI: 1346442472  
License: VA 0024167201  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1699365072  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mountain Spring Vascular LLC

3907 Bridge Rd  
Suffolk, VA 23435  
(888) 628-8272

NPI: 1639770621  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

3907 Bridge Rd  
Ste 101  
Suffolk, VA 23435  
(757) 437-2882

NPI: 1639770621  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nephrology Associates of Tidewater Ltd

2790 Godwin Blvd  
Ste 255  
Suffolk, VA 23434  
(757) 925-0637

### Brooks, Yolanda NP

Gender: Female  
NPI: 1285126219  
License: VA 0024175846  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1518990423  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5140 River Club Dr  
Ste 102

Suffolk, VA 23435  
(757) 977-1110  
NPI: 1518990423  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SaVida Health PC\*\*

(833) 356-4080

## Davidson, Shannon FNP\*\*

Gender: Female  
NPI: 1053571562  
License: VA 0024167546  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Glass, Jessica FNP\*\*

Gender: Female  
NPI: 1649852393  
License: VA 0001241952  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1548739170  
Website: [savidahealth.com](http://savidahealth.com)  
Practice Focus: Virtual Care - Store-and-forward, Virtual Care - Secure Text Messaging, Virtual Care - Remote monitoring, Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Virtual Care - Audio only, Substance Abuse & Alcohol Abuse Center (Outpatient), Home Visits, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Specialists for Women

2050 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 539-3911

### King, Amy NP

Gender: Female  
NPI: 1346442472  
License: VA 0024167201  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Talk Work Heal Health

**Wellness INC\*\***  
(804) 418-3581

### Dobbins, Garvey PMHNP\*\*

Gender: Male  
NPI: 1285351015  
License: VA 0001220142  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1801569918  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### The Empowerment Center LLC\*\*

(757) 956-1533

Practice Focus: Psychosocial Rehabilitation (PSR), Mental health skill building, In-Home Support Services, Cultural Competency Trained, Community-Based Treatment Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Williams, Veronica NP\*\*

Gender: Female  
NPI: 1760052146  
License: VA 0024181165  
Practice Focus: Psychosocial Rehabilitation (PSR), Mental health skill building, In-Home Support Services, Cultural Competency Trained, Community-Based Treatment Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Transformation Health Services LLC\*\*

(757) 490-6463

### Johnson, Archelle NP\*\*

Gender: Female  
NPI: 1003569898  
License: VA 0024183604  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Bipolar, Anxiety Disorder, ADHD, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
NPI: 1508373812  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Bipolar, Anxiety Disorder, ADHD, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Urology of Virginia PLLC

7185 Harbour Towne Pkwy S  
Ste 200  
Suffolk, VA 23435  
(757) 457-5100

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Anderson, Sarah E NP

Gender: Female  
 NPI: 1639723893  
 License: VA 0001193404  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Austria, Kristin NP

Gender: Female  
 NPI: 1750893434  
 License: VA 0024175573  
 Spanish  
*Established patients only*  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Gilbert, Matthew NP

Gender: Male  
 NPI: 1114442910  
 License: VA 0001246176  
*Established patients only*  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Jones, Tysheena L NP

Gender: Female  
 NPI: 1427590538  
 License: VA 0024174111  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

7185 Harbour Towne Pkwy S  
 Suffolk, VA 23435  
 (757) 457-5100

## Munoz, Sara NP

Gender: Female  
 NPI: 1023886405  
 License: VA 0024188884  
 Mental/Physical Impairment Services  
 Handicap Accessible: Building, Parking, Restroom  
 Services for hearing impaired: TTY, ASL  
 Public Transport: Bus  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Virginia Oncology Associates

2790 Godwin Blvd  
 Ste 101  
 Suffolk, VA 23434  
 (757) 539-0670

## Doggett, Jessica E NP

Gender: Female  
 NPI: 1437567005  
 License: VA c0001224450  
 Age 18 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-4:30 PM  
 Tuesday: 8:30 AM-4:30 PM  
 Wednesday: 8:30 AM-4:30 PM  
 Thursday: 8:30 AM-4:30 PM  
 Friday: 8:30 AM-4:30 PM

3910 Bridge Rd  
 Ste 400  
 Suffolk, VA 23435  
 (757) 484-0125

## Doggett, Jessica E NP

Gender: Female  
 NPI: 1437567005  
 License: VA c0001224450  
 Age 18 and up  
 Handicap Accessible: Building, Restroom  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd  
 Ste 105  
 Suffolk, VA 23435  
 (757) 484-0125

NPI: 1417929639  
 Website:  
 www.virginiacancer.com  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Waterside Psychiatry LLC

425 W Washington St  
 Ste 4  
 Suffolk, VA 23434  
 (757) 209-4607

## Umejei Ogbolu, Chika NP

Gender: Female  
 NPI: 1528549219  
 License: VA 0001256490  
 Website:  
 www.watersidepsychiatry.com  
 Practice Focus: Post-Traumatic Stress Disorder (PTSD), Medication Management, Depression, Bipolar, Anxiety Disorder, ADD/ADHD  
 Limited Handicap Accessibility  
 Mental/Physical Impairment Services  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

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# Other Health Care Providers

## Umejei, Uche NP

Gender: Female  
NPI: 1336100809  
License: VA 0001144941  
Website:  
www.watersidepsychiatry.com  
Practice Focus: Post-Traumatic Stress Disorder (PTSD), Medication Management, Depression, Bipolar, Anxiety Disorder, ADD/ADHD  
Limited Handicap Accessibility  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1477303790  
Website:  
www.watersidepsychiatry.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Nursing Care Agency

**1st Americare LLC\*\***  
(732) 277-8100

NPI: 1932720943  
License: VA HCO 0001868  
Practice Focus: Home Visits  
Urdu, Spanish, Punjab, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## A Generous Heart Home Care LLC\*\*

(757) 964-7451  
NPI: 1003442823  
License: VA HCO 0002310  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-12:00 PM  
Tuesday: 12:00 AM-12:00 PM  
Wednesday: 12:00 AM-12:00 PM  
Thursday: 12:00 AM-12:00 PM  
Friday: 12:00 AM-12:00 PM  
Saturday: 12:00 AM-12:00 PM  
Sunday: 12:00 AM-12:00 PM

## A Special Touch Home Health Care LLC\*\*

(757) 484-4005

NPI: 1568016210  
License: VA HCO 0002134  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## A+ Home Care\*\*

(703) 402-1872  
Office Languages: Spanish  
NPI: 1649752445  
License: VA HCO 0001957  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Tigrinya, Spanish, Arabic, Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## All 4 One Home Healthcare Services Inc\*\*

(757) 962-7838

NPI: 1598932188  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## All Ways There Home Care\*\*

(757) 591-0020  
NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## Alliance Home Health Care LLC\*\*

(703) 486-4074

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1407436728  
 License: VA HCO0002590  
 Practice Focus: Home Visits  
 Age 21 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 Saturday: 9:00 AM-1:00 PM

## Alpha Home Care Services LLC\*\*

(703) 559-3597  
 NPI: 1801265277  
 License: VA HCO 0001291  
 Practice Focus: Home Visits  
 Urdu, Panjabi, Hindi  
 Age 7 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## AmeriCare Health LLC\*\*

(202) 604-1610

NPI: 1639889512  
 License: VA HCO 0003199  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Korean, French  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 Saturday: 9:00 AM-5:00 PM  
 Sunday: 9:00 AM-5:00 PM

## AMERICAS BEST HOME HEALTHCARE LLC\*\*

(703) 989-6806  
 NPI: 1225405079  
 License: VA HCO 251501  
 Practice Focus: Home Visits  
 Spanish, Amharic  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## An Angels Touch Healthcare Service\*\*

(757) 904-0107

NPI: 1699200287  
 License: VA HCO 0001708  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Spanish  
 Age 5 to 95  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Angelic Touch Healthcare Services\*\*

(757) 937-9569  
 NPI: 1063957199  
 License: VA HCO 251653  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-4:30 PM  
 Tuesday: 8:00 AM-4:30 PM  
 Wednesday: 8:00 AM-4:30 PM  
 Thursday: 8:00 AM-4:30 PM  
 Friday: 8:00 AM-4:30 PM

## Angels for Life Health Care LLC\*\*

(804) 522-6640

NPI: 1699388082  
 License: VA HCO0002412  
 Practice Focus: Virtual Care - Audio/Visual  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-3:30 PM  
 Tuesday: 9:00 AM-3:30 PM  
 Wednesday: 9:00 AM-3:30 PM  
 Thursday: 9:00 AM-3:30 PM  
 Friday: 9:00 AM-3:30 PM

## Apex Care LLC\*\*

(202) 600-1233  
 NPI: 1750957221  
 License: VA HCO 252527  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 Saturday: 9:00 AM-12:00 PM

## Atenea Home Health Care\*\*

(757) 279-0987

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1518639145  
License: VA HCO252558  
Practice Focus: Home Visits  
Spanish, Portuguese, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## **Better Tomorrow Home Health Care LLC\*\***

(757) 406-3595  
NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean,  
German, French  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

## **Briggs Home Health Agency\*\***

(757) 628-1011

NPI: 1790037554  
License: VA HCO 0000881  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **BrightStar Care of Roanoke\*\***

(540) 566-5888  
Practice Focus: Home Visits  
Spanish, Korean, German,  
French, Chinese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Call RNS, LLC\*\***

(240) 882-6135

NPI: 1821464355  
License: VA HCO0001344  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Care Advantage Inc\*\***

(804) 323-9464  
NPI: 1386713303  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Care With Dignity At Home LLC\*\***

(703) 705-7707

NPI: 1023897865  
License: VA HCO263405  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Care with Empathy LLC\*\***

(757) 237-6711  
NPI: 1366212201  
License: VA HCO 0005458  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Caring For You Homecareservices LLC\*\***

(757) 455-8920  
NPI: 1841469087  
License: VA HCO 0000467  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-5:30 PM  
Tuesday: 9:30 AM-5:30 PM  
Wednesday: 9:30 AM-5:30 PM  
Thursday: 9:30 AM-5:30 PM  
Friday: 9:30 AM-5:30 PM

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\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## CARING4U HOME CARE LLC\*\*

(571) 436-5199  
 NPI: 1134090830  
 License: VA HCO0006065  
 Practice Focus: Home Visits  
 Twi, Spanish  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## CBN Healthcare Services Inc\*\*

(571) 398-2600  
 NPI: 1518208388  
 License: VA HCO 0001026  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Spanish, Arabic  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## CCPS Health LLC\*\*

(703) 587-4343

NPI: 1144991696  
 License: VA HCO 0005179  
 Practice Focus: Home Visits  
 Spanish  
 Age 99 and under  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## CHARITY CARE HOME HEALTH\*\*

(757) 226-9916  
 NPI: 1033427448  
 License: VA HCO 0001591  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Continuum Pediatric Nursing Services\*\*

(703) 592-3983

NPI: 1689638488  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Elite Home Health Care Inc\*\*

(757) 562-2000  
 NPI: 1699220723  
 License: VA HCO 0001521  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Excelsior Infusion & Home Care LLC\*\*

(757) 704-4405  
 NPI: 1912623943  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-4:00 PM  
 Tuesday: 8:00 AM-4:00 PM  
 Wednesday: 8:00 AM-4:00 PM  
 Thursday: 8:00 AM-4:00 PM  
 Friday: 8:00 AM-1:00 PM

## Fairfax Home Health Care LLC\*\*

(703) 546-8555  
 NPI: 1063767523  
 License: VA HCO 0000911  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Five Diamonds Home Health LLC\*\*

(703) 208-7352  
 NPI: 1326889437  
 License: VA HCO 0005342  
 Vietnamese  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

## Grace Home Healthcare LLC\*\*

(703) 865-7370

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

**HEALTHY HEARTS HOME  
HEALTHCARE LLC\*\***  
(804) 479-3709  
NPI: 1184159584  
License: VA HCO 251794  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**HLA Home Care LLC\*\***  
(757) 673-3200

NPI: 1154848729  
License: VA HCO 0001740  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **JOY HOME HEALTH CARE LLC\*\***

(703) 869-1671  
NPI: 1073093563  
License: VA HCO 0001978  
Practice Focus: Home Visits  
Arabic  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**Joyful Home Care LLC\*\***  
(804) 801-9184

NPI: 1316642416  
License: VA HCO 263289  
Practice Focus: Home Visits  
Age 12 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 8:00 AM-12:00 PM

## **KES Integrated Services INC\*\***

(703) 935-9442  
NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Loving Angels Health Care  
LLC\*\***  
(571) 581-0910

NPI: 1679122915  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish, Chinese  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**MALIJO\*\***  
(571) 385-5737  
NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German,  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**McKenzie Care Associates  
LLC\*\***  
(757) 279-0594

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1982447710  
 License: VA HCO 0005652  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**MOORE HEARTS MOORE HANDS HOME HEALTHCARE\*\***

(757) 550-8080  
 NPI: 1285450353  
 License: VA HCO 0005618  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Murphys Absolute Home Care LLC\*\***

(757) 769-4380

NPI: 1548753833  
 License: VA HCO252633  
 Practice Focus: Home Visits  
 Age 13 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-3:00 PM  
 Tuesday: 8:00 AM-3:00 PM  
 Wednesday: 8:00 AM-3:00 PM  
 Thursday: 8:00 AM-3:00 PM  
 Friday: 8:00 AM-3:00 PM

**NEST HOME CARE LLC\*\***

(571) 598-9450  
 NPI: 1104672278  
 License: VA HCO 0005506  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Nurse Next Door Norfolk VA\*\***

(757) 974-8419

NPI: 1265287205  
 License: VA HCO 0005611  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM  
 Saturday: 8:00 AM-5:00 PM  
 Sunday: 8:00 AM-5:00 PM

**Nurturing Hearts Home Healthcare LLC\*\***

(757) 364-1754  
 NPI: 1033745880  
 License: VA HCO 0002307  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

**Patients Choice Home Healthcare\*\***

(757) 424-4000

NPI: 1538515937  
 License: VA HCO 0001566  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM  
 Saturday: Closed-Closed  
 Sunday: Closed-Closed

**Prestige Home Health Care Agency and Services LLC\*\***

(757) 358-7357  
 NPI: 1508316597  
 License: VA HCO 0001658  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Priority Home Healthcare of Virginia LLC\*\***

(757) 937-2562

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1225795685  
License: VA HCO 0002710  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **RAISING HOPE LLC\*\***

(757) 956-6088  
NPI: 1609346444  
License: VA HCO 0005731  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **Reigning Ivory Healthcare LLC\*\***

(757) 805-5500  
NPI: 1922796762  
License: VA HCO 0005407  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ROSSYBRIGHT LLC\*\***

(703) 647-3886  
NPI: 1811358328  
License: VA HCO0001568  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
Saturday: 10:00 AM-6:00 PM

## **Signature Nursing at Home\*\***

(757) 797-4334  
NPI: 1700372216  
License: VA HCO 0002170  
Practice Focus: Home Visits  
Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Simplicity Healthcare\*\***

(571) 541-7116

NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## **Sunrise Horizon Home Healthcare LLC\*\***

(757) 297-9510  
NPI: 1174224141  
License: VA HCO 263343  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## **Superior Home Health Care LLC\*\***

(757) 295-1140

NPI: 1972263606  
License: VA HCO0002706  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Trusted Nurse Homecare\*\***

(202) 403-9147  
NPI: 1659241685  
License: VA HCO 0006115  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **XCELLENCE HEALTH AND SUPPORT SERVICES INC\*\***

(757) 685-1913  
NPI: 1366290926  
License: VA HCO 0005768  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Occupational Medicine Clinic/Center

### Ivyrehab SEPT LLC

1000 Knotts Pointe Ln  
Ste 103  
Suffolk, VA 23435  
(757) 530-4011  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 7:00 AM-3:30 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 7:00 AM-4:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 7:00 AM-4:00 PM

150 Burnetts Way  
Ste 230  
Suffolk, VA 23434  
(757) 942-2022  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: ASL  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Play to Grow PLLC\*\***  
(757) 651-1137

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Occupational Therapist

### Blue Mountain Therapy\*\*

(276) 525-6043  
NPI: 1497330401  
Website:  
[www.bluemountaintherapy.com](http://www.bluemountaintherapy.com)  
Practice Focus: Home Visits, Early Intervention Services, Cultural Competency Trained, Child/ Pediatric  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

### Childrens Therapy

**Concepts LLC\*\***  
(757) 776-3088

### Bowen, Nicole OT\*\*

Gender: Female  
NPI: 1083170823  
License: VA 0119007992  
Practice Focus: Home Visits, Early Intervention Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Bradley, Carey\*\*

Gender: Female  
NPI: 1598322372  
License: VA 0119008173  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Branson, Madison OT\*\*

Gender: Female  
NPI: 1104456516  
License: VA 0119008453  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Craft, Lacie OT\*\*

Gender: Female  
NPI: 1508479544  
License: VA 0119009005  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Harlow, Amanda OT\*\*

Gender: Female  
NPI: 1093377087  
License: VA 0119008258  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hill, Brooke\*\*

Gender: Female  
NPI: 1407494024  
License: NC 12371  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Llewellyn, Catherine C OT\*\*

Gender: Female  
NPI: 1780151704  
License: VA 0119007914  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Grace Home Healthcare LLC\*\*

(703) 865-7370  
NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

## Ivyrehab for Kids

1001 Centerbrooke Ln  
Ste 103  
Suffolk, VA 23434  
(757) 774-5600

## Anderson, Marissa MOT

Gender: Female  
NPI: 1265843064  
License: VA 0119010171  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1194925818  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pitonyak, Chelsea

Gender: Female  
NPI: 1316467145  
License: VA 0119007184  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wessel Isabella

Gender: Female  
NPI: 1548089162  
License: VA 0119010785  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

7025 Harbour View Blvd  
Ste 108B  
Suffolk, VA 23435  
(757) 974-8282

NPI: 1194925818  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Monahan, Virginia L

Gender: Female  
NPI: 1881274124  
License: VA 0119009034  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jo Tibbetts, Stevie OT\*\*

(757) 776-3088  
Gender: Female  
NPI: 1629564109  
License: VA 0119006589  
Practice Focus: Home Visits, Early Intervention Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## JP Therapy LLC

5833 Harbour View Blvd  
Ste D  
Suffolk, VA 23435  
(757) 455-5000

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Practice Focus: Early Intervention Services  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Play to Grow PLLC\*\***

(757) 651-1137

## **Carroll, Dana B OT\*\***

Gender: Female  
NPI: 1811151475  
License: VA 0119002296  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hayden, Andrea OT\*\***

Gender: Female  
NPI: 1043431083  
License: VA 0119003743  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Snead, Colleen OT\*\***

(757) 776-3088  
Gender: Female  
NPI: 1376294744  
License: VA 0119008498  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Spectrum Transformation**

**Group\*\***  
(804) 378-6141

## **Fronczak, Grace OTD\*\***

Gender: Female  
NPI: 1831755636  
License: VA 0119008188  
Website:  
www.spectrumtgrp.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Autism  
Age 2 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Haley, Kaitlyn OT\*\***  
Gender: Female  
NPI: 1861987554  
License: VA 0119007761  
Website:  
www.spectrumtgrp.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Autism  
Age 2 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Thayer, Samantha\*\***

(757) 776-3088  
Gender: Female  
NPI: 1508319187  
License: VA 0119007489  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## **Occupational Therapy Assistant**

## **Childrens Therapy Concepts LLC\*\***

(757) 776-3088

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Garrou, Katrina OTA\*\***

Gender: Female  
NPI: 1457086589  
License: VA 0131002714  
Practice Focus: Home Visits, Early Intervention Services  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Little, Katie OTA\*\***

Gender: Female  
NPI: 1174293757  
License: VA 0131002570  
Practice Focus: Home Visits, Early Intervention Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Puryear, Kortney OTA\*\***

(757) 776-3088

Gender: Female  
NPI: 1881461663  
License: VA 0131002587  
Practice Focus: Home Visits, Early Intervention Services  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Reid, Katherine OTA\*\***

(757) 776-3088  
Gender: Female  
NPI: 1346647534  
License: VA 0131001197  
Practice Focus: Home Visits, Early Intervention Services  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rountree, Erin OTA\*\***

(757) 776-3088

Gender: Female  
NPI: 1558042770  
License: VA 0131002859  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## **Pastoral Counselor**

### **Wholehearted Counseling PC\*\***

(757) 578-2985  
**Shannon, Donna LPC\*\***  
Gender: Female  
NPI: 1699001727  
License: VA 0701007796  
Website: www.wholeheartedcounselinghr.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Anxiety/Depression, Adjustment Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1093202541  
Website: www.wholeheartedcounselinghr.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Anxiety/Depression, Adjustment Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

---

## **Pediatric Nurse Practitioner**

**CHKD Healthy You For Life**  
5834 Harbour View Blvd  
Suffolk, VA 23435  
(757) 668-7035  
**Anderson, Debra CPNP**  
Gender: Female  
NPI: 1376819573  
License: VA 0001115130  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## **Nansemond Pediatrics**

1005 Commercial Ln  
Ste 220  
Suffolk, VA 23434  
(757) 668-2600

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **April Ortega, Jean NP**

NPI: 1205626918  
License: VA 0024193480  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Suffolk Pediatrics**

1009 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 668-2250

## **Henry, Shannon NP**

Gender: Female  
NPI: 1225649742  
License: VA 0024179769  
Mental/Physical Impairment  
Services  
Handicap Accessible: Building,  
Parking, Restroom  
Services for hearing impaired:  
TTY, ASL  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Office Languages: Spanish,  
Italian, German, French  
**Hernandez, Daphne CPNP**  
Gender: Female  
NPI: 1518292127  
License: VA 0024165148  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1790830487  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1009 Hillpoint Blvd N  
Suffolk, VA 23434  
(757) 668-7873

## **Ross, Katherine NP**

Gender: Female  
NPI: 1386407815  
License: VA 0001265032  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tidewater Children's Associates**

5835 Harbour View Blvd  
Ste B  
Suffolk, VA 23435  
(757) 668-6050  
**Bielski, Alexis NP**  
Gender: Female  
NPI: 1154874832  
License: VA 0024193137  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Hamilton, Amber NP**

Gender: Female  
NPI: 1538801642  
License: VA 0001245673  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McCue, Ellen W PNP**

Gender: Female  
NPI: 1578752283  
License: VA 0001307392  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Miller, Jeanne FNP**

Gender: Female  
NPI: 1417048661  
License: VA 0001126378  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## **Physical Therapist**

**Blue Mountain Therapy\*\***  
(276) 525-6043

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1497330401

Website:

www.bluemountaintherapy.com

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services, Cultural Competency Trained, Child/ Pediatric

Age 64 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-5:30 PM

## Childrens Therapy Concepts LLC\*\*

(757) 776-3088

NPI: 1043769615

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services

Age 18 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Federico, Sandra PT\*\*

Gender: Female

NPI: 1043843667

License: VA 2305213446

Practice Focus: Virtual Care - Audio/Visual

Age 18 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Garby, Victoria PT\*\*

Gender: Female

NPI: 1144059783

License: VA 2305216552

Practice Focus: Virtual Care - Audio/Visual

Age 18 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Harmon, Eleanor PT\*\*

Gender: Female

NPI: 1710760350

License: VA 2305215735

Practice Focus: Home Visits, Early Intervention Services

Age 3 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Karker, Sara PT\*\*

Gender: Female

NPI: 1962926741

License: VA 2305209425

Practice Focus: Virtual Care - Audio/Visual

Age 18 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Mallon, Kim PT\*\*

Gender: Female

NPI: 1982906202

License: VA 2305204928

Practice Focus: Virtual Care - Audio/Visual

Age 18 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Eastern Virginia Ear Nose and Throat Specialists

1037 Champions Way

Ste 100

Suffolk, VA 23435

(757) 465-3106

NPI: 1982656088

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Grace Home Healthcare LLC\*\*

(703) 865-7370

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1073904009  
 License: VA HCO 0001309  
 Practice Focus: Home Visits  
 Tagalog, Spanish, Korean  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 8:30 AM-5:00 PM  
 Tuesday: 8:30 AM-5:00 PM  
 Wednesday: 8:30 AM-5:00 PM  
 Thursday: 8:30 AM-5:00 PM  
 Friday: 8:30 AM-5:00 PM  
 Saturday: 8:30 AM-5:00 PM

## Ivyrehab for Kids

1001 Centerbrooke Ln  
 Ste 103  
 Suffolk, VA 23434  
 (757) 774-5600

## Arrington, Lauren N PT

Gender: Female  
 NPI: 1578122446  
 License: VA 2305212752  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 NPI: 1194925818  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

1009 Centerbrooke Ln  
 Ste 103  
 Suffolk, VA 23434  
 (757) 774-5600

NPI: 1194925818  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
**Mayer, Abigail F**  
 Gender: Female  
 NPI: 1649851122  
 License: VA 2305214474  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Office Hours:  
 Monday: 7:00 AM-7:00 PM  
 Tuesday: 7:00 AM-7:00 PM  
 Wednesday: 7:00 AM-7:00 PM  
 Thursday: 7:00 AM-7:00 PM  
 Friday: 7:00 AM-5:00 PM

7025 Harbour View Blvd  
 Ste 108B  
 Suffolk, VA 23435  
 (757) 974-8282

## Arrington, Lauren N PT

Gender: Female  
 NPI: 1578122446  
 License: VA 2305212752  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 NPI: 1194925818  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Patel, Keya

Gender: Female  
 NPI: 1801586987  
 License: VA 2305215715  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 Saturday: Closed-Closed  
 Sunday: Closed-Closed

7025 Harbour View Blvd  
 Ste 108

Suffolk, VA 23435  
 (757) 974-8282

## Kaitlyn Davis

Gender: Female  
 NPI: 1992689350  
 License: VA 2305217281  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Mitchell, Shelley PT\*\*

(757) 776-3088

Gender: Female  
 NPI: 1891579918  
 License: VA 2305212048  
 Practice Focus: Home Visits,  
 Early Intervention Services  
 Age 3 and under  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Murphy, Colette PT\*\*

(757) 776-3088  
 Gender: Female  
 NPI: 1942075510  
 License: VA 2305212058  
 Practice Focus: Home Visits,  
 Early Intervention Services  
 Age 3 and under  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Paulette, Ashlyn PT\*\*

(757) 776-3088

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
NPI: 1790479293  
License: VA 2305215833  
Practice Focus: Home Visits, Early Intervention Services  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Play to Grow PLLC\*\***

(757) 651-1137

## **Breckner, Andrea PT\*\***

Gender: Female  
NPI: 1841738325  
License: VA 2305004285  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Shadle, Marie L PT\*\***

(757) 776-3088

Gender: Female  
NPI: 1205952041  
License: VA 2305204331  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Smithson, Makenzi PT\*\***

(757) 776-3088

Gender: Female  
NPI: 1023588357  
License: VA 2305212540  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Urology of Virginia PLLC**

7185 Harbour Towne Pkwy S Ste 200  
Suffolk, VA 23435  
(757) 457-5100

## **Glance, Erin M PT**

Gender: Female  
NPI: 1629056791  
License: VA 2305003722  
Practice Focus: Cultural Competency Trained  
*Established patients only*  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Waasdrop, Ilana\*\***

(757) 776-3088

Gender: Female  
NPI: 1720425549  
License: VA 2305212941  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## **Physician Assistant**

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## **Ascend Polywellness Center LLC\*\***

(678) 507-4370

## **Ncho, Anong PA\*\***

Gender: Male  
NPI: 1346543212  
License: TX PA08806  
Website:  
ascendpolywellness.com  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained, Anxiety/Depression, (IOP) Intensive Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Avenues to Wellness\*\***

(540) 345-6468  
NPI: 1861583791  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Schizophrenia, Post Partum Depression, Mood Disorders, Medication Management, Depression, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Richardson, Amanda E PAC\*\*

Gender: Female  
 NPI: 1578953303  
 License: VA 0110006221  
 Practice Focus: Virtual Care - Audio/Visual, Suboxone, Schizophrenia, Post Partum Depression, Mood Disorders, Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Anxiety Disorder  
 Age 6 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:00 AM-5:00 PM  
 Tuesday: 7:00 AM-5:00 PM  
 Wednesday: 7:00 AM-5:00 PM  
 Thursday: 7:00 AM-5:00 PM  
 Friday: 7:00 AM-5:00 PM

## Sharp, Molly PAC\*\*

Gender: Female  
 NPI: 1922257088  
 License: VA 0110002907  
 Practice Focus: Virtual Care - Audio/Visual, Suboxone, Schizophrenia, Post Partum Depression, Mood Disorders, Medication Management, Depression, Cultural Competency Trained, Bipolar, Anxiety/Depression  
 Hindi  
 Age 18 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:30 AM-5:00 PM  
 Tuesday: 7:30 AM-5:00 PM  
 Wednesday: 7:30 AM-5:00 PM  
 Thursday: 7:30 AM-5:00 PM  
 Friday: 7:30 AM-5:00 PM

## Bon Secours Medical Group Hampton Roads Specialty Care LLC

1020 Bon Secours Dr Ste 240  
 Suffolk, VA 23435  
 (757) 943-3030  
 NPI: 1629637475  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Wild, Christy B PA

Gender: Female  
 NPI: 1588810519  
 License: NC 0010 10947  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

2012 Meade Pkwy  
 Suffolk, VA 23434  
 (757) 673-5680

## Brillhart, Jon C PA

Gender: Male  
 NPI: 1417959693  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Miller, Jason R PA

Gender: Male  
 NPI: 1992727051  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd Ste 290

Suffolk, VA 23435  
 (757) 541-1700  
 NPI: 1629637475  
 Handicap Accessible: Parking, Restroom  
 Public Transport: Bus  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## King, Renee M PA

Gender: Female  
 NPI: 1922481084  
 License: VA 0110005011  
 Age 99 and under  
 Handicap Accessible: Parking, Restroom  
 Public Transport: Bus  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

5838 Harbour View Blvd Ste 100

Suffolk, VA 23435  
 (757) 673-5680

## Brillhart, Jon C PA

Gender: Male  
 NPI: 1417959693  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Miller, Jason R PA

Gender: Male  
 NPI: 1992727051  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd Ste 270

Suffolk, VA 23435  
 (757) 541-1050  
**King, Renee M PA**  
 Gender: Female  
 NPI: 1922481084  
 License: VA 0110005011  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

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\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Thibodeau, Daniel T PA

Gender: Male  
NPI: 1396760930  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

5838 Harbour View Blvd  
Ste 240  
Suffolk, VA 23435  
(757) 483-3030

## Meloche, Kristine PAC

Gender: Female  
NPI: 1275301335  
License: VA 0110010201  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Bon Secours Surgical Specialists

1002 Bon Secours Dr  
Suffolk, VA 23435  
(757) 541-1177

## O'Connor, Abby PA

Gender: Female  
NPI: 1164931309  
License: VA 0110005925  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Center for Care and Resiliency\*\*

(540) 344-5300  
NPI: 1053902742  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Schizophrenia, Psychology, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders, Home Visits, Depression, Anxiety Disorder  
Limited Handicap Accessibility  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Chesapeake Bay ENT

1005 Commercial Ln  
Ste 230  
Suffolk, VA 23434  
(757) 935-1400

## Boateng, Collins PAC

Gender: Male  
NPI: 1629502257  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1069 Centerbrooke Ln  
Ste 200

Suffolk, VA 23434  
(757) 935-1400  
NPI: 1013106541  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Childrens Specialty Group PLLC

5835 Harbour View Blvd  
Suffolk, VA 23435  
(757) 668-6050

NPI: 1255354130

Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

7021 Harbour View Blvd  
Suffolk, VA 23435  
(757) 668-8922

## Hall, Rebecca PA

Gender: Female  
NPI: 1033352547  
License: VA 0110002359  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Shaw, Mae PA

Gender: Female  
NPI: 1275856916  
License: VA 0110004339  
Practice Focus: Virtual Care - Audio/Visual  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: ASL  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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# Other Health Care Providers

## Claytor Memorial Clinic\*\*

(540) 400-7495  
 NPI: 1689180200  
 Website:  
[www.claytormemorialclinic.com](http://www.claytormemorialclinic.com)  
 Practice Focus: Virtual Care - Audio/Visual, Child & Adolescent Psychiatry  
 Limited Handicap Accessibility  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:

Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Schneider, Matthew W PA\*\*

Gender: Male  
 NPI: 1750703674  
 License: VA 0110004471  
 Website:  
[www.claytormemorialclinic.com](http://www.claytormemorialclinic.com)

Practice Focus: Virtual Care - Audio/Visual, Child & Adolescent Psychiatry  
 Limited Handicap Accessibility  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

## Conquest Health PLLC\*\*

(571) 556-8205

## McGregor, Cash A PA\*\*

Gender: Male  
 NPI: 1740908250  
 Website:  
[www.conquesthealth.org](http://www.conquesthealth.org)  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

## Doctor On Demand\*\*

(800) 929-0926  
 Website:  
[www.doctorondemand.com](http://www.doctorondemand.com)  
 Practice Focus: Virtual Care - Audio/Visual  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:

Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of California PC\*\*

(800) 929-0926

Website:  
[www.doctorondemand.com](http://www.doctorondemand.com)  
 Practice Focus: Virtual Care - Audio/Visual  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of New Jersey PC\*\*

(800) 929-0926  
 Website:  
[www.doctorondemand.com](http://www.doctorondemand.com)  
 Practice Focus: Virtual Care - Audio/Visual  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Doctor On Demand Professionals PC\*\*

(800) 929-0926

Website:  
[www.doctorondemand.com](http://www.doctorondemand.com)  
 Practice Focus: Virtual Care - Audio/Visual  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## East River Psychiatry\*\*

(276) 235-6232  
 NPI: 1689445884  
 Website:  
[www.eastriverpsychiatry.com](http://www.eastriverpsychiatry.com)  
 Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Webb Jr, Ira T PAC\*\*

Gender: Male  
NPI: 1720021447  
License: VA 0110840810  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM

## Eastern Virginia Ear Nose and Throat Specialists

1037 Champions Way  
Ste 100  
Suffolk, VA 23435  
(757) 465-3106  
NPI: 1982656088  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Eiland Behavioral Medicine PLLC\*\*

(870) 918-9792  
NPI: 1407691330  
Website:  
www.eilandbehavioralmed.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Telepsychiatry, Stress Management, Sexuality, Sexual Dysfunction, Schizophrenia, Psychotherapy, Psychiatry, Post-Traumatic Stress Disorder (PTSD)  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## Inspiration Health Addiction Treatment Center LLC\*\*

(757) 938-3654

## Munshower, Nicole PA\*\*

Gender: Female  
NPI: 1497161954  
License: VA 0110004654  
Website:  
www.inspirationhatc.com  
Practice Focus: Mental Health Counselor, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Usher, Taje PA\*\*

Gender: Female  
NPI: 1487435376  
License: VA 0001287802  
Website:  
www.inspirationhatc.com  
Practice Focus: Mental Health Counselor, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Winkler, Timothy S PA\*\*

Gender: Male  
NPI: 1083625461  
License: VA 0110001960  
Website:  
www.inspirationhatc.com  
Practice Focus: Mental Health Counselor, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Latitude Psychiatric Solutions\*\*

(757) 206-2682

## Dhillon, Meredith PA\*\*

Gender: Female  
NPI: 1427531102  
License: VA 0110006371  
Website:  
www.latitudepsych.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Spanish  
Age 6 to 81  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Main Street Physicians

157 N Main St  
Ste A  
Suffolk, VA 23434  
(757) 925-1866  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## McLean Neuropsychiatric Treatment Center LLC\*\*

(571) 378-1398  
NPI: 1356935597  
Website: mcleanntc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Transcranial  
Magnetic Stimulation (TMS),  
Psychiatry, Depression,  
Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

## Yambulatova, Dinara PA\*\*

Gender: Female  
NPI: 1457740441  
License: VA 0110004891  
Website: mcleanntc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Transcranial  
Magnetic Stimulation (TMS),  
Psychiatry, Depression,  
Cultural Competency Trained  
Russian  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

## Medical Center Radiologists Inc

5818 Harbour View Blvd  
Suffolk, VA 23435  
(757) 673-5800

## Gray, Andrew C PAC

Gender: Male  
NPI: 1942594536  
License: VA 0110003602  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mid Atlantic Long Term Specialty Care LLC

4775 Bridge Rd  
Suffolk, VA 23435  
(757) 354-2885

## Giroux, Meredith A PA

Gender: Female  
NPI: 1790138246  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mountain Spring Vascular LLC

3907 Bridge Rd  
Ste 101  
Suffolk, VA 23435  
(757) 437-2882  
NPI: 1639770621  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Addiction Specialists LLC\*\*

(757) 785-0500

## Crisp, Benjamin R PA\*\*

Gender: Male  
NPI: 1750973301  
License: VA 0110009244  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM  
NPI: 1477186336  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Nephrology Associates of Tidewater Ltd

2790 Godwin Blvd  
Ste 255  
Suffolk, VA 23434  
(757) 925-0637

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1518990423  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

5140 River Club Dr  
Ste 102  
Suffolk, VA 23435  
(757) 977-1110  
NPI: 1518990423  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Neuropsych Wellness  
Center Pc\*\***  
(703) 865-8686

NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care -  
Audio/Visual, Transcranial  
Magnetic Stimulation (TMS),  
Medication Management,  
Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Roanoke Valley Healthcare Partners**

1013 University Blvd  
Ste 270  
Suffolk, VA 23435  
(757) 335-4755

### **Lennon, John PA**

Gender: Male  
NPI: 1669581500  
License: NC 0010 08694  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Mesghina, Solomie PA**

Gender: Female  
NPI: 1780824482  
License: VA 0110002974  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Nelson, Santana PAC**

Gender: Male  
NPI: 1023276797  
License: VA 0110002783  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Willis, Darren PA**

Gender: Male  
NPI: 1982060448  
License: VA 0110005181  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **SaVida Health PC\*\***

(833) 356-4080

### **Fortune, Jennifer PA\*\***

Gender: Female  
NPI: 1033300538  
License: VA 0110002564  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1548739170

Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Seaside Behavioral Health\*\***

(757) 648-8605

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1295284255  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**SOUTHWEST REGIONAL COUNSELING SERVICES INC\*\***  
(276) 883-5050

**Dalton II, Douglas D PA\*\***  
Gender: Male  
NPI: 1255300109  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Howell, Christopher S PAC\*\***  
Gender: Male  
NPI: 1437419132  
License: VA 0110002277  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Transformation Health Services LLC\*\***  
(757) 490-6463  
**Jones, Nicholas PA\*\***  
Gender: Male  
NPI: 1073074431  
License: VA 0110006781  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Bipolar, Anxiety Disorder, ADHD, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
**Kelly, Ashley PA\*\***  
Gender: Female  
NPI: 1386105476  
License: VA 0110006783  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Bipolar, Anxiety Disorder, ADHD, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1508373812

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Bipolar, Anxiety Disorder, ADHD, Addictions/ Substance Abuse

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Virginia Eye Consultants Inc

2463 Pruden Blvd

Suffolk, VA 23434

(757) 622-2200

NPI: 1992727820

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Virginia Oncology Associates

2790 Godwin Blvd

Ste 101

Suffolk, VA 23434

(757) 539-0670

## Richardson, Erik PA

Gender: Male

NPI: 1063133320

License: VA 0110008768

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Stinnette, Amy M PA

Gender: Female

NPI: 1861539611

License: VA 0110001902

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Thompson, Angela J PA

Gender: Female

NPI: 1487650289

License: VA 0110001581

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

5838 Harbour View Blvd

Ste 105

Suffolk, VA 23435

(757) 484-0125

## Stinnette, Amy M PA

Gender: Female

NPI: 1861539611

License: VA 0110001902

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1417929639

Website:

www.virginiacancer.com

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Virginia Orthopaedic and Spine Specialists

5838 Harbour View Blvd

Ste 100

Suffolk, VA 23435

(757) 673-5680

## Duplain, Kaylah PAC

Gender: Female

NPI: 1366155665

License: VA 0110009384

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## White, Lydia PAC

Gender: Female

NPI: 1396455937

License: VA 0110009295

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Physiological Laboratory

### Alliance Neurodiagnostics LLC\*\*

(469) 208-3799

NPI: 1912318445

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

Saturday: Closed-Closed

Sunday: Closed-Closed

### Zoll Laboratory Services LLC\*\*

(408) 352-6000

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1245625904  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

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## Prosthetic/Orthotic Supplier

**Cranial Technologies Inc\*\***  
(844) 447-5894  
NPI: 1659873271  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**DJO LLC\*\***  
(866) 356-7846  
NPI: 1497731533  
License: CA BLNR004094 10 2  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Hanger Clinic\*\***  
(757) 873-1984

NPI: 1144394032  
Practice Focus: Cultural  
Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Public Health or Welfare Agency

**Suffolk City Health Dept**  
135 Hall Ave  
Ste A  
Suffolk, VA 23434  
(757) 514-4700  
Office Languages: Other  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

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## Registered Nurse- Psych/Mental Health

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**UNITED COMMUNITY  
SOLUTIONS\*\***  
(757) 410-2644

**Peterson, Brenda NP\*\***  
Gender: Female  
NPI: 1225013139  
License: VA 0024167698  
Website:  
WWW.UNITEDCOMMUNITYSO  
LUTION.COM  
Practice Focus: Post-Traumatic  
Stress Disorder (PTSD), Peer  
support services, Partial  
Hospitalization - Mental  
Health, Mobile Response  
Stabilization Support, Mobile  
crisis response (MCR), Mental  
health skill building, Mental  
Health Counselor, Medication  
Management, Intensive  
Outpatient - Mental Health,  
Intensive In-Home Services  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

Website:  
WWW.UNITEDCOMMUNITYSO  
LUTION.COM  
Practice Focus: Post-Traumatic  
Stress Disorder (PTSD), Peer  
support services, Partial  
Hospitalization - Mental  
Health, Mobile Response  
Stabilization Support, Mobile  
crisis response (MCR), Mental  
health skill building, Mental  
Health Counselor, Medication  
Management, Intensive  
Outpatient - Mental Health,  
Intensive In-Home Services  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

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## Skilled Nursing Facility

**Autumn Care of Suffolk**  
2580 Pruden Blvd  
Suffolk, VA 23434  
(757) 934-2363  
NPI: 1154307890  
License: VA NH 0002488  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train

**Carriage Hill Health and  
Rehab Center\*\***  
(540) 785-1120

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1912153164  
License: VA NH 0002528  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Excelsior Infusion & Home Care LLC\*\*

(757) 704-4405  
NPI: 1912623943  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-1:00 PM

## Highland Ridge Rehab Center\*\*

(540) 674-4193  
Office Languages: Spanish  
NPI: 1679034078  
License: VA NH 0002588  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY, ASL  
Public Transport: Bus, Subway

## Maple Grove Nursing & Rehab Center\*\*

(276) 889-0733  
NPI: 1134107212  
License: VA NH 0002622  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Nans Pointe Rehabilitation and Nursing

200 W Constance Rd  
Suffolk, VA 23434  
(757) 539-8744  
NPI: 1194474361  
License: VA NH 0002636  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Northern Cardinal Rehabilitation and Nursing

4775 Bridge Rd  
Suffolk, VA 23435  
(757) 686-0488

NPI: 1386210326  
License: VA NH 0002511  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Northern Cardinal Rehabilitation and Nursing LLC

4775 Bridge Rd  
Suffolk, VA 23435  
(757) 530-8212  
NPI: 1548028285  
License: VA NH 0002511  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Specialty Pharmacy

## Accredo Health Group Inc\*\*

(302) 395-8943

NPI: 1538281837  
License: DE A3 0011102  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Speech - Language Pathologist

## Blue Mountain Therapy\*\*

(276) 525-6043  
NPI: 1497330401  
Website:  
[www.bluemountaintherapy.com](http://www.bluemountaintherapy.com)  
Practice Focus: Home Visits, Early Intervention Services, Cultural Competency Trained, Child/ Pediatric  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Childrens Therapy Concepts LLC\*\*

(757) 776-3088

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

**Addison, Meghan ST\*\***

Gender: Female  
NPI: 1144004227  
License: VA 2202011456  
Practice Focus: Home Visits,  
Early Intervention Services  
Age 3 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Ayers, Jessica SLP\*\***

Gender: Female  
NPI: 1497478499  
License: VA 2202011040  
Practice Focus: Home Visits,  
Early Intervention Services  
Age 3 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Brafford, Kasten ST\*\***

Gender: Female  
NPI: 1083090237  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1043769615

Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Early Intervention Services  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Cohen, Catherine ST\*\***

Gender: Female  
NPI: 1821384686  
License: VA 2202006335  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Davis, Kelley ST\*\***

Gender: Female  
NPI: 1972028173  
License: VA 2202008606  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Dent, Catherine A SLP\*\***

Gender: Female  
NPI: 1699170902  
License: VA 2202007017  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Floyd, Linda ST\*\***

Gender: Female  
NPI: 1023205911  
License: VA 2202005271  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Ham, Brooklynn ST\*\***

Gender: Female  
NPI: 1669184909  
License: VA 2202010578  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Kahn, Mary K SLP\*\***

Gender: Female  
NPI: 1851339758  
License: VA 2202001249  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Light, Wendy ST\*\***

Gender: Female  
NPI: 1063649457  
License: VA 2202010879  
Practice Focus: Virtual Care - Audio/Visual  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Eastern Virginia Ear Nose and Throat Specialists**

1037 Champions Way  
Ste 100  
Suffolk, VA 23435  
(757) 465-3106

NPI: 1982656088  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Grace Home Healthcare LLC\*\***

(703) 865-7370  
NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

## **Ivyrehab for Kids**

1001 Centerbrooke Ln  
Ste 103  
Suffolk, VA 23434  
(757) 774-5600

## **Bailey, Julia SLP**

Gender: Female  
NPI: 1942042833  
License: VA 2202012089  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Clifford, Emily R**

Gender: Female  
NPI: 1538829221  
License: VA 2202010633  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cyplik, Meghan H SLP**

Gender: Male  
NPI: 1407258312  
License: VA 2202005253  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1194925818  
Handicap Services available

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Stafford, Risha E SLP**

Gender: Female  
NPI: 1457953804  
License: VA 2202005976  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

7025 Harbour View Blvd  
Ste 108  
Suffolk, VA 23435  
(757) 974-8282

## **Geller, Aubrey SLP**

Gender: Female  
NPI: 1295567089  
License: VA 2202011994  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

7025 Harbour View Blvd  
Ste 108B

Suffolk, VA 23435  
(757) 974-8282  
NPI: 1194925818  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kistler, Chelsey P SLP**

Gender: Female  
NPI: 1902375124  
License: VA 2202008724  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Roberts, Kennedy SLP**

Gender: Female  
NPI: 1932948981  
License: VA 2202012100  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Sullivan, Cortney L SLP**

Gender: Female  
NPI: 1346820602  
License: VA 2202010630  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **JP Therapy LLC**

5833 Harbour View Blvd  
Ste D  
Suffolk, VA 23435  
(757) 455-5000  
Practice Focus: Early  
Intervention Services  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Newman, Kiana ST\*\***

(757) 776-3088  
Gender: Female  
NPI: 1457190787  
License: VA 2204001378  
Practice Focus: Home Visits,  
Early Intervention Services  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Osunfisan, Danilda ST\*\***

(757) 776-3088  
Gender: Female  
NPI: 1770828022  
License: VA 2202010441  
Practice Focus: Home Visits,  
Early Intervention Services  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pediatric Therapy Studio\*\***

(703) 663-4808  
**Dolan, Damaris SLP\*\***  
Gender: Female  
NPI: 1780196212  
License: VA 2202008797  
Website:  
[www.pediatrictherapystudio.com](http://www.pediatrictherapystudio.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders  
Age 22 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-3:00 PM

## **Pelletier, Kelsie ST\*\***

(757) 776-3088

Gender: Female  
NPI: 1023538121  
License: VA 2202008909  
Practice Focus: Home Visits,  
Early Intervention Services  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Play to Grow PLLC\*\***

(757) 651-1137

## **Hartnett, Rebecca CCC SLP\*\***

Gender: Female  
NPI: 1669685269  
License: VA 2202005085  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Early Intervention Services  
Age 3 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rhodes, Tiffany CCC SLP\*\***

Gender: Female  
NPI: 1003318650  
License: VA 2202006075  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Early Intervention Services  
Age 3 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Stimeling, Kimberly CCC  
SLP\*\***  
Gender: Female  
NPI: 1245590694  
License: VA 2202005400  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Early Intervention Services  
Age 3 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Services for hearing impaired:  
TTY  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Richie, Sophia ST\*\***

(757) 776-3088

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
NPI: 1073288304  
License: VA 2202010713  
Practice Focus: Home Visits,  
Early Intervention Services  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rosner, Sarah Anne SLP\*\***

(757) 776-3088  
Gender: Female  
NPI: 1467973982  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sanderlin, Jenni ST\*\***

(757) 776-3088

Gender: Female  
NPI: 1609433010  
License: VA 2202009400  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Seay, Moriah ST\*\***

(757) 776-3088  
Gender: Female  
NPI: 1669028932  
License: VA 2202009851  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Simeck, Sheridan ST\*\***

(757) 776-3088

Gender: Female  
NPI: 1609392000  
License: VA 2202008723  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Smith, Rachel ST\*\***

(757) 776-3088  
Gender: Female  
NPI: 1588857411  
License: VA 2202008517  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sowers, Shelby ST\*\***

(757) 776-3088

Gender: Female  
NPI: 1225642853  
License: VA 2202010141  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sullivan, Morgan ST\*\***

(757) 776-3088  
Gender: Female  
NPI: 1346866191  
License: VA 2202009987  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Trahan, Anna ST\*\***

(757) 776-3088

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
NPI: 1477049914  
License: VA 2202009367  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Wallace, Kelsey ST\*\***

(757) 776-3088  
Gender: Female  
NPI: 1053160994  
License: VA 2204001335  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Wilkins, Amy ST\*\***

(757) 776-3088

Gender: Female  
NPI: 1144877366  
License: VA 2202008210  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Wilkinson, Kayla ST\*\***

(757) 776-3088  
Gender: Female  
NPI: 1457108052  
License: VA 2204001323  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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# Durable Medical Equipment

## DURABLE MEDICAL EQUIPMENT (DME) & MEDICAL SUPPLIES

### 180 Medical Inc\*\*

(877) 688-2729  
NPI: 1639160708  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### 1st Choice In-Homecare Inc

1035 Champions Way  
Ste 200  
Suffolk, VA 23435  
(757) 496-2030  
NPI: 1386292860  
License: VA 0206010074  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**A Plus Breast Pumps by Yummy Mummy\*\***  
(855) 879-8669

NPI: 1346590973  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

### ABC Home Medical Supply Inc\*\*

(866) 897-8588  
NPI: 1477534717  
License: TX 1000858  
Practice Focus: Wound Care and Supplies, Urologic Supplies, Ostomy Supplies, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

**ABC, an Apria Company\*\***  
(757) 826-2600

NPI: 1023784642  
License: VA 0206008375  
Practice Focus: Sleep Disorders, Negative Pressure Wound Therapy, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### AdaptHealth Patient Care Solutions Inc\*\*

(800) 451-6510  
NPI: 1649244138  
License: PA 6000009661  
Practice Focus: Wound Care and Supplies, Urologic Supplies, Trach Supplies, Ostomy Supplies, Negative Pressure Wound Therapy, Diabetic Supplies, Breast Pump Providers  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Advanced Bionics LLC\*\***  
(877) 829-0026

NPI: 1841479573  
License: CA 57156  
Practice Focus: Cultural Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 5:00 AM-5:00 PM  
Tuesday: 5:00 AM-5:00 PM  
Wednesday: 5:00 AM-5:00 PM  
Thursday: 5:00 AM-5:00 PM  
Friday: 5:00 AM-5:00 PM

### Advanced Respiratory Inc\*\*

(800) 426-4224  
NPI: 1831754977  
License: VA 0237000059  
Practice Focus: Airway Clearance Systems  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

**Aeroflow Healthcare\*\***  
(888) 345-1780  
NPI: 1891728697  
License: NC HMEL.11847  
Practice Focus: Wound Care and Supplies, Urologic Supplies, Ostomy Supplies, Cultural Competency Trained, Breast Pump Providers  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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# Durable Medical Equipment

## **Better Health\*\***

(415) 475-8444  
NPI: 1023656022  
License: IN 69001603A  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:30 PM  
Wednesday: 10:00 AM-5:30 PM  
Thursday: 10:00 AM-5:30 PM  
Friday: 10:00 AM-5:30 PM

## **BioTAB LLC\*\***

(877) 246-8220  
NPI: 1124124953  
License: MO 69000460A  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 7:00 AM-4:30 PM  
Tuesday: 7:00 AM-4:30 PM  
Wednesday: 7:00 AM-4:30 PM  
Thursday: 7:00 AM-4:30 PM  
Friday: 7:00 AM-4:30 PM

## **Bioventus LLC\*\***

(800) 836-4080  
NPI: 1861761785  
License: TN 00001087  
Practice Focus: Bone Growth Stimulators  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **CCS Medical\*\***

(877) 531-7959

NPI: 1295827780  
License: FL 1315057  
Practice Focus: Wound Care and Supplies, Urologic Supplies, Ostomy Supplies, Negative Pressure Wound Therapy, Lymphedema Pumps & Compression Therapy, Insulin Pumps, Cultural Competency Trained, Continuous Glucose Monitors  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Comfort Medical LLC\*\***

(800) 700-4246  
NPI: 1992891238  
License: FL 1313733  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Continuum LLC\*\***

(800) 220-5262  
NPI: 1295286607  
License: PA 0237000137  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Dynasplint Systems Inc\*\***

(800) 638-6771  
NPI: 1386643856  
License: MD R3034  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Edwards Healthcare Services Inc\*\***

(888) 344-3434  
NPI: 1255330825  
License: OH HMER.22352  
Practice Focus: Cultural Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Electromed Inc\*\***

(800) 462-1045  
NPI: 1821030909  
License: VA 0237000114  
Practice Focus: Cultural Competency Trained, Airway Clearance Systems  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Evolve Emod LLC\*\***

(844) 438-7577

NPI: 1699182212  
Practice Focus: Cultural Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family Medical Supply Inc\*\***

(757) 452-4444  
NPI: 1902934250  
License: VA 0206009320  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: ASL  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Home Care Delivered Inc\*\***

(800) 565-6167  
NPI: 1245239540  
License: VA 0206008481  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-6:00 PM

## **Infusystem Inc\*\***

(248) 546-7047

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# Durable Medical Equipment

NPI: 1790730596  
License: MI 5306006255  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Liberator Medical Supply\*\***

(800) 323-0914  
NPI: 1881698439  
License: FL 372  
Practice Focus: Urologic Supplies, Ostomy Supplies, Mastectomy Supplies, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Med Inc\*\***

(804) 674-6688  
NPI: 1891702510  
Practice Focus: Cultural Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **National Seating and Mobility Inc\*\***

(757) 466-1553

NPI: 1013351998  
Practice Focus: Power Wheelchair, Cultural Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Orthofix Inc\*\***

(800) 535-4492  
NPI: 1235136060  
Practice Focus: Cultural Competency Trained, Bone Growth Stimulators  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Prism Medical Products LLC\*\***

(888) 244-6421  
NPI: 1548367063  
License: VA 0237000151  
Practice Focus: Wound Care and Supplies, Urologic Supplies, Ostomy Supplies  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

NPI: 1548367063  
License: VA 0237000151  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Respiratory Technologies Inc\*\***

(800) 793-1261  
NPI: 1962459537  
License: VA 0237000235  
Practice Focus: Cultural Competency Trained, Airway Clearance Systems  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Roberts Home Medical LLC\*\***

(757) 262-0399  
NPI: 1639721236  
License: VA 0206009384  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **STAR MEDICAL RX\*\***

(800) 638-0942

NPI: 1114943610  
License: MO 2013029217  
Practice Focus: Sleep Disorders, Negative Pressure Wound Therapy  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Strive Medical\*\***

(888) 771-9229  
NPI: 1396901047  
License: VA 0237000374  
Practice Focus: Wound Care and Supplies, Urologic Supplies, Ostomy Supplies  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **SunMed Medical Systems\*\***

(800) 714-7434

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# Durable Medical Equipment

Practice Focus: Negative Pressure Wound Therapy, Mastectomy Supplies, Lymphedema Pumps & Compression Therapy, Cultural Competency Trained, Airway Clearance Systems  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM  
Saturday: 9:00 AM-3:00 PM

## SunMed Medical Systems LLC\*\*

(800) 714-7434  
NPI: 1083604300  
Practice Focus: Negative Pressure Wound Therapy, Mastectomy Supplies, Lymphedema Pumps & Compression Therapy, Cultural Competency Trained, Airway Clearance Systems  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## The Breastfeeding Shop\*\*

(866) 255-6779

NPI: 1316356942  
License: PA 6000008678  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tobii Dynavox\*\*

(800) 344-1778  
NPI: 1831263110  
License: PA 6000005748  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Tycon Medical\*\*

(757) 393-2273  
NPI: 1376842609  
Handicap Services available  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Tycon Medical\*\*

(757) 640-1709

NPI: 1215039466  
License: VA 0206009540  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Zoll Services LLC\*\*

(412) 968-3333  
NPI: 1164535274  
License: PA 6000008129  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

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# Laboratory Services

## CLINICAL MEDICAL LABORATORY

### Accu Reference Medical Lab\*\*

(908) 474-1004  
NPI: 1225110497  
Website:  
www.accureference.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

### Aegis Sciences Corporation\*\*

(615) 255-2400  
License: TN 00004152  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Ambry Genetics\*\*

(949) 900-5500

NPI: 1861568784  
License: CA CDF 00011694  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Bakotic Pathology Associates\*\*

(855) 422-5628  
NPI: 1184814014  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### CBL PATH\*\*

(877) 225-7284  
NPI: 1205834769  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Dominion Diagnostics\*\*

(877) 734-9600

License: RI LCI00627  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Eurofins Ascend Clinical LLC\*\*

(650) 780-5500  
NPI: 1982606992  
License: CA CLF 00004141  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### HealthTrackRx Indiana Inc\*\*

(940) 383-2223  
Website:  
www.healthtrackrx.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### HealthTrackRx of Louisville LLC\*\*

(972) 833-4653

NPI: 1326743535  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Millennium Health LLC\*\*

(877) 451-7337  
NPI: 1497933162  
License: CA CDF 00336807  
Website:  
www.millenniumhealth.com  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Molecular Pathology Laboratory Network Inc\*\*

(865) 380-9746  
Website: www.mplnet.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### NSTX Inc\*\*

(650) 249-9090

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

NPI: 1235528225  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quest Diagnostics\*\***

(866) 697-8378  
Website:  
[www.questdiagnostics.com](http://www.questdiagnostics.com)  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sunrise Medical Laboratories Inc\*\***

(800) 782-0282  
NPI: 1376587113  
Website: [www.sunriselab.com](http://www.sunriselab.com)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Vision Providers

## VIRGINIA

### SUFFOLK CITY COUNTY

#### Optometrist

**Burkley, Melissa, J, OD**  
6259 COLLEGE DRIVE  
SUFFOLK, VA 23435  
(757) 484-4362

#### D.O.

**Sajko, Gary, N, DO**  
2016 MEADE PKWY  
SUFFOLK, VA 23434  
(757) 539-1533

#### Ophthalmologist

**Belgrave JR, Claude, D, MD**  
1200 N Main St  
SUFFOLK, VA 23434  
(757) 650-5965

**Goldberg, Jason, S, MD**  
2016 MEADE PKWY  
SUFFOLK, VA 23434  
(757) 539-1533

418 N MAIN ST  
SUFFOLK, VA 23434  
(757) 539-0615

**Schneider, Jennifer, L, MD**  
2016 MEADE PKWY  
SUFFOLK, VA 23434  
(757) 539-1533

418 N MAIN ST  
SUFFOLK, VA 23434  
(757) 539-0615

#### Optometrist

**Bae, Vania, Y, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Baideme, Tara, M, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Bare, Elyse, L, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Beach, Russell, A, OD**  
2051 SUN HARBOUR AVE  
STE 110  
SUFFOLK, VA 23435  
(757) 426-2020

**Bellflower, Wade, E, OD**  
1000 KNOTTS POINTE LN  
STE 107  
SUFFOLK, VA 23435  
(757) 745-7757

**Bowers, Jennifer, B, OD**  
200 W CONSTANCE RD  
SUFFOLK, VA 23434  
(646) 921-1738

4775 BRIDGE RD  
SUFFOLK, VA 23435  
(646) 921-1738

**Brar, Queena, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Burkley, Melissa, J, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Butler, Kelsey, M, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Cadenhead, Jack, D, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Cadet-Honore, Michelle, M, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Capps May, Andrea, D, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Ciocco, Lindsay, T, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Cohen, Jennifer, L, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Cunningham, Brad, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Dees, Catherine, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Dixon, Kevin, L, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Echague, Terri-Ann, B, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Enochs, Stephen, M, OD**  
3575 BRIDGE RD  
STE 19  
SUFFOLK, VA 23435  
(757) 638-2015

**Fedders, Kara, M, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Fowler, Veronica, B, OD**  
418 N MAIN ST  
SUFFOLK, VA 23434  
(757) 539-0615

**Foytik, Valerie, L, OD**  
1000 KNOTTS POINTE LN  
STE 107  
SUFFOLK, VA 23435  
(757) 745-7757

**Gdovin, Georgietta, R, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Gonzalez Izquierdo, Andrea, P, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Gonzalez, Nikki, OD**  
2051 SUN HARBOUR AVE  
STE 110  
SUFFOLK, VA 23435  
(757) 426-2020

# Vision Providers

**Goukler, Donna, B, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Green, Jonelle, O, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Gutierrez, Amanda, K, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Hasan, Syed, N, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Hoang, Judy, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Huynh, Ha Thi, K, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Jacques, Chantal, H, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Katz, Michael, D, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Keaton, Brook, L, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Kermani, Koosha, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Khan, Tehreem, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Kim, Bomee, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**King, Molly, D, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Klinnert, Richard, L, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Kofoed, Nils, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Kokabiyan, Shahla, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Kuvuna, Elana, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Lane, Jennifer, C, OD**  
2401 GODWIN BLVD  
STE 3  
SUFFOLK, VA 23434  
(757) 935-1500

**Lasalle, Emily, R, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Li, Bi, Y, OD**  
1200 N MAIN ST  
SUFFOLK, VA 23434  
(757) 925-0477

**Lotz, David, A, OD**  
1238 HOLLAND RD  
STE 103  
SUFFOLK, VA 23434  
(757) 539-8716

**Lou, Irene, P, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Mijares, Michelle Marie, G,  
OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Miller, James, A, OD**  
418 N MAIN ST  
SUFFOLK, VA 23434  
(757) 539-0615

**Miller, Tracy, A, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Mistiszyn, Kimberly, A, OD**  
3575 BRIDGE RD  
STE 19  
SUFFOLK, VA 23435  
(757) 638-2015

**Moallem, Marjan, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Mummert, Amy, I, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Neli, Resiola, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Nelson, Isaac, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Nguyen, Melissa, D, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Nguyen, Rita, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

# Vision Providers

**Nguyen, Thuy, N, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Nilsson, Jessica, L, OD**  
2051 SUN HARBOUR AVE  
STE 110  
SUFFOLK, VA 23435  
(757) 426-2020

**Nilsson, Scott, T, OD**  
2051 SUN HARBOUR AVE  
STE 110  
SUFFOLK, VA 23435  
(757) 426-2020

**Nim, Jennifer, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**O Hara, Elice, G, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Palmer, Jenelle, A, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Park, Silvia, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**PATEL, ANJALI, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Patel, Priyanka, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Paterson, Geoffrey, R, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Quraishi, Elham, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Ramsey, Kristina, L, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Reynolds, Stephanie, K, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Rezvani, Zitta, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Roseman, Charles, A, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Rula, Andrew, W, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Sabiri, Fariha, F, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Seago, John, D, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Shaffer, Tracey, J, OD**  
3575 BRIDGE RD  
STE 19  
SUFFOLK, VA 23435  
(757) 638-2015

**Shah, Alpa, M, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Shaikh, Adam, W, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Shuder, Erica, J, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Siddhapura, Avani, OD**  
1000 KNOTTS POINTE LN  
STE 107  
SUFFOLK, VA 23435  
(757) 745-7757

**Simon, Robert, S, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Smith, Alesha, S, OD**  
200 W CONSTANCE RD  
SUFFOLK, VA 23434  
(646) 921-1738

4775 BRIDGE RD  
SUFFOLK, VA 23435  
(646) 921-1738

**Smith, Austin, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Stahr, Samantha, T, OD**  
2016 MEADE PKWY  
SUFFOLK, VA 23434  
(757) 539-1533

**Starchville, Jonathan, M, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Stoparic, Mila, OD**  
1013 UNIVERSITY BLVD  
STE 200  
SUFFOLK, VA 23435  
(757) 465-8787

**Tahmasian, Arieneh, OD**  
2051 SUN HARBOUR AVE  
STE 110  
SUFFOLK, VA 23435  
(757) 426-2020

**Uddin Rafat, Iqra, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Ulysse, Jonathan, B, OD**  
1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Waddington, Deborah, M,  
OD**

1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Wang, Abhner, R, OD**

2051 SUN HARBOUR AVE  
STE 110  
SUFFOLK, VA 23435  
(757) 426-2020

**Washington, Kierra, OD**

1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**White, Jami, A, OD**

1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

**Williams, Devin, OD**

2051 SUN HARBOUR AVE  
STE 110  
SUFFOLK, VA 23435  
(757) 426-2020

**Williams, Sara, R, OD**

1201 N MAIN STREET  
STE 1  
SUFFOLK, VA 23434  
(757) 942-0452

# Long Term Services and Supports

## VIRGINIA

### SUFFOLK CITY COUNTY

#### Adult Day Care Clinic/Center

#### Agap Consumer Directed Services LLC\*\*

(804) 723-1374  
NPI: 1093105140  
License: VA ADC1103831  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

#### Angels Adult Day Care Center LLC

430 N Main St  
Suffolk, VA 23434  
(757) 334-0474  
NPI: 1235608373  
License: VA ADC 1103825  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:30 AM-3:30 PM  
Tuesday: 8:30 AM-3:30 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:30 AM-3:30 PM  
Friday: 8:30 AM-3:30 PM

#### Care Advantage Inc\*\*

(804) 323-9464

NPI: 1386713303  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

#### FHCT Richmond\*\*

(571) 251-1095  
NPI: 1376344101  
License: VA HCO 0005919  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Nepali, Korean, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

#### SUPREME HEALTHCARE LLC\*\*

(757) 749-4066

NPI: 1316768500  
License: VA HCO 0005556  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

#### Case Manager/Care Coordinator

#### 1 Accord Home Health LLC\*\*

(757) 395-4342  
NPI: 1225480270  
License: VA HCO 0001593  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

#### Abundant Living Home Care Services LLC\*\*

(276) 403-2653

NPI: 1609530328  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### ACCESS SERVICE FACILITATION LLC\*\*

(540) 455-5465  
NPI: 1255227575  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

#### Agap Consumer Directed Services LLC\*\*

(804) 723-1374  
NPI: 1093105140  
License: VA ADC1103831  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## All Ways There Home Care\*\*

(757) 591-0020  
NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## AmeriCare Plus - Tidewater\*\*

(757) 356-1700  
NPI: 1538041074  
License: VA HCO 0000836  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Anee's Care\*\*

(817) 729-0428

NPI: 1851004063  
Practice Focus: Home Visits  
Urdu, Hindi, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Apex Homecare Services LLC\*\*

(866) 760-4407  
License: VA HCO 0002708  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Assurance Home Care Services\*\*

(757) 632-8461

NPI: 1093176588  
License: VA HCO 0001545  
Practice Focus: Home Visits  
Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM  
Saturday: 9:00 AM-12:00 PM

## Atenea Home Health Care\*\*

(757) 279-0987  
NPI: 1518639145  
License: VA HCO252558  
Practice Focus: Home Visits  
Spanish, Portuguese, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Behavioral Health Navigators Center Inc\*\*

(877) 532-5571

NPI: 1205268893  
Practice Focus: Home Visits  
Spanish, Sign Language  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Briggs Home Health Agency\*\*

(757) 628-1011  
NPI: 1790037554  
License: VA HCO 0000881  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## Care Advantage - Portsmouth\*\*

(757) 405-6320

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1952794299  
License: VA HCO0001509  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Century Care Solutions\*\***  
(804) 586-5778  
NPI: 1497504880  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Delicate Home Health Care Corp\*\***  
(703) 334-0105

NPI: 1184166142  
License: VA 5493 03 011  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 10:00 AM-12:00 PM

**DEVOTED HANDS HEALTHCARE LLC\*\***  
(757) 642-7859  
NPI: 1417444639  
License: VA HCO 0001849  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

**Direct Care Advocates\*\***  
(757) 809-2700

NPI: 1518756998  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM

**DIVINE HEART SCS LLC\*\***  
(757) 748-0424  
NPI: 1255932737  
License: VA HCO252596  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**DIVON DESTINY LLC\*\***  
(703) 965-0739

NPI: 1972496420  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Edwards Provision Support Services LLC\*\***  
(757) 286-4212  
NPI: 1639884984  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Independence Center Inc\*\***  
(757) 461-8007

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1144455064  
License: VA 30015154010008  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Excelsior Infusion & Home Care LLC\*\***

(757) 704-4405  
NPI: 1912623943  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-1:00 PM

## **Fairfax Home Health Care LLC\*\***

(703) 546-8555  
NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family First Home Care Inc\*\***

(757) 539-0716  
NPI: 1265778799  
License: VA HCO 0000910  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family Forward Services LLC\*\***

(757) 484-7501  
NPI: 1558847459  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-5:00 PM  
Tuesday: 9:30 AM-5:00 PM  
Wednesday: 9:30 AM-5:00 PM  
Thursday: 9:30 AM-5:00 PM  
Friday: 9:30 AM-5:00 PM

## **Family Healthcare Solutions LLC\*\***

(757) 679-9792

NPI: 1720647480  
License: VA HCO252186  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gerald Compassion LLC\*\***

(806) 663-0695  
NPI: 1003401423  
Practice Focus: Home Visits  
Spanish, German  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Grace-N-Home Care 4 You LLC\*\***

(757) 745-7213

NPI: 1144513458  
License: VA HCO 0001916  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## **Harmony Home Care LLC\*\***

(757) 482-4013  
NPI: 1073971560  
License: VA HCO 0001471  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **HEALTHY HEARTS HOME HEALTHCARE LLC\*\***

(804) 479-3709

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1184159584  
License: VA HCO 251794  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Heavenly Angel Healthcare Services LLC\*\*

(757) 334-0474  
NPI: 1982112272  
License: VA HCO 251860  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-3:30 PM  
Tuesday: 8:30 AM-3:30 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hope Care & Love Home Healthcare LLC Services LLC\*\*

(757) 518-9900

NPI: 1609005313  
License: VA HCO 0000613  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Infinite Dimension Care Solutions LLC\*\*

(804) 481-3468  
NPI: 1881573392  
License: VA 0001214985  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Inspired Life Services LLC\*\*

(757) 540-8710  
NPI: 1144976713  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## INTEGRITY HEALTHCARE SOLUTIONS LLC\*\*

(757) 809-2656  
NPI: 1588390918  
Practice Focus: Home Visits  
Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## KARRIS FACILITATION\*\*

(434) 209-3533  
NPI: 1629826201  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## KES Integrated Services INC\*\*

(703) 935-9442

NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Learning Me LLC\*\*

(757) 951-6653  
NPI: 1235953530  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lily Home Healthcare\*\*

(571) 461-9752  
NPI: 1205632635  
License: VA HCO 0005712  
Practice Focus: Home Visits  
Turkish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Living a Blessed Life Home Health LLC\*\*

(757) 327-1267  
NPI: 1669030920  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Living Beyond Home Health Care LLC\*\*

(757) 809-0192  
NPI: 1174219364  
License: VA HCO 0005126  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Love Over Crisis LLC\*\*

(470) 228-1773

NPI: 1386013282  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mackey Cares LLC\*\*

(757) 316-4618  
NPI: 1750083903  
License: VA 0704015680  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 10:00 AM-2:00 PM

## MALIJO\*\*

(571) 385-5737  
NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## McKenzie Care Associates LLC\*\*

(757) 279-0594  
NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Moms In Motion Inc\*\*

(800) 417-0908  
NPI: 1619477841  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## nFaith\*\*

(804) 477-7851  
NPI: 1750941415  
License: VA 0001189325  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nurturing Hearts N Care\*\*

(757) 345-3700  
NPI: 1629522719  
License: VA HCO 0001293  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## QCHH\*\*

(757) 304-5361  
NPI: 1356986889  
License: VA HCO 0002280  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM  
Saturday: 9:00 AM-2:30 PM  
Sunday: 9:00 AM-2:30 PM

## ROSSYBRIGHT LLC\*\*

(703) 647-3886

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1811358328  
License: VA HCO0001568  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
Saturday: 10:00 AM-6:00 PM

## SERENE HELPING HANDS LLC\*\*

(804) 980-4126  
NPI: 1558240952  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Signature Nursing at Home\*\*

(757) 797-4334

NPI: 1700372216  
License: VA HCO 0002170  
Practice Focus: Home Visits  
Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tebah Healthcare LLC\*\*

(703) 454-6413  
NPI: 1568152973  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tender Love and Care LLC\*\*

(804) 396-4182

NPI: 1508402306  
License: VA HCO 252250  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## The Arkk Group LLC\*\*

(757) 397-1345  
NPI: 1073809125  
License: VA 1276 02 008  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:00 PM  
Tuesday: 8:30 AM-4:00 PM  
Wednesday: 8:30 AM-4:00 PM  
Thursday: 8:30 AM-4:00 PM  
Friday: 8:30 AM-4:00 PM

## The Community Resource Link\*\*

(434) 203-9097  
NPI: 1053071639  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Toddlers to Grandparents\*\*

(804) 302-5161  
NPI: 1598131674  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Traveling Hearts LLC\*\*

(757) 222-5439  
NPI: 1619759289  
License: VA HCO 0005457  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Vital Core Services LLC\*\*

(404) 444-3334  
NPI: 1639040389  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Ward Transitional Services Inc\*\*

(540) 492-2964  
NPI: 1942743810  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM

## Weight on Our Hearts LLC\*\*

(757) 759-7386  
NPI: 1952069437  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-6:00 PM  
Tuesday: 6:00 AM-6:00 PM  
Wednesday: 6:00 AM-6:00 PM  
Thursday: 6:00 AM-6:00 PM  
Friday: 7:00 AM-5:00 PM  
Saturday: 12:00 PM-5:00 PM  
Sunday: 12:00 PM-5:00 PM

## YLS CARING HANDS LLC\*\*

(757) 904-5819

NPI: 1376203877  
License: VA HCO 0002701  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Emergency Response System Companies

### Better Tomorrow Home Health Care LLC\*\*

(757) 406-3595  
NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean, German, French  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

### KES Integrated Services INC\*\*

(703) 935-9442

NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Life Protect 247\*\*

(573) 205-3834  
NPI: 1376324863  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

### Lifeguard Personal Emergency Response Systems LLC\*\*

(276) 744-0166

NPI: 1265526883  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### LifeStation Inc\*\*

(800) 446-3300  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Link to Life\*\*

(888) 557-4462  
NPI: 1174681324  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

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\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Medguard Alert Inc\*\*

(800) 716-1433  
Spanish, Portuguese, Italian  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 9:00 AM-1:00 PM

## MedScope America LLC\*\*

(800) 645-2060  
Practice Focus: Home Visits,  
Cultural Competency Trained  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## QMedic\*\*

(877) 241-2244  
NPI: 1215358361  
Practice Focus: Home Visits  
Spanish, Chinese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Response Alert LLC\*\*

(410) 318-8863  
NPI: 1568989440  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:30 PM

## Sunflowers Personal Care\*\*

(757) 462-9667  
NPI: 1508692708  
License: VA HCO 0005428  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## Personal Care Attendant

**1 Accord Home Health LLC\*\***  
(757) 395-4342

NPI: 1225480270

License: VA HCO 0001593  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## 1 Call Home Health Care LLC\*\*

(757) 938-5823  
NPI: 1588105951  
License: VA HCO 0001612  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**1 NEW LIFE HOME HEALTHCARE LLC\*\***  
(804) 475-4880

NPI: 1821664699

License: VA HCO 0002722  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## 1824 HOME HEALTH CARE INC\*\*

(757) 707-4814  
NPI: 1306577762  
License: VA HCO 0002892  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## 1st Americare LLC\*\*

(732) 277-8100  
NPI: 1932720943  
License: VA HCO 0001868  
Practice Focus: Home Visits  
Urdu, Spanish, Punjab, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## **1st Home Care of VA Inc\*\***

(757) 937-5991  
NPI: 1104537042  
License: VA HCO 253164  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **A Better Solution Home Health Care\*\***

(757) 304-1412  
NPI: 1215673769  
License: VA HCO 0002737  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **A Caring Hart LLC\*\***

(757) 333-0658

NPI: 1689078040  
License: VA HCO 0001352  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## **A Comforting Home Care\*\***

(757) 418-4011  
NPI: 1326938986  
License: VA HCO 0005936  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A Generous Heart Home Care LLC\*\***

(757) 964-7451

NPI: 1003442823  
License: VA HCO 0002310  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-12:00 PM  
Tuesday: 12:00 AM-12:00 PM  
Wednesday: 12:00 AM-12:00 PM  
Thursday: 12:00 AM-12:00 PM  
Friday: 12:00 AM-12:00 PM  
Saturday: 12:00 AM-12:00 PM  
Sunday: 12:00 AM-12:00 PM

## **A Helping Hand Home Health Care\*\***

(757) 372-2671  
NPI: 1295514990  
License: VA HCO 0005125  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **A Ladybug's Legacy Home Care LLC\*\***

(757) 367-3079

NPI: 1316511595  
License: VA HCO 0002698  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-4:00 PM  
Sunday: 9:00 AM-4:00 PM

## **A Loving Touch Home Care LLC\*\***

(757) 837-0211  
NPI: 1376120923  
License: VA HCO 0002584  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## **A Plus Healthcare LLC\*\***

(757) 974-6119

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1881149276

Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **A Preferred Choice Home Health Care LLC\*\***

(757) 304-9741  
NPI: 1811707987  
License: VA HCO 0005617  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A SMILE FROM MY HEART HEALTH CARE INC\*\***

(757) 729-3890  
NPI: 1053150714  
License: VA HCO 0005352  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A Special Touch Home Health Care LLC\*\***

(757) 484-4005  
NPI: 1568016210  
License: VA HCO 0002134  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A Touch of Heaven Inc\*\***

(757) 816-9894  
NPI: 1881100980  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A TOUCH OF LOVING CARE LLC\*\***

(757) 622-3010

NPI: 1811434087

License: VA HCO 0001621  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A&A Home Health LLC\*\***

(757) 934-3935  
NPI: 1033750443  
License: VA HCO 0002301  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **A&C Alternative Care\*\***

(757) 333-7613

NPI: 1619759750

License: VA HCO 0005316  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **A+ Home Care\*\***

(703) 402-1872  
Office Languages: Spanish  
NPI: 1649752445  
License: VA HCO 0001957  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Tigrinya, Spanish, Arabic, Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **A-1 In Homecare LLC\*\***

(757) 582-2990

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1922667849  
License: VA HCO 0002104  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **AAA Home Health Inc\*\***

