

# Provider Directory

## Directorio de proveedores

Humana Healthy  
Horizons® in Virginia  
Tidewater

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**Humana**  
Healthy Horizons®  
in Virginia



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## **A. Welcome to Humana Healthy Horizons in Virginia**

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Thank you for being a Humana Healthy Horizons® in Virginia member. We are happy you have picked us as your partner in health, and we look forward to helping you reach your best health!

Humana Healthy Horizons in Virginia is a Medicaid program of the Commonwealth of Virginia. This plan is a program of the Commonwealth, administered by the Department in partnership with Humana Healthy Horizons in Virginia.

Humana Healthy Horizons in Virginia is an organization made up of doctors, hospitals, pharmacies, providers of long-term services and supports, and other providers. It also has care coordinator and care teams to help you manage all your providers and services. They all work together to provide the care you need.

To get more information about your health plan and covered services, please see your Member Handbook.

## B. Provider Directory

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The Provider Directory lists the healthcare professionals, facilities and support providers in our network that you may see as a plan member. We also list the pharmacies that you may use to get your prescription drugs.

### What are "network providers"?

Network providers include:

- Doctors, nurses, and other healthcare professionals that you can go to as a member of our plan
- Behavioral health professionals that provide specialized services for mental healthcare
- Providers of substance use disorder services
- Clinics, hospitals, nursing facilities, and other places that provide health services in our plan
- Home health agencies, durable medical equipment suppliers, and others who provide goods and services that you are eligible for

You must get care from network providers. Usually, the plan will not cover care from a provider who does not work with the health plan. Here are some cases when this rule does not apply:

- Plan covers emergency services from an out-of-network provider
- Continued care you may need from non-participating providers when you are new to our plan

Both Member Services and our website can give you the most up-to-date information about our network providers. Please see section C of this directory for how to contact us.

Some of the services we provide are covered only if your doctor or other network provider gets approval from us first. This is called prior authorization. Your provider will ask for a prior authorization from us and should schedule these services for you. Humana Healthy Horizons in Virginia will not pay for these services if they are done without prior authorization.

To see a list of services that need prior authorization, see the Member Handbook.

You have rights as a member of our plan. Your rights shall include, but are not limited to:

- Right to be treated with respect
- Right to participate in decisions regarding healthcare
- Right to receive a copy of your medical records

## What are "network pharmacies"?

Network pharmacies are pharmacies that have agreed to fill prescriptions for our plan members. Use this Provider Directory to find the network pharmacy you want to use.

Except during an emergency, you must fill your prescriptions at one of our network pharmacies if you want our plan to help you pay for them.

Both Member Services and our website can give you the most up-to-date information about our network pharmacies. Please see section C of this directory for how to contact us.

## Network Service Area

This directory lists Humana Healthy Horizons in Virginia network providers and pharmacies in the following counties:

VA: Accomack, Northampton

### Please note:

- Providers join and leave the network for your service area often. To view the most up to date information on our providers, please visit our website at **Humana.com/HealthyVirginia**. Our online physician finder is updated nightly, and our paper directory is updated monthly.
- Some Humana providers in our network may no longer be accepting new members. If you are having trouble finding a provider who will accept new members, call Member Services at **844-881-4482 (TTY: 711)**, and we will help you.

## Alternative Formats and Languages

You can get this directory for free in other languages and in other formats. This includes:

- Oral interpretation
- Auxiliary aids (such as TTY)
- American Sign Language
- Large print
- Braille
- Audio

Please see section C of this directory for how to contact Member Services to ask for any of these services.

## C. How to Contact Us

<b>Member Services</b>	<p><b>844-881-4482 (TTY: 711)</b> The call is free.</p> <p>We're available from 8 a.m. – 8 p.m. seven days a week, Eastern time. However, please note that our automated phone system may answer your call after hours, during weekends, and holidays.</p>
<b>Member Services TTY</b>	<p><b>711</b> The call is free.</p> <p>This number is for people needing help with hearing or speaking. You must have special telephone equipment to call it.</p> <p>Hours of operation are the same as above.</p>
<b>Nurse Advice Line</b>	<p><b>888-445-8714 (TTY: 711)</b></p> <p>You can call 24 hours, 7 days a week. The call is free.</p>
<b>Behavioral Health Crisis Line</b>	<p><b>888-445-8714 (TTY: 711)</b></p> <p>You can call 24 hours, 7 days a week. The call is free.</p>
<b>Urgent and Emergency Care</b>	<p>If you have a medical emergency, call <b>911</b>.</p>
<b>Website</b>	<p><b>Humana.com/HealthyVirginia</b></p>
<b>Report Fraud</b>	<p>Call <b>800-614-4126 (TTY: 711)</b>, 24 hours a day, 7 days a week</p> <ul style="list-style-type: none"> <li>• Select the menu option for reporting fraud</li> <li>• Complete the Fraud, Waste, and Abuse Reporting Form</li> <li>• You can write a letter and mail it to us at: <ul style="list-style-type: none"> <li>Humana</li> <li>Attn: Special Investigations Unit</li> <li>1100 Employers Blvd.</li> <li>Green Bay, WI 54344</li> </ul> </li> <li>• You can go to our website, <b>Humana.com/HealthyVirginia</b> and fill out the form</li> </ul>

Contact Member Services for:

- Questions about benefits
- Member ID cards
- Help with finding a PCP and pharmacy
- Access to free interpreter services to answer any questions
- Help with requesting free auxiliary aids and services

## D. Your Primary Care Provider (PCP)

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You will have to choose a Primary Care Provider (PCP) from our network of providers.

Generally, you must get your healthcare services from your PCP. Your PCP is the doctor you see first for most health problems. He or she makes sure you get the care you need to stay healthy. He or she also may talk with other doctors and healthcare providers about your care and refer you to them.

Your PCP will:

- Coordinate your healthcare
- Perform your checkups
- Treat most of your routine healthcare needs
- May send you to specialists

**Please note:** Each family member can use the same PCP or, choose a different PCP based on individual needs.

You can reach your PCP by calling their office. Your PCP's name and phone number are printed on your ID card. It is important to call your PCP when you need medical care. You may also be seen by your PCP's assistant or nurse.

To find out:

- Which hospital a PCP or other provider uses, and
- Which providers are not taking new patients

Go to Humana's website at **Humana.com/HealthyVirginia**, or call Member Services at **844-881-4482 (TTY: 711)**.

If you need after-hours care:

- Check our online provider directory at **Humana.com/HealthyVirginia**
- Check with your PCP.

In case of an emergency, call **911**, or go to the nearest emergency room.

## E. How to get Transportation Services

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<b>Emergency Transportation</b>	<p><b>911</b></p> <p>A medical emergency is an acute injury or illness that poses an immediate risk to a person's life or long-term health.</p> <p>Call 24 hours a day, 7 days a week.</p>
<b>Routine Transportation</b>	<p>Transportation to a routine (non-emergency) healthcare appointment may be available from Modivcare.</p> <p>To make a reservation, call <b>877-718-4215 (TTY: 711)</b> Monday through Friday from 8:00 a.m. to 8:00 pm., Eastern time. The call is free.</p>

## F. Notice of Non-Discrimination

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Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate or exclude people because of their race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services. Humana Inc.:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
  - Qualified interpreters
  - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids, or language assistance services contact **844-881-4482 (TTY: 711)**, 8 a.m. to 8 p.m., Eastern time, 7 days a week. If you believe that Humana, Inc. has not provided these services or discriminated on the basis of race, color, religion, gender, gender identity, sex, sexual orientation, age, disability, national origin, military status, veteran status, genetic information, ancestry, ethnicity, marital status, language, health status, or need for health services, you can file a grievance in person or by mail, fax, or email with Humana Inc.'s Non-Discrimination Coordinator at P.O. Box 14618, Lexington, KY 40512-4618, **844-881-4482 (TTY: 711)**, or **accessibility@humana.com**. If you need help filing a grievance, Humana Inc.'s Non-Discrimination Coordinator can help you.

You can also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at **<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>**, or by mail or phone at:

- U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F, HHH Building Washington, D.C. 20201. **800-368-1019, 800-537-7697 (TDD)**.

This notice is available at **[Humana.com/VirginiaDocuments](https://www.humana.com/VirginiaDocuments)**.

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## G. Auxiliary Aids and Services

### Notice of Availability - Auxiliary Aids and Services Notice

English: Free language, auxiliary aid, and alternate format services are available.

Call **844-881-4482 (TTY: 711)**.

العربية [Arabic]: تتوفر خدمات اللغة والمساعدة الإضافية والتنسيق البديل مجانًا. اتصل على الرقم  
**844-881-4482 (الهاتف النصي: 711)**.

Հայերեն [Armenian]: Հասանելի են անվճար լեզվական, աջակցման և այլընտրանքային ձևաչափի ծառայություններ: Չանգահարե՛ք՝ **844-881-4482 (TTY: 711)**:

বাংলা [Bengali]: বিনামূল্যে ভাষা, আনুষঙ্গিক সহায়তা, এবং বিকল্প বিন্যাসে পরিষেবা উপলব্ধ।  
ফোন করুন **844-881-4482 (TTY: 711)** নম্বরে।

简体中文 [Simplified Chinese]: 我们可提供免费的语言、辅助设备以及其他格式版本服务。请致电  
**844-881-4482 (听障专线: 711)**。

繁體中文 [Traditional Chinese]: 我們可提供免費的語言、輔助設備以及其他格式版本服務。請致電  
**844-881-4482 (聽障專線: 711)**。

Kreyòl Ayisyen [Haitian Creole]: Lang gratis, èd oksilyè, ak lòt fòm sèvis disponib. Rele  
**844-881-4482 (TTY: 711)**.

Hrvatski [Croatian]: Dostupni su besplatni jezik, dodatna pomoć i usluge alternativnog formata.  
Nazovite **844-881-4482 (TTY: 711)**.

فارسی [Farsi]: خدمات زبان رایگان، کمک های اضافی و فرمت های جایگزین در دسترس است. با **844-881-4482 (TTY: 711)** تماس بگیرید.

Français [French]: Des services gratuits linguistiques, d'aide auxiliaire et de mise au format sont disponibles. Appeler le **844-881-4482 (TTY: 711)**.

Deutsch [German]: Es stehen kostenlose unterstützende Hilfs- und Sprachdienste sowie alternative Dokumentformate zur Verfügung. Telefon: **844-881-4482 (TTY: 711)**.

Ελληνικά [Greek]: Διατίθενται δωρεάν γλωσσικές υπηρεσίες, βοηθήματα και υπηρεσίες σε εναλλακτικές προσβάσιμες μορφές. Καλέστε στο **844-881-4482 (TTY: 711)**.

ગુજરાતી [Gujarati]: નિ:શુલ્ક ભાષા, સહાયક સહાય અને વૈકલ્પિક ફોર્મેટ સેવાઓ ઉપલબ્ધ છે.  
**844-881-4482 (TTY: 711)** પર કોલ કરો.

עברית [Hebrew]: שירותים אלה זמינים בחינם: שירותי תרגום, אביזרי עזר וטקסטים בפורמטים חלופיים.  
נא התקשר למספר **844-881-4482 (TTY: 711)**

हिन्दी [Hindi]: नि:शुल्क भाषा, सहायक मदद और वैकल्पिक प्रारूप सेवाएं उपलब्ध हैं।  
**844-881-4482 (TTY: 711)** पर कॉल करें।

Hmoob [Hmong]: Muaj kev pab txhais lus, pab kom hnov suab, thiab lwm tus qauv pab cuam.  
Hu **844-881-4482 (TTY: 711)**.

Italiano [Italian]: Sono disponibili servizi gratuiti di supporto linguistico, assistenza ausiliaria e formati alternativi. Chiama il numero **844-881-4482 (TTY: 711)**.

日本語 [Japanese]: 言語支援サービス、補助支援サービス、代替形式サービスを無料でご利用いただけます。  
**844-881-4482 (TTY: 711)** までお電話ください。

ភាសាខ្មែរ [Khmer]: សេវាកម្មផ្នែកភាសា ជំនួយ និង សេវាកម្មជំនួយប្រុងប្រយ័ត្នជំនួសអាច  
រកបាន។ ទូរស័ព្ទទៅលេខ **844-881-4482 (TTY: 711)**។

한국어 [Korean]: 무료 언어, 보조 지원 및 대체 형식 서비스를 이용하실 수 있습니다.  
**844-881-4482 (TTY: 711)**번으로 문의하십시오.

ພາສາລາວ [Lao] ມີການບໍລິການດ້ານພາສາ, ຊ່ວຍກ່ອນຊ່ວຍເຫຼືອ ແລະ ຮູບແບບທາງເວັບອອກອັບ  
ໃຫ້ໃຊ້ພຣິ. ໂທ **844-881-4482 (TTY: 711)**.

Diné [Navajo]: Saad t'áá jiik'eh, t'áadoole'é binahjí' bee adahodooníílgíí diné bich 'í' anídahazt'í'í, dóó lahgo  
át'éego bee hada' dilyaaígíí bee bika'aanída'awo'í dahóló. Kohjí' hodiilnih **844-881-4482 (TTY: 711)**.

Polski [Polish]: Dostępne są bezpłatne usługi językowe, pomocnicze i alternatywne formaty. Zadzwoń  
pod numer **844-881-4482 (TTY: 711)**.

Português [Portuguese]: Estão disponíveis serviços gratuitos de ajuda linguística auxiliar e outros  
formatos alternativos. Ligue **844-881-4482 (TTY: 711)**.

ਪੰਜਾਬੀ [Punjabi]: ਮੁਫਤ ਭਾਸ਼ਾ, ਸਹਾਇਕ ਸਹਾਇਤਾ, ਅਤੇ ਵਿਕਲਪਿਕ ਫਾਰਮੈਟ ਸੇਵਾਵਾਂ ਉਪਲਬਧ ਹਨ।  
**844-881-4482 (TTY: 711)** 'ਤੇ ਕਾਲ ਕਰੋ।

Русский [Russian]: Предоставляются бесплатные услуги языковой поддержки, вспомогательные  
средства и материалы в альтернативных форматах. Звоните по номеру **844-881-4482 (TTY: 711)**.

Español [Spanish]: Los servicios gratuitos de asistencia lingüística, ayuda auxiliar y servicios en otro  
formato están disponibles. Llame al **844-881-4482 (TTY: 711)**.

Tagalog [Tagalog]: Magagamit ang mga librang serbisyong pangwika, serbisyo o device na pantulong, at  
kapalit na format. Tumawag sa **844-881-4482 (TTY: 711)**.

தமிழ் [Tamil]: இலவச மொழி, துணை உதவி மற்றும் மாற்று வடிவ சேவைகள் உள்ளன.  
**844-881-4482 (TTY: 711)** ஐ அழைக்கவும்.

తెలుగు [Telugu]: ఉచిత భాష, సహాయక మద్దతు, మరియు ప్రత్యామ్నాయ ఫార్మాట్ సేవలు  
అందుబాటులో గలవు. **844-881-4482 (TTY: 711)** కి కాల్ చేయండి.

[Urdu]: مفت زبان، معاون امداد، اور متبادل فارمیٹ کی خدمات دستیاب ہیں۔ کال **(TTY: 711) 844-881-4482**

Tiếng Việt [Vietnamese]: Có sẵn các dịch vụ miễn phí về ngôn ngữ, hỗ trợ bổ sung và định dạng thay  
thế. Hãy gọi **844-881-4482 (TTY: 711)**.

አማርኛ [Amharic]: ቋንቋ፣ ኢንፎርሜሽን ማዳመጫ እና አማራጭ ቅርፅ ለሌሎች አገልግሎቶችም ይገኛሉ። በ  
**844-881-4482 (TTY: 711)** ላይ ይደውሉ።

Bàsà [Bassa]: Wuḍu-xwíniín-mú-zà-zà kùà, Hwòdǒ-fóná-nyo, kè nyo-boŭn-po-kà bě bé nyuεε se wíqí  
péé-péé dò kò. **844-881-4482 (TTY: 711)** dá.

Bekee [Igbó]: Asụsụ n'efu, enyemaka nkwarụ, na orụ usoro ndị ọzọ dị. Kpọ **844-881-4482 (TTY: 711)**.

Òyìnbó [Yoruba]: Àwọn isẹ àtìlẹ̀hìn ìrànlọ̀wọ̀ èdè, àtì ọ̀nà kíkà mírà̀n wà lárọ̀wọ̀tó. Pe  
**844-881-4482 (TTY: 711)**.

नेपाली [Nepali]: भाषासम्बन्धी निःशुल्क, सहायक साधन र वैकल्पिक फार्मेट (ढाँचा/व्यवस्था)  
सेवाहरू उपलब्ध छन् । **844-881-4482 (TTY: 711)** मा कल गर्नुहोस् ।

This notice is available at [Humana.com/VirginiaDocuments](http://Humana.com/VirginiaDocuments).

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## H. How to use the Provider Directory

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In this section, you will find out how to use this directory. The directory contains a list of providers in the Humana Healthy Horizons in Virginia plan. Providers are listed in this directory by:

- County, then by
- Specialty, then
- Alphabetically by name

Provider information is current as of the date on the directory cover. Below are the types of provider information you will find. Each provider is unique, so information may differ.

- Names, addresses and telephone numbers
- Office hours
- Website, if available
- Accommodations for people with physical disabilities
- Whether the provider is near a public transportation route
- Languages spoken
- Areas of specialty
- Licensing information
- Whether the provider is accepting new patients
- Virtual care, if available
- Cultural competency training (if you see this information listed by the provider, it means they were trained in how to help members with differences in traditions and customs)
- Group affiliations (this will tell you the provider's group that they belong to)

### **Please note:**

You can use our online physician finder for the most up to date information on our providers. Use this online tool to find a provider or facility in your area. You can see details like addresses, phone numbers, office hours and driving directions. You can access the tool on our website at **[Humana.com/HealthyVirginia](https://www.humana.com/HealthyVirginia)**.

Many providers have more than one office. However, not all of the providers' offices may be part of our network. If you don't see an office address on this list, the provider may not be in network at that location. If you have questions, please call Member Services at **844-881-4482 (TTY: 711)**.

To report any mistakes you find in this directory, email us by signing in at **MyHumana.com**, or call Member Services at **844-881-4482 (TTY: 711)**.

Participating physicians and other providers listed in the directory are not the agents, employees or partners of Humana Medicaid Plans. They are independent contractors. Humana Medicaid Plans are not providers of medical services. Humana Medicaid Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

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## **A. Le damos la bienvenida a Humana Healthy Horizons in Virginia**

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Gracias por ser afiliado de Humana Healthy Horizons® in Virginia. ¡Nos alegra que nos haya elegido como su aliado en la salud y esperamos con gusto ayudarle a alcanzar su mejor estado de salud!

Humana Healthy Horizons in Virginia es un programa de Medicaid de la Mancomunidad de Virginia. Este plan es un programa de la Mancomunidad, administrado por el Departamento en colaboración con Humana Healthy Horizons in Virginia.

Humana Healthy Horizons in Virginia es una organización formada por médicos, hospitales, farmacias, proveedores de servicios y apoyos a largo plazo, y otros proveedores. También tiene coordinadores y equipos de cuidado de la salud para ayudarle a administrar todos sus proveedores y servicios. Todos ellos trabajan juntos para proveer el cuidado que usted necesita.

Para obtener más información sobre su plan de salud y los servicios cubiertos, consulte el Manual para afiliados.

## B. Directorio de Proveedores

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En el Directorio de proveedores se incluyen los profesionales de cuidado de la salud, centros y proveedores de apoyo de nuestra red que usted puede visitar como afiliado del plan. También aparece el listado de farmacias que puede utilizar para obtener sus medicamentos recetados.

### ¿Qué son los "proveedores de la red"?

Los proveedores de la red incluyen:

- Los médicos, profesionales de enfermería y otros profesionales del cuidado de la salud a los que puede recurrir como afiliado de nuestro plan
- Los profesionales de la salud del comportamiento que proveen servicios especializados de cuidado de salud mental
- Proveedores de servicios para trastornos por consumo de sustancias
- Las clínicas, hospitales, centros de enfermería y otros lugares que proveen servicios de cuidado de la salud en nuestro plan
- Las agencias de cuidado de la salud en el hogar, proveedores de equipos médicos duraderos y otras personas que proveen los bienes y servicios para los que usted es elegible

Debe recibir cuidado de la salud por parte de proveedores de la red. Por lo general, el plan no cubrirá el cuidado de un proveedor que no trabaja con el plan de salud. A continuación, presentamos algunos casos en los que no se aplica esta regla:

- El plan cubre servicios en casos de emergencia de proveedores fuera de la red
- Cuidado continuo que puede necesitar de proveedores que no participan cuando usted es un nuevo afiliado a nuestro plan

Servicios para afiliados y nuestro sitio web pueden brindarle la información más actualizada sobre nuestros proveedores de la red. Consulte la Sección C de este directorio para obtener información sobre cómo comunicarse con nosotros.

Algunos de los servicios que brindamos están cubiertos únicamente si su médico u otro proveedor de la red obtienen primero nuestra aprobación. A esto se le conoce como autorización previa. Su proveedor nos debe solicitar una autorización previa y debe programar estos servicios para usted. Humana Healthy Horizons in Virginia no pagará por estos servicios si se realizan sin autorización previa.

Para ver una lista de los servicios que necesitan autorización previa, consulte el Manual para los afiliados.

Usted tiene derechos como afiliado del plan. Sus derechos incluyen, entre otros:

- Derecho a recibir un trato respetuoso
- Derecho a participar en las decisiones relativas al cuidado de la salud
- Derecho a recibir una copia de sus expedientes médicos

## ¿Qué son las "farmacias de la red"?

Las farmacias de la red son farmacias que han acordado surtir las recetas de los afiliados de nuestro plan. Utilice este Directorio de proveedores para encontrar la farmacia de la red que desea usar.

Excepto en caso de emergencia, debe surtir las recetas en una de nuestras farmacias de la red si desea que nuestro plan le ayude a pagarlas.

Puede obtener la información más actualizada sobre las farmacias de la red a través de Servicios para afiliados y en nuestro sitio web. Consulte la Sección C de este directorio para obtener información sobre cómo comunicarse con nosotros.

## Área de Servicio de la Red

En este directorio se incluyen los proveedores y las farmacias de la red de Humana Healthy Horizons in Virginia en los siguientes condados:

VA: Accomack, Northampton

### Tenga en cuenta:

- Los proveedores se unen y abandonan la red de su área de servicio a menudo. Para ver la información más actualizada sobre nuestros proveedores, visite nuestro sitio web en **es-[www.humana.com/HealthyVirginia](http://www.humana.com/HealthyVirginia)**. Nuestro buscador de médicos en línea se actualiza todas las noches y nuestro directorio en papel se actualiza todos los meses.
- Es posible que algunos proveedores de Humana de nuestra red ya no acepten nuevos afiliados. Si tiene algún problema para encontrar un proveedor que acepte nuevos afiliados, llame a Servicios para afiliados al **844-881-4482 (TTY: 711)** y le brindaremos ayuda.

## Idiomas y Formatos Alternativos

Puede obtener este directorio en forma gratuita en otros idiomas y en otros formatos. Esto incluye:

- Interpretación oral
- Servicios auxiliares (como TTY)
- Lenguaje de señas estadounidense
- Letra grande
- Braille
- Audio

Consulte la Sección C de este directorio para obtener información sobre cómo comunicarse con Servicios para afiliados para pedir cualquiera de estos servicios.

## C. Cómo Comunicarse con Nosotros

<b>Servicios para Afiliados</b>	<p><b>844-881-4482 (TTY: 711)</b> La llamada es gratuita.</p> <p>Estamos disponibles de 8 a.m. a 8 p.m. los siete días de la semana, hora del este. Sin embargo, tenga en cuenta que nuestro sistema telefónico automatizado puede responder su llamada fuera del horario normal, los fines de semana y los días feriados.</p>
<b>Servicios para Afiliados TTY</b>	<p><b>711</b> La llamada es gratuita.</p> <p>Este número es para las personas que necesitan ayuda con la audición o habla. Debe tener un equipo de teléfono especial para llamar.</p> <p>El horario de atención es el mismo que se indica arriba.</p>
<b>Línea Telefónica de Asesoramiento de Enfermería</b>	<p><b>888-445-8714 (TTY: 711)</b></p> <p>Puede llamar las 24 horas del día, los siete días de la semana. La llamada es gratuita.</p>
<b>Línea de Crisis de Salud del Comportamiento</b>	<p><b>888-445-8714 (TTY: 711)</b></p> <p>Puede llamar las 24 horas del día, los siete días de la semana. La llamada es gratuita.</p>
<b>Cuidado Médico en casos de Emergencia y Cuidado de Urgencia</b>	<p>Si tiene una emergencia médica, llame al <b>911</b>.</p>
<b>Sitio web</b>	<p><b>es-<a href="http://www.humana.com/HealthyVirginia">www.humana.com/HealthyVirginia</a></b></p>
<b>Denuncia de Fraude</b>	<p>Llame al <b>800-614-4126 (TTY: 711)</b>, las 24 horas del día, los siete días de la semana</p> <ul style="list-style-type: none"> <li>• Seleccione la opción del menú para denunciar fraude</li> <li>• Complete el Formulario de denuncia de fraude, malgasto y abuso</li> <li>• Puede escribir una carta y enviárnosla por correo a: Humana Attn: Special Investigations Unit 1100 Employers Blvd. Green Bay, WI 54344</li> <li>• Puede visitar nuestro sitio web, <b>es-<a href="http://www.humana.com/HealthyVirginia">www.humana.com/HealthyVirginia</a></b> y completar el formulario</li> </ul>

Comuníquese con Servicios para afiliados por asuntos relacionados con lo siguiente:

- Preguntas sobre beneficios
- Tarjetas de identificación del afiliado
- Ayuda para encontrar un proveedor de cuidado primario (PCP, por sus siglas en inglés) y una farmacia
- Acceso a servicios gratuitos de un intérprete para responder cualquier pregunta
- Ayuda para solicitar recursos y servicios auxiliares gratuitos

## **D. Su Proveedor de Cuidado Primario (PCP, por sus siglas en inglés)**

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Usted deberá elegir un proveedor de cuidado primario (PCP) de nuestra red de proveedores.

Por lo general, usted debe obtener sus servicios de cuidado de la salud de su PCP. Su PCP es el médico que usted ve en primer lugar para la mayoría de los problemas de salud. Él o ella se asegura de que usted reciba el cuidado médico que necesita para mantenerse saludable. Este médico también puede hablar con otros médicos y proveedores de cuidado de la salud sobre su cuidado y referirle a ellos.

Su PCP hará lo siguiente:

- Coordinar su cuidado de la salud
- Hacerle exámenes médicos
- Atender la mayoría de sus necesidades de cuidado de la salud de rutina
- Puede enviarle a especialistas

**Tenga en cuenta:** Cada integrante de la familia puede usar el mismo PCP o elegir un PCP diferente según sus necesidades individuales.

Para comunicarse con su PCP, llame a su consultorio. En su tarjeta de identificación figura el nombre y el número de teléfono de su PCP. Es importante que se comunique con su PCP cada vez que necesite cuidado de la salud. También es posible que lo vea el asistente o un profesional de enfermería de su PCP.

Para averiguar:

- En qué hospital atiende un PCP u otro proveedor, y
- qué proveedores no están aceptando pacientes nuevos

Visite el sitio web de Humana en **es-[www.humana.com/HealthyVirginia](http://www.humana.com/HealthyVirginia)**, o llame a Servicios para Afiliados al **844-881-4482 (TTY: 711)**.

Si necesita cuidado médico fuera del horario de atención:

- Consulte nuestro directorio de proveedores en línea en **es-[www.humana.com/HealthyVirginia](http://www.humana.com/HealthyVirginia)**
- Consulte a su PCP.

En caso de emergencia, llame al **911** o diríjase a la sala de emergencias más cercana.

## E. Cómo obtener Servicios de Transporte

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<b>Transporte de Emergencia</b>	<p><b>911</b></p> <p>Una emergencia médica es una lesión o enfermedad aguda que supone un riesgo inmediato para la vida o la salud a largo plazo de una persona.</p> <p>Llame las 24 horas del día, los siete días de la semana.</p>
<b>Transporte de Rutina</b>	<p>El transporte a una cita de cuidado de la salud de rutina (que no es de emergencia) puede estar disponible a través de Modivcare.</p> <p>Para programar una reserva, llame al <b>877-718-4215 (TTY: 711)</b> de lunes a viernes de 8:00 a.m. a 8:00 p.m., hora del este. La llamada es gratuita.</p>

## F. Aviso de no Discriminación

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Humana Inc. y sus subsidiarias cumplen con las leyes aplicables de Derechos civiles federales y no discriminan ni excluyen a las personas por motivos de raza, color de la piel, religión, género, identidad de género, sexo, orientación sexual, edad, discapacidad, origen nacional, condición militar, condición de veterano, información genética, ascendencia, origen étnico, estado civil, idioma, estado de salud o necesidad de servicios de salud. Humana Inc.:

- Provee a las personas con discapacidades modificaciones razonables, junto con recursos y servicios auxiliares gratuitos y adecuados para comunicarse eficazmente con nosotros, como los siguientes:
  - Intérpretes acreditados de lenguaje de señas
  - Información escrita en otros formatos (letra de imprenta grande, audio, formatos electrónicos accesibles u otros formatos)
- Provee servicios gratuitos de asistencia lingüística para personas cuyo idioma principal no es el inglés, que pueden incluir lo siguiente:
  - Intérpretes acreditados
  - Información por escrito en otros idiomas

Si necesita modificaciones razonables, ayudas auxiliares adecuadas o servicios de asistencia lingüística, comuníquese al **844-881-4482 (TTY: 711)**, de 8:00 a.m. a 8:00 p.m., hora del este, 7 días a la semana. Si cree que Humana Inc. no ha provisto estos servicios o ha discriminado por motivos de raza, color de la piel, religión, género, identidad de género, sexo, orientación sexual, edad, discapacidad, origen nacional, condición militar, condición de veterano, información genética, ascendencia, origen étnico, estado civil, idioma, estado de salud o necesidad de servicios de salud, puede presentar una queja formal en persona, por correo postal, fax o por correo electrónico al Coordinador de No Discriminación de Humana Inc. en P.O. Box 14618, Lexington, KY 40512-4618, al **844-881-4482 (TTY: 711)**, o a **accessibility@humana.com**. Si necesita ayuda para presentar una queja formal, el Coordinador de No Discriminación de Humana Inc. puede ayudarle.

También puede presentar una queja ante la Oficina de Derechos Civiles del Departamento de Salud y Servicios Humanos de los EE. UU., por medios electrónicos a través del Portal de Quejas de la Oficina de Derechos Civiles en **<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>**, o por correo postal o teléfono a:

- U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F, HHH Building Washington, D.C. 20201. **800-368-1019, 800-537-7697 (TDD)**.

Este aviso está disponible en **[es-www.humana.com/VirginiaDocuments](http://es-www.humana.com/VirginiaDocuments)**.

## G. Recursos y Servicios Auxiliares

### Aviso de Disponibilidad - Aviso de Recursos y Servicios Auxiliares

English: Free language, auxiliary aid, and alternate format services are available.  
Call **844-881-4482 (TTY: 711)**.

العربية [Arabic]: تتوفر خدمات اللغة والمساعدة الإضافية والتنسيق البديل مجانًا. اتصل على الرقم  
**844-881-4482 (الهاتف النصي: 711)**.

Հայերեն [Armenian]: Հասանելի են անվճար լեզվական, աջակցման և այլընտրանքային ձևաչափի ծառայություններ: Չանգահարե՛ք՝ **844-881-4482 (TTY: 711)**:

বাংলা [Bengali]: বিনামূল্যে ভাষা, আনুষঙ্গিক সহায়তা, এবং বিকল্প বিন্যাসে পরিষেবা উপলব্ধ।  
ফোন করুন **844-881-4482 (TTY: 711)** নম্বরে।

简体中文 [Simplified Chinese]: 我们可提供免费的语言、辅助设备以及其他格式版本服务。请致电  
**844-881-4482 (听障专线: 711)**。

繁體中文 [Traditional Chinese]: 我們可提供免費的語言、輔助設備以及其他格式版本服務。請致電  
**844-881-4482 (聽障專線: 711)**。

Kreyòl Ayisyen [Haitian Creole]: Lang gratis, èd oksilyè, ak lòt fòm sèvis disponib. Rele  
**844-881-4482 (TTY: 711)**.

Hrvatski [Croatian]: Dostupni su besplatni jezik, dodatna pomoć i usluge alternativnog formata.  
Nazovite **844-881-4482 (TTY: 711)**.

فارسی [Farsi]: خدمات زبان رایگان، کمک های اضافی و فرمت های جایگزین در دسترس است. با **844-881-4482 (TTY: 711)** تماس بگیرید.

Français [French]: Des services gratuits linguistiques, d'aide auxiliaire et de mise au format sont disponibles. Appeler le **844-881-4482 (TTY: 711)**.

Deutsch [German]: Es stehen kostenlose unterstützende Hilfs- und Sprachdienste sowie alternative Dokumentformate zur Verfügung. Telefon: **844-881-4482 (TTY: 711)**.

Ελληνικά [Greek]: Διατίθενται δωρεάν γλωσσικές υπηρεσίες, βοηθήματα και υπηρεσίες σε εναλλακτικές προσβάσιμες μορφές. Καλέστε στο **844-881-4482 (TTY: 711)**.

ગુજરાતી [Gujarati]: નિ:શુલ્ક ભાષા, સહાયક સહાય અને વૈકલ્પિક ફોર્મેટ સેવાઓ ઉપલબ્ધ છે.  
**844-881-4482 (TTY: 711)** પર ફોન કરો.

עברית [Hebrew]: שירותים אלה זמינים בחינם: שירותי תרגום, אביזרי עזר וטקסטים בפורמטים חלופיים.  
נא התקשר למספר **844-881-4482 (TTY: 711)**

हिन्दी [Hindi]: नि:शुल्क भाषा, सहायक मदद और वैकल्पिक प्रारूप सेवाएं उपलब्ध हैं।  
**844-881-4482 (TTY: 711)** पर कॉल करें।

Hmoob [Hmong]: Muaj kev pab txhais lus, pab kom hnov suab, thiab lwm tus qauv pab cuam.  
Hu **844-881-4482 (TTY: 711)**.

Italiano [Italian]: Sono disponibili servizi gratuiti di supporto linguistico, assistenza ausiliaria e formati alternativi. Chiama il numero **844-881-4482 (TTY: 711)**.

日本語 [Japanese]: 言語支援サービス、補助支援サービス、代替形式サービスを無料でご利用いただけます。  
**844-881-4482 (TTY: 711)** までお電話ください。

ភាសាខ្មែរ [Khmer]: សេវាកម្មផ្នែកភាសា ជំនួយ និង សេវាកម្មជំនួយប្រុងប្រយ័ត្នជំនួសអាច  
រកបាន។ ទូរស័ព្ទទៅលេខ **844-881-4482 (TTY: 711)**។

한국어 [Korean]: 무료 언어, 보조 지원 및 대체 형식 서비스를 이용하실 수 있습니다.  
**844-881-4482 (TTY: 711)**번으로 문의하십시오.

ພາສາລາວ [Lao] ມີການບໍລິການດ້ານພາສາ, ຊ່ວຍກ່ອນຊ່ວຍເຫຼືອ ແລະ ຮູບແບບທາງເລືອກອື່ນ  
ໃຫ້ໃຊ້ພຣີ. ໂທ **844-881-4482 (TTY: 711)**.

Diné [Navajo]: Saad t'áá jiik'eh, t'áadoole'é binahjí' bee adahodoonííígíí diné bich 'í' anídahazt'í'í, dóó lahgo  
át'éego bee hada' dilyaaígíí bee bika'aanída'awo'í dahóló. Kohjí' hodíilnih **844-881-4482 (TTY: 711)**.

Polski [Polish]: Dostępne są bezpłatne usługi językowe, pomocnicze i alternatywne formaty. Zadzwoń  
pod numer **844-881-4482 (TTY: 711)**.

Português [Portuguese]: Estão disponíveis serviços gratuitos de ajuda linguística auxiliar e outros  
formatos alternativos. Ligue **844-881-4482 (TTY: 711)**.

ਪੰਜਾਬੀ [Punjabi]: ਮੁਫਤ ਭਾਸ਼ਾ, ਸਹਾਇਕ ਸਹਾਇਤਾ, ਅਤੇ ਵਿਕਲਪਿਕ ਫਾਰਮੈਟ ਸੇਵਾਵਾਂ ਉਪਲਬਧ ਹਨ।  
**844-881-4482 (TTY: 711)** 'ਤੇ ਕਾਲ ਕਰੋ।

Русский [Russian]: Предоставляются бесплатные услуги языковой поддержки, вспомогательные  
средства и материалы в альтернативных форматах. Звоните по номеру **844-881-4482 (TTY: 711)**.

Español [Spanish]: Los servicios gratuitos de asistencia lingüística, ayuda auxiliar y servicios en otro  
formato están disponibles. Llame al **844-881-4482 (TTY: 711)**.

Tagalog [Tagalog]: Magagamit ang mga librang serbisyong pangwika, serbisyo o device na pantulong, at  
kapalit na format. Tumawag sa **844-881-4482 (TTY: 711)**.

தமிழ் [Tamil]: இலவச மொழி, துணை உதவி மற்றும் மாற்று வடிவ சேவைகள் உள்ளன.  
**844-881-4482 (TTY: 711)** ஐ அழைக்கவும்.

తెలుగు [Telugu]: ఉచిత భాష, సహాయక మద్దతు, మరియు ప్రత్యామ్నాయ ఫార్మాట్ సేవలు  
అందుబాటులో గలవు. **844-881-4482 (TTY: 711)** కి కాల్ చేయండి.

[Urdu]: اردو مفت زبان، معاون امداد، اور متبادل فارمیٹ کی خدمات دستیاب ہیں۔ **(TTY: 711) 844-881-4482** کال

Tiếng Việt [Vietnamese]: Có sẵn các dịch vụ miễn phí về ngôn ngữ, hỗ trợ bổ sung và định dạng thay  
thế. Hãy gọi **844-881-4482 (TTY: 711)**.

አማርኛ [Amharic]: ቋንቋ፣ ኢንፎርሜሽን ማዳመጫ እና አማራጭ ቅርፅ ለሌሎች አገልግሎቶችም ይገኛሉ። በ  
**844-881-4482 (TTY: 711)** ላይ ይደውሉ።

Bàsà` [Bassa]: Wuḍu-xwíniín-mú-zà-zà kùà, Hwòdǒ-fòhò-nyò, kè nyò-boŭn-po-kà bě bé nyuεε se wíqí  
péé-péé dò kò. **844-881-4482 (TTY: 711)** dá.

Bekee [Igbó]: Asụsụ n'efu, enyemaka nkwarụ, na ọrụ usoro ndị ọzọ dị. Kpọọ **844-881-4482 (TTY: 711)**.

Òyìnbó [Yoruba]: Àwọn isẹ àtìlẹ̀hìn ìrànlọ̀wọ̀ èdè, àti ọ̀nà kíkà mírà̀n wà lárọ̀wọ̀tọ̀. Pe  
**844-881-4482 (TTY: 711)**.

नेपाली [Nepali]: भाषासम्बन्धी निःशुल्क, सहायक साधन र वैकल्पिक फार्मेट (ढाँचा/व्यवस्था)  
सेवाहरू उपलब्ध छन् । **844-881-4482 (TTY: 711)** मा कल गर्नुहोस् ।

Este aviso está disponible en [es-www.humana.com/VirginiaDocuments](http://es-www.humana.com/VirginiaDocuments)

VAHMEDKSP\_Approved

## H. Cómo utilizar su Directorio de Proveedores

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En esta sección se indica cómo utilizar este directorio. El directorio contiene una lista de proveedores del plan Humana Healthy Horizons in Virginia. En este directorio los proveedores aparecen por orden de:

- Condado, luego por
- Especialidad, luego por
- Orden alfabético por nombre

La información de los proveedores está actualizada a la fecha que se indica en la portada del directorio. A continuación se muestran los tipos de información que encontrará sobre el proveedor. Cada proveedor es único, de modo que la información puede diferir.

- Nombres, direcciones y números de teléfono
- Horario de atención
- Sitio web, si está disponible
- Adaptaciones para personas con discapacidades físicas
- Si el proveedor se encuentra cerca del recorrido de algún servicio de transporte público
- Idiomas que habla
- Áreas de especialidad
- Información sobre licencias
- Si el proveedor está aceptando nuevos pacientes
- Cuidado virtual, si está disponible
- Capacitación en competencia cultural (si ve esta información incluida por el proveedor, significa que ha sido capacitado en cómo ayudar a los afiliados con diferentes tradiciones y costumbres)
- Afiliaciones grupales (esto le indica el grupo al que pertenece el proveedor)

Esta sección continúa en la página siguiente

### Tenga en cuenta:

Usted puede usar nuestro buscador de médicos en línea para obtener la información más actualizada de nuestros proveedores. Utilice esta herramienta en línea para encontrar un proveedor o centro en su área. Puede ver detalles como direcciones, números de teléfono, horarios de atención e instrucciones para llegar al lugar. Puede acceder a la herramienta en nuestro sitio web en [es-www.humana.com/HealthyVirginia](http://es-www.humana.com/HealthyVirginia).

Muchos proveedores tienen más de un consultorio. Sin embargo, puede ser que no todos los consultorios de los proveedores estén en nuestra red. Si no ve la dirección del consultorio en esta lista, es posible que el proveedor no esté dentro de la red en esa ubicación. Si tiene preguntas, llame a Servicios para afiliados al **844-881-4482 (TTY: 711)**.

Para informar cualquier error que encuentre en este directorio, envíenos un correo electrónico iniciando sesión en [MyHumana.com](http://MyHumana.com), o llame a Servicios para Afiliados al **844-881-4482 (TTY: 711)**.

Los médicos y demás proveedores participantes del directorio no son agentes, empleados ni socios de los planes Medicaid de Humana. Son contratistas independientes. Los planes Medicaid de Humana no son proveedores de servicios médicos. Los planes Medicaid de Humana no avalan, controlan ni interfieren en el criterio clínico ni las recomendaciones de tratamiento de los médicos y demás proveedores que están en este directorio o que usted haya seleccionado de alguna otra manera.

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## VIRGINIA

### ACCOMACK COUNTY

#### Psychiatric Hospital

##### Poplar Springs Hospital

(804) 733-6874

Website: [poplarsprings.com/](http://poplarsprings.com/)

Practice Focus: Virtual Care -  
Audio/Visual, Peer support  
services, ASAM Level 2.1, (IOP)

Intensive Outpatient

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

#### Rural Acute Care Hospital

##### Shore Health Services Inc

20480 Market St

Onancock, VA 23417

(757) 302-2100

License: VA H 1901

Handicap Accessible: Parking,  
Restroom

Public Transport: Bus

### NORTHAMPTON COUNTY

#### Psychiatric Hospital

##### Poplar Springs Hospital

(804) 733-6874

Website: [poplarsprings.com/](http://poplarsprings.com/)

Practice Focus: Virtual Care -  
Audio/Visual, Peer support  
services, ASAM Level 2.1, (IOP)

Intensive Outpatient

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

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# Primary Care Providers

## VIRGINIA

### ACCOMACK COUNTY

#### Family Medicine Physician (PCP)

##### Atlantic Community Health Center

5219 Lankford Hwy  
New Church, VA 23415  
(757) 824-5676

Website: [www.esrh.org](http://www.esrh.org)

PCP# 944025

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

Office Languages: Spanish

##### Hoshino, David K MD\*

Gender: Male

NPI: 1811975147

License: VA 0101035244

Website: [www.esrh.org](http://www.esrh.org)

PCP# 944025

Practice Focus: Mammogram Services

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

##### Chincoteague Island Community Health Center

4049 Main St

Chincoteague Island, VA

23336

(757) 336-3682

PCP# A72936

Practice Focus: Cultural

Competency Trained

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

##### Express Care

25228 Lankford Hwy

Onley, VA 23418

(757) 787-1465

PCP# A72933

Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 12:00 PM-8:00 PM

Tuesday: 12:00 PM-8:00 PM

Wednesday: 12:00 PM-8:00 PM

Thursday: 12:00 PM-8:00 PM

Friday: 12:00 PM-8:00 PM

Saturday: 8:00 AM-4:00 PM

Sunday: 8:00 AM-4:00 PM

##### Onley Community Health Center

20306 Badger Ln

Onancock, VA 23417

(757) 787-7374

##### Halls, Albert J MD\*

Gender: Male

NPI: 1063476471

License: VA 0101255317

PCP# A72939

Practice Focus: Mammogram Services

Spanish, French, Arabic

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

##### Hollandsworth, Thomas G MD\*

Gender: Male

NPI: 1386622611

License: VA 0101059233

PCP# A72939

Practice Focus: Mammogram Services

Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Website: [www.esrh.org](http://www.esrh.org)

PCP# A72939

Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-5:00 PM

Office Languages: Spanish

##### Propst, Robert MD\*

Gender: Male

NPI: 1225788037

License: VA 0101284058

PCP# A72939

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

##### Riverside Behavioral Health Center

17385 Lankford Hwy

Parksley, VA 23421

(757) 665-5996

##### Williams, Frances MD\*

Gender: Female

NPI: 1003894270

License: VA 0101231706

PCP# 939527

Greek, Modern

Handicap Accessible: Parking, Restroom

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

##### Riverside Physician Services Inc

17385 Lankford Hwy

Parksley, VA 23421

(757) 665-5996

\* Board Certified Provider

\* Proveedor especialista certificado

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# Primary Care Providers

## Clark, Derek DO

Gender: Male  
NPI: 1568041655  
License: VA 0102208196  
PCP# A94347  
Handicap Accessible: Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Von Elten, Christopher MD

(434) 400-9668  
Gender: Male  
NPI: 1336199330  
License: VA 0101235276  
Website:  
www.addictionallies.com/contact  
PCP# B32600  
Nursing Home Visits Only  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Geriatric Medicine (Family Medicine) Physician (PCP)

**Chincoteague Island Community Health Center**  
4049 Main St  
Chincoteague Island, VA 23336  
(757) 336-3703

## Roll, Jeanne R MD

Gender: Female  
NPI: 1972581049  
License: VA 0101049451  
PCP# A72936  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Geriatric Medicine (Internal Medicine) Physician (PCP)

**Atlantic Community Health Center**  
5219 Lankford Hwy  
New Church, VA 23415  
(757) 787-7374

## Roll, Jeanne R MD

Gender: Female  
NPI: 1972581049  
License: VA 0101049451  
PCP# 944025  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Pediatrics Physician (PCP)

**Onley Community Health Center**  
20306 Badger Ln  
Onancock, VA 23417  
(757) 787-7374

## Marsh, Nicole B MD\*

Gender: Female  
NPI: 1356584171  
License: VA 0101251337  
PCP# A72939  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Riverside Shore Medical Center at Metompkin

17385 Lankford Hwy  
Parksley, VA 23421  
(757) 665-5996

## Campbell III, James MD\*

Gender: Male  
NPI: 1336554310  
License: NC 2021 02339  
PCP# A59875  
Handicap Accessible: Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Primary Care Nurse Practitioner

## Atlantic Community Health Center

5219 Lankford Hwy  
New Church, VA 23415  
(757) 824-5676

## Crum, Michael A CRNP

Gender: Male  
NPI: 1881694248  
License: VA 0024183784  
PCP# 944025  
Practice Focus: Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Denston, Allison

Gender: Female  
NPI: 1184406407  
License: VA 0024188736  
PCP# 944025  
Practice Focus: Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Eaton, Jennifer CRNP

Gender: Female  
NPI: 1518365881  
License: MD R262555  
PCP# 944025  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Primary Care Providers

## Chincoteague Island Community Health Center

4049 Main St  
Chincoteague Island, VA  
23336  
(757) 336-3682

### Denston, Allison

Gender: Female  
NPI: 1184406407  
License: VA 0024188736  
PCP# A72936  
Practice Focus: Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hayes Medical Center Riverside

17385 Lankford Hwy  
Parksley, VA 23421  
(757) 665-5996

### Campbell, Megan FNP

Gender: Female  
NPI: 1083427249  
License: VA 0001201758  
PCP# B41543

Age 99 and under

*Established patients only*  
Handicap Accessible: Parking, Restroom

Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Onley Community Health Center

20306 Badger Ln  
Onancock, VA 23417  
(757) 787-7374

### Crum, Laura FNP\*

Gender: Female  
NPI: 1114168440  
License: VA 0001321168  
PCP# A72939  
Practice Focus: Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

20306 Badger Ln  
Onley, VA 23418  
(757) 787-7374

Office Languages: Spanish

### Denston, Allison

Gender: Female  
NPI: 1184406407  
License: VA 0024188736  
PCP# A72939  
Practice Focus: Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Riverside Shore Medical Center at Metompkin

17385 Lankford Hwy  
Parksley, VA 23421  
(757) 612-7211

## Clark, Mary FNP

Gender: Female  
NPI: 1518945732  
License: VA 0024102677  
PCP# A11959  
*Established patients only*  
Handicap Accessible: Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Twin City Medical Center

(276) 979-9899

### Strong, Kelsie FNP

Gender: Female  
NPI: 1700588936  
PCP# A37907  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Primary Care Physician Assistant

## Atlantic Community Health Center

5219 Lankford Hwy  
New Church, VA 23415  
(757) 824-5676

## Campbell, Ruth

Gender: Female  
NPI: 1659457844  
PCP# 944025  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Chincoteague Island Community Health Center

4049 Main St  
Chincoteague Island, VA  
23336  
(757) 336-3682

### Campbell, Ruth

Gender: Female  
NPI: 1659457844  
PCP# 944025  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Campbell, Ruth

Gender: Female  
NPI: 1659457844  
PCP# A72936  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Primary Care Providers

**Harris, Howard PA**  
5219 Lankford Hwy  
New Church, VA 23415  
(757) 824-5676

Gender: Male  
NPI: 1730995069  
License: VA 0110010737  
PCP# 944025  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Onley Community Health Center**

20306 Badger Ln  
Onancock, VA 23417  
(757) 787-7374

### **Lucas, Jennifer F PAC**

Gender: Female  
NPI: 1104241678  
License: VA 0110004450  
Website: [www.esrh.org](http://www.esrh.org)  
PCP# A72939  
Practice Focus: Mammogram  
Services  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 8:00 AM-1:00 PM

## **NORTHAMPTON COUNTY**

### **Family Medicine Physician (PCP)**

#### **Cape Charles Medical Center PC**

216 Mason Ave  
Cape Charles, VA 23310  
(757) 331-1422

#### **Clarke, Mark G MD**

Gender: Male  
NPI: 1346225695  
License: VA 0101038467  
PCP# 899408  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### **Eastville Community Health Center**

17068 Lankford Hwy  
Eastville, VA 23347  
(757) 331-1086  
PCP# A72936  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

#### **Riverside Physician Services Inc**

216 Mason Ave  
Cape Charles, VA 23310  
(757) 331-1422

#### **Clarke, Mark G MD**

Gender: Male  
NPI: 1346225695  
License: VA 0101038467  
PCP# 115476  
*Established patients only*  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### **Von Elten, Christopher MD**

(434) 400-9668  
Gender: Male  
NPI: 1336199330  
License: VA 0101235276  
Website:  
[www.addictionallies.com/contact](http://www.addictionallies.com/contact)  
PCP# B32600  
Nursing Home Visits Only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Internal Medicine Physician (PCP)**

#### **Hayes Medical Center Riverside**

10085 William S Bernart Cir  
Nassawadox, VA 23413  
(757) 442-6600

#### **Naitore, Jeniffer MD\***

Gender: Female  
NPI: 1477282184  
License: VA 0101286929  
PCP# B71047  
*Established patients only*  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Pediatrics Physician (PCP)**

#### **Eastville Community Health Center**

17068 Lankford Hwy  
Eastville, VA 23347  
(757) 331-1086

#### **Tiwari, Uday MBBS\***

Gender: Male  
NPI: 1205441292  
License: VA 0101284874  
PCP# A72940  
Urdu, Nepali, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Primary Care Providers

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## Primary Care Nurse Practitioner

---

### Eastville Community Health Center

17068 Lankford Hwy  
Eastville, VA 23347  
(757) 331-1086

#### Davidson II, Nathan S FNP

Gender: Male  
NPI: 1700952082  
License: VA 0024143524  
PCP# A72940  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Riverside Eastern Shore Physicians and Surgeons

10085 William F Bernart Cir  
Nassawadox, VA 23413  
(757) 442-6600

#### Humes, Belinda DNP

Gender: Female  
NPI: 1093475030  
License: VA 0001223368  
PCP# A22029  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Twin City Medical Center

(276) 979-9899

#### Strong, Kelsie FNP

Gender: Female  
NPI: 1700588936  
PCP# A37907  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Primary Care Physician Assistant

---

### Eastville Community Health Center

17068 Lankford Hwy  
Eastville, VA 23347  
(757) 331-1086

Office Languages: Spanish

#### Stevenson, Paul PAC

Gender: Male  
NPI: 1205516382  
License: VA 0110009511  
PCP# A72940  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## VIRGINIA

### ACCOMACK COUNTY

#### Addiction Medicine (Family Medicine) Physician

##### Foundation Medical Group

(804) 506-0526

NPI: 1003275124

Website:

foundationmedicalgroup.org

Practice Focus: Virtual Care -

Audio/Visual, Suboxone,

Medication Management,

Addictions/ Substance Abuse,

Addiction Medicine

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

##### Kolb, Richard A MD

Gender: Male

NPI: 1790045144

License: VA 0101257892

Website:

foundationmedicalgroup.org

Practice Focus: Virtual Care -

Audio/Visual, Suboxone,

Medication Management,

Addictions/ Substance Abuse,

Addiction Medicine

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

Saturday: 9:00 AM-1:00 PM

Sunday: 9:00 AM-1:00 PM

##### Nardone, Vincent MD

Gender: Male

NPI: 1720490683

License: VA 0101259297

Website:

foundationmedicalgroup.org

Practice Focus: Virtual Care -

Audio/Visual, Suboxone,

Medication Management,

Addictions/ Substance Abuse,

Addiction Medicine

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

Saturday: 9:00 AM-1:00 PM

Sunday: 9:00 AM-1:00 PM

##### Schaaf, Jonathan MD\*

Gender: Male

NPI: 1033401294

License: VA 0101253315

Website:

foundationmedicalgroup.org

Practice Focus: Virtual Care -

Audio/Visual, Suboxone,

Medication Management,

Addictions/ Substance Abuse,

Addiction Medicine

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

Saturday: 9:00 AM-1:00 PM

Sunday: 9:00 AM-1:00 PM

##### National Addiction Specialists LLC

(757) 785-0500

##### McGrail, Mark MD

Gender: Male

NPI: 1063488831

License: VA 0101276467

Practice Focus: Virtual Care -

Audio/Visual, Medication

Management, Medication

Assisted Treatment, Chemical

Dependency/Co-Dependency

Spanish

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-4:30 PM

Tuesday: 8:30 AM-4:30 PM

Wednesday: 8:30 AM-4:30 PM

Thursday: 8:30 AM-4:30 PM

Friday: 8:30 AM-4:30 PM

NPI: 1477186336

Practice Focus: Virtual Care -

Audio/Visual, Medication

Management, Medication

Assisted Treatment, Chemical

Dependency/Co-Dependency

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-4:30 PM

Tuesday: 8:30 AM-4:30 PM

Wednesday: 8:30 AM-4:30 PM

Thursday: 8:30 AM-4:30 PM

Friday: 8:30 AM-4:30 PM

##### SaVida Health PC

(833) 356-4080

##### Gardner, James M MD

Gender: Male

NPI: 1528039054

License: TN 63832

Website: [savidhealth.com](http://savidhealth.com)

Practice Focus: Virtual Care -

Audio/Visual, Substance

Abuse & Alcohol Abuse Center

(Outpatient), Cultural

Competency Trained

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1548739170  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Williams, Rebecca NP**

Gender: Female  
NPI: 1316347354  
License: VA 0024171570  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## **Addiction Medicine (Internal Medicine) Physician**

**Brightview LLC**  
(833) 510-4357

NPI: 1649786260  
Website: [Brightviewhealth.com](http://Brightviewhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT) Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **National Addiction Specialists LLC**

(757) 785-0500

## **Arroyo Santiago, Anna M MD**

Gender: Female  
NPI: 1861602906  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

NPI: 1477186336  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## **SaVida Health PC**

(833) 356-4080

NPI: 1548739170

Website: [savidahahealth.com](http://savidahahealth.com)

Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Young, Robert MD**

Gender: Male  
NPI: 1053392399  
License: VA 0101050317  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## **Allergy & Immunology Physician**

### **Chesapeake Bay ENT**

36080 Lankford Hwy  
Belle Haven, VA 23306  
(757) 442-7040  
NPI: 1013106541  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## **Brain Injury Medicine (Physical Medicine & Rehab) Physician**

**Foundation Medical Group**  
(804) 506-0526

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1003275124  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care -  
Audio/Visual, Suboxone,  
Medication Management,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Robbins, William A MD\***

Gender: Male  
NPI: 1437458296  
License: VA 0101258276  
Practice Focus: Virtual Care -  
Audio/Visual, Suboxone,  
Medication Management,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM

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## **Endocrinology, Diabetes & Metabolism Physician (Specialist)**

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**EndoLink Clinic LLC**  
(757) 808-5585

NPI: 1194591750  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Yimer, Abel MD**

(406) 587-9202  
Gender: Male  
NPI: 1053767392  
License: VA 0101277278  
Practice Focus: Virtual Care -  
Audio/Visual  
Amharic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

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## **Family Medicine Physician (Specialist)**

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**Doctor On Demand**  
(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor on Demand Professionals of California PC**

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor On Demand Professionals of Kansas PA**

(406) 657-4000

NPI: 1881477339  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor on Demand Professionals of New Jersey PC**

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor On Demand Professionals PC**

(800) 929-0926

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Addiction Specialists LLC

(757) 785-0500

### Maggard, Brian L MD

Gender: Male  
NPI: 1922051705  
License: VA 0101058365  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

NPI: 1477186336  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## SaVida Health PC

(833) 356-4080

### Hicks, Mack L MD

Gender: Male  
NPI: 1154354900  
License: VA 0101278108  
Website: savidahealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: savidahealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gastroenterology Physician

### Riverside

#### Gastroenterology Specialists Williamsburg

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

### Manohar, Ashan MD\*

Gender: Male  
NPI: 1295725836  
License: VA 0101058609  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Riverside Physician Services Inc

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

### Manohar, Ashan MD\*

Gender: Male  
NPI: 1295725836  
License: VA 0101058609  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gynecology Physician

### Riverside Physician

#### Services Inc

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

### Reinoehl, Elizabeth M DO\*

Gender: Female  
NPI: 1023093697  
License: VA 0102202142  
Practice Focus: Mammogram  
Services  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hematology & Oncology Physician

### Iron Bridge Recovery Center

(804) 729-8884

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Swainey, Craig MD

Gender: Male  
NPI: 1437367414  
License: VA 0101238515  
Website:  
ironbridgerecovery.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ASAM Level 2.1, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## MCV Physicians

(804) 828-7999  
**Loughan, Ashlee R PhD**  
Gender: Female  
NPI: 1144626631  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Shore Cancer Institute

20480 Market St  
Onancock, VA 23417  
(757) 302-2600

## Drake, Nicholas MD

Gender: Male  
NPI: 1023379575  
License: VA 0101258204  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Internal Medicine Physician (Specialist)

### Central Virginias Preferred Providers

(804) 330-6441  
**Boulanger, Philip MD**  
Gender: Male  
NPI: 1083685366  
License: VA 0101057867  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

NPI: 1730638107

Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

### Doctor On Demand

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Doctor on Demand Professionals of California PC

(800) 929-0926

Website:

www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Doctor On Demand Professionals of Kansas PA

(406) 657-4000  
NPI: 1881477339  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Doctor on Demand Professionals of New Jersey PC

(800) 929-0926

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor On Demand Professionals PC

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hayes Medical Center Riverside

20480 Market St  
Onancock, VA 23417  
(757) 302-2342

## Whittie-Bradford, Rhonda MD

Gender: Female  
NPI: 1093807901  
License: VA 0101259567  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Addiction Specialists LLC

(757) 785-0500  
NPI: 1477186336  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Riverside Physician Services Inc

20486 Market St  
Onancock, VA 23417  
(757) 302-2342

## Greenberg, Jacob S DO

Gender: Male  
NPI: 1972186724  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SaVida Health PC

(833) 356-4080  
**Kiser, Starla MD\***  
Gender: Female  
NPI: 1639462260  
License: VA 0101263557  
Website: savidahealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: savidahealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Medical Oncology Physician

---

## Riverside Peninsula Cancer Institute and Infusion Center

20480 Market St  
Onancock, VA 23417  
(757) 302-2342

## Kerbin, Laura D MD\*

Gender: Female  
NPI: 1740207323  
License: VA 0101052911  
Spanish  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Multi-Specialty Group

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**ASQ Health Institute  
Professional LLC**  
(571) 208-2811

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1497626881  
Website: [www.asq-health.com](http://www.asq-health.com)  
Practice Focus: Women, Virtual Care - Audio/Visual, Telepsychiatry, Stress Management, Religion Based Therapy, Psychotherapy, Post Partum Depression, Medication Management, Cognitive/Behavioral Therapy, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM  
Saturday: 10:00 AM-2:00 PM

## Be Bold Therapeutic Services LLC

(757) 663-2989  
NPI: 1558105718  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Blue Mountain Therapy

(276) 525-6043

NPI: 1497330401  
Website: [www.bluemountaintherapy.com](http://www.bluemountaintherapy.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, ABA Certified Provider  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Brighter Strides ABA VA LLC

(804) 207-3878  
NPI: 1487282836  
Website: [brighterstridesaba.com](http://brighterstridesaba.com)  
Practice Focus: Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Center for Care and Resiliency

(540) 344-5300

NPI: 1053902742  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Center for Child and Family Services

(757) 838-1960  
NPI: 1972685774  
Website: [www.kidsandfamilies.com](http://www.kidsandfamilies.com)  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Domestic Violence, Depression, Anxiety Disorder, Anger Management, Adult, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Central Virginias Preferred Providers

(804) 330-6441

NPI: 1730638107  
Website: [www.cvppservices.com](http://www.cvppservices.com)  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## CHAT Behavioral Health Services

(757) 436-5601  
NPI: 1467949024  
Website: [www.chatbhs.com](http://www.chatbhs.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Cultivating Hope Counseling LLC

(970) 481-0835

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1962036731  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Age 6 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Divine Counseling LLC**  
(443) 955-2662  
NPI: 1184291155  
Website:  
www.divinecounselingllc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Terminal Illness, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, LGBTQ+, Grief/Death/Dying, Family Therapy, Domestic Violence  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-2:00 PM

**Dream Builders ABA VA LLC**  
(855) 553-7326  
NPI: 1073388807  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis Spanish  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

**Family Focus Inc**  
(804) 261-2090  
Website:  
www.familyfocusinc.com  
Practice Focus: Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Family Guidance Centers**  
(804) 743-0960

NPI: 1225192909  
Website:  
www.familyguidancecenters.com  
Practice Focus: Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Play Therapy, Obsessive-Compulsive Disorder (OCD)  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

**Hava Oaks Medical**  
(540) 667-1230

NPI: 1972268753  
Website: havaoaks.org/  
Practice Focus: Virtual Care - Audio/Visual, Geriatric Psychiatry, Child/Adolescent Substance users, Child & Adolescent Psychiatry, Anxiety/Depression, Anger Management, Adult Psychiatry, Addictions/ Substance Abuse, Addiction Medicine, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Mindful Healing Inc**  
(540) 521-0151  
NPI: 1174984348  
Website:  
www.Mindfulhealinginc.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Borderline Personality Disorders, Bipolar, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## ReVive Behavioral Health

(804) 653-7009  
NPI: 1942055504  
Website: www.revive-bh-services.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## ROWLLINS MENTAL HEALTH AND WELLNESS CENTER LLC

(276) 293-1244  
NPI: 1518450022  
Website: rowllinsmhwc.com/  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 10:00 AM-9:00 PM

## Success Behavioral Health Services

(757) 903-2253

NPI: 1952812810  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Grief/Death/Dying, General Mental Health, Family Therapy, Dual Diagnosis (MH/SA), Dissociative disorder, Depression, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Therapy Owls LLC

(757) 232-7108

NPI: 1295460129  
Website: therapyowls.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Teletherapy, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Social supports/social determinants of health, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Play Therapy  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 9:00 AM-9:00 PM

## Total Health Services

(434) 201-2025  
NPI: 1407684509  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## We Care Wellness LLC

(571) 309-1619

NPI: 1184470056  
Practice Focus: Telepsychiatry, Stress Management, Psychotic Disorders, Psychiatry & Neurology, Psychiatry, Mood Disorders, Inpatient - Eating Disorder, Geriatric Psychiatry, Eating Disorders, Day Treatment  
Age 18 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## Nephrology Physician

### Riverside Physician Services Inc

20486 Market St  
Onancock, VA 23417  
(757) 302-2100  
**Abdelrazeq, Abdallah S MD**  
Gender: Female  
NPI: 1649686429  
Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Neurology Physician

### MCV Physicians

(804) 828-7999

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Loughan, Ashlee R PhD

Gender: Female  
NPI: 1144626631  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Neurology with Special Qualifications in Child Neurology Phy

### Hayes Medical Center Riverside

20486 Market St  
Onancock, VA 23417  
(757) 302-2700  
**Xu, Shu-Guang MD\***  
Gender: Male  
NPI: 1285684324  
License: VA 0101269155  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Obstetrics & Gynecology Physician (Specialist)

### Hayes Medical Center Riverside

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

## Buote, Jacob MD

Gender: Male  
NPI: 1689414336  
License: VA 0101281421  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Riverside Emergency Physicians

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

### Grant, Jeremy N DR

Gender: Male  
NPI: 1477973972  
License: VA 0101267624  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Orthopedic Surgery Physician

### Riverside Orthopedic Specialists

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

## Spatz, Debra DO\*

Gender: Female  
NPI: 1932175288  
License: VA 0102207689  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Otolaryngology

### Chesapeake Bay ENT

36080 Lankford Hwy  
Belle Haven, VA 23306  
(757) 442-7040  
NPI: 1013106541  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Saffold, Scott H MD\*

Gender: Male  
NPI: 1801863162  
License: VA 0101230793  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 7:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Otology & Neurology Physician

### Chesapeake Bay ENT

36080 Lankford Hwy  
Belle Haven, VA 23306  
(757) 442-7040  
NPI: 1013106541  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pediatrics Physician (Specialist)

Confidant Providers LLC  
(203) 747-8696

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1336761691  
Website: [confidanthealth.com](http://confidanthealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Dessie, Binyam A MD**

Gender: Male  
NPI: 1750775151  
License: VA 0101264005  
Website: [confidanthealth.com](http://confidanthealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression  
Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Doctor On Demand**

(800) 929-0926

Website: [www.doctorondemand.com](http://www.doctorondemand.com)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor on Demand Professionals of California PC**

(800) 929-0926  
Website: [www.doctorondemand.com](http://www.doctorondemand.com)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor on Demand Professionals of New Jersey PC**

(800) 929-0926

Website: [www.doctorondemand.com](http://www.doctorondemand.com)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor On Demand Professionals PC**

(800) 929-0926  
Website: [www.doctorondemand.com](http://www.doctorondemand.com)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Riverside OB/GYN Specialists**

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

## **Siegrist, Jeremy P MD**

Gender: Male  
NPI: 1952509390  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Riverside Shore Medical Center at Metompkin**

17385 Lankford Hwy  
Parksley, VA 23421  
(757) 827-1001

## **Adu, Daniel MD\***

Gender: Male  
NPI: 1255643029  
License: VA 0101278411  
Handicap Accessible: Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Physical Medicine & Rehabilitation Physician**

**Foundation Medical Group**  
(804) 506-0526

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1003275124

Website:

foundationmedicalgroup.org

Practice Focus: Virtual Care -

Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Robbins, William A MD**

Gender: Male

NPI: 1437458296

License: VA 0101258276

Practice Focus: Virtual Care -

Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

Saturday: 9:00 AM-1:00 PM

Sunday: 9:00 AM-1:00 PM

---

## **Podiatrist**

---

### **Riverside Physician Services Inc**

20486 Market St

Onancock, VA 23417

(757) 302-2700

## **Mueller, Christopher J DPM\***

Gender: Male

NPI: 1912992256

License: VA 0103000948

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

---

## **Wayne Y Chin DPM PLLC**

25322 Lankford Hwy

Onley, VA 23418

(757) 789-3402

## **Chin, Wayne Y DPM**

Gender: Male

NPI: 1184670481

Handicap Services available

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

---

## **Primary Podiatric Medicine Podiatrist**

---

### **Johnnie Nine Toes Inc**

(757) 966-5323

NPI: 1215128723

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Piacenti, John DPM**

Gender: Male

NPI: 1255343083

License: VA 0103000977

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

---

## **Procedural Dermatology Physician**

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### **Elite Family Services**

(757) 562-1000

Website:

Elitefamilyservices.com

Practice Focus: Virtual Care -

Audio/Visual, Intensive

Outpatient - Substance Abuse,

Home Visits, Community-Based Treatment

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-3:00 PM

## **Perry, LaDonna L**

Gender: Female

NPI: 1629805288

License: VA 0701013967

Website:

Elitefamilyservices.com

Practice Focus: Virtual Care -

Audio/Visual, Intensive Outpatient - Substance Abuse,

Home Visits, Community-

Based Treatment

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-3:00 PM

---

## **Pulmonary Disease Physician**

---

### **Hayes Medical Center Riverside**

20486 Market St

Onancock, VA 23417

(757) 302-2700

## **Jones, David F MD\***

Gender: Male

NPI: 1194712414

License: VA 0101050894

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Riverside Eastern Shore Physicians and Surgeons

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

### Schult, Alexander MD\*

Gender: Male  
NPI: 1871573568  
License: VA 0101222053  
German  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Radiation Oncology Physician

### Riverside Radiation Oncology Specialists

20480 Market St  
Onancock, VA 23417  
(757) 534-6109

### Miles, Edward MD

Gender: Male  
NPI: 1336311349  
License: VA 0101246926  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Recovery Care Clinic/Center

FCCR Fredericksburg  
(540) 735-9350

NPI: 1356854277  
License: VA 3279 06 003  
Practice Focus: ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Pinnacle Treatment Services of Gloucester

(804) 824-2814  
NPI: 1710540919  
License: VA 3644 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:00 PM  
Tuesday: 5:15 AM-1:00 PM  
Wednesday: 5:15 AM-1:00 PM  
Thursday: 5:15 AM-1:00 PM  
Friday: 5:15 AM-1:00 PM  
Saturday: 6:00 AM-8:00 AM

## Pinnacle Treatment Services of Williamsburg

(239) 561-8270

NPI: 1932762127  
License: VA 3643 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Retina Specialist (Ophthalmology) Physician

### Wagner Kapoor Institute

20480 Market St  
Onancock, VA 23417  
(757) 481-4400  
NPI: 1639252000  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Specialist

Golden Steps ABA VA LLC  
(757) 703-0501

## McCaffrey, Maria BCBA

Gender: Female  
NPI: 1760130843  
License: VA 0133002667  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Surgery Physician

### Riverside Physician Services Inc

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

### Crittenden, Jordan MD

Gender: Male  
NPI: 1275074346  
License: VA 0101276934  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Goldstein, Charles D MD

Gender: Male  
NPI: 1871520379  
License: VA 0101057729  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Weisner, Larry F MD

Gender: Male  
NPI: 1841252459  
License: VA 0101050970  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Riverside Surgical Specialists

20486 Market St  
Onancock, VA 23417  
(757) 414-8000

## Coleman, Lisa DO\*

Gender: Female  
NPI: 1457433450  
License: VA 0102204516  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

## Weisner, Larry F MD

Gender: Male  
NPI: 1841252459  
License: VA 0101050970  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Urology Physician

### Hayes Medical Center Riverside

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

## Lambert, Jack W MD

Gender: Male  
NPI: 1518128453  
License: VA 0101254026  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## NORTHAMPTON COUNTY

### Addiction Medicine (Family Medicine) Physician

#### Alithia Health PLLC

10243 Rogers Rd  
Nassawadox, VA 23413  
(757) 571-9750  
NPI: 1235817800  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### Houston, Robert E MD

Gender: Male  
NPI: 1972558674  
License: VA 0101239446  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Foundation Medical Group

(804) 506-0526  
NPI: 1003275124  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Kolb, Richard A MD

Gender: Male  
NPI: 1790045144  
License: VA 0101257892  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## **Nardone, Vincent MD**

Gender: Male  
NPI: 1720490683  
License: VA 0101259297  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care -  
Audio/Visual, Suboxone,  
Medication Management,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM

## **Schaaf, Jonathan MD\***

Gender: Male  
NPI: 1033401294  
License: VA 0101253315  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care -  
Audio/Visual, Suboxone,  
Medication Management,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM

## **National Addiction Specialists LLC**

(757) 785-0500  
**McGrail, Mark MD**  
Gender: Male  
NPI: 1063488831  
License: VA 0101276467  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM  
NPI: 1477186336

Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## **SaVida Health PC** (833) 356-4080

## **Gardner, James M MD**

Gender: Male  
NPI: 1528039054  
License: TN 63832  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1548739170

Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Williams, Rebecca NP**

Gender: Female  
NPI: 1316347354  
License: VA 0024171570  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## **Addiction Medicine (Internal Medicine) Physician**

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### **Alithia Health PLLC**

10243 Rogers Rd  
Nassawadox, VA 23413  
(757) 571-9750  
NPI: 1235817800  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Williams, Frances MD\*

Gender: Female  
NPI: 1003894270  
License: VA 0101231706  
Greek, Modern  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Brightview LLC

(833) 510-4357  
NPI: 1649786260  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Office Based  
Addiction Treatment (OBAT)  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## National Addiction

**Specialists LLC**  
(757) 785-0500

## Arroyo Santiago, Anna M MD

Gender: Female  
NPI: 1861602906  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM  
NPI: 1477186336  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## SaVida Health PC

(833) 356-4080

NPI: 1548739170

Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Young, Robert MD

Gender: Male  
NPI: 1053392399  
License: VA 0101050317  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## Brain Injury Medicine (Physical Medicine & Rehab) Physician

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Foundation Medical Group  
(804) 506-0526

NPI: 1003275124

Website:  
[foundationmedicalgroup.org](http://foundationmedicalgroup.org)  
Practice Focus: Virtual Care -  
Audio/Visual, Suboxone,  
Medication Management,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Robbins, William A MD\*

Gender: Male  
NPI: 1437458296  
License: VA 0101258276  
Practice Focus: Virtual Care -  
Audio/Visual, Suboxone,  
Medication Management,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM

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## Endocrinology, Diabetes & Metabolism Physician (Specialist)

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EndoLink Clinic LLC  
(757) 808-5585

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1194591750  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Yimer, Abel MD**

(406) 587-9202  
Gender: Male  
NPI: 1053767392  
License: VA 0101277278  
Practice Focus: Virtual Care - Audio/Visual  
Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Family Medicine Physician (Specialist)**

### **Alithia Health PLLC**

10243 Rogers Rd  
Nassawadox, VA 23413  
(757) 571-9750

NPI: 1235817800  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Bice, Hamilton L DO**

216 Mason Ave  
Cape Charles, VA 23310  
(757) 331-1422  
Gender: Male  
NPI: 1801056668  
License: VA 0102202860  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor On Demand**

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor on Demand Professionals of California PC**

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor on Demand Professionals of New Jersey PC**

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Doctor On Demand Professionals PC**

(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **National Addiction Specialists LLC**

(757) 785-0500  
**Maggard, Brian L MD**  
Gender: Male  
NPI: 1922051705  
License: VA 0101058365  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1477186336  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## SaVida Health PC

(833) 356-4080

## Hicks, Mack L MD

Gender: Male  
NPI: 1154354900  
License: VA 0101278108  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hematology & Oncology Physician

## Iron Bridge Recovery

Center  
(804) 729-8884

## Swainey, Craig MD

Gender: Male  
NPI: 1437367414  
License: VA 0101238515  
Website:  
[ironbridgerecovery.com](http://ironbridgerecovery.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, ASAM  
Level 2.1, Addictions/  
Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## MCV Physicians

(804) 828-7999

## Loughan, Ashlee R PhD

Gender: Female  
NPI: 1144626631  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Internal Medicine Physician (Specialist)

## Central Virginias

## Preferred Providers

(804) 330-6441

## Boulanger, Philip MD

Gender: Male  
NPI: 1083685366  
License: VA 0101057867  
Website:  
[www.cvppservices.com](http://www.cvppservices.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
NPI: 1730638107  
Website:  
[www.cvppservices.com](http://www.cvppservices.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Doctor On Demand

(800) 929-0926

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of California PC

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of New Jersey PC

(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor On Demand Professionals PC

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Addiction Specialists LLC

(757) 785-0500

NPI: 1477186336  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## SaVida Health PC

(833) 356-4080  
**Kiser, Starla MD\***  
Gender: Female  
NPI: 1639462260  
License: VA 0101263557  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Multi-Specialty Group

### ASQ Health Institute Professional LLC

(571) 208-2811  
NPI: 1497626881  
Website: [www.asq-health.com](http://www.asq-health.com)  
Practice Focus: Women, Virtual Care - Audio/Visual, Telepsychiatry, Stress Management, Religion Based Therapy, Psychotherapy, Post Partum Depression, Medication Management, Cognitive/Behavioral Therapy, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM  
Saturday: 10:00 AM-2:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Be Bold Therapeutic Services LLC

(757) 663-2989  
NPI: 1558105718  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Blue Mountain Therapy

(276) 525-6043  
NPI: 1497330401  
Website:  
www.bluemountaintherapy.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, ABA Certified Provider  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Brighter Strides ABA VA LLC

(804) 207-3878

NPI: 1487282836  
Website:  
brighterstridesaba.com  
Practice Focus: Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Center for Care and Resiliency

(540) 344-5300  
NPI: 1053902742  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Center for Child and Family Services

(757) 838-1960

NPI: 1972685774  
Website:  
www.kidsandfamilies.com  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Domestic Violence, Depression, Anxiety Disorder, Anger Management, Adult, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Central Virginia's Preferred Providers

(804) 330-6441  
NPI: 1730638107  
Website:  
www.cvpsservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## CHAT Behavioral Health Services

(757) 436-5601

NPI: 1467949024  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Cultivating Hope Counseling LLC

(970) 481-0835  
NPI: 1962036731  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Age 6 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Divine Counseling LLC

(443) 955-2662

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1184291155

Website:

www.divinecounselingllc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Terminal Illness, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, LGBTQ+, Grief/Death/Dying, Family Therapy, Domestic Violence

Age 5 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-2:00 PM

## Dream Builders ABA VA LLC

(855) 553-7326

NPI: 1073388807

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis Spanish

Age 2 to 21

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Family Focus Inc

(804) 261-2090

Website:

www.familyfocusinc.com  
Practice Focus: Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Guidance Centers

(804) 743-0960

NPI: 1225192909

Website:

www.familyguidancecenters.com

Practice Focus: Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Play Therapy, Obsessive-Compulsive Disorder (OCD)

Age 2 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Hava Oaks Medical

(540) 667-1230

NPI: 1972268753

Website: havaoaks.org/

Practice Focus: Virtual Care - Audio/Visual, Geriatric Psychiatry, Child/Adolescent Substance users, Child & Adolescent Psychiatry, Anxiety/Depression, Anger Management, Adult Psychiatry, Addictions/ Substance Abuse, Addiction Medicine, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mindful Healing Inc

(540) 521-0151

NPI: 1174984348

Website:

www.Mindfulhealinginc.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Borderline Personality Disorders, Bipolar, Anxiety/Depression

Age 18 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## ReVive Behavioral Health

(804) 653-7009

NPI: 1942055504

Website: www.revive-bh-services.com

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## ROWLLINS MENTAL HEALTH AND WELLNESS CENTER LLC

(276) 293-1244

NPI: 1518450022

Website: rowllinsmhwc.com/  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 10:00 AM-9:00 PM

## Success Behavioral Health Services

(757) 903-2253

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

NPI: 1952812810

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Grief/Death/Dying, General Mental Health, Family Therapy, Dual Diagnosis (MH/SA), Dissociative disorder, Depression, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Therapy Owls LLC**  
(757) 232-7108

NPI: 1295460129

Website: therapyowls.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Teletherapy, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Social supports/social determinants of health, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Play Therapy  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 9:00 AM-9:00 PM

## **Total Health Services**

(434) 201-2025  
NPI: 1407684509  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**We Care Wellness LLC**  
(571) 309-1619

NPI: 1184470056

Practice Focus: Telepsychiatry, Stress Management, Psychotic Disorders, Psychiatry & Neurology, Psychiatry, Mood Disorders, Inpatient - Eating Disorder, Geriatric Psychiatry, Eating Disorders, Day Treatment  
Age 18 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Nephrology Physician**

### **Nephrology Associates of Tidewater Ltd**

9550 Hospital Ave  
Nassawadox, VA 23413  
(757) 442-9080

### **Bichu, Prasad MD\***

Gender: Male  
NPI: 1679675748  
License: VA 0101261673  
Practice Focus: Cultural Competency Trained  
Marathi, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Magoon, Sandeep MD**

Gender: Male  
NPI: 1962698720  
License: VA 0101252004  
Website: nephrologyoftidewater.com/  
Urdu, Punjab, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

### **Mirovski, Maxim MD**

Gender: Male  
NPI: 1689797847  
License: VA 0101840366  
Russian  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Mirza, Alamgir MD\***

Gender: Male  
NPI: 1184823338  
License: VA 0101242108  
Bengali  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

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**Plasse, Richard A DO\***

Gender: Male  
NPI: 1508208901  
License: VA 0102203910  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Zafar, Ather MD\***

Gender: Male  
NPI: 1649470592  
License: VA 0101241924  
Website:  
nephrologyoftidewater.com/  
Urdu, Punjab, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

9550 Hospital Ave  
Nassawadox, VA 23413  
(757) 442-4966  
NPI: 1518990423  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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**Neurological Surgery Physician**

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**Nephrology Associates of Tidewater Ltd**

9550 Hospital Ave  
Nassawadox, VA 23413  
(757) 442-9080  
NPI: 1518990423  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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**Neurology Physician**

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**MCV Physicians**

(804) 828-7999  
**Loughan, Ashlee R PhD**  
Gender: Female  
NPI: 1144626631  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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**Ophthalmology Physician**

---

**John A Foley Jr MD PC**

3297 Broad St  
Exmore, VA 23350  
(757) 442-3937

NPI: 1932299492  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**SDEC**

3298 Main St  
Exmore, VA 23350  
(757) 442-5079  
NPI: 1417531872  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Uber, Ian MD\***

Gender: Male  
NPI: 1891016796  
License: VA 0101266036  
Practice Focus: Cultural Competency Trained  
FIJ  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Wolanin, Alfred MD**

Gender: Male  
NPI: 1376827642  
License: VA 0101253385  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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**Pediatrics Physician (Specialist)**

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**Confidant Providers LLC**

(203) 747-8696  
NPI: 1336761691  
Website: confidantthehealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## Dessie, Binyam A MD

Gender: Male  
NPI: 1750775151  
License: VA 0101264005  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression  
Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Doctor On Demand

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of California PC

(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of New Jersey PC

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor On Demand Professionals PC

(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Physical Medicine & Rehabilitation Physician

### Foundation Medical Group

(804) 506-0526  
NPI: 1003275124  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Robbins, William A MD

Gender: Male  
NPI: 1437458296  
License: VA 0101258276  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM

## Primary Podiatric Medicine Podiatrist

### Johnnie Nine Toes Inc

(757) 966-5323  
NPI: 1215128723  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Specialty Providers

## **Piacenti, John DPM**

Gender: Male  
NPI: 1255343083  
License: VA 0103000977  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## **Procedural Dermatology Physician**

### **Elite Family Services**

(757) 562-1000  
Website:  
Elitefamilyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-3:00 PM

## **Perry, LaDonna L**

Gender: Female  
NPI: 1629805288  
License: VA 0701013967  
Website:  
Elitefamilyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-3:00 PM

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## **Recovery Care Clinic/Center**

### **FCCR Fredericksburg**

(540) 735-9350  
NPI: 1356854277  
License: VA 3279 06 003  
Practice Focus: ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

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## **Pinnacle Treatment Services of Gloucester**

(804) 824-2814

NPI: 1710540919

License: VA 3644 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:00 PM  
Tuesday: 5:15 AM-1:00 PM  
Wednesday: 5:15 AM-1:00 PM  
Thursday: 5:15 AM-1:00 PM  
Friday: 5:15 AM-1:00 PM  
Saturday: 6:00 AM-8:00 AM

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## **Pinnacle Treatment Services of Williamsburg**

(239) 561-8270  
NPI: 1932762127  
License: VA 3643 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

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## **Specialist**

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### **Golden Steps ABA VA LLC**

(757) 703-0501

## **McCaffrey, Maria BCBA**

Gender: Female  
NPI: 1760130843  
License: VA 0133002667  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Other Health Care Providers

## VIRGINIA

### ACCOMACK COUNTY

#### Adult Health Nurse Practitioner

##### Confidant Providers LLC\*\*

(203) 747-8696

##### Graham, Annette S NP\*\*

Gender: Female

NPI: 1033173380

Website: confidanthealth.com

Practice Focus: Virtual Care -

Audio/Visual, Medication

Management, Cultural

Competency Trained, Bipolar,

Anxiety/Depression,

Addictions/ Substance Abuse

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 7:00 AM-7:00 PM

Tuesday: 7:00 AM-7:00 PM

Wednesday: 7:00 AM-7:00 PM

Thursday: 7:00 AM-7:00 PM

Friday: 7:00 AM-7:00 PM

#### Advanced Practice Midwife

##### Region Ten Community Services Board\*\*

(434) 972-1800

Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

##### Toby, Caroline APRN\*\*

Gender: Female

NPI: 1568780781

License: VA 0024192242

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained

Age 3 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

#### Riverside Family Practice and Extended Care

17385 Lankford Hwy

Parksley, VA 23421

(757) 442-6719

##### Blair, Marissa CNM

Gender: Female

NPI: 1225580137

License: VA 0001138659

Handicap Accessible: Parking,  
Restroom

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

#### Riverside OB/GYN Specialists

20486 Market St

Onancock, VA 23417

(757) 302-2700

##### Owens, Tanya CNM

Gender: Female

NPI: 1871658849

License: VA 0024180339

Handicap Accessible: Parking,  
Restroom

Public Transport: Bus, Regional  
Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

#### Assistive Technology Supplier Rehabilitation Counselor

##### KES Integrated Services INC\*\*

(703) 935-9442

NPI: 1174399026

License: VA HCO 0005262

Practice Focus: Home Visits

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

#### Behavioral Neurology & Neuropsychiatry Physician

##### McLean Neuropsychiatric Treatment Center LLC\*\*

(571) 378-1398

NPI: 1356935597

Website: mcleanntc.com

Practice Focus: Women, Virtual

Care - Audio/Visual,

Transcranial Magnetic

Stimulation (TMS), Psychiatry,

Post-Traumatic Stress Disorder

(PTSD), Obsessive-Compulsive

Disorder (OCD), Mood

Disorders/Depression,

Medication Management,

Depression, Anxiety Disorder

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 7:30 AM-8:00 PM

Tuesday: 7:30 AM-8:00 PM

Wednesday: 7:30 AM-8:00 PM

Thursday: 7:30 AM-8:00 PM

Friday: 7:30 AM-8:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

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## Case Management Agency

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### Advancing Communities Everywhere\*\*

(757) 765-7689

License: VA 3537 05 001

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

### Care Advantage - Emporia\*\*

(434) 634-4830

NPI: 1487859211

License: VA HCO 0001509

Practice Focus: Home Visits

Spanish

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

### Fam 4 Life Services\*\*

(804) 503-4857

NPI: 1700658416

Practice Focus: Youth

Posttraumatic Stress Disorder (PTSD), Virtual Care -

Audio/Visual, Sexually acting out behaviors, Schizoaffective

Disorder, Post-Traumatic Stress Disorder (PTSD), Peer

support services, Homebound Persons, Home Visits, Group

therapy, General Mental

Health

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-4:00 PM

Tuesday: 8:00 AM-4:00 PM

Wednesday: 8:00 AM-4:00 PM

Thursday: 8:00 AM-4:00 PM

Friday: 8:00 AM-4:00 PM

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## Certified Respiratory Therapist

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### STAR MEDICAL RX\*\*

(800) 638-0942

NPI: 1114943610

License: MO 2013029217

Handicap Services available

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

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## Clinic/Center

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### Addiction Recovery Center of Virginia\*\*

(757) 903-2253

NPI: 1811407042

Practice Focus: Virtual Care -

Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental

Health Counselor, Home Visits, Grief/Death/Dying, General

Mental Health, Family Therapy, Dual Diagnosis (MH/SA),

Dissociative disorder,

Depression

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-6:00 PM

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## Community Based Hospice Care Agency

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### Riverside Shore Hospice

23379 Commerce Dr

Accomac, VA 23301

(757) 789-5000

NPI: 1114315447

Handicap Services available

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

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## Developmentally Disabled Services Day Training Agency

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### Better Tomorrow Home

Health Care LLC\*\*

(757) 406-3595

NPI: 1235600339

License: VA HCO 0002002

Practice Focus: Home Visits

Vietnamese, Spanish, Korean, German, French

Age 65 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Saturday: 9:00 AM-2:00 PM

Sunday: 9:00 AM-2:00 PM

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## Eastern Shore Ctr For Independent Living\*\*

(757) 414-0100

NPI: 1962874057

Practice Focus: Home Visits

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-4:30 PM

Tuesday: 8:30 AM-4:30 PM

Wednesday: 8:30 AM-4:30 PM

Thursday: 8:30 AM-4:30 PM

Friday: 8:30 AM-4:30 PM

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## KES Integrated Services INC\*\*

(703) 935-9442

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Other Health Care Providers

NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NEST HOME CARE LLC\*\***

(571) 598-9450  
NPI: 1104672278  
License: VA HCO 0005506  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Simplicity Healthcare\*\***

(571) 541-7116

NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## **Superb Home Care\*\***

(703) 559-7308  
NPI: 1801591201  
License: VA HCO 0005226  
Practice Focus: Home Visits  
Spanish, Hindi, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Early Intervention Provider Agency**

### **Blue Mountain Therapy\*\***

(276) 525-6043

NPI: 1497330401  
Website:  
www.bluemountaintherapy.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services, Cultural Competency Trained, Child/ Pediatric, Applied Behavioral Analysis  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## **Pediatric Therapy Studio\*\***

(703) 663-4808  
**Dolan, Damaris SLP\*\***  
Gender: Female  
NPI: 1780196212  
License: VA 2202008797  
Website:  
www.pediatrictherapistudio.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders  
Age 22 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-3:00 PM

## **End-Stage Renal Disease (ESRD) Treatment Clinic/Center**

### **Onancock Dialysis**

165 Market St  
Ste 6  
Onancock, VA 23417  
(757) 505-5027  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Family Nurse Practitioner**

### **Abdul, Malike NP\*\***

(703) 841-0703  
Gender: Male  
NPI: 1245839497  
License: VA 0001186512  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Addiction Allies LLC\*\***

(434) 400-9668

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

Website:  
www.addictionallies.com/contact  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kessick, Kibble NP\*\***

Gender: Female  
NPI: 1700168275  
Website:  
www.addictionallies.com/contact  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Addys Colors Inc\*\***

(804) 725-8597

NPI: 1518690411  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **White, Brooke\*\***

Gender: Female  
NPI: 1821814906  
License: VA 0024191846  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Aloo, ITUNUOLUWA NP\*\***

(703) 841-0703

Gender: Female  
NPI: 1497002836  
License: VA 0024175487  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **All Hope Behavioral Health Services PC\*\***

(703) 542-3737  
NPI: 1760715403  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MeKonnen, Tesfa J DNP\*\***

Gender: Male  
NPI: 1932794468  
Website: allhopebhs.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Ascension Psychiatric Services LLC\*\***

(804) 636-7104  
NPI: 1184471898  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Medication Management, Medication Assisted Treatment, Home Visits, Geriatric, General Mental Health, Community-Based Treatment, Case Management, Adolescents  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Avenues to Wellness\*\***

(540) 345-6468

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1861583791  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Schizophrenia, Post Partum Depression, Mood Disorders, Medication Management, Depression, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ganjwala, Pujar NP\*\***

Gender: Female  
NPI: 1790188266  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Schizophrenia, Post Partum Depression, Mood Disorders, Medication Management, Depression, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Hindi  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-5:00 PM  
Tuesday: 7:30 AM-5:00 PM  
Wednesday: 7:30 AM-5:00 PM  
Thursday: 7:30 AM-5:00 PM  
Friday: 7:30 AM-5:00 PM

## **Brightview LLC\*\***

(833) 510-4357

NPI: 1649786260  
Website: [Brightviewhealth.com](http://Brightviewhealth.com)  
Practice Focus: Virtual Care - Audio only, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Central Virginias Preferred Providers\*\***

(804) 330-6441  
NPI: 1730638107  
Website: [www.cvppservices.com](http://www.cvppservices.com)  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Dougherty, Deborah J NP\*\***

Gender: Female  
NPI: 1760487821  
License: VA 0001161038  
Website: [www.cvppservices.com](http://www.cvppservices.com)  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **CERVELLO-WELLNESS\*\***

(301) 392-7120  
NPI: 1083239255  
Website: [CERVELLO-WELLNESS.COM](http://CERVELLO-WELLNESS.COM)  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Constance, Maura NP\*\***

Gender: Female  
NPI: 1174928238  
License: VA 0024164954  
Website: [CERVELLO-WELLNESS.COM](http://CERVELLO-WELLNESS.COM)  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Chesapeake Bay ENT**

36080 Lankford Hwy  
Belle Haven, VA 23306  
(757) 442-7040  
NPI: 1013106541  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Confidant Providers LLC\*\***

(203) 747-8696

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

## **Carroll, LaTonya NP\*\***

Gender: Female  
NPI: 1700056033  
License: WV 104979  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Clinebell, Linda FNP\*\***

Gender: Female  
NPI: 1134465669  
License: SC 1000687  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

NPI: 1336761691  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Geho, Regena APRN\*\***

Gender: Female  
NPI: 1316395916  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Hill, Tessaneka FNP\*\***

Gender: Female  
NPI: 1518419449  
License: NJ 26NJ00677400  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Rajnic, Margaret NP\*\***

Gender: Female  
NPI: 1427065010  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Grief/Death/Dying, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Ruzila, Cristina FNP\*\***

Gender: Female  
NPI: 1568727550  
License: VA 0024170197  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Crockett, Emily FNP**

20486 Market St  
Onancock, VA 23417  
(757) 302-2700  
Gender: Female  
NPI: 1366896656  
License: VA 0001212901  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Davis, Mary ARNP\*\***

(757) 251-0879

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
NPI: 1770038093  
License: VA 0024191696  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## Express Care

25228 Lankford Hwy  
Onley, VA 23418  
(757) 331-1086  
Office Languages: Spanish

## Albano, Jynnifer L FNP

Gender: Female  
NPI: 1952722332  
License: VA 0001195965  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gassant, Sandra FNP\*\*

(703) 841-0703

Gender: Female  
NPI: 1194283184  
License: MD AC002865  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Githinji PMHMP, Banis\*\*

(703) 841-0703  
Gender: Female  
NPI: 1922585462  
License: VA 0024177879  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hexis Health\*\*

(571) 786-1235

## Croghan, Steven W NP\*\*

Gender: Male  
NPI: 1932646163  
License: VA 0024174317  
Website:  
www.hexishealthcare.com/  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
NPI: 1265215859

Website:  
www.hexishealthcare.com/  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jean-Pierre, Nancy NP\*\*

(703) 841-0703

Gender: Female  
NPI: 1245795517  
License: MD R226432  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Macaully, Khadija MSN\*\*

(703) 841-0703  
Gender: Female  
NPI: 1265146229  
License: VA 0024186062  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Makuna, Jacky MSN\*\*

(703) 841-0703

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
NPI: 1538884820  
License: MD R199888  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Addiction Specialists LLC\*\*

(757) 785-0500

### Anikwe, Fredrick APRN\*\*

Gender: Male  
NPI: 1295170025  
License: TN 160831  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

NPI: 1477186336  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

### Taylor, Jennifer L APN\*\*

Gender: Female  
NPI: 1417209941  
License: VA 0024187737  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## National Capital Treatment and Recovery\*\*

(703) 841-0703

Website: [www.natcaptreatment.org](http://www.natcaptreatment.org)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Osafo, Samuel FNP\*\*

(703) 841-0703  
Gender: Male  
NPI: 1689449316  
License: VA 0024189349  
Website: [www.natcaptreatment.org](http://www.natcaptreatment.org)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Riverside Behavioral Health Center

20486 Market St  
Onancock, VA 23417  
(757) 302-2350

### Blair, Kenneth R FNP

Gender: Male  
NPI: 1568858108  
License: VA 0024172482  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

### Hempel, Annette NP

Gender: Female  
NPI: 1295282705  
License: VA 0024173755  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Riverside Physician Services Inc

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

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\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Bloom, Tiffany NP**

Gender: Female  
NPI: 1245920891  
License: VA 0001280471  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Riverside Pulmonary And Sleep Specialists**

20480 Market St  
Onancock, VA 23417  
(757) 302-2700

## **Otis, Lindsay M FNP**

Gender: Female  
NPI: 1225516396  
License: VA 0024176421  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Riverside Shore Cancer Center**

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

## **Ross, Jennifer B FNP**

Gender: Female  
NPI: 1508157272  
License: VA 0024169359  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Riverside Shore Medical Center at Metompkin**

17385 Lankford Hwy  
Parksley, VA 23421  
(757) 665-5996

## **Layne, Monica FNP**

Gender: Female  
NPI: 1467868877  
License: VA 0024171806  
Spanish  
*Established patients only*  
Handicap Accessible: Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SaVida Health PC\*\***

(833) 356-4080

## **Beavers, Angel NP\*\***

Gender: Female  
NPI: 1720404205  
License: NC 5007611  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Brown, Gina FNP\*\***

Gender: Female  
NPI: 1285129544  
License: VA 0024176016  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Chou, Chen NP\*\***

Gender: Male  
NPI: 1568196020  
License: VA 0024184665  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Hamilton, Jenny APRN\*\***

Gender: Female  
NPI: 1144811175  
License: KY 3016027  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Rutherford, Stephanie FNP\*\*

Gender: Female  
 NPI: 1427309855  
 License: VA 0024171653  
 Website: [savidahahealth.com](http://savidahahealth.com)  
 Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM  
 NPI: 1548739170  
 Website: [savidahahealth.com](http://savidahahealth.com)  
 Practice Focus: Virtual Care - Store-and-forward, Virtual Care - Secure Text Messaging, Virtual Care - Remote monitoring, Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Virtual Care - Audio only, Substance Abuse & Alcohol Abuse Center (Outpatient), Home Visits, Cultural Competency Trained  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Sturgill, Amanda FNP\*\*

Gender: Female  
 NPI: 1609369933  
 License: VA 0001238149  
 Website: [savidahahealth.com](http://savidahahealth.com)  
 Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

## Tuttle, Mollie FNP\*\*

Gender: Female  
 NPI: 1790487197  
 License: KY 4034603  
 Website: [savidahahealth.com](http://savidahahealth.com)  
 Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

## SOUTHWEST REGIONAL COUNSELING SERVICES INC\*\*

(276) 883-5050

## Carpenter, Amy FNP\*\*

Gender: Female  
 NPI: 1437688116  
 License: TN 36441  
 Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
 Age 13 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 NPI: 1063078855  
 Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Spies, Susan R FNP\*\*

(703) 841-0703  
 Gender: Female  
 NPI: 1417192139  
 License: VA 0024169305  
 Website: [www.natcaptreatment.org](http://www.natcaptreatment.org)  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
 Spanish  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Starling Medical Group PC\*\*

(508) 202-1011  
**Chaudhry, Ammara FNP\*\***  
 Gender: Female  
 NPI: 1407432719  
 License: VA 0001233938  
 Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
 Age 18 to 59  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM  
 Saturday: 8:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Tandem Counseling and Consulting LLC\*\***

(540) 348-4700

### **Blick, Susan K NP\*\***

Gender: Female

NPI: 1114905585

License: VA 0024174390

Website:

tandembehavioralva.com/about

Practice Focus: Virtual Care - Audio/Visual, Medication Management, Case

Management, ASAM Level 2.5

Partial Hospitalization, ASAM

Level 2.5, ASAM Level 2.1

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1467117143

Website:

tandembehavioralva.com/about

Practice Focus: Virtual Care - Audio/Visual, Medication Management, Case

Management, ASAM Level 2.5

Partial Hospitalization, ASAM

Level 2.5, ASAM Level 2.1

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Federally Qualified Health Center (FQHC)**

### **Atlantic Community Health Center**

5219 Lankford Hwy

New Church, VA 23415

(757) 824-5676

Website: www.esrh.org

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

### **Chincoteague Island Community Health Center**

4049 Main St

Chincoteague Island, VA

23336

(757) 336-3682

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

### **Express Care**

25228 Lankford Hwy

Onley, VA 23418

(757) 787-1465

Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 12:00 PM-8:00 PM

Tuesday: 12:00 PM-8:00 PM

Wednesday: 12:00 PM-8:00 PM

Thursday: 12:00 PM-8:00 PM

Friday: 12:00 PM-8:00 PM

Saturday: 8:00 AM-4:00 PM

Sunday: 8:00 AM-4:00 PM

### **Onley Community Health Center**

20306 Badger Ln

Onancock, VA 23417

(757) 787-7374

Website: www.esrh.org

Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-5:00 PM

### **Gerontology Nurse Practitioner**

### **Brightview LLC\*\***

(833) 510-4357

NPI: 1649786260

Website:

Brightviewhealth.com

Practice Focus: Virtual Care -

Audio only, Addictions/

Substance Abuse

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## **Home Health Agency**

### **1st Americare LLC\*\***

(732) 277-8100

NPI: 1932720943

License: VA HCO 0001868

Practice Focus: Home Visits

Urdu, Spanish, Punjab, Hindi

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

### **A+ Home Care\*\***

(703) 402-1872

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Office Languages: Spanish  
 NPI: 1649752445  
 License: VA HCO 0001957  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Tigrinya, Spanish, Arabic, Amharic  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

## AAA Home Health Inc\*\*

(703) 719-1200  
 NPI: 1386131159  
 License: VA HCO 0001899  
 Practice Focus: Virtual Care - Audio/Visual  
 Spanish, French, Arabic  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Above and Beyond Home Care LLC\*\*

(804) 573-3613

Office Languages: Spanish  
 NPI: 1750035903  
 License: VA HCO 0003056  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Spanish  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-3:00 PM  
 Tuesday: 9:00 AM-3:00 PM  
 Wednesday: 9:00 AM-3:00 PM  
 Thursday: 9:00 AM-3:00 PM  
 Friday: 9:00 AM-3:00 PM  
 Saturday: 9:00 AM-3:00 PM  
 Sunday: 9:00 AM-3:00 PM

## ADKAR HOME HEALTHCARE\*\*

(703) 531-7019  
 NPI: 1457121337  
 License: VA HCO 0003249  
 Practice Focus: Home Visits  
 Somali  
 Age 13 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## All Ways There Home Care\*\*

(757) 591-0020

NPI: 1932454329  
 License: VA HCO 0000891  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-4:00 PM  
 Tuesday: 8:00 AM-4:00 PM  
 Wednesday: 8:00 AM-4:00 PM  
 Thursday: 8:00 AM-4:00 PM  
 Friday: 9:00 AM-5:00 PM

## Angels for Life Health Care LLC\*\*

(804) 522-6640  
 NPI: 1699388082  
 License: VA HCO0002412  
 Practice Focus: Virtual Care - Audio/Visual  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-3:30 PM  
 Tuesday: 9:00 AM-3:30 PM  
 Wednesday: 9:00 AM-3:30 PM  
 Thursday: 9:00 AM-3:30 PM  
 Friday: 9:00 AM-3:30 PM

## Apex Care LLC\*\*

(202) 600-1233

NPI: 1750957221  
 License: VA HCO 252527  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 Saturday: 9:00 AM-12:00 PM

## Bay Aging\*\*

(804) 758-2386  
 Practice Focus: Home Visits  
 Age 18 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-4:30 PM  
 Tuesday: 8:30 AM-4:30 PM  
 Wednesday: 8:30 AM-4:30 PM  
 Thursday: 8:30 AM-4:30 PM  
 Friday: 8:30 AM-4:30 PM

## Better Tomorrow Home Health Care LLC\*\*

(757) 406-3595

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean,  
German, French  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

**BrightStar Care of  
Roanoke\*\***  
(540) 566-5888  
Practice Focus: Home Visits  
Spanish, Korean, German,  
French, Chinese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

**Care Advantage -  
Emporia\*\***  
(434) 634-4830

NPI: 1487859211  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Care Advantage -  
Portsmouth\*\***  
(757) 405-6320  
NPI: 1952794299  
License: VA HCO0001509  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Care With Dignity At  
Home LLC\*\***  
(703) 705-7707

NPI: 1023897865  
License: VA HCO263405  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Carepanion Group Home  
Health\*\***  
(804) 997-6175  
NPI: 1023825551  
License: VA HCO 0005794  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**CARING4U HOME CARE  
LLC\*\***  
(571) 436-5199

NPI: 1134090830  
License: VA HCO0006065  
Practice Focus: Home Visits  
Twi, Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Continuum Pediatric  
Nursing Services\*\***  
(703) 592-3983  
NPI: 1689638488  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Fairfax Home Health Care  
LLC\*\***  
(703) 546-8555  
NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **FHCT Newport News\*\***

(757) 746-9566  
 NPI: 1851192686  
 License: VA HCO 0005918  
 Practice Focus: Home Visits  
 Vietnamese, Spanish, Nepali,  
 Korean, Chinese  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 8:00 AM-4:00 PM  
 Tuesday: 8:00 AM-4:00 PM  
 Wednesday: 8:00 AM-4:00 PM  
 Thursday: 8:00 AM-4:00 PM  
 Friday: 8:00 AM-4:00 PM

## **FHCT Richmond\*\***

(571) 251-1095  
 NPI: 1376344101  
 License: VA HCO 0005919  
 Practice Focus: Virtual Care -  
 Audio/Visual, Home Visits  
 Vietnamese, Spanish, Nepali,  
 Korean, Chinese  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 8:00 AM-4:00 PM  
 Tuesday: 8:00 AM-4:00 PM  
 Wednesday: 8:00 AM-4:00 PM  
 Thursday: 8:00 AM-4:00 PM  
 Friday: 8:00 AM-4:00 PM

## **Five Diamonds Home Health LLC\*\***

(703) 208-7352

NPI: 1326889437  
 License: VA HCO 0005342  
 Vietnamese  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

## **Grace Home Healthcare LLC\*\***

(703) 865-7370  
 NPI: 1073904009  
 License: VA HCO 0001309  
 Practice Focus: Home Visits  
 Tagalog, Spanish, Korean  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 8:30 AM-5:00 PM  
 Tuesday: 8:30 AM-5:00 PM  
 Wednesday: 8:30 AM-5:00 PM  
 Thursday: 8:30 AM-5:00 PM  
 Friday: 8:30 AM-5:00 PM  
 Saturday: 8:30 AM-5:00 PM

## **Happy Soulz Home Health Care LLC\*\***

(757) 816-0706

NPI: 1568228013  
 License: VA HCO 0005245  
 Practice Focus: Home Visits  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **Heart of Hope Home Health Care LLC\*\***

(703) 870-0877  
 NPI: 1962006544  
 License: VA HCO 0002742  
 Practice Focus: Virtual Care -  
 Audio/Visual, Home Visits  
 Spanish  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **HEARTS OF UNITY\*\***

(757) 513-2021

NPI: 1144030958  
 License: VA HCO 0006003  
 Practice Focus: Home Visits  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 8:00 AM-4:00 PM  
 Tuesday: 8:00 AM-4:00 PM  
 Wednesday: 8:00 AM-4:00 PM  
 Thursday: 8:00 AM-4:00 PM  
 Friday: 8:00 AM-4:00 PM

## **Loving Angels Health Care LLC\*\***

(571) 581-0910  
 NPI: 1679122915  
 Practice Focus: Virtual Care -  
 Audio/Visual, Home Visits  
 Spanish, Chinese  
 Age 65 and up  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## **MALIJO\*\***

(571) 385-5737

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McKenzie Care Associates LLC\*\***

(757) 279-0594  
NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NEST HOME CARE LLC\*\***

(571) 598-9450

NPI: 1104672278  
License: VA HCO 0005506  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **New Level Home Care, LLC\*\***

(703) 447-2728  
NPI: 1235897786  
License: VA HCO 0003196  
Practice Focus: Home Visits  
Spanish, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Quality Staffing Associates LLC\*\***

(804) 578-1239

NPI: 1902674377  
License: VA HCO 0005522  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## **Riverside Shore Healthcare at Home**

23379 Commerce Dr  
Accomac, VA 23301  
(757) 789-5000  
NPI: 1053360529  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## **Simplicity Healthcare\*\***

(571) 541-7116

NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## **Stafford Home Healthcare\*\***

(540) 618-1528  
NPI: 1558131318  
License: VA HCO0005185  
Practice Focus: Home Visits  
Spanish, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sunrise Horizon Home Healthcare LLC\*\***

(757) 297-9510

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1174224141  
License: VA HCO 263343  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## **TLC IN HOME HEALTHCARE LLC\*\***

(757) 556-5129  
NPI: 1215731724  
License: VA HCO 0005759  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **Trusted Nurse Homecare\*\***

(202) 403-9147  
NPI: 1659241685  
License: VA HCO 0006115  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Ultimate Comfort Care LLC\*\***  
(540) 530-4838  
NPI: 1174310379  
License: VA HCO 0005764  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **VITA CARE OF VIRGINIA LLC\*\***

(703) 822-5267  
NPI: 1851192538  
License: VA HCO 0005724  
Practice Focus: Home Visits  
Vietnamese, Tagalog, Spanish, Filipino (philipino), Korean  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **XCELLENCE HEALTH AND SUPPORT SERVICES INC\*\***

(757) 685-1913

NPI: 1366290926  
License: VA HCO 0005768  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Home Infusion Agency**

### **KabaFusion VA\*\***

(757) 424-4822  
NPI: 1457413288  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

### **Optum Womens and Childrens Health LLC\*\***

(800) 999-0225  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Pentec Health\*\***

(800) 223-4376

NPI: 1770528994  
License: PA PP413743L  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Valley Vital Care\*\***

(540) 569-3463  
NPI: 1033536883  
License: VA 0201004601  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Vital Care of Northern Virginia\*\***

(571) 488-6012  
NPI: 1497537278  
License: VA 0201005095  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Home Infusion Therapy Pharmacy**

### **Accredo Health Group Inc\*\***

(302) 395-8943

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1538281837  
License: DE A3 0011102  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## BioScrip Infusion Services\*\*

(703) 230-4638  
NPI: 1558439745  
License: VA 0201004140  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Vital Care of Bethesda\*\*

(240) 641-7183  
NPI: 1285323626  
License: MD PW0545  
Mental/Physical Impairment  
Services  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Vital Care of Suffolk\*\*

(757) 861-0050

NPI: 1114631447  
License: VA 0201005054  
Mental/Physical Impairment  
Services  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Mammography Clinic/Center

## Accomack County Health Dept

23191 Front St  
Accomac, VA 23301  
(757) 787-5880  
NPI: 1386739456  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Medical Physician Assistant

**ASQ Health Institute Professional LLC\*\***  
(571) 208-2811

NPI: 1497626881  
Website: www.asq-health.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM  
Saturday: 10:00 AM-2:00 PM

## Quijano, Arlene S PAC\*\*

Gender: Female  
NPI: 1194011064  
License: VA 0110004640  
Website: www.asq-health.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM  
Saturday: 10:00 AM-2:00 PM

**Center for Care and Resiliency\*\***  
(540) 344-5300

## Carrigan, Connor PA\*\*

Gender: Male  
NPI: 1578291381  
License: VA 0110008909  
Practice Focus: Virtual Care -  
Audio/Visual, Transgender,  
Transcranial Magnetic  
Stimulation (TMS), Psychiatry,  
Partial Hospitalization -  
Substance Abuse, Partial  
Hospitalization - Mental  
Health, Partial Hospitalization,  
Mental health skill building,  
Medication Management,  
Couple Counseling  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1053902742  
Practice Focus: Virtual Care -  
Audio/Visual, Transgender,  
Transcranial Magnetic  
Stimulation (TMS), Psychiatry,  
Partial Hospitalization -  
Substance Abuse, Partial  
Hospitalization - Mental  
Health, Partial Hospitalization,  
Mental health skill building,  
Medication Management,  
Couple Counseling  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Eiland Behavioral Medicine PLLC\*\*

(870) 918-9792  
NPI: 1407691330  
Website:  
www.eilandbehavioralmed.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Telepsychiatry, Stress Management, Sexuality, Sexual Dysfunction, Schizophrenia, Psychotherapy, Psychiatry, Post-Traumatic Stress Disorder (PTSD)  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## Midwife

### Riverside Family Practice and Extended Care

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

## Blair, Marissa CNM

Gender: Female  
NPI: 1225580137  
License: VA 0001138659  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nurse Practitioner

### Augusta Health Orthopedic Medicine Fishersville\*\*

(540) 245-7080  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Galvan, Natalia A APRN\*\*

Gender: Female  
NPI: 1790280642  
License: NH 112458 23  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## CaringAtHome LLC\*\*

(888) 553-2823

### Burgess, Tashnie NP\*\*

Gender: Female  
NPI: 1861850398  
License: NY 866039  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1912595828  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Laster, Sonia NP\*\*

Gender: Female  
NPI: 1962930826  
License: VA 0024189720  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Ramos, Jessica NP\*\***  
Gender: Female  
NPI: 1043704851  
License: VA 0001311260  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Center for Care and Resiliency\*\*

(540) 344-5300

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1053902742

Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Chesapeake Bay ENT

36080 Lankford Hwy  
Belle Haven, VA 23306  
(757) 442-7040  
NPI: 1013106541  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Confidant Providers LLC\*\*

(203) 747-8696

NPI: 1336761691

Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post -Traumatic Stress Disorder (PTSD), Mental Health Counselor, LGBTQ+, Grief/Death/Dying, Gay/Lesbian/Bisexual, Depression, Bipolar, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Roma, Margaret PMHNP\*\*

Gender: Female  
NPI: 1477864163  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Stevens, Douglas K CNP\*\*

Gender: Male  
NPI: 1013474824  
License: OH APRN.CNP.024355  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Cook, Kaley DNP\*\*

(757) 251-0879  
Gender: Female  
NPI: 1588433692  
License: VA 0024189265  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## Dietrich, Cecile NP\*\*

(540) 344-5300

Gender: Female  
NPI: 1578024824  
License: VA 0024177453  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Doctor On Demand\*\*

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of California PC\*\*

(800) 929-0926

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of New Jersey PC\*\*

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor On Demand Professionals PC\*\*

(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doty, Suzanna PMHNP\*\*

(757) 251-0879  
Gender: Female  
NPI: 1962285528  
License: VA 0024187899  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Eynon, Michelle MD\*\*

(757) 251-0879  
Gender: Female  
NPI: 1427294552  
License: VA 0024167705  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## Family Focus Inc\*\*

(804) 261-2090  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hale, Melissa NP\*\*

Gender: Female  
NPI: 1285117044  
License: VA 0241000568  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Joyner, Rose MSN\*\*

Gender: Female  
NPI: 1508239526  
License: VA 0001211080  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Medication Management  
Age 18 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lansbury, Susan L NP\*\*

Gender: Female  
NPI: 1619043908  
License: VA 0024140447  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Medication Management  
French  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center\*\*

(757) 564-3100

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1164451399

Website:

www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

(757) 827-7707

**Short, Shara FNP\*\***

Gender: Female

NPI: 1366045023

License: VA 0001235807

Website:

www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained

Spanish

Age 13 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Gericare LLC\*\***

(815) 501-6104

NPI: 1215728340

Practice Focus: Home Visits

Nursing Home Visits Only

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Hardford, Jo PMHNP\*\***

(757) 251-0879

Gender: Female

NPI: 1649133612

License: VA 0001316974

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-7:00 PM

Tuesday: 8:30 AM-7:00 PM

Wednesday: 8:30 AM-7:00 PM

Thursday: 8:30 AM-7:00 PM

Friday: 9:00 AM-4:30 PM

**Mid Atlantic Long Term Care\*\***

(757) 354-2885

**Maddrey-Boyd, Ashley FNP\*\***

Gender: Female

NPI: 1811618697

License: VA 0024185131

Practice Focus: Nursing Home, Home Visits

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Ripley, Kathryn NP\*\***

Gender: Female

NPI: 1952881948

Practice Focus: Nursing Home, Home Visits

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Riverside Physician Services Inc**

20486 Market St

Onancock, VA 23417

(757) 302-2700

**Long, Theresa NP**

Gender: Female

NPI: 1831300888

License: VA 0024166561

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**SaVida Health PC\*\***

(833) 356-4080

**Davidson, Shannon FNP\*\***

Gender: Female

NPI: 1053571562

License: VA 0024167546

Website: [savidahhealth.com](http://savidahhealth.com)

Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Glass, Jessica FNP\*\*

Gender: Female  
 NPI: 1649852393  
 License: VA 0001241952  
 Website: [savidahhealth.com](http://savidahhealth.com)  
 Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM  
 NPI: 1548739170  
 Website: [savidahhealth.com](http://savidahhealth.com)  
 Practice Focus: Virtual Care - Store-and-forward, Virtual Care - Secure Text Messaging, Virtual Care - Remote monitoring, Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Virtual Care - Audio only, Substance Abuse & Alcohol Abuse Center (Outpatient), Home Visits, Cultural Competency Trained  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Silva, Hermes NP

5219 Lankford Hwy  
 New Church, VA 23415  
 (757) 824-5676  
 Gender: Male  
 NPI: 1558134593  
 License: VA 0024191046  
 Spanish  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Talk Work Heal Health Wellness INC\*\*

(804) 418-3581

## Dobbins, Garvey PMHNP\*\*

Gender: Male  
 NPI: 1285351015  
 License: VA 0001220142  
 Practice Focus: Virtual Care - Audio/Visual, Medication Management, Community-Based Treatment, Behavioral Health Outpatient  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

NPI: 1801569918

Practice Focus: Virtual Care - Audio/Visual, Medication Management, Community-Based Treatment, Behavioral Health Outpatient  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Nursing Care Agency

### 1st Americare LLC\*\*

(732) 277-8100  
 NPI: 1932720943  
 License: VA HCO 0001868  
 Practice Focus: Home Visits  
 Urdu, Spanish, Punjab, Hindi  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

### A+ Home Care\*\*

(703) 402-1872

Office Languages: Spanish  
 NPI: 1649752445  
 License: VA HCO 0001957  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Tigrinya, Spanish, Arabic, Amharic  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

### All Ways There Home Care\*\*

(757) 591-0020  
 NPI: 1932454329  
 License: VA HCO 0000891  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-4:00 PM  
 Tuesday: 8:00 AM-4:00 PM  
 Wednesday: 8:00 AM-4:00 PM  
 Thursday: 8:00 AM-4:00 PM  
 Friday: 9:00 AM-5:00 PM

### Alliance Home Health Care LLC\*\*

(703) 486-4074

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

NPI: 1407436728  
License: VA HCO0002590  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

**AmeriCare Health LLC\*\***  
(202) 604-1610  
NPI: 1639889512  
License: VA HCO 0003199  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Korean, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

**Angels for Life Health Care LLC\*\***  
(804) 522-6640

NPI: 1699388082  
License: VA HCO0002412  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:30 PM  
Tuesday: 9:00 AM-3:30 PM  
Wednesday: 9:00 AM-3:30 PM  
Thursday: 9:00 AM-3:30 PM  
Friday: 9:00 AM-3:30 PM

**Apex Care LLC\*\***  
(202) 600-1233  
NPI: 1750957221  
License: VA HCO 252527  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM

**Better Tomorrow Home Health Care LLC\*\***  
(757) 406-3595

NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean, German, French  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

**Briggs Home Health Agency\*\***  
(757) 628-1011  
NPI: 1790037554  
License: VA HCO 0000881  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

**BrightStar Care of Roanoke\*\***  
(540) 566-5888

Practice Focus: Home Visits  
Spanish, Korean, German, French, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

**Care Advantage Inc\*\***  
(804) 323-9464  
NPI: 1386713303  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Care With Dignity At Home LLC\*\***  
(703) 705-7707

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

NPI: 1023897865  
License: VA HCO263405  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Careplus Home Health Services LLC\*\*

(804) 847-1171  
License: VA HCO 0001028  
Practice Focus: Home Visits  
Vietnamese, Spanish, Somali,  
Korean, German  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CARING4U HOME CARE LLC\*\*

(571) 436-5199

NPI: 1134090830  
License: VA HCO0006065  
Practice Focus: Home Visits  
Twi, Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CBN Healthcare Services Inc\*\*

(571) 398-2600  
NPI: 1518208388  
License: VA HCO 0001026  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CCPS Health LLC\*\*

(703) 587-4343

NPI: 1144991696  
License: VA HCO 0005179  
Practice Focus: Home Visits  
Spanish  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Continuum Pediatric Nursing Services\*\*

(703) 592-3983  
NPI: 1689638488  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Fairfax Home Health Care LLC\*\*

(703) 546-8555

NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Five Diamonds Home Health LLC\*\*

(703) 208-7352  
NPI: 1326889437  
License: VA HCO 0005342  
Vietnamese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Grace Home Healthcare LLC\*\*

(703) 865-7370

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

**HLA Home Care LLC\*\***  
(757) 673-3200  
NPI: 1154848729  
License: VA HCO 0001740  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**JOY HOME HEALTH CARE  
LLC\*\***  
(703) 869-1671

NPI: 1073093563  
License: VA HCO 0001978  
Practice Focus: Home Visits  
Arabic  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**KES Integrated Services  
INC\*\***  
(703) 935-9442  
NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Loving Angels Health Care  
LLC\*\***  
(571) 581-0910

NPI: 1679122915  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish, Chinese  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**MALIJO\*\***  
(571) 385-5737  
NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German,  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**McKenzie Care Associates  
LLC\*\***  
(757) 279-0594

NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**MOORE HEARTS MOORE  
HANDS HOME  
HEALTHCARE\*\***  
(757) 550-8080  
NPI: 1285450353  
License: VA HCO 0005618  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Murphys Absolute Home  
Care LLC\*\***  
(757) 769-4380

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1548753833  
License: VA HCO252633  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-3:00 PM  
Tuesday: 8:00 AM-3:00 PM  
Wednesday: 8:00 AM-3:00 PM  
Thursday: 8:00 AM-3:00 PM  
Friday: 8:00 AM-3:00 PM

## **NEST HOME CARE LLC\*\*** (571) 598-9450

NPI: 1104672278  
License: VA HCO 0005506  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **New Level Home Care, LLC\*\*** (703) 447-2728

NPI: 1235897786  
License: VA HCO 0003196  
Practice Focus: Home Visits  
Spanish, French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **ROSSYBRIGHT LLC\*\***

(703) 647-3886  
NPI: 1811358328  
License: VA HCO0001568  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
Saturday: 10:00 AM-6:00 PM

## **Simplicity Healthcare\*\*** (571) 541-7116

NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## **Stafford Home Healthcare\*\***

(540) 618-1528  
NPI: 1558131318  
License: VA HCO0005185  
Practice Focus: Home Visits  
Spanish, French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sunrise Horizon Home Healthcare LLC\*\*** (757) 297-9510

NPI: 1174224141  
License: VA HCO 263343  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## **Trusted Nurse Homecare\*\***

(202) 403-9147  
NPI: 1659241685  
License: VA HCO 0006115  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **VITA CARE OF VIRGINIA LLC\*\***

(703) 822-5267

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

NPI: 1851192538  
License: VA HCO 0005724  
Practice Focus: Home Visits  
Vietnamese, Tagalog, Spanish,  
Filipino (philipino), Korean  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **XCELLENCE HEALTH AND SUPPORT SERVICES INC\*\***

(757) 685-1913  
NPI: 1366290926  
License: VA HCO 0005768  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Occupational Therapist**

**Blue Mountain Therapy\*\***  
(276) 525-6043

NPI: 1497330401  
Website:  
www.bluemountaintherapy.co  
m  
Practice Focus: Home Visits,  
Early Intervention Services,  
Cultural Competency Trained,  
Child/ Pediatric  
Age 64 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## **Grace Home Healthcare LLC\*\***

(703) 865-7370  
NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

**Spectrum Transformation  
Group\*\***  
(804) 378-6141

## **Fronczak, Grace OTD\*\***

Gender: Female  
NPI: 1831755636  
License: VA 0119008188  
Website:  
www.spectrumtgrp.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Age 2 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Haley, Kaitlyn OT\*\***

Gender: Female  
NPI: 1861987554  
License: VA 0119007761  
Website:  
www.spectrumtgrp.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Age 2 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1174855985  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pastoral Counselor**

### **Wholehearted Counseling PC\*\***

(757) 578-2985  
**Shannon, Donna LPC\*\***  
Gender: Female  
NPI: 1699001727  
License: VA 0701007796  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression,  
Adjustment Disorders  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1093202541  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression,  
Adjustment Disorders  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Pediatric Nurse Practitioner

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### Onley Community Health Center

20306 Badger Ln  
Onancock, VA 23417  
(757) 787-7374

### Frisby, Heather L MD

Gender: Female  
NPI: 1417725805  
License: VA 0024188988  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Physical Therapist

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### Blue Mountain Therapy\*\*

(276) 525-6043

NPI: 1497330401  
Website:  
www.bluemountaintherapy.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Early Intervention Services,  
Cultural Competency Trained,  
Child/ Pediatric  
Age 64 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

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## Grace Home Healthcare LLC\*\*

(703) 865-7370  
NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

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## Physician Assistant

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### Ascend Polywellness Center LLC\*\*

(678) 507-4370

### Ncho, Anong PA\*\*

Gender: Male  
NPI: 1346543212  
License: TX PA08806  
Website:  
ascendpolywellness.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Cultural  
Competency Trained,  
Anxiety/Depression, (IOP)  
Intensive Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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### Avenues to Wellness\*\*

(540) 345-6468  
NPI: 1861583791  
Practice Focus: Virtual Care -  
Audio/Visual, Suboxone,  
Schizophrenia, Post Partum  
Depression, Mood Disorders,  
Medication Management,  
Depression, Cultural  
Competency Trained, Bipolar,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Richardson, Amanda E PAC\*\*

Gender: Female  
NPI: 1578953303  
License: VA 0110006221  
Practice Focus: Virtual Care -  
Audio/Visual, Suboxone,  
Schizophrenia, Post Partum  
Depression, Mood Disorders,  
Medication Management,  
Cultural Competency Trained,  
Bipolar, Anxiety/Depression,  
Anxiety Disorder  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-5:00 PM  
Tuesday: 7:00 AM-5:00 PM  
Wednesday: 7:00 AM-5:00 PM  
Thursday: 7:00 AM-5:00 PM  
Friday: 7:00 AM-5:00 PM  
**Sharp, Molly PAC\*\***  
Gender: Female  
NPI: 1922257088  
License: VA 0110002907  
Practice Focus: Virtual Care -  
Audio/Visual, Suboxone,  
Schizophrenia, Post Partum  
Depression, Mood Disorders,  
Medication Management,  
Depression, Cultural  
Competency Trained, Bipolar,  
Anxiety/Depression  
Hindi  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:30 AM-5:00 PM  
Tuesday: 7:30 AM-5:00 PM  
Wednesday: 7:30 AM-5:00 PM  
Thursday: 7:30 AM-5:00 PM  
Friday: 7:30 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Center for Care and Resiliency\*\*

(540) 344-5300  
NPI: 1053902742  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Schizophrenia, Psychology, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders, Home Visits, Depression, Anxiety Disorder  
Limited Handicap Accessibility Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Chesapeake Bay ENT

36080 Lankford Hwy  
Belle Haven, VA 23306  
(757) 442-7040

## Boateng, Collins PAC

Gender: Male  
NPI: 1629502257  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Britton, Alexis PA

Gender: Female  
NPI: 1063754869  
License: VA 0110004074  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 7:00 AM-4:00 PM  
Tuesday: 7:00 AM-4:00 PM  
Wednesday: 7:00 AM-4:00 PM  
Thursday: 7:00 AM-4:00 PM  
Friday: 7:00 AM-4:00 PM

## Conquest Health PLLC\*\*

(571) 556-8205  
**McGregor, Cash A PA\*\***  
Gender: Male  
NPI: 1740908250  
Website:  
www.conquesthealth.org  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Doctor On Demand\*\*

(800) 929-0926

## Website:

www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of California PC\*\*

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of New Jersey PC\*\*

(800) 929-0926

## Website:

www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor On Demand Professionals PC\*\*

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## East River Psychiatry\*\*

(276) 235-6232

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

NPI: 1689445884

Website:

[www.eastriverpsychiatry.com](http://www.eastriverpsychiatry.com)

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Webb Jr, Ira T PAC\*\***

Gender: Male

NPI: 1720021447

License: VA 0110840810

Website:

[www.eastriverpsychiatry.com](http://www.eastriverpsychiatry.com)

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

Saturday: 9:00 AM-1:00 PM

**Eiland Behavioral**

**Medicine PLLC\*\***

(870) 918-9792

NPI: 1407691330

Website:

[www.eilandbehavioralmed.com](http://www.eilandbehavioralmed.com)

Practice Focus: Women, Virtual Care - Audio/Visual, Telepsychiatry, Stress Management, Sexuality, Sexual Dysfunction, Schizophrenia, Psychotherapy, Psychiatry, Post-Traumatic Stress Disorder (PTSD)

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 7:00 AM-7:00 PM

Tuesday: 7:00 AM-7:00 PM

Wednesday: 7:00 AM-7:00 PM

Thursday: 7:00 AM-7:00 PM

Friday: 7:00 AM-7:00 PM

Saturday: 9:00 AM-5:00 PM

Sunday: 9:00 AM-5:00 PM

**Eiland, Seth B PA\*\***

Gender: Male

NPI: 1588144604

License: VA 0110007438

Website:

[www.eilandbehavioralmed.com](http://www.eilandbehavioralmed.com)

Practice Focus: Women, Virtual Care - Audio/Visual, Telepsychiatry, Stress Management, Sexuality, Sexual Dysfunction, Schizophrenia, Psychotherapy, Psychiatry, Post-Traumatic Stress Disorder (PTSD)

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 7:00 AM-7:00 PM

Tuesday: 7:00 AM-7:00 PM

Wednesday: 7:00 AM-7:00 PM

Thursday: 7:00 AM-7:00 PM

Friday: 7:00 AM-7:00 PM

Saturday: 9:00 AM-5:00 PM

Sunday: 9:00 AM-5:00 PM

**Latitude Psychiatric Solutions\*\***

(757) 206-2682

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Dhillon, Meredith PA\*\*

Gender: Female  
NPI: 1427531102  
License: VA 0110006371  
Website:  
www.latitudepsych.com  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Cultural  
Competency Trained  
Spanish  
Age 6 to 81  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## McLean Neuropsychiatric Treatment Center LLC\*\*

(571) 378-1398  
NPI: 1356935597  
Website: mcleanntc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Transcranial  
Magnetic Stimulation (TMS),  
Psychiatry, Depression,  
Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

## Yambulatova, Dinara PA\*\*

Gender: Female  
NPI: 1457740441  
License: VA 0110004891  
Website: mcleanntc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Transcranial  
Magnetic Stimulation (TMS),  
Psychiatry, Depression,  
Cultural Competency Trained  
Russian  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

## National Addiction Specialists LLC\*\*

(757) 785-0500  
**Crisp, Benjamin R PA\*\***  
Gender: Male  
NPI: 1750973301  
License: VA 0110009244  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

NPI: 1477186336

Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment, Chemical  
Dependency/Co-Dependency  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Neuropsych Wellness Center Pc\*\*

(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care -  
Audio/Visual, Transcranial  
Magnetic Stimulation (TMS),  
Medication Management,  
Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Riverside Gastroenterology Specialists Williamsburg

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

## Patrick, Emily PA

Gender: Female  
NPI: 1447730429  
License: VA 0110006381  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Riverside Physician Services Inc

16186 Main Ridge Rd  
Tangier, VA 23440  
(757) 891-2412  
**Pruitt, Elizabeth I PA**  
Gender: Female  
NPI: 1184821696  
License: VA 0110002506  
*Established patients only*  
Handicap Accessible: Parking,  
Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

20486 Market St  
Onancock, VA 23417  
(757) 302-2700

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Hare, Thomas PA

Gender: Male  
NPI: 1164440087  
License: VA 0110003109  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mann, Crystal N PA

Gender: Female  
NPI: 1114988854  
License: VA 0110001941  
Age 99 and under  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SaVida Health PC\*\*

(833) 356-4080

## Fortune, Jennifer PA\*\*

Gender: Female  
NPI: 1033300538  
License: VA 0110002564  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1548739170  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Seaside Behavioral Health\*\*

(757) 648-8605

NPI: 1295284255

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SOUTHWEST REGIONAL COUNSELING SERVICES INC\*\*

(276) 883-5050

## Dalton II, Douglas D PA\*\*

Gender: Male  
NPI: 1255300109  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Other Health Care Providers

## Howell, Christopher S PAC\*\*

Gender: Male  
NPI: 1437419132  
License: VA 0110002277  
Practice Focus: Virtual Care - Audio/Visual, Office Based  
Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/  
Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual, Office Based  
Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/  
Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Physiological Laboratory

### Alliance Neurodiagnostics LLC\*\*

(469) 208-3799  
NPI: 1912318445  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

### Zoll Laboratory Services LLC\*\*

(408) 352-6000  
NPI: 1245625904  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## Prosthetic/Orthotic Supplier

### Cranial Technologies Inc\*\*

(844) 447-5894

NPI: 1659873271  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### DJO LLC\*\*

(866) 356-7846  
NPI: 1497731533  
License: CA BLNR004094 10 2  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Skilled Nursing Facility

### Carriage Hill Health and Rehab Center\*\*

(540) 785-1120  
NPI: 1912153164  
License: VA NH 0002528  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Highland Ridge Rehab Center\*\*

(540) 674-4193  
Office Languages: Spanish  
NPI: 1679034078  
License: VA NH 0002588  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY, ASL  
Public Transport: Bus, Subway

## Maple Grove Nursing & Rehab Center\*\*

(276) 889-0733  
NPI: 1134107212  
License: VA NH 0002622  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Shore Health and Rehab Center

26181 Parksley Rd  
Parksley, VA 23421  
(757) 665-5133  
NPI: 1235646738  
License: VA NH 0002475  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Specialty Pharmacy

### Accredo Health Group Inc\*\*

(302) 395-8943  
NPI: 1538281837  
License: DE A3 0011102  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Speech - Language Pathologist

### Blue Mountain Therapy\*\*

(276) 525-6043  
NPI: 1497330401  
Website:  
www.bluemountaintherapy.com  
Practice Focus: Home Visits, Early Intervention Services, Cultural Competency Trained, Child/ Pediatric  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

### Grace Home Healthcare LLC\*\*

(703) 865-7370

NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

### Pediatric Therapy Studio\*\*

(703) 663-4808  
**Dolan, Damaris SLP\*\***  
Gender: Female  
NPI: 1780196212  
License: VA 2202008797  
Website:  
www.pediatrictherapystudio.com

Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders  
Age 22 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-3:00 PM

## NORTHAMPTON COUNTY

### Adult Health Nurse Practitioner

**Confidant Providers LLC\*\***  
(203) 747-8696

### Graham, Annette S NP\*\*

Gender: Female  
NPI: 1033173380  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

### Eastville Community Health Center

17068 Lankford Hwy  
Eastville, VA 23347  
(757) 331-1086

### Omrod, Suzanne FNP

Gender: Female  
NPI: 1023378676  
License: VA 0024185024  
Practice Focus: Mammogram Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Advanced Practice Midwife

### Region Ten Community Services Board\*\*

(434) 972-1800  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Toby, Caroline APRN\*\*

Gender: Female  
NPI: 1568780781  
License: VA 0024192242  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Assistive Technology Supplier Rehabilitation Counselor

**KES Integrated Services INC\*\***  
(703) 935-9442

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Behavioral Neurology & Neuropsychiatry Physician

### McLean Neuropsychiatric Treatment Center LLC\*\*

(571) 378-1398  
NPI: 1356935597  
Website: mcleanntc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Medication Management, Depression, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

## Case Management Agency

### Advancing Communities Everywhere\*\*

(757) 765-7689  
License: VA 3537 05 001  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Care Advantage - Emporia\*\*

(434) 634-4830  
NPI: 1487859211  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Fam 4 Life Services\*\*

(804) 503-4857

NPI: 1700658416  
Practice Focus: Youth  
Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Sexually acting out behaviors, Schizoaffective Disorder, Post-Traumatic Stress Disorder (PTSD), Peer support services, Homebound Persons, Home Visits, Group therapy, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Certified Respiratory Therapist

### STAR MEDICAL RX\*\*

(800) 638-0942  
NPI: 1114943610  
License: MO 2013029217  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Clinic/Center

### Addiction Recovery Center of Virginia\*\*

(757) 903-2253

NPI: 1811407042  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Home Visits, Grief/Death/Dying, General Mental Health, Family Therapy, Dual Diagnosis (MH/SA), Dissociative disorder, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Developmentally Disabled Services Day Training Agency

### Better Tomorrow Home Health Care LLC\*\*

(757) 406-3595  
NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean, German, French  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Eastern Shore Ctr For Independent Living\*\*

(757) 414-0100  
NPI: 1962874057  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## KES Integrated Services INC\*\*

(703) 935-9442  
NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## NEST HOME CARE LLC\*\*

(571) 598-9450

NPI: 1104672278  
License: VA HCO 0005506  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Simplicity Healthcare\*\*

(571) 541-7116  
NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## Superb Home Care\*\*

(703) 559-7308

NPI: 1801591201  
License: VA HCO 0005226  
Practice Focus: Home Visits  
Spanish, Hindi, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## Early Intervention Provider Agency

### Adamos, Nichole M OT

3186 Main St  
Exmore, VA 23350  
(757) 442-5437  
Gender: Female  
NPI: 1023051596  
License: VA 0119003591  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Birdsall, Kimberly OT

3186 Main St  
Exmore, VA 23350  
(757) 442-5437

Office Languages: Spanish  
Gender: Female  
NPI: 1598238198  
License: VA 0119007754  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Blue Mountain Therapy\*\*

(276) 525-6043  
NPI: 1497330401  
Website:  
[www.bluemountaintherapy.com](http://www.bluemountaintherapy.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services, Cultural Competency Trained, Child/ Pediatric, Applied Behavioral Analysis  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Bridges, Jennifer K PT

3186 Main St  
Exmore, VA 23350  
(757) 442-5437

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
NPI: 1609813518  
License: VA 2305005459  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Craven, Rachele SLP

3186 Main St  
Exmore, VA 23350  
(757) 442-5437  
Gender: Female  
NPI: 1487010559  
License: VA 2202010951  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Little Hands Little Feet Pediatric Therapy PLLC

3186 Main St  
Exmore, VA 23350  
(757) 442-5437

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pediatric Therapy Studio\*\* (703) 663-4808

### Dolan, Damaris SLP\*\*

Gender: Female  
NPI: 1780196212  
License: VA 2202008797  
Website:  
[www.pediatrictherapystudio.com](http://www.pediatrictherapystudio.com)  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders  
Age 22 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-3:00 PM

### Travis, Nathan T SLP

3186 Main St  
Exmore, VA 23350  
(757) 442-5437

Gender: Male  
NPI: 1619915659  
License: VA 2202004178  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ware, Sara SLP

3186 Main St  
Exmore, VA 23350  
(757) 442-5437  
Gender: Female  
NPI: 1639684897  
License: VA 2202008503  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## End-Stage Renal Disease (ESRD) Treatment Clinic/Center

FMC Nassawadox  
9550 Hospital Ave  
Nassawadox, VA 23413  
(757) 442-4966

NPI: 1093810384  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Nurse Practitioner

### Abdul, Malike NP\*\*

(703) 841-0703  
Gender: Male  
NPI: 1245839497  
License: VA 0001186512  
Website:  
[www.natcaptreatment.org](http://www.natcaptreatment.org)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Addiction Allies LLC\*\*

(434) 400-9668

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Website:  
www.addictionallies.com/contact  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kessick, Kibble NP\*\***

Gender: Female  
NPI: 1700168275  
Website:  
www.addictionallies.com/contact  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Addys Colors Inc\*\***

(804) 725-8597

NPI: 1518690411  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **White, Brooke\*\***

Gender: Female  
NPI: 1821814906  
License: VA 0024191846  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Aloo, ITUNUOLUWA NP\*\***

(703) 841-0703

Gender: Female  
NPI: 1497002836  
License: VA 0024175487  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **All Hope Behavioral Health Services PC\*\***

(703) 542-3737  
NPI: 1760715403  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MeKonnen, Tesfa J DNP\*\***

Gender: Male  
NPI: 1932794468  
Website: allhopebhs.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Ascension Psychiatric Services LLC\*\***

(804) 636-7104  
NPI: 1184471898  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Medication Management, Medication Assisted Treatment, Home Visits, Geriatric, General Mental Health, Community-Based Treatment, Case Management, Adolescents  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Avenues to Wellness\*\***

(540) 345-6468

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1861583791  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Schizophrenia, Post Partum Depression, Mood Disorders, Medication Management, Depression, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ganjwala, Pujar NP\*\***

Gender: Female  
NPI: 1790188266  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Schizophrenia, Post Partum Depression, Mood Disorders, Medication Management, Depression, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Hindi  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-5:00 PM  
Tuesday: 7:30 AM-5:00 PM  
Wednesday: 7:30 AM-5:00 PM  
Thursday: 7:30 AM-5:00 PM  
Friday: 7:30 AM-5:00 PM

## **Brightview LLC\*\***

(833) 510-4357

NPI: 1649786260  
Website: [Brightviewhealth.com](http://Brightviewhealth.com)  
Practice Focus: Virtual Care - Audio only, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Central Virginias Preferred Providers\*\***

(804) 330-6441  
NPI: 1730638107  
Website: [www.cvppservices.com](http://www.cvppservices.com)  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Dougherty, Deborah J NP\*\***

Gender: Female  
NPI: 1760487821  
License: VA 0001161038  
Website: [www.cvppservices.com](http://www.cvppservices.com)  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **CERVELLO-WELLNESS\*\***

(301) 392-7120  
NPI: 1083239255  
Website: [CERVELLO-WELLNESS.COM](http://CERVELLO-WELLNESS.COM)  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Constance, Maura NP\*\***

Gender: Female  
NPI: 1174928238  
License: VA 0024164954  
Website: [CERVELLO-WELLNESS.COM](http://CERVELLO-WELLNESS.COM)  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Confidant Providers LLC\*\***

(203) 747-8696  
**Carroll, LaTonya NP\*\***  
Gender: Female  
NPI: 1700056033  
License: WV 104979  
Website: [confidanthealth.com](http://confidanthealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Clinebell, Linda FNP\*\***

Gender: Female  
NPI: 1134465669  
License: SC 1000687  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
NPI: 1336761691  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Geho, Regena APRN\*\***

Gender: Female  
NPI: 1316395916  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
**Hill, Tessaneka FNP\*\***  
Gender: Female  
NPI: 1518419449  
License: NJ 26NJ00677400  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Rajnic, Margaret NP\*\***

Gender: Female  
NPI: 1427065010  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Grief/Death/Dying, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
**Ruzila, Cristina FNP\*\***  
Gender: Female  
NPI: 1568727550  
License: VA 0024170197  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Davis, Mary ARNP\*\***

(757) 251-0879  
Gender: Female  
NPI: 1770038093  
License: VA 0024191696  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## **Eastville Community Health Center**

17068 Lankford Hwy  
Eastville, VA 23347  
(757) 331-1086  
Office Languages: Spanish  
**Albano, Jynnifer L FNP**  
Gender: Female  
NPI: 1952722332  
License: VA 0001195965  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY  
Public Transport: Bus  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

17068 Lankford Hwy  
Eastville, VA 23347  
(757) 787-7374

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\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Grant, Jeanette DNP

Gender: Female  
NPI: 1154694065  
License: VA 0001139328  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gassant, Sandra FNP\*\*

(703) 841-0703  
Gender: Female  
NPI: 1194283184  
License: MD AC002865  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Githinji PMHMP, Banis\*\*

(703) 841-0703

Gender: Female  
NPI: 1922585462  
License: VA 0024177879  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hayes Medical Center Riverside

10085 William F Bernart Cir  
Nassawadox, VA 23413  
(757) 442-6600

## Hedspeth, Tammy A NP

Gender: Female  
NPI: 1649265992  
License: VA 0024165768  
*Established patients only*  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hexis Health\*\*

(571) 786-1235

## Croghan, Steven W NP\*\*

Gender: Male  
NPI: 1932646163  
License: VA 0024174317  
Website:  
www.hexishealthcare.com/  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
NPI: 1265215859

Website:  
www.hexishealthcare.com/  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jean-Pierre, Nancy NP\*\*

(703) 841-0703

Gender: Female  
NPI: 1245795517  
License: MD R226432  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Macaully, Khadija MSN\*\*

(703) 841-0703  
Gender: Female  
NPI: 1265146229  
License: VA 0024186062  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Makuna, Jacky MSN\*\*

(703) 841-0703

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\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Gender: Female  
 NPI: 1538884820  
 License: MD R199888  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
 French  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## National Addiction Specialists LLC\*\*

(757) 785-0500

### Anikwe, Fredrick APRN\*\*

Gender: Male  
 NPI: 1295170025  
 License: TN 160831  
 Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-4:30 PM  
 Tuesday: 8:30 AM-4:30 PM  
 Wednesday: 8:30 AM-4:30 PM  
 Thursday: 8:30 AM-4:30 PM  
 Friday: 8:30 AM-4:30 PM

NPI: 1477186336  
 Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-4:30 PM  
 Tuesday: 8:30 AM-4:30 PM  
 Wednesday: 8:30 AM-4:30 PM  
 Thursday: 8:30 AM-4:30 PM  
 Friday: 8:30 AM-4:30 PM

### Taylor, Jennifer L APN\*\*

Gender: Female  
 NPI: 1417209941  
 License: VA 0024187737  
 Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-4:30 PM  
 Tuesday: 8:30 AM-4:30 PM  
 Wednesday: 8:30 AM-4:30 PM  
 Thursday: 8:30 AM-4:30 PM  
 Friday: 8:30 AM-4:30 PM

## National Capital Treatment and Recovery\*\*

(703) 841-0703

Website: www.natcaptreatment.org  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

### Osafo, Samuel FNP\*\*

(703) 841-0703  
 Gender: Male  
 NPI: 1689449316  
 License: VA 0024189349  
 Website: www.natcaptreatment.org  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Riverside Shore Cancer Center

10085 William F Bernart Cir  
 Nassawadox, VA 23413  
 (757) 442-6600

### Ross, Jennifer B FNP

Gender: Female  
 NPI: 1508157272  
 License: VA 0024169359  
 Handicap Services available  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

### SaVida Health PC\*\*

(833) 356-4080

### Beavers, Angel NP\*\*

Gender: Female  
 NPI: 1720404205  
 License: NC 5007611  
 Website: savidahealth.com  
 Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Brown, Gina FNP\*\***

Gender: Female  
NPI: 1285129544  
License: VA 0024176016  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Chou, Chen NP\*\***

Gender: Male  
NPI: 1568196020  
License: VA 0024184665  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Hamilton, Jenny APRN\*\***

Gender: Female  
NPI: 1144811175  
License: KY 3016027  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Rutherford, Stephanie FNP\*\***

Gender: Female  
NPI: 1427309855  
License: VA 0024171653  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170

Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Store-and-forward, Virtual Care - Secure Text Messaging, Virtual Care - Remote monitoring, Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Virtual Care - Audio only, Substance Abuse & Alcohol Abuse Center (Outpatient), Home Visits, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sturgill, Amanda FNP\*\***

Gender: Female  
NPI: 1609369933  
License: VA 0001238149  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Tuttle, Mollie FNP\*\***

Gender: Female  
NPI: 1790487197  
License: KY 4034603  
Website: [savidahhealth.com](http://savidahhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **SOUTHWEST REGIONAL COUNSELING SERVICES INC\*\***

(276) 883-5050

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

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**Carpenter, Amy FNP\*\***

Gender: Female  
NPI: 1437688116  
License: TN 36441  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Spies, Susan R FNP\*\***

(703) 841-0703  
Gender: Female  
NPI: 1417192139  
License: VA 0024169305  
Website: [www.natcaptreatment.org](http://www.natcaptreatment.org)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Starling Medical Group PC\*\***

(508) 202-1011  
**Chaudhry, Ammara FNP\*\***  
Gender: Female  
NPI: 1407432719  
License: VA 0001233938  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

**Tandem Counseling and Consulting LLC\*\***

(540) 348-4700  
**Blick, Susan K NP\*\***  
Gender: Female  
NPI: 1114905585  
License: VA 0024174390  
Website: [tandembehavioralva.com/about](http://tandembehavioralva.com/about)  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Case Management, ASAM Level 2.5  
Partial Hospitalization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1467117143  
Website: [tandembehavioralva.com/about](http://tandembehavioralva.com/about)  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Case Management, ASAM Level 2.5  
Partial Hospitalization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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**Federally Qualified Health Center (FQHC)****Eastville Community Health Center**

17068 Lankford Hwy  
Eastville, VA 23347  
(757) 331-1086  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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**Gerontology Nurse Practitioner****Brightview LLC\*\***

(833) 510-4357  
NPI: 1649786260  
Website: [Brightviewhealth.com](http://Brightviewhealth.com)  
Practice Focus: Virtual Care - Audio only, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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**Home Health Agency****1st Americare LLC\*\***

(732) 277-8100

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# Other Health Care Providers

NPI: 1932720943  
License: VA HCO 0001868  
Practice Focus: Home Visits  
Urdu, Spanish, Punjab, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A+ Home Care\*\***

(703) 402-1872  
Office Languages: Spanish  
NPI: 1649752445  
License: VA HCO 0001957  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Tigrinya, Spanish, Arabic,  
Amharic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**AAA Home Health Inc\*\***  
(703) 719-1200

NPI: 1386131159  
License: VA HCO 0001899  
Practice Focus: Virtual Care -  
Audio/Visual  
Spanish, French, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Above and Beyond Home Care LLC\*\***

(804) 573-3613  
Office Languages: Spanish  
NPI: 1750035903  
License: VA HCO 0003056  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM  
Saturday: 9:00 AM-3:00 PM  
Sunday: 9:00 AM-3:00 PM

**ADKAR HOME HEALTHCARE\*\***  
(703) 531-7019

NPI: 1457121337  
License: VA HCO 0003249  
Practice Focus: Home Visits  
Somali  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **All Ways There Home Care\*\***

(757) 591-0020  
NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **Amedisys Home Health\*\***

(804) 758-1311  
NPI: 1881846087  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Angels for Life Health Care LLC\*\***

(804) 522-6640

NPI: 1699388082  
License: VA HCO0002412  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:30 PM  
Tuesday: 9:00 AM-3:30 PM  
Wednesday: 9:00 AM-3:30 PM  
Thursday: 9:00 AM-3:30 PM  
Friday: 9:00 AM-3:30 PM

## **Apex Care LLC\*\***

(202) 600-1233  
NPI: 1750957221  
License: VA HCO 252527  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Atenea Home Health Care\*\***

(757) 279-0987

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# Other Health Care Providers

NPI: 1518639145  
 License: VA HCO252558  
 Practice Focus: Home Visits  
 Spanish, Portuguese, Korean  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 8:30 AM-4:30 PM  
 Tuesday: 8:30 AM-4:30 PM  
 Wednesday: 8:30 AM-4:30 PM  
 Thursday: 8:30 AM-4:30 PM  
 Friday: 8:30 AM-4:30 PM

**Bay Aging\*\***  
 (804) 758-2386  
 Practice Focus: Home Visits  
 Age 18 and up  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 8:30 AM-4:30 PM  
 Tuesday: 8:30 AM-4:30 PM  
 Wednesday: 8:30 AM-4:30 PM  
 Thursday: 8:30 AM-4:30 PM  
 Friday: 8:30 AM-4:30 PM

**Better Tomorrow Home  
 Health Care LLC\*\***  
 (757) 406-3595

NPI: 1235600339  
 License: VA HCO 0002002  
 Practice Focus: Home Visits  
 Vietnamese, Spanish, Korean,  
 German, French  
 Age 65 and up  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 Saturday: 9:00 AM-2:00 PM  
 Sunday: 9:00 AM-2:00 PM

**BrightStar Care of  
 Roanoke\*\***  
 (540) 566-5888  
 Practice Focus: Home Visits  
 Spanish, Korean, German,  
 French, Chinese  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 Saturday: 9:00 AM-5:00 PM  
 Sunday: 9:00 AM-5:00 PM

**Brookside Home Health an  
 Amedisys Company\*\***  
 (757) 253-2536

Handicap Services available  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45  
 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

**Care Advantage -  
 Emporia\*\***  
 (434) 634-4830  
 NPI: 1487859211  
 License: VA HCO 0001509  
 Practice Focus: Home Visits  
 Spanish  
 Age 18 and up  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

**Care Advantage -  
 Portsmouth\*\***  
 (757) 405-6320  
 NPI: 1952794299  
 License: VA HCO0001509  
 Practice Focus: Home Visits  
 Age 18 and up  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

**Care With Dignity At  
 Home LLC\*\***  
 (703) 705-7707  
 NPI: 1023897865  
 License: VA HCO263405  
 Practice Focus: Home Visits  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

**Carepanion Group Home  
 Health\*\***  
 (804) 997-6175  
 NPI: 1023825551  
 License: VA HCO 0005794  
 Practice Focus: Home Visits  
 Handicap Accessible: Building,  
 Parking, Restroom  
 Public Transport: Bus, Subway,  
 Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**CARING4U HOME CARE  
 LLC\*\***  
 (571) 436-5199

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1134090830  
License: VA HCO0006065  
Practice Focus: Home Visits  
Twi, Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Continuum Pediatric Nursing Services\*\*

(703) 592-3983  
NPI: 1689638488  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Eveready Home Care\*\*

(757) 600-4223  
NPI: 1205246022  
License: VA HCO 0000719  
Practice Focus: Home Visits  
Spanish, Farsi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Eveready Home Care LLC\*\*

(703) 496-4300  
NPI: 1477867414  
License: VA HCO 0003075  
Practice Focus: Home Visits  
Spanish, Farsi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Fairfax Home Health Care LLC\*\*

(703) 546-8555  
NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Centered Resources Inc\*\*

(757) 806-6880

License: VA HCO 0000800  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Family Centered Resources Inc Newport\*\*

(757) 806-6880  
NPI: 1922485275  
License: VA HCO0000800  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## FHCT Newport News\*\*

(757) 746-9566

NPI: 1851192686  
License: VA HCO 0005918  
Practice Focus: Home Visits  
Vietnamese, Spanish, Nepali, Korean, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## FHCT Richmond\*\*

(571) 251-1095  
NPI: 1376344101  
License: VA HCO 0005919  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Nepali, Korean, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Five Diamonds Home Health LLC\*\*

(703) 208-7352

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1326889437  
 License: VA HCO 0005342  
 Vietnamese  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

## Grace Home Healthcare LLC\*\*

(703) 865-7370  
 NPI: 1073904009  
 License: VA HCO 0001309  
 Practice Focus: Home Visits  
 Tagalog, Spanish, Korean  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-5:00 PM  
 Tuesday: 8:30 AM-5:00 PM  
 Wednesday: 8:30 AM-5:00 PM  
 Thursday: 8:30 AM-5:00 PM  
 Friday: 8:30 AM-5:00 PM  
 Saturday: 8:30 AM-5:00 PM

**Happy Soulz Home Health Care LLC\*\***  
 (757) 816-0706

NPI: 1568228013  
 License: VA HCO 0005245  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## HEALTHY HEARTS HOME HEALTHCARE LLC\*\*

(804) 479-3709  
 NPI: 1184159584  
 License: VA HCO 251794  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-4:00 PM  
 Tuesday: 9:00 AM-4:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-4:00 PM  
 Friday: 9:00 AM-4:00 PM

**Heart of Hope Home Health Care LLC\*\***  
 (703) 870-0877

NPI: 1962006544  
 License: VA HCO 0002742  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Spanish  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## HEARTS OF UNITY\*\*

(757) 513-2021  
 NPI: 1144030958  
 License: VA HCO 0006003  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-4:00 PM  
 Tuesday: 8:00 AM-4:00 PM  
 Wednesday: 8:00 AM-4:00 PM  
 Thursday: 8:00 AM-4:00 PM  
 Friday: 8:00 AM-4:00 PM