(703) 719-1200  
NPI: 1386131159  
License: VA HCO 0001899  
Practice Focus: Virtual Care -  
Audio/Visual  
Spanish, French, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ABC Supportive LLC\*\***

(757) 343-1683

NPI: 1033901350  
License: VA HCO 0005857  
Practice Focus: Home Visits  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Above and Beyond Home Care LLC\*\***

(804) 573-3613  
Office Languages: Spanish  
NPI: 1750035903  
License: VA HCO 0003056  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM  
Saturday: 9:00 AM-3:00 PM  
Sunday: 9:00 AM-3:00 PM

## **ABUNDANT HEARTS HOME HEALTHCARE LLC\*\***

(757) 981-4889

NPI: 1841024932  
License: VA HCO 0005639  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **Acadia Home Care LLC\*\***

(202) 766-2552  
NPI: 1891555033  
License: VA HCO 0005305  
Practice Focus: Home Visits  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **ACH Home Services LLC\*\***

(948) 210-4199

NPI: 1093579807  
License: VA HC 0005234  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **Addus HealthCare\*\***

(757) 480-2929  
NPI: 1780600320  
License: VA HCO 0000214  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Addus Healthcare Inc\*\***

(703) 497-2273

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1386016244  
License: VA HCO 0000355  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Addus HomeCare\*\***

(276) 696-3610  
NPI: 1972069011  
License: VA HCO 0001960  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-4:30 PM  
Tuesday: 7:30 AM-4:30 PM  
Wednesday: 7:30 AM-4:30 PM  
Thursday: 7:30 AM-4:30 PM  
Friday: 7:30 AM-4:30 PM

**Adelliet Home Health Care Agency, LLC\*\***  
(757) 905-7314

NPI: 1194477992  
License: VA HCO 0002608  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ADKAR HOME HEALTHCARE\*\***

(703) 531-7019  
NPI: 1457121337  
License: VA HCO 0003249  
Practice Focus: Home Visits  
Somali  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Advantage Home Care LLC\*\***  
(757) 222-5163

NPI: 1295210706  
License: VA HCO 0002010  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

## **Agap Consumer Directed Services LLC\*\***

(804) 723-1374  
NPI: 1093105140  
License: VA ADC1103831  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Aid 2 U Home Health Care LLC\*\***

(757) 904-0597  
NPI: 1043068778  
License: VA HCO 0005340  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-1:00 PM

## **All About You Residential Care\*\***

(757) 549-4663  
NPI: 1023402666  
License: VA 2315 03 011  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **All Family Home Health Care LLC\*\***

(757) 904-5013  
NPI: 1275376329  
License: VA HCO 0005575  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**All Heart Community Care Services LLC\*\***  
(240) 222-2723

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1518614403  
License: VA HCO 0002749  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **ALL SECURED HOME HEALTH SERVICES LLC\*\***

(571) 395-4302  
License: VA HCO 0001917  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **All Time Caring LLC\*\***

(703) 403-7100

NPI: 1912754359  
License: VA HCO 0005372  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **All Ways There Home Care\*\***

(757) 591-0020  
NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **Alliance Home Health Care LLC\*\***

(703) 486-4074

NPI: 1407436728  
License: VA HCO0002590  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

## **Alpha and Omega Home Care LLC\*\***

(757) 725-0919  
NPI: 1114649381  
License: VA HCO 0003143  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Alpha Home Care Services LLC\*\***

(703) 559-3597

NPI: 1801265277  
License: VA HCO 0001291  
Practice Focus: Home Visits  
Urdu, Panjabi, Hindi  
Age 7 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Altruistic Care Services LLC\*\***

(757) 338-3785  
NPI: 1679444251  
License: VA HCO 0005754  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Always There Home Health Care\*\***

(757) 392-3901

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1013441492  
License: VA HCO 0001793  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-12:00 PM

## **AmeriCare Plus - Tidewater\*\***

(757) 356-1700  
NPI: 1154729705  
License: VA HCO 0000836  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **AMERICAS BEST HOME HEALTHCARE LLC\*\***

(703) 989-6806

NPI: 1225405079  
License: VA HCO 251501  
Practice Focus: Home Visits  
Spanish, Amharic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **An Angels Touch Healthcare Service\*\***

(757) 904-0107  
NPI: 1699200287  
License: VA HCO 0001708  
Practice Focus: Virtual Care -  
Audio/Visual, Home Sleep  
Studies  
Spanish  
Age 5 to 95  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ANCIENT HEALING HEALTHCARE SERVICES LLC\*\***

(703) 645-0000

NPI: 1356854608  
License: VA HCO 0005104  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Angelic Touch Healthcare Services\*\***

(757) 937-9569  
NPI: 1063957199  
License: VA HCO 251653  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## **Angels for Life Health Care LLC\*\***

(804) 522-6640

NPI: 1699388082  
License: VA HCO0002412  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:30 PM  
Tuesday: 9:00 AM-3:30 PM  
Wednesday: 9:00 AM-3:30 PM  
Thursday: 9:00 AM-3:30 PM  
Friday: 9:00 AM-3:30 PM

## **Anna's Care LLC\*\***

(757) 782-7937  
NPI: 1376218255  
License: VA HCO252762  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Anointed and Blessed Home Health Care\*\***

(757) 399-0028  
NPI: 1831526045  
License: VA HCO 0000123  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## **Anointed Hands Home Health LLC\*\***

(757) 620-8785  
NPI: 1447803358  
License: VA HCO0002142  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Anytime Homecare\*\***

(757) 393-1333  
NPI: 1710395397  
License: VA HCO 0000811  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Age 21 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Apex Care LLC\*\***

(202) 600-1233

NPI: 1750957221  
License: VA HCO 252527  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Apex Homecare Services LLC\*\***

(866) 760-4407  
License: VA HCO 0002708  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Assurance Home Care Services\*\***

(757) 632-8461

NPI: 1093176588  
License: VA HCO 0001545  
Practice Focus: Home Visits  
Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM  
Saturday: 9:00 AM-12:00 PM

## **At Ease Home Care\*\***

(757) 963-0100  
NPI: 1356795348  
License: VA HCO 0001530  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## **AT HOME\*\***

(804) 964-0092

NPI: 1174118251  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-6:00 PM  
Tuesday: 8:30 AM-6:00 PM  
Wednesday: 8:30 AM-6:00 PM  
Thursday: 8:30 AM-6:00 PM  
Friday: 8:30 AM-6:00 PM  
Saturday: 8:30 AM-6:00 PM  
Sunday: 8:30 AM-6:00 PM

## **At Home Health Care LLC\*\***

(571) 206-8464  
License: VA HCO 0002442  
Practice Focus: Home Visits  
Swahili, Spanish, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Atenea Home Health Care\*\***

(757) 279-0987

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1518639145  
License: VA HCO252558  
Practice Focus: Home Visits  
Spanish, Portuguese, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Atlantic Homecare Services LLC\*\*

(757) 227-9079  
NPI: 1235404518  
License: VA HCO 0000816  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Attentive Health Care Connections LLC\*\*

(757) 447-2668

NPI: 1922811660  
License: VA HCO 0005679  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Azure Home Healthcare LLC\*\*

(757) 612-4484  
NPI: 1619688108  
License: VA HCO 0003212  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## BABY BOOMERS HOME HEALTH CARE LLC\*\*

(703) 337-4572

NPI: 1578934543  
License: VA HCO 0001384  
Practice Focus: Home Visits  
Spanish, Persian, Modern,  
Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Balance Homecare Services Inc\*\*

(757) 866-2696  
NPI: 1265118517  
License: VA HCO 0003074  
Practice Focus: Home Visits  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 9:00 AM-6:00 PM

## Bed, Bath, and Beyond Care LLC\*\*

(757) 658-1417

NPI: 1346947686  
License: VA HCO 0003251  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## BELLAMY HEALTH SERVICES LLC\*\*

(757) 639-2790  
NPI: 1366324980  
License: VA HCO 0005975  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Benevolent Home Healthcare LLC\*\*

(757) 716-8861

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1003582453  
License: VA HCO 0002694  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Best Care 4 U Home Care LLC\*\***

(757) 263-7779  
NPI: 1700513413  
License: VA HCO 0003036  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Best Of Care Home Health LLC\*\***

(757) 925-1001  
NPI: 1922453430  
License: VA HCO 0001627  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **BETTER DAYS HOME HEALTH LLC\*\***

(757) 715-7829  
NPI: 1568283604  
License: VA HCO 0005836  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Better Living Home Health LLC\*\***

(757) 793-3758  
NPI: 1033972989  
License: VA HCO 0005218  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Better Tomorrow Home Health Care LLC\*\***

(757) 406-3595

NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean, German, French  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

## **Briggs Home Health Agency\*\***

(757) 628-1011  
NPI: 1790037554  
License: VA HCO 0000881  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **Brighter Days Home Care LLC\*\***

(757) 499-4499

NPI: 1699240713  
License: VA HCO 0001990  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **BRIGHTSTAR CARE OF CHESAPEAKE, VIRGINIA BEACH\*\***

(757) 206-1167  
License: VA HCO 0000570  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **BRIGHTSTAR CARE OF WILLIAMSBURG\*\***

(757) 206-1167

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

License: VA HCO 0000570  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **BRILLIANT HEALTHCARE INC\*\***

(757) 484-3000  
NPI: 1932611084  
License: VA HCO251791  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Butlers Empire Home Health Care\*\***

(757) 244-4333

NPI: 1013488683  
License: VA HCO 252009  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **Call RNS, LLC\*\***

(240) 882-6135  
NPI: 1821464355  
License: VA HCO0001344  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **CALLAWAY COMPANIONS LLC\*\***

(757) 756-6406  
NPI: 1144861725  
License: VA HCO 0002173  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-12:00 PM

## **Care 4 U Healthcare Service LLC\*\***

(703) 794-7165  
NPI: 1033453410  
License: VA HCO 2500984  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Care Advantage\*\***

(434) 582-4755  
NPI: 1669556387  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Care Advantage - Emporia\*\***

(434) 634-4830

NPI: 1487859211  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Care Advantage - Portsmouth\*\***

(757) 405-6320  
NPI: 1952794299  
License: VA HCO0001509  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Care Advantage Inc\*\***

(804) 323-9464

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1386713303  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Care Advantage Plus LLC\*\***  
(434) 973-2000  
NPI: 1215006242  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Care Advantage-Abingdon\*\***  
(276) 258-5035

NPI: 1205221488  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Care Alot Services\*\***  
(757) 204-1392  
NPI: 1831918457  
License: VA HCO 0005521  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Care At Heart Homecare LLC\*\***  
(703) 345-9561

NPI: 1801632252  
License: VA HCO 0005527  
Practice Focus: Home Visits  
Spanish, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Care At Your Site LLC\*\***  
(434) 799-5731  
NPI: 1568200640  
License: VA HCO 0005497  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM

**Care Dot Homecare Agency LLC\*\***  
(804) 502-9201

NPI: 1265948350  
License: VA HCO 0001910  
Practice Focus: Home Visits  
Hindi  
Age 55 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

**Care With Dignity At Home LLC\*\***  
(703) 705-7707  
NPI: 1023897865  
License: VA HCO263405  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Carepanion Group Home Health\*\***  
(804) 997-6175

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Long Term Services and Supports

NPI: 1023825551  
License: VA HCO 0005794  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CareTrust Home Care LLC\*\*

(571) 762-6833  
NPI: 1932708278  
License: VA HCO 252574  
Practice Focus: Home Visits, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Caring For You Homecareservices LLC\*\*

(757) 455-8920

NPI: 1841469087  
License: VA HCO 0000467  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-5:30 PM  
Tuesday: 9:30 AM-5:30 PM  
Wednesday: 9:30 AM-5:30 PM  
Thursday: 9:30 AM-5:30 PM  
Friday: 9:30 AM-5:30 PM

## Caring Hands Home Health LLC\*\*

(757) 796-2508  
NPI: 1295512390  
License: VA HCO 0005667  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Caring One Home Healthcare\*\*

(804) 309-0391  
NPI: 1033889928  
License: VA HCO 0002800  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Caring Professionals Home HealthCare LLC\*\*

(757) 448-5172  
NPI: 1417763939  
License: VA HCO 0005593  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CARING4U HOME CARE LLC\*\*

(571) 436-5199  
NPI: 1134090830  
License: VA HCO0006065  
Practice Focus: Home Visits  
Twi, Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CB Essential Home Care LLC\*\*

(757) 502-4626

NPI: 1376249847  
License: VA HCO 0003222  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## CBN Healthcare Services Inc\*\*

(571) 398-2600  
NPI: 1518208388  
License: VA HCO 0001026  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CCPS Health LLC\*\*

(703) 587-4343

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Long Term Services and Supports

NPI: 1144991696  
License: VA HCO 0005179  
Practice Focus: Home Visits  
Spanish  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CDC Home Health Care LLC\*\***

(757) 639-3948  
NPI: 1982403093  
License: VA HCO 0005763  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CHARITY CARE HOME HEALTH\*\***

(757) 226-9916

NPI: 1033427448  
License: VA HCO 0001591  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cherished Home Services LLC\*\***

(757) 220-2396  
NPI: 1275202798  
License: VA HCO 0002657  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Choosing Wisely Home Health Care LLC\*\***

(757) 777-3566

NPI: 1114661766  
License: VA HCO 0003153  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Circle Of Life Home Care LLC\*\***

(757) 599-0218  
NPI: 1275929622  
License: VA HCO 0001437  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-2:00 PM

## **Clients First Home Health Inc\*\***

(757) 512-5565  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CM Health Solutions\*\***

(757) 239-4598  
NPI: 1205546686  
License: VA HCO 0005009  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CMRS Home Care Agency LLC\*\***

(757) 937-9140  
NPI: 1467201285  
License: VA HCO 0005343  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Comfort Care Home Health LLC\*\***

(757) 923-2980

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1033481189  
License: VA HCO 0000970  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Comfort Home Care Services Company\*\*

(434) 284-7740  
NPI: 1740927896  
License: VA HCO 0003210  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish, Nepali, Hindi, Bengali  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Companion of Care Home Health Inc\*\*

(757) 934-3399  
License: VA HCO 000827  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compassionate Companions\*\*

(757) 502-4733  
NPI: 1205337938  
License: VA HCO 0001858  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Competency Care Connect\*\*

(757) 250-2904  
NPI: 1649045196  
License: VA HCO 263434  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Con Amor Home Health Care LLC\*\*

(757) 618-3723

NPI: 1104715838  
License: VA HCO 0005863  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Conglomerate Home Healthcare LLC\*\*

(757) 247-1268  
NPI: 1033595616  
License: VA HCO 0001356  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## Connection Point Services, LLC\*\*

(757) 260-9520

NPI: 1871296657  
License: VA HCO0005391  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## CULTURAL HOME HEALTH CARE LLC\*\*

(757) 933-0530  
NPI: 1346908472  
License: VA HCO 0002661  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## D&T HOME CARE BUSINESS LLC\*\*

(571) 331-0884

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1700370335  
License: VA HCO 0001876  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dalylah Angels Homecare LLC\*\***

(804) 997-6526  
NPI: 1740935535  
License: VA HCO 0003030  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 2:00 PM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 10:00 AM-2:00 PM

## **Delicate Home Health Care Corp\*\***

(703) 334-0105  
NPI: 1184166142  
License: VA 5493 03 011  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 10:00 AM-12:00 PM

## **Delmarva United Homecare\*\***

(267) 237-7559  
NPI: 1023613437  
License: VA HCO 0005188  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **Deloris HomeHealth LLC\*\***

(757) 359-3206  
NPI: 1801478854  
License: VA HCO 252515  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:00 AM-5:00 PM

## **DEVOTED HANDS HEALTHCARE LLC\*\***

(757) 642-7859

NPI: 1417444639  
License: VA HCO 0001849  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

## **DIGNITY HOME CARE LLC\*\***

(571) 565-3192  
NPI: 1124596572  
License: VA HCO 251932  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Divine Healing Hearts and Souls Home Care\*\***

(757) 819-7246

NPI: 1578353496  
License: VA HCO 0005811  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **DIVINE HEART SCS LLC\*\***

(757) 748-0424  
NPI: 1255932737  
License: VA HCO252596  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **DIVINE SENIOR HOME CARE LLC\*\***

(703) 677-0506

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1841707213  
License: VA HCO 0001825  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Urdu, Panjabi, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Divine Touch Home Health Care LLC\*\***

(757) 880-3106  
NPI: 1174407340  
License: VA HCO 0006004  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

**D'Vine Home Care LLC\*\***  
(757) 539-0002

NPI: 1427598564  
License: VA HCO 0001713  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **Eden Homecare Center LLC\*\***

(571) 622-1166  
NPI: 1811614035  
License: VA HCO 0003160  
Practice Focus: Home Visits  
Vietnamese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Eden Senior Care Services  
LLC\*\***  
(703) 463-2537

NPI: 1053876805  
License: VA ADC 1103790  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:30 AM-1:30 PM  
Tuesday: 7:30 AM-1:30 PM  
Wednesday: 7:30 AM-1:30 PM  
Thursday: 7:30 AM-1:30 PM  
Friday: 7:30 AM-1:30 PM

## **Elite Home Health Care Inc\*\***

(757) 562-2000  
NPI: 1699220723  
License: VA HCO 0001521  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**ELKHART HOME HEALTH  
CARE\*\***  
(757) 966-5923

NPI: 1013485234  
License: VA HCO 252014  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-12:00 PM

## **Embrace Quality Care\*\***

(757) 219-2090  
NPI: 1891688263  
License: VA HCO 0005914  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Empathy Home  
Healthcare LLC\*\***  
(571) 689-1095

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1144053638  
License: VA HCO 0005415  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Somali, French, Arabic, Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Evangela's Praying Hands Personal Care Services LLC\*\***  
(757) 338-6740  
NPI: 1518672682  
License: VA HCO 0003204  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

**Everlasting Love Home Care\*\***  
(757) 776-8180

NPI: 1487442992  
License: VA HCO 0005831  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Excel In Care Home Health Agency, LLC\*\***  
(757) 725-1018  
NPI: 1043928633  
License: VA HCO 0003155  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Excelsior Infusion & Home Care LLC\*\***  
(757) 704-4405  
NPI: 1912623943  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-1:00 PM

**Fairfax Home Health Care LLC\*\***  
(703) 546-8555  
NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Faithful Hands Health Services LLC\*\***  
(757) 690-7788  
NPI: 1518739200  
License: VA HCO 0005681  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Family First Home Care Inc\*\***  
(757) 539-0716

NPI: 1265778799  
License: VA HCO 0000910  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

**Family Healthcare Solutions LLC\*\***  
(757) 679-9792  
NPI: 1720647480  
License: VA HCO252186  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**First Class Home Care Services\*\***  
(757) 304-9891

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Long Term Services and Supports

NPI: 1316289010  
License: VA HCO 0000927  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## First Home Care\*\*

(804) 799-1004  
License: VA HCO253329  
Practice Focus: Home Visits  
Vietnamese, Spanish,  
Mongolian, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Five Diamonds Home Health LLC\*\*

(703) 208-7352  
NPI: 1326889437  
License: VA HCO 0005342  
Vietnamese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## FOREVER SENIOR CARE\*\*

(703) 662-2255  
NPI: 1134944614  
License: VA HCO 0005725  
Practice Focus: Home Visits  
Spanish  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:30 PM  
Tuesday: 9:00 AM-5:30 PM  
Wednesday: 9:00 AM-5:30 PM  
Thursday: 9:00 AM-5:30 PM  
Friday: 9:00 AM-5:30 PM

## FREEDOM HOME HEALTH CARE LLC\*\*

(571) 609-4100  
NPI: 1376317131  
License: VA HCO 0005237  
Practice Focus: Home Visits  
Bengali  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gaffney Community Care LLC\*\*

(757) 237-5245

NPI: 1457596777  
License: VA HCO 0000846  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Gateway Healthcare Services LLC\*\*

(703) 462-8725  
NPI: 1215462296  
License: VA HCO 251572  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Genesis Caring Companions\*\*

(757) 761-9190

NPI: 1952125304  
License: VA HCO 0005746  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Gentle Love and Care LLC\*\*

(757) 553-1317  
NPI: 1083444020  
License: VA HCO 0005447  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## Glamour Homecare\*\*

(571) 662-1064

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1881204352  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-3:00 PM

## **Gloria'S Angels Home Health Care\*\***

(757) 673-4407  
NPI: 1851610943  
License: VA HCO 0005700  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-1:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-1:00 PM

**Glorious Touch Home Health Care LLC\*\***  
(757) 998-0301

NPI: 1710447354  
License: VA HCO 252139  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **Glory To Glory Homecare Services LLC\*\***

(757) 994-4197  
NPI: 1457089245  
License: VA HCO 0005612  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Golden Connections Home Care LLC\*\***  
(833) 711-4340

NPI: 1609671940  
License: VA HCO 0006019  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Golden Hearts Home Healthcare LLC\*\***

(948) 220-9031  
NPI: 1487463113  
License: VA HCO 0006012  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Golden Lotus Home Health LLC\*\***  
(571) 286-8440

NPI: 1205578671  
License: VA HCO 0003168  
Practice Focus: Home Visits  
Vietnamese, Chinese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Good Shepherd House LLC\*\***

(757) 345-3359  
NPI: 1629588728  
License: VA 2668 02 008  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Gordons Home Healthcare LLC\*\***  
(757) 949-2143

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1043782295  
License: VA HCO 0005304  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## Grace Home Healthcare LLC\*\*

(703) 865-7370  
NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

## Graceful Hearts Home Healthcare LLC\*\*

(757) 785-9318

NPI: 1841012572  
License: VA HCO 0005546  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Grace-N-Home Care 4 You LLC\*\*

(757) 745-7213  
NPI: 1144513458  
License: VA HCO 0001916  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Grateful Heartz Home Care LLC\*\*

(757) 235-1760  
NPI: 1073374328  
License: VA HCO 0005197  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Grow in Grace Home Healthcare LLC\*\*

(757) 809-3337  
NPI: 1689323321  
License: VA HCO 252910  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Growth Home Health Care LLC\*\*

(757) 774-8941  
NPI: 1306345806  
License: VA HCO 0001913  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## Guardian Light Home Health LLC\*\*

(757) 320-0251

NPI: 1255030235  
License: VA HCO 0005010  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hampton Roads Home Care LLC\*\*

(757) 600-8695  
NPI: 1730741331  
License: VA HCO 0002235  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hand 'N Heart\*\*

(757) 490-1223  
License: VA HCO 0000471  
Practice Focus: Home Visits  
Tagalog, Spanish, Russian, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Happy Home Care LLC\*\*

(757) 250-2544  
NPI: 1427869676  
License: VA HCO 0005655  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Harmony Home Care LLC\*\*

(757) 482-4013  
NPI: 1073971560  
License: VA HCO 0001471  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Harmony Touch of Care LLC\*\*

(757) 582-2296

NPI: 1679133904  
License: VA HCO 0002115  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HB Homecare Solutions\*\*

(757) 327-9699  
NPI: 1912894809  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-6:00 PM  
Tuesday: 9:30 AM-6:00 PM  
Wednesday: 9:30 AM-6:00 PM  
Thursday: 9:30 AM-6:00 PM  
Friday: 9:30 AM-6:00 PM

## Healing Hands Homecare Services LLC\*\*

(571) 635-7767  
NPI: 1578079380  
License: VA HCO 0001603  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Healing Homes Health Care LLC\*\*

(757) 861-3856  
NPI: 1801782339  
License: VA HCO 0005904  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Healthy Hearts Home Care LLC\*\*

(757) 979-4040  
NPI: 1730775503  
License: VA HCO 0002677  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## HEALTHY HEARTS HOME HEALTHCARE LLC\*\*

(804) 479-3709

NPI: 1184159584  
License: VA HCO 251794  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Healthy Living Home Care LLC\*\*

(757) 238-2079  
NPI: 1134687643  
License: VA HCO 252166  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Heart & Hands Home Health LLC\*\*

(757) 362-8787

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1548024037  
License: VA HCO 0005227  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Heart Harmony Home Health and Services\*\***  
(757) 970-3955  
NPI: 1407329543  
License: VA HCO 0002281  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

**Heart to Heart Home Health Care LLC\*\***  
(757) 537-9301

NPI: 1215785159  
License: VA 30018000810002  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Heartfelt Loving Private Care LLC\*\***  
(910) 554-9323  
NPI: 1265209381  
License: VA HCO 262809  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

**Hearts of Joy Home Care LLC\*\***  
(757) 937-1202

NPI: 1548843402  
License: VA HCO 0002537  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**HEARTS OF UNITY\*\***  
(757) 513-2021  
NPI: 1144030958  
License: VA HCO 0006003  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**HEARTS-N-HOMES HOME CARE AGENCY LLC\*\***  
(757) 448-9613

NPI: 1184344079  
License: VA HCO 263292  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

**Heavenly Angel Healthcare Services LLC\*\***  
(757) 334-0474  
NPI: 1982112272  
License: VA HCO 251860  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-3:30 PM  
Tuesday: 8:30 AM-3:30 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Heavenly Hearts Home Healthcare LLC\*\***  
(757) 263-4358

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Long Term Services and Supports

NPI: 1447958632  
License: VA HCO 0003219  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Heavenly Home Health Care\*\*

(757) 809-5170  
NPI: 1801151576  
License: VA HCO 0000981  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HELPING HANDZ LLC\*\*

(757) 800-3755  
NPI: 1568009652  
License: VA HCO 0002308  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Highly Favored Home Care LLC\*\*

(757) 714-3031  
NPI: 1861180242  
License: VA HCO 0003284  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HLA Home Care LLC\*\*

(757) 673-3200  
NPI: 1154848729  
License: VA HCO 0001740  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## HOME ADVANTAGE HOMECARE LLC\*\*

(757) 576-8119

NPI: 1396596193  
License: VA HCO 263371  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Home Heart LLC\*\*

(757) 374-4927  
NPI: 1124627070  
License: VA HCO 0002593  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Home Helpers - Colonial Heights\*\*

(804) 805-2178

NPI: 1962935015  
License: VA HCO 0005704  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Home Helpers - Mechanicsville\*\*

(804) 767-9035  
License: VA HCO 0005704  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Home Helpers - Norfolk\*\*

(804) 805-2178

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

License: VA HCO 221655  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **HOMEBRIDGE HEALTH CARE CO\*\***

(757) 392-3011  
NPI: 1043961576  
License: VA HCO 0003173  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Homecare DMV Inc\*\***

(301) 339-3636

NPI: 1730954413  
License: VA HCO 0005341  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Home-HealthMed Services, LLC\*\***

(703) 637-9551  
NPI: 1891586731  
License: VA HCO 0005818  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Honesty Home Health LLC\*\***

(202) 945-8149

NPI: 1629674320  
License: VA HCO 0002469  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hope Care & Love Home Healthcare LLC Services LLC\*\***

(757) 518-9900  
NPI: 1609005313  
License: VA HCO 0000613  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **HYUNS HOMECARE SERVICES\*\***

(703) 507-2492

NPI: 1922822188  
License: VA HCO 0005597  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Immanuel Care LLC\*\***

(757) 547-8400  
NPI: 1215234786  
License: VA HCO 0000844  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **In Good Hands Home Healthcare\*\***

(804) 396-3706  
License: VA HCO 0002123  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Inspired Home Health LLC\*\***

(757) 447-7627

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1033714829  
License: VA HCO 0002455  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Integrity Personal Services\*\***

(757) 704-4697  
NPI: 1265008924  
License: VA HCO 0002536  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Interim Healthcare of Loudoun\*\***

(571) 473-5070

NPI: 1558053959  
License: VA HCO 0005261  
Practice Focus: Home Visits  
Urdu, Punjab, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Jalek Homecare\*\***

(757) 841-4701  
NPI: 1346010824  
License: VA HCO 0005569  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Janes Beautiful Angels LLC\*\***

(757) 812-6844

NPI: 1255844528  
License: VA HCO 0002404  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Jewels Heart Home Care, LLC\*\***

(757) 285-1464  
NPI: 1649842543  
License: VA HCO 0002897  
Practice Focus: Home Visits  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **JOY HOME HEALTH CARE LLC\*\***

(703) 869-1671

NPI: 1073093563  
License: VA HCO 0001978  
Practice Focus: Home Visits  
Arabic  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **JP GRAND HEARTS HEALTHCARE\*\***

(757) 615-7063  
NPI: 1255125159  
License: VA HCO 0005773  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **JRO Greater Care LLC\*\***

(757) 556-0554

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1376305367  
License: VA HCO 0005766  
Home Visits Only  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **K and K Home Care\*\***

(757) 991-3921  
NPI: 1013890383  
License: VA HCO 0006013  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kare for All LLC\*\***

(757) 648-8426  
NPI: 1265907034  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Kayes Unity Homecare\*\***

(757) 524-4868

NPI: 1952014565  
License: VA HCO 0003232  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **KES Integrated Services INC\*\***

(703) 935-9442  
NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Key Elements Care LLC\*\***

(757) 755-3289

NPI: 1194181966  
License: VA HCO 0001592  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Kinder Loving Care LLC\*\***

(757) 760-4360  
NPI: 1013893130  
License: VA HCO 0006109  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:30 AM-4:00 PM  
Friday: 10:00 AM-2:00 PM

## **KONNECT KARE HOME HEALTH AGENCY LLC\*\***

(757) 917-5102

NPI: 1598388878  
License: VA HCO 000363  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## **LEATHIAS HELPING HANDS LLC\*\***

(757) 537-4317  
NPI: 1063266187  
License: VA HCO00005551  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lee Haven Healthcare\*\***

(757) 748-8770  
NPI: 1891339412  
License: VA HCO 0002259  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## **LG Home Health Care Agency LLC\*\***

(757) 937-1593  
NPI: 1700594595  
License: VA HCO 0003192  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lifting A Blessing Hand Home Healthcare LLC\*\***

(757) 223-1224  
NPI: 1336623396  
License: VA HCO 0001896  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

## **Lillie's Haven\*\***

(757) 734-5677

NPI: 1780566141  
License: VA HCO 0005956  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lily Home Healthcare\*\***

(571) 461-9752  
NPI: 1205632635  
License: VA HCO 0005712  
Practice Focus: Home Visits  
Turkish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Living a Blessed Life Home Health LLC\*\***

(757) 327-1267  
NPI: 1669030920  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Living Beyond Home Health Care LLC\*\***

(757) 809-0192  
NPI: 1174219364  
License: VA HCO 0005126  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Love Hand Adult Day Center\*\***

(703) 657-0944  
NPI: 1699012153  
License: VA ADC 1103841  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Love Thy Neighbor\*\***

(757) 598-7888

Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lovin Care Home Health Services LLC\*\***

(757) 923-4437  
NPI: 1801035480  
License: VA HCO 0000822  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## **Loving Angels Health Care LLC\*\***

(571) 581-0910

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1679122915  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish, Chinese  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **M and D Home Healthcare LLC\*\***

(757) 777-0032  
NPI: 1811621733  
License: VA HCO 0003087  
Practice Focus: Home Visits  
Age 10 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mackey Cares LLC\*\***

(757) 316-4618

NPI: 1750083903  
License: VA 0704015680  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 10:00 AM-2:00 PM

## **MALIJO\*\***

(571) 385-5737  
NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German,  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Maryam Home Health LLC\*\***

(240) 869-9325

NPI: 1255020608  
License: VA HCO 263295  
Practice Focus: Home Visits  
Vietnamese, Spanish, Somali,  
Korean, French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McKenzie Care Associates LLC\*\***

(757) 279-0594  
NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mcperson Care & Gifted LLC\*\***

(757) 405-2648

NPI: 1053121392  
License: VA HCO 0005661  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## **MILLIES HOME HEALTH\*\***

(804) 665-8589  
NPI: 1720617269  
License: VA HCO 0002294  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

## **Miracle Touch Home Care LLC\*\***

(757) 749-7862  
NPI: 1275284408  
License: VA HCO 0002735  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## **MOORE HEARTS MOORE HANDS HOME HEALTHCARE\*\***

(757) 550-8080  
NPI: 1285450353  
License: VA HCO 0005618  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MOTHERS HELPER HOME HEALTH AGENCY\*\***

(757) 524-4177  
NPI: 1942994561  
License: VA HCO 0002784  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Murphys Absolute Home Care LLC\*\***

(757) 769-4380

NPI: 1548753833  
License: VA HCO252633  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-3:00 PM  
Tuesday: 8:00 AM-3:00 PM  
Wednesday: 8:00 AM-3:00 PM  
Thursday: 8:00 AM-3:00 PM  
Friday: 8:00 AM-3:00 PM

## **My Angels Home Health Care LLC\*\***

(757) 790-0569  
NPI: 1184348492  
License: VA HCO 0003028  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MY SHARI AMOR HOME CARE LLC\*\***

(757) 809-2648

NPI: 1073355624  
License: VA HCO 0005358  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **NABI Home Healthcare Inc\*\***

(757) 705-8219  
NPI: 1376397943  
License: VA HCO 0005560  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Nani's Loving Touch HHC LLC\*\***

(904) 729-7729

NPI: 1538048798  
License: VA HCO 0006051  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NATURAL HANDS HOME HEALTHCARE LLC\*\***

(757) 656-3531  
NPI: 1649092644  
License: VA HCO 0005555  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NEST HOME CARE LLC\*\***

(571) 598-9450

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1104672278  
License: VA HCO 0005506  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **New Start Home Care Agency\*\***

(757) 937-6035  
NPI: 1790302354  
License: VA HCO 0002340  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Next Generation Home Care LLC\*\***

(757) 935-5203

NPI: 1770104200  
License: VA HCO 0002336  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **No Place Like Home Healthcare LLC\*\***

(757) 956-5001  
NPI: 1770164766  
License: VA HCO 0002481  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nurse Next Door Norfolk VA\*\***

(757) 974-8419

NPI: 1265287205  
License: VA HCO 0005611  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Nursing You Home Care Services LLC\*\***

(757) 506-4515  
NPI: 1881492023  
License: VA HCO 0005735  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-2:00 PM  
Tuesday: 9:00 AM-2:00 PM  
Wednesday: 9:00 AM-2:00 PM  
Thursday: 9:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nurturing Hearts Haven LLC\*\***

(804) 548-3732

NPI: 1265222889  
License: VA HCO 0005812  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nurturing Hearts Home Healthcare LLC\*\***

(757) 364-1754  
NPI: 1033745880  
License: VA HCO 0002307  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Nurturing Hearts N Care\*\***

(757) 345-3700

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1629522719  
License: VA HCO 0001293  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## O Love Home Health Care LLC\*\*

(757) 822-4585  
NPI: 1598486425  
License: VA HCO 0005564  
Practice Focus: Home Visits  
Spanish, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## OMBI Home Care Services LLC\*\*

(540) 206-2543  
NPI: 1740749845  
License: VA HCO 0002105  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Open Arms Healthcare\*\***  
(757) 937-3262  
NPI: 1720659113  
License: VA HCO 0002808  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Open Arms Personal Care Inc\*\*

(757) 616-0552  
NPI: 1881727469  
License: VA HCO 0001087  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Open Hands Home Health\*\*

(757) 541-3907

NPI: 1447958186  
License: VA HCO 0005828  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Optimized Preferred Home Health Care\*\*

(757) 364-3623  
NPI: 1154014140  
License: VA HCO 0003283  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:00 PM  
Tuesday: 9:30 AM-4:00 PM  
Wednesday: 9:30 AM-4:00 PM  
Thursday: 9:30 AM-4:00 PM  
Friday: 9:30 AM-4:00 PM

## Patient Centered Care\*\*

(757) 738-2106  
NPI: 1639512262  
License: VA HCO 0000899  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Patients Choice Home Healthcare\*\*

(757) 424-4000  
NPI: 1538515937  
License: VA HCO 0001566  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Peace & Love Home Care\*\*

(757) 979-7783  
NPI: 1205431566  
License: VA HCO 0002459  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Perfect Touch Home Care LLC\*\*

(757) 809-1409

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1336853001  
License: VA HCO 0003262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Personal Touch Home Care Services Inc\*\*

(434) 246-3110  
License: VA HCO 0000765  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## PERSONAL TOUCH HOME CARE SERVICES INC\*\*

(434) 246-3110  
License: VA HCO 0000765  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: ASL  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Personal Touch Home Care Services Waverly\*\*

(434) 246-3110

License: VA HCO 0000765  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## Platinum Home Health Care\*\*

(757) 769-1025  
NPI: 1144966888  
License: VA HCO 0002635  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

## Premier Home Health Care LLC\*\*

(757) 966-1094  
NPI: 1982120556  
License: VA HCO 0001699  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Prestige Home Health Care Agency and Services LLC\*\*

(757) 358-7357  
NPI: 1508316597  
License: VA HCO 0001658  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Priority Care Home Health & Companion Services\*\*

(757) 935-5666  
NPI: 1245776319  
License: VA HCO 0001613  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Priority Care In-Home Assistance LLC\*\*

(757) 663-8862

NPI: 1447114368  
License: VA HCO 0006173  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Priority Home Healthcare of Virginia LLC\*\*

(757) 937-2562  
NPI: 1225795685  
License: VA HCO 0002710  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## PROVIDING EASE HOME CARE SERVICES LLC\*\*

(804) 590-5706

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1750276325  
License: VA HCO 0005899  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## **Pure Healthcare LLC\*\***

(757) 910-0777  
NPI: 1265241962  
License: VA HCO 0005753  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

**QCHH\*\***  
(757) 304-5361

NPI: 1356986889  
License: VA HCO 0002280  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM  
Saturday: 9:00 AM-2:30 PM  
Sunday: 9:00 AM-2:30 PM

## **Qualis Home Health Services LLC\*\***

(703) 586-9740  
NPI: 1639685001  
License: VA HCO 251869  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**QUALITY 1ST LLC\*\***  
(757) 282-6478

NPI: 1952888448  
License: VA HCO 0001996  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quality Care Health Services\*\***

(757) 532-6998  
NPI: 1376085589  
License: VA HCO 0001646  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quality Care Home Health Service LLC\*\***

(757) 956-6200  
NPI: 1245851088  
License: VA HCO 0002302  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Quality Homecare LLC\*\***  
(202) 650-1125  
NPI: 1457813370  
License: VA HCO 0005067  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-5:30 PM  
Tuesday: 9:30 AM-5:30 PM  
Wednesday: 9:30 AM-5:30 PM  
Thursday: 9:30 AM-5:30 PM  
Friday: 9:30 AM-5:30 PM

## **QWest Home Health Care Agency\*\***

(757) 499-5060  
NPI: 1831556489  
License: VA HCO 0001452  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

**R U E Homecare LLC\*\***  
(757) 842-4839

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1104483965  
License: VA HCO 0002076  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rachels Retreat LLC\*\***

(804) 868-5518  
NPI: 1457187288  
License: VA HCO 0005802  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **RAISING HOPE LLC\*\***

(757) 956-6088  
NPI: 1609346444  
License: VA HCO 0005731  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **Randy's Angels Home Health Care LLC\*\***

(757) 826-0600  
NPI: 1881106995  
License: VA HCO 0001766  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **Red Heart Help Services LLC\*\***

(757) 724-2328  
NPI: 1619712387  
License: VA HCO 0005392  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Red Sea Homecare Agency\*\***

(703) 863-9728

NPI: 1225657760  
License: VA HCO 0002461  
Practice Focus: Home Visits  
Spanish, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Reigning Ivory Healthcare LLC\*\***

(757) 805-5500  
NPI: 1922796762  
License: VA HCO 0005407  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Resilient1 Healthcare LLC\*\***

(757) 729-5687

NPI: 1043066582  
License: VA HCO 0005767  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:30 PM  
Tuesday: 10:00 AM-4:30 PM  
Wednesday: 10:00 AM-4:30 PM  
Thursday: 10:00 AM-4:30 PM  
Friday: 10:00 AM-2:00 PM

## **Restoring Hope Home Health Group, LLC\*\***

(757) 793-1564  
NPI: 1215732904  
License: VA HCO 0005710  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **RIGHT CARE RIGHT TIME HOME CARE LLC\*\***

(757) 897-3554  
NPI: 1245095546  
License: VA HCO 0005499  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

## **ROSES HEALTH SOLUTIONS LLC\*\***

(757) 636-7917  
NPI: 1548757776  
License: VA HCO 252003  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ROSSYBRIGHT LLC\*\***

(703) 647-3886  
NPI: 1811358328  
License: VA HCO0001568  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
Saturday: 10:00 AM-6:00 PM

## **Royal Hearts Homecare LLC\*\***

(757) 486-2820

NPI: 1215482500  
License: VA HCO 0001544  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **ROYAL LOVING HOME HEALTHCARE LLC\*\***

(757) 582-4071  
NPI: 1932953189  
License: VA HCO 0005269  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Royalty Comfort Hands Healthcare LLC\*\***

(757) 401-2805  
NPI: 1962385799  
License: VA HCO 0005862  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **S&J Hands on Healthcare LLC\*\***

(757) 614-6499  
NPI: 1558901231  
License: VA HCO 0002845  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **S&M Caring Hands LLC\*\***

(757) 771-6454  
NPI: 1336627488  
License: VA HCO 0001907  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **S.A.B.\*\***

(757) 785-5439

NPI: 1528625472  
License: VA HCO 0002098  
Practice Focus: Home Visits  
Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-2:00 PM  
Wednesday: 9:00 AM-2:00 PM  
Thursday: 9:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sacred Heart Home Care LLC\*\***

(757) 235-5550  
NPI: 1124820774  
License: VA HCO 0005756  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Safehaven Regional LLC\*\***

(757) 524-6995

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1780226332  
License: VA HCO 0002155  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:30 AM-5:30 PM  
Tuesday: 10:30 AM-5:30 PM  
Wednesday: 10:30 AM-5:30 PM  
Thursday: 10:30 AM-5:30 PM  
Friday: 9:00 AM-3:00 PM

## **SARANG HEALTHCARE MANAGEMENT\*\***

(703) 349-7771  
License: VA HCO 0005649  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Seniors Helping Seniors\*\***

(757) 610-2236  
NPI: 1609551381  
License: VA HCO 0005538  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM

## **SENSITIVE CARE HOME CARE SERVICES LLC\*\***

(757) 354-6034  
NPI: 1144874975  
License: VA HCO 0002147  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## **SERENE HOME HEALTH SERVICES LLC\*\***

(571) 250-6369  
NPI: 1831871417  
License: VA HCO 0005320  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SERENE SOLUTIONS HEALTHCARE LLC\*\***

(434) 443-0628

NPI: 1992514012  
License: VA HCO 0005737  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Serenity and Wellness Home Care, LLC\*\***

(757) 994-7873  
NPI: 1326924473  
License: VA HCO 0006023  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SERENITY HOME HEALTHCARE-STERLING LLC\*\***

(703) 670-5826

NPI: 1477857100  
License: VA HCO 0000497  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Serenity Personal Home Health\*\***

(757) 424-9800  
NPI: 1821332198  
License: VA HCO 0000900  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Shades of Life Coaching Home Care Services LLC\*\***

(757) 431-3000  
NPI: 1790309540  
License: VA 3816 03 011  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Shalom Home Healthcare LLC\*\*

(757) 276-7814  
NPI: 1144059403  
License: VA HCO 0006024  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## Shoreline Healthcare Group LLC\*\*

(757) 904-3490  
NPI: 1356999353  
License: VA HCO 0002337  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## Signature Nursing at Home\*\*

(757) 797-4334

NPI: 1700372216  
License: VA HCO 0002170  
Practice Focus: Home Visits  
Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Silver Care LLC\*\*

(757) 648-9396  
NPI: 1265942189  
License: VA HCO 0001736  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Simplicity Healthcare\*\*

(571) 541-7116

NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## Sitters Companion Adultcare\*\*

(757) 610-1643  
NPI: 1982071452  
License: VA HCO 0001404  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Smiling Eyes Health Care Services LLC\*\*

(757) 515-1236

NPI: 1063221224  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SOLUTIONS SENIOR CARE LLC\*\*

(757) 553-4145  
NPI: 1285405415  
License: VA HCO 0005351  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## SOPHHC\*\*

(757) 272-3868  
NPI: 1316824311  
License: VA HCO 263241  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Stanley Personal Touch In-Home Care Services Inc\*\*

(757) 922-7040  
NPI: 1659854990  
License: VA HCO 0000772  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## Star Choice HomeCare LLC\*\*

(757) 384-3232  
NPI: 1801508171  
License: VA HCO 0003062  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sunflowers Personal Care\*\*

(757) 462-9667

NPI: 1508692708  
License: VA HCO 0005428  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## Sunrise Health Care Inc\*\*

(571) 606-7299  
NPI: 1336719756  
License: VA HCO 0002891  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sunrise Horizon Home Healthcare LLC\*\*

(757) 297-9510  
NPI: 1174224141  
License: VA HCO 263343  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## Superb Home Care\*\*

(703) 559-7308  
NPI: 1801591201  
License: VA HCO 0005226  
Practice Focus: Home Visits  
Spanish, Hindi, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## Superior Home Health Care LLC\*\*

(757) 295-1140  
NPI: 1972263606  
License: VA HCO0002706  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Supreme Home Healthcare\*\*

(757) 933-5386

NPI: 1548006588  
License: VA HCO 0005894  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tailor-Made Health Solutions LLC\*\*

(703) 606-9895  
NPI: 1487422523  
License: VA HCO 0005190  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 8:00 AM-6:00 PM  
Sunday: 9:00 AM-5:00 PM

## Taylor Made Home Health LLC\*\*

(757) 904-0022

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1912461971  
License: VA HCO 0002000  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Team Nurse Gretna\*\*

(434) 656-6000  
NPI: 1255419164  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Team Nurse Rocky Mount\*\*

(434) 447-6777  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Team Nurse Wytheville\*\*

(276) 228-8002

NPI: 1760736573  
License: VA HCO 250092  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Tender Love and Care LLC\*\*

(804) 396-4182  
NPI: 1508402306  
License: VA HCO 252250  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## The CareVille Homecare Services\*\*

(619) 549-9310

NPI: 1437865573  
License: VA HCO 0003033  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Time Inspires Patience Home Health Care LLC\*\*

(757) 652-8067  
NPI: 1174162549  
License: VA HCO 0002224  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

## TLC IN HOME HEALTHCARE LLC\*\*

(757) 556-5129

NPI: 1215731724  
License: VA HCO 0005759  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## Tons of Love Home Care\*\*

(757) 744-4494  
NPI: 1285264960  
License: VA HCO 0002293  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Transforming Care LLC\*\*

(757) 399-3933  
NPI: 1962871384  
License: VA HCO 0001475  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## Traveling Hearts LLC\*\*

(757) 222-5439

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1619759289  
License: VA HCO 0005457  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tri-Cities Home Services LLC\*\*

(757) 483-3506  
NPI: 1316296684  
License: VA HCO 250948  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-12:00 PM

## Trinity Heart Home Care\*\*

(757) 772-1177  
NPI: 1467275271  
License: VA HCO 0005222  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Trust Healthcare LLC\*\***  
(757) 714-3155  
NPI: 1558248419  
License: VA HCO 0006029  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-12:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## TRUSTED HANDS HOME HEALTHCARE LLC\*\*

(757) 961-5399  
NPI: 1588444129  
License: VA HCO005127  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Trusted Nurse Homecare\*\*

(202) 403-9147

NPI: 1659241685  
License: VA HCO 0006115  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ultimate Comfort Care LLC\*\*

(540) 530-4838  
NPI: 1174310379  
License: VA HCO 0005764  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ultimate Touch Home Health Care LLC\*\*

(757) 390-7297  
NPI: 1326599598  
License: VA HCO 0001704  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-12:00 PM

**Umbrella Home Care LLC\*\***  
(757) 381-1564  
NPI: 1174352389  
License: VA HCO 0005462  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## UNA HEALTHCARE SOLUTIONS LLC\*\*

(757) 527-3001  
NPI: 1821809757  
License: VA HCO 0006015  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Unique Purpose Home Health LLC\*\*

(757) 805-6871

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1457902447  
License: VA HCO 252165  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**United State Home Healthcare LLC\*\***  
(202) 286-1657  
NPI: 1104644913  
License: VA HCO 000532  
Practice Focus: Home Visits  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Unlimited Care 4 Corporation\*\***  
(571) 330-9318

NPI: 1700376415  
License: VA HCO 0001971  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**VA Care\*\***  
(757) 472-8480  
NPI: 1154299089  
License: VA 999999999  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**VACDS LLC\*\***  
(757) 949-5666  
NPI: 1306629977  
License: VA HCO 263383  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:30 AM-5:00 PM  
Tuesday: 10:30 AM-5:00 PM  
Wednesday: 10:30 AM-5:00 PM  
Thursday: 10:30 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Veronica's Home Health Agency LLC\*\***  
(757) 944-4682  
NPI: 1609603224  
License: VA HCO 0005488  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

**Visiting Angels Home Healthcare LLC\*\***  
(757) 966-2204  
NPI: 1033753371  
License: VA HCO 0002231  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

**We Are All One Home Healthcare LLC\*\***  
(757) 304-9111

NPI: 1669047155  
License: VA HCO 252535  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Weight on Our Hearts LLC\*\***  
(757) 759-7386  
NPI: 1952069437  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-6:00 PM  
Tuesday: 6:00 AM-6:00 PM  
Wednesday: 6:00 AM-6:00 PM  
Thursday: 6:00 AM-6:00 PM  
Friday: 7:00 AM-5:00 PM  
Saturday: 12:00 PM-5:00 PM  
Sunday: 12:00 PM-5:00 PM

**Wellness Healthcare Services LLC\*\***  
(757) 714-0879

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1699474932  
License: VA HCO0003223  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

**WHEE Promise LLC\*\***  
(757) 639-2790  
NPI: 1679146542  
License: VA HCO 0002522  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-12:00 PM

**With Loving Hands LLC\*\***  
(757) 524-4831

NPI: 1568060200  
License: VA HCO 0002793  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Wright Way Homecare LLC\*\***  
(757) 206-2924  
NPI: 1972115400  
License: VA HCO 0002362  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**XCELLENCE HEALTH AND SUPPORT SERVICES INC\*\***  
(757) 685-1913  
NPI: 1366290926  
License: VA HCO 0005768  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Y Christian Care LLC\*\***  
(757) 481-8786  
License: VA HCO 0001909  
Practice Focus: Home Visits Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

**YLS CARING HANDS LLC\*\***  
(757) 904-5819  
NPI: 1376203877  
License: VA HCO 0002701  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**YOUiversal Home Health Care LLC\*\***  
(757) 904-1119

NPI: 1144869660  
License: VA HCO 0002299  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

**Your Family is Family Home Healthcare Services LLC\*\***  
(757) 938-8126  
NPI: 1104313055  
License: VA HCO 0002052  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Zolas Love and Care Home Health LLC\*\***  
(757) 895-4633

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Long Term Services and Supports

NPI: 1982316790  
License: VA HCO 253217  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Respite Care

### 1 Accord Home Health LLC\*\*

(757) 395-4342  
NPI: 1225480270  
License: VA HCO 0001593  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

### 1 NEW LIFE HOME HEALTHCARE LLC\*\* (804) 475-4880

NPI: 1821664699  
License: VA HCO 0002722  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### 1824 HOME HEALTH CARE INC\*\*

(757) 707-4814  
NPI: 1306577762  
License: VA HCO 0002892  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### 1st Americare LLC\*\*

(732) 277-8100  
NPI: 1932720943  
License: VA HCO 0001868  
Practice Focus: Home Visits  
Urdu, Spanish, Punjab, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### 1st Home Care of VA Inc\*\*

(757) 937-5991  
NPI: 1104537042  
License: VA HCO 253164  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

### A Better Solution Home Health Care\*\*

(757) 304-1412  
NPI: 1215673769  
License: VA HCO 0002737  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

### A Caring Hart LLC\*\* (757) 333-0658

NPI: 1689078040  
License: VA HCO 0001352  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

### A Comforting Home Care\*\*

(757) 418-4011  
NPI: 1326938986  
License: VA HCO 0005936  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### A Generous Heart Home Care LLC\*\* (757) 964-7451

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1003442823  
License: VA HCO 0002310  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-12:00 PM  
Tuesday: 12:00 AM-12:00 PM  
Wednesday: 12:00 AM-12:00 PM  
Thursday: 12:00 AM-12:00 PM  
Friday: 12:00 AM-12:00 PM  
Saturday: 12:00 AM-12:00 PM  
Sunday: 12:00 AM-12:00 PM

## **A Loving Touch Home Care LLC\*\***

(757) 837-0211  
NPI: 1376120923  
License: VA HCO 0002584  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## **A Passion For Pulses Home Care LLC\*\***

(757) 748-2339

NPI: 1922746007  
License: VA HCO 0003064  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **A Plus Healthcare LLC\*\***

(757) 974-6119  
NPI: 1881149276  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **A Preferred Choice Home Health Care LLC\*\***

(757) 304-9741  
NPI: 1811707987  
License: VA HCO 0005617  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A SMILE FROM MY HEART HEALTH CARE INC\*\***

(757) 729-3890  
NPI: 1053150714  
License: VA HCO 0005352  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A Special Touch Home Health Care LLC\*\***

(757) 484-4005  
NPI: 1568016210  
License: VA HCO 0002134  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A TOUCH OF LOVING CARE LLC\*\***

(757) 622-3010

NPI: 1811434087  
License: VA HCO 0001621  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A&A Home Health LLC\*\***

(757) 934-3935  
NPI: 1033750443  
License: VA HCO 0002301  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **A&C Alternative Care\*\***

(757) 333-7613  
NPI: 1619759750  
License: VA HCO 0005316  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## **A+ Home Care\*\***

(703) 402-1872  
Office Languages: Spanish  
NPI: 1649752445  
License: VA HCO 0001957  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Tigrinya, Spanish, Arabic,  
Amharic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **A-1 In Homecare LLC\*\***

(757) 582-2990  
NPI: 1922667849  
License: VA HCO 0002104  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **AAA Home Health Inc\*\***

(703) 719-1200

NPI: 1386131159  
License: VA HCO 0001899  
Practice Focus: Virtual Care -  
Audio/Visual  
Spanish, French, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ABC Supportive LLC\*\***

(757) 343-1683  
NPI: 1033901350  
License: VA HCO 0005857  
Practice Focus: Home Visits  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Above and Beyond Home**

**Care LLC\*\***  
(804) 573-3613

Office Languages: Spanish  
NPI: 1750035903  
License: VA HCO 0003056  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM  
Saturday: 9:00 AM-3:00 PM  
Sunday: 9:00 AM-3:00 PM

## **ABUNDANT HEARTS HOME**

**HEALTHCARE LLC\*\***  
(757) 981-4889  
NPI: 1841024932  
License: VA HCO 0005639  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **Acadia Home Care LLC\*\***

(202) 766-2552

NPI: 1891555033  
License: VA HCO 0005305  
Practice Focus: Home Visits  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **ACH Home Services LLC\*\***

(948) 210-4199  
NPI: 1093579807  
License: VA HC 0005234  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **Addus HealthCare\*\***

(757) 480-2929

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1780600320  
License: VA HCO 0000214  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Addus Healthcare Inc\*\***  
(703) 497-2273  
NPI: 1386016244  
License: VA HCO 0000355  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Addus HomeCare\*\***  
(276) 696-3610

NPI: 1972069011  
License: VA HCO 0001960  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-4:30 PM  
Tuesday: 7:30 AM-4:30 PM  
Wednesday: 7:30 AM-4:30 PM  
Thursday: 7:30 AM-4:30 PM  
Friday: 7:30 AM-4:30 PM

**Advantage Home Care LLC\*\***  
(757) 222-5163  
NPI: 1295210706  
License: VA HCO 0002010  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

**Agap Consumer Directed Services LLC\*\***  
(804) 723-1374

NPI: 1093105140  
License: VA ADC1103831  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Aid 2 U Home Health Care LLC\*\***  
(757) 904-0597  
NPI: 1043068778  
License: VA HCO 0005340  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-1:00 PM

**All 4 One Home Healthcare Services Inc\*\***  
(757) 962-7838  
NPI: 1598932188  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**All About You Residential Care\*\***  
(757) 549-4663  
NPI: 1023402666  
License: VA 2315 03 011  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

**All Family Home Health Care LLC\*\***  
(757) 904-5013  
NPI: 1275376329  
License: VA HCO 0005575  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**All Heart Community Care Services LLC\*\***  
(240) 222-2723

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1518614403  
License: VA HCO 0002749  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## All Time Caring LLC\*\*

(703) 403-7100  
NPI: 1912754359  
License: VA HCO 0005372  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## All Ways There Home Care\*\*

(757) 591-0020

NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## Alliance Home Health Care LLC\*\*

(703) 486-4074  
NPI: 1407436728  
License: VA HCO0002590  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

## Alpha Home Care Services LLC\*\*

(703) 559-3597

NPI: 1801265277  
License: VA HCO 0001291  
Practice Focus: Home Visits  
Urdu, Panjabi, Hindi  
Age 7 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Altruistic Care Services LLC\*\*

(757) 338-3785  
NPI: 1679444251  
License: VA HCO 0005754  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Always There Home Health Care\*\*

(757) 392-3901

NPI: 1013441492  
License: VA HCO 0001793  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-12:00 PM

## AmeriCare Plus - Tidewater\*\*

(757) 356-1700  
NPI: 1295114494  
License: VA HCO 0000836  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## AMERICAS BEST HOME HEALTHCARE LLC\*\*

(703) 989-6806

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Long Term Services and Supports

NPI: 1225405079  
License: VA HCO 251501  
Practice Focus: Home Visits  
Spanish, Amharic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **An Angels Touch Healthcare Service\*\***

(757) 904-0107  
NPI: 1699200287  
License: VA HCO 0001708  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish  
Age 5 to 95  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Angelic Touch Healthcare Services\*\***

(757) 937-9569

NPI: 1063957199  
License: VA HCO 251653  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## **Angels for Life Health Care LLC\*\***

(804) 522-6640  
NPI: 1699388082  
License: VA HCO0002412  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:30 PM  
Tuesday: 9:00 AM-3:30 PM  
Wednesday: 9:00 AM-3:30 PM  
Thursday: 9:00 AM-3:30 PM  
Friday: 9:00 AM-3:30 PM

## **Anointed Hands Home Health LLC\*\***

(757) 620-8785

NPI: 1447803358  
License: VA HCO0002142  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Anytime Homecare\*\***

(757) 393-1333  
NPI: 1710395397  
License: VA HCO 0000811  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Age 21 to 64  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Apex Care LLC\*\***

(202) 600-1233

NPI: 1750957221  
License: VA HCO 252527  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Apex Homecare Services LLC\*\***

(866) 760-4407  
License: VA HCO 0002708  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Assurance Home Care Services\*\***

(757) 632-8461

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1093176588  
License: VA HCO 0001545  
Practice Focus: Home Visits  
Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM  
Saturday: 9:00 AM-12:00 PM

## **At Ease Home Care\*\***

(757) 963-0100  
NPI: 1356795348  
License: VA HCO 0001530  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## **AT HOME\*\***

(804) 964-0092

NPI: 1174118251  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-6:00 PM  
Tuesday: 8:30 AM-6:00 PM  
Wednesday: 8:30 AM-6:00 PM  
Thursday: 8:30 AM-6:00 PM  
Friday: 8:30 AM-6:00 PM  
Saturday: 8:30 AM-6:00 PM  
Sunday: 8:30 AM-6:00 PM

## **Atlantic Homecare Services LLC\*\***

(757) 227-9079  
NPI: 1235404518  
License: VA HCO 0000816  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Attentive Health Care Connections LLC\*\***

(757) 447-2668

NPI: 1922811660  
License: VA HCO 0005679  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Azure Home Healthcare LLC\*\***

(757) 612-4484  
NPI: 1619688108  
License: VA HCO 0003212  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **BABY BOOMERS HOME HEALTH CARE LLC\*\***

(703) 337-4572

NPI: 1578934543  
License: VA HCO 0001384  
Practice Focus: Home Visits  
Spanish, Persian, Modern, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Balance Homecare Services Inc\*\***

(757) 866-2696  
NPI: 1265118517  
License: VA HCO 0003074  
Practice Focus: Home Visits  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 9:00 AM-6:00 PM

## **Bed, Bath, and Beyond Care LLC\*\***

(757) 658-1417

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1346947686  
License: VA HCO 0003251  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **BELLAMY HEALTH SERVICES LLC\*\***

(757) 639-2790  
NPI: 1366324980  
License: VA HCO 0005975  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Benevolent Home Healthcare LLC\*\***

(757) 716-8861

NPI: 1003582453  
License: VA HCO 0002694  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **BETTER DAYS HOME HEALTH LLC\*\***

(757) 715-7829  
NPI: 1568283604  
License: VA HCO 0005836  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Better Living Home Health LLC\*\***

(757) 793-3758

NPI: 1033972989  
License: VA HCO 0005218  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Better Tomorrow Home Health Care LLC\*\***

(757) 406-3595  
NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean,  
German, French  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

## **Briggs Home Health Agency\*\***

(757) 628-1011

NPI: 1790037554  
License: VA HCO 0000881  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **Brighter Days Home Care LLC\*\***

(757) 499-4499  
NPI: 1699240713  
License: VA HCO 0001990  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **BRILLIANT HEALTHCARE INC\*\***

(757) 484-3000

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1932611084  
License: VA HCO251791  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Butlers Empire Home Health Care\*\*

(757) 244-4333  
NPI: 1013488683  
License: VA HCO 252009  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Call RNS, LLC\*\*

(240) 882-6135  
NPI: 1821464355  
License: VA HCO0001344  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## CALLAWAY COMPANIONS LLC\*\*

(757) 756-6406  
NPI: 1144861725  
License: VA HCO 0002173  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-12:00 PM

## Care 4 U Healthcare Service LLC\*\*

(703) 794-7165  
NPI: 1033453410  
License: VA HCO 2500984  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Care Advantage\*\*

(434) 582-4755

NPI: 1669556387  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage - Emporia\*\*

(434) 634-4830  
NPI: 1487859211  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage - Portsmouth\*\*

(757) 405-6320

NPI: 1952794299  
License: VA HCO0001509  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage Inc\*\*

(804) 323-9464  
NPI: 1386713303  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Care Advantage Plus LLC\*\*

(434) 973-2000

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1215006242  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Care Advantage-Abingdon\*\***  
(276) 258-5035  
NPI: 1205221488  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Care At Heart Homecare LLC\*\***  
(703) 345-9561

NPI: 1801632252  
License: VA HCO 0005527  
Practice Focus: Home Visits  
Spanish, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Care At Your Site LLC\*\***  
(434) 799-5731  
NPI: 1568200640  
License: VA HCO 0005497  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM

**Care Dot Homecare Agency LLC\*\***  
(804) 502-9201

NPI: 1265948350  
License: VA HCO 0001910  
Practice Focus: Home Visits  
Hindi  
Age 55 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

**Care With Dignity At Home LLC\*\***  
(703) 705-7707  
NPI: 1023897865  
License: VA HCO263405  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Carepanion Group Home Health\*\***  
(804) 997-6175

NPI: 1023825551  
License: VA HCO 0005794  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**CareTrust Home Care LLC\*\***  
(571) 762-6833  
NPI: 1932708278  
License: VA HCO 252574  
Practice Focus: Home Visits, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Caring For You Homecareservices LLC\*\***  
(757) 455-8920

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1841469087  
License: VA HCO 0000467  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-5:30 PM  
Tuesday: 9:30 AM-5:30 PM  
Wednesday: 9:30 AM-5:30 PM  
Thursday: 9:30 AM-5:30 PM  
Friday: 9:30 AM-5:30 PM

## **Caring Hands Home Health LLC\*\***

(757) 796-2508  
NPI: 1295512390  
License: VA HCO 0005667  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Caring One Home Healthcare\*\***

(804) 309-0391  
NPI: 1033889928  
License: VA HCO 0002800  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Caring Professionals Home HealthCare LLC\*\***

(757) 448-5172  
NPI: 1417763939  
License: VA HCO 0005593  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CARING4U HOME CARE LLC\*\***

(571) 436-5199  
NPI: 1134090830  
License: VA HCO0006065  
Practice Focus: Home Visits  
Twi, Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Carriage Hill Health and Rehab Center\*\***

(540) 785-1120

NPI: 1912153164  
License: VA NH 0002528  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **CB Essential Home Care LLC\*\***

(757) 502-4626  
NPI: 1376249847  
License: VA HCO 0003222  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **CBN Healthcare Services Inc\*\***

(571) 398-2600

NPI: 1518208388  
License: VA HCO 0001026  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CDC Home Health Care LLC\*\***

(757) 639-3948  
NPI: 1982403093  
License: VA HCO 0005763  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CHARITY CARE HOME HEALTH\*\***

(757) 226-9916

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1033427448  
License: VA HCO 0001591  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cherished Home Services LLC\*\***

(757) 220-2396  
NPI: 1275202798  
License: VA HCO 0002657  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Choosing Wisely Home Health Care LLC\*\***

(757) 777-3566

NPI: 1114661766  
License: VA HCO 0003153  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Circle Of Life Home Care LLC\*\***

(757) 599-0218  
NPI: 1275929622  
License: VA HCO 0001437  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-2:00 PM

## **Clients First Home Health Inc\*\***

(757) 512-5565  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CM Health Solutions\*\***

(757) 239-4598  
NPI: 1205546686  
License: VA HCO 0005009  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Comfort Care Home Health LLC\*\***

(757) 923-2980  
NPI: 1033481189  
License: VA HCO 0000970  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Comfort Home Care Services Company\*\***

(434) 284-7740

NPI: 1740927896  
License: VA HCO 0003210  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish, Nepali, Hindi, Bengali  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compassionate Companions\*\***

(757) 502-4733  
NPI: 1205337938  
License: VA HCO 0001858  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Conglomerate Home Healthcare LLC\*\***

(757) 247-1268

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1033595616  
License: VA HCO 0001356  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## Connection Point Services, LLC\*\*

(757) 260-9520  
NPI: 1871296657  
License: VA HCO0005391  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Continuum Pediatric Nursing Services\*\*

(703) 592-3983

NPI: 1689638488  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CULTURAL HOME HEALTH CARE LLC\*\*

(757) 933-0530  
NPI: 1346908472  
License: VA HCO 0002661  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## D&T HOME CARE BUSINESS LLC\*\*

(571) 331-0884  
NPI: 1700370335  
License: VA HCO 0001876  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Dalylah Angels Homecare LLC\*\*

(804) 997-6526  
NPI: 1740935535  
License: VA HCO 0003030  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 2:00 PM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 10:00 AM-2:00 PM

## Delicate Home Health Care Corp\*\*

(703) 334-0105  
NPI: 1184166142  
License: VA 5493 03 011  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 10:00 AM-12:00 PM

## Deloris HomeHealth LLC\*\*

(757) 359-3206

NPI: 1801478854  
License: VA HCO 252515  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:00 AM-5:00 PM

## DEVOTED HANDS HEALTHCARE LLC\*\*

(757) 642-7859  
NPI: 1417444639  
License: VA HCO 0001849  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

## DIGNITY HOME CARE LLC\*\*

(571) 565-3192  
NPI: 1124596572  
License: VA HCO 251932  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## **DIVINE HEART SCS LLC\*\***

(757) 748-0424  
 NPI: 1255932737  
 License: VA HCO252596  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-4:00 PM  
 Tuesday: 8:00 AM-4:00 PM  
 Wednesday: 8:00 AM-4:00 PM  
 Thursday: 8:00 AM-4:00 PM  
 Friday: 8:00 AM-4:00 PM

## **DIVINE SENIOR HOME CARE LLC\*\***

(703) 677-0506  
 NPI: 1841707213  
 License: VA HCO 0001825  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Urdu, Panjabi, Hindi  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **Dulles Health and Rehab Center\*\***

(703) 934-5000

NPI: 1538473418  
 License: VA NH 0002594  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

## **D'Vine Home Care LLC\*\***

(757) 539-0002  
 NPI: 1427598564  
 License: VA HCO 0001713  
 Practice Focus: Home Visits  
 Korean  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 10:00 AM-3:00 PM  
 Tuesday: 10:00 AM-3:00 PM  
 Wednesday: 10:00 AM-3:00 PM  
 Thursday: 10:00 AM-3:00 PM  
 Friday: 9:00 AM-5:00 PM

## **Eden Homecare Center LLC\*\***

(571) 622-1166

NPI: 1811614035  
 License: VA HCO 0003160  
 Practice Focus: Home Visits  
 Vietnamese  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **Eden Senior Care Services LLC\*\***

(703) 463-2537  
 NPI: 1053876805  
 License: VA ADC 1103790  
 Practice Focus: Home Visits  
 Korean  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:30 AM-1:30 PM  
 Tuesday: 7:30 AM-1:30 PM  
 Wednesday: 7:30 AM-1:30 PM  
 Thursday: 7:30 AM-1:30 PM  
 Friday: 7:30 AM-1:30 PM

## **Elite Home Health Care Inc\*\***

(757) 562-2000

NPI: 1699220723  
 License: VA HCO 0001521  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **ELKHART HOME HEALTH CARE\*\***

(757) 966-5923  
 NPI: 1013485234  
 License: VA HCO 252014  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-3:00 PM  
 Tuesday: 9:00 AM-3:00 PM  
 Wednesday: 9:00 AM-3:00 PM  
 Thursday: 9:00 AM-3:00 PM  
 Friday: 9:00 AM-12:00 PM

## **Embrace Quality Care\*\***

(757) 219-2090  
 NPI: 1891688263  
 License: VA HCO 0005914  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## **Empathy Home Healthcare LLC\*\***

(571) 689-1095  
NPI: 1144053638  
License: VA HCO 0005415  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Somali, French, Arabic, Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Everlasting Love Home Care\*\***

(757) 776-8180  
NPI: 1487442992  
License: VA HCO 0005831  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Excel In Care Home Health Agency, LLC\*\***

(757) 725-1018

NPI: 1043928633  
License: VA HCO 0003155  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Excelsior Infusion & Home Care LLC\*\***

(757) 704-4405  
NPI: 1912623943  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-1:00 PM

## **Fairfax Home Health Care LLC\*\***

(703) 546-8555  
NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Faithful Hands Health Services LLC\*\***

(757) 690-7788  
NPI: 1518739200  
License: VA HCO 0005681  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family First Home Care Inc\*\***

(757) 539-0716  
NPI: 1265778799  
License: VA HCO 0000910  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family Healthcare Solutions LLC\*\***

(757) 679-9792

NPI: 1720647480  
License: VA HCO252186  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **First Class Home Care Services\*\***

(757) 304-9891  
NPI: 1316289010  
License: VA HCO 0000927  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **First Home Care\*\***

(804) 799-1004

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

License: VA HCO253329  
Practice Focus: Home Visits  
Vietnamese, Spanish,  
Mongolian, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Five Diamonds Home Health LLC\*\***  
(703) 208-7352  
NPI: 1326889437  
License: VA HCO 0005342  
Vietnamese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**FREEDOM HOME HEALTH CARE LLC\*\***  
(571) 609-4100

NPI: 1376317131  
License: VA HCO 0005237  
Practice Focus: Home Visits  
Bengali  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Gaffney Community Care LLC\*\***  
(757) 237-5245  
NPI: 1457596777  
License: VA HCO 0000846  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

**Gainesville Health and Rehab Center\*\***  
(571) 248-6100

NPI: 1689608473  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Gateway Healthcare Services LLC\*\***  
(703) 462-8725  
NPI: 1215462296  
License: VA HCO 251572  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Genesis Caring Companions\*\***  
(757) 761-9190

NPI: 1952125304  
License: VA HCO 0005746  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Gentle Love and Care LLC\*\***  
(757) 553-1317  
NPI: 1083444020  
License: VA HCO 0005447  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

**Gloria'S Angels Home Health Care\*\***  
(757) 673-4407

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1851610943  
 License: VA HCO 0005700  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 10:00 AM-3:00 PM  
 Tuesday: 10:00 AM-1:00 PM  
 Wednesday: 10:00 AM-3:00 PM  
 Thursday: 10:00 AM-3:00 PM  
 Friday: 10:00 AM-1:00 PM

**Glorious Touch Home Health Care LLC\*\***  
 (757) 998-0301  
 NPI: 1710447354  
 License: VA HCO 252139  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 10:00 AM-4:00 PM  
 Tuesday: 10:00 AM-4:00 PM  
 Wednesday: 10:00 AM-4:00 PM  
 Thursday: 10:00 AM-4:00 PM  
 Friday: 10:00 AM-4:00 PM

**Glory To Glory Homecare Services LLC\*\***  
 (757) 994-4197

NPI: 1457089245  
 License: VA HCO 0005612  
 Practice Focus: Home Visits  
 Age 21 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Golden Hearts Home Healthcare LLC\*\***  
 (948) 220-9031  
 NPI: 1487463113  
 License: VA HCO 0006012  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Golden Lotus Home Health LLC\*\***  
 (571) 286-8440

NPI: 1205578671  
 License: VA HCO 0003168  
 Practice Focus: Home Visits  
 Vietnamese, Chinese  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Gordons Home Healthcare LLC\*\***  
 (757) 949-2143  
 NPI: 1043782295  
 License: VA HCO 0005304  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-4:00 PM  
 Tuesday: 9:00 AM-4:00 PM  
 Wednesday: 9:00 AM-4:00 PM  
 Thursday: 9:00 AM-4:00 PM  
 Friday: 9:00 AM-5:00 PM

**Grace Home Healthcare LLC\*\***  
 (703) 865-7370

NPI: 1073904009  
 License: VA HCO 0001309  
 Practice Focus: Home Visits  
 Tagalog, Spanish, Korean  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-5:00 PM  
 Tuesday: 8:30 AM-5:00 PM  
 Wednesday: 8:30 AM-5:00 PM  
 Thursday: 8:30 AM-5:00 PM  
 Friday: 8:30 AM-5:00 PM  
 Saturday: 8:30 AM-5:00 PM

**Graceful Hearts Home Healthcare LLC\*\***  
 (757) 785-9318  
 NPI: 1841012572  
 License: VA HCO 0005546  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Grace-N-Home Care 4 You LLC\*\***  
 (757) 745-7213

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1144513458  
License: VA HCO 0001916  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Grateful Hertz Home Care LLC\*\*

(757) 235-1760  
NPI: 1073374328  
License: VA HCO 0005197  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Grow in Grace Home Healthcare LLC\*\*

(757) 809-3337  
NPI: 1689323321  
License: VA HCO 252910  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Growth Home Health Care LLC\*\*

(757) 774-8941  
NPI: 1306345806  
License: VA HCO 0001913  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## Guardian Light Home Health LLC\*\*

(757) 320-0251  
NPI: 1255030235  
License: VA HCO 0005010  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hand 'N Heart\*\*

(757) 490-1223  
License: VA HCO 0000471  
Practice Focus: Home Visits  
Tagalog, Spanish, Russian, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

License: VA HCO 0000471  
Practice Focus: Home Visits  
Tagalog, Spanish, Russian, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Happy Home Care LLC\*\*

(757) 250-2544  
NPI: 1427869676  
License: VA HCO 0005655  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Harmony Home Care LLC\*\*

(757) 482-4013  
NPI: 1073971560  
License: VA HCO 0001471  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Harmony Touch of Care LLC\*\*

(757) 582-2296  
NPI: 1679133904  
License: VA HCO 0002115  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HCC Personal Care Inc Windsor\*\*

(804) 378-7780  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Healing Hands Homecare Services LLC\*\*

(571) 635-7767

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1578079380  
License: VA HCO 0001603  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Healing Homes Health Care LLC\*\*

(757) 861-3856  
NPI: 1801782339  
License: VA HCO 0005904  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Healthy Hearts Home Care LLC\*\*

(757) 979-4040

NPI: 1730775503  
License: VA HCO 0002677  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## HEALTHY HEARTS HOME HEALTHCARE LLC\*\*

(804) 479-3709  
NPI: 1184159584  
License: VA HCO 251794  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Healthy Living Home Care LLC\*\*

(757) 238-2079

NPI: 1134687643  
License: VA HCO 252166  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Heart & Hands Home Health LLC\*\*

(757) 362-8787  
NPI: 1548024037  
License: VA HCO 0005227  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Heart Harmony Home Health and Services\*\*

(757) 970-3955

NPI: 1407329543  
License: VA HCO 0002281  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Heart to Heart Home Health Care LLC\*\*

(757) 537-9301  
NPI: 1215785159  
License: VA 30018000810002  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Heartfelt Loving Private Care LLC\*\*

(910) 554-9323  
NPI: 1265209381  
License: VA HCO 262809  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Hearts of Joy Home Care LLC\*\*

(757) 937-1202  
NPI: 1548843402  
License: VA HCO 0002537  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HEARTS OF UNITY\*\*

(757) 513-2021  
NPI: 1144030958  
License: VA HCO 0006003  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## HEARTS-N-HOMES HOME CARE AGENCY LLC\*\*

(757) 448-9613

NPI: 1184344079  
License: VA HCO 263292  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

## Heavenly Angel Healthcare Services LLC\*\*

(757) 334-0474  
NPI: 1982112272  
License: VA HCO 251860  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-3:30 PM  
Tuesday: 8:30 AM-3:30 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Heavenly Hearts Home Healthcare LLC\*\*

(757) 263-4358

NPI: 1447958632  
License: VA HCO 0003219  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Heavenly Home Health Care\*\*

(757) 809-5170  
NPI: 1801151576  
License: VA HCO 0000981  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HELPING HANDZ LLC\*\*

(757) 800-3755  
NPI: 1568009652  
License: VA HCO 0002308  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Highly Favored Home Care LLC\*\*

(757) 714-3031  
NPI: 1861180242  
License: VA HCO 0003284  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HLA Home Care LLC\*\*

(757) 673-3200  
NPI: 1154848729  
License: VA HCO 0001740  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## HOME ADVANTAGE HOMECARE LLC\*\*

(757) 576-8119

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1396596193  
License: VA HCO 263371  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Home Heart LLC

525 E Pinner St  
Suffolk, VA 23434  
(757) 374-4927  
NPI: 1124627070  
License: VA HCO 0002593  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Home Helpers - Colonial Heights\*\*

(804) 805-2178

NPI: 1962935015  
License: VA HCO 0005704  
Practice Focus: Virtual Care - Audio/Visual, Home Visits Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Home Helpers - Mechanicsville\*\*

(804) 767-9035  
License: VA HCO 0005704  
Practice Focus: Virtual Care - Audio/Visual, Home Visits Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Home Helpers - Norfolk\*\*

(804) 805-2178

License: VA HCO 221655  
Practice Focus: Virtual Care - Audio/Visual, Home Visits Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## HOMEBRIDGE HEALTH CARE CO\*\*

(757) 392-3011  
NPI: 1043961576  
License: VA HCO 0003173  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Homecare DMV Inc\*\*

(301) 339-3636

NPI: 1730954413  
License: VA HCO 0005341  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Home-HealthMed Services, LLC\*\*

(703) 637-9551  
NPI: 1891586731  
License: VA HCO 0005818  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Honesty Home Health LLC\*\*

(202) 945-8149

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1629674320  
License: VA HCO 0002469  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Honey Hearts Home Health Care LLC\*\***  
(757) 904-0905  
NPI: 1265115349  
License: VA HCO 0005562  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Hope Care & Love Home Healthcare LLC Services LLC\*\***  
(757) 518-9900

NPI: 1609005313  
License: VA HCO 0000613  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Humbling Hands LLC\*\***  
(757) 517-3061  
NPI: 1811705643  
License: VA HCO 0005644  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-2:00 PM