**Joyful Home Care LLC\*\***  
 (804) 801-9184

NPI: 1316642416  
 License: VA HCO 263289  
 Practice Focus: Home Visits  
 Age 12 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 Saturday: 8:00 AM-12:00 PM

## Loving Angels Health Care LLC\*\*

(571) 581-0910  
 NPI: 1679122915  
 License: VA HCO 0006003  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Spanish, Chinese  
 Age 65 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**MALIJO\*\***  
 (571) 385-5737

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1588001150

Practice Focus: Home Visits  
Twi, Spanish, Other, German,  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McKenzie Care Associates LLC\*\***

(757) 279-0594  
NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NEST HOME CARE LLC\*\***

(571) 598-9450

NPI: 1104672278

License: VA HCO 0005506  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Prestige Home Care Services LLC\*\***

(804) 482-3580  
NPI: 1336891852  
License: VA HCO 0002587  
Practice Focus: Home Visits  
Urdu, Swahili, Punjab, Gujarati  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quality Staffing Associates LLC\*\***

(804) 578-1239

NPI: 1902674377

License: VA HCO 0005522  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## **Sahara Sewa LLC\*\***

(571) 445-4840  
NPI: 1164232112  
License: VA HCO 0005658  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Simplicity Healthcare\*\***

(571) 541-7116

NPI: 1881301208

License: VA HCO 0003297  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## **SOFTZ TOUCH HOME HEALTH CARE LLC\*\***

(703) 459-7562  
NPI: 1063761021  
License: VA HCO 0001140  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **Sunrise Horizon Home Healthcare LLC\*\***

(757) 297-9510

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1174224141  
License: VA HCO 263343  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## **Thelmarelous Healthcare Agency LLC\*\***

(804) 836-8818  
NPI: 1497108567  
License: VA HCO 0001522  
Practice Focus: Home Visits  
Age 20 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Time Inspires Patience Home Health Care LLC\*\***

(757) 652-8067

NPI: 1174162549  
License: VA HCO 0002224  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

## **TLC IN HOME HEALTHCARE LLC\*\***

(757) 556-5129  
NPI: 1215731724  
License: VA HCO 0005759  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **Trusted Nurse Homecare\*\***

(202) 403-9147  
NPI: 1659241685  
License: VA HCO 0006115  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ultimate Comfort Care LLC\*\***

(540) 530-4838  
NPI: 1174310379  
License: VA HCO 0005764  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **XCELLENCE HEALTH AND SUPPORT SERVICES INC\*\***

(757) 685-1913  
NPI: 1366290926  
License: VA HCO 0005768  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## **Home Infusion Agency**

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**KabaFusion VA\*\***  
(757) 424-4822

NPI: 1457413288  
Handicap Accessible: Building,  
Parking, Restroom  
Services for hearing impaired:  
TTY  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Optum Womens and Childrens Health LLC\*\***

(800) 999-0225  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pentec Health\*\***

(800) 223-4376  
NPI: 1770528994  
License: PA PP413743L  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Valley Vital Care\*\***  
(540) 569-3463

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1033536883  
License: VA 0201004601  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Vital Care of Northern Virginia\*\*

(571) 488-6012  
NPI: 1497537278  
License: VA 0201005095  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Home Infusion Therapy Pharmacy

### Accredo Health Group Inc\*\*

(302) 395-8943  
NPI: 1538281837  
License: DE A3 0011102  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### BioScrip Infusion Services\*\*

(703) 230-4638

NPI: 1558439745  
License: VA 0201004140  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Vital Care of Bethesda\*\*

(240) 641-7183  
NPI: 1285323626  
License: MD PW0545  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Vital Care of Suffolk\*\*

(757) 861-0050  
NPI: 1114631447  
License: VA 0201005054  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Mammography Clinic/Center

### Northampton County Health Dept

7114 Lankford Hwy  
Nassawadox, VA 23413  
(757) 442-6228  
NPI: 1669567632  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Medical Physician Assistant

### ASQ Health Institute Professional LLC\*\*

(571) 208-2811  
NPI: 1497626881  
Website: www.asq-health.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM  
Saturday: 10:00 AM-2:00 PM

## Quijano, Arlene S PAC\*\*

Gender: Female  
NPI: 1194011064  
License: VA 0110004640  
Website: www.asq-health.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM  
Saturday: 10:00 AM-2:00 PM

## Center for Care and Resiliency\*\*

(540) 344-5300  
**Carrigan, Connor PA\*\***  
Gender: Male  
NPI: 1578291381  
License: VA 0110008909  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Couple Counseling  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1053902742  
 Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Couple Counseling  
 Age 16 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

**Eiland Behavioral Medicine PLLC\*\***  
 (870) 918-9792

NPI: 1407691330  
 Website: www.eilandbehavioralmed.com  
 Practice Focus: Women, Virtual Care - Audio/Visual, Telepsychiatry, Stress Management, Sexuality, Sexual Dysfunction, Schizophrenia, Psychotherapy, Psychiatry, Post-Traumatic Stress Disorder (PTSD)  
 Age 18 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:00 AM-7:00 PM  
 Tuesday: 7:00 AM-7:00 PM  
 Wednesday: 7:00 AM-7:00 PM  
 Thursday: 7:00 AM-7:00 PM  
 Friday: 7:00 AM-7:00 PM  
 Saturday: 9:00 AM-5:00 PM  
 Sunday: 9:00 AM-5:00 PM

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## Nurse Practitioner

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**Augusta Health Orthopedic Medicine Fishersville\*\***  
 (540) 245-7080  
 Practice Focus: Virtual Care - Audio/Visual  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Galvan, Natalia A APRN\*\***  
 Gender: Female  
 NPI: 1790280642  
 License: NH 112458 23  
 Practice Focus: Virtual Care - Audio/Visual  
 Spanish  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-4:30 PM  
 Tuesday: 8:00 AM-4:30 PM  
 Wednesday: 8:00 AM-4:30 PM  
 Thursday: 8:00 AM-4:30 PM  
 Friday: 8:00 AM-4:30 PM

**CaringAtHome LLC\*\***

(888) 553-2823  
**Burgess, Tashnie NP\*\***  
 Gender: Female  
 NPI: 1861850398  
 License: NY 866039  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 NPI: 1912595828  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Laster, Sonia NP\*\***  
 Gender: Female  
 NPI: 1962930826  
 License: VA 0024189720  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
**Ramos, Jessica NP\*\***  
 Gender: Female  
 NPI: 1043704851  
 License: VA 0001311260  
 Spanish  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

**Center for Care and Resiliency\*\***  
 (540) 344-5300

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1053902742  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Confidant Providers LLC\*\***  
(203) 747-8696  
NPI: 1336761691  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, LGBTQ+, Grief/Death/Dying, Gay/Lesbian/Bisexual, Depression, Bipolar, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

**Roma, Margaret PMHNP\*\***  
Gender: Female  
NPI: 1477864163  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

**Stevens, Douglas K CNP\*\***  
Gender: Male  
NPI: 1013474824  
License: OH APRN.CNP.024355  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

**Cook, Kaley DNP\*\***  
(757) 251-0879

Gender: Female  
NPI: 1588433692  
License: VA 0024189265  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

**Dietrich, Cecile NP\*\***  
(540) 344-5300  
Gender: Female  
NPI: 1578024824  
License: VA 0024177453  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Doctor On Demand\*\***  
(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Doctor on Demand Professionals of California PC\*\***  
(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Doctor on Demand Professionals of New Jersey PC\*\***  
(800) 929-0926

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor On Demand Professionals PC\*\*

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doty, Suzanna PMHNP\*\*

(757) 251-0879

Gender: Female  
NPI: 1962285528  
License: VA 0024187899  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Eynon, Michelle MD\*\*

(757) 251-0879  
Gender: Female  
NPI: 1427294552  
License: VA 0024167705  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## Family Focus Inc\*\*

(804) 261-2090  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hale, Melissa NP\*\*

Gender: Female  
NPI: 1285117044  
License: VA 0241000568  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Joyner, Rose MSN\*\*

Gender: Female  
NPI: 1508239526  
License: VA 0001211080  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Medication Management  
Age 18 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lansbury, Susan L NP\*\*

Gender: Female  
NPI: 1619043908  
License: VA 0024140447  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Medication Management  
French  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center\*\*

(757) 564-3100  
NPI: 1164451399  
Website:  
www.geniscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

(757) 827-7707

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Short, Shara FNP\*\*

Gender: Female  
NPI: 1366045023  
License: VA 0001235807  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gericare LLC\*\*

(815) 501-6104  
NPI: 1215728340  
Practice Focus: Home Visits  
Nursing Home Visits Only  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hardford, Jo PMHNP\*\*

(757) 251-0879

Gender: Female  
NPI: 1649133612  
License: VA 0001316974  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## Mid Atlantic Long Term Care\*\*

(757) 354-2885  
**Maddrey-Boyd, Ashley FNP\*\***

Gender: Female  
NPI: 1811618697  
License: VA 0024185131  
Practice Focus: Nursing Home, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ripley, Kathryn NP\*\*

Gender: Female  
NPI: 1952881948  
Practice Focus: Nursing Home, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nephrology Associates of Tidewater Ltd

9550 Hospital Ave  
Nassawadox, VA 23413  
(757) 442-9080  
NPI: 1518990423  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SaVida Health PC\*\*

(833) 356-4080

## Davidson, Shannon FNP\*\*

Gender: Female  
NPI: 1053571562  
License: VA 0024167546  
Website: svidahealth.com  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Glass, Jessica FNP\*\***  
Gender: Female  
NPI: 1649852393  
License: VA 0001241952  
Website: svidahealth.com  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1548739170  
Website: [savidahealth.com](http://savidahealth.com)  
Practice Focus: Virtual Care - Store-and-forward, Virtual Care - Secure Text Messaging, Virtual Care - Remote monitoring, Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Virtual Care - Audio only, Substance Abuse & Alcohol Abuse Center (Outpatient), Home Visits, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Talk Work Heal Health Wellness INC\*\*

(804) 418-3581  
**Dobbins, Garvey PMHNP\*\***  
Gender: Male  
NPI: 1285351015  
License: VA 0001220142  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1801569918  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nursing Care Agency

### 1st Americare LLC\*\*

(732) 277-8100  
NPI: 1932720943  
License: VA HCO 0001868  
Practice Focus: Home Visits Urdu, Spanish, Punjab, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### A+ Home Care\*\*

(703) 402-1872

Office Languages: Spanish  
NPI: 1649752445  
License: VA HCO 0001957  
Practice Focus: Virtual Care - Audio/Visual, Home Visits Tigrinya, Spanish, Arabic, Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### All Ways There Home Care\*\*

(757) 591-0020  
NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

### Alliance Home Health Care LLC\*\*

(703) 486-4074

NPI: 1407436728  
License: VA HCO0002590  
Practice Focus: Home Visits Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

### AmeriCare Health LLC\*\*

(202) 604-1610  
NPI: 1639889512  
License: VA HCO 0003199  
Practice Focus: Virtual Care - Audio/Visual, Home Visits Korean, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

### Angels for Life Health Care LLC\*\*

(804) 522-6640

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1699388082  
License: VA HCO0002412  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:30 PM  
Tuesday: 9:00 AM-3:30 PM  
Wednesday: 9:00 AM-3:30 PM  
Thursday: 9:00 AM-3:30 PM  
Friday: 9:00 AM-3:30 PM

**Apex Care LLC\*\***  
(202) 600-1233  
NPI: 1750957221  
License: VA HCO 252527  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM

**Atenea Home Health Care\*\***  
(757) 279-0987

NPI: 1518639145  
License: VA HCO252558  
Practice Focus: Home Visits  
Spanish, Portuguese, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

**Better Tomorrow Home Health Care LLC\*\***  
(757) 406-3595  
NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean, German, French  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

**Briggs Home Health Agency\*\***  
(757) 628-1011

NPI: 1790037554  
License: VA HCO 0000881  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

**BrightStar Care of Roanoke\*\***  
(540) 566-5888  
Practice Focus: Home Visits  
Spanish, Korean, German, French, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

**Care Advantage Inc\*\***  
(804) 323-9464

NPI: 1386713303  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Care With Dignity At Home LLC\*\***  
(703) 705-7707  
NPI: 1023897865  
License: VA HCO263405  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**CARING4U HOME CARE LLC\*\***  
(571) 436-5199

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1134090830  
License: VA HCO0006065  
Practice Focus: Home Visits  
Twi, Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CBN Healthcare Services Inc\*\***

(571) 398-2600  
NPI: 1518208388  
License: VA HCO 0001026  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CCPS Health LLC\*\***

(703) 587-4343

NPI: 1144991696  
License: VA HCO 0005179  
Practice Focus: Home Visits  
Spanish  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Continuum Pediatric Nursing Services\*\***

(703) 592-3983  
NPI: 1689638488  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Eveready Home Care\*\***

(757) 600-4223

NPI: 1205246022  
License: VA HCO 0000719  
Practice Focus: Home Visits  
Spanish, Farsi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Eveready Home Care LLC\*\***

(703) 496-4300  
NPI: 1477867414  
License: VA HCO 0003075  
Practice Focus: Home Visits  
Spanish, Farsi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Fairfax Home Health Care LLC\*\***

(703) 546-8555

NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Five Diamonds Home Health LLC\*\***

(703) 208-7352  
NPI: 1326889437  
License: VA HCO 0005342  
Vietnamese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Grace Home Healthcare LLC\*\***

(703) 865-7370

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

**HEALTHY HEARTS HOME  
HEALTHCARE LLC\*\***  
(804) 479-3709  
NPI: 1184159584  
License: VA HCO 251794  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**HLA Home Care LLC\*\***  
(757) 673-3200

NPI: 1154848729  
License: VA HCO 0001740  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **JOY HOME HEALTH CARE LLC\*\***

(703) 869-1671  
NPI: 1073093563  
License: VA HCO 0001978  
Practice Focus: Home Visits  
Arabic  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**Joyful Home Care LLC\*\***  
(804) 801-9184

NPI: 1316642416  
License: VA HCO 263289  
Practice Focus: Home Visits  
Age 12 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 8:00 AM-12:00 PM

## **KES Integrated Services INC\*\***

(703) 935-9442  
NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Loving Angels Health Care  
LLC\*\***  
(571) 581-0910

NPI: 1679122915  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish, Chinese  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**MALIJO\*\***  
(571) 385-5737  
NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German,  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**McKenzie Care Associates  
LLC\*\***  
(757) 279-0594

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MOORE HEARTS MOORE HANDS HOME HEALTHCARE\*\***

(757) 550-8080  
NPI: 1285450353  
License: VA HCO 0005618  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Murphys Absolute Home Care LLC\*\***

(757) 769-4380

NPI: 1548753833  
License: VA HCO252633  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-3:00 PM  
Tuesday: 8:00 AM-3:00 PM  
Wednesday: 8:00 AM-3:00 PM  
Thursday: 8:00 AM-3:00 PM  
Friday: 8:00 AM-3:00 PM

## **NEST HOME CARE LLC\*\***

(571) 598-9450  
NPI: 1104672278  
License: VA HCO 0005506  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ROSSYBRIGHT LLC\*\***

(703) 647-3886

NPI: 1811358328  
License: VA HCO0001568  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
Saturday: 10:00 AM-6:00 PM

## **Sahara Sewa LLC\*\***

(571) 445-4840  
NPI: 1164232112  
License: VA HCO 0005658  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Simplicity Healthcare\*\***

(571) 541-7116

NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## **SOFTZ TOUCH HOME HEALTH CARE LLC\*\***

(703) 459-7562  
NPI: 1063761021  
License: VA HCO 0001140  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **Sunrise Horizon Home Healthcare LLC\*\***

(757) 297-9510

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

NPI: 1174224141  
License: VA HCO 263343  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## Superior Home Health Care LLC\*\*

(757) 295-1140  
NPI: 1972263606  
License: VA HCO0002706  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Trusted Nurse Homecare\*\*

(202) 403-9147  
NPI: 1659241685  
License: VA HCO 0006115  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## XCELLENCE HEALTH AND SUPPORT SERVICES INC\*\*

(757) 685-1913  
NPI: 1366290926  
License: VA HCO 0005768  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Occupational Therapist

### Adamos, Nichole M OT

3186 Main St  
Exmore, VA 23350  
(757) 442-5437  
Gender: Female  
NPI: 1023051596  
License: VA 0119003591  
Age 3 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Birdsall, Kimberly OT

3186 Main St  
Exmore, VA 23350  
(757) 442-5437

Office Languages: Spanish  
Gender: Female  
NPI: 1598238198  
License: VA 0119007754  
Age 3 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Blue Mountain Therapy\*\*

(276) 525-6043  
NPI: 1497330401  
Website:  
[www.bluemountaintherapy.com](http://www.bluemountaintherapy.com)  
Practice Focus: Home Visits,  
Early Intervention Services,  
Cultural Competency Trained,  
Child/ Pediatric  
Age 64 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Grace Home Healthcare LLC\*\*

(703) 865-7370

NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

## Little Hands Little Feet Pediatric Therapy PLLC

3186 Main St  
Exmore, VA 23350  
(757) 442-5437  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Spectrum Transformation Group\*\*

(804) 378-6141

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Fronczak, Grace OTD\*\***

Gender: Female  
 NPI: 1831755636  
 License: VA 0119008188  
 Website:  
 www.spectrumtgrp.com  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Age 2 to 65  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

## **Haley, Kaitlyn OT\*\***

Gender: Female  
 NPI: 1861987554  
 License: VA 0119007761  
 Website:  
 www.spectrumtgrp.com  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Age 2 to 65  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

NPI: 1174855985  
 Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

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## **Pastoral Counselor**

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### **Wholehearted Counseling PC\*\***

(757) 578-2985  
**Shannon, Donna LPC\*\***  
 Gender: Female  
 NPI: 1699001727  
 License: VA 0701007796  
 Website:  
 www.wholeheartedcounselinghr.com  
 Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Anxiety/Depression, Adjustment Disorders  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

NPI: 1093202541  
 Website:  
 www.wholeheartedcounselinghr.com  
 Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Anxiety/Depression, Adjustment Disorders  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

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## **Physical Therapist**

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**Blue Mountain Therapy\*\***  
 (276) 525-6043  
 NPI: 1497330401  
 Website:  
 www.bluemountaintherapy.com  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits, Early Intervention Services, Cultural Competency Trained, Child/ Pediatric Age 64 and under  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-5:30 PM  
 Tuesday: 8:30 AM-5:30 PM  
 Wednesday: 8:30 AM-5:30 PM  
 Thursday: 8:30 AM-5:30 PM  
 Friday: 8:30 AM-5:30 PM

**Bridges, Jennifer K PT**  
 3186 Main St  
 Exmore, VA 23350  
 (757) 442-5437  
 Gender: Female  
 NPI: 1609813518  
 License: VA 2305005459  
 Age 3 and under  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

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## **Grace Home Healthcare LLC\*\***

(703) 865-7370  
 NPI: 1073904009  
 License: VA HCO 0001309  
 Practice Focus: Home Visits  
 Tagalog, Spanish, Korean  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-5:00 PM  
 Tuesday: 8:30 AM-5:00 PM  
 Wednesday: 8:30 AM-5:00 PM  
 Thursday: 8:30 AM-5:00 PM  
 Friday: 8:30 AM-5:00 PM  
 Saturday: 8:30 AM-5:00 PM

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## **Little Hands Little Feet Pediatric Therapy PLLC**

3186 Main St  
 Exmore, VA 23350  
 (757) 442-5437

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Travis, Nathan T SLP**

3186 Main St  
Exmore, VA 23350  
(757) 442-5437  
Gender: Male  
NPI: 1619915659  
License: VA 2202004178  
Age 3 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Physician Assistant**

### **Ascend Polywellness**

**Center LLC\*\***  
(678) 507-4370

## **Ncho, Anong PA\*\***

Gender: Male  
NPI: 1346543212  
License: TX PA08806  
Website:  
ascendpolywellness.com  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained, Anxiety/Depression, (IOP) Intensive Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Avenues to Wellness\*\***

(540) 345-6468  
NPI: 1861583791  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Schizophrenia, Post Partum Depression, Mood Disorders, Medication Management, Depression, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Richardson, Amanda E PAC\*\***

Gender: Female  
NPI: 1578953303  
License: VA 0110006221  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Schizophrenia, Post Partum Depression, Mood Disorders, Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression, Anxiety Disorder  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-5:00 PM  
Tuesday: 7:00 AM-5:00 PM  
Wednesday: 7:00 AM-5:00 PM  
Thursday: 7:00 AM-5:00 PM  
Friday: 7:00 AM-5:00 PM

## **Sharp, Molly PAC\*\***

Gender: Female  
NPI: 1922257088  
License: VA 0110002907  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Schizophrenia, Post Partum Depression, Mood Disorders, Medication Management, Depression, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Hindi  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-5:00 PM  
Tuesday: 7:30 AM-5:00 PM  
Wednesday: 7:30 AM-5:00 PM  
Thursday: 7:30 AM-5:00 PM  
Friday: 7:30 AM-5:00 PM

## **Center for Care and Resiliency\*\***

(540) 344-5300  
NPI: 1053902742  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Schizophrenia, Psychology, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders, Home Visits, Depression, Anxiety Disorder  
Limited Handicap Accessibility  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Conquest Health PLLC\*\***

(571) 556-8205  
**McGregor, Cash A PA\*\***  
Gender: Male  
NPI: 1740908250  
Website:  
www.conquesthealth.org  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Doctor On Demand\*\***

(800) 929-0926

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of California PC\*\*

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor on Demand Professionals of New Jersey PC\*\*

(800) 929-0926

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Doctor On Demand Professionals PC\*\*

(800) 929-0926  
Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## East River Psychiatry\*\*

(276) 235-6232

NPI: 1689445884  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Webb Jr, Ira T PAC\*\*

Gender: Male  
NPI: 1720021447  
License: VA 0110840810  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM

## Eiland Behavioral Medicine PLLC\*\*

(870) 918-9792

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Other Health Care Providers

NPI: 1407691330

Website:

www.eilandbehavioralmed.com

Practice Focus: Women, Virtual Care - Audio/Visual, Telepsychiatry, Stress Management, Sexuality, Sexual Dysfunction, Schizophrenia, Psychotherapy, Psychiatry, Post-Traumatic Stress Disorder (PTSD)

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 7:00 AM-7:00 PM

Tuesday: 7:00 AM-7:00 PM

Wednesday: 7:00 AM-7:00 PM

Thursday: 7:00 AM-7:00 PM

Friday: 7:00 AM-7:00 PM

Saturday: 9:00 AM-5:00 PM

Sunday: 9:00 AM-5:00 PM

**Eiland, Seth B PA\*\***

Gender: Male

NPI: 1588144604

License: VA 0110007438

Website:

www.eilandbehavioralmed.com

Practice Focus: Women, Virtual Care - Audio/Visual, Telepsychiatry, Stress Management, Sexuality, Sexual Dysfunction, Schizophrenia, Psychotherapy, Psychiatry, Post-Traumatic Stress Disorder (PTSD)

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 7:00 AM-7:00 PM

Tuesday: 7:00 AM-7:00 PM

Wednesday: 7:00 AM-7:00 PM

Thursday: 7:00 AM-7:00 PM

Friday: 7:00 AM-7:00 PM

Saturday: 9:00 AM-5:00 PM

Sunday: 9:00 AM-5:00 PM

**Latitude Psychiatric Solutions\*\***

(757) 206-2682

**Dhillon, Meredith PA\*\***

Gender: Female

NPI: 1427531102

License: VA 0110006371

Website:

www.latitudepsych.com

Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained

Spanish

Age 6 to 81

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-12:00 PM

**McLean Neuropsychiatric Treatment Center LLC\*\***

(571) 378-1398

NPI: 1356935597

Website: mcleanntc.com

Practice Focus: Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Depression, Cultural Competency Trained

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 7:30 AM-8:00 PM

Tuesday: 7:30 AM-8:00 PM

Wednesday: 7:30 AM-8:00 PM

Thursday: 7:30 AM-8:00 PM

Friday: 7:30 AM-8:00 PM

**Yambulatova, Dinara PA\*\***

Gender: Female

NPI: 1457740441

License: VA 0110004891

Website: mcleanntc.com

Practice Focus: Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Depression, Cultural Competency Trained

Russian

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 7:30 AM-8:00 PM

Tuesday: 7:30 AM-8:00 PM

Wednesday: 7:30 AM-8:00 PM

Thursday: 7:30 AM-8:00 PM

Friday: 7:30 AM-8:00 PM

**National Addiction Specialists LLC\*\***

(757) 785-0500

**Crisp, Benjamin R PA\*\***

Gender: Male

NPI: 1750973301

License: VA 0110009244

Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-4:30 PM

Tuesday: 8:30 AM-4:30 PM

Wednesday: 8:30 AM-4:30 PM

Thursday: 8:30 AM-4:30 PM

Friday: 8:30 AM-4:30 PM

\*\* Provider has expanded service area.

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# Other Health Care Providers

NPI: 1477186336  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment, Chemical Dependency/Co-Dependency  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## **Nephrology Associates of Tidewater Ltd**

9550 Hospital Ave  
Nassawadox, VA 23413  
(757) 442-9080  
NPI: 1518990423  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Neuropsych Wellness Center Pc\*\***

(703) 865-8686

NPI: 1588977748  
Website: [www.neuropsych4u.com](http://www.neuropsych4u.com)  
Practice Focus: Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **SaVida Health PC\*\***

(833) 356-4080  
**Fortune, Jennifer PA\*\***  
Gender: Female  
NPI: 1033300538  
License: VA 0110002564  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SDEC**

3298 Main St  
Exmore, VA 23350  
(757) 442-5079  
NPI: 1417531872  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Seaside Behavioral Health\*\***

(757) 648-8605

NPI: 1295284255  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SOUTHWEST REGIONAL COUNSELING SERVICES INC\*\***

(276) 883-5050

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## Dalton II, Douglas D PA\*\*

Gender: Male  
NPI: 1255300109  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Howell, Christopher S PAC\*\*

Gender: Male  
NPI: 1437419132  
License: VA 0110002277  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Physiological Laboratory

### Alliance Neurodiagnostics LLC\*\*

(469) 208-3799  
NPI: 1912318445  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

### Zoll Laboratory Services LLC\*\*

(408) 352-6000  
NPI: 1245625904  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

### Prosthetic/Orthotic Supplier

**Cranial Technologies Inc\*\***  
(844) 447-5894

NPI: 1659873271  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### DJO LLC\*\*

(866) 356-7846  
NPI: 1497731533  
License: CA BLNR004094 10 2  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Hanger Clinic\*\*

(757) 873-1984  
NPI: 1144394032  
Practice Focus: Cultural Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Skilled Nursing Facility

**Carriage Hill Health and Rehab Center\*\***  
(540) 785-1120

\*\* Provider has expanded service area.

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# Other Health Care Providers

NPI: 1912153164  
 License: VA NH 0002528  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

## Highland Ridge Rehab Center\*\*

(540) 674-4193  
 Office Languages: Spanish  
 NPI: 1679034078  
 License: VA NH 0002588  
 Mental/Physical Impairment Services  
 Handicap Accessible: Building, Parking, Restroom  
 Services for hearing impaired: TTY, ASL  
 Public Transport: Bus, Subway

## Maple Grove Nursing & Rehab Center\*\*

(276) 889-0733

NPI: 1134107212  
 License: VA NH 0002622  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

## Specialty Pharmacy

### Accredo Health Group Inc\*\*

(302) 395-8943  
 NPI: 1538281837  
 License: DE A3 0011102  
 Handicap Accessible: Building, Parking, Restroom  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Speech - Language Pathologist

### Blue Mountain Therapy\*\*

(276) 525-6043

NPI: 1497330401  
 Website:  
 www.bluemountaintherapy.com  
 Practice Focus: Home Visits, Early Intervention Services, Cultural Competency Trained, Child/ Pediatric  
 Age 64 and under  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-5:30 PM  
 Tuesday: 8:30 AM-5:30 PM  
 Wednesday: 8:30 AM-5:30 PM  
 Thursday: 8:30 AM-5:30 PM  
 Friday: 8:30 AM-5:30 PM

### Craven, Rachele SLP

3186 Main St  
 Exmore, VA 23350  
 (757) 442-5437  
 Gender: Female  
 NPI: 1487010559  
 License: VA 2202010951  
 Age 3 and under  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

### Grace Home Healthcare LLC\*\*

(703) 865-7370

NPI: 1073904009  
 License: VA HCO 0001309  
 Practice Focus: Home Visits  
 Tagalog, Spanish, Korean  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-5:00 PM  
 Tuesday: 8:30 AM-5:00 PM  
 Wednesday: 8:30 AM-5:00 PM  
 Thursday: 8:30 AM-5:00 PM  
 Friday: 8:30 AM-5:00 PM  
 Saturday: 8:30 AM-5:00 PM

### Little Hands Little Feet Pediatric Therapy PLLC

3186 Main St  
 Exmore, VA 23350  
 (757) 442-5437  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

### Pediatric Therapy Studio\*\*

(703) 663-4808

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Other Health Care Providers

## **Dolan, Damaris SLP\*\***

Gender: Female

NPI: 1780196212

License: VA 2202008797

Website:

www.pediatrictherapystudio.com

Practice Focus: Virtual Care -

Audio/Visual, Autism

Spectrum Disorders

Age 22 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-7:00 PM

Tuesday: 9:00 AM-7:00 PM

Wednesday: 9:00 AM-7:00 PM

Thursday: 9:00 AM-7:00 PM

Friday: 9:00 AM-3:00 PM

## **Ware, Sara SLP**

3186 Main St

Exmore, VA 23350

(757) 442-5437

Gender: Female

NPI: 1639684897

License: VA 2202008503

Age 3 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Durable Medical Equipment

## DURABLE MEDICAL EQUIPMENT (DME) & MEDICAL SUPPLIES

### 180 Medical Inc\*\*

(877) 688-2729  
NPI: 1639160708  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### A Plus Breast Pumps by Yummy Mummy\*\*

(855) 879-8669  
NPI: 1346590973  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

### ABC Home Medical Supply Inc\*\*

(866) 897-8588

NPI: 1477534717  
License: TX 1000858  
Practice Focus: Wound Care and Supplies, Urologic Supplies, Ostomy Supplies, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

### ABC, an Apria Company\*\*

(757) 826-2600  
NPI: 1023784642  
License: VA 0206008375  
Practice Focus: Sleep Disorders, Negative Pressure Wound Therapy, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### AdaptHealth Patient Care Solutions Inc\*\*

(800) 451-6510

NPI: 1649244138  
License: PA 6000009661  
Practice Focus: Wound Care and Supplies, Urologic Supplies, Trach Supplies, Ostomy Supplies, Negative Pressure Wound Therapy, Diabetic Supplies, Breast Pump Providers  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Advanced Bionics LLC\*\*

(877) 829-0026  
NPI: 1841479573  
License: CA 57156  
Practice Focus: Cultural Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 5:00 AM-5:00 PM  
Tuesday: 5:00 AM-5:00 PM  
Wednesday: 5:00 AM-5:00 PM  
Thursday: 5:00 AM-5:00 PM  
Friday: 5:00 AM-5:00 PM

### Advanced Respiratory Inc\*\*

(800) 426-4224

NPI: 1831754977  
License: VA 0237000059  
Practice Focus: Airway Clearance Systems  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

### Aeroflow Healthcare\*\*

(888) 345-1780  
NPI: 1891728697  
License: NC HMEL.11847  
Practice Focus: Wound Care and Supplies, Urologic Supplies, Ostomy Supplies, Cultural Competency Trained, Breast Pump Providers  
Handicap Services available  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### American HomePatient\*\*

(757) 787-3163  
NPI: 1457327553  
Practice Focus: Standard DME/Wheelchairs  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Durable Medical Equipment

## American HomePatient

154 Market St  
Ste 2  
Onancock, VA 23417  
(757) 787-3163  
NPI: 1457327553  
Practice Focus: Standard  
DME/Wheelchairs  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Better Health\*\*

(415) 475-8444  
NPI: 1023656022  
License: IN 69001603A  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:30 PM  
Wednesday: 10:00 AM-5:30 PM  
Thursday: 10:00 AM-5:30 PM  
Friday: 10:00 AM-5:30 PM

## BioTAB LLC\*\*

(877) 246-8220  
NPI: 1124124953  
License: MO 69000460A  
Practice Focus: Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 7:00 AM-4:30 PM  
Tuesday: 7:00 AM-4:30 PM  
Wednesday: 7:00 AM-4:30 PM  
Thursday: 7:00 AM-4:30 PM  
Friday: 7:00 AM-4:30 PM

## Bioventus LLC\*\*

(800) 836-4080

NPI: 1861761785  
License: TN 00001087  
Practice Focus: Bone Growth  
Stimulators  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## CCS Medical\*\*

(877) 531-7959  
NPI: 1295827780  
License: FL 1315057  
Practice Focus: Wound Care  
and Supplies, Urologic  
Supplies, Ostomy Supplies,  
Negative Pressure Wound  
Therapy, Lymphedema Pumps  
& Compression Therapy,  
Insulin Pumps, Cultural  
Competency Trained,  
Continuous Glucose Monitors  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Comfort Medical LLC\*\*

(800) 700-4246

NPI: 1992891238  
License: FL 1313733  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Continuum LLC\*\*

(800) 220-5262  
NPI: 1295286607  
License: PA 0237000137  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Dynasplint Systems Inc\*\*

(800) 638-6771  
NPI: 1386643856  
License: MD R3034  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Edwards Healthcare Services Inc\*\*

(888) 344-3434

NPI: 1255330825  
License: OH HMER.22352  
Practice Focus: Cultural  
Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Electromed Inc\*\*

(800) 462-1045  
NPI: 1821030909  
License: VA 0237000114  
Practice Focus: Cultural  
Competency Trained, Airway  
Clearance Systems  
Handicap Accessible: Building,  
Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Evolve Emod LLC\*\*

(844) 438-7577  
NPI: 1699182212  
Practice Focus: Cultural  
Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Medical Supply Inc\*\*

(757) 452-4444

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Durable Medical Equipment

NPI: 1902934250  
License: VA 0206009320  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: ASL  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Home Care Delivered Inc\*\*

(800) 565-6167  
NPI: 1245239540  
License: VA 0206008481  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-6:00 PM

## Infusystem Inc\*\*

(248) 546-7047  
NPI: 1790730596  
License: MI 5306006255  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Liberator Medical Supply\*\*

(800) 323-0914

NPI: 1881698439  
License: FL 372  
Practice Focus: Urologic Supplies, Ostomy Supplies, Mastectomy Supplies, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Lincare Inc\*\*

(434) 955-7476  
NPI: 1093880296  
Practice Focus: Cultural Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Seating and Mobility Inc\*\*

(757) 466-1553  
NPI: 1013351998  
Practice Focus: Power Wheelchair, Cultural Competency Trained  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Orthofix Inc\*\*

(800) 535-4492

NPI: 1235136060  
Practice Focus: Cultural Competency Trained, Bone Growth Stimulators  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Prism Medical Products LLC\*\*

(888) 244-6421  
NPI: 1548367063  
License: VA 0237000151  
Practice Focus: Wound Care and Supplies, Urologic Supplies, Ostomy Supplies  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed  
NPI: 1548367063  
License: VA 0237000151  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Respiratory Technologies Inc\*\*

(800) 793-1261

NPI: 1962459537  
License: VA 0237000235  
Practice Focus: Cultural Competency Trained, Airway Clearance Systems  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Roberts Home Medical LLC\*\*

(757) 262-0399  
NPI: 1639721236  
License: VA 0206009384  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## STAR MEDICAL RX\*\*

(800) 638-0942  
NPI: 1114943610  
License: MO 2013029217  
Practice Focus: Sleep Disorders, Negative Pressure Wound Therapy  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Strive Medical\*\*

(888) 771-9229

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Durable Medical Equipment

NPI: 1396901047  
License: VA 0237000374  
Practice Focus: Wound Care and Supplies, Urologic Supplies, Ostomy Supplies  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## SunMed Medical Systems\*\*

(800) 714-7434  
Practice Focus: Negative Pressure Wound Therapy, Mastectomy Supplies, Lymphedema Pumps & Compression Therapy, Cultural Competency Trained, Airway Clearance Systems  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM  
Saturday: 9:00 AM-3:00 PM

## SunMed Medical Systems LLC\*\*

(800) 714-7434

NPI: 1083604300  
Practice Focus: Negative Pressure Wound Therapy, Mastectomy Supplies, Lymphedema Pumps & Compression Therapy, Cultural Competency Trained, Airway Clearance Systems  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## The Breastfeeding Shop\*\*

(866) 255-6779  
NPI: 1316356942  
License: PA 6000008678  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tobii Dynavox\*\*

(800) 344-1778  
NPI: 1831263110  
License: PA 6000005748  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Zoll Services LLC\*\*

(412) 968-3333

NPI: 1164535274  
License: PA 6000008129  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Laboratory Services

## CLINICAL MEDICAL LABORATORY

### Accu Reference Medical Lab\*\*

(908) 474-1004  
NPI: 1225110497  
Website:  
www.accureference.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

### Aegis Sciences Corporation\*\*

(615) 255-2400  
License: TN 00004152  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Ambry Genetics\*\*

(949) 900-5500

NPI: 1861568784  
License: CA CDF 00011694  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Bakotic Pathology Associates\*\*

(855) 422-5628  
NPI: 1184814014  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### CBL PATH\*\*

(877) 225-7284  
NPI: 1205834769  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Dominion Diagnostics\*\*

(877) 734-9600

License: RI LCI00627  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Eurofins Ascend Clinical LLC\*\*

(650) 780-5500  
NPI: 1982606992  
License: CA CLF 00004141  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### HealthTrackRx Indiana Inc\*\*

(940) 383-2223  
Website:  
www.healthtrackrx.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### HealthTrackRx of Louisville LLC\*\*

(972) 833-4653

NPI: 1326743535  
Handicap Accessible: Building, Parking, Restroom  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Millennium Health LLC\*\*

(877) 451-7337  
NPI: 1497933162  
License: CA CDF 00336807  
Website:  
www.millenniumhealth.com  
Practice Focus: Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Molecular Pathology Laboratory Network Inc\*\*

(865) 380-9746  
Website: www.mplnet.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### NSTX Inc\*\*

(650) 249-9090

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Laboratory Services

NPI: 1235528225

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Quest Diagnostics\*\***

(866) 697-8378

Website:

[www.questdiagnostics.com](http://www.questdiagnostics.com)

Practice Focus: Cultural

Competency Trained

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Sunrise Medical Laboratories Inc\*\***

(800) 782-0282

NPI: 1376587113

Website: [www.sunriselab.com](http://www.sunriselab.com)

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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## VIRGINIA

### ACCOMACK COUNTY

#### Optometrist

**Keyes, Kaitlin, E, OD**  
23079 COURTHOUSE AVENUE  
ACCOMAC, VA 23301  
(757) 787-7040

**Keyes, Mark, W, OD**  
23079 COURTHOUSE AVENUE  
ACCOMAC, VA 23301  
(757) 787-7040

### NORTHAMPTON COUNTY

#### Ophthalmologist

**Berger, Evan, M, MD**  
3298 MAIN ST  
EXMORE, VA 23350  
(757) 442-5079

**Kapoor, Kapil, G, MD**  
3298 MAIN ST  
EXMORE, VA 23350  
(757) 442-5079

**Uber, Ian, MD**  
3298 MAIN ST  
EXMORE, VA 23350  
(757) 442-5079

**Wagner, Alan, L, MD**  
3298 MAIN ST  
EXMORE, VA 23350  
(757) 442-5079

**WOLANIN, ALFRED, MD**  
3298 MAIN ST  
EXMORE, VA 23350  
(757) 442-5079

#### Optometrist

**Titcomb, Robert, E, OD**  
217 MASON AVE  
CAPE CHARLES, VA 23310  
(757) 331-2020

**Vahamaki, Niko, OD**  
3298 MAIN ST  
EXMORE, VA 23350  
(757) 442-5079

# Long Term Services and Supports

## VIRGINIA

### ACCOMACK COUNTY

#### Adult Day Care Clinic/Center

##### Care Advantage Inc\*\*

(804) 323-9464  
NPI: 1386713303  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

##### FHCT Richmond\*\*

(571) 251-1095  
NPI: 1376344101  
License: VA HCO 0005919  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Nepali, Korean, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

#### Case Manager/Care Coordinator

##### Abundant Living Home Care Services LLC\*\*

(276) 403-2653  
NPI: 1609530328  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

##### All Ways There Home Care\*\*

(757) 591-0020  
NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

##### Anee's Care\*\*

(817) 729-0428

NPI: 1851004063

Practice Focus: Home Visits  
Urdu, Hindi, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

##### Apex Homecare Services LLC\*\*

(866) 760-4407  
NPI: 127599518  
License: VA HCO 0002708  
Practice Focus: Home Visits  
Nepali, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

##### Behavioral Health

##### Navigators Center Inc\*\*

(877) 532-5571

NPI: 1205268893

Practice Focus: Home Visits  
Spanish, Sign Language  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

##### Briggs Home Health Agency\*\*

(757) 628-1011  
NPI: 1790037554  
License: VA HCO 0000881  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

##### Care Advantage - Portsmouth\*\*

(757) 405-6320

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1952794299  
License: VA HCO0001509  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Century Care Solutions\*\***  
(804) 586-5778  
NPI: 1497504880  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**DIVINE HEART SCS LLC\*\***  
(757) 748-0424

NPI: 1255932737  
License: VA HCO252596  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**DIVON DESTINY LLC\*\***  
(703) 965-0739  
NPI: 1972496420  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Eastern Shore Ctr For Independent Living\*\***  
(757) 414-0100  
NPI: 1962874057  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

**Fairfax Home Health Care LLC\*\***  
(703) 546-8555  
NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Family First Home Care Inc\*\***  
(757) 539-0716  
NPI: 1265778799  
License: VA HCO 0000910  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

**Family Forward Services LLC\*\***  
(757) 484-7501

NPI: 1558847459  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-5:00 PM  
Tuesday: 9:30 AM-5:00 PM  
Wednesday: 9:30 AM-5:00 PM  
Thursday: 9:30 AM-5:00 PM  
Friday: 9:30 AM-5:00 PM

**Family Healthcare Solutions LLC\*\***  
(757) 679-9792  
NPI: 1720647480  
License: VA HCO252186  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Finney's At Home Care LLC\*\***  
(540) 786-1000

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1053937011  
License: VA 0001305384  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Hope Care & Love Home Healthcare LLC Services LLC\*\*

(757) 518-9900  
NPI: 1609005313  
License: VA HCO 0000613  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Infinite Dimension Care Solutions LLC\*\*

(804) 481-3468

NPI: 1881573392  
License: VA 0001214985  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## INTEGRITY HEALTHCARE SOLUTIONS LLC\*\*

(757) 809-2656  
NPI: 1588390918  
Practice Focus: Home Visits  
Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## KARRIS FACILITATION\*\*

(434) 209-3533

NPI: 1629826201  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## KES Integrated Services INC\*\*

(703) 935-9442  
NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Learning Me LLC\*\*

(757) 951-6653  
NPI: 1235953530  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lily Home Healthcare\*\*

(571) 461-9752

NPI: 1205632635  
License: VA HCO 0005712  
Practice Focus: Home Visits  
Turkish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Living a Blessed Life Home Health LLC\*\*

(757) 327-1267  
NPI: 1669030920  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Love Over Crisis LLC\*\*

(470) 228-1773  
NPI: 1386013282  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## **MALIJO\*\***

(571) 385-5737  
NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McKenzie Care Associates LLC\*\***

(757) 279-0594  
NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **New Level Home Care, LLC\*\***

(703) 447-2728

NPI: 1235897786  
License: VA HCO 0003196  
Practice Focus: Home Visits  
Spanish, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **ROSSYBRIGHT LLC\*\***

(703) 647-3886  
NPI: 1811358328  
License: VA HCO0001568  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
Saturday: 10:00 AM-6:00 PM

## **SERENE HELPING HANDS LLC\*\***

(804) 980-4126

NPI: 1558240952  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Tebah Healthcare LLC\*\***

(703) 454-6413  
NPI: 1568152973  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tender Love and Care LLC\*\***

(804) 396-4182

NPI: 1508402306  
License: VA HCO 252250  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **The Arkk Group LLC\*\***

(757) 397-1345  
NPI: 1073809125  
License: VA 1276 02 008  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:00 PM  
Tuesday: 8:30 AM-4:00 PM  
Wednesday: 8:30 AM-4:00 PM  
Thursday: 8:30 AM-4:00 PM  
Friday: 8:30 AM-4:00 PM

## **The Community Resource Link\*\***

(434) 203-9097  
NPI: 1053071639  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Toddlers to Grandparents\*\*

(804) 302-5161  
NPI: 1598131674  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ward Transitional Services Inc\*\*

(540) 492-2964  
NPI: 1942743810  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM

## YLS CARING HANDS LLC\*\*

(757) 904-5819  
NPI: 1376203877  
License: VA HCO 0002701  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Emergency Response System Companies

### Better Tomorrow Home Health Care LLC\*\*

(757) 406-3595  
NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean, German, French  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

### KES Integrated Services INC\*\*

(703) 935-9442  
NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Life Protect 247\*\*

(573) 205-3834

NPI: 1376324863  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

### Lifeguard Personal Emergency Response Systems LLC\*\*

(276) 744-0166  
NPI: 1265526883  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### LifeStation Inc\*\*

(800) 446-3300  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Link to Life\*\*

(888) 557-4462  
NPI: 1174681324  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

### Medguard Alert Inc\*\*

(800) 716-1433  
Spanish, Portuguese, Italian  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 9:00 AM-1:00 PM

### MedScope America LLC\*\*

(800) 645-2060

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

Practice Focus: Home Visits,  
Cultural Competency Trained  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **QMedic\*\***

(877) 241-2244  
NPI: 1215358361  
Practice Focus: Home Visits  
Spanish, Chinese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Response Alert LLC\*\***

(410) 318-8863  
NPI: 1568989440  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:30 PM

## **Sunflowers Personal Care\*\***

(757) 462-9667

NPI: 1508692708  
License: VA HCO 0005428  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **Personal Care Attendant**

### **1st Americare LLC\*\***

(732) 277-8100  
NPI: 1932720943  
License: VA HCO 0001868  
Practice Focus: Home Visits  
Urdu, Spanish, Punjab, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **A Friend In Need Home Care LLC\*\***

(757) 442-4500

NPI: 1033672217  
License: VA HCO 0002206  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **A SMILE FROM MY HEART HEALTH CARE INC\*\***

(757) 729-3890  
NPI: 1053150714  
License: VA HCO 0005352  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A+ Home Care\*\***

(703) 402-1872

Office Languages: Spanish  
NPI: 1649752445  
License: VA HCO 0001957  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Tigrinya, Spanish, Arabic,  
Amharic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **AAA Home Health Inc\*\***

(703) 719-1200  
NPI: 1386131159  
License: VA HCO 0001899  
Practice Focus: Virtual Care -  
Audio/Visual  
Spanish, French, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Above and Beyond Home Care LLC\*\***

(804) 573-3613

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

Office Languages: Spanish  
NPI: 1750035903  
License: VA HCO 0003056  
Practice Focus: Virtual Care - Audio/Visual, Home Visits Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM  
Saturday: 9:00 AM-3:00 PM  
Sunday: 9:00 AM-3:00 PM

## **ABUNDANT HEARTS HOME HEALTHCARE LLC\*\***

(757) 981-4889  
NPI: 1841024932  
License: VA HCO 0005639  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **Acadia Home Care LLC\*\***

(202) 766-2552

NPI: 1891555033  
License: VA HCO 0005305  
Practice Focus: Home Visits  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **ADKAR HOME HEALTHCARE\*\***

(703) 531-7019  
NPI: 1457121337  
License: VA HCO 0003249  
Practice Focus: Home Visits  
Somali  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **All Heart Community Care Services LLC\*\***

(240) 222-2723

NPI: 1518614403  
License: VA HCO 0002749  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **ALL SECURED HOME HEALTH SERVICES LLC\*\***

(571) 395-4302  
License: VA HCO 0001917  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **All Time Caring LLC\*\***

(703) 403-7100

NPI: 1912754359  
License: VA HCO 0005372  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **All Ways There Home Care\*\***

(757) 591-0020  
NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **Alliance Home Health Care LLC\*\***

(703) 486-4074

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1407436728  
License: VA HCO0002590  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

## **Alpha and Omega Home Care LLC\*\***

(757) 725-0919  
NPI: 1114649381  
License: VA HCO 0003143  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Alternative Healing Home Care Services Company\*\***

(434) 529-6196

NPI: 1851853493  
License: VA HCO 0003338  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ANCIENT HEALING HEALTHCARE SERVICES LLC\*\***

(703) 645-0000  
NPI: 1356854608  
License: VA HCO 0005104  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Angels for Life Health Care LLC\*\***

(804) 522-6640

NPI: 1699388082  
License: VA HCO0002412  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:30 PM  
Tuesday: 9:00 AM-3:30 PM  
Wednesday: 9:00 AM-3:30 PM  
Thursday: 9:00 AM-3:30 PM  
Friday: 9:00 AM-3:30 PM

## **Apex Care LLC\*\***

(202) 600-1233  
NPI: 1750957221  
License: VA HCO 252527  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Apex Homecare Services LLC\*\***

(866) 760-4407

NPI: 1275999518  
License: VA HCO 0002708  
Practice Focus: Home Visits  
Nepali, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **At Home Health Care LLC\*\***

(571) 206-8464  
License: VA HCO 0002442  
Practice Focus: Home Visits  
Swahili, Spanish, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Azure Home Healthcare LLC\*\***

(757) 612-4484

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1619688108  
License: VA HCO 0003212  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Better Tomorrow Home Health Care LLC\*\*

(757) 406-3595  
NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean, German, French  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

## Briggs Home Health Agency\*\*

(757) 628-1011

NPI: 1790037554  
License: VA HCO 0000881  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## Care 4 U Healthcare Service LLC\*\*

(703) 794-7165  
NPI: 1033453410  
License: VA HCO 2500984  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Care Advantage\*\*

(434) 447-6777  
NPI: 1568547289  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage - Emporia\*\*

(434) 634-4830  
NPI: 1487859211  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage - Portsmouth\*\*

(757) 405-6320  
NPI: 1952794299  
License: VA HCO0001509  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage Inc\*\*

(804) 323-9464

NPI: 1386713303  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Care Advantage Plus LLC\*\*

(434) 973-2000  
NPI: 1215006242  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Care Advantage- Abingdon\*\*

(276) 258-5035

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1205221488  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care At Heart Homecare LLC\*\*

(703) 345-9561  
NPI: 1801632252  
License: VA HCO 0005527  
Practice Focus: Home Visits  
Spanish, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Care At Your Site LLC\*\*

(434) 799-5731

NPI: 1568200640  
License: VA HCO 0005497  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM

## Care With Dignity At Home LLC\*\*

(703) 705-7707  
NPI: 1023897865  
License: VA HCO263405  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Carepanion Group Home Health\*\*

(804) 997-6175  
NPI: 1023825551  
License: VA HCO 0005794  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Careplus Home Health Services LLC\*\*

(804) 847-1171  
License: VA HCO 0001028  
Practice Focus: Home Visits  
Vietnamese, Spanish, Somali,  
Korean, German  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CareTrust Home Care LLC\*\*

(571) 762-6833  
NPI: 1932708278  
License: VA HCO 252574  
Practice Focus: Home Visits,  
Cultural Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Caring Touch Health Services LLC\*\*

(757) 442-4000

NPI: 1053773531  
License: VA HCO 0000756  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CARING4U HOME CARE LLC\*\*

(571) 436-5199  
NPI: 1134090830  
License: VA HCO0006065  
Practice Focus: Home Visits  
Twi, Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CBN Healthcare Services Inc\*\*

(571) 398-2600

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1518208388  
License: VA HCO 0001026  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**CCPS Health LLC\*\***  
(703) 587-4343  
NPI: 1144991696  
License: VA HCO 0005179  
Practice Focus: Home Visits  
Spanish  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**CM Health Solutions\*\***  
(757) 239-4598

NPI: 1205546686  
License: VA HCO 0005009  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Complete Home Care  
Services Company\*\***  
(434) 465-5709  
NPI: 1922697499  
License: VA HCO 0003337  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Nepali  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Connection Point Services,  
LLC\*\***  
(757) 260-9520

NPI: 1871296657  
License: VA HCO0005391  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**D&T HOME CARE  
BUSINESS LLC\*\***  
(571) 331-0884  
NPI: 1700370335  
License: VA HCO 0001876  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Dalylah Angels Homecare  
LLC\*\***  
(804) 997-6526

NPI: 1740935535  
License: VA HCO 0003030  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 2:00 PM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 10:00 AM-2:00 PM

**Delmarva United  
Homecare\*\***  
(267) 237-7559  
NPI: 1023613437  
License: VA HCO 0005188  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**DIGNITY HOME CARE LLC\*\***  
(571) 565-3192  
NPI: 1124596572  
License: VA HCO 251932  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## **DIVINE HEART SCS LLC\*\***

(757) 748-0424  
NPI: 1255932737  
License: VA HCO252596  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **DIVINE SENIOR HOME CARE LLC\*\***

(703) 677-0506  
NPI: 1841707213  
License: VA HCO 0001825  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Urdu, Panjabi, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Eden Senior Care Services LLC\*\***

(703) 463-2537

NPI: 1053876805  
License: VA ADC 1103790  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-1:30 PM  
Tuesday: 7:30 AM-1:30 PM  
Wednesday: 7:30 AM-1:30 PM  
Thursday: 7:30 AM-1:30 PM  
Friday: 7:30 AM-1:30 PM

## **Elevating Home Health Care\*\***

(757) 904-1156  
NPI: 1902498751  
License: VA HCO 0002680  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-3:30 PM  
Tuesday: 7:30 AM-3:30 PM  
Wednesday: 7:30 AM-3:30 PM  
Thursday: 7:30 AM-3:30 PM  
Friday: 7:30 AM-3:30 PM

## **Empathy Home Healthcare LLC\*\***

(571) 689-1095

NPI: 1144053638  
License: VA HCO 0005415  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Somali, French, Arabic, Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Everyblessing Healthcare\*\***

(240) 565-8977  
NPI: 1194525899  
License: VA HCO0005650  
Practice Focus: Home Visits  
Spanish, Somali, Farsi, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Fairfax Home Health Care LLC\*\***

(703) 546-8555

NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Faith Works Adult Day Support Center LLC\*\***

(804) 918-5928  
NPI: 1225433253  
License: VA ADC1103851  
Practice Focus: Home Visits  
Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-6:00 PM  
Tuesday: 7:30 AM-6:00 PM  
Wednesday: 7:30 AM-6:00 PM  
Thursday: 7:30 AM-6:00 PM  
Friday: 7:30 AM-6:00 PM  
Saturday: 10:00 AM-4:00 PM

## **Family First Home Care Inc\*\***

(757) 539-0716

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1265778799  
License: VA HCO 0000910  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

**Family Healthcare Solutions LLC\*\***  
(757) 679-9792  
NPI: 1720647480  
License: VA HCO252186  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Finney's At Home Care LLC\*\***  
(540) 786-1000

NPI: 1053937011  
License: VA 0001305384  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**First Home Care\*\***  
(571) 549-6789  
License: VA HCO 253329  
Practice Focus: Home Visits  
Vietnamese, Spanish, Mongolian, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Five Diamonds Home Health LLC\*\***  
(703) 208-7352  
NPI: 1326889437  
License: VA HCO 0005342  
Vietnamese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**FOREVER SENIOR CARE\*\***  
(703) 662-2255  
NPI: 1134944614  
License: VA HCO 0005725  
Practice Focus: Home Visits  
Spanish  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:30 PM  
Tuesday: 9:00 AM-5:30 PM  
Wednesday: 9:00 AM-5:30 PM  
Thursday: 9:00 AM-5:30 PM  
Friday: 9:00 AM-5:30 PM

**FREEDOM HOME HEALTH CARE LLC\*\***  
(571) 609-4100  
NPI: 1376317131  
License: VA HCO 0005237  
Practice Focus: Home Visits  
Bengali  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Gateway Healthcare Services LLC\*\***  
(703) 462-8725

NPI: 1215462296  
License: VA HCO 251572  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Glamour Homecare\*\***  
(571) 662-1064  
NPI: 1881204352  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-3:00 PM

**Glorious Touch Home Health Care LLC\*\***  
(757) 998-0301  
NPI: 1710447354  
License: VA HCO 252139  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## GLORY DAYS HEALTHCARE LLC\*\*

(540) 930-4081  
NPI: 1538840467  
License: VA HCO 263346  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Glory To Glory Homecare Services LLC\*\*

(757) 994-4197  
NPI: 1457089245  
License: VA HCO 0005612  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Golden Lotus Home Health LLC\*\*

(571) 286-8440

NPI: 1205578671  
License: VA HCO 0003168  
Practice Focus: Home Visits  
Vietnamese, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Grace Home Healthcare LLC\*\*

(703) 865-7370  
NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

## Harmony Touch of Care LLC\*\*

(757) 582-2296

NPI: 1679133904  
License: VA HCO 0002115  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Healing Hands Homecare Services LLC\*\*

(571) 635-7767  
NPI: 1578079380  
License: VA HCO 0001603  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HEARTS OF UNITY\*\*

(757) 513-2021  
NPI: 1144030958  
License: VA HCO 0006003  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Highly Favored Home Care LLC\*\*

(757) 714-3031  
NPI: 1861180242  
License: VA HCO 0003284  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HLA Home Care LLC\*\*

(757) 673-3200  
NPI: 1154848729  
License: VA HCO 0001740  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## HOMEBRIDGE HEALTH CARE CO\*\*

(757) 392-3011

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1043961576  
License: VA HCO 0003173  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Homecare DMV Inc\*\*

(301) 339-3636  
NPI: 1730954413  
License: VA HCO 0005341  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hope Care & Love Home Healthcare LLC Services LLC\*\*

(757) 518-9900  
NPI: 1609005313  
License: VA HCO 0000613  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## HYUNS HOMECARE SERVICES\*\*

(703) 507-2492  
NPI: 1922822188  
License: VA HCO 0005597  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## In Good Hands Home Healthcare\*\*

(804) 396-3706  
License: VA HCO 0002123  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Inspired Home Health LLC\*\*

(757) 447-7627

NPI: 1033714829  
License: VA HCO 0002455  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Interim Healthcare of Loudoun\*\*

(571) 473-5070  
NPI: 1558053959  
License: VA HCO 0005261  
Practice Focus: Home Visits  
Urdu, Punjab, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## JOY HOME HEALTH CARE LLC\*\*

(703) 869-1671

NPI: 1073093563  
License: VA HCO 0001978  
Practice Focus: Home Visits  
Arabic  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Just Like Home Healthcare Inc\*\*

(910) 916-6244  
NPI: 1922340538  
License: VA HCO 0001105  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## KES Integrated Services INC\*\*

(703) 935-9442

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lily Home Healthcare\*\***

(571) 461-9752  
NPI: 1205632635  
License: VA HCO 0005712  
Practice Focus: Home Visits  
Turkish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Living a Blessed Life Home Health LLC\*\***

(757) 327-1267  
NPI: 1669030920  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Love Thy Neighbor\*\***

(757) 302-0023  
License: VA HCO 251663  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

25262 Lankford Hwy

Onley, VA 23418  
(757) 302-0023  
License: VA HCO 251663  
Handicap Accessible: Building, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Loving Angels Health Care LLC\*\***

(571) 581-0910  
NPI: 1679122915  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish, Chinese  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MALIJO\*\***

(571) 385-5737  
NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Maryam Home Health LLC\*\***

(240) 869-9325  
NPI: 1255020608  
License: VA HCO 263295  
Practice Focus: Home Visits  
Vietnamese, Spanish, Somali, Korean, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McKenzie Care Associates LLC\*\***

(757) 279-0594

NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MOORE HEARTS MOORE HANDS HOME HEALTHCARE\*\***

(757) 550-8080  
NPI: 1285450353  
License: VA HCO 0005618  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Murphys Absolute Home Care LLC\*\***

(757) 769-4380

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1548753833  
License: VA HCO252633  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-3:00 PM  
Tuesday: 8:00 AM-3:00 PM  
Wednesday: 8:00 AM-3:00 PM  
Thursday: 8:00 AM-3:00 PM  
Friday: 8:00 AM-3:00 PM

**Nani's Loving Touch HHC LLC\*\***  
(904) 729-7729  
NPI: 1538048798  
License: VA HCO 0006051  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**NEST HOME CARE LLC\*\***  
(571) 598-9450

NPI: 1104672278  
License: VA HCO 0005506  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**New Level Home Care, LLC\*\***  
(703) 447-2728  
NPI: 1235897786  
License: VA HCO 0003196  
Practice Focus: Home Visits  
Spanish, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Nurturing Hearts Haven LLC\*\***  
(804) 548-3732

NPI: 1265222889  
License: VA HCO 0005812  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**OMBI Home Care Services LLC\*\***  
(540) 206-2543  
NPI: 1740749845  
License: VA HCO 0002105  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**PROVIDING EASE HOME CARE SERVICES LLC\*\***  
(804) 590-5706  
NPI: 1750276325  
License: VA HCO 0005899  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

**Qualis Home Health Services LLC\*\***  
(703) 586-9740  
NPI: 1639685001  
License: VA HCO 251869  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**QUALITY 1ST LLC\*\***  
(757) 282-6478  
NPI: 1952888448  
License: VA HCO 0001996  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Quality Care Health Services\*\***  
(757) 532-6998

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1376085589  
License: VA HCO 0001646  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Rachels Retreat LLC\*\***  
(804) 868-5518  
NPI: 1457187288  
License: VA HCO 0005802  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Red Heart Help Services LLC\*\***  
(757) 724-2328  
NPI: 1619712387  
License: VA HCO 0005392  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Red Sea Homecare Agency\*\***  
(703) 863-9728  
NPI: 1225657760  
License: VA HCO 0002461  
Practice Focus: Home Visits  
Spanish, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Restoring Hope Home Health Group, LLC\*\***  
(757) 793-1564  
NPI: 1215732904  
License: VA HCO 0005710  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**ROSSYBRIGHT LLC\*\***  
(703) 647-3886

NPI: 1811358328  
License: VA HCO0001568  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
Saturday: 10:00 AM-6:00 PM

**SARANG HEALTHCARE MANAGEMENT\*\***  
(703) 349-7771  
License: VA HCO 0005649  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**SENSITIVE CARE HOME CARE SERVICES LLC\*\***  
(757) 354-6034  
NPI: 1144874975  
License: VA HCO 0002147  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

**SERENE HOME HEALTH SERVICES LLC\*\***  
(571) 250-6369  
NPI: 1831871417  
License: VA HCO 0005320  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**SERENE SOLUTIONS HEALTHCARE LLC\*\***  
(434) 443-0628  
NPI: 1992514012  
License: VA HCO 0005737  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**SERENITY HOME HEALTHCARE-STERLING LLC\*\***  
(703) 670-5826

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1477857100  
License: VA HCO 0000497  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Shades of Life Coaching Home Care Services LLC\*\*

(757) 431-3000  
NPI: 1790309540  
License: VA 3816 03 011  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## SHIELDING ARMS HOME HEALTH CARE LLC\*\*

(757) 937-8455  
NPI: 1356066468  
License: VA HCO 0005128  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

**Simplicity Healthcare\*\***  
(571) 541-7116  
NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## SOLUTIONS SENIOR CARE LLC\*\*

(757) 553-4145  
NPI: 1285405415  
License: VA HCO 0005351  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Stafford Home Healthcare\*\*

(540) 618-1528

NPI: 1558131318  
License: VA HCO0005185  
Practice Focus: Home Visits  
Spanish, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Stanley Personal Touch In-Home Care Services Inc\*\*

(757) 922-7040  
NPI: 1659854990  
License: VA HCO 0000772  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## Sunflowers Personal Care\*\*

(757) 462-9667

NPI: 1508692708  
License: VA HCO 0005428  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## Sunrise Horizon Home Healthcare LLC\*\*

(757) 297-9510  
NPI: 1174224141  
License: VA HCO 263343  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## Superb Home Care\*\*

(703) 559-7308

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1801591201  
License: VA HCO 0005226  
Practice Focus: Home Visits  
Spanish, Hindi, Gujarati  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Tailor-Made Health Solutions LLC\*\***

(703) 606-9895  
NPI: 1487422523  
License: VA HCO 0005190  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 8:00 AM-6:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Team Nurse Gretna\*\***

(434) 656-6000

NPI: 1255419164  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Team Nurse Rocky Mount\*\***

(434) 447-6777  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Team Nurse Wytheville\*\***

(276) 228-8002  
NPI: 1760736573  
License: VA HCO 250092  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Tender Love and Care LLC\*\***

(804) 396-4182  
NPI: 1508402306  
License: VA HCO 252250  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **TLC IN HOME HEALTHCARE LLC\*\***

(757) 556-5129  
NPI: 1215731724  
License: VA HCO 0005759  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **Trusted Nurse Homecare\*\***

(202) 403-9147

NPI: 1659241685  
License: VA HCO 0006115  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ultimate Comfort Care LLC\*\***

(540) 530-4838  
NPI: 1174310379  
License: VA HCO 0005764  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **United State Home Healthcare LLC\*\***

(202) 286-1657

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Long Term Services and Supports

NPI: 1104644913  
License: VA HCO 0005532  
Practice Focus: Home Visits  
Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## VACDS LLC\*\*

(757) 949-5666  
NPI: 1306629977  
License: VA HCO 263383  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:30 AM-5:00 PM  
Tuesday: 10:30 AM-5:00 PM  
Wednesday: 10:30 AM-5:00 PM  
Thursday: 10:30 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## VITA CARE OF VIRGINIA LLC\*\*

(703) 822-5267

NPI: 1851192538  
License: VA HCO 0005724  
Practice Focus: Home Visits  
Vietnamese, Tagalog, Spanish,  
Filipino (philipino), Korean  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Vital Light Home Health Care LLC\*\*

(703) 951-7660  
NPI: 1811721418  
License: VA HCO 0005645  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## With Loving Hands LLC\*\*

(757) 524-4831

NPI: 1568060200  
License: VA HCO 0002793  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## XCELLENCE HEALTH AND SUPPORT SERVICES INC\*\*

(757) 685-1913  
NPI: 1366290926  
License: VA HCO 0005768  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## YLS CARING HANDS LLC\*\*

(757) 904-5819  
NPI: 1376203877  
License: VA HCO 0002701  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Respite Care

### 1st Americare LLC\*\*

(732) 277-8100  
NPI: 1932720943  
License: VA HCO 0001868  
Practice Focus: Home Visits  
Urdu, Spanish, Punjab, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### A Friend In Need Home Care LLC\*\*

(757) 442-4500  
NPI: 1033672217  
License: VA HCO 0002206  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

### A SMILE FROM MY HEART HEALTH CARE INC\*\*

(757) 729-3890

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1053150714  
License: VA HCO 0005352  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A+ Home Care\*\***

(703) 402-1872  
Office Languages: Spanish  
NPI: 1649752445  
License: VA HCO 0001957  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Tigrinya, Spanish, Arabic,  
Amharic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **AAA Home Health Inc\*\***

(703) 719-1200

NPI: 1386131159  
License: VA HCO 0001899  
Practice Focus: Virtual Care -  
Audio/Visual  
Spanish, French, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Above and Beyond Home Care LLC\*\***

(804) 573-3613  
Office Languages: Spanish  
NPI: 1750035903  
License: VA HCO 0003056  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM  
Saturday: 9:00 AM-3:00 PM  
Sunday: 9:00 AM-3:00 PM

## **ABUNDANT HEARTS HOME HEALTHCARE LLC\*\***

(757) 981-4889

NPI: 1841024932  
License: VA HCO 0005639  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **Acadia Home Care LLC\*\***

(202) 766-2552  
NPI: 1891555033  
License: VA HCO 0005305  
Practice Focus: Home Visits  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **All Heart Community Care Services LLC\*\***

(240) 222-2723

NPI: 1518614403  
License: VA HCO 0002749  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **All Time Caring LLC\*\***

(703) 403-7100  
NPI: 1912754359  
License: VA HCO 0005372  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean,  
Chinese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **All Ways There Home Care\*\***

(757) 591-0020

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1851853493  
License: VA HCO 0003338  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1750957221  
License: VA HCO 252527  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM

NPI: 1619688108  
License: VA HCO 0003212  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Alliance Home Health Care LLC\*\***  
(703) 486-4074  
NPI: 1407436728  
License: VA HCO0002590  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

**Angels for Life Health Care LLC\*\***  
(804) 522-6640  
NPI: 1699388082  
License: VA HCO0002412  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:30 PM  
Tuesday: 9:00 AM-3:30 PM  
Wednesday: 9:00 AM-3:30 PM  
Thursday: 9:00 AM-3:30 PM  
Friday: 9:00 AM-3:30 PM

**Apex Homecare Services LLC\*\***  
(866) 760-4407  
NPI: 1275999518  
License: VA HCO 0002708  
Practice Focus: Home Visits  
Nepali, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Better Tomorrow Home Health Care LLC\*\***  
(757) 406-3595  
NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean, German, French  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

**Alternative Healing Home Care Services Company\*\***  
(434) 529-6196

**Apex Care LLC\*\***  
(202) 600-1233

**Azure Home Healthcare LLC\*\***  
(757) 612-4484

**Briggs Home Health Agency\*\***  
(757) 628-1011

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1790037554  
License: VA HCO 0000881  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## Care 4 U Healthcare Service LLC\*\*

(703) 794-7165  
NPI: 1033453410  
License: VA HCO 2500984  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Care Advantage\*\*

(434) 447-6777  
NPI: 1568547289  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage - Emporia\*\*

(434) 634-4830  
NPI: 1487859211  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage - Portsmouth\*\*

(757) 405-6320  
NPI: 1952794299  
License: VA HCO0001509  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage Inc\*\*

(804) 323-9464

NPI: 1386713303  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Care Advantage Plus LLC\*\*

(434) 973-2000  
NPI: 1215006242  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Care Advantage- Abingdon\*\*

(276) 258-5035

NPI: 1205221488  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care At Heart Homecare LLC\*\*

(703) 345-9561  
NPI: 1801632252  
License: VA HCO 0005527  
Practice Focus: Home Visits  
Spanish, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Care At Your Site LLC\*\*

(434) 799-5731

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Long Term Services and Supports

NPI: 1568200640  
License: VA HCO 0005497  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM

## Care With Dignity At Home LLC\*\*

(703) 705-7707  
NPI: 1023897865  
License: VA HCO263405  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Carepanion Group Home Health\*\*

(804) 997-6175  
NPI: 1023825551  
License: VA HCO 0005794  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Careplus Home Health Services LLC\*\*

(804) 847-1171  
License: VA HCO 0001028  
Practice Focus: Home Visits  
Vietnamese, Spanish, Somali, Korean, German  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CareTrust Home Care LLC\*\*

(571) 762-6833  
NPI: 1932708278  
License: VA HCO 252574  
Practice Focus: Home Visits, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Caring Touch Health Services LLC\*\*

(757) 442-4000

NPI: 1053773531  
License: VA HCO 0000756  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CARING4U HOME CARE LLC\*\*

(571) 436-5199  
NPI: 1134090830  
License: VA HCO0006065  
Practice Focus: Home Visits  
Twi, Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Carriage Hill Health and Rehab Center\*\*

(540) 785-1120

NPI: 1912153164  
License: VA NH 0002528  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## CBN Healthcare Services Inc\*\*

(571) 398-2600  
NPI: 1518208388  
License: VA HCO 0001026  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CM Health Solutions\*\*

(757) 239-4598

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Long Term Services and Supports

NPI: 1205546686  
License: VA HCO 0005009  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Complete Home Care Services Company\*\***

(434) 465-5709  
NPI: 1922697499  
License: VA HCO 0003337  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Nepali  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Connection Point Services, LLC\*\***

(757) 260-9520

NPI: 1871296657  
License: VA HCO0005391  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Continuum Pediatric Nursing Services\*\***

(703) 592-3983  
NPI: 1689638488  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **D&T HOME CARE BUSINESS LLC\*\***

(571) 331-0884

NPI: 1700370335  
License: VA HCO 0001876  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dalylah Angels Homecare LLC\*\***

(804) 997-6526  
NPI: 1740935535  
License: VA HCO 0003030  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 2:00 PM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 10:00 AM-2:00 PM

## **DIGNITY HOME CARE LLC\*\***

(571) 565-3192  
NPI: 1124596572  
License: VA HCO 251932  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **DIVINE HEART SCS LLC\*\***

(757) 748-0424

NPI: 1255932737  
License: VA HCO252596  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **DIVINE SENIOR HOME CARE LLC\*\***

(703) 677-0506  
NPI: 1841707213  
License: VA HCO 0001825  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Urdu, Panjabi, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dulles Health and Rehab Center\*\***

(703) 934-5000

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1538473418  
 License: VA NH 0002594  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 12:00 AM-11:45 PM  
 Tuesday: 12:00 AM-11:45 PM  
 Wednesday: 12:00 AM-11:45 PM  
 Thursday: 12:00 AM-11:45 PM  
 Friday: 12:00 AM-11:45 PM  
 Saturday: 12:00 AM-11:45 PM  
 Sunday: 12:00 AM-11:45 PM

## Eden Senior Care Services LLC\*\*

(703) 463-2537  
 NPI: 1053876805  
 License: VA ADC 1103790  
 Practice Focus: Home Visits  
 Korean  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:30 AM-1:30 PM  
 Tuesday: 7:30 AM-1:30 PM  
 Wednesday: 7:30 AM-1:30 PM  
 Thursday: 7:30 AM-1:30 PM  
 Friday: 7:30 AM-1:30 PM

## Elevating Home Health Care\*\*

(757) 904-1156

NPI: 1902498751  
 License: VA HCO 0002680  
 Practice Focus: Home Visits  
 Spanish  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:30 AM-3:30 PM  
 Tuesday: 7:30 AM-3:30 PM  
 Wednesday: 7:30 AM-3:30 PM  
 Thursday: 7:30 AM-3:30 PM  
 Friday: 7:30 AM-3:30 PM

## Empathy Home Healthcare LLC\*\*

(571) 689-1095  
 NPI: 1144053638  
 License: VA HCO 0005415  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Somali, French, Arabic, Amharic  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Everyblessing Healthcare\*\*

(240) 565-8977

NPI: 1194525899  
 License: VA HCO0005650  
 Practice Focus: Home Visits  
 Spanish, Somali, Farsi, Arabic  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Fairfax Home Health Care LLC\*\*

(703) 546-8555  
 NPI: 1063767523  
 License: VA HCO 0000911  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Faith Works Adult Day Support Center LLC\*\*

(804) 918-5928

NPI: 1225433253  
 License: VA ADC1103851  
 Practice Focus: Home Visits  
 Spanish  
 Age 21 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 7:30 AM-6:00 PM  
 Tuesday: 7:30 AM-6:00 PM  
 Wednesday: 7:30 AM-6:00 PM  
 Thursday: 7:30 AM-6:00 PM  
 Friday: 7:30 AM-6:00 PM  
 Saturday: 10:00 AM-4:00 PM

## Family First Home Care Inc\*\*

(757) 539-0716  
 NPI: 1265778799  
 License: VA HCO 0000910  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 10:00 AM-3:00 PM  
 Tuesday: 10:00 AM-3:00 PM  
 Wednesday: 10:00 AM-3:00 PM  
 Thursday: 10:00 AM-3:00 PM  
 Friday: 9:00 AM-5:00 PM

## Family Healthcare Solutions LLC\*\*

(757) 679-9792

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1720647480  
License: VA HCO252186  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Finney's At Home Care LLC\*\***  
(540) 786-1000  
NPI: 1053937011  
License: VA 0001305384  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**First Home Care\*\***  
(571) 549-6789

License: VA HCO 253329  
Practice Focus: Home Visits  
Vietnamese, Spanish, Mongolian, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Five Diamonds Home Health LLC\*\***  
(703) 208-7352  
NPI: 1326889437  
License: VA HCO 0005342  
Vietnamese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**FREEDOM HOME HEALTH CARE LLC\*\***  
(571) 609-4100

NPI: 1376317131  
License: VA HCO 0005237  
Practice Focus: Home Visits  
Bengali  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Gainesville Health and Rehab Center\*\***  
(571) 248-6100  
NPI: 1689608473  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Gateway Healthcare Services LLC\*\***  
(703) 462-8725

NPI: 1215462296  
License: VA HCO 251572  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Glorious Touch Home Health Care LLC\*\***  
(757) 998-0301  
NPI: 1710447354  
License: VA HCO 252139  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**GLORY DAYS HEALTHCARE LLC\*\***  
(540) 930-4081

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1538840467  
License: VA HCO 263346  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Glory To Glory Homecare Services LLC\*\*

(757) 994-4197  
NPI: 1457089245  
License: VA HCO 0005612  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Golden Lotus Home Health LLC\*\*

(571) 286-8440

NPI: 1205578671  
License: VA HCO 0003168  
Practice Focus: Home Visits  
Vietnamese, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Grace Home Healthcare LLC\*\*

(703) 865-7370  
NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

## Harmony Touch of Care LLC\*\*

(757) 582-2296

NPI: 1679133904  
License: VA HCO 0002115  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Healing Hands Homecare Services LLC\*\*

(571) 635-7767  
NPI: 1578079380  
License: VA HCO 0001603  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HEARTS OF UNITY\*\*

(757) 513-2021  
NPI: 1144030958  
License: VA HCO 0006003  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Highly Favored Home Care LLC\*\*

(757) 714-3031  
NPI: 1861180242  
License: VA HCO 0003284  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HLA Home Care LLC\*\*

(757) 673-3200  
NPI: 1154848729  
License: VA HCO 0001740  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## HOMEBRIDGE HEALTH CARE CO\*\*

(757) 392-3011

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1043961576  
License: VA HCO 0003173  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Homecare DMV Inc\*\*

(301) 339-3636  
NPI: 1730954413  
License: VA HCO 0005341  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hope Care & Love Home Healthcare LLC Services LLC\*\*

(757) 518-9900  
NPI: 1609005313  
License: VA HCO 0000613  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**In Good Hands Home  
Healthcare\*\***  
(804) 396-3706  
License: VA HCO 0002123  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Inspired Home Health  
LLC\*\***  
(757) 447-7627  
NPI: 1033714829  
License: VA HCO 0002455  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Interim Healthcare of  
Loudoun\*\***  
(571) 473-5070

NPI: 1558053959  
License: VA HCO 0005261  
Practice Focus: Home Visits  
Urdu, Punjab, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## JCs Care From Above LLC\*\*