2076 Petersen Way  
Suffolk, VA 23434  
(757) 517-3061  
NPI: 1811705643  
License: VA HCO 0005644  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-2:00 PM

**Immanuel Care LLC\*\***  
(757) 547-8400

NPI: 1215234786  
License: VA HCO 0000844  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**In Good Hands Home Healthcare\*\***  
(804) 396-3706  
License: VA HCO 0002123  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Inspired Home Health LLC\*\***  
(757) 447-7627  
NPI: 1033714829  
License: VA HCO 0002455  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Integrity Personal Services\*\***  
(757) 704-4697  
NPI: 1265008924  
License: VA HCO 0002536  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Interim Healthcare of Loudoun\*\***  
(571) 473-5070  
NPI: 1558053959  
License: VA HCO 0005261  
Practice Focus: Home Visits  
Urdu, Punjab, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Jalek Homecare\*\***  
(757) 841-4701

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1346010824  
License: VA HCO 0005569  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Janes Beautiful Angels LLC\*\***

(757) 812-6844  
NPI: 1255844528  
License: VA HCO 0002404  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **JCs Care From Above LLC\*\***

(757) 917-5318  
NPI: 1316690761  
License: VA HCO0002551  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Jewels Heart Home Care, LLC\*\***

(757) 285-1464  
NPI: 1649842543  
License: VA HCO 0002897  
Practice Focus: Home Visits  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **JOY HOME HEALTH CARE LLC\*\***

(703) 869-1671  
NPI: 1073093563  
License: VA HCO 0001978  
Practice Focus: Home Visits  
Arabic  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **JP GRAND HEARTS HEALTHCARE\*\***

(757) 615-7063

NPI: 1255125159  
License: VA HCO 0005773  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **JRO Greater Care LLC\*\***

(757) 556-0554  
NPI: 1376305367  
License: VA HCO 0005766  
Home Visits Only  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **K and K Home Care\*\***

(757) 991-3921  
NPI: 1013890383  
License: VA HCO 0006013  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kare for All LLC\*\***

(757) 648-8426

NPI: 1265907034  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Kayes Unity Homecare\*\***

(757) 524-4868  
NPI: 1952014565  
License: VA HCO 0003232  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **KES Integrated Services INC\*\***

(703) 935-9442  
NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Key Elements Care LLC\*\*

(757) 755-3289  
NPI: 1194181966  
License: VA HCO 0001592  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Kinder Loving Care LLC\*\*

(757) 760-4360  
NPI: 1013893130  
License: VA HCO 0006109  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:30 AM-4:00 PM  
Friday: 10:00 AM-2:00 PM

## KONNECT KARE HOME HEALTH AGENCY LLC\*\*

(757) 917-5102

NPI: 1598388878  
License: VA HCO 000363  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## LEATHIAS HELPING HANDS LLC\*\*

(757) 537-4317  
NPI: 1063266187  
License: VA HCO00005551  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lee Haven Healthcare\*\*

(757) 748-8770  
NPI: 1891339412  
License: VA HCO 0002259  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## Lifting A Blessing Hand Home Healthcare LLC\*\*

(757) 223-1224  
NPI: 1336623396  
License: VA HCO 0001896  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

## Lillie's Haven\*\*

(757) 734-5677  
NPI: 1780566141  
License: VA HCO 0005956  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lily Home Healthcare\*\*

(571) 461-9752

NPI: 1205632635  
License: VA HCO 0005712  
Practice Focus: Home Visits  
Turkish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Living a Blessed Life Home Health LLC\*\*

(757) 327-1267  
NPI: 1669030920  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Living Beyond Home Health Care LLC\*\*

(757) 809-0192  
NPI: 1174219364  
License: VA HCO 0005126  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Love Hand Adult Day Center\*\*

(703) 657-0944  
NPI: 1699012153  
License: VA ADC 1103841  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Love Thy Neighbor\*\*

(757) 598-7888  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lovin Care Home Health Services LLC\*\*

(757) 923-4437

NPI: 1801035480  
License: VA HCO 0000822  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## Loving Angels Health Care LLC\*\*

(571) 581-0910  
NPI: 1679122915  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish, Chinese  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mackey Cares LLC\*\*

(757) 316-4618

NPI: 1750083903  
License: VA 0704015680  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 10:00 AM-2:00 PM

## MALIJO\*\*

(571) 385-5737  
NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## McKenzie Care Associates LLC\*\*

(757) 279-0594

NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mcperson Care & Gifted LLC\*\*

(757) 405-2648  
NPI: 1053121392  
License: VA HCO 0005661  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## MILLIES HOME HEALTH\*\*

(804) 665-8589  
NPI: 1720617269  
License: VA HCO 0002294  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Miracle Touch Home Care LLC\*\*

(757) 749-7862  
NPI: 1275284408  
License: VA HCO 0002735  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MOORE HEARTS MOORE HANDS HOME HEALTHCARE\*\*

(757) 550-8080  
NPI: 1285450353  
License: VA HCO 0005618  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MOTHERS HELPER HOME HEALTH AGENCY\*\*

(757) 524-4177

NPI: 1942994561  
License: VA HCO 0002784  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Murphys Absolute Home Care LLC\*\*

(757) 769-4380  
NPI: 1548753833  
License: VA HCO252633  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-3:00 PM  
Tuesday: 8:00 AM-3:00 PM  
Wednesday: 8:00 AM-3:00 PM  
Thursday: 8:00 AM-3:00 PM  
Friday: 8:00 AM-3:00 PM

## My Angels Home Health Care LLC\*\*

(757) 790-0569

NPI: 1184348492  
License: VA HCO 0003028  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MY SHARI AMOR HOME CARE LLC\*\*

(757) 809-2648  
NPI: 1073355624  
License: VA HCO 0005358  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## NABI Home Healthcare Inc\*\*

(757) 705-8219

NPI: 1376397943  
License: VA HCO 0005560  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Nani's Loving Touch HHC LLC\*\*

(904) 729-7729  
NPI: 1538048798  
License: VA HCO 0006051  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## NATURAL HANDS HOME HEALTHCARE LLC\*\*

(757) 656-3531

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1649092644  
License: VA HCO 0005555  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NEST HOME CARE LLC\*\***

(571) 598-9450  
NPI: 1104672278  
License: VA HCO 0005506  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **New Start Home Care Agency\*\***

(757) 937-6035

NPI: 1790302354  
License: VA HCO 0002340  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Next Generation Home Care LLC\*\***

(757) 935-5203  
NPI: 1770104200  
License: VA HCO 0002336  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **No Place Like Home Healthcare LLC\*\***

(757) 956-5001  
NPI: 1770164766  
License: VA HCO 0002481  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nurse Next Door Norfolk VA\*\***

(757) 974-8419  
NPI: 1265287205  
License: VA HCO 0005611  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Nursing You Home Care Services LLC\*\***

(757) 506-4515  
NPI: 1881492023  
License: VA HCO 0005735  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-2:00 PM  
Tuesday: 9:00 AM-2:00 PM  
Wednesday: 9:00 AM-2:00 PM  
Thursday: 9:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nurturing Hearts Haven LLC\*\***

(804) 548-3732

NPI: 1265222889  
License: VA HCO 0005812  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nurturing Hearts Home Healthcare LLC\*\***

(757) 364-1754  
NPI: 1033745880  
License: VA HCO 0002307  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Nurturing Hearts N Care\*\***

(757) 345-3700

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1629522719  
License: VA HCO 0001293  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **OMBI Home Care Services LLC\*\***

(540) 206-2543  
NPI: 1740749845  
License: VA HCO 0002105  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Open Arms Healthcare\*\***

(757) 937-3262  
NPI: 1720659113  
License: VA HCO 0002808  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Open Arms Personal Care Inc\*\***

(757) 616-0552  
NPI: 1881727469  
License: VA HCO 0001087  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Open Hands Home Health\*\***

(757) 541-3907  
NPI: 1447958186  
License: VA HCO 0005828  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **Optimized Preferred Home Health Care\*\***

(757) 364-3623

NPI: 1154014140  
License: VA HCO 0003283  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:00 PM  
Tuesday: 9:30 AM-4:00 PM  
Wednesday: 9:30 AM-4:00 PM  
Thursday: 9:30 AM-4:00 PM  
Friday: 9:30 AM-4:00 PM

## **Patient Centered Care\*\***

(757) 738-2106  
NPI: 1639512262  
License: VA HCO 0000899  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Patients Choice Home Healthcare\*\***

(757) 424-4000

NPI: 1538515937  
License: VA HCO 0001566  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Peace & Love Home Care\*\***

(757) 979-7783  
NPI: 1205431566  
License: VA HCO 0002459  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Perfect Touch Home Care LLC\*\***

(757) 809-1409

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1336853001  
License: VA HCO 0003262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Personal Touch Home Care Services Inc\*\*

(434) 246-3110  
License: VA HCO 0000765  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## Personal Touch Home Care Services Waverly\*\*

(434) 246-3110  
License: VA HCO 0000765  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## Platinum Home Health Care\*\*

(757) 769-1025

NPI: 1144966888  
License: VA HCO 0002635  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

## Premier Home Health Care LLC\*\*

(757) 966-1094  
NPI: 1982120556  
License: VA HCO 0001699  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Prestige Home Health Care Agency and Services LLC\*\*

(757) 358-7357  
NPI: 1508316597  
License: VA HCO 0001658  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Priority Care Home Health & Companion Services\*\*

(757) 935-5666  
NPI: 1245776319  
License: VA HCO 0001613  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Priority Care In-Home Assistance LLC\*\*

(757) 663-8862  
NPI: 1447114368  
License: VA HCO 0006173  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Priority Home Healthcare of Virginia LLC\*\*

(757) 937-2562

NPI: 1225795685  
License: VA HCO 0002710  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pure Healthcare LLC\*\*

(757) 910-0777  
NPI: 1265241962  
License: VA HCO 0005753  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## QCHH\*\*

(757) 304-5361

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1356986889  
License: VA HCO 0002280  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM  
Saturday: 9:00 AM-2:30 PM  
Sunday: 9:00 AM-2:30 PM

## **Qualis Home Health Services LLC\*\***

(703) 586-9740  
NPI: 1639685001  
License: VA HCO 251869  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **QUALITY 1ST LLC\*\***

(757) 282-6478  
NPI: 1952888448  
License: VA HCO 0001996  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1952888448  
License: VA HCO 0001996  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quality Care Health Services\*\***

(757) 532-6998  
NPI: 1376085589  
License: VA HCO 0001646  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quality Care Home Health Service LLC\*\***

(757) 956-6200  
NPI: 1245851088  
License: VA HCO 0002302  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **QWest Home Health Care Agency\*\***

(757) 499-5060  
NPI: 1831556489  
License: VA HCO 0001452  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## **R U E Homecare LLC\*\***

(757) 842-4839  
NPI: 1104483965  
License: VA HCO 0002076  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **RAISING HOPE LLC\*\***

(757) 956-6088

NPI: 1609346444  
License: VA HCO 0005731  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **Randy's Angels Home Health Care LLC\*\***

(757) 826-0600  
NPI: 1881106995  
License: VA HCO 0001766  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **Red Heart Help Services LLC\*\***

(757) 724-2328  
NPI: 1619712387  
License: VA HCO 0005392  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Long Term Services and Supports

## Red Sea Homecare Agency\*\*

(703) 863-9728  
NPI: 1225657760  
License: VA HCO 0002461  
Practice Focus: Home Visits  
Spanish, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Reigning Ivory Healthcare LLC\*\*

(757) 805-5500  
NPI: 1922796762  
License: VA HCO 0005407  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Resilient1 Healthcare LLC\*\*

(757) 729-5687

NPI: 1043066582  
License: VA HCO 0005767  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:30 PM  
Tuesday: 10:00 AM-4:30 PM  
Wednesday: 10:00 AM-4:30 PM  
Thursday: 10:00 AM-4:30 PM  
Friday: 10:00 AM-2:00 PM

## Restoring Hope Home Health Group, LLC\*\*

(757) 793-1564  
NPI: 1215732904  
License: VA HCO 0005710  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## RIGHT CARE RIGHT TIME HOME CARE LLC\*\*

(757) 897-3554  
NPI: 1245095546  
License: VA HCO 0005499  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## River View on the Appomattox Health and Rehab Center\*\*

(804) 541-1445  
NPI: 1740241181  
License: VA NH 0002759  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## ROSES HEALTH SOLUTIONS LLC\*\*

(757) 636-7917  
NPI: 1548757776  
License: VA HCO 252003  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## ROSSYBRIGHT LLC\*\*

(703) 647-3886

NPI: 1811358328  
License: VA HCO0001568  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
Saturday: 10:00 AM-6:00 PM

## Royal Hearts Homecare LLC\*\*

(757) 486-2820  
NPI: 1215482500  
License: VA HCO 0001544  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## ROYAL LOVING HOME HEALTHCARE LLC\*\*

(757) 582-4071

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1932953189  
License: VA HCO 0005269  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Royalty Comfort Hands Healthcare LLC\*\***

(757) 401-2805  
NPI: 1962385799  
License: VA HCO 0005862  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **S&M Caring Hands LLC\*\***

(757) 771-6454  
NPI: 1336627488  
License: VA HCO 0001907  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**S.A.B.\*\***  
(757) 785-5439  
NPI: 1528625472  
License: VA HCO 0002098  
Practice Focus: Home Visits  
Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-2:00 PM  
Wednesday: 9:00 AM-2:00 PM  
Thursday: 9:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sacred Heart Home Care LLC\*\***

(757) 235-5550  
NPI: 1124820774  
License: VA HCO 0005756  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Safehaven Regional LLC\*\***

(757) 524-6995

NPI: 1780226332  
License: VA HCO 0002155  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:30 AM-5:30 PM  
Tuesday: 10:30 AM-5:30 PM  
Wednesday: 10:30 AM-5:30 PM  
Thursday: 10:30 AM-5:30 PM  
Friday: 9:00 AM-3:00 PM

## **SARANG HEALTHCARE MANAGEMENT\*\***

(703) 349-7771  
License: VA HCO 0005649  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Seniors Helping Seniors\*\***

(757) 610-2236  
NPI: 1609551381  
License: VA HCO 0005538  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM

## **SENSITIVE CARE HOME CARE SERVICES LLC\*\***

(757) 354-6034  
NPI: 1144874975  
License: VA HCO 0002147  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## **SERENE SOLUTIONS HEALTHCARE LLC\*\***

(434) 443-0628  
NPI: 1992514012  
License: VA HCO 0005737  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Serenity and Wellness Home Care, LLC\*\***

(757) 994-7873

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1326924473  
License: VA HCO 0006023  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Serenity Personal Home Health\*\*

(757) 424-9800  
NPI: 1821332198  
License: VA HCO 0000900  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Shades of Life Coaching Home Care Services LLC\*\*

(757) 431-3000  
NPI: 1790309540  
License: VA 3816 03 011  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Shalom Home Healthcare LLC\*\*

(757) 276-7814  
NPI: 1144059403  
License: VA HCO 0006024  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## Shoreline Healthcare Group LLC\*\*

(757) 904-3490  
NPI: 1356999353  
License: VA HCO 0002337  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## Signature Nursing at Home\*\*

(757) 797-4334

NPI: 1700372216  
License: VA HCO 0002170  
Practice Focus: Home Visits  
Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Silver Care LLC\*\*

(757) 648-9396  
NPI: 1265942189  
License: VA HCO 0001736  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Simplicity Healthcare\*\*

(571) 541-7116

NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## Sitters Companion Adultcare\*\*

(757) 610-1643  
NPI: 1982071452  
License: VA HCO 0001404  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## SOLUTIONS SENIOR CARE LLC\*\*

(757) 553-4145

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1285405415  
License: VA HCO 0005351  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **SOPHHC\*\***

(757) 272-3868  
NPI: 1316824311  
License: VA HCO 263241  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Stanley Personal Touch In-Home Care Services Inc\*\***  
(757) 922-7040

NPI: 1659854990  
License: VA HCO 0000772  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **Star Choice HomeCare LLC\*\***

(757) 384-3232  
NPI: 1801508171  
License: VA HCO 0003062  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sunflowers Personal Care\*\***

(757) 462-9667  
NPI: 1508692708  
License: VA HCO 0005428  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **Sunrise Health Care Inc\*\***

(571) 606-7299  
NPI: 1336719756  
License: VA HCO 0002891  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sunrise Horizon Home Healthcare LLC\*\***

(757) 297-9510  
NPI: 1174224141  
License: VA HCO 263343  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## **Superb Home Care\*\***

(703) 559-7308

NPI: 1801591201  
License: VA HCO 0005226  
Practice Focus: Home Visits  
Spanish, Hindi, Gujarati  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Superior Home Health Care LLC\*\***

(757) 295-1140  
NPI: 1972263606  
License: VA HCO0002706  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Supreme Home Healthcare\*\***  
(757) 933-5386

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1548006588  
License: VA HCO 0005894  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tailor-Made Health Solutions LLC\*\*

(703) 606-9895  
NPI: 1487422523  
License: VA HCO 0005190  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 8:00 AM-6:00 PM  
Sunday: 9:00 AM-5:00 PM

## Team Nurse Gretna\*\*

(434) 656-6000

NPI: 1255419164  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Team Nurse Rocky Mount\*\*

(434) 447-6777  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Team NurseWytheville\*\*

(276) 228-8002  
NPI: 1760736573  
License: VA HCO 250092  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Tender Love and Care LLC\*\*

(804) 396-4182  
NPI: 1508402306  
License: VA HCO 252250  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Time Inspires Patience Home Health Care LLC\*\*

(757) 652-8067  
NPI: 1174162549  
License: VA HCO 0002224  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

## TLC IN HOME HEALTHCARE LLC\*\*

(757) 556-5129

NPI: 1215731724  
License: VA HCO 0005759  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## Transforming Care LLC\*\*

(757) 399-3933  
NPI: 1962871384  
License: VA HCO 0001475  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## Traveling Hearts LLC\*\*

(757) 222-5439  
NPI: 1619759289  
License: VA HCO 0005457  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Tri-Cities Home Services LLC\*\*

(757) 483-3506  
NPI: 1316296684  
License: VA HCO 250948  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-12:00 PM

## Trinitys Heart Home Care\*\*

(757) 772-1177  
NPI: 1467275271  
License: VA HCO 0005222  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Trust Healthcare LLC\*\*

(757) 714-3155

NPI: 1558248419  
License: VA HCO 0006029  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-12:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## TRUSTED HANDS HOME HEALTHCARE LLC\*\*

(757) 961-5399  
NPI: 1588444129  
License: VA HCO005127  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Trusted Nurse Homecare\*\*

(202) 403-9147  
NPI: 1659241685  
License: VA HCO 0006115  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Umbrella Home Care LLC\*\*

(757) 381-1564  
NPI: 1174352389  
License: VA HCO 0005462  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## UNA HEALTHCARE SOLUTIONS LLC\*\*

(757) 527-3001  
NPI: 1821809757  
License: VA HCO 0006015  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Unique Purpose Home Health LLC\*\*

(757) 805-6871

NPI: 1457902447  
License: VA HCO 252165  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## United State Home Healthcare LLC\*\*

(202) 286-1657  
NPI: 1104644913  
License: VA HCO 0005532  
Practice Focus: Home Visits  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Unlimited Care 4 Corporation\*\*

(571) 330-9318

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1700376415  
License: VA HCO 0001971  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Veronica's Home Health Agency LLC\*\*

(757) 944-4682  
NPI: 1609603224  
License: VA HCO 0005488  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Visiting Angels Home Healthcare LLC\*\*

(757) 966-2204  
NPI: 1033753371  
License: VA HCO 0002231  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

**We Are All One Home Healthcare LLC\*\***  
(757) 304-9111  
NPI: 1669047155  
License: VA HCO 252535  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## We Rock the Spectrum Chesapeake\*\*

(757) 937-5770  
NPI: 1083590640  
License: VA 13217 02 004  
Practice Focus: Home Visits  
Age 20 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-6:00 PM

## Weight on Our Hearts LLC\*\*

(757) 759-7386

NPI: 1952069437  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-6:00 PM  
Tuesday: 6:00 AM-6:00 PM  
Wednesday: 6:00 AM-6:00 PM  
Thursday: 6:00 AM-6:00 PM  
Friday: 7:00 AM-5:00 PM  
Saturday: 12:00 PM-5:00 PM  
Sunday: 12:00 PM-5:00 PM

## Wellness Healthcare Services LLC\*\*

(757) 714-0879  
NPI: 1699474932  
License: VA HCO0003223  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## WHEE Promise LLC\*\*

(757) 639-2790

NPI: 1679146542  
License: VA HCO 0002522  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-12:00 PM

## With Loving Hands LLC\*\*

(757) 524-4831  
NPI: 1568060200  
License: VA HCO 0002793  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wright Way Homecare LLC\*\*

(757) 206-2924  
NPI: 1972115400  
License: VA HCO 0002362  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

## **XCELLENCE HEALTH AND SUPPORT SERVICES INC\*\***

(757) 685-1913  
NPI: 1366290926  
License: VA HCO 0005768  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Y Christian Care LLC\*\***

(757) 481-8786  
License: VA HCO 0001909  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## **YLS CARING HANDS LLC\*\***

(757) 904-5819

NPI: 1376203877  
License: VA HCO 0002701  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **YOUiversal Home Health Care LLC\*\***

(757) 904-1119  
NPI: 1144869660  
License: VA HCO 0002299  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## **Your Family is Family Home Healthcare Services LLC\*\***

(757) 938-8126

NPI: 1104313055  
License: VA HCO 0002052  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Zolas Love and Care Home Health LLC\*\***

(757) 895-4633  
NPI: 1982316790  
License: VA HCO 253217  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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## VIRGINIA

### SUFFOLK CITY COUNTY

#### Addiction (Substance Use Disorder) Counselor

##### A New Way of Life Recovery Center LLC

(757) 227-7665  
 License: VA 8293 02 035  
 Practice Focus: Peer support services, Medication Management, Group therapy, Cultural Competency Trained, Community-Based Treatment, Chemical Dependency/Co-Dependency, ASAM Level 2.5 Partial Hospitalization, Adult Substance users  
 Age 18 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

##### Addiction Allies LLC

(434) 400-9668

Website:  
[www.addictionallies.com/contact](http://www.addictionallies.com/contact)  
 Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Mental Health Counselor, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
**Manning, William J LCSW**  
 Gender: Male  
 NPI: 1093301913  
 License: VA 0904012564  
 Website:  
[www.addictionallies.com/contact](http://www.addictionallies.com/contact)  
 Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

##### Phillips, Robert T LPC

Gender: Male  
 NPI: 1245658947  
 License: VA 0701008347  
 Website:  
[www.addictionallies.com/contact](http://www.addictionallies.com/contact)  
 Age 1 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

##### Young, Nathan M LPC

Gender: Male  
 NPI: 1962675017  
 License: VA 0701004314  
 Website:  
[www.addictionallies.com/contact](http://www.addictionallies.com/contact)  
 Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

##### Beach Therapy and Consulting PLLC

(757) 340-6100

NPI: 1326482779

Website:  
[www.beachtherapyandconsulting.com/](http://www.beachtherapyandconsulting.com/)  
 Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexual Disorder, Post-Traumatic Stress Disorder (PTSD), Glomerular Disease, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Bipolar, Anxiety/Depression  
 Age 5 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-6:00 PM  
 Tuesday: 8:00 AM-6:00 PM  
 Wednesday: 8:00 AM-6:00 PM  
 Thursday: 8:00 AM-6:00 PM  
 Friday: 8:00 AM-6:00 PM

##### Better Way Counseling LCC

(434) 282-8103

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Allen, David L LPC

Gender: Male  
NPI: 1922375237  
License: VA 0701003437  
Website: davidallenlpc.clientsecure.me  
Practice Focus: Virtual Care - Audio/Visual, Addictions/ Substance Abuse  
Age 18 to 90  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1639783756  
Website: davidallenlpc.clientsecure.me  
Practice Focus: Virtual Care - Audio/Visual, Addictions/ Substance Abuse  
Age 18 to 90  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Covenant Counseling and Consulting LLC**  
(804) 836-9729

## Cooper, Denise

Gender: Female  
NPI: 1023244936  
License: VA 0710001123  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Peer support services, Motivational Enhancement Therapy, Mood Disorders/Depression, Matrix Model Moral Reconciliation Therapy (MRT), Cultural Competency Trained, Community-Based Treatment, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-1:00 PM  
Tuesday: 9:00 AM-1:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-1:00 PM  
Friday: 9:00 AM-1:00 PM

NPI: 1841954419

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Peer support services, Motivational Enhancement Therapy, Mood Disorders/Depression, Matrix Model Moral Reconciliation Therapy (MRT), Cultural Competency Trained, Community-Based Treatment, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Danville Pittsylvania Community Services**  
(434) 799-0456

## Girten, Whitney LPC

Gender: Female  
NPI: 1265957583  
License: VA 0701011171  
Website: www.dpcs.org  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Healing Hope Wellness LLC

(757) 392-5695  
**Sutphin, Dante A LPC**  
Gender: Male  
NPI: 1689259525  
License: VA 0701010167  
Website: becausewecare365.com  
Practice Focus: Substance Abuse & Alcohol Abuse Center (Outpatient), Mental health skill building, Intensive In-Home Services, Home Visits, Disabilities - Developmental/MR, Crisis Stabilization, Behavioral Health Outpatient, ASAM Level 2.1, ASAM Level 1, Adult Serious Mental Illness (SMI) Limited Handicap Accessibility Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Impact Counseling Coaching and Consulting LLC**  
(757) 354-3025

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Male  
NPI: 1083841779  
License: VA 0701005688  
Website:  
WWW.Impactccc.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Group therapy, Family Therapy, Faith-based/spiritual, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Anxiety Disorder  
Age 6 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Mason Counseling Group**  
(757) 646-4323

**Lawrence, Melissa LPC**  
Gender: Female  
NPI: 1235719709  
License: VA 0733004947  
Website:  
www.masongroup.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders, Peer support services, Multidimensional Family Therapy, Mood Disorders/Depression, Mental health skill building, Home Visits  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 10:00 AM-3:00 PM

Website:  
www.masongroup.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders, Peer support services, Multidimensional Family Therapy, Mood Disorders/Depression, Mobile crisis response (MCR), Mental health skill building  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 10:00 AM-3:00 PM

**National Capital Treatment and Recovery**  
(703) 841-0703

Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**New Choices Counseling INC**

(540) 330-3380  
**Geho, David B LMFT**  
Gender: Male  
NPI: 1801083365  
License: VA 0718000122  
Website:  
newchoicescounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

**Sutphin, Dante A LPC**  
(757) 392-5695

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

Gender: Male  
NPI: 1689259525  
License: VA 0701010167  
Website:  
becausewecare365.com  
Practice Focus: Substance Abuse & Alcohol Abuse Center (Outpatient), Mental health skill building, Intensive In-Home Services, Home Visits, Disabilities - Developmental/MR, Crisis Stabilization, Behavioral Health Outpatient, ASAM Level 2.1, ASAM Level 1, Adult Serious Mental Illness (SMI) Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Virginia Beach Counseling Services PLLC

(757) 289-1125

### Mattox, Karen LPC

Gender: Female  
NPI: 1588169650  
License: VA 0701007573  
Website:  
vbcounselingservices.com  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

### Rocha, Edgardo LPC

Gender: Male  
NPI: 1013552900  
License: VA 0701011684  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+ Spanish  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM  
NPI: 1114305034

Website:  
vbcounselingservices.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Walden, Jennifer LSA

(703) 841-0703

Gender: Female  
NPI: 1104153527  
License: MD LC2322  
Website:  
www.natcaptreatment.org  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### WATSON, ANTHONY

(703) 672-7442

Gender: Male  
NPI: 1154164200  
License: VA 0710103662  
Website:  
www.highbeamhealth.com/  
Practice Focus: Partial Hospitalization - Substance Abuse, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Intensive Outpatient - Mental Health, Geriatric Psychiatry, Depression, Counselor, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Addiction Medicine (Preventive Medicine) Physician

### Addiction Allies LLC

(434) 400-9668

Website:  
www.addictionallies.com/contact  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Addiction Medicine (Psychiatry & Neurology) Physician

### Lee, Mary MD

(703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1750533402  
License: MD D0066459  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **National Capital Treatment and Recovery**

(703) 841-0703  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Adolescent and Children Mental Health Clinic/Center**

**Charlie Health**  
(406) 361-3146  
License: VA 5868 02 038  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Child/Adolescent Serious  
Mental Illness (SMI), Adult  
Serious Mental Illness (SMI),  
(IOP) Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## **Integrated Health Services LLC**

(757) 838-1894

License: VA 1880 07 003  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, In-Home  
Support Services, Home Visits,  
Addictions/ Substance Abuse  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Adult Mental Health Clinic/Center**

**Hidden Roots Mental  
Health LLC**  
(804) 431-4790

License: VA 3334 03 001  
Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Walk-In Available,  
Trauma Recovery and  
Empowerment Model (TREM),  
Trauma Informed Care  
Trained, Trauma - Focused  
Cognitive Behavior,  
Transgender Male,  
Transgender Female,  
Transgender, Sex Offenders,  
Seriously Emotionally  
Disturbed (SED)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Lifes Journey LLC**  
(757) 622-0700

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

License: VA 2559 01 043  
Website:  
www.lifesjourneyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Stress Management, Sexuality, Multicultural Issues, Mood Disorders, LGBTQ+, Home Visits, Grief/Death/Dying, Gender Identity  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

---

## Adult Psychiatric/Mental Health Registered Nurse

---

### Spectrum Transformation Group

(804) 378-6141  
**Baxter, Linda NP**  
Gender: Female  
NPI: 1467489021  
License: VA 0024078127  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Art Therapist

---

### Glacier Health and Development Center

(804) 918-1115

### Chandler, Alana LPC

Gender: Female  
NPI: 1558018515  
License: VA 0701011261  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

---

## Assistant Behavior Analyst

---

### ABA Support Systems

(571) 212-6627

### Joyner, Shavonne BCABA\*

Gender: Female  
NPI: 1821553868  
License: VA 0134000235  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Disabilities - Developmental/MR, Autism, Applied Behavioral Analysis  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

### Advanceable VA ABA LLC

(646) 873-0294  
**Deitz Bethany BCBA**  
Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### PARK, HEE\*

Gender: Female  
NPI: 1841857273  
License: VA 0134000449  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Williams, Chelle ABA**

Gender: Female  
NPI: 1326656455  
License: VA 0134000312  
Website:  
advanceableaba.com/  
Practice Focus: Applied  
Behavioral Analysis  
Spanish  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Children First ABA Clinic, LLC**

(757) 609-2795  
NPI: 1588049993  
Practice Focus: Virtual Care -  
Audio/Visual, Community-  
Based Treatment, ABA  
Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Gender: Female  
NPI: 1912523747  
License: VA 0134000320  
Practice Focus: Virtual Care -  
Audio/Visual, Community-  
Based Treatment, ABA  
Certified Provider  
Age 2 to 8  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-1:30 PM

## **Continuum Associates Inc** (646) 873-0294

### **Deitz Bethany BCBA**

Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **Deitz Bethany BCBA** (646) 873-0294

Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **Massey, Jessica BCBA**

(804) 737-3917  
Gender: Female  
NPI: 1689102360  
License: VA 0134000520  
Website:  
www.civitashealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 2 to 17  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

### **Mebe Virginia LLC** (619) 795-9925

NPI: 1902417199  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Reich, Rachel BCBA\***

Gender: Female  
NPI: 1710539689  
License: VA 0134000283  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

### **Spectrum Transformation Group** (804) 378-6141

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Lantz, Danielle BCABA\*

Gender: Female  
NPI: 1427773589  
License: VA 0134000418  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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### Behavioral Analyst

---

**ABA Grateful Care VA LLC**  
(317) 572-5315

NPI: 1659109072  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hannelore, Perla BCBA

Gender: Female  
NPI: 1215754247  
License: VA 0133004112  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## McCarthy, Erin M BCBA\*

Gender: Female  
NPI: 1043972334  
License: VA 0133002166  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Snodgrass, Mercedes B BCBA

Gender: Female  
NPI: 1366973893  
License: VA 0133002486  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Torres, Nicole BCBA\*

Gender: Female  
NPI: 1184274680  
License: VA 0133004002  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Walker, Zachary BCABA\*

Gender: Male  
NPI: 1669088357  
License: VA 0133004742  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Walter, Melessa BCBA

Gender: Female  
NPI: 1629514013  
License: VA 0133001024  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Hebrew  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## ABA Support Systems (571) 212-6627

### Arnn, Cherie BCBA

Gender: Female  
NPI: 1629467964  
License: VA 0133000062  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Disabilities - Developmental/MR, Autism, Applied Behavioral Analysis  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Kyger, Amanda BCBA

Gender: Female  
NPI: 1245902675  
License: VA 0133002128  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Disabilities - Developmental/MR, Autism, Applied Behavioral Analysis  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Thompson, Stephany BCBA

Gender: Female  
NPI: 1053933507  
License: VA 0133001594  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## ABC BEHAVIOR (571) 212-6627

NPI: 1366846099

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Advanceable VA ABA LLC (646) 873-0294

### An, Gina Marie BCBA

Gender: Female  
NPI: 1306570742  
License: VA 0133003149  
Website: [advanceableaba.com/](http://advanceableaba.com/)  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Connor, Courtney BCBA\*

Gender: Male  
NPI: 1114537230  
License: VA 0133004115  
Website: [advanceableaba.com/](http://advanceableaba.com/)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Deitz Bethany BCBA\*

Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website: [advanceableaba.com/](http://advanceableaba.com/)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Ezeiruaku, Chika BCBA

Gender: Female  
NPI: 1356936561  
License: MD LBA2235  
Website:  
advanceableaba.com/  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Faccini, Jackeline BCBA

Gender: Female  
NPI: 1700347093  
License: VA 0133002640  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Spanish  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Gurley, Proffitt

Gender: Female  
NPI: 1326717539  
License: VA 0134000402  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Mathew, Asha BCBA

Gender: Female  
NPI: 1497365761  
License: TX 3743  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Turner, Kristina BCBA\*

Gender: Female  
NPI: 1922423482  
License: VA 0133000350  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Hebrew  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Ally ABA

(757) 547-6203  
NPI: 1013702620  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

425 W Washington St  
Ste 4  
Suffolk, VA 23434  
(757) 547-6203

NPI: 1013702620  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Crawford, Brooke BCBA\***  
Gender: Female  
NPI: 1235647165  
License: VA 0133001237  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Aluma Care LLC**  
(913) 232-2003

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1235961491

Website:

[www.alumacare.com/](http://www.alumacare.com/)

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

**Kamlowsky, Marissa BCBA**

Gender: Female

NPI: 1972062149

License: KS LBA 00691

Website:

[www.alumacare.com/](http://www.alumacare.com/)

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

**Amaze Virginia LLC**

(855) 613-2025

**Meekings, Zach A BCBA**

Gender: Male

NPI: 1477069102

License: VA 0133002159

Website: [Amazeaba.com](http://Amazeaba.com)

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Behavioral Health Service Organization (BHSEO), Behavioral Health Multi-Specialty Group (BHMSG), Autism Spectrum Disorders, Autism, Adolescents, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 8:00 AM-8:00 PM

Sunday: 8:00 AM-8:00 PM

**AnswersNow Inc**

(804) 215-5600

NPI: 1932754553

Practice Focus: Virtual Care -

Audio/Visual, Virtual Care -

Audio only, Stress

Management, Mood Disorders, Home Visits, Cultural Competency Trained, Bipolar, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis

Limited Handicap Accessibility  
Spanish

Age 21 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 12:00 AM-11:45 PM

Tuesday: 12:00 AM-11:45 PM

Wednesday: 12:00 AM-11:45 PM

Thursday: 12:00 AM-11:45 PM

Friday: 12:00 AM-11:45 PM

Saturday: 12:00 AM-11:45 PM

Sunday: 12:00 AM-11:45 PM

**Barber, Shantil BCBA\***

Gender: Female

NPI: 1619538113

License: TX 9532

Practice Focus: Virtual Care -

Audio/Visual, Applied

Behavioral Analysis

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 12:00 AM-11:45 PM

Tuesday: 12:00 AM-11:45 PM

Wednesday: 12:00 AM-11:45 PM

PM

Thursday: 12:00 AM-11:45 PM

Friday: 12:00 AM-11:45 PM

Saturday: 12:00 AM-11:45 PM

Sunday: 12:00 AM-11:45 PM

**Benjamin, Celena LMHC**

Gender: Female

NPI: 1801042825

License: FL MH5878

Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 12:00 AM-11:45 PM

Tuesday: 12:00 AM-11:45 PM

Wednesday: 12:00 AM-11:45 PM

Thursday: 12:00 AM-11:45 PM

Friday: 12:00 AM-11:45 PM

Saturday: 12:00 AM-11:45 PM

Sunday: 12:00 AM-11:45 PM

**Boateng, Evelyn LPC\***

Gender: Female

NPI: 1568763472

License: VA 0133004662

Website: [getanswersnow.com](http://getanswersnow.com)

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained, Applied

Behavioral Analysis

Age 21 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 12:00 AM-11:45 PM

Tuesday: 12:00 AM-11:45 PM

Wednesday: 12:00 AM-11:45 PM

Thursday: 12:00 AM-11:45 PM

Friday: 12:00 AM-11:45 PM

Saturday: 12:00 AM-11:45 PM

Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Chun, Thomas BCBA**

Gender: Female  
NPI: 1760964837  
License: VA 0133003624  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Coca, Ana BCBA\***

Gender: Female  
NPI: 1316500069  
License: VA 0133003630  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Portuguese  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Daniels, Jeremy BCBA**

Gender: Male  
NPI: 1972279495  
Practice Focus: Virtual Care - Audio only, Stress Management, Mood Disorders, Bipolar, Autism Spectrum Disorders, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Harrell, Rachel BCBA\***

Gender: Female  
NPI: 1265194591  
License: VA 0133004614  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Jones, Emily BCBA\***

Gender: Female  
NPI: 1629594064  
License: NY 003684  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Jones, LaQuita BCBA\***

Gender: Female  
NPI: 1962135541  
License: VA 0133004577  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Le, Carlton BCBA\***

Gender: Male  
NPI: 1316598204  
License: TX 3040  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Martin, Cheryl BCBA\***

Gender: Female  
NPI: 1457654048  
License: TX 5037  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Ramos, Daisy BCBA\*

Gender: Female  
NPI: 1093542664  
License: VA 0133004631  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Sandoval, Leslie BCBA\*

Gender: Female  
NPI: 1518469691  
License: VA 0133004676  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Simonson, Natalie BCBA\*

Gender: Female  
NPI: 1386353548  
License: OR 10244806  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Waldon, Stephanie BCBA\*

Gender: Female  
NPI: 1831791201  
License: TX 7247  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Wilhelmsen, Jaimee BCBA\*

Gender: Female  
NPI: 1538714415  
License: TX 9591  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Yanni, Melissa BCBA\*

Gender: Female  
NPI: 1013881812  
License: TX 9239  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Applied Behavioral Clinicians

(540) 259-4046

## Glines, Edymar BCBA\*

Gender: Female  
NPI: 1679028773  
License: VA 0133004619  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Applied Behavioral Clinicians

(646) 873-0294

## Turner, Kristina BCBA\*

Gender: Female  
NPI: 1922423482  
License: VA 0133000350  
Website: advanceableaba.com/  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Attain ABA NE LLC

(833) 599-2560

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Stubbs, Monique

Gender: Female  
NPI: 1053764902  
License: VA 0133001315  
Website: www.emgaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Thomas, Tia BCABA\*

Gender: Female  
NPI: 1861900656  
License: VA 0134000319  
Website: www.prepping4perfection.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Autism Services of Virginia LLC

(804) 601-8821

NPI: 1467093732  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lachowsky, Mary BCBA

Gender: Female  
NPI: 1598092173  
License: VA 0119000956  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ABA Certified Provider  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Beatty, Caitlyn BCBA

(540) 348-4808

Gender: Female  
NPI: 1194102558  
License: VA 0133002374  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Belcher, Kerri BCBA

(540) 348-4808  
Gender: Female  
NPI: 1396580809  
License: VA 0133003711  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Blackwell, Heather BCBA

(757) 644-6391

Gender: Female  
NPI: 1437822566  
License: VA 0133003704  
Website: www.compassva.com  
Practice Focus: Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Blue Mountain Therapy

(276) 525-6043  
NPI: 1497330401  
Website: www.bluemountaintherapy.com  
Practice Focus: Virtual Care - Audio/Visual, Early Intervention Services, Cultural Competency Trained, Applied Behavioral Analysis, ABA Certified Provider  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hall, Medgine A BCBA

Gender: Female  
NPI: 1114552643  
License: VA 0133002339  
Website:  
www.bluemountaintherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, Early  
Intervention Services, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## BRIGHT ACHIEVEMENTS VA LLC

(888) 768-0077  
NPI: 1922810084  
Website:  
brightachievements.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Autism  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Buuck, Taylor BCBA\*

Gender: Female  
NPI: 1043707185  
License: VA 0133004747  
Website:  
brightachievements.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Autism  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Demi, Shannon BCBA\*

Gender: Female  
NPI: 1487293437  
License: VA 0133004773  
Website:  
brightachievements.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Autism  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Paul, Felisha BCBA\*

Gender: Female  
NPI: 1396457107  
License: VA 0133004319  
Website:  
brightachievements.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Autism  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Raposo Mena, Samelfi BCBA\*

Gender: Female  
NPI: 1528530011  
License: NJ 15BC00056100  
Website:  
brightachievements.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Autism  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Brighter Strides ABA VA LLC

(804) 207-3878

## Augustt-Potakey, Selorm BCBA

Gender: Female  
NPI: 1942884358  
License: VA 0133003457  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Bovino, Brian BCBA

Gender: Male  
NPI: 1699146472  
License: VA 0133002046  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1487282836

Website:

brighterstridesaba.com

Practice Focus: Virtual Care -

Audio/Visual, Virtual Care -

Audio only, Home Visits,

Community-Based Treatment,

Autism Spectrum Disorders,

Autism, Applied Behavioral

Analysis, ABA Certified

Provider

Age 21 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

**Bui, Kim BCBA**

Gender: Female

NPI: 1437781135

License: VA 0133002779

Website:

brighterstridesaba.com

Practice Focus: Virtual Care -

Audio only, Home Visits,

Autism Spectrum Disorders,

Autism, Applied Behavioral

Analysis, ABA Certified

Provider

Vietnamese

Age 21 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Cammarata, Jennifer BCBA**

Gender: Female

NPI: 1245884741

License: VA 0133001521

Website:

brighterstridesaba.com

Practice Focus: Virtual Care -

Audio only, Home Visits,

Autism Spectrum Disorders,

Autism, Applied Behavioral

Analysis, ABA Certified

Provider

Spanish

Age 21 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Castillo, Gabriel BCBA\***

Gender: Female

NPI: 1912598137

License: VA 0133001942

Practice Focus: Virtual Care -

Audio only, Home Visits,

Community-Based Treatment,

Autism Spectrum Disorders,

Applied Behavioral Analysis

Age 21 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

**Chan, Wilson BCBA**

Gender: Male

NPI: 1609356963

License: VA 0133002211

Website:

brighterstridesaba.com

Practice Focus: Virtual Care -

Audio only, Home Visits,

Autism Spectrum Disorders,

Autism, Applied Behavioral

Analysis, ABA Certified

Provider

Age 21 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Chen, Angela BCBA**

Gender: Female

NPI: 1649841487

License: VA 0133002038

Website:

brighterstridesaba.com

Practice Focus: Virtual Care -

Audio only, Home Visits,

Autism Spectrum Disorders,

Autism, Applied Behavioral

Analysis, ABA Certified

Provider

Age 21 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**CHOLVIBUL Brodsky, Laura M BCBA\***

Gender: Female

NPI: 1649907916

License: VA 0134000448

Website:

brighterstridesaba.com

Practice Focus: Virtual Care -

Audio only, Home Visits,

Autism Spectrum Disorders,

Autism, Applied Behavioral

Analysis, ABA Certified

Provider

Age 21 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Evans, Madison BCBA**

Gender: Female

NPI: 1457015935

License: VA 0133003436

Website:

brighterstridesaba.com

Practice Focus: Virtual Care -

Audio only, Home Visits,

Autism Spectrum Disorders,

Autism, Applied Behavioral

Analysis, ABA Certified

Provider

Age 21 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Fitzpatrick, Jennifer BCBA**

Gender: Female  
NPI: 1053775411  
License: VA 0133002949  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Graham, Christine BCBA**

Gender: Female  
NPI: 1902560899  
License: VA 0133002137  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MacKenzie, Mary BCBA**

Gender: Female  
NPI: 1992306716  
License: VA 0133002408  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nassar, Jana BCBA\***

Gender: Female  
NPI: 1790577161  
License: VA 0133004325  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Roby, Jessica BCBA\***

Gender: Female  
NPI: 1285977363  
License: VA 0133004590  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Wise, Fielder BCBA**

Gender: Female  
NPI: 1659854073  
License: VA 0133002378  
German  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Burdette, Kaitlin BCBA**

(757) 703-0501

Gender: Female  
NPI: 1730675265  
License: VA 0133001109  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Central Virginias Preferred Providers**

(804) 330-6441  
NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Muscat, Stacey

Gender: Female  
NPI: 1487104592  
License: VA 0133001602  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Rannenberg, James BCBA

Gender: Male  
NPI: 1487048898  
License: VA 0133001561  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Children First ABA Clinic, LLC

(757) 609-2795

NPI: 1588049993  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Community-Based Treatment, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Gender: Female  
NPI: 1306265566  
License: VA 0133000439  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, ABA Certified Provider

French  
Age 2 to 8  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-1:30 PM

## Civitas Health Services Inc (804) 737-3917

## Cumber, Elizabeth BCBA\*

Gender: Female  
NPI: 1649853912  
License: VA 0133001933  
Website:  
www.civitashealth.com/  
Practice Focus: Home Visits, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ADD/ADHD  
Age 2 to 17  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Pinsky, Aaron BCBA

Gender: Male  
NPI: 1740638485  
License: VA 0133000715  
Website:  
www.civitashealth.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 2 to 17  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Compass Behavioral Group Compass Behavioral Group (434) 220-0089

## AMONETTE, EMILY I BCBA

Gender: Female  
NPI: 1639662869  
License: VA 0133000874  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Baumes, Andrea BCBA\*

Gender: Female  
NPI: 1013429877  
License: VA 0133003081  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Messplay, Katherine BCBA\***

Gender: Female  
NPI: 1821835513  
License: VA 0133003717  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Community-  
Based Treatment, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **PAGE, JENELLE LCSW**

Gender: Female  
NPI: 1821501511  
License: VA 0133000935  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SIMPSON, CATHERINE BCBA**

Gender: Female  
NPI: 1295345007  
License: VA 0133002661  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral GroupCompass Behavioral Group**

(804) 544-9044

## **Augustt-Potakey, Selorm BCBA**

Gender: Female  
NPI: 1942884358  
License: VA 0133003457  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Castillo, Gabriel BCBA\***

Gender: Female  
NPI: 1912598137  
License: VA 0133001942  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Finnemore, Alea BCBA**

Gender: Female  
NPI: 1245793744  
License: VA 0133001391  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quintero, Pedro BCBA**

Gender: Male  
NPI: 1619621299  
License: VA 0133002371  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Spanish  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral GroupCompass Behavioral Group**

(540) 949-7045

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Berry, Tyler BCBA**

Gender: Male  
NPI: 1265110191  
License: VA 0133003085  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Calvarese, Tiffany BCBA**

Gender: Female  
NPI: 1427820489  
License: VA 0133003294  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **TAYLOR, ROBYN BCBA\***

Gender: Female  
NPI: 1861908352  
License: VA 0133000859  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral GroupCompass Behavioral Group**

(757) 644-6391  
**Blackwell, Heather BCBA\***  
Gender: Female  
NPI: 1437822566  
License: VA 0133003704  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Edge, Shelby BCBA\***

Gender: Female  
NPI: 1811634983  
License: VA 0133002675  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gardill, Amy BCBA\***

Gender: Female  
NPI: 1902564362  
License: VA 0133002902  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Grimsley, Emily BCBA\***

Gender: Female  
NPI: 1619350071  
License: VA 0133000617  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Richardson, Clancey BCBA\***

Gender: Female  
NPI: 1447665336  
License: VA 0133001171  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Taylor, Lindsey BCBA\***

Gender: Female  
NPI: 1992540165  
License: VA 0133003708  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral GroupCompass Behavioral Group**

(804) 372-0151  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **PRATT, AMANDA BCBA**

Gender: Female  
NPI: 1740730472  
License: VA 0133000774  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Raymond, Alexander BCBA**

Gender: Male  
NPI: 1194156851  
License: VA 0133002503  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rice, Molly BCBA\***

Gender: Female  
NPI: 1891250601  
License: VA 0133001308  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ROBICHEAU, HANNAH BCBA\***

Gender: Female  
NPI: 1891096442  
License: VA 1 13 14372  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Willams, Anna BCBA\***

Gender: Female  
NPI: 1902318801  
License: VA 0133003692  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral GroupCompass Behavioral Group**

(434) 214-8112  
**Fite, Kyle BCBA**  
Gender: Male  
NPI: 1407627581  
License: VA 0133003393  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **MCMASTER, HOPE BCBA**

Gender: Female  
NPI: 1316602204  
License: VA 0133000534  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **TORRES, SARAH BCBA**

Gender: Female  
NPI: 1962751412  
License: VA 0133000946  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Fraedrich, Lauren BCBA**

Gender: Female  
NPI: 1982102927  
License: VA 0133001091  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Holdren, Patience BCBA**

Gender: Female  
NPI: 1043778822  
License: VA 0133001448  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lazo, Katherin BCBA\***

Gender: Female  
NPI: 1982013918  
License: VA 0134000515  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Martin, Kaiya BCBA**

Gender: Female  
NPI: 1881161073  
License: VA 0133001170  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Raines, Daniel BCBA**

Gender: Male  
NPI: 1992372221  
License: VA 0133001844  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ZARYCZNY, ANNA BCBA**

Gender: Female  
NPI: 1841991114  
License: VA 0133002869  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass Behavioral  
Group**  
Compass Behavioral  
Group  
(540) 215-0535

**Compass Behavioral  
Group**  
Compass Behavioral  
Group  
(540) 437-1605

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\* Proveedor especialista certificado

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# Behavioral Services

## Hald, Sarah\*

Gender: Female  
NPI: 1023745726  
License: VA 0133002657  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hassler, Elizabeth BCBA

Gender: Female  
NPI: 1295192227  
License: VA 0133001632  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jones, Jarrod BCBA

Gender: Male  
NPI: 1760157507  
License: VA 0133001905  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nolley, Sarah LPC\*

Gender: Female  
NPI: 1558999771  
License: VA 0133002978  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## VANDENBERG, SARAH

Gender: Female  
NPI: 1356024863  
License: VA 0133003167  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group

(540) 462-2914

## Hammock, Brittany BCBA

Gender: Female  
NPI: 1124652086  
License: VA 0133002345  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Rhoades, Katherine BCBA

Gender: Female  
NPI: 1659003655  
License: VA 0133002652  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group

(804) 924-9260

## WILLIAMSON, AMBER BCBA\*

Gender: Female  
NPI: 1629722608  
License: VA 0133002967  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
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\* Proveedor especialista certificado

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# Behavioral Services

## **Zeigler, Lynn-Ellin BCBA\***

Gender: Female  
NPI: 1457191819  
License: VA 0133003646  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1514 Holland Rd  
Ste B  
Suffolk, VA 23434  
(757) 644-6391

## **Gardill, Amy BCBA\***

Gender: Female  
NPI: 1902564362  
License: VA 0133002902  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Community-  
Based Treatment, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Grimsley, Emily BCBA\***

Gender: Female  
NPI: 1619350071  
License: VA 0133000617  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Community-  
Based Treatment, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass NOVA**  
(571) 866-0640

## **Elsey, Heather BCBA**

Gender: Female  
NPI: 1174981161  
License: NH 1 15 19065  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Home Visits Only  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Connecting Communities LLC**

(757) 966-1689  
**Caldwell, Melissa N BCBA**

Gender: Female  
NPI: 1063902690  
License: VA 0133001348  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Anxiety  
Disorder, ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Przybyla, Heather BCBA**

Gender: Female  
NPI: 1831696913  
License: VA 0133001566  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Anxiety  
Disorder, ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
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# Behavioral Services

## Veney, Cherie BCBA

Gender: Female  
NPI: 1134761604  
License: VA 0133002992  
Practice Focus: Autism,  
Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Connecting Communities LLC

(571) 866-0640

## Farmer, Jessica BCBA

Gender: Female  
NPI: 1154766061  
License: VA 0133000646  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Connecting the Steps LLC (757) 639-7919

## Erdman, Zachary BCBA

Gender: Male  
NPI: 1477186641  
License: VA 0133002450  
Website:  
www.connectingthesteps.com  
/  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Autism,  
Applied Behavioral Analysis,  
Adolescents, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Henig, Donna BCBA

Gender: Female  
NPI: 1134526478  
License: VA 0133002542  
Website:  
www.connectingthesteps.com  
/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Autism,  
Applied Behavioral Analysis,  
Adolescents, ABA Certified  
Provider  
Limited Handicap Accessibility  
Hebrew  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Kuperman, Kerry\*

Gender: Female  
NPI: 1194366880  
License: VA 0133004486  
Website:  
www.connectingthesteps.com  
/  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## O'Driscoll, Stephanie BA\*

Gender: Female  
NPI: 1225429103  
License: VA 0133003483  
Website:  
www.connectingthesteps.com  
/  
Practice Focus: Virtual Care -  
Family Caregiver Participation,  
Virtual Care - Audio/Visual,  
Therapeutic Behavioral  
Services, Family Support and  
Training, Intensive Outpatient  
- Autism, Home Visits, Cultural  
Competency Trained,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Sale, Alisa BA\***  
Gender: Female  
NPI: 1528637634  
License: VA 0133004149  
Website:  
www.connectingthesteps.com  
/  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Thode, Marisa BCBA\*

Gender: Female  
NPI: 1104408012  
License: VA 0133002891  
Website:  
www.connectingthesteps.com  
/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adolescents, ABA Certified Provider  
Limited Handicap Accessibility Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Wiand, Heather BA\*

Gender: Female  
NPI: 1528655222  
License: VA 0133002232  
Website:  
www.connectingthesteps.com  
/  
Practice Focus: Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Therapeutic Behavioral Services, Family Support and Training, Home Visits, Community-Based Treatment, Autism, Applied Behavioral Analysis, ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Continuum Associates Inc**  
(646) 873-0294

## Deitz Bethany BCBA\*

Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 60 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Daisy Mae ABA LLC

(757) 302-8877  
NPI: 1679093009  
Website:  
www.daisymaeaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, ABA Certified Provider  
Age 20 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**DeShazo, Alysha**  
(443) 353-9547

Gender: Female  
NPI: 1316693021  
License: MD LBA1257  
Website: stepsbh.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Limited Handicap Accessibility Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

**Discovery ABA of VA LLC**  
(540) 479-3889

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Fronney, Amber BCBA**

Gender: Female  
NPI: 1437667599  
License: VA 0133002114  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 60 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Divine Steps Therapy LLC**

(410) 220-0768

## **Anthony, Halee BCBA\***

Gender: Female  
NPI: 1255015848  
License: ND L150  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Brillhart, Amelia L\***

Gender: Female  
NPI: 1861809840  
License: VA 2202008117  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Clifton, Whitney BCBA**

Gender: Female  
NPI: 1366011579  
License: VA 0133002127  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Encalade, Alon BCBA\***

Gender: Female  
NPI: 1972289965  
License: TX 5966  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Galland, Amanda BCBA**

Gender: Female  
NPI: 1558720219  
License: VA 0133004089  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Good, Sarah E BCBA\***

Gender: Female  
NPI: 1992362644  
License: MD LBA1968  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Housseyki, Diana BCBA\*

Gender: Female  
NPI: 1124611702  
License: VA 0133003573  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Arabic  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## LEE, ANGELLA\*

Gender: Female  
NPI: 1144004839  
License: VA 0133003185  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Korean  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nauck, Meghan BCBA

Gender: Female  
NPI: 1699286161  
License: VA 0133004121  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Arabic  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nickel, Sarah BCBA

Gender: Female  
NPI: 1417281478  
License: TX 4374  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sendi, Mehrez BCBA

Gender: Female  
NPI: 1023511128  
License: VA 0133002829  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Hebrew  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Williams, Katherine BCBA\*

Gender: Female  
NPI: 1720538366  
License: VA 0133000968  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Zenk, Lindsey BCBA

Gender: Female  
NPI: 1346840592  
License: OH COBA.01747  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Dom ABA Services LLC

(757) 895-2673  
NPI: 1912587585  
Website:  
domabaservicesllc.com/?  
utm\_source=gmb&utm\_medi  
um=refe  
Practice Focus: Home Visits,  
ABA Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-10:00 PM  
Tuesday: 9:00 AM-10:00 PM  
Wednesday: 9:00 AM-10:00 PM  
Thursday: 9:00 AM-10:00 PM  
Friday: 9:00 AM-10:00 PM  
Saturday: 9:00 AM-10:00 PM  
Sunday: 9:00 AM-10:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Fentress, Aleksandra BCBA**

Gender: Female  
NPI: 1154813855  
License: VA 0133001924  
Website:  
domabaservicesllc.com/?  
utm\_source=gmb&utm\_medium=refe  
Practice Focus: Home Visits,  
Community-Based Treatment,  
Community Resource Services,  
ABA Certified Provider  
Serbian, Serbian  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-10:00 PM  
Tuesday: 9:00 AM-10:00 PM  
Wednesday: 9:00 AM-10:00 PM  
Thursday: 9:00 AM-10:00 PM  
Friday: 9:00 AM-10:00 PM  
Saturday: 9:00 AM-10:00 PM  
Sunday: 9:00 AM-10:00 PM

## **Dominion Precision Teaching and Consulting** (434) 394-0703

## **Bruckner, Katherine BCBA**

Gender: Female  
NPI: 1992277149  
License: VA 0133001085  
Website:  
www.dominionptc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:30 PM  
NPI: 1659981157  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Toney, Kelsey BCBA\***

Gender: Female  
NPI: 1033607254  
License: VA 0133001506  
Website:  
www.dominionptc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:30 PM

## **Dream Builders ABA VA LLC**

(855) 553-7326  
NPI: 1073388807  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Spanish  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## **Elhalawany, Lila BCBA\***

Gender: Female  
NPI: 1871101881  
License: VA 0133002471  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Spanish  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## **Gingras, Chantale BCBA**

Gender: Female  
NPI: 1407452568  
License: VA 0133003385  
Website: www.teampbs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Spanish  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Jayne, Bryanna BCBA\*

Gender: Female  
NPI: 1659983104  
License: NC 1384  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis Spanish  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Edge, Shelby BCBA

(757) 644-6391  
Gender: Female  
NPI: 1811634983  
License: VA 0133002675  
Website: www.compassva.com  
Practice Focus: Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## EMG Consulting LLC

(757) 615-3003

## Casey, Britney BCBA

Gender: Female  
NPI: 1154810083  
License: VA 0133001144  
Website: www.emgaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Collins, Jamie

Gender: Female  
NPI: 1235526435  
License: VA 0133000271  
Website: www.emgaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Colon, Ashley\*

Gender: Female  
NPI: 1215344361  
License: VA 0133000409  
Website: www.emgaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## NPI: 1508016791

Website: www.emgaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis, ADD/ADHD, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Hernandez, Laura BCBA

Gender: Female  
NPI: 1811524416  
License: VA 0133001580  
Website: www.emgaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Jeffries, Kelsey BCBA

Gender: Female  
NPI: 1396483137  
License: VA 0133002418  
Website: www.emgaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Matthews, Elizabeth MS**

Gender: Female  
NPI: 1427253004  
License: VA 0133000022  
Website: [www.emgaba.com](http://www.emgaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **McMurtrie, Jennifer**

Gender: Female  
NPI: 1467819797  
License: VA 0133000703  
Website: [www.emgaba.com](http://www.emgaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Murgia, Jana BCBA**

Gender: Female  
NPI: 1346796075  
License: VA 0133000772  
Website: [www.emgaba.com/](http://www.emgaba.com/)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ADD/ADHD, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Rodriguez, Erica BCBA**

Gender: Female  
NPI: 1245736537  
License: VA 0133001099  
Website: [www.emgaba.com](http://www.emgaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Shelton, Felicia BCBA\***

Gender: Female  
NPI: 1447766522  
License: VA 0133001874  
Website: [www.emgaba.com](http://www.emgaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Smith, Joseph BCBA\***

Gender: Male  
NPI: 1144748773  
License: VA 0133001189  
Website: [www.emgaba.com](http://www.emgaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Stolle, Sarah**

Gender: Female  
NPI: 1659730208  
License: VA 0133000700  
Website: [www.emgaba.com](http://www.emgaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Wilburn, Jessica**

Gender: Female  
NPI: 1386016590  
License: VA 0133000618  
Website: [www.emgaba.com](http://www.emgaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**EMG Consulting LLC**  
(833) 599-2560

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\* Proveedor especialista certificado

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# Behavioral Services

## Stubbs, Monique

Gender: Female  
NPI: 1053764902  
License: VA 0133001315  
Website: www.emgaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Empower Plus PLLC

(540) 824-3010  
NPI: 1043996341  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Goldwurm, Pearl E\*

Gender: Female  
NPI: 1699108662  
License: VA 0133003028  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Hebrew  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Pierce, Chelsea\*

Gender: Female  
NPI: 1396430104  
License: VA 0133004145  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Scroggins, Justin BCBA\*

Gender: Male  
NPI: 1932855699  
License: VA 0133004016  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Sopensk, Charlotte BCBA\*

Gender: Female  
NPI: 1225678667  
License: VA 0133004448  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Erdman, Zachary BCBA

(757) 639-7919

Gender: Male  
NPI: 1477186641  
License: VA 0133002450  
Website: www.connectingthesteps.com /  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adolescents, ABA Certified Provider  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## EzCare ABA

(804) 223-3338  
NPI: 1750108791  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
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# Behavioral Services

## **Solny, Tova BCBA\***

Gender: Female  
NPI: 1639723026  
License: VA 0133004022  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Formica, Anastasia BCBA**

(540) 348-4808  
Gender: Female  
NPI: 1538879150  
License: VA 0133001835  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Galaxy ABA VA LLC**

(732) 903-2135

## **Curley, Krystle L BCBA**

Gender: Female  
NPI: 1831724335  
License: VA 0133001678  
Website: www.galaxyaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Fedak, Larissa BCBA**

Gender: Female  
NPI: 1235376997  
License: NY 018241  
Website: www.galaxyaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

NPI: 1922859685

Website: www.galaxyaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Planty, Michelle BCBA\***

Gender: Female  
NPI: 1285167874  
License: MD LBA1282  
Website: www.galaxyaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders  
Armenian  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Gardill, Amy BCBA**

(757) 644-6391

Gender: Female

NPI: 1902564362  
License: VA 0133002902  
Website:  
www.compassva.com  
Practice Focus: Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Genesis Autism Center**

(757) 664-9778

## **Champagne, Shavon BCBA**

Gender: Female  
NPI: 1932690070  
License: VA 0133002347  
Website:  
www.genesisautismcenter.com  
Practice Focus: Virtual Care - Audio only, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Age 1 to 8  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
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# Behavioral Services

## Friesland, Sarah BCBA\*

Gender: Female  
NPI: 1225694557  
License: VA 0133002940  
Website:  
www.genesisautismcenter.com  
Practice Focus: Virtual Care - Audio only, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Age 1 to 8  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
NPI: 1487399390  
Website:  
www.genesisautismcenter.com  
Practice Focus: Virtual Care - Audio only, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Age 1 to 8  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Golden Care Therapy Virginia LLC**  
(804) 315-2251

## Matsas, Randi\*

Gender: Female  
NPI: 1134481492  
License: NJ 15BC00162500  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Hebrew  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Golden Steps ABA VA LLC**  
(757) 703-0501

## Bell-Jackson, Jazmyn

Gender: Female  
NPI: 1497227565  
Website:  
WWW.GOLDENSTEPSABA.COM  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Branch, Marneicia D BCBA

Gender: Female  
NPI: 1568123875  
License: VA 0133002429  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM  
**Brooks, Traci BCBA**  
Gender: Female  
NPI: 1881102671  
License: VA 0133001635  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA  
Certified Provider  
Spanish  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Brunkhorst, Adam BCBA\*

Gender: Male  
NPI: 1801622758  
License: VA 0133003853  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
**Burdette, Kaitlin BCBA**  
Gender: Female  
NPI: 1730675265  
License: VA 0133001109  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
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# Behavioral Services

## **Chea, Naysim BCBA**

Gender: Female  
NPI: 1174101646  
License: VA 0133001961  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Cockrell, Kaylee BCBA\***

Gender: Female  
NPI: 1548964547  
License: VA 0133004825  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Devereux, Mary E BCBA**

Gender: Female  
NPI: 1174934285  
License: VA 0133002082  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Draschner, Regan BCBA**

Gender: Female  
NPI: 1811565112  
License: VA 0133003210  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Elhalawany, Lila BCBA\***

Gender: Female  
NPI: 1871101881  
License: VA 0133002471  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Godbold, Shamika BCBA**

Gender: Female  
NPI: 1568962447  
License: VA 0133002265  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Goodman, Lauren BCBA\***

Gender: Female  
NPI: 1316724974  
License: VA 0133003796  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Grepke, Monica BCBA**

Gender: Female  
NPI: 1649880980  
License: VA 0133002254  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Spanish  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Heard, Valerie BCBA\*

Gender: Female  
NPI: 1730577248  
License: VA 0133000509  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Arabic  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Hetsko, Kimberly BCBA\*

Gender: Female  
NPI: 1427518463  
License: VA 0133002071  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA  
Certified Provider  
Spanish  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Hill, Natonda BCBA\*

Gender: Female  
NPI: 1568087799  
License: VA 0133004637  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Huskey, Susanne BCBA\*

Gender: Female  
NPI: 1134650864  
License: VA 0133002560  
Website:  
WWW.GOLDENSTEPSABA.COM  
German  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Lawson, Amanda BCBA

Gender: Female  
NPI: 1679132146  
License: VA 0133001202  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Lief, Phoebe BCBA

Gender: Female  
NPI: 1457853863  
License: VA 0133003270  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## McFadden, Jessica BCBA

Gender: Female  
NPI: 1578156600  
License: VA 0133003443  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Mcgregor, Michail BCBA

Gender: Female  
NPI: 1629721527  
License: VA 0133004037  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## McQuade, Stephanie BCBA\*

Gender: Female  
NPI: 1063997229  
License: VA 0133002993  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Meekings, Zach A BCBA

Gender: Male  
NPI: 1477069102  
License: VA 0133002159  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis,  
ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Miller, Adrienne BCBA\*

Gender: Female  
NPI: 1679105928  
License: VA 0133001908  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Miller, Brian E BCBA

Gender: Male  
NPI: 1235627274  
License: VA 0133003179  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Neubauer, Trevor

NPI: 1982270468  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## PAPA, KIMBERLY BCBA

Gender: Female  
NPI: 1649844036  
License: VA 0133002035  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Limited Handicap Accessibility  
Spanish  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Rivera, Neiva BCBA\*

Gender: Female  
NPI: 1417615550  
License: VA 0133002910  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Sarlo, Sabrina RBT

Gender: Female  
NPI: 1588298079  
License: VA 0133003963  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Swain, Nia BCBA

Gender: Female  
NPI: 1346859154  
License: VA 0133003064  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Arabic  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Tompkins, Samantha BCBA\*

Gender: Female  
NPI: 1164930103  
License: VA 0133002881  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Hindi  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Toppin, Teyonna BCBA

Gender: Female  
NPI: 1518468388  
License: VA 0133003389  
Website: WWW.GOLDENSTEPSABA.COM  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Willard, Yuly BCBA\*

Gender: Female  
NPI: 1578170064  
License: VA 0133002323  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Williams, Jazmine BCBA\*

Gender: Female  
NPI: 1144888728  
License: VA 0133002985  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## WILSON, CRYSTAL BCBA\*

Gender: Female  
NPI: 1851285985  
License: VA 0133004270  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Windsor, Kea BCBA\*

Gender: Female  
NPI: 1235679788  
License: VA 0133001781  
Website: WWW.GOLDENSTEPSABA.COM  
Hebrew  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Grant, Kelly BCBA

(757) 703-8799  
Gender: Female  
NPI: 1790161198  
License: VA 0133004657  
Practice Focus: Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Griffin, Amanda BCBA

(757) 703-8799

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1477107688  
License: VA 0133003202  
Practice Focus: Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Grimsley, Emily BCBA** (757) 644-6391

Gender: Female  
NPI: 1619350071  
License: VA 0133000617  
Website:  
www.compassva.com  
Practice Focus: Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Grindstaff, Dana BCBA** (540) 348-4808

Gender: Female  
NPI: 1720625767  
License: VA 0133002651  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hampton Roads ABA** (757) 504-4024

NPI: 1881286383  
Website:  
www.hamptonroadsaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 9:00 AM-12:00 PM

## **PAPA, KIMBERLY BCBA**

Gender: Female  
NPI: 1649844036  
License: VA 0133002035  
Website:  
www.hamptonroadsaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Hard, Carla**

(757) 703-8799  
Gender: Female  
NPI: 1801301106  
License: MD LBA2335  
Practice Focus: Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Henchon, Madison BCBA** (757) 703-8799

Gender: Female  
NPI: 1790450310  
License: VA 0133004946  
Practice Focus: Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hendicks, Ashley BCABA** (703) 309-5295

Gender: Female  
NPI: 1104490770  
License: VA 0134000431  
Website:  
impactaba.hi5aba.com/  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Autism, Applied Behavioral Analysis  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-6:00 PM  
Sunday: 8:00 AM-6:00 PM

## **Improved Dynamics ABA LLC** (571) 888-2942

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Banish, Gabrielle BCBA\***

Gender: Female  
NPI: 1710408075  
License: KY 287364  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility  
Arabic  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Capecelatro, Melissa BCBA**

Gender: Female  
NPI: 1417491143  
License: VA 0133003463  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Clarke, Angelin BCBA**

Gender: Female  
NPI: 1508255365  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility  
Spanish, Arabic  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cody Da-Rosa, Cheyenne BCBA\***

Gender: Female  
NPI: 1215347059  
License: AZ BEH 000631  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility  
Creole  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Farag, Barbara BCBA**

Gender: Female  
NPI: 1447877162  
License: VA 0133002619  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility  
Arabic  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gaydosh, Lauren BCBA**

Gender: Female  
NPI: 1518474782  
License: VA 0133003699  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Holden, Amber BCBA**

Gender: Female  
NPI: 1588432538  
License: VA 0133003387  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1750051223  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ADD/ADHD, ABA Certified Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Johnson, Gianna BCBA\***

Gender: Female  
NPI: 1588489827  
License: MD 1 24 77321  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Jones, Brandy BCBA**

Gender: Female  
NPI: 1588298269  
License: NC 1109  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Arabic  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Karpf, Brittany M BCBA**

Gender: Female  
NPI: 1841831807  
License: VA 0133002629  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lydell, Barbara J BCBA**

Gender: Female  
NPI: 1750015483  
License: VA 0133002598  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nelson, Samantha BCBA\***

Gender: Female  
NPI: 1275167280  
License: VA 0133003441  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Segarra, Ashley BCBA\***

Gender: Female  
NPI: 1518572825  
License: VA 0133003682  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Shepard, Joy M BCBA\***

Gender: Female  
NPI: 1518531938  
License: MO 2022012435  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Arabic  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tapia Hernandez, Mariela BCBA**

Gender: Female  
NPI: 1194299396  
License: VA 0133003232  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Infinity Counseling Group**  
(757) 227-3636

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Knoppel III, Charles BCBA**

Gender: Male  
NPI: 1750779161  
License: VA 0133003575  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Chinese  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Smith, Heidi ABA**

Gender: Female  
NPI: 1023492667  
License: VA 0133001991  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Trejo, Tara BCBA\***

Gender: Female  
NPI: 1053795864  
License: VA 0133002610  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Spanish  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Inspire Care Center LLC**

(757) 227-3636  
**Smith, Heidi ABA**  
Gender: Female  
NPI: 1023492667  
License: VA 0133001991  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **IRYAMI, SANDRA BCBA**

(757) 703-8799

Gender: Female  
NPI: 1568010452  
License: VA 0133001563  
Practice Focus: Autism  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ivyrehab ABA LLC**

7025 Harbour View Blvd  
Ste 108A  
Suffolk, VA 23435  
(757) 974-8282

## **Children First ABA Clinic, LLC\***

Gender: Female  
NPI: 1689267817  
License: VA 0133002692  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1982301842  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ricks, Kelsey BCBA\***

Gender: Female  
NPI: 1831550698  
License: VA 0133001312  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rowley, Kassandra BCBA**

Gender: Female  
NPI: 1942894662  
License: VA 0133002434  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tidd, Gregory BCBA\***

Gender: Male  
NPI: 1578079653  
License: VA 0133001423  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Jones, Taylor BCBA**

(804) 315-2251

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1942738315  
License: VA 0133002488  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Age 64 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **KALEIDOSCOPE FAMILY SOLUTIONS ABA INC**

(877) 222-0399  
NPI: 1609348820  
Website: WWW.KFSABA.ORG  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Lee, Stephanie BCBA\***  
Gender: Female  
NPI: 1457941437  
License: VA 0133003159  
Website: WWW.KFSABA.ORG  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Kinfolk VA ABA LLC**

(980) 249-4010  
**Cronin, Amanda MA**  
Gender: Female  
NPI: 1669037784  
License: VA 0133001964  
Website: www.kinfolkaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

**Johnson, Jodilynn BCBA\***  
Gender: Female  
NPI: 1013653963  
License: VA 0133002968  
Website: www.kinfolkaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Hebrew  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM  
NPI: 1093508251  
Website: www.kinfolkaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## **Learning Ladders ABA Corp**

(804) 727-0200

**Wasserman, Yocheved**  
Gender: Female  
NPI: 1972960680  
License: HI BA 895  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Spanish, Hebrew  
Age 2 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Liams Chance Behavioral Services Inc**

(571) 393-0202  
NPI: 1275185530  
Website:  
liamschance.hi5aba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Play Therapy,  
Cultural Competency Trained,  
Autism, Applied Behavioral  
Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Marshall, Amanda BCBA**  
(540) 348-4808

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1831476530  
License: VA 0133000751  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mebe Virginia LLC**

(619) 795-9925

## **Dragan, Carly BCBA**

Gender: Female  
NPI: 1932540226  
License: VA 0133000649  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Gurung, Karma BCBA\***

Gender: Female  
NPI: 1407691090  
License: VA 0133003725  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Hindi  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Manzo, Larisa BCBA\***

Gender: Female  
NPI: 1184198418  
License: VA 0133001741  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

NPI: 1902417199  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Weatherill, Ashley BCBA\***

Gender: Female  
NPI: 1790323038  
License: VA 0133003850  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Mental Health Center of America LLC**

(703) 310-8563

NPI: 1114543253  
Website: www.mhca-  
behavioral.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Autism,  
ABA Certified Provider  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rahimi, Neda BCBA**

Gender: Female  
NPI: 1598457269  
License: VA 0133003062  
Website: www.mhca-  
behavioral.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Autism,  
ABA Certified Provider  
Arabic  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 10:00 AM-4:00 PM  
Sunday: 10:00 AM-4:00 PM

## **Meredith, Morgan BCBA**

(571) 393-0202

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1538907464  
License: VA 0133003742  
Website:  
liamschance.hi5aba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Play Therapy,  
Autism, Applied Behavioral  
Analysis  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Modern Steps ABA LLC**  
(571) 866-0640

**Diehl, Amy E BCBA**  
Gender: Female  
NPI: 1518545367  
License: MD LBA1231  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

**Elsey, Heather BCBA**  
Gender: Female  
NPI: 1174981161  
License: NH 1 15 19065  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Home Visits Only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

**Farmer, Jessica BCBA**  
Gender: Female  
NPI: 1154766061  
License: VA 0133000646  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

**Kooner, Jasmeet BCBA**  
Gender: Female  
NPI: 1518469055  
License: VA 0133003413  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
NPI: 1881424091  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

**Schaible, Victoria BCBA**  
Gender: Female  
NPI: 1750971990  
License: VA 0133001941  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
**Sharif, Onai BCBA**  
Gender: Female  
NPI: 1861893042  
License: VA 0133002444  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Tompkins, Samantha BCBA\***

Gender: Female  
NPI: 1164930103  
License: VA 0133002881  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Behavioral Health Outpatient, Autism, ADD/ADHD, ABA Certified Provider  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Move Up ABA Virginia LLC (804) 774-7575**

## **Bryant, Camira BCBA\***

Gender: Female  
NPI: 1194204164  
License: VA 0133001894  
Website: moveupaba.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Nestled Hearts LLC (571) 833-0307**

**Wynkoop, Jessica BCBA\***  
Gender: Female  
NPI: 1821517210  
License: VA 0133001823  
Website:  
successonthespectrum.com/location/south-riding/  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Autism, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:45 AM-5:00 PM  
Tuesday: 7:45 AM-5:00 PM  
Wednesday: 7:45 AM-5:00 PM  
Thursday: 7:45 AM-5:00 PM  
Friday: 7:45 AM-5:00 PM

## **New Patterns VA LLC (804) 774-7575**

### **Bryant, Camira BCBA\***

Gender: Female  
NPI: 1194204164  
License: VA 0133001894  
Website: moveupaba.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **Lopez, Caleb N BCBA\***

Gender: Male  
NPI: 1568117505  
License: VA 0133003979  
Website:  
www.stepaheadaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Pfister, Elizabeth BCBA\***

Gender: Female  
NPI: 1972982197  
License: VA 0133000601  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quash, Meghan BCBA\***

Gender: Female  
NPI: 1700302817  
License: VA 0133002244  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
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Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Reece, Annette BCBA\***

Gender: Female  
NPI: 1881168227  
License: VA 0133001301  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rowden, Rachel BCBA**

Gender: Female  
NPI: 1144607177  
License: VA 0133000972  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **P4P Behavior Healthcare**

(804) 477-2252

NPI: 1134861040  
Website: [www.prepping4perfection.com](http://www.prepping4perfection.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Home Visits, Community-Based Treatment, Behavioral Health Outpatient, Autism Spectrum Disorders, Autism, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-2:00 PM  
Tuesday: 9:00 AM-2:00 PM  
Wednesday: 9:00 AM-2:00 PM  
Thursday: 9:00 AM-2:00 PM  
Friday: 9:00 AM-2:00 PM

## **P4P Behavior Healthcare** (833) 599-2560

## **Thomas, Tia BCBA\***

Gender: Female  
NPI: 1861900656  
License: VA 0134000319  
Website: [www.prepping4perfection.com](http://www.prepping4perfection.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **P4P Behavior Healthcare** (757) 336-8356

## **Uybadin, Maxim BCBA**

Gender: Female  
NPI: 1447737630  
License: VA 0133003056  
Website: [www.prepping4perfection.com](http://www.prepping4perfection.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Paragon Autism Services LLC** (540) 479-3889

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Abalikhina, Alena BCBA

Gender: Female  
NPI: 1295337624  
License: VA 0133002296  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Achim, Diana M BCBA\*

Gender: Female  
NPI: 1982032678  
License: VA 0133000867  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Baxter, Ruthanne BCBA\*