(757) 917-5318  
NPI: 1316690761  
License: VA HCO0002551  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**JOY HOME HEALTH CARE  
LLC\*\***  
(703) 869-1671

NPI: 1073093563  
License: VA HCO 0001978  
Practice Focus: Home Visits  
Arabic  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Just Like Home Healthcare Inc\*\*

(910) 916-6244  
NPI: 1922340538  
License: VA HCO 0001105  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**KES Integrated Services  
INC\*\***  
(703) 935-9442

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lily Home Healthcare\*\***

(571) 461-9752  
NPI: 1205632635  
License: VA HCO 0005712  
Practice Focus: Home Visits  
Turkish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Living a Blessed Life Home Health LLC\*\***

(757) 327-1267  
NPI: 1669030920  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Love Thy Neighbor\*\***

(757) 302-0023  
License: VA HCO 251663  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

25262 Lankford Hwy

Onley, VA 23418  
(757) 302-0023  
License: VA HCO 251663  
Handicap Accessible: Building, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Loving Angels Health Care LLC\*\***

(571) 581-0910  
NPI: 1679122915  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish, Chinese  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MALIJO\*\***

(571) 385-5737  
NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McKenzie Care Associates LLC\*\***

(757) 279-0594  
NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MOORE HEARTS MOORE HANDS HOME HEALTHCARE\*\***

(757) 550-8080

NPI: 1285450353  
License: VA HCO 0005618  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Murphys Absolute Home Care LLC\*\***

(757) 769-4380  
NPI: 1548753833  
License: VA HCO252633  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-3:00 PM  
Tuesday: 8:00 AM-3:00 PM  
Wednesday: 8:00 AM-3:00 PM  
Thursday: 8:00 AM-3:00 PM  
Friday: 8:00 AM-3:00 PM

## **Nani's Loving Touch HHC LLC\*\***

(904) 729-7729

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1538048798  
License: VA HCO 0006051  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NEST HOME CARE LLC\*\***

(571) 598-9450  
NPI: 1104672278  
License: VA HCO 0005506  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **New Level Home Care, LLC\*\***

(703) 447-2728

NPI: 1235897786  
License: VA HCO 0003196  
Practice Focus: Home Visits  
Spanish, French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Nurturing Hearts Haven LLC\*\***

(804) 548-3732  
NPI: 1265222889  
License: VA HCO 0005812  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **OMBI Home Care Services LLC\*\***

(540) 206-2543

NPI: 1740749845  
License: VA HCO 0002105  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Qualis Home Health Services LLC\*\***

(703) 586-9740  
NPI: 1639685001  
License: VA HCO 251869  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **QUALITY 1ST LLC\*\***

(757) 282-6478  
NPI: 1952888448  
License: VA HCO 0001996  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quality Care Health Services\*\***

(757) 532-6998  
NPI: 1376085589  
License: VA HCO 0001646  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Red Heart Help Services LLC\*\***

(757) 724-2328  
NPI: 1619712387  
License: VA HCO 0005392  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Red Sea Homecare Agency\*\***

(703) 863-9728

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1225657760  
License: VA HCO 0002461  
Practice Focus: Home Visits  
Spanish, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Restoring Hope Home  
Health Group, LLC\*\***  
(757) 793-1564  
NPI: 1215732904  
License: VA HCO 0005710  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**River View on the  
Appomattox Health and  
Rehab Center\*\***  
(804) 541-1445

NPI: 1740241181  
License: VA NH 0002759  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**ROSSYBRIGHT LLC\*\***  
(703) 647-3886  
NPI: 1811358328  
License: VA HCO0001568  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
Saturday: 10:00 AM-6:00 PM

**SARANG HEALTHCARE  
MANAGEMENT\*\***  
(703) 349-7771

License: VA HCO 0005649  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**SENSITIVE CARE HOME  
CARE SERVICES LLC\*\***  
(757) 354-6034  
NPI: 1144874975

License: VA HCO 0002147  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

**SERENE SOLUTIONS  
HEALTHCARE LLC\*\***  
(434) 443-0628  
NPI: 1992514012

License: VA HCO 0005737  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Shades of Life Coaching  
Home Care Services LLC\*\***  
(757) 431-3000  
NPI: 1790309540  
License: VA 3816 03 011  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**SHIELDING ARMS HOME  
HEALTH CARE LLC\*\***  
(757) 937-8455  
NPI: 1356066468  
License: VA HCO 0005128  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

**Simplicity Healthcare\*\***  
(571) 541-7116

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## **SOLUTIONS SENIOR CARE LLC\*\***

(757) 553-4145  
NPI: 1285405415  
License: VA HCO 0005351  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

**Stafford Home Healthcare\*\***  
(540) 618-1528

NPI: 1558131318  
License: VA HCO0005185  
Practice Focus: Home Visits  
Spanish, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Stanley Personal Touch In-Home Care Services Inc\*\***

(757) 922-7040  
NPI: 1659854990  
License: VA HCO 0000772  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sunflowers Personal Care\*\***

(757) 462-9667

NPI: 1508692708  
License: VA HCO 0005428  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **Sunrise Horizon Home Healthcare LLC\*\***

(757) 297-9510  
NPI: 1174224141  
License: VA HCO 263343  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## **Superb Home Care\*\***

(703) 559-7308

NPI: 1801591201  
License: VA HCO 0005226  
Practice Focus: Home Visits  
Spanish, Hindi, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Tailor-Made Health Solutions LLC\*\***

(703) 606-9895  
NPI: 1487422523  
License: VA HCO 0005190  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 8:00 AM-6:00 PM  
Sunday: 9:00 AM-5:00 PM

**Team Nurse Gretna\*\***  
(434) 656-6000

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1255419164  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Team Nurse Rocky Mount\*\*

(434) 447-6777  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Team NurseWytheville\*\*

(276) 228-8002  
NPI: 1760736573  
License: VA HCO 250092  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Tender Love and Care LLC\*\*

(804) 396-4182  
NPI: 1508402306  
License: VA HCO 252250  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## TLC IN HOME HEALTHCARE LLC\*\*

(757) 556-5129  
NPI: 1215731724  
License: VA HCO 0005759  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## Trusted Nurse Homecare\*\*

(202) 403-9147

NPI: 1659241685  
License: VA HCO 0006115  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## United State Home Healthcare LLC\*\*

(202) 286-1657  
NPI: 1104644913  
License: VA HCO 0005532  
Practice Focus: Home Visits  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## VITA CARE OF VIRGINIA LLC\*\*

(703) 822-5267

NPI: 1851192538  
License: VA HCO 0005724  
Practice Focus: Home Visits  
Vietnamese, Tagalog, Spanish, Filipino (philipino), Korean  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Vital Light Home Health Care LLC\*\*

(703) 951-7660  
NPI: 1811721418  
License: VA HCO 0005645  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## With Loving Hands LLC\*\*

(757) 524-4831

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1568060200  
License: VA HCO 0002793  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **XCELLENCE HEALTH AND SUPPORT SERVICES INC\*\***

(757) 685-1913  
NPI: 1366290926  
License: VA HCO 0005768  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **YLS CARING HANDS LLC\*\***

(757) 904-5819  
NPI: 1376203877  
License: VA HCO 0002701  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **NORTHAMPTON COUNTY**

### **Adult Day Care Clinic/Center**

#### **Care Advantage Inc\*\***

(804) 323-9464  
NPI: 1386713303  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

#### **FHCT Richmond\*\***

(571) 251-1095  
NPI: 1376344101  
License: VA HCO 0005919  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Nepali, Korean, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

#### **Case Manager/Care Coordinator**

**Abundant Living Home Care Services LLC\*\***  
(276) 403-2653

NPI: 1609530328  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### **ACCESS SERVICE FACILITATION LLC\*\***

(540) 455-5465  
NPI: 1255227575  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

#### **All Ways There Home Care\*\***

(757) 591-0020  
NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

#### **Anee's Care\*\***

(817) 729-0428  
NPI: 1851004063  
Practice Focus: Home Visits  
Urdu, Hindi, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

#### **Apex Homecare Services LLC\*\***

(866) 760-4407  
NPI: 1275999518  
License: VA HCO 0002708  
Practice Focus: Home Visits  
Nepali, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### **ASCENSION COMMUNITY SERVICES\*\***

(804) 479-9868

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1497381198  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Atenea Home Health Care\*\*

(757) 279-0987  
NPI: 1518639145  
License: VA HCO252558  
Practice Focus: Home Visits  
Spanish, Portuguese, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Behavioral Health Navigators Center Inc\*\*

(877) 532-5571  
NPI: 1205268893  
Practice Focus: Home Visits  
Spanish, Sign Language  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Briggs Home Health Agency\*\***  
(757) 628-1011  
NPI: 1790037554  
License: VA HCO 0000881  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

**Care Advantage - Portsmouth\*\***  
(757) 405-6320  
NPI: 1952794299  
License: VA HCO0001509  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Century Care Solutions\*\***  
(804) 586-5778

NPI: 1497504880  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Connect 2 Care Home Health LLC\*\***  
(540) 786-1000  
NPI: 1013711431  
License: VA HCO00058990  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Direct Community Services LLC\*\***  
(701) 500-7567

NPI: 1518676394  
License: VA HCO 0005317  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**DIVINE HEART SCS LLC\*\***  
(757) 748-0424  
NPI: 1255932737  
License: VA HCO252596  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**DIVON DESTINY LLC\*\***  
(703) 965-0739

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1972496420  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Eastern Shore Ctr For Independent Living\*\***

(757) 414-0100  
NPI: 1962874057  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## **Edwards Provision Support Services LLC\*\***

(757) 286-4212  
NPI: 1639884984  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Fairfax Home Health Care LLC\*\***

(703) 546-8555  
NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family Forward Services LLC\*\***

(757) 484-7501  
NPI: 1558847459  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-5:00 PM  
Tuesday: 9:30 AM-5:00 PM  
Wednesday: 9:30 AM-5:00 PM  
Thursday: 9:30 AM-5:00 PM  
Friday: 9:30 AM-5:00 PM

## **Family Healthcare Solutions LLC\*\***

(757) 679-9792

NPI: 1720647480  
License: VA HCO252186  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gerald Compassion LLC\*\***

(806) 663-0695  
NPI: 1003401423  
Practice Focus: Home Visits  
Spanish, German  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **HEALTHY HEARTS HOME HEALTHCARE LLC\*\***

(804) 479-3709

NPI: 1184159584  
License: VA HCO 251794  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Hope Care & Love Home Healthcare LLC Services LLC\*\***

(757) 518-9900  
NPI: 1609005313  
License: VA HCO 0000613  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Infinite Dimension Care Solutions LLC\*\***

(804) 481-3468

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1881573392  
License: VA 0001214985  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **INTEGRITY HEALTHCARE SOLUTIONS LLC\*\***

(757) 809-2656  
NPI: 1588390918  
Practice Focus: Home Visits  
Spanish  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **KARRIS FACILITATION\*\***

(434) 209-3533

NPI: 1629826201  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **KES Integrated Services INC\*\***

(703) 935-9442  
NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Learning Me LLC\*\***

(757) 951-6653  
NPI: 1235953530  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lily Home Healthcare\*\***

(571) 461-9752

NPI: 1205632635  
License: VA HCO 0005712  
Practice Focus: Home Visits  
Turkish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Living a Blessed Life Home Health LLC\*\***

(757) 327-1267  
NPI: 1669030920  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Love Over Crisis LLC\*\***

(470) 228-1773  
NPI: 1386013282  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MALIJO\*\***

(571) 385-5737  
NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McKenzie Care Associates LLC\*\***

(757) 279-0594  
NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ROSSYBRIGHT LLC\*\***

(703) 647-3886

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1811358328  
License: VA HCO0001568  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
Saturday: 10:00 AM-6:00 PM

## SERENE HELPING HANDS LLC\*\*

(804) 980-4126  
NPI: 1558240952  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## SOFTZ TOUCH HOME HEALTH CARE LLC\*\*

(703) 459-7562

NPI: 1063761021  
License: VA HCO 0001140  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Tebah Healthcare LLC\*\*

(703) 454-6413  
NPI: 1568152973  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tender Love and Care LLC\*\*

(804) 396-4182

NPI: 1508402306  
License: VA HCO 252250  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## The Arkk Group LLC\*\*

(757) 397-1345  
NPI: 1073809125  
License: VA 1276 02 008  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:00 PM  
Tuesday: 8:30 AM-4:00 PM  
Wednesday: 8:30 AM-4:00 PM  
Thursday: 8:30 AM-4:00 PM  
Friday: 8:30 AM-4:00 PM

## The Community Resource Link\*\*

(434) 203-9097  
NPI: 1053071639  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Toddlers to Grandparents\*\*

(804) 302-5161  
NPI: 1598131674  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Vital Core Services LLC\*\*

(404) 444-3334  
NPI: 1639040389  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Vivify Consultant Services\*\*

(804) 599-6709  
NPI: 1033787585  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Ward Transitional Services Inc\*\*

(540) 492-2964  
NPI: 1942743810  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM

## YLS CARING HANDS LLC\*\*

(757) 904-5819  
NPI: 1376203877  
License: VA HCO 0002701  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Emergency Response System Companies

### Better Tomorrow Home

### Health Care LLC\*\*

(757) 406-3595

NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean, German, French  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

## KES Integrated Services INC\*\*

(703) 935-9442  
NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Life Protect 247\*\*

(573) 205-3834

NPI: 1376324863  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## Lifeguard Personal Emergency Response Systems LLC\*\*

(276) 744-0166  
NPI: 1265526883  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## LifeStation Inc\*\*

(800) 446-3300  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Link to Life\*\*

(888) 557-4462  
NPI: 1174681324  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Medguard Alert Inc\*\*

(800) 716-1433  
Spanish, Portuguese, Italian  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 9:00 AM-1:00 PM

## MedScope America LLC\*\*

(800) 645-2060

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

Practice Focus: Home Visits,  
Cultural Competency Trained  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **QMedic\*\***

(877) 241-2244  
NPI: 1215358361  
Practice Focus: Home Visits  
Spanish, Chinese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Response Alert LLC\*\***

(410) 318-8863  
NPI: 1568989440  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:30 PM

## **Sunflowers Personal Care\*\***

(757) 462-9667

NPI: 1508692708  
License: VA HCO 0005428  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **Personal Care Attendant**

### **1 NEW LIFE HOME HEALTHCARE LLC\*\***

(804) 475-4880  
NPI: 1821664699  
License: VA HCO 0002722  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **1st Americare LLC\*\***

(732) 277-8100

NPI: 1932720943  
License: VA HCO 0001868  
Practice Focus: Home Visits  
Urdu, Spanish, Punjab, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **1st Home Care of VA Inc\*\***

(757) 937-5991  
NPI: 1104537042  
License: VA HCO 253164  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

### **A Friend In Need Home Care LLC\*\***

(757) 442-4500

NPI: 1033672217  
License: VA HCO 0002206  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

### **A SMILE FROM MY HEART HEALTH CARE INC\*\***

(757) 729-3890  
NPI: 1053150714  
License: VA HCO 0005352  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **A+ Home Care\*\***

(703) 402-1872

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Long Term Services and Supports

Office Languages: Spanish  
NPI: 1649752445  
License: VA HCO 0001957  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Tigrinya, Spanish, Arabic,  
Amharic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **AAA Home Health Inc\*\***

(703) 719-1200  
NPI: 1386131159  
License: VA HCO 0001899  
Practice Focus: Virtual Care -  
Audio/Visual  
Spanish, French, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Above and Beyond Home Care LLC\*\***

(804) 573-3613

Office Languages: Spanish  
NPI: 1750035903  
License: VA HCO 0003056  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM  
Saturday: 9:00 AM-3:00 PM  
Sunday: 9:00 AM-3:00 PM

## **ABUNDANT HEARTS HOME HEALTHCARE LLC\*\***

(757) 981-4889  
NPI: 1841024932  
License: VA HCO 0005639  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **Acadia Home Care LLC\*\***

(202) 766-2552

NPI: 1891555033  
License: VA HCO 0005305  
Practice Focus: Home Visits  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **ADKAR HOME HEALTHCARE\*\***

(703) 531-7019  
NPI: 1457121337  
License: VA HCO 0003249  
Practice Focus: Home Visits  
Somali  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **All Heart Community Care Services LLC\*\***

(240) 222-2723

NPI: 1518614403  
License: VA HCO 0002749  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **ALL SECURED HOME HEALTH SERVICES LLC\*\***

(571) 395-4302  
License: VA HCO 0001917  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **All Time Caring LLC\*\***

(703) 403-7100

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1912754359  
License: VA HCO 0005372  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## All Ways There Home Care\*\*

(757) 591-0020  
NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## Alliance Home Health Care LLC\*\*

(703) 486-4074

NPI: 1407436728  
License: VA HCO0002590  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

## Alpha and Omega Home Care LLC\*\*

(757) 725-0919  
NPI: 1114649381  
License: VA HCO 0003143  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## ANCIENT HEALING HEALTHCARE SERVICES LLC\*\*

(703) 645-0000

NPI: 1356854608  
License: VA HCO 0005104  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Angels for Life Health Care LLC\*\*

(804) 522-6640  
NPI: 1699388082  
License: VA HCO0002412  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:30 PM  
Tuesday: 9:00 AM-3:30 PM  
Wednesday: 9:00 AM-3:30 PM  
Thursday: 9:00 AM-3:30 PM  
Friday: 9:00 AM-3:30 PM

## Apex Care LLC\*\*

(202) 600-1233

NPI: 1750957221  
License: VA HCO 252527  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM

## Apex Homecare Services LLC\*\*

(866) 760-4407  
NPI: 1275999518  
License: VA HCO 0002708  
Practice Focus: Home Visits  
Nepali, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## AT HOME\*\*

(804) 964-0092

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1174118251  
 Practice Focus: Home Visits  
 Age 21 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-6:00 PM  
 Tuesday: 8:30 AM-6:00 PM  
 Wednesday: 8:30 AM-6:00 PM  
 Thursday: 8:30 AM-6:00 PM  
 Friday: 8:30 AM-6:00 PM  
 Saturday: 8:30 AM-6:00 PM  
 Sunday: 8:30 AM-6:00 PM

## At Home Health Care LLC\*\*

(571) 206-8464  
 License: VA HCO 0002442  
 Practice Focus: Home Visits  
 Swahili, Spanish, French  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Atenea Home Health Care\*\*

(757) 279-0987

NPI: 1518639145  
 License: VA HCO252558  
 Practice Focus: Home Visits  
 Spanish, Portuguese, Korean  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:30 AM-4:30 PM  
 Tuesday: 8:30 AM-4:30 PM  
 Wednesday: 8:30 AM-4:30 PM  
 Thursday: 8:30 AM-4:30 PM  
 Friday: 8:30 AM-4:30 PM

## Attentive Health Care Connections LLC\*\*

(757) 447-2668  
 NPI: 1922811660  
 License: VA HCO 0005679  
 Practice Focus: Virtual Care - Audio/Visual, Home Visits  
 Age 6 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-4:00 PM  
 Tuesday: 9:00 AM-4:00 PM  
 Wednesday: 9:00 AM-4:00 PM  
 Thursday: 9:00 AM-4:00 PM  
 Friday: 9:00 AM-4:00 PM

## Azure Home Healthcare LLC\*\*

(757) 612-4484

NPI: 1619688108  
 License: VA HCO 0003212  
 Practice Focus: Home Visits  
 Age 21 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Better Tomorrow Home Health Care LLC\*\*

(757) 406-3595  
 NPI: 1235600339  
 License: VA HCO 0002002  
 Practice Focus: Home Visits  
 Vietnamese, Spanish, Korean, German, French  
 Age 65 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM  
 Saturday: 9:00 AM-2:00 PM  
 Sunday: 9:00 AM-2:00 PM

## Briggs Home Health Agency\*\*

(757) 628-1011

NPI: 1790037554  
 License: VA HCO 0000881  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 10:00 AM-4:00 PM  
 Tuesday: 10:00 AM-4:00 PM  
 Wednesday: 10:00 AM-4:00 PM  
 Thursday: 10:00 AM-4:00 PM  
 Friday: 9:00 AM-5:00 PM

## Care 4 U Healthcare Service LLC\*\*

(703) 794-7165  
 NPI: 1033453410  
 License: VA HCO 2500984  
 Practice Focus: Home Visits  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 9:00 AM-5:00 PM  
 Tuesday: 9:00 AM-5:00 PM  
 Wednesday: 9:00 AM-5:00 PM  
 Thursday: 9:00 AM-5:00 PM  
 Friday: 9:00 AM-5:00 PM

## Care Advantage\*\*

(434) 447-6777  
 NPI: 1568547289  
 License: VA HCO 250092  
 Practice Focus: Home Visits  
 Age 21 and up  
 Handicap Accessible: Building, Parking, Restroom  
 Public Transport: Bus, Subway, Regional Train  
 Office Hours:  
 Monday: 8:00 AM-5:00 PM  
 Tuesday: 8:00 AM-5:00 PM  
 Wednesday: 8:00 AM-5:00 PM  
 Thursday: 8:00 AM-5:00 PM  
 Friday: 8:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Care Advantage - Emporia\*\*

(434) 634-4830  
NPI: 1487859211  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage - Portsmouth\*\*

(757) 405-6320  
NPI: 1952794299  
License: VA HCO0001509  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage Inc\*\*

(804) 323-9464

NPI: 1386713303  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Care Advantage Plus LLC\*\*

(434) 973-2000  
NPI: 1215006242  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Care Advantage- Abingdon\*\*

(276) 258-5035

NPI: 1205221488  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care At Heart Homecare LLC\*\*

(703) 345-9561  
NPI: 1801632252  
License: VA HCO 0005527  
Practice Focus: Home Visits  
Spanish, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Care At Your Site LLC\*\*

(434) 799-5731

NPI: 1568200640  
License: VA HCO 0005497  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM

## Care With Dignity At Home LLC\*\*

(703) 705-7707  
NPI: 1023897865  
License: VA HCO263405  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Carepanion Group Home Health\*\*

(804) 997-6175  
NPI: 1023825551  
License: VA HCO 0005794  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

## CareTrust Home Care LLC\*\*

(571) 762-6833  
NPI: 1932708278  
License: VA HCO 252574  
Practice Focus: Home Visits, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Caring Companion Home Care\*\*

(703) 743-4345  
NPI: 1093415051  
License: VA HCO 0005949  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Caring Touch Health Services LLC\*\*

(757) 442-4000

NPI: 1053773531  
License: VA HCO 0000756  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CARING4U HOME CARE LLC\*\*

(571) 436-5199  
NPI: 1134090830  
License: VA HCO0006065  
Practice Focus: Home Visits  
Twi, Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CBN Healthcare Services Inc\*\*

(571) 398-2600

NPI: 1518208388  
License: VA HCO 0001026  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CCPS Health LLC\*\*

(703) 587-4343  
NPI: 1144991696  
License: VA HCO 0005179  
Practice Focus: Home Visits  
Spanish  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CM Health Solutions\*\*

(757) 239-4598

NPI: 1205546686  
License: VA HCO 0005009  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Connect 2 Care Home Health LLC\*\*

(540) 786-1000  
NPI: 1013711431  
License: VA HCO00058990  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Connection Point Services, LLC\*\*

(757) 260-9520

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1871296657  
License: VA HCO0005391  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**D&T HOME CARE BUSINESS LLC\*\***  
(571) 331-0884  
NPI: 1700370335  
License: VA HCO 0001876  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Delmarva United Homecare\*\***  
(267) 237-7559

NPI: 1023613437  
License: VA HCO 0005188  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**DIGNITY HOME CARE LLC\*\***  
(571) 565-3192  
NPI: 1124596572  
License: VA HCO 251932  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Direct Community Services LLC\*\***  
(701) 500-7567

NPI: 1518676394  
License: VA HCO 0005317  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**DIVINE HEART SCS LLC\*\***  
(757) 748-0424  
NPI: 1255932737  
License: VA HCO252596  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**DIVINE SENIOR HOME CARE LLC\*\***  
(703) 677-0506

NPI: 1841707213  
License: VA HCO 0001825  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Urdu, Panjabi, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Eden Senior Care Services LLC\*\***  
(703) 463-2537  
NPI: 1053876805  
License: VA ADC 1103790  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-1:30 PM  
Tuesday: 7:30 AM-1:30 PM  
Wednesday: 7:30 AM-1:30 PM  
Thursday: 7:30 AM-1:30 PM  
Friday: 7:30 AM-1:30 PM

**Empathy Home Healthcare LLC\*\***  
(571) 689-1095

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1144053638  
License: VA HCO 0005415  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Somali, French, Arabic, Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Eveready Home Care\*\***  
(757) 600-4223  
NPI: 1205246022  
License: VA HCO 0000719  
Practice Focus: Home Visits  
Spanish, Farsi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Eveready Home Care LLC\*\***  
(703) 496-4300

NPI: 1477867414  
License: VA HCO 0003075  
Practice Focus: Home Visits  
Spanish, Farsi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Fairfax Home Health Care LLC\*\***  
(703) 546-8555  
NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Family Centered Resources Inc\*\***  
(757) 806-6880

License: VA HCO 0000800  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

**Family Centered Resources Inc Newport\*\***  
(757) 806-6880  
NPI: 1922485275  
License: VA HCO0000800  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

**Family Healthcare Solutions LLC\*\***  
(757) 679-9792

NPI: 1720647480  
License: VA HCO252186  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**First Home Care\*\***  
(804) 799-1004  
License: VA HCO253329  
Practice Focus: Home Visits  
Vietnamese, Spanish, Mongolian, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Five Diamonds Home Health LLC\*\***  
(703) 208-7352

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1326889437  
License: VA HCO 0005342  
Vietnamese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **FOREVER SENIOR CARE\*\***

(703) 662-2255  
NPI: 1134944614  
License: VA HCO 0005725  
Practice Focus: Home Visits  
Spanish  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:30 PM  
Tuesday: 9:00 AM-5:30 PM  
Wednesday: 9:00 AM-5:30 PM  
Thursday: 9:00 AM-5:30 PM  
Friday: 9:00 AM-5:30 PM

**FREEDOM HOME HEALTH  
CARE LLC\*\***  
(571) 609-4100

NPI: 1376317131  
License: VA HCO 0005237  
Practice Focus: Home Visits  
Bengali  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gateway Healthcare Services LLC\*\***

(703) 462-8725  
NPI: 1215462296  
License: VA HCO 251572  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Glamour Homecare\*\***  
(571) 662-1064

NPI: 1881204352  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-3:00 PM

## **Glorious Touch Home Health Care LLC\*\***

(757) 998-0301  
NPI: 1710447354  
License: VA HCO 252139  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**Glory To Glory Homecare  
Services LLC\*\***  
(757) 994-4197

NPI: 1457089245  
License: VA HCO 0005612  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Golden Lotus Home Health LLC\*\***

(571) 286-8440  
NPI: 1205578671  
License: VA HCO 0003168  
Practice Focus: Home Visits  
Vietnamese, Chinese  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Grace Home Healthcare  
LLC\*\***  
(703) 865-7370

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

## **Growth Home Health Care LLC\*\***

(757) 774-8941  
NPI: 1306345806  
License: VA HCO 0001913  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## **HB Homecare Solutions\*\***

(757) 327-9699  
NPI: 1912894809  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-6:00 PM  
Tuesday: 9:30 AM-6:00 PM  
Wednesday: 9:30 AM-6:00 PM  
Thursday: 9:30 AM-6:00 PM  
Friday: 9:30 AM-6:00 PM

## **Healing Hands Homecare Services LLC\*\***

(571) 635-7767  
NPI: 1578079380  
License: VA HCO 0001603  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **HEALTHY HEARTS HOME HEALTHCARE LLC\*\***

(804) 479-3709  
NPI: 1184159584  
License: VA HCO 251794  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **HEARTS OF UNITY\*\***

(757) 513-2021

NPI: 1144030958  
License: VA HCO 0006003  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Heavenly Home Health Care\*\***

(757) 809-5170  
NPI: 1801151576  
License: VA HCO 0000981  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Highly Favored Home Care LLC\*\***

(757) 714-3031  
NPI: 1861180242  
License: VA HCO 0003284  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **HLA Home Care LLC\*\***

(757) 673-3200  
NPI: 1154848729  
License: VA HCO 0001740  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **HOMEBRIDGE HEALTH CARE CO\*\***

(757) 392-3011  
NPI: 1043961576  
License: VA HCO 0003173  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Homecare DMV Inc\*\***

(301) 339-3636

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1730954413  
License: VA HCO 0005341  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Home-HealthMed Services, LLC\*\*

(703) 637-9551  
NPI: 1891586731  
License: VA HCO 0005818  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Hope Care & Love Home Healthcare LLC\*\*

(757) 518-9900

NPI: 1609005313  
License: VA HCO 0000613  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## HYUNS HOMECARE SERVICES\*\*

(703) 507-2492  
NPI: 1922822188  
License: VA HCO 0005597  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## In Good Hands Home Healthcare\*\*

(804) 396-3706  
License: VA HCO 0002123  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Interim Healthcare of Loudoun\*\*

(571) 473-5070  
NPI: 1558053959  
License: VA HCO 0005261  
Practice Focus: Home Visits  
Urdu, Punjab, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## JOY HOME HEALTH CARE LLC\*\*

(703) 869-1671  
NPI: 1073093563  
License: VA HCO 0001978  
Practice Focus: Home Visits  
Arabic  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## KES Integrated Services INC\*\*

(703) 935-9442

NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Kinder Loving Care LLC\*\*

(757) 760-4360  
NPI: 1013893130  
License: VA HCO 0006109  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:30 AM-4:00 PM  
Friday: 10:00 AM-2:00 PM

## Lee Haven Healthcare\*\*

(757) 748-8770  
NPI: 1891339412  
License: VA HCO 0002259  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

## Lily Home Healthcare\*\*

(571) 461-9752  
NPI: 1205632635  
License: VA HCO 0005712  
Practice Focus: Home Visits  
Turkish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Living a Blessed Life Home Health LLC\*\*

(757) 327-1267  
NPI: 1669030920  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Love Thy Neighbor\*\*

(757) 302-0023  
License: VA HCO 251663  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Loving Angels Health Care LLC\*\*

(571) 581-0910  
NPI: 1679122915  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish, Chinese  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Major Health Care LLC\*\*

(703) 988-4161  
NPI: 1801578554  
License: VA HCO 0005147  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MALIJO\*\*

(571) 385-5737

NPI: 1588001150

Practice Focus: Home Visits  
Twi, Spanish, Other, German, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Maryam Home Health LLC\*\*

(240) 869-9325  
NPI: 1255020608  
License: VA HCO 263295  
Practice Focus: Home Visits  
Vietnamese, Spanish, Somali, Korean, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## McKenzie Care Associates LLC\*\*

(757) 279-0594

NPI: 1982447710

License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MOORE HEARTS MOORE HANDS HOME HEALTHCARE\*\*

(757) 550-8080  
NPI: 1285450353  
License: VA HCO 0005618  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Murphys Absolute Home Care LLC\*\*

(757) 769-4380

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1548753833  
License: VA HCO252633  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-3:00 PM  
Tuesday: 8:00 AM-3:00 PM  
Wednesday: 8:00 AM-3:00 PM  
Thursday: 8:00 AM-3:00 PM  
Friday: 8:00 AM-3:00 PM

## **NAMS HOME HEALTHCARE\*\***

(703) 965-9526  
NPI: 1205369998  
License: VA HCO 0001669  
Practice Focus: Home Visits  
Korean  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nani's Loving Touch HHC LLC\*\***

(904) 729-7729

NPI: 1538048798  
License: VA HCO 0006051  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NEST HOME CARE LLC\*\***

(571) 598-9450  
NPI: 1104672278  
License: VA HCO 0005506  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nurturing Hearts Haven LLC\*\***

(804) 548-3732  
NPI: 1265222889  
License: VA HCO 0005812  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **OMBI Home Care Services LLC\*\***

(540) 206-2543  
NPI: 1740749845  
License: VA HCO 0002105  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **PRIMECARE HOME HEALTH CARE SERVICES LLC\*\***

(757) 977-2588  
NPI: 1831866268  
License: VA HCO 0002692  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **PROVIDING EASE HOME CARE SERVICES LLC\*\***

(804) 590-5706

NPI: 1750276325  
License: VA HCO 0005899  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-4:30 PM  
Wednesday: 8:00 AM-4:30 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-4:30 PM

## **Qualis Home Health Services LLC\*\***

(703) 586-9740  
NPI: 1639685001  
License: VA HCO 251869  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **QUALITY 1ST LLC\*\***

(757) 282-6478

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1952888448  
License: VA HCO 0001996  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Quality Care Health Services\*\*

(757) 532-6998  
NPI: 1376085589  
License: VA HCO 0001646  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Rachels Retreat LLC\*\*

(804) 868-5518  
NPI: 1457187288  
License: VA HCO 0005802  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Red Heart Help Services LLC\*\***  
(757) 724-2328  
NPI: 1619712387  
License: VA HCO 0005392  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Red Sea Homecare Agency\*\*

(703) 863-9728  
NPI: 1225657760  
License: VA HCO 0002461  
Practice Focus: Home Visits  
Spanish, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Restoring Hope Home Health Group, LLC\*\*

(757) 793-1564

NPI: 1215732904  
License: VA HCO 0005710  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## ROSSYBRIGHT LLC\*\*

(703) 647-3886  
NPI: 1811358328  
License: VA HCO0001568  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
Saturday: 10:00 AM-6:00 PM

## Safehaven Regional LLC\*\*

(757) 524-6995  
NPI: 1780226332  
License: VA HCO 0002155  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:30 AM-5:30 PM  
Tuesday: 10:30 AM-5:30 PM  
Wednesday: 10:30 AM-5:30 PM  
Thursday: 10:30 AM-5:30 PM  
Friday: 9:00 AM-3:00 PM

**Sahara Sewa LLC\*\***  
(571) 445-4840  
NPI: 1164232112  
License: VA HCO 0005658  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SARANG HEALTHCARE MANAGEMENT\*\*

(703) 349-7771  
License: VA HCO 0005649  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SENSITIVE CARE HOME CARE SERVICES LLC\*\*

(757) 354-6034

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1144874975  
License: VA HCO 0002147  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## **SERENE HOME HEALTH SERVICES LLC\*\***

(571) 250-6369  
NPI: 1831871417  
License: VA HCO 0005320  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SERENE SOLUTIONS HEALTHCARE LLC\*\***

(434) 443-0628  
NPI: 1992514012  
License: VA HCO 0005737  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **SERENITY HOME HEALTHCARE-STERLING LLC\*\***

(703) 670-5826  
NPI: 1477857100  
License: VA HCO 0000497  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Shades of Life Coaching Home Care Services LLC\*\***

(757) 431-3000  
NPI: 1790309540  
License: VA 3816 03 011  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **Simplicity Healthcare\*\***

(571) 541-7116

NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## **SOFTZ TOUCH HOME HEALTH CARE LLC\*\***

(703) 459-7562  
NPI: 1063761021  
License: VA HCO 0001140  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **SOLUTIONS SENIOR CARE LLC\*\***

(757) 553-4145

NPI: 1285405415  
License: VA HCO 0005351  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **Sunflowers Personal Care\*\***

(757) 462-9667  
NPI: 1508692708  
License: VA HCO 0005428  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **Sunrise Horizon Home Healthcare LLC\*\***

(757) 297-9510

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1174224141  
License: VA HCO 263343  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## **Superb Home Care\*\*** (703) 559-7308

NPI: 1801591201  
License: VA HCO 0005226  
Practice Focus: Home Visits  
Spanish, Hindi, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Superior Home Health Care LLC\*\*** (757) 295-1140

NPI: 1972263606  
License: VA HCO0002706  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Synergy Homecare of Leesburg/Williamsburg\*\*** (703) 936-2240

NPI: 1023609724  
License: VA HCO 0005701  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Tailor-Made Health Solutions LLC\*\*** (703) 606-9895

NPI: 1487422523  
License: VA HCO 0005190  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 8:00 AM-6:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Team Nurse Gretna\*\***

(434) 656-6000  
NPI: 1255419164  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Team Nurse Rocky Mount\*\***

(434) 447-6777  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Team NurseWytheville\*\***  
(276) 228-8002  
NPI: 1760736573  
License: VA HCO 250092  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Tender Love and Care LLC\*\***

(804) 396-4182  
NPI: 1508402306  
License: VA HCO 252250  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Thelmarelous Healthcare Agency LLC\*\*** (804) 836-8818

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1497108567  
License: VA HCO 0001522  
Practice Focus: Home Visits  
Age 20 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Time Inspires Patience Home Health Care LLC\*\***

(757) 652-8067  
NPI: 1174162549  
License: VA HCO 0002224  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

## **TLC IN HOME HEALTHCARE LLC\*\***

(757) 556-5129

NPI: 1215731724  
License: VA HCO 0005759  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **Trinity Home Health Services Inc\*\***

(571) 419-8612  
NPI: 1649010661  
License: VA HCO 0005327  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Trusted Nurse Homecare\*\***

(202) 403-9147  
NPI: 1659241685  
License: VA HCO 0006115  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ultimate Comfort Care LLC\*\***

(540) 530-4838  
NPI: 1174310379  
License: VA HCO 0005764  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **United State Home Healthcare LLC\*\***

(202) 286-1657  
NPI: 1104644913  
License: VA HCO 0005532  
Practice Focus: Home Visits  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **VACDS LLC\*\***

(757) 949-5666

NPI: 1306629977  
License: VA HCO 263383  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:30 AM-5:00 PM  
Tuesday: 10:30 AM-5:00 PM  
Wednesday: 10:30 AM-5:00 PM  
Thursday: 10:30 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Veronica's Home Health Agency LLC\*\***

(757) 944-4682  
NPI: 1609603224  
License: VA HCO 0005488  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## **Visiting Nurse Solution\*\***

(703) 642-3737  
NPI: 1437398096  
License: VA HCO 0000544  
Practice Focus: Home Visits  
Urdu, Spanish, Arabic, Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## Warm Touch Home Care LLC\*\*

(571) 299-4202  
NPI: 1508378332  
License: VA HCO 0001878  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Urdu, Arabic, Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## With Loving Hands LLC\*\*

(757) 524-4831  
NPI: 1568060200  
License: VA HCO 0002793  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## XCELLENCE HEALTH AND SUPPORT SERVICES INC\*\*

(757) 685-1913

NPI: 1366290926  
License: VA HCO 0005768  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Y Christian Care LLC\*\*

(757) 481-8786  
License: VA HCO 0001909  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## YLS CARING HANDS LLC\*\*

(757) 904-5819  
NPI: 1376203877  
License: VA HCO 0002701  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Respite Care

### 1 NEW LIFE HOME HEALTHCARE LLC\*\*

(804) 475-4880  
NPI: 1821664699  
License: VA HCO 0002722  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### 1st Americare LLC\*\*

(732) 277-8100  
NPI: 1932720943  
License: VA HCO 0001868  
Practice Focus: Home Visits  
Urdu, Spanish, Punjab, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### 1st Home Care of VA Inc\*\*

(757) 937-5991

NPI: 1104537042  
License: VA HCO 253164  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## A Friend In Need Home Care LLC\*\*

(757) 442-4500  
NPI: 1033672217  
License: VA HCO 0002206  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## A SMILE FROM MY HEART HEALTH CARE INC\*\*

(757) 729-3890

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1053150714  
License: VA HCO 0005352  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **A+ Home Care\*\***

(703) 402-1872  
Office Languages: Spanish  
NPI: 1649752445  
License: VA HCO 0001957  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Tigrinya, Spanish, Arabic, Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **AAA Home Health Inc\*\***

(703) 719-1200

NPI: 1386131159  
License: VA HCO 0001899  
Practice Focus: Virtual Care - Audio/Visual  
Spanish, French, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Above and Beyond Home Care LLC\*\***

(804) 573-3613  
Office Languages: Spanish  
NPI: 1750035903  
License: VA HCO 0003056  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM  
Saturday: 9:00 AM-3:00 PM  
Sunday: 9:00 AM-3:00 PM

## **ABUNDANT HEARTS HOME HEALTHCARE LLC\*\***

(757) 981-4889

NPI: 1841024932  
License: VA HCO 0005639  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **Acadia Home Care LLC\*\***

(202) 766-2552  
NPI: 1891555033  
License: VA HCO 0005305  
Practice Focus: Home Visits  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **All Heart Community Care Services LLC\*\***

(240) 222-2723

NPI: 1518614403  
License: VA HCO 0002749  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **All Time Caring LLC\*\***

(703) 403-7100  
NPI: 1912754359  
License: VA HCO 0005372  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **All Ways There Home Care\*\***

(757) 591-0020

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1932454329  
License: VA HCO 0000891  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

**Alliance Home Health  
Care LLC\*\***  
(703) 486-4074  
NPI: 1407436728  
License: VA HCO0002590  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

**Angels for Life Health  
Care LLC\*\***  
(804) 522-6640

NPI: 1699388082  
License: VA HCO0002412  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:30 PM  
Tuesday: 9:00 AM-3:30 PM  
Wednesday: 9:00 AM-3:30 PM  
Thursday: 9:00 AM-3:30 PM  
Friday: 9:00 AM-3:30 PM

**Apex Care LLC\*\***  
(202) 600-1233  
NPI: 1750957221  
License: VA HCO 252527  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM

**Apex Homecare Services  
LLC\*\***  
(866) 760-4407

NPI: 1275999518  
License: VA HCO 0002708  
Practice Focus: Home Visits  
Nepali, Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**AT HOME\*\***  
(804) 964-0092  
NPI: 1174118251  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-6:00 PM  
Tuesday: 8:30 AM-6:00 PM  
Wednesday: 8:30 AM-6:00 PM  
Thursday: 8:30 AM-6:00 PM  
Friday: 8:30 AM-6:00 PM  
Saturday: 8:30 AM-6:00 PM  
Sunday: 8:30 AM-6:00 PM

**Attentive Health Care  
Connections LLC\*\***  
(757) 447-2668

NPI: 1922811660  
License: VA HCO 0005679  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Azure Home Healthcare  
LLC\*\***  
(757) 612-4484  
NPI: 1619688108  
License: VA HCO 0003212  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Better Tomorrow Home  
Health Care LLC\*\***  
(757) 406-3595

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1235600339  
License: VA HCO 0002002  
Practice Focus: Home Visits  
Vietnamese, Spanish, Korean,  
German, French  
Age 65 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-2:00 PM  
Sunday: 9:00 AM-2:00 PM

## Briggs Home Health Agency\*\*

(757) 628-1011  
NPI: 1790037554  
License: VA HCO 0000881  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## Care 4 U Healthcare Service LLC\*\*

(703) 794-7165

NPI: 1033453410  
License: VA HCO 2500984  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Care Advantage\*\*

(434) 447-6777  
NPI: 1568547289  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage - Emporia\*\*

(434) 634-4830

NPI: 1487859211  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage - Portsmouth\*\*

(757) 405-6320  
NPI: 1952794299  
License: VA HCO0001509  
Practice Focus: Home Visits  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care Advantage Inc\*\*

(804) 323-9464

NPI: 1386713303  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Care Advantage Plus LLC\*\*

(434) 973-2000  
NPI: 1215006242  
License: VA HCO 0001509  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Care Advantage- Abingdon\*\*

(276) 258-5035

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1205221488  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Care At Heart Homecare LLC\*\*

(703) 345-9561  
NPI: 1801632252  
License: VA HCO 000527  
Practice Focus: Home Visits  
Spanish, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Care At Your Site LLC\*\*

(434) 799-5731

NPI: 1568200640  
License: VA HCO 0005497  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM

## Care With Dignity At Home LLC\*\*

(703) 705-7707  
NPI: 1023897865  
License: VA HCO263405  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Carepanion Group Home Health\*\*

(804) 997-6175  
NPI: 1023825551  
License: VA HCO 0005794  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CareTrust Home Care LLC\*\*

(571) 762-6833  
NPI: 1932708278  
License: VA HCO 252574  
Practice Focus: Home Visits, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Caring Companion Home Care\*\*

(703) 743-4345  
NPI: 1093415051  
License: VA HCO 0005949  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Caring Touch Health Services LLC\*\*

(757) 442-4000

NPI: 1053773531  
License: VA HCO 0000756  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CARING4U HOME CARE LLC\*\*

(571) 436-5199  
NPI: 1134090830  
License: VA HCO0006065  
Practice Focus: Home Visits  
Twi, Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Carriage Hill Health and Rehab Center\*\*

(540) 785-1120

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1912153164  
License: VA NH 0002528  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **CBN Healthcare Services Inc\*\***

(571) 398-2600  
NPI: 1518208388  
License: VA HCO 0001026  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish, Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CM Health Solutions\*\***

(757) 239-4598

NPI: 1205546686  
License: VA HCO 0005009  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Connect 2 Care Home Health LLC\*\***

(540) 786-1000  
NPI: 1013711431  
License: VA HCO00058990  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Connection Point Services, LLC\*\***

(757) 260-9520

NPI: 1871296657  
License: VA HCO0005391  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Continuum Pediatric Nursing Services\*\***

(703) 592-3983  
NPI: 1689638488  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **D&T HOME CARE BUSINESS LLC\*\***

(571) 331-0884

NPI: 1700370335  
License: VA HCO 0001876  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **DIGNITY HOME CARE LLC\*\***

(571) 565-3192  
NPI: 1124596572  
License: VA HCO 251932  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Direct Community Services LLC\*\***

(701) 500-7567  
NPI: 1518676394  
License: VA HCO 0005317  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

## **DIVINE HEART SCS LLC\*\***

(757) 748-0424  
NPI: 1255932737  
License: VA HCO252596  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **DIVINE SENIOR HOME CARE LLC\*\***

(703) 677-0506  
NPI: 1841707213  
License: VA HCO 0001825  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Urdu, Panjabi, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dulles Health and Rehab Center\*\***

(703) 934-5000

NPI: 1538473418  
License: VA NH 0002594  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Eden Senior Care Services LLC\*\***

(703) 463-2537  
NPI: 1053876805  
License: VA ADC 1103790  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-1:30 PM  
Tuesday: 7:30 AM-1:30 PM  
Wednesday: 7:30 AM-1:30 PM  
Thursday: 7:30 AM-1:30 PM  
Friday: 7:30 AM-1:30 PM

## **Empathy Home Healthcare LLC\*\***

(571) 689-1095

NPI: 1144053638  
License: VA HCO 0005415  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Somali, French, Arabic, Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Eveready Home Care\*\***

(757) 600-4223  
NPI: 1205246022  
License: VA HCO 0000719  
Practice Focus: Home Visits  
Spanish, Farsi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Eveready Home Care LLC\*\***

(703) 496-4300

NPI: 1477867414  
License: VA HCO 0003075  
Practice Focus: Home Visits  
Spanish, Farsi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Fairfax Home Health Care LLC\*\***

(703) 546-8555  
NPI: 1063767523  
License: VA HCO 0000911  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family Centered Resources Inc\*\***

(757) 806-6880

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

License: VA HCO 0000800  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Family Centered Resources Inc Newport\*\*

(757) 806-6880  
NPI: 1922485275  
License: VA HCO0000800  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## Family Healthcare Solutions LLC\*\*

(757) 679-9792

NPI: 1720647480  
License: VA HCO252186  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## First Home Care\*\*

(804) 799-1004  
License: VA HCO253329  
Practice Focus: Home Visits  
Vietnamese, Spanish, Mongolian, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Five Diamonds Home Health LLC\*\*

(703) 208-7352

NPI: 1326889437  
License: VA HCO 0005342  
Vietnamese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## FREEDOM HOME HEALTH CARE LLC\*\*

(571) 609-4100  
NPI: 1376317131  
License: VA HCO 0005237  
Practice Focus: Home Visits  
Bengali  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gainesville Health and Rehab Center\*\*

(571) 248-6100

NPI: 1689608473  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Gateway Healthcare Services LLC\*\*

(703) 462-8725  
NPI: 1215462296  
License: VA HCO 251572  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Glorious Touch Home Health Care LLC\*\*

(757) 998-0301

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1710447354  
License: VA HCO 252139  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Glory To Glory Homecare Services LLC\*\*

(757) 994-4197  
NPI: 1457089245  
License: VA HCO 0005612  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Golden Lotus Home Health LLC\*\*

(571) 286-8440

NPI: 1205578671  
License: VA HCO 0003168  
Practice Focus: Home Visits  
Vietnamese, Chinese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Grace Home Healthcare LLC\*\*

(703) 865-7370  
NPI: 1073904009  
License: VA HCO 0001309  
Practice Focus: Home Visits  
Tagalog, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Saturday: 8:30 AM-5:00 PM

## Growth Home Health Care LLC\*\*

(757) 774-8941

NPI: 1306345806  
License: VA HCO 0001913  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## Healing Hands Homecare Services LLC\*\*

(571) 635-7767  
NPI: 1578079380  
License: VA HCO 0001603  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HEALTHY HEARTS HOME HEALTHCARE LLC\*\*

(804) 479-3709

NPI: 1184159584  
License: VA HCO 251794  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## HEARTS OF UNITY\*\*

(757) 513-2021  
NPI: 1144030958  
License: VA HCO 0006003  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Heavenly Home Health Care\*\*

(757) 809-5170  
NPI: 1801151576  
License: VA HCO 0000981  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

## Highly Favored Home Care LLC\*\*

(757) 714-3031  
NPI: 1861180242  
License: VA HCO 0003284  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HLA Home Care LLC\*\*

(757) 673-3200  
NPI: 1154848729  
License: VA HCO 0001740  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## HOMEBRIDGE HEALTH CARE CO\*\*

(757) 392-3011

NPI: 1043961576  
License: VA HCO 0003173  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Homecare DMV Inc\*\*

(301) 339-3636  
NPI: 1730954413  
License: VA HCO 0005341  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Home-HealthMed Services, LLC\*\*

(703) 637-9551  
NPI: 1891586731  
License: VA HCO 0005818  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Hope Care & Love Home Healthcare LLC Services LLC\*\*

(757) 518-9900  
NPI: 1609005313  
License: VA HCO 0000613  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## In Good Hands Home Healthcare\*\*

(804) 396-3706  
License: VA HCO 0002123  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Interim Healthcare of Loudoun\*\*

(571) 473-5070

NPI: 1558053959  
License: VA HCO 0005261  
Practice Focus: Home Visits  
Urdu, Punjab, Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## JCs Care From Above LLC\*\*

(757) 917-5318  
NPI: 1316690761  
License: VA HCO0002551  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## JOY HOME HEALTH CARE LLC\*\*

(703) 869-1671

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1073093563  
License: VA HCO 0001978  
Practice Focus: Home Visits  
Arabic  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **KES Integrated Services INC\*\***

(703) 935-9442  
NPI: 1174399026  
License: VA HCO 0005262  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kinder Loving Care LLC\*\***

(757) 760-4360

NPI: 1013893130  
License: VA HCO 0006109  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:30 AM-4:00 PM  
Friday: 10:00 AM-2:00 PM

## **Lee Haven Healthcare\*\***

(757) 748-8770  
NPI: 1891339412  
License: VA HCO 0002259  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **Lily Home Healthcare\*\***

(571) 461-9752  
NPI: 1205632635  
License: VA HCO 0005712  
Practice Focus: Home Visits  
Turkish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Living a Blessed Life Home Health LLC\*\***

(757) 327-1267  
NPI: 1669030920  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Love Thy Neighbor\*\***

(757) 302-0023  
License: VA HCO 251663  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Loving Angels Health Care LLC\*\***

(571) 581-0910

NPI: 1679122915  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Spanish, Chinese  
Age 65 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MALIJO\*\***

(571) 385-5737  
NPI: 1588001150  
Practice Focus: Home Visits  
Twi, Spanish, Other, German, French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McKenzie Care Associates LLC\*\***

(757) 279-0594

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1982447710  
License: VA HCO 0005652  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MOORE HEARTS MOORE HANDS HOME HEALTHCARE\*\***

(757) 550-8080  
NPI: 1285450353  
License: VA HCO 0005618  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Murphys Absolute Home Care LLC\*\***

(757) 769-4380

NPI: 1548753833  
License: VA HCO252633  
Practice Focus: Home Visits  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-3:00 PM  
Tuesday: 8:00 AM-3:00 PM  
Wednesday: 8:00 AM-3:00 PM  
Thursday: 8:00 AM-3:00 PM  
Friday: 8:00 AM-3:00 PM

## **NAMS HOME HEALTHCARE\*\***

(703) 965-9526  
NPI: 1205369998  
License: VA HCO 0001669  
Practice Focus: Home Visits  
Korean  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nani's Loving Touch HHC LLC\*\***

(904) 729-7729

NPI: 1538048798  
License: VA HCO 0006051  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NEST HOME CARE LLC\*\***

(571) 598-9450  
NPI: 1104672278  
License: VA HCO 0005506  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nurturing Hearts Haven LLC\*\***

(804) 548-3732  
NPI: 1265222889  
License: VA HCO 0005812  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **OMBI Home Care Services LLC\*\***

(540) 206-2543  
NPI: 1740749845  
License: VA HCO 0002105  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **PRIMECARE HOME HEALTH CARE SERVICES LLC\*\***

(757) 977-2588  
NPI: 1831866268  
License: VA HCO 0002692  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Qualis Home Health Services LLC\*\***

(703) 586-9740

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1639685001  
License: VA HCO 251869  
Practice Focus: Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **QUALITY 1ST LLC\*\***

(757) 282-6478  
NPI: 1952888448  
License: VA HCO 0001996  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quality Care Health Services\*\***

(757) 532-6998  
NPI: 1376085589  
License: VA HCO 0001646  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Red Heart Help Services LLC\*\***  
(757) 724-2328  
NPI: 1619712387  
License: VA HCO 0005392  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Red Sea Homecare Agency\*\***

(703) 863-9728  
NPI: 1225657760  
License: VA HCO 0002461  
Practice Focus: Home Visits  
Spanish, Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Restoring Hope Home Health Group, LLC\*\***

(757) 793-1564

NPI: 1215732904  
License: VA HCO 0005710  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **River View on the Appomattox Health and Rehab Center\*\***

(804) 541-1445  
NPI: 1740241181  
License: VA NH 0002759  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **ROSSYBRIGHT LLC\*\***

(703) 647-3886

NPI: 1811358328  
License: VA HCO0001568  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
Saturday: 10:00 AM-6:00 PM

## **Safehaven Regional LLC\*\***

(757) 524-6995  
NPI: 1780226332  
License: VA HCO 0002155  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:30 AM-5:30 PM  
Tuesday: 10:30 AM-5:30 PM  
Wednesday: 10:30 AM-5:30 PM  
Thursday: 10:30 AM-5:30 PM  
Friday: 9:00 AM-3:00 PM

## **Sahara Sewa LLC\*\***

(571) 445-4840  
NPI: 1164232112  
License: VA HCO 0005658  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

## **SARANG HEALTHCARE MANAGEMENT\*\***

(703) 349-7771  
License: VA HCO 0005649  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SENSITIVE CARE HOME CARE SERVICES LLC\*\***

(757) 354-6034  
NPI: 1144874975  
License: VA HCO 0002147  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## **SERENE SOLUTIONS HEALTHCARE LLC\*\***

(434) 443-0628

NPI: 1992514012  
License: VA HCO 0005737  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Shades of Life Coaching Home Care Services LLC\*\***

(757) 431-3000  
NPI: 1790309540  
License: VA 3816 03 011  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **Simplicity Healthcare\*\***

(571) 541-7116

NPI: 1881301208  
License: VA HCO 0003297  
Practice Focus: Virtual Care - Audio/Visual, Home Visits  
Vietnamese, Spanish, Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM  
Sunday: 10:00 AM-3:00 PM

## **SOFTZ TOUCH HOME HEALTH CARE LLC\*\***

(703) 459-7562  
NPI: 1063761021  
License: VA HCO 0001140  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **SOLUTIONS SENIOR CARE LLC\*\***

(757) 553-4145

NPI: 1285405415  
License: VA HCO 0005351  
Practice Focus: Home Visits  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## **Sunflowers Personal Care\*\***

(757) 462-9667  
NPI: 1508692708  
License: VA HCO 0005428  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **Sunrise Horizon Home Healthcare LLC\*\***

(757) 297-9510

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Long Term Services and Supports

NPI: 1174224141  
License: VA HCO 263343  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-3:30 PM  
Tuesday: 9:30 AM-3:30 PM  
Wednesday: 9:30 AM-3:30 PM  
Thursday: 9:30 AM-3:30 PM  
Friday: 9:30 AM-3:30 PM

## **Superb Home Care\*\*** (703) 559-7308

NPI: 1801591201  
License: VA HCO 0005226  
Practice Focus: Home Visits  
Spanish, Hindi, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Superior Home Health Care LLC\*\*** (757) 295-1140

NPI: 1972263606  
License: VA HCO0002706  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Synergy Homecare of Leesburg/Williamsburg\*\*** (703) 936-2240

NPI: 1023609724  
License: VA HCO 0005701  
Practice Focus: Home Visits  
Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Tailor-Made Health Solutions LLC\*\*** (703) 606-9895

NPI: 1487422523  
License: VA HCO 0005190  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 8:00 AM-6:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Team Nurse Gretna\*\***

(434) 656-6000  
NPI: 1255419164  
License: VA HCO 250092  
Practice Focus: Home Visits  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Team Nurse Rocky Mount\*\***

(434) 447-6777  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Team NurseWytheville\*\***  
(276) 228-8002  
NPI: 1760736573  
License: VA HCO 250092  
Practice Focus: Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Tender Love and Care LLC\*\***

(804) 396-4182  
NPI: 1508402306  
License: VA HCO 252250  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Thelmarelous Healthcare Agency LLC\*\*** (804) 836-8818

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1497108567  
License: VA HCO 0001522  
Practice Focus: Home Visits  
Age 20 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Time Inspires Patience Home Health Care LLC\*\***

(757) 652-8067  
NPI: 1174162549  
License: VA HCO 0002224  
Practice Focus: Home Visits  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-1:00 PM

## **TLC IN HOME HEALTHCARE LLC\*\***

(757) 556-5129

NPI: 1215731724  
License: VA HCO 0005759  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-12:00 PM

## **Trinity Home Health Services Inc\*\***

(571) 419-8612  
NPI: 1649010661  
License: VA HCO 0005327  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Trusted Nurse Homecare\*\***

(202) 403-9147  
NPI: 1659241685  
License: VA HCO 0006115  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **United State Home Healthcare LLC\*\***

(202) 286-1657  
NPI: 1104644913  
License: VA HCO 0005532  
Practice Focus: Home Visits  
Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Veronica's Home Health Agency LLC\*\***

(757) 944-4682  
NPI: 1609603224  
License: VA HCO 0005488  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

## **Warm Touch Home Care LLC\*\***

(571) 299-4202

NPI: 1508378332  
License: VA HCO 0001878  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Urdu, Arabic, Amharic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **With Loving Hands LLC\*\***

(757) 524-4831  
NPI: 1568060200  
License: VA HCO 0002793  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **XCELLENCE HEALTH AND SUPPORT SERVICES INC\*\***

(757) 685-1913

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Long Term Services and Supports

NPI: 1366290926  
License: VA HCO 0005768  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Y Christian Care LLC\*\***

(757) 481-8786  
License: VA HCO 0001909  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-3:00 PM  
Tuesday: 10:00 AM-3:00 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:00 PM  
Friday: 10:00 AM-3:00 PM

## **YLS CARING HANDS LLC\*\***

(757) 904-5819  
NPI: 1376203877  
License: VA HCO 0002701  
Practice Focus: Home Visits  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

\*\* Provider has expanded service area.

\*\* El proveedor tiene un área de servicio ampliada.

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# Behavioral Services

## VIRGINIA

### ACCOMACK COUNTY

#### Addiction (Substance Use Disorder) Counselor

##### Addiction Allies LLC

(434) 400-9668

Website:

www.addictionallies.com/contact

Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Mental Health Counselor, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse Handicap Accessible: Building, Parking, Restroom Public Transport: Bus, Subway, Regional Train Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

##### Manning, William J LCSW

Gender: Male

NPI: 1093301913

License: VA 0904012564

Website:

www.addictionallies.com/contact

Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse Handicap Accessible: Building, Parking, Restroom Public Transport: Bus, Subway, Regional Train Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

##### Phillips, Robert T LPC

Gender: Male

NPI: 1245658947

License: VA 0701008347

Website:

www.addictionallies.com/contact

Age 1 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

##### Young, Nathan M LPC

Gender: Male

NPI: 1962675017

License: VA 0701004314

Website:

www.addictionallies.com/contact

Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse Handicap Accessible: Building, Parking, Restroom Public Transport: Bus, Subway, Regional Train Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

##### Better Way Counseling LCC

(434) 282-8103

##### Allen, David L LPC

Gender: Male

NPI: 1922375237

License: VA 0701003437

Website:

davidallenlpc.clientsecure.me

Practice Focus: Virtual Care - Audio/Visual, Addictions/ Substance Abuse

Age 18 to 90

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1639783756

Website:

davidallenlpc.clientsecure.me

Practice Focus: Virtual Care - Audio/Visual, Addictions/ Substance Abuse

Age 18 to 90

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

##### Covenant Counseling and Consulting LLC

(804) 836-9729

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## Cooper, Denise

Gender: Female  
NPI: 1023244936  
License: VA 0710001123  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Peer support services, Motivational Enhancement Therapy, Mood Disorders/Depression, Matrix Model Moral Reconciliation Therapy (MRT), Cultural Competency Trained, Community-Based Treatment, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-1:00 PM  
Tuesday: 9:00 AM-1:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-1:00 PM  
Friday: 9:00 AM-1:00 PM

NPI: 1841954419  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Peer support services, Motivational Enhancement Therapy, Mood Disorders/Depression, Matrix Model Moral Reconciliation Therapy (MRT), Cultural Competency Trained, Community-Based Treatment, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Danville Pittsylvania Community Services

(434) 799-0456

## Girten, Whitney LPC

Gender: Female  
NPI: 1265957583  
License: VA 0701011171  
Website: www.dpcs.org  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Gardner Counseling Services LLC

(434) 390-3512

## Carter Gardner, Connie PhD

Gender: Female  
NPI: 1659531028  
License: VA 0718000238  
Practice Focus: Behavioral Health Outpatient  
Age 6 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Practice Focus: Behavioral Health Outpatient  
Age 6 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-2:00 PM

## Healing Hope Wellness LLC

(757) 392-5695

## Sutphin, Dante A LPC

Gender: Male  
NPI: 1689259525  
License: VA 0701010167  
Website: becausewecare365.com  
Practice Focus: Substance Abuse & Alcohol Abuse Center (Outpatient), Mental health skill building, Intensive In-Home Services, Home Visits, Disabilities - Developmental/MR, Crisis Stabilization, Behavioral Health Outpatient, ASAM Level 2.1, ASAM Level 1, Adult Serious Mental Illness (SMI)  
Limited Handicap Accessibility  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Impact Counseling Coaching and Consulting LLC

(757) 354-3025

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

Gender: Male  
NPI: 1083841779  
License: VA 0701005688  
Website:  
WWW.Impactccc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy, Post  
-Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression, Group  
therapy, Family Therapy, Faith-  
based/spiritual, Chemical  
Dependency/Co-Dependency,  
Behavioral Health Outpatient,  
Anxiety Disorder  
Age 6 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## National Capital Treatment and Recovery

(703) 841-0703  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## New Choices Counseling INC

(540) 330-3380  
**Geho, David B LMFT**  
Gender: Male  
NPI: 1801083365  
License: VA 0718000122  
Website:  
newchoicescounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Cultural  
Competency Trained  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

## Sutphin, Dante A LPC (757) 392-5695

Gender: Male  
NPI: 1689259525  
License: VA 0701010167  
Website:  
becausewecare365.com  
Practice Focus: Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Disabilities -  
Developmental/MR, Crisis  
Stabilization, Behavioral  
Health Outpatient, ASAM Level  
2.1, ASAM Level 1, Adult  
Serious Mental Illness (SMI)  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Virginia Beach Counseling Services PLLC

(757) 289-1125  
**Mattox, Karen LPC**  
Gender: Female  
NPI: 1588169650  
License: VA 0701007573  
Website:  
vbcounselingservices.com  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

## Rocha, Edgardo LPC

Gender: Male  
NPI: 1013552900  
License: VA 0701011684  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Stress Management,  
Psychotherapy, Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Play  
Therapy, Personality Disorders,  
Motivational interviewing,  
Mood Disorders, LGBTQ+  
Spanish  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM  
NPI: 1114305034  
Website:  
vbcounselingservices.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Walden, Jennifer LSA (703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

Gender: Female  
NPI: 1104153527  
License: MD LC2322  
Website:

www.natcaptreatment.org  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## WATSON, ANTHONY

(703) 672-7442  
Gender: Male  
NPI: 1154164200  
License: VA 0710103662  
Website:  
www.highbeamhealth.com/  
Practice Focus: Partial  
Hospitalization - Substance  
Abuse, Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, Intensive  
Outpatient - Mental Health,  
Geriatric Psychiatry,  
Depression, Counselor,  
Cognitive/Behavioral Therapy  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Addiction Medicine (Preventive Medicine) Physician

**Addiction Allies LLC**  
(434) 400-9668  
Website:  
www.addictionallies.com/cont  
act  
Practice Focus: Virtual Care -  
Audio/Visual, Partial  
Hospitalization - Substance  
Abuse, Mental health skill  
building, Intensive Outpatient  
- Substance Abuse, Cultural  
Competency Trained,  
Addictions/ Substance Abuse  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Addiction Medicine (Psychiatry & Neurology) Physician

**Lee, Mary MD**  
(703) 841-0703

Gender: Female  
NPI: 1750533402  
License: MD D0066459  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Capital Treatment and Recovery

(703) 841-0703  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Adolescent and Children Mental Health Clinic/Center

**Charlie Health**  
(406) 361-3146  
License: VA 5868 02 038  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Child/Adolescent Serious  
Mental Illness (SMI), Adult  
Serious Mental Illness (SMI),  
(IOP) Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## Adult Mental Health Clinic/Center

**Hidden Roots Mental  
Health LLC**  
(804) 431-4790

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

License: VA 3334 03 001  
Practice Focus: Youth  
Posttraumatic Stress Disorder (PTSD), Walk-In Available, Trauma Recovery and Empowerment Model (TREM), Trauma Informed Care Trained, Trauma - Focused Cognitive Behavior, Transgender Male, Transgender Female, Transgender, Sex Offenders, Seriously Emotionally Disturbed (SED)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Adult Psychiatric/Mental Health Registered Nurse

---

### Spectrum Transformation Group

(804) 378-6141

#### Baxter, Linda NP

Gender: Female  
NPI: 1467489021  
License: VA 0024078127  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Art Therapist

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### Glacier Health and Development Center (804) 918-1115

#### Chandler, Alana LPC

Gender: Female  
NPI: 1558018515  
License: VA 0701011261  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Assistant Behavior Analyst

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### ABA Support Systems (571) 212-6627

#### Joyner, Shavonne BCABA\*

Gender: Female  
NPI: 1821553868  
License: VA 0134000235  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Disabilities - Developmental/MR, Autism, Applied Behavioral Analysis  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Advanceable VA ABA LLC**  
(646) 873-0294  
**Deitz Bethany BCBA**  
Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website: [advanceableaba.com/](http://advanceableaba.com/)  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**PARK, HEE\***  
Gender: Female  
NPI: 1841857273  
License: VA 0134000449  
Website: [advanceableaba.com/](http://advanceableaba.com/)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Williams, Chelle ABA

Gender: Female  
NPI: 1326656455  
License: VA 0134000312  
Website:  
advanceableaba.com/  
Practice Focus: Applied  
Behavioral Analysis  
Spanish  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Continuum Associates Inc

(646) 873-0294  
**Deitz Bethany BCBA**  
Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Deitz Bethany BCBA

(646) 873-0294

Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Mebe Virginia LLC

(619) 795-9925  
NPI: 1902417199  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Reich, Rachel BCBA\*

Gender: Female  
NPI: 1710539689  
License: VA 0134000283  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Spectrum Transformation Group

(804) 378-6141  
**Lantz, Danielle BCABA\***  
Gender: Female  
NPI: 1427773589  
License: VA 0134000418  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1174855985  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Behavioral Analyst

### ABA Grateful Care VA LLC

(317) 572-5315  
NPI: 1659109072  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hannelore, Perla BCBA

Gender: Female  
NPI: 1215754247  
License: VA 0133004112  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## McCarthy, Erin M BCBA\*

Gender: Female  
NPI: 1043972334  
License: VA 0133002166  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Snodgrass, Mercedes B BCBA

Gender: Female  
NPI: 1366973893  
License: VA 0133002486  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Torres, Nicole BCBA\*

Gender: Female  
NPI: 1184274680  
License: VA 0133004002  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Walker, Zachary BCBA\*

Gender: Male  
NPI: 1669088357  
License: VA 0133004742  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Walter, Melessa BCBA

Gender: Female  
NPI: 1629514013  
License: VA 0133001024  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Hebrew  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## ABA Support Systems

(571) 212-6627

## Arnn, Cherie BCBA

Gender: Female  
NPI: 1629467964  
License: VA 0133000062  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Disabilities - Developmental/MR, Autism, Applied Behavioral Analysis  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Kyger, Amanda BCBA

Gender: Female  
NPI: 1245902675  
License: VA 0133002128  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Disabilities - Developmental/MR, Autism, Applied Behavioral Analysis  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Thompson, Stephany BCBA

Gender: Female  
NPI: 1053933507  
License: VA 0133001594  
Age 17 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## ABC BEHAVIOR

(571) 212-6627  
NPI: 1366846099  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Advanceable VA ABA LLC

(646) 873-0294

## An, Gina Marie BCBA

Gender: Female  
NPI: 1306570742  
License: VA 0133003149  
Website:  
advanceableaba.com/  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Connor, Courtney BCBA\*

Gender: Male  
NPI: 1114537230  
License: VA 0133004115  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Deitz Bethany BCBA\*

Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Ezeiruaku, Chika BCBA**  
Gender: Female  
NPI: 1356936561  
License: MD LBA2235  
Website:  
advanceableaba.com/  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Faccini, Jackeline BCBA

Gender: Female  
NPI: 1700347093  
License: VA 0133002640  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Spanish  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Gurley, Proffitt**  
Gender: Female  
NPI: 1326717539  
License: VA 0134000402  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Mathew, Asha BCBA**

Gender: Female  
NPI: 1497365761  
License: TX 3743  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Turner, Kristina BCBA\***  
Gender: Female  
NPI: 1922423482  
License: VA 0133000350  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Hebrew  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Aluma Care LLC**

(913) 232-2003

NPI: 1235961491  
Website:  
www.alumacare.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Kamrowsky, Marissa BCBA**

Gender: Female  
NPI: 1972062149  
License: KS LBA 00691  
Website:  
www.alumacare.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **AnswersNow Inc**

(804) 215-5600

NPI: 1932754553  
Practice Focus: Virtual Care -  
Audio/Visual, Virtual Care -  
Audio only, Stress  
Management, Mood Disorders,  
Home Visits, Cultural  
Competency Trained, Bipolar,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis  
Limited Handicap Accessibility  
Spanish  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM  
**Barber, Shantil BCBA\***  
Gender: Female  
NPI: 1619538113  
License: TX 9532  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Benjamin, Celena LMHC**

Gender: Female  
NPI: 1801042825  
License: FL MH5878  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM  
**Boateng, Evelyn LPC\***  
Gender: Female  
NPI: 1568763472  
License: VA 0133004662  
Website: getanswersnow.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Chun, Thomas BCBA**

Gender: Female  
NPI: 1760964837  
License: VA 0133003624  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Coca, Ana BCBA\***

Gender: Female  
NPI: 1316500069  
License: VA 0133003630  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Portuguese  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Daniels, Jeremy BCBA**

Gender: Male  
NPI: 1972279495  
Practice Focus: Virtual Care - Audio only, Stress Management, Mood Disorders, Bipolar, Autism Spectrum Disorders, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Harrell, Rachel BCBA\***

Gender: Female  
NPI: 1265194591  
License: VA 0133004614  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Jones, Emily BCBA\***

Gender: Female  
NPI: 1629594064  
License: NY 003684  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Jones, LaQuita BCBA\***

Gender: Female  
NPI: 1962135541  
License: VA 0133004577  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Le, Carlton BCBA\***

Gender: Male  
NPI: 1316598204  
License: TX 3040  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Martin, Cheryl BCBA\***

Gender: Female  
NPI: 1457654048  
License: TX 5037  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
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Sunday: 12:00 AM-11:45 PM

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# Behavioral Services

## Ramos, Daisy BCBA\*

Gender: Female  
NPI: 1093542664  
License: VA 0133004631  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Sandoval, Leslie BCBA\*

Gender: Female  
NPI: 1518469691  
License: VA 0133004676  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Simonson, Natalie BCBA\*

Gender: Female  
NPI: 1386353548  
License: OR 10244806  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Waldon, Stephanie BCBA\*

Gender: Female  
NPI: 1831791201  
License: TX 7247  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Wilhelmsen, Jaimee BCBA\*

Gender: Female  
NPI: 1538714415  
License: TX 9591  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Yanni, Melissa BCBA\*

Gender: Female  
NPI: 1013881812  
License: TX 9239  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Applied Behavioral Clinicians

(540) 259-4046

## Appah, Ritalorin\*

Gender: Female  
NPI: 1497017180  
License: VA 0133002067  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1841877750  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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# Behavioral Services

## **Ausch, Chaim BCBA\***

Gender: Female  
NPI: 1821828948  
License: NJ 15BC00171700  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Applied Behavioral Analysis  
Yiddish  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Autiero, Michelle BCBA**

Gender: Female  
NPI: 1093070997  
License: VA 0133002595  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Barnes, Julie**

Gender: Female  
NPI: 1578095451  
License: VA 0133002815  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Berline, Sarah BCBA\***

Gender: Female  
NPI: 1659875482  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Brady, Victoria BCBA\***

Gender: Female  
NPI: 1265795272  
License: NY 003412  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cheng, Min BCBA**

Gender: Female  
NPI: 1477282069  
License: VA 0133002873  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Clarke, Angelin BCBA**

Gender: Female  
NPI: 1508255365  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Spanish, Arabic  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Crumpton, Justin R BCBA**

Gender: Male  
NPI: 1508357559  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
French  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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# Behavioral Services

## **Dizzley-Streeter, Stacie BCBA\***

Gender: Female  
NPI: 1194274761  
License: NC 1282  
Practice Focus: Virtual Care - Audio only, Home Visits, Applied Behavioral Analysis Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Drumb, Lisa BCBA**

Gender: Female  
NPI: 1750795795  
License: IN 1 14 15130  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis French  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Duverger, Fabiola BCBA**

Gender: Female  
NPI: 1003355082  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Elizabeth Wagner, Megan BCBA**

Gender: Female  
NPI: 1578123873  
License: VA 0133001415  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Endzweig, Gitty BCBA\***

Gender: Female  
NPI: 1720342207  
License: KY 246658  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Applied Behavioral Analysis Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Eskandar, Hadier BCBA**

Gender: Female  
NPI: 1427593870  
License: VA 0133001825  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Applied Behavioral Analysis Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Farley, Jean BCBA\***

Gender: Female  
NPI: 1801354097  
License: VA 0133001260  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Applied Behavioral Analysis Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Fishel, Megan BCBA**

Gender: Female  
NPI: 1265828974  
License: VA 0133000794  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis Spanish  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
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Friday: 9:00 AM-5:00 PM

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# Behavioral Services

## **Gibson, Tiffany BCBA**

Gender: Female  
NPI: 1598256059  
License: MD LBA1708  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Glines, Edymar BCBA\***

Gender: Female  
NPI: 1679028773  
License: VA 0133004619  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Halberstam, Yakov BCBA\***

Gender: Male  
NPI: 1942552922  
License: MA LMHC10577  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
French  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hall, Amanda**

Gender: Female  
NPI: 1174864938  
License: MD LBA918  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Heikkinen, Sarah**

Gender: Female  
NPI: 1225659683  
License: VA 0133004395  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hendricks, Meghan**

Gender: Female  
NPI: 1225791478  
License: VA 0133002010  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kan, Limin BA\***

Gender: Female  
NPI: 1720700768  
License: MD LBA1921  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Applied Behavioral Analysis  
Korean  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kandyse, Christopher BCBA\***

Gender: Female  
NPI: 1205325669  
License: VA 0133003862  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

**Lopez, Oriana BCBA\***

Gender: Female  
NPI: 1215608526  
License: VA 0133004049  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Madden, Daniel BCBA**

Gender: Male  
NPI: 1558700021  
License: MD LBA423  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Spanish  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Muzammil, Noorulmah BCBA\***

Gender: Female  
NPI: 1275399719  
License: VA 0133004487  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Potarazu, Chelsea BCBA**

Gender: Female  
NPI: 1588186464  
License: VA 0133001541  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Rannazzis, Samantha BCBA**

Gender: Female  
NPI: 1033750385  
License: VA 0133003728  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Saint, Marissa BA\***

Gender: Female  
NPI: 1386144871  
License: VA 0133001347  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Applied Behavioral Analysis  
Bengali  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Sammarco, Elizabeth BCBA\***

Gender: Female  
NPI: 1952944357  
License: MD LBA708  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Scappaticci, Carrie BCBA\***

Gender: Female  
NPI: 1447634100  
License: VA 0133003063  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
French  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Scheets, Johanna BCBA**

Gender: Female  
NPI: 1568096725  
License: VA 0133001682  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sendi, Mehrez BCBA**

Gender: Female  
NPI: 1023511128  
License: VA 0133002829  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Yun Sie, Sheow BCBA\***

Gender: Female  
NPI: 1306419312  
License: VA 0133003906  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Arabic  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Applied Behavioral Clinicians**

(646) 873-0294

## **Turner, Kristina BCBA\***

Gender: Female  
NPI: 1922423482  
License: VA 0133000350  
Website: [advanceableaba.com/](http://advanceableaba.com/)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Attain ABA NE LLC**

(833) 599-2560  
**Meekings, Zach A BCBA**  
Gender: Male  
NPI: 1477069102  
License: VA 0133002159  
Website: [www.goldenstepsaba.com](http://www.goldenstepsaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM  
**Mititelu, Tatiana BCBA\***  
Gender: Female  
NPI: 1962989665  
License: VA License Number  
Website: [moveupaba.com](http://moveupaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Romanian  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Naughton, Lauren BCBA\***

Gender: Female  
NPI: 1558988840  
License: VA 0133001751  
Website: [moveupaba.com](http://moveupaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Autism Services of Virginia LLC**

(804) 601-8821  
NPI: 1467093732  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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# Behavioral Services

## Lachowsky, Mary BCBA

Gender: Female  
NPI: 1598092173  
License: VA 0119000956  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ABA Certified Provider  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Beatty, Caitlyn BCBA

(540) 348-4808  
Gender: Female  
NPI: 1194102558  
License: VA 0133002374  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Belcher, Kerri BCBA

(540) 348-4808

Gender: Female  
NPI: 1396580809  
License: VA 0133003711  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Blue Mountain Therapy

(276) 525-6043  
NPI: 1497330401  
Website:  
www.bluemountaintherapy.com  
Practice Focus: Virtual Care - Audio/Visual, Early Intervention Services, Cultural Competency Trained, Applied Behavioral Analysis, ABA Certified Provider  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Hall, Medgine A BCBA

Gender: Female  
NPI: 1114552643  
License: VA 0133002339  
Website:  
www.bluemountaintherapy.com  
Practice Focus: Virtual Care - Audio/Visual, Early Intervention Services, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## BRIGHT ACHIEVEMENTS VA LLC

(888) 768-0077  
NPI: 1922810084  
Website:  
brightachievements.com  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Buuck, Taylor BCBA\*

Gender: Female  
NPI: 1043707185  
License: VA 0133004747  
Website:  
brightachievements.com  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, Autism  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Demi, Shannon BCBA\***  
Gender: Female  
NPI: 1487293437  
License: VA 0133004773  
Website:  
brightachievements.com  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, Autism  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Paul, Felisha BCBA\*

Gender: Female  
NPI: 1396457107  
License: VA 0133004319  
Website: [brightachievements.com](http://brightachievements.com)  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, Autism  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Raposo Mena, Samelfi BCBA\*

Gender: Female  
NPI: 1528530011  
License: NJ 15BC00056100  
Website: [brightachievements.com](http://brightachievements.com)  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, Autism  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Brighter Strides ABA VA LLC

(804) 207-3878

## Augustt-Potakey, Selorm BCBA

Gender: Female  
NPI: 1942884358  
License: VA 0133003457  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Bovino, Brian BCBA

Gender: Male  
NPI: 1699146472  
License: VA 0133002046  
Website: [brighterstridesaba.com](http://brighterstridesaba.com)  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1487282836

Website: [brighterstridesaba.com](http://brighterstridesaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Bui, Kim BCBA

Gender: Female  
NPI: 1437781135  
License: VA 0133002779  
Website: [brighterstridesaba.com](http://brighterstridesaba.com)  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Vietnamese  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Cammarata, Jennifer BCBA

Gender: Female  
NPI: 1245884741  
License: VA 0133001521  
Website: [brighterstridesaba.com](http://brighterstridesaba.com)  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Spanish  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Castillo, Gabriel BCBA\*

Gender: Female  
NPI: 1912598137  
License: VA 0133001942  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Chan, Wilson BCBA**

Gender: Male  
NPI: 1609356963  
License: VA 0133002211  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Chen, Angela BCBA**

Gender: Female  
NPI: 1649841487  
License: VA 0133002038  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **CHOLVIBUL Brodsky, Laura M BCBA\***

Gender: Female  
NPI: 1649907916  
License: VA 0134000448  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Evans, Madison BCBA**

Gender: Female  
NPI: 1457015935  
License: VA 0133003436  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Fitzpatrick, Jennifer BCBA**

Gender: Female  
NPI: 1053775411  
License: VA 0133002949  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Graham, Christine BCBA**

Gender: Female  
NPI: 1902560899  
License: VA 0133002137  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MacKenzie, Mary BCBA**

Gender: Female  
NPI: 1992306716  
License: VA 0133002408  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nassar, Jana BCBA\***

Gender: Female  
NPI: 1790577161  
License: VA 0133004325  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
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\* Proveedor especialista certificado

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# Behavioral Services

## **Roby, Jessica BCBA\***

Gender: Female  
NPI: 1285977363  
License: VA 0133004590  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Wise, Fielder BCBA**

Gender: Female  
NPI: 1659854073  
License: VA 0133002378  
German  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Burdette, Kaitlin BCBA**

(757) 703-0501

Gender: Female  
NPI: 1730675265  
License: VA 0133001109  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Central Virginias Preferred Providers**

(804) 330-6441  
NPI: 1730638107  
Website: www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Muscat, Stacey**

Gender: Female  
NPI: 1487104592  
License: VA 0133001602  
Website: www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Cihlar, Karen J ME**

(540) 259-4046

Gender: Female  
NPI: 1851677082  
License: NJ 15BC00226300  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Hebrew  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral Group**

**Compass Behavioral Group**  
(434) 220-0089  
**AMONETTE, EMILY I BCBA**  
Gender: Female  
NPI: 1639662869  
License: VA 0133000874  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
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\* Proveedor especialista certificado

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# Behavioral Services

**Baumes, Andrea BCBA\***

Gender: Female  
NPI: 1013429877  
License: VA 0133003081  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Messplay, Katherine BCBA\***

Gender: Female  
NPI: 1821835513  
License: VA 0133003717  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Community-  
Based Treatment, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**PAGE, JENELLE LCSW**

Gender: Female  
NPI: 1821501511  
License: VA 0133000935  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**SIMPSON, CATHERINE  
BCBA**

Gender: Female  
NPI: 1295345007  
License: VA 0133002661  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass Behavioral  
Group**

(804) 544-9044

**Augustt-Potakey, Selorm  
BCBA**

Gender: Female  
NPI: 1942884358  
License: VA 0133003457  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Castillo, Gabriel BCBA\***

Gender: Female  
NPI: 1912598137  
License: VA 0133001942  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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# Behavioral Services

## **Finnemore, Alea BCBA**

Gender: Female  
NPI: 1245793744  
License: VA 0133001391  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quintero, Pedro BCBA**

Gender: Male  
NPI: 1619621299  
License: VA 0133002371  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Spanish  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral GroupCompass Behavioral Group**

(540) 949-7045

## **Berry, Tyler BCBA**

Gender: Male  
NPI: 1265110191  
License: VA 0133003085  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Calvarese, Tiffany BCBA**

Gender: Female  
NPI: 1427820489  
License: VA 0133003294  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **TAYLOR, ROBYN BCBA\***

Gender: Female  
NPI: 1861908352  
License: VA 0133000859  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral GroupCompass Behavioral Group**

(757) 644-6391

## **Blackwell, Heather BCBA\***

Gender: Female  
NPI: 1437822566  
License: VA 0133003704  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Edge, Shelby BCBA\***

Gender: Female  
NPI: 1811634983  
License: VA 0133002675  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gardill, Amy BCBA\***

Gender: Female  
NPI: 1902564362  
License: VA 0133002902  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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\* Proveedor especialista certificado

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# Behavioral Services

## **Grimsley, Emily BCBA\***

Gender: Female  
NPI: 1619350071  
License: VA 0133000617  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Richardson, Clancey BCBA\***

Gender: Female  
NPI: 1447665336  
License: VA 0133001171  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Taylor, Lindsey BCBA\***

Gender: Female  
NPI: 1992540165  
License: VA 0133003708  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral GroupCompass Behavioral Group**

(804) 372-0151  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **PRATT, AMANDA BCBA**

Gender: Female  
NPI: 1740730472  
License: VA 0133000774  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Raymond, Alexander BCBA**

Gender: Male  
NPI: 1194156851  
License: VA 0133002503  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rice, Molly BCBA\***

Gender: Female  
NPI: 1891250601  
License: VA 0133001308  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ROBICHEAU, HANNAH BCBA\***

Gender: Female  
NPI: 1891096442  
License: VA 1 13 14372  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
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# Behavioral Services

## Willams, Anna BCBA\*

Gender: Female  
NPI: 1902318801  
License: VA 0133003692  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral GroupCompass Behavioral Group

(434) 214-8112

## Fite, Kyle BCBA

Gender: Male  
NPI: 1407627581  
License: VA 0133003393  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MCMASTER, HOPE BCBA

Gender: Female  
NPI: 1316602204  
License: VA 0133000534  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## TORRES, SARAH BCBA

Gender: Female  
NPI: 1962751412  
License: VA 0133000946  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
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Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral GroupCompass Behavioral Group

(540) 215-0535

## Fraedrich, Lauren BCBA

Gender: Female  
NPI: 1982102927  
License: VA 0133001091  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Holdren, Patience BCBA

Gender: Female  
NPI: 1043778822  
License: VA 0133001448  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lazo, Katherin BCBA\*

Gender: Female  
NPI: 1982013918  
License: VA 0134000515  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Martin, Kaiya BCBA

Gender: Female  
NPI: 1881161073  
License: VA 0133001170  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Raines, Daniel BCBA

Gender: Male  
NPI: 1992372221  
License: VA 0133001844  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## ZARYCZNY, ANNA BCBA

Gender: Female  
NPI: 1841991114  
License: VA 0133002869  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral GroupCompass Behavioral Group

(540) 437-1605

## Hald, Sarah\*

Gender: Female  
NPI: 1023745726  
License: VA 0133002657  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hassler, Elizabeth BCBA

Gender: Female  
NPI: 1295192227  
License: VA 0133001632  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jones, Jarrod BCBA

Gender: Male  
NPI: 1760157507  
License: VA 0133001905  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nolley, Sarah LPC\*

Gender: Female  
NPI: 1558999771  
License: VA 0133002978  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## VANDENBERG, SARAH

Gender: Female  
NPI: 1356024863  
License: VA 0133003167  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral GroupCompass Behavioral Group

(540) 462-2914

## Hammock, Brittany BCBA

Gender: Female  
NPI: 1124652086  
License: VA 0133002345  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Rhoades, Katherine BCBA

Gender: Female  
NPI: 1659003655  
License: VA 0133002652  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group

(804) 924-9260

## WILLIAMSON, AMBER BCBA\*

Gender: Female  
NPI: 1629722608  
License: VA 0133002967  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Zeigler, Lynn-Ellin BCBA\*

Gender: Female  
NPI: 1457191819  
License: VA 0133003646  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass NOVA

(571) 866-0640

## Elsy, Heather BCBA

Gender: Female  
NPI: 1174981161  
License: NH 1 15 19065  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Home Visits Only  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Connecting Communities LLC

(571) 866-0640

## Farmer, Jessica BCBA

Gender: Female  
NPI: 1154766061  
License: VA 0133000646  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Connecting the Steps LLC

(757) 639-7919

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\* Proveedor especialista certificado

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# Behavioral Services

## **Erdman, Zachary BCBA**

Gender: Male  
NPI: 1477186641  
License: VA 0133002450  
Website:  
www.connectingthesteps.com  
/

Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Autism,  
Applied Behavioral Analysis,  
Adolescents, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Henig, Donna BCBA**

Gender: Female  
NPI: 1134526478  
License: VA 0133002542  
Website:  
www.connectingthesteps.com  
/

Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Autism,  
Applied Behavioral Analysis,  
Adolescents, ABA Certified  
Provider  
Limited Handicap Accessibility  
Hebrew  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Thode, Marisa BCBA\***

Gender: Female  
NPI: 1104408012  
License: VA 0133002891  
Website:  
www.connectingthesteps.com  
/

Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Autism,  
Applied Behavioral Analysis,  
Adolescents, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Continuum Associates Inc**  
(646) 873-0294

## **Deitz Bethany BCBA\***

Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 60 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**DeShazo, Alysha**  
(443) 353-9547

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1316693021  
License: MD LBA1257  
Website: stepsbh.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

**Discovery ABA of VA LLC**  
(540) 479-3889

**Fronney, Amber BCBA**  
Gender: Female  
NPI: 1437667599  
License: VA 0133002114  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 60 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Divine Steps Therapy LLC**  
(410) 220-0768

**Anthony, Halee BCBA\***  
Gender: Female  
NPI: 1255015848  
License: ND L150  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Brillhart, Amelia L\***  
Gender: Female  
NPI: 1861809840  
License: VA 2202008117  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Clifton, Whitney BCBA**  
Gender: Female  
NPI: 1366011579  
License: VA 0133002127  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Enclade, Alon BCBA\***  
Gender: Female  
NPI: 1972289965  
License: TX 5966  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Galland, Amanda BCBA**

Gender: Female  
NPI: 1558720219  
License: VA 0133004089  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Good, Sarah E BCBA\***

Gender: Female  
NPI: 1992362644  
License: MD LBA1968  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Housseyki, Diana BCBA\***

Gender: Female  
NPI: 1124611702  
License: VA 0133003573  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Arabic  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **LEE, ANGELLA\***

Gender: Female  
NPI: 1144004839  
License: VA 0133003185  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Korean  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nauck, Meghan BCBA**

Gender: Female  
NPI: 1699286161  
License: VA 0133004121  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Arabic  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nickel, Sarah BCBA**

Gender: Female  
NPI: 1417281478  
License: TX 4374  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sendi, Mehrez BCBA**

Gender: Female  
NPI: 1023511128  
License: VA 0133002829  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Hebrew  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Williams, Katherine BCBA\***

Gender: Female  
NPI: 1720538366  
License: VA 0133000968  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Zenk, Lindsey BCBA

Gender: Female  
NPI: 1346840592  
License: OH COBA.01747  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Dominion Precision Teaching and Consulting (434) 394-0703

## Bruckner, Katherine BCBA

Gender: Female  
NPI: 1992277149  
License: VA 0133001085  
Website:  
www.dominionptc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:30 PM

NPI: 1659981157  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Toney, Kelsey BCBA\*

Gender: Female  
NPI: 1033607254  
License: VA 0133001506  
Website:  
www.dominionptc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:30 PM

## Dream Builders ABA VA LLC

(855) 553-7326

NPI: 1073388807  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Spanish  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Elhalawany, Lila BCBA\*

Gender: Female  
NPI: 1871101881  
License: VA 0133002471  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Spanish  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Gingras, Chantale BCBA

Gender: Female  
NPI: 1407452568  
License: VA 0133003385  
Website: www.teampbs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Spanish  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Jayne, Bryanna BCBA\*

Gender: Female  
NPI: 1659983104  
License: NC 1384  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Spanish  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Empower Plus PLLC

(540) 824-3010

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1043996341

Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Goldwurm, Pearl E\***

Gender: Female  
NPI: 1699108662  
License: VA 0133003028  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Hebrew  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Pierce, Chelsea\***

Gender: Female  
NPI: 1396430104  
License: VA 0133004145  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Scroggins, Justin BCBA\***

Gender: Male  
NPI: 1932855699  
License: VA 0133004016  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Sopensk, Charlotte BCBA\***

Gender: Female  
NPI: 1225678667  
License: VA 0133004448  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Erdman, Zachary BCBA**

(757) 639-7919  
Gender: Male  
NPI: 1477186641  
License: VA 0133002450  
Website: [www.connectingthesteps.com/](http://www.connectingthesteps.com/)  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adolescents, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **EzCare ABA**

(804) 223-3338  
NPI: 1750108791  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Solny, Tova BCBA\***

Gender: Female  
NPI: 1639723026  
License: VA 0133004022  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Formica, Anastasia BCBA**

(540) 348-4808

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1538879150  
License: VA 0133001835  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Galaxy ABA VA LLC

(732) 903-2135

## Curley, Krystle L BCBA

Gender: Female  
NPI: 1831724335  
License: VA 0133001678  
Website: www.galaxyaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Autism Spectrum Disorders  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Fedak, Larissa BCBA

Gender: Female  
NPI: 1235376997  
License: NY 018241  
Website: www.galaxyaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Autism Spectrum Disorders  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
NPI: 1922859685

Website: www.galaxyaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Autism Spectrum Disorders  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Planty, Michelle BCBA\*

Gender: Female  
NPI: 1285167874  
License: MD LBA1282  
Website: www.galaxyaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Autism Spectrum Disorders  
Armenian  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Genesis Autism Center

(757) 664-9778

## Champagne, Shavon BCBA

Gender: Female  
NPI: 1932690070  
License: VA 0133002347  
Website:  
www.genesisautismcenter.co  
m  
Practice Focus: Virtual Care -  
Audio only, Autism Spectrum  
Disorders, Autism, Applied  
Behavioral Analysis  
Age 1 to 8  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Friesland, Sarah BCBA\*

Gender: Female  
NPI: 1225694557  
License: VA 0133002940  
Website:  
www.genesisautismcenter.co  
m  
Practice Focus: Virtual Care -  
Audio only, Autism Spectrum  
Disorders, Autism, Applied  
Behavioral Analysis  
Age 1 to 8  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
NPI: 1487399390  
Website:  
www.genesisautismcenter.co  
m  
Practice Focus: Virtual Care -  
Audio only, Autism Spectrum  
Disorders, Autism, Applied  
Behavioral Analysis  
Age 1 to 8  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Golden Care Therapy

### Virginia LLC

(804) 315-2251

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

**Matsas, Randi\***

Gender: Female  
NPI: 1134481492  
License: NJ 15BC00162500  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Hebrew  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Golden Steps ABA VA LLC**  
(757) 703-0501**Bell-Jackson, Jazmyn**

Gender: Female  
NPI: 1497227565  
Website: WWW.GOLDENSTEPSABA.COM  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Branch, Marneicia D BCBA**

Gender: Female  
NPI: 1568123875  
License: VA 0133002429  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Brooks, Traci BCBA**

Gender: Female  
NPI: 1881102671  
License: VA 0133001635  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Spanish  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Brunkhorst, Adam BCBA\***

Gender: Male  
NPI: 1801622758  
License: VA 0133003853  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Burdette, Kaitlin BCBA**

Gender: Female  
NPI: 1730675265  
License: VA 0133001109  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Chea, Naysim BCBA**

Gender: Female  
NPI: 1174101646  
License: VA 0133001961  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Cockrell, Kaylee BCBA\***

Gender: Female  
NPI: 1548964547  
License: VA 0133004825  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Devereux, Mary E BCBA**

Gender: Female  
NPI: 1174934285  
License: VA 0133002082  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Draschner, Regan BCBA**

Gender: Female  
NPI: 1811565112  
License: VA 0133003210  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Elhalawany, Lila BCBA\***

Gender: Female  
NPI: 1871101881  
License: VA 0133002471  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Godbold, Shamika BCBA**

Gender: Female  
NPI: 1568962447  
License: VA 0133002265  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Goodman, Lauren BCBA\***

Gender: Female  
NPI: 1316724974  
License: VA 0133003796  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Grepke, Monica BCBA**

Gender: Female  
NPI: 1649880980  
License: VA 0133002254  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Spanish  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Heard, Valerie BCBA\***

Gender: Female  
NPI: 1730577248  
License: VA 0133000509  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Arabic  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Hetsko, Kimberly BCBA\***

Gender: Female  
NPI: 1427518463  
License: VA 0133002071  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Spanish  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

**Hill, Natonda BCBA\***

Gender: Female  
NPI: 1568087799  
License: VA 0133004637  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Huskey, Susanne BCBA\***

Gender: Female  
NPI: 1134650864  
License: VA 0133002560  
Website:  
WWW.GOLDENSTEPSABA.COM  
German  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Lawson, Amanda BCBA**

Gender: Female  
NPI: 1679132146  
License: VA 0133001202  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Lief, Phoebe BCBA**

Gender: Female  
NPI: 1457853863  
License: VA 0133003270  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**McFadden, Jessica BCBA**

Gender: Female  
NPI: 1578156600  
License: VA 0133003443  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Mcgregor, Michail BCBA**

Gender: Female  
NPI: 1629721527  
License: VA 0133004037  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**McQuade, Stephanie BCBA\***

Gender: Female  
NPI: 1063997229  
License: VA 0133002993  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

**Meekings, Zach A BCBA**  
Gender: Male  
NPI: 1477069102  
License: VA 0133002159  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis,  
ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Miller, Adrienne BCBA\*

Gender: Female  
NPI: 1679105928  
License: VA 0133001908  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Miller, Brian E BCBA

Gender: Male  
NPI: 1235627274  
License: VA 0133003179  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Neubauer, Trevor

NPI: 1982270468  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## PAPA, KIMBERLY BCBA

Gender: Female  
NPI: 1649844036  
License: VA 0133002035  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Limited Handicap Accessibility  
Spanish  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Rivera, Neiva BCBA\*

Gender: Female  
NPI: 1417615550  
License: VA 0133002910  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Sarlo, Sabrina RBT

Gender: Female  
NPI: 1588298079  
License: VA 0133003963  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Swain, Nia BCBA

Gender: Female  
NPI: 1346859154  
License: VA 0133003064  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Arabic  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Tompkins, Samantha BCBA\*

Gender: Female  
NPI: 1164930103  
License: VA 0133002881  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Hindi  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Toppin, Teyonna BCBA**

Gender: Female  
NPI: 1518468388  
License: VA 0133003389  
Website:  
WWW.GOLDENSTEPSABA.COM  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Willard, Yuly BCBA\***

Gender: Female  
NPI: 1578170064  
License: VA 0133002323  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Williams, Jazmine BCBA\***

Gender: Female  
NPI: 1144888728  
License: VA 0133002985  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **WILSON, CRYSTAL BCBA\***

Gender: Female  
NPI: 1851285985  
License: VA 0133004270  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Golden Steps ABA VA LLC**  
(406) 238-2500

## **Campbell, Ryann BCBA**

Gender: Female  
NPI: 1639654338  
License: VA 0133002521  
Website:  
www.goldenstepsaba.com  
Practice Focus: Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis,  
ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Grant, Kelly BCBA**

(757) 703-8799  
Gender: Female  
NPI: 1790161198  
License: VA 0133004657  
Practice Focus: Autism  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Griffin, Amanda BCBA**

(757) 703-8799

Gender: Female  
NPI: 1477107688  
License: VA 0133003202  
Practice Focus: Autism  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Grindstaff, Dana BCBA**

(540) 348-4808  
Gender: Female  
NPI: 1720625767  
License: VA 0133002651  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hard, Carla**

(757) 703-8799

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1801301106  
License: MD LBA2335  
Practice Focus: Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Helfrich, Amanda BCABA** (877) 262-2221

Gender: Female  
NPI: 1083370761  
License: VA 0133004574  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-4:00 PM

## **Henchon, Madison BCBA** (757) 703-8799

Gender: Female  
NPI: 1790450310  
License: VA 0133004946  
Practice Focus: Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hendicks, Ashley BCABA** (703) 309-5295

Gender: Female  
NPI: 1104490770  
License: VA 0134000431  
Website: [impactaba.hi5aba.com/](http://impactaba.hi5aba.com/)  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Autism, Applied Behavioral Analysis  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-6:00 PM  
Sunday: 8:00 AM-6:00 PM

## **Hicks, Ebonie BCBA** (877) 262-2221

Gender: Female  
NPI: 1518477942  
License: VA 0133001651  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-4:00 PM

## **Improved Dynamics ABA LLC** (571) 888-2942

## **Banish, Gabrielle BCBA\***

Gender: Female  
NPI: 1710408075  
License: KY 287364  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility  
Arabic  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Capecelatro, Melissa BCBA**

Gender: Female  
NPI: 1417491143  
License: VA 0133003463  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Clarke, Angelin BCBA**

Gender: Female  
NPI: 1508255365  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility  
Spanish, Arabic  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cody Da-Rosa, Cheyenne BCBA\***

Gender: Female  
NPI: 1215347059  
License: AZ BEH 000631  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility  
Creole  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Farag, Barbara BCBA**

Gender: Female  
NPI: 1447877162  
License: VA 0133002619  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Arabic  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gaydosh, Lauren BCBA**

Gender: Female  
NPI: 1518474782  
License: VA 0133003699  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Holden, Amber BCBA**

Gender: Female  
NPI: 1588432538  
License: VA 0133003387  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1750051223  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ADD/ADHD, ABA Certified Provider  
Limited Handicap Accessibility Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Johnson, Gianna BCBA\***

Gender: Female  
NPI: 1588489827  
License: MD 1 24 77321  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Jones, Brandy BCBA**

Gender: Female  
NPI: 1588298269  
License: NC 1109  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Arabic  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Karpf, Brittany M BCBA**

Gender: Female  
NPI: 1841831807  
License: VA 0133002629  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lydell, Barbara J BCBA**

Gender: Female  
NPI: 1750015483  
License: VA 0133002598  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Nelson, Samantha BCBA\***

Gender: Female  
NPI: 1275167280  
License: VA 0133003441  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Segarra, Ashley BCBA\***

Gender: Female  
NPI: 1518572825  
License: VA 0133003682  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Shepard, Joy M BCBA\***

Gender: Female  
NPI: 1518531938  
License: MO 2022012435  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Arabic  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tapia Hernandez, Mariela BCBA**

Gender: Female  
NPI: 1194299396  
License: VA 0133003232  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Infinity Counseling Group**  
(757) 227-3636

## **Knoppel III, Charles BCBA**

Gender: Male  
NPI: 1750779161  
License: VA 0133003575  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Chinese  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Smith, Heidi ABA**

Gender: Female  
NPI: 1023492667  
License: VA 0133001991  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Trejo, Tara BCBA\***

Gender: Female  
NPI: 1053795864  
License: VA 0133002610  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Spanish  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Inspire Care Center LLC**

(757) 227-3636

## **Smith, Heidi ABA**

Gender: Female  
NPI: 1023492667  
License: VA 0133001991  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **IRYAMI, SANDRA BCBA**

(757) 703-8799

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1568010452  
License: VA 0133001563  
Practice Focus: Autism  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Jones, Taylor BCBA** (804) 315-2251

Gender: Female  
NPI: 1942738315  
License: VA 0133002488  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Age 64 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **KALEIDOSCOPE FAMILY SOLUTIONS ABA INC** (877) 222-0399

NPI: 1609348820  
Website: WWW.KFSABA.ORG  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lee, Stephanie BCBA\***

Gender: Female  
NPI: 1457941437  
License: VA 0133003159  
Website: WWW.KFSABA.ORG  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Kinfolk VA ABA LLC** (980) 249-4010

## **Cronin, Amanda MA**

Gender: Female  
NPI: 1669037784  
License: VA 0133001964  
Website: www.kinfolkaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## **Johnson, Jodilynn BCBA\***

Gender: Female  
NPI: 1013653963  
License: VA 0133002968  
Website: www.kinfolkaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Hebrew  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

NPI: 1093508251  
Website: www.kinfolkaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## **Learning Ladders ABA Corp**

(804) 727-0200

## **Wasserman, Yocheved**

Gender: Female  
NPI: 1972960680  
License: HI BA 895  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Spanish, Hebrew  
Age 2 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Liams Chance Behavioral Services Inc** (571) 393-0202

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1275185530

Website:

liamschance.hi5aba.com

Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Autism, Applied Behavioral Analysis

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## Marshall, Amanda BCBA

(540) 348-4808

Gender: Female

NPI: 1831476530

License: VA 0133000751

Website:

www.compassva.com

Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis

Age 21 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Mebe Virginia LLC

(619) 795-9925

## Dragan, Carly BCBA

Gender: Female

NPI: 1932540226

License: VA 0133000649

Practice Focus: Virtual Care - Audio/Visual, Autism, Applied Behavioral Analysis

Limited Handicap Accessibility Age 21 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

## Gurung, Karma BCBA\*

Gender: Female

NPI: 1407691090

License: VA 0133003725

Practice Focus: Virtual Care - Audio/Visual, Autism, Applied Behavioral Analysis

Limited Handicap Accessibility Hindi

Age 21 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

## Manzo, Larisa BCBA\*

Gender: Female

NPI: 1184198418

License: VA 0133001741

Practice Focus: Virtual Care - Audio/Visual, Autism, Applied Behavioral Analysis

Limited Handicap Accessibility Age 21 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

NPI: 1902417199

Practice Focus: Virtual Care - Audio/Visual, Autism, Applied Behavioral Analysis

Limited Handicap Accessibility Age 21 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Weatherill, Ashley BCBA\*

Gender: Female

NPI: 1790323038

License: VA 0133003850

Practice Focus: Virtual Care - Audio/Visual, Autism, Applied Behavioral Analysis

Limited Handicap Accessibility Age 21 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

## Mental Health Center of America LLC

(703) 310-8563

NPI: 1114543253

Website: www.mhca-behavioral.com

Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Autism, ABA Certified Provider

Age 99 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Rahimi, Neda BCBA**

Gender: Female  
NPI: 1598457269  
License: VA 0133003062  
Website: www.mhca-behavioral.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Autism, ABA Certified Provider  
Arabic  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 10:00 AM-4:00 PM  
Sunday: 10:00 AM-4:00 PM

## **Meredith, Morgan BCBA**

(571) 393-0202  
Gender: Female  
NPI: 1538907464  
License: VA 0133003742  
Website: liamschance.hi5aba.com  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Autism, Applied Behavioral Analysis  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Modern Steps ABA LLC**

(571) 866-0640  
**Diehl, Amy E BCBA**  
Gender: Female  
NPI: 1518545367  
License: MD LBA1231  
Website: modernstepsaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Behavioral Health Outpatient, Autism, ADD/ADHD, ABA Certified Provider  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Elshey, Heather BCBA**

Gender: Female  
NPI: 1174981161  
License: NH 1 15 19065  
Website: modernstepsaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Behavioral Health Outpatient, Autism, ADD/ADHD, ABA Certified Provider  
Home Visits Only  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Farmer, Jessica BCBA**

Gender: Female  
NPI: 1154766061  
License: VA 0133000646  
Website: modernstepsaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Behavioral Health Outpatient, Autism, ADD/ADHD, ABA Certified Provider  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Kooner, Jasmeet BCBA**

Gender: Female  
NPI: 1518469055  
License: VA 0133003413  
Website: modernstepsaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Behavioral Health Outpatient, Autism, ADD/ADHD, ABA Certified Provider  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

NPI: 1881424091  
Website: modernstepsaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Behavioral Health Outpatient, Autism, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Schaible, Victoria BCBA**

Gender: Female  
NPI: 1750971990  
License: VA 0133001941  
Website: modernstepsaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Behavioral Health Outpatient, Autism, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Sharif, Onai BCBA

Gender: Female  
NPI: 1861893042  
License: VA 0133002444  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Tompkins, Samantha BCBA\*

Gender: Female  
NPI: 1164930103  
License: VA 0133002881  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Move Up ABA Virginia LLC (804) 774-7575

**Bryant, Camira BCBA\***  
Gender: Female  
NPI: 1194204164  
License: VA 0133001894  
Website: moveupaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders,  
ADD/ADHD, ABA Certified  
Provider  
Age 17 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Move Up ABA Virginia LLC (410) 883-7016

**Bugess, Serena BCBA\***  
Gender: Female  
NPI: 1265145551  
License: MD LBA2070  
Website: moveupaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Age 17 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1023879731

Website: moveupaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Age 17 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Oloyede, Onyeka\*

Gender: Female  
NPI: 1871262097  
License: VA 0133003635  
Website: moveupaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Age 17 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Sunshine, Angela BCBA

Gender: Female  
NPI: 1144784869  
License: VA 0133003427  
Website: moveupaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Spanish  
Age 17 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Varnai, Tamar BCBA

Gender: Female  
NPI: 1306112131  
License: NY 000058  
Website: moveupaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Age 17 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Move Up ABA Virginia LLC (833) 599-2560

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Mititelu, Tatiana BCBA\***

Gender: Female  
NPI: 1962989665  
License: VA License Number  
Website: [moveupaba.com](http://moveupaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Romanian  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Naughton, Lauren BCBA\***

Gender: Female  
NPI: 1558988840  
License: VA 0133001751  
Website: [moveupaba.com](http://moveupaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Nestled Hearts LLC** (571) 833-0307

## **Wynkoop, Jessica BCBA\***

Gender: Female  
NPI: 1821517210  
License: VA 0133001823  
Website: [successonthespectrum.com/location/south-riding/](http://successonthespectrum.com/location/south-riding/)  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Autism, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:45 AM-5:00 PM  
Tuesday: 7:45 AM-5:00 PM  
Wednesday: 7:45 AM-5:00 PM  
Thursday: 7:45 AM-5:00 PM  
Friday: 7:45 AM-5:00 PM

## **New Patterns VA LLC** (804) 774-7575

## **Bryant, Camira BCBA\***

Gender: Female  
NPI: 1194204164  
License: VA 0133001894  
Website: [moveupaba.com](http://moveupaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lopez, Caleb N BCBA\***

Gender: Male  
NPI: 1568117505  
License: VA 0133003979  
Website: [www.stepaheadaba.com](http://www.stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Pfister, Elizabeth BCBA\***

Gender: Female  
NPI: 1972982197  
License: VA 0133000601  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quash, Meghan BCBA\***

Gender: Female  
NPI: 1700302817  
License: VA 0133002244  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Reece, Annette BCBA\***

Gender: Female  
NPI: 1881168227  
License: VA 0133001301  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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# Behavioral Services

## Rowden, Rachel BCBA

Gender: Female  
NPI: 1144607177  
License: VA 0133000972  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders,  
ADD/ADHD, ABA Certified  
Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Paragon Autism Services LLC

(540) 479-3889

## Abalikhina, Alena BCBA

Gender: Female  
NPI: 1295337624  
License: VA 0133002296  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Achim, Diana M BCBA\*

Gender: Female  
NPI: 1982032678  
License: VA 0133000867  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Baxter, Ruthanne BCBA\*

Gender: Female  
NPI: 1952718827  
License: VA 0133001947  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

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# Behavioral Services

## **Cawthorn, Tiffany\***

Gender: Female  
NPI: 1891348108  
License: VA 0133001430  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Chapman, Megan N BCBA**

Gender: Female  
NPI: 1649770843  
License: VA 0133001319  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Chown, Lisa M BCBA**

Gender: Female  
NPI: 1427769991  
License: VA 0133002827  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Doolittle, Jordann BCBA\***

Gender: Female  
NPI: 1255829164  
License: VA 0133003344  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ferreira, Amanda BCBA**

Gender: Female  
NPI: 1093280687  
License: VA 0133001669  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma -  
Focused Cognitive Behavior,  
Therapeutic Consultation  
(Professional), Mental Health  
Counselor, Home Visits, Family  
Training, Early Intervention  
Services,  
Developmental/Behavioral  
Issues, Cultural Competency  
Trained, Counselor  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

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# Behavioral Services

## **Froney, Amber BCBA**

Gender: Female  
NPI: 1437667599  
License: VA 0133002114  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Geise, Jennifer M BCBA**

Gender: Female  
NPI: 1942821582  
License: VA 0133001702  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Hanley, Sydni D BCBA\***

Gender: Female  
NPI: 1790160505  
License: VA 0133001190  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Huynh, Alisa M BCBA\***

Gender: Female  
NPI: 1033467840  
License: MD LBA267  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
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Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

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# Behavioral Services

## Ingenito, Richia BCBA

Gender: Female  
NPI: 1700438488  
License: VA 0133003531  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Jett, Emily Z BCBA\*

Gender: Female  
NPI: 1346765997  
License: VA 0133001198  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anger  
Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Jinier, Lauren-Nicole BCBA\*

Gender: Female  
NPI: 1447599238  
License: VA 0133000083  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Kinlaw, Rachel F BCBA\*

Gender: Female  
NPI: 1104591270  
License: VA 0133001772  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Nguyen Newcomb, Anh-Tram BCBA

Gender: Female  
NPI: 1235600677  
License: VA 0133002022  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural Competency Trained, Behavioral Health Outpatient, Autism Spectrum Disorders, Autism, Art Therapy, Applied Behavioral Analysis, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, Anger Management  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

NPI: 1720427875  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Therapeutic Consultation (Professional), Mental Health Counselor, Home Visits, Family Training, Early Intervention Services, Developmental/Behavioral Issues, Cultural Competency Trained, Counselor  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Roberts, Caprice BCBA\*

Gender: Female  
NPI: 1649713660  
License: VA 0133002959  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural Competency Trained, Behavioral Health Outpatient, Autism Spectrum Disorders, Autism, Art Therapy, Applied Behavioral Analysis, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, Anger Management  
Vietnamese  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Sandlin, Whitney S BCBA

Gender: Female  
NPI: 1790207454  
License: VA 0133000984  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient, Autism Spectrum Disorders, Autism, Art Therapy, Applied Behavioral Analysis, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Tomei, Tressa BCBA

Gender: Female  
NPI: 1033518980  
License: VA 0133000775  
Website:  
paragonautismservices.com/  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

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\* Proveedor especialista certificado

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**Topham, Kathryn G**

Gender: Female  
NPI: 1346654647  
License: VA 0133000736  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anger  
Management  
Hebrew  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Patterson Behavior Services**

(571) 317-1446  
NPI: 1225526262  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
Autism  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Patterson, Allyson BCBA**

Gender: Female  
NPI: 1235628348  
License: VA 0133001138  
Practice Focus: Home Visits,  
Community-Based Treatment,  
Autism  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Pediatric Therapy Studio**

(703) 663-4808  
**Ahsan, Haseeb BCBA\***  
Gender: Male  
NPI: 1194262501  
License: VA 0133001569  
Website:  
www.pediatrictherapystudio.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders  
Hindi  
Age 22 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-3:00 PM

**Yamak, Kassem BCBA\***

Gender: Male  
NPI: 1972010916  
License: VA 0133001299  
Website:  
www.pediatrictherapystudio.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders  
Arabic  
Age 22 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-3:00 PM

**Pekier, Tehila BA**

(540) 259-4046  
Gender: Female  
NPI: 1962394460  
License: NH 1 25 80300  
Practice Focus: Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Positive Behavior Supports Corp**  
(855) 832-6727**Bennett, Michele\***

Gender: Female  
NPI: 1073117230  
License: VA 0133002709  
Website: www.teampbs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Coca, Ana BCBA\***

Gender: Female  
NPI: 1316500069  
License: VA 0133003630  
Website: www.teampbs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Portuguese  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Daugherty, Caroline BCBA

Gender: Female  
NPI: 1407364342  
License: VA 0133001243  
Website: www.teampbs.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mcgregor, Michail BCBA

Gender: Female  
NPI: 1629721527  
License: VA 0133004037  
Website: www.teampbs.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wisdom, Shelby N BCBA

Gender: Female  
NPI: 1891267910  
License: VA 0133001763  
Website: www.teampbs.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Positive Behavior Supports Corp

(855) 553-7326

## Gingras, Chantale BCBA

Gender: Female  
NPI: 1407452568  
License: VA 0133003385  
Website: www.teampbs.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis  
Spanish  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Positive Reinforcement (703) 576-5700

## Berger, Etana BCBA\*

Gender: Female  
NPI: 1538403787  
License: VA 0133000445  
Website: www.positivereinforcement.net  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Burchfield, Ashley BCBA

Gender: Female  
NPI: 1386169670  
License: VA 0133001002  
Website: www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Grewal, Tarndip BCBA\***

Gender: Female  
NPI: 1982365987  
License: VA 0133003751  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Hindi  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Guay, Ivy BCBA**

Gender: Female  
NPI: 1942811393  
License: VA 0133003015  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis Limited Handicap Accessibility Portuguese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Hambrick, Mary BCBA**

Gender: Female  
NPI: 1063829141  
License: VA 0133000502  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Jones Purdy, Laurel BCBA**

Gender: Female  
NPI: 1336991199  
License: VA 1 19 38072  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Kidd, Kathryn BCBA

Gender: Female  
NPI: 1134589419  
License: VA 0133003338  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Lane, Jay BCBA

Gender: Male  
NPI: 1629708409  
License: VA 0133002517  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Lupinacci, Mary BCBA

Gender: Female  
NPI: 1679195911  
License: VA 0133001680  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## McDonald, Kendra BCBA

Gender: Female  
NPI: 1457886061  
License: VA 0133000664  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Newton, KayLynn BCBA**

Gender: Female  
NPI: 1033607007  
License: VA 0133001155  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Arabic  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

NPI: 1679082200  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Precision ABA Therapy VA PLLC** (347) 893-1266

## **Goldberg, Miriam\***

Gender: Female  
NPI: 1144573387  
License: VA 0133003763  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Chinese  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Rogers, Janet BCBA**

(703) 309-5295  
Gender: Female  
NPI: 1881081768  
License: VA 0133000552  
Website:  
impactaba.hi5aba.com/  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Autism, Applied Behavioral Analysis  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-6:00 PM  
Sunday: 8:00 AM-6:00 PM

## **Senato, Marylyn BA**

(877) 262-2221  
Gender: Female  
NPI: 1427527027  
License: VA 0134000386  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-4:00 PM

## **SoaringHigh ABA**

(757) 231-5061  
NPI: 1942026729  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Spectrum Transformation Group**

(804) 378-6141

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Leggett, Brittany\*

Gender: Female  
NPI: 1174943450  
License: VA 0133000365  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mabry, Arielle BCBA

Gender: Female  
NPI: 1043645138  
License: VA 0133001278  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SpringHealth BH and Integrated Care VA (888) 515-1793

**Copp, Samantha BCBA**  
Gender: Female  
NPI: 1447503206  
License: VA 0133000548  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Hatch, Kylie BCBA\*

Gender: Female  
NPI: 1538518626  
License: VA 0133003123  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Leeper, Kathleen BCBA\*

Gender: Female  
NPI: 1760865893  
License: VA 0133003993  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## McKeithen, Tanya LCSW

Gender: Female  
NPI: 1821378696  
License: AR 28104C  
Website:  
Springhealthbehavioral.com  
Amharic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Rodriguez, Alejandra BCBA\*

Gender: Female  
NPI: 1346769056  
License: VA 0133004180  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
NPI: 1467827493  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Stiles, Olivia BCBA\***  
Gender: Female  
NPI: 1184169559  
License: AL 2017144  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Toler, Braden BCBA**

Gender: Male  
NPI: 1023983061  
License: VA 0133004664  
Website:  
www.Springhealthbehavioral.com  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Wegrzyn, Brianna BCBA\***

Gender: Female  
NPI: 1700312253  
License: VA 0133002069  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Willingham, Michelle BCBA**

Gender: Female  
NPI: 1477806990  
License: VA 0133000523  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Step Ahead ABA VA LLC**

(804) 774-7575

## **Lopez, Caleb N BCBA\***

Gender: Male  
NPI: 1568117505  
License: VA 0133003979  
Website:  
www.stepaheadaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **STEPS Behavioral Health**

(443) 353-9547  
NPI: 1346606571  
Website: stepsbh.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## **Storybook ABA VA LLC**

(757) 703-8799

## **Adkins, James J BCBA**

Gender: Male  
NPI: 1427344886  
License: NC 677  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Creole  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ADOLF, RAIZL BCBA**

Gender: Female  
NPI: 1811768518  
License: NJ 15BC00107300  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Banks, Ashleigh BCBA\***  
Gender: Female  
NPI: 1649627456  
License: MI 7401000162  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **CHAFIN, KATHERINE BCBA\***

Gender: Female  
NPI: 1568073112  
License: VA 0133002862  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **GONZALEZ, CAROLINA BCBA\***

Gender: Female  
NPI: 1528671732  
License: SC 1 20 44143  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Good, Sarah E BCBA\***

Gender: Female  
NPI: 1992362644  
License: MD LBA1968  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hwang, Kyu Hee BCBA**

Gender: Female  
NPI: 1790368520  
License: VA 0133002839  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **LAWAL, ASHLEY BCBA**

Gender: Female  
NPI: 1871096487  
License: VA 0133001193  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **LEAHY, BRIANNA BCBA\***

Gender: Female  
NPI: 1831658749  
License: VA 0133002745  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **LLANO, YVETTE BCBA\***

Gender: Female  
NPI: 1043723984  
License: VA 0133003622  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MALEWICKI, ALICIA BCBA\***

Gender: Female  
NPI: 1194378422  
License: VA 0133001464  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MCBRIDE, KATHERINE BCBA\***

Gender: Female  
NPI: 1811627243  
License: VA 0133002609  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Nudi Muldoon, Alva BCBA**

Gender: Female  
NPI: 1932513579  
License: MD LBA1938  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Patterson, Bethany BCBA\***

Gender: Female  
NPI: 1043623655  
License: NC 866  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1609604032  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **STREICHER, CHAYA BCBA\***

Gender: Female  
NPI: 1285395327  
License: VA 0133004196  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **TURNER, LATISHAYA BCBA\***

Gender: Female  
NPI: 1518467810  
License: VA 0133004013  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Suarez, Genesis BCBA** (757) 703-8799

Gender: Male  
NPI: 1528665973  
License: VA 0133004630  
Practice Focus: Autism  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sunray ABA VA LLC** (844) 278-6729

**Schick, Shifra\***  
Gender: Female  
NPI: 1700506342  
License: VA 0133004057  
Website:  
www.sunrayaba.com/  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Szabo, Christopher BCBA** (877) 262-2221

Gender: Male  
NPI: 1831552181  
License: VA 0133004128  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-4:00 PM

## **Tiller, Hannah BCBA** (540) 348-4808

Gender: Female  
NPI: 1245042670  
License: VA 0133004091  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Turner, Kristina BCBA** (646) 873-0294

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1922423482  
License: VA 0133000350  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Hebrew  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Virginia ABA LLC

(804) 601-8821

## Grim, Samantha BCBA\*

Gender: Female  
NPI: 1013525666  
License: VA 0133003756  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Werner, Batsheva BCBA

(732) 677-4124

Gender: Female  
NPI: 1326397704  
License: NY 000591  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, ABA  
Certified Provider  
Spanish  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## White, Jordan N BCBA

(980) 785-1113

Gender: Female  
NPI: 1174229249  
License: VA 0133003948  
Website: mosaictherapy.com  
Practice Focus: Autism  
Spectrum Disorders  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Behavioral Technician

## Connecting the Steps LLC

(757) 639-7919

## Conner, Ashley BCBA

Gender: Female  
NPI: 1225701030  
License: VA 0133004066  
Website:  
www.connectingthesteps.com  
/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Autism,  
Applied Behavioral Analysis,  
Adolescents, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Golden Steps ABA VA LLC (757) 703-0501

## Bateman, Kristen BCBA

Gender: Female  
NPI: 1437741493  
License: VA 0133003481  
Website:  
WWW.GOLDENSTEPSABA.COM  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Campbell, Ryann BCBA

Gender: Female  
NPI: 1639654338  
License: VA 0133002521  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Darden, Meaghan D BCBA

Gender: Female  
NPI: 1245720804  
License: VA 0133002061  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Driver, Keyonia S BCBA**

Gender: Female  
NPI: 1578108528  
License: VA 0133003152  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Hadaway, Jessica BCBA**

Gender: Female  
NPI: 1144844713  
License: VA 0133002500  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Proudley, Bethany N BCBA**

Gender: Female  
NPI: 1316406325  
License: VA 0133002314  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Positive Behavior Supports Corp**

(855) 832-6727

## **Donnelly, Kimberly RBT**

Gender: Female  
NPI: 1215660063  
License: VA 0133003927  
Website: [www.teampbs.com](http://www.teampbs.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Resilience Counseling Social Skills Center**

(540) 699-0226

## **Lamar, Miosha LPC**

Gender: Female  
NPI: 1891342010  
License: VA 0701014233  
Website: [www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707

Website: [www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Child & Adolescent Psychiatry Physician**

### **Childsavers**

(804) 644-9590  
NPI: 1699868448  
Website: [www.childsavers.org](http://www.childsavers.org)  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## National Capital Treatment and Recovery

(703) 841-0703

Website:

www.natcaptreatment.org

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Addictions/ Substance Abuse,

Addiction Medicine

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Neuropsych Wellness Center Pc

(703) 865-8686

NPI: 1588977748

Website:

www.neuropsych4u.com

Practice Focus: Virtual Care -

Audio/Visual, Medication

Management

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-6:00 PM

## Sakran, Mark PsyD

(703) 841-0703

Gender: Male

NPI: 1922327196

License: MD D0079256

Website:

www.natcaptreatment.org

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Addictions/ Substance Abuse,

Addiction Medicine

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Tucker Psychiatric Clinic Inc

(804) 320-7884

**Gould, David W MD**

Gender: Male

NPI: 1629068077

License: VA 0101045235

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained, Child &

Adolescent Psychiatry,

Adolescent Psychiatry

Age 2 to 18

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:30 PM

Tuesday: 8:00 AM-5:30 PM

Wednesday: 8:00 AM-5:30 PM

Thursday: 8:00 AM-5:30 PM

Friday: 8:00 AM-5:30 PM

## Tucker Psychiatric Clinic Inc

(804) 320-7881

NPI: 1003911256

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained, Child &

Adolescent Psychiatry,

Adolescent Psychiatry

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Child & Family Psychiatric/Mental Health Clinical Nurse Spec

### Harvey, Sharon DNP

(757) 586-5927

Gender: Female

NPI: 1881239903

License: VA 0001194083

Practice Focus: Virtual Care -

Audio/Visual, Psychiatry, Post-

Traumatic Stress Disorder

(PTSD), Depression, Autism,

Anxiety Disorder

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-8:00 PM

Tuesday: 6:00 PM-9:00 PM

Wednesday: 6:00 PM-9:00 PM

Thursday: 6:00 PM-9:00 PM

Friday: 9:00 AM-5:00 PM

Sunday: 10:00 AM-6:00 PM

## Clinical Child & Adolescent Psychologist

### Associated Clinical Services

(703) 569-8731

NPI: 1073522124

Website:

www.associatedclinical.com

Practice Focus: Virtual Care -

Audio/Visual,

Neuropsychology, Clinical

Psychology

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

### Carter, Megan PhD

Gender: Female

NPI: 1962053736

License: VA 0810007990

Website:

www.associatedclinical.com

Practice Focus: Virtual Care -

Audio/Visual,

Neuropsychology, Clinical

Psychology

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Center for Care and Resiliency

(540) 344-5300

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1053902742  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Couple Counseling  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Teegarden Cabay, Lisa Ann PhD**  
Gender: Female  
NPI: 1063606069  
License: VA 0810002476  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Couple Counseling  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## Clinical Psychologist

---

**A Step Forward Wellness Services LLC**  
(804) 716-2629

**Dhillon, Sukhpinder PsyD**  
Gender: Female  
NPI: 1952728008  
License: VA 0810006177  
Website: [astepforwardwellness.com](http://astepforwardwellness.com)  
Practice Focus: Virtual Care - Audio/Visual, DBT (Dialectical Behavior Therapy), Cognitive/Behavioral Therapy, Anxiety Disorder, ADHD  
Urdu, Hindi  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Abundant Life partners LLC**  
(757) 603-4603

**Foster, Thomas PhD**  
Gender: Male  
NPI: 1811515794  
License: VA 0810006458  
Website: [www.abundantlifepartners.com](http://www.abundantlifepartners.com)  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**ARROW Project**  
(540) 255-0972

**Holt, Jenna PsyD**  
Gender: Female  
NPI: 1902173479  
License: VA 0810004491  
Website: [www.arrow-project.org](http://www.arrow-project.org)  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Associated Clinical Services

(703) 569-8731  
NPI: 1073522124  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Boling, Anne M PhD

Gender: Female  
NPI: 1144324237  
License: VA 0810003065  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Carpenito, Jennifer PsyD

Gender: Female  
NPI: 1295318715  
License: VA 0810007463  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Carter, Edwin N PhD

Gender: Male  
NPI: 1417966474  
License: VA 0810000741  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Dunbar, Megan PsyD

Gender: Female  
NPI: 1225469653  
License: VA 0810004892  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## DuPuis, Laurie PsyD

Gender: Female  
NPI: 1710370184  
License: VA 0810005136  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ford, Bain PsyD

Gender: Male  
NPI: 1043520679  
License: VA 0810004320  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Henley, Anthony H PsyD

Gender: Male  
NPI: 1245422062  
License: VA 0810003840  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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## Nguyen, Thuan PsyD

Gender: Female  
NPI: 1700649340  
License: VA 0810008418  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Russian  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Stanley, Alisha PsyD

Gender: Female  
NPI: 1295444198  
License: VA 0810007988  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Warbel, Amanda PhD

Gender: Female  
NPI: 1982922712  
License: VA 0810004260  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Whitney, Lynette PsyD

Gender: Female  
NPI: 1427455211  
License: VA 0810006344  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Backpack Medical Group PC

(866) 968-6342

## Taylor, Patricia PhD

Gender: Female  
NPI: 1558744136  
License: DC PSY1001709  
Website: [helloworldbackpack.com/](http://helloworldbackpack.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Charis Institute For Psychological and Family Services

(540) 568-1876  
NPI: 1588733893  
Website: [charisinst.org](http://charisinst.org)  
Practice Focus: Virtual Care - Audio/Visual, Psychology  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Clinical Associates of Tidewater

(757) 877-7700

## Bierenbaum, Howard J PhD

Gender: Male  
NPI: 1639277395  
License: VA 0810001050  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
NPI: 1447341615  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Deaver, David L PhD

Gender: Male  
NPI: 1891708160  
License: VA 0810000797  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Frieden, Fredrick P PhD

Gender: Male  
NPI: 1316035975  
License: VA 0810001061  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Compass Behavioral Group Compass Behavioral Group

(804) 372-0151

Website:

www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Psychological Testing  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## PRINCE, EMILY LCP

Gender: Female  
NPI: 1457084899  
License: VA 0810007885  
Website:

www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Psychological Testing  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group Compass Behavioral Group

(434) 220-0089

## Fabbri, Stefania LCP

Gender: Female  
NPI: 1477793388  
License: VA 0810004083  
Website:

www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Psychological Testing  
Spanish, Italian  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Leon, Cynthia PhD

Gender: Female  
NPI: 1538478342  
License: VA 0810004326  
Website:

www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Psychological Testing  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compassion Counseling and Psychological Services LLC

(804) 380-2775

## Guion, David PhD

Gender: Male  
NPI: 1659741171  
License: VA 0810005208  
Website:

www.compassioncaps.com  
Practice Focus: Virtual Care - Audio/Visual, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Couple Counseling, Bereavement, Anxiety/Depression, Adult, Adjustment Disorders, ADHD, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Dougan and Walden Wellness PLLC

(804) 893-5555

## Coletta, Alexandra PsyD

Gender: Female  
NPI: 1194597153  
License: VA 0810008261  
Website: www.dwellness.org  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1396259602  
Website: [www.dwellness.org](http://www.dwellness.org)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dougan, Rae Anne PsyD**

Gender: Female  
NPI: 1326415837  
Website: [www.dwellness.org](http://www.dwellness.org)  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## **Stewart, Hollis PhD**

Gender: Female  
NPI: 1205667466  
License: VA 0810003777  
Website: [www.dwellness.org](http://www.dwellness.org)  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## **Voigt, Trisha PsyD**

Gender: Female  
NPI: 1447982822  
License: VA 0810007874  
Website: [www.dwellness.org](http://www.dwellness.org)  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

**Family Guidance Centers**  
(804) 743-0960

## **Carson, Camille I LP**

Gender: Female  
NPI: 1245897362  
License: VA 0810007626  
Website: [www.familyguidancecenters.com](http://www.familyguidancecenters.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
NPI: 1225192909  
Website: [www.familyguidancecenters.com](http://www.familyguidancecenters.com)  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **McGee, Charles S PhD**

Gender: Male  
NPI: 1275641557  
License: VA 0810000904  
Website: [www.familyguidancecenters.com](http://www.familyguidancecenters.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Scott, Nicole LCP**  
Gender: Female  
NPI: 1477045532  
License: VA 0810008152  
Website: [www.familyguidancecenters.com](http://www.familyguidancecenters.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Thornton, Carrie L LCP**

Gender: Female  
NPI: 1225757743  
License: VA 0810007930  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Genesis Counseling Center** (757) 564-3100

NPI: 1164451399  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Genesis Counseling Center** (757) 965-5886

**Risser, Dustin LPC**  
Gender: Male  
NPI: 1124718135  
License: VA 0810008343  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Cultural Competency Trained  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Genesis Counseling Center** (757) 827-7707

## **Smart-McCarthy, Madison LCP**

Gender: Female  
NPI: 1720891658  
License: FL PY12444  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Cultural Competency Trained  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Insight Therapy Solutions** (702) 685-0877

**Parkes, Nicole PsyD**  
Gender: Female  
NPI: 1326704974  
License: SC 1718  
Website:  
www.insighttherapysolutions.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Loudoun Counseling Coaching LLC** (571) 375-0668

NPI: 1134642044  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Neuropsychology, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM  
**Urbassik, Megan LCSW**  
Gender: Female  
NPI: 1356866537  
License: VA 0810005693  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Neuropsychology, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## **McDonough, Michael C PhD** (276) 386-2534

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Male  
NPI: 1689960221  
License: VA 0810002451  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 12:00 PM-3:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM

## Neuropsych Wellness Center Pc

(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Psychological Health Roanoke

(540) 772-5140

**MCDANIEL, TYLER C PhD**  
Gender: Male  
NPI: 1558829408  
License: VA 0810006212  
Website:  
PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-10:00 AM  
Tuesday: 8:00 AM-10:00 AM  
Wednesday: 8:00 AM-10:00 AM  
Thursday: 8:00 AM-10:00 AM  
Friday: 8:00 AM-10:00 AM  
Website:  
PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Resilience Counseling Social Skills Center

(540) 699-0226

**Melendez-Davidson, Jeanie LCP**  
Gender: Female  
NPI: 1588177943  
License: VA 0810006139  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mental Health Counselor, Grief/Death/Dying, General Mental Health Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Roberts, April PsyD

(757) 251-0879  
Gender: Female  
NPI: 1962595843  
License: FL PY6932  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## Spectrum Transformation Group

(804) 378-6141

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Fatzinger, Tracey PhD

Gender: Female  
NPI: 1083874051  
License: VA 0810003548  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gotovac, Taylor LCP

Gender: Female  
NPI: 1992177547  
License: VA 0810008239  
Practice Focus: Virtual Care - Audio/Visual, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jenness, Kiera PhD

Gender: Female  
NPI: 1629467139  
License: VA 0810003634  
Practice Focus: Virtual Care - Audio/Visual, Autism, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Moore, Melinda PhD

Gender: Female  
NPI: 1174771737  
License: VA 0810003986  
Practice Focus: Virtual Care - Audio/Visual, Autism, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Schmitt, Michelle PhD

Gender: Female  
NPI: 1104453026  
License: VA 0810004807  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism, Anxiety Disorder, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Walker, Jenee PsyD

Gender: Female  
NPI: 1457680217  
License: VA 0810004189  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Counseling and Community Development

(804) 218-8182

## Farrow, Daryl L LPC

Gender: Male  
NPI: 1891475042  
License: VA 0810008236  
Website: www.vaccd.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Weber, Randy L LCSW

(540) 568-1876

Gender: Male  
NPI: 1326146713  
Website: charisinst.org  
Practice Focus: Virtual Care - Audio/Visual, Psychology  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Weber, Ronda L LCSW

(540) 568-1876  
Gender: Female  
NPI: 1275631673  
Website: charisinst.org  
Practice Focus: Virtual Care - Audio/Visual, Psychology  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## Clinical Social Worker

**Absolute Essence Therapy and Consulting Services PLLC**  
(804) 495-0310

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1578381315  
Practice Focus: Virtual Care - Audio/Visual, Personality Disorders, Mood Disorders, Eye Movement Desensitization and Reprocessing (EMDR), DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Anxiety Disorder  
Age 11 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## **Clary, Jessica MSW**

Gender: Female  
NPI: 1619689296  
License: VA 0904014655  
Age 11 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## **Abundant Life Counseling and Supportive Services, LLC**

(804) 922-3740

NPI: 1154863140  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Family Therapy, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cole, Solange D LCSW**

Gender: Female  
NPI: 1912371741  
License: VA 0904009223  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Family Therapy, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Abundant Life partners LLC**

(757) 603-4603

## **Cassidy, Chelsea LCSW**

Gender: Female  
NPI: 1871939363  
License: VA 0904008234  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Anger Management  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cassidy, Lisa LCSW**

Gender: Female  
NPI: 1033722251  
License: VA 0904012198  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Parent Child Interaction Therapy, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Chapman, Gabrielle LCSW**

Gender: Female  
NPI: 1730722588  
License: VA 0904015292  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Veteran's Issues, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cimo, Daniel LCSW**

Gender: Male  
NPI: 1376354639  
License: VA 0904017607  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Men, LGBTQ+, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Freeman, Meghan D CSW**

Gender: Female  
NPI: 1770021222  
License: VA 0904009742  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Goncalves, Danielle LCSW**

Gender: Female  
NPI: 1336756311  
License: VA 0904012907  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Family Therapy, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gonclaves, Isaac LCSW**

Gender: Male  
NPI: 1427885631  
License: VA 0904017428  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism, ADHD  
Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hazelwood-Roane, Jessica LCSW**

Gender: Female  
NPI: 1457936130  
License: VA 0904012691  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, ADHD  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hunt, Llorin LCSW**

Gender: Female  
NPI: 1659760577  
License: DC LC50081502  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Eating Disorders, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kent, Steven W LCSW**

Gender: Male  
NPI: 1932719168  
License: VA 0904015901  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Addictions/ Substance Abuse  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Maninga, Lauren LCSW**

Gender: Female  
NPI: 1952295396  
License: VA 0904018378  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McSorley, Deborah LCSW**

Gender: Female  
NPI: 1548573223  
License: VA 0904006605  
Website:  
www.abundantlifepartners.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Family Therapy, Cultural Competency Trained  
Dutch  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Parks, Sarah LCSW**

Gender: Female  
NPI: 1932762523  
License: VA 0904013892  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Religion Based Therapy, Post-Traumatic Stress, Cultural Competency Trained  
Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Robinson, Nicole LCSW**

Gender: Female  
NPI: 1275373441  
License: VA 0904016344  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety/Depression  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tiffin, Laura LCSW**

Gender: Female  
NPI: 1184315178  
License: VA 0904009057  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained, Adult  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wallner, Annie LCSW**

Gender: Female  
NPI: 1982392668  
License: VA 0904015247  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Adult Serious Mental Illness (SMI)  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wolanzyk, Lisa LCSW**

Gender: Female  
NPI: 1891056008  
License: VA 0904008363  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained, Adult  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **All Hope Behavioral Health Services PC**

(703) 542-3737  
NPI: 1760715403  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ridge, Lauren C LCSW**

Gender: Female  
NPI: 1134772684  
License: VA 0904008286  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Allied Transformations LLC**

(540) 609-2570  
NPI: 1992260327  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, LGBTQ+, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **ARROW Project**

(540) 255-0972

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Conner, Gail LCSW

Gender: Female  
NPI: 1508301375  
License: VA 0904008713  
Website: [www.arrow-project.org](http://www.arrow-project.org)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

**Associates in Brief  
Therapy Inc**  
(540) 772-8043

## Adams, Margaret LCSW

Gender: Female  
NPI: 1629736541  
License: VA 0904013482  
Website: [www.abtcounseling.com](http://www.abtcounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Family Therapy, Depression, Cognitive/Behavioral Therapy, Bipolar  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

NPI: 1033286794

Website: [www.abtcounseling.com](http://www.abtcounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Family Therapy, Depression, Cognitive/Behavioral Therapy, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## DeFilippis, Amanda LCSW

Gender: Female  
NPI: 1831883842  
License: VA 0904015366  
Website: [www.abtcounseling.com](http://www.abtcounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder  
Spanish  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Backpack Medical Group PC

(866) 968-6342  
NPI: 1851177570  
Website: [hellobackpack.com](http://hellobackpack.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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# Behavioral Services

## Coates, Anasia LCSW

Gender: Female  
NPI: 1629733233  
License: PA CW020514  
Website: [helloworldbackpack.com](http://helloworldbackpack.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Davis, Monekka LCSW

Gender: Female  
NPI: 1619595477  
License: IL 149027790  
Website: [helloworldbackpack.com/](http://helloworldbackpack.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Dixon, Ashley LCSW

Gender: Female  
NPI: 1609473602  
License: VA 0904013201  
Website: [helloworldbackpack.com/](http://helloworldbackpack.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Ellis, Jacqueline LCSW

Gender: Female  
NPI: 1003574229  
License: MD 28071  
Website: [helloworldbackpack.com/](http://helloworldbackpack.com/)  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Cultural Competency Trained, Child & Adolescent Psychiatry, ADD/ADHD  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Baldwin Counseling PLLC

(757) 340-0275

## Baldwin, Suzanne M LCSW

Gender: Female  
NPI: 1285644609  
License: VA 0904003880  
Website: [www.baldwincounselingcenter.com](http://www.baldwincounselingcenter.com)  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-5:00 PM

## BE & MH: Mental Health Services Group

(757) 338-1421  
NPI: 1043999162  
Website: [www.beandmh.com](http://www.beandmh.com)  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Family Therapy, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Chronic Illnesses  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ferguson, Victoria LCSW MSW

Gender: Female  
NPI: 1679981625  
License: VA 0904015594  
Website: [www.beandmh.com](http://www.beandmh.com)  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Family Therapy, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Chronic Illnesses  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM

## Beautiful Reflections Counseling

(804) 592-1225  
NPI: 1417556879  
Website: [www.beautifulreflectionsounseling.com](http://www.beautifulreflectionsounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Stokes, Andria M LCSW

Gender: Female  
NPI: 1144829599  
License: VA 0904012440  
Website:  
www.beautifulreflectionsounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## BEST THERAPEUTIC SOLUTIONS LLC

(804) 557-0085  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Screening Brief Intervention Referral to Treatment (SBIRT), Schizoaffective Disorder, Mental health skill building, Employee Assistance Program (EAP), Dual Diagnosis (MH/SA), Community-Based Treatment, Cognitive/Behavioral Therapy, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Screening Brief Intervention Referral to Treatment (SBIRT), Schizoaffective Disorder, Mental health skill building, Employee Assistance Program (EAP), Dual Diagnosis (MH/SA), Community-Based Treatment, Cognitive/Behavioral Therapy, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Black, Rebecca LCSW

(703) 841-0703  
Gender: Female  
NPI: 1346918083  
License: MD 20783  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Blue Mountain Therapy

(276) 525-6043

NPI: 1497330401

Website:  
www.bluemountaintherapy.com  
Practice Focus: Virtual Care - Audio/Visual, Certified Social Worker  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Jenkins, Haley K LCSW

Gender: Female  
NPI: 1497324354  
License: VA 0904012923  
Website:  
www.bluemountaintherapy.com  
Practice Focus: Virtual Care - Audio/Visual  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## C and S Holistic Counseling and Consulting LLC

(757) 782-4070

Website: csholistic.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Grief/Death/Dying, Geriatric, General Mental Health, Cognitive/Behavioral Therapy, Anxiety/Depression, Anger Management, Adult, Adjustment Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM  
**Chamberliss, Shantora M LCSW**  
Gender: Female  
NPI: 1831529130  
License: VA 0904008370  
Website: csholistic.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Grief/Death/Dying, Cognitive/Behavioral Therapy, Anxiety/Depression, Anger Management, Adult, Adjustment Disorders, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Jefferson, Rashida LCSW

Gender: Female  
NPI: 1528761517  
License: VA 0904014741  
Website: csholistic.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM

## Williams, Carina V LCSW

Gender: Female  
NPI: 1649734559  
License: VA 0904010711  
Website: csholistic.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM

## Calm Waters Counseling LLC

(804) 644-0774

NPI: 1982234092  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Grief/Death/Dying, Bereavement, Anxiety Disorder, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Casrie Meyer LCSW PLLC

(804) 901-3922  
NPI: 1811542822  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Central Virginias Preferred Providers

(804) 330-6441

NPI: 1730638107  
Website: www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## HYPE Counseling Services

Gender: Female  
NPI: 1760936918  
License: VA 0904009557  
Website: www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Changing Lives Therapeutic Service

(980) 833-1121

## Rolle, Cemetrius LPC

Gender: Female  
NPI: 1295117760  
License: NC C012171  
Website: www.changinglivestherapeuti cservice.com  
Practice Focus: Virtual Care - Audio only  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## Chesapeake Counseling Associates PC

(804) 695-2557

## Hodges, Linda LCSW

Gender: Female  
NPI: 1073607024  
License: VA 0904001966  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## Chesapeake Counseling Center

(757) 302-8362

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Baker-Hutchinson, Jodi S LCSW**

Gender: Female  
NPI: 1407394497  
License: VA 0904009768  
Website:  
chesapeakecounselingcenter.com/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Anxiety/Depression, Anger Management  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1780160747  
Website:  
chesapeakecounselingcenter.com/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Anxiety/Depression, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Childsavers**

(804) 644-9590

## **BARNETT, MAYA LCSW**

Gender: Female  
NPI: 1881359149  
License: VA 0904018985  
Website: childsav.org  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1699868448  
Website: www.childsav.org  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Cultural Competency Trained, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

## **Jamrozy, Rachel LCSW**

Gender: Female  
NPI: 1275287203  
License: VA 0904019644  
Website: childsav.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Community-Based Treatment, Behavioral Health Outpatient  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-5:00 PM

## **Clinical Associates of Tidewater**

(757) 877-7700  
NPI: 1447341615  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Cultural Competency Trained, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Havrilla, John F LCSW**

Gender: Male  
NPI: 1053409433  
License: VA 0904000775  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Keller, Rebecca W LCSW**

Gender: Female  
NPI: 1437174067  
License: VA 0904003037  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **TAYLOR, CATHERINE LCSW**

Gender: Female  
NPI: 1457426769  
License: VA 0904007139  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Coastal Virginia Counseling**

(757) 222-4944

## **Bunting, David CSW**

Gender: Male  
NPI: 1336658293  
License: VA 0904010028  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 3:30 PM-7:00 PM  
Wednesday: 3:30 PM-7:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral Group**

(804) 372-0151

## **Bischof, Erika LCSW**

Gender: Female  
NPI: 1336659739  
License: VA 0904010053  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Website: www.compassva.com

Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral Group**

(540) 215-0535

## **Bratcher, Jacob LCSW**

Gender: Male  
NPI: 1336844109  
License: VA 0904015097  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral Group**

(757) 644-6391

## **Filer, Lisa LCSW**

Gender: Female  
NPI: 1003651456  
License: VA 0904017037  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **RANDLE, NEASA LCSW**

Gender: Female  
NPI: 1104175140  
License: VA 0904010345  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Stuckey, Charles LCSW**

Gender: Male  
NPI: 1760037386  
License: VA 0904017058  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral Group**

(434) 220-0089

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\* Proveedor especialista certificado

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# Behavioral Services

## Howell, Katherine LCSW

Gender: Female  
NPI: 1821410937  
License: VA 0904012112  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## O'Brien, Julie LCSW

Gender: Male  
NPI: 1972204188  
License: VA 0904014906  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## PAGE, JENELLE LCSW

Gender: Female  
NPI: 1821501511  
License: VA 0133000935  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral GroupCompass Behavioral Group

(540) 437-1605  
**REARDON, MOLLY LCSW**  
Gender: Female  
NPI: 1356756704  
License: VA 0904013891  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass NOVA

(703) 496-7804  
**Best, Patricia LCSW**  
Gender: Female  
NPI: 1508619149  
License: VA 0904016579  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Boren, Michelle LCSW

Gender: Male  
NPI: 1861083073  
License: VA 0904011203  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Chung, Angela LCSW

Gender: Female  
NPI: 1881302370  
License: VA 0904014543  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Korean  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## DeLeon, Madison LCSW

Gender: Female  
NPI: 1912675208  
License: VA 0904013246  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Eberly, Kaitlyn LCSW

Gender: Female  
NPI: 1801501713  
License: VA 0904014745  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MEDRANO, CINDY LCSW

Gender: Female  
NPI: 1265178792  
License: VA 0904013857  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Spanish  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SROKA, MARY LCSW

Gender: Female  
NPI: 1285062513  
License: VA 0904009245  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass NOVA

(540) 339-3640  
**Clarke, Shannon LCSW**  
Gender: Female  
NPI: 1912713538  
License: VA 0734003627  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SAKS, PHILLICIA LCSW

Gender: Female  
NPI: 1073198933  
License: VA 0904012721  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## ULRICH, BONNIE LCSW

Gender: Female  
NPI: 1497392633  
License: VA 0904004347  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Confidant Providers LLC**  
(203) 747-8696

## Babb, Felisha LCSW

Gender: Female  
NPI: 1457940090  
License: KY 255217  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
LGBTQ+, Cultural Competency  
Trained, Bipolar,  
Anxiety/Depression,  
Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Cale, Robert LCSW

Gender: Male  
NPI: 1780149443  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

**Counseling Associates of  
the Highlands**  
(540) 965-1373

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Dudley, Jennifer LCSW

Gender: Female  
NPI: 1073010856  
License: VA 0904010431  
Practice Focus:  
Grief/Death/Dying,  
Anxiety/Depression, Anxiety  
Disorder  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:30 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-6:30 PM  
Friday: 9:00 AM-5:00 PM

## Danville Pittsylvania Community Services

(434) 799-0456

## Campbell, Amanda LCSW

Gender: Female  
NPI: 1588344642  
License: VA 0904015600  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Pruitt, Carla LCSW

Gender: Female  
NPI: 1871167221  
License: VA 0904012640  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Davis, Nikkimah P LCSW

(571) 229-7334  
Gender: Female  
NPI: 1770611527  
License: DC LC200002592  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Victims of  
elder abuse, Victims of  
domestic violence, Victim  
Awareness, Veteran's Issues,  
Traumatic Brain Injury Waiver  
(DHS/DRS), Traumatic Brain  
Injury, Trauma Recovery and  
Empowerment Model (TREM),  
Trauma Informed Care Trained  
Age 12 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-3:00 PM

## Davis, Rita L LICSW

(757) 306-4232  
Gender: Female  
NPI: 1770635112  
License: VA 0904002014  
Practice Focus: Virtual Care -  
Audio/Visual, Veteran's Issues,  
LGBTQ+, Grief/Death/Dying,  
Depression  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Depaul Family Services

(540) 265-8923

## Gregory, Kimberly LCSW

Gender: Female  
NPI: 1851764815  
License: VA 0904009226  
Website:  
www.depaulcr.org/outpatient-  
counseling-services/  
Practice Focus: Virtual Care -  
Audio/Visual, Schizophrenia,  
Schizoaffective Disorder,  
Psychotic Disorders,  
Intellectual Development  
Disabilities (IDD), Eating  
Disorders, Domestic Violence,  
Divorce Recovery Therapy,  
Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Poston, Jason D LCSW

Gender: Male  
NPI: 1841635380  
License: VA 0904008238  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Depaul Family Services

(276) 623-0881

## Mcpike Copenhaver, Molly O

Gender: Female  
NPI: 1972201085  
License: VA 0904014901  
Website: [www.depaulcr.org/outpatient-counseling-services/](http://www.depaulcr.org/outpatient-counseling-services/)  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Divine Counseling LLC

(443) 955-2662

## Baltimore, Cara LCSW

Gender: Female  
NPI: 1588228910  
License: MD 24051  
Website: [www.divinecounselingllc.com](http://www.divinecounselingllc.com)  
Practice Focus: Women, Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Terminal Illness, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, LGBTQ+, Grief/Death/Dying, Family Therapy, Domestic Violence  
Spanish  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-2:00 PM

NPI: 1184291155

Website: [www.divinecounselingllc.com](http://www.divinecounselingllc.com)  
Practice Focus: Women, Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Terminal Illness, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, LGBTQ+, Grief/Death/Dying, Family Therapy, Domestic Violence  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-2:00 PM

## Doctor on Demand

### Professionals PC

(800) 442-8938

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Website:

www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexuality, Religious Emphasis, Post Partum, Personality Disorders, Neuropsychology, Mood Disorders/Depression, Marital Therapy, Gay/Lesbian/Bisexual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-12:00 AM  
Tuesday: 12:00 AM-12:00 AM  
Wednesday: 12:00 AM-12:00 AM  
Thursday: 12:00 AM-12:00 AM  
Friday: 12:00 AM-12:00 AM  
Saturday: 12:00 AM-12:00 AM  
Sunday: 12:00 AM-12:00 AM

## **Dooley, Cathy LCSW**

(703) 841-0703  
Gender: Female  
NPI: 1598209298  
License: VA 0904005665  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **DQS Communications Healthcare Group**

(757) 864-0674  
NPI: 1265705461  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Sexual Dysfunction, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Community-Based Treatment, Anxiety/Depression, Addictions/ Substance Abuse, Abuse (Sexual)  
Limited Handicap Accessibility Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## **Sheafe, Sadie F LCSW**

Gender: Female  
NPI: 1700840071  
License: VA 0904003220  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Sexual Dysfunction, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Community-Based Treatment, Anxiety/Depression, Addictions/ Substance Abuse, Abuse (Sexual)  
Limited Handicap Accessibility Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## **DREHER AND ASSOCIATES INC**

(757) 522-7079

## **Dreher, Simone SW**

Gender: Female  
NPI: 1083161053  
License: VA 0904013029  
Practice Focus: Virtual Care - Audio/Visual, Sex Offenders, Psychotherapy, Pregnancy-Related and Postpartum SUD, Group therapy, Grief/Death/Dying, Dual Diagnosis (MH/SA), Cultural Competency Trained, Child/Adolescent Substance users, Child/Adolescent Serious Mental Illness (SMI)  
Age 6 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Eastern Shore Community Services Board**

(757) 665-1260

## **Creed, Rebecca E LCSW**

Gender: Female  
NPI: 1194900928  
License: VA 0904002185  
Practice Focus: Virtual Care - Audio/Visual, Functional Family Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

**Delo, Christine D LCSW**

Gender: Female  
NPI: 1477924397  
License: VA 0904008616  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Functional Family Therapy  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Sedjat, Lisa B LCSW**

Gender: Female  
NPI: 1407161565  
License: VA 0904002771  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Tankard, Rosionka K LCSW**

Gender: Female  
NPI: 1396420857  
License: VA 0904015399  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

19056 Greenbush Rd  
Parksley, VA 23421  
(757) 665-1260

**Walker, Molly C LCSW**

Gender: Female  
NPI: 1326572645  
License: VA 0904009345  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Delo, Christine D LCSW**

Gender: Female  
NPI: 1477924397  
License: VA 0904008616  
Age 3 and up  
Mental/Physical Impairment Services  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: TTY  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Ford, Caitlin LCSW**

Gender: Female  
NPI: 1902439516  
Practice Focus: Behavioral Health Outpatient  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Sedjat, Lisa B LCSW**

Gender: Female  
NPI: 1407161565  
License: VA 0904002771  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Tankard, Rosionka K LCSW**

Gender: Female  
NPI: 1396420857  
License: VA 0904015399  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Walker, Molly C LCSW**

Gender: Female  
NPI: 1326572645  
License: VA 0904009345  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Elmwood Counseling Services

(276) 623-8230  
NPI: 1710068895  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Couple Counseling  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-1:00 PM

## Mink, Judy M LCSW

Gender: Female  
NPI: 1700889235  
License: VA 0904001864  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Couple Counseling  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-1:00 PM

## Elyyan, Rena LCSW

(406) 361-3146

Gender: Female  
NPI: 1548002678  
License: VA 0904016779  
Website: [www.charliehealth.com/](http://www.charliehealth.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## Empowered Well-Being Counseling

(540) 315-5318  
NPI: 1518520527  
Practice Focus: Virtual Care - Audio/Visual, Rheumatoid Arthritis, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wingard, Felcia LPC