Gender: Female  
NPI: 1952718827  
License: VA 0133001947  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Cawthorn, Tiffany\*

Gender: Female  
NPI: 1891348108  
License: VA 0133001430  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

**Chapman, Megan N BCBA**

Gender: Female  
NPI: 1649770843  
License: VA 0133001319  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Chown, Lisa M BCBA**

Gender: Female  
NPI: 1427769991  
License: VA 0133002827  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Doolittle, Jordann BCBA\***

Gender: Female  
NPI: 1255829164  
License: VA 0133003344  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Ferreira, Amanda BCBA**

Gender: Female  
NPI: 1093280687  
License: VA 0133001669  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma -  
Focused Cognitive Behavior,  
Therapeutic Consultation  
(Professional), Mental Health  
Counselor, Home Visits, Family  
Training, Early Intervention  
Services,  
Developmental/Behavioral  
Issues, Cultural Competency  
Trained, Counselor  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Fronney, Amber BCBA**

Gender: Female  
NPI: 1437667599  
License: VA 0133002114  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
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Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Geise, Jennifer M BCBA

Gender: Female  
NPI: 1942821582  
License: VA 0133001702  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Hanley, Sydni D BCBA\*

Gender: Female  
NPI: 1790160505  
License: VA 0133001190  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Huynh, Alisa M BCBA\*

Gender: Female  
NPI: 1033467840  
License: MD LBA267  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Ingenito, Richia BCBA

Gender: Female  
NPI: 1700438488  
License: VA 0133003531  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Jett, Emily Z BCBA\***

Gender: Female  
NPI: 1346765997  
License: VA 0133001198  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anger  
Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Jinier, Lauren-Nicole BCBA\***

Gender: Female  
NPI: 1447599238  
License: VA 0133000083  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Kinlaw, Rachel F BCBA\***

Gender: Female  
NPI: 1104591270  
License: VA 0133001772  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Nguyen Newcomb, Anh- Tram BCBA**

Gender: Female  
NPI: 1235600677  
License: VA 0133002022  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1720427875

Website:

paragonautismservices.com/

Practice Focus: Virtual Care -

Audio/Visual, Trauma -

Focused Cognitive Behavior,

Therapeutic Consultation

(Professional), Mental Health

Counselor, Home Visits, Family

Training, Early Intervention

Services,

Developmental/Behavioral

Issues, Cultural Competency

Trained, Counselor

Age 1 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

**Roberts, Caprice BCBA\***

Gender: Female

NPI: 1649713660

License: VA 0133002959

Website:

paragonautismservices.com/

Practice Focus: Cultural

Competency Trained,

Behavioral Health Outpatient,

Autism Spectrum Disorders,

Autism, Art Therapy, Applied

Behavioral Analysis,

Anxiety/Phobic Disorders,

Anxiety/Depression, Anxiety

Disorder, Anger Management

Vietnamese

Age 1 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

**Sandlin, Whitney S BCBA**

Gender: Female

NPI: 1790207454

License: VA 0133000984

Website:

paragonautismservices.com/

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Behavioral Health Outpatient,

Autism Spectrum Disorders,

Autism, Art Therapy, Applied

Behavioral Analysis,

Anxiety/Phobic Disorders,

Anxiety/Depression, Anxiety

Disorder

Age 1 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

**Tomei, Tressa BCBA**

Gender: Female

NPI: 1033518980

License: VA 0133000775

Website:

paragonautismservices.com/

Age 1 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

**Topham, Kathryn G**

Gender: Female

NPI: 1346654647

License: VA 0133000736

Website:

paragonautismservices.com/

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Behavioral Health Outpatient,

Autism Spectrum Disorders,

Autism, Art Therapy, Applied

Behavioral Analysis,

Anxiety/Phobic Disorders,

Anxiety/Depression, Anger

Management

Hebrew

Age 1 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

**Pathways Behavioral  
Services LLC**

(540) 915-2114

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Livers, Angela BCBA

Gender: Female  
NPI: 1871130633  
License: VA 0133001734  
Website:  
www.pathwaysbehavioral.com  
Practice Focus: Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, ABA Certified Provider  
Age 2 to 16  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Patterson Behavior Services

(571) 317-1446  
NPI: 1225526262  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Patterson, Allyson BCBA

Gender: Female  
NPI: 1235628348  
License: VA 0133001138  
Practice Focus: Home Visits, Community-Based Treatment, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pediatric Therapy Studio

(703) 663-4808  
**Ahsan, Haseeb BCBA\***  
Gender: Male  
NPI: 1194262501  
License: VA 0133001569  
Website:  
www.pediatrictherapystudio.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders  
Hindi  
Age 22 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-3:00 PM

## Yamak, Kassem BCBA\*

Gender: Male  
NPI: 1972010916  
License: VA 0133001299  
Website:  
www.pediatrictherapystudio.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders  
Arabic  
Age 22 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-3:00 PM

## Positive Behavior Supports Corp

(855) 832-6727  
**Bennett, Michele\***  
Gender: Female  
NPI: 1073117230  
License: VA 0133002709  
Website: www.teampbs.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Coca, Ana BCBA\*

Gender: Female  
NPI: 1316500069  
License: VA 0133003630  
Website: www.teampbs.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Portuguese  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Daugherty, Caroline BCBA**  
Gender: Female  
NPI: 1407364342  
License: VA 0133001243  
Website: www.teampbs.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Mcgregor, Michail BCBA

Gender: Female  
NPI: 1629721527  
License: VA 0133004037  
Website: www.teampbs.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wisdom, Shelby N BCBA

Gender: Female  
NPI: 1891267910  
License: VA 0133001763  
Website: www.teampbs.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Positive Behavior Supports Corp

(855) 553-7326

## Gingras, Chantale BCBA

Gender: Female  
NPI: 1407452568  
License: VA 0133003385  
Website: www.teampbs.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis  
Spanish  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Positive Reinforcement (703) 576-5700

## Berger, Etana BCBA\*

Gender: Female  
NPI: 1538403787  
License: VA 0133000445  
Website: www.positivereinforcement.net  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Burchfield, Ashley BCBA

Gender: Female  
NPI: 1386169670  
License: VA 0133001002  
Website: www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Grewal, Tarndip BCBA\*

Gender: Female  
NPI: 1982365987  
License: VA 0133003751  
Website: www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Hindi  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Guay, Ivy BCBA**

Gender: Female  
NPI: 1942811393  
License: VA 0133003015  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis Limited Handicap Accessibility Portuguese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Hambrick, Mary BCBA**

Gender: Female  
NPI: 1063829141  
License: VA 0133000502  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Jones Purdy, Laurel BCBA**

Gender: Female  
NPI: 1336991199  
License: VA 1 19 38072  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Kidd, Kathryn BCBA**

Gender: Female  
NPI: 1134589419  
License: VA 0133003338  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Lane, Jay BCBA

Gender: Male  
NPI: 1629708409  
License: VA 0133002517  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Lupinacci, Mary BCBA

Gender: Female  
NPI: 1679195911  
License: VA 0133001680  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## McDonald, Kendra BCBA

Gender: Female  
NPI: 1457886061  
License: VA 0133000664  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Newton, KayLynn BCBA

Gender: Female  
NPI: 1033607007  
License: VA 0133001155  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Arabic  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1679082200

Website:

www.positivereinforcement.net

Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis

Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Precision ABA Therapy VA PLLC**

(347) 893-1266

## **Goldberg, Miriam\***

Gender: Female

NPI: 1144573387

License: VA 0133003763

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Chinese

Age 21 and under  
Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## **Rogers, Janet BCBA**

(703) 309-5295

Gender: Female

NPI: 1881081768

License: VA 0133000552

Website:

impactaba.hi5aba.com/

Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Autism, Applied Behavioral Analysis

Age 17 and under  
Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

Saturday: 8:00 AM-6:00 PM

Sunday: 8:00 AM-6:00 PM

## **Roland, John BCBA**

(804) 737-3917

Gender: Male

NPI: 1205321197

License: VA 0133001164

Website:

www.civitashealth.com

Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis

Age 2 to 17

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-4:30 PM

Tuesday: 8:30 AM-4:30 PM

Wednesday: 8:30 AM-4:30 PM

Thursday: 8:30 AM-4:30 PM

Friday: 8:30 AM-4:30 PM

## **SoaringHigh ABA**

(757) 231-5061

NPI: 1942026729

Practice Focus: Virtual Care -

Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

## **Spectrum Transformation Group**

(804) 378-6141

## **Leggett, Brittany\***

Gender: Female

NPI: 1174943450

License: VA 0133000365

Practice Focus: Virtual Care - Audio/Visual, Autism

Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Mabry, Arielle BCBA**

Gender: Female

NPI: 1043645138

License: VA 0133001278

Practice Focus: Virtual Care - Audio/Visual, Autism

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1174855985

Practice Focus: Virtual Care - Audio/Visual, Autism

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## SpringHealth BH and Integrated Care VA

(888) 515-1793

## Copp, Samantha BCBA

Gender: Female

NPI: 1447503206

License: VA 0133000548

Website:

Springhealthbehavioral.com

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

## Hatch, Kylie BCBA\*

Gender: Female

NPI: 1538518626

License: VA 0133003123

Website:

Springhealthbehavioral.com

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

## Leeper, Kathleen BCBA\*

Gender: Female

NPI: 1760865893

License: VA 0133003993

Website:

Springhealthbehavioral.com

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

## McKeithen, Tanya LCSW

Gender: Female

NPI: 1821378696

License: AR 28104C

Website:

Springhealthbehavioral.com

Amharic

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

## Qi Zhou BCBA

Gender: Female

NPI: 1437905510

License: VA 0133003592

Website:

Springhealthbehavioral.com

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

## Rodriguez, Alejandra BCBA\*

Gender: Female

NPI: 1346769056

License: VA 0133004180

Website:

Springhealthbehavioral.com

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

NPI: 1467827493

Practice Focus: Virtual Care - Audio/Visual, Cultural

Competency Trained, Applied Behavioral Analysis

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Stiles, Olivia BCBA\*

Gender: Female

NPI: 1184169559

License: AL 2017144

Website:

Springhealthbehavioral.com

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

## Toler, Braden BCBA

Gender: Male

NPI: 1023983061

License: VA 0133004664

Website:

www.Springhealthbehavioral.com

Practice Focus: Virtual Care - Audio/Visual, Applied

Behavioral Analysis

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

## Wegrzyn, Brianna BCBA\*

Gender: Female

NPI: 1700312253

License: VA 0133002069

Website:

Springhealthbehavioral.com

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

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# Behavioral Services

## **Willingham, Michelle BCBA**

Gender: Female  
NPI: 1477806990  
License: VA 0133000523  
Website: [Springhealthbehavioral.com](http://Springhealthbehavioral.com)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Step Ahead ABA VA LLC (304) 337-5381**

### **Arango, Catalina BCBA**

Gender: Female  
NPI: 1508365412  
License: VA 0133003280  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Brooks, Traci BCBA**

Gender: Female  
NPI: 1881102671  
License: VA 0133001635  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
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Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

### **Crumb, Amber BCBA\***

Gender: Female  
NPI: 1437535069  
License: NC 2949  
Website: [www.stepaheadaba.com](http://www.stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Spanish, Arabic  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Elizabeth Viscarra, Andrea BCBA\***

Gender: Female  
NPI: 1316435092  
License: VA 0133002001  
Website: [www.stepaheadaba.com](http://www.stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
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Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

### **Jordan, Samuel BCBA**

Gender: Male  
NPI: 1407235021  
License: VA 0133000685  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
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Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Knight, Kristin BCBA\***

Gender: Female  
NPI: 1912312521  
License: VA 0133001286  
Website: [www.stepaheadaba.com](http://www.stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
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Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

### **Lara Polanco, Vanessa BCBA\***

Gender: Female  
NPI: 1023637543  
License: VA 0133004352  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
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# Behavioral Services

## McWilliams, Cameron BCBA

Gender: Male  
NPI: 1144980905  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Hebrew  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Miller, Dayna BCBA

Gender: Female  
NPI: 1639324833  
License: NC 1503  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
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Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Mocny, Heather BCBA\*

Gender: Female  
NPI: 1780204909  
License: VA 0133004327  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-8:00 PM  
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Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Pearson, Alicia BCBA\*

Gender: Female  
NPI: 1255782314  
License: IN 95000215A  
Website: [www.stepaheadaba.com](http://www.stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Hebrew  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
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Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Richter, Sarah BCBA

Gender: Female  
NPI: 1164115036  
License: VA 0133003043  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Trujilo Sisemore, Nancy K BCBA

Gender: Female  
NPI: 1770028144  
License: VA 0133003973  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Step Ahead ABA VA LLC (804) 774-7575

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\* Proveedor especialista certificado

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# Behavioral Services

## Lopez, Caleb N BCBA\*

Gender: Male  
NPI: 1568117505  
License: VA 0133003979  
Website:  
www.steпаheadaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
ADD/ADHD, ABA Certified  
Provider  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## STEPS Behavioral Health (443) 353-9547

NPI: 1346606571  
Website: stepsbh.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## Storybook ABA VA LLC (757) 703-8799

**Adkins, James J BCBA**  
Gender: Male  
NPI: 1427344886  
License: NC 677  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Creole  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## ADOLF, RAIZL BCBA

Gender: Female  
NPI: 1811768518  
License: NJ 15BC00107300  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Banks, Ashleigh BCBA\*

Gender: Female  
NPI: 1649627456  
License: MI 7401000162  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CHAFIN, KATHERINE BCBA\*

Gender: Female  
NPI: 1568073112  
License: VA 0133002862  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## GONZALEZ, CAROLINA BCBA\*

Gender: Female  
NPI: 1528671732  
License: SC 1 20 44143  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
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# Behavioral Services

## Good, Sarah E BCBA\*

Gender: Female  
NPI: 1992362644  
License: MD LBA1968  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hwang, Kyu Hee BCBA

Gender: Female  
NPI: 1790368520  
License: VA 0133002839  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## LAWAL, ASHLEY BCBA

Gender: Female  
NPI: 1871096487  
License: VA 0133001193  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## LEAHY, BRIANNA BCBA\*

Gender: Female  
NPI: 1831658749  
License: VA 0133002745  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**LLANO, YVETTE BCBA\***  
Gender: Female  
NPI: 1043723984  
License: VA 0133003622  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MALEWICKI, ALICIA BCBA\*

Gender: Female  
NPI: 1194378422  
License: VA 0133001464  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MCBRIDE, KATHERINE BCBA\*

Gender: Female  
NPI: 1811627243  
License: VA 0133002609  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nudi Muldoon, Alva BCBA

Gender: Female  
NPI: 1932513579  
License: MD LBA1938  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
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Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Patterson, Bethany BCBA\*

Gender: Female  
NPI: 1043623655  
License: NC 866  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1609604032  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **STREICHER, CHAYA BCBA\***

Gender: Female  
NPI: 1285395327  
License: VA 0133004196  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **TURNER, LATISHAYA BCBA\***

Gender: Female  
NPI: 1518467810  
License: VA 0133004013  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Suarez, Genesis BCBA**

(757) 703-8799

Gender: Male  
NPI: 1528665973  
License: VA 0133004630  
Practice Focus: Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sunray ABA VA LLC**

(844) 278-6729

## **Schick, Shifra\***

Gender: Female  
NPI: 1700506342  
License: VA 0133004057  
Website: [www.sunrayaba.com/](http://www.sunrayaba.com/)  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Taylor, Lindsey BCBA**

(757) 644-6391

Gender: Female  
NPI: 1992540165  
License: VA 0133003708  
Website: [www.compassva.com](http://www.compassva.com)  
Practice Focus: Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tiller, Hannah BCBA**

(540) 348-4808  
Gender: Female  
NPI: 1245042670  
License: VA 0133004091  
Website: [www.compassva.com](http://www.compassva.com)  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Turner, Kristina BCBA**

(646) 873-0294

Gender: Female  
NPI: 1922423482  
License: VA 0133000350  
Website: [advanceableaba.com/](http://advanceableaba.com/)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Hebrew  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Virginia ABA LLC**

(804) 601-8821

## **Grim, Samantha BCBA\***

Gender: Female  
NPI: 1013525666  
License: VA 0133003756  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Werner, Batsheva BCBA**

(732) 677-4124

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1326397704  
License: NY 000591  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, ABA  
Certified Provider  
Spanish  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## White, Jordan N BCBA

(980) 785-1113  
Gender: Female  
NPI: 1174229249  
License: VA 0133003948  
Website: mosaictherapy.com  
Practice Focus: Autism  
Spectrum Disorders  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Youth Family Services of

**Virginia Inc**  
(804) 887-2990

## Earnst, Anna L BCBA\*

Gender: Female  
NPI: 1588385934  
License: VA 0133002723  
Website: asset.yfsva.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Developmental/Behavioral  
Issues, Cognitive/Behavioral  
Therapy, Autism, ABA Certified  
Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Behavioral Technician

**Connecting the Steps LLC**  
(757) 639-7919

## Conner, Ashley BCBA

Gender: Female  
NPI: 1225701030  
License: VA 0133004066  
Website:  
www.connectingthesteps.com  
/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Autism,  
Applied Behavioral Analysis,  
Adolescents, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Golden Steps ABA VA LLC

(757) 703-0501

## Bateman, Kristen BCBA

Gender: Female  
NPI: 1437741493  
License: VA 0133003481  
Website:  
WWW.GOLDENSTEPSABA.COM  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Campbell, Ryann BCBA

Gender: Female  
NPI: 1639654338  
License: VA 0133002521  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Darden, Meaghan D BCBA

Gender: Female  
NPI: 1245720804  
License: VA 0133002061  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

**Driver, Keyonia S BCBA**

Gender: Female  
NPI: 1578108528  
License: VA 0133003152  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Hadaway, Jessica BCBA**

Gender: Female  
NPI: 1144844713  
License: VA 0133002500  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Proudley, Bethany N BCBA**

Gender: Female  
NPI: 1316406325  
License: VA 0133002314  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Positive Behavior Supports Corp**

(855) 832-6727

**Donnelly, Kimberly RBT**

Gender: Female  
NPI: 1215660063  
License: VA 0133003927  
Website: [www.teampbs.com](http://www.teampbs.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Resilience Counseling Social Skills Center**

(540) 699-0226  
**Lamar, Miosha LPC**  
Gender: Female  
NPI: 1891342010  
License: VA 0701014233  
Website: [www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707  
Website: [www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Child & Adolescent Psychiatry Physician****Childsavers**

(804) 644-9590  
NPI: 1699868448  
Website: [www.childsavers.org](http://www.childsavers.org)  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Claytor Memorial Clinic

(540) 400-7495  
NPI: 1689180200  
Website:  
www.claytormemorialclinic.com  
Practice Focus: Virtual Care - Audio/Visual, Child & Adolescent Psychiatry  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Capital Treatment and Recovery

(703) 841-0703  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Neuropsych Wellness Center Pc

(703) 865-8686

NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Sakran, Mark PsyD

(703) 841-0703  
Gender: Male  
NPI: 1922327196  
License: MD D0079256  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tucker Psychiatric Clinic

Inc  
(804) 320-7884

## Gould, David W MD

Gender: Male  
NPI: 1629068077  
License: VA 0101045235  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Child & Adolescent Psychiatry, Adolescent Psychiatry  
Age 2 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:30 PM  
Tuesday: 8:00 AM-5:30 PM  
Wednesday: 8:00 AM-5:30 PM  
Thursday: 8:00 AM-5:30 PM  
Friday: 8:00 AM-5:30 PM

## Tucker Psychiatric Clinic Inc

(804) 320-7881  
NPI: 1003911256  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Child & Adolescent Psychiatry, Adolescent Psychiatry  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Child & Family Psychiatric/Mental Health Clinical Nurse Spec

Harvey, Sharon DNP  
(757) 586-5927

Gender: Female  
NPI: 1881239903  
License: VA 0001194083  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Post-Traumatic Stress Disorder (PTSD), Depression, Autism, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-8:00 PM  
Tuesday: 6:00 PM-9:00 PM  
Wednesday: 6:00 PM-9:00 PM  
Thursday: 6:00 PM-9:00 PM  
Friday: 9:00 AM-5:00 PM  
Sunday: 10:00 AM-6:00 PM

## Clinical Child & Adolescent Psychologist

### Associated Clinical Services

(703) 569-8731  
NPI: 1073522124  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Carter, Megan PhD**

Gender: Female  
NPI: 1962053736  
License: VA 0810007990  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Center for Care and Resiliency**

(540) 344-5300  
NPI: 1053902742  
Practice Focus: Virtual Care -  
Audio/Visual, Transgender,  
Transcranial Magnetic  
Stimulation (TMS), Psychiatry,  
Partial Hospitalization -  
Substance Abuse, Partial  
Hospitalization - Mental  
Health, Partial Hospitalization,  
Mental health skill building,  
Medication Management,  
Couple Counseling  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Teegarden Cabay, Lisa Ann PhD**

Gender: Female  
NPI: 1063606069  
License: VA 0810002476  
Practice Focus: Virtual Care -  
Audio/Visual, Transgender,  
Transcranial Magnetic  
Stimulation (TMS), Psychiatry,  
Partial Hospitalization -  
Substance Abuse, Partial  
Hospitalization - Mental  
Health, Partial Hospitalization,  
Mental health skill building,  
Medication Management,  
Couple Counseling  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Clinical Psychologist**

**A Step Forward Wellness Services LLC**  
(804) 716-2629

## **Dhillon, Sukhpinder PsyD**

Gender: Female  
NPI: 1952728008  
License: VA 0810006177  
Website:  
astepforwardwellness.com  
Practice Focus: Virtual Care -  
Audio/Visual, DBT (Dialectical  
Behavior Therapy),  
Cognitive/Behavioral Therapy,  
Anxiety Disorder, ADHD  
Urdu, Hindi  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Abundant Life partners LLC**

(757) 603-4603

## **Foster, Thomas PhD**

Gender: Male  
NPI: 1811515794  
License: VA 0810006458  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care -  
Audio/Visual, General Mental  
Health, Cultural Competency  
Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ARROW Project**

(540) 255-0972

## **Holt, Jenna PsyD**

Gender: Female  
NPI: 1902173479  
License: VA 0810004491  
Website: www.arrow-  
project.org  
Practice Focus: Virtual Care -  
Audio/Visual, Psychological  
Testing  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Associated Clinical Services

(703) 569-8731  
NPI: 1073522124  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Boling, Anne M PhD

Gender: Female  
NPI: 1144324237  
License: VA 0810003065  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Carpenito, Jennifer PsyD

Gender: Female  
NPI: 1295318715  
License: VA 0810007463  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Carter, Edwin N PhD

Gender: Male  
NPI: 1417966474  
License: VA 0810000741  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Dunbar, Megan PsyD

Gender: Female  
NPI: 1225469653  
License: VA 0810004892  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## DuPuis, Laurie PsyD

Gender: Female  
NPI: 1710370184  
License: VA 0810005136  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ford, Bain PsyD

Gender: Male  
NPI: 1043520679  
License: VA 0810004320  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Henley, Anthony H PsyD

Gender: Male  
NPI: 1245422062  
License: VA 0810003840  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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## Nguyen, Thuan PsyD

Gender: Female  
NPI: 1700649340  
License: VA 0810008418  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Russian  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Stanley, Alisha PsyD

Gender: Female  
NPI: 1295444198  
License: VA 0810007988  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Warbel, Amanda PhD

Gender: Female  
NPI: 1982922712  
License: VA 0810004260  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Whitney, Lynette PsyD

Gender: Female  
NPI: 1427455211  
License: VA 0810006344  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Backpack Medical Group PC

(866) 968-6342

## Taylor, Patricia PhD

Gender: Female  
NPI: 1558744136  
License: DC PSY1001709  
Website: [helloworldbackpack.com/](http://helloworldbackpack.com/)  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Charis Institute For Psychological and Family Services

(540) 568-1876  
NPI: 1588733893  
Website: [charisinst.org](http://charisinst.org)  
Practice Focus: Virtual Care -  
Audio/Visual, Psychology  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Clinical Associates of Tidewater

(757) 877-7700

## Bierenbaum, Howard J PhD

Gender: Male  
NPI: 1639277395  
License: VA 0810001050  
Practice Focus: Virtual Care -  
Audio/Visual, Psychological  
Testing, Medication  
Management, Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
NPI: 1447341615  
Practice Focus: Virtual Care -  
Audio/Visual, Psychological  
Testing, Medication  
Management, Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

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# Behavioral Services

## Deaver, David L PhD

Gender: Male  
NPI: 1891708160  
License: VA 0810000797  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Frieden, Fredrick P PhD

Gender: Male  
NPI: 1316035975  
License: VA 0810001061  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Compass Behavioral Group Compass Behavioral Group

(804) 372-0151

Website:

www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Psychological Testing  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## PRINCE, EMILY LCP

Gender: Female  
NPI: 1457084899  
License: VA 0810007885  
Website:

www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Psychological Testing  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group Compass Behavioral Group

(434) 220-0089

## Fabbri, Stefania LCP

Gender: Female  
NPI: 1477793388  
License: VA 0810004083  
Website:

www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Psychological Testing  
Spanish, Italian  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Leon, Cynthia PhD

Gender: Female  
NPI: 1538478342  
License: VA 0810004326  
Website:

www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Psychological Testing  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compassion Counseling and Psychological Services LLC

(804) 380-2775

## Guion, David PhD

Gender: Male  
NPI: 1659741171  
License: VA 0810005208  
Website:

www.compassioncaps.com  
Practice Focus: Virtual Care - Audio/Visual, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Couple Counseling, Bereavement, Anxiety/Depression, Adult, Adjustment Disorders, ADHD, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Dougan and Walden Wellness PLLC

(804) 893-5555

## Coletta, Alexandra PsyD

Gender: Female  
NPI: 1194597153  
License: VA 0810008261  
Website: www.dwellness.org  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1396259602  
Website: [www.dwellness.org](http://www.dwellness.org)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dougan, Rae Anne PsyD**

Gender: Female  
NPI: 1326415837  
Website: [www.dwellness.org](http://www.dwellness.org)  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## **Stewart, Hollis PhD**

Gender: Female  
NPI: 1205667466  
License: VA 0810003777  
Website: [www.dwellness.org](http://www.dwellness.org)  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## **Voigt, Trisha PsyD**

Gender: Female  
NPI: 1447982822  
License: VA 0810007874  
Website: [www.dwellness.org](http://www.dwellness.org)  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

**Family Guidance Centers**  
(804) 743-0960

## **Carson, Camille I LP**

Gender: Female  
NPI: 1245897362  
License: VA 0810007626  
Website: [www.familyguidancecenters.com](http://www.familyguidancecenters.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
NPI: 1225192909  
Website: [www.familyguidancecenters.com](http://www.familyguidancecenters.com)  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **McGee, Charles S PhD**

Gender: Male  
NPI: 1275641557  
License: VA 0810000904  
Website: [www.familyguidancecenters.com](http://www.familyguidancecenters.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Scott, Nicole LCP**  
Gender: Female  
NPI: 1477045532  
License: VA 0810008152  
Website: [www.familyguidancecenters.com](http://www.familyguidancecenters.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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# Behavioral Services

## Thornton, Carrie L LCP

Gender: Female  
NPI: 1225757743  
License: VA 0810007930  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Genesis Counseling Center (757) 564-3100

NPI: 1164451399  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 965-5886

**Risser, Dustin LPC**  
Gender: Male  
NPI: 1124718135  
License: VA 0810008343  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Cultural Competency Trained  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 827-7707

## Smart-McCarthy, Madison LCP

Gender: Female  
NPI: 1720891658  
License: FL PY12444  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Cultural Competency Trained  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1540 Breezeport Way  
Ste 500  
Suffolk, VA 23435  
(757) 686-2800  
NPI: 1164451399  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Insight Therapy Solutions (702) 685-0877

## Parkes, Nicole PsyD

Gender: Female  
NPI: 1326704974  
License: SC 1718  
Website:  
www.insighttherapysolutions.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Loudoun Counseling Coaching LLC

(571) 375-0668  
NPI: 1134642044  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Neuropsychology, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

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# Behavioral Services

## Urbassik, Megan LCSW

Gender: Female  
NPI: 1356866537  
License: VA 0810005693  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Neuropsychology, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## McDonough, Michael C PhD

(276) 386-2534  
Gender: Male  
NPI: 1689960221  
License: VA 0810002451  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 12:00 PM-3:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM

## Neuropsych Wellness Center Pc

(703) 865-8686

NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Psychological Health Roanoke

(540) 772-5140  
**MCDANIEL, TYLER C PhD**

Gender: Male  
NPI: 1558829408  
License: VA 0810006212  
Website:  
PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-10:00 AM  
Tuesday: 8:00 AM-10:00 AM  
Wednesday: 8:00 AM-10:00 AM  
Thursday: 8:00 AM-10:00 AM  
Friday: 8:00 AM-10:00 AM

Website:  
PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Resilience Counseling Social Skills Center

(540) 699-0226

## Melendez-Davidson, Jeanie LCP

Gender: Female  
NPI: 1588177943  
License: VA 0810006139  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1245724707

Website:

www.resiliencecounseling.com

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood

Disorders/Depression, Mood Disorders, Mental Health

Counselor, Grief/Death/Dying, General Mental Health

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Roberts, April PsyD

(757) 251-0879

Gender: Female

NPI: 1962595843

License: FL PY6932

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-7:00 PM

Tuesday: 8:30 AM-7:00 PM

Wednesday: 8:30 AM-7:00 PM

Thursday: 8:30 AM-7:00 PM

Friday: 9:00 AM-4:30 PM

## Spectrum Transformation Group

(804) 378-6141

## Fatzinger, Tracey PhD

Gender: Female

NPI: 1083874051

License: VA 0810003548

Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Gotovac, Taylor LCP

Gender: Female

NPI: 1992177547

License: VA 0810008239

Practice Focus: Virtual Care - Audio/Visual, ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Jenness, Kiera PhD

Gender: Female

NPI: 1629467139

License: VA 0810003634

Practice Focus: Virtual Care - Audio/Visual, Autism, ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Moore, Melinda PhD

Gender: Female

NPI: 1174771737

License: VA 0810003986

Practice Focus: Virtual Care - Audio/Visual, Autism, ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Schmitt, Michelle PhD

Gender: Female

NPI: 1104453026

License: VA 0810004807

Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1174855985

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism, Anxiety Disorder, ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Walker, Jenee PsyD

Gender: Female

NPI: 1457680217

License: VA 0810004189

Practice Focus: Virtual Care - Audio/Visual, Cultural

Competency Trained, Autism

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Virginia Counseling and Community Development

(804) 218-8182

## Farrow, Daryl L LPC

Gender: Male

NPI: 1891475042

License: VA 0810008236

Website: www.vaccd.com

Practice Focus: Virtual Care - Audio/Visual, Cultural

Competency Trained

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Weber, Randy L LCSW

(540) 568-1876

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Male  
NPI: 1326146713  
Website: charisinst.org  
Practice Focus: Virtual Care - Audio/Visual, Psychology  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Weber, Ronda L LCSW**

(540) 568-1876  
Gender: Female  
NPI: 1275631673  
Website: charisinst.org  
Practice Focus: Virtual Care - Audio/Visual, Psychology  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Clinical Social Worker**

**Absolute Essence Therapy and Consulting Services PLLC**  
(804) 495-0310

NPI: 1578381315  
Practice Focus: Virtual Care - Audio/Visual, Personality Disorders, Mood Disorders, Eye Movement Desensitization and Reprocessing (EMDR), DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Anxiety Disorder  
Age 11 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## **Clary, Jessica MSW**

Gender: Female  
NPI: 1619689296  
License: VA 0904014655  
Age 11 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## **Abundant Life Counseling and Supportive Services, LLC**

(804) 922-3740

NPI: 1154863140  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Family Therapy, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cole, Solange D LCSW**

Gender: Female  
NPI: 1912371741  
License: VA 0904009223  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Family Therapy, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Abundant Life partners LLC**

(757) 603-4603

## **Cassidy, Chelsea LCSW**

Gender: Female  
NPI: 1871939363  
License: VA 0904008234  
Website: www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Anger Management  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cassidy, Lisa LCSW**

Gender: Female  
NPI: 1033722251  
License: VA 0904012198  
Website: www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Parent Child Interaction Therapy, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Chapman, Gabrielle LCSW

Gender: Female  
NPI: 1730722588  
License: VA 0904015292  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Veteran's Issues, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained

Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Cimo, Daniel LCSW

Gender: Male  
NPI: 1376354639  
License: VA 0904017607  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Men, LGBTQ+, Cultural Competency Trained

Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Freeman, Meghan D CSW

Gender: Female  
NPI: 1770021222  
License: VA 0904009742  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained

Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Goncalves, Danielle LCSW

Gender: Female  
NPI: 1336756311  
License: VA 0904012907  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Family Therapy, Cultural Competency Trained

Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gonclaves, Isaac LCSW

Gender: Male  
NPI: 1427885631  
License: VA 0904017428  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism, ADHD

Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hazelwood-Roane, Jessica LCSW

Gender: Female  
NPI: 1457936130  
License: VA 0904012691  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, ADHD

Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hunt, Llorin LCSW

Gender: Female  
NPI: 1659760577  
License: DC LC50081502  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Eating Disorders, Cultural Competency Trained

Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Kent, Steven W LCSW

Gender: Male  
NPI: 1932719168  
License: VA 0904015901  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Addictions/ Substance Abuse

Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Maninga, Lauren LCSW**

Gender: Female  
NPI: 1952295396  
License: VA 0904018378  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McSorley, Deborah LCSW**

Gender: Female  
NPI: 1548573223  
License: VA 0904006605  
Website:  
www.abundantlifepartners.com

Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Family Therapy, Cultural Competency Trained Dutch  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Parks, Sarah LCSW**

Gender: Female  
NPI: 1932762523  
License: VA 0904013892  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Religion Based Therapy, Post-Traumatic Stress, Cultural Competency Trained  
Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Robinson, Nicole LCSW**

Gender: Female  
NPI: 1275373441  
License: VA 0904016344  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety/Depression  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tiffin, Laura LCSW**

Gender: Female  
NPI: 1184315178  
License: VA 0904009057  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained, Adult  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wallner, Annie LCSW**

Gender: Female  
NPI: 1982392668  
License: VA 0904015247  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Adult Serious Mental Illness (SMI)  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wolanzky, Lisa LCSW**

Gender: Female  
NPI: 1891056008  
License: VA 0904008363  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained, Adult  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **All Hope Behavioral Health Services PC**

(703) 542-3737  
NPI: 1760715403  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Ridge, Lauren C LCSW

Gender: Female  
NPI: 1134772684  
License: VA 0904008286  
Website: allhopebhs.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Psychiatry,  
Mood Disorders, Depression,  
Borderline Personality  
Disorders, Bipolar, Behavioral  
Health Outpatient,  
Anxiety/Depression, Anxiety  
Disorder  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Allied Transformations LLC

(540) 609-2570  
NPI: 1992260327  
Practice Focus: Virtual Care -  
Audio/Visual, Mood  
Disorders/Depression, LGBTQ+,  
Anxiety Disorder  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## ARROW Project (540) 255-0972

## Conner, Gail LCSW

Gender: Female  
NPI: 1508301375  
License: VA 0904008713  
Website: www.arrow-  
project.org  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## Associates in Brief Therapy Inc (540) 772-8043

## Adams, Margaret LCSW

Gender: Female  
NPI: 1629736541  
License: VA 0904013482  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Family Therapy, Depression,  
Cognitive/Behavioral Therapy,  
Bipolar  
Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

NPI: 1033286794

Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Family Therapy, Depression,  
Cognitive/Behavioral Therapy,  
Bipolar  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## DeFilippis, Amanda LCSW

Gender: Female  
NPI: 1831883842  
License: VA 0904015366  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder  
Spanish  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Backpack Medical Group PC

(866) 968-6342  
NPI: 1851177570  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Coates, Anasia LCSW

Gender: Female  
NPI: 1629733233  
License: PA CW020514  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Davis, Moneka LCSW

Gender: Female  
NPI: 1619595477  
License: IL 149027790  
Website: hellobackpack.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Dixon, Ashley LCSW

Gender: Female  
NPI: 1609473602  
License: VA 0904013201  
Website: hellobackpack.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Ellis, Jacqueline LCSW

Gender: Female  
NPI: 1003574229  
License: MD 28071  
Website: hellobackpack.com/  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Cultural Competency Trained, Child & Adolescent Psychiatry, ADD/ADHD  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Baldwin Counseling PLLC

(757) 340-0275

## Baldwin, Suzanne M LCSW

Gender: Female  
NPI: 1285644609  
License: VA 0904003880  
Website:  
www.baldwincounselingcenter.com  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-5:00 PM

## Barner, Ashley LCSW

(757) 273-0699  
Gender: Female  
NPI: 1689450330  
License: VA 0904015749  
Website:  
www.unitedservices.life  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Crisis Stabilization (CS), Community-Based Treatment, ASAM Level 2.1  
Age 18 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## BE & MH: Mental Health Services Group

(757) 338-1421

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

NPI: 1043999162

Website: www.beandmh.com

Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Family Therapy, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Chronic Illnesses

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Ferguson, Victoria LCSW MSW**

Gender: Female

NPI: 1679981625

License: VA 0904015594

Website: www.beandmh.com

Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Family Therapy, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Chronic Illnesses

Age 12 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-9:00 PM

Tuesday: 9:00 AM-9:00 PM

Wednesday: 9:00 AM-9:00 PM

Thursday: 9:00 AM-9:00 PM

Friday: 9:00 AM-9:00 PM

425 W Washington St

Ste 4

Suffolk, VA 23434

(757) 338-1421

NPI: 1043999162

Website: www.beandmh.com

Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Family Therapy, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Chronic Illnesses

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-6:00 PM

## **Ferguson, Victoria LCSW MSW**

Gender: Female

NPI: 1679981625

License: VA 0904015594

Website: www.beandmh.com

Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Family Therapy, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Chronic Illnesses

Age 12 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-9:00 PM

Tuesday: 9:00 AM-9:00 PM

Wednesday: 9:00 AM-9:00 PM

Thursday: 9:00 AM-9:00 PM

Friday: 9:00 AM-9:00 PM

## **Beach Therapy and Consulting PLLC**

(757) 340-6100

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1326482779

Website:

[www.beachtherapyandconsulting.com/](http://www.beachtherapyandconsulting.com/)

Practice Focus: Virtual Care - Audio/Visual, Trauma -

Focused Cognitive Behavior,

Substance Abuse & Alcohol

Abuse Center (Outpatient),

Sexual Disorder, Post-

Traumatic Stress Disorder

(PTSD), Glomerular Disease,

DBT (Dialectical Behavior

Therapy), Cultural

Competency Trained, Bipolar,

Anxiety/Depression

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## Beautiful Reflections

### Counseling

(804) 592-1225

NPI: 1417556879

Website:

[www.beautifulreflectionscounting.com](http://www.beautifulreflectionscounting.com)

Practice Focus: Virtual Care - Audio/Visual, Psychotherapy

Age 12 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-4:00 PM

Tuesday: 8:00 AM-4:00 PM

Wednesday: 8:00 AM-4:00 PM

Thursday: 8:00 AM-4:00 PM

Friday: 8:00 AM-4:00 PM

## Stokes, Andria M LCSW

Gender: Female

NPI: 1144829599

License: VA 0904012440

Website:

[www.beautifulreflectionscounting.com](http://www.beautifulreflectionscounting.com)

Practice Focus: Virtual Care -

Audio/Visual, Psychotherapy

Age 12 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-4:00 PM

Tuesday: 8:00 AM-4:00 PM

Wednesday: 8:00 AM-4:00 PM

Thursday: 8:00 AM-4:00 PM

Friday: 8:00 AM-4:00 PM

## BEST THERAPEUTIC

### SOLUTIONS LLC

(804) 557-0085

Practice Focus: Virtual Care -

Audio/Visual, Trauma

Informed Care Trained,

Screening Brief Intervention

Referral to Treatment (SBIRT),

Schizoaffective Disorder,

Mental health skill building,

Employee Assistance Program

(EAP), Dual Diagnosis (MH/SA),

Community-Based Treatment,

Cognitive/Behavioral Therapy,

Bipolar

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Practice Focus: Virtual Care -

Audio/Visual, Trauma

Informed Care Trained,

Screening Brief Intervention

Referral to Treatment (SBIRT),

Schizoaffective Disorder,

Mental health skill building,

Employee Assistance Program

(EAP), Dual Diagnosis (MH/SA),

Community-Based Treatment,

Cognitive/Behavioral Therapy,

Bipolar

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Black, Rebecca LCSW

(703) 841-0703

Gender: Female

NPI: 1346918083

License: MD 20783

Website:

[www.natcaptreatment.org](http://www.natcaptreatment.org)

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Addictions/ Substance Abuse,

Addiction Medicine

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Blue Mountain Therapy

(276) 525-6043

NPI: 1497330401

Website:

[www.bluemountaintherapy.com](http://www.bluemountaintherapy.com)

Practice Focus: Virtual Care -

Audio/Visual, Certified Social

Worker

Age 64 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-5:30 PM

## Jenkins, Haley K LCSW

Gender: Female

NPI: 1497324354

License: VA 0904012923

Website:

[www.bluemountaintherapy.com](http://www.bluemountaintherapy.com)

Practice Focus: Virtual Care -

Audio/Visual

Age 64 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-5:30 PM

## Bon Secours Medical

### Group Hampton Roads

### Specialty Care LLC

7025 Harbour View Blvd

Ste 118

Suffolk, VA 23435

(513) 853-8520

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## Best, Hellena LCSW

Gender: Female  
NPI: 1124520317  
License: KY 259673  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY, ASL  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## BSMH Tele Psychiatry Program

7025 Harbour View Blvd  
Ste 118  
Suffolk, VA 23435  
(513) 853-8520

## Barragan, Yisela LCSW

Gender: Female  
NPI: 1285112532  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Graham, Nadine LCSW

Gender: Female  
NPI: 1518495878  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## C and S Holistic Counseling and Consulting LLC

(757) 782-4070  
Website: csholistic.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Grief/Death/Dying, Geriatric, General Mental Health, Cognitive/Behavioral Therapy, Anxiety/Depression, Anger Management, Adult, Adjustment Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM

## Chamberliss, Shantora M LCSW

Gender: Female  
NPI: 1831529130  
License: VA 0904008370  
Website: csholistic.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Grief/Death/Dying, Cognitive/Behavioral Therapy, Anxiety/Depression, Anger Management, Adult, Adjustment Disorders, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM

## Jefferson, Rashida LCSW

Gender: Female  
NPI: 1528761517  
License: VA 0904014741  
Website: csholistic.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM

## Williams, Carina V LCSW

Gender: Female  
NPI: 1649734559  
License: VA 0904010711  
Website: csholistic.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM

## Calm Waters Counseling LLC

(804) 644-0774  
NPI: 1982234092  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Grief/Death/Dying, Bereavement, Anxiety Disorder, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Casrie Meyer LCSW PLLC

(804) 901-3922

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1811542822  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Central Virginias Preferred Providers

(804) 330-6441  
NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**HYPE Counseling Services**  
Gender: Female  
NPI: 1760936918  
License: VA 0904009557  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Changing Lives Therapeutic Service

(980) 833-1121  
**Rolle, Cemetrius LPC**  
Gender: Female  
NPI: 1295117760  
License: NC C012171  
Website:  
www.changinglivestherapeuticservice.com  
Practice Focus: Virtual Care - Audio only  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

**Chesapeake Counseling Associates PC**  
(804) 695-2557  
**Hodges, Linda LCSW**  
Gender: Female  
NPI: 1073607024  
License: VA 0904001966  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## Chesapeake Counseling Center

(757) 302-8362  
**Baker-Hutchinson, Jodi S LCSW**  
Gender: Female  
NPI: 1407394497  
License: VA 0904009768  
Website:  
chesapeakecounselingcenter.com/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Anxiety/Depression, Anger Management  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1780160747  
Website:  
chesapeakecounselingcenter.com/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Anxiety/Depression, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Childsavers

(804) 644-9590  
**BARNETT, MAYA LCSW**  
Gender: Female  
NPI: 1881359149  
License: VA 0904018985  
Website: childsaversonline.org  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1699868448

Website: [www.childsavers.org](http://www.childsavers.org)

Practice Focus: Virtual Care -

Audio/Visual, Virtual Care -

Audio only, Cultural

Competency Trained,

Community-Based Treatment,

Behavioral Health Outpatient

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:30 PM

Tuesday: 8:00 AM-7:30 PM

Wednesday: 8:00 AM-7:30 PM

Thursday: 8:00 AM-7:30 PM

Friday: 8:00 AM-7:30 PM

## **Jamrozy, Rachel LCSW**

Gender: Female

NPI: 1275287203

License: VA 0904019644

Website: [childsavers.org](http://childsavers.org)

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Community-Based Treatment,

Behavioral Health Outpatient

Age 17 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:30 PM

Tuesday: 8:00 AM-7:30 PM

Wednesday: 8:00 AM-7:30 PM

Thursday: 8:00 AM-7:30 PM

Friday: 8:00 AM-5:00 PM

## **Christian Psychotherapy Services**

3897 Bridge Rd

Ste 104

Suffolk, VA 23435

(757) 394-1961

## **Kern, Lauri A LCSW**

Gender: Female

NPI: 1528021193

License: VA 0904005841

Handicap Accessible: Building,

Restroom

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Clinical Associates of Tidewater**

(757) 877-7700

NPI: 1447341615

Practice Focus: Virtual Care -

Audio/Visual, Psychological

Testing, Medication

Management, Cultural

Competency Trained,

Counselor

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

## **Havrilla, John F LCSW**

Gender: Male

NPI: 1053409433

License: VA 0904000775

Practice Focus: Virtual Care -

Audio/Visual, Psychological

Testing, Medication

Management, Cultural

Competency Trained,

Counselor

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

## **Keller, Rebecca W LCSW**

Gender: Female

NPI: 1437174067

License: VA 0904003037

Practice Focus: Virtual Care -

Audio/Visual, Psychological

Testing, Medication

Management, Counselor

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

## **TAYLOR, CATHERINE LCSW**

Gender: Female

NPI: 1457426769

License: VA 0904007139

Practice Focus: Virtual Care -

Audio/Visual, Psychological

Testing, Medication

Management, Counselor

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

## **Coastal Virginia Counseling**

(757) 222-4944

## **Bunting, David CSW**

Gender: Male

NPI: 1336658293

License: VA 0904010028

Website: [www.covavb.com](http://www.covavb.com)

Practice Focus: Virtual Care -

Audio/Visual, Counselor,

Cognitive/Behavioral Therapy,

Child Abuse/Neglect, Bipolar,

Behavioral Health Outpatient,

ASAM Level 1,

Anxiety/Depression, Affective

Disorders, ADHD

Age 13 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 3:30 PM-7:00 PM

Wednesday: 3:30 PM-7:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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**Compass Behavioral  
GroupCompass Behavioral  
Group**

(804) 372-0151

**Bischof, Erika LCSW**

Gender: Female

NPI: 1336659739

License: VA 0904010053

Website:

www.compassva.com

Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor

Age 3 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Website:

www.compassva.com

Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,

Community-Based Treatment,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Compass Behavioral  
GroupCompass Behavioral  
Group**

(540) 215-0535

**Bratcher, Jacob LCSW**

Gender: Male

NPI: 1336844109

License: VA 0904015097

Website:

www.compassva.com

Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor

Age 3 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Compass Behavioral  
GroupCompass Behavioral  
Group**

(757) 644-6391

**Filer, Lisa LCSW**

Gender: Female

NPI: 1003651456

License: VA 0904017037

Website:

www.compassva.com

Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor

Age 3 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**RANDLE, NEASA LCSW**

Gender: Female

NPI: 1104175140

License: VA 0904010345

Website:

www.compassva.com

Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor

Age 3 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Stuckey, Charles LCSW**

Gender: Male

NPI: 1760037386

License: VA 0904017058

Website:

www.compassva.com

Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor

Age 3 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Compass Behavioral  
GroupCompass Behavioral  
Group**

(434) 220-0089

**Howell, Katherine LCSW**

Gender: Female

NPI: 1821410937

License: VA 0904012112

Website:

www.compassva.com

Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor

Age 3 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**OBrien, Julie LCSW**

Gender: Male

NPI: 1972204188

License: VA 0904014906

Website:

www.compassva.com

Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **PAGE, JENELLE LCSW**

Gender: Female  
NPI: 1821501511  
License: VA 0133000935  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral GroupCompass Behavioral Group**

(540) 437-1605  
**REARDON, MOLLY LCSW**

Gender: Female  
NPI: 1356756704  
License: VA 0904013891  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass NOVA**

(703) 496-7804  
**Best, Patricia LCSW**  
Gender: Female  
NPI: 1508619149  
License: VA 0904016579  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Boren, Michelle LCSW**

Gender: Male  
NPI: 1861083073  
License: VA 0904011203  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Chung, Angela LCSW**

Gender: Female  
NPI: 1881302370  
License: VA 0904014543  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Korean  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **DeLeon, Madison LCSW**

Gender: Female  
NPI: 1912675208  
License: VA 0904013246  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Eberly, Kaitlyn LCSW**

Gender: Female  
NPI: 1801501713  
License: VA 0904014745  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MEDRANO, CINDY LCSW**

Gender: Female  
NPI: 1265178792  
License: VA 0904013857  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Spanish  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **SROKA, MARY LCSW**

Gender: Female  
NPI: 1285062513  
License: VA 0904009245  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass NOVA**

(540) 339-3640

## **Clarke, Shannon LCSW**

Gender: Female  
NPI: 1912713538  
License: VA 0734003627  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SAKS, PHILLICIA LCSW**

Gender: Female  
NPI: 1073198933  
License: VA 0904012721  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ULRICH, BONNIE LCSW**

Gender: Female  
NPI: 1497392633  
License: VA 0904004347  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Complete Adult & Family Care LLC**

(757) 644-3073

## **Stevenson, Leyana LCSW**

Gender: Female  
NPI: 1326230640  
License: NY 091214  
Website:  
completecareforyou.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mood  
Disorders/Depression, Cultural  
Competency Trained,  
ADD/ADHD, (IOP) Intensive  
Outpatient  
Age 10 to 70  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Confidant Providers LLC**

(203) 747-8696

## **Babb, Felisha LCSW**

Gender: Female  
NPI: 1457940090  
License: KY 255217  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
LGBTQ+, Cultural Competency  
Trained, Bipolar,  
Anxiety/Depression,  
Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Cale, Robert LCSW**

Gender: Male  
NPI: 1780149443  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Contour Mental Health Services LLC**

(757) 527-2827

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Mensah, Chad LCSW

Gender: Male  
NPI: 1679048391  
License: VA 0904011398  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Home Visits, Depression, Cultural Competency Trained, Community-Based Treatment, Bipolar, Anxiety Disorder, Anger Management  
Age 5 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Counseling Associates of the Highlands

(540) 965-1373

## Dudley, Jennifer LCSW

Gender: Female  
NPI: 1073010856  
License: VA 0904010431  
Practice Focus: Grief/Death/Dying, Anxiety/Depression, Anxiety Disorder  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:30 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-6:30 PM  
Friday: 9:00 AM-5:00 PM

## Danville Pittsylvania Community Services

(434) 799-0456

## Campbell, Amanda LCSW

Gender: Female  
NPI: 1588344642  
License: VA 0904015600  
Website: www.dpcs.org  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Pruitt, Carla LCSW

Gender: Female  
NPI: 1871167221  
License: VA 0904012640

Website: www.dpcs.org  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Davis, Nikkimah P LCSW

(571) 229-7334

Gender: Female  
NPI: 1770611527  
License: DC LC200002592  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Victims of elder abuse, Victims of domestic violence, Victim Awareness, Veteran's Issues, Traumatic Brain Injury Waiver (DHS/DRS), Traumatic Brain Injury, Trauma Recovery and Empowerment Model (TREM), Trauma Informed Care Trained  
Age 12 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-3:00 PM

## Davis, Rita L LICSW

(757) 306-4232

Gender: Female  
NPI: 1770635112  
License: VA 0904002014  
Practice Focus: Virtual Care - Audio/Visual, Veteran's Issues, LGBTQ+, Grief/Death/Dying, Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Depaul Family Services

(540) 265-8923

## Gregory, Kimberly LCSW

Gender: Female  
NPI: 1851764815  
License: VA 0904009226  
Website: www.depaulcr.org/outpatient-counseling-services/  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Poston, Jason D LCSW

Gender: Male  
NPI: 1841635380  
License: VA 0904008238  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Depaul Family Services

(276) 623-0881

## Mcpike Copenhaver, Molly O

Gender: Female  
NPI: 1972201085  
License: VA 0904014901  
Website: [www.depaulcr.org/outpatient-counseling-services/](http://www.depaulcr.org/outpatient-counseling-services/)  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Divine Counseling LLC

(443) 955-2662

## Baltimore, Cara LCSW

Gender: Female  
NPI: 1588228910  
License: MD 24051  
Website: [www.divinecounselingllc.com](http://www.divinecounselingllc.com)  
Practice Focus: Women, Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Terminal Illness, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, LGBTQ+, Grief/Death/Dying, Family Therapy, Domestic Violence  
Spanish  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-2:00 PM

NPI: 1184291155

Website: [www.divinecounselingllc.com](http://www.divinecounselingllc.com)  
Practice Focus: Women, Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Terminal Illness, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, LGBTQ+, Grief/Death/Dying, Family Therapy, Domestic Violence  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-2:00 PM

## Doctor on Demand

**Professionals PC**  
(800) 442-8938

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Website:

www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexuality, Religious Emphasis, Post Partum, Personality Disorders, Neuropsychology, Mood Disorders/Depression, Marital Therapy, Gay/Lesbian/Bisexual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-12:00 AM  
Tuesday: 12:00 AM-12:00 AM  
Wednesday: 12:00 AM-12:00 AM  
Thursday: 12:00 AM-12:00 AM  
Friday: 12:00 AM-12:00 AM  
Saturday: 12:00 AM-12:00 AM  
Sunday: 12:00 AM-12:00 AM

## Dooley, Cathy LCSW

(703) 841-0703  
Gender: Female  
NPI: 1598209298  
License: VA 0904005665  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## DQS Communications Healthcare Group

(757) 864-0674  
NPI: 1265705461  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Sexual Dysfunction, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Community-Based Treatment, Anxiety/Depression, Addictions/ Substance Abuse, Abuse (Sexual)  
Limited Handicap Accessibility Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Sheafe, Sadie F LCSW

Gender: Female  
NPI: 1700840071  
License: VA 0904003220  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Sexual Dysfunction, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Community-Based Treatment, Anxiety/Depression, Addictions/ Substance Abuse, Abuse (Sexual)  
Limited Handicap Accessibility Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## DREHER AND ASSOCIATES INC

(757) 522-7079

## Dreher, Simone SW

Gender: Female  
NPI: 1083161053  
License: VA 0904013029  
Practice Focus: Virtual Care - Audio/Visual, Sex Offenders, Psychotherapy, Pregnancy-Related and Postpartum SUD, Group therapy, Grief/Death/Dying, Dual Diagnosis (MH/SA), Cultural Competency Trained, Child/Adolescent Substance users, Child/Adolescent Serious Mental Illness (SMI)  
Age 6 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Elmwood Counseling Services

(276) 623-8230  
NPI: 1710068895  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Couple Counseling  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-1:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Mink, Judy M LCSW**

Gender: Female  
NPI: 1700889235  
License: VA 0904001864  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Couple Counseling  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-1:00 PM

## **Elyyan, Rena LCSW**

(406) 361-3146  
Gender: Female  
NPI: 1548002678  
License: VA 0904016779  
Website:  
[www.charliehealth.com/](http://www.charliehealth.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP)  
Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## **Empowered Well-Being Counseling**

(540) 315-5318

NPI: 1518520527  
Practice Focus: Virtual Care - Audio/Visual, Rheumatoid Arthritis, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wingard, Felcia LPC**

Gender: Female  
NPI: 1639686413  
License: VA 0904010211  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Spanish  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Empowering You Therapeutic Services LLC** (276) 403-2806

Practice Focus: Virtual Care - Audio/Visual, Schizoaffective Disorder, Psychotic Disorders, Mental health skill building, Intensive In-Home Services, Depression, Conflict Resolution, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Jamison, Tia A LCSW**

Gender: Female  
NPI: 1598401655  
License: VA 0904013945  
Practice Focus: Virtual Care - Audio/Visual, Schizoaffective Disorder, Psychotic Disorders, Mental health skill building, Intensive In-Home Services, Depression, Conflict Resolution, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar  
Spanish  
Age 15 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Endurance Counseling and Supervision Services LLC**

(757) 755-3423

## **Davis, Jamicia L LCSW**

Gender: Female  
NPI: 1528537271  
License: VA 0904008322  
Website:  
[www.enduranceccss.com](http://www.enduranceccss.com)  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Depression, Child Abuse/Neglect, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:30 AM-9:00 PM  
Tuesday: 6:30 AM-9:00 PM  
Wednesday: 6:30 AM-9:00 PM  
Thursday: 6:30 AM-9:00 PM  
Friday: 6:30 AM-9:00 PM  
Saturday: 6:30 AM-9:00 PM  
Sunday: 6:30 AM-9:00 PM

## **Every Age Every Stage LLC** (804) 562-7117

### **Peters, Ramona**

NPI: 1194354563  
License: VA 0904010861  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Stephenson, Melanie L LCSW

Gender: Female  
NPI: 1154584514  
License: VA 0904006771  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained Spanish  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Exquisite Counseling Services LLC

(757) 223-9901

## Blow-Wilson, Phillis D LCSW

Gender: Female  
NPI: 1215223805  
License: VA 0904005150  
Website:  
www.brokenfamilies.org  
Practice Focus: Intensive In-Home Services, Home Visits, Cultural Competency Trained, Community-Based Treatment  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Focus Inc

(804) 261-2090  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Speer, Katelyn H MSW

Gender: Female  
NPI: 1669290177  
License: VA 0904016135  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Age 15 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Guidance Centers

(804) 743-0960

## Abell, Ann E LCSW

Gender: Female  
NPI: 1821326026  
License: VA 0904007172  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Angeloff, Karen D LCSW

Gender: Female  
NPI: 1467707497  
License: VA 0904004002  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Arnold, Sharon LCSW

Gender: Female  
NPI: 1932539004  
License: VA 0904004372  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Bagsby, Jennifer LCSW

Gender: Female  
NPI: 1457599524  
License: VA 0904006866  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Marital Therapy, Depression, Couple Counseling, Cognitive/Behavioral Therapy, Behavioral Health Outpatient, Anxiety/Depression  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Beach, Jessica LCSW**

Gender: Female  
NPI: 1518256940  
License: VA 0904009957  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Beach, Michael LCSW**

Gender: Male  
NPI: 1346859204  
License: VA 0904011985  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
French  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Bernstein, Jane LCSW**

Gender: Female  
NPI: 1356833552  
License: VA 0904003111  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Boone, Kimberly LCSW**

Gender: Female  
NPI: 1861411589  
License: VA 0904012371  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Camire, Kelsey LCSW**

Gender: Female  
NPI: 1164086930  
License: VA 0904010621  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Collins, Melinda LCSW**

Gender: Female  
NPI: 1710238043  
License: VA 0904010300  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Daniels, Cristina LCSW**

Gender: Female  
NPI: 1881227775  
License: VA 0904011491  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **DeLisio, Jessica LCSW**

Gender: Female  
NPI: 1932657046  
License: VA 0904009281  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Duggan, Caitlin LCSW

Gender: Female  
NPI: 1932700382  
License: VA 0904016136  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
NPI: 1225192909  
Website:  
www.familyguidancecenters.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Victims of elder abuse, Victims of domestic violence, Veteran's Issues, Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior, Transgender Male  
Limited Handicap Accessibility  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Flynn, Ehren LCSW

Gender: Male  
NPI: 1366562092  
License: VA 0904008540  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Garraghty, Kathryn LCSW**  
Gender: Female  
NPI: 1083905236  
License: VA 0904007574  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
French  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hannah, Renee LCSW

Gender: Female  
NPI: 1548594286  
License: VA 0904008648  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Limited Handicap Accessibility  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 10:00 AM-2:00 PM  
**Heard, Sarah LCSW**  
Gender: Female  
NPI: 1972590461  
License: VA 0904002932  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Jennings, Karla LCSW

Gender: Female  
NPI: 1093936973  
License: VA 0904010944  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Keisha Lighty, La LCSW**  
Gender: Female  
NPI: 1639472350  
License: NC C008143  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Medina, Catherine LCSW

Gender: Female  
NPI: 1801083100  
License: VA 0904006853  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Miller, Carly LCSW

Gender: Female  
NPI: 1336988047  
License: VA 0904012371  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Mills, Megan LCSW

Gender: Female  
NPI: 1770996209  
License: VA 0904012196  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Price, Lindsey LCSW

Gender: Female  
NPI: 1598322919  
License: VA 0904011101  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Rixmann, Emma LCSW

Gender: Female  
NPI: 1760965495  
License: VA 0904010683  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Marital Therapy, Depression, Couple Counseling, Cognitive/Behavioral Therapy, Behavioral Health Outpatient, Anxiety/Depression  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Saltzberg, Lori LCSW

Gender: Female  
NPI: 1285031054  
License: VA 0904002266  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Stephan, Amy LCSW

Gender: Female  
NPI: 1073508578  
License: VA 0904003288  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Steverson, James LCSW

Gender: Male  
NPI: 1811662133  
License: VA 0904013084  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Swink, Wade LCSW

Gender: Male  
NPI: 1982074746  
License: VA 0904014572  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Terry, Dawn M CSW

Gender: Female  
NPI: 1023026044  
License: VA 0904005771  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Tiffany, Malinda LCSW

Gender: Female  
NPI: 1467996264  
License: VA 0904008003  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Trent, Victoria LCSW

Gender: Female  
NPI: 1154462166  
License: VA 0904005754  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Welthy, Ellen LCSW

Gender: Female  
NPI: 1205097250  
License: VA 0904007025  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Mental Health of Virginia

(703) 688-8541

## Curley, Patrick CSW

Gender: Male  
NPI: 1649655077  
License: VA 0904008883  
Practice Focus: Virtual Care - Audio/Visual, Conflict Resolution, Anxiety/Depression, ADHD Limited Handicap Accessibility Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-9:00 PM  
Tuesday: 8:00 AM-9:00 PM  
Wednesday: 8:00 AM-9:00 PM  
Thursday: 8:00 AM-9:00 PM  
Friday: 8:00 AM-9:00 PM  
Saturday: 9:00 AM-1:00 PM

NPI: 1962103549

Practice Focus: Virtual Care - Audio/Visual, Conflict Resolution, Anxiety/Depression, ADHD Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Fisher, Brittany LCSW

(804) 370-1050

Gender: Female  
NPI: 1932686359  
Website:  
www.truecounselingservices.com  
Practice Focus: Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Stress Management, Seeking safety, Schizophrenia, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression Spanish  
Age 5 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Floyd Counseling and Care Management

(540) 772-8043

### Hurst, Rhoda E LCSW

Gender: Female

NPI: 1740204155

License: VA 0904006116

Website:

www.abtcounseling.com

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Solution

Focused Therapy, Post-

Traumatic Stress Disorder

(PTSD), Motivational

interviewing, Mood Disorders,

Marital Therapy,

Cognitive/Behavioral Therapy,

Bipolar, Anxiety/Depression

Limited Handicap Accessibility

Spanish

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-5:30 PM

## Footsteps Counseling Center

(804) 715-3215

NPI: 1669556585

Website:

www.footstepscounseling.com

Practice Focus: Virtual Care -

Secure Text Messaging, Virtual

Care - Audio/Visual, Stress

Management, Strengthening

Families, Separation Grief and

Loss, Play Therapy, Personality

Disorders, Obsessive-

Compulsive Disorder (OCD),

Mood Disorders/Depression,

Family Therapy

Limited Handicap Accessibility

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-1:00 PM

## Keister, Heather LCSW

Gender: Female

NPI: 1285468470

License: VA 0904017331

Website:

footstepscounseling.com

Practice Focus: Virtual Care -

Audio/Visual, Strengthening

Families, Separation Grief and

Loss, Play Therapy, Family

Therapy, Faith-based/spiritual,

Developmental/Behavioral

Issues, Cultural Competency

Trained, Child Parent

Psychotherapy, Child

Abuse/Neglect

Limited Handicap Accessibility

Age 4 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-3:00 PM

## Nuchols, Cherie G LCSW

Gender: Female

NPI: 1275508046

License: VA 0904003764

Website:

footstepscounseling.com

Practice Focus: Virtual Care -

Secure Text Messaging, Virtual

Care - Audio/Visual, Faith-

based/spiritual, Cultural

Competency Trained,

Cognitive/Behavioral Therapy,

Bereavement,

Anxiety/Depression, Abuse

(Physical, Sexual)

Limited Handicap Accessibility

Age 16 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-4:00 PM

Tuesday: 8:00 AM-4:00 PM

Wednesday: 8:00 AM-4:00 PM

Thursday: 8:00 AM-4:00 PM

Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Secondi, Lorna M LCSW

Gender: Female  
NPI: 1346470168  
License: VA 0904007135  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual,  
Personality Disorders,  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders/Depression, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Abuse (Physical, Sexual)  
Limited Handicap Accessibility  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 11:00 AM-6:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 11:00 AM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thell, Shana B LICSW

Gender: Female  
NPI: 1902821879  
License: VA 0904005342  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Stress  
Management, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Anxiety/Depression, Abuse  
(Physical, Sexual)  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 8:00 AM-1:00 PM

## Winkler, Kristie LCSW

Gender: Female  
NPI: 1831437144  
License: VA 0904007931  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Mood  
Disorders/Depression, Faith-  
based/spiritual, Eating  
Disorders, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Bereavement,  
Anxiety/Depression  
Limited Handicap Accessibility  
Age 12 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

## Foundations Supportive Services

(757) 697-5024

## Dorsey, Amber

Gender: Female  
NPI: 1083180160  
License: VA 0904008793  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

**Frank D Manners and  
Associates Inc**  
(804) 672-8390

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1528079365  
Practice Focus: Virtual Care -  
Audio/Visual, Family Therapy,  
Depression, Bipolar, Anxiety  
Disorder, Anger Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Manners, Frank D LCSW**

Gender: Male  
NPI: 1366604571  
License: VA 0904001639  
Practice Focus: Virtual Care -  
Audio/Visual, Family Therapy,  
Depression, Bipolar, Anxiety  
Disorder, Anger Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:30 AM-8:00 PM  
Tuesday: 9:30 AM-8:00 PM  
Wednesday: 9:30 AM-8:00 PM  
Thursday: 9:30 AM-8:00 PM  
Friday: 7:30 AM-12:30 PM  
Saturday: 7:30 AM-12:30 PM

## **Fray, Karl LCSW** (703) 841-0703

Gender: Male  
NPI: 1558095349  
License: VA 0904014064  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **From Start 2 Finish Counseling Services Inc** (434) 634-0060

## **Stephens-Dunn, Laneisha LCSW**

Gender: Female  
NPI: 1831689454  
License: VA 0904013692  
Website: www.fs2finc.org  
Practice Focus: Virtual Care -  
Audio/Visual, Mobile crisis  
response (MCR), Mental health  
skill building, Intensive In-  
Home Services, General  
Mental Health, Cultural  
Competency Trained, Crisis  
Stabilization (CS), Crisis  
Intervention (CI), Child  
Psychiatry, Behavioral Health  
Outpatient

Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-3:00 PM

## **Gateway Services LLC** (757) 970-0353

Website: gatewayworks.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mobile crisis  
response (MCR), Mental health  
skill building, Intensive In-  
Home Services, Crisis  
Stabilization (CS), Community-  
Based Treatment, Assertive  
Community Treatment, ASAM  
Level 2.5 Partial  
Hospitalization, ASAM Level  
2.1, Adjustment Disorders  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-6:00 PM  
Tuesday: 8:30 AM-6:00 PM  
Wednesday: 8:30 AM-6:00 PM  
Thursday: 8:30 AM-6:00 PM  
Friday: 8:30 AM-6:00 PM

## **Genesis Counseling Center** (757) 564-3100 NPI: 1164451399

Website:  
www.genescounselingcenter  
.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Genesis Counseling Center** (757) 827-7707

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Jones, Caitlin LCSW

Gender: Female  
NPI: 1750081519  
License: VA 0904013932  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 7 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1540 Breezeport Way  
Ste 500  
Suffolk, VA 23435  
(757) 686-2800  
NPI: 1164451399  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Glover, Sherri LPC (406) 361-3146

Gender: Female  
NPI: 1699513481  
License: VA 0701013737  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## GRAHAM, AUBREY LCSW (703) 841-0703

Gender: Female  
NPI: 1376954222  
License: VA 0710102703  
Website:  
www.natcapreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Grimes, Nakkia N LCSW (757) 622-0700

Gender: Female  
NPI: 1194168278  
License: VA 0904008123  
Website:  
www.lifesjourneyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Stress Management, Sexuality, Multicultural Issues, Mood Disorders, LGBTQ+, Grief/Death/Dying, Gender Identity, Family Therapy Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## GrowingThru Inc

(757) 790-1740  
NPI: 1699547950  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychosomatic Medicine, Personality Disorders, Mood Disorders, Eye Movement Desensitization and Reprocessing (EMDR), Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Hairston and Associates Therapeutic and Comm Treatment Srvcs

(276) 336-3336  
Website:  
HAIRSTONASSOC.COM  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hairston, Portia CSW

Gender: Female  
NPI: 1619413812  
License: VA 0904009746  
Website:  
HAIRSTONASSOC.COM  
Practice Focus: Virtual Care - Audio/Visual  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Healing Quest LLC (757) 576-8019

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Laurien, Letitia LCSW

Gender: Female  
NPI: 1013158963  
License: VA 0904007077  
Website:  
www.growththerapy.com  
Practice Focus: Virtual Care -  
Audio only, Mental health skill  
building, Intensive In-Home  
Services, Home Visits, Cultural  
Competency Trained,  
Community-Based Treatment  
Age 5 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-2:00 PM

## Hope and Healing Counseling Center LLC

(276) 300-4422  
NPI: 1992162044  
Website:  
hopeandhealingcounselingctr.  
com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Robinette, Beverly C LCSW

Gender: Female  
NPI: 1699131177  
License: VA 0904009274  
Website:  
hopeandhealingcounselingctr.  
com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Hope for Tomorrow Counseling (434) 376-2006

## Ambrose, Lyudmila LCSW

Gender: Female  
NPI: 1245999028  
License: FL SW23897  
Practice Focus: Virtual Care -  
Audio/Visual, Obsessive-  
Compulsive Disorder (OCD),  
Grief/Death/Dying, Gambling,  
Dialectal Behavior Therapy  
(DBT), Depression,  
Cognitive/Behavioral Therapy,  
Borderline Personality  
Disorders, Bipolar, Autism  
Creole  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1033724216  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual, Obsessive-  
Compulsive Disorder (OCD),  
Grief/Death/Dying, Gambling,  
Faith-based/spiritual, Dialectal  
Behavior Therapy (DBT),  
Depression, Counselor,  
Cognitive/Behavioral Therapy,  
Borderline Personality  
Disorders  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Parker, Sherry LCSW MSW

Gender: Female  
NPI: 1750762464  
License: VA 0904005248  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Innovative Care LLC (804) 608-6577

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Ciccolo, Byra LCSW**

Gender: Female  
NPI: 1447985296  
License: VA 0904018612  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care - Audio/Visual, Autism, Assessing and Managing Suicide Risk (AMSR), Assertive Community Treatment, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, Anger Management, Affective Disorders, Adult Substance users  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM

## **Earp, Sarah LCSW**

Gender: Female  
NPI: 1437839081  
License: VA 0904015094  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM  
Sunday: 9:00 AM-6:00 PM

## **Gehlich, Angelica LCSW**

NPI: 1760058077  
License: VA 0904016623  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM  
Sunday: 9:00 AM-6:00 PM

## **Greenberg, Emma LCSW**

Gender: Female  
NPI: 1053173898  
License: VA 0904008744  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:00 AM-8:00 PM  
Tuesday: 5:00 AM-8:00 PM  
Wednesday: 5:00 AM-8:00 PM  
Thursday: 5:00 AM-8:00 PM  
Friday: 5:00 AM-8:00 PM

NPI: 1689202012

Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Autism, Assessing and Managing Suicide Risk (AMSR), Assertive Community Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM  
Sunday: 9:00 AM-6:00 PM

## **Lambert, Heather LCSW**

Gender: Female  
NPI: 1386326916  
License: VA 0904015133  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:00 AM-8:00 PM  
Tuesday: 5:00 AM-8:00 PM  
Wednesday: 5:00 AM-8:00 PM  
Thursday: 5:00 AM-8:00 PM  
Friday: 5:00 AM-8:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Marano, Elizabeth LCSW**

NPI: 1609565431  
License: VA 0904015328  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM  
Sunday: 9:00 AM-6:00 PM

## **Norton, Kristen MSW**

Gender: Female  
NPI: 1295172278  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM  
Sunday: 9:00 AM-6:00 PM

## **Richardson, Autumn LCSW**

Gender: Female  
NPI: 1487050852  
License: VA 0904008744  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM  
Sunday: 9:00 AM-6:00 PM

## **Vanderbeek, Katherine B**

Gender: Female  
NPI: 1841541265  
License: VA 0904008004  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care - Audio/Visual, Autism, Assessing and Managing Suicide Risk (AMSR), Assertive Community Treatment, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, Anger Management, Affective Disorders, Adult Substance users  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM

## **Insight Therapy Solutions** (702) 685-0877

## **Deas, Jennifer LCSW**

Gender: Female  
NPI: 1598060113  
License: GA CSW009665  
Website:  
www.insighttherapysolutions.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Sprewell, Kyrsten LCSW**

Gender: Female  
NPI: 1265112387  
License: NV 10897 C  
Website:  
www.insighttherapysolutions.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Inspired to Grow LLC**

(757) 633-5165  
NPI: 1134702095  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Gender Identity, Family Therapy, Dialectical Behavior Therapy (DBT), Depression, Chronic Illnesses  
Age 6 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 12:00 PM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-8:30 PM  
Friday: 9:00 AM-2:00 PM  
Saturday: 8:00 AM-1:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Watford, Tiara N LCSW

Gender: Female  
NPI: 1487050126  
License: VA 0904010073  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Gender Identity, Family Therapy, Dialectal Behavior Therapy (DBT), Depression, Chronic Illnesses  
Age 6 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 12:00 PM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-8:30 PM  
Friday: 9:00 AM-2:00 PM  
Saturday: 8:00 AM-1:00 PM

## Jewish Family Service of Tidewater Inc (757) 459-4640

## Ball, Maya L LCSW

Gender: Female  
NPI: 1265132864  
License: VA 0904014921  
Website: [www.jfshamptonroads.org](http://www.jfshamptonroads.org)  
Practice Focus: Virtual Care - Audio/Visual, Child/ Pediatric, Behavioral Health Outpatient, Adult, Adolescents  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-4:00 PM

## Bettendorf Riley, Emily L LCSW

Gender: Female  
NPI: 1861023012  
License: VA 0904011465  
Website: [www.jfshamptonroads.org](http://www.jfshamptonroads.org)  
Practice Focus: Virtual Care - Audio/Visual, Child/ Pediatric, Behavioral Health Outpatient, Adult, Adolescents  
Age 3 to 50  
*Not accepting patients*  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 4:00 PM-6:00 PM  
Wednesday: 4:00 PM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Fenley, Michelle M LCSW

Gender: Male  
NPI: 1154356640  
License: VA 0904005990  
Website: [www.jfshamptonroads.org](http://www.jfshamptonroads.org)  
Practice Focus: Virtual Care - Audio/Visual, Child/ Pediatric, Behavioral Health Outpatient, Adult, Adolescents  
Russian  
Age 3 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-4:00 PM  
NPI: 1124088638  
Website: [www.jfshamptonroads.org](http://www.jfshamptonroads.org)  
Practice Focus: Virtual Care - Audio/Visual, Child/ Pediatric, Child Psychiatry, Behavioral Health Outpatient, Adult, Adolescents  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-4:00 PM

## Lempert, Carolyn S CSW

Gender: Female  
NPI: 1902333081  
License: VA 0904009940  
Website: [www.jfshamptonroads.org](http://www.jfshamptonroads.org)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Adult  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM  
**Mayer, Debra F LCSW**  
Gender: Female  
NPI: 1699735308  
License: VA 0904000703  
Website: [www.jfshamptonroads.org](http://www.jfshamptonroads.org)  
Practice Focus: Virtual Care - Audio/Visual, Child/ Pediatric, Behavioral Health Outpatient, Adult, Adolescents  
Hebrew  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-4:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Patterson, Dennis D LCSW**

Gender: Male  
NPI: 1629063805  
License: VA 0904000396  
Website:  
www.jfshamptonroads.org  
Practice Focus: Virtual Care -  
Audio/Visual, Child Psychiatry,  
Behavioral Health Outpatient,  
Adult, Adolescents  
Russian  
Age 9 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 12:00 PM-6:00 PM  
Wednesday: 12:00 PM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Unterbach, Arnold CSW**

Gender: Male  
NPI: 1598813883  
License: VA 0904007480  
Website:  
www.jfshamptonroads.org  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient, Adult  
Russian  
Age 50 and up  
*Not accepting patients*  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 12:00 PM-3:00 PM

## **Walter, Michelle J LCSW**

Gender: Female  
NPI: 1043236060  
License: VA 0904002919  
Website:  
www.jfshamptonroads.org  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient, Adult  
Russian  
Age 20 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Journey Thru Counseling & Wellness**

(540) 493-7696  
NPI: 1952001166  
Website:  
www.journeythrucounselinga  
ndwellness.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Family Therapy, Depression,  
Both Male and Female,  
Behavioral Health Outpatient,  
Anxiety Disorder  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Reynolds, Andrea S**

Gender: Female  
NPI: 1598465791  
License: NC C015855  
Website:  
www.journeythrucounselinga  
ndwellness.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Family Therapy, Depression,  
Both Male and Female,  
Behavioral Health Outpatient,  
Anxiety Disorder  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Karen Schanck Trauma Therapy Services LLC** (757) 774-7405

## **Schanck, Karen S LCSW**

Gender: Female  
NPI: 1124308085  
License: VA 0904002907  
Website:  
karenschancktraumatherapy.  
net  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Depression, Cultural  
Competency Trained, Anxiety  
Disorder  
Age 6 to 12  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 1:30 AM-6:00 PM  
Tuesday: 1:30 PM-6:00 PM  
Wednesday: 1:30 PM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Langley Healthcare Group LLC**

(301) 523-1302  
**Fuentes, Roxanne**  
Gender: Female  
NPI: 1235211574  
License: MD 13188  
Website:  
supremetreatment.com/  
Practice Focus: Virtual Care -  
Audio only, Certified Social  
Worker  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Huffman, Carolyn

Gender: Female  
NPI: 1184352718  
License: DC LC200003047  
Website:  
supremetreatment.com/  
Practice Focus: Virtual Care -  
Audio only, Certified Social  
Worker  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Leaders for Life Inc

(804) 477-6137

## Reid, Christine A LCSW

Gender: Female  
NPI: 1134224306  
License: VA 0904006260  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thorne, Chartrice LCSW

Gender: Female  
NPI: 1891166443  
License: VA 0710103202  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Turnage, Connie LCSW

Gender: Female  
NPI: 1346413689  
License: VA 0904002032  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## LEAP THERAPEUTIC SERVICES