Gender: Female  
NPI: 1639686413  
License: VA 0904010211  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy Spanish  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Empowering You Therapeutic Services LLC

(276) 403-2806  
Practice Focus: Virtual Care - Audio/Visual, Schizoaffective Disorder, Psychotic Disorders, Mental health skill building, Intensive In-Home Services, Depression, Conflict Resolution, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Jamison, Tia A LCSW

Gender: Female  
NPI: 1598401655  
License: VA 0904013945  
Practice Focus: Virtual Care - Audio/Visual, Schizoaffective Disorder, Psychotic Disorders, Mental health skill building, Intensive In-Home Services, Depression, Conflict Resolution, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar Spanish  
Age 15 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Endurance Counseling and Supervision Services LLC

(757) 755-3423

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Davis, Jamicia L LCSW

Gender: Female  
NPI: 1528537271  
License: VA 0904008322  
Website:  
www.endurancecss.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Depression, Child Abuse/Neglect, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:30 AM-9:00 PM  
Tuesday: 6:30 AM-9:00 PM  
Wednesday: 6:30 AM-9:00 PM  
Thursday: 6:30 AM-9:00 PM  
Friday: 6:30 AM-9:00 PM  
Saturday: 6:30 AM-9:00 PM  
Sunday: 6:30 AM-9:00 PM

## Every Age Every Stage LLC (804) 562-7117

### Peters, Ramona

NPI: 1194354563  
License: VA 0904010861  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Stephenson, Melanie L LCSW

Gender: Female  
NPI: 1154584514  
License: VA 0904006771  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Spanish  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Focus Inc

(804) 261-2090  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Speer, Katelyn H MSW

Gender: Female  
NPI: 1669290177  
License: VA 0904016135  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Age 15 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Guidance Centers

(804) 743-0960  
**Abell, Ann E LCSW**  
Gender: Female  
NPI: 1821326026  
License: VA 0904007172  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Angeloff, Karen D LCSW

Gender: Female  
NPI: 1467707497  
License: VA 0904004002  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Arnold, Sharon LCSW**  
Gender: Female  
NPI: 1932539004  
License: VA 0904004372  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Bagsby, Jennifer LCSW**

Gender: Female  
NPI: 1457599524  
License: VA 0904006866  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Marital Therapy, Depression, Couple Counseling, Cognitive/Behavioral Therapy, Behavioral Health Outpatient, Anxiety/Depression  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Beach, Jessica LCSW**

Gender: Female  
NPI: 1518256940  
License: VA 0904009957  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Beach, Michael LCSW**

Gender: Male  
NPI: 1346859204  
License: VA 0904011985  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
French  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Bernstein, Jane LCSW**

Gender: Female  
NPI: 1356833552  
License: VA 0904003111  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Boone, Kimberly LCSW**

Gender: Female  
NPI: 1861411589  
License: VA 0904012371  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Camire, Kelsey LCSW**

Gender: Female  
NPI: 1164086930  
License: VA 0904010621  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Collins, Melinda LCSW**

Gender: Female  
NPI: 1710238043  
License: VA 0904010300  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Daniels, Cristina LCSW

Gender: Female  
NPI: 1881227775  
License: VA 0904011491  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## DeLisio, Jessica LCSW

Gender: Female  
NPI: 1932657046  
License: VA 0904009281  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Duggan, Caitlin LCSW

Gender: Female  
NPI: 1932700382  
License: VA 0904016136  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
NPI: 1225192909  
Website:  
www.familyguidancecenters.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Victims of elder abuse, Victims of domestic violence, Veteran's Issues, Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior, Transgender Male  
Limited Handicap Accessibility  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Flynn, Ehren LCSW

Gender: Male  
NPI: 1366562092  
License: VA 0904008540  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Garraghty, Kathryn LCSW**  
Gender: Female  
NPI: 1083905236  
License: VA 0904007574  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
French  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hannah, Renee LCSW

Gender: Female  
NPI: 1548594286  
License: VA 0904008648  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Limited Handicap Accessibility  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 10:00 AM-2:00 PM  
**Heard, Sarah LCSW**  
Gender: Female  
NPI: 1972590461  
License: VA 0904002932  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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# Behavioral Services

## Jennings, Karla LCSW

Gender: Female  
NPI: 1093936973  
License: VA 0904010944  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Keisha Lighty, La LCSW

Gender: Female  
NPI: 1639472350  
License: NC C008143  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Medina, Catherine LCSW

Gender: Female  
NPI: 1801083100  
License: VA 0904006853  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Miller, Carly LCSW

Gender: Female  
NPI: 1336988047  
License: VA 0904012371  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Mills, Megan LCSW

Gender: Female  
NPI: 1770996209  
License: VA 0904012196  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Price, Lindsey LCSW

Gender: Female  
NPI: 1598322919  
License: VA 0904011101  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Rixmann, Emma LCSW

Gender: Female  
NPI: 1760965495  
License: VA 0904010683  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Marital Therapy, Depression, Couple Counseling, Cognitive/Behavioral Therapy, Behavioral Health Outpatient, Anxiety/Depression  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Saltzberg, Lori LCSW

Gender: Female  
NPI: 1285031054  
License: VA 0904002266  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Stephan, Amy LCSW**

Gender: Female  
NPI: 1073508578  
License: VA 0904003288  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Steverson, James LCSW**

Gender: Male  
NPI: 1811662133  
License: VA 0904013084  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Swink, Wade LCSW**

Gender: Male  
NPI: 1982074746  
License: VA 0904014572  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Terry, Dawn M CSW**

Gender: Female  
NPI: 1023026044  
License: VA 0904005771  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Tiffany, Malinda LCSW**

Gender: Female  
NPI: 1467996264  
License: VA 0904008003  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Trent, Victoria LCSW**

Gender: Female  
NPI: 1154462166  
License: VA 0904005754  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Welthy, Ellen LCSW**

Gender: Female  
NPI: 1205097250  
License: VA 0904007025  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family Mental Health of Virginia**

(703) 688-8541

## **Curley, Patrick CSW**

Gender: Male  
NPI: 1649655077  
License: VA 0904008883  
Practice Focus: Virtual Care - Audio/Visual, Conflict Resolution, Anxiety/Depression, ADHD  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-9:00 PM  
Tuesday: 8:00 AM-9:00 PM  
Wednesday: 8:00 AM-9:00 PM  
Thursday: 8:00 AM-9:00 PM  
Friday: 8:00 AM-9:00 PM  
Saturday: 9:00 AM-1:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1962103549  
Practice Focus: Virtual Care - Audio/Visual, Conflict Resolution, Anxiety/Depression, ADHD Limited Handicap Accessibility Handicap Accessible: Building, Parking, Restroom Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Fisher, Brittany LCSW**  
(804) 370-1050  
Gender: Female  
NPI: 1932686359  
Website:  
www.truecounselingservices.com  
Practice Focus: Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Stress Management, Seeking safety, Schizophrenia, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression Spanish  
Age 5 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

**Floyd Counseling and Care Management**  
(540) 772-8043  
**Hurst, Rhoda E LCSW**  
Gender: Female  
NPI: 1740204155  
License: VA 0904006116  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Marital Therapy, Cognitive/Behavioral Therapy, Bipolar, Anxiety/Depression Limited Handicap Accessibility Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

**Footsteps Counseling Center**  
(804) 715-3215

NPI: 1669556585  
Website:  
www.footstepscounseling.com  
Practice Focus: Virtual Care - Secure Text Messaging, Virtual Care - Audio/Visual, Stress Management, Strengthening Families, Separation Grief and Loss, Play Therapy, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Family Therapy  
Limited Handicap Accessibility Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-1:00 PM

**Keister, Heather LCSW**  
Gender: Female  
NPI: 1285468470  
License: VA 0904017331  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Strengthening Families, Separation Grief and Loss, Play Therapy, Family Therapy, Faith-based/spiritual, Developmental/Behavioral Issues, Cultural Competency Trained, Child Parent Psychotherapy, Child Abuse/Neglect  
Limited Handicap Accessibility Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-3:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

**Nuchols, Cherie G LCSW**

Gender: Female  
NPI: 1275508046  
License: VA 0904003764  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Bereavement,  
Anxiety/Depression, Abuse  
(Physical, Sexual)  
Limited Handicap Accessibility  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

**Secondi, Lorna M LCSW**

Gender: Female  
NPI: 1346470168  
License: VA 0904007135  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual,  
Personality Disorders,  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders/Depression, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Abuse (Physical, Sexual)  
Limited Handicap Accessibility  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 11:00 AM-6:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 11:00 AM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Thell, Shana B LICSW**

Gender: Female  
NPI: 1902821879  
License: VA 0904005342  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Stress  
Management, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Anxiety/Depression, Abuse  
(Physical, Sexual)  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 8:00 AM-1:00 PM

**Winkler, Kristie LCSW**

Gender: Female  
NPI: 1831437144  
License: VA 0904007931  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Mood  
Disorders/Depression, Faith-  
based/spiritual, Eating  
Disorders, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Bereavement,  
Anxiety/Depression  
Limited Handicap Accessibility  
Age 12 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

**Frank D Manners and  
Associates Inc**

(804) 672-8390  
NPI: 1528079365  
Practice Focus: Virtual Care -  
Audio/Visual, Family Therapy,  
Depression, Bipolar, Anxiety  
Disorder, Anger Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Manners, Frank D LCSW

Gender: Male  
NPI: 1366604571  
License: VA 0904001639  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Depression, Bipolar, Anxiety Disorder, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-8:00 PM  
Tuesday: 9:30 AM-8:00 PM  
Wednesday: 9:30 AM-8:00 PM  
Thursday: 9:30 AM-8:00 PM  
Friday: 7:30 AM-12:30 PM  
Saturday: 7:30 AM-12:30 PM

## Fray, Karl LCSW

(703) 841-0703  
Gender: Male  
NPI: 1558095349  
License: VA 0904014064  
Website: www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**From Start 2 Finish  
Counseling Services Inc**  
(434) 634-0060

## Stephens-Dunn, Laneisha LCSW

Gender: Female  
NPI: 1831689454  
License: VA 0904013692  
Website: www.fs2finc.org  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, General Mental Health, Cultural Competency Trained, Crisis Stabilization (CS), Crisis Intervention (CI), Child Psychiatry, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-3:00 PM

**Genesis Counseling Center**  
(757) 564-3100

NPI: 1164451399  
Website: www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Genesis Counseling Center**  
(757) 827-7707

## Jones, Caitlin LCSW

Gender: Female  
NPI: 1750081519  
License: VA 0904013932  
Website: www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 7 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Glover, Sherri LPC**  
(406) 361-3146

Gender: Female  
NPI: 1699513481  
License: VA 0701013737  
Website: www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## GRAHAM, AUBREY LCSW

(703) 841-0703  
Gender: Female  
NPI: 1376954222  
License: VA 0710102703  
Website: www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Grimes, Nakkia N LCSW**  
(757) 622-0700

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1194168278  
License: VA 0904008123  
Website:  
www.lifesjourneyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Stress Management, Sexuality, Multicultural Issues, Mood Disorders, LGBTQ+, Grief/Death/Dying, Gender Identity, Family Therapy Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## **GrowingThru Inc**

(757) 790-1740  
NPI: 1699547950  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychosomatic Medicine, Personality Disorders, Mood Disorders, Eye Movement Desensitization and Reprocessing (EMDR), Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Hairston and Associates Therapeutic and Comm Treatment Svcs**

(276) 336-3336  
Website:  
HAIRSTONASSOC.COM  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hairston, Portia CSW**

Gender: Female  
NPI: 1619413812  
License: VA 0904009746  
Website:  
HAIRSTONASSOC.COM  
Practice Focus: Virtual Care - Audio/Visual  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **Hope and Healing Counseling Center LLC**

(276) 300-4422

NPI: 1992162044  
Website:  
hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Robinette, Beverly C LCSW**

Gender: Female  
NPI: 1699131177  
License: VA 0904009274  
Website:  
hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Hope for Tomorrow Counseling**

(434) 376-2006

## **Ambrose, Lyudmila LCSW**

Gender: Female  
NPI: 1245999028  
License: FL SW23897  
Practice Focus: Virtual Care - Audio/Visual, Obsessive-Compulsive Disorder (OCD), Grief/Death/Dying, Gambling, Dialectal Behavior Therapy (DBT), Depression, Cognitive/Behavioral Therapy, Borderline Personality Disorders, Bipolar, Autism Creole  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1033724216  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care - Audio/Visual, Obsessive-Compulsive Disorder (OCD), Grief/Death/Dying, Gambling, Faith-based/spiritual, Dialectal Behavior Therapy (DBT), Depression, Counselor, Cognitive/Behavioral Therapy, Borderline Personality Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Parker, Sherry LCSW MSW**

Gender: Female  
NPI: 1750762464  
License: VA 0904005248  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Innovative Care LLC**

(804) 608-6577

## **Ciccolo, Byra LCSW**

Gender: Female  
NPI: 1447985296  
License: VA 0904018612  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism,  
Assessing and Managing  
Suicide Risk (AMSR), Assertive  
Community Treatment,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management,  
Affective Disorders, Adult  
Substance users  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM

## **Earp, Sarah LCSW**

Gender: Female  
NPI: 1437839081  
License: VA 0904015094  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care -  
Audio/Visual, LGBTQ+, Gender  
Identity, Eating Disorders, Dual  
Diagnosis (MH/SA), Bipolar,  
Behavioral Health Outpatient,  
Anxiety/Depression,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM  
Sunday: 9:00 AM-6:00 PM

## **Gehlich, Angelica LCSW**

NPI: 1760058077  
License: VA 0904016623  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care -  
Audio/Visual, LGBTQ+, Gender  
Identity, Eating Disorders, Dual  
Diagnosis (MH/SA), Bipolar,  
Behavioral Health Outpatient,  
Anxiety/Depression,  
ADD/ADHD  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM  
Sunday: 9:00 AM-6:00 PM

## **Greenberg, Emma LCSW**

Gender: Female  
NPI: 1053173898  
License: VA 0904008744  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care -  
Audio/Visual, LGBTQ+, Gender  
Identity, Eating Disorders, Dual  
Diagnosis (MH/SA), Bipolar,  
Behavioral Health Outpatient,  
Anxiety/Depression,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 5:00 AM-8:00 PM  
Tuesday: 5:00 AM-8:00 PM  
Wednesday: 5:00 AM-8:00 PM  
Thursday: 5:00 AM-8:00 PM  
Friday: 5:00 AM-8:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1689202012

Website:

www.innovativecarellc.com

Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Autism, Assessing and Managing Suicide Risk (AMSR), Assertive Community Treatment

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 9:00 AM-6:00 PM

Sunday: 9:00 AM-6:00 PM

## Lambert, Heather LCSW

Gender: Female

NPI: 1386326916

License: VA 0904015133

Website:

www.innovativecarellc.com

Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 5:00 AM-8:00 PM

Tuesday: 5:00 AM-8:00 PM

Wednesday: 5:00 AM-8:00 PM

Thursday: 5:00 AM-8:00 PM

Friday: 5:00 AM-8:00 PM

## Marano, Elizabeth LCSW

NPI: 1609565431

License: VA 0904015328

Website:

www.innovativecarellc.com

Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 9:00 AM-6:00 PM

Sunday: 9:00 AM-6:00 PM

## Norton, Kristen MSW

Gender: Female

NPI: 1295172278

Website:

www.innovativecarellc.com

Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 9:00 AM-6:00 PM

Sunday: 9:00 AM-6:00 PM

## Richardson, Autumn LCSW

Gender: Female

NPI: 1487050852

License: VA 0904008744

Website:

www.innovativecarellc.com

Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 9:00 AM-6:00 PM

Sunday: 9:00 AM-6:00 PM

## Vanderbeek, Katherine B

Gender: Female

NPI: 1841541265

License: VA 0904008004

Website:

www.innovativecarellc.com

Practice Focus: Virtual Care - Audio/Visual, Autism, Assessing and Managing Suicide Risk (AMSR), Assertive Community Treatment, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, Anger Management, Affective Disorders, Adult Substance users

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 9:00 AM-6:00 PM

## Insight Therapy Solutions

(702) 685-0877

## Deas, Jennifer LCSW

Gender: Female

NPI: 1598060113

License: GA CSW009665

Website:

www.insighttherapysolutions.com/

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Sprewell, Kyrsten LCSW**

Gender: Female  
NPI: 1265112387  
License: NV 10897 C  
Website:  
www.insighttherapysolutions.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Inspired to Grow LLC**

(757) 633-5165  
NPI: 1134702095  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Gender Identity, Family Therapy, Dialectal Behavior Therapy (DBT), Depression, Chronic Illnesses  
Age 6 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 12:00 PM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-8:30 PM  
Friday: 9:00 AM-2:00 PM  
Saturday: 8:00 AM-1:00 PM

## **Watford, Tiara N LCSW**

Gender: Female  
NPI: 1487050126  
License: VA 0904010073  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Gender Identity, Family Therapy, Dialectal Behavior Therapy (DBT), Depression, Chronic Illnesses  
Age 6 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 12:00 PM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-8:30 PM  
Friday: 9:00 AM-2:00 PM  
Saturday: 8:00 AM-1:00 PM

## **Journey Thru Counseling & Wellness**

(540) 493-7696

NPI: 1952001166

Website:  
www.journeythrucounselingandwellness.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Family Therapy, Depression, Both Male and Female, Behavioral Health Outpatient, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Reynolds, Andrea S**

Gender: Female  
NPI: 1598465791  
License: NC C015855  
Website:  
www.journeythrucounselingandwellness.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Family Therapy, Depression, Both Male and Female, Behavioral Health Outpatient, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Karen Schanck Trauma Therapy Services LLC**

(757) 774-7405

## **Schanck, Karen S LCSW**

Gender: Female  
NPI: 1124308085  
License: VA 0904002907  
Website:  
karenschancktraumatherapy.net  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Depression, Cultural Competency Trained, Anxiety Disorder  
Age 6 to 12  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 1:30 AM-6:00 PM  
Tuesday: 1:30 PM-6:00 PM  
Wednesday: 1:30 PM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Langley Healthcare Group LLC**

(301) 523-1302

## **Fuentes, Roxanne**

Gender: Female  
NPI: 1235211574  
License: MD 13188  
Website:  
supremetreatment.com/  
Practice Focus: Virtual Care - Audio only, Certified Social Worker  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Huffman, Carolyn

Gender: Female  
NPI: 1184352718  
License: DC LC200003047  
Website:  
supremetreatment.com/  
Practice Focus: Virtual Care -  
Audio only, Certified Social  
Worker  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Leaders for Life Inc

(804) 477-6137

## Reid, Christine A LCSW

Gender: Female  
NPI: 1134224306  
License: VA 0904006260  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thorne, Chartrice LCSW

Gender: Female  
NPI: 1891166443  
License: VA 0710103202  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Turnage, Connie LCSW

Gender: Female  
NPI: 1346413689  
License: VA 0904002032  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## LEAP THERAPEUTIC SERVICES

(757) 977-2100

## Allsopp, Andre C LCSW

Gender: Male  
NPI: 1689110470  
License: VA 0904009743  
Website: leapts.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 14 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1649740572  
Website: leapts.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Life Worth Living Counseling Ltd

(540) 339-7727

## Brown, Abigail LCSW

Gender: Female  
NPI: 1871073064  
License: VA 0904015826  
Website:  
www.lifeworthlivingcounselin  
g.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM  
NPI: 1932709615  
Website:  
www.lifeworthlivingcounselin  
g.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Megow, Christina LCSW

Gender: Female  
NPI: 1497491138  
License: VA 0904018425  
Website:  
www.lifeworthlivingcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## Lighthouse Behavioral Health Center (804) 447-6382

## Gasparini, Jeffrey MSW

Gender: Male  
NPI: 1083369227  
License: VA 0904013565  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, LGBTQ+, Grief/Death/Dying, Couple, Anxiety/Depression, ADHD  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:30 PM  
Tuesday: 8:30 AM-7:30 PM  
Wednesday: 8:30 AM-7:30 PM  
Thursday: 8:30 AM-7:30 PM  
Friday: 8:30 AM-5:00 PM

## Hershner, Lindsey LCSW

Gender: Female  
NPI: 1699203141  
License: VA 0904011493  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Family Therapy, Cultural Competency Trained, ADHD  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Kintzios, Cassandra LCSW

Gender: Female  
NPI: 1225889470  
License: VA 0904016625  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Depression, Cultural Competency Trained, Anxiety Disorder, Abuse (Sexual)  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Stress Management, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders, Mood Disorders, LGBTQ+, Grief/Death/Dying, Gender Identity  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Matalavage, Sarah LCSW

Gender: Female  
NPI: 1770091944  
License: VA 0904010270  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Family Therapy, Depression, Cultural Competency Trained, Autism, Anxiety Disorder, Abuse (Physical, Sexual)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM  
**McCain, Jeannette LCSW**  
Gender: Female  
NPI: 1952154957  
License: VA 0701009681  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Peace, Antoinette LCSW**

Gender: Female  
NPI: 1558948042  
License: VA 0904011901  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Child Abuse, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Reuschling, Brittany LCSW**

Gender: Female  
NPI: 1902385727  
License: VA 0904013938  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Depression, Cultural Competency Trained, Anxiety Disorder  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Sisson, Katelyn LCSW**

Gender: Female  
NPI: 1003613050  
License: VA 0904018042  
Website: www.www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, LGBTQ+, Grief/Death/Dying, Depression, Cultural Competency Trained, Couple, Borderline Personality Disorders, Anxiety Disorder, ADD/ADHD  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## **Snyder, Katy LCSW**

Gender: Female  
NPI: 1225529209  
License: VA 0904010526  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, LGBTQ+, Gender Identity, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Strogij, Kylie LCSW**

Gender: Female  
NPI: 1497383095  
License: VA 0904011563  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Depression, Cultural Competency Trained, Anxiety Disorder, Abuse (Physical, Sexual)  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Loudoun Counseling Coaching LLC**

(571) 375-0668  
**Alloway Higgins, Alonda CSW**

NPI: 1407379316  
License: MD 32457  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Autism, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

NPI: 1134642044  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychological Testing, Brief Psychotherapy, Autism, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Martin, Georgia LCSW**

Gender: Female  
NPI: 1528637907  
License: WI 3900 123  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Mahaney, Kylen LCSW**

(703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1366945255  
License: VA 0710103064  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Mammha Care LLC**  
(831) 920-7907

**LaFratta, JoAnna MSW**

Gender: Female  
NPI: 1003674490  
License: FL SW25293  
Website: mammha.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Post Partum Depression, Post Partum, Depression, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**McIntyre, Lynne MSW**

Gender: Female  
NPI: 1952675894  
License: VA 0904016926  
Website: mammha.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Post Partum Depression, Post Partum, Depression, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Mindful Healing Inc**

(540) 521-0151  
NPI: 1174984348  
Website: www.Mindfulhealinginc.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Borderline Personality Disorders, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Rice, Karen F CSW**

Gender: Female  
NPI: 1407192271  
License: VA 0904008116  
Website: www.Mindfulhealinginc.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Borderline Personality Disorders, Bipolar, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Multicultural Family Solutions LLC**  
(571) 417-9929

NPI: 1215547989  
Website: www.multiculturalfamilysolutions.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Mood Disorders, Family Therapy, Cultural Competency Trained, Anxiety/Depression, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Torres, Maria E LCSW**

Gender: Female  
NPI: 1427296441  
License: VA 0904009871  
Website:  
www.multiculturalfamilysolutions.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Mood Disorders, Family Therapy, Cultural Competency Trained, Anxiety/Depression, Anger Management, ADD/ADHD  
Vietnamese, Urdu, Turkish, Thai, Tamil  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 PM-8:00 PM  
Tuesday: 12:00 PM-8:00 PM  
Wednesday: 12:00 PM-8:00 PM  
Thursday: 12:00 PM-8:00 PM  
Friday: 12:00 PM-4:00 PM

## **Nakamura, Akiko LCSW** (406) 361-3146

Gender: Female  
NPI: 1255064309  
License: OR L14187  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## **National Capital Treatment and Recovery**

(703) 841-0703  
Website:  
www.natcapreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **National Counseling Group Inc** (757) 847-9386

## **Barner, Ashley LCSW**

Gender: Female  
NPI: 1689450330  
License: VA 0904015749  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **National Counseling Group Inc** (276) 226-2828

## **Grimes, Nakkia N LCSW**

Gender: Female  
NPI: 1194168278  
License: VA 0904008123  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Spanish  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **National Counseling Group Inc** (703) 257-5997

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Puller, Jocelyn LCSW**

Gender: Female  
NPI: 1912603556  
License: VA 0904014869  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

36076 Lankford Hwy  
Belle Haven, VA 23306  
(757) 837-0046

## **Grimes, Nakkia N LCSW**

Gender: Female  
NPI: 1194168278  
License: VA 0904008123  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health,  
Developmental/Behavioral  
Issues, Community-Based  
Treatment, Child Oppositional  
Defiant, Bipolar,  
Anxiety/Depression  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1972673614

Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Therapeutic Day  
Treatment for Children and  
Adolescents, Post-Traumatic  
Stress Disorder (PTSD), Partial  
Hospitalization - Mental  
Health, Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, Intensive In-Home  
Services, General Mental  
Health,  
Developmental/Behavioral  
Issues, Community-Based  
Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Nieves, Migdalis**  
(804) 728-3856

Gender: Female  
NPI: 1417822693  
License: VA 0904019265  
Website:  
www.stepabovecounselingser  
vices.com  
Practice Focus: Virtual Care -  
Audio only, Partial  
Hospitalization, Crisis  
Stabilization, Community-  
Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

**Nova Telemental Health  
LLC**

(571) 206-8292

## **Cipera, Kelly LCSW**

Gender: Female  
NPI: 1174131841  
License: VA 0904012107  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression, Adult,  
Adolescents  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Onley Community Health Center

20306 Badger Ln  
Onancock, VA 23417  
(757) 787-7374

## McLean, Paige LCSW

Gender: Female  
NPI: 1316586225  
License: VA 0904011407  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## OWR Therapy LLC (757) 271-2968

## Johnson, Ann-Marie LCSW

Gender: Female  
NPI: 1306485420  
License: VA 0904013491  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Group therapy, Gender Identity, Family Therapy, Faith-based/spiritual, Dialectal Behavior Therapy (DBT)  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pearls Center Of Hope INC (804) 821-2133

## Findlay, Melissa LCSW

Gender: Female  
NPI: 1356414247  
License: VA 0904003590  
Practice Focus: Virtual Care - Audio/Visual, Peer support services, Mental health skill building, Intensive In-Home Services, Crisis Stabilization, Anxiety/Depression  
Age 5 to 95  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Peer support services, Mental health skill building, Intensive In-Home Services, Crisis Stabilization, Anxiety/Depression  
Age 5 to 95  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Perseo, Colleen S CSW (406) 361-3146

Gender: Female  
NPI: 1326819715  
License: NJ 44SC06291900  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## Piedmont Regional Community Services Board

(540) 483-0582  
**Showalter, Katelyn LCSW**  
Gender: Female  
NPI: 1245030493  
License: VA 0904018109  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 5 to 85  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Potomac Shores Mental Health And Wellness Center

(804) 901-3922

### Meyer, Carrie LCSW

Gender: Female  
NPI: 1104361583  
License: NH 3810  
Age 18 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Prince Psychotherapy LLC

(757) 306-4232

### Prince, Michael LCSW

Gender: Male  
NPI: 1295753630  
License: VA 0904003130  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Psychological Health Roanoke

(540) 772-5140

### McKinney, Corinne LCSW

Gender: Female  
NPI: 1487308797  
License: VA 0904010521  
Website: PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Behavioral Health Outpatient  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

### Mustard, Harry LCSW

Gender: Male  
NPI: 1851689996  
License: VA 0904000193  
Website: PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Behavioral Health Outpatient  
Age 7 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-12:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Website: PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### STONE, KRISTINA B LCSW

Gender: Female  
NPI: 1114563509  
License: VA 0904011344  
Website: PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Behavioral Health Outpatient  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

### Walden, Robyn LCSW

Gender: Female  
NPI: 1134982457  
License: VA 0904016301  
Website: PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Behavioral Health Outpatient  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

### Region Ten Community Services Board

(434) 972-1800

### Little, Lauren LCSW

Gender: Female  
NPI: 1770378275  
License: VA 0904018267  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Parente, Mary LCSW

Gender: Female  
NPI: 1407999576  
License: VA 0904003547  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Renewal Counseling & Consulting LLC (805) 508-3220

NPI: 1235647041  
Practice Focus: Trauma - Focused Cognitive Behavior, Substance Abuse & Alcohol Abuse Center (Outpatient), Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Depression, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wallace, Rashika N LCSW

Gender: Female  
NPI: 1487960985  
License: VA 0904008492  
Practice Focus: Trauma - Focused Cognitive Behavior, Substance Abuse & Alcohol Abuse Center (Outpatient), Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Depression, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Renewed Peace and Healing Therapy Inc (804) 410-1483

## Hines, Sterling L LCSW

Gender: Male  
NPI: 1497470165  
License: VA 0904014320  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1265189252  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

## Resilience Counseling Social Skills Center (540) 699-0226

## Byrne, Jeffrey J LCSW

Gender: Male  
NPI: 1033571534  
License: VA 0904003120  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Cavanaugh, Eron LCSW**

Gender: Male  
NPI: 1871144287  
License: VA 0904010809  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Datta, Will LCSW**

Gender: Male  
NPI: 1912548538  
License: VA 0812000869  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lawson, Andrew LCSW**

Gender: Male  
NPI: 1528516432  
License: VA 0904009641  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Page, Jasmine LCSW**

Gender: Female  
NPI: 1689484057  
License: VA 0904017839  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Orf, Stacey LCSW**

Gender: Female  
NPI: 1447146378  
License: VA 0904018520  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Pitchford, Pamela LCSW**

Gender: Female  
NPI: 1831247683  
License: VA 0904004490  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Stress Management,  
Psychotherapy, Post-  
Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression, Mood  
Disorders, Mental Health  
Counselor, Grief/Death/Dying,  
General Mental Health  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Virtual Care -  
Audio only, Teletherapy, Stress  
Management, Psychotherapy,  
Post-Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression, Mood  
Disorders, Mental Health  
Counselor, Grief/Death/Dying  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Simmons, Hannah LCSW**

Gender: Female  
NPI: 1760206270  
License: VA 0904017599  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Stress Management,  
Psychotherapy, Post-  
Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression, Mood  
Disorders, Mental Health  
Counselor, Grief/Death/Dying,  
General Mental Health  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Simpson, Denise LCSW**

Gender: Female  
NPI: 1558722256  
License: VA 0904008922  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Virtual Care -  
Audio only, Teletherapy, Stress  
Management, Psychotherapy,  
Post-Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression, Mood  
Disorders, Mental Health  
Counselor, Grief/Death/Dying  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Spinner, Sarah LCSW

Gender: Female  
NPI: 1598599623  
License: VA 0904017332  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tomlinson, Erin LCSW

Gender: Female  
NPI: 1902574403  
License: VA 0904009013  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Resilience Counseling LLC (804) 317-6219

NPI: 1295527885

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Home Visits, Cultural Competency Trained, Anxiety/Depression, Adjustment Disorders  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## Scites, Ellen F LCSW

Gender: Female  
NPI: 1700697638  
License: VA 0904017868  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Home Visits, Cultural Competency Trained, Anxiety/Depression, Adjustment Disorders  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## RVA Counseling

(804) 716-0428  
**Buhrandt, Michelle LCSW**  
Gender: Female  
NPI: 1558718759  
License: VA 0904009438  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Depression, Anxiety/Depression, Adult, Adoption, Adolescents  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Carter, Maeghan LCSW**

Gender: Female  
NPI: 1821840364  
License: VA 0904013629  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 12 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Goldwire, Jonathan LCSW**

Gender: Male  
NPI: 1841077989  
License: VA 0904015763  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Mick, Elijah LCSW**

Gender: Male  
NPI: 1821753559  
License: VA 0904017612  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

NPI: 1407492895

Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Virtual Care -  
Audio only, Stress  
Management, Solution  
Focused Therapy, Play  
Therapy, Motivational  
interviewing, Mental health  
skill building, Mental Health  
Counselor, Depression, DBT  
(Dialectical Behavior Therapy)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **S M Recovery Center LLC**

(804) 592-1225

## **Stokes, Andria M LCSW**

Gender: Female  
NPI: 1144829599  
License: VA 0904012440  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
ASAM Level 2.5 Partial  
Hospitalization  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Safe Routes LLC**

(571) 229-7334  
NPI: 1598399438  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Victims of  
elder abuse, Victims of  
domestic violence, Victim  
Awareness, Veteran's Issues,  
Traumatic Brain Injury Waiver  
(DHS/DRS), Traumatic Brain  
Injury, Trauma Recovery and  
Empowerment Model (TREM),  
Trauma Informed Care Trained  
Age 12 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-3:00 PM

## **Santos, Kelin**

(804) 728-3856  
Gender: Female  
NPI: 1629830930  
License: VA 0904017485  
Practice Focus: Virtual Care -  
Audio only, Partial  
Hospitalization, Crisis  
Stabilization, Community-  
Based Treatment  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Savage, Debra C LCSW**

(434) 575-3017  
Gender: Female  
NPI: 1750318895  
License: VA 0904003182  
Practice Focus: Virtual Care -  
Audio only, Stress  
Management, Independent  
Assessment & Coordination  
(IACCT), Depression, Chronic  
Illnesses, Bereavement,  
Anxiety Disorder, Anger  
Management, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SaVida Health PC**

(833) 356-4080

## **Blye, Rebekah LCSW**

Gender: Female  
NPI: 1124616172  
License: WV DP00944789  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Kendall, Andrea Claire**

Gender: Female  
NPI: 1982911038  
License: VA 0904006094  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lyons, Gary F LCSW**

Gender: Male  
NPI: 1093731028  
License: VA 0904001737  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Prater, Tara R LCSW**

Gender: Female  
NPI: 1982010328  
License: VA 0904008645  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1548739170  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Walker, Dorothy LCSW**

Gender: Female  
NPI: 1952707937  
License: MD 12200  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Seaside Behavioral Health**  
(757) 648-8605

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Grant, Laurie D CSW

Gender: Female  
NPI: 1033261938  
License: VA 0904002751  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1295284255  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Strelitz, Renee D LCSW

Gender: Female  
NPI: 1679891865  
License: VA 0904007201  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sheafe, Sadie F LCSW

(757) 864-0674

Gender: Female  
NPI: 1700840071  
License: VA 0904003220  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Sexual Dysfunction, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Community-Based Treatment, Anxiety/Depression, Addictions/ Substance Abuse, Abuse (Sexual)  
Limited Handicap Accessibility Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Smith, Wendy A LCSW

(540) 223-1144  
Gender: Female  
NPI: 1508161191  
License: VA 0904007401  
Practice Focus: Virtual Care - Audio/Visual  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:00 PM-7:00 PM  
Tuesday: 5:00 PM-7:00 PM  
Wednesday: 5:00 PM-7:00 PM  
Thursday: 5:00 PM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Spectrum Transformation Group

(804) 378-6141

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\* Proveedor especialista certificado

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# Behavioral Services

## Dawkins, Stephanie LCSW

Gender: Female  
NPI: 1255974135  
License: VA 0904011301  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SpringHealth BH and Integrated Care VA

(888) 515-1793  
NPI: 1467827493  
Practice Focus: Cultural Competency Trained, Certified Social Worker  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Starling Medical Group PC

(508) 202-1011  
**Alvizo, Olivia LMSW**  
Gender: Female  
NPI: 1881249829  
License: VA 0904016409  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Andreacci, Stephanie LCSW

Gender: Female  
NPI: 1295377349  
License: VA 0904016405  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Cannon, Allison LCSW

Gender: Female  
NPI: 1629816046  
License: VA 0904011483  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Card, Jennie LCSW

Gender: Female  
NPI: 1124731039  
License: VA 0904014732  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Francis, Ashley LCSW

Gender: Female  
NPI: 1982981148  
License: TX 116093  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Johnson, Maura LCSW

Gender: Female  
NPI: 1427550839  
License: VA 0904018413  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

**Longmire, Nakeesha LCSW**

Gender: Female  
NPI: 1881054625  
License: TX 113081  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Miller, Elizabeth LCSW**

Gender: Female  
NPI: 1811871494  
License: VA 0904016166  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Mitchell, Cristela LCSW**

Gender: Female  
NPI: 1851129555  
License: MI 6 8 0 1 0 7 4 4  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

**Policay O'Donnell, Alexandra LCSW**

Gender: Female  
NPI: 1558043703  
License: VA 0904015458  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

**Randall, Natasha L LCSW**

Gender: Female  
NPI: 1295233161  
License: VA 0904011216  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Sainvil, Jaleesa LCSW**

Gender: Female  
NPI: 1992429518  
License: FL SW20456  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

**Savage, Hattie LCSW**

Gender: Female  
NPI: 1609393693  
License: VA 0904007895  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

**Sieпка, Natalie LCSW**

Gender: Female  
NPI: 1609325265  
License: VA 0904012628  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Theiner, Sharon LCSW**

Gender: Female  
NPI: 1235799214  
License: VA 0904010992  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Tweten, Alexa LCSW**

Gender: Female  
NPI: 1497390223  
License: VA 0904012953  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **White, Anissa LCSW**

Gender: Female  
NPI: 1477032563  
License: AZ LCSW 17343  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **White, Lisa LCSW**

Gender: Female  
NPI: 1568933158  
License: VA 0904006531  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Yaseva, Alena CSW**

Gender: Female  
NPI: 1972391720  
License: VA 0904015702  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Young, Danice LCSW**

Gender: Female  
NPI: 1164178828  
License: MD 19947  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Zita, Kayln LCSW**

Gender: Female  
NPI: 1386415917  
License: VA 0904017556  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Portuguese  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Step Above Counseling Services LLC**

(804) 728-3856

## **Nieves, Migdalis**

Gender: Female  
NPI: 1417822693  
License: VA 0904019265  
Website:  
[www.stepabovecounselingservices.com](http://www.stepabovecounselingservices.com)  
Practice Focus: Virtual Care - Audio only, Partial Hospitalization, Crisis Stabilization, Community-Based Treatment  
Age 6 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Santos, Kelin

Gender: Female  
NPI: 1629830930  
License: VA 0904017485  
Website:  
www.stepabovecounselingser  
vices.com  
Practice Focus: Virtual Care -  
Audio only, Partial  
Hospitalization, Crisis  
Stabilization, Community-  
Based Treatment  
Spanish  
Age 6 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

**Strategic Therapy  
Associates**  
(434) 237-9450

## Dotson, Dericka LCSW

Gender: Female  
NPI: 1619793981  
License: VA 0904017648  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Behavioral  
Health Outpatient  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Gibbs, Nicole G LCSW**  
Gender: Female  
NPI: 1821464405  
License: VA 0904008544  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Behavioral  
Health Outpatient  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Giles, Rachel LCSW

Gender: Female  
NPI: 1922774702  
License: VA 0904013194  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Behavioral  
Health Outpatient  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Long, Hillary LCSW**  
Gender: Female  
NPI: 1912775370  
License: VA 0904016072  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Behavioral  
Health Outpatient  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Robinson, Rachelle LCSW

Gender: Female  
NPI: 1043058126  
License: VA 0904017041  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Behavioral  
Health Outpatient  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Webster, Danielle LCSW

Gender: Female  
NPI: 1811680432  
License: ME LC24330  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Susan Archer Counseling LLC

(804) 928-1788

## Archer, Susan M LCSW

Gender: Female  
NPI: 1770631939  
License: VA 0904005184  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

NPI: 1669364238  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## TaeCare Therapy Services LLC

(757) 550-8374  
NPI: 1982415089  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 3:00 PM-7:00 PM  
Friday: 3:00 PM-7:00 PM  
Saturday: 8:00 AM-12:00 PM

## That Counseling Place LLC

(540) 944-4994

## Kelly, Selina H LCSW

Gender: Female  
NPI: 1023505047  
License: VA 0904010453  
Website:  
thatcounselingplace.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 12 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1083287676  
Website:  
thatcounselingplace.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## The Village Children and Family Services

(804) 625-9868

Practice Focus: Virtual Care - Audio only, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Crisis Stabilization, Behavioral Health Outpatient, Behavioral Health Crisis Care (BHCC), ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Therapeutic Services of Virginia LLC

(757) 374-7702

## Diggs, Andrea R LCSW

Gender: Female  
NPI: 1992312771  
License: VA 0904015543  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-8:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 10:00 AM-8:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-3:00 PM

## Third Space Therapy PLLC

(833) 244-4878

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Collins, Tierra LCSW**

Gender: Female  
NPI: 1215458542  
License: VA 0904009967  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Corum, Karicia LCSW**

Gender: Female  
NPI: 1144746173  
License: VA 0904009966  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Porter, Angela W LCSW**

Gender: Female  
NPI: 1528191129  
License: VA 0904006342  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Ross, Ronald A LCSW**

Gender: Male  
NPI: 1811266893  
License: VA 0904007730  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1215780234  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Thomas, Sarah LCSW**

(406) 361-3146  
Gender: Female  
NPI: 1194402677  
License: KS LSCSW 06466  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP)  
Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

**Thriving Families  
Counseling LLC**  
(540) 988-3108

## **Asbury, Laura LCSW**

Gender: Female  
NPI: 1578445037  
License: VA 0904018840  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Bratcher, Jacob LCSW**  
Gender: Male  
NPI: 1336844109  
License: VA 0904015097  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Flanders, Kristen LCSW

Gender: Female  
NPI: 1568168037  
License: VA 0904014889  
Website:  
thrivingfamiliescounseling.com/

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Heckman, Samantha LCSW

Gender: Female  
NPI: 1962108431  
License: VA 0904014890  
Website:  
thrivingfamiliescounseling.com/

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## McGhee, Brandon LCSW

Gender: Male  
NPI: 1356048128  
License: VA 0904014912  
Website:  
thrivingfamiliescounseling.com/

Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Behavioral Health Outpatient, Anxiety/Depression  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Owen, Susan L LCSW

Gender: Female  
NPI: 1265442503  
License: VA 0904005310  
Website:  
thrivingfamiliescounseling.com/

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Shorter, Robert J LCSW

Gender: Male  
NPI: 1083405633  
License: VA 0904018418  
Website:  
thrivingfamiliescounseling.com/

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Limited Handicap Accessibility  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1467973859  
Website:  
thrivingfamiliescounseling.com/

Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Stress Management, Personality Disorders, LGBTQ+, Cultural Competency Trained, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1467973859  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Stress Management, Personality Disorders, LGBTQ+, Cultural Competency Trained, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wimmer, Summer LCSW

Gender: Female  
NPI: 1740934223  
License: VA 0904013695  
Website:  
thrivingfamiliescounseling.com/

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Tidal Counseling PLC**  
(757) 637-0840

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Rand, Kristine LCSW

Gender: Female  
NPI: 1497029011  
License: NC C016411  
Practice Focus: Virtual Care - Audio/Visual, Eating Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1245970664  
Practice Focus: Virtual Care - Audio/Visual, Eating Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Waranch, Rebecca T LCSW

Gender: Female  
NPI: 1437718988  
License: VA 0904010372  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Touchstone Behavioral Arts LLC

(804) 243-4426  
**Throckmorton, Robin R LCSW**  
Gender: Female  
NPI: 1396812392  
License: VA 0904004418  
Website: touchstonebehavioralarts.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:45 AM-5:30 PM  
Tuesday: 8:45 AM-5:30 PM  
Wednesday: 8:45 AM-5:30 PM  
Thursday: 10:15 AM-8:00 PM  
Friday: 8:45 AM-4:00 PM  
NPI: 1619478641  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:45 AM-5:30 PM  
Tuesday: 8:45 AM-5:30 PM  
Wednesday: 8:45 AM-5:30 PM  
Thursday: 10:15 AM-8:00 PM  
Friday: 8:45 AM-4:00 PM

## TR Consultants LLC

(757) 276-6016

## Jones, Trakesha J LCSW

Gender: Female  
NPI: 1275009557  
License: NY 092627  
Practice Focus: Virtual Care - Audio/Visual, Trauma  
Informed Care Trained, Stress Management, Couple Counseling, Anxiety/Depression, Adolescents  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Institute of Pastoral Care Group

(804) 282-8332

## Long Francisco, Kristin CSW

Gender: Female  
NPI: 1619212297  
License: VA 0904007882  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Newman, Peggy W LCSW**  
Gender: Female  
NPI: 1285718080  
License: VA 0904002213  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Southwell, Meredith B LCSW

Gender: Female  
NPI: 1679915052  
License: VA 0904009837  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1316159221  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wade, Fedena LCSW (804) 930-4720

Gender: Female  
NPI: 1114776309  
License: VA 0904016859  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Home Visits, Cultural Competency Trained, Community-Based Treatment, Anxiety/Depression  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Wonderfully Made Services LLC (757) 344-6210

## Stephens-Smith, Diane D LCSW

Gender: Female  
NPI: 1275991853  
License: VA 0710102910  
Website: wonderfullymadeservices.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Domestic Violence, Depression, Chronic Illnesses, Anxiety Disorder, Anger Management, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-4:00 PM  
NPI: 1730533340  
Website: wonderfullymadeservices.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Domestic Violence, Depression, Chronic Illnesses, Anxiety Disorder, Anger Management, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-4:00 PM

## Yew Tree Wellness LLC (571) 497-4691

**Herrera, Erica L LCSW**  
Gender: Female  
NPI: 1336809888  
License: VA 0904013567  
Website: www.yewtreewellness.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Trauma Informed Care Trained, Teletherapy, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression, Post Partum, Mood Disorders/Depression  
Limited Handicap Accessibility  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

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## Community/Behavioral Health Agency

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**A Step Beyond Clinical  
Services**  
(757) 987-2933

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Website: [astepbeyondcs.com](http://astepbeyondcs.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Cultural Competency Trained, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## A Walk Through Life MHSS LLC

(757) 998-5624  
License: VA 2560 02 035  
Website: [www.awalkthroughlifeva.com](http://www.awalkthroughlifeva.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Abundant Blessing and Family Services LLC

(804) 728-2772

NPI: 1447957840  
License: VA 5971 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Crisis Stabilization (CS), Community-Based Treatment  
Limited Handicap Accessibility  
Age 21 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Achieving Balance Counseling

(540) 355-6957  
NPI: 1730782640  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Advocating For Peace

(804) 219-9554

NPI: 1962084954  
License: VA 3485  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Home Visits, Disability Waiver (DHS/DRS), Critical Incident Debriefing, Crisis Stabilization (CS), Community-Based Treatment, Adult  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-3:00 PM  
Tuesday: 11:00 AM-3:00 PM  
Wednesday: 11:00 AM-3:00 PM  
Thursday: 11:00 AM-3:00 PM  
Friday: 11:00 AM-2:00 PM

## Behavioral Health Services of Virginia Corporation

(804) 261-4163

NPI: 1033454657  
License: VA 2096 02 040  
Website: [www.bhsva.net](http://www.bhsva.net)  
Practice Focus: Virtual Care - Audio only, Trauma - Focused Cognitive Behavior, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Depression, Crisis Stabilization (CS), Community-Based Treatment, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## BEST THERAPEUTIC SOLUTIONS LLC

(804) 557-0085  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Screening Brief Intervention Referral to Treatment (SBIRT), Schizoaffective Disorder, Mental health skill building, Employee Assistance Program (EAP), Dual Diagnosis (MH/SA), Cognitive/Behavioral Therapy, Bipolar, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1568941094  
License: VA 3218 03 001  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Screening Brief Intervention Referral to Treatment (SBIRT), Schizoaffective Disorder, Mental health skill building, Employee Assistance Program (EAP), Dual Diagnosis (MH/SA), Cognitive/Behavioral Therapy, Bipolar, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Breathe New Lyfe Support Services LLC

(804) 467-1835  
NPI: 1821797820  
License: VA 5393 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Cultural Competency Trained, Crisis Stabilization  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

**Changin You LLC**  
(804) 502-2167  
NPI: 1124878988  
License: VA 10977 07 003  
Website: changinyoullc.biz  
Practice Focus: Women, Virtual Care - Secure Text Messaging, Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Transgender, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexually acting out behaviors, Sexual Dysfunction, Sexual Disorder, Sexual Addictions  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-8:00 PM  
Tuesday: 10:00 AM-8:00 PM  
Wednesday: 10:00 AM-8:00 PM  
Thursday: 10:00 AM-8:00 PM  
Friday: 10:00 AM-8:00 PM  
Saturday: 10:00 AM-8:00 PM  
Sunday: 10:00 AM-8:00 PM

## Chesapeake Counseling Center

(757) 302-8362  
NPI: 1780160747  
Website: chesapeakecounselingcenter.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Decide to Believe LLC**  
(804) 930-8098  
NPI: 1942702600  
License: VA 6324 02 040  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Home Visits, Crisis Stabilization, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## DESTINY SERVICES INC

(804) 203-4477  
License: VA 1322 02 006  
Website: www.destinysvcs.org/services  
Practice Focus: Virtual Care - Audio/Visual, Psychosocial Rehabilitation (PSR), Intensive In-Home Services, Home Visits, Group Home Residential, Group Day Support, Cultural Competency Trained, Community-Based Treatment  
Spanish  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Diamond Counseling LLC**  
(301) 531-0229  
NPI: 1376012096  
License: VA 313507006  
Website: www.diamondcounselingva.com/  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Home Visits, Cultural Competency Trained, Crisis Stabilization (CS), Community-Based Treatment  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:00 PM  
Tuesday: 9:30 AM-4:00 PM  
Wednesday: 9:30 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Divine Minds LLC

(434) 433-2169  
Website: WWW.DIVINEMINDSLLC.COM  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1972388775  
License: VA 4513 07 003  
Website:  
WWW.DIVINEMINDSLLC.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Dominion Precision Teaching and Consulting**

(434) 394-0703  
NPI: 1659981157  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **East Coast Family Services LLC**

(757) 337-9341

NPI: 1326499989  
License: VA 2405  
Website: www.ecfsva.com  
Practice Focus: Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Crisis Stabilization (CS),  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Eastern Shore CSB**

(757) 665-1260  
License: VA 224 16 003  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Clinic Local Governing Entity  
(LGE), Crisis Stabilization,  
Community Mental Health  
Center (CMHC)  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

18469 Dunne Ave  
Parksley, VA 23421  
(757) 665-1260

License: VA 224 07 013  
Website: www.escsb.org  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Clinic Local Governing Entity  
(LGE), Crisis Stabilization,  
Community Mental Health  
Center (CMHC)  
Limited Handicap Accessibility  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

19056 Greenbush Rd  
Parksley, VA 23421  
(757) 665-1260

License: VA 224 16 003  
Website: www.escsb.org  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Clinic Local Governing Entity  
(LGE), Intensive Outpatient -  
Mental Health, Crisis  
Stabilization, Community  
Mental Health Center (CMHC)  
Limited Handicap Accessibility  
Spanish  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

24233 Lankford Hwy  
Tasley, VA 23441  
(757) 665-1260  
License: VA 224 07 013  
Website: www.escsb.org  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Clinic Local Governing Entity  
(LGE), Intensive Outpatient -  
Mental Health, Crisis  
Stabilization, Community  
Mental Health Center (CMHC)  
Limited Handicap Accessibility  
Age 3 and up  
Handicap Accessible: Parking,  
Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Elite Family Services

(757) 562-1000

Website:

Elitefamilyservices.com

Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-3:00 PM

License: VA 7401 02 035

Website:

Elitefamilyservices.com

Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-3:00 PM

## Envision Family Services LLC

(757) 350-3020

Website:

www.envisionfamilyservices.com

Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-4:30 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-4:30 PM

Friday: 8:00 AM-5:00 PM

## Family and Adolescent Services LLC

(804) 521-4050

NPI: 1720392319

License: VA 942 02 040

Website: fasllc.org

Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Cultural Competency Trained, Crisis Stabilization, ASAM Level 2.5, ASAM Level 2.1, 23 hour observation

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Family Focus Inc

(804) 261-2090

License: VA 461 05 001

Website:

www.familyfocusinc.com

Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Family Ties Behavioral Health LLC

(757) 235-7866

NPI: 1477240539

License: VA 4201

Website:

www.familytiesbhllc.com

Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 10:00 AM-2:00 PM

## Futures Treasures LLC

(804) 315-3177

License: VA 4150 07 006

Website: Futurestreasures.org

Practice Focus: Virtual Care - Audio/Visual, Psychology, Mood Disorders/Depression, Mood Disorders, Mobile crisis response (MCR), Mental health skill building, Mental Health Counselor, Group Day Support, Dual Diagnosis (MH/SA), Developmental/Behavioral Issues

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-12:00 PM

## GMA Interventions LLC

(757) 335-4234

NPI: 1477925659

License: VA 2699 16 003

Website:

www.gmainterventions.com

Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Community-Based Treatment, ASAM Level 2.1, ASAM Level 1

Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-7:30 PM

Tuesday: 9:00 AM-7:30 PM

Wednesday: 9:00 AM-7:30 PM

Thursday: 9:00 AM-7:30 PM

Friday: 9:00 AM-5:00 PM

Saturday: 9:00 AM-1:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Green Counseling Consulting Services

(804) 322-7349  
NPI: 1215449699  
License: VA 12781 07 006  
Website: www.greencs.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Stress Management, Schizophrenia, Schizoaffective Disorder, Psychotherapy, Mood Disorders/Depression, Mood Disorders, Mobile crisis response (MCR), Mental Health Counselor  
Age 13 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM

## GrowingThru Inc

(757) 790-1740  
NPI: 1699547950  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Hairston and Associates Therapeutic and Comm Treatment Svcs

(540) 259-1726

License: VA 3298 18 002  
Website: HAIRSTONASSOC.COM  
Practice Focus: Virtual Care - Audio/Visual  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Happy New Day LLC

(804) 307-9520  
License: VA 3501  
Website: www.happynewdayllc.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Community-Based Treatment, Community Resource Services, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 10:00 AM-2:00 PM

## Healing Hope Wellness LLC

(757) 392-5695

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Health Care Services of Hampton Roads INC

(757) 622-4600  
License: VA 14461 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Healthy Minds Inc

(804) 479-3515

NPI: 1124548581  
License: VA 2710 07 003  
Practice Focus: Virtual Care - Audio/Visual  
Age 4 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Impact On Youth Services LLC

(804) 306-7203  
License: VA 321507006  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Infinity Counseling Group

(757) 227-3636

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

Website: infinitycounselinggroup.com/  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Community-Based Treatment, Applied Behavioral Analysis, 23 hour observation  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **JAKAFI Behavioral Care Center LLC**

(434) 792-1707  
License: VA 2215  
Website: jakafibcc.com  
Practice Focus: Partial Hospitalization - Substance Abuse, Home Visits, Community-Based Treatment  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Keys To Success Family and Developmental Services**  
(757) 627-1530

License: VA 276201001  
Website: www.keys2successllc.com  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Leaders for Life Inc**

(804) 477-6137  
License: VA 2211 02 035  
Website: www.leadersforlifemhss.com  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, ASAM Level 2.1, (IOP) Intensive Outpatient  
Age 6 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Legacy Counseling and Wellness Services LLC**  
(804) 426-3859

NPI: 1720787393  
License: VA 7460 07 006  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders/Depression, Mood Disorders, Mobile crisis response (MCR), Mental Health Counselor, General Mental Health  
Age 18 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lightbeam Solutions**

(757) 577-1257  
NPI: 1871375550  
License: VA 8281 02 035  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Family Therapy, Crisis Stabilization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lighthouse Behavioral Health Center**

(804) 447-6382  
License: VA 2161 05 001  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive In-Home Services, Behavioral Health Outpatient  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Meened Briidges LLC**

(757) 799-0287  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained, Crisis Stabilization  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mid-Atlantic Behavioral Services, LLC**

(310) 270-0968

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1245014836  
License: VA 13157 03 001  
Practice Focus: Mental health skill building, Crisis Stabilization  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## More Solutions Youth and Family Services

(804) 730-1801  
NPI: 1871762922  
License: VA 1000 07 006  
Practice Focus: Virtual Care - Audio/Visual, Residential Crisis Stabilization Unit, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, DBT (Dialectical Behavior Therapy), Crisis Stabilization (CS), Community Brief Crisis Support (CBCS), Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling Group Inc**  
(757) 837-0046

License: VA 352 05 001  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment Children, Psychotherapy, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

36076 Lankford Hwy  
Ste 2  
Belle Haven, VA 23306  
(757) 837-0046

License: VA 352 05 001  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Therapeutic Day Treatment Children, Psychotherapy, Partial Hospitalization - Mental Health, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS)  
Handicap Accessible: Building, Parking, Restroom  
Services for hearing impaired: ASL  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**New Life LLC**  
(804) 824-6074

License: VA 1729 07 006  
Website: www.newlifeco.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Mental health skill building, Cultural Competency Trained, Crisis Stabilization, Community-Based Treatment  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## New Opportunities at Life 360 Services LLC

(804) 908-0942  
NPI: 1255010500  
License: VA 4242 03 001  
Practice Focus: Mental health skill building  
Handicap Services available  
Office Hours:  
Monday: 11:00 AM-6:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Olmeja Advocacy Services Inc**  
(804) 320-0222

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1316257678  
License: VA 1637 05 001  
Website: OLMEJA.COM  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-2:00 PM  
Tuesday: 9:00 AM-2:00 PM  
Wednesday: 9:00 AM-2:00 PM  
Thursday: 9:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## Onesource Community Mental Health Services of Virginia

(804) 310-2444  
Practice Focus: Virtual Care - Audio/Visual, Residential Crisis Stabilization Unit, Mental health skill building, Home Visits, Crisis Stabilization, Case Management, ASAM Level 3.5 - Adult, ASAM Level 3.3, ASAM Level 3.1 - Adult, ASAM Level 2.5  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Our Community Support Services LLC

(984) 317-1942

NPI: 1710750617  
License: VA 5815 05 001  
Practice Focus: Virtual Care - Audio/Visual, Social supports/social determinants of health, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Peer support services, Multidimensional Family Therapy, Mood Disorders/Depression, Learning Disabilities, Intensive In-Home Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 12:00 PM-4:00 PM  
Sunday: 12:00 PM-4:00 PM

## Paragon Autism Services LLC

(540) 479-3889

NPI: 1720427875  
Website: paragonautismservices.com/  
Practice Focus: Home Visits, Cultural Competency Trained, Community-Based Treatment, Behavioral Health Outpatient, Autism Spectrum Disorders, Autism, Art Therapy, Applied Behavioral Analysis, Anxiety/Phobic Disorders, Anxiety/Depression  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Pearls Center Of Hope INC

(804) 821-2133

Practice Focus: Virtual Care - Audio/Visual, Peer support services, Mental health skill building, Intensive In-Home Services, Crisis Stabilization, Anxiety/Depression  
Age 5 to 95  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Person Centered Support Services

(757) 777-2092

NPI: 1316499049  
License: VA 2558 03 001  
Website: www.pcssva.com  
Practice Focus: Mental health skill building, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Progressive Peer Partners LLC

(804) 590-7513  
License: VA 7612 07 006  
Website: www.progressivepeerpartners.com  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Cultural Competency Trained, Crisis Stabilization  
Limited Handicap Accessibility  
Age 5 to 95  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Quarternote Counseling LLC

(703) 479-2947

Website:

[www.QuarternoteCounseling.com](http://www.QuarternoteCounseling.com)

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Non-Binary, Mood Disorders, Mental Health Counselor, LGBTQ+, General Mental Health, Gender Identity Age 10 to 60  
Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Rappahannock Comprehensive Community Services

(540) 534-7674

NPI: 1750077079

License: VA 7032 07 003

Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Crisis Stabilization, Crisis Intervention (CI)

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM

Tuesday: 10:00 AM-5:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

## Redemption Counseling Services Incorporated

(434) 489-9917

NPI: 1720719206

Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Crisis Intervention (CI), Community-Based Treatment

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

## Reign or Shine LLC

(804) 293-0470

NPI: 1942054168

License: VA 10181 07 006

Practice Focus: Virtual Care - Audio/Visual, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Mobile crisis response (MCR), Medication Management, Intensive In-Home Services, Home Visits, Depression, Crisis Stabilization

Limited Handicap Accessibility

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Rivers of Hope Counseling Center LLC

(855) 326-4673

Website:

[www.riversofhopecounseling.com](http://www.riversofhopecounseling.com)

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

Saturday: 9:00 AM-4:00 PM

## Skypoint Recovery Virginia LLC

(855) 612-3488

NPI: 1407693492

License: VA 12024 02 035

Website:

[skypointrecoveryvirginia.com](http://skypointrecoveryvirginia.com)

Practice Focus: Virtual Care - Audio/Visual, Partial

Hospitalization - Substance Abuse, Intensive Outpatient -

Substance Abuse, Cultural Competency Trained,

Community-Based Treatment Male Patients Only

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

Saturday: 8:00 AM-5:00 PM

Sunday: 8:00 AM-5:00 PM

## Southern Change Behavioral Health Services LLC

(804) 446-4706

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

License: VA 3660 03 001  
Website:  
www.southernchangebhs.com  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Community-Based Treatment, 23 hour observation  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Southern Support Behavioral Health Care LLC**

(252) 642-5345  
NPI: 1851810659  
License: VA 3302 03 001  
Practice Focus: Mental health skill building, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 11:00 AM-1:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Spread Your Wings Supportive Counseling LLC**

(804) 528-4331

NPI: 1992239693  
License: VA 2701 01 001  
Practice Focus: Walk-In Available, Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Separation Grief and Loss, Residential Treatment Center - Substance Abuse, Residential Treatment Center - Mental Health, Residential Crisis Stabilization Unit, One on One Support, Mood Disorders/Depression  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:00 PM  
Tuesday: 8:30 AM-4:00 PM  
Wednesday: 8:30 AM-4:00 PM  
Thursday: 8:30 AM-4:00 PM  
Friday: 8:30 AM-4:00 PM

## **SpringHealth BH and Integrated Care VA**

(888) 515-1793

NPI: 1467827493  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Mood Disorders, Mental health skill building, Intellectual Development Disabilities (IDD), Developmental/Behavioral Issues, Depression, Cultural Competency Trained, Behavioral Health Outpatient, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Step Above Counseling Services LLC**

(804) 728-3856  
Website:  
www.stepabovecounselingser  
vices.com  
Practice Focus: Virtual Care - Audio only, Partial Hospitalization, Crisis Stabilization, Community-Based Treatment  
Age 6 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

NPI: 1649033564  
License: VA 10950 07 006  
Website:  
www.stepabovecounselingser  
vices.com  
Practice Focus: Virtual Care - Audio only, Partial Hospitalization, Crisis Stabilization, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Strategic Therapy Associates**

(434) 237-9450  
License: VA 014 05 001  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **The Village Children and Family Services**

(804) 625-9868

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Practice Focus: Virtual Care - Audio only, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Behavioral Health Outpatient, Behavioral Health Crisis Care (BHCC), ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Therapeutic Services of Virginia LLC

(757) 449-2569  
License: VA 9230 05 001  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Mental Health, Intensive In-Home Services, Cultural Competency Trained Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-8:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 10:00 AM-8:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 9:00 AM-3:00 PM

## Therapeutic Skills LLC

(703) 647-6239

NPI: 1831803782  
Practice Focus: Mental health skill building, Home Visits, Cultural Competency Trained, Community-Based Treatment Age 18 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## Thrive Behavioral Health Services LLC

(804) 437-0114  
NPI: 1568200848  
License: VA 1146505001  
Website: [www.thrivebehavioralhealthservices.com](http://www.thrivebehavioralhealthservices.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits, Cultural Competency Trained, Community-Based Treatment Age 5 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 10:00 AM-2:00 PM

## TRIBE HEALTHCARE

(804) 738-7423

NPI: 1619720166  
License: VA 11049 07 006  
Practice Focus: Trauma Informed Care Trained, Mobile crisis response (MCR), Crisis Intervention (CI), Community Stabilization  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## True Counseling Services Inc

(804) 370-1050  
Website: [www.truecounselingservices.com](http://www.truecounselingservices.com)  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Behavioral Health Outpatient, ASAM Level 2.1  
Age 5 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

## True Heart Counseling LLC

(757) 528-5397

NPI: 1720550726  
License: VA 3496 02 029  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Psychosocial Rehabilitation (PSR), Mental health skill building, Intensive In-Home Services, Cultural Competency Trained Age 5 to 85  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## True Recovery RVA LLC

(804) 660-8266  
License: VA 8989 02 033  
Website: [www.truecoveryrva.com](http://www.truecoveryrva.com)  
Practice Focus: ASAM Level 2.5  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## TTM Community Services LLC

(757) 964-9565

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1659030435  
License: VA 3453 16 004  
Website:  
ttandmcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Crisis Stabilization (CS), Case Management, Behavioral Health Outpatient, Adult Serious Mental Illness (SMI)  
Age 5 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Turning Point Family Services

Turning Point Family Services  
(434) 549-5988  
License: VA 1924 02 033  
Practice Focus: Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS)  
Age 5 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Turning Point Interventions**  
(434) 228-7526  
NPI: 1437633013  
License: VA 3331 07 006  
Practice Focus: ASAM Level 3.5 - Adult  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ultimate Outcomes Therapeutic Services Inc

(804) 213-0140  
NPI: 1801124607  
License: VA 464 02 035  
Website: www.myuots.com  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive Outpatient - Substance Abuse, Home Visits, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Unconditional Care and Supportive Inc

(804) 518-6185

NPI: 1609389295  
License: VA 3104 16 003  
Website:  
www.ucass2018.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Case Management, ASAM Level 2.1  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-11:45 PM  
Tuesday: 8:00 AM-11:45 PM  
Wednesday: 8:00 AM-11:45 PM  
Thursday: 8:00 AM-11:45 PM  
Friday: 8:00 AM-11:45 PM  
Saturday: 10:00 AM-2:00 PM  
Sunday: 2:00 PM-5:00 PM

## Virginia Beach Counseling Services PLLC

(757) 289-1125  
NPI: 1114305034  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Counseling and Community Development

(804) 218-8182

NPI: 1427120070  
License: VA 887 02 033  
Website: www.vaccd.com  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Cultural Competency Trained, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Therapy Services

(804) 505-1049

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

License: VA 4020 03 001  
Website:  
www.virginiatherapysvc.com  
Practice Focus: Youth  
Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression, Post Partum, Multi-Systemic Therapy, Mood Disorders/Depression, Mood Disorders  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Whole Village Counseling Advocacy and Mental Health Services

(757) 454-2112

License: VA 8930 02 033  
Website:  
wholevillagecounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Mental Health, ASAM Level 2.5, ASAM Level 2.1  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wyche Counseling Services LLC

(434) 336-7837  
License: VA 6112 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Counselor, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## You Turn Services

(804) 447-1086

NPI: 1790269603  
License: VA 3285 02 035  
Website:  
www.youturnservices.com  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Community-Based Treatment, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## YOUTH CONNECT OF VIRGINIA

(540) 488-5636  
NPI: 1972093987  
License: VA 3435 07 003  
Website:  
www.WWW.YOUTHCONNECTV A.COM  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment Children, Case Management, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Youth Excel and Advancement LLC

(804) 447-7016  
License: VA 1715 01 019  
Website: yeallc.org  
Practice Focus: Virtual Care - Audio/Visual, Residential Crisis Stabilization Unit, Mental health skill building, Intensive In-Home Services, Cultural Competency Trained, Crisis Intervention (CI), ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

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## Counseling Psychologist

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## Dougan and Walden Wellness PLLC

(804) 893-5555  
NPI: 1396259602  
Website: www.dwellness.org  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Walden, Jeremy T PsyD

Gender: Male  
NPI: 1649535246  
License: VA 0810004838  
Website: www.dwellness.org  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## Leaders for Life Inc

(804) 477-6137

## Bundy, Theresa LPC

Gender: Female  
NPI: 1548890262  
License: VA 0701008882  
Website: www.leadersforlifemhss.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Renewed Peace and Healing Therapy Inc

(804) 410-1483

## Luke, Onzie LPC

Gender: Female  
NPI: 1932538824  
License: VA 0701005613  
Practice Focus: Virtual Care - Audio/Visual  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1265189252  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

## Counselor

## Bird on a Wire LLC

(804) 413-9037

## Hubbard, Natasha L LPC

Gender: Female  
NPI: 1366033508  
License: VA 0701010155  
Website: birdonawirecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-5:00 PM

## Center for Care and Resiliency

(540) 344-5300  
NPI: 1053902742  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## CHAT Behavioral Health Services

(757) 436-5601

## Artis, Kendra LPC

Gender: Female  
NPI: 1710593447  
License: VA 0701012295  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM  
NPI: 1467949024  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Chesapeake Counseling Associates PC

(804) 695-2557

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1407069230  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, PreSchool Posttraumatic Stress Disorder (PTSD), Post Partum Depression, General Mental Health, Family Therapy, Domestic Violence, Developmental/Behavioral Issues, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Rausch, Christal M LPC\***  
Gender: Female  
NPI: 1912563891  
License: VA 0701014651  
Website: [www.chesapeake-counseling.com/](http://www.chesapeake-counseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, PreSchool Posttraumatic Stress Disorder (PTSD), Post Partum Depression, General Mental Health, Family Therapy, Domestic Violence, Developmental/Behavioral Issues, Depression  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

**Chesapeake Counseling Center**  
(757) 302-8362

**Artis, Satrina Y LPC**  
Gender: Female  
NPI: 1033784574  
Website: [chesapeakecounselingcenter.com/](http://chesapeakecounselingcenter.com/)  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1780160747  
Website: [chesapeakecounselingcenter.com/](http://chesapeakecounselingcenter.com/)  
Practice Focus: Virtual Care - Audio/Visual, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Family Guidance Centers**  
(804) 743-0960

**Ampy, Lottie LCP**  
Gender: Female  
NPI: 1326692344  
License: VA 0810004206  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Dawson, Margaret A LPC**  
Gender: Female  
NPI: 1336503465  
License: VA 0701008866  
Website: [www.familyguidancecenters.com](http://www.familyguidancecenters.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Snapp, Sara LPC**

Gender: Female  
NPI: 1689147472  
License: VA 0701008077  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Growing Light Counseling LLC**

(423) 578-7208

NPI: 1821420985  
Website:  
www.growinglightcounseling.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, Cognitive/Behavioral Therapy, Child/ Pediatric, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Munier, Kelly LPC**

Gender: Female  
NPI: 1962506642  
License: TN 2459  
Website:  
www.growinglightcounseling.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, Cognitive/Behavioral Therapy, Child/ Pediatric, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Healing Hope Wellness LLC**

(757) 392-5695

Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
**Sutphin, Dante A LPC**  
Gender: Male  
NPI: 1689259525  
License: VA 0701010167  
Website:  
becausewecare365.com  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Iannelli, Ashleigh LPC**

(540) 344-5300

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1912694571  
License: VA 0701012388  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lightbeam Solutions** (757) 577-1257

### **High, Kirsten LPC**

Gender: Female  
NPI: 1184994519  
License: VA 0701004455  
Website:  
lightbeamsolutions.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Family Therapy, Crisis Stabilization, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Website:  
lightbeamsolutions.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Family Therapy, Crisis Stabilization, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MountainWELL Counseling**

(276) 200-4233  
NPI: 1194543553  
Website:  
mountainwell.clientsecure.me /

Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Play Therapy, Mood Disorders, Mental Health Counselor, Cultural Diversity, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Region Ten Community Services Board**

(434) 972-1800

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Robinson, Sara LPC**

Gender: Female  
NPI: 1952671240  
License: VA 0701005145  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Starling Medical Group PC** (508) 202-1011

### **Butler, Christa LPC**

Gender: Female  
NPI: 1881078277  
License: VA 0701006228  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

### **Redman, Tia LPC**

Gender: Female  
NPI: 1023779196  
License: VA 0701014506  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Sutphin, Dante A LPC** (757) 392-5695

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Male  
NPI: 1689259525  
License: VA 0701010167  
Website:  
becausewecare365.com  
Practice Focus: Virtual Care -  
Audio only, Mental health skill  
building, Intensive Outpatient  
- Mental Health, Intensive In-  
Home Services, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Whole Village Counseling  
Advocacy and Mental  
Health Services**  
(757) 454-2112

**Medina, Faith LPC**  
Gender: Female  
NPI: 1083385850  
License: VA 0734004657  
Website:  
wholevillagecounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained, Post-  
Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression,  
Intensive Outpatient -  
Substance Abuse, Intensive  
Outpatient - Mental Health,  
Group therapy,  
Grief/Death/Dying, Faith-  
based/spiritual, Chemical  
Dependency/Co-Dependency  
Age 8 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Williams, Shante L LPC**  
(757) 622-0700

Gender: Female  
NPI: 1407432735  
License: VA 0701010342  
Website:  
www.lifesjourneyservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Stress  
Management, Sexuality,  
Multicultural Issues, Mood  
Disorders, LGBTQ+,  
Grief/Death/Dying, Gender  
Identity, Family Therapy  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

**Emotionally Disturbed  
Childrens' Residential  
Treatment Fac**

**United Methodist Family  
Services**  
(804) 353-4461

NPI: 1235238320  
License: VA 641 14 001  
Website: www.umfs.org  
Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Trauma  
Recovery and Empowerment  
Model (TREM), Trauma  
Informed Care Trained,  
Trauma Focused Cognitive  
Behavioral Therapy, Trauma -  
Focused Cognitive Behavior,  
Transgender Male,  
Transgender Female,  
Transgender  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

**Geropsychiatric  
Psyc/Mental Health  
Clinical Nurse Specialist**

**SOUTHWEST REGIONAL  
COUNSELING SERVICES  
INC**  
(276) 883-5050

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Henderson, Tina L NP

Gender: Female  
NPI: 1831745611  
License: VA 0024178041  
Practice Focus: Virtual Care - Audio/Visual, Office Based  
Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual, Office Based  
Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Group Psychotherapy Psychologist

### Charis Institute For Psychological and Family Services

(540) 568-1876  
NPI: 1588733893  
Website: charisinst.org  
Practice Focus: Virtual Care - Audio/Visual, Psychology  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Intellectual and Develop Dis Comm Resid Treatment Facility

Foundation For Care LLC  
(804) 668-5480

NPI: 1932534864  
License: VA 2312 02 033  
Website:  
www.foundationforcare.net  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Day Treatment, Crisis Stabilization (CS), ASAM Level 2.1  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Marriage And Family Therapist

A Brighter Day Therapy  
Counseling LLC  
(804) 464-8897

## Jones, Jeremy J LMFT

Gender: Male  
NPI: 1730430075  
License: VA 0717001414  
Practice Focus: Virtual Care - Audio only, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Family Therapy, Faith-based/spiritual, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Abundant Life partners LLC

(757) 603-4603  
McKinley, Jennifer LMFT  
Gender: Female  
NPI: 1710299789  
License: VA 0717001518  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Cultural Competency Trained, Couple Counseling  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Tomasino, Lauren LMFT**

Gender: Female  
NPI: 1932456167  
License: VA 0717001340  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, Family Therapy, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Bird on a Wire LLC**

(804) 413-9037  
**Mbuvu, Gwendolyn R LMFT**  
Gender: Female  
NPI: 1174131452  
License: VA 0717001725  
Website:  
birdonawirecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-5:00 PM

## **Boyette, Mary LMFT**

(434) 376-2006

Gender: Female  
NPI: 1417742560  
License: VA 0717002389  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Childsavers**

(804) 644-9590  
NPI: 1699868448  
Website: www.childsavers.org  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

## **Family Guidance Centers**

(804) 743-0960

## **Carter, Michael LMFT**

Gender: Male  
NPI: 1528539715  
License: VA 0717001510  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
NPI: 1225192909  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Woodard, Shayla LMFT**

Gender: Female  
NPI: 1023622818  
License: VA 0717001915  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Genesis Counseling Center**

(757) 827-7707

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Debause, Shelby N LMFT

Gender: Female  
NPI: 1932145844  
License: NC 2597  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center

(757) 564-3100  
NPI: 1164451399  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center

(757) 466-3336

## Ritchie, Lovetta LMFT

Gender: Female  
NPI: 1811514995  
License: VA 0717001741  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Spanish  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center

(757) 965-5886

## Stephens, Jonathan LMFT

Gender: Male  
NPI: 1467937730  
License: VA 0717001853  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Healing Oasis Therapeutic Counseling LLC

(804) 631-5501  
NPI: 1548970452  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, Family Therapy, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## Uzzle, Tamika LMFT

Gender: Female  
NPI: 1962110247  
License: VA 0717001960  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, Family Therapy, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## Hope for Tomorrow Counseling

(434) 376-2006

## Boyette, Mary LMFT

Gender: Female  
NPI: 1417742560  
License: VA 0717002389  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1033724216

Website:

[counseling.five18.org/](http://counseling.five18.org/)

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Innovative Enrichment Services

(757) 321-4224

Practice Focus: Behavioral Health Crisis Care (BHCC), Behavioral Health Care Coordination, Bariatric Counseling, Autism Spectrum Disorders, Autism, Adult Serious Mental Illness (SMI), Adult Psychiatry, Adult, Adoption, Adolescents  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Johnson, James LMFT

(757) 251-0879

Gender: Male

NPI: 1548513807

License: VA 0717002157

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-7:00 PM

Tuesday: 8:30 AM-7:00 PM

Wednesday: 8:30 AM-7:00 PM

Thursday: 8:30 AM-7:00 PM

Friday: 9:00 AM-4:30 PM

## Life Worth Living Counseling Ltd

(540) 339-7727

NPI: 1932709615

Website:

[www.lifeworthlivingcounseling.com](http://www.lifeworthlivingcounseling.com)

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Vinson, Muriel LMFT

Gender: Female

NPI: 1215402516

License: CA 152758

Website:

[www.lifeworthlivingcounseling.com](http://www.lifeworthlivingcounseling.com)

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 4 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 8:00 AM-8:00 PM

Sunday: 8:00 AM-8:00 PM

## Light Counseling Inc

(888) 808-6050

NPI: 1154422764

Website:

[lightcounseling.net/locations/lynchburg-va/](http://lightcounseling.net/locations/lynchburg-va/)

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Divorce Recovery Therapy, Dialectal Behavior Therapy (DBT), Bipolar, Anxiety Disorder, Anger Management  
Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-9:00 PM

Tuesday: 9:00 AM-9:00 PM

Wednesday: 9:00 AM-9:00 PM

Thursday: 9:00 AM-9:00 PM

Friday: 9:00 AM-9:00 PM

## National Counseling Group Inc

(703) 257-5997

### Shuart, Theresa LMFT

Gender: Female

NPI: 1700844065

License: VA 0717000387

Website:

[www.ncgcommunity.com](http://www.ncgcommunity.com)

Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Spresser, Elizabeth LMFT

Gender: Female  
NPI: 1598727745  
License: VA 0717001107  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Starling Medical Group PC (508) 202-1011

### Gray, Danielle MFT

Gender: Female  
NPI: 1659032654  
License: TN 1755  
Practice Focus: Women, Virtual  
Care - Audio/Visual, Cultural  
Competency Trained  
Age 18 to 59  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Whedbee, Cara

Gender: Female  
NPI: 1093018855  
License: TX 200887  
Practice Focus: Women, Virtual  
Care - Audio/Visual, Cultural  
Competency Trained  
Age 18 to 59  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Wellspring of Hope LLC (804) 887-3062

### Saunders, Mark A PhD

Gender: Male  
NPI: 1821736919  
License: VA 0717001917  
Website:  
wellspringofhopellc.com/cont  
act-us/  
Practice Focus: Virtual Care -  
Audio/Visual, Marital Therapy,  
Family Therapy, Cultural  
Competency Trained, Couple  
Counseling  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM

## Mental Health Clinic/Center (Including Comm Mental Health)

### Acacia Health Partners

(804) 395-7463  
NPI: 1487383626  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Cultural  
Competency Trained,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, ADHD  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Accessing Community Service LLC (804) 982-0130

NPI: 1083373591  
License: VA 3691 03 001  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Cultural  
Competency Trained,  
Community Brief Crisis  
Support (CBCS)  
Age 18 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Benevolent Family Services LLC (757) 755-3253

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

NPI: 1730504762  
License: VA 03192025  
Website: [www.bfshelps.com](http://www.bfshelps.com)  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mobile crisis response (MCR), Mental health skill building, Medication Management, Intensive In-Home Services, Group therapy, Depression  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
Saturday: 10:00 AM-3:00 PM

**Empowering You  
Therapeutic Services LLC**  
(276) 403-2806

Practice Focus: Virtual Care - Audio/Visual, Schizoaffective Disorder, Psychotic Disorders, Mental health skill building, Intensive In-Home Services, Depression, Conflict Resolution, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

**GAP Counseling LLC**  
(804) 562-0814  
Website: [www.gpcinfo.org](http://www.gpcinfo.org)  
Practice Focus: Virtual Care - Audio/Visual, Crisis Stabilization  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 2:00 PM-8:00 PM

**Gardner Counseling  
Services LLC**  
(434) 390-3512

Practice Focus: Behavioral Health Outpatient  
Age 6 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-2:00 PM

## **Heart Two Heart Rehab Support Services**

(540) 562-8369  
License: VA 2697 03 001  
Website: [h2hrss.org/](http://h2hrss.org/)  
Practice Focus: Walk-In Available, Virtual Care - Audio/Visual, Stress Management, Sleep Disorders, Separation Grief and Loss, Schizophrenia, Schizoaffective Disorder, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Personality Disorders  
Age 18 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**High Ground Psychiatry  
PLLC**  
(757) 255-8223

NPI: 1982439808  
Website: [www.highgroundpsychiatry.com](http://www.highgroundpsychiatry.com)  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders, Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 2:00 PM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 2:00 PM-6:00 PM  
Friday: 9:00 AM-5:00 PM

**Horizon Behavioral Health**  
(434) 946-2316  
License: VA 088 16 005  
Website: [www.HorizonBH.org](http://www.HorizonBH.org)  
Practice Focus: Virtual Care - Audio only, Telepsychiatry, Psychotherapy, Medication Management, Home Visits, Community-Based Treatment, Community Mental Health Center (CMHC), Case Management, Addictions/ Substance Abuse  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Piedmont United Family  
Services**  
(276) 790-3042

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1497472047  
License: VA 5962 01 001  
Website: piedmontunited.org  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Mental health skill building, Intensive Outpatient - Mental Health, Cultural Competency Trained, Community Brief Crisis Support (CBCS)  
Age 4 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Release Wellness (757) 752-9508

NPI: 1700475845  
Website: WWW.RELEASEYOURWELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Dialectal Behavior Therapy (DBT), Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**S M Recovery Center LLC**  
(804) 592-1225  
NPI: 1003645599  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, ASAM Level 2.5 Partial Hospitalization  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Treatment Within LLC**  
(804) 216-1533

NPI: 1437043767  
Practice Focus: Mobile crisis response (MCR)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## YOUTH CONNECT OF VIRGINIA

(540) 488-5636  
NPI: 1972093987  
License: VA 3435 07 003  
Website: www.WWW.YOUTHCONNECTV.A.COM  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment Children, Case Management, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Mental Health Counselor

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**A Step to Healing LLC**  
(757) 359-8144

NPI: 1285351130  
Website: asteptohealingllc.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, LGBTQ+, Group therapy, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Caddle, Candice LPC**  
Gender: Female  
NPI: 1962007740  
License: VA 0701010152  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, LGBTQ+, Group therapy, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Anchored Tranquility LLC**  
(804) 845-2334

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1942034798

Website:

anchoredtranquilitycounseling.com

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Grief/Death/Dying, Anxiety/Depression

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-5:00 PM

Saturday: 8:00 AM-12:00 PM

## Apple Tree Counseling LLC

(703) 957-9322

NPI: 1114580966

Website:

www.appletreecounselingllc.org

Practice Focus: Virtual Care - Audio/Visual, Depression, Autism Spectrum Disorders, Anxiety Disorder, Anger Management, ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Kauble, Michelle S LPC

Gender: Female

NPI: 1275049082

License: VA 0701007375

Website:

www.appletreecounselingllc.org

Practice Focus: Virtual Care - Audio/Visual, Depression, Autism Spectrum Disorders, Anxiety Disorder, Anger Management, ADHD Spanish

Age 1 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 4:30 PM-9:30 PM

Wednesday: 1:00 PM-8:00 PM

Thursday: 12:00 PM-8:00 PM

Friday: 9:00 AM-5:00 PM

## Associates in Brief Therapy Inc

(540) 772-8043

NPI: 1033286794

Website:

www.abtcounseling.com

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Marital Therapy, Depression, Cognitive/Behavioral Therapy, Bipolar

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Flack, Ryan LPC

Gender: Male

NPI: 1568224731

License: VA 0701013243

Website:

www.abtcounseling.com

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational

interviewing, Mood Disorders, Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-12:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Mortellaro, David L LPC**

Gender: Male  
NPI: 1851375836  
License: VA 0717000603  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Marital Therapy, Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder  
Dutch  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## **Backpack Medical Group PC**

(866) 968-6342  
NPI: 1851177570  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Coleman, Hannah**

Gender: Female  
NPI: 1972118412  
License: VA 0704017939  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## **Olson, Jane\***

Gender: Female  
NPI: 1821980913  
License: VA 0704018257  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## **Be Bold Therapeutic Services LLC** (757) 663-2989

NPI: 1558105718

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, Religion Based Therapy, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Marital Therapy, General Mental Health, Family Therapy  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Quinn-Samuel, Cathy LPC**

Gender: Female  
NPI: 1124512736  
License: VA 0701007596  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, Religion Based Therapy, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Marital Therapy, General Mental Health, Family Therapy  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Blatt, Evan I LPC**

(804) 409-9445  
Gender: Male  
NPI: 1184440349  
License: VA 0701014174  
Practice Focus: Women, Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Solution Focused Therapy, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Men, General Mental Health, Domestic Violence  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

## **Body and Mindfully Healthy** (276) 601-2749

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1952987034

Website:

www.bodyandmindfullyhealth  
y.com

Practice Focus: Youth

Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Victims of  
elder abuse, Victims of  
domestic violence, Victim  
Awareness, Veteran's Issues,  
Trauma Informed Care  
Trained, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Doan, Chauncy LPC

Gender: Male

NPI: 1134953672

License: VA 0701013906

Website:

www.bodyandmindfullyhealth  
y.com

Practice Focus: Youth

Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Victims of  
elder abuse, Victims of  
domestic violence, Victim  
Awareness, Veteran's Issues,  
Trauma Informed Care  
Trained, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior

Age 3 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## Brave Health Medical Group PA

(305) 902-6347

## Perez Ritter, Massiel M LMHC

Gender: Female

NPI: 1821553652

Spanish

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

## Central Virginias Preferred Providers

(804) 330-6441

NPI: 1730638107

Website:

www.cvppservices.com

Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## HYPE Counseling Services

Gender: Female

NPI: 1154905958

License: VA 0701010298

Website:

www.cvppservices.com

Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD

Age 18 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## Ingram, Keshia LPC

Gender: Female

NPI: 1043824675

License: VA 0701009950

Website:

www.cvppservices.com

Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD

Hindi

Age 18 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Roney, Lakesha LPC

Gender: Female  
NPI: 1184895484  
License: VA 0701003863  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Wimbush, Terri LPC

Gender: Female  
NPI: 1144802455  
License: VA 0701010239  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## CERVELLO-WELLNESS

(301) 392-7120

## BELTON, LEEANNA

Gender: Female  
NPI: 1609069426  
License: VA 0904011576  
Website: CERVELLO-  
WELLNESS.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1083239255  
Website: CERVELLO-  
WELLNESS.COM

Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Changing Lives Therapeutic Service (980) 833-1121

## Charnell, Brown LPC

Gender: Female  
NPI: 1154943389  
License: NC 16752  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care -  
Audio only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## Dillard, Shadricks LCSW

Gender: Female  
NPI: 1396367322  
License: VA 0904017991  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care -  
Audio only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## Mclean, Talaya LPC

Gender: Female  
NPI: 1922582998  
License: VA 0701009159  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## Wells, Bernardine LPC

Gender: Female  
NPI: 1467175125  
License: VA 0701011809  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care -  
Audio only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## CHAT Behavioral Health Services

(757) 436-5601

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1467949024

Website: www.chatbhs.com

Practice Focus: Virtual Care -

Audio/Visual, Trauma

Informed Care Trained,

Psychotic Disorders, Mood

Disorders, Cultural

Competency Trained,

Addictions/ Substance Abuse

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

**Nwogburu, Chinedu LPC**

Gender: Female

NPI: 1891982013

Website: www.chatbhs.com

Practice Focus: Virtual Care -

Audio/Visual, Trauma

Informed Care Trained,

Psychotic Disorders, Mood

Disorders, Cultural

Competency Trained,

Addictions/ Substance Abuse

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

**Williams, Shenita LPC**

Gender: Female

NPI: 1417533753

License: VA 0701009957

Website: www.chatbhs.com

Practice Focus: Virtual Care -

Audio/Visual, Trauma

Informed Care Trained,

Psychotic Disorders, Mood

Disorders, Cultural

Competency Trained,

Addictions/ Substance Abuse

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

**Zacarias, Agnes LPC**

Gender: Female

NPI: 1972724482

License: VA 0906015562

Website: www.chatbhs.com

Practice Focus: Virtual Care -

Audio/Visual, Trauma

Informed Care Trained,

Psychotic Disorders, Mood

Disorders, Cultural

Competency Trained,

Addictions/ Substance Abuse

Spanish

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

**Chesapeake Counseling Associates PC**

(804) 695-2557

NPI: 1407069230

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Separation Grief

and Loss, Post-Traumatic

Stress Disorder (PTSD), Post

Partum Depression, General

Mental Health, Family Therapy,

Domestic Violence,

Developmental/Behavioral

Issues, Depression

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Geyer, Emily C LPC**

Gender: Female

NPI: 1235965211

License: VA 0701013671

Website: www.chesapeake-

counseling.com/

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Separation Grief

and Loss, Post-Traumatic

Stress Disorder (PTSD), Post

Partum Depression, General

Mental Health, Family Therapy,

Domestic Violence,

Developmental/Behavioral

Issues, Depression

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 9:00 AM-5:00 PM

**Lawrence, Michelle R LPC**

Gender: Female

NPI: 1659808350

License: VA 0701007115

Practice Focus: Virtual Care -

Audio/Visual

Spanish

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Leffel, Katherine LPC

Gender: Female  
NPI: 1568944429  
License: VA 0718000477  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## McCarthy, Sarah LPC

Gender: Female  
NPI: 1013782051  
License: VA 0701013135  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## Peay, Jessica LPC

Gender: Female  
NPI: 1710426242  
License: VA 0701006992  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## Pritchett, Jennifer M LPC

Gender: Female  
NPI: 1962596247  
License: VA 0710001290  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## Childsavers

(804) 644-9590  
NPI: 1699868448  
Website: [www.childsavers.org](http://www.childsavers.org)  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

## CHRISTIAN, FRANCES M LCSW

(804) 355-9322

Gender: Female  
NPI: 1275563025  
License: VA 0904000047  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Clinical Associates of Tidewater

(757) 877-7700  
NPI: 1447341615  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## PARRAMORE, JILL LPC

Gender: Female  
NPI: 1477033561  
License: VA 0710103177  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## PARSONS, AMY LPC

Gender: Female  
NPI: 1861297608  
License: VA 0701014517  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Coastal Medical and Psychiatric Services

(757) 310-6900

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1134460132  
Website: [cmprsva.com/](http://cmprsva.com/)  
Practice Focus: Virtual Care -  
Audio/Visual, Psychiatry &  
Neurology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Williams, Karis MC**

Gender: Female  
NPI: 1477380111  
License: VA 0701011770  
Website: [cmprsva.com/](http://cmprsva.com/)  
Practice Focus: Virtual Care -  
Audio/Visual, Psychiatry &  
Neurology  
Age 12 and up

Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## **Confidant Providers LLC** (203) 747-8696

## **Meeker, Ashley LPC**

Gender: Female  
NPI: 1083032213  
License: NC 10723  
Website: [confidanthealth.com](http://confidanthealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor,  
Grief/Death/Dying, Cultural  
Competency Trained, Bipolar,  
Anxiety/Depression,  
Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Counsel Connect**

(804) 898-3800  
NPI: 1407312820  
Website:  
[www.counselconnectllc.com](http://www.counselconnectllc.com)  
Practice Focus: Virtual Care -  
Audio/Visual, LGBTQ+,  
Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1407312820

Website:  
[www.counselconnectllc.com](http://www.counselconnectllc.com)  
Practice Focus: Virtual Care -  
Audio/Visual, LGBTQ+,  
Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hurt, Halle D LPC**

Gender: Female  
NPI: 1811745953  
License: VA 0701013571  
Website:  
[www.counselconnectllc.com](http://www.counselconnectllc.com)  
Practice Focus: Virtual Care -  
Audio/Visual, LGBTQ+,  
Counselor  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dougan and Walden**

**Wellness PLLC**  
(804) 893-5555

NPI: 1396259602

Website: [www.dwellness.org](http://www.dwellness.org)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Morrell, Jessica LPC**

Gender: Female  
NPI: 1407601065  
License: VA 0701013770  
Website: [www.dwellness.org](http://www.dwellness.org)  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## **Every Age Every Stage LLC** (804) 562-7117

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Robinson, Gayla LPC**

Gender: Female  
NPI: 1114789054  
License: VA 0701013040  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family Focus Inc**

(804) 261-2090  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care -  
Audio only, Behavioral Health  
Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Frederick, Katie LPC**

Gender: Female  
NPI: 1891492054  
License: VA 0701012342  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care -  
Audio only, Behavioral Health  
Outpatient  
Age 4 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family Guidance Centers**

(804) 743-0960  
**Gamble, Janae LMFT**  
Gender: Female  
NPI: 1992351167  
License: VA 0717001566  
Website:  
www.familyguidancecenters.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Footsteps Counseling**

**Center**  
(804) 715-3215

NPI: 1669556585

Website:  
www.footstepscounseling.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Strengthening Families,  
Solution Focused Therapy,  
Sexual/Physical Abuse Child,  
Separation Grief and Loss, Post  
-Traumatic Stress Disorder  
(PTSD), Play Therapy,  
Obsessive-Compulsive  
Disorder (OCD), Family Therapy  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-1:00 PM

## **Thomas, Brandy LPC**

Gender: Female  
NPI: 1851915300  
License: VA 0701009436  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Strengthening  
Families, Sexual/Physical  
Abuse Child, Separation Grief  
and Loss, Play Therapy, Family  
Therapy, Faith-based/spiritual,  
Developmental/Behavioral  
Issues, Cultural Competency  
Trained, Child Parent  
Psychotherapy  
Limited Handicap Accessibility  
Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 PM-5:00 PM  
Tuesday: 12:00 PM-5:00 PM  
Wednesday: 12:00 PM-5:00 PM  
Thursday: 12:00 PM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**From Start 2 Finish**  
**Counseling Services Inc**  
(434) 634-0060

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Scott, Sherdale LPC

Gender: Female  
NPI: 1437918539  
License: VA 0701013522  
Website: www.fs2finc.org  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, General Mental Health, Cultural Competency Trained, Crisis Stabilization (CS), Crisis Intervention (CI), Child Psychiatry, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-3:00 PM

## GAP Counseling LLC

(804) 562-0814

## Spears, Nickolas J LPC

Gender: Male  
NPI: 1497479463  
License: VA 0701011855  
Website: www.gpcinfo.org  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Marital Therapy, Group therapy, Grief/Death/Dying, Divorce Recovery Therapy, Couple Counseling, Counselor, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 2:00 PM-8:00 PM

## Gardner Counseling Services LLC

(434) 390-3512

## Carter Gardner, Connie PhD

Gender: Female  
NPI: 1659531028  
License: VA 0718000238  
Practice Focus: Behavioral Health Outpatient  
Age 6 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Practice Focus: Behavioral Health Outpatient  
Age 6 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-2:00 PM

## Gentle Waters PLLC

(540) 692-0225

NPI: 1639906530

Website: psychologytoday.com  
Practice Focus: Virtual Care - Audio/Visual, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, Cultural Competency Trained, Anxiety Disorder, Addictions/ Substance Abuse  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-4:00 PM

## Quinney, Deveney E LPC

Gender: Female  
NPI: 1831944271  
License: VA 0701013480  
Website: psychologytoday.com  
Practice Focus: Virtual Care - Audio/Visual, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, Cultural Competency Trained, Anxiety Disorder, Addictions/ Substance Abuse  
Limited Handicap Accessibility  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-4:00 PM

## Guiding Storms Counseling LLC

(757) 951-3095

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Peer support services, Multidimensional Family Therapy, Marital Therapy, LGBTQ+, Family Therapy, Faith-based/spiritual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Hughens, Pamela S LPC\***  
Gender: Female  
NPI: 1346984572  
License: VA 0701011509  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Peer support services, Multidimensional Family Therapy, Marital Therapy, LGBTQ+, Family Therapy, Faith-based/spiritual  
Age 15 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-1:00 PM  
Friday: 9:00 AM-5:00 PM

**Happy New Day LLC**  
(804) 307-9520  
**Freeman, Ginger LPC**  
Gender: Female  
NPI: 1326542671  
License: VA 0701007513  
Website:  
www.happynewdayllc.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Community-Based Treatment, Community Resource Services, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 10:00 AM-2:00 PM  
Website:  
www.happynewdayllc.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Community-Based Treatment, Community Resource Services, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Hayden, Erika E PC**  
(540) 788-2957

Gender: Female  
NPI: 1104265941  
License: VA 0701005455  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hope for Tomorrow Counseling

(434) 376-2006  
NPI: 1033724216  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Faith-based/spiritual, Depression, Counselor, Behavioral Health  
Outpatient, Anxiety Disorder, Anger Management, Adjustment Disorders, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**HopeSpring Child Family Clinic LLC**  
(703) 259-5617

NPI: 1689031122  
Website:  
hopespringchildandfamily.com/  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Community-Based Treatment, Cognitive/Behavioral Therapy, Anxiety/Depression, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Its Okay to Not Be Okay Counseling

(757) 992-8910  
NPI: 1861118440  
Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Veteran's Issues, Trauma  
Focused Cognitive Behavioral Therapy, Teletherapy, Solution Focused Therapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Mental Health  
Counselor, Men  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Sharpe, Katherine LMHC

Gender: Female  
NPI: 1336965672  
License: VA 0704017526  
Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Mood Disorders, Mental Health Counselor, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thomas, Hannah A LMHC

Gender: Female  
NPI: 1023885712  
License: VA 0704016329  
Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Solution Focused Therapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Men, Infertility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Woodard, Johniece LMHC

Gender: Female  
NPI: 1689486599  
License: VA 0704017736  
Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Virtual Care - Audio/Visual, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Mental health skill building, Infertility, Grief/Death/Dying  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jamison, Tia A LCSW (276) 790-3042

Gender: Female  
NPI: 1598401655  
License: VA 0904013945  
Website:  
www.piedmontunited.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Therapeutic Day Treatment Children, School Based Provider, Mobile Crisis Unit, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Cultural Competency Trained, Crisis Stabilization (CS)  
Spanish  
Age 5 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Journey Thru Counseling & Wellness (540) 493-7696

NPI: 1952001166  
Website:  
www.journeythruounselingandwellness.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Family Therapy, Depression, Both Male and Female, Behavioral Health Outpatient, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Journey to Peace LLC (434) 210-8264

**Logan, Tonna LPC\***  
Gender: Female  
NPI: 1003425422  
License: VA 0701013802  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## Journey to Wellness (703) 957-8681

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Costen-Sumpter, Jordan LCSW**

Gender: Male  
NPI: 1669286886  
License: VA 0904017882  
Website:  
www.journeytowellnessvirginia.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Bipolar, Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-7:00 PM  
Tuesday: 11:00 AM-7:00 PM  
Wednesday: 11:00 AM-7:00 PM  
Thursday: 11:00 AM-7:00 PM  
Friday: 11:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM  
**Hamilton, Denisha LCSW**  
Gender: Female  
NPI: 1861792194  
License: VA 0904008211  
Website:  
www.journeytowellnessvirginia.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Bipolar, Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-7:00 PM  
Tuesday: 11:00 AM-7:00 PM  
Wednesday: 11:00 AM-7:00 PM  
Thursday: 11:00 AM-7:00 PM  
Friday: 11:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM

## **Life Worth Living Counseling Ltd**

(540) 339-7727  
**Newcomb, Emily LPC**  
Gender: Female  
NPI: 1629813266  
License: VA 0701013699  
Website:  
www.lifeworthlivingcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## **Loudoun Counseling Coaching LLC**

(571) 375-0668  
NPI: 1134642044  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## **McLean, Talaya LPC**

(980) 833-1121

Gender: Female  
NPI: 1922582998  
License: VA 0701009159  
Website:  
www.changinglivestherapeutic-service.com  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## **Mental Health Advocates LLC**

(866) 642-4682  
NPI: 1629804315  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Mind Play LLC**

(540) 216-2285

## **Kirkpatrick, Mary E LPC**

Gender: Female  
NPI: 1366076952  
License: VA 0701009782  
Website: www.mindplay-va.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Play Therapy, LGBTQ+, Group therapy, Geriatric, Autism Spectrum Disorders, Anxiety/Depression, Adult, Adolescents  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-8:00 PM  
Tuesday: 2:00 PM-8:00 PM  
Wednesday: 2:00 PM-8:00 PM  
Thursday: 2:00 PM-8:00 PM  
Friday: 2:00 PM-8:00 PM  
Saturday: 10:00 AM-3:00 PM

## **National Counseling Group Inc**

(276) 226-2828

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Mitchell, Shelby LPC

Gender: Female  
NPI: 1336914761  
License: ID LCPC 10529  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment,  
Behavioral Health Multi-  
Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(703) 257-5997

## Stewardson, Laurel LPC

Gender: Female  
NPI: 1437936002  
License: VA 0701012842  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Neuropsych Wellness Center Pc

(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Counselor  
Age 13 to 85  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## New Perspective Christian Counseling LLC

(804) 913-3773  
NPI: 1700414976  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM

## Sanders, Natalie LCSW

Gender: Female  
NPI: 1053848507  
License: VA 0904009645  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM

## New Therapist LLC

(757) 285-1775  
NPI: 1720868425  
Website: newtherapistllc.com/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Anxiety/Depression, Anxiety  
Disorder, Adult Serious Mental  
Illness (SMI)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Washington, Nailah LPC

Gender: Female  
NPI: 1982319273  
License: VA 0701012774  
Website: newtherapistllc.com/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Anxiety/Depression, Anxiety  
Disorder, Adult Serious Mental  
Illness (SMI)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Parker, Jordan LPC

(757) 251-0879  
Gender: Male  
NPI: 1851104582  
License: VA 0701014455  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## Phases Therapy Inc

(804) 220-0433

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1750059044  
Website: phases-therapy.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
LGBTQ+, Cultural Competency  
Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Thomson, Natalie LPC**

Gender: Female  
NPI: 1225771033  
License: VA 0701014058  
Website: phases-therapy.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
LGBTQ+, Cultural Competency  
Trained  
French  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Veloza, Brooke LPC**

Gender: Female  
NPI: 1033829379  
Website: phases-therapy.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
LGBTQ+, Cultural Competency  
Trained  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Quarternote Counseling LLC**

(703) 479-2947  
Website:  
www.QuarternoteCounseling.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Post-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, Mental Health  
Counselor, DID/MPD,  
Depression, Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rood, Wendy F LPC**

Gender: Female  
NPI: 1588498745  
License: VA 0701013931  
Website:  
www.QuarternoteCounseling.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Post-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, Mental Health  
Counselor, DID/MPD,  
Depression, Counselor  
Age 18 to 60  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Redemption Counseling Services Incorporated**

(434) 489-9917  
NPI: 1720719206  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Home Visits,  
Crisis Stabilization (CS), Crisis  
Intervention (CI), Community-  
Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Terry-Reid, Denease LPC**

Gender: Female  
NPI: 1538646138  
License: VA 0701007604  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Home Visits,  
Crisis Stabilization (CS), Crisis  
Intervention (CI), Community-  
Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Refuel Life Trauma Center LLC**

(757) 453-4110

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Murphy, Patrice D LPC

Gender: Female  
NPI: 1629719786  
License: VA 0701013028  
Website:  
traumacenterv.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma -  
Focused Cognitive Behavior,  
Post-Traumatic Stress Disorder  
(PTSD), LGBTQ+, Cultural  
Competency Trained,  
Anxiety/Depression  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Region Ten Community Services Board

(434) 972-1800

## Armstrong, Crystal LPC

Gender: Female  
NPI: 1962929380  
License: VA 0701007234  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Spanish  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Campbell, Tracy LPC

Gender: Female  
NPI: 1467261974  
License: VA 0031011759  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Godfrey, Caitlin LPC

Gender: Female  
NPI: 1730762295  
License: VA 0701010226  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Hope, Stephanie LPC

Gender: Female  
NPI: 1629714324  
License: VA 0701011400  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Release Wellness

(757) 752-9508

## IMANI, D M LPC

Gender: Female  
NPI: 1225766389  
License: VA 0701014034  
Website:  
WWW.RELEASEYOURWELLNES  
S.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Solution Focused  
Therapy, Post-Traumatic Stress  
Disorder (PTSD), Dialectal  
Behavior Therapy (DBT),  
Depression,  
Cognitive/Behavioral Therapy,  
Anxiety Disorder, Anger  
Management, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1700475845

Website:

WWW.RELEASEYOURWELLNES  
S.COM

Practice Focus: Virtual Care -  
Audio/Visual, Solution Focused  
Therapy, Post-Traumatic Stress  
Disorder (PTSD), Dialectal  
Behavior Therapy (DBT),  
Depression,  
Cognitive/Behavioral Therapy,  
Anxiety Disorder, Anger  
Management, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Renewed Peace and  
Healing Therapy Inc**  
(804) 410-1483

NPI: 1265189252

Practice Focus: Virtual Care -  
Audio/Visual, Family Therapy,  
Couple Counseling,  
Cognitive/Behavioral Therapy,  
Child/ Pediatric, Child  
Oppositional Defiant, Child  
Abuse/Neglect, Bipolar,  
Bereavement, Anxiety/Phobic  
Disorders  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

**Renewing Minds  
Counseling Center**  
(757) 509-5007

**Beard, Charles A LPC**

Gender: Male

NPI: 1528727443

Website:

www.renewingminds365.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Reactive attachment disorder,  
Post-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Mood Disorders/Depression,  
Learning Disabilities, Group  
therapy, Family Therapy, Faith-  
based/spiritual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Johnson, Rosa M LPC**

Gender: Female

NPI: 1689222952

License: DE PC 0011173

Website:

www.renewingminds365.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Reactive attachment disorder,  
Post-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Mood Disorders/Depression,  
Learning Disabilities, Group  
therapy, Family Therapy, Faith-  
based/spiritual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1093201758

Website:

www.renewingminds365.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Reactive attachment disorder,  
Post-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Mood Disorders/Depression,  
Learning Disabilities, Group  
therapy, Family Therapy, Faith-  
based/spiritual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Resilience Counseling  
Social Skills Center**  
(540) 699-0226

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Bohannon, Donald L LPC

Gender: Male  
NPI: 1497274534  
License: VA 0701007233  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Bonanca, Kristina LPC

Gender: Female  
NPI: 1104350610  
License: VA 0701006929  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Chavez, Taisha LPC

Gender: Female  
NPI: 1891410478  
License: VA 0701010010  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health, Dissociative disorder Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Cohen, Emma LPC

Gender: Female  
NPI: 1275222705  
License: VA 0701012340  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

## **Dembrowski, Rachael LPC**

Gender: Female  
NPI: 1326802760  
License: VA 0701013282  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dimmick, Ashlyn LPC**

Gender: Female  
NPI: 1467084285  
License: VA 0701009086  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dix, Sarah LPC**

Gender: Female  
NPI: 1538814918  
License: VA 0701011026  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kiley, Katelyn LPC**

Gender: Female  
NPI: 1104410083  
License: VA 0701009710  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## McGowan, Andrea LPC

Gender: Female  
NPI: 1730581802  
License: VA 0701008422  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## ReVive Behavioral Health

(804) 653-7009  
NPI: 1942055504  
Website: www.revive-bh-services.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Rivers of Hope Counseling Center LLC

(855) 326-4673

## Dockett, Charmaine R LPC

Gender: Female  
NPI: 1780285189  
License: TX 86663  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Trauma Informed Care Trained, Grief/Death/Dying, Faith-based/spiritual, Depression, Couple Counseling, Counselor, Anxiety/Depression, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM  
**Garrett, Jenay LPC**  
Gender: Female  
NPI: 1558860585  
License: VA 0701007401  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## RVA Counseling

(804) 716-0428  
NPI: 1407492895  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Depression, Anxiety/Depression, Adult, Adoption, Adolescents  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Safehaven Empowerment Wellness LLC

(757) 814-9069  
NPI: 1427813740  
Practice Focus: Adult Psychiatry, Adolescent Psychiatry  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SaVida Health PC

(833) 356-4080

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1548739170  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Smith, Robin LPC**

Gender: Female  
NPI: 1962081547  
License: VA 0701010499  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Silver Linings Therapy**

(757) 231-5434

## **Briggs, Staci E MEd**

Gender: Female  
NPI: 1790387017  
License: VA 0701010734  
Website: [www.silverliningstherapyllc.com](http://www.silverliningstherapyllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1376386821

Website: [www.silverliningstherapyllc.com](http://www.silverliningstherapyllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Sotilleo, Shanelle R LPC**

(406) 361-3146

Gender: Female  
NPI: 1871169649  
License: MD LC12607  
Website: [www.charliehealth.com/](http://www.charliehealth.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## **SOUTHWEST REGIONAL COUNSELING SERVICES INC**

(276) 883-5050  
NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Starling Medical Group PC**

(508) 202-1011

## **Coriolan, Melanie LPC**

Gender: Female  
NPI: 1174368013  
License: SC 10987  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Engelhorn, Elizabeth C PC**

Gender: Female  
NPI: 1285838102  
License: VA 0701005805  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Klebanov, Rachel LPC\***

Gender: Female  
NPI: 1619500840  
License: MD LC12885  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Rosa, Frances MHC**

Gender: Female  
NPI: 1518360312  
License: VA 0701008237  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Whitfield, Jennifer LMHC**

Gender: Female  
NPI: 1053755603  
License: VA 0701013013  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Tandem Counseling and Consulting LLC**

(540) 348-4700  
**Swain, Lakeisha LPC**  
Gender: Female  
NPI: 1437648318  
Website: [tandembehavioralva.com/about](http://tandembehavioralva.com/about)  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1467117143

Website: [tandembehavioralva.com/about](http://tandembehavioralva.com/about)  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **The PHOCCUS Health Company**

(804) 613-0760  
NPI: 1447016951  
Age 5 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## **Third Space Therapy PLLC**

(833) 244-4878

## **Patrick, Nakeema LCP**

Gender: Female  
NPI: 1316569106  
License: VA 0701008792  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1215780234  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Total Life Counseling Inc**

(540) 989-1383

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Branham, Byron S LPC**

Gender: Male  
NPI: 1093161937  
License: VA 0701006597  
Website: [tlcincva.com](http://tlcincva.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1205985066  
Website: [tlcincva.com](http://tlcincva.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 1:00 PM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **Virginia Beach Counseling Services PLLC**

(757) 289-1125

## **Murphy, Cristina LPC**

Gender: Female  
NPI: 1174014849  
License: VA 0701007339  
Website: [vbcounselingservices.com](http://vbcounselingservices.com)  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+ Spanish  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

NPI: 1114305034

Website: [vbcounselingservices.com](http://vbcounselingservices.com)  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Virginia Institute of Pastoral Care Group** (804) 282-8332

## **Smith, Marjorie C LPC**

Gender: Female  
NPI: 1972663557  
License: VA 0701003595  
Website: [vipcare.org](http://vipcare.org)  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1316159221  
Website: [vipcare.org](http://vipcare.org)  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Williams, Anna LPC

Gender: Female  
NPI: 1053000521  
License: GA LPC014857  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Therapy Services (804) 505-1049

## Ward, Brenda MHC

Gender: Female  
NPI: 1790309151  
License: VA 0701012566  
Website: www.virginiatherapysvc.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Watson, VTessa J LMFT

(804) 504-2976  
Gender: Female  
NPI: 1659192144  
License: VA 0717002329  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 8 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 7:30 AM-5:00 PM

## YOUTH IMPACT MENTAL HEALTH COMPANY (804) 307-4660

Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Mental Health Counselor, General Mental Health  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mental Illness Community Based Residential Treatment Fac

## Heart and Soul LLC

(757) 310-1991  
NPI: 1881936748  
License: VA 1405 02 011  
Website: www.heartandsoul-llc.org/  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained, Community Resource Services, Behavioral Health Service Organization (BHSO)  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Methadone Clinic

## Culpeper Treatment Services LLC

(540) 547-3769  
License: VA 3937 06 003  
Practice Focus: Virtual Care - Audio/Visual, Opioid Treatment Program (OTP)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-2:00 PM  
Tuesday: 6:00 AM-2:00 PM  
Wednesday: 6:00 AM-2:00 PM  
Thursday: 6:00 AM-2:00 PM  
Friday: 6:00 AM-2:00 PM  
Saturday: 6:00 AM-8:00 PM

## FCCR Fredericksburg

(540) 735-9350  
NPI: 1356854277  
License: VA 3279 06 003  
Practice Focus: Virtual Care - Audio/Visual, Opioid Treatment Program (OTP), ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Front Royal Treatment Center

(540) 551-4056

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1821717067  
License: VA 3460 07 013  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-2:00 PM  
Tuesday: 6:00 AM-2:00 PM  
Wednesday: 6:00 AM-2:00 PM  
Thursday: 6:00 AM-2:00 PM  
Friday: 6:00 AM-2:00 PM  
Saturday: 6:30 AM-10:30 AM

## **Martinsville Treatment Services LLC**

(276) 226-9925  
NPI: 1174283253  
License: VA 4453 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-2:00 PM  
Tuesday: 6:00 AM-2:00 PM  
Wednesday: 6:00 AM-2:00 PM  
Thursday: 6:00 AM-2:00 PM  
Friday: 6:00 AM-2:00 PM  
Saturday: 7:00 AM-9:00 AM

## **Pinnacle Treatment Services of Gloucester** (804) 824-2814

NPI: 1710540919  
License: VA 3644 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:00 PM  
Tuesday: 5:15 AM-1:00 PM  
Wednesday: 5:15 AM-1:00 PM  
Thursday: 5:15 AM-1:00 PM  
Friday: 5:15 AM-1:00 PM  
Saturday: 6:00 AM-8:00 AM

## **Pinnacle Treatment Services of Newport News**

(757) 234-4139  
NPI: 1447813639  
License: VA 3642 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:30 PM  
Tuesday: 5:15 AM-1:30 PM  
Wednesday: 5:15 AM-1:30 PM  
Thursday: 5:15 AM-1:30 PM  
Friday: 5:15 AM-1:30 PM  
Saturday: 6:00 AM-9:30 AM  
Sunday: 6:00 AM-9:30 AM

## **Pinnacle Treatment Services of Williamsburg** (239) 561-8270

NPI: 1932762127  
License: VA 3643 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Pulaski Medical LLC**

(540) 980-1125  
NPI: 1558607481  
License: VA 1954  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-2:00 PM  
Tuesday: 6:00 AM-2:00 PM  
Wednesday: 6:00 AM-2:00 PM  
Thursday: 6:00 AM-2:00 PM  
Friday: 6:00 AM-2:00 PM  
Saturday: 7:00 AM-9:00 AM

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## **Opioid Treatment Program**

**FCCR Fredericksburg**  
(540) 735-9350

NPI: 1356854277  
License: VA 3279 06 003  
Practice Focus: ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Pinnacle Treatment Services of Gloucester**

(804) 824-2814  
NPI: 1710540919  
License: VA 3644 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:00 PM  
Tuesday: 5:15 AM-1:00 PM  
Wednesday: 5:15 AM-1:00 PM  
Thursday: 5:15 AM-1:00 PM  
Friday: 5:15 AM-1:00 PM  
Saturday: 6:00 AM-8:00 AM

## **Pinnacle Treatment Services of Newport News** (757) 234-4139

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1447813639  
License: VA 3642 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:30 PM  
Tuesday: 5:15 AM-1:30 PM  
Wednesday: 5:15 AM-1:30 PM  
Thursday: 5:15 AM-1:30 PM  
Friday: 5:15 AM-1:30 PM  
Saturday: 6:00 AM-9:30 AM  
Sunday: 6:00 AM-9:30 AM

## **Pinnacle Treatment Services of Williamsburg**

(239) 561-8270  
NPI: 1932762127  
License: VA 3643 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

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## **Professional Counselor**

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### **A Step Beyond Clinical Services**

(757) 987-2933

**Henderson- Clark, Rochelle LPC**  
Gender: Female  
NPI: 1821570300  
License: VA 0701005812  
Website: [astepbeyondcs.com](http://astepbeyondcs.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Cultural Competency Trained, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1

Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

### **A Step to Healing LLC**

(757) 359-8144

NPI: 1285351130  
Website: [asteptohealingllc.com](http://asteptohealingllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, LGBTQ+, Group therapy, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **A Step to Healing LLC**

(757) 359-8145

**Levine, Esther LPC\***  
Gender: Female  
NPI: 1336986140  
License: VA 0701014489  
Website: [www.asteptohealingllc.com](http://www.asteptohealingllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, LGBTQ+, Group therapy, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-4:00 PM

### **Abundant Life partners LLC**

(757) 603-4603

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Balzer, Brandy LPC

Gender: Female  
NPI: 1700657939  
License: VA 0701013201  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Religion Based Therapy, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Brown, Matthew LPC

Gender: Male  
NPI: 1083308654  
License: VA 0701014231  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Anger Management  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Criddle, Anika LPC

Gender: Female  
NPI: 1639898166  
License: VA 0701014484  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Cultural Competency Trained, Couple Counseling  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hall, Karen LPC

Gender: Female  
NPI: 1326407610  
License: VA 0701004870  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Adult, Addictions/ Substance Abuse Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Le Gouellec, Mary LPC

Gender: Female  
NPI: 1497103287  
License: VA 0701009853  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained  
French  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Merten, Sarah LPC

Gender: Female  
NPI: 1225668544  
License: VA 0701008918  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Child Parent Psychotherapy  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Monteith, Ryan LPC

Gender: Male  
NPI: 1952002909  
License: VA 0701014638  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained, Addictions/ Substance Abuse  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Richardson, Rachel LPC

Gender: Female  
NPI: 1457808529  
License: VA 0701013118  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Eating Disorders, Cultural Competency Trained, Adult  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Ruggerio, Ashley LPC

Gender: Female  
NPI: 1508537291  
License: VA 0701010819  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Art Therapy  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sawyer, Virginia LPC

Gender: Female  
NPI: 1689339228  
License: VA 0701010957  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Domestic Violence, Cultural Competency Trained, Adolescents  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Scroggin, Rachael LPC

Gender: Female  
NPI: 1417464603  
License: VA 0701013426  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Adolescents  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Spencer, Teresa LPC

Gender: Female  
NPI: 1205625738  
License: VA 0701014824  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Adult, Adjustment Disorders  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thompson, Ella LPC

Gender: Female  
NPI: 1245887736  
License: TX 89090  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Veteran's Issues, Cultural Competency Trained, Anger Management  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Addiction Recovery Center of Virginia

(757) 903-2253

## Harris, Stacey R LPC

Gender: Female  
NPI: 1245708460  
License: VA 0701003146  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, General Mental Health, Family Therapy, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Palmaz, Cynthia P LPC

Gender: Female  
NPI: 1952398745  
License: NC 16230  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, General Mental Health, Family Therapy, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Addys Colors Inc

(804) 725-8597  
NPI: 1518690411  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Addys Colors Inc

(804) 693-5057  
**Ashburn, Amanda\***  
Gender: Female  
NPI: 1285367177  
License: VA 0701013465  
Website: www.mpnnbh.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Mood Disorders/Depression, Mental Health Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Borderline Personality Disorders, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-8:00 PM  
Tuesday: 8:30 AM-8:00 PM  
Wednesday: 8:30 AM-8:00 PM  
Thursday: 8:30 AM-8:00 PM  
Friday: 8:30 AM-5:00 PM

## All Hope Behavioral Health Services PC

(703) 542-3737

NPI: 1760715403  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Allied Transformations LLC

(540) 609-2570  
NPI: 1992260327  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, LGBTQ+, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Kouchinsky, Mari-Peyton LPC

Gender: Female  
NPI: 1700636537  
License: VA 0701013385  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, LGBTQ+, Anxiety Disorder  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## AnswersNow Inc

(804) 215-5600  
NPI: 1932754553  
Practice Focus: Autism Spectrum Disorders, Autism Spanish  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Archer, Alycia M LPC

(757) 996-1837

Gender: Female  
NPI: 1841067352  
License: VA 0701013092  
Website: breakthroughglowcs.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, Mental Health Counselor, Group therapy, General Mental Health, Family Therapy  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## ARROW Project

(540) 255-0972

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Burress, Sabrina L LPC**

Gender: Female  
NPI: 1699486647  
License: VA 0701011995  
Website: [www.arrow-project.org](http://www.arrow-project.org)  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Gibbs, Diane LPC**

Gender: Female  
NPI: 1750309712  
Website: [www.arrow-project.org](http://www.arrow-project.org)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Associated Clinical Services**

(703) 569-8731

NPI: 1073522124  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gacis, Vasilios A LPC\***

Gender: Male  
NPI: 1265548051  
License: VA 0701003468  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McKeldin, Melissa LPC**

Gender: Female  
NPI: 1376398115  
License: VA 0701013496  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Washington, Joanne LPC**

Gender: Female  
NPI: 1497498778  
License: VA 0701011148  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Associates in Brief Therapy Inc**

(540) 772-8043

NPI: 1033286794  
Website: [www.abtcounseling.com](http://www.abtcounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Marital Therapy, Depression, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Elliott, Amy W LPC**

Gender: Female  
NPI: 1013929033  
License: VA 0701001842  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Marital Therapy, Depression,  
Cognitive/Behavioral Therapy,  
Bipolar  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## **Freeman, Caroline LPC**

Gender: Female  
NPI: 1194501981  
License: VA 0701012839  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## **Ganga, Anil L PA**

Gender: Male  
NPI: 1194904375  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy,  
Schizophrenia, Post-Traumatic  
Stress Disorder (PTSD),  
Motivational interviewing,  
Mood Disorders, Depression,  
Cognitive/Behavioral Therapy,  
Bipolar  
Age 10 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## **Iler, Kristen LPC**

Gender: Female  
NPI: 1104585728  
License: VA 0701010976  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Age 7 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Parsley, Anne LPC

Gender: Female  
NPI: 1215711973  
License: VA 0701012749  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Price, Kimberly LPC

Gender: Female  
NPI: 1417489857  
License: VA 0701007047  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Spanish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Schallon, Rachel LPC

Gender: Female  
NPI: 1366066490  
License: VA 0701009391  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Vaselaros, Angela LPC

Gender: Female  
NPI: 1629766159  
License: VA 0701012327  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Age 8 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Backpack Medical Group PC

(866) 968-6342  
NPI: 1851177570  
Website: [helloworldbackpack.com](http://helloworldbackpack.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Brant, Zalene LPC

Gender: Female  
NPI: 1871357731  
License: VA 0701014710  
Website: [helloworldbackpack.com/](http://helloworldbackpack.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Lavalle, Eric PC

Gender: Male  
NPI: 1851954093  
License: MA LMHC10003474  
Website: [helloworldbackpack.com](http://helloworldbackpack.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Barker, Robert S LPC

(267) 716-8458

Gender: Male  
NPI: 1376080887  
License: PA PC009339  
Website: [www.rscottbarkercounseling.com](http://www.rscottbarkercounseling.com)  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM

## BE & MH: Mental Health Services Group

(757) 338-1421  
NPI: 1043999162  
Website: [www.beandmh.com](http://www.beandmh.com)  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Group therapy, Family Therapy, Cultural Competency Trained, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Scott, Fred R PhD\*

Gender: Male  
NPI: 1679272090  
License: VA 0701012670  
Website: [www.beandmh.com](http://www.beandmh.com)  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Group therapy, Family Therapy, Cultural Competency Trained, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM

## Beach Counseling Center LLC

(757) 233-1500

## Phillips, Annie L LPC

Gender: Female  
NPI: 1285871939  
License: VA 0701004521  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Bella Mente Mental Health Services

(757) 770-4717

Practice Focus: Virtual Care - Audio only, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Group therapy, Gender Identity, Family Therapy, Depression, Chronic Illnesses  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Sharpe-Justice, Breezi E LPC

Gender: Female  
NPI: 1598101800  
License: VA 0701007534  
Practice Focus: Virtual Care - Audio only, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Group therapy, Gender Identity, Family Therapy, Depression, Chronic Illnesses Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## Body and Mindfully Healthy (276) 601-2749

## Estep, Jennifer L PC

Gender: Female  
NPI: 1548906183  
License: VA 0732000361  
Website:  
www.bodyandmindfullyhealth  
y.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Victims of elder abuse, Victims of domestic violence, Victim Awareness, Veteran's Issues, Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Peddy, Melissa S

NPI: 1538559588  
License: VA 0701006052  
Website:  
www.bodyandmindfullyhealth  
y.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Victims of elder abuse, Victims of domestic violence, Victim Awareness, Veteran's Issues, Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Breeden, Margaret LPC (703) 841-0703

Gender: Female  
NPI: 1457948499  
License: VA 0701008988  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Brightstar Counseling Services PLLC (757) 737-2895

## Tavolacci, Richard F LPC

Gender: Male  
NPI: 1861598120  
License: VA 0717001015  
Website:  
brightstarcounseling.org/  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Marital Therapy Armenian  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Brightview LLC (833) 510-4357

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1649786260  
Website: [Brightviewhealth.com](http://Brightviewhealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Cultural Competency Trained, Addictions/ Substance Abuse Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## C and S Holistic Counseling and Consulting LLC

(757) 782-4070  
Website: [csholistic.com](http://csholistic.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Child/ Pediatric, Adult  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM

**Howard, Kelly LPC**  
Gender: Female  
NPI: 1235491671  
License: VA 0812000634  
Website: [csholistic.com](http://csholistic.com)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM

## C&C Therapy Associates LLC

(757) 681-3121  
**Childress, Tamara W PC**  
Gender: Female  
NPI: 1255769543  
License: VA 0701005620  
Website: [cctherapyassociates.com](http://cctherapyassociates.com)  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Child/ Pediatric, Anxiety/Depression, Anger Management, Adult, ADD/ADHD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Candor Therapy Network PLLC

(703) 249-9890  
**Beroldi, Kristi LPC**  
Gender: Female  
NPI: 1255785978  
License: VA 0701008291  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression, Adult, Adolescents  
Spanish  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-8:00 PM  
Tuesday: 7:00 AM-8:00 PM  
Wednesday: 7:00 AM-8:00 PM  
Thursday: 7:00 AM-8:00 PM  
Friday: 7:00 AM-8:00 PM  
NPI: 1164137006  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression, Adult, Adolescents  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-8:00 PM  
Tuesday: 7:00 AM-8:00 PM  
Wednesday: 7:00 AM-8:00 PM  
Thursday: 7:00 AM-8:00 PM  
Friday: 7:00 AM-8:00 PM

## Cash, Brenna LPC

(203) 747-8696

Gender: Female  
NPI: 1033554779  
License: AZ LPC 21716  
Website: [www.confidanthealth.com](http://www.confidanthealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Grief/Death/Dying, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Catalyst Recovery and Wellness LLC

(703) 546-1834  
NPI: 1598306649  
Website: [www.catalystwellness.com](http://www.catalystwellness.com)  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM  
Saturday: 10:00 AM-7:00 PM  
Sunday: 10:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Center for Child and Family Services

(757) 838-1960  
NPI: 1972685774  
Website:  
www.kidsandfamilies.com  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Central Virginias Preferred Providers

(804) 330-6441  
NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Tokizawa, Kayo LPC

Gender: Female  
NPI: 1669299509  
License: VA 0701013832  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## CERVELLO-WELLNESS

(301) 392-7120  
NPI: 1083239255  
Website: CERVELLO-WELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pelzer, Jillian LPC

Gender: Female  
NPI: 1467181628  
License: VA 0701011527  
Website: CERVELLO-WELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## CHAT Behavioral Health Services

(757) 436-5601  
NPI: 1467949024  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Graham, Meagan LPC

Gender: Female  
NPI: 1043728611  
License: VA 0701007473  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Jordan, Karri LPC

Gender: Female  
NPI: 1790281566  
License: VA 0701007574  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Roldan, Krystelle LPC**

Gender: Female  
NPI: 1508695917  
License: VA 0701014368  
Website: www.chatbhs.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## **Chesapeake Counseling Associates PC**

(804) 695-2557

## **John, Jenny LPC**

Gender: Female  
NPI: 1104437086  
License: VA 0701009755  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## **Chesapeake Counseling Center**

(757) 302-8362

NPI: 1780160747  
Website: chesapeakecounselingcenter.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Gender: Female  
NPI: 1962201186  
License: VA 0701014554  
Website: chesapeakecounselingcenter.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Childsavers**

(804) 644-9590

NPI: 1699868448  
Website: www.childsavers.org  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

## **Clinical Associates of Tidewater**

(757) 877-7700

NPI: 1447341615  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Fore Martin, Robin LPC**

Gender: Female  
NPI: 1225578743  
License: VA 0701006935  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
**Rodriguez, Godeliz LPC**  
Gender: Female  
NPI: 1194206151  
License: VA 0701008222  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **RUSSELL, LISA LPC**

Gender: Female  
NPI: 1225888225  
License: VA 0701013402  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Clissold, Gillian LPC** (703) 479-2947

Gender: Male  
NPI: 1083094536  
License: VA 0701006150  
Website: www.QuarternoteCounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Sex Offenders, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Multicultural Issues, Mood Disorders, Mental Health Counselor, Low Income Populations, Immigration Populations  
Age 16 to 60  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Coastal Virginia Counseling** (757) 222-4944

## **Brown, Rebecca LPC**

Gender: Female  
NPI: 1275145500  
License: VA 0701009670  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-3:45 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:45 PM  
Friday: 9:00 AM-5:00 PM

## **Cavanaugh, Caitlin LPC**

Gender: Female  
NPI: 1003438862  
License: VA 0701009289  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1134543382  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Conlin, Samantha LPC**

Gender: Female  
NPI: 1043932049  
License: VA 0701011820  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:30 AM-2:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Fisher, Kimberly LPC\*

Gender: Female  
NPI: 1407343700  
License: VA 0701007655  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 11:00 AM-5:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## Hull, Mary LPC

Gender: Female  
NPI: 1164070256  
License: VA 0701008816  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-7:15 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-10:00 AM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-3:00 PM

## McClernon, Kimberly LPC

Gender: Female  
NPI: 1548914625  
License: VA 0701013321  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 7 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 2:00 PM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Milla, Juan LPC

Gender: Male  
NPI: 1750748539  
License: VA 0701006378  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:30 AM-3:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:30 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## Pearson, Halyn LPC

Gender: Female  
NPI: 1598417867  
License: VA 0701011164  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 3:15 PM-7:30 PM  
Tuesday: 3:15 PM-7:30 PM  
Wednesday: 3:15 PM-7:30 PM  
Thursday: 3:15 PM-7:30 PM  
Friday: 3:15 PM-7:30 PM

## Sabourin, Rachel LPC\*

Gender: Female  
NPI: 1780361394  
License: VA 0701013572  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Sartwell, Erica A LPC

Gender: Female  
NPI: 1508190448  
License: VA 0701004673  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass Behavioral Group**  
**Compass Behavioral Group**  
(757) 644-6391

## Beeman, Erin LPC

Gender: Female  
NPI: 1699558015  
License: VA 0701012791  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ellison, Tierra LPC

Gender: Female  
NPI: 1912786393  
License: VA 0701012890  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hitchings, Sarah LPC

Gender: Female  
NPI: 1881149581  
License: VA 0701006693  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Malone, Jessica LPC

Gender: Female  
NPI: 1891105037  
License: VA 0701005770  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MURRAY, JOSEPHINE LPC

Gender: Female  
NPI: 1598201204  
License: VA 0701005720  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group

**Compass Behavioral Group**  
(804) 372-0151  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Wood, Elizabeth LPC\*

Gender: Female  
NPI: 1417774126  
License: VA 0701014004  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass Behavioral  
Group**  
Compass Behavioral  
Group  
(540) 437-1605

## Nolley, Sarah LPC

Gender: Female  
NPI: 1558999771  
License: VA 0133002978  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass Behavioral  
Group**  
Compass Behavioral  
Group  
(540) 949-7045

## SHEPARD, NICKI LPC

Gender: Female  
NPI: 1265873871  
License: VA 0701005436  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## WILHELM, GRETCHEN LPC

Gender: Female  
NPI: 1912127226  
License: OH P.7042  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass Behavioral  
Group**  
Compass Behavioral  
Group  
(540) 348-4808

## Wickline, Keira LPC

Gender: Female  
NPI: 1245042043  
License: VA 0701014433  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass NOVA**  
(540) 339-3640

## Berger, Sarah LPC

Gender: Female  
NPI: 1720608532  
License: PA PC012226  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hayden, Stephanie LPC\*

Gender: Female  
NPI: 1770071813  
License: VA 0701003629  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## MCNEIL, REBECCA LPC

Gender: Female  
NPI: 1548924178  
License: VA 0701010743  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## RUHLEN, CAROLYN LPC

Gender: Female  
NPI: 1396025722  
License: VA 0710101763  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Confidant Providers LLC (203) 747-8696

## Amos, Esmeralda LPC

Gender: Female  
NPI: 1497641922  
License: VA 0701014951  
Website:  
www.confidanthealth.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy, Post  
-Traumatic Stress Disorder  
(PTSD), Mental Health  
Counselor, Grief/Death/Dying,  
Depression, Anxiety Disorder,  
Addictions/ Substance Abuse  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
NPI: 1336761691  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy, Post  
-Traumatic Stress Disorder  
(PTSD), Mental Health  
Counselor, LGBTQ+,  
Grief/Death/Dying, Depression,  
Cultural Competency Trained,  
Bipolar, Anxiety/Depression  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Howerton, Anissa LPC

Gender: Female  
NPI: 1003269366  
License: VA 0701006649  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Cultural  
Competency Trained, Bipolar,  
Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Counseling Associates of the Highlands

(540) 965-1373  
**Selman, Amanda N LPC**  
Gender: Female  
NPI: 1861880205  
License: VA 0701006035  
Practice Focus:  
Grief/Death/Dying,  
Anxiety/Depression, Anxiety  
Disorder  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Creating Compassion LLC (540) 268-3411

## Hale, Hannah LPC

Gender: Female  
NPI: 1184289308  
License: VA 0701008266  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Current Counseling

(757) 966-2715

## Beasley, Sydney LPC\*

Gender: Female  
NPI: 1487487120  
License: VA 0701013883  
Website:  
www.currentcounseling.org  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Psychotherapy,  
Grief/Death/Dying, General  
Mental Health, Gender  
Identity, Gay/Lesbian Issues,  
Family Therapy, Depression,  
Couple Counseling  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1275154700

Website:

[www.currentcounseling.org](http://www.currentcounseling.org)

Practice Focus: Virtual Care -

Audio/Visual, Teletherapy,

Psychotherapy,

Grief/Death/Dying, General  
Mental Health, Gender

Identity, Gay/Lesbian/Bisexual,

Gay/Lesbian Issues, Family

Therapy, Depression

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Fales, Laura LPC\***

Gender: Female

NPI: 1255957965

License: VA 0701009390

Website:

[www.currentcounseling.org](http://www.currentcounseling.org)

Practice Focus: Virtual Care -

Audio/Visual, Teletherapy,

Psychotherapy,

Grief/Death/Dying, General  
Mental Health, Gender

Identity, Gay/Lesbian Issues,

Family Therapy, Depression,

Couple Counseling

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Morgan, Jennifer LPC**

Gender: Female

NPI: 1710466354

License: VA 0701007767

Website:

[www.currentcounseling.org](http://www.currentcounseling.org)

Practice Focus: Virtual Care -

Audio/Visual, Teletherapy,

Psychotherapy,

Grief/Death/Dying, General

Mental Health, Gender

Identity, Gay/Lesbian/Bisexual,

Family Therapy, Depression,

Couple Counseling

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Nichols, Antoine LPC**

Gender: Male

NPI: 1265910525

License: VA 0701007726

Website:

[www.currentcounseling.org](http://www.currentcounseling.org)

Practice Focus: Virtual Care -

Audio/Visual, Teletherapy,

Psychotherapy,

Grief/Death/Dying, General

Mental Health, Gender

Identity, Gay/Lesbian Issues,

Family Therapy, Depression,

Couple Counseling

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Danville Pittsylvania  
Community Services**

(434) 799-0456

**Coles, Amanda LPC**

Gender: Female

NPI: 1790392215

License: VA 0701009810

Website: [www.dpcs.org](http://www.dpcs.org)

Practice Focus: Virtual Care -

Audio/Visual, Home Visits,

Community-Based Treatment

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:00 PM

Tuesday: 8:30 AM-7:00 PM

Wednesday: 8:30 AM-5:00 PM

Thursday: 8:30 AM-7:00 PM

Friday: 8:30 AM-5:00 PM

**Cressell, Lauren LPC**

Gender: Female

NPI: 1831967512

License: VA 0701013116

Website: [www.dpcs.org](http://www.dpcs.org)

Practice Focus: Virtual Care -

Audio/Visual, Home Visits,

Community-Based Treatment

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:00 PM

Tuesday: 8:30 AM-7:00 PM

Wednesday: 8:30 AM-5:00 PM

Thursday: 8:30 AM-7:00 PM

Friday: 8:30 AM-5:00 PM

**Griffin, Chaquita Reed LPC**

Gender: Female

NPI: 1578002432

License: VA 0701006964

Website: [www.dpcs.org](http://www.dpcs.org)

Practice Focus: Virtual Care -

Audio/Visual, Home Visits,

Community-Based Treatment

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:00 PM

Tuesday: 8:30 AM-7:00 PM

Wednesday: 8:30 AM-5:00 PM

Thursday: 8:30 AM-7:00 PM

Friday: 8:30 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Jones, Rhonda LPC

Gender: Female  
NPI: 1235616970  
License: VA 0710102003  
Website: www.dpcs.org  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

### Office Hours:

Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Oakes, Jessica LPC

Gender: Female  
NPI: 1407250061  
License: VA 0701005859  
Website: www.dpcs.org  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

### Office Hours:

Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Price, Karen LPC

Gender: Female  
NPI: 1447836028  
License: VA 0701010300  
Website: www.dpcs.org  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

### Office Hours:

Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Tosh, Melanie LPC

Gender: Female  
NPI: 1942747191  
License: VA 0701006365  
Website: www.dpcs.org  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

### Office Hours:

Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Vaughn, Shelby PC

Gender: Female  
NPI: 1144800186  
License: VA 0701010320  
Website: www.dpcs.org  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

### Office Hours:

Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Dedicated Psychiatric Services PLLC

(423) 343-9156  
NPI: 1346927589  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hurd, Leslie LPC

Gender: Female  
NPI: 1760827554  
License: TN 4814  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Depaul Family Services (276) 623-0881

### Burns, Amy L LPC

Gender: Female  
NPI: 1811268501  
License: VA 0701005177  
Website: www.depaulcr.org/outpatient-counseling-services/  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

### Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## McGlothlin, Sheena LPC

Gender: Female  
NPI: 1306509740  
License: VA 0701011330  
Website:  
www.depaulcr.org/outpatient-counseling-services/  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Depaul Family Services (434) 455-3727

## Phillips, Angela LPC

Gender: Female  
NPI: 1891458634  
License: VA 0701010684  
Website:  
www.depaulcr.org/outpatient-counseling-services/  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Divine Minds LLC

(434) 433-2169  
Website:  
WWW.DIVINEMINDSLLC.COM  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Dougan and Walden Wellness PLLC (804) 893-5555

NPI: 1396259602  
Website: www.dwellness.org  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Elliott-Mixon, Jordan LPC

Gender: Female  
NPI: 1407319825  
License: VA 0701008116  
Website: www.dwellness.org  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## Dove Counseling Service PLLC (804) 832-6565

## South, Carolyn S LPC

Gender: Female  
NPI: 1700849148  
License: VA 0717000854  
Website:  
dovecounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Multidimensional Family Therapy, Mood Disorders/Depression, Mental health skill building, Homeless/Outreach, Family Therapy  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Eastern Shore Community Services Board

(757) 665-1260  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Konkel, John W LPC**

Gender: Male  
NPI: 1649726522  
License: VA 0701006645  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Miles, Ellen S LPC**

Gender: Female  
NPI: 1477984037  
License: VA 0701005611  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Roney, Ana Maria LPC**

Gender: Female  
NPI: 1972249407  
License: VA 0701011293  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Turner, Beverly LPC**

Gender: Female  
NPI: 1205493897  
License: VA 0701008270  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

18469 Dunne Ave  
Parksley, VA 23421  
(757) 665-1260

## **Turner, Beverly LPC**

Gender: Female  
NPI: 1205493897  
License: VA 0701008270  
Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

19056 Greenbush Rd  
Parksley, VA 23421  
(757) 665-1260

Office Languages: Spanish

## **Miles, Ellen S LPC**

Gender: Female  
NPI: 1477984037  
License: VA 0701005611  
Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Roney, Ana Maria LPC**

Gender: Female  
NPI: 1972249407  
License: VA 0701011293  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

24233 Lankford Hwy  
Tasley, VA 23441  
(757) 442-3636

## **Konkel, John W LPC**

Gender: Male  
NPI: 1649726522  
License: VA 0701006645  
Age 3 and up  
Handicap Accessible: Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Edmonds, Tamica D LPC**

(804) 340-3243  
Gender: Female  
NPI: 1710509351  
License: VA 0701011493  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Motivational interviewing, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-6:00 PM  
Tuesday: 4:00 PM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 4:00 PM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **Enjoy Counseling Services**

(540) 655-6149

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Cockrell, Kathleen LPC

Gender: Female  
NPI: 1922880947  
License: VA 0701012871  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1528731429  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Kennedy, Jordan LPC**  
Gender: Male  
NPI: 1225852957  
License: VA 0701014039  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Evergreen Behavioral Health Services LLC

(540) 937-4923  
**Wyman, Bruce C LPC\***  
Gender: Male  
NPI: 1821109331  
License: VA 0701003919  
Website: evergreenbehavioralhealthservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression, Adult, Adolescents  
Chinese  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM

## Every Age Every Stage LLC

(804) 562-7117  
**Draney Smith, Lana LPC**  
Gender: Female  
NPI: 1366042632  
License: VA 0701012212  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hatch, Ryan LPC

Gender: Male  
NPI: 1679046007  
License: VA 0701008063  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Spanish  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Kegley, Scott LPC**  
Gender: Male  
NPI: 1336917947  
License: VA 0701013128  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Families First Counseling Services

(757) 800-3638

## Bennett, Tamika LPC

Gender: Female  
NPI: 1083026587  
License: VA 0701005652  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Counselor, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-2:00 PM  
Tuesday: 9:00 AM-2:00 PM  
Wednesday: 9:00 AM-2:00 PM  
Thursday: 9:00 AM-2:00 PM  
Friday: 9:00 AM-2:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Counselor, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Focus Inc

(804) 261-2090

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care -  
Audio only, Behavioral Health  
Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Harris, Patricia LMFT**  
Gender: Female  
NPI: 1952452294  
License: VA 0717000466  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care -  
Audio only, Behavioral Health  
Outpatient  
Age 18 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Family Guidance Centers**  
(804) 743-0960

**Anderson, Sandra LPC**  
Gender: Female  
NPI: 1205440518  
License: VA 0701009761  
Website:  
www.familyguidancecenters.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Baldwin, Kenyetta LPC**  
Gender: Female  
NPI: 1407498900  
License: VA 0701007857  
Website:  
www.familyguidancecenters.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

**Barber, Madelene LPC**  
Gender: Female  
NPI: 1346992781  
License: VA 0701011183  
Website:  
www.familyguidancecenters.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Black, Shannon LPC**  
Gender: Female  
NPI: 1528448271  
License: VA 0701003122  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 11:00 AM-5:00 PM  
Tuesday: 11:00 AM-5:00 PM  
Wednesday: 11:00 AM-5:00 PM  
Thursday: 11:00 AM-5:00 PM  
Friday: 11:00 AM-5:00 PM

**Burckhardt, Rebecca LPC**  
Gender: Female  
NPI: 1215057112  
License: VA 0701007570  
Website:  
www.familyguidancecenters.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Byrne, Devin LPC**  
Gender: Male  
NPI: 1528735867  
License: VA 0701010738  
Website:  
www.familyguidancecenters.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1225192909

Website:

www.familyguidancecenters.com

Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression

Age 2 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM

Tuesday: 10:00 AM-5:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

## **Fox, Renita LPC**

Gender: Female

NPI: 1033889415

License: VA 0701007249

Website:

www.familyguidancecenters.com

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Age 2 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM

Tuesday: 10:00 AM-5:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

## **Jackson, Emily LPC**

Gender: Female

NPI: 1437709888

License: VA 0701008652

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Age 2 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Knable, Sarah LPC**

Gender: Female

NPI: 1477196020

License: VA 0701008720

Website:

www.familyguidancecenters.com

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Age 2 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM

Tuesday: 10:00 AM-5:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

## **Krimm, Jenny LPC**

Gender: Female

NPI: 1386255099

License: VA 0701012043

Website:

www.familyguidancecenters.com

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Age 2 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM

Tuesday: 10:00 AM-5:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

## **Lackey, Nina LPC**

Gender: Female

NPI: 1437305554

License: VA 0710000488

Website:

www.familyguidancecenters.com

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM

Tuesday: 10:00 AM-5:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

## **Lahocki, Tosca LPC**

Gender: Female

NPI: 1831874353

License: VA 0701012657

Website:

www.familyguidancecenters.com

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Age 2 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM

Tuesday: 10:00 AM-5:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

## **Lebold, Laurie LPC**

Gender: Female

NPI: 1346844370

License: VA 0717000324

Website:

www.familyguidancecenters.com

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Age 2 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM

Tuesday: 10:00 AM-5:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## McManus, Michael PC

Gender: Male  
NPI: 1144531302  
License: VA 0718000280  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Okai, Victoria LPC

Gender: Female  
NPI: 1164240461  
License: VA 0701014016  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Patel, Sonal LPC

Gender: Female  
NPI: 1952724882  
License: VA 0701005462  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Porter, Dwight L LPC

Gender: Male  
NPI: 1194158220  
License: VA 0701007186  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Powell, Adam LPC

Gender: Male  
NPI: 1700514171  
License: VA 0701011866  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Routh, Andrew LPC

Gender: Male  
NPI: 1487967808  
License: VA 0701003502  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Smith-Graham, Pamela LPC

Gender: Female  
NPI: 1568007201  
License: VA 0701007659  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Thomas, Shilain MA

Gender: Female  
NPI: 1831142256  
License: GA LPC005299  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Watson, Rochelle LPC**

Gender: Female  
NPI: 1710547237  
License: VA 0701008110  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Willard, Pamela LPC**

Gender: Female  
NPI: 1801164215  
License: VA 0701002989  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Arabic  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Featherston, Crystal LPC**

(757) 937-9915

Gender: Female  
NPI: 1770344897  
License: VA 0701013219  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Family Therapy, Cultural Competency Trained, Couple, Bereavement, Anxiety/Depression, Anxiety Disorder, Anger Management  
Age 5 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## **Flowers, Venus LPC**

(804) 203-4477  
Gender: Female  
NPI: 1831550532  
License: VA 0701006470  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Group Home Residential, Group Day Support, Cultural Competency Trained, Community-Based Treatment  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Footsteps Counseling Center**

(804) 715-3215  
NPI: 1669556585  
Website:  
www.footstepscounseling.com  
Practice Focus: Virtual Care - Secure Text Messaging, Virtual Care - Audio/Visual, Stress Management, Strengthening Families, Sexual/Physical Abuse Child, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders, Obsessive-Compulsive Disorder (OCD)  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-1:00 PM

## **Miller, Amy LPC**

Gender: Female  
NPI: 1740964873  
License: VA 0701012546  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Strengthening Families, Sexual/Physical Abuse Child, Separation Grief and Loss, Play Therapy, Family Therapy, Faith-based/spiritual, Developmental/Behavioral Issues, Cultural Competency Trained, Child Parent Psychotherapy  
Limited Handicap Accessibility  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-1:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Murphy, Tina J LPC

Gender: Female  
NPI: 1427081645  
License: VA 0701003915  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Strengthening  
Families, Sexual/Physical  
Abuse Child, Separation Grief  
and Loss, Play Therapy, Family  
Therapy, Faith-based/spiritual,  
Developmental/Behavioral  
Issues, Cultural Competency  
Trained, Child Parent  
Psychotherapy  
Limited Handicap Accessibility  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Robinson, Leslie LPC

Gender: Female  
NPI: 1912095118  
License: VA 0701003670  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Stress  
Management, Mood  
Disorders/Depression, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Bereavement,  
Anxiety/Depression, Abuse  
(Physical, Sexual)  
Limited Handicap Accessibility  
French  
Age 15 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 3:00 PM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## Steele, Taresa LPC

Gender: Female  
NPI: 1376953190  
License: VA 0701003482  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Post-  
Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Faith-based/spiritual, Dual  
Diagnosis (MH/SA), Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Bereavement,  
Anxiety/Depression  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-1:00 PM

## Taylor, Sandi F LPC

Gender: Female  
NPI: 1457932717  
License: VA 70701003731  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Post-  
Traumatic Stress Disorder  
(PTSD), Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders/Depression, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Bereavement,  
Anxiety/Depression  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-8:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 10:00 AM-8:00 PM  
Thursday: 4:00 PM-8:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Weaver, Tim H LPC

Gender: Male  
NPI: 1467873588  
License: VA 0701008039  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Personality  
Disorders, Obsessive-  
Compulsive Disorder (OCD),  
Mood Disorders/Depression,  
Faith-based/spiritual, Dual  
Diagnosis (MH/SA), Dialectal  
Behavior Therapy (DBT),  
Cultural Competency Trained,  
Cognitive/Behavioral Therapy,  
Anxiety/Depression  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 PM-8:00 PM  
Tuesday: 12:00 PM-8:00 PM  
Wednesday: 12:00 PM-7:00 PM  
Thursday: 12:00 PM-8:00 PM  
Friday: 12:00 PM-4:00 PM

## Wilda, Sondrella K LPC

Gender: Female  
NPI: 1265732309  
License: VA 0701001893  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Stress  
Management, Mood  
Disorders/Depression, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Bereavement,  
Anxiety/Depression, Abuse  
(Physical, Sexual)  
Limited Handicap Accessibility  
Arabic  
Age 10 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Free Spirit Counseling (757) 204-1866

## Caplan, Leanna LPC\*

Gender: Female  
NPI: 1417507914  
License: VA 0701011280  
Website:  
www.freespiritonline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM  
**Farrar, Blair LPC**  
Gender: Female  
NPI: 1023572674  
License: VA 0701008118  
Website:  
www.freespiritonline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Langlands, Leanne LPC

Gender: Female  
NPI: 1598422313  
Website:  
www.freespiritonline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM  
**Langley, Rachel LPC\***  
Gender: Female  
NPI: 1821778333  
License: VA 0701014809  
Website:  
www.freespiritonline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Nardin, Jill LPC**

Gender: Female  
NPI: 1326475468  
License: VA 0701005608  
Website:  
www.freespiritonline.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Marital Therapy, Group therapy, Family Therapy  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## **Norman, Erik LPC**

Gender: Male  
NPI: 1144916594  
License: DC PRC200001822  
Website:  
www.freespiritonline.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Marital Therapy, Group therapy, Family Therapy  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## **Stoltzfus, Lauri LPC**

Gender: Female  
NPI: 1477011385  
License: VA 0701008231  
Website:  
www.freespiritonline.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Marital Therapy, Group therapy, Family Therapy  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## **Free Spirit Counseling** (757) 241-4407

## **Minnick, Karli LPC**

Gender: Female  
NPI: 1114607421  
License: VA 0701015354  
Website:  
www.freespiritonline.org  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Women, Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Veteran's Issues, Trauma Informed Care Trained, Teletherapy, Stress Management, Separation Grief and Loss, Psychotherapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

## **Genesis Counseling Center** (757) 827-7707

## **Berry, John LPC**

Gender: Male  
NPI: 1548155443  
License: VA 0701014986  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio only, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Group therapy, Grief/Death/Dying, Faith-based/spiritual, Dialectical Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Bipolar  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Campbell, Sheryl LPC**

Gender: Female  
NPI: 1518210038  
License: VA 0701005591  
Website:  
www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 20 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Carter, Kaylah LPC**

Gender: Female  
NPI: 1386236644  
License: VA 0701010173  
Website:  
www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Post Partum Depression, Gay/Lesbian Issues, Faith-based/spiritual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 1 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cheely, Jacquelyn LPC**

Gender: Female  
NPI: 1043044704  
License: VA 0701013882  
Website:  
www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cunningham, George LPC**

Gender: Male  
NPI: 1609643345  
License: VA 0701003036  
Website:  
www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dwyer, Kelly LPC**

Gender: Female  
NPI: 1386490217  
License: VA 0701013510  
Website:  
www.genescounselingcenter.com

Practice Focus: Women, Virtual Care - Audio/Visual, Grief/Death/Dying, Gay/Lesbian Issues, Cultural Competency Trained, Counselor,  
Cognitive/Behavioral Therapy, Bipolar, ADD/ADHD, Abuse (Physical, Sexual)  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Griffin, Brent G LPC**

Gender: Male  
NPI: 1417984477  
License: VA 0718000163  
Website:  
www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Keatts, Melynda S LPC**

Gender: Female  
NPI: 1124516133  
License: VA 0701007590  
Website:  
www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Spanish  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kuupumakamae, Naluai LPC\***

NPI: 1700416633  
License: AK 188767  
Website:  
www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Morey, Michael LPC

Gender: Male  
NPI: 1477130557  
License: VA 0701014672  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, PreSchool Posttraumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Bipolar, Autism Spectrum Disorders, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Olson, Josephine LPC

Gender: Female  
NPI: 1710316229  
License: VA 0701005606  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Roman, Estela LPC

Gender: Female  
NPI: 1245626209  
License: VA 0701013162  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Smith, Aubrey LPC

Gender: Female  
NPI: 1982060125  
License: VA 0701010776  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center

(757) 466-3336  
**Brown, Michael LPC**  
Gender: Male  
NPI: 1447600325  
License: VA 0701006659  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Covington, Hannah LPC

Gender: Female  
NPI: 1013800457  
License: VA 0701014937  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Grief/Death/Dying, Gay/Lesbian Issues, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Anxiety/Depression, ADHD  
Age 1 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Draine, Janice LPC**

Gender: Female  
NPI: 1902980543  
License: VA 0718000225  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Erb, Bonita LPC**

Gender: Female  
NPI: 1609888577  
License: VA 0701001579  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hall, Robert MED**

Gender: Male  
NPI: 1518649912  
License: VA 0701014294  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hammersley, Patricia LPC**

Gender: Female  
NPI: 1548805096  
License: VA 0701008747  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hermiz, Laura LPC**

Gender: Female  
NPI: 1780773507  
License: VA 0717000463  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lam, Corinne LPC**

Gender: Female  
NPI: 1295562940  
License: VA 0701013983  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wright, William LPC**

Gender: Male  
NPI: 1720893597  
License: VA 0701014428  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, PreSchool Posttraumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Bipolar, Autism Spectrum Disorders, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Genesis Counseling Center**  
(757) 564-3100

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\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1164451399

Website:

www.genescounselingcenter.com

Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Schizophrenia, PreSchool Posttraumatic Stress Disorder (PTSD), Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Group therapy

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Henrich, Danica LPC**

Gender: Female

NPI: 1538220009

License: VA 0717001178

Website:

www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor

Age 10 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Lyon, Dana LPC**

Gender: Female

NPI: 1609102193

License: VA 0701004659

Website:

www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor

Age 12 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Mortier, Mark LPC**

Gender: Male

NPI: 1003979246

License: VA 0701004881

Website:

www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor

Age 6 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Walkley, Meagan LPC**

Gender: Female

NPI: 1053651133

License: VA 0701005413

Website:

www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Walthes, Gwendolyn LPC**

Gender: Female

NPI: 1235502907

License: VA 0701006367

Website:

www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor

Age 8 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Genesis Counseling Center**

(757) 965-5886

**Giencke, Mary LPC**

Gender: Female

NPI: 1366986259

License: VA 0701006852

Website:

www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor

Age 12 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Hurst, Donna LPC**

Gender: Female

NPI: 1538885660

License: VA 0701011892

Website:

www.genescounselingcenter.com

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor

Age 16 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Genesis Counseling Center**

(757) 598-2244

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Titone, Joe LPC

Gender: Male  
NPI: 1891900791  
License: VA 0701011112  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gill, Benicia H LPC (757) 622-0700