(757) 977-2100

## Allsopp, Andre C LCSW

Gender: Male  
NPI: 1689110470  
License: VA 0904009743  
Website: leapts.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 14 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1649740572  
Website: leapts.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Life Worth Living Counseling Ltd

(540) 339-7727

## Brown, Abigail LCSW

Gender: Female  
NPI: 1871073064  
License: VA 0904015826  
Website:  
www.lifeworthlivingcounselin  
g.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM  
NPI: 1932709615  
Website:  
www.lifeworthlivingcounselin  
g.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Megow, Christina LCSW**

Gender: Female  
NPI: 1497491138  
License: VA 0904018425  
Website:  
www.lifeworthlivingcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## **Lifes Journey LLC**

(757) 622-0700

## Website:

www.lifesjourneyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Stress Management, Sexuality, Multicultural Issues, Mood Disorders, LGBTQ+, Grief/Death/Dying, Gender Identity, Family Therapy  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## **Lighthouse Behavioral Health Center**

(804) 447-6382

## **Gasparini, Jeffrey MSW**

Gender: Male  
NPI: 1083369227  
License: VA 0904013565  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, LGBTQ+, Grief/Death/Dying, Couple, Anxiety/Depression, ADHD  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:30 PM  
Tuesday: 8:30 AM-7:30 PM  
Wednesday: 8:30 AM-7:30 PM  
Thursday: 8:30 AM-7:30 PM  
Friday: 8:30 AM-5:00 PM

## **Hershner, Lindsey LCSW**

Gender: Female  
NPI: 1699203141  
License: VA 0904011493  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Family Therapy, Cultural Competency Trained, ADHD  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Kintzios, Cassandra LCSW**

Gender: Female  
NPI: 1225889470  
License: VA 0904016625  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Depression, Cultural Competency Trained, Anxiety Disorder, Abuse (Sexual)  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Stress Management, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders, Mood Disorders, LGBTQ+, Grief/Death/Dying, Gender Identity  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Matalavage, Sarah LCSW**  
Gender: Female  
NPI: 1770091944  
License: VA 0904010270  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Family Therapy, Depression, Cultural Competency Trained, Autism, Anxiety Disorder, Abuse (Physical, Sexual)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## McCain, Jeannette LCSW

Gender: Female  
NPI: 1952154957  
License: VA 0701009681  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Peace, Antoinette LCSW

Gender: Female  
NPI: 1558948042  
License: VA 0904011901  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Child Abuse, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Reuschling, Brittany LCSW

Gender: Female  
NPI: 1902385727  
License: VA 0904013938  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Depression, Cultural Competency Trained, Anxiety Disorder  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Sisson, Katelyn LCSW

Gender: Female  
NPI: 1003613050  
License: VA 0904018042  
Website: www.www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, LGBTQ+, Grief/Death/Dying, Depression, Cultural Competency Trained, Couple, Borderline Personality Disorders, Anxiety Disorder, ADD/ADHD  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Snyder, Katy LCSW

Gender: Female  
NPI: 1225529209  
License: VA 0904010526  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, LGBTQ+, Gender Identity, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Strogij, Kylie LCSW

Gender: Female  
NPI: 1497383095  
License: VA 0904011563  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Depression, Cultural Competency Trained, Anxiety Disorder, Abuse (Physical, Sexual)  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Living Beyond Loss LLC

(757) 364-0488  
NPI: 1710681978  
Website: livingbeyondloss.net/  
Practice Focus: Separation Grief and Loss, Home Visits, Grief/Death/Dying  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 10:00 AM-8:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 10:00 AM-8:00 PM

## Martin, Lisa LCSW

Gender: Female  
NPI: 1598300857  
License: VA 0904014816  
Website: livingbeyondloss.net/  
Practice Focus: Separation Grief and Loss, Home Visits, Grief/Death/Dying  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 10:00 AM-5:00 PM

## Loudoun Counseling

**Coaching LLC**  
(571) 375-0668

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Alloway Higgins, Alonda CSW

NPI: 1407379316  
License: MD 32457  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Autism, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM  
NPI: 1134642044  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychological Testing, Brief Psychotherapy, Autism, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## Martin, Georgia LCSW

Gender: Female  
NPI: 1528637907  
License: WI 3900 123  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## Mahaney, Kylene LCSW

(703) 841-0703  
Gender: Female  
NPI: 1366945255  
License: VA 0710103064  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mammha Care LLC (831) 920-7907

## LaFratta, JoAnna MSW

Gender: Female  
NPI: 1003674490  
License: FL SW25293  
Website: mammha.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Post Partum Depression, Post Partum, Depression, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
**McIntyre, Lynne MSW**  
Gender: Female  
NPI: 1952675894  
License: VA 0904016926  
Website: mammha.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Post Partum Depression, Post Partum, Depression, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## McLaurin, Phyllis LCSW

(757) 397-2121  
Gender: Female  
NPI: 1861749129  
License: VA 0904007833  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Mindful Healing Inc

(540) 521-0151  
NPI: 1174984348  
Website:  
www.Mindfulhealinginc.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Dialectical Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Borderline Personality Disorders, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Rice, Karen F CSW

Gender: Female  
NPI: 1407192271  
License: VA 0904008116  
Website:  
www.Mindfulhealinginc.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Borderline Personality Disorders, Bipolar, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Multicultural Family Solutions LLC**  
(571) 417-9929

NPI: 1215547989  
Website:  
www.multiculturalfamilysolutions.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Mood Disorders, Family Therapy, Cultural Competency Trained, Anxiety/Depression, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Torres, Maria E LCSW

Gender: Female  
NPI: 1427296441  
License: VA 0904009871  
Website:  
www.multiculturalfamilysolutions.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Mood Disorders, Family Therapy, Cultural Competency Trained, Anxiety/Depression, Anger Management, ADD/ADHD  
Vietnamese, Urdu, Turkish, Thai, Tamil  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 PM-8:00 PM  
Tuesday: 12:00 PM-8:00 PM  
Wednesday: 12:00 PM-8:00 PM  
Thursday: 12:00 PM-8:00 PM  
Friday: 12:00 PM-4:00 PM

**Nakamura, Akiko LCSW**  
(406) 361-3146

Gender: Female  
NPI: 1255064309  
License: OR L14187  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## National Capital Treatment and Recovery

(703) 841-0703  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(757) 847-9386

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Barner, Ashley LCSW**

Gender: Female  
NPI: 1689450330  
License: VA 0904015749  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Greene, Katherine LCSW**

Gender: Female  
NPI: 1346348877  
License: VA 0904005360  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health,  
Developmental/Behavioral  
Issues, Community-Based  
Treatment, Child Oppositional  
Defiant, Bipolar,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mason, Monica L LCSW**

Gender: Female  
NPI: 1891520474  
License: VA 0904016861  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health,  
Developmental/Behavioral  
Issues, Community-Based  
Treatment, Child Oppositional  
Defiant, Bipolar, Adult Serious  
Mental Illness (SMI)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Strother, Lisa A LCSW**

Gender: Female  
NPI: 1346948007  
License: VA 0904014496  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health,  
Developmental/Behavioral  
Issues, Community-Based  
Treatment, Child Oppositional  
Defiant, Bipolar,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **National Counseling**

**Group Inc**  
(276) 226-2828

## **Grimes, Nakkia N LCSW**

Gender: Female  
NPI: 1194168278  
License: VA 0904008123  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care -  
Audio only, Community-Based  
Treatment, Behavioral Health  
Multi-Specialty Group (BHMSG)  
Spanish  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **National Counseling**

**Group Inc**  
(703) 257-5997

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Puller, Jocelyn LCSW**

Gender: Female  
NPI: 1912603556  
License: VA 0904014869  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1039 Champions Way  
Ste 100  
Suffolk, VA 23435  
(757) 847-9386

## **Barner, Ashley LCSW**

Gender: Female  
NPI: 1689450330  
License: VA 0904015749  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Greene, Katherine LCSW**

Gender: Female  
NPI: 1346348877  
License: VA 0904005360  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health,  
Developmental/Behavioral  
Issues, Community-Based  
Treatment, Child Oppositional  
Defiant, Bipolar,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Grimes, Nakkia N LCSW**

Gender: Female  
NPI: 1194168278  
License: VA 0904008123  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health,  
Developmental/Behavioral  
Issues, Community-Based  
Treatment, Child Oppositional  
Defiant, Bipolar,  
Anxiety/Depression  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mason, Monica L LCSW**

Gender: Female  
NPI: 1891520474  
License: VA 0904016861  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health,  
Developmental/Behavioral  
Issues, Community-Based  
Treatment, Child Oppositional  
Defiant, Bipolar, Adult Serious  
Mental Illness (SMI)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Strother, Lisa A LCSW**

Gender: Female  
NPI: 1346948007  
License: VA 0904014496  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, General Mental Health, Developmental/Behavioral Issues, Community-Based Treatment, Child Oppositional Defiant, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **New Directions for Broken Families**

(757) 223-9901

## **Blow-Wilson, Phillis D LCSW**

Gender: Female  
NPI: 1215223805  
License: VA 0904005150  
Website:  
www.brokenfamilies.org  
Practice Focus: Intensive In-Home Services, Home Visits, Cultural Competency Trained, Community-Based Treatment  
Age 4 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nieves, Migdalis**

(804) 728-3856  
Gender: Female  
NPI: 1417822693  
License: VA 0904019265  
Website:  
www.stepabovecounselingserVICES.com  
Practice Focus: Virtual Care - Audio only, Partial Hospitalization, Crisis Stabilization, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Nova Telemental Health LLC**

(571) 206-8292  
**Cipera, Kelly LCSW**  
Gender: Female  
NPI: 1174131841  
License: VA 0904012107  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Anxiety/Depression, Adult, Adolescents  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **OWR Therapy LLC**

(757) 271-2968

## **Johnson, Ann-Marie LCSW**

Gender: Female  
NPI: 1306485420  
License: VA 0904013491  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Group therapy, Gender Identity, Family Therapy, Faith-based/spiritual, Dialectal Behavior Therapy (DBT)  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pearls Center Of Hope INC**

(804) 821-2133

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Findlay, Melissa LCSW

Gender: Female  
NPI: 1356414247  
License: VA 0904003590  
Practice Focus: Virtual Care - Audio/Visual, Peer support services, Mental health skill building, Intensive In-Home Services, Crisis Stabilization, Anxiety/Depression  
Age 5 to 95  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Peer support services, Mental health skill building, Intensive In-Home Services, Crisis Stabilization, Anxiety/Depression  
Age 5 to 95  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Perseo, Colleen S CSW

(406) 361-3146

Gender: Female  
NPI: 1326819715  
License: NJ 44SC06291900  
Website: [www.charliehealth.com/](http://www.charliehealth.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## Piedmont Regional Community Services Board

(540) 483-0582  
**Showalter, Katelyn LCSW**  
Gender: Female  
NPI: 1245030493  
License: VA 0904018109  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 5 to 85  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Potomac Shores Mental Health And Wellness Center

(804) 901-3922  
**Meyer, Carrie LCSW**  
Gender: Female  
NPI: 1104361583  
License: NH 3810  
Age 18 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Prince Psychotherapy LLC

(757) 306-4232  
**Prince, Michael LCSW**  
Gender: Male  
NPI: 1295753630  
License: VA 0904003130  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Providence Psychological Services Inc

129 N Saratoga St  
Ste 1  
Suffolk, VA 23434  
(757) 539-5353

NPI: 1487090429  
Practice Focus: Mood Disorders, Cultural Competency Trained, Anxiety/Depression, Anger Management, Adult, Adolescents, ADD/ADHD, Abuse (Sexual)  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Psychological Health Roanoke

(540) 772-5140  
**McKinney, Corinne LCSW**  
Gender: Female  
NPI: 1487308797  
License: VA 0904010521  
Website: [PSYCHHEALTHROANOKE.COM](http://PSYCHHEALTHROANOKE.COM)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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**Mustard, Harry LCSW**

Gender: Male  
 NPI: 1851689996  
 License: VA 0904000193  
 Website: PSYCHHEALTHROANOKE.COM  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
 Age 7 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-12:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 Website: PSYCHHEALTHROANOKE.COM  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**STONE, KRISTINA B LCSW**

Gender: Female  
 NPI: 1114563509  
 License: VA 0904011344  
 Website: PSYCHHEALTHROANOKE.COM  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
 Age 13 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 10:00 AM-4:00 PM  
 Tuesday: 10:00 AM-4:00 PM  
 Wednesday: 10:00 AM-4:00 PM  
 Thursday: 10:00 AM-4:00 PM  
 Friday: 10:00 AM-4:00 PM  
**Walden, Robyn LCSW**  
 Gender: Female  
 NPI: 1134982457  
 License: VA 0904016301  
 Website: PSYCHHEALTHROANOKE.COM  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
 Age 14 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-4:00 PM  
 Tuesday: 10:00 AM-4:00 PM  
 Wednesday: 10:00 AM-4:00 PM  
 Thursday: 10:00 AM-4:00 PM  
 Friday: 10:00 AM-4:00 PM

**Region Ten Community Services Board**  
 (434) 972-1800

**Little, Lauren LCSW**

Gender: Female  
 NPI: 1770378275  
 License: VA 0904018267  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
 Age 3 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM  
**Parente, Mary LCSW**  
 Gender: Female  
 NPI: 1407999576  
 License: VA 0904003547  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
 Age 3 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Renewal Counseling & Consulting LLC**

(805) 508-3220  
 NPI: 1235647041  
 Practice Focus: Trauma - Focused Cognitive Behavior, Substance Abuse & Alcohol Abuse Center (Outpatient), Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Depression, Bipolar, Anxiety Disorder, Anger Management, ADHD  
 Age 18 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Wallace, Rashika N LCSW

Gender: Female  
NPI: 1487960985  
License: VA 0904008492  
Practice Focus: Trauma - Focused Cognitive Behavior, Substance Abuse & Alcohol Abuse Center (Outpatient), Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Depression, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Renewed Peace and Healing Therapy Inc (804) 410-1483

## Hines, Sterling L LCSW

Gender: Male  
NPI: 1497470165  
License: VA 0904014320  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1265189252  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

## Resilience Counseling Social Skills Center (540) 699-0226

## Byrne, Jeffrey J LCSW

Gender: Male  
NPI: 1033571534  
License: VA 0904003120  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Cavanaugh, Eron LCSW

Gender: Male  
NPI: 1871144287  
License: VA 0904010809  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Datta, Will LCSW

Gender: Male  
NPI: 1912548538  
License: VA 0812000869  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Lawson, Andrew LCSW

Gender: Male  
NPI: 1528516432  
License: VA 0904009641  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Orf, Stacey LCSW

Gender: Female  
NPI: 1447146378  
License: VA 0904018520  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Page, Jasmine LCSW

Gender: Female  
NPI: 1689484057  
License: VA 0904017839  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pitchford, Pamela LCSW

Gender: Female  
NPI: 1831247683  
License: VA 0904004490  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707

Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Simmons, Hannah LCSW

Gender: Female  
NPI: 1760206270  
License: VA 0904017599  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Simpson, Denise LCSW

Gender: Female  
NPI: 1558722256  
License: VA 0904008922  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Spinner, Sarah LCSW

Gender: Female  
NPI: 1598599623  
License: VA 0904017332  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tomlinson, Erin LCSW

Gender: Female  
NPI: 1902574403  
License: VA 0904009013  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Resilience Counseling LLC**  
(804) 317-6219

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1295527885  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Home Visits, Cultural Competency Trained, Anxiety/Depression, Adjustment Disorders  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## Scites, Ellen F LCSW

Gender: Female  
NPI: 1700697638  
License: VA 0904017868  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Home Visits, Cultural Competency Trained, Anxiety/Depression, Adjustment Disorders  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## RVA Counseling

(804) 716-0428  
**Buhrandt, Michelle LCSW**  
Gender: Female  
NPI: 1558718759  
License: VA 0904009438  
Website: [www.rvacounseling.com/](http://www.rvacounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Depression, Anxiety/Depression, Adult, Adoption, Adolescents  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Carter, Maeghan LCSW

Gender: Female  
NPI: 1821840364  
License: VA 0904013629  
Website: [www.rvacounseling.com/](http://www.rvacounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Depression, Anxiety/Depression, Adult, Adoption, Adolescents  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Goldwire, Jonathan LCSW

Gender: Male  
NPI: 1841077989  
License: VA 0904015763  
Website: [www.rvacounseling.com/](http://www.rvacounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Depression, Anxiety/Depression, Adult, Adoption, Adolescents  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Mick, Elijah LCSW

Gender: Male  
NPI: 1821753559  
License: VA 0904017612  
Website: [www.rvacounseling.com/](http://www.rvacounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Depression, Anxiety/Depression, Adult, Adoption, Adolescents  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1407492895

Website:

[www.rvacounseling.com/](http://www.rvacounseling.com/)

Practice Focus: Virtual Care -

Audio/Visual, Virtual Care -

Audio only, Stress

Management, Solution

Focused Therapy, Play

Therapy, Motivational

interviewing, Mental health

skill building, Mental Health

Counselor, Depression, DBT

(Dialectical Behavior Therapy)

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

Saturday: 8:00 AM-5:00 PM

Sunday: 8:00 AM-5:00 PM

## **S M Recovery Center LLC**

(804) 592-1225

### **Stokes, Andria M LCSW**

Gender: Female

NPI: 1144829599

License: VA 0904012440

Practice Focus: Virtual Care -

Audio/Visual, Psychotherapy,

ASAM Level 2.5 Partial

Hospitalization

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## **Safe Routes LLC**

(571) 229-7334

NPI: 1598399438

Practice Focus: Virtual Care -

Audio/Visual, Violence/Trauma

(Rape, all abuse), Victims of

elder abuse, Victims of

domestic violence, Victim

Awareness, Veteran's Issues,

Traumatic Brain Injury Waiver

(DHS/DRS), Traumatic Brain

Injury, Trauma Recovery and

Empowerment Model (TREM),

Trauma Informed Care Trained

Age 12 to 80

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-3:00 PM

## **Savage, Debra C LCSW**

(434) 575-3017

Gender: Female

NPI: 1750318895

License: VA 0904003182

Practice Focus: Virtual Care -

Audio only, Stress

Management, Independent

Assessment & Coordination

(IACCT), Depression, Chronic

Illnesses, Bereavement,

Anxiety Disorder, Anger

Management, ADHD

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **SaVida Health PC**

(833) 356-4080

### **Blye, Rebekah LCSW**

Gender: Female

NPI: 1124616172

License: WV DP00944789

Website: [savidahahealth.com](http://savidahahealth.com)

Practice Focus: Virtual Care -

Audio/Visual, Substance

Abuse & Alcohol Abuse Center

(Outpatient), Cultural

Competency Trained

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## **Kendall, Andrea Claire**

Gender: Female

NPI: 1982911038

License: VA 0904006094

Website: [savidahahealth.com](http://savidahahealth.com)

Practice Focus: Virtual Care -

Audio/Visual, Substance

Abuse & Alcohol Abuse Center

(Outpatient), Cultural

Competency Trained

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## **Lyons, Gary F LCSW**

Gender: Male

NPI: 1093731028

License: VA 0904001737

Website: [savidahahealth.com](http://savidahahealth.com)

Practice Focus: Virtual Care -

Audio/Visual, Substance

Abuse & Alcohol Abuse Center

(Outpatient), Cultural

Competency Trained

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Prater, Tara R LCSW**

Gender: Female  
NPI: 1982010328  
License: VA 0904008645  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1548739170  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Walker, Dorothy LCSW**

Gender: Female  
NPI: 1952707937  
License: MD 12200  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Seaside Behavioral Health** (757) 648-8605

## **Grant, Laurie D CSW**

Gender: Female  
NPI: 1033261938  
License: VA 0904002751  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Age 17 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1295284255  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
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Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Strelitz, Renee D LCSW

Gender: Female  
NPI: 1679891865  
License: VA 0904007201  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Age 17 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Seven Summits Family Services

(757) 351-6305

## Brown, Keyonda LCSW

Gender: Female  
NPI: 1619029311  
License: VA 0904013093  
Website:  
www.sevensummitsfs.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Intensive In-Home Services, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Home Visits, Grief/Death/Dying, Family Therapy, Depression, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Jones, Taneilia LCSW

Gender: Male  
NPI: 1821408717  
Website:  
www.sevensummitsfs.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Intensive In-Home Services, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Home Visits, Grief/Death/Dying, Family Therapy, Depression, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Sheafe, Sadie F LCSW

(757) 864-0674

Gender: Female  
NPI: 1700840071  
License: VA 0904003220  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Sexual Dysfunction, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Community-Based Treatment, Anxiety/Depression, Addictions/ Substance Abuse, Abuse (Sexual)  
Limited Handicap Accessibility  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Skills for Growth LLC

(757) 937-0555

## Hannah, Renee LCSW

Gender: Female  
NPI: 1548594286  
License: VA 0904008648  
Website:  
skillsforgrowthllc.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 10:00 AM-2:00 PM

## Smith, Wendy A LCSW

(540) 223-1144

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1508161191  
License: VA 0904007401  
Practice Focus: Virtual Care - Audio/Visual  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:00 PM-7:00 PM  
Tuesday: 5:00 PM-7:00 PM  
Wednesday: 5:00 PM-7:00 PM  
Thursday: 5:00 PM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## **Spectrum Transformation Group**

(804) 378-6141

### **Dawkins, Stephanie LCSW**

Gender: Female  
NPI: 1255974135  
License: VA 0904011301  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SpringHealth BH and Integrated Care VA**

(888) 515-1793

NPI: 1467827493

Practice Focus: Cultural Competency Trained, Certified Social Worker  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Starling Medical Group PC**

(508) 202-1011

### **Alvizo, Olivia LMSW**

Gender: Female  
NPI: 1881249829  
License: VA 0904016409  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **Andreacci, Stephanie LCSW**

Gender: Female  
NPI: 1295377349  
License: VA 0904016405  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **Cannon, Allison LCSW**

Gender: Female  
NPI: 1629816046  
License: VA 0904011483  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

### **Card, Jennie LCSW**

Gender: Female  
NPI: 1124731039  
License: VA 0904014732  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Francis, Ashley LCSW**

Gender: Female  
NPI: 1982981148  
License: TX 116093  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Johnson, Maura LCSW**

Gender: Female  
NPI: 1427550839  
License: VA 0904018413  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Longmire, Nakeesha LCSW**

Gender: Female  
NPI: 1881054625  
License: TX 113081  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Miller, Elizabeth LCSW**

Gender: Female  
NPI: 1811871494  
License: VA 0904016166  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Mitchell, Cristela LCSW**

Gender: Female  
NPI: 1851129555  
License: MI 6 8 0 1 0 7 4 4  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Policay ODonnell, Alexandra LCSW**

Gender: Female  
NPI: 1558043703  
License: VA 0904015458  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Randall, Natasha L LCSW**

Gender: Female  
NPI: 1295233161  
License: VA 0904011216  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Sainvil, Jaleesa LCSW**

Gender: Female  
NPI: 1992429518  
License: FL SW20456  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Savage, Hattie LCSW**

Gender: Female  
NPI: 1609393693  
License: VA 0904007895  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Sieпка, Natalie LCSW**

Gender: Female  
NPI: 1609325265  
License: VA 0904012628  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Theiner, Sharon LCSW**

Gender: Female  
NPI: 1235799214  
License: VA 0904010992  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Tweten, Alexa LCSW**

Gender: Female  
NPI: 1497390223  
License: VA 0904012953  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **White, Anissa LCSW**

Gender: Female  
NPI: 1477032563  
License: AZ LCSW 17343  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **White, Lisa LCSW**

Gender: Female  
NPI: 1568933158  
License: VA 0904006531  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Yaseva, Alena CSW**

Gender: Female  
NPI: 1972391720  
License: VA 0904015702  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Young, Danice LCSW**

Gender: Female  
NPI: 1164178828  
License: MD 19947  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Zita, Kayln LCSW

Gender: Female  
NPI: 1386415917  
License: VA 0904017556  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Portuguese  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Step Above Counseling Services LLC

(804) 728-3856

## Nieves, Migdalis

Gender: Female  
NPI: 1417822693  
License: VA 0904019265  
Website:  
www.stepabovecounselingser  
vices.com  
Practice Focus: Virtual Care - Audio only, Partial Hospitalization, Crisis Stabilization, Community-Based Treatment  
Age 6 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Santos, Kelin

Gender: Female  
NPI: 1629830930  
License: VA 0904017485  
Website:  
www.stepabovecounselingser  
vices.com  
Practice Focus: Virtual Care - Audio only, Partial Hospitalization, Crisis Stabilization, Community-Based Treatment  
Spanish  
Age 6 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Stepping Stone Behavioral Health LLC

(347) 794-3761

## Kirby, Amber LCSW

Gender: Female  
NPI: 1134692965  
License: VA 0904010852  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Strategic Therapy Associates

(434) 237-9450

## Dotson, Dericka LCSW

Gender: Female  
NPI: 1619793981  
License: VA 0904017648  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gibbs, Nicole G LCSW

Gender: Female  
NPI: 1821464405  
License: VA 0904008544  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Giles, Rachel LCSW

Gender: Female  
NPI: 1922774702  
License: VA 0904013194  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Long, Hillary LCSW

Gender: Female  
NPI: 1912775370  
License: VA 0904016072  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Robinson, Rachele LCSW**

Gender: Female  
NPI: 1043058126  
License: VA 0904017041  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Webster, Danielle LCSW**

Gender: Female  
NPI: 1811680432  
License: ME LC24330  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Susan Archer Counseling LLC**

(804) 928-1788  
**Archer, Susan M LCSW**  
Gender: Female  
NPI: 1770631939  
License: VA 0904005184  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

NPI: 1669364238  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **TaeCare Therapy Services LLC**

(757) 550-8374  
NPI: 1982415089  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 3:00 PM-7:00 PM  
Friday: 3:00 PM-7:00 PM  
Saturday: 8:00 AM-12:00 PM

## **That Counseling Place LLC**

(540) 944-4994

## **Kelly, Selina H LCSW**

Gender: Female  
NPI: 1023505047  
License: VA 0904010453  
Website:  
thatcounselingplace.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 12 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1083287676  
Website:  
thatcounselingplace.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## **The James Bentley Treatment Program**

(757) 399-3025

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Isidore, Max A LCSW

Gender: Male  
NPI: 1124854187  
License: VA 0904016452  
Practice Focus: Mobile crisis response (MCR), Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**The Up Center**  
(757) 622-7017

## Brown, James LCSW

Gender: Male  
NPI: 1477281277  
License: VA 0904001121  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Burney, Richelle LCSW

Gender: Female  
NPI: 1255842670  
License: VA 0904010294  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Falvo, Marina LCSW

Gender: Female  
NPI: 1245508043  
License: VA 0904006539  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Gregory, Rebecca LCSW

Gender: Female  
NPI: 1124643788  
License: VA 0904014659  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Hassell, Tanetta L LCSW

Gender: Female  
NPI: 1962066258  
License: VA 0904011061  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Spanish  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Peterson, Kirsten LCSW

Gender: Female  
NPI: 1366189268  
License: CA 105863  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Staylor, Hunter LCSW

Gender: Male  
NPI: 1366177800  
License: VA 0904016302  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
NPI: 1629158159  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

109 1/2 Clay St  
Suffolk, VA 23434  
(757) 965-8663

## Burney, Richelle LCSW

Gender: Female  
NPI: 1255842670  
License: VA 0904010294  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1629158159  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## The Village Children and Family Services (804) 625-9868

Practice Focus: Virtual Care - Audio only, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Crisis Stabilization, Behavioral Health Outpatient, Behavioral Health Crisis Care (BHCC), ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Therapeutic Services of Virginia LLC (757) 374-7702

## Diggs, Andrea R LCSW

Gender: Female  
NPI: 1992312771  
License: VA 0904015543  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-8:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 10:00 AM-8:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-3:00 PM

## Third Space Therapy PLLC (833) 244-4878

## Collins, Tierra LCSW

Gender: Female  
NPI: 1215458542  
License: VA 0904009967  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Corum, Karicia LCSW**  
Gender: Female  
NPI: 1144746173  
License: VA 0904009966  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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# Behavioral Services

## Porter, Angela W LCSW

Gender: Female  
NPI: 1528191129  
License: VA 0904006342  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Ross, Ronald A LCSW

Gender: Male  
NPI: 1811266893  
License: VA 0904007730  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1215780234  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thomas, Sarah LCSW

(406) 361-3146  
Gender: Female  
NPI: 1194402677  
License: KS LCSW 06466  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

**Thriving Families Counseling LLC**  
(540) 988-3108

## Asbury, Laura LCSW

Gender: Female  
NPI: 1578445037  
License: VA 0904018840  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Bratcher, Jacob LCSW

Gender: Male  
NPI: 1336844109  
License: VA 0904015097  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Flanders, Kristen LCSW

Gender: Female  
NPI: 1568168037  
License: VA 0904014889  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Heckman, Samantha LCSW

Gender: Female  
NPI: 1962108431  
License: VA 0904014890  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## McGhee, Brandon LCSW

Gender: Male  
NPI: 1356048128  
License: VA 0904014912  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Behavioral Health Outpatient, Anxiety/Depression  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Owen, Susan L LCSW

Gender: Female  
NPI: 1265442503  
License: VA 0904005310  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Shorter, Robert J LCSW

Gender: Male  
NPI: 1083405633  
License: VA 0904018418  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Limited Handicap Accessibility  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1467973859  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Stress Management, Personality Disorders, LGBTQ+, Cultural Competency Trained, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1467973859

Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Stress Management, Personality Disorders, LGBTQ+, Cultural Competency Trained, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wimmer, Summer LCSW

Gender: Female  
NPI: 1740934223  
License: VA 0904013695  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tidal Counseling PLC

(757) 637-0840

## Rand, Kristine LCSW

Gender: Female  
NPI: 1497029011  
License: NC C016411  
Practice Focus: Virtual Care - Audio/Visual, Eating Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1245970664  
Practice Focus: Virtual Care - Audio/Visual, Eating Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Waranch, Rebecca T LCSW

Gender: Female  
NPI: 1437718988  
License: VA 0904010372  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Touchstone Behavioral Arts LLC

(804) 243-4426

## Throckmorton, Robin R LCSW

Gender: Female

NPI: 1396812392

License: VA 0904004418

Website:

touchstonebehavioralarts.com

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Spanish

Age 12 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:45 AM-5:30 PM

Tuesday: 8:45 AM-5:30 PM

Wednesday: 8:45 AM-5:30 PM

Thursday: 10:15 AM-8:00 PM

Friday: 8:45 AM-4:00 PM

NPI: 1619478641

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Age 12 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:45 AM-5:30 PM

Tuesday: 8:45 AM-5:30 PM

Wednesday: 8:45 AM-5:30 PM

Thursday: 10:15 AM-8:00 PM

Friday: 8:45 AM-4:00 PM

## Toye, Cynthia LCSW

(757) 332-8542

Gender: Female

NPI: 1851560148

License: VA 0710102130

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Domestic Violence,

Community Resource Services,

Anxiety Disorder, ADD/ADHD

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## TR Consultants LLC

(757) 276-6016

## Jones, Trakesha J LCSW

Gender: Female

NPI: 1275009557

License: NY 092627

Practice Focus: Virtual Care - Audio/Visual, Trauma

Informed Care Trained, Stress Management, Couple

Counseling,

Anxiety/Depression, Adolescents

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

1024 Centerbrooke Ln

Unit 223

Suffolk, VA 23434

(757) 276-6016

## Jones, Trakesha J LCSW

Gender: Female

NPI: 1275009557

License: NY 092627

Practice Focus: Virtual Care - Audio/Visual, Trauma

Informed Care Trained, Stress Management, Couple

Counseling,

Anxiety/Depression, Adolescents

Handicap Services available

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1457991507

Practice Focus: Virtual Care - Audio/Visual, Trauma

Informed Care Trained, Stress Management, Couple

Counseling,

Anxiety/Depression, Adolescents

Handicap Services available

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Transformation Health Services LLC

(757) 490-6463

## Edmond, Lisa LCSW

Gender: Female

NPI: 1235644410

License: VA 0904014185

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic

Stress Disorder (PTSD), Medication Management,

Group therapy, DBT (Dialectical Behavior Therapy), Bipolar,

Behavioral Health Outpatient, Anxiety Disorder, ADHD,

Addictions/ Substance Abuse

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## Reese, Kenisha LCSW

Gender: Female

NPI: 1073220778

License: VA 0904014847

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic

Stress Disorder (PTSD), Medication Management,

Bipolar, Anxiety Disorder, ADHD, Addictions/ Substance

Abuse

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1508373812

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Group therapy, DBT (Dialectical Behavior Therapy), Bipolar, Behavioral Health Outpatient, Anxiety Disorder, ADHD, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Yancey, Rhonda LCSW**

Gender: Female

NPI: 1760895643

License: OR L15004

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Bipolar, Anxiety Disorder, ADHD, Addictions/ Substance Abuse

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## **Virginia Institute of Pastoral Care Group**

(804) 282-8332

## **Long Francisco, Kristin CSW**

Gender: Female

NPI: 1619212297

License: VA 0904007882

Website: vipcare.org

Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing

Age 8 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Newman, Peggy W LCSW**

Gender: Female

NPI: 1285718080

License: VA 0904002213

Website: vipcare.org

Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing

Age 8 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Southwell, Meredith B LCSW**

Gender: Female

NPI: 1679915052

License: VA 0904009837

Website: vipcare.org

Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing

Age 8 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1316159221

Website: vipcare.org

Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing

Age 8 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Wade, Fedena LCSW**

(804) 930-4720

Gender: Female

NPI: 1114776309

License: VA 0904016859

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Home Visits, Cultural Competency Trained, Community-Based Treatment,

Anxiety/Depression

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

## **Western Tidewater Mental Health Center**

(757) 758-5106

## **Gravelly Strayhorn, Justin LCSW**

Gender: Male

NPI: 1225901986

License: IL 149030267

Website: www.wtcsb.org

Age 99 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-5:00 PM

Tuesday: 8:30 AM-5:00 PM

Wednesday: 8:30 AM-5:00 PM

Thursday: 8:30 AM-5:00 PM

Friday: 8:30 AM-5:00 PM

1000 Commercial Ln

Suffolk, VA 23434

(757) 758-5106

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Gravelly Strayhorn, Justin LCSW

Gender: Male  
NPI: 1225901986  
License: IL 149030267  
Website: www.wtcsb.org  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

135 S Saratoga St  
Suffolk, VA 23434  
(757) 758-5106

## Gravelly Strayhorn, Justin LCSW

Gender: Male  
NPI: 1225901986  
License: IL 149030267  
Website: www.wtcsb.org  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

5268 Godwin Blvd  
Suffolk, VA 23434  
(757) 758-5106

## Gravelly Strayhorn, Justin LCSW

Gender: Male  
NPI: 1225901986  
License: IL 149030267  
Website: www.wtcsb.org  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

7025 Harbour View Blvd  
Ste 119  
Suffolk, VA 23435  
(757) 758-5106

## Gravelly Strayhorn, Justin LCSW

Gender: Male  
NPI: 1225901986  
License: IL 149030267  
Website: www.wtcsb.org  
Age 99 and under  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Wonderfully Made  
Services LLC**  
(757) 344-6210

## Stephens-Smith, Diane D LCSW

Gender: Female  
NPI: 1275991853  
License: VA 0710102910  
Website:  
wonderfullymadeservices.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Grief/Death/Dying, Domestic  
Violence, Depression, Chronic  
Illnesses, Anxiety Disorder,  
Anger Management,  
Addictions/ Substance Abuse  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-4:00 PM  
NPI: 1730533340  
Website:  
wonderfullymadeservices.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Grief/Death/Dying, Domestic  
Violence, Depression, Chronic  
Illnesses, Anxiety Disorder,  
Anger Management,  
Addictions/ Substance Abuse  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-4:00 PM

## Yew Tree Wellness LLC (571) 497-4691

**Herrera, Erica L LCSW**  
Gender: Female  
NPI: 1336809888  
License: VA 0904013567  
Website:  
www.yewtreewellness.com  
Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Teletherapy, Psychotherapy,  
Post-Traumatic Stress Disorder  
(PTSD), Post-Traumatic Stress,  
Post Partum Depression, Post  
Partum, Mood  
Disorders/Depression  
Limited Handicap Accessibility  
Age 15 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

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## Community/Behavioral Health Agency

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**1Life1Love Inc**  
(703) 417-9914

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1952687287  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## 5 Star Residential

(757) 204-4655  
NPI: 1023460342  
License: VA 5220 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Independent Living, Home Visits, Cultural Competency Trained, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## A Step Beyond Clinical Services

(757) 987-2933

Website: [astepbeyondcs.com](http://astepbeyondcs.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Cultural Competency Trained, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## A Time 2 Heal LLC

(757) 861-2840  
NPI: 1700666740  
License: VA 8406 07 006  
Practice Focus: Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, Mobile crisis response (MCR), Dissociative disorder, Crisis Stabilization (CS), Community-Based Treatment, Bipolar, Behavioral Health Crisis Care (BHCC), Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## A Walk Through Life MHSS LLC

(757) 998-5624  
License: VA 2560 02 035  
Website: [www.awalkthroughlifeva.com](http://www.awalkthroughlifeva.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Abundant Blessing and Family Services LLC

(804) 728-2772  
NPI: 1447957840  
License: VA 5971 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Crisis Stabilization (CS), Community-Based Treatment  
Limited Handicap Accessibility  
Age 21 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Achieving Balance Counseling

(540) 355-6957

NPI: 1730782640  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Anchored LLC

(434) 430-1838  
NPI: 1134807480  
License: VA 8186 07 006  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Home Visits, Crisis Stabilization (CS), Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Apex Support Services

(757) 907-7783

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1326829003  
License: VA 9145 03 001  
Website:  
www.apexsupsvc.com  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

**Aspire New Life LLC**  
(757) 586-5350  
Website:  
www.aspirenewlife.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:30 PM  
Tuesday: 8:00 AM-6:30 PM  
Wednesday: 8:00 AM-6:30 PM  
Thursday: 8:00 AM-6:30 PM  
Friday: 8:00 AM-6:30 PM

**Be The Change Community Services LLC**  
(757) 907-2567

NPI: 1285489765  
Practice Focus: Intensive In-Home Services, Home Visits, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**BECAUSE WE CARE II INC**  
(757) 440-3125  
Website:  
becausewecare365.com  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1, ASAM Level 1, Addictions/ Substance Abuse, (IOP) Intensive Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Behavioral Health Services of Virginia Corporation**  
(804) 261-4163

NPI: 1033454657  
License: VA 2096 02 040  
Website: www.bhsva.net  
Practice Focus: Virtual Care - Audio only, Trauma - Focused Cognitive Behavior, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Depression, Crisis Stabilization (CS), Community-Based Treatment, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**BEST THERAPEUTIC SOLUTIONS LLC**  
(804) 557-0085  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Screening Brief Intervention Referral to Treatment (SBIRT), Schizoaffective Disorder, Mental health skill building, Employee Assistance Program (EAP), Dual Diagnosis (MH/SA), Cognitive/Behavioral Therapy, Bipolar, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1568941094  
License: VA 3218 03 001  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Screening Brief Intervention Referral to Treatment (SBIRT), Schizoaffective Disorder, Mental health skill building, Employee Assistance Program (EAP), Dual Diagnosis (MH/SA), Cognitive/Behavioral Therapy, Bipolar, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Better Beliefs Inc**  
(757) 581-1654

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

**NPI: 1952898991**  
License: VA 3101 03 001  
Practice Focus: Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Intervention (CI), Community-Based Treatment, Behavioral Health Outpatient, Autism  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **Breathe New Lyfe Support Services LLC**

(804) 467-1835  
NPI: 1821797820  
License: VA 5393 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Cultural Competency Trained, Crisis Stabilization  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

**C.A.R.E. LLC**  
(757) 613-0192  
Practice Focus: Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Intensive In-Home Services, Intellectual Development Disabilities (IDD), Home Visits, Disabilities - Developmental/MR, Cultural Competency Trained, Child/Adolescent Substance users, Anxiety Disorder, ADD/ADHD  
Age 5 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Capital Health Group LLC**

(804) 248-0808  
NPI: 1033626577  
Website: [capitalhealthgroup.org/](http://capitalhealthgroup.org/)  
Practice Focus: Psychotherapy, Psychopharmacology, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Eason, Sandra LPC**  
Gender: Female  
NPI: 1821522343  
License: VA 0024189748  
Website: [capitalhealthgroup.org/](http://capitalhealthgroup.org/)  
Practice Focus: Psychotherapy, Psychopharmacology, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Carter Cognitive Services LLC**

(804) 588-2094  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 10:00 AM-2:00 PM

## **Changin You LLC**

(804) 502-2167

NPI: 1124878988  
License: VA 10977 07 003  
Website: [changinyoullc.biz](http://changinyoullc.biz)  
Practice Focus: Women, Virtual Care - Secure Text Messaging, Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Transgender, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexually acting out behaviors, Sexual Dysfunction, Sexual Disorder, Sexual Addictions  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-8:00 PM  
Tuesday: 10:00 AM-8:00 PM  
Wednesday: 10:00 AM-8:00 PM  
Thursday: 10:00 AM-8:00 PM  
Friday: 10:00 AM-8:00 PM  
Saturday: 10:00 AM-8:00 PM  
Sunday: 10:00 AM-8:00 PM

## **Changing Views LLC**

(757) 503-2979  
NPI: 1851098057  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Chesapeake Counseling Center

(757) 302-8362  
NPI: 1780160747  
Website:  
chesapeakecounselingcenter.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Civitas Health Services Inc

(804) 737-3917

NPI: 1366727984  
Website:  
www.civitashealth.com  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Screening Brief Intervention Referral to Treatment (SBIRT), Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mood Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## CJAB Family Services LLC

(757) 673-2950

NPI: 1598185738  
License: VA 1765  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment Children, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment, Behavioral Health Outpatient, Anxiety Disorder  
Limited Handicap Accessibility Age 6 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Community Empowerment LLC

(757) 450-5854

NPI: 1750774477  
License: VA 1708  
Practice Focus: Therapeutic Day Treatment for Children and Adolescents, School Based Health Center, Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment, Child/Adolescent Serious Mental Illness (SMI), Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

4433 Godwin Blvd  
Ste E  
Suffolk, VA 23434  
(757) 450-5854  
NPI: 1750774477  
License: VA 1708  
Practice Focus: Therapeutic Day Treatment for Children and Adolescents, School Based Health Center, Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment, Child/Adolescent Serious Mental Illness (SMI), Behavioral Health Outpatient  
Handicap Accessible: Building, Restroom  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Complete Adult Family Care LLC

(757) 644-3073

Website:

completecareforyou.com/

Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Home Visits, Cultural Competency Trained, Crisis Stabilization, Community-Based Treatment, (IOP) Intensive Outpatient Age 4 to 70

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Connecting Communities LLC

(757) 966-1689

Practice Focus: Virtual Care - Audio/Visual, Personality Disorders, Mood

Disorders/Depression, Marital Therapy, Family Therapy, Crisis Stabilization, Autism, Anxiety Disorder, Anger Management, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Contour Mental Health Services LLC

(757) 527-2827

NPI: 1689251035

License: VA 4104 05 001

Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Home Visits, Depression, Cultural Competency Trained, Community-Based Treatment, Bipolar, Anxiety Disorder, Anger Management Age 5 to 80

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Conversations2Solutions LLC

(757) 672-4482

NPI: 1649005653

License: VA 12997 07 006

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, Mobile crisis response (MCR), Cultural Competency Trained, Community-Based Treatment, Behavioral Health Outpatient, Behavioral Health Crisis Care (BHCC), Anxiety Disorder Limited Handicap Accessibility Age 6 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: 9:00 AM-5:00 PM

Sunday: 9:00 AM-5:00 PM

## Corners of LIFE Family Service LLC

(757) 450-8264

NPI: 1154024800

License: VA 3677 03 001

Practice Focus: Personality Disorders, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Faith-based/spiritual, Crisis Stabilization (CS), Behavioral Health Outpatient, Behavioral Health Crisis Care (BHCC), ASAM Level 2.1

Age 6 to 65

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Cova Community Care LLC

(757) 260-9327

NPI: 1033986971

License: VA 9110 03 001

Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## Creating Chances of Change BMHS LLC

(833) 774-9633

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1083422604  
License: VA 13045  
Website:  
www.chancesofchange.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Case Management  
Age 4 to 20  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Crescent Counseling and  
Casework Services Inc**  
(757) 431-0105

License: VA 1476 02 035  
Website:  
www.crescentcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Case Management, ASAM  
Level 2.1, ASAM Level 1  
Limited Handicap Accessibility  
Age 4 to 70  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Decide to Believe LLC**  
(804) 930-8098  
NPI: 1942702600  
License: VA 6324 02 040  
Practice Focus: Virtual Care -  
Audio only, Mental health skill  
building, Home Visits, Crisis  
Stabilization, Community-  
Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Destined for Brighter  
Futures Foundation LLC**  
(757) 904-0444  
NPI: 1982367801  
License: VA 3403 03 001  
Website: www.d4bff.com  
Practice Focus: Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Depression, Crisis Stabilization,  
Behavioral Health Service  
Organization (BHSO), Anxiety  
Disorder, Adult, Adolescents,  
ADHD  
Age 4 to 59  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**DESTINY SERVICES INC**  
(804) 203-4477

License: VA 1322 02 006  
Website:  
www.destinysvcs.org/services  
Practice Focus: Virtual Care -  
Audio/Visual, Psychosocial  
Rehabilitation (PSR), Intensive  
In-Home Services, Home  
Visits, Group Home  
Residential, Group Day  
Support, Cultural Competency  
Trained, Community-Based  
Treatment  
Spanish  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Diamond Counseling LLC**  
(301) 531-0229

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1376012096  
License: VA 313507006  
Website:  
www.diamondcounselingva.com/  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Home Visits, Cultural Competency Trained, Crisis Stabilization (CS), Community-Based Treatment Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:00 PM  
Tuesday: 9:30 AM-4:00 PM  
Wednesday: 9:30 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **Divine Minds LLC**

(434) 433-2169  
Website:  
WWW.DIVINEMINDSLLC.COM  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

NPI: 1972388775  
License: VA 4513 07 003  
Website:  
WWW.DIVINEMINDSLLC.COM  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Dominion Precision Teaching and Consulting**

(434) 394-0703  
NPI: 1659981157  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **East Coast Family Services LLC**

(757) 337-9341

NPI: 1326499989  
License: VA 2405  
Website: www.ecfsva.com  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Elite Family Services**

(757) 562-1000  
Website:  
Elitefamilyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-3:00 PM

License: VA 7401 02 035  
Website:  
Elitefamilyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-3:00 PM

## **Energy Center Services LLC**

(757) 528-0516  
NPI: 1952934721  
License: VA 3889 07 006  
Website:  
www.energycenterservices.com  
Practice Focus: Virtual Care - Audio/Visual, Crisis Stabilization, Community-Based Treatment Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:45 AM-5:00 PM  
Tuesday: 7:45 AM-5:00 PM  
Wednesday: 7:45 AM-5:00 PM  
Thursday: 7:45 AM-5:00 PM  
Friday: 7:45 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Envision Family Services LLC**

(757) 350-3020

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Website:  
www.envisionfamilyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-5:00 PM

**Exquisite Counseling Services LLC**  
(757) 223-9901

**Blow-Wilson, Phillis D LCSW**  
Gender: Female  
NPI: 1215223805  
License: VA 0904005150  
Website:  
www.brokenfamilies.org  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Mental Health Counselor, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Exquisite Counseling Services LLC**  
(757) 969-8584  
License: VA 8100 05 001  
Practice Focus: Intensive In-Home Services, Home Visits, Cultural Competency Trained, Community-Based Treatment  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Families United Support Services LLC**  
(347) 228-2665

NPI: 1730690694  
License: VA 2590 02 035  
Website:  
www.familiesunitedva.com  
Practice Focus: Virtual Care - Audio/Visual, Mobile Crisis Unit, Mental health skill building, Intensive In-Home Services, Home Visits, Group Home Residential, Community-Based Treatment, ASAM Level 2.1  
Age 4 to 85  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Family and Adolescent Services LLC**  
(804) 521-4050

NPI: 1720392319  
License: VA 942 02 040  
Website: fasllc.org  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Cultural Competency Trained, Crisis Stabilization, ASAM Level 2.5, ASAM Level 2.1, 23 hour observation  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Family Focus Inc**  
(804) 261-2090  
License: VA 461 05 001  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Family Ties Behavioral Health LLC**  
(757) 235-7866

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1477240539  
License: VA 4201  
Website:  
www.familytiesbhllc.com  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 10:00 AM-2:00 PM

**Fine Fruit Residential LLC**  
(757) 394-6109  
License: VA 2907 02 008  
Practice Focus: Virtual Care - Audio only, Mobile Response Stabilization Support, Home Visits, Crisis Stabilization, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Flourishing Life Youth and Family Services LLC**  
309 Patriots Walke Dr  
Suffolk, VA 23434  
(757) 916-5529

NPI: 1205561024  
License: VA 3727 07 006  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits, Cultural Competency Trained, Crisis Stabilization, Community-Based Treatment  
Handicap Services available  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## **Foundations Supportive Services**

(757) 697-5024  
License: VA 9486 05 001  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

**Fresh Start Counseling Service, LLC**  
(757) 937-1243

NPI: 1124800420  
License: VA 9096 03 001  
Website:  
freshstartcounselingservice.com  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Age 5 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-2:00 PM

## **Full of Faith LLC**

(757) 593-4239  
NPI: 1962860239  
License: VA 3116  
Age 5 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-6:00 PM  
Sunday: 10:00 AM-6:00 PM

**Futures Treasures LLC**  
(804) 315-3177

License: VA 4150 07 006  
Website: Futurestresures.org  
Practice Focus: Virtual Care - Audio/Visual, Psychology, Mood Disorders/Depression, Mood Disorders, Mobile crisis response (MCR), Mental health skill building, Mental Health Counselor, Group Day Support, Dual Diagnosis (MH/SA), Developmental/Behavioral Issues  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-12:00 PM

## **Gateway Services LLC**

(757) 970-0353  
Website: gatewayworks.com/  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-6:00 PM  
Tuesday: 8:30 AM-6:00 PM  
Wednesday: 8:30 AM-6:00 PM  
Thursday: 8:30 AM-6:00 PM  
Friday: 8:30 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

License: VA 3078 18 003  
Website: gatewayworks.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Community-  
Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-10:00 PM  
Tuesday: 8:30 AM-10:00 PM  
Wednesday: 8:30 AM-10:00 PM  
Thursday: 8:30 AM-10:00 PM  
Friday: 8:30 AM-10:00 PM

## **GMA Interventions LLC**

(757) 335-4234  
NPI: 1477925659  
License: VA 2699 16 003  
Website:  
www.gmainterventions.com  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Community-  
Based Treatment, ASAM Level  
2.1, ASAM Level 1  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:30 PM  
Tuesday: 9:00 AM-7:30 PM  
Wednesday: 9:00 AM-7:30 PM  
Thursday: 9:00 AM-7:30 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

**Green Counseling  
Consulting Services**  
(804) 322-7349

NPI: 1215449699  
License: VA 12781 07 006  
Website: www.greenccs.org  
Practice Focus: Women, Virtual  
Care - Audio/Visual, Stress  
Management, Schizophrenia,  
Schizoaffective Disorder,  
Psychotherapy, Mood  
Disorders/Depression, Mood  
Disorders, Mobile crisis  
response (MCR), Mental Health  
Counselor  
Age 13 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM

## **GrowingThru Inc**

(757) 790-1740  
NPI: 1699547950  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Guided Paths Inc**  
(804) 447-3411

NPI: 1619415882  
License: VA 2338  
Website: guidedpaths.care  
Practice Focus: Mobile crisis  
response (MCR), Mental health  
skill building, Intensive In-  
Home Services, Crisis  
Stabilization (CS), Community-  
Based Treatment, (IOP)  
Intensive Outpatient  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hairston and Associates Therapeutic and Comm Treatment Svcs**

(276) 336-3336  
License: VA 3298 18 002  
Website:  
HAIRSTONASSOC.COM  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**Hampton Roads ABA**  
(757) 504-4024

NPI: 1881286383  
Website:  
www.hamptonroadsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Hampton Roads Family Services**

(631) 291-8033  
License: VA 2672 07 006  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Cultural Competency Trained,  
Crisis Stabilization,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

**Hampton Roads Family  
Services LLC**  
(631) 291-8033

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits, Cultural Competency Trained, Crisis Stabilization, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## Happy New Day LLC

(804) 307-9520  
License: VA 3501  
Website:  
www.happynewdayllc.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Community-Based Treatment, Community Resource Services, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 10:00 AM-2:00 PM

## Healing Hope Wellness LLC

(757) 392-5695

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Healing Quest LLC

(757) 454-6153  
NPI: 1477228674  
License: VA 9135 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders, Mental health skill building, Intensive In-Home Services, Home Visits, Depression, Cultural Competency Trained, Community-Based Treatment, Anxiety/Depression, Anxiety Disorder  
Age 4 to 85  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Health Care Services of Hampton Roads INC

(757) 622-4600

License: VA 14461 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Healthy Minds Inc

(804) 479-3515  
NPI: 1124548581  
License: VA 2710 07 003  
Practice Focus: Virtual Care - Audio/Visual  
Age 4 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Impact Mental Health Services LLC

(757) 399-1500

NPI: 1477963056  
License: VA 2033 07 006  
Website:  
impactmentalhealthservices.com  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment, Case Management, Assertive Community Treatment, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Impact On Youth Services LLC

(804) 306-7203  
License: VA 321507006  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Infinity Counseling Group

(757) 227-3636

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Website: infinitycounselinggroup.com/  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Community-Based Treatment, Applied Behavioral Analysis, 23 hour observation  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Integrated Connections, LLC**

(252) 450-0153  
NPI: 1558254581  
License: VA 8408 05 001  
Practice Focus: Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **JAKAFI Behavioral Care Center LLC**

(434) 792-1707

License: VA 2215  
Website: jakafibcc.com  
Practice Focus: Partial Hospitalization - Substance Abuse, Home Visits, Community-Based Treatment  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Kaleidoscope Counseling Case Management LLC**

(757) 535-9153  
License: VA 2404 03 001  
Website: www.kscova.com  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment, Behavioral Health Service Organization (BHSSO), Behavioral Health Outpatient, Behavioral Health Crisis Care (BHCC)  
Limited Handicap Accessibility  
Age 5 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Keys To Success Family and Developmental Services**

(757) 627-1530  
License: VA 276201001  
Website: www.keys2successllc.com  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Leaders for Life Inc**

(804) 477-6137  
License: VA 2211 02 035  
Website: www.leadersforlifemhss.com  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, ASAM Level 2.1, (IOP) Intensive Outpatient  
Age 6 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Legacy Counseling and Wellness Services LLC**

(804) 426-3859

NPI: 1720787393  
License: VA 7460 07 006  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders/Depression, Mood Disorders, Mobile crisis response (MCR), Mental Health Counselor, General Mental Health  
Age 18 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lifes Journey LLC**

(757) 622-0700  
Website: www.lifesjourneyservices.com  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## **Lightbeam Solutions**

(757) 577-1257

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1871375550  
License: VA 8281 02 035  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Family Therapy, Crisis Stabilization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lighthouse Behavioral Health Center

(804) 447-6382  
License: VA 2161 05 001  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive In-Home Services, Behavioral Health Outpatient  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mason Counseling Group

(757) 646-4323

Website: www.masongroup.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders, Peer support services, Multidimensional Family Therapy, Mood Disorders/Depression, Mobile Crisis Unit, Mental health skill building, Home Visits  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 10:00 AM-3:00 PM

## MDL Counseling Services

(757) 904-4910  
NPI: 1497217541  
License: VA 3245 07 006  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Crisis Stabilization (CS), Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## Meened Bridges LLC

(757) 799-0287  
Practice Focus: Mental health skill building, Home Visits, Cultural Competency Trained, Crisis Stabilization, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mental Health Resolutions LLC

(757) 310-6150  
NPI: 1730877879  
License: VA 7910 07 006  
Website: www.mhr-llc.org  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Mental Peace Health Services LLC

(757) 970-8496

License: VA 7353 05 001  
Practice Focus: Schizophrenia, Intensive In-Home Services, Home Visits, Bipolar, Anxiety/Depression, ADHD  
Age 5 to 60  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Mid-Atlantic Behavioral Services, LLC

(310) 270-0968  
NPI: 1245014836  
License: VA 13157 03 001  
Practice Focus: Mental health skill building, Crisis Stabilization  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Miles Family Therapeutics LLC

(757) 904-1866

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1003671892  
License: VA 99 89 05 001  
Practice Focus: Intensive In-Home Services, Home Visits, Cultural Competency Trained Age 8 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

## More Solutions Youth and Family Services

(804) 730-1801  
NPI: 1871762922  
License: VA 1000 07 006  
Practice Focus: Virtual Care - Audio/Visual, Residential Crisis Stabilization Unit, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, DBT (Dialectical Behavior Therapy), Crisis Stabilization (CS), Community Brief Crisis Support (CBCS), Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nation of Resilient Souls LLC

(757) 895-6984

NPI: 1043030729  
License: VA 12821 05 001  
Practice Focus: Virtual Care - Audio/Visual, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Intensive In-Home Services, Home Visits, Family Therapy, Depression, Cultural Competency Trained, Community-Based Treatment Age 4 to 20  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(757) 847-9386

License: VA 352  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment Children, Psychotherapy, Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1039 Champions Way  
Ste 100  
Suffolk, VA 23435  
(757) 847-9386

License: VA 352  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Therapeutic Day Treatment Children, Psychotherapy, Multi-Systemic Therapy, Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## New Creations Services LLC

(757) 809-1222

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1588368070  
License: VA 7852 02 035  
Website:  
www.newcreationsservices.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.5, ASAM Level 2.1, Addictions/ Substance Abuse, (IOP) Intensive Outpatient Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-3:00 PM  
Tuesday: 8:00 AM-3:00 PM  
Wednesday: 8:00 AM-3:00 PM  
Thursday: 8:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

908 W Washington St  
Ste 200  
Suffolk, VA 23434  
(757) 809-1222  
NPI: 1588368070  
License: VA 7852 02 035  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.5, ASAM Level 2.1, Addictions/ Substance Abuse, (IOP) Intensive Outpatient Age 21 and up  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-3:00 PM  
Tuesday: 8:00 AM-3:00 PM  
Wednesday: 8:00 AM-3:00 PM  
Thursday: 8:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **New Directions for Broken Families**

(757) 223-9901  
**Blow-Wilson, Phillis D LCSW**  
Gender: Female  
NPI: 1215223805  
License: VA 0904005150  
Website:  
www.brokenfamilies.org  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Mental Health Counselor, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment  
Age 4 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Website:  
www.brokenfamilies.org  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Mental Health Counselor, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **New Directions Mental Health Services LLC**

(757) 416-5085  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **New Directions Mental Health Services, LLC**

(757) 416-5085  
License: VA 261103001  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **New Life LLC**

(757) 595-3890

License: VA 1729 07 006  
Website: www.newlifeco.net  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization, Mental health skill building, Cultural Competency Trained, Crisis Stabilization, Community-Based Treatment  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **New Opportunities at Life 360 Services LLC**

(804) 908-0942  
NPI: 1255010500  
License: VA 4242 03 001  
Practice Focus: Mental health skill building  
Handicap Services available  
Office Hours:  
Monday: 11:00 AM-6:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Olmeja Advocacy Services Inc**

(804) 320-0222

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1316257678  
License: VA 1637 05 001  
Website: OLMEJA.COM  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-2:00 PM  
Tuesday: 9:00 AM-2:00 PM  
Wednesday: 9:00 AM-2:00 PM  
Thursday: 9:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## Onesource Community Mental Health Services of Virginia

(804) 310-2444  
Practice Focus: Virtual Care - Audio/Visual, Residential Crisis Stabilization Unit, Mental health skill building, Home Visits, Crisis Stabilization, Case Management, ASAM Level 3.5 - Adult, ASAM Level 3.3, ASAM Level 3.1 - Adult, ASAM Level 2.5  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Our Community Support Services LLC

(984) 317-1942

NPI: 1710750617  
License: VA 5815 05 001  
Practice Focus: Virtual Care - Audio/Visual, Social supports/social determinants of health, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Peer support services, Multidimensional Family Therapy, Mood Disorders/Depression, Learning Disabilities, Intensive In-Home Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 12:00 PM-4:00 PM  
Sunday: 12:00 PM-4:00 PM

## Paragon Autism Services LLC

(540) 479-3889

NPI: 1720427875  
Website: paragonautismservices.com/  
Practice Focus: Home Visits, Cultural Competency Trained, Community-Based Treatment, Behavioral Health Outpatient, Autism Spectrum Disorders, Autism, Art Therapy, Applied Behavioral Analysis, Anxiety/Phobic Disorders, Anxiety/Depression  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Paramount Counseling Inc

(757) 599-0800

NPI: 1801332606  
License: VA 8484 05 001  
Website: www.paramountcounselingin.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Intensive In-Home Services, Home Visits, Group therapy, Grief/Death/Dying, Family Therapy  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pearls Center Of Hope INC

(804) 821-2133

Practice Focus: Virtual Care - Audio/Visual, Peer support services, Mental health skill building, Intensive In-Home Services, Crisis Stabilization, Anxiety/Depression  
Age 5 to 95  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## Person Centered Support Services

(757) 777-2092  
NPI: 1316499049  
License: VA 2558 03 001  
Website: www.pcssva.com  
Practice Focus: Mental health skill building, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Phases Family Services LLC

(757) 376-0149  
NPI: 1063190361  
License: VA 11443  
Practice Focus: Intensive In-Home Services, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Premier Mental Health Services LLC

(757) 281-9316

NPI: 1609634336  
License: VA 10789  
Website: www.premier-mhs.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Age 4 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-2:30 PM

## Progressive Peer Partners LLC

(804) 590-7513

License: VA 7612 07 006  
Website: www.progressivepeerpartners.com  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Cultural Competency Trained, Crisis Stabilization  
Limited Handicap Accessibility  
Age 5 to 95  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Prolific Counseling Group

(757) 977-8968

NPI: 1669028981  
License: VA 3304 07 006  
Practice Focus: Virtual Care - Audio/Visual, Psychosocial Rehabilitation (PSR), Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Crisis Stabilization (CS), Community-Based Treatment, ASAM Level 2.1  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-4:00 PM  
Tuesday: 7:00 AM-4:00 PM  
Wednesday: 7:00 AM-4:00 PM  
Thursday: 7:00 AM-4:00 PM  
Friday: 7:00 AM-4:00 PM  
Saturday: 7:00 AM-4:00 PM  
Sunday: 7:00 AM-4:00 PM

## Quality of Life Counseling Center LLC

(757) 998-2100

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

License: VA 2329 02 029

Website:

[www.qualityoflifecc.com/](http://www.qualityoflifecc.com/)

Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment Children, Teletherapy, Psychology, Play Therapy, Obsessive-Compulsive Disorder (OCD), Mental health skill building, Mental Health Counselor, Intensive In-Home Services, Individuals in foster care Spanish

Age 3 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-3:00 PM

## Quarternote Counseling LLC

(703) 479-2947

Website:

[www.QuarternoteCounseling.com](http://www.QuarternoteCounseling.com)

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Non-Binary, Mood Disorders, Mental Health Counselor, LGBTQ+, General Mental Health, Gender Identity Age 10 to 60

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Rappahannock Comprehensive Community Services

(540) 534-7674

NPI: 1750077079

License: VA 7032 07 003

Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Crisis Stabilization, Crisis Intervention (CI)

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM

Tuesday: 10:00 AM-5:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

## Redemption Counseling Services Incorporated

(434) 489-9917

NPI: 1720719206

Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Crisis Intervention (CI), Community-Based Treatment

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

## ReeVision Network LLC

(757) 937-2667

License: VA 13202 07 006

Website:

[www.reevisionnetworkllc.com](http://www.reevisionnetworkllc.com)

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Crisis Stabilization, Community-Based Treatment Handicap Services available

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Reign or Shine LLC

(804) 293-0470

NPI: 1942054168

License: VA 10181 07 006

Practice Focus: Virtual Care - Audio/Visual, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Mobile crisis response (MCR), Medication Management, Intensive In-Home Services, Home Visits, Depression, Crisis Stabilization Limited Handicap Accessibility Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## RESIDENTIAL IMPACT SERVICES

(757) 372-7330

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1154164077  
License: VA 9100 02 019  
Website:  
COMMUNITYRISE1.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Partial  
Hospitalization - Mental  
Health, Medication  
Management, Family Therapy,  
Community-Based Treatment,  
Behavioral Health Outpatient  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:30 PM  
Tuesday: 9:00 AM-5:30 PM  
Wednesday: 9:00 AM-5:30 PM  
Thursday: 9:00 AM-5:30 PM  
Friday: 9:00 AM-5:30 PM

## Restoration Horizon Services LLC

(434) 623-8227  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment  
Age 5 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Rivers of Hope Counseling Center LLC

(855) 326-4673

Website:  
www.riversofhopecounseling.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## Royal Family Services LLC

(757) 383-5722  
NPI: 1871272898  
Practice Focus: Virtual Care -  
Audio/Visual, Mobile crisis  
response (MCR), Home Visits,  
Cultural Competency Trained,  
Crisis Stabilization (CS),  
Community-Based Treatment  
Age 10 to 59  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM

## Seven Summits Family Services

(757) 351-6305

NPI: 1942672290  
Website:  
www.sevensummitsfs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Intensive In-Home Services,  
Independent Assessment &  
Coordination (IACCT), IACCT  
Follow-Up: Independent  
Assessment & Coordination,  
Home Visits,  
Grief/Death/Dying, Family  
Therapy, Depression, Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Shands Therapeutic Solutions LLC

(757) 645-5595

NPI: 1194281063  
License: VA 4022 02 011  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Psychosocial  
Rehabilitation (PSR), Cultural  
Competency Trained,  
Community-Based Treatment,  
Case Management  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 6:00 AM-5:00 PM  
Tuesday: 6:00 AM-5:00 PM  
Wednesday: 6:00 AM-5:00 PM  
Thursday: 6:00 AM-5:00 PM  
Friday: 6:00 AM-5:00 PM  
Saturday: 6:00 AM-5:00 PM  
Sunday: 6:00 AM-5:00 PM

## SHAPING YOUR FUTURE HOMES LLC

(757) 528-2850  
License: VA 7969 01 020  
Website:  
shapingyourfuturehomes.com  
/  
Practice Focus: Residential  
Crisis Stabilization Unit, Post-  
Traumatic Stress Disorder  
(PTSD), Depression, Bipolar,  
Anxiety Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Skills for Growth LLC

(757) 937-0555  
NPI: 1578258505  
License: VA 4241 05 001  
Website:  
skillsforgrowthllc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 10:00 AM-2:00 PM

## Skypoint Recovery

Virginia LLC  
(855) 612-3488

NPI: 1407693492  
License: VA 12024 02 035  
Website:  
skypointrecoveryvirginia.com  
Practice Focus: Virtual Care -  
Audio/Visual, Partial  
Hospitalization - Substance  
Abuse, Intensive Outpatient -  
Substance Abuse, Cultural  
Competency Trained,  
Community-Based Treatment  
Male Patients Only  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

**Southern Change  
Behavioral Health  
Services LLC**  
(804) 446-4706

License: VA 3660 03 001  
Website:  
www.southernchangebhs.com  
Practice Focus: Virtual Care -  
Audio only, Mental health skill  
building, Intensive In-Home  
Services, Home Visits, Crisis  
Stabilization, Community-  
Based Treatment, 23 hour  
observation  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Southern Support Behavioral Health Care LLC

(252) 642-5345  
NPI: 1851810659  
License: VA 3302 03 001  
Practice Focus: Mental health  
skill building, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 11:00 AM-1:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Southside Services LLC**  
(757) 309-1405

Practice Focus: Post-Traumatic  
Stress Disorder (PTSD), Play  
Therapy, Intellectual  
Development Disabilities  
(IDD), In-Home Support  
Services, Group therapy,  
Grief/Death/Dying, Family  
Therapy,  
Developmental/Behavioral  
Issues, Crisis Stabilization (CS),  
Community-Based Treatment  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Spread Your Wings  
Supportive Counseling LLC**  
(804) 528-4331

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1992239693  
License: VA 2701 01 001  
Practice Focus: Walk-In Available, Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Separation Grief and Loss, Residential Treatment Center - Substance Abuse, Residential Treatment Center - Mental Health, Residential Crisis Stabilization Unit, One on One Support, Mood Disorders/Depression Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:00 PM  
Tuesday: 8:30 AM-4:00 PM  
Wednesday: 8:30 AM-4:00 PM  
Thursday: 8:30 AM-4:00 PM  
Friday: 8:30 AM-4:00 PM

## **SpringHealth BH and Integrated Care VA** (888) 515-1793

NPI: 1467827493  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Mood Disorders, Mental health skill building, Intellectual Development Disabilities (IDD), Developmental/Behavioral Issues, Depression, Cultural Competency Trained, Behavioral Health Outpatient, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Step Above Counseling Services LLC** (804) 728-3856

Website: [www.stepabovecounselingervices.com](http://www.stepabovecounselingervices.com)  
Practice Focus: Virtual Care - Audio only, Partial Hospitalization, Crisis Stabilization, Community-Based Treatment  
Age 6 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

NPI: 1649033564  
License: VA 10950 07 006  
Website: [www.stepabovecounselingervices.com](http://www.stepabovecounselingervices.com)  
Practice Focus: Virtual Care - Audio only, Partial Hospitalization, Crisis Stabilization, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Strategic Therapy Associates**

(434) 237-9450  
License: VA 014 05 001  
Website: [www.strategictherapyassociates.com/](http://www.strategictherapyassociates.com/)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **The Empowerment Center LLC** (757) 956-1533

License: VA 3324 05 001  
Practice Focus: Residential Treatment Center - Mental Health, Cultural Competency Trained, Community-Based Treatment, Assertive Community Treatment  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **The James Bentley Treatment Program**

(757) 399-3025  
NPI: 1003141227  
License: VA 782 03 001  
Practice Focus: Mobile crisis response (MCR), Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, Cultural Competency Trained, Crisis Stabilization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## The MARCS Agency LLC

(804) 644-4444  
NPI: 1750515094  
License: VA 1429  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment, Community Stabilization  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## The Moods Center LLC

(757) 447-9760  
NPI: 1477305431  
License: VA 10914 05 001  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Anxiety/Depression, Anger Management, ADHD  
Age 4 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-2:30 PM

## The Next Step Therapeutic

(757) 819-6958

NPI: 1831876689  
License: VA 7709 05 001  
Practice Focus: Teletherapy, Mental Health Counselor, Intensive In-Home Services, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## The Village Children and Family Services

(804) 625-9868  
Practice Focus: Virtual Care - Audio only, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Behavioral Health Outpatient, Behavioral Health Crisis Care (BHCC), ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Therapeutic Services of Virginia LLC

(757) 449-2569

License: VA 9230 05 001  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Mental Health, Intensive In-Home Services, Cultural Competency Trained  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-8:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 10:00 AM-8:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-3:00 PM

## Therapeutic Skills LLC

(703) 647-6239  
NPI: 1831803782  
Practice Focus: Mental health skill building, Home Visits, Cultural Competency Trained, Community-Based Treatment  
Age 18 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## Thrive Behavioral Health Services LLC

(804) 437-0114

NPI: 1568200848  
License: VA 1146505001  
Website: [www.thrivebehavioralhealthservices.com](http://www.thrivebehavioralhealthservices.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits, Cultural Competency Trained, Community-Based Treatment  
Age 5 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 10:00 AM-2:00 PM

## ThriveVA Counseling Group

(757) 593-9356  
Website: [www.youthriveva.com](http://www.youthriveva.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Crisis Intervention (CI)  
Age 5 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Transitions Therapeutic Services LLC

(757) 332-8542

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

License: VA 3536 07 006  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits, Domestic Violence, Cultural Competency Trained, Crisis Stabilization, Community Resource Services, Anxiety Disorder, ADD/ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## TRIBE HEALTHCARE

(804) 738-7423  
NPI: 1619720166  
License: VA 11049 07 006  
Practice Focus: Trauma Informed Care Trained, Mobile crisis response (MCR), Crisis Intervention (CI), Community Stabilization  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## True Counseling Services Inc

(804) 370-1050

Website: [www.truecounselingservices.com](http://www.truecounselingservices.com)  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Behavioral Health Outpatient, ASAM Level 2.1  
Age 5 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

## True Heart Counseling LLC

(757) 528-5397  
NPI: 1720550726  
License: VA 3496 02 029  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Psychosocial Rehabilitation (PSR), Mental health skill building, Intensive In-Home Services, Cultural Competency Trained  
Age 5 to 85  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## True Life Destinations LLC

(757) 778-2163

NPI: 1679813307  
Website: [www.truelifedest.com](http://www.truelifedest.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Home Visits, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## True Recovery RVA LLC

(804) 660-8266  
License: VA 8989 02 033  
Website: [www.truecoveryrva.com](http://www.truecoveryrva.com)  
Practice Focus: ASAM Level 2.5  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## TTM Community Services LLC

(757) 964-9565

NPI: 1659030435  
License: VA 3453 16 004  
Website: [ttandmcommunity.com](http://ttandmcommunity.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Crisis Stabilization (CS), Case Management, Behavioral Health Outpatient, Adult Serious Mental Illness (SMI)  
Age 5 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Turning Point Family Services

Turning Point Family Services  
(434) 549-5988  
License: VA 1924 02 033  
Practice Focus: Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS)  
Age 5 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Turning Point Interventions

(434) 228-7526  
NPI: 1437633013  
License: VA 3331 07 006  
Practice Focus: ASAM Level 3.5 - Adult  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ultimate Outcomes Therapeutic Services Inc

(804) 213-0140  
NPI: 1801124607  
License: VA 464 02 035  
Website: www.myuots.com  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive Outpatient - Substance Abuse, Home Visits, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Unconditional Care and Supportive Inc

(804) 518-6185

NPI: 1609389295  
License: VA 3104 16 003  
Website: www.ucass2018.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Case Management, ASAM Level 2.1  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-11:45 PM  
Tuesday: 8:00 AM-11:45 PM  
Wednesday: 8:00 AM-11:45 PM  
Thursday: 8:00 AM-11:45 PM  
Friday: 8:00 AM-11:45 PM  
Saturday: 10:00 AM-2:00 PM  
Sunday: 2:00 PM-5:00 PM

## UNITED COMMUNITY SOLUTIONS

(757) 410-2644

NPI: 1861974966  
License: VA 3254 02 038  
Website: WWW.UNITEDCOMMUNITYSOLUTION.COM  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Mental Health, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment, Child/Adolescent Serious Mental Illness (SMI), Assertive Community Treatment  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## United Services of Virginia LLC

(757) 273-0699

NPI: 1497437404  
License: VA 7195 02 035  
Website: www.unitedservices.life  
Practice Focus: Cultural Competency Trained, Community-Based Treatment, ASAM Level 2.5  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Beach Counseling Services PLLC

(757) 289-1125  
NPI: 1114305034  
Website: vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Counseling and Community Development

(804) 218-8182

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1427120070  
License: VA 887 02 033  
Website: www.vaccd.com  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Cultural Competency Trained, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Virginia Support Services PC**  
(703) 367-7800

License: VA 726 05 001  
Website: www.chooseyourprovider.org  
Practice Focus: Peer support services, Mental health skill building, Intensive In-Home Services, Home Visits, Cultural Competency Trained, Community-Based Treatment Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-10:00 PM  
Tuesday: 8:00 AM-10:00 PM  
Wednesday: 8:00 AM-10:00 PM  
Thursday: 8:00 AM-10:00 PM  
Friday: 8:00 AM-10:00 PM  
Saturday: 8:00 AM-10:00 PM  
Sunday: 8:00 AM-10:00 PM

**Virginia Therapy Services**  
(804) 505-1049

License: VA 4020 03 001  
Website: www.virginiatherapysvc.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression, Post Partum, Multi-Systemic Therapy, Mood Disorders/Depression, Mood Disorders  
Limited Handicap Accessibility Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**Whole Village Counseling Advocacy and Mental Health Services**  
(757) 454-2112

License: VA 8930 02 033  
Website: wholevillagecounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Mental Health, ASAM Level 2.5, ASAM Level 2.1  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Wyche Counseling Services LLC**  
(434) 336-7837  
License: VA 6112 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Counselor, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**You Turn Services**  
(804) 447-1086

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1790269603  
License: VA 3285 02 035  
Website:  
www.youturnservices.com  
Practice Focus: Virtual Care -  
Audio only, Mental health skill  
building, Intensive In-Home  
Services, Home Visits, Crisis  
Stabilization, Community-  
Based Treatment, ASAM Level  
2.1  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## YOUTH CONNECT OF VIRGINIA

(540) 488-5636  
NPI: 1972093987  
License: VA 3435 07 003  
Website:  
www.WWW.YOUTHCONNECTV  
A.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Therapeutic Day  
Treatment Children, Case  
Management, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Youth Excel and Advancement LLC**  
(804) 447-7016  
License: VA 1715 07 006  
Website: yeallc.org  
Practice Focus: Virtual Care -  
Audio/Visual, Crisis  
Stabilization, Child/Adolescent  
Substance users, Adult  
Substance users, Addictions/  
Substance Abuse  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## You-Turn Residential LLC

(757) 277-4774  
NPI: 1720864838  
License: VA 8999 07 006  
Practice Focus: Home Visits,  
Crisis Stabilization (CS),  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Counseling Psychologist

**Dougan and Walden Wellness PLLC**  
(804) 893-5555

NPI: 1396259602  
Website: www.dwellness.org  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Walden, Jeremy T PsyD

Gender: Male  
NPI: 1649535246  
License: VA 0810004838  
Website: www.dwellness.org  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## Leaders for Life Inc

(804) 477-6137

## Bundy, Theresa LPC

Gender: Female  
NPI: 1548890262  
License: VA 0701008882  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Renewed Peace and Healing Therapy Inc

(804) 410-1483

## Luke, Onzie LPC

Gender: Female  
NPI: 1932538824  
License: VA 0701005613  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1265189252  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

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## Counselor

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### **Bird on a Wire LLC**

(804) 413-9037

### **Hubbard, Natasha L LPC**

Gender: Female  
NPI: 1366033508  
License: VA 0701010155  
Website:

birdonawirecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-5:00 PM

### **Center for Care and Resiliency**

(540) 344-5300

NPI: 1053902742  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **CHAT Behavioral Health Services**

(757) 436-5601

### **Artis, Kendra LPC**

Gender: Female  
NPI: 1710593447  
License: VA 0701012295  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma  
Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM  
NPI: 1467949024  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma  
Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

### **Chesapeake Counseling Associates PC**

(804) 695-2557

NPI: 1407069230  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, PreSchool Posttraumatic Stress Disorder (PTSD), Post Partum Depression, General Mental Health, Family Therapy, Domestic Violence, Developmental/Behavioral Issues, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Rausch, Christal M LPC\*

Gender: Female  
NPI: 1912563891  
License: VA 0701014651  
Website: [www.chesapeake-counseling.com/](http://www.chesapeake-counseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, PreSchool Posttraumatic Stress Disorder (PTSD), Post Partum Depression, General Mental Health, Family Therapy, Domestic Violence, Developmental/Behavioral Issues, Depression  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Chesapeake Counseling Center