Gender: Female  
NPI: 1194188136  
License: VA 0701005651  
Website:  
www.lifesjourneyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Stress Management, Sexuality, Multicultural Issues, Mood Disorders, LGBTQ+, Grief/Death/Dying, Gender Identity, Family Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Gordon, Trevene LPC

(406) 361-3146  
Gender: Female  
NPI: 1336882315  
License: VA 0710103698  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## Growing Grounded Counseling PLLC

(804) 701-4769  
**Book, Joy LPC\***  
Gender: Female  
NPI: 1942778329  
License: VA 0701007994  
Website:  
growinggroundedcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Family Therapy, Depression, Cultural Competency Trained, Behavioral Health Outpatient, Autism, Art Therapy, ADD/ADHD  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-8:30 PM  
Tuesday: 8:30 AM-8:30 PM  
Wednesday: 8:30 AM-8:30 PM  
Thursday: 8:30 AM-8:30 PM  
Friday: 8:30 AM-8:30 PM

NPI: 1720700172  
Website:  
growinggroundedcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Family Therapy, Depression, Cultural Competency Trained, Behavioral Health Outpatient, Autism, Art Therapy, Anxiety Disorder, ADD/ADHD  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-8:30 PM  
Tuesday: 8:30 AM-8:30 PM  
Wednesday: 8:30 AM-8:30 PM  
Thursday: 8:30 AM-8:30 PM  
Friday: 8:30 AM-8:30 PM

## Harris, Nicole W LPC (757) 937-9915

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1932699949  
License: VA 0701007656  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Family Therapy, Cultural Competency Trained, Couple, Bereavement, Anxiety/Depression, Anxiety Disorder, Anger Management Limited Handicap Accessibility Age 12 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

**Healing Hearts Counseling and Consulting Agency LLC**  
(804) 556-1436

**Hunter, Nicole A LPC**  
Gender: Female  
NPI: 1437740834  
License: VA 0701008772  
Website: [www.hhcounseling.net](http://www.hhcounseling.net)  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Social supports/social determinants of health, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Grief/Death/Dying, Family Therapy, Faith-based/spiritual Limited Handicap Accessibility Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

**Health Care Services of Hampton Roads INC**  
(757) 622-4600  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Manier, Cathy LPC**  
Gender: Female  
NPI: 1376072728  
License: VA 0710102847  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Mason, Shaun E LCSW**  
Gender: Male  
NPI: 1134936677  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Holistic Life Services LLC**  
(757) 206-2378

**Albright, Amanda LPC**  
Gender: Female  
NPI: 1356770366  
License: VA 0701008657  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Sexually acting out behaviors, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Medication Management, LGBTQ+, Learning Disabilities, Homebound Persons  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

**Hope and Healing Counseling Center LLC**  
(276) 300-4422

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Cooper, Michael P LPC\*

Gender: Male  
NPI: 1326892167  
License: VA 0734005753  
Website:  
hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Griffith, Cindy C LPC

Gender: Female  
NPI: 1427494475  
License: VA 0701005453  
Website:  
hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1992162044  
Website:  
hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Linkous, Rae D\*

Gender: Female  
NPI: 1528545951  
License: VA 0701011598  
Website:  
hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Medeiros, Keith A

Gender: Male  
NPI: 1306597190  
License: VA 0701011055  
Website:  
hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Hope for Tomorrow Counseling

(434) 376-2006

## Berneche, Jonci LPC MA

Gender: Female  
NPI: 1295053452  
License: VA 0701004835  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Faith-based/spiritual, Depression, Counselor, Behavioral Health Outpatient, Anxiety Disorder, Anger Management, Adjustment Disorders, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Bruns, Henry LPC MA**

Gender: Male  
NPI: 1225649031  
License: VA 0701009934  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cashel, Martha LPC MA**

Gender: Female  
NPI: 1003541921  
License: VA 0701011505  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Chandler, Susan A LPC**

Gender: Female  
NPI: 1528441342  
License: VA 0701003865  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dove, Amy LPC**

Gender: Female  
NPI: 1407340797  
License: VA 0701007511  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Herron, James LPC

Gender: Male  
NPI: 1497766216  
License: VA 0717000037  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Holcomb, Adam LPC

Gender: Male  
NPI: 1427786409  
License: VA 0701011619  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Morel, Michaela LPC MA

Gender: Female  
NPI: 1164036505  
License: VA 0701009727  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Owen, Jennifer LPC MA\*

Gender: Female  
NPI: 1588206643  
License: VA 0701008694  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Theodorides, Erika G LPC

Gender: Female  
NPI: 1013215441  
License: VA 0701004972  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## West, Dan LPC

Gender: Male  
NPI: 1275706400  
License: VA 0701004035  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Whittle, Jessica LPC

Gender: Female  
NPI: 1972103018  
License: VA 0701009955  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1689031122

Website:  
hopespringchildandfamily.co  
m/  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Play  
Therapy, Family Therapy,  
Community-Based Treatment,  
Cognitive/Behavioral Therapy,  
Anxiety/Depression, Anger  
Management, Adjustment  
Disorders, ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

**HopeSpring Child Family  
Clinic LLC**  
(703) 259-5617

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Kwon, Mi-Kyong PhD\***

Gender: Female  
NPI: 1326169400  
License: VA 0701005996  
Website:  
hopespringchildandfamily.com/  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Family Therapy, Community-Based Treatment, Cognitive/Behavioral Therapy, Anxiety/Depression, Anger Management, Adjustment Disorders, ADD/ADHD  
Korean  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Infinity Counseling Group** (757) 227-3636

## **Hassell, Kristin PC**

Gender: Female  
NPI: 1346822293  
License: VA 0710103165  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Depression, Anxiety Disorder, Anger Management  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Selden, Charita PC**

Gender: Female  
NPI: 1528529930  
License: VA 0701008136  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Home Visits, Depression, Community-Based Treatment, Anxiety Disorder, Anger Management  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **IPSYCHS LLC**

(888) 779-2470  
**Rawls-Dolin, Christina Z LPC**  
Gender: Female  
NPI: 1205244340  
License: NY 008431  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Obsessive-Compulsive Disorder (OCD), Medication Management, Group therapy, Gender Identity, Family Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Its Okay to Not Be Okay Counseling**

(757) 992-8910

NPI: 1861118440

Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Men, Infertility, Grief/Death/Dying, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Seely, Bridget M LPC

Gender: Female  
NPI: 1942868575  
License: NC 20915  
Website:  
itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Men, Infertility, Grief/Death/Dying, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Johnson, Alease B LPC (804) 404-6260

Gender: Female  
NPI: 1356009583  
License: VA 0701011040  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Anxiety Disorder  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## Jones-Mason, Annette M LPC

(757) 937-9915  
Gender: Female  
NPI: 1952992612  
License: VA 0701010232  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Family Therapy, Cultural Competency Trained, Couple, Bereavement, Anxiety/Depression, Anxiety Disorder, Anger Management  
Age 5 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Jordan Bridge Counseling Services, LLC

(757) 504-9528  
NPI: 1164175832  
Website:  
www.jordanbridgecs.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Mental health skill building, Gender Identity, Child/ Pediatric, Anxiety/Depression, Anger Management, Adult  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Gender: Female  
NPI: 1609384171  
License: VA 0701007437  
Website:  
www.jordanbridgecs.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Mental health skill building, Gender Identity, Child/ Pediatric, Anxiety/Depression, Anger Management, Adult  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

## Leaders for Life Inc (804) 477-6137

## Rumph, Standice LPC

Gender: Female  
NPI: 1477002319  
License: VA 0701006715  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Life Works Professional Counseling PLLC

(434) 990-1744  
NPI: 1689148777  
Website:  
www.lifeworksprofessionalcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, LGBTQ+, Depression, Counselor, Cognitive/Behavioral Therapy, Child & Adolescent Psychiatry, Both Male and Female, Borderline Personality Disorders, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Myers, Crystal D LPC

Gender: Female  
NPI: 1326315482  
License: VA 0701005126  
Website:  
www.lifeworksprofessionalcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, LGBTQ+, Depression, Counselor, Cognitive/Behavioral Therapy, Child & Adolescent Psychiatry, Both Male and Female, Borderline Personality Disorders, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

**Life Worth Living  
Counseling Ltd**  
(540) 339-7727

## Artutis, Whitney LPC

Gender: Female  
NPI: 1912537150  
License: VA 0701008885  
Website:  
www.lifeworthlivingcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

**Lighthouse Behavioral  
Health Center**  
(804) 447-6382

## Bonds, Rachel LPC

Gender: Female  
NPI: 1619661907  
License: VA 0701012534  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Dialectal Behavior Therapy (DBT), Cultural Competency Trained, Anxiety Disorder, ADHD  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Coleman, Fatima LPC

Gender: Female  
NPI: 1548955388  
License: VA 0701014371  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Transgender, Personality Disorders, LGBTQ+, Grief/Death/Dying, Couple, Anxiety/Depression, ADHD  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Farrow, Christiana LPC

Gender: Female  
NPI: 1386456309  
License: VA 0701014386  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, LGBTQ+, Grief/Death/Dying, Couple, Borderline Personality Disorders, Anxiety/Depression, ADD/ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Franco, Lori LPC

Gender: Female  
NPI: 1033577341  
License: VA 0701006453  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Cultural Competency Trained, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Gibbs, Lauren LPC

Gender: Female  
NPI: 1568142784  
License: VA 0701012674  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders, Depression, Cultural Competency Trained, Anxiety Disorder, ADHD  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Happeny, Kevin LPC

Gender: Male  
NPI: 1578158994  
License: VA 0701010293  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Personality Disorders, Marital Therapy, Depression, Cultural Competency Trained, Anxiety Disorder  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Ickes, Anna LPC

Gender: Female  
NPI: 1053019901  
License: VA 0701012213  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Child Abuse, ADHD  
Russian  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Jennings, Robyn L LPC

Gender: Female  
NPI: 1790054781  
License: VA 0701005070  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Marital Therapy, Cultural Competency Trained, Anxiety Disorder  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Kulnis, Ashley LPC

Gender: Female  
NPI: 1336723980  
License: VA 0701010473  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Depression, Cultural Competency Trained, Anxiety Disorder, Abuse (Physical, Sexual)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Transgender, Sex Offenders, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mormile, Gabrielle LPC

Gender: Female  
NPI: 1679073894  
License: VA 0701007507  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Gender Identity, Cultural Competency Trained, Art Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Viles, Laura LPC

Gender: Female  
NPI: 1841987237  
License: VA 0701012385  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Marital Therapy, Family Therapy, Depression, Cultural Competency Trained, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Willinger, Julia LPC**

Gender: Female  
NPI: 1063039246  
License: VA 0701009681  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Gender Identity, Cultural Competency Trained, Art Therapy, Anxiety Disorder, Abuse (Physical, Sexual)  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Loudoun Counseling Coaching LLC**

(571) 375-0668  
NPI: 1134642044  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Skogsberg, Ellen LPC**

Gender: Female  
NPI: 1992287114  
License: VA 0701007834  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## **LRS Clinical Group LLC** (757) 334-3439

## **Johnson, Brittany PC**

Gender: Female  
NPI: 1902314313  
License: VA 0718000557  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Anxiety Disorder, PTSD, Post Partum, Play Therapy, Mood Disorders/Depression, LGBTQ+, Family Therapy  
Age 6 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Post Partum, Play Therapy, Mood Disorders/Depression, LGBTQ+, Family Therapy  
Age 6 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Mermaid Counseling and Consulting LLC**

(757) 447-7382  
**Cornine, Brittany LPC**  
Gender: Female  
NPI: 1831812569  
License: VA 0701014437  
Website: mermaidcounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression  
Age 18 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Edwards, Rebecca LPC

Gender: Female  
NPI: 1285450239  
License: VA 0701014203  
Website:  
mermaidcounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Cultural  
Competency Trained  
Age 14 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Middle Peninsula Northern Neck Community Services

(804) 693-5057

## Ashburn, Amanda\*

Gender: Female  
NPI: 1285367177  
License: VA 0701013465  
Website: www.mpnnbh.org  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Mood Disorders/Depression,  
Mental Health Counselor,  
Cognitive/Behavioral Therapy,  
Child Abuse/Neglect,  
Borderline Personality  
Disorders, Anxiety/Depression  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-8:00 PM  
Tuesday: 8:30 AM-8:00 PM  
Wednesday: 8:30 AM-8:00 PM  
Thursday: 8:30 AM-8:00 PM  
Friday: 8:30 AM-5:00 PM

## Mindful Healing Inc

(540) 521-0151  
NPI: 1174984348  
Website:  
www.Mindfulhealinginc.com  
Practice Focus: General Mental  
Health  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MMere Dane Counseling LLC

(703) 261-9528

## Adkinson, Sabrina LPC

Gender: Female  
NPI: 1891341244  
License: GA LPC008624  
Website:  
www.mmeredane.org  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM  
NPI: 1124725973  
Website:  
www.mmeredane.org  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Molle, Sandra K MS

(703) 498-7403

Gender: Female  
NPI: 1548361512  
License: VA 0701004074  
Website:  
www.integrativecounselingser  
vicespllc.com  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:00 AM-12:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:00 AM-12:00 PM  
Friday: 8:00 AM-12:00 PM

## Moods Counseling and Consulting LLC

(757) 342-2496  
NPI: 1093400574  
Website:  
www.moodscounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Schizophrenia,  
Post-Traumatic Stress Disorder  
(PTSD), Bipolar, Behavioral  
Health Outpatient, Anger  
Management, ADD/ADHD  
Age 4 to 64  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Williams, Mukier M LPC

Gender: Female  
NPI: 1427756964  
License: VA 0701011918  
Website:  
www.moodsounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Bipolar, Behavioral Health Outpatient, Anger Management, ADD/ADHD  
Age 4 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

## Mountain River Counseling LLC

(540) 219-9137  
**Hundley, Brigid M LPC**  
Gender: Female  
NPI: 1497062806  
License: VA 0701004770  
Practice Focus: Virtual Care - Audio/Visual, Seriously Emotionally Disturbed (SED), Cultural Competency Trained, Behavioral Health Outpatient  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM

NPI: 1831470491  
Practice Focus: Virtual Care - Audio/Visual, Seriously Emotionally Disturbed (SED), Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MountainWELL Counseling

(276) 200-4233  
NPI: 1194543553  
Website:  
mountainwell.clientsecure.me /  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Play Therapy, Mood Disorders, Mental Health Counselor, Cultural Diversity, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Smith, Brandy L PhD

Gender: Female  
NPI: 1679994099  
License: VA 0701005666  
Website:  
mountainwell.clientsecure.me /  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Play Therapy, Mood Disorders, Mental Health Counselor, Cultural Diversity, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## National Capital Treatment and Recovery

(703) 841-0703

Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(703) 257-5997  
**Arnold, Joshua A LPC**  
Gender: Male  
NPI: 1861028367  
License: FL MH23721  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Laryea, Alexis LPC\*

Gender: Female  
NPI: 1649087776  
License: VA 0701014303  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ney, Stephanie M LPC

Gender: Female  
NPI: 1437373511  
License: VA 0701004110  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pulliam, Jena H LPC

Gender: Female  
NPI: 1710631700  
License: VA 0701011184  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Randle, Ezra LPC\*

Gender: Male  
NPI: 1477274686  
License: VA 0701011752  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Salo-Sokolowski, Christine LPC

Gender: Female  
NPI: 1811699887  
License: VA 0701012322  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thomas, Stephanie LPC

Gender: Female  
NPI: 1134922636  
License: VA 0701014695  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(434) 382-1642

## Frailey, Krystal LPC

NPI: 1033975651  
License: VA 0701014690  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Shrestha, Suchana LPC

Gender: Female  
NPI: 1053070862  
License: VA 0701011013  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Hindi  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(540) 450-2734

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Gorden, Michelle LPC**

Gender: Female  
NPI: 1740934181  
Practice Focus: Virtual Care -  
Audio only, Community-Based  
Treatment, Behavioral Health  
Multi-Specialty Group (BHMSG)  
Spanish  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling  
Group Inc**  
(276) 226-2828

## **Mitchell, Shelby LPC**

Gender: Female  
NPI: 1336914761  
License: ID LCPC 10529  
Website:  
[www.ncgcommunity.com/](http://www.ncgcommunity.com/)  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment,  
Behavioral Health Multi-  
Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling  
Group Inc**  
(757) 837-0046

## **Ochsner, Mary LPC**

Gender: Female  
NPI: 1659520773  
License: VA 0701004420  
Website:  
[www.ncgcommunity.com](http://www.ncgcommunity.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health,  
Developmental/Behavioral  
Issues, Community-Based  
Treatment, Child Oppositional  
Defiant, Bipolar,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling  
Group Inc**  
(434) 260-7877

## **Polychrones, Tiffany LPC**

Gender: Female  
NPI: 1518659978  
License: VA 0701014501  
Website:  
[www.ncgcommunity.com/](http://www.ncgcommunity.com/)  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Taylor, Ashton LPC**  
Gender: Female  
NPI: 1629864046  
License: VA 0701014730  
Website:  
[www.ncgcommunity.com/](http://www.ncgcommunity.com/)  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling  
Group Inc**  
(757) 847-9386

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Rainey, Katherine LPC

Gender: Female  
NPI: 1063212256  
License: VA 0701013706  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Reid, Renita M LPC

Gender: Female  
NPI: 1538928742  
License: VA 0701013424  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Community-Based  
Treatment, Behavioral Health  
Multi-Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling  
Group Inc**  
(757) 467-8184

## SCOTT, DANA LPC

Gender: Female  
NPI: 1558855346  
License: VA 0701007718  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health,  
Developmental/Behavioral  
Issues, Community-Based  
Treatment, Child Oppositional  
Defiant, Bipolar,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling  
Group Inc**  
(540) 602-3021

## Smith, Holly B LPC

Gender: Female  
NPI: 1154723013  
License: VA 0701004710  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, General Mental  
Health, Developmental and  
Behavioral Pediatrics,  
Community-Based Treatment,  
Child Oppositional Defiant,  
Bipolar, Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling  
Group Inc**  
(540) 776-0716

## Williams, Kiasha LPC

Gender: Female  
NPI: 1669095410  
License: VA 0701009201  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care -  
Audio only, Community-Based  
Treatment, Behavioral Health  
Multi-Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

36076 Lankford Hwy  
Belle Haven, VA 23306  
(757) 837-0046

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1972673614

Website:

www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Post-Traumatic Stress Disorder (PTSD), Partial Hospitalization - Mental Health, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Intensive In-Home Services, General Mental Health, Developmental/Behavioral Issues, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Ochsner, Mary LPC**

Gender: Female

NPI: 1659520773

License: VA 0701004420

Website:

www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, General Mental Health, Developmental/Behavioral Issues, Community-Based Treatment, Child Oppositional Defiant, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**New Choices Counseling  
INC**

(540) 392-7878

**Seagraves, Debbie LPC**

Gender: Female

NPI: 1679745616

License: VA 0701002543

Website:

newchoicescounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Cultural Competency Trained  
Chinese  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

**Nolan, Jessica LPC**

(703) 479-2947

Gender: Female

NPI: 1497477012

License: VA 0701011791

Website:

www.QuarternoteCounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Non-Binary, Mood Disorders, Mental Health Counselor, LGBTQ+, General Mental Health, Gender Identity  
Age 16 to 50  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Oak Tree Wellness Center  
LLC**

(434) 664-7706

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Bagby, Joy B LPC

Gender: Female  
NPI: 1669492880  
License: VA 0701003665  
Website:  
www.oaktreewellness.org  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 11:00 AM-5:00 PM  
Tuesday: 11:00 AM-5:00 PM  
Wednesday: 11:00 AM-5:00 PM  
Thursday: 1:00 PM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Steger, Kimberly L LPC

Gender: Female  
NPI: 1912549148  
Website:  
www.oaktreewellness.org  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 10 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 1:00 PM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-2:00 PM  
Saturday: 9:00 AM-1:00 PM

## Tweedy, Eugene PC

Gender: Male  
NPI: 1427565019  
License: VA 0701008339  
Website:  
www.oaktreewellness.org  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 11:00 AM-5:00 PM  
Wednesday: 11:00 AM-5:00 PM  
Thursday: 11:00 AM-6:00 PM  
Friday: 10:00 AM-5:00 PM

## Obsidian Therapy Group

(804) 613-6068

## Ferebee, Tamara LPC

Gender: Female  
NPI: 1871740639  
License: VA 0701004365  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Cultural  
Competency Trained, Bipolar,  
Anxiety/Depression, ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Olive Tree Counseling LLC

(434) 421-0891

NPI: 1134747256

Website:  
www.olivetreecounselingcent  
er.wordpress.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 6:00 AM-10:00 PM  
Tuesday: 6:00 AM-10:00 PM  
Wednesday: 6:00 AM-10:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 6:00 AM-10:00 PM  
Saturday: 9:00 AM-3:00 PM

## Paragon Autism Services LLC

(540) 479-3889

## Hawkins, Tiajuana LPC

Gender: Female  
NPI: 1821767385  
License: VA 0701010286  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Spanish  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Peck, Karen LPC

(703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1881754323  
License: OK 10666  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pierce, Savannah

(757) 222-4944  
Gender: Female  
NPI: 1952064214  
License: VA 0701012603  
Website: www.covavb.com  
Practice Focus: Virtual Care -  
Audio/Visual, Counselor,  
Cognitive/Behavioral Therapy,  
Child Abuse/Neglect, Bipolar,  
Behavioral Health Outpatient,  
ASAM Level 1,  
Anxiety/Depression, Affective  
Disorders, ADHD  
Age 7 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 11:00 AM-7:00 PM  
Tuesday: 11:00 AM-7:30 PM  
Wednesday: 11:00 AM-7:00 PM  
Thursday: 11:00 AM-7:00 PM  
Friday: 11:00 AM-4:30 PM

## Progressive Measures Today

(571) 207-6647  
**Turner, Shantell M LPC**  
Gender: Female  
NPI: 1942833520  
License: VA 0718000545  
Website:  
www.progressivemeasurestod  
ay.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Cultural  
Competency Trained,  
Counselor, Addictions/  
Substance Abuse  
Age 15 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
Saturday: 9:00 AM-1:00 PM

## Quarternote Counseling LLC

(703) 479-2947

## Johnson, Margarita LPC

Gender: Female  
NPI: 1447867908  
License: TX 83964  
Website:  
www.QuarternoteCounseling.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Personality Disorders,  
Obsessive-Compulsive  
Disorder (OCD), Multicultural  
Issues, Mood Disorders, Mental  
Health Counselor, Immigration  
Populations, DID/MPD,  
Depression  
Russian  
Age 18 to 60  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Website:  
www.QuarternoteCounseling.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Sex Offenders,  
Post-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Obsessive-Compulsive  
Disorder (OCD), Non-Binary,  
Multicultural Issues, Mood  
Disorders, Mental Health  
Counselor, Low Income  
Populations  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Rancourt, Stephanie LMHC

(804) 743-0960  
Gender: Female  
NPI: 1790232452  
License: VA 0701012467  
Website:  
www.familyguidancecenters.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Realign Your Mind Counseling Services LLC

(804) 592-6620  
NPI: 1427638345  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Anxiety/Depression, Anger  
Management, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Redefine Therapy LLC

(757) 632-0343  
**Meyers, Melinda J**  
NPI: 1477180065  
License: VA 0701010508  
Website:  
www.redefinetherapyllc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Stress  
Management, Psychotherapy,  
Post-Traumatic Stress Disorder  
(PTSD), Grief/Death/Dying,  
General Mental Health,  
Depression, Cultural  
Competency Trained,  
Counselor  
Age 14 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wieschhaus, Elizabeth R LPC

Gender: Female  
NPI: 1750891263  
License: VA 0701014096  
Website:  
www.redefinetherapyllc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Post-  
Traumatic Stress Disorder  
(PTSD), Grief/Death/Dying,  
General Mental Health,  
Depression, Cultural  
Competency Trained,  
Counselor, Anxiety Disorder,  
Adult  
Age 14 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Redefine Therapy LLC (757) 241-6585

NPI: 1245936616  
Website:  
www.redefinetherapyllc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Stress  
Management, Psychotherapy,  
Post-Traumatic Stress Disorder  
(PTSD), Grief/Death/Dying,  
General Mental Health,  
Depression, Cultural  
Competency Trained,  
Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Stacy, John L LPC

Gender: Male  
NPI: 1306182795  
License: VA 0710102681  
Website:  
www.redefinetherapyllc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Stress  
Management, Psychotherapy,  
Post-Traumatic Stress Disorder  
(PTSD), Grief/Death/Dying,  
General Mental Health,  
Depression, Cultural  
Competency Trained,  
Counselor  
Spanish  
Age 18 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Region Ten Community Services Board (434) 972-1800

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Amos, Esmeralda LPC

Gender: Female  
NPI: 1497641922  
License: VA 0701014951  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Davis, Neta LPC

Gender: Female  
NPI: 1306637848  
License: VA 0701002888  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Green, Angela LPC

Gender: Female  
NPI: 1164920591  
License: VA 0701007474  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Janet Krag, Ellen LPC

Gender: Female  
NPI: 1588994297  
License: VA 0701004606  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sheets, Melanie LPC

Gender: Female  
NPI: 1053833087  
License: VA 0701007073  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Release Wellness

(757) 752-9508

## CLERVETT, NIKIENE W LPC

Gender: Female  
NPI: 1285262683  
License: VA 0701009037  
Website:  
WWW.RELEASEYOURWELLNES S.COM  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

NPI: 1700475845

Website:  
WWW.RELEASEYOURWELLNES S.COM  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Renae Hall

(540) 252-3151

## Hall, Renae C LPC

Gender: Female  
NPI: 1477256170  
License: VA 0701012272  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Spanish  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1114600210

Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Renewal Counseling & Consulting LLC

(805) 508-3220

### Adams, Terea LPC

Gender: Female  
NPI: 1093475907  
License: VA 0701011097  
Practice Focus: Trauma - Focused Cognitive Behavior, Substance Abuse & Alcohol Abuse Center (Outpatient), Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Depression, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Renewal of the Mind

() -

### Addressi, Melissa LPC

Gender: Female  
NPI: 1154161305  
License: VA 0701013596  
Website:  
www.vapsychotherapy.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

### Cuzzi-Marruffo, Valeria LPC

Gender: Female  
NPI: 1154925709  
License: VA 0701014689  
Website:  
www.vapsychotherapy.com  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

### Jones, Sharon LPC

Gender: Female  
NPI: 1912041112  
License: VA 0701010070  
Website:  
www.vapsychotherapy.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

### Kramer, Kelly LPC

Gender: Female  
NPI: 1487460929  
License: VA 0701014288  
Website:  
www.vapsychotherapy.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

### Moussa, Naglaa LPC

Gender: Female  
NPI: 1023513512  
License: VA 0701007550  
Website:  
www.vapsychotherapy.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Religion Based Therapy, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, Marital Therapy, LGBTQ+ Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Otchere, Victoria LPC

Gender: Female  
NPI: 1356938476  
License: VA 0701010090  
Website:  
[www.vapsychotherapy.com](http://www.vapsychotherapy.com)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

## Renewal of the Mind

(571) 264-8192  
NPI: 1548835705  
Website:  
[www.vapsychotherapy.com](http://www.vapsychotherapy.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Religion Based Therapy, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, Marital Therapy, LGBTQ+  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

## Renewed Peace and Healing Therapy Inc

(804) 410-1483  
NPI: 1265189252  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

## Resilience Counseling Social Skills Center

(540) 699-0226  
Agee, Emily LPC  
Gender: Female  
NPI: 1366268666  
License: VA 0701014268  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Barber, Matthew LPC

Gender: Male  
NPI: 1093535767  
License: VA 0701014201  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Byrne, MaryAnn LPC

Gender: Female  
NPI: 1851715312  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Cooper, Margaret LPC

Gender: Female  
NPI: 1194419630  
License: VA 0701012911  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Dimmick, Jordan LPC

Gender: Male  
NPI: 1972340511  
License: VA 0701013766  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Evangeliou, Georgia LPC\*

Gender: Female  
NPI: 1285401174  
License: VA 0701013108  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gardner, Adria PC

Gender: Female  
NPI: 1548681976  
License: VA 0701005683  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hodges, Harry LPC

Gender: Male  
NPI: 1609460971  
License: VA 0701009938  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Manzano, Annette LPC

Gender: Female  
NPI: 1881367480  
License: VA 0701010652  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Memmer, Karl LPC

Gender: Male  
NPI: 1992247548  
License: VA 0701006803  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Millson, Christina LPC

Gender: Female  
NPI: 1255008983  
License: VA 0701010777  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Mischel, Gabrielle LPC

Gender: Female  
NPI: 1225785686  
License: VA 0701013178  
Website:  
www.resiliencecounseling.care

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Owen, Daniel LPC

Gender: Male  
NPI: 1093686446  
License: VA 0701015368  
Website:  
www.resiliencecounseling.care

Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Owusu, Shaneka LPC

Gender: Female  
NPI: 1851138747  
License: VA 0701013664  
Website:  
www.resiliencecounseling.care

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Raborn, Rob LPC

Gender: Male  
NPI: 1477952760  
License: VA 0701005386  
Website:  
www.resiliencecounseling.care

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707

Website:  
www.resiliencecounseling.care

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Smith, April LPC

Gender: Female  
NPI: 1730873050  
License: VA 0701012545  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Zumwalt, Fred LPC

Gender: Male  
NPI: 1508603572  
License: VA 0701013733  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Reviving Wellness Counseling**  
(757) 373-5128

NPI: 1104287804

Website:  
www.revivingwellnesscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, PreSchool Posttraumatic Stress Disorder (PTSD), Mental Health Counselor, Grief/Death/Dying, Depression, Cultural Competency Trained, Counselor, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 9:00 AM-7:30 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 9:00 AM-7:30 PM  
Friday: 8:00 AM-2:00 PM

**Rewired Canvas Psychotherapy LLC**  
(757) 568-5699

## Kruk-Borisov, Kerry LPC

Gender: Female  
NPI: 1316390420  
License: VA 0701005892  
Website:  
www.rewiredcanvas.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Recovery Oriented Cognitive Therapy, Psychotherapy, Motivational Enhancement Therapy, Family psychoeducation (FPE), Cognitive/Behavioral Therapy, Chemical Dependency/Co-Dependency, Certified Drug & Alcohol Counselor, Brief Psychotherapy  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1457171563  
Website:  
www.rewiredcanvas.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Rivers of Hope Counseling Center LLC**  
(855) 326-4673

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Boothe, Cherri LPC

Gender: Female  
NPI: 1457814121  
License: VA 0701008197  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## Brooks, Allison P LPC

Gender: Female  
NPI: 1790440279  
License: VA 0701010927  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, SPMI (Severe & Persistently Mentally Ill), School Based Provider, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Personality Disorders, Mood Disorders, Grief/Death/Dying, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## Harkless, Leanora J

Gender: Female  
NPI: 1134845449  
License: VA 0701013240  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Personality Disorders, Mood Disorders, Dialectal Behavior Therapy (DBT), Depression, Cognitive/Behavioral Therapy, Chemical Dependency/Co-Dependency  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## Mubarak, Kimberleigh LPC

Gender: Female  
NPI: 1912716721  
License: VA 0701014318  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Grief/Death/Dying, Dialectal Behavior Therapy (DBT), Couple Counseling, Cognitive/Behavioral Therapy, Child/ Pediatric, Autism Spectrum Disorders, Anxiety/Depression, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## Rooted Counseling Group LLC

(540) 447-5207

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Weaber, Lisa M MA

Gender: Female  
NPI: 1508037094  
License: VA 0701004195  
Website:  
rootedcounselinggroup.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Roots of Renewal LLC

(434) 907-8483

## Hayes, Christina H LPC\*

Gender: Female  
NPI: 1407268477  
License: VA 0701005813  
Practice Focus: Virtual Care -  
Audio/Visual, Virtual Care -  
Audio only, Victims of  
domestic violence, Victim  
Awareness, Trauma - Focused  
Cognitive Behavior,  
Motivational interviewing,  
Mental Health Counselor,  
Marital Therapy, Cultural  
Competency Trained,  
Counselor  
Age 12 to 85  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

**ROWLLINS MENTAL  
HEALTH AND WELLNESS  
CENTER LLC**  
(276) 293-1244

NPI: 1518450022  
Website: rowllinsmhwc.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mood  
Disorders/Depression,  
Learning Disabilities, Family  
Therapy, Dissociative disorder,  
Developmental/Behavioral  
Issues, Chemical  
Dependency/Co-Dependency,  
Behavioral Health Outpatient,  
Autism, Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 10:00 AM-9:00 PM

## Rowsey Collins, Laura A

Gender: Female  
NPI: 1598268377  
License: VA 0701007554  
Website: rowllinsmhwc.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mood  
Disorders/Depression,  
Learning Disabilities, Family  
Therapy, Dissociative disorder,  
Developmental/Behavioral  
Issues, Chemical  
Dependency/Co-Dependency,  
Behavioral Health Outpatient,  
Autism, Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 10:00 AM-9:00 PM

## RVA Counseling

(804) 716-0428

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Gutierrez, Skyler M LPC**

Gender: Female  
NPI: 1275295214  
License: VA 0701010901  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adolescents  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Haling, Samantha LPC**

Gender: Female  
NPI: 1427823699  
License: VA 0701013067  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 14 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Ingebretsen, Kaitlin LPC**

Gender: Female  
NPI: 1013651850  
License: VA 0701011406  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM  
NPI: 1407492895

Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Southall, David LPC**

Gender: Male  
NPI: 1245955731  
License: VA 0701011817  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 14 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Safehaven Empowerment Wellness LLC**

(757) 814-9069  
**Hursey-Wingate, Joni LPC**  
Gender: Female  
NPI: 1851523187  
License: VA 0701004622  
Practice Focus: Adult  
Psychiatry, Adolescent  
Psychiatry  
Age 10 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1427813740  
Practice Focus: Adult  
Psychiatry, Adolescent  
Psychiatry  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SaVida Health PC**

(833) 356-4080  
**Arcaya, Stephen LPC**  
Gender: Male  
NPI: 1457019754  
License: VA 0701013212  
Website: savidahealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Carrels Zeller, Jayne A LPC**

Gender: Female  
NPI: 1376793083  
License: VA 0701004811  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Haskins, Juanita D LPC**

Gender: Female  
NPI: 1598331316  
License: VA 0002072319  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Isaac, Linda C LPC\***

Gender: Female  
NPI: 1366941098  
License: VA 0718000519  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Rosewell, Ryan LPC**

Gender: Male  
NPI: 1689183873  
License: VA 0701005943  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170

Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Seaside Behavioral Health**

(757) 648-8605  
NPI: 1295284255  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Seay, Joshua LPC**

(804) 592-6620

Gender: Male

NPI: 1447060322  
License: VA 0701014408  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 PM-8:00 PM  
Tuesday: 12:00 PM-8:00 PM  
Wednesday: 12:00 PM-8:00 PM  
Thursday: 12:00 PM-8:00 PM  
Friday: 9:00 AM-5:00 PM  
Sunday: 12:00 PM-7:00 PM

## **Seek Serenity LLC**

(703) 939-7741

## **Samsudin, Shafinah LPC**

Gender: Female  
NPI: 1346683919  
License: VA 0812000792  
Website: [www.seekserenity.net](http://www.seekserenity.net)  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Family Therapy  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1134648678

Website:

[www.seekserenity.net](http://www.seekserenity.net)

Practice Focus: Virtual Care - Audio/Visual, Sexuality, Family Therapy

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Silver Linings Therapy

(757) 231-5434

NPI: 1376386821

Website:

[www.silverliningstherapyllc.com](http://www.silverliningstherapyllc.com)

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## SOUTHWEST REGIONAL COUNSELING SERVICES INC

(276) 883-5050

## Blake, Jennifer H LPC

Gender: Female

NPI: 1801574074

License: VA 0701012644

Practice Focus: Virtual Care - Audio/Visual, Office Based

Addiction Treatment (OBAT), Mental Health Counselor,

Medication Management, Medication Assisted

Treatment, Laboratory

Services Available, Counselor, Addictions/ Substance Abuse

Age 13 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1063078855

Practice Focus: Virtual Care - Audio/Visual, Office Based

Addiction Treatment (OBAT), Mental Health Counselor,

Medication Management, Medication Assisted

Treatment, Laboratory

Services Available, Counselor, Addictions/ Substance Abuse

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Spread Your Wings Supportive Counseling LLC

(804) 528-4331

Practice Focus: Virtual Care -

Audio/Visual, Residential

Treatment Center - Substance Abuse, Residential Treatment

Center - Mental Health, Mobile crisis response (MCR), Mental

health skill building, Intensive Outpatient - Substance Abuse,

Intensive Outpatient - Mental Health, Home Visits, General

Mental Health, Cultural

Competency Trained

Limited Handicap Accessibility

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Wingfield, Pippi M LCSW

Gender: Female

NPI: 1619730165

License: VA 0904015990

Practice Focus: Virtual Care - Audio/Visual, Residential

Treatment Center - Substance Abuse, Residential Treatment

Center - Mental Health, Mobile crisis response (MCR), Mental

health skill building, Intensive Outpatient - Substance Abuse,

Intensive Outpatient - Mental Health, Home Visits, General

Mental Health, Crisis

Stabilization (CS)

Limited Handicap Accessibility

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-4:00 PM

Tuesday: 8:30 AM-4:00 PM

Wednesday: 8:30 AM-4:00 PM

Thursday: 8:30 AM-4:00 PM

Friday: 8:30 AM-4:00 PM

## SpringHealth BH and Integrated Care VA

(888) 515-1793

NPI: 1467827493

Practice Focus: Virtual Care - Audio/Visual, Counselor

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Turner, Brittney P

Gender: Female  
NPI: 1558833566  
License: VA 0701008083  
Website:  
www.Springhealthbehavioral.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Starling Medical Group PC (508) 202-1011

### Autry, Joseph LPC

Gender: Male  
NPI: 1205414927  
License: VA 0701010290  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Barnes, Kameka LPC

Gender: Female  
NPI: 1013528181  
License: VA 0701013735  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Boone, Catherine LPC

Gender: Female  
NPI: 1881303394  
License: VA 0701013255  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Chamberlain, Amber LPC

Gender: Female  
NPI: 1679172308  
License: VA 0701003645  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Dhillon, Jasmine LPC

Gender: Female  
NPI: 1174028807  
License: VA 0701007543  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Hindi  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Ductan, Patricia

Gender: Female  
NPI: 1861813594  
License: VA 0701012292  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Hemling, Heidi S LPC\*

Gender: Female  
NPI: 1912435314  
License: VA 0701014392  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Short, Emma L LPC

Gender: Female  
NPI: 1124216577  
License: VA 0812000550  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Strategic Therapy Associates

(434) 237-9450

## Blondino, George LPC

Gender: Male  
NPI: 1467541706  
License: VA 0701002567  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hamlin, Kimberly LPC

Gender: Female  
NPI: 1699484105  
License: VA 0701011870  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mace, Erin LPC

Gender: Female  
NPI: 1003137357  
License: VA 0701004852  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Miles, Faye LPC

Gender: Female  
NPI: 1598060576  
License: VA 0701004945  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Presley, Melissa LPC

Gender: Female  
NPI: 1063132371  
License: VA 0701011751  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Website:

www.strategictherapyassociates.com/

Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Vaughn, Amy LPC

Gender: Female  
NPI: 1336800507  
License: VA 0701011092  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Success Behavioral Health Services

(757) 903-2253

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Harris, Stacey R LPC

Gender: Female  
NPI: 1245708460  
License: VA 0701003146  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, General Mental Health, Family Therapy, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, Behavioral Health Outpatient, Anxiety/Depression Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Palmaz, Cynthia P LPC

Gender: Female  
NPI: 1952398745  
License: NC 16230  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, General Mental Health, Family Therapy, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## SWS Counseling Services

(540) 314-9266  
**Stephens, Sondra LPC**  
Gender: Female  
NPI: 1740446665  
License: VA 0701004190  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Taylor, Takiya LPC

(757) 453-4485  
Gender: Female  
NPI: 1144785718  
License: VA 0718000447  
Website: [www.nlsawcounseling.com](http://www.nlsawcounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-3:00 PM

## The Mahogany Projek LLC

(757) 945-4005

## O'Rourke, Sharde LMFT

Gender: Female  
NPI: 1730617002  
License: VA 0701006742  
Website: [www.themahoganyprojek.com](http://www.themahoganyprojek.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexually acting out behaviors, Sex Offenders, Pregnancy-Related/Postpartum Depression/MH Disorders, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Homeless/Outreach, Homebound Persons  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM  
Saturday: 9:00 AM-12:00 PM

## Therapeutic Counseling Consulting

(804) 322-9955

## Breitenbach, Kellyn

Gender: Female  
NPI: 1598559569  
License: VA 0701014715  
Website: [www.therapeuticcounseling.org/?gad\\_source=1&gad\\_campaign\\_id=1598559569](http://www.therapeuticcounseling.org/?gad_source=1&gad_campaign_id=1598559569)  
Practice Focus: Virtual Care - Audio only, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mental Health Counselor, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
NPI: 1033706304  
Website: [www.therapeuticcounseling.org/?gad\\_source=1&gad\\_campaign\\_id=1033706304](http://www.therapeuticcounseling.org/?gad_source=1&gad_campaign_id=1033706304)  
Practice Focus: Virtual Care - Audio only, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mental Health Counselor, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Vicario, Chelsea**

Gender: Female  
NPI: 1922513340  
License: VA 0701011416  
Website:  
www.therapeuticcounseling.org/?gad\_source=1&gad\_campaign=Virtual\_Care - Audio only, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mental Health Counselor, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Villeneuve, Sydney**

Gender: Female  
NPI: 1326796939  
License: VA 0701011086  
Website:  
www.therapeuticcounseling.org/?gad\_source=1&gad\_campaign=Virtual\_Care - Audio only, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mental Health Counselor, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Therapy Owls LLC**

(757) 232-7108  
**Goss, Kathryn LPC\***  
Gender: Female  
NPI: 1992287833  
License: VA 0710103039  
Website: therapyowls.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Teletherapy, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Social supports/social determinants of health, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Play Therapy  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 9:00 AM-9:00 PM

NPI: 1295460129

Website: therapyowls.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Teletherapy, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Social supports/social determinants of health, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Play Therapy  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 9:00 AM-9:00 PM

## **Third Space Therapy PLLC** (833) 244-4878

## **Gorden, Michelle LPC**

Gender: Female  
NPI: 1740934181  
Website: thirdspace-therapy.com/  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Jamie, Miller M**

Gender: Female  
NPI: 1639761067  
License: VA 0701010245  
Website: thirdspace-therapy.com/  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Long, Katherine D LCMHC**  
Gender: Female  
NPI: 1740554997  
License: VA 0701007362  
Website: thirdspace-therapy.com/  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1215780234  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Thrive Counseling LLC** (855) 634-0999

**Davidson, Stacie LPC**  
Gender: Female  
NPI: 1194128264  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Thriving Families Counseling LLC** (540) 988-3108

**Broach-Lee, Dana LPC**  
Gender: Female  
NPI: 1942672233  
License: VA 0701006327  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Reed, Cecelia LPC**  
Gender: Female  
NPI: 1912541244  
License: VA 0701008724  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1467973859  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1467973859  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tidal Counseling PLC** (757) 637-0840

**Bybee, Ruth LPC**  
Gender: Female  
NPI: 1003493412  
License: VA 0701010345  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1245970664  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Total Life Counseling Inc** (540) 989-1383

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Gutierrez, Eric LPC**

Gender: Male  
NPI: 1023557261  
License: VA 0701006999  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-12:00 PM  
Tuesday: 9:00 AM-12:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Miller, Christopher LPC**

Gender: Male  
NPI: 1417229550  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **Price, Stephen K LPC**

Gender: Male  
NPI: 1760563167  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 1:00 PM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **Rife, Charles A LPC**

Gender: Male  
NPI: 1689760647  
License: VA 0717000151  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1205985066

Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 1:00 PM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **West, David LPC**

Gender: Male  
NPI: 1215114079  
License: VA 0701000697  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Transforming Hearts LLC**

(757) 937-9915

NPI: 1154885366

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Family Therapy, Cultural Competency Trained, Couple, Bereavement, Anxiety/Depression, Anxiety Disorder, Anger Management  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tucker Psychiatric Clinic Inc**

(804) 320-7881

## **Anderson, Kathi LPC**

Gender: Female  
NPI: 1053302174  
License: VA 0701003594  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1003911256  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Beach Counseling Services PLLC

(757) 289-1125

### Cummings, Shenell LPC

Gender: Female  
NPI: 1811614076  
License: VA 0718000691  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Stress Management,  
Psychotherapy, Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Play  
Therapy, Personality Disorders,  
Motivational interviewing,  
Mood Disorders, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

**Evans, Markesha LPC**  
Gender: Female  
NPI: 1497523716  
License: VA 0701013125  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Stress Management,  
Psychotherapy, Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Play  
Therapy, Personality Disorders,  
Motivational interviewing,  
Mood Disorders, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

**Mattox, Karen LPC**  
Gender: Female  
NPI: 1588169650  
License: VA 0701007573  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Stress Management,  
Psychotherapy, Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Play  
Therapy, Personality Disorders,  
Motivational interviewing,  
Mood Disorders, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

**Rocha, Edgardo LPC**  
Gender: Male  
NPI: 1013552900  
License: VA 0701011684  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Stress Management,  
Psychotherapy, Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Play  
Therapy, Personality Disorders,  
Motivational interviewing,  
Mood Disorders, LGBTQ+  
Spanish  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Scott, Chara LPC

Gender: Female  
NPI: 1619675279  
License: VA 0701012219  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

NPI: 1114305034  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Counseling and Community Development

(804) 218-8182

**Martin Jr, Sanford P LPC**  
Gender: Male  
NPI: 1932187986  
License: VA 0701001939  
Website: www.vaccd.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Institute of Pastoral Care Group

(804) 282-8332

**Thorpe, Douglas PC**  
Gender: Male  
NPI: 1346455383  
License: VA 0701004496  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1316159221  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Westmoreland Counseling Services

(540) 330-5669  
**Mason, Sabrina LPC**  
Gender: Female  
NPI: 1992425169  
License: VA 0701011623  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Westmoreland, Lisa LPC

Gender: Female  
NPI: 1477935377  
License: VA 0701006166  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wharton, Shenay S LPC

18469 Dunne Ave  
Parksley, VA 23421  
(757) 665-1260  
Gender: Female  
NPI: 1609966084  
License: VA 0701002842  
Practice Focus: Behavioral Health Outpatient  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Whitfield, Latifah LPC

(406) 238-2500

Gender: Female  
NPI: 1124843289  
License: VA 0701014101  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Whole Village Counseling Advocacy and Mental Health Services

(757) 454-2112

## Jones, Natasha L PC

Gender: Female  
NPI: 1194222323  
License: VA 0701007588  
Website: [wholevillagecounseling.com/](http://wholevillagecounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Intensive Outpatient - Substance Abuse, Group therapy, Grief/Death/Dying, Faith-based/spiritual, Chemical Dependency/Co-Dependency, Certified Drug & Alcohol Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wholehearted Counseling PC

(757) 578-2985

## Armstrong, Shepperson LPC

Gender: Male  
NPI: 1386405413  
License: VA 0701012962  
Website: [www.wholeheartedcounselinghr.com](http://www.wholeheartedcounselinghr.com)  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Anxiety/Depression, Adjustment Disorders, Addictions/ Substance Abuse, ADD/ADHD  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Brown, Kathleen LPC**

Gender: Female  
NPI: 1982385225  
License: VA 0701012719  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
LGBTQ+, Anxiety/Depression,  
Adjustment Disorders,  
ADD/ADHD  
Age 8 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lloyd, Kathleen LPC**

Gender: Female  
NPI: 1275140600  
License: VA 0701009942  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression,  
Adjustment Disorders  
Age 18 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Mari Candelieri, Kira LPC**

Gender: Female  
NPI: 1104561505  
License: VA 0701008094  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression,  
Adjustment Disorders,  
ADD/ADHD  
Age 16 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Opauski, Rachel C LPC**

Gender: Female  
NPI: 1851855688  
License: VA 0701008055  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression,  
Adjustment Disorders,  
ADD/ADHD  
Age 12 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1093202541

Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
LGBTQ+, Anxiety/Depression,  
Adjustment Disorders,  
Addictions/ Substance Abuse,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wyche Counseling Services LLC**

(434) 336-7837  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Home Visits,  
Counselor, Community-Based  
Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wyche, Shameka P LPC**

Gender: Female  
NPI: 1699369074  
License: VA 0701010299  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Counselor,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **YOUTH IMPACT MENTAL HEALTH COMPANY**

(804) 307-4660  
Practice Focus: Virtual Care -  
Audio/Visual, Mood  
Disorders/Depression, Mental  
Health Counselor, General  
Mental Health  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## **Psychiatric/Mental Health Clinical Nurse Specialist**

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**Eastern Shore Community  
Services Board**  
(757) 665-1260

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Brock, Virginia A NP**

Gender: Female  
NPI: 1548625114  
License: VA 0024181428  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Psychiatric/Mental Health Nurse Practitioner**

### **Abe-Fapohunda, Adebola NP**

(703) 841-0703

Gender: Female  
NPI: 1083227177  
License: VA 0024182981  
Website: [www.natcaptreatment.org](http://www.natcaptreatment.org)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Abundant Life partners LLC**

(757) 603-4603

### **Brown, Deirdre PMHNP\***

Gender: Female  
NPI: 1053103242  
License: VA 0001285133  
Website: [www.abundantlifepartners.com](http://www.abundantlifepartners.com)  
Practice Focus: Virtual Care - Audio/Visual, Geriatric Psychiatry, Cultural Competency Trained, Adult Psychiatry  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Hanna, Benjamin PMHNP\***

Gender: Male  
NPI: 1386448264  
License: VA 0024191889  
Website: [www.abundantlifepartners.com](http://www.abundantlifepartners.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Adult Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Yowell, Sarah FNP**

Gender: Female  
NPI: 1386237964  
License: VA 0024180134  
Website: [www.abundantlifepartners.com](http://www.abundantlifepartners.com)  
Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Psychiatry, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Acacia Health Partners**

(804) 395-7463

NPI: 1487383626  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Cultural Competency Trained, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **Timok, Cynthia NP\***

Gender: Female  
NPI: 1508621962  
License: VA 0024189499  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Cultural Competency Trained, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, ADHD  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **Addiction Wellness Center VA LLC**

(540) 655-2936

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Mitchell, Jeanette NP\*

Gender: Female  
NPI: 1659597185  
License: VA 0024187305  
Website:  
www.addictionwellnesscenter  
va.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mood  
Disorders/Depression,  
Medication Management,  
Group therapy, Family Therapy,  
Cultural Competency Trained,  
Chemical Dependency/Co-  
Dependency, Behavioral  
Health Outpatient, Anxiety  
Disorder  
Spanish  
Age 18 to 70  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Tucker, Khudsiatu NP\*

Gender: Female  
NPI: 1831707488  
License: VA 0024179570  
Website:  
www.addictionwellnesscenter  
va.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mood  
Disorders/Depression,  
Medication Management,  
Group therapy, Family Therapy,  
Cultural Competency Trained,  
Chemical Dependency/Co-  
Dependency, Behavioral  
Health Outpatient, Anxiety  
Disorder  
Age 18 to 70  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**All Hope Behavioral  
Health Services PC**  
(703) 542-3737

NPI: 1760715403

Website: allhopebhs.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Psychiatry,  
Mood Disorders, Depression,  
Borderline Personality  
Disorders, Bipolar, Behavioral  
Health Outpatient,  
Anxiety/Depression, Anxiety  
Disorder  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Greeley, Matthew P PMHNP\*

Gender: Male  
NPI: 1013618057  
License: WV 115835  
Website: allhopebhs.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Psychiatry,  
Mood Disorders, Depression,  
Borderline Personality  
Disorders, Bipolar, Behavioral  
Health Outpatient,  
Anxiety/Depression, Anxiety  
Disorder  
French  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Ascend Polywellness Center LLC

(678) 507-4370

## Ohene, Maureen NP\*

Gender: Female  
NPI: 1003512781  
License: VA 0024185742  
Website:  
ascendpolywellness.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Cultural  
Competency Trained, Crisis  
Stabilization (CS),  
Anxiety/Depression, (IOP)  
Intensive Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ascension Psychiatric Services LLC

(804) 636-7104

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1184471898  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Psychotherapy, Psychological Testing, Pain Management Services/Behavioral Health, Medication Management, Home Visits, General Mental Health, Developmental/Behavioral Issues, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Associates in Brief Therapy Inc

(540) 772-8043  
NPI: 1033286794  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Mood Disorders, Depression, Anxiety Disorder, Adult Psychiatry, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Howard, Chaney J\***  
Gender: Female  
NPI: 1841986296  
License: VA 0001254815  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Mood Disorders, Depression, Anxiety Disorder, Adult Psychiatry, Addiction Medicine  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Atlantic Community Health Center

5219 Lankford Hwy  
New Church, VA 23415  
(757) 824-5676  
Office Languages: Spanish  
**King, Michael PMHNP\***  
Gender: Male  
NPI: 1699545848  
License: MD R233341  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Bekele, Bethelhem NP**  
(703) 841-0703

Gender: Female  
NPI: 1457950610  
License: VA 0001302945  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Better Solutions Behavioral Health Care LLC

(434) 368-0131  
NPI: 1588232250  
Website: www.bsnhc.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Medication Management  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lankford, Candace PMHNP

Gender: Female  
NPI: 1134751530  
License: VA 0024178770  
Website: www.bsnhc.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Medication Management  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Blue Ridge Telehealth LLC (540) 772-8043

### Dietrich, Cecile NP\*

Gender: Female  
NPI: 1578024824  
License: VA 0024177453  
Practice Focus: Virtual Care - Audio/Visual, Veteran's Issues, Schizophrenia, Schizoaffective Disorder, Post-Traumatic Stress, Personality Disorders, Mood Disorders, Medication Management, Medication Assisted Treatment, Both Male and Female  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Newbold, Temple M NP**

Gender: Female  
NPI: 1851953699  
License: VA 0024177518  
Practice Focus: Virtual Care - Audio/Visual, Veteran's Issues, Schizophrenia, Schizoaffective Disorder, Post-Traumatic Stress, Personality Disorders, Mood Disorders, Medication Management, Medication Assisted Treatment, Both Male and Female  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## **Boateng, Ama NP**

(703) 841-0703  
Gender: Female  
NPI: 1508401696  
License: VA 0001241895  
Website:  
[www.natcaptreatment.org](http://www.natcaptreatment.org)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Brave Health Medical Group PA**

(305) 902-6347  
**DuBose, Joseph NP**  
Gender: Male  
NPI: 1639110281  
License: OK 221136  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Igbonegun, Ericka R NP**

Gender: Female  
NPI: 1962849745  
License: OH APRN.CNP.14512  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Brighter Days Mental Health Services LLC**

(804) 659-7581

## **Bragg, Laytoya Y PMHNP**

Gender: Female  
NPI: 1033752951  
License: VA 0024178657  
Website:  
[www.brighterdaysmhs.com](http://www.brighterdaysmhs.com)  
Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Schizophrenia, Schizoaffective Disorder, Psychotherapy, Psychiatry, Mood Disorders/Depression, Medication Management, Geriatric Psychiatry, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1376154609  
Website:  
[www.brighterdaysmhs.com](http://www.brighterdaysmhs.com)  
Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Schizophrenia, Schizoaffective Disorder, Psychotherapy, Psychiatry, Mood Disorders/Depression, Medication Management, Geriatric Psychiatry, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Giles, Kiana\***

Gender: Female  
NPI: 1386474542  
License: VA 0024190655  
Website:  
[www.brighterdaysmhs.com](http://www.brighterdaysmhs.com)  
Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Schizophrenia, Schizoaffective Disorder, Psychotherapy, Psychiatry, Mood Disorders/Depression, Medication Management, Geriatric Psychiatry, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Turner-Williams, Whitney\***  
Gender: Female  
NPI: 1982440376  
License: VA 0024190626  
Website:  
[www.brighterdaysmhs.com](http://www.brighterdaysmhs.com)  
Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Schizophrenia, Schizoaffective Disorder, Psychotherapy, Psychiatry, Mood Disorders/Depression, Medication Management, Geriatric Psychiatry, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Brightview LLC

(833) 510-4357  
NPI: 1649786260  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care -  
Audio only, Addictions/  
Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Center for Care and Resiliency

(540) 344-5300  
NPI: 1053902742  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Transgender, Transcranial  
Magnetic Stimulation (TMS),  
Schizophrenia, Psychology,  
Psychiatry, Post-Traumatic  
Stress Disorder (PTSD),  
Personality Disorders, Partial  
Hospitalization - Substance  
Abuse  
Limited Handicap Accessibility  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Pruitt, Katie PMHNP\*

Gender: Female  
NPI: 1215641071  
License: VA 0024186013  
Practice Focus: Virtual Care -  
Audio/Visual, Transgender,  
Transcranial Magnetic  
Stimulation (TMS), Psychiatry,  
Partial Hospitalization -  
Substance Abuse, Partial  
Hospitalization - Mental  
Health, Partial Hospitalization,  
Mental health skill building,  
Medication Management,  
Couple Counseling  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Central Virginias Preferred Providers

(804) 330-6441  
NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychiatry,  
Anxiety Disorder, Anger  
Management, ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Ramondo, Ania RN\*

Gender: Female  
NPI: 1972055853  
License: VA 0001246631  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Polish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## CERVELLO-WELLNESS

(301) 392-7120  
NPI: 1083239255  
Website: CERVELLO-  
WELLNESS.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Garcia, Karen NP\*

Gender: Female  
NPI: 1205520608  
License: MD R224260  
Website: CERVELLO-  
WELLNESS.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder, ADHD  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lau, Jou Hou

Gender: Male  
NPI: 1659131647  
License: VA 0024189763  
Website: CERVELLO-  
WELLNESS.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Tyson, Mimi\*

Gender: Female  
NPI: 1952960924  
License: MD R180111  
Website: CERVELLO-  
WELLNESS.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder, ADHD  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Charles, Edner NP

(703) 841-0703  
Gender: Male  
NPI: 1396171385  
License: VA 0024172505  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
French  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Charles, Marie NP

(703) 841-0703

Gender: Female  
NPI: 1376048348  
License: MD R221196  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Cho, Esther NP

(406) 361-3146  
Gender: Female  
NPI: 1609645993  
License: VA 0024191104  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, (IOP)  
Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## Clinical Associates of Tidewater

(757) 877-7700

NPI: 1447341615  
Practice Focus: Virtual Care -  
Audio/Visual, Psychological  
Testing, Medication  
Management, Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Warzinski, Katherine NP\*

Gender: Female  
NPI: 1699169995  
License: VA 0001212504  
Practice Focus: Virtual Care -  
Audio/Visual, Psychological  
Testing, Medication  
Management, Counselor  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Coastal Medical and Psychiatric Services

(757) 310-6900

NPI: 1134460132  
Website: cmppsva.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Psychiatry &  
Neurology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Owens, Kelly MSN\*

Gender: Female  
NPI: 1124406871  
License: VA 0024172522  
Website: cmppsva.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Psychiatry &  
Neurology  
Age 12 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Samborski, Katrina MSN\***

Gender: Female  
NPI: 1710767355  
License: VA 0024188343  
Website: cmpsva.com/  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry & Neurology  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## **Confidant Providers LLC**

(203) 747-8696

## **Afrijie, Gloria APRN**

Gender: Female  
NPI: 1659074599  
License: VA 0024186686  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Psychopharmacology, Post-Traumatic Stress Disorder (PTSD), Medication Management, Depression, Anxiety Disorder, Addictions/ Substance Abuse  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Azenabor, Lilian APRN\***

Gender: Female  
NPI: 1437950524  
License: VA 0024191400  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Psychopharmacology, Post-Traumatic Stress Disorder (PTSD), Medication Management, Depression, Anxiety Disorder, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Balke, Nora NP-C**

Gender: Female  
NPI: 1265982136  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, LGBTQ+, Anxiety/Depression, Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

NPI: 1336761691

Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Psychopharmacology, Post-Traumatic Stress Disorder (PTSD), Medication Management, Depression, Bipolar, Anxiety/Depression, Anxiety Disorder, Addictions/ Substance Abuse  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Davis, Sabrina PMHNP**

Gender: Female  
NPI: 1740882828  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Hudson, Laura M PMHNP**

Gender: Female  
NPI: 1407073109  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Lucke, Sherry PMHNP\***

Gender: Female  
NPI: 1922592732  
License: FL APRN11017720  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Szudlo, Lachawnda PMHNP\*

Gender: Female  
NPI: 1982832705  
License: VA 0024186851  
Website: [confidanthealth.com](http://confidanthealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Grief/Death/Dying, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

**Confidant Providers LLC**  
(804) 295-4344

## Daniels, Mary NP\*

Gender: Female  
NPI: 1548087760  
License: VA 0024191275  
Website: [www.greatmindswellness.com](http://www.greatmindswellness.com)  
Practice Focus: Virtual Care - Audio/Visual, Personality Disorders, Pain Management Services/Behavioral Health, Mood Disorders, Bereavement, Anxiety Disorder, Anger Management, Adjustment Disorders, Addiction Psychiatry  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Conquest Health PLLC**  
(571) 556-8205

## Phelps, David NP\*

Gender: Male  
NPI: 1215599881  
License: VA 0024177830  
Website: [www.conquesthealth.org](http://www.conquesthealth.org)  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained, Behavioral Health Outpatient, Addiction Medicine  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Tenaw, Nardos NP

Gender: Female  
NPI: 1720714215  
License: MD R229090  
Website: [www.conquesthealth.org](http://www.conquesthealth.org)  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained, Behavioral Health Outpatient, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Crowne Initiative Service**  
(757) 504-2191

NPI: 1033092903  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Mason, Ednora B APRN

Gender: Female  
NPI: 1083411722  
License: VA 0024194101  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Dedicated Psychiatric Services PLLC

(423) 343-9156  
NPI: 1346927589  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Smith, Angel PMHNP\*

Gender: Female  
NPI: 1619439908  
License: VA 0001213550  
Practice Focus: Virtual Care -  
Audio only, Mental Health  
Counselor, Counselor  
Spanish  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

## East River Psychiatry (276) 235-6232

## Disibbio, Holly NP\*

Gender: Female  
NPI: 1700423019  
License: VA 0024188529  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Schizophrenia, Post-Traumatic  
Stress Disorder (PTSD), Mood  
Disorders/Depression,  
Medication Management,  
Grief/Death/Dying, Cultural  
Competency Trained,  
Celebrating Families, Bipolar  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM  
NPI: 1689445884

Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Schizophrenia, Post-Traumatic  
Stress Disorder (PTSD), Mood  
Disorders/Depression,  
Medication Management,  
Grief/Death/Dying, Cultural  
Competency Trained,  
Celebrating Families, Bipolar  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## King, Carolyn FNP\*

Gender: Female  
NPI: 1477785392  
License: VA 0001129438  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Schizophrenia, Post-Traumatic  
Stress Disorder (PTSD), Mood  
Disorders/Depression,  
Medication Management,  
Grief/Death/Dying, Cultural  
Competency Trained,  
Celebrating Families, Bipolar  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM

## Eastern Shore Community Services Board

(757) 665-1260  
Practice Focus: Virtual Care -  
Audio/Visual  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

19056 Greenbush Rd  
Parksley, VA 23421  
(757) 665-1260

## Boersman, Stephen NP

Gender: Male  
NPI: 1578981460  
License: VA 0017141512  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Office Languages: Spanish  
**Brock, Virginia A NP**  
Gender: Female  
NPI: 1548625114  
License: VA 0024181428  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Regional  
Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Family Focus Inc (804) 261-2090

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care -  
Audio only, Medication  
Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Shephard, Kelly PMHNP\***  
Gender: Female  
NPI: 1528723814  
License: VA 0024182729  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care -  
Audio only, Medication  
Management  
Age 18 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Flabwell Health Group LLC**  
(804) 402-4773

NPI: 1255020855  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Post-Traumatic  
Stress Disorder (PTSD), Post-  
Traumatic Stress, Pain  
Management  
Services/Behavioral Health,  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders/Depression, Mood  
Disorders, Home Visits,  
Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Nwagwu, Victor NP\***  
Gender: Male  
NPI: 1215637863  
License: VA 0024186638  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Post-Traumatic  
Stress Disorder (PTSD), Post-  
Traumatic Stress, Pain  
Management  
Services/Behavioral Health,  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders/Depression, Mood  
Disorders, Depression, Bipolar  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Foundation Medical Group**  
(804) 506-0526

**Craddock, Sharon ARNP**  
Gender: Female  
NPI: 1902213903  
License: VA 0024177585  
Practice Focus: Virtual Care -  
Audio/Visual, Suboxone,  
Medication Management,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1003275124  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care -  
Audio/Visual, Suboxone,  
Medication Management,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Full of Faith LLC**  
(757) 782-4239

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Griffin, Quanda NP

Gender: Female  
NPI: 1063556363  
License: VA 0001150167  
Website: fulloffaithllc.org  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-6:00 PM  
Sunday: 10:00 AM-6:00 PM

## Genesis Counseling Center (757) 564-3100

### Akinyanju, Olutoyin FNP\*

Gender: Female  
NPI: 1093410821  
License: VA 0001233086  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Yoruba  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1164451399  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Medication Management, Developmental/Behavioral Issues, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Washington, Kateria NP

Gender: Female  
NPI: 1699375964  
License: VA 0001233497  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 466-3336

### Camacho, Anthoniel MSN

Gender: Male  
NPI: 1235956517  
License: FL RN9536183  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jones, Jasmine D APRN

Gender: Female  
NPI: 1093327876  
License: VA 0001216967  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 965-5886

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hunt, Miriam MSN

Gender: Female  
NPI: 1417757816  
License: VA 0001208108  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Medication Management, Developmental/Behavioral Issues, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Glacier Health and Development Center (804) 918-1115

## Amankwa, Patricia PMHNP -BC

Gender: Female  
NPI: 1083342893  
License: MD AC005008  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pryor, Arnetta PMHNP\*

Gender: Female  
NPI: 1568283273  
License: VA 0001222532  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Gogol, Jonathan PMHNP

(406) 238-2501  
Gender: Male  
NPI: 1437894748  
License: VA 0001274208  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Good Neighbor Outpatient Inc (804) 520-4600

## Akinfolajimi, Olatunde PMHNP\*

Gender: Male  
NPI: 1295423887  
License: VA 0001219978  
Practice Focus: Virtual Care - Audio only, Post-Traumatic Stress Disorder (PTSD), Depression, Bipolar, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Grace Health Services LLC (888) 887-6867

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## **Bradbury, Marisa C MSN\***

Gender: Female  
NPI: 1093444093  
License: VA 0024184442  
Website: [www.gracehealth-services.com](http://www.gracehealth-services.com)  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Methadone, Medication Management, Medication Assisted Treatment, Depression, Bipolar Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1528614674  
Website: [www.gracehealth-services.com](http://www.gracehealth-services.com)  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Methadone, Medication Management, Medication Assisted Treatment, Depression, Bipolar Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ngante, Collette F NP\***

Gender: Female  
NPI: 1619331204  
License: VA 0024173441  
Website: [www.gracehealth-services.com](http://www.gracehealth-services.com)  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Methadone, Medication Management, Medication Assisted Treatment, Depression, Bipolar Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Grace Mental Healthcare** (804) 712-0231

## **Chaffee, Alana L PMHNP**

Gender: Female  
NPI: 1982161535  
License: VA 0001212514  
Website: [gracementalhealthcare.com/](http://gracementalhealthcare.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1497588974  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-3:00 PM

## **Great Minds Psychiatry and Wellness PLLC** (804) 295-4344

## **Daniels, Mary NP\***

Gender: Female  
NPI: 1548087760  
License: VA 0024191275  
Website: [www.greatmindswellness.com](http://www.greatmindswellness.com)  
Practice Focus: Virtual Care - Audio/Visual, Personality Disorders, Pain Management Services/Behavioral Health, Mood Disorders, Bereavement, Anxiety Disorder, Anger Management, Adjustment Disorders, Addiction Psychiatry  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Hava Oaks Medical**

(540) 667-1230  
NPI: 1972268753  
Website: [havaoaks.org/](http://havaoaks.org/)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **OLAWUYI, Oluwakemi DNP\***

Gender: Female  
NPI: 1508317249  
License: VA 0024175186  
Website: [havaoaks.org/](http://havaoaks.org/)  
Yoruba  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Healing Waters Counseling Cent**  
(276) 963-0111

## **Ray, Lara PMHNP\***

Gender: Female  
NPI: 1114710316  
License: VA 0024193565  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Community-Based Treatment, Behavioral Health Outpatient, Behavioral Health Multi-Specialty Group (BHMSG), Behavioral Health Care Coordination, Applied Behavioral Analysis, Anxiety/Phobic Disorders, Anxiety/Depression, Anger Management  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hexis Health**

(571) 786-1235  
NPI: 1265215859  
Website:  
[www.hexishealthcare.com/](http://www.hexishealthcare.com/)  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Linkous, Natalie APRN\***

Gender: Female  
NPI: 1356945018  
License: TN 28605  
Website:  
[www.hexishealthcare.com/](http://www.hexishealthcare.com/)  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Holistic Psychiatry and Medical Center LLC**  
(301) 917-5808

Website:

[www.holisticpsychmc.com/](http://www.holisticpsychmc.com/)  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior, Transgender, Teletherapy, Telepsychiatry, Structured Psychotherapy-Adolescent Chronic Stress (SPARCS), Stress Management, Solution Focused Therapy, Sleep Disorders  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Kawudha, Lydia PMHNP\***

Gender: Female  
NPI: 1528895398  
License: VA 0024191086  
Website:  
www.holisticpsychmc.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior, Transgender, Teletherapy, Telepsychiatry, Structured Psychotherapy- Adolescent Chronic Stress (SPARCS), Stress Management, Solution Focused Therapy, Sleep Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM  
**Sesay, Alice PMHNP\***  
Gender: Female  
NPI: 1811751605  
License: VA 0024189441  
Website:  
www.holisticpsychmc.com/  
Practice Focus: Virtual Care - Audio/Visual  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

## **JC HEALTH GROUP PLLC**

(804) 966-0209  
NPI: 1679271357  
Website:  
www.jchealthgroup.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Medication Management, Community-Based Treatment, Anxiety/Depression, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Nwuba, Jessy NP\***  
Gender: Female  
NPI: 1003543984  
License: NY 350991  
Website:  
www.jchealthgroup.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Medication Management, Community-Based Treatment, Anxiety/Depression, ADHD  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kairos Healthcare Services LLC**

(240) 544-8190  
**Ogechukwu, Igbo NP**  
Gender: Female  
NPI: 1730781857  
Website:  
kairoshealthcareservices.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior, Transgender, Teletherapy, Telepsychiatry, Structured Psychotherapy- Adolescent Chronic Stress (SPARCS), Stress Management, Solution Focused Therapy, Sleep Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lasting Serenity Telepsychiatry Inc**

(571) 308-8243

## **Hassan, Lartoniah**

Gender: Female  
NPI: 1790150258  
License: MD R197041  
Website:  
www.lastingserenitytelepsychiatry.com/  
Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Psychotherapy, Medication Management, Depression, Cultural Competency Trained, Brief Psychotherapy, Anxiety/Depression, Anxiety Disorder, Anger Management  
Panjabi  
Age 18 to 50  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM

## **Life Works Professional Counseling PLLC**

(434) 990-1744

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Lartey, Leslie NP

Gender: Male  
NPI: 1447891569  
License: VA 0024178397  
Website:  
www.lifeworksprofessionalcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1689148777  
Website:  
www.lifeworksprofessionalcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## McLean Neuropsychiatric Treatment Center LLC

(571) 378-1398

## Kilmer, Jennifer PMHNP-BC

Gender: Female  
NPI: 1902685407  
License: PA SP030908  
Website: mcleanntc.com  
Practice Focus: Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Depression, Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM  
NPI: 1356935597  
Website: mcleanntc.com  
Practice Focus: Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Depression, Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

## Mind Stability LLC

(301) 346-1595

## Yeme, Sika PMHNP-BC\*

Gender: Female  
NPI: 1396437521  
License: MD R218028  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Collaborative Assessment and Management of Suicide (CAMS)  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Mindful Journey Therapeutic Services LLC (757) 746-2332

## Mullen, Latoya D PMHNP

Gender: Female  
NPI: 1053850214  
License: VA 0001227110  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM  
Saturday: 9:00 AM-2:00 PM

## Mindfulness Psychiatry LLC

(202) 972-4964

## Ilesanmi, Temiloluwa NP\*

Gender: Female  
NPI: 1699522854  
License: NM RN 87893  
Website:  
mindfulnesspsychiatry.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior, Transgender, Teletherapy, Telepsychiatry, Structured Psychotherapy-Adolescent Chronic Stress (SPARCS), Stress Management, Solution Focused Therapy, Sleep Disorders  
Yoruba  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-9:00 PM  
Tuesday: 7:00 AM-9:00 PM  
Wednesday: 7:00 AM-9:00 PM  
Thursday: 7:00 AM-9:00 PM  
Friday: 7:00 AM-9:00 PM  
Saturday: 7:00 AM-9:00 PM  
Sunday: 7:00 AM-9:00 PM

## Minds That Matter, LLC

(757) 354-3161

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1124883434  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Adult Psychiatry, Adolescent Psychiatry  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Pittman, Stacie PMHNP\***  
Gender: Female  
NPI: 1144899592  
License: VA 0024182161  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Adult Psychiatry, Adolescent Psychiatry  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Mitchell, Shay K NP**  
(540) 254-0032

Gender: Male  
NPI: 1649593948  
License: VA 0001202933  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Telepsychiatry, Suboxone, Psychotic Disorders, Psychopharmacology, Post Partum Depression, Personality Disorders, Opioid Treatment Program (OTP), Office Based Addiction Treatment (OBAT)  
Age 17 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 5:30 PM-9:00 PM  
Friday: 5:30 PM-9:00 PM

**Mountain Valley Health Care LLC**

(826) 444-6842  
**Darmetko, Heather ARNP**  
Gender: Female  
NPI: 1073935409  
Website:  
www.mtnvalleyhc.com  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 AM  
Tuesday: 9:00 AM-5:00 AM  
Wednesday: 9:00 AM-5:00 AM  
Thursday: 9:00 AM-5:00 AM  
Friday: 9:00 AM-5:00 AM

**National Capital Treatment and Recovery**  
(703) 841-0703

Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Neuropsych Wellness Center Pc**

(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Nomadic Behavioral Health LLC**  
(804) 531-4732

NPI: 1366125569  
Website:  
www.nomadicbehavioralhealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, LGBTQ+, Cultural Competency Trained, Bipolar, ASAM Level 3.3, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Oasis Mental Health Services LLC**  
(703) 722-4828

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Adesuyi, Olubola PMHNP\*

Gender: Female  
NPI: 1093513236  
License: VA 0001282978  
Website: www.oasismhs.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Hypnotherapy, General Mental Health, Employee Assistance Program (EAP), Dialectal Behavior Therapy (DBT), Developmental/Behavioral Issues  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Figi, Heather PMHNP\*

Gender: Female  
NPI: 1689479818  
License: OR 201906547RN  
Website: www.oasismhs.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Psychotic Disorders, Psychotherapy, Psychosomatic Medicine, Psychiatry, Family Therapy, Family psychoeducation (FPE), DID/MPD, Developmental and Behavioral Pediatrics  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Grizzle, Amanda PMHNP

Gender: Female  
NPI: 1467269035  
License: VA 0024191753  
Website: www.oasismhs.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Psychiatry, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Hypnotherapy, General Mental Health, Employee Assistance Program (EAP)  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
NPI: 1093406712  
Website: www.oasismhs.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Secure Text Messaging, Virtual Care - Remote monitoring, Virtual Care - Audio/Visual, Teletherapy, Telepsychiatry, Stress Management, Sleep Disorders, Psychotic Disorders, Psychotherapy  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Olulana, Bridget PMHNP\*

Gender: Female  
NPI: 1083471791  
License: VA 0024192387  
Website: www.oasismhs.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Child & Adolescent Psychiatry, Both Male and Female, Bipolar, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, Anger Management, Alzheimer/Dementia  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
Saturday: 8:00 AM-8:00 PM

**Resilience Counseling  
Social Skills Center**  
(540) 699-0226

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## **Carter, Leigh PMHNP**

Gender: Male  
NPI: 1356129365  
License: VA 0024188102  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Moussari, Samantha PMHNP**

Gender: Female  
NPI: 1558096529  
License: VA 0001280513  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tibbs, Kate NP\***

Gender: Female  
NPI: 1497091938  
License: VA 0024170529  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**ReVive Behavioral Health**  
(804) 653-7009

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Ntiamoah, Lois NP\*

Gender: Female  
NPI: 1760227300  
License: VA 0024190470  
Website: www.revive-bh-services.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1942055504  
Website: www.revive-bh-services.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Vazana, Ashley MS

Gender: Female  
NPI: 1386462224  
License: VA 0024190582  
Website: www.revive-bh-services.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Roanoke Resource LLC

(540) 400-7431  
Website: www.roanokeresource.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ruby, Anumah NP

(703) 841-0703

Gender: Female

NPI: 1255698635  
License: MD AC001538  
Website: www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## RVA Counseling

(804) 716-0428  
NPI: 1407492895  
Website: www.rvacounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Medication Assisted Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## SaVida Health PC

(833) 356-4080

## Baker, Steven PMHNP\*

Gender: Male  
NPI: 1386166932  
License: TN 28476  
Website: svidahealth.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Jones, Kyle C NP\*

Gender: Male  
NPI: 1740841998  
License: VA 0001250120  
Website: svidahealth.com  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1548739170  
Website: [savidahealth.com](http://savidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**VanHeukelum, Sara PMHNP\***

Gender: Female  
NPI: 1588328645  
License: VA 0024182946  
Website: [savidahealth.com](http://savidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Seaside Behavioral Health**  
(757) 648-8605

**Brown, Jennifer F\***  
Gender: Female  
NPI: 1063405686  
License: VA 0001153867  
Website: [www.seasidebh.com](http://www.seasidebh.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up:  
Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1295284255  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up:  
Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Serene Serenity Psychiatry**

(804) 979-2532

**Powell, Monique APRN\***

Gender: Female  
NPI: 1124786074  
License: VA 0001248378  
Website: [www.sereneserenitypsychiatry.com](http://www.sereneserenitypsychiatry.com)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Simple Solutions Psychiatry LLC**

(804) 657-7775

**Vu, Kim PMHNP**

Gender: Female  
NPI: 1881063659  
License: VA 0024172948  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Psychotic Disorders, Mental health skill building, Depression, Borderline