(757) 302-8362

## Artis, Satrina Y LPC

Gender: Female  
NPI: 1033784574  
Website: [chesapeakecounselingcenter.com/](http://chesapeakecounselingcenter.com/)  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1780160747  
Website: [chesapeakecounselingcenter.com/](http://chesapeakecounselingcenter.com/)  
Practice Focus: Virtual Care - Audio/Visual, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Enhancing Minds LLC

321 N Main St  
Suffolk, VA 23434  
(757) 281-8366

NPI: 1295377323

Website: [enhancingminds.org](http://enhancingminds.org)  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Community-Based Treatment  
Limited Handicap Accessibility  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Family Guidance Centers (804) 743-0960

### Ampy, Lottie LCP

Gender: Female  
NPI: 1326692344  
License: VA 0810004206  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Dawson, Margaret A LPC

Gender: Female  
NPI: 1336503465  
License: VA 0701008866  
Website: [www.familyguidancecenters.com](http://www.familyguidancecenters.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Snapp, Sara LPC**  
Gender: Female  
NPI: 1689147472  
License: VA 0701008077  
Website: [www.familyguidancecenters.com](http://www.familyguidancecenters.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Fine Fruit Residential LLC (757) 394-6109

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Coleman, Tamara R LCSW**

Gender: Female  
NPI: 1487254371  
License: MS C 10044  
Practice Focus: Mobile  
Response Stabilization  
Support, Home Visits, Crisis  
Stabilization  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM  
Practice Focus: Mobile  
Response Stabilization  
Support, Home Visits, Crisis  
Stabilization  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Flourishing Life Youth and Family Services LLC**

309 Patriots Walke Dr  
Suffolk, VA 23434  
(757) 916-5529

## **Bonner, Dominique LPC**

Gender: Female  
NPI: 1558083428  
License: VA 0701011657  
Practice Focus: Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Crisis Stabilization  
Age 5 and up  
Handicap Services available  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 10:00 AM-2:00 PM  
Practice Focus: Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Crisis Stabilization  
Age 5 and up  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Growing Light Counseling LLC**

(423) 578-7208

NPI: 1821420985

Website:  
www.growinglightcounseling.  
com  
Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Trauma Focused Cognitive  
Behavioral Therapy,  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, Mental Health  
Counselor,  
Cognitive/Behavioral Therapy,  
Child/ Pediatric,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Munier, Kelly LPC**

Gender: Female  
NPI: 1962506642  
License: TN 2459  
Website:  
www.growinglightcounseling.  
com  
Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Trauma Focused Cognitive  
Behavioral Therapy,  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, Mental Health  
Counselor,  
Cognitive/Behavioral Therapy,  
Child/ Pediatric,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Healing Hope Wellness LLC**

(757) 392-5695

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## **Sutphin, Dante A LPC**

Gender: Male

NPI: 1689259525

License: VA 0701010167

Website:

becausewecare365.com

Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## **Iannelli, Ashleigh LPC**

(540) 344-5300

Gender: Female

NPI: 1912694571

License: VA 0701012388

Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression

Age 16 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## **Lifes Journey LLC**

(757) 622-0700

Website:

www.lifesjourneyservices.com

Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Stress Management, Sexuality, Multicultural Issues, Mood Disorders, LGBTQ+, Grief/Death/Dying, Gender Identity, Family Therapy

Age 9 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-2:00 PM

## **Williams, Shante L LPC**

Gender: Female

NPI: 1407432735

License: VA 0701010342

Website:

www.lifesjourneyservices.com

Practice Focus:

Violence/Trauma (Rape, all abuse), Sexuality, Multicultural Issues, Mood Disorders, LGBTQ+, Grief/Death/Dying, Gender Identity, Family Therapy, Domestic Violence, Community-Based Treatment

Age 9 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-2:00 PM

Friday: 9:00 AM-2:00 PM

## **Lightbeam Solutions**

(757) 577-1257

## **High, Kirsten LPC**

Gender: Female

NPI: 1184994519

License: VA 0701004455

Website:

lightbeamsolutions.com

Practice Focus: Virtual Care -

Audio/Visual, Intensive Outpatient - Substance Abuse, Family Therapy, Crisis Stabilization, ASAM Level 2.1

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Website:

lightbeamsolutions.com

Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Family Therapy, Crisis Stabilization, ASAM Level 2.1

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Mental Health Resolutions LLC**

(757) 310-6150

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Epps, Angelique LPC**

Gender: Female  
NPI: 1235732033  
License: VA 0701010084  
Website: www.mhr-llc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Home Visits, Child Oppositional Defiant, Anxiety/Depression, Anxiety Disorder, ADHD  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

**MountainWELL Counseling**  
(276) 200-4233

NPI: 1194543553  
Website: mountainwell.clientsecure.me /  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Play Therapy, Mood Disorders, Mental Health Counselor, Cultural Diversity, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Region Ten Community Services Board**

(434) 972-1800  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Robinson, Sara LPC**

Gender: Female  
NPI: 1952671240  
License: VA 0701005145  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Starling Medical Group PC** (508) 202-1011

### **Butler, Christa LPC**

Gender: Female  
NPI: 1881078277  
License: VA 0701006228  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Redman, Tia LPC**

Gender: Female  
NPI: 1023779196  
License: VA 0701014506  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Sutphin, Dante A LPC**

(757) 392-5695  
Gender: Male  
NPI: 1689259525  
License: VA 0701010167  
Website: becausewecare365.com  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Whole Village Counseling Advocacy and Mental Health Services**  
(757) 454-2112

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Medina, Faith LPC

Gender: Female  
NPI: 1083385850  
License: VA 0734004657  
Website:  
wholevillagecounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained, Post-  
Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression,  
Intensive Outpatient -  
Substance Abuse, Intensive  
Outpatient - Mental Health,  
Group therapy,  
Grief/Death/Dying, Faith-  
based/spiritual, Chemical  
Dependency/Co-Dependency  
Age 8 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Williams, Shante L LPC**  
(757) 622-0700

Gender: Female  
NPI: 1407432735  
License: VA 0701010342  
Website:  
www.lifesjourneyservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Stress  
Management, Sexuality,  
Multicultural Issues, Mood  
Disorders, LGBTQ+,  
Grief/Death/Dying, Gender  
Identity, Family Therapy  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Emotionally Disturbed Childrens' Residential Treatment Fac

**United Methodist Family  
Services**  
(804) 353-4461

NPI: 1235238320  
License: VA 641 14 001  
Website: www.umfs.org  
Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Trauma  
Recovery and Empowerment  
Model (TREM), Trauma  
Informed Care Trained,  
Trauma Focused Cognitive  
Behavioral Therapy, Trauma -  
Focused Cognitive Behavior,  
Transgender Male,  
Transgender Female,  
Transgender  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Geropsychiatric Psyc/Mental Health Clinical Nurse Specialist

**SOUTHWEST REGIONAL  
COUNSELING SERVICES  
INC**  
(276) 883-5050

## Henderson, Tina L NP

Gender: Female  
NPI: 1831745611  
License: VA 0024178041  
Practice Focus: Virtual Care -  
Audio/Visual, Office Based  
Addiction Treatment (OBAT),  
Mental Health Counselor,  
Medication Management,  
Medication Assisted  
Treatment, Laboratory  
Services Available, Cultural  
Competency Trained,  
Counselor, Addictions/  
Substance Abuse  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1063078855  
Practice Focus: Virtual Care -  
Audio/Visual, Office Based  
Addiction Treatment (OBAT),  
Mental Health Counselor,  
Medication Management,  
Medication Assisted  
Treatment, Laboratory  
Services Available, Cultural  
Competency Trained,  
Counselor, Addictions/  
Substance Abuse  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

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## Group Psychotherapy Psychologist

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### Charis Institute For Psychological and Family Services

(540) 568-1876  
NPI: 1588733893  
Website: charisinst.org  
Practice Focus: Virtual Care -  
Audio/Visual, Psychology  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## Intellectual and Develop Dis Comm Resid Treatment Facility

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### Foundation For Care LLC

(804) 668-5480

NPI: 1932534864  
License: VA 2312 02 033  
Website:  
www.foundationforcare.net  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Intensive In-  
Home Services, Day  
Treatment, Crisis Stabilization  
(CS), ASAM Level 2.1  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Shands Therapeutic Solutions LLC

(757) 645-5595  
NPI: 1194281063  
License: VA 4022 02 011  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Psychosocial  
Rehabilitation (PSR), Cultural  
Competency Trained,  
Community-Based Treatment,  
Case Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 6:00 AM-5:00 PM  
Tuesday: 6:00 AM-5:00 PM  
Wednesday: 6:00 AM-5:00 PM  
Thursday: 6:00 AM-5:00 PM  
Friday: 6:00 AM-5:00 PM  
Saturday: 6:00 AM-5:00 PM  
Sunday: 6:00 AM-5:00 PM

---

## Marriage And Family Therapist

---

### A Brighter Day Therpay Counseling LLC

(804) 464-8897  
**Jones, Jeremy J LMFT**  
Gender: Male  
NPI: 1730430075  
License: VA 0717001414  
Practice Focus: Virtual Care -  
Audio only, Teletherapy, Post-  
Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression, Family  
Therapy, Faith-based/spiritual,  
Behavioral Health Outpatient,  
Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Abundant Life partners LLC

(757) 603-4603

### McKinley, Jennifer LMFT

Gender: Female  
NPI: 1710299789  
License: VA 0717001518  
Website:  
www.abundantlifepartners.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Family Therapy,  
Cultural Competency Trained,  
Couple Counseling  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Tomasino, Lauren LMFT

Gender: Female  
NPI: 1932456167  
License: VA 0717001340  
Website:  
www.abundantlifepartners.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Marital Therapy,  
Family Therapy, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Beach Therapy and Consulting PLLC

(757) 340-6100

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1326482779

Website:

www.beachtherapyandconsulting.com/

Practice Focus: Virtual Care - Audio/Visual, Trauma -

Focused Cognitive Behavior, Substance Abuse & Alcohol

Abuse Center (Outpatient), Sexual Disorder, Post-

Traumatic Stress Disorder (PTSD), Glomerular Disease,

DBT (Dialectical Behavior Therapy), Cultural

Competency Trained, Bipolar, Anxiety/Depression

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## Bird on a Wire LLC

(804) 413-9037

## Mbuvu, Gwendolyn R LMFT

Gender: Female

NPI: 1174131452

License: VA 0717001725

Website:

birdonawirecounseling.com

Practice Focus: Virtual Care - Audio/Visual, Depression,

Anxiety Disorder

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-6:00 PM

Tuesday: 10:00 AM-6:00 PM

Wednesday: 10:00 AM-6:00 PM

Thursday: 10:00 AM-6:00 PM

Friday: 10:00 AM-5:00 PM

## Boyette, Mary LMFT

(434) 376-2006

Gender: Female

NPI: 1417742560

License: VA 0717002389

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Childsavers

(804) 644-9590

NPI: 1699868448

Website: www.childsavers.org

Practice Focus: Virtual Care - Audio/Visual, Community-

Based Treatment, Behavioral Health Outpatient

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:30 PM

Tuesday: 8:00 AM-7:30 PM

Wednesday: 8:00 AM-7:30 PM

Thursday: 8:00 AM-7:30 PM

Friday: 8:00 AM-7:30 PM

## Family Guidance Centers

(804) 743-0960

### Carter, Michael LMFT

Gender: Male

NPI: 1528539715

License: VA 0717001510

Website:

www.familyguidancecenters.com

Practice Focus: Virtual Care - Audio/Visual, Behavioral

Health Outpatient

Age 2 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM

Tuesday: 10:00 AM-5:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

NPI: 1225192909

Website:

www.familyguidancecenters.com

Practice Focus: Virtual Care - Audio/Visual, Victims of elder

abuse, Veteran's Issues, Stress Management, Solution

Focused Therapy, Sexual

Addictions, Religion Based

Therapy, Post-Traumatic Stress Disorder (PTSD), Post-

Traumatic Stress, Post Partum Depression

Age 2 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM

Tuesday: 10:00 AM-5:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Woodard, Shayla LMFT

Gender: Female  
NPI: 1023622818  
License: VA 0717001915  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Genesis Counseling Center (757) 827-7707

## Debause, Shelby N LMFT

Gender: Female  
NPI: 1932145844  
License: NC 2597  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center

(757) 564-3100  
NPI: 1164451399  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center

(757) 466-3336

## Ritchie, Lovetta LMFT

Gender: Female  
NPI: 1811514995  
License: VA 0717001741  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Spanish  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center

(757) 965-5886

## Stephens, Jonathan LMFT

Gender: Male  
NPI: 1467937730  
License: VA 0717001853  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1540 Breezeport Way  
Ste 500  
Suffolk, VA 23435  
(757) 686-2800  
NPI: 1164451399  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Healing Oasis Therapeutic Counseling LLC

(804) 631-5501

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1548970452  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, Family Therapy, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

**Uzzle, Tamika LMFT**  
Gender: Female  
NPI: 1962110247  
License: VA 0717001960  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, Family Therapy, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

**Hope for Tomorrow Counseling**  
(434) 376-2006

**Boyette, Mary LMFT**  
Gender: Female  
NPI: 1417742560  
License: VA 0717002389  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1033724216  
Website:  
counseling.five18.org/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Innovative Enrichment Services**  
(757) 321-4224

Practice Focus: Behavioral Health Crisis Care (BHCC), Behavioral Health Care Coordination, Bariatric Counseling, Autism Spectrum Disorders, Autism, Adult Serious Mental Illness (SMI), Adult Psychiatry, Adult, Adoption, Adolescents  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Johnson, James LMFT**  
(757) 251-0879  
Gender: Male  
NPI: 1548513807  
License: VA 0717002157  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

**Life Worth Living Counseling Ltd**  
(540) 339-7727

NPI: 1932709615  
Website:  
www.lifeworthlivingcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Vinson, Muriel LMFT**  
Gender: Female  
NPI: 1215402516  
License: CA 152758  
Website:  
www.lifeworthlivingcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

**Light Counseling Inc**  
(888) 808-6050

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1154422764

Website:

[lightcounseling.net/locations/lynchburg-va/](http://lightcounseling.net/locations/lynchburg-va/)

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Divorce Recovery Therapy, Dialectal Behavior Therapy (DBT), Bipolar, Anxiety Disorder, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM

## National Counseling Group Inc

(703) 257-5997

## Shuart, Theresa LMFT

Gender: Female

NPI: 1700844065

License: VA 0717000387

Website:

[www.ncgcommunity.com](http://www.ncgcommunity.com)  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Spresser, Elizabeth LMFT

Gender: Female

NPI: 1598727745

License: VA 0717001107

Website:

[www.ncgcommunity.com](http://www.ncgcommunity.com)  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Starling Medical Group PC

(508) 202-1011

## Gray, Danielle MFT

Gender: Female

NPI: 1659032654

License: TN 1755  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Whedbee, Cara

Gender: Female

NPI: 1093018855

License: TX 200887

Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## The Up Center

(757) 622-7017

## Cook, Courtney LMFT

Gender: Female

NPI: 1568159523

License: VA 0717002035

Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

NPI: 1629158159

Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wellspring of Hope LLC

(804) 887-3062

## Saunders, Mark A PhD

Gender: Male

NPI: 1821736919

License: VA 0717001917

Website:

[wellspringofhopellc.com/contact-us/](http://wellspringofhopellc.com/contact-us/)  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, Family Therapy, Cultural Competency Trained, Couple Counseling  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Mental Health Clinic/Center (Including Comm Mental Health)

### Acacia Health Partners

(804) 395-7463

NPI: 1487383626

Practice Focus: Virtual Care - Audio/Visual, Stress

Management, Cultural

Competency Trained,

Anxiety/Phobic Disorders,

Anxiety/Depression, Anxiety

Disorder, ADHD

Age 13 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

### Accessing Community Service LLC

(804) 982-0130

NPI: 1083373591

License: VA 3691 03 001

Practice Focus: Virtual Care - Audio/Visual, Mental health

skill building, Cultural

Competency Trained,

Community Brief Crisis

Support (CBCS)

Age 18 to 80

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:00 PM

Tuesday: 8:30 AM-5:00 PM

Wednesday: 8:30 AM-5:00 PM

Thursday: 8:30 AM-5:00 PM

Friday: 8:30 AM-5:00 PM

### Benevolent Family Services LLC

(757) 755-3253

NPI: 1730504762

License: VA 03192025

Website: www.bfshelps.com

Practice Focus: Schizophrenia,

Post-Traumatic Stress Disorder

(PTSD), Obsessive-Compulsive

Disorder (OCD), Mobile crisis

response (MCR), Mental health

skill building, Medication

Management, Intensive In-

Home Services, Home Visits,

Group therapy, Depression

Limited Handicap Accessibility

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-6:00 PM

Saturday: 10:00 AM-3:00 PM

### Changing Lives Family Care LLC

(912) 247-9567

NPI: 1487278255

License: VA 4051 05 001

Practice Focus: Schizophrenia,

Personal Care Services - EPSDT,

Mobile Response Stabilization

Support, Mobile Crisis Unit,

Home Visits, HIV/AIDS,

Cultural Diversity, Cultural

Competency Trained, Crisis

Receiving Center, Crisis

Intervention (CI)

Age 5 to 18

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

### Eastern Grove Support LLC

(757) 998-8168

NPI: 1700694320

License: VA 13046 02 019

Practice Focus: Virtual Care -

Audio/Visual, Personality

Disorders, Partial

Hospitalization - Mental

Health, Mood

Disorders/Depression, Anxiety

Disorder

Age 18 to 70

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Empowering You Therapeutic Services LLC** (276) 403-2806

Practice Focus: Virtual Care - Audio/Visual, Schizoaffective Disorder, Psychotic Disorders, Mental health skill building, Intensive In-Home Services, Depression, Conflict Resolution, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **GAP Counseling LLC** (804) 562-0814

Website: [www.gpcinfo.org](http://www.gpcinfo.org)  
Practice Focus: Virtual Care - Audio/Visual, Crisis Stabilization  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 2:00 PM-8:00 PM

## **Gifted Enterprises LLC** (757) 239-7674

NPI: 1417501230  
License: VA 3029  
Website: [www.giftedenterprisesllc.com](http://www.giftedenterprisesllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental health skill building, Home Visits, Community-Based Treatment  
Limited Handicap Accessibility  
Spanish  
Age 18 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-12:00 PM  
Tuesday: 9:00 AM-12:00 PM  
Wednesday: 9:00 AM-12:00 PM  
Thursday: 9:00 AM-12:00 PM  
Friday: 9:00 AM-12:00 PM

## **Guiding Light Family Services LLC** (434) 829-5459

NPI: 1215405832  
License: VA 3155 07 003  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment  
Age 5 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Heart Two Heart Rehab Support Services** (540) 562-8369

License: VA 2697 03 001  
Website: [h2hrss.org/](http://h2hrss.org/)  
Practice Focus: Walk-In Available, Virtual Care - Audio/Visual, Stress Management, Sleep Disorders, Separation Grief and Loss, Schizophrenia, Schizoaffective Disorder, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Personality Disorders  
Age 18 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **High Ground Psychiatry PLLC** (757) 255-8223

NPI: 1982439808  
Website: [www.highgroundpsychiatry.com](http://www.highgroundpsychiatry.com)  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders, Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 2:00 PM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 2:00 PM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## **Milestone LLC** (757) 606-2802

License: VA 2338  
Website: [www.milestoneagencyva.com](http://www.milestoneagencyva.com)  
Practice Focus: Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Intervention (CI), Community-Based Treatment, Behavioral Health Outpatient, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Piedmont United Family Services** (276) 790-3042

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1497472047  
License: VA 5962 01 001  
Website: piedmontunited.org  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Mental health skill building, Intensive Outpatient - Mental Health, Cultural Competency Trained, Community Brief Crisis Support (CBCS)  
Age 4 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Release Wellness (757) 752-9508

NPI: 1700475845  
Website: WWW.RELEASEYOURWELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Dialectical Behavior Therapy (DBT), Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**S M Recovery Center LLC**  
(804) 592-1225  
NPI: 1003645599  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, ASAM Level 2.5 Partial Hospitalization  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Shaping Your Future Psychiatry (757) 528-2850

Website: shapingyourfuturepsych.com/schedule/  
Practice Focus: Virtual Care - Audio/Visual, Residential Crisis Stabilization Unit, Psychiatry, Medication Management, Home Visits  
Limited Handicap Accessibility  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## TNM Mental Health Services

(757) 712-5190  
NPI: 1093279978  
License: VA 3310 07 006  
Website: www.tnmmentalhealthservices.com  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Cultural Competency Trained, Crisis Stabilization, Community-Based Treatment, Adult Serious Mental Illness (SMI)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**TR Consultants LLC**  
1024 Centerbrooke Ln  
Unit 223  
Suffolk, VA 23434  
(757) 276-6016  
NPI: 1457991507  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Treatment Within LLC**  
(804) 216-1533  
NPI: 1437043767  
Practice Focus: Mobile crisis response (MCR)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Western Tidewater Community Services Board (757) 966-2805

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

License: VA 084 07 006  
Website: www.wtcsb.org  
Practice Focus: Substance Abuse & Alcohol Abuse Center (Outpatient), Residential Crisis Stabilization Unit, Mobile crisis response (MCR), Crisis Stabilization, Community Mental Health Center (CMHC), Case Management, Behavioral Health Outpatient, ASAM Level 2.1, (IOP) Intensive Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

1000 Commercial Ln  
Suffolk, VA 23434  
(757) 942-1069

License: VA 084 18 002  
Website: www.wtcsb.org  
Practice Focus: Virtual Care - Audio/Visual, Peer support services, Mobile crisis response (MCR), Day Treatment, Crisis Stabilization (CS), Community Mental Health Center (CMHC), Case Management, Behavioral Health Outpatient, Assertive Community Treatment, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

135 S Saratoga St  
Suffolk, VA 23434  
(757) 935-5160

License: VA 084  
Website: www.wtcsb.org  
Practice Focus: Virtual Care - Audio/Visual, Peer support services, Mental health skill building, Crisis Stabilization (CS), Community Mental Health Center (CMHC), Case Management, Behavioral Health Outpatient, Assertive Community Treatment, ASAM Level 2.1, ASAM Level 1  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

5268 Godwin Blvd  
Suffolk, VA 23434  
(757) 255-7133

License: VA 084  
Website: www.wtcsb.org  
Practice Focus: Psychosocial Rehabilitation (PSR), Peer support services, Mobile crisis response (MCR), Mental health skill building, Crisis Stabilization (CS), Crisis Receiving Center, Community Mental Health Center (CMHC), Behavioral Health Outpatient, ASAM Level 1, 23 hour observation  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

7025 Harbour View Blvd  
Ste 119  
Suffolk, VA 23435  
(757) 966-2805

License: VA 084 07 006  
Website: www.wtcsb.org  
Practice Focus: Substance Abuse & Alcohol Abuse Center (Outpatient), Residential Crisis Stabilization Unit, Mobile crisis response (MCR), Crisis Stabilization, Community Mental Health Center (CMHC), Case Management, Behavioral Health Outpatient, ASAM Level 2.1, (IOP) Intensive Outpatient  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## YOUTH CONNECT OF VIRGINIA

(540) 488-5636  
NPI: 1972093987  
License: VA 3435 07 003  
Website:  
www.WWW.YOUTHCONNECTV  
A.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Therapeutic Day  
Treatment Children, Case  
Management, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Mental Health Counselor

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### A Step to Healing LLC

(757) 359-8144

NPI: 1285351130  
Website:  
asteptohealingllc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy, Post  
-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Mood Disorders/Depression,  
LGBTQ+, Group therapy,  
Behavioral Health Outpatient,  
Anxiety Disorder, ADD/ADHD  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Caddle, Candice LPC

Gender: Female  
NPI: 1962007740  
License: VA 0701010152  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy, Post  
-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Mood Disorders/Depression,  
LGBTQ+, Group therapy,  
Behavioral Health Outpatient,  
Anxiety Disorder, ADD/ADHD  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Anchored Tranquility LLC

(804) 845-2334

NPI: 1942034798  
Website:  
anchoredtranquilitycounselin  
g.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor,  
Grief/Death/Dying,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-12:00 PM

### Antonelli, Amy L LPC

(757) 397-2121  
Gender: Female  
NPI: 1538754114  
License: VA 0701010376  
Practice Focus: Virtual Care -  
Audio/Visual, Sexuality, Post-  
Traumatic Stress Disorder  
(PTSD), Grief/Death/Dying,  
Eating Disorders, Anxiety  
Disorder, Anger Management,  
Addictions/ Substance Abuse  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

### Apple Tree Counseling LLC

(703) 957-9322

NPI: 1114580966  
Website:  
www.appletreecounselingllc.o  
rg  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Autism Spectrum Disorders,  
Anxiety Disorder, Anger  
Management, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Kauble, Michelle S LPC**  
Gender: Female  
NPI: 1275049082  
License: VA 0701007375  
Website:  
www.appletreecounselingllc.o  
rg  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Autism Spectrum Disorders,  
Anxiety Disorder, Anger  
Management, ADHD  
Spanish  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 4:30 PM-9:30 PM  
Wednesday: 1:00 PM-8:00 PM  
Thursday: 12:00 PM-8:00 PM  
Friday: 9:00 AM-5:00 PM

### Associates in Brief Therapy Inc

(540) 772-8043

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1033286794

Website:

www.abtcounseling.com

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Solution

Focused Therapy, Post-

Traumatic Stress Disorder

(PTSD), Motivational

interviewing, Mood Disorders,

Marital Therapy, Depression,

Cognitive/Behavioral Therapy,

Bipolar

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Flack, Ryan LPC**

Gender: Male

NPI: 1568224731

License: VA 0701013243

Website:

www.abtcounseling.com

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Solution

Focused Therapy, Post-

Traumatic Stress Disorder

(PTSD), Motivational

interviewing, Mood Disorders,

Depression,

Cognitive/Behavioral Therapy,

Bipolar, Anxiety Disorder

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-12:30 PM

**Mortellaro, David L LPC**

Gender: Male

NPI: 1851375836

License: VA 0717000603

Website:

www.abtcounseling.com

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Post-Traumatic

Stress Disorder (PTSD),

Motivational interviewing,

Mood Disorders, Marital

Therapy, Depression,

Cognitive/Behavioral Therapy,

Bipolar, Anxiety Disorder

Dutch

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-12:30 PM

**Backpack Medical Group  
PC**

(866) 968-6342

NPI: 1851177570

Website: hellobackpack.com

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Cognitive/Behavioral Therapy

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Coleman, Hannah**

Gender: Female

NPI: 1972118412

License: VA 0704017939

Website: hellobackpack.com

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Cognitive/Behavioral Therapy

Age 4 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

Saturday: 8:00 AM-12:00 PM

Sunday: 8:00 AM-12:00 PM

**Olson, Jane\***

Gender: Female

NPI: 1821980913

License: VA 0704018257

Website: hellobackpack.com

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Cognitive/Behavioral Therapy

Age 4 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

Saturday: 8:00 AM-12:00 PM

Sunday: 8:00 AM-12:00 PM

**Be Bold Therapeutic  
Services LLC**

(757) 663-2989

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1558105718

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, Religion Based Therapy, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Marital Therapy, General Mental Health, Family Therapy Limited Handicap Accessibility Handicap Accessible: Building, Parking, Restroom Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

**Quinn-Samuel, Cathy LPC**

Gender: Female

NPI: 1124512736

License: VA 0701007596

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, Religion Based Therapy, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Marital Therapy, General Mental Health, Family Therapy Limited Handicap Accessibility Age 5 and up Handicap Accessible: Building, Parking, Restroom Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

**Blatt, Evan I LPC**

(804) 409-9445

Gender: Male

NPI: 1184440349

License: VA 0701014174

Practice Focus: Women, Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Solution Focused Therapy, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Men, General Mental Health, Domestic Violence Age 6 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-7:00 PM

Tuesday: 9:00 AM-7:00 PM

Wednesday: 9:00 AM-7:00 PM

Thursday: 9:00 AM-7:00 PM

Friday: 9:00 AM-7:00 PM

**Body and Mindfully Healthy**

(276) 601-2749

NPI: 1952987034

Website:

www.bodyandmindfullyhealth y.com

Practice Focus: Youth

Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Victims of elder abuse, Victims of domestic violence, Victim Awareness, Veteran's Issues, Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Doan, Chauncy LPC**

Gender: Male

NPI: 1134953672

License: VA 0701013906

Website:

www.bodyandmindfullyhealth y.com

Practice Focus: Youth

Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Victims of elder abuse, Victims of domestic violence, Victim Awareness, Veteran's Issues, Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior

Age 3 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

**Brave Health Medical Group PA**

(305) 902-6347

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Perez Ritter, Massiel M LMHC**

Gender: Female  
NPI: 1821553652  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **C.A.R.E. LLC**

(757) 613-0192

## **Blow-Wilson, Phillis D LCSW**

Gender: Female  
NPI: 1215223805  
License: VA 0904005150  
Practice Focus: Post-Traumatic  
Stress Disorder (PTSD),  
Personality Disorders, Mood  
Disorders/Depression,  
Intensive In-Home Services,  
Intellectual Development  
Disabilities (IDD), Home Visits,  
Disabilities -  
Developmental/MR, Cultural  
Competency Trained,  
Child/Adolescent Substance  
users, Anxiety Disorder  
Age 5 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Wallace, Quanesha LPC**

Gender: Female  
NPI: 1447953435  
License: VA 0701012747  
Practice Focus: Post-Traumatic  
Stress Disorder (PTSD),  
Personality Disorders, Mood  
Disorders/Depression,  
Intensive In-Home Services,  
Intellectual Development  
Disabilities (IDD), Home Visits,  
Disabilities -  
Developmental/MR, Cultural  
Competency Trained,  
Child/Adolescent Substance  
users, Anxiety Disorder  
Age 5 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Central Virginias Preferred Providers**

(804) 330-6441  
NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **HYPE Counseling Services**

Gender: Female  
NPI: 1154905958  
License: VA 0701010298  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Ingram, Keshia LPC**

Gender: Female  
NPI: 1043824675  
License: VA 0701009950  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Hindi  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Roney, Lakesha LPC**

Gender: Female  
NPI: 1184895484  
License: VA 0701003863  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Wimbush, Terri LPC**

Gender: Female  
NPI: 1144802455  
License: VA 0701010239  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **CERVELLO-WELLNESS**

(301) 392-7120

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **BELTON, LEEANNA**

Gender: Female  
NPI: 1609069426  
License: VA 0904011576  
Website: CERVELLO-  
WELLNESS.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1083239255  
Website: CERVELLO-  
WELLNESS.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Changing Lives  
Therapeutic Service**  
(980) 833-1121

## **Charnell, Brown LPC**

Gender: Female  
NPI: 1154943389  
License: NC 16752  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care -  
Audio only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM  
**Dillard, Shadrickah LCSW**  
Gender: Female  
NPI: 1396367322  
License: VA 0904017991  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care -  
Audio only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## **Mclean, Talaya LPC**

Gender: Female  
NPI: 1922582998  
License: VA 0701009159  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM  
**Wells, Bernardine LPC**  
Gender: Female  
NPI: 1467175125  
License: VA 0701011809  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care -  
Audio only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

**CHAT Behavioral Health  
Services**  
(757) 436-5601

NPI: 1467949024  
Website: www.chatbhs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Psychotic Disorders, Mood  
Disorders, Cultural  
Competency Trained,  
Addictions/ Substance Abuse  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM  
**Nwogburu, Chinedu LPC**  
Gender: Female  
NPI: 1891982013  
Website: www.chatbhs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Psychotic Disorders, Mood  
Disorders, Cultural  
Competency Trained,  
Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Williams, Shenita LPC**

Gender: Female  
NPI: 1417533753  
License: VA 0701009957  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## **Zacarias, Agnes LPC**

Gender: Female  
NPI: 1972724482  
License: VA 0906015562  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Addictions/ Substance Abuse  
Spanish  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## **Chesapeake Counseling Associates PC**

(804) 695-2557  
NPI: 1407069230  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, General Mental Health, Family Therapy, Domestic Violence, Developmental/Behavioral Issues, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Geyer, Emily C LPC**

Gender: Female  
NPI: 1235965211  
License: VA 0701013671  
Website: www.chesapeake-counseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, General Mental Health, Family Therapy, Domestic Violence, Developmental/Behavioral Issues, Depression  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lawrence, Michelle R LPC**

Gender: Female  
NPI: 1659808350  
License: VA 0701007115  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## **Leffel, Katherine LPC**

Gender: Female  
NPI: 1568944429  
License: VA 0718000477  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## **McCarthy, Sarah LPC**

Gender: Female  
NPI: 1013782051  
License: VA 0701013135  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## **Peay, Jessica LPC**

Gender: Female  
NPI: 1710426242  
License: VA 0701006992  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Pritchett, Jennifer M LPC**

Gender: Female  
NPI: 1962596247  
License: VA 0710001290  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## **Childsavers**

(804) 644-9590  
NPI: 1699868448  
Website: www.childsavers.org  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

## **CHRISTIAN, FRANCES M**

**LCSW**  
(804) 355-9322

Gender: Female  
NPI: 1275563025  
License: VA 0904000047  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Clinical Associates of Tidewater**

(757) 877-7700  
NPI: 1447341615  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **PARRAMORE, JILL LPC**

Gender: Female  
NPI: 1477033561  
License: VA 0710103177  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **PARSONS, AMY LPC**

Gender: Female  
NPI: 1861297608  
License: VA 0701014517  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Coastal Medical and Psychiatric Services**

(757) 310-6900

NPI: 1134460132  
Website: cmppsva.com/  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry & Neurology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Williams, Karis MC**

Gender: Female  
NPI: 1477380111  
License: VA 0701011770  
Website: cmppsva.com/  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry & Neurology  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## **Confidant Providers LLC**

(203) 747-8696

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Meeker, Ashley LPC

Gender: Female  
NPI: 1083032213  
License: NC 10723  
Website: [confidanthealth.com](http://confidanthealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Grief/Death/Dying, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Counsel Connect

(804) 898-3800  
NPI: 1407312820  
Website: [www.counselconnectllc.com](http://www.counselconnectllc.com)  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1407312820  
Website: [www.counselconnectllc.com](http://www.counselconnectllc.com)  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hurt, Halle D LPC

Gender: Female  
NPI: 1811745953  
License: VA 0701013571  
Website: [www.counselconnectllc.com](http://www.counselconnectllc.com)  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## Dougan and Walden

**Wellness PLLC**  
(804) 893-5555

NPI: 1396259602  
Website: [www.dwellness.org](http://www.dwellness.org)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Morrell, Jessica LPC

Gender: Female  
NPI: 1407601065  
License: VA 0701013770  
Website: [www.dwellness.org](http://www.dwellness.org)  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## Every Age Every Stage LLC

(804) 562-7117

## Robinson, Gayla LPC

Gender: Female  
NPI: 1114789054  
License: VA 0701013040  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Focus Inc

(804) 261-2090  
Website: [www.familyfocusinc.com](http://www.familyfocusinc.com)  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Frederick, Katie LPC

Gender: Female  
NPI: 1891492054  
License: VA 0701012342  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care -  
Audio only, Behavioral Health  
Outpatient  
Age 4 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Guidance Centers

(804) 743-0960

## Gamble, Janae LMFT

Gender: Female  
NPI: 1992351167  
License: VA 0717001566  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Footsteps Counseling Center

(804) 715-3215

NPI: 1669556585  
Website:  
www.footstepscounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Strengthening Families,  
Solution Focused Therapy,  
Sexual/Physical Abuse Child,  
Separation Grief and Loss, Post  
-Traumatic Stress Disorder  
(PTSD), Play Therapy,  
Obsessive-Compulsive  
Disorder (OCD), Family Therapy  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-1:00 PM

## Thomas, Brandy LPC

Gender: Female  
NPI: 1851915300  
License: VA 0701009436  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Strengthening  
Families, Sexual/Physical  
Abuse Child, Separation Grief  
and Loss, Play Therapy, Family  
Therapy, Faith-based/spiritual,  
Developmental/Behavioral  
Issues, Cultural Competency  
Trained, Child Parent  
Psychotherapy  
Limited Handicap Accessibility  
Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 PM-5:00 PM  
Tuesday: 12:00 PM-5:00 PM  
Wednesday: 12:00 PM-5:00 PM  
Thursday: 12:00 PM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## From Start 2 Finish Counseling Services Inc

(434) 634-0060

## Scott, Sherdale LPC

Gender: Female  
NPI: 1437918539  
License: VA 0701013522  
Website: www.fs2finc.org  
Practice Focus: Virtual Care -  
Audio/Visual, Mobile crisis  
response (MCR), Mental health  
skill building, Intensive In-  
Home Services, General  
Mental Health, Cultural  
Competency Trained, Crisis  
Stabilization (CS), Crisis  
Intervention (CI), Child  
Psychiatry, Behavioral Health  
Outpatient  
Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-3:00 PM

## FROM THE DESK OF DR YANCEY LLC

4897 Bennetts Pasture Rd  
Unit 5354  
Suffolk, VA 23435  
(888) 666-2475

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1619527645  
Website:  
fromthedeskofdryancey.com/  
Practice Focus: Psychiatry,  
Mental Health Counselor,  
Counselor, Behavioral Health  
Outpatient, Behavioral Health  
Care Coordination  
Age 12 and up  
Handicap Services available  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## **GAP Counseling LLC**

(804) 562-0814

### **Spears, Nickolas J LPC**

Gender: Male  
NPI: 1497479463  
License: VA 0701011855  
Website: www.gpcinfo.org  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Marital Therapy,  
Group therapy,  
Grief/Death/Dying, Divorce  
Recovery Therapy, Couple  
Counseling, Counselor,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 2:00 PM-8:00 PM

## **Genesis Counseling Center**

1540 Breezeport Way  
Ste 500  
Suffolk, VA 23435  
(757) 686-2800  
NPI: 1164451399  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gentle Waters PLLC**

(540) 692-0225  
NPI: 1639906530  
Website:  
psychologytoday.com  
Practice Focus: Virtual Care -  
Audio/Visual, Obsessive-  
Compulsive Disorder (OCD),  
Mood Disorders, Mental Health  
Counselor, Cultural  
Competency Trained, Anxiety  
Disorder, Addictions/  
Substance Abuse  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-4:00 PM

## **Quinney, Deveney E LPC**

Gender: Female  
NPI: 1831944271  
License: VA 0701013480  
Website:  
psychologytoday.com  
Practice Focus: Virtual Care -  
Audio/Visual, Obsessive-  
Compulsive Disorder (OCD),  
Mood Disorders, Mental Health  
Counselor, Cultural  
Competency Trained, Anxiety  
Disorder, Addictions/  
Substance Abuse  
Limited Handicap Accessibility  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-4:00 PM

## **Guiding Storms Counseling LLC**

(757) 951-3095

Practice Focus: Virtual Care -  
Audio/Visual, Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Post  
-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Peer support services,  
Multidimensional Family  
Therapy, Marital Therapy,  
LGBTQ+, Family Therapy, Faith-  
based/spiritual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Hughens, Pamela S LPC\***  
Gender: Female  
NPI: 1346984572  
License: VA 0701011509  
Practice Focus: Virtual Care -  
Audio/Visual, Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Post  
-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Peer support services,  
Multidimensional Family  
Therapy, Marital Therapy,  
LGBTQ+, Family Therapy, Faith-  
based/spiritual  
Age 15 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-1:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

**Happy New Day LLC**  
(804) 307-9520

**Freeman, Ginger LPC**

Gender: Female

NPI: 1326542671

License: VA 0701007513

Website:

www.happynewdayllc.com

Practice Focus: Virtual Care -

Audio/Visual, Intensive In-Home Services, Home Visits, Community-Based Treatment, Community Resource Services, Anxiety/Depression

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-2:00 PM

Tuesday: 10:00 AM-2:00 PM

Wednesday: 10:00 AM-2:00 PM

Thursday: 10:00 AM-2:00 PM

Friday: 10:00 AM-2:00 PM

Website:

www.happynewdayllc.com

Practice Focus: Virtual Care -

Audio/Visual, Intensive In-Home Services, Home Visits, Community-Based Treatment, Community Resource Services, Anxiety/Depression

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Hayden, Erika E PC**

(540) 788-2957

Gender: Female

NPI: 1104265941

License: VA 0701005455

Practice Focus: Virtual Care -

Audio/Visual, Psychotherapy, Cultural Competency Trained Age 13 to 80

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Hope for Tomorrow Counseling**

(434) 376-2006

NPI: 1033724216

Website:

counseling.five18.org/

Practice Focus: Virtual Care -

Audio/Visual, Grief/Death/Dying, Faith-based/spiritual, Depression, Counselor, Behavioral Health Outpatient, Anxiety Disorder, Anger Management, Adjustment Disorders, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**HopeSpring Child Family Clinic LLC**

(703) 259-5617

NPI: 1689031122

Website:

hopespringchildandfamily.com/

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD),

Community-Based Treatment, Cognitive/Behavioral Therapy, Anxiety/Depression, Anger Management, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

**Its Okay to Not Be Okay Counseling**

(757) 992-8910

NPI: 1861118440

Website:

itsokaytonotbeokaycounseling.com/

Practice Focus: Women, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Solution Focused Therapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Mental Health Counselor, Men

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Sharpe, Katherine LMHC**

Gender: Female

NPI: 1336965672

License: VA 0704017526

Website:

itsokaytonotbeokaycounseling.com/

Practice Focus: Mood Disorders, Mental Health Counselor, Depression

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Thomas, Hannah A LMHC**

Gender: Female

NPI: 1023885712

License: VA 0704016329

Website:

itsokaytonotbeokaycounseling.com/

Practice Focus: Women, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Solution Focused Therapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Men, Infertility

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Woodard, Johniece LMHC

Gender: Female  
NPI: 1689486599  
License: VA 0704017736  
Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Virtual Care - Audio/Visual, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Mental health skill building, Infertility, Grief/Death/Dying  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

318 Baron Blvd  
Suffolk, VA 23435  
(757) 992-8910

NPI: 1861118440  
Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Solution Focused Therapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Mental Health Counselor, Men  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sharpe, Katherine LMHC

Gender: Female  
NPI: 1336965672  
License: VA 0704017526  
Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Mood Disorders, Mental Health Counselor, Depression  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thomas, Hannah A LMHC

Gender: Female  
NPI: 1023885712  
License: VA 0704016329  
Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Solution Focused Therapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Men, Infertility  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Woodard, Johniece LMHC

Gender: Female  
NPI: 1689486599  
License: VA 0704017736  
Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Virtual Care - Audio/Visual, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Mental health skill building, Infertility, Grief/Death/Dying  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jamison, Tia A LCSW

(276) 790-3042  
Gender: Female  
NPI: 1598401655  
License: VA 0904013945  
Website:  
www.piedmontunited.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Therapeutic Day Treatment Children, School Based Provider, Mobile Crisis Unit, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Cultural Competency Trained, Crisis Stabilization (CS)  
Spanish  
Age 5 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Jordan Bridge Counseling Services, LLC

132 Bank St  
Suffolk, VA 23434  
(757) 504-9528

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1164175832

Website:

www.jordanbridgecs.com

Practice Focus: Intensive  
Outpatient - Mental Health  
Handicap Services available  
Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-3:00 PM

## Journey Thru Counseling & Wellness

(540) 493-7696

NPI: 1952001166

Website:

www.journeythrucounselingandwellness.com

Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Family Therapy, Depression,  
Both Male and Female,  
Behavioral Health Outpatient,  
Anxiety Disorder

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## Journey to Peace LLC

(434) 210-8264

## Logan, Tonna LPC\*

Gender: Female

NPI: 1003425422

License: VA 0701013802

Age 13 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-5:00 PM

## Journey to Wellness

(703) 957-8681

## Costen-Sumpter, Jordan LCSW

Gender: Male

NPI: 1669286886

License: VA 0904017882

Website:

www.journeytowellnessvirginia.com

Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Bipolar,  
Anxiety/Depression,  
ADD/ADHD

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 11:00 AM-7:00 PM

Tuesday: 11:00 AM-7:00 PM

Wednesday: 11:00 AM-7:00 PM

Thursday: 11:00 AM-7:00 PM

Friday: 11:00 AM-4:00 PM

Saturday: 9:00 AM-1:00 PM

## Hamilton, Denisha LCSW

Gender: Female

NPI: 1861792194

License: VA 0904008211

Website:

www.journeytowellnessvirginia.com

Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Bipolar,  
Anxiety/Depression,  
ADD/ADHD

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 11:00 AM-7:00 PM

Tuesday: 11:00 AM-7:00 PM

Wednesday: 11:00 AM-7:00 PM

Thursday: 11:00 AM-7:00 PM

Friday: 11:00 AM-4:00 PM

Saturday: 9:00 AM-1:00 PM

## Life Worth Living Counseling Ltd

(540) 339-7727

## Newcomb, Emily LPC

Gender: Female

NPI: 1629813266

License: VA 0701013699

Website:

www.lifeworthlivingcounseling.com

Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient  
Age 18 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 8:00 AM-8:00 PM

Sunday: 8:00 AM-8:00 PM

## Loudoun Counseling Coaching LLC

(571) 375-0668

NPI: 1134642044

Practice Focus: Virtual Care -  
Audio/Visual

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 10:00 AM-9:00 PM

Tuesday: 10:00 AM-9:00 PM

Wednesday: 10:00 AM-9:00 PM

Thursday: 10:00 AM-9:00 PM

Friday: 10:00 AM-9:00 PM

Saturday: 9:00 AM-12:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## MADISON ENTERPRISES INC

114 N Main St  
Ste 102A  
Suffolk, VA 23434  
(757) 921-2762  
NPI: 1558881128  
Practice Focus: Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Anxiety/Depression, ADD/ADHD  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Madison, Angello LPC

Gender: Female  
NPI: 1760638043  
License: VA 0701007132  
Practice Focus: Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Anxiety/Depression, ADD/ADHD  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## McLean, Talaya LPC

(980) 833-1121

Gender: Female  
NPI: 1922582998  
License: VA 0701009159  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## Mental Health Advocates LLC

(866) 642-4682  
NPI: 1629804315  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Mental Health Resolutions LLC

(757) 310-6150

## Pluim, Heather LPC

Gender: Female  
NPI: 1487352340  
License: VA 0701013182  
Website: www.mhr-llc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Home Visits, Child Oppositional Defiant, Anxiety/Depression, Anxiety Disorder, ADHD  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Mind Play LLC

(540) 216-2285

## Kirkpatrick, Mary E LPC

Gender: Female  
NPI: 1366076952  
License: VA 0701009782  
Website: www.mindplay-va.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Play Therapy, LGBTQ+, Group therapy, Geriatric, Autism Spectrum Disorders, Anxiety/Depression, Adult, Adolescents  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-8:00 PM  
Tuesday: 2:00 PM-8:00 PM  
Wednesday: 2:00 PM-8:00 PM  
Thursday: 2:00 PM-8:00 PM  
Friday: 2:00 PM-8:00 PM  
Saturday: 10:00 AM-3:00 PM

## National Counseling Group Inc

(276) 226-2828

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Mitchell, Shelby LPC

Gender: Female  
NPI: 1336914761  
License: ID LCPC 10529  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment,  
Behavioral Health Multi-  
Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(703) 257-5997

## Stewardson, Laurel LPC

Gender: Female  
NPI: 1437936002  
License: VA 0701012842  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Neuropsych Wellness Center Pc

(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Counselor  
Age 13 to 85  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## New Perspective Christian Counseling LLC

(804) 913-3773  
NPI: 1700414976  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM

## Sanders, Natalie LCSW

Gender: Female  
NPI: 1053848507  
License: VA 0904009645  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM

## New Therapist LLC

(757) 285-1775  
NPI: 1720868425  
Website: newtherapistllc.com/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Anxiety/Depression, Anxiety  
Disorder, Adult Serious Mental  
Illness (SMI)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Washington, Nailah LPC

Gender: Female  
NPI: 1982319273  
License: VA 0701012774  
Website: newtherapistllc.com/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Anxiety/Depression, Anxiety  
Disorder, Adult Serious Mental  
Illness (SMI)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## P4P Behavior Healthcare

(757) 336-8356

## Vazquez, Rhanada R LPC

Gender: Female  
NPI: 1144805631  
License: VA 0701011980  
Website:  
www.prepping4perfection.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Behavioral Health Outpatient  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Parker, Jordan LPC**

(757) 251-0879  
Gender: Male  
NPI: 1851104582  
License: VA 0701014455  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## **Phases Therapy Inc**

(804) 220-0433  
NPI: 1750059044  
Website: phases-therapy.com/  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Thomson, Natalie LPC**

Gender: Female  
NPI: 1225771033  
License: VA 0701014058  
Website: phases-therapy.com/  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Cultural Competency Trained  
French  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Veloza, Brooke LPC**

Gender: Female  
NPI: 1033829379  
Website: phases-therapy.com/  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Cultural Competency Trained  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Providence Psychological Services Inc**

129 N Saratoga St  
Ste 1  
Suffolk, VA 23434  
(757) 539-5353  
NPI: 1487090429  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quality of Life Family Services LLC**

(757) 657-1140  
NPI: 1659050136  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Schizophrenia, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, Marital Therapy  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Reese, Kenisha LCSW**

Gender: Female  
NPI: 1073220778  
License: VA 0904014847  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Schizophrenia, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, Marital Therapy  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Quarternote Counseling LLC**

(703) 479-2947

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Website:  
www.QuarternoteCounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, DID/MPD, Depression, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Rood, Wendy F LPC**  
Gender: Female  
NPI: 1588498745  
License: VA 0701013931  
Website:  
www.QuarternoteCounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, DID/MPD, Depression, Counselor  
Age 18 to 60  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Redemption Counseling Services Incorporated**  
(434) 489-9917  
NPI: 1720719206  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Crisis Intervention (CI), Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

**Terry-Reid, Denease LPC**  
Gender: Female  
NPI: 1538646138  
License: VA 0701007604  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Crisis Intervention (CI), Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

**Refuel Life Trauma Center LLC**  
(757) 453-4110

**Murphy, Patrice D LPC**  
Gender: Female  
NPI: 1629719786  
License: VA 0701013028  
Website:  
traumacenterva.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Cultural Competency Trained, Anxiety/Depression  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Region Ten Community Services Board**  
(434) 972-1800  
**Armstrong, Crystal LPC**  
Gender: Female  
NPI: 1962929380  
License: VA 0701007234  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Campbell, Tracy LPC**

Gender: Female  
NPI: 1467261974  
License: VA 0031011759  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Godfrey, Caitlin LPC**

Gender: Female  
NPI: 1730762295  
License: VA 0701010226  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Hope, Stephanie LPC**

Gender: Female  
NPI: 1629714324  
License: VA 0701011400  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Release Wellness**

(757) 752-9508

## **IMANI, D M LPC**

Gender: Female  
NPI: 1225766389  
License: VA 0701014034  
Website:  
WWW.RELEASEYOURWELLNES  
S.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Solution Focused  
Therapy, Post-Traumatic Stress  
Disorder (PTSD), Dialectal  
Behavior Therapy (DBT),  
Depression,  
Cognitive/Behavioral Therapy,  
Anxiety Disorder, Anger  
Management, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

NPI: 1700475845

Website:  
WWW.RELEASEYOURWELLNES  
S.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Solution Focused  
Therapy, Post-Traumatic Stress  
Disorder (PTSD), Dialectal  
Behavior Therapy (DBT),  
Depression,  
Cognitive/Behavioral Therapy,  
Anxiety Disorder, Anger  
Management, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Renewed Peace and  
Healing Therapy Inc**  
(804) 410-1483

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1265189252  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Couple Counseling, Cognitive/Behavioral Therapy, Child/ Pediatric, Child Oppositional Defiant, Child Abuse/Neglect, Bipolar, Bereavement, Anxiety/Phobic Disorders  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

**Renewing Minds  
Counseling Center**  
(757) 509-5007

**Beard, Charles A LPC**  
Gender: Male  
NPI: 1528727443  
Website:  
www.renewingminds365.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, Learning Disabilities, Group therapy, Family Therapy, Faith-based/spiritual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Johnson, Rosa M LPC**  
Gender: Female  
NPI: 1689222952  
License: DE PC 0011173  
Website:  
www.renewingminds365.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, Learning Disabilities, Group therapy, Family Therapy, Faith-based/spiritual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1093201758  
Website:  
www.renewingminds365.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, Learning Disabilities, Group therapy, Family Therapy, Faith-based/spiritual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Resilience Counseling  
Social Skills Center**  
(540) 699-0226

**Bohannon, Donald L LPC**  
Gender: Male  
NPI: 1497274534  
License: VA 0701007233  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Bonanca, Kristina LPC**

Gender: Female  
NPI: 1104350610  
License: VA 0701006929  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Chavez, Taisha LPC**

Gender: Female  
NPI: 1891410478  
License: VA 0701010010  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health, Dissociative disorder  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cohen, Emma LPC**

Gender: Female  
NPI: 1275222705  
License: VA 0701012340  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dembrowski, Rachael LPC**

Gender: Female  
NPI: 1326802760  
License: VA 0701013282  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Dimmick, Ashlyn LPC

Gender: Female  
NPI: 1467084285  
License: VA 0701009086  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Dix, Sarah LPC

Gender: Female  
NPI: 1538814918  
License: VA 0701011026  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Kiley, Katelyn LPC

Gender: Female  
NPI: 1104410083  
License: VA 0701009710  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## McGowan, Andrea LPC

Gender: Female  
NPI: 1730581802  
License: VA 0701008422  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1245724707

Website:

[www.resiliencecounseling.com](http://www.resiliencecounseling.com)

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood

Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## ReVive Behavioral Health

(804) 653-7009

NPI: 1942055504

Website: [www.revive-bh-services.com](http://www.revive-bh-services.com)

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Rivers of Hope Counseling Center LLC

(855) 326-4673

## Dockett, Charmaine R LPC

Gender: Female

NPI: 1780285189

License: TX 86663

Website:

[www.riversofhopecounseling.com](http://www.riversofhopecounseling.com)

Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Trauma Informed Care Trained,

Grief/Death/Dying, Faith-based/spiritual, Depression, Couple Counseling, Counselor, Anxiety/Depression,

Addictions/ Substance Abuse Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

Saturday: 9:00 AM-4:00 PM

## Garrett, Jenay LPC

Gender: Female

NPI: 1558860585

License: VA 0701007401

Website:

[www.riversofhopecounseling.com](http://www.riversofhopecounseling.com)

Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Counselor

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

Saturday: 9:00 AM-4:00 PM

## Roots and Wings Connections Family Counseling

(757) 758-3042

## Glen, Yvonne LPC

Gender: Female

NPI: 1710716618

License: VA 0701013900

Website:

[rootsandwingsconnections.com/contact/](http://rootsandwingsconnections.com/contact/)

Practice Focus: Stress Management, Sexual Disorder, Separation Grief and Loss, Post-Traumatic Stress Disorder

(PTSD), Eating Disorders, Divorce Recovery Therapy, Depression, Crisis Intervention

(CI), Anxiety Disorder, Anger Management

Age 13 to 60

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## Grant, Amy LPC

Gender: Female

NPI: 1437452810

License: VA 0701004717

Website:

[rootsandwingsconnections.com/contact/](http://rootsandwingsconnections.com/contact/)

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexual Disorder, Separation Grief and Loss, Post-Traumatic Stress Disorder

(PTSD), Eating Disorders, Divorce Recovery Therapy, Depression, Crisis Intervention

(CI), Anxiety Disorder

Age 13 to 60

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Hernandez, Kevin LPC

Gender: Male  
NPI: 1982410510  
License: VA 0701014330  
Website:  
rootsandwingsconnections.com/contact/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexual Disorder, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Eating Disorders, Divorce Recovery Therapy, Depression, Crisis Intervention (CI), Anxiety Disorder  
Age 13 to 60  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Jones, Amber LPC

Gender: Female  
NPI: 1922689918  
License: VA 0701010410  
Website:  
rootsandwingsconnections.com/contact/  
Practice Focus: Virtual Care - Audio/Visual, Sexual Disorder, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Eating Disorders, Divorce Recovery Therapy, Depression, Crisis Stabilization, Anxiety Disorder, Anger Management  
Age 13 to 60  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Orrison, Elizabeth LPC

Gender: Female  
NPI: 1376273292  
License: VA 0701011559  
Website:  
rootsandwingsconnections.com/contact/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexual Disorder, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Eating Disorders, Divorce Recovery Therapy, Depression, Crisis Intervention (CI), Anxiety Disorder  
Age 13 to 60  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

NPI: 1255098232

Website:  
rootsandwingsconnections.com/contact/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexual Disorder, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Eating Disorders, Divorce Recovery Therapy, Depression, Crisis Stabilization, Crisis Intervention (CI)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Wilkinson, Michael LPC

Gender: Male  
NPI: 1265141402  
License: VA 0701012063  
Website:  
rootsandwingsconnections.com/contact/  
Practice Focus: Virtual Care - Audio/Visual, Sexual Disorder, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Eating Disorders, Divorce Recovery Therapy, Depression, Crisis Intervention (CI), Anxiety Disorder, Anger Management  
Age 13 to 60  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## RVA Counseling (804) 716-0428

NPI: 1407492895  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Depression, Anxiety/Depression, Adult, Adoption, Adolescents  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Safehaven Empowerment Wellness LLC

(757) 814-9069  
NPI: 1427813740  
Practice Focus: Adult Psychiatry, Adolescent Psychiatry  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SaVida Health PC (833) 356-4080

NPI: 1548739170  
Website: [savidahaalth.com](http://savidahaalth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Smith, Robin LPC

Gender: Female  
NPI: 1962081547  
License: VA 0701010499  
Website: [savidahaalth.com](http://savidahaalth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Silver Linings Therapy (757) 231-5434

## Briggs, Staci E Med

Gender: Female  
NPI: 1790387017  
License: VA 0701010734  
Website:  
[www.silverliningstherapyllc.com](http://www.silverliningstherapyllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1376386821  
Website:  
[www.silverliningstherapyllc.com](http://www.silverliningstherapyllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Solution Focused Counseling Group (757) 232-3542

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Little Suggs, Laura LPC

Gender: Female  
NPI: 1750012126  
License: VA 0701011561  
Practice Focus: Mental Health Counselor, Home Visits, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-1:00 PM  
Tuesday: 9:00 AM-1:00 PM  
Wednesday: 9:00 AM-1:00 PM  
Thursday: 9:00 AM-1:00 PM  
Friday: 9:00 AM-1:00 PM

## Marie Hendriex, Anjinaï LPC

Gender: Female  
NPI: 1417677980  
License: VA 0701011432  
Practice Focus: Mental Health Counselor, Home Visits, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-1:00 PM  
Tuesday: 9:00 AM-1:00 PM  
Wednesday: 9:00 AM-1:00 PM  
Thursday: 9:00 AM-1:00 PM  
Friday: 9:00 AM-1:00 PM

## Nicole Norfleet, Kimberly LPC

Gender: Female  
NPI: 1477169977  
License: VA 0701009945  
Practice Focus: Mental Health Counselor, Home Visits, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-1:00 PM  
Tuesday: 9:00 AM-1:00 PM  
Wednesday: 9:00 AM-1:00 PM  
Thursday: 9:00 AM-1:00 PM  
Friday: 9:00 AM-1:00 PM  
NPI: 1821763764

Practice Focus: Mental Health Counselor, Home Visits, Cultural Competency Trained, Behavioral Health Service Organization (BHSO)  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-1:00 PM  
Tuesday: 9:00 AM-1:00 PM  
Wednesday: 9:00 AM-1:00 PM  
Thursday: 9:00 AM-1:00 PM  
Friday: 9:00 AM-5:00 PM

## Sotilleo, Shanelle R LPC (406) 361-3146

Gender: Female  
NPI: 1871169649  
License: MD LC12607  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP)  
Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## SOUTHWEST REGIONAL COUNSELING SERVICES INC

(276) 883-5050  
NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Starling Medical Group PC (508) 202-1011

## Coriolan, Melanie LPC

Gender: Female  
NPI: 1174368013  
License: SC 10987  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Engelhorn, Elizabeth C PC

Gender: Female  
NPI: 1285838102  
License: VA 0701005805  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Klebanov, Rachel LPC\***

Gender: Female  
NPI: 1619500840  
License: MD LC12885  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Rosa, Frances MHC**

Gender: Female  
NPI: 1518360312  
License: VA 0701008237  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Whitfield, Jennifer LMHC**

Gender: Female  
NPI: 1053755603  
License: VA 0701013013  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Tandem Counseling and Consulting LLC**

(540) 348-4700  
**Swain, Lakeisha LPC**  
Gender: Female  
NPI: 1437648318  
Website: tandembehavioralva.com/about  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1467117143

Website: tandembehavioralva.com/about  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **The Empowerment Center LLC**

(757) 956-1533  
Practice Focus: Psychosocial Rehabilitation (PSR), Mental health skill building, In-Home Support Services, Cultural Competency Trained, Community-Based Treatment  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **The Next Step Therapeutic**

(757) 819-6958

Practice Focus: Teletherapy, Mental Health Counselor, Intensive In-Home Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **The PHOCCUS Health Company**

(804) 613-0760  
NPI: 1447016951  
Age 5 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## **The Up Center**

(757) 622-7017

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Green, Tania LPC

Gender: Female  
NPI: 1578171096  
License: VA 0701014028  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse

Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Morales, Angely LPC

Gender: Female  
NPI: 1316325434  
License: VA 0701010544  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse

Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

NPI: 1629158159

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, Anger Management  
Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Varatharaj, Ann LPC

Gender: Female  
NPI: 1053086918  
License: VA 0701014044  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse

Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

109 1/2 Clay St  
Suffolk, VA 23434  
(757) 965-8622

## Calletto, Catherine M LPC

Gender: Female  
NPI: 1528573565  
License: VA 0701007410  
*Established patients only*  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train

Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-7:00 PM  
Saturday: 8:30 AM-4:00 PM

109 1/2 Clay St  
Suffolk, VA 23434  
(757) 965-8663  
NPI: 1629158159  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train

Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

109 Clay St  
Suffolk, VA 23434  
(757) 622-7017

## Bologna, Julie LPC

Gender: Female  
NPI: 1770392631  
License: VA 0701014312  
Practice Focus: Stress Management, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Third Space Therapy PLLC

(833) 244-4878

## Patrick, Nakeema LCP

Gender: Female  
NPI: 1316569106  
License: VA 0701008792  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1215780234  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## ThriveVA Counseling Group

(757) 593-9356  
Website: [www.youthriveva.com](http://www.youthriveva.com)  
Practice Focus: Crisis Stabilization, Crisis Intervention (CI)  
Age 5 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Total Life Counseling Inc

(540) 989-1383

**Branham, Byron S LPC**  
Gender: Male  
NPI: 1093161937  
License: VA 0701006597  
Website: [tlcincva.com](http://tlcincva.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1205985066  
Website: [tlcincva.com](http://tlcincva.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 1:00 PM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## Turon, Juan LMFT

(361) 886-0808

Gender: Male  
NPI: 1518269893  
License: VA 0717001492  
Practice Focus: Post-Traumatic Stress Disorder (PTSD), Bipolar, Anxiety/Depression, ADD/ADHD  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Beach Counseling Services PLLC

(757) 289-1125

**Murphy, Cristina LPC**  
Gender: Female  
NPI: 1174014849  
License: VA 0701007339  
Website: [vbcounselingservices.com](http://vbcounselingservices.com)  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+ Spanish  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1114305034

Website:

vbcounselingservices.com

Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum

Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+ Handicap Accessible: Building, Parking, Restroom Public Transport: Bus, Subway, Regional Train Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Virginia Institute of**

**Pastoral Care Group**

(804) 282-8332

**Smith, Marjorie C LPC**

Gender: Female

NPI: 1972663557

License: VA 0701003595

Website: vipcare.org

Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing

Age 8 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1316159221

Website: vipcare.org

Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing

Age 8 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Williams, Anna LPC**

Gender: Female

NPI: 1053000521

License: GA LPC014857

Website: vipcare.org

Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing

Age 8 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Virginia PAC Services PC**

200 W Constance Rd

Suffolk, VA 23434

(865) 693-1000

NPI: 1073042800

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Virginia Therapy Services**

(804) 505-1049

**Ward, Brenda MHC**

Gender: Female

NPI: 1790309151

License: VA 0701012566

Website:

www.virginiatherapysvc.com

Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor

Limited Handicap Accessibility

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-4:00 PM

Tuesday: 10:00 AM-4:00 PM

Wednesday: 10:00 AM-4:00 PM

Thursday: 10:00 AM-4:00 PM

Friday: 10:00 AM-4:00 PM

**Watson, VTessa J LMFT**

(804) 504-2976

Gender: Female

NPI: 1659192144

License: VA 0717002329

Practice Focus: Virtual Care - Audio/Visual, Cultural

Competency Trained

Age 8 to 75

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

Saturday: 8:00 AM-5:00 PM

Sunday: 7:30 AM-5:00 PM

**Wiggins, Latiesha LPC**

(406) 238-2500

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1851880827  
License: VA 0701013805  
Practice Focus: Therapeutic Day Treatment Children, School Based Provider, Mobile Crisis Unit, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, Cultural Competency Trained, Crisis Intervention (CI), Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **YOUTH IMPACT MENTAL HEALTH COMPANY**

(804) 307-4660  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Mental Health Counselor, General Mental Health  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mental Illness Community Based Residential Treatment Fac**

**Heart and Soul LLC**  
(757) 310-1991  
NPI: 1881936748  
License: VA 1405 02 011  
Website: www.heartandsoul-llc.org/  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained, Community Resource Services, Behavioral Health Service Organization (BHSO)  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Methadone Clinic**

**Culpeper Treatment Services LLC**  
(540) 547-3769

License: VA 3937 06 003  
Practice Focus: Virtual Care - Audio/Visual, Opioid Treatment Program (OTP)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-2:00 PM  
Tuesday: 6:00 AM-2:00 PM  
Wednesday: 6:00 AM-2:00 PM  
Thursday: 6:00 AM-2:00 PM  
Friday: 6:00 AM-2:00 PM  
Saturday: 6:00 AM-8:00 PM

## **FCCR Fredericksburg**

(540) 735-9350  
NPI: 1356854277  
License: VA 3279 06 003  
Practice Focus: Virtual Care - Audio/Visual, Opioid Treatment Program (OTP), ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Front Royal Treatment Center**

(540) 551-4056

NPI: 1821717067  
License: VA 3460 07 013  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-2:00 PM  
Tuesday: 6:00 AM-2:00 PM  
Wednesday: 6:00 AM-2:00 PM  
Thursday: 6:00 AM-2:00 PM  
Friday: 6:00 AM-2:00 PM  
Saturday: 6:30 AM-10:30 AM

## **Martinsville Treatment Services LLC**

(276) 226-9925  
NPI: 1174283253  
License: VA 4453 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-2:00 PM  
Tuesday: 6:00 AM-2:00 PM  
Wednesday: 6:00 AM-2:00 PM  
Thursday: 6:00 AM-2:00 PM  
Friday: 6:00 AM-2:00 PM  
Saturday: 7:00 AM-9:00 AM

## **Pinnacle Treatment Services of Gloucester**

(804) 824-2814

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1710540919  
License: VA 3644 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:00 PM  
Tuesday: 5:15 AM-1:00 PM  
Wednesday: 5:15 AM-1:00 PM  
Thursday: 5:15 AM-1:00 PM  
Friday: 5:15 AM-1:00 PM  
Saturday: 6:00 AM-8:00 AM

## **Pinnacle Treatment Services of Newport News**

(757) 234-4139  
NPI: 1447813639  
License: VA 3642 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:30 PM  
Tuesday: 5:15 AM-1:30 PM  
Wednesday: 5:15 AM-1:30 PM  
Thursday: 5:15 AM-1:30 PM  
Friday: 5:15 AM-1:30 PM  
Saturday: 6:00 AM-9:30 AM  
Sunday: 6:00 AM-9:30 AM

## **Pinnacle Treatment Services of Williamsburg**

(239) 561-8270

NPI: 1932762127  
License: VA 3643 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Pulaski Medical LLC**

(540) 980-1125  
NPI: 1558607481  
License: VA 1954  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-2:00 PM  
Tuesday: 6:00 AM-2:00 PM  
Wednesday: 6:00 AM-2:00 PM  
Thursday: 6:00 AM-2:00 PM  
Friday: 6:00 AM-2:00 PM  
Saturday: 7:00 AM-9:00 AM

## **Opioid Treatment Program**

### **Crossroads Treatment Center of Suffolk**

1258 Holland Rd  
Suffolk, VA 23434  
(800) 805-6989

NPI: 1245758135  
License: VA 1795 06 003  
Practice Focus: Suboxone, Methadone, Addictions/ Substance Abuse  
Handicap Services available  
Office Hours:  
Monday: 5:00 AM-10:00 AM  
Tuesday: 5:00 AM-10:00 AM  
Wednesday: 5:00 AM-10:00 AM  
Thursday: 5:00 AM-10:00 AM  
Friday: 5:00 AM-10:00 AM  
Saturday: 5:00 AM-8:00 AM

## **FCCR Fredericksburg**

(540) 735-9350  
NPI: 1356854277  
License: VA 3279 06 003  
Practice Focus: ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Pinnacle Treatment Services of Gloucester**

(804) 824-2814

NPI: 1710540919  
License: VA 3644 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:00 PM  
Tuesday: 5:15 AM-1:00 PM  
Wednesday: 5:15 AM-1:00 PM  
Thursday: 5:15 AM-1:00 PM  
Friday: 5:15 AM-1:00 PM  
Saturday: 6:00 AM-8:00 AM

## **Pinnacle Treatment Services of Newport News**

(757) 234-4139  
NPI: 1447813639  
License: VA 3642 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:30 PM  
Tuesday: 5:15 AM-1:30 PM  
Wednesday: 5:15 AM-1:30 PM  
Thursday: 5:15 AM-1:30 PM  
Friday: 5:15 AM-1:30 PM  
Saturday: 6:00 AM-9:30 AM  
Sunday: 6:00 AM-9:30 AM

## **Pinnacle Treatment Services of Williamsburg**

(239) 561-8270

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1932762127  
License: VA 3643 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Professional Counselor

### A Step Beyond Clinical Services

(757) 987-2933

#### Henderson- Clark, Rochelle LPC

Gender: Female  
NPI: 1821570300  
License: VA 0701005812  
Website: [astepbeyondcs.com](http://astepbeyondcs.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Cultural Competency Trained, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

**A Step to Healing LLC**  
(757) 359-8144  
NPI: 1285351130  
Website: [astepctohealingllc.com](http://astepctohealingllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, LGBTQ+, Group therapy, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**A Step to Healing LLC**  
(757) 359-8145

**Levine, Esther LPC\***  
Gender: Female  
NPI: 1336986140  
License: VA 0701014489  
Website: [www.astepctohealingllc.com](http://www.astepctohealingllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, LGBTQ+, Group therapy, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-4:00 PM

**Abundant Life partners LLC**  
(757) 603-4603

**Balzer, Brandy LPC**  
Gender: Female  
NPI: 1700657939  
License: VA 0701013201  
Website: [www.abundantlifepartners.com](http://www.abundantlifepartners.com)  
Practice Focus: Virtual Care - Audio/Visual, Religion Based Therapy, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Brown, Matthew LPC**  
Gender: Male  
NPI: 1083308654  
License: VA 0701014231  
Website: [www.abundantlifepartners.com](http://www.abundantlifepartners.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Anger Management  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Criddle, Anika LPC**

Gender: Female  
NPI: 1639898166  
License: VA 0701014484  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Cultural Competency Trained, Couple Counseling  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hall, Karen LPC**

Gender: Female  
NPI: 1326407610  
License: VA 0701004870  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Adult, Addictions/ Substance Abuse Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Le Gouellec, Mary LPC**

Gender: Female  
NPI: 1497103287  
License: VA 0701009853  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained  
French  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Merten, Sarah LPC**

Gender: Female  
NPI: 1225668544  
License: VA 0701008918  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Child Parent Psychotherapy  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Monteith, Ryan LPC**

Gender: Male  
NPI: 1952002909  
License: VA 0701014638  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained, Addictions/ Substance Abuse  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Richardson, Rachel LPC**

Gender: Female  
NPI: 1457808529  
License: VA 0701013118  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Eating Disorders, Cultural Competency Trained, Adult  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ruggerio, Ashley LPC**

Gender: Female  
NPI: 1508537291  
License: VA 0701010819  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Art Therapy  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sawyer, Virginia LPC**

Gender: Female  
NPI: 1689339228  
License: VA 0701010957  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Domestic Violence, Cultural Competency Trained, Adolescents  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Scroggin, Rachael LPC

Gender: Female  
NPI: 1417464603  
License: VA 0701013426  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Adolescents  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Spencer, Teresa LPC

Gender: Female  
NPI: 1205625738  
License: VA 0701014824  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Adult, Adjustment Disorders  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thompson, Ella LPC

Gender: Female  
NPI: 1245887736  
License: TX 89090  
Website:  
www.abundantlifepartners.com

Practice Focus: Virtual Care - Audio/Visual, Veteran's Issues, Cultural Competency Trained, Anger Management  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Addiction Recovery Center of Virginia

(757) 903-2253

## Harris, Stacey R LPC

Gender: Female  
NPI: 1245708460  
License: VA 0701003146  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, General Mental Health, Family Therapy, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, Behavioral Health Outpatient,  
Anxiety/Depression  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Palmaz, Cynthia P LPC

Gender: Female  
NPI: 1952398745  
License: NC 16230  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, General Mental Health, Family Therapy, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, Behavioral Health Outpatient,  
Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Addys Colors Inc

(804) 725-8597  
NPI: 1518690411  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Addys Colors Inc

(804) 693-5057  
**Ashburn, Amanda\***  
Gender: Female  
NPI: 1285367177  
License: VA 0701013465  
Website: www.mpnnbh.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Mood Disorders/Depression, Mental Health Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Borderline Personality Disorders, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-8:00 PM  
Tuesday: 8:30 AM-8:00 PM  
Wednesday: 8:30 AM-8:00 PM  
Thursday: 8:30 AM-8:00 PM  
Friday: 8:30 AM-5:00 PM

## All Hope Behavioral Health Services PC

(703) 542-3737

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1760715403  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Allied Transformations LLC

(540) 609-2570  
NPI: 1992260327  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, LGBTQ+, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Kouchinsky, Mari-Peyton LPC

Gender: Female  
NPI: 1700636537  
License: VA 0701013385  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, LGBTQ+, Anxiety Disorder  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Anchor Counseling PLLC

(757) 639-6025  
**Morrison, Susan S LPC**  
Gender: Female  
NPI: 1326286600  
License: VA 0701005535  
Practice Focus: Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Anderson, Ryan LPC

(804) 737-3917

Gender: Male  
NPI: 1558042911  
License: VA 0701012711  
Website: www.civitashealth.com  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Screening Brief Intervention Referral to Treatment (SBIRT), Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mood Disorders  
Age 5 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## AnswersNow Inc

(804) 215-5600

NPI: 1932754553  
Practice Focus: Autism Spectrum Disorders, Autism Spanish  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Archer, Alycia M LPC

(757) 996-1837  
Gender: Female  
NPI: 1841067352  
License: VA 0701013092  
Website: breakthroughglowcs.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, Mental Health Counselor, Group therapy, General Mental Health, Family Therapy  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **ARROW Project** (540) 255-0972

**Burriss, Sabrina L LPC**  
Gender: Female  
NPI: 1699486647  
License: VA 0701011995  
Website: [www.arrow-project.org](http://www.arrow-project.org)  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Gibbs, Diane LPC**

Gender: Female  
NPI: 1750309712  
Website: [www.arrow-project.org](http://www.arrow-project.org)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Aspire New Life LLC** (757) 586-5350

## **Baylor, Cherelle LPC**

Gender: Female  
NPI: 1245095322  
License: VA 0701013325  
Website: [www.aspirenewlife.com](http://www.aspirenewlife.com)  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:30 PM  
Tuesday: 8:00 AM-6:30 PM  
Wednesday: 8:00 AM-6:30 PM  
Thursday: 8:00 AM-6:30 PM  
Friday: 8:00 AM-6:30 PM

## **McBride, Frances LPC**

Gender: Female  
NPI: 1437629045  
License: VA 0701007874  
Website: [www.aspirenewlife.com](http://www.aspirenewlife.com)  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:30 PM  
Tuesday: 8:00 AM-6:30 PM  
Wednesday: 8:00 AM-6:30 PM  
Thursday: 8:00 AM-6:30 PM  
Friday: 8:00 AM-6:30 PM

## **Associated Clinical Services** (703) 569-8731

NPI: 1073522124  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gacis, Vasilios A LPC\***

Gender: Male  
NPI: 1265548051  
License: VA 0701003468  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McKeldin, Melissa LPC**

Gender: Female  
NPI: 1376398115  
License: VA 0701013496  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Washington, Joanne LPC**

Gender: Female  
NPI: 1497498778  
License: VA 0701011148  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Associates in Brief Therapy Inc** (540) 772-8043

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1033286794

Website:

[www.abtcounseling.com](http://www.abtcounseling.com)

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Solution

Focused Therapy,

Schizophrenia, Post-Traumatic

Stress Disorder (PTSD),

Motivational interviewing,

Mood Disorders, Marital

Therapy, Depression,

Cognitive/Behavioral Therapy

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Elliott, Amy W LPC**

Gender: Female

NPI: 1013929033

License: VA 0701001842

Website:

[www.abtcounseling.com](http://www.abtcounseling.com)

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Solution

Focused Therapy, Post-

Traumatic Stress Disorder

(PTSD), Motivational

interviewing, Mood Disorders,

Marital Therapy, Depression,

Cognitive/Behavioral Therapy,

Bipolar

Age 13 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-12:30 PM

**Freeman, Caroline LPC**

Gender: Female

NPI: 1194501981

License: VA 0701012839

Website:

[www.abtcounseling.com](http://www.abtcounseling.com)

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Solution

Focused Therapy, Post-

Traumatic Stress Disorder

(PTSD), Motivational

interviewing, Mood Disorders,

Depression,

Cognitive/Behavioral Therapy,

Bipolar, Anxiety Disorder

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-12:30 PM

**Ganga, Anil L PA**

Gender: Male

NPI: 1194904375

Website:

[www.abtcounseling.com](http://www.abtcounseling.com)

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Solution

Focused Therapy,

Schizophrenia, Post-Traumatic

Stress Disorder (PTSD),

Motivational interviewing,

Mood Disorders, Depression,

Cognitive/Behavioral Therapy,

Bipolar

Age 10 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-12:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Iler, Kristen LPC

Gender: Female  
NPI: 1104585728  
License: VA 0701010976  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Age 7 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Parsley, Anne LPC

Gender: Female  
NPI: 1215711973  
License: VA 0701012749  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Price, Kimberly LPC

Gender: Female  
NPI: 1417489857  
License: VA 0701007047  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Spanish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Schallon, Rachel LPC

Gender: Female  
NPI: 1366066490  
License: VA 0701009391  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Vaselaros, Angela LPC

Gender: Female  
NPI: 1629766159  
License: VA 0701012327  
Website: www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Backpack Medical Group PC

(866) 968-6342  
NPI: 1851177570  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Brant, Zalene LPC

Gender: Female  
NPI: 1871357731  
License: VA 0701014710  
Website: hellobackpack.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Lavalle, Eric PC

Gender: Male  
NPI: 1851954093  
License: MA LMHC10003474  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Barker, Robert S LPC

(267) 716-8458

Gender: Male  
NPI: 1376080887  
License: PA PC009339  
Website: www.rscottbarkercounseling.com  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM

## BE & MH: Mental Health Services Group

(757) 338-1421  
NPI: 1043999162  
Website: www.beandmh.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Group therapy, Family Therapy, Cultural Competency Trained, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Scott, Fred R PhD\*

Gender: Male  
NPI: 1679272090  
License: VA 0701012670  
Website: www.beandmh.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Group therapy, Family Therapy, Cultural Competency Trained, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM

425 W Washington St  
Ste 4  
Suffolk, VA 23434  
(757) 338-1421  
NPI: 1043999162  
Website: www.beandmh.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Group therapy, Family Therapy, Cultural Competency Trained, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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## Scott, Fred R PhD\*

Gender: Male  
NPI: 1679272090  
License: VA 0701012670  
Website: www.beandmh.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Group therapy, Family Therapy, Cultural Competency Trained, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM

## Beach Counseling Center LLC

(757) 233-1500  
**Phillips, Annie L LPC**  
Gender: Female  
NPI: 1285871939  
License: VA 0701004521  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Beach Therapy and Consulting PLLC

(757) 340-6100  
NPI: 1326482779  
Website: www.beachtherapyandconsulting.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexual/Physical Abuse Child, Sexual Disorder, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Glomerular Disease, DBT (Dialectical Behavior Therapy), Cultural Competency Trained  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Bella Mente Mental Health Services

(757) 770-4717

Practice Focus: Virtual Care - Audio only, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Group therapy, Gender Identity, Family Therapy, Depression, Chronic Illnesses  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## Sharpe-Justice, Breezi E LPC

Gender: Female  
NPI: 1598101800  
License: VA 0701007534  
Practice Focus: Virtual Care - Audio only, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Group therapy, Gender Identity, Family Therapy, Depression, Chronic Illnesses  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## Body and Mindfully Healthy

(276) 601-2749

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Estep, Jennifer L PC**

Gender: Female  
NPI: 1548906183  
License: VA 0732000361  
Website:  
www.bodyandmindfullyhealth  
y.com  
Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Victims of  
elder abuse, Victims of  
domestic violence, Victim  
Awareness, Veteran's Issues,  
Trauma Informed Care  
Trained, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior  
Age 9 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Peddy, Melissa S**

NPI: 1538559588  
License: VA 0701006052  
Website:  
www.bodyandmindfullyhealth  
y.com  
Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Victims of  
elder abuse, Victims of  
domestic violence, Victim  
Awareness, Veteran's Issues,  
Trauma Informed Care  
Trained, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Breeden, Margaret LPC** (703) 841-0703

Gender: Female  
NPI: 1457948499  
License: VA 0701008988  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Brightstar Counseling Services PLLC**

(757) 737-2895

## **Tavolacci, Richard F LPC**

Gender: Male  
NPI: 1861598120  
License: VA 0717001015  
Website:  
brightstarcounseling.org/  
Practice Focus: Virtual Care -  
Audio only, Mental Health  
Counselor, Marital Therapy  
Armenian  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Brightview LLC** (833) 510-4357

NPI: 1649786260  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Virtual Care -  
Audio only, Cultural  
Competency Trained,  
Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Flowers, Meosha APRN**

Gender: Female  
NPI: 1477395010  
License: VA 0701015779  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care -  
Audio only, Addictions/  
Substance Abuse  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Igbo, Dianna LPC**

Gender: Female  
NPI: 1760753552  
License: VA 0701014564  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Addictions/  
Substance Abuse  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

2790 Godwin Blvd  
Ste 210

Suffolk, VA 23434

(833) 510-4357

NPI: 1649786260

Website:

Brightviewhealth.com

Practice Focus: Virtual Care -

Audio only, Addictions/  
Substance Abuse

Handicap Accessible: Parking,  
Restroom

Public Transport: Bus

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Flowers, Meosha APRN**

Gender: Female  
NPI: 1477395010  
License: VA 0701015779  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care -  
Audio only, Addictions/  
Substance Abuse  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **C and S Holistic Counseling and Consulting LLC**

(757) 782-4070

Website: csholistic.com

Practice Focus: Virtual Care -

Audio/Visual, Mental Health  
Counselor, Child/ Pediatric,  
Adult

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 10:00 AM-6:00 PM

Tuesday: 10:00 AM-6:00 PM

Wednesday: 10:00 AM-6:00 PM

Thursday: 10:00 AM-6:00 PM

Friday: 10:00 AM-6:00 PM

Saturday: 10:00 AM-2:00 PM

## **Howard, Kelly LPC**

Gender: Female  
NPI: 1235491671  
License: VA 0812000634  
Website: csholistic.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM

## **C&C Therapy Associates LLC**

(757) 681-3121

## **Childress, Tamara W PC**

Gender: Female  
NPI: 1255769543  
License: VA 0701005620  
Website:

cctherapyassociates.com

Practice Focus: Virtual Care -  
Audio/Visual, Trauma

Informed Care Trained, Post-  
Traumatic Stress Disorder

(PTSD), Cultural Competency  
Trained, Child/ Pediatric,

Anxiety/Depression, Anger  
Management, Adult,

ADD/ADHD

Age 99 and under

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Candor Therapy Network PLLC**

(703) 249-9890

## **Beroldi, Kristi LPC**

Gender: Female  
NPI: 1255785978  
License: VA 0701008291  
Practice Focus: Virtual Care -  
Audio/Visual,  
Anxiety/Depression, Adult,  
Adolescents  
Spanish  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 7:00 AM-8:00 PM

Tuesday: 7:00 AM-8:00 PM

Wednesday: 7:00 AM-8:00 PM

Thursday: 7:00 AM-8:00 PM

Friday: 7:00 AM-8:00 PM

NPI: 1164137006

Practice Focus: Virtual Care -

Audio/Visual,

Anxiety/Depression, Adult,  
Adolescents

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 7:00 AM-8:00 PM

Tuesday: 7:00 AM-8:00 PM

Wednesday: 7:00 AM-8:00 PM

Thursday: 7:00 AM-8:00 PM

Friday: 7:00 AM-8:00 PM

## **Carter Cognitive Services LLC**

(804) 588-2094

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 10:00 AM-2:00 PM

## Catalyst Recovery and Wellness LLC

(703) 546-1834  
NPI: 1598306649  
Website:  
www.catalystwellness.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM  
Saturday: 10:00 AM-7:00 PM  
Sunday: 10:00 AM-7:00 PM

## Center for Child and Family Services

(757) 838-1960

NPI: 1972685774  
Website:  
www.kidsandfamilies.com  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Central Virginias Preferred Providers

(804) 330-6441  
NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Tokizawa, Kayo LPC

Gender: Female  
NPI: 1669299509  
License: VA 0701013832  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## CERVELLO-WELLNESS

(301) 392-7120  
NPI: 1083239255  
Website: CERVELLO-WELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pelzer, Jillian LPC

Gender: Female  
NPI: 1467181628  
License: VA 0701011527  
Website: CERVELLO-WELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CHAT Behavioral Health Services

(757) 436-5601  
NPI: 1467949024  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Graham, Meagan LPC

Gender: Female  
NPI: 1043728611  
License: VA 0701007473  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Jordan, Karri LPC

Gender: Female  
NPI: 1790281566  
License: VA 0701007574  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Roldan, Krystelle LPC

Gender: Female  
NPI: 1508695917  
License: VA 0701014368  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Chesapeake Counseling Associates PC

(804) 695-2557

## John, Jenny LPC

Gender: Female  
NPI: 1104437086  
License: VA 0701009755  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## Chesapeake Counseling Center

(757) 302-8362

NPI: 1780160747

Website: chesapeakecounselingcenter.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Gender: Female

NPI: 1962201186

License: VA 0701014554

Website: chesapeakecounselingcenter.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Childsavers

(804) 644-9590

NPI: 1699868448

Website: www.childsavers.org  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

## Christian Psychotherapy Services

3897 Bridge Rd  
Ste 104  
Suffolk, VA 23435  
(757) 394-1961

## Wiles, Laura LPC

Gender: Female  
NPI: 1609487719  
License: VA 0701009756  
Handicap Accessible: Building, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Clinical Associates of Tidewater

(757) 877-7700

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1447341615  
Practice Focus: Virtual Care -  
Audio/Visual, Psychological  
Testing, Medication  
Management, Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Fore Martin, Robin LPC**

Gender: Female  
NPI: 1225578743  
License: VA 0701006935  
Practice Focus: Virtual Care -  
Audio/Visual, Psychological  
Testing, Medication  
Management, Counselor  
Spanish

Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train

Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Rodriguez, Godeliz LPC**

Gender: Female  
NPI: 1194206151  
License: VA 0701008222  
Practice Focus: Virtual Care -  
Audio/Visual, Psychological  
Testing, Medication  
Management, Counselor  
Spanish

Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **RUSSELL, LISA LPC**

Gender: Female  
NPI: 1225888225  
License: VA 0701013402  
Practice Focus: Virtual Care -  
Audio/Visual, Psychological  
Testing, Medication

Management, Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Clissold, Gillian LPC**

(703) 479-2947

Gender: Male  
NPI: 1083094536  
License: VA 0701006150  
Website:  
www.QuarternoteCounseling.com

Practice Focus: Virtual Care -  
Audio/Visual, Sex Offenders,  
Post-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Obsessive-Compulsive  
Disorder (OCD), Multicultural  
Issues, Mood Disorders, Mental  
Health Counselor, Low Income  
Populations, Immigration  
Populations

Age 16 to 60  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Coastal Virginia Counseling**

(757) 222-4944

## **Brown, Rebecca LPC**

Gender: Female  
NPI: 1275145500  
License: VA 0701009670  
Website: www.covavb.com  
Practice Focus: Virtual Care -  
Audio/Visual, Counselor,  
Cognitive/Behavioral Therapy,  
Child Abuse/Neglect, Bipolar,  
Behavioral Health Outpatient,  
ASAM Level 1,  
Anxiety/Depression, Affective  
Disorders, ADHD  
Age 13 and up

Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-3:45 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:45 PM  
Friday: 9:00 AM-5:00 PM

## **Cavanaugh, Caitlin LPC**

Gender: Female  
NPI: 1003438862  
License: VA 0701009289  
Website: www.covavb.com  
Practice Focus: Virtual Care -  
Audio/Visual, Counselor,  
Cognitive/Behavioral Therapy,  
Child Abuse/Neglect, Bipolar,  
Behavioral Health Outpatient,  
ASAM Level 1,  
Anxiety/Depression, Affective  
Disorders, ADHD  
Age 12 and up

Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1134543382

Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Conlin, Samantha LPC**

Gender: Female  
NPI: 1043932049  
License: VA 0701011820  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 3 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:30 AM-2:30 PM

## **Fisher, Kimberly LPC\***

Gender: Female  
NPI: 1407343700  
License: VA 0701007655  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Spanish

Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 11:00 AM-5:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hull, Mary LPC**

Gender: Female  
NPI: 1164070256  
License: VA 0701008816  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 13 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 11:00 AM-7:15 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-10:00 AM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-3:00 PM

## **McClernon, Kimberly LPC**

Gender: Female  
NPI: 1548914625  
License: VA 0701013321  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 7 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 2:00 PM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Milla, Juan LPC**

Gender: Male  
NPI: 1750748539  
License: VA 0701006378  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Spanish

Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 8:30 AM-3:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:30 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pearson, Halyn LPC**

Gender: Female  
NPI: 1598417867  
License: VA 0701011164  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 3 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 3:15 PM-7:30 PM  
Tuesday: 3:15 PM-7:30 PM  
Wednesday: 3:15 PM-7:30 PM  
Thursday: 3:15 PM-7:30 PM  
Friday: 3:15 PM-7:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Sabourin, Rachel LPC\*

Gender: Female  
NPI: 1780361394  
License: VA 0701013572  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Sartwell, Erica A LPC

Gender: Female  
NPI: 1508190448  
License: VA 0701004673  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass Behavioral Group**  
**Compass Behavioral Group**  
(757) 644-6391

## Beeman, Erin LPC

Gender: Female  
NPI: 1699558015  
License: VA 0701012791  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ellison, Tierra LPC

Gender: Female  
NPI: 1912786393  
License: VA 0701012890  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hitchings, Sarah LPC

Gender: Female  
NPI: 1881149581  
License: VA 0701006693  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Malone, Jessica LPC

Gender: Female  
NPI: 1891105037  
License: VA 0701005770  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## MURRAY, JOSEPHINE LPC

Gender: Female  
NPI: 1598201204  
License: VA 0701005720  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral GroupCompass Behavioral Group

(804) 372-0151  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wood, Elizabeth LPC\*

Gender: Female  
NPI: 1417774126  
License: VA 0701014004  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral GroupCompass Behavioral Group

(540) 437-1605

## Nolley, Sarah LPC

Gender: Female  
NPI: 1558999771  
License: VA 0133002978  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral GroupCompass Behavioral Group

(540) 949-7045  
**SHEPARD, NICKI LPC**  
Gender: Female  
NPI: 1265873871  
License: VA 0701005436  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## WILHELM, GRETCHEN LPC

Gender: Female  
NPI: 1912127226  
License: OH P.7042  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral GroupCompass Behavioral Group

(540) 348-4808  
**Wickline, Keira LPC**  
Gender: Female  
NPI: 1245042043  
License: VA 0701014433  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass NOVA (540) 339-3640

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Berger, Sarah LPC**

Gender: Female  
NPI: 1720608532  
License: PA PC012226  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hayden, Stephanie LPC\***

Gender: Female  
NPI: 1770071813  
License: VA 0701003629  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MCNEIL, REBECCA LPC**

Gender: Female  
NPI: 1548924178  
License: VA 0701010743  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **RUHLEN, CAROLYN LPC**

Gender: Female  
NPI: 1396025722  
License: VA 0710101763  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Confidant Providers LLC**  
(203) 747-8696

## **Amos, Esmeralda LPC**

Gender: Female  
NPI: 1497641922  
License: VA 0701014951  
Website:  
www.confidanthealth.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy, Post  
-Traumatic Stress Disorder  
(PTSD), Mental Health  
Counselor, Grief/Death/Dying,  
Depression, Anxiety Disorder,  
Addictions/ Substance Abuse  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
NPI: 1336761691  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy, Post  
-Traumatic Stress Disorder  
(PTSD), Mental Health  
Counselor, LGBTQ+,  
Grief/Death/Dying, Depression,  
Cultural Competency Trained,  
Bipolar, Anxiety/Depression  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Howerton, Anissa LPC**

Gender: Female  
NPI: 1003269366  
License: VA 0701006649  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Cultural  
Competency Trained, Bipolar,  
Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Cornelius, Bianca J LPC** (757) 838-1894

Gender: Female  
NPI: 1740864743  
License: VA 0701010479  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Cultural Competency Trained,  
Addictions/ Substance Abuse  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Counseling Associates of  
the Highlands**  
(540) 965-1373

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Selman, Amanda N LPC

Gender: Female  
NPI: 1861880205  
License: VA 0701006035  
Practice Focus:  
Grief/Death/Dying,  
Anxiety/Depression, Anxiety  
Disorder  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Creating Compassion LLC (540) 268-3411

### Hale, Hannah LPC

Gender: Female  
NPI: 1184289308  
License: VA 0701008266  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Current Counseling (757) 966-2715

## Beasley, Sydney LPC\*

Gender: Female  
NPI: 1487487120  
License: VA 0701013883  
Website:  
www.currentcounseling.org  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Psychotherapy,  
Grief/Death/Dying, General  
Mental Health, Gender  
Identity, Gay/Lesbian Issues,  
Family Therapy, Depression,  
Couple Counseling  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1275154700  
Website:  
www.currentcounseling.org  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Psychotherapy,  
Grief/Death/Dying, General  
Mental Health, Gender  
Identity, Gay/Lesbian/Bisexual,  
Gay/Lesbian Issues, Family  
Therapy, Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Fales, Laura LPC\*

Gender: Female  
NPI: 1255957965  
License: VA 0701009390  
Website:  
www.currentcounseling.org  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Psychotherapy,  
Grief/Death/Dying, General  
Mental Health, Gender  
Identity, Gay/Lesbian Issues,  
Family Therapy, Depression,  
Couple Counseling  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Morgan, Jennifer LPC

Gender: Female  
NPI: 1710466354  
License: VA 0701007767  
Website:  
www.currentcounseling.org  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Psychotherapy,  
Grief/Death/Dying, General  
Mental Health, Gender  
Identity, Gay/Lesbian/Bisexual,  
Family Therapy, Depression,  
Couple Counseling  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Nichols, Antoine LPC

Gender: Male  
NPI: 1265910525  
License: VA 0701007726  
Website:  
www.currentcounseling.org  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Psychotherapy,  
Grief/Death/Dying, General  
Mental Health, Gender  
Identity, Gay/Lesbian Issues,  
Family Therapy, Depression,  
Couple Counseling  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Danville Pittsylvania Community Services

(434) 799-0456

## Coles, Amanda LPC

Gender: Female  
NPI: 1790392215  
License: VA 0701009810  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Cressell, Lauren LPC

Gender: Female  
NPI: 1831967512  
License: VA 0701013116  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Griffin, Chaquita Reed LPC

Gender: Female  
NPI: 1578002432  
License: VA 0701006964  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Jones, Rhonda LPC

Gender: Female  
NPI: 1235616970  
License: VA 0710102003  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Oakes, Jessica LPC

Gender: Female  
NPI: 1407250061  
License: VA 0701005859  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Price, Karen LPC

Gender: Female  
NPI: 1447836028  
License: VA 0701010300  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Tosh, Melanie LPC

Gender: Female  
NPI: 1942747191  
License: VA 0701006365  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Vaughn, Shelby PC

Gender: Female  
NPI: 1144800186  
License: VA 0701010320  
Website: [www.dpcs.org](http://www.dpcs.org)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Dedicated Psychiatric Services PLLC

(423) 343-9156  
NPI: 1346927589  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hurd, Leslie LPC

Gender: Female  
NPI: 1760827554  
License: TN 4814  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Depaul Family Services

(276) 623-0881  
**Burns, Amy L LPC**  
Gender: Female  
NPI: 1811268501  
License: VA 0701005177  
Website: [www.depaulcr.org/outpatient-counseling-services/](http://www.depaulcr.org/outpatient-counseling-services/)  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## McGlothlin, Sheena LPC

Gender: Female  
NPI: 1306509740  
License: VA 0701011330  
Website: [www.depaulcr.org/outpatient-counseling-services/](http://www.depaulcr.org/outpatient-counseling-services/)  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Depaul Family Services

(434) 455-3727

## Phillips, Angela LPC

Gender: Female  
NPI: 1891458634  
License: VA 0701010684  
Website: [www.depaulcr.org/outpatient-counseling-services/](http://www.depaulcr.org/outpatient-counseling-services/)  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Divine Minds LLC

(434) 433-2169  
Website: [WWW.DIVINEMINDSLLC.COM](http://WWW.DIVINEMINDSLLC.COM)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Dougan and Walden Wellness PLLC

(804) 893-5555

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1396259602  
Website: www.dwellness.org  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Elliott-Mixon, Jorden LPC**

Gender: Female  
NPI: 1407319825  
License: VA 0701008116  
Website: www.dwellness.org  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## **Dove Counseling Service PLLC**

(804) 832-6565

## **South, Carolyn S LPC**

Gender: Female  
NPI: 1700849148  
License: VA 0717000854  
Website: dovecounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Multidimensional Family Therapy, Mood Disorders/Depression, Mental health skill building, Homeless/Outreach, Family Therapy  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Edmonds, Tamica D LPC** (804) 340-3243

Gender: Female  
NPI: 1710509351  
License: VA 0701011493  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Motivational interviewing, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-6:00 PM  
Tuesday: 4:00 PM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 4:00 PM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **Enjoy Counseling Services** (540) 655-6149

## **Cockrell, Kathleen LPC**

Gender: Female  
NPI: 1922880947  
License: VA 0701012871  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1528731429  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kennedy, Jordan LPC**

Gender: Male  
NPI: 1225852957  
License: VA 0701014039  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Evergreen Behavioral Health Services LLC** (540) 937-4923

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Wyman, Bruce C LPC\*

Gender: Male  
NPI: 1821109331  
License: VA 0701003919  
Website:  
evergreenbehavioralhealthservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression, Adult, Adolescents  
Chinese  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM

## Every Age Every Stage LLC (804) 562-7117

### Draney Smith, Lana LPC

Gender: Female  
NPI: 1366042632  
License: VA 0701012212  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hatch, Ryan LPC

Gender: Male  
NPI: 1679046007  
License: VA 0701008063  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Spanish  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Kegley, Scott LPC

Gender: Male  
NPI: 1336917947  
License: VA 0701013128  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Families First Counseling Services

(757) 800-3638

## Bennett, Tamika LPC

Gender: Female  
NPI: 1083026587  
License: VA 0701005652  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Counselor, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-2:00 PM  
Tuesday: 9:00 AM-2:00 PM  
Wednesday: 9:00 AM-2:00 PM  
Thursday: 9:00 AM-2:00 PM  
Friday: 9:00 AM-2:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Counselor, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Focus Inc (804) 261-2090

Website:

www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Harris, Patricia LMFT**  
Gender: Female  
NPI: 1952452294  
License: VA 0717000466  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Age 18 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Guidance Centers (804) 743-0960

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Anderson, Sandra LPC

Gender: Female  
NPI: 1205440518  
License: VA 0701009761  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Baldwin, Kenyetta LPC

Gender: Female  
NPI: 1407498900  
License: VA 0701007857  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Barber, Madelene LPC

Gender: Female  
NPI: 1346992781  
License: VA 0701011183  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Black, Shannon LPC

Gender: Female  
NPI: 1528448271  
License: VA 0701003122  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-5:00 PM  
Tuesday: 11:00 AM-5:00 PM  
Wednesday: 11:00 AM-5:00 PM  
Thursday: 11:00 AM-5:00 PM  
Friday: 11:00 AM-5:00 PM

## Burckhardt, Rebecca LPC

Gender: Female  
NPI: 1215057112  
License: VA 0701007570  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Byrne, Devin LPC

Gender: Male  
NPI: 1528735867  
License: VA 0701010738  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

NPI: 1225192909  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Fox, Renita LPC

Gender: Female  
NPI: 1033889415  
License: VA 0701007249  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Jackson, Emily LPC

Gender: Female  
NPI: 1437709888  
License: VA 0701008652  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Knable, Sarah LPC

Gender: Female  
NPI: 1477196020  
License: VA 0701008720  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Krimm, Jenny LPC

Gender: Female  
NPI: 1386255099  
License: VA 0701012043  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Lackey, Nina LPC

Gender: Female  
NPI: 1437305554  
License: VA 0710000488  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Lahocki, Tosca LPC

Gender: Female  
NPI: 1831874353  
License: VA 0701012657  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Lebold, Laurie LPC

Gender: Female  
NPI: 1346844370  
License: VA 0717000324  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## McManus, Michael PC

Gender: Male  
NPI: 1144531302  
License: VA 0718000280  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Okai, Victoria LPC

Gender: Female  
NPI: 1164240461  
License: VA 0701014016  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Patel, Sonal LPC

Gender: Female  
NPI: 1952724882  
License: VA 0701005462  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Porter, Dwight L LPC

Gender: Male  
NPI: 1194158220  
License: VA 0701007186  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Powell, Adam LPC

Gender: Male  
NPI: 1700514171  
License: VA 0701011866  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Routh, Andrew LPC

Gender: Male  
NPI: 1487967808  
License: VA 0701003502  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Smith-Graham, Pamela LPC

Gender: Female  
NPI: 1568007201  
License: VA 0701007659  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Thomas, Shilain MA

Gender: Female  
NPI: 1831142256  
License: GA LPC005299  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Watson, Rochelle LPC

Gender: Female  
NPI: 1710547237  
License: VA 0701008110  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Willard, Pamela LPC

Gender: Female  
NPI: 1801164215  
License: VA 0701002989  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Arabic  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Featherston, Crystal LPC (757) 937-9915

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1770344897  
License: VA 0701013219  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Family Therapy, Cultural Competency Trained, Couple, Bereavement, Anxiety/Depression, Anxiety Disorder, Anger Management  
Age 5 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## **Flourishing Life Youth and Family Services LLC**

309 Patriots Walke Dr  
Suffolk, VA 23434  
(757) 916-5529

## **Bonner, Dominique LPC**

Gender: Female  
NPI: 1558083428  
License: VA 0701011657  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization  
Age 5 and up  
Handicap Services available  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 10:00 AM-2:00 PM

## **Flowers, Venus LPC**

(804) 203-4477

Gender: Female  
NPI: 1831550532  
License: VA 0701006470  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Group Home Residential, Group Day Support, Cultural Competency Trained, Community-Based Treatment  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Footsteps Counseling Center**

(804) 715-3215

NPI: 1669556585  
Website:  
www.footstepscounseling.com  
Practice Focus: Virtual Care - Secure Text Messaging, Virtual Care - Audio/Visual, Stress Management, Strengthening Families, Sexual/Physical Abuse Child, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders, Obsessive-Compulsive Disorder (OCD)  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-1:00 PM

## **Miller, Amy LPC**

Gender: Female  
NPI: 1740964873  
License: VA 0701012546  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Strengthening Families, Sexual/Physical Abuse Child, Separation Grief and Loss, Play Therapy, Family Therapy, Faith-based/spiritual, Developmental/Behavioral Issues, Cultural Competency Trained, Child Parent Psychotherapy  
Limited Handicap Accessibility  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-1:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Murphy, Tina J LPC

Gender: Female  
NPI: 1427081645  
License: VA 0701003915  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Strengthening Families, Sexual/Physical Abuse Child, Separation Grief and Loss, Play Therapy, Family Therapy, Faith-based/spiritual, Developmental/Behavioral Issues, Cultural Competency Trained, Child Parent Psychotherapy  
Limited Handicap Accessibility  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Robinson, Leslie LPC

Gender: Female  
NPI: 1912095118  
License: VA 0701003670  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care - Secure Text Messaging, Virtual Care - Audio/Visual, Stress Management, Mood Disorders/Depression, Faith-based/spiritual, Cultural Competency Trained, Bereavement, Anxiety/Depression, Abuse (Physical, Sexual)  
Limited Handicap Accessibility  
French  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 3:00 PM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## Steele, Taresa LPC

Gender: Female  
NPI: 1376953190  
License: VA 0701003482  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care - Secure Text Messaging, Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Faith-based/spiritual, Dual Diagnosis (MH/SA), Cultural Competency Trained, Cognitive/Behavioral Therapy, Bereavement, Anxiety/Depression  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-1:00 PM

## Taylor, Sandi F LPC

Gender: Female  
NPI: 1457932717  
License: VA 70701003731  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care - Secure Text Messaging, Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Faith-based/spiritual, Cultural Competency Trained, Cognitive/Behavioral Therapy, Bereavement, Anxiety/Depression  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-8:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 10:00 AM-8:00 PM  
Thursday: 4:00 PM-8:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Weaver, Tim H LPC

Gender: Male  
NPI: 1467873588  
License: VA 0701008039  
Website:  
footsteps counseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Personality  
Disorders, Obsessive-  
Compulsive Disorder (OCD),  
Mood Disorders/Depression,  
Faith-based/spiritual, Dual  
Diagnosis (MH/SA), Dialectal  
Behavior Therapy (DBT),  
Cultural Competency Trained,  
Cognitive/Behavioral Therapy,  
Anxiety/Depression  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 PM-8:00 PM  
Tuesday: 12:00 PM-8:00 PM  
Wednesday: 12:00 PM-7:00 PM  
Thursday: 12:00 PM-8:00 PM  
Friday: 12:00 PM-4:00 PM

## Wilda, Sondrella K LPC

Gender: Female  
NPI: 1265732309  
License: VA 0701001893  
Website:  
footsteps counseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Stress  
Management, Mood  
Disorders/Depression, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Bereavement,  
Anxiety/Depression, Abuse  
(Physical, Sexual)  
Limited Handicap Accessibility  
Arabic  
Age 10 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Free Spirit Counseling (757) 204-1866

## Caplan, Leanna LPC\*

Gender: Female  
NPI: 1417507914  
License: VA 0701011280  
Website:  
www.freemspiritonline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM  
**Farrar, Blair LPC**  
Gender: Female  
NPI: 1023572674  
License: VA 0701008118  
Website:  
www.freemspiritonline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Langlands, Leanne LPC

Gender: Female  
NPI: 1598422313  
Website:  
www.freemspiritonline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM  
**Langley, Rachel LPC\***  
Gender: Female  
NPI: 1821778333  
License: VA 0701014809  
Website:  
www.freemspiritonline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Nardin, Jill LPC**

Gender: Female  
NPI: 1326475468  
License: VA 0701005608  
Website:  
www.freemirtonline.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Marital Therapy, Group therapy, Family Therapy  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## **Norman, Erik LPC**

Gender: Male  
NPI: 1144916594  
License: DC PRC200001822  
Website:  
www.freemirtonline.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Marital Therapy, Group therapy, Family Therapy  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## **Stoltzfus, Lauri LPC**

Gender: Female  
NPI: 1477011385  
License: VA 0701008231  
Website:  
www.freemirtonline.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Marital Therapy, Group therapy, Family Therapy  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## **Free Spirit Counseling** (757) 241-4407

## **Minnick, Karli LPC**

Gender: Female  
NPI: 1114607421  
License: VA 0701015354  
Website:  
www.freemirtonline.org  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Women, Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Veteran's Issues, Trauma Informed Care Trained, Teletherapy, Stress Management, Separation Grief and Loss, Psychotherapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

## **FROM THE DESK OF DR YANCEY LLC**

4897 Bennetts Pasture Rd  
Unit 5354  
Suffolk, VA 23435  
(888) 666-2475

NPI: 1619527645

Website:  
fromthedeskofdryancey.com/  
Practice Focus: Psychiatry, Mental Health Counselor, Counselor, Behavioral Health Outpatient, Behavioral Health Care Coordination  
Age 12 and up  
Handicap Services available  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## **Gateway Services LLC**

(757) 970-0353  
Website: gatewayworks.com/  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Crisis Stabilization (CS), Community-Based Treatment, Assertive Community Treatment, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1, Adjustment Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-6:00 PM  
Tuesday: 8:30 AM-6:00 PM  
Wednesday: 8:30 AM-6:00 PM  
Thursday: 8:30 AM-6:00 PM  
Friday: 8:30 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Phelps, Ariel LPC

Gender: Female  
NPI: 1013650472  
License: NC 18239  
Website: gatewayworks.com/  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Crisis Stabilization (CS), Community-Based Treatment, Assertive Community Treatment, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1, Adjustment Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-6:00 PM  
Tuesday: 8:30 AM-6:00 PM  
Wednesday: 8:30 AM-6:00 PM  
Thursday: 8:30 AM-6:00 PM  
Friday: 8:30 AM-6:00 PM

**Genesis Counseling Center**  
(757) 827-7707

## Berry, John LPC

Gender: Male  
NPI: 1548155443  
License: VA 0701014986  
Website: www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio only, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Group therapy, Grief/Death/Dying, Faith-based/spiritual, Dialectical Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Bipolar  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Campbell, Sheryl LPC

Gender: Female  
NPI: 1518210038  
License: VA 0701005591  
Website: www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 20 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Carter, Kaylah LPC

Gender: Female  
NPI: 1386236644  
License: VA 0701010173  
Website: www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Post Partum Depression, Gay/Lesbian Issues, Faith-based/spiritual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 1 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Cheely, Jacquelyn LPC

Gender: Female  
NPI: 1043044704  
License: VA 0701013882  
Website: www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Cunningham, George LPC

Gender: Male  
NPI: 1609643345  
License: VA 0701003036  
Website: www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Dwyer, Kelly LPC

Gender: Female  
NPI: 1386490217  
License: VA 0701013510  
Website:  
www.genescounselingcenter.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Grief/Death/Dying, Gay/Lesbian Issues, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, ADD/ADHD, Abuse (Physical, Sexual)  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Griffin, Brent G LPC

Gender: Male  
NPI: 1417984477  
License: VA 0718000163  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Keatts, Melynda S LPC

Gender: Female  
NPI: 1124516133  
License: VA 0701007590  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Spanish  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Kuupuamakamae, Naluai LPC\*

NPI: 1700416633  
License: AK 188767  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Morey, Michael LPC

Gender: Male  
NPI: 1477130557  
License: VA 0701014672  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, PreSchool Posttraumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Bipolar, Autism Spectrum Disorders, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Olson, Josephine LPC

Gender: Female  
NPI: 1710316229  
License: VA 0701005606  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Roman, Estela LPC

Gender: Female  
NPI: 1245626209  
License: VA 0701013162  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Smith, Aubrey LPC

Gender: Female  
NPI: 1982060125  
License: VA 0701010776  
Website:  
www.genesiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 466-3336

## Brown, Michael LPC

Gender: Male  
NPI: 1447600325  
License: VA 0701006659  
Website:  
www.genesiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Covington, Hannah LPC

Gender: Female  
NPI: 1013800457  
License: VA 0701014937  
Website:  
www.genesiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Grief/Death/Dying, Gay/Lesbian Issues, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Anxiety/Depression, ADHD  
Age 1 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Draine, Janice LPC

Gender: Female  
NPI: 1902980543  
License: VA 0718000225  
Website:  
www.genesiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Erb, Bonita LPC**  
Gender: Female  
NPI: 1609888577  
License: VA 0701001579  
Website:  
www.genesiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hall, Robert MEd

Gender: Male  
NPI: 1518649912  
License: VA 0701014294  
Website:  
www.genesiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Hammersley, Patricia LPC**  
Gender: Female  
NPI: 1548805096  
License: VA 0701008747  
Website:  
www.genesiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hermiz, Laura LPC

Gender: Female  
NPI: 1780773507  
License: VA 0717000463  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lam, Corinne LPC

Gender: Female  
NPI: 1295562940  
License: VA 0701013983  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wright, William LPC

Gender: Male  
NPI: 1720893597  
License: VA 0701014428  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, PreSchool Posttraumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Bipolar, Autism Spectrum Disorders, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 564-3100

NPI: 1164451399

Website:  
www.genescounselingcenter.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Schizophrenia, PreSchool Posttraumatic Stress Disorder (PTSD), Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Group therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Henrich, Danica LPC

Gender: Female  
NPI: 1538220009  
License: VA 0717001178  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lyon, Dana LPC

Gender: Female  
NPI: 1609102193  
License: VA 0701004659  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mortier, Mark LPC

Gender: Male  
NPI: 1003979246  
License: VA 0701004881  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Walkley, Meagan LPC**

Gender: Female  
NPI: 1053651133  
License: VA 0701005413  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Walthes, Gwendolyn LPC**

Gender: Female  
NPI: 1235502907  
License: VA 0701006367  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Genesis Counseling Center**  
(757) 965-5886

## **Giencke, Mary LPC**

Gender: Female  
NPI: 1366986259  
License: VA 0701006852  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hurst, Donna LPC**

Gender: Female  
NPI: 1538885660  
License: VA 0701011892  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Genesis Counseling Center**  
(757) 598-2244

## **Titone, Joe LPC**

Gender: Male  
NPI: 1891900791  
License: VA 0701011112  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1540 Breezeport Way  
Ste 500  
Suffolk, VA 23435  
(757) 827-7707

## **Wiles, Laura LPC**

Gender: Female  
NPI: 1609487719  
License: VA 0701009756  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Gill, Benicia H LPC**  
(757) 622-0700

Gender: Female  
NPI: 1194188136  
License: VA 0701005651  
Website:  
www.lifesjourneyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Stress Management, Sexuality, Multicultural Issues, Mood Disorders, LGBTQ+, Grief/Death/Dying, Gender Identity, Family Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## **Gordon, Trevene LPC**

(406) 361-3146  
Gender: Female  
NPI: 1336882315  
License: VA 0710103698  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Growing Grounded Counseling PLLC**

(804) 701-4769

### **Book, Joy LPC\***

Gender: Female

NPI: 1942778329

License: VA 0701007994

Website:

growinggroundedcounseling.com

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Family Therapy, Depression, Cultural Competency Trained, Behavioral Health Outpatient, Autism, Art Therapy, ADD/ADHD

Age 6 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-8:30 PM

Tuesday: 8:30 AM-8:30 PM

Wednesday: 8:30 AM-8:30 PM

Thursday: 8:30 AM-8:30 PM

Friday: 8:30 AM-8:30 PM

NPI: 1720700172

Website:

growinggroundedcounseling.com

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Family Therapy, Depression, Cultural Competency Trained, Behavioral Health Outpatient, Autism, Art Therapy, Anxiety Disorder, ADD/ADHD

Age 6 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-8:30 PM

Tuesday: 8:30 AM-8:30 PM

Wednesday: 8:30 AM-8:30 PM

Thursday: 8:30 AM-8:30 PM

Friday: 8:30 AM-8:30 PM

### **Harris, Nicole W LPC**

(757) 937-9915

Gender: Female

NPI: 1932699949

License: VA 0701007656

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Family Therapy, Cultural Competency Trained, Couple, Bereavement, Anxiety/Depression, Anxiety Disorder, Anger Management Limited Handicap Accessibility

Age 12 to 65

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

### **Healing Connections Couples and Family Therapy LLC**

(361) 886-0808

NPI: 1073147062

Practice Focus: Counselor Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

### **Healing Hearts Counseling and Consulting Agency LLC**

(804) 556-1436

### **Hunter, Nicole A LPC**

Gender: Female

NPI: 1437740834

License: VA 0701008772

Website:

www.hhcounseling.net

Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Social supports/social determinants of health, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Grief/Death/Dying, Family Therapy, Faith-based/spiritual

Limited Handicap Accessibility

Age 10 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-6:00 PM

Tuesday: 10:00 AM-6:00 PM

Wednesday: 10:00 AM-6:00 PM

Thursday: 10:00 AM-6:00 PM

Friday: 9:00 AM-5:00 PM

### **Health Care Services of Hampton Roads INC**

(757) 622-4600

Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Manier, Cathy LPC**

Gender: Female  
NPI: 1376072728  
License: VA 0710102847  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mason, Shaun E LCSW**

Gender: Male  
NPI: 1134936677  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Holistic Life Services LLC**

(757) 206-2378

## **Albright, Amanda LPC**

Gender: Female  
NPI: 1356770366  
License: VA 0701008657  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Sexually acting out behaviors, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Medication Management, LGBTQ+, Learning Disabilities, Homebound Persons  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **Hope and Healing Counseling Center LLC** (276) 300-4422

## **Cooper, Michael P LPC\***

Gender: Male  
NPI: 1326892167  
License: VA 0734005753  
Website: hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Griffith, Cindy C LPC**

Gender: Female  
NPI: 1427494475  
License: VA 0701005453  
Website: hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1992162044  
Website: hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Linkous, Rae D\***

Gender: Female  
NPI: 1528545951  
License: VA 0701011598  
Website: hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Medeiros, Keith A

Gender: Male  
NPI: 1306597190  
License: VA 0701011055  
Website:  
hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Hope for Tomorrow Counseling**  
(434) 376-2006

## Berneche, Jonci LPC MA

Gender: Female  
NPI: 1295053452  
License: VA 0701004835  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Faith-based/spiritual, Depression, Counselor, Behavioral Health Outpatient, Anxiety Disorder, Anger Management, Adjustment Disorders, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Bruns, Henry LPC MA

Gender: Male  
NPI: 1225649031  
License: VA 0701009934  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Faith-based/spiritual, Depression, Counselor, Behavioral Health Outpatient, Anxiety Disorder, Anger Management, Adjustment Disorders, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Cashel, Martha LPC MA

Gender: Female  
NPI: 1003541921  
License: VA 0701011505  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Faith-based/spiritual, Depression, Counselor, Behavioral Health Outpatient, Anxiety Disorder, Anger Management, Adjustment Disorders, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Chandler, Susan A LPC**

Gender: Female  
NPI: 1528441342  
License: VA 0701003865  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dove, Amy LPC**

Gender: Female  
NPI: 1407340797  
License: VA 0701007511  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Herron, James LPC**

Gender: Male  
NPI: 1497766216  
License: VA 0717000037  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Holcomb, Adam LPC**

Gender: Male  
NPI: 1427786409  
License: VA 0701011619  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Morel, Michaela LPC MA

Gender: Female  
NPI: 1164036505  
License: VA 0701009727  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Owen, Jennifer LPC MA\*

Gender: Female  
NPI: 1588206643  
License: VA 0701008694  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Theodorides, Erika G LPC

Gender: Female  
NPI: 1013215441  
License: VA 0701004972  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## West, Dan LPC

Gender: Male  
NPI: 1275706400  
License: VA 0701004035  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Whittle, Jessica LPC

Gender: Female  
NPI: 1972103018  
License: VA 0701009955  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HopeSpring Child Family Clinic LLC

(703) 259-5617

NPI: 1689031122  
Website:  
hopespringchildandfamily.co  
m/  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Play  
Therapy, Family Therapy,  
Community-Based Treatment,  
Cognitive/Behavioral Therapy,  
Anxiety/Depression, Anger  
Management, Adjustment  
Disorders, ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Kwon, Mi-Kyong PhD\*

Gender: Female  
NPI: 1326169400  
License: VA 0701005996  
Website:  
hopespringchildandfamily.co  
m/  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Play  
Therapy, Family Therapy,  
Community-Based Treatment,  
Cognitive/Behavioral Therapy,  
Anxiety/Depression, Anger  
Management, Adjustment  
Disorders, ADD/ADHD  
Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Infinity Counseling Group (757) 227-3636

## Hassell, Kristin PC

Gender: Female  
NPI: 1346822293  
License: VA 0710103165  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Post-Traumatic  
Stress Disorder (PTSD),  
Depression, Anxiety Disorder,  
Anger Management  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Selden, Charita PC**  
Gender: Female  
NPI: 1528529930  
License: VA 0701008136  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Post-Traumatic  
Stress Disorder (PTSD), Home  
Visits, Depression, Community  
-Based Treatment, Anxiety  
Disorder, Anger Management  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Integrated Health Services LLC

(757) 838-1894  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits, Cultural Competency Trained, Addictions/ Substance Abuse Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## IPSYCHS LLC

(888) 779-2470

## Rawls-Dolin, Christina Z LPC

Gender: Female  
NPI: 1205244340  
License: NY 008431  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Obsessive-Compulsive Disorder (OCD), Medication Management, Group therapy, Gender Identity, Family Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Its Okay to Not Be Okay Counseling

(757) 992-8910

NPI: 1861118440

Website: itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Men, Infertility, Grief/Death/Dying, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Seely, Bridget M LPC

Gender: Female  
NPI: 1942868575  
License: NC 20915  
Website: itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Men, Infertility, Grief/Death/Dying, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

318 Baron Blvd  
Suffolk, VA 23435  
(757) 992-8910

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1861118440  
Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Men, Infertility, Grief/Death/Dying, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Seely, Bridget M LPC

Gender: Female  
NPI: 1942868575  
License: NC 20915  
Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Men, Infertility, Grief/Death/Dying, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Johnson, Alese B LPC (804) 404-6260

Gender: Female  
NPI: 1356009583  
License: VA 0701011040  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Anxiety Disorder  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## Jones-Mason, Annette M LPC

(757) 937-9915  
Gender: Female  
NPI: 1952992612  
License: VA 0701010232  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Family Therapy, Cultural Competency Trained, Couple, Bereavement, Anxiety/Depression, Anxiety Disorder, Anger Management  
Age 5 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Jordan Bridge Counseling Services, LLC

(757) 504-9528  
NPI: 1164175832  
Website:  
www.jordanbridgecs.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Mental health skill building, Gender Identity, Child/ Pediatric, Anxiety/Depression, Anger Management, Adult  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Gender: Female  
NPI: 1609384171  
License: VA 0701007437  
Website:  
www.jordanbridgecs.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Mental health skill building, Gender Identity, Child/ Pediatric, Anxiety/Depression, Anger Management, Adult  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

132 Bank St  
Suffolk, VA 23434  
(757) 504-9528

NPI: 1164175832  
Website:  
www.jordanbridgecs.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Mental health skill building, Intensive Outpatient - Mental Health, Gender Identity, Child/ Pediatric, Anxiety/Depression, Anger Management, Adult  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM  
Gender: Female  
NPI: 1609384171  
License: VA 0701007437  
Website:  
www.jordanbridgecs.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Mental health skill building, Intensive Outpatient - Mental Health, Gender Identity, Child/ Pediatric, Anxiety/Depression, Anger Management, Adult  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Leaders for Life Inc (804) 477-6137

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Rumph, Standice LPC

Gender: Female  
NPI: 1477002319  
License: VA 0701006715  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Life Works Professional Counseling PLLC

(434) 990-1744  
NPI: 1689148777  
Website:  
www.lifeworksprofessionalcou  
nseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, LGBTQ+,  
Depression, Counselor,  
Cognitive/Behavioral Therapy,  
Child & Adolescent Psychiatry,  
Both Male and Female,  
Borderline Personality  
Disorders, Behavioral Health  
Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Myers, Crystal D LPC

Gender: Female  
NPI: 1326315482  
License: VA 0701005126  
Website:  
www.lifeworksprofessionalcou  
nseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, LGBTQ+,  
Depression, Counselor,  
Cognitive/Behavioral Therapy,  
Child & Adolescent Psychiatry,  
Both Male and Female,  
Borderline Personality  
Disorders, Behavioral Health  
Outpatient  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## Life Worth Living Counseling Ltd

(540) 339-7727

## Artutis, Whitney LPC

Gender: Female  
NPI: 1912537150  
License: VA 0701008885  
Website:  
www.lifeworthlivingcounselin  
g.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## Lifes Journey LLC

(757) 622-0700

## Gill, Benicia H LPC

Gender: Female  
NPI: 1194188136  
License: VA 0701005651  
Website:  
www.lifesjourneyservices.com  
Practice Focus:  
Violence/Trauma (Rape, all  
abuse), Stress Management,  
Sexuality, Multicultural Issues,  
Mood Disorders, LGBTQ+,  
Grief/Death/Dying, Gender  
Identity, Family Therapy,  
Domestic Violence  
Age 9 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM  
Website:  
www.lifesjourneyservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Stress  
Management, Sexuality,  
Multicultural Issues, Mood  
Disorders, LGBTQ+,  
Grief/Death/Dying, Gender  
Identity, Family Therapy  
Age 9 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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## Lighthouse Behavioral Health Center

(804) 447-6382

### Bonds, Rachel LPC

Gender: Female

NPI: 1619661907

License: VA 0701012534

Website: www.lbhc.org

Practice Focus: Virtual Care -

Audio/Visual, Dialectal

Behavior Therapy (DBT),

Cultural Competency Trained,

Anxiety Disorder, ADHD

Age 4 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-5:00 PM

### Coleman, Fatima LPC

Gender: Female

NPI: 1548955388

License: VA 0701014371

Website: www.lbhc.org

Practice Focus: Virtual Care -

Audio/Visual, Trauma -

Focused Cognitive Behavior,

Transgender, Personality

Disorders, LGBTQ+,

Grief/Death/Dying, Couple,

Anxiety/Depression, ADHD

Age 8 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-7:00 PM

Tuesday: 8:30 AM-7:00 PM

Wednesday: 8:30 AM-7:00 PM

Thursday: 8:30 AM-7:00 PM

Friday: 8:30 AM-5:00 PM

### Farrow, Christiana LPC

Gender: Female

NPI: 1386456309

License: VA 0701014386

Website: www.lbhc.org

Practice Focus: Virtual Care -

Audio/Visual, Transgender,

LGBTQ+, Grief/Death/Dying,

Couple, Borderline Personality

Disorders, Anxiety/Depression,

ADD/ADHD

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-7:00 PM

Tuesday: 8:30 AM-7:00 PM

Wednesday: 8:30 AM-7:00 PM

Thursday: 8:30 AM-7:00 PM

Friday: 8:30 AM-5:00 PM

### Franco, Lori LPC

Gender: Female

NPI: 1033577341

License: VA 0701006453

Website: www.lbhc.org

Practice Focus: Virtual Care -

Audio/Visual, Schizophrenia,

Schizoaffective Disorder,

Psychotic Disorders, Cultural

Competency Trained, Anxiety

Disorder

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-5:00 PM

### Gibbs, Lauren LPC

Gender: Female

NPI: 1568142784

License: VA 0701012674

Website: www.lbhc.org

Practice Focus: Virtual Care -

Audio/Visual, Mood Disorders,

Depression, Cultural

Competency Trained, Anxiety

Disorder, ADHD

Age 4 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-5:00 PM

### Happeney, Kevin LPC

Gender: Male

NPI: 1578158994

License: VA 0701010293

Website: www.lbhc.org

Practice Focus: Virtual Care -

Audio/Visual, Personality

Disorders, Marital Therapy,

Depression, Cultural

Competency Trained, Anxiety

Disorder

Age 12 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-5:00 PM

### Ickes, Anna LPC

Gender: Female

NPI: 1053019901

License: VA 0701012213

Website: www.lbhc.org

Practice Focus: Virtual Care -

Audio/Visual, Play Therapy,

Cultural Competency Trained,

Child Abuse, ADHD

Russian

Age 4 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-5:00 PM

### Jennings, Robyn L LPC

Gender: Female

NPI: 1790054781

License: VA 0701005070

Website: www.lbhc.org

Practice Focus: Virtual Care -

Audio/Visual, Post-Traumatic

Stress Disorder (PTSD), Marital

Therapy, Cultural Competency

Trained, Anxiety Disorder

Age 4 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Kulnis, Ashley LPC

Gender: Female  
NPI: 1336723980  
License: VA 0701010473  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Depression, Cultural Competency Trained, Anxiety Disorder, Abuse (Physical, Sexual)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Transgender, Sex Offenders, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mormile, Gabrielle LPC

Gender: Female  
NPI: 1679073894  
License: VA 0701007507  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Gender Identity, Cultural Competency Trained, Art Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM  
**Viles, Laura LPC**  
Gender: Female  
NPI: 1841987237  
License: VA 0701012385  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Marital Therapy, Family Therapy, Depression, Cultural Competency Trained, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Willinger, Julia LPC

Gender: Female  
NPI: 1063039246  
License: VA 0701009681  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Gender Identity, Cultural Competency Trained, Art Therapy, Anxiety Disorder, Abuse (Physical, Sexual)  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Loudoun Counseling Coaching LLC

(571) 375-0668  
NPI: 1134642044  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## Skogsberg, Ellen LPC

Gender: Female  
NPI: 1992287114  
License: VA 0701007834  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## LRS Clinical Group LLC

(757) 334-3439

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Johnson, Brittany PC

Gender: Female  
NPI: 1902314313  
License: VA 0718000557  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Post Partum, Play Therapy, Mood Disorders/Depression, LGBTQ+, Family Therapy  
Age 6 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Post Partum, Play Therapy, Mood Disorders/Depression, LGBTQ+, Family Therapy  
Age 6 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Mental Health Resolutions LLC**  
(757) 310-6150

## King Jr, Howard R PhD

Gender: Male  
NPI: 1598721052  
License: VA 0701001646  
Website: www.mhr-llc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Home Visits, Child Oppositional Defiant, Anxiety/Depression, Anxiety Disorder, ADHD  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## WOOTRES, HEIDI M LPC

Gender: Female  
NPI: 1174279889  
License: VA 0701011226  
Website: www.mhr-llc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Home Visits, Child Oppositional Defiant, Anxiety/Depression, Anxiety Disorder, ADHD  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

**Mermaid Counseling and Consulting LLC**  
(757) 447-7382

## Cornine, Brittany LPC

Gender: Female  
NPI: 1831812569  
License: VA 0701014437  
Website: mermaidcounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression  
Age 18 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Edwards, Rebecca LPC

Gender: Female  
NPI: 1285450239  
License: VA 0701014203  
Website: mermaidcounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Cultural Competency Trained  
Age 14 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Middle Peninsula Northern Neck Community Services**  
(804) 693-5057

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Ashburn, Amanda\*

Gender: Female  
NPI: 1285367177  
License: VA 0701013465  
Website: www.mpnnbh.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Mood Disorders/Depression, Mental Health Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Borderline Personality Disorders, Anxiety/Depression  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-8:00 PM  
Tuesday: 8:30 AM-8:00 PM  
Wednesday: 8:30 AM-8:00 PM  
Thursday: 8:30 AM-8:00 PM  
Friday: 8:30 AM-5:00 PM

## Milestone LLC

(757) 606-2802  
**Coleman, Tamara R LCSW**  
Gender: Female  
NPI: 1487254371  
License: MS C 10044  
Website: www.milestoneagencyva.com  
Practice Focus: Home Visits, Counselor, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Mindful Healing Inc

(540) 521-0151  
NPI: 1174984348  
Website: www.Mindfulhealinginc.com  
Practice Focus: General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MMere Dane Counseling

LLC  
(703) 261-9528  
**Adkinson, Sabrina LPC**  
Gender: Female  
NPI: 1891341244  
License: GA LPC008624  
Website: www.mmeredane.org  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM

NPI: 1124725973

Website: www.mmeredane.org  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Molle, Sandra K MS

(703) 498-7403  
Gender: Female  
NPI: 1548361512  
License: VA 0701004074  
Website: www.integrativecounselingserVICESllc.com  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:00 AM-12:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:00 AM-12:00 PM  
Friday: 8:00 AM-12:00 PM

## Moods Counseling and

## Consulting LLC

(757) 342-2496

NPI: 1093400574

Website: www.moodscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Bipolar, Behavioral Health Outpatient, Anger Management, ADD/ADHD  
Age 4 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM  
**Williams, Mukier M LPC**  
Gender: Female  
NPI: 1427756964  
License: VA 0701011918  
Website: www.moodscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Bipolar, Behavioral Health Outpatient, Anger Management, ADD/ADHD  
Age 4 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

## Mountain River

## Counseling LLC

(540) 219-9137

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hundley, Brigid M LPC

Gender: Female  
NPI: 1497062806  
License: VA 0701004770  
Practice Focus: Virtual Care - Audio/Visual, Seriously Emotionally Disturbed (SED), Cultural Competency Trained, Behavioral Health Outpatient Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM  
NPI: 1831470491  
Practice Focus: Virtual Care - Audio/Visual, Seriously Emotionally Disturbed (SED), Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MountainWELL Counseling

(276) 200-4233

NPI: 1194543553  
Website: mountainwell.clientsecure.me /  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Play Therapy, Mood Disorders, Mental Health Counselor, Cultural Diversity, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Smith, Brandy L PhD

Gender: Female  
NPI: 1679994099  
License: VA 0701005666  
Website: mountainwell.clientsecure.me /  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Play Therapy, Mood Disorders, Mental Health Counselor, Cultural Diversity, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## National Capital Treatment and Recovery

(703) 841-0703

Website: www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(703) 257-5997

## Arnold, Joshua A LPC

Gender: Male  
NPI: 1861028367  
License: FL MH23721  
Website: www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Laryea, Alexis LPC\*

Gender: Female  
NPI: 1649087776  
License: VA 0701014303  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ney, Stephanie M LPC

Gender: Female  
NPI: 1437373511  
License: VA 0701004110  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pulliam, Jena H LPC

Gender: Female  
NPI: 1710631700  
License: VA 0701011184  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Randle, Ezra LPC\*

Gender: Male  
NPI: 1477274686  
License: VA 0701011752  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Salo-Sokolowski, Christine LPC

Gender: Female  
NPI: 1811699887  
License: VA 0701012322  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thomas, Stephanie LPC

Gender: Female  
NPI: 1134922636  
License: VA 0701014695  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Dew, Felicia CP

Gender: Female  
NPI: 1003642232  
License: VA 0701013231  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health,  
Developmental/Behavioral  
Issues, Community-Based  
Treatment, Child Oppositional  
Defiant, Bipolar,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling

Group Inc  
(757) 847-9386

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Felton, Patricia M LPC

Gender: Female  
NPI: 1306419304  
License: VA 0701010646  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, General Mental Health, Developmental/Behavioral Issues, Community-Based Treatment, Child Oppositional Defiant, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Rainey, Katherine LPC

Gender: Female  
NPI: 1063212256  
License: VA 0701013706  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Reid, Renita M LPC

Gender: Female  
NPI: 1538928742  
License: VA 0701013424  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(434) 382-1642

## Frailey, Krystal LPC

NPI: 1033975651  
License: VA 0701014690  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Shrestha, Suchana LPC

Gender: Female  
NPI: 1053070862  
License: VA 0701011013  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Hindi  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(540) 450-2734

## Gorden, Michelle LPC

Gender: Female  
NPI: 1740934181  
Practice Focus: Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Spanish  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(276) 226-2828

## Mitchell, Shelby LPC

Gender: Female  
NPI: 1336914761  
License: ID LCPC 10529  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(434) 260-7877

## Polychrones, Tiffany LPC

Gender: Female  
NPI: 1518659978  
License: VA 0701014501  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Taylor, Ashton LPC

Gender: Female  
NPI: 1629864046  
License: VA 0701014730  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling  
Group Inc**  
(757) 467-8184

## SCOTT, DANA LPC

Gender: Female  
NPI: 1558855346  
License: VA 0701007718  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health,  
Developmental/Behavioral  
Issues, Community-Based  
Treatment, Child Oppositional  
Defiant, Bipolar,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling  
Group Inc**  
(540) 602-3021

## Smith, Holly B LPC

Gender: Female  
NPI: 1154723013  
License: VA 0701004710  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health, Developmental and  
Behavioral Pediatrics,  
Community-Based Treatment,  
Child Oppositional Defiant,  
Bipolar, Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling  
Group Inc**  
(540) 776-0716

## Williams, Kiasha LPC

Gender: Female  
NPI: 1669095410  
License: VA 0701009201  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care -  
Audio only, Community-Based  
Treatment, Behavioral Health  
Multi-Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

1039 Champions Way  
Ste 100  
Suffolk, VA 23435  
(757) 847-9386

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Dew, Felicia CP

Gender: Female  
NPI: 1003642232  
License: VA 0701013231  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, General Mental Health, Developmental/Behavioral Issues, Community-Based Treatment, Child Oppositional Defiant, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Felton, Patricia M LPC

Gender: Female  
NPI: 1306419304  
License: VA 0701010646  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, General Mental Health, Developmental/Behavioral Issues, Community-Based Treatment, Child Oppositional Defiant, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Rainey, Katherine LPC

Gender: Female  
NPI: 1063212256  
License: VA 0701013706  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Reid, Renita M LPC

Gender: Female  
NPI: 1538928742  
License: VA 0701013424  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SCOTT, DANA LPC

Gender: Female  
NPI: 1558855346  
License: VA 0701007718  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Smith, Holly B LPC

Gender: Female  
NPI: 1154723013  
License: VA 0701004710  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

817 Cider Ln  
Ste 200  
Suffolk, VA 23435  
(540) 450-2734

## Gorden, Michelle LPC

Gender: Female  
NPI: 1740934181  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Spanish  
Age 5 and up  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1972673614

Website:

www.ncgcommunity.com

Practice Focus: Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG) Handicap Services available

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## New Choices Counseling INC

(540) 392-7878

### Seagraves, Debbie LPC

Gender: Female

NPI: 1679745616

License: VA 0701002543

Website:

newchoicescounseling.com

Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Cultural Competency Trained Chinese

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-7:00 PM

Tuesday: 9:00 AM-7:00 PM

Wednesday: 9:00 AM-7:00 PM

Thursday: 9:00 AM-7:00 PM

Friday: 9:00 AM-7:00 PM

## New Directions Mental Health Services LLC

(757) 416-5085

Practice Focus: Virtual Care -

Audio/Visual, Home Visits, Behavioral Health Outpatient Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

### Ward, Latoya T

Gender: Female

NPI: 1619243706

License: VA 0701005141

Practice Focus: Virtual Care -

Audio/Visual, Home Visits, Behavioral Health Outpatient Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

### Nolan, Jessica LPC

(703) 479-2947

Gender: Female

NPI: 1497477012

License: VA 0701011791

Website:

www.QuarternoteCounseling.com

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Non-Binary, Mood Disorders, Mental Health Counselor, LGBTQ+, General Mental Health, Gender Identity Age 16 to 50

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Oak Tree Wellness Center LLC

(434) 664-7706

## Bagby, Joy B LPC

Gender: Female

NPI: 1669492880

License: VA 0701003665

Website:

www.oaktreewellness.org

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 11:00 AM-5:00 PM

Tuesday: 11:00 AM-5:00 PM

Wednesday: 11:00 AM-5:00 PM

Thursday: 1:00 PM-7:00 PM

Friday: 9:00 AM-5:00 PM

## Steger, Kimberly L LPC

Gender: Female

NPI: 1912549148

Website:

www.oaktreewellness.org

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Age 10 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 1:00 PM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-2:00 PM

Saturday: 9:00 AM-1:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Tweedy, Eugene PC**

Gender: Male  
NPI: 1427565019  
License: VA 0701008339  
Website:  
www.oaktreewellness.org  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 11:00 AM-5:00 PM  
Wednesday: 11:00 AM-5:00 PM  
Thursday: 11:00 AM-6:00 PM  
Friday: 10:00 AM-5:00 PM

## **Obsidian Therapy Group**

(804) 613-6068

## **Ferebee, Tamara LPC**

Gender: Female  
NPI: 1871740639  
License: VA 0701004365  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Cultural  
Competency Trained, Bipolar,  
Anxiety/Depression, ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Olive Tree Counseling LLC**

(434) 421-0891

NPI: 1134747256  
Website:  
www.olivetrecounselingcent  
er.wordpress.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 6:00 AM-10:00 PM  
Tuesday: 6:00 AM-10:00 PM  
Wednesday: 6:00 AM-10:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 6:00 AM-10:00 PM  
Saturday: 9:00 AM-3:00 PM

## **Paragon Autism Services LLC**

(540) 479-3889

## **Hawkins, Tiajuana LPC**

Gender: Female  
NPI: 1821767385  
License: VA 0701010286  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Spanish  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Paramount Counseling Inc**

(757) 599-0800

## **Hill, Jacqueline J LPC**

Gender: Female  
NPI: 1750741955  
License: VA 0701006401  
Website:  
www.paramountcounselingin  
c.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma -  
Focused Cognitive Behavior,  
Teletherapy, Mood  
Disorders/Depression,  
Intensive In-Home Services,  
Home Visits, Group therapy,  
Grief/Death/Dying, Family  
Therapy, Cultural Competency  
Trained  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Website:  
www.paramountcounselinginc.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Teletherapy, Mood Disorders/Depression, Intensive In-Home Services, Home Visits, Group therapy, Grief/Death/Dying, Family Therapy, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Peck, Karen LPC**

(703) 841-0703  
Gender: Female  
NPI: 1881754323  
License: OK 10666  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pierce, Savannah**

(757) 222-4944  
Gender: Female  
NPI: 1952064214  
License: VA 0701012603  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 7 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-7:00 PM  
Tuesday: 11:00 AM-7:30 PM  
Wednesday: 11:00 AM-7:00 PM  
Thursday: 11:00 AM-7:00 PM  
Friday: 11:00 AM-4:30 PM

## **Progressive Measures Today**

(571) 207-6647

## **Turner, Shantell M LPC**

Gender: Female  
NPI: 1942833520  
License: VA 0718000545  
Website:  
www.progressivemeasurestoday.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
Saturday: 9:00 AM-1:00 PM

## **Quarternote Counseling LLC**

(703) 479-2947

## **Johnson, Margarita LPC**

Gender: Female  
NPI: 1447867908  
License: TX 83964  
Website:  
www.QuarternoteCounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Multicultural Issues, Mood Disorders, Mental Health Counselor, Immigration Populations, DID/MPD, Depression  
Russian  
Age 18 to 60  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

Website:  
www.QuarternoteCounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Sex Offenders, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Non-Binary, Multicultural Issues, Mood Disorders, Mental Health Counselor, Low Income Populations  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Rancourt, Stephanie LMHC**  
(804) 743-0960  
Gender: Female  
NPI: 1790232452  
License: VA 0701012467  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

**Realign Your Mind Counseling Services LLC**  
(804) 592-6620  
NPI: 1427638345  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Redefine Therapy LLC**  
(757) 632-0343  
**Meyers, Melinda J**  
NPI: 1477180065  
License: VA 0701010508  
Website:  
www.redefinetherapyllc.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, General Mental Health, Depression, Cultural Competency Trained, Counselor  
Age 14 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Wieschhaus, Elizabeth R LPC**  
Gender: Female  
NPI: 1750891263  
License: VA 0701014096  
Website:  
www.redefinetherapyllc.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, General Mental Health, Depression, Cultural Competency Trained, Counselor, Anxiety Disorder, Adult  
Age 14 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Redefine Therapy LLC**  
(757) 241-6585

NPI: 1245936616  
Website:  
www.redefinetherapyllc.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, General Mental Health, Depression, Cultural Competency Trained, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Stacy, John L LPC

Gender: Male  
NPI: 1306182795  
License: VA 0710102681  
Website:  
www.redefinetherapyllc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Stress  
Management, Psychotherapy,  
Post-Traumatic Stress Disorder  
(PTSD), Grief/Death/Dying,  
General Mental Health,  
Depression, Cultural  
Competency Trained,  
Counselor  
Spanish  
Age 18 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Region Ten Community Services Board

(434) 972-1800

## Amos, Esmeralda LPC

Gender: Female  
NPI: 1497641922  
License: VA 0701014951  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Davis, Neta LPC

Gender: Female  
NPI: 1306637848  
License: VA 0701002888  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Green, Angela LPC

Gender: Female  
NPI: 1164920591  
License: VA 0701007474  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Janet Krag, Ellen LPC

Gender: Female  
NPI: 1588994297  
License: VA 0701004606  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sheets, Melanie LPC

Gender: Female  
NPI: 1053833087  
License: VA 0701007073  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Release Wellness

(757) 752-9508

## CLERVETT, NIKIENE W LPC

Gender: Female  
NPI: 1285262683  
License: VA 0701009037  
Website:  
WWW.RELEASEYOURWELLNES  
S.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Solution Focused  
Therapy, Post-Traumatic Stress  
Disorder (PTSD), Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder,  
Anger Management, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
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\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1700475845

Website:

WWW.RELEASEYOURWELLNES  
S.COM

Practice Focus: Virtual Care -  
Audio/Visual, Solution Focused  
Therapy, Post-Traumatic Stress  
Disorder (PTSD), Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder,  
Anger Management, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-6:00 PM

## Renae Hall

(540) 252-3151

### Hall, Renae C LPC

Gender: Female

NPI: 1477256170

License: VA 0701012272

Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Cultural Competency Trained  
Spanish

Age 13 to 80

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1114600210

Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Cultural Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Renewal Counseling & Consulting LLC

(805) 508-3220

### Adams, Terea LPC

Gender: Female

NPI: 1093475907

License: VA 0701011097

Practice Focus: Trauma -  
Focused Cognitive Behavior,  
Substance Abuse & Alcohol  
Abuse Center (Outpatient),  
Psychotherapy, Post-  
Traumatic Stress Disorder  
(PTSD), Depression, Bipolar,  
Anxiety Disorder, Anger  
Management, ADHD

Age 18 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Renewal of the Mind

() -

## Addressi, Melissa LPC

Gender: Female

NPI: 1154161305

License: VA 0701013596

Website:

www.vapsychotherapy.com

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 7:00 AM-7:00 PM

Tuesday: 7:00 AM-7:00 PM

Wednesday: 7:00 AM-7:00 PM

Thursday: 7:00 AM-7:00 PM

Friday: 7:00 AM-7:00 PM

Saturday: 7:00 AM-7:00 PM

Sunday: 12:00 PM-5:00 PM

## Cuzzi-Marruffo, Valeria LPC

Gender: Female

NPI: 1154925709

License: VA 0701014689

Website:

www.vapsychotherapy.com

Spanish

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 7:00 AM-7:00 PM

Tuesday: 7:00 AM-7:00 PM

Wednesday: 7:00 AM-7:00 PM

Thursday: 7:00 AM-7:00 PM

Friday: 7:00 AM-7:00 PM

Saturday: 7:00 AM-7:00 PM

Sunday: 12:00 PM-5:00 PM

## Jones, Sharon LPC

Gender: Female

NPI: 1912041112

License: VA 0701010070

Website:

www.vapsychotherapy.com

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 7:00 AM-7:00 PM

Tuesday: 7:00 AM-7:00 PM

Wednesday: 7:00 AM-7:00 PM

Thursday: 7:00 AM-7:00 PM

Friday: 7:00 AM-7:00 PM

Saturday: 7:00 AM-7:00 PM

Sunday: 12:00 PM-5:00 PM

## Kramer, Kelly LPC

Gender: Female

NPI: 1487460929

License: VA 0701014288

Website:

www.vapsychotherapy.com

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 7:00 AM-7:00 PM

Tuesday: 7:00 AM-7:00 PM

Wednesday: 7:00 AM-7:00 PM

Thursday: 7:00 AM-7:00 PM

Friday: 7:00 AM-7:00 PM

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Sunday: 12:00 PM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Moussa, Naglaa LPC

Gender: Female  
NPI: 1023513512  
License: VA 0701007550  
Website:  
www.vapsychotherapy.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Religion Based Therapy, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, Marital Therapy, LGBTQ+ Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

## Otchere, Victoria LPC

Gender: Female  
NPI: 1356938476  
License: VA 0701010090  
Website:  
www.vapsychotherapy.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

## Renewal of the Mind

(571) 264-8192  
NPI: 1548835705  
Website:  
www.vapsychotherapy.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Religion Based Therapy, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, Marital Therapy, LGBTQ+  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
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Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

## Renewed Peace and Healing Therapy Inc

(804) 410-1483  
NPI: 1265189252  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

## Resilience Counseling Social Skills Center

(540) 699-0226  
Agee, Emily LPC  
Gender: Female  
NPI: 1366268666  
License: VA 0701014268  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Barber, Matthew LPC

Gender: Male  
NPI: 1093535767  
License: VA 0701014201  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
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Wednesday: 9:00 AM-5:00 PM  
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Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Byrne, MaryAnn LPC**

Gender: Female  
NPI: 1851715312  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cooper, Margaret LPC**

Gender: Female  
NPI: 1194419630  
License: VA 0701012911  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dimmick, Jordan LPC**

Gender: Male  
NPI: 1972340511  
License: VA 0701013766  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Evangelidou, Georgia LPC\***

Gender: Female  
NPI: 1285401174  
License: VA 0701013108  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
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# Behavioral Services

## Gardner, Adria PC

Gender: Female  
NPI: 1548681976  
License: VA 0701005683  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
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Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hodges, Harry LPC

Gender: Male  
NPI: 1609460971  
License: VA 0701009938  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
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Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Manzano, Annette LPC

Gender: Female  
NPI: 1881367480  
License: VA 0701010652  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Memmer, Karl LPC

Gender: Male  
NPI: 1992247548  
License: VA 0701006803  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
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Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Millson, Christina LPC

Gender: Female  
NPI: 1255008983  
License: VA 0701010777  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mischel, Gabrielle LPC

Gender: Female  
NPI: 1225785686  
License: VA 0701013178  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
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Public Transport: Bus, Subway, Regional Train  
Office Hours:  
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Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Owusu, Shaneka LPC

Gender: Female  
NPI: 1851138747  
License: VA 0701013664  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
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Public Transport: Bus, Subway, Regional Train  
Office Hours:  
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Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Raborn, Rob LPC

Gender: Male  
NPI: 1477952760  
License: VA 0701005386  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Owen, Daniel LPC

Gender: Male  
NPI: 1093686446  
License: VA 0701015368  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
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\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1245724707

Website:

www.resiliencecounseling.com

Practice Focus: Virtual Care -

Audio/Visual, Teletherapy,

Stress Management,

Psychotherapy, Post-

Traumatic Stress Disorder

(PTSD), Mood

Disorders/Depression, Mood

Disorders, Mental Health

Counselor, Grief/Death/Dying,

General Mental Health

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Smith, April LPC**

Gender: Female

NPI: 1730873050

License: VA 0701012545

Website:

www.resiliencecounseling.com

e

Practice Focus: Virtual Care -

Audio/Visual, Teletherapy,

Stress Management,

Psychotherapy, Post-

Traumatic Stress Disorder

(PTSD), Mood

Disorders/Depression, Mood

Disorders, Mental Health

Counselor, Grief/Death/Dying,

General Mental Health

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Zumwalt, Fred LPC**

Gender: Male

NPI: 1508603572

License: VA 0701013733

Website:

www.resiliencecounseling.com

e

Practice Focus: Virtual Care -

Audio/Visual, Teletherapy,

Stress Management,

Psychotherapy, Post-

Traumatic Stress Disorder

(PTSD), Mood

Disorders/Depression, Mood

Disorders, Mental Health

Counselor, Grief/Death/Dying,

General Mental Health

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1104287804

Website:

www.revivingwellnesscounseling.com

Practice Focus: Virtual Care -

Audio/Visual, PreSchool

Posttraumatic Stress Disorder

(PTSD), Mental Health

Counselor, Grief/Death/Dying,

Depression, Cultural

Competency Trained,

Counselor, Anxiety Disorder

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:00 PM

Tuesday: 9:00 AM-7:30 PM

Wednesday: 8:30 AM-5:00 PM

Thursday: 9:00 AM-7:30 PM

Friday: 8:00 AM-2:00 PM

**Rewired Canvas**

**Psychotherapy LLC**

(757) 568-5699

**Reviving Wellness**

**Counseling**

(757) 373-5128

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Kruk-Borisov, Kerry LPC

Gender: Female  
NPI: 1316390420  
License: VA 0701005892  
Website:  
www.rewiredcanvas.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Recovery Oriented Cognitive  
Therapy, Psychotherapy,  
Motivational Enhancement  
Therapy, Family  
psychoeducation (FPE),  
Cognitive/Behavioral Therapy,  
Chemical Dependency/Co-  
Dependency, Certified Drug &  
Alcohol Counselor, Brief  
Psychotherapy  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1457171563  
Website:  
www.rewiredcanvas.com/  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Rivers of Hope Counseling Center LLC

(855) 326-4673

## Boothe, Cherri LPC

Gender: Female  
NPI: 1457814121  
License: VA 0701008197  
Website:  
www.riversofhopecounseling.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Virtual Care -  
Audio only,  
Cognitive/Behavioral Therapy  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## Brooks, Allison P LPC

Gender: Female  
NPI: 1790440279  
License: VA 0701010927  
Website:  
www.riversofhopecounseling.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained, SPMI  
(Severe & Persistently Mentally  
Ill), School Based Provider, Post  
-Traumatic Stress Disorder  
(PTSD), Post Partum  
Depression, Personality  
Disorders, Mood Disorders,  
Grief/Death/Dying,  
Cognitive/Behavioral Therapy  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## Harkless, Leanora J

Gender: Female  
NPI: 1134845449  
License: VA 0701013240  
Website:  
www.riversofhopecounseling.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained, Post-  
Traumatic Stress Disorder  
(PTSD), Post-Traumatic Stress,  
Personality Disorders, Mood  
Disorders, Dialectal Behavior  
Therapy (DBT), Depression,  
Cognitive/Behavioral Therapy,  
Chemical Dependency/Co-  
Dependency  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Mubarak, Kimberleigh LPC

Gender: Female  
NPI: 1912716721  
License: VA 0701014318  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Grief/Death/Dying, Dialectal Behavior Therapy (DBT), Couple Counseling, Cognitive/Behavioral Therapy, Child/ Pediatric, Autism Spectrum Disorders, Anxiety/Depression, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## Rooted Counseling Group LLC

(540) 447-5207

## Weaber, Lisa M MA

Gender: Female  
NPI: 1508037094  
License: VA 0701004195  
Website:  
rootedcounselinggroup.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Roots of Renewal LLC

(434) 907-8483

## Hayes, Christina H LPC\*

Gender: Female  
NPI: 1407268477  
License: VA 0701005813  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Victims of domestic violence, Victim Awareness, Trauma - Focused Cognitive Behavior, Motivational interviewing, Mental Health Counselor, Marital Therapy, Cultural Competency Trained, Counselor  
Age 12 to 85  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## ROWLLINS MENTAL HEALTH AND WELLNESS CENTER LLC

(276) 293-1244

NPI: 1518450022

Website: rowllinsmhwc.com/  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Learning Disabilities, Family Therapy, Dissociative disorder, Developmental/Behavioral Issues, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Autism, Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 10:00 AM-9:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Rowsey Collins, Laura A

Gender: Female  
NPI: 1598268377  
License: VA 0701007554  
Website: rowllinsmhwc.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mood  
Disorders/Depression,  
Learning Disabilities, Family  
Therapy, Dissociative disorder,  
Developmental/Behavioral  
Issues, Chemical  
Dependency/Co-Dependency,  
Behavioral Health Outpatient,  
Autism, Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 10:00 AM-9:00 PM

## RVA Counseling

(804) 716-0428

## Gutierrez, Skyler M LPC

Gender: Female  
NPI: 1275295214  
License: VA 0701010901  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adolescents  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Haling, Samantha LPC

Gender: Female  
NPI: 1427823699  
License: VA 0701013067  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 14 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Ingebretsen, Kaitlin LPC

Gender: Female  
NPI: 1013651850  
License: VA 0701011406  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM  
NPI: 1407492895

Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Southall, David LPC

Gender: Male  
NPI: 1245955731  
License: VA 0701011817  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 14 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Safehaven Empowerment Wellness LLC

(757) 814-9069

## Hursey-Wingate, Joni LPC

Gender: Female  
NPI: 1851523187  
License: VA 0701004622  
Practice Focus: Adult  
Psychiatry, Adolescent  
Psychiatry  
Age 10 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1427813740  
Practice Focus: Adult  
Psychiatry, Adolescent  
Psychiatry  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SaVida Health PC** (833) 356-4080

### **Arcaya, Stephen LPC**

Gender: Male  
NPI: 1457019754  
License: VA 0701013212  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **Carrels Zeller, Jayne A LPC**

Gender: Female  
NPI: 1376793083  
License: VA 0701004811  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **Haskins, Juanita D LPC**

Gender: Female  
NPI: 1598331316  
License: VA 0002072319  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **Isaac, Linda C LPC\***

Gender: Female  
NPI: 1366941098  
License: VA 0718000519  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **Rosewell, Ryan LPC**

Gender: Male  
NPI: 1689183873  
License: VA 0701005943  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Seaside Behavioral Health**

(757) 648-8605  
NPI: 1295284255  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Social supports/social  
determinants of health,  
Sexually acting out behaviors,  
Multidimensional Family  
Therapy, Medication  
Management, Independent  
Assessment & Coordination  
(IACCT), IACCT Follow-Up:  
Independent Assessment &  
Coordination, Family Therapy,  
Domestic Violence  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Seay, Joshua LPC** (804) 592-6620

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Male  
NPI: 1447060322  
License: VA 0701014408  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 PM-8:00 PM  
Tuesday: 12:00 PM-8:00 PM  
Wednesday: 12:00 PM-8:00 PM  
Thursday: 12:00 PM-8:00 PM  
Friday: 9:00 AM-5:00 PM  
Sunday: 12:00 PM-7:00 PM

## **Seek Serenity LLC** (703) 939-7741

**Samsudin, Shafinah LPC**  
Gender: Female  
NPI: 1346683919  
License: VA 0812000792  
Website:  
www.seekserenity.net  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Family Therapy  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

NPI: 1134648678  
Website:  
www.seekserenity.net  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Family Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Seven Summits Family Services** (757) 351-6305

**Jones-Mason, Annette M LPC**  
Gender: Female  
NPI: 1952992612  
License: VA 0701010232  
Website:  
www.sevensummitsfs.com  
Practice Focus: Post-Traumatic Stress Disorder (PTSD), Intensive In-Home Services, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Grief/Death/Dying, Family Therapy, Depression, Cultural Competency Trained, Bereavement, Anxiety/Depression  
Age 5 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## **Shipp, Arielle LPC** (757) 965-8623

Gender: Female  
NPI: 1043828924  
License: VA 0701012522  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Silver Linings Therapy**  
(757) 231-5434  
NPI: 1376386821  
Website:  
www.silverliningstherapyllc.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Southside Services LLC** (757) 309-1405

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Scott, Annie LPC

Gender: Female  
NPI: 1053923185  
License: VA 0701008627  
Practice Focus: Post-Traumatic Stress Disorder (PTSD), Play Therapy, Intensive In-Home Services, Intellectual Development Disabilities (IDD), Group therapy, Grief/Death/Dying, Family Therapy, Developmental/Behavioral Issues, Community-Based Treatment, Autism  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## SOUTHWEST REGIONAL COUNSELING SERVICES INC

(276) 883-5050

## Blake, Jennifer H LPC

Gender: Female  
NPI: 1801574074  
License: VA 0701012644  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Counselor, Addictions/ Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Counselor, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Spread Your Wings Supportive Counseling LLC**  
(804) 528-4331

Practice Focus: Virtual Care - Audio/Visual, Residential Treatment Center - Substance Abuse, Residential Treatment Center - Mental Health, Mobile crisis response (MCR), Mental health skill building, Intensive Outpatient - Substance Abuse, Intensive Outpatient - Mental Health, Home Visits, General Mental Health, Cultural Competency Trained  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wingfield, Pippi M LCSW

Gender: Female  
NPI: 1619730165  
License: VA 0904015990  
Practice Focus: Virtual Care - Audio/Visual, Residential Treatment Center - Substance Abuse, Residential Treatment Center - Mental Health, Mobile crisis response (MCR), Mental health skill building, Intensive Outpatient - Substance Abuse, Intensive Outpatient - Mental Health, Home Visits, General Mental Health, Crisis Stabilization (CS)  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:00 PM  
Tuesday: 8:30 AM-4:00 PM  
Wednesday: 8:30 AM-4:00 PM  
Thursday: 8:30 AM-4:00 PM  
Friday: 8:30 AM-4:00 PM

## SpringHealth BH and Integrated Care VA

(888) 515-1793  
NPI: 1467827493  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Turner, Brittney P

Gender: Female  
NPI: 1558833566  
License: VA 0701008083  
Website:  
www.Springhealthbehavioral.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Starling Medical Group PC (508) 202-1011

### Autry, Joseph LPC

Gender: Male  
NPI: 1205414927  
License: VA 0701010290  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Barnes, Kameka LPC

Gender: Female  
NPI: 1013528181  
License: VA 0701013735  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Boone, Catherine LPC

Gender: Female  
NPI: 1881303394  
License: VA 0701013255  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Chamberlain, Amber LPC

Gender: Female  
NPI: 1679172308  
License: VA 0701003645  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Dhillon, Jasmine LPC

Gender: Female  
NPI: 1174028807  
License: VA 0701007543  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Hindi  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Ductan, Patricia

Gender: Female  
NPI: 1861813594  
License: VA 0701012292  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Hemling, Heidi S LPC\*

Gender: Female  
NPI: 1912435314  
License: VA 0701014392  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Short, Emma L LPC

Gender: Female  
NPI: 1124216577  
License: VA 0812000550  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Stepping Stone Behavioral Health LLC

(347) 794-3761

## O'Connor, Brendan LPC

Gender: Male  
NPI: 1164008819  
License: VA 0701010352  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Strategic Therapy Associates

(434) 237-9450

## Blondino, George LPC

Gender: Male  
NPI: 1467541706  
License: VA 0701002567  
Website: [www.strategictherapyassociates.com/](http://www.strategictherapyassociates.com/)  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hamlin, Kimberly LPC

Gender: Female  
NPI: 1699484105  
License: VA 0701011870  
Website: [www.strategictherapyassociates.com/](http://www.strategictherapyassociates.com/)  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mace, Erin LPC

Gender: Female  
NPI: 1003137357  
License: VA 0701004852  
Website: [www.strategictherapyassociates.com/](http://www.strategictherapyassociates.com/)  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Miles, Faye LPC

Gender: Female  
NPI: 1598060576  
License: VA 0701004945  
Website: [www.strategictherapyassociates.com/](http://www.strategictherapyassociates.com/)  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Presley, Melissa LPC

Gender: Female  
NPI: 1063132371  
License: VA 0701011751  
Website: [www.strategictherapyassociates.com/](http://www.strategictherapyassociates.com/)  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Website: [www.strategictherapyassociates.com/](http://www.strategictherapyassociates.com/)  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Vaughn, Amy LPC

Gender: Female  
NPI: 1336800507  
License: VA 0701011092  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Success Behavioral Health Services

(757) 903-2253

## Harris, Stacey R LPC

Gender: Female  
NPI: 1245708460  
License: VA 0701003146  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, General Mental Health, Family Therapy, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, Behavioral Health Outpatient,  
Anxiety/Depression  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Palmaz, Cynthia P LPC

Gender: Female  
NPI: 1952398745  
License: NC 16230  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, General Mental Health, Family Therapy, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, Behavioral Health Outpatient,  
Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## SWS Counseling Services

(540) 314-9266  
**Stephens, Sonda LPC**  
Gender: Female  
NPI: 1740446665  
License: VA 0701004190  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Taylor, Takiya LPC

(757) 453-4485  
Gender: Female  
NPI: 1144785718  
License: VA 0718000447  
Website:  
www.nlsawcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-3:00 PM

## Team LLC

(804) 644-6190

## Derderian, Kristina LPC

Gender: Female  
NPI: 1972039055  
License: VA 0701006384  
Website: teamservices.care/  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## The Barry Robinson Center

(757) 524-5585  
**Carrano, Elizabeth**  
Gender: Female  
NPI: 1265111967  
License: FL TPMC5859  
Website:  
www.barryrobinson.org  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Age 24 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Salinas Rodriguez, Jessica

Gender: Female  
NPI: 1801292339  
License: VA 0701005984  
Website:  
www.barryrobinson.org  
Practice Focus: Virtual Care -  
Audio/Visual, Counselor  
Spanish  
Age 24 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1659423200  
Website:  
www.barryrobinson.org  
Practice Focus: Virtual Care -  
Audio/Visual, Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wynder, Nicole LPC

Gender: Female  
NPI: 1245567866  
Website:  
www.barryrobinson.org  
Practice Focus: Virtual Care -  
Audio/Visual, Counselor  
Age 24 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## The Mahogany Projek LLC (757) 945-4005

## O'Rourke, Sharde LMFT

Gender: Female  
NPI: 1730617002  
License: VA 0701006742  
Website:  
www.themahoganyprojek.com  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Sexually acting  
out behaviors, Sex Offenders,  
Pregnancy-  
Related/Postpartum  
Depression/MH Disorders,  
Pregnancy-Related and  
Postpartum SUD, Post-  
Traumatic Stress Disorder  
(PTSD), LGBTQ+,  
Homeless/Outreach,  
Homebound Persons  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM  
Saturday: 9:00 AM-12:00 PM

## The Up Center (757) 965-8622

## Arnett, Heather LPC

Gender: Female  
NPI: 1184197915  
License: TN 5656  
Practice Focus: Virtual Care -  
Audio/Visual, Sexuality, Post-  
Traumatic Stress Disorder  
(PTSD), Grief/Death/Dying,  
Eating Disorders,  
Anxiety/Depression, Anger  
Management, Addictions/  
Substance Abuse  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## The Up Center (757) 622-7017

## Calletto, Catherine M LPC

Gender: Female  
NPI: 1528573565  
License: VA 0701007410  
Practice Focus: Virtual Care -  
Audio/Visual, Sexuality, Post-  
Traumatic Stress Disorder  
(PTSD), Grief/Death/Dying,  
Eating Disorders,  
Anxiety/Depression, Anger  
Management, Addictions/  
Substance Abuse  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Falvo, Marina LCSW

Gender: Female  
NPI: 1245508043  
License: VA 0904006539  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
NPI: 1629158159  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Trewartha, Shannon LPC

Gender: Female  
NPI: 1689995524  
License: VA 0701004842  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

109 1/2 Clay St  
Suffolk, VA 23434  
(757) 965-8623

## Shipp, Arielle LPC

Gender: Female  
NPI: 1043828924  
License: VA 0701012522  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

109 1/2 Clay St  
Suffolk, VA 23434  
(757) 965-8663  
NPI: 1629158159

Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Therapeutic Counseling Consulting

(804) 322-9955  
**Breitenbach, Kellyn**  
Gender: Female  
NPI: 1598559569  
License: VA 0701014715  
Website:  
[www.therapeuticcounseling.org/?gad\\_source=1&gad\\_campaign=1](http://www.therapeuticcounseling.org/?gad_source=1&gad_campaign=1)  
Practice Focus: Virtual Care - Audio only, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mental Health Counselor, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
NPI: 1033706304  
Website:  
[www.therapeuticcounseling.org/?gad\\_source=1&gad\\_campaign=1](http://www.therapeuticcounseling.org/?gad_source=1&gad_campaign=1)  
Practice Focus: Virtual Care - Audio only, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mental Health Counselor, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Vicario, Chelsea**

Gender: Female  
NPI: 1922513340  
License: VA 0701011416  
Website:  
www.therapeuticcounseling.org/?gad\_source=1&gad\_campaign=Virtual\_Care - Audio only, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mental Health Counselor, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Villeneuve, Sydney**

Gender: Female  
NPI: 1326796939  
License: VA 0701011086  
Website:  
www.therapeuticcounseling.org/?gad\_source=1&gad\_campaign=Virtual\_Care - Audio only, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mental Health Counselor, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Therapy Owls LLC**

(757) 232-7108  
**Goss, Kathryn LPC\***  
Gender: Female  
NPI: 1992287833  
License: VA 0710103039  
Website: therapyowls.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Teletherapy, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Social supports/social determinants of health, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Play Therapy  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 9:00 AM-9:00 PM

NPI: 1295460129

Website: therapyowls.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Teletherapy, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Social supports/social determinants of health, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Play Therapy  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 9:00 AM-9:00 PM

## **Third Space Therapy PLLC**

(833) 244-4878

## **Gorden, Michelle LPC**

Gender: Female  
NPI: 1740934181  
Website: thirdspace-therapy.com/  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Jamie, Miller M**

Gender: Female  
NPI: 1639761067  
License: VA 0701010245  
Website: thirdspace-therapy.com/  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Long, Katherine D LCMHC**  
Gender: Female  
NPI: 1740554997  
License: VA 0701007362  
Website: thirdspace-therapy.com/  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1215780234  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Thrive Counseling LLC** (855) 634-0999

**Davidson, Stacie LPC**  
Gender: Female  
NPI: 1194128264  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Thriving Families Counseling LLC** (540) 988-3108

**Broach-Lee, Dana LPC**  
Gender: Female  
NPI: 1942672233  
License: VA 0701006327  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Reed, Cecelia LPC**  
Gender: Female  
NPI: 1912541244  
License: VA 0701008724  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1467973859  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1467973859  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tidal Counseling PLC** (757) 637-0840

**Bybee, Ruth LPC**  
Gender: Female  
NPI: 1003493412  
License: VA 0701010345  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1245970664  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Total Life Counseling Inc** (540) 989-1383

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Gutierrez, Eric LPC**

Gender: Male  
NPI: 1023557261  
License: VA 0701006999  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-12:00 PM  
Tuesday: 9:00 AM-12:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Miller, Christopher LPC**

Gender: Male  
NPI: 1417229550  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **Price, Stephen K LPC**

Gender: Male  
NPI: 1760563167  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 1:00 PM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **Rife, Charles A LPC**

Gender: Male  
NPI: 1689760647  
License: VA 0717000151  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1205985066  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 1:00 PM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **West, David LPC**

Gender: Male  
NPI: 1215114079  
License: VA 0701000697  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Transforming Hearts LLC** (757) 937-9915

NPI: 1154885366  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Family Therapy, Cultural Competency Trained, Couple, Bereavement, Anxiety/Depression, Anxiety Disorder, Anger Management  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tucker Psychiatric Clinic Inc** (804) 320-7881

### **Anderson, Kathi LPC**

Gender: Female  
NPI: 1053302174  
License: VA 0701003594  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1003911256  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## UNITED COMMUNITY SOLUTIONS

(757) 410-2644  
Website:  
WWW.UNITEDCOMMUNITYSOLUTION.COM  
Practice Focus: Post-Traumatic Stress Disorder (PTSD), Peer support services, Partial Hospitalization - Mental Health, Mobile Response Stabilization Support, Mobile crisis response (MCR), Mental health skill building, Mental Health Counselor, Medication Management, Intensive Outpatient - Mental Health, Intensive In-Home Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Virginia Beach Counseling Services PLLC**  
(757) 289-1125

**Cummings, Shenell LPC**  
Gender: Female  
NPI: 1811614076  
License: VA 0718000691  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

**Evans, Markesha LPC**  
Gender: Female  
NPI: 1497523716  
License: VA 0701013125  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

**Mattox, Karen LPC**  
Gender: Female  
NPI: 1588169650  
License: VA 0701007573  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Rocha, Edgardo LPC**

Gender: Male  
NPI: 1013552900  
License: VA 0701011684  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+ Spanish  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

## **Scott, Chara LPC**

Gender: Female  
NPI: 1619675279  
License: VA 0701012219  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

NPI: 1114305034

Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Virginia Counseling and Community Development** (804) 218-8182

### **Martin Jr, Sanford P LPC**

Gender: Male  
NPI: 1932187986  
License: VA 0701001939  
Website: www.vaccd.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Virginia Institute of Pastoral Care Group** (804) 282-8332

### **Thorpe, Douglas PC**

Gender: Male  
NPI: 1346455383  
License: VA 0701004496  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1316159221  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Westmoreland Counseling Services

(540) 330-5669

### Mason, Sabrina LPC

Gender: Female  
NPI: 1992425169  
License: VA 0701011623  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Westmoreland, Lisa LPC**  
Gender: Female  
NPI: 1477935377  
License: VA 0701006166  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Whitfield, Latifah LPC

(406) 238-2500  
Gender: Female  
NPI: 1124843289  
License: VA 0701014101  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

**Whole Village Counseling Advocacy and Mental Health Services**  
(757) 454-2112

**Jones, Natasha L PC**  
Gender: Female  
NPI: 1194222323  
License: VA 0701007588  
Website: wholevillagecounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Intensive Outpatient - Substance Abuse, Group therapy, Grief/Death/Dying, Faith-based/spiritual, Chemical Dependency/Co-Dependency, Certified Drug & Alcohol Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Wholehearted Counseling PC

(757) 578-2985

**Armstrong, Shepperson LPC**  
Gender: Male  
NPI: 1386405413  
License: VA 0701012962  
Website: www.wholeheartedcounselinghr.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Anxiety/Depression, Adjustment Disorders, Addictions/ Substance Abuse, ADD/ADHD  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Brown, Kathleen LPC**

Gender: Female  
NPI: 1982385225  
License: VA 0701012719  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
LGBTQ+, Anxiety/Depression,  
Adjustment Disorders,  
ADD/ADHD  
Age 8 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lloyd, Kathleen LPC**

Gender: Female  
NPI: 1275140600  
License: VA 0701009942  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression,  
Adjustment Disorders  
Age 18 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Mari Candelieri, Kira LPC**

Gender: Female  
NPI: 1104561505  
License: VA 0701008094  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression,  
Adjustment Disorders,  
ADD/ADHD  
Age 16 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Opauski, Rachel C LPC**

Gender: Female  
NPI: 1851855688  
License: VA 0701008055  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression,  
Adjustment Disorders,  
ADD/ADHD  
Age 12 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1093202541

Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
LGBTQ+, Anxiety/Depression,  
Adjustment Disorders,  
Addictions/ Substance Abuse,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wyche Counseling Services LLC**

(434) 336-7837  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Home Visits,  
Counselor, Community-Based  
Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wyche, Shameka P LPC**

Gender: Female  
NPI: 1699369074  
License: VA 0701010299  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Counselor,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **YOUTH IMPACT MENTAL HEALTH COMPANY**

(804) 307-4660  
Practice Focus: Virtual Care -  
Audio/Visual, Mood  
Disorders/Depression, Mental  
Health Counselor, General  
Mental Health  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## **Psychiatric/Mental Health Clinical Nurse Specialist**

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**Shaping Your Future  
Psychiatry**  
(757) 528-2850

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Parker, Trisha APRN**

Gender: Female  
NPI: 1528609187  
License: VA 0024178308  
Website:  
shapingyourfuturepsych.com/  
schedule/  
Practice Focus: Virtual Care -  
Audio/Visual, Psychiatry,  
Medication Management,  
Home Visits  
Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Psychiatric/Mental Health Nurse Practitioner**

### **A New Way of Life Recovery Center LLC**

(757) 227-7665  
Practice Focus: Peer support  
services, Medication  
Management, Group therapy,  
Community-Based Treatment,  
Chemical Dependency/Co-  
Dependency, ASAM Level 2.5  
Partial Hospitalization, Adult  
Substance users  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pittman, Stacie PMHNP\***

Gender: Female  
NPI: 1144899592  
License: VA 0024182161  
Practice Focus: Peer support  
services, Medication  
Management, Group therapy,  
Community-Based Treatment,  
Chemical Dependency/Co-  
Dependency, ASAM Level 2.5  
Partial Hospitalization, Adult  
Substance users  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Abe-Fapohunda, Adebola NP**

(703) 841-0703  
Gender: Female  
NPI: 1083227177  
License: VA 0024182981  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Abundant Life partners LLC**

(757) 603-4603  
**Brown, Deirdre PMHNP\***  
Gender: Female  
NPI: 1053103242  
License: VA 0001285133  
Website:  
www.abundantlifepartners.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Geriatric  
Psychiatry, Cultural  
Competency Trained, Adult  
Psychiatry  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hanna, Benjamin PMHNP\***

Gender: Male  
NPI: 1386448264  
License: VA 0024191889  
Website:  
www.abundantlifepartners.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Anxiety/Depression, Adult  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Yowell, Sarah FNP**

Gender: Female  
NPI: 1386237964  
License: VA 0024180134  
Website:  
www.abundantlifepartners.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Telepsychiatry,  
Psychiatry, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Acacia Health Partners**

(804) 395-7463  
NPI: 1487383626  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Cultural  
Competency Trained,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Timok, Cynthia NP\*

Gender: Female  
NPI: 1508621962  
License: VA 0024189499  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Cultural Competency Trained, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, ADHD  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Addiction Wellness Center  
VA LLC**  
(540) 655-2936

## Mitchell, Jeanette NP\*

Gender: Female  
NPI: 1659597185  
License: VA 0024187305  
Website:  
www.addictionwellnesscenter  
va.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Group therapy, Family Therapy, Cultural Competency Trained, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Anxiety Disorder  
Spanish  
Age 18 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Tucker, Khudsiatu NP\*

Gender: Female  
NPI: 1831707488  
License: VA 0024179570  
Website:  
www.addictionwellnesscenter  
va.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Group therapy, Family Therapy, Cultural Competency Trained, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Anxiety Disorder  
Age 18 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**All Hope Behavioral  
Health Services PC**  
(703) 542-3737

NPI: 1760715403  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Greeley, Matthew P  
PMHNP\***  
Gender: Male  
NPI: 1013618057  
License: WV 115835  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
French  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Ascend Polywellness Center LLC

(678) 507-4370

### Ohene, Maureen NP\*

Gender: Female

NPI: 1003512781

License: VA 0024185742

Website:

ascendpolywellness.com

Practice Focus: Virtual Care -

Audio/Visual, Mental health

skill building, Cultural

Competency Trained, Crisis

Stabilization (CS),

Anxiety/Depression, (IOP)

Intensive Outpatient

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Ascension Psychiatric Services LLC

(804) 636-7104

NPI: 1184471898

Practice Focus: Virtual Care -

Audio/Visual, Virtual Care -

Audio only, Psychotherapy,

Psychological Testing, Pain

Management

Services/Behavioral Health,

Medication Management,

Home Visits, General Mental

Health,

Developmental/Behavioral

Issues, Depression

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Associates in Brief Therapy Inc

(540) 772-8043

NPI: 1033286794

Website:

www.abtcounseling.com

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Mood Disorders,

Depression, Anxiety Disorder,

Adult Psychiatry, Addiction

Medicine

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Howard, Chaney J\*

Gender: Female

NPI: 1841986296

License: VA 0001254815

Website:

www.abtcounseling.com

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Mood Disorders,

Depression, Anxiety Disorder,

Adult Psychiatry, Addiction

Medicine

Age 13 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-12:30 PM

## Associates of York LLC

(757) 865-1843

NPI: 1801675194

Practice Focus: Virtual Care -

Audio/Visual, Mood

Disorders/Depression

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Duran, Rusty R APRN\*

Gender: Female

NPI: 1528570538

License: VA 0001276267

Practice Focus: Virtual Care -

Audio/Visual, Mood

Disorders/Depression

Limited Handicap Accessibility

Tagalog

Age 99 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-4:30 PM

## Bekele, Bethelhem NP

(703) 841-0703

Gender: Female

NPI: 1457950610

License: VA 0001302945

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Addictions/ Substance Abuse,

Addiction Medicine

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Better Solutions Behavioral Health Care LLC

(434) 368-0131

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1588232250

Website: www.bsnhc.com

Practice Focus: Virtual Care -

Audio/Visual, Mood

Disorders/Depression,

Medication Management

Age 9 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Lankford, Candace PMHNP

Gender: Female

NPI: 1134751530

License: VA 0024178770

Website: www.bsnhc.com

Practice Focus: Virtual Care -

Audio/Visual, Mood

Disorders/Depression,

Medication Management

Age 9 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Blue Ridge Telehealth LLC

(540) 772-8043

## Dietrich, Cecile NP\*

Gender: Female

NPI: 1578024824

License: VA 0024177453

Practice Focus: Virtual Care -

Audio/Visual, Veteran's Issues,

Schizophrenia, Schizoaffective

Disorder, Post-Traumatic

Stress, Personality Disorders,

Mood Disorders, Medication

Management, Medication

Assisted Treatment, Both Male

and Female

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-5:30 PM

## Newbold, Temple M NP

Gender: Female

NPI: 1851953699

License: VA 0024177518

Practice Focus: Virtual Care -

Audio/Visual, Veteran's Issues,

Schizophrenia, Schizoaffective

Disorder, Post-Traumatic

Stress, Personality Disorders,

Mood Disorders, Medication

Management, Medication

Assisted Treatment, Both Male

and Female

French

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-5:30 PM

## Boateng, Ama NP

(703) 841-0703

Gender: Female

NPI: 1508401696

License: VA 0001241895

Website:

www.natcaptreatment.org

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Addictions/ Substance Abuse,

Addiction Medicine

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Brave Health Medical

### Group PA

(305) 902-6347

## DuBose, Joseph NP

Gender: Male

NPI: 1639110281

License: OK 221136

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

## Igbonegun, Ericka R NP

Gender: Female

NPI: 1962849745

License: OH APRN.CNP.14512

Spanish

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

## Brighter Days Mental

### Health Services LLC

(804) 659-7581

## Bragg, Laytoya Y PMHNP

Gender: Female

NPI: 1033752951

License: VA 0024178657

Website:

www.brighterdaysmhs.com

Practice Focus: Virtual Care -

Audio/Visual, Telepsychiatry,

Schizophrenia, Schizoaffective

Disorder, Psychotherapy,

Psychiatry, Mood

Disorders/Depression,

Medication Management,

Geriatric Psychiatry, Bipolar

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1376154609

Website:

www.brighterdaysmhs.com

Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Schizophrenia, Schizoaffective Disorder, Psychotherapy, Psychiatry, Mood Disorders/Depression, Medication Management, Geriatric Psychiatry, Bipolar Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Giles, Kiana\***

Gender: Female

NPI: 1386474542

License: VA 0024190655

Website:

www.brighterdaysmhs.com

Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Schizophrenia, Schizoaffective Disorder, Psychotherapy, Psychiatry, Mood Disorders/Depression, Medication Management, Geriatric Psychiatry, Bipolar Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Turner-Williams, Whitney\***

Gender: Female

NPI: 1982440376

License: VA 0024190626

Website:

www.brighterdaysmhs.com

Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Schizophrenia, Schizoaffective Disorder, Psychotherapy, Psychiatry, Mood Disorders/Depression, Medication Management, Geriatric Psychiatry, Bipolar Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Brightview LLC**

(833) 510-4357

NPI: 1649786260

Website:

Brightviewhealth.com

Practice Focus: Virtual Care - Audio only, Addictions/ Substance Abuse

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

**Cenerizio, Michelle PMHNP**

Gender: Female

NPI: 1629410204

Website:

Brightviewhealth.com

Practice Focus: Virtual Care - Audio only, Addictions/ Substance Abuse

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

2790 Godwin Blvd

Ste 210

Suffolk, VA 23434

(833) 510-4357

NPI: 1649786260

Website:

Brightviewhealth.com

Practice Focus: Virtual Care - Audio only, Addictions/ Substance Abuse

Handicap Accessible: Parking, Restroom

Public Transport: Bus

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Center for Care and Resiliency**

(540) 344-5300

NPI: 1053902742

Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained,

Transgender, Transcranial Magnetic Stimulation (TMS), Schizophrenia, Psychology, Psychiatry, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Partial Hospitalization - Substance Abuse

Limited Handicap Accessibility Age 16 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Pruitt, Katie PMHNP\***

Gender: Female  
NPI: 1215641071  
License: VA 0024186013  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Couple Counseling  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Central Virginias Preferred Providers**

(804) 330-6441  
NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Ramondo, Ania RN\***

Gender: Female  
NPI: 1972055853  
License: VA 0001246631  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Polish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **CERVELLO-WELLNESS**

(301) 392-7120  
NPI: 1083239255  
Website: CERVELLO-WELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Garcia, Karen NP\***

Gender: Female  
NPI: 1205520608  
License: MD R224260  
Website: CERVELLO-WELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lau, Jou Hou**

Gender: Male  
NPI: 1659131647  
License: VA 0024189763  
Website: CERVELLO-WELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tyson, Mimi\***

Gender: Female  
NPI: 1952960924  
License: MD R180111  
Website: CERVELLO-WELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Charis Mental Health PLLC**

2470 Pruden Blvd  
Suffolk, VA 23434  
(757) 922-8046  
NPI: 1982130555  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
  
2470 Pruden Blvd  
Suffolk, VA 23434  
(757) 922-8047

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Egbuniwe, Gloria NP\***

Gender: Female  
NPI: 1912572009  
License: VA 0024181476  
Practice Focus: Personality Disorders, Mood Disorders/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sweat, Tanita PMHNP\***

Gender: Female  
NPI: 1720572357  
License: VA 0024176357  
Practice Focus: Post Partum, Mood Disorders/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Charles, Edner NP**

(703) 841-0703

Gender: Male  
NPI: 1396171385  
License: VA 0024172505  
Website: [www.natcaptreatment.org](http://www.natcaptreatment.org)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Charles, Marie NP**

(703) 841-0703  
Gender: Female  
NPI: 1376048348  
License: MD R221196  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cho, Esther NP**

(406) 361-3146

Gender: Female  
NPI: 1609645993  
License: VA 0024191104  
Website: [www.charliehealth.com/](http://www.charliehealth.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## **Clinical Associates of Tidewater**

(757) 877-7700  
NPI: 1447341615  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Warzinski, Katherine NP\***

Gender: Female  
NPI: 1699169995  
License: VA 0001212504  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Coastal Medical and Psychiatric Services**

(757) 310-6900  
NPI: 1134460132  
Website: [cmppsva.com/](http://cmppsva.com/)  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry & Neurology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Owens, Kelly MSN\*

Gender: Female  
NPI: 1124406871  
License: VA 0024172522  
Website: cmpsva.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Psychiatry &  
Neurology  
Age 12 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Samborski, Katrina MSN\*

Gender: Female  
NPI: 1710767355  
License: VA 0024188343  
Website: cmpsva.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Psychiatry &  
Neurology  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

**Confidant Providers LLC**  
(203) 747-8696

## Afriyie, Gloria APRN

Gender: Female  
NPI: 1659074599  
License: VA 0024186686  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Psychopharmacology, Post-  
Traumatic Stress Disorder  
(PTSD), Medication  
Management, Depression,  
Anxiety Disorder, Addictions/  
Substance Abuse  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Azenabor, Lilian APRN\*

Gender: Female  
NPI: 1437950524  
License: VA 0024191400  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Psychopharmacology, Post-  
Traumatic Stress Disorder  
(PTSD), Medication  
Management, Depression,  
Anxiety Disorder, Addictions/  
Substance Abuse  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Balke, Nora NP-C

Gender: Female  
NPI: 1265982136  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Medication Management,  
LGBTQ+, Anxiety/Depression,  
Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

NPI: 1336761691  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Psychopharmacology, Post-  
Traumatic Stress Disorder  
(PTSD), Medication  
Management, Depression,  
Bipolar, Anxiety/Depression,  
Anxiety Disorder, Addictions/  
Substance Abuse  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Davis, Sabrina PMHNP

Gender: Female  
NPI: 1740882828  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Medication Management,  
Cultural Competency Trained,  
Bipolar, Anxiety/Depression  
Spanish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Hudson, Laura M PMHNP

Gender: Female  
NPI: 1407073109  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Medication Management,  
Cultural Competency Trained,  
Anxiety/Depression,  
Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Lucke, Sherry PMHNP\***

Gender: Female  
NPI: 1922592732  
License: FL APRN11017720  
Website: confidanthhealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Szudlo, Lachawnda PMHNP\***

Gender: Female  
NPI: 1982832705  
License: VA 0024186851  
Website: confidanthhealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Grief/Death/Dying, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

**Confidant Providers LLC**  
(804) 295-4344

## **Daniels, Mary NP\***

Gender: Female  
NPI: 1548087760  
License: VA 0024191275  
Website: www.greatmindswellness.com  
Practice Focus: Virtual Care - Audio/Visual, Personality Disorders, Pain Management Services/Behavioral Health, Mood Disorders, Bereavement, Anxiety Disorder, Anger Management, Adjustment Disorders, Addiction Psychiatry  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Conquest Health PLLC**  
(571) 556-8205

## **Phelps, David NP\***

Gender: Male  
NPI: 1215599881  
License: VA 0024177830  
Website: www.conquesthealth.org  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained, Behavioral Health Outpatient, Addiction Medicine  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Tenaw, Nardos NP**

Gender: Female  
NPI: 1720714215  
License: MD R229090  
Website: www.conquesthealth.org  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained, Behavioral Health Outpatient, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Crowne Initiative Service**  
(757) 504-2191

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1033092903

Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **Mason, Ednora B APRN**

Gender: Female  
NPI: 1083411722  
License: VA 0024194101  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **Dedicated Psychiatric Services PLLC**

(423) 343-9156  
NPI: 1346927589  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Smith, Angel PMHNP\***

Gender: Female  
NPI: 1619439908  
License: VA 0001213550  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Spanish  
Age 6 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

## **Divine Serenity Psychiatry Wellness**

425 W Washington St  
Ste 4  
Suffolk, VA 23434  
(757) 644-0208  
NPI: 1730992736

Practice Focus: Virtual Care - Audio only, Post-Traumatic Stress Disorder (PTSD), Mobile Crisis Unit, Mental Health Counselor, Home Visits, Dual Diagnosis (MH/SA), Community-Based Treatment, Child & Adolescent Psychiatry, Anxiety/Depression, Adult Substance users  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **East River Psychiatry**

(276) 235-6232

## **Disibbio, Holly NP\***

Gender: Female  
NPI: 1700423019  
License: VA 0024188529  
Website:

www.eastriverpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Age 18 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM

NPI: 1689445884

Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## King, Carolyn FNP\*

Gender: Female  
NPI: 1477785392  
License: VA 0001129438  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM

## Family Focus Inc

(804) 261-2090  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Shephard, Kelly PMHNP\*

Gender: Female  
NPI: 1528723814  
License: VA 0024182729  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Medication Management  
Age 18 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Flabwell Health Group LLC

(804) 402-4773  
NPI: 1255020855  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Pain Management  
Services/Behavioral Health, Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Mood Disorders, Home Visits, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nwagwu, Victor NP\*

Gender: Male  
NPI: 1215637863  
License: VA 0024186638  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Pain Management  
Services/Behavioral Health, Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Mood Disorders, Depression, Bipolar  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Foundation Medical Group

(804) 506-0526

## Craddock, Sharon ARNP

Gender: Female  
NPI: 1902213903  
License: VA 0024177585  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1003275124  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Foundations to Success LLC

(757) 782-2181

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Website:  
www.foundationstosuccess.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, Medication Management, Cultural Competency Trained, Community-Based Treatment, Bipolar, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Gray, Kimberly N NP\***  
Gender: Female  
NPI: 1003654179  
License: VA 0001242681  
Website:  
www.foundationstosuccess.com  
Spanish  
Age 4 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Hicks, Joseph PMHNP\***  
Gender: Male  
NPI: 1255074993  
License: VA 0001132270  
Website:  
www.foundationstosuccess.com  
Age 4 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Full of Faith LLC**  
(757) 782-4239  
**Griffin, Quanda NP**  
Gender: Female  
NPI: 1063556363  
License: VA 0001150167  
Website: fullofffaithllc.org  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-6:00 PM  
Sunday: 10:00 AM-6:00 PM

**Genesis Counseling Center**  
(757) 564-3100

**Akinyanju, Olutoyin FNP\***  
Gender: Female  
NPI: 1093410821  
License: VA 0001233086  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Yoruba  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1164451399  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Medication Management, Developmental/Behavioral Issues, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Washington, Kateria NP**  
Gender: Female  
NPI: 1699375964  
License: VA 0001233497  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Genesis Counseling Center**  
(757) 466-3336  
**Camacho, Anthoniel MSN**  
Gender: Male  
NPI: 1235956517  
License: FL RN9536183  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

**Jones, Jasmine D APRN**

Gender: Female  
NPI: 1093327876  
License: VA 0001216967  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Genesis Counseling Center**  
(757) 965-5886

**Hunt, Miriam MSN**

Gender: Female  
NPI: 1417757816  
License: VA 0001208108  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Medication Management, Developmental/Behavioral Issues, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Glacier Health and Development Center**  
(804) 918-1115

**Amankwa, Patricia PMHNP -BC**

Gender: Female  
NPI: 1083342893  
License: MD AC005008  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Pryor, Arnetta PMHNP\***

Gender: Female  
NPI: 1568283273  
License: VA 0001222532  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

**Gogol, Jonathan PMHNP**

(406) 238-2501  
Gender: Male  
NPI: 1437894748  
License: VA 0001274208  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

**Good Neighbor Outpatient Inc**

(804) 520-4600

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Akinfolajimi, Olatunde PMHNP\*

Gender: Male  
NPI: 1295423887  
License: VA 0001219978  
Practice Focus: Virtual Care -  
Audio only, Post-Traumatic  
Stress Disorder (PTSD),  
Depression, Bipolar, Anxiety  
Disorder, ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Grace Health Services Llc (888) 887-6867

## Bradbury, Marisa C MSN\*

Gender: Female  
NPI: 1093444093  
License: VA 0024184442  
Website: www.gracehealth-  
services.com  
Practice Focus: Virtual Care -  
Audio/Visual, Sleep Disorders,  
Psychotic Disorders, Post-  
Traumatic Stress Disorder  
(PTSD), Obsessive-Compulsive  
Disorder (OCD), Methadone,  
Medication Management,  
Medication Assisted  
Treatment, Depression, Bipolar  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1528614674  
Website: www.gracehealth-  
services.com  
Practice Focus: Virtual Care -  
Audio/Visual, Sleep Disorders,  
Psychotic Disorders, Post-  
Traumatic Stress Disorder  
(PTSD), Obsessive-Compulsive  
Disorder (OCD), Methadone,  
Medication Management,  
Medication Assisted  
Treatment, Depression, Bipolar  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ngante, Collette F NP\*

Gender: Female  
NPI: 1619331204  
License: VA 0024173441  
Website: www.gracehealth-  
services.com  
Practice Focus: Virtual Care -  
Audio/Visual, Sleep Disorders,  
Psychotic Disorders, Post-  
Traumatic Stress Disorder  
(PTSD), Obsessive-Compulsive  
Disorder (OCD), Methadone,  
Medication Management,  
Medication Assisted  
Treatment, Depression, Bipolar  
Limited Handicap Accessibility  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Grace Mental Healthcare (804) 712-0231

## Chaffee, Alana L PMHNP

Gender: Female  
NPI: 1982161535  
License: VA 0001212514  
Website:  
gracementalhealthcare.com/  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1497588974  
Practice Focus: Virtual Care -  
Audio/Visual, Virtual Care -  
Audio only, Mental Health  
Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-3:00 PM

## Great Minds Psychiatry and Wellness PLLC (804) 295-4344

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## Daniels, Mary NP\*

Gender: Female  
NPI: 1548087760  
License: VA 0024191275  
Website:  
www.greatmindswellness.com  
Practice Focus: Virtual Care - Audio/Visual, Personality Disorders, Pain Management Services/Behavioral Health, Mood Disorders, Bereavement, Anxiety Disorder, Anger Management, Adjustment Disorders, Addiction Psychiatry  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Hava Oaks Medical

(540) 667-1230  
NPI: 1972268753  
Website: havaoaks.org/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## OLAWUYI, Oluwakemi DNP\*

Gender: Female  
NPI: 1508317249  
License: VA 0024175186  
Website: havaoaks.org/  
Yoruba  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Healing Waters Counseling Cent (276) 963-0111

## Ray, Lara PMHNP\*

Gender: Female  
NPI: 1114710316  
License: VA 0024193565  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Community-Based Treatment, Behavioral Health Outpatient, Behavioral Health Multi-Specialty Group (BHMSG), Behavioral Health Care Coordination, Applied Behavioral Analysis, Anxiety/Phobic Disorders, Anxiety/Depression, Anger Management  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hexis Health

(571) 786-1235  
NPI: 1265215859  
Website:  
www.hexishealthcare.com/  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Linkous, Natalie APRN\*

Gender: Female  
NPI: 1356945018  
License: TN 28605  
Website:  
www.hexishealthcare.com/  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Holistic Psychiatry and Medical Center LLC (301) 917-5808

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## Website:

www.holisticpsychmc.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior, Transgender,  
Teletherapy, Telepsychiatry,  
Structured Psychotherapy-  
Adolescent Chronic Stress  
(SPARCS), Stress Management,  
Solution Focused Therapy,  
Sleep Disorders  
Age 9 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

## **Kawudha, Lydia PMHNP\***

Gender: Female  
NPI: 1528895398  
License: VA 0024191086  
Website:  
www.holisticpsychmc.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior, Transgender,  
Teletherapy, Telepsychiatry,  
Structured Psychotherapy-  
Adolescent Chronic Stress  
(SPARCS), Stress Management,  
Solution Focused Therapy,  
Sleep Disorders  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

## **Sesay, Alice PMHNP\***

Gender: Female  
NPI: 1811751605  
License: VA 0024189441  
Website:  
www.holisticpsychmc.com/  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 9 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

## **JC HEALTH GROUP PLLC**

(804) 966-0209  
NPI: 1679271357  
Website:  
www.jchealthgroup.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Medication  
Management, Community-  
Based Treatment,  
Anxiety/Depression, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nwuba, Jessy NP\***

Gender: Female  
NPI: 1003543984  
License: NY 350991  
Website:  
www.jchealthgroup.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Medication  
Management, Community-  
Based Treatment,  
Anxiety/Depression, ADHD  
Age 12 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kairos Healthcare Services LLC**

(240) 544-8190  
**Ogechukwu, Igbo NP**  
Gender: Female  
NPI: 1730781857  
Website:  
kairoshealthcareservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior, Transgender,  
Teletherapy, Telepsychiatry,  
Structured Psychotherapy-  
Adolescent Chronic Stress  
(SPARCS), Stress Management,  
Solution Focused Therapy,  
Sleep Disorders  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lasting Serenity Telepsychiatry Inc**

(571) 308-8243

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hassan, Lartoniah

Gender: Female  
NPI: 1790150258  
License: MD R197041  
Website:  
www.lastingserenitytelepsychiatry.com/  
Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Psychotherapy, Medication Management, Depression, Cultural Competency Trained, Brief Psychotherapy, Anxiety/Depression, Anxiety Disorder, Anger Management  
Panjabi  
Age 18 to 50  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM

## Life Works Professional Counseling PLLC

(434) 990-1744

## Lartey, Leslie NP

Gender: Male  
NPI: 1447891569  
License: VA 0024178397  
Website:  
www.lifeworksprofessionalcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1689148777  
Website:  
www.lifeworksprofessionalcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## LSWHB LLC

5818d Harbour View Blvd  
Ste 250  
Suffolk, VA 23435  
(757) 673-5890

## White, Toni NP\*

Gender: Female  
NPI: 1124582762  
License: VA 0024188837  
Handicap Accessible:  
Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

5818D Harbour View Blvd  
Ste 250  
Suffolk, VA 23435  
(757) 673-5890

## Wall, Christopher NP\*

Gender: Male  
NPI: 1588847917  
License: VA 0024175039  
Practice Focus: Cultural Competency Trained  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY, ASL  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## McLean Neuropsychiatric Treatment Center LLC

(571) 378-1398

## Kilmer, Jennifer PMHNP-BC

Gender: Female  
NPI: 1902685407  
License: PA SP030908  
Website: mcleanntc.com  
Practice Focus: Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Depression, Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM  
NPI: 1356935597  
Website: mcleanntc.com  
Practice Focus: Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Depression, Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

## Mind Stability LLC

(301) 346-1595

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Yeme, Sika PMHNP-BC\***

Gender: Female  
NPI: 1396437521  
License: MD R218028  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Collaborative Assessment and Management of Suicide (CAMS)  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Mindful Journey Therapeutic Services LLC** (757) 746-2332

## **Mullen, Latoya D PMHNP**

Gender: Female  
NPI: 1053850214  
License: VA 0001227110  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM  
Saturday: 9:00 AM-2:00 PM

## **Mindfulvision Psychiatry LLC** (202) 972-4964

## **Ilesanmi, Temiloluwa NP\***

Gender: Female  
NPI: 1699522854  
License: NM RN 87893  
Website:  
mindfulvisionpsychiatry.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior, Transgender, Teletherapy, Telepsychiatry, Structured Psychotherapy- Adolescent Chronic Stress (SPARCS), Stress Management, Solution Focused Therapy, Sleep Disorders  
Yoruba  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-9:00 PM  
Tuesday: 7:00 AM-9:00 PM  
Wednesday: 7:00 AM-9:00 PM  
Thursday: 7:00 AM-9:00 PM  
Friday: 7:00 AM-9:00 PM  
Saturday: 7:00 AM-9:00 PM  
Sunday: 7:00 AM-9:00 PM

## **Minds That Matter, LLC** (757) 354-3161

NPI: 1124883434

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Adult Psychiatry, Adolescent Psychiatry  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pittman, Stacie PMHNP\***

Gender: Female  
NPI: 1144899592  
License: VA 0024182161  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Adult Psychiatry, Adolescent Psychiatry  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mitchell, Shay K NP** (540) 254-0032

Gender: Male  
NPI: 1649593948  
License: VA 0001202933  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Telepsychiatry, Suboxone, Psychotic Disorders, Psychopharmacology, Post Partum Depression, Personality Disorders, Opioid Treatment Program (OTP), Office Based Addiction Treatment (OBAT)  
Age 17 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 5:30 PM-9:00 PM  
Friday: 5:30 PM-9:00 PM

## **Mountain Valley Health Care LLC**

(826) 444-6842

## **Darmetko, Heather ARNP**

Gender: Female  
NPI: 1073935409  
Website:  
www.mtnvalleyhc.com  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 AM  
Tuesday: 9:00 AM-5:00 AM  
Wednesday: 9:00 AM-5:00 AM  
Thursday: 9:00 AM-5:00 AM  
Friday: 9:00 AM-5:00 AM

## **National Capital Treatment and Recovery** (703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Neuropsych Wellness Center Pc

(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Nomadic Behavioral Health LLC

(804) 531-4732

NPI: 1366125569  
Website:  
www.nomadicbehavioralhealth.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Sleep Disorders,  
Schizophrenia, Post-Traumatic  
Stress Disorder (PTSD),  
Personality Disorders, LGBTQ+,  
Cultural Competency Trained,  
Bipolar, ASAM Level 3.3,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Oasis Mental Health Services LLC

(703) 722-4828

**Adesuyi, Olubola PMHNP\***  
Gender: Female  
NPI: 1093513236  
License: VA 0001282978  
Website: www.oasismhs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Psychiatry,  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders/Depression,  
Hypnotherapy, General Mental  
Health, Employee Assistance  
Program (EAP), Dialectal  
Behavior Therapy (DBT),  
Developmental/Behavioral  
Issues  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Figi, Heather PMHNP\***  
Gender: Female  
NPI: 1689479818  
License: OR 201906547RN  
Website: www.oasismhs.com  
Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Psychotic  
Disorders, Psychotherapy,  
Psychosomatic Medicine,  
Psychiatry, Family Therapy,  
Family psychoeducation (FPE),  
DID/MPD, Developmental and  
Behavioral Pediatrics  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Grizzle, Amanda PMHNP

Gender: Female  
NPI: 1467269035  
License: VA 0024191753  
Website: www.oasismhs.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Psychiatry, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Hypnotherapy, General Mental Health, Employee Assistance Program (EAP)  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
NPI: 1093406712  
Website: www.oasismhs.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Secure Text Messaging, Virtual Care - Remote monitoring, Virtual Care - Audio/Visual, Teletherapy, Telepsychiatry, Stress Management, Sleep Disorders, Psychotic Disorders, Psychotherapy  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Olulana, Bridget PMHNP\*

Gender: Female  
NPI: 1083471791  
License: VA 0024192387  
Website: www.oasismhs.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Child & Adolescent Psychiatry, Both Male and Female, Bipolar, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, Anger Management, Alzheimer/Dementia  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
Saturday: 8:00 AM-8:00 PM

## Resilience Counseling Social Skills Center (540) 699-0226

## Carter, Leigh PMHNP

Gender: Male  
NPI: 1356129365  
License: VA 0024188102  
Website: www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Moussari, Samantha PMHNP

Gender: Female  
NPI: 1558096529  
License: VA 0001280513  
Website: www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

NPI: 1245724707

Website:

[www.resiliencecounseling.com](http://www.resiliencecounseling.com)

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood

Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Tibbs, Kate NP\***

Gender: Female

NPI: 1497091938

License: VA 0024170529

Website:

[www.resiliencecounseling.com](http://www.resiliencecounseling.com)

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood

Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health

Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **ReVive Behavioral Health**

(804) 653-7009

## **Ntiamoah, Lois NP\***

Gender: Female

NPI: 1760227300

License: VA 0024190470

Website: [www.revive-bh-services.com](http://www.revive-bh-services.com)

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1942055504

Website: [www.revive-bh-services.com](http://www.revive-bh-services.com)

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Vazana, Ashley MS**

Gender: Female

NPI: 1386462224

License: VA 0024190582

Website: [www.revive-bh-services.com](http://www.revive-bh-services.com)

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Roanoke Resource LLC**

(540) 400-7431

Website:

[www.roanokeresource.com](http://www.roanokeresource.com)

Practice Focus: Virtual Care - Audio/Visual, Cultural

Competency Trained, Behavioral Health Outpatient

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Ruby, Anumah NP**

(703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1255698635  
License: MD AC001538  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## RVA Counseling

(804) 716-0428  
NPI: 1407492895  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## SaVida Health PC

(833) 356-4080

**Baker, Steven PMHNP\***  
Gender: Male  
NPI: 1386166932  
License: TN 28476  
Website: [savidhealth.com](http://savidhealth.com)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Jones, Kyle C NP\***  
Gender: Male  
NPI: 1740841998  
License: VA 0001250120  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## VanHeukelum, Sara PMHNP\*

Gender: Female  
NPI: 1588328645  
License: VA 0024182946  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Seaside Behavioral Health

(757) 648-8605

**Brown, Jennifer F\***  
Gender: Female  
NPI: 1063405686  
License: VA 0001153867  
Website: [www.seasidebh.com](http://www.seasidebh.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Social supports/social  
determinants of health,  
Sexually acting out behaviors,  
Multidimensional Family  
Therapy, Medication  
Management, Independent  
Assessment & Coordination  
(IACCT), IACCT Follow-Up:  
Independent Assessment &  
Coordination, Family Therapy,  
Domestic Violence  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1295284255  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Serene Serenity Psychiatry**

(804) 979-2532

### **Powell, Monique APRN\***

Gender: Female  
NPI: 1124786074  
License: VA 0001248378  
Website:  
[www.sereneserenitypsychiatry.com](http://www.sereneserenitypsychiatry.com)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Simple Solutions Psychiatry LLC**

(804) 657-7775

### **Vu, Kim PMHNP**

Gender: Female  
NPI: 1881063659  
License: VA 0024172948  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Psychotic Disorders, Mental health skill building, Depression, Borderline Personality Disorders, Bipolar, Autism Spectrum Disorders, Anxiety Disorder, Anger Management  
Vietnamese  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Spectrum Transformation Group**

(804) 378-6141

## **Fleagle, Emilie NP**

Gender: Female  
NPI: 1396463402  
License: VA 0024184850  
Practice Focus: Virtual Care - Audio/Visual, Depression, Cultural Competency Trained, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gloria, Kim NP**

Gender: Female  
NPI: 1366956278  
License: VA 0001247669  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Laird, Barbara NP**

Gender: Female  
NPI: 1518397959  
License: VA 0001065015  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Depression, Cultural Competency Trained, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Tate, Amber NP\*

Gender: Female  
NPI: 1043763410  
License: VA 0001239272  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Starling Medical Group PC (508) 202-1011

### Anaele-Nwogu, Olivia PMHNP\*

Gender: Female  
NPI: 1710408885  
License: VA 0024186635  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Burgess, Corlista NP

Gender: Female  
NPI: 1982945069  
License: VA 0001227264  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Portuguese  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

### Fendler, Jennifer NP\*

Gender: Female  
NPI: 1003481847  
License: AZ RN148730  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Jenkins, Erin NP\*

Gender: Female  
NPI: 1528695558  
License: TX 1049241  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

### Rotimi, Olajumoke NP\*

Gender: Female  
NPI: 1104563006  
License: MD R231020  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Ruhl, Hannah NP\*

Gender: Female  
NPI: 1831851294  
License: VA 0024192327  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Stepping Stone Behavioral Health LLC

(347) 794-3761

### Blair, Angel PMHNP

Gender: Female  
NPI: 1386883718  
License: VA 0024188654  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Jackson, Rosemary NP\*

Gender: Female  
NPI: 1285076059  
License: VA 0024171010  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Cultural  
Competency Trained,  
Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Stone, Nikki L MSN

(757) 938-3900  
Gender: Female  
NPI: 1245003656  
License: VA 0001295366  
Practice Focus: Virtual Care -  
Audio/Visual,  
Anxiety/Depression, Anger  
Management  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:00 AM-1:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:00 AM-1:00 PM  
Friday: 9:00 AM-5:00 PM

**Supreme Healing  
Psychological Services**  
(757) 933-5386

## Burhite, Brent NP

Gender: Male  
NPI: 1851806327  
License: VA 0024179492  
Website:  
supremehealingps.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mood  
Disorders/Depression,  
Medication Management,  
Medication Assisted  
Treatment, Child/Adolescent  
Serious Mental Illness (SMI),  
ASAM Level 1, Anxiety  
Disorder, Adult Substance  
users, Adult Serious Mental  
Illness (SMI), ADD/ADHD  
Age 6 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

## Collins, Chiquita NP\*

Gender: Female  
NPI: 1467020339  
License: VA 0001219928  
Website:  
supremehealingps.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mood  
Disorders/Depression,  
Medication Management,  
Medication Assisted  
Treatment, Child/Adolescent  
Serious Mental Illness (SMI),  
ASAM Level 1, Anxiety  
Disorder, Adult Substance  
users, Adult Serious Mental  
Illness (SMI), ADD/ADHD  
Age 6 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

**The Barry Robinson Center**  
(757) 524-5585

## Nguyen, Nguyen D PMHNP

Gender: Male  
NPI: 1487149142  
License: VA 0024176442  
Website:  
www.barryrobinson.org  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management  
Age 24 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1659423200  
Website:  
www.barryrobinson.org  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**The Comprehensive Care  
Center**  
(757) 769-0571

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Murray, Kenita DNP\***

Gender: Female  
NPI: 1437769627  
License: VA 0001266488  
Website: [www.thecccenter.org](http://www.thecccenter.org)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Family Therapy, Eating Disorders, Depression, Community-Based Treatment, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-1:00 PM  
Sunday: 8:00 AM-1:00 PM

## **The Empowerment Center LLC**

(757) 956-1533

## **Nnabuenyi, Beatrice I MSN\***

Gender: Female  
NPI: 1851170807  
License: VA 0001290295  
Practice Focus: Psychosocial Rehabilitation (PSR), Mental health skill building, In-Home Support Services, Cultural Competency Trained, Community-Based Treatment  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Practice Focus: Psychosocial Rehabilitation (PSR), Mental health skill building, In-Home Support Services, Cultural Competency Trained, Community-Based Treatment  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **The Many Pieces of Me Serenity Center PLLC** (757) 938-3900

NPI: 1306690433

Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression, Anger Management  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:00 AM-1:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:00 AM-1:00 PM  
Friday: 9:00 AM-5:00 PM

## **The Up Center**

(757) 622-7017

## **Seda, Anne Marie NP**

Gender: Female  
NPI: 1265412324  
License: VA 0001182190  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/Substance Abuse  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

NPI: 1629158159

Practice Focus: Virtual Care - Audio/Visual, Sexuality, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Eating Disorders, Anxiety/Depression, Anger Management, Addictions/Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Therapeutic Counseling Consulting**

(804) 322-9955

## **Allen Blaine, Angela NP\***

Gender: Female  
NPI: 1063924405  
License: VA 0001204274  
Website: [www.therapeuticcounseling.org/?gad\\_source=1&gad\\_campaign=Virtual\\_Care-Audio\\_only\\_Psychiatry\\_Medication\\_Management](http://www.therapeuticcounseling.org/?gad_source=1&gad_campaign=Virtual_Care-Audio_only_Psychiatry_Medication_Management)  
Practice Focus: Virtual Care - Audio only, Psychiatry, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Subudhi, Courtney M CNM\***

Gender: Female  
NPI: 1669886578  
License: VA 0024173593  
Website:  
www.therapeuticcounseling.org/?gad\_source=1&gad\_campaign=1669886578  
Practice Focus: Virtual Care - Audio only, Psychiatry, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Transformation Health Services LLC**

(757) 490-6463

## **Huber, Cheryl NP\***

Gender: Female  
NPI: 1134959851  
License: VA 0024190894  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Bipolar, Anxiety Disorder, ADHD, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **MBURU, JANE W NP\***

Gender: Female  
NPI: 1609589779  
License: VA 0024186269  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Bipolar, Anxiety Disorder, ADHD, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Pascal Rodriguez PHMNP -BC, Marcelli**

Gender: Male  
NPI: 1518480045  
License: VA 0001228502  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Bipolar, Anxiety Disorder, ADHD, Addictions/ Substance Abuse, Addiction Psychiatry, Addiction Medicine  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Robinson, Tamika NP\***

Gender: Female  
NPI: 1619724648  
License: VA 0024190333  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Bipolar, Anxiety Disorder, ADHD, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
NPI: 1508373812  
Practice Focus: Virtual Care - Audio/Visual, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Medication Management, Cultural Competency Trained, Chronic Illnesses, Bipolar, Anxiety Disorder, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wilson-Primus, Melita PMHNP\***

Gender: Female  
NPI: 1063118123  
License: VA 0024186275  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Bipolar, Anxiety Disorder, ADHD, Addictions/ Substance Abuse  
Spanish  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Transformation Health Services LLC**

(804) 799-9292

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Kabir, Sumiah PMHNP\***

Gender: Female  
NPI: 1386440931  
License: VA 0024191606  
Website:  
transformationhealthservices.com/  
Practice Focus: Virtual Care - Audio/Visual, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Chronic Illnesses, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Washington, Feitima PMHNP**

Gender: Female  
NPI: 1295548717  
License: VA 0024192412  
Website:  
transformationhealthservices.com/  
Practice Focus: Virtual Care - Audio/Visual, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Chronic Illnesses, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Trotter, Tenika PMHNP** (757) 644-0208

Gender: Female  
NPI: 1053781005  
License: VA 0001236457  
Practice Focus: Virtual Care - Audio only, Post-Traumatic Stress Disorder (PTSD), Mobile Crisis Unit, Mental Health Counselor, Home Visits, Dual Diagnosis (MH/SA), Community-Based Treatment, Child & Adolescent Psychiatry, Anxiety/Depression, Adult Substance users  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

425 W Washington St  
Ste 4  
Suffolk, VA 23434  
(757) 644-0208

Gender: Female  
NPI: 1053781005  
License: VA 0001236457  
Practice Focus: Virtual Care - Audio only, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Home Visits, Dual Diagnosis (MH/SA), Community-Based Treatment, Child & Adolescent Psychiatry, Anxiety/Depression, Adult Substance users, Addiction Psychiatry  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**UNITED COMMUNITY SOLUTIONS**  
(757) 410-2644

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Daniels, W Lawrence NP

Gender: Male  
NPI: 1578803078  
License: VA 0024128887  
Website:  
WWW.UNITEDCOMMUNITYSO  
LUTION.COM  
Practice Focus: Post-Traumatic  
Stress Disorder (PTSD), Peer  
support services, Partial  
Hospitalization - Mental  
Health, Mobile Response  
Stabilization Support, Mobile  
crisis response (MCR), Mental  
health skill building, Mental  
Health Counselor, Medication  
Management, Intensive  
Outpatient - Mental Health,  
Intensive In-Home Services  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

Website:  
WWW.UNITEDCOMMUNITYSO  
LUTION.COM  
Practice Focus: Post-Traumatic  
Stress Disorder (PTSD), Peer  
support services, Partial  
Hospitalization - Mental  
Health, Mobile Response  
Stabilization Support, Mobile  
crisis response (MCR), Mental  
health skill building, Mental  
Health Counselor, Medication  
Management, Intensive  
Outpatient - Mental Health,  
Intensive In-Home Services  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Urgent Behavioral Health Services LLC (703) 743-1337

## Akins, Adekunbi PMHNP\*

Gender: Female  
NPI: 1215616578  
License: VA 0024187470  
Website:  
www.mybehavioralclinic.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Schizophrenia,  
Post-Traumatic Stress Disorder  
(PTSD), Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, Depression, Bipolar,  
Anxiety Disorder, ADD/ADHD  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1720793011  
Website:  
www.mybehavioralclinic.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Schizophrenia,  
Post-Traumatic Stress Disorder  
(PTSD), Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, Depression, Bipolar,  
Anxiety Disorder, ADD/ADHD  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia PAC Services PC

200 W Constance Rd  
Suffolk, VA 23434  
(865) 693-1000  
NPI: 1073042800  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wellness & Balance LLC

(757) 469-1452

## Baker McDonald, Niketa PMHNP-BC\*

Gender: Female  
NPI: 1689276560  
License: VA 0001235026  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Cultural  
Competency Trained  
Age 13 to 70  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Jones, Tiphonie PMHNP-BC\*

Gender: Female  
NPI: 1912752718  
License: VA 0024191429  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 17 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Onyekwe, Chimdindu PMHNP\*

Gender: Female  
NPI: 1306555065  
License: VA 0024192659  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 17 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1215609748  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Psychiatry Physician

### All Hope Behavioral Health Services PC (703) 542-3737

#### Abassi, Imran MD\*

Gender: Male  
NPI: 1003875014  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder

Urdu, Punjab, Hindi  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

NPI: 1760715403  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### Baig, Mirza S MD

Gender: Male  
NPI: 1255591376  
License: VA 0101247731  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder

Urdu, Punjab, Bengali  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Ascension Psychiatric Services LLC

(804) 636-7104  
NPI: 1184471898  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression, ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Associates of York LLC

(757) 865-1843  
NPI: 1801675194  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Boggus, Gary W MD

(757) 436-2444

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Male  
NPI: 1932290988  
License: VA 0101050420  
Practice Focus: Post-Traumatic Stress Disorder (PTSD), Medication Management, Bipolar, Anxiety/Depression, ADHD  
Age 6 to 10  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Center for Care and Resiliency

(540) 344-5300  
NPI: 1053902742  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Central Virginias Preferred Providers**  
(804) 330-6441  
NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
**Ettigi, Prakash MD\***

Gender: Male  
NPI: 1326057597  
License: VA 0101028834  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Charis Mental Health PLLC**  
2470 Pruden Blvd  
Suffolk, VA 23434  
(757) 922-8046

NPI: 1982130555  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Childsavers

(804) 644-9590  
NPI: 1699868448  
Website: www.childsavers.org  
Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Partial Hospitalization, Neuropsychology, Neurology, Medication Management, Crisis Stabilization, Cognitive/Behavioral Therapy, Behavioral Health Outpatient, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

## Dedicated Psychiatric Services PLLC

(423) 343-9156

NPI: 1346927589  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Divine Minds LLC

(434) 433-2169  
Website:  
WWW.DIVINEMINDSLLC.COM  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Jewell, Amanda

Gender: Female  
NPI: 1053786202  
License: VA 0001213030  
Website:  
WWW.DIVINEMINDSLLC.COM  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Doctor on Demand Professionals PC

(800) 442-8938  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Sexuality,  
Religious Emphasis, Post  
Partum, Personality Disorders,  
Neuropsychology, Mood  
Disorders/Depression, Marital  
Therapy, Gay/Lesbian/Bisexual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-12:00 AM  
Tuesday: 12:00 AM-12:00 AM  
Wednesday: 12:00 AM-12:00  
AM  
Thursday: 12:00 AM-12:00 AM  
Friday: 12:00 AM-12:00 AM  
Saturday: 12:00 AM-12:00 AM  
Sunday: 12:00 AM-12:00 AM

## East River Psychiatry

(276) 235-6232

NPI: 1689445884  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Schizophrenia, Post-Traumatic  
Stress Disorder (PTSD), Mood  
Disorders/Depression,  
Medication Management,  
Grief/Death/Dying, Cultural  
Competency Trained,  
Celebrating Families, Bipolar  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gee, Jeffry T MD\*

Gender: Male  
NPI: 1285620559  
License: VA 0101225082  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Schizophrenia, Post-Traumatic  
Stress Disorder (PTSD), Mood  
Disorders/Depression,  
Medication Management,  
Grief/Death/Dying, Cultural  
Competency Trained,  
Celebrating Families, Bipolar  
Tagalog  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM

## Good Neighbor Outpatient Inc

(855) 355-7001

## Kaul, Adam MD

Gender: Male  
NPI: 1689653107  
License: VA 0101057975  
Practice Focus: Virtual Care -  
Audio/Visual  
German  
Age 10 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## High Ground Psychiatry PLLC

(757) 255-8223  
NPI: 1982439808  
Website:  
www.highgroundpsychiatry.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Mood Disorders,  
Depression, Anxiety Disorder  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 2:00 PM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 2:00 PM-6:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

**Pierce, Benjamin R MD\***

Gender: Male  
NPI: 1144780503  
License: VA 0102208080  
Website:  
www.highgroundpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders, Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 2:00 PM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 2:00 PM-6:00 PM  
Friday: 9:00 AM-5:00 PM

**Iskandar, Joseph DO**  
(540) 344-5300

Gender: Male  
NPI: 1215252143  
License: VA 0102202882  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Arabic  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Jeffrey, Jessica DO**  
(540) 344-5300

Gender: Female  
NPI: 1235367889  
License: VA 0102203575  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**McLean Neuropsychiatric Treatment Center LLC**  
(571) 378-1398**Haq, Aazaz U MD**

Gender: Male  
NPI: 1457589509  
License: PA MD469337  
Website: mcleanntc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Medication Management, Depression, Cultural Competency Trained  
Hindi  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1356935597  
Website: mcleanntc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Medication Management, Depression, Cultural Competency Trained  
Limited Handicap Accessibility  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

**Saetang, Jessica DO**  
Gender: Female  
NPI: 1841879350  
License: VA 0102209164  
Website: mcleanntc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Medication Management, Cultural Competency Trained, Anxiety Disorder, ADHD  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Neuropsych Wellness Center Pc**  
(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Salem Psychiatry**  
(540) 387-3105  
**Patel, Mukesh MD\***  
Gender: Male  
NPI: 1295743433  
License: VA 0101035881  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained, Anxiety/Depression, Anxiety Disorder, Anger Management, ADHD, Addiction Psychiatry  
Sanskrit, Hindi, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
**Wander, Jagdeep MD\***  
Gender: Male  
NPI: 1851527592  
License: VA 0101253074  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained, Anxiety/Depression, Anxiety Disorder, Anger Management, ADHD, Addiction Psychiatry  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**SOUTHWEST REGIONAL COUNSELING SERVICES INC**  
(276) 883-5050  
**Nicolau, Dan MD**  
Gender: Male  
NPI: 1992098396  
License: TN 49214  
Practice Focus: Virtual Care - Audio/Visual, Office Based  
Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Spectrum Transformation Group

(804) 378-6141

### Lee, John MD\*

Gender: Male  
NPI: 1104813427  
License: VA 0101102669  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Stepping Stone Behavioral Health LLC

(347) 794-3761

### Bullock, Geranameo MD\*

Gender: Male  
NPI: 1275821340  
License: VA 0101253513  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Total Health Services

(434) 201-2025

### Rosse, Richard MD\*

Gender: Male  
NPI: 1316049570  
License: MD D0025495  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Virginia PAC Services PC

200 W Constance Rd  
Suffolk, VA 23434  
(865) 693-1000  
NPI: 1073042800  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Yaratha, Sridhar MD

(804) 203-4477

Gender: Male  
NPI: 1902922503  
License: VA 0101236397  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Group Home Residential, Group Day Support, Cultural Competency Trained, Community-Based Treatment Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Psychologist

### Clinical Associates of Tidewater

(757) 877-7700  
NPI: 1447341615  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

### Doctor on Demand Professionals PC

(800) 442-8938

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Website:

www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexuality, Religious Emphasis, Post Partum, Personality Disorders, Neuropsychology, Mood Disorders/Depression, Marital Therapy, Gay/Lesbian/Bisexual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-12:00 AM  
Tuesday: 12:00 AM-12:00 AM  
Wednesday: 12:00 AM-12:00 AM  
Thursday: 12:00 AM-12:00 AM  
Friday: 12:00 AM-12:00 AM  
Saturday: 12:00 AM-12:00 AM  
Sunday: 12:00 AM-12:00 AM

## Genesis Counseling Center

1540 Breezport Way  
Ste 500  
Suffolk, VA 23435  
(757) 686-2800  
NPI: 1164451399  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Glacier Health and Development Center

(804) 918-1115

## Bowers, Lindsey LPC

Gender: Female  
NPI: 1912659723  
License: VA 0701013629  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jenkins, Tiffany LPC

Gender: Female  
NPI: 1053021071  
License: VA 0701014447  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Neuropsych Wellness Center Pc

(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychological Testing  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Resilience Counseling Social Skills Center

(540) 699-0226

## NPI: 1245724707

Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## White, Louisa LCP

Gender: Female  
NPI: 1487242996  
License: VA 0810007325  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## The Up Center

109 1/2 Clay St  
Suffolk, VA 23434  
(757) 965-8663  
NPI: 1629158159  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Virginia PAC Services PC

200 W Constance Rd  
Suffolk, VA 23434  
(865) 693-1000  
NPI: 1073042800  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

---

## School Social Worker

### Starling Medical Group PC

(508) 202-1011  
**Keyser, Ashley LCSW**  
Gender: Female  
NPI: 1407576697  
License: VA 0904015061  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

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## Social Worker

### Achieving Balance

**Counseling**  
(540) 355-6957

NPI: 1730782640

Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Backpack Medical Group PC

(866) 968-6342  
NPI: 1851177570  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Browning, Monique LMSW

Gender: Female  
NPI: 1073315776  
License: IL 150113905  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM  
**Glassband, Ryan MSW**  
Gender: Male  
NPI: 1356104772  
License: MD 31099  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Howell, Diane MSW

Gender: Female  
NPI: 1669275723  
License: VA 0903002142  
Website: [hellobackpack.com](http://hellobackpack.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Johnson, Kristina LMSW

Gender: Female  
NPI: 1407677719  
License: VA 0903004356  
Website: [hellobackpack.com](http://hellobackpack.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Jones, Ebony LMSW

Gender: Female  
NPI: 1891596631  
License: VA 0906013692  
Website: [hellobackpack.com](http://hellobackpack.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Nicchi, Hannah MSW

Gender: Female  
NPI: 1003609942  
License: VA 0903004542  
Website: [hellobackpack.com](http://hellobackpack.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Bon Secours Medical Group Hampton Roads Specialty Care LLC

7025 Harbour View Blvd Ste 118  
Suffolk, VA 23435  
(513) 853-8520  
**Carranza, Nadia LISW**  
Gender: Female  
NPI: 1063815462  
License: VA 0904016959  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Center for Child and Family Services

(757) 838-1960  
NPI: 1972685774  
Website: [www.kidsandfamilies.com](http://www.kidsandfamilies.com)  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Compton, Rebecca Sue LCSW

(304) 308-3735

Gender: Female  
NPI: 1679187371  
License: VA 0718000674  
Website: [www.rula.com/providers/VA/1679187371](http://www.rula.com/providers/VA/1679187371)  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Intensive Outpatient - Substance Abuse, Intensive Outpatient - Mental Health, Cultural Competency Trained, Crisis Intervention (CI), Certified Social Worker, Case Management, ASAM Level 2.1, ASAM Level 1.7  
Age 13 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center

1540 Breezeport Way Ste 500  
Suffolk, VA 23435  
(757) 686-2800  
NPI: 1164451399  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hart Talk LLC

(757) 296-2221

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hart, Jennifer D LCSW

Gender: Female  
NPI: 1326674045  
License: VA 0904011525  
Website: www.hart-talk-therapy.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Faith-based/spiritual, Cultural Competency Trained, Behavioral Health Outpatient, Anxiety Disorder  
Age 21 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Hart, Jennifer D LCSW

(757) 296-2221

Gender: Female  
NPI: 1326674045  
License: VA 0904011525  
Website: www.hart-talk-therapy.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Faith-based/spiritual, Cultural Competency Trained, Behavioral Health Outpatient, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Integrated Mind Psychotherapy, PLLC

(757) 663-2660  
NPI: 1245959410  
Practice Focus: Virtual Care - Audio/Visual, Child Abuse/Neglect, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Integrated Mind Psychotherapy, PLLC

(757) 241-5850

## McCullough, Sara LCSW

Gender: Female  
NPI: 1659954956  
License: VA 0904012909  
Practice Focus: Virtual Care - Audio/Visual, Child Abuse/Neglect, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mermaid Counseling and Consulting LLC

(757) 447-7382

## Mallory, Islam LCSW

Gender: Female  
NPI: 1295438661  
License: VA 0904017944  
Website: mermaidcounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Domestic Violence, Cultural Competency Trained, Child Abuse  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Poitier-Hickman, Sonja R LCSW

(757) 778-3699  
Gender: Female  
NPI: 1235227745  
License: VA 0904009677  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Mood Disorders/Depression, Learning Disabilities, Group therapy, Family Therapy, Dialectal Behavior Therapy (DBT), Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:30 PM-10:30 PM  
Tuesday: 5:30 PM-10:30 PM  
Wednesday: 5:30 PM-10:30 PM  
Thursday: 5:30 PM-10:30 PM  
Friday: 5:30 PM-10:30 PM  
Saturday: 9:00 AM-6:30 PM

## Resilience Counseling Social Skills Center

(540) 699-0226

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## Holder, Alexi LCSW

Gender: Female  
NPI: 1225475106  
License: VA 0904010793  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Taylor, Josh LCSW

Gender: Male  
NPI: 1861796690  
License: KY 259710  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1548739170  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SpringHealth BH and Integrated Care VA

(888) 515-1793  
NPI: 1467827493  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Certified Social Worker  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SaVida Health PC

(833) 356-4080  
**Collins, Amalia C LCSW**  
Gender: Female  
NPI: 1447398730  
License: VA 0701005510  
Website: [savidhealth.com](http://savidhealth.com)  
Spanish, Sign Language  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Ward, Kristina L LCSW

Gender: Female  
NPI: 1750505459  
Website:  
Springhealthbehavioral.com  
Vietnamese, Swedish, Serbian,  
Spanish, Russian  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Starling Medical Group PC

(508) 202-1011  
**Jones, Grace LCSW**  
Gender: Female  
NPI: 1902470107  
License: DC LC200003182  
Practice Focus: Women, Virtual  
Care - Audio/Visual, Cultural  
Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## OGrady, Catherine LCSW

Gender: Female  
NPI: 1508420910  
License: VA 0904016189  
Practice Focus: Women, Virtual  
Care - Audio/Visual, Cultural  
Competency Trained  
Age 18 to 59  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Stolzenbach, Stephanie L CSW

(406) 361-3146  
Gender: Female  
NPI: 1861620270  
License: VA 0904014917  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, (IOP)  
Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## The Up Center

109 1/2 Clay St  
Suffolk, VA 23434  
(757) 965-8663  
NPI: 1629158159  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Thriving Families Counseling LLC

(540) 988-3108  
NPI: 1467973859  
Website:  
thrivingfamiliescounseling.co  
m/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Personality  
Disorders, Anxiety Disorder  
Age 10 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1467973859

Website:  
thrivingfamiliescounseling.co  
m/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Personality  
Disorders, Anxiety Disorder  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Substance Abuse Rehabilitation Facility

### Life Center of Galax

(276) 236-2994  
License: VA 617 02 033  
Practice Focus: Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Opioid Treatment  
Program (OTP), ASAM Level 3.7  
- Adult, ASAM Level 3.5 - Adult,  
ASAM Level 2.5  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## NCTR Demeter Womens Residential

(703) 840-0703

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Case Management, ASAM Level 3.7 - Adult, ASAM Level 3.5 - Adult, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NCTR Phoenix Mens Residential**

(703) 841-0703  
License: VA 122 01 045  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Case Management, ASAM Level 3.7 - Adult, ASAM Level 3.5 - Adult, ASAM Level 3.1 - Adult, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Pinnacle Treatment Services of Newport News**  
(757) 234-4139

NPI: 1447813639  
License: VA 3642 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:30 PM  
Tuesday: 5:15 AM-1:30 PM  
Wednesday: 5:15 AM-1:30 PM  
Thursday: 5:15 AM-1:30 PM  
Friday: 5:15 AM-1:30 PM  
Saturday: 6:00 AM-9:30 AM  
Sunday: 6:00 AM-9:30 AM

## **Pinnacle Treatment Services of Richmond**

(804) 533-1335  
NPI: 1730886631  
License: VA 2720 02 033  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Substance Use Disorder Rehabilitation Clinic/Center**

**Addiction Allies LLC**  
(434) 400-9668

License: VA 1759 02 035  
Website:  
www.addictionallies.com/contact  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Aviv Recovery**

(917) 444-2147  
NPI: 1285434423  
License: VA 13702 02 035  
Website:  
www.avivrecovery.com  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Brightview LLC**  
2790 Godwin Blvd  
Ste 210  
Suffolk, VA 23434  
(833) 510-4357  
NPI: 1649786260  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT) Age 18 and up  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Crossroads Treatment Center of Suffolk**

1258 Holland Rd  
Suffolk, VA 23434  
(800) 805-6989  
NPI: 1245758135  
License: VA 1795 06 003  
Practice Focus: Suboxone, Methadone, Addictions/ Substance Abuse  
Handicap Services available  
Office Hours:  
Monday: 5:00 AM-10:00 AM  
Tuesday: 5:00 AM-10:00 AM  
Wednesday: 5:00 AM-10:00 AM  
Thursday: 5:00 AM-10:00 AM  
Friday: 5:00 AM-10:00 AM  
Saturday: 5:00 AM-8:00 AM

**Iron Bridge Recovery Center**  
(804) 729-8884

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

Website:  
ironbridgerecovery.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ASAM Level 2.1, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Langley Healthcare Group LLC

(301) 523-1302  
NPI: 1992667620  
Website:  
supremetreatment.com/  
Practice Focus: Virtual Care - Audio only, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## NCTR Assessment Center

(703) 841-0703

License: VA 122 07 013  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ASAM Level 1, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## NCTR Outpatient Center

(703) 841-0703  
License: VA 122 02 035  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1, ASAM Level 1, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pinnacle Treatment Services of Newport News

(757) 884-3311

NPI: 1275230112  
License: VA 3642 06 003  
Practice Focus: Virtual Care - Audio/Visual, ASAM Level 3.1 - Adult, ASAM Level 2.1, American Society Addiction Medicine (ASAM) Level 3.7 - Child  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:30 PM  
Tuesday: 5:15 AM-1:30 PM  
Wednesday: 5:15 AM-1:30 PM  
Thursday: 5:15 AM-1:30 PM  
Friday: 5:15 AM-1:30 PM  
Saturday: 6:00 AM-9:00 PM

## Pinnacle Treatment Services of Richmond

(804) 533-1335  
NPI: 1134825870  
License: VA 2720  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Pinnacle Treatment Services of Roanoke LLC

(540) 981-5330

NPI: 1558069575  
License: VA 3725 16 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Virginias Recovery Centers LLC

(804) 666-0717  
NPI: 1174214175  
License: VA 8052 02 033  
Website:  
www.virginiarecoverycenters.com  
Practice Focus: ASAM Level 2.5, ASAM Level 2.1, ASAM Level 1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Pharmacies

## ALL COUNTIES

### Mail Order

#### Centerwell Pharmacy, Inc

Mail Order  
800-379-0092

#### Centerwell Specialty Pharmacy, Inc

Mail Order  
800-486-2668

## VIRGINIA

### SUFFOLK CITY COUNTY

### Retail

#### CVS Pharmacy 11056 - 90 Day

2775 Godwin Blvd  
Suffolk, VA 23434  
757-539-0069

#### Godwin Pharmacy - 90 Day

3061 Godwin Blvd Ste 109  
Suffolk, VA 23434  
757-861-0080

#### Publix Pharmacy 1883 - 90 Day

3189 Godwin Blvd  
Suffolk, VA 23434  
757-942-6033

#### Sentara to Home Soh - 90 Day

2800 Godwin Blvd  
Suffolk, VA 23434  
757-934-4437

#### Virginia Oncology Associates 8870 - 90 Day

3910 Bridge Rd Fl 4  
Suffolk, VA 23435  
757-638-4205

#### Walgreens 10332 - 90 Day

3633 Bridge Rd  
Suffolk, VA 23435  
757-686-4793

#### Walgreens 10416 - 90 Day

2902 Godwin Blvd  
Suffolk, VA 23434  
757-539-0734

#### Walgreens 15446 - 90 Day

118 W Constance Rd  
Suffolk, VA 23434  
757-514-3451

#### Walmart Pharmacy 10-1687 101687 - 90 Day

1200 North Main  
Suffolk, VA 23434  
757-925-0580

#### Walmart Pharmacy 10-3214 103214 - 90 Day

6259 College Drive  
Suffolk, VA 23435  
757-483-9833

90 day represents those pharmacies that offer an extended supply of maintenance medications. Most network pharmacies participate in ePrescribing.

90 días representa a las farmacias que ofrecen suministros a largo plazo de medicamentos de mantenimiento. La mayoría de las farmacias de la red utilizan ePrescribing (el método de recetas electrónicas).

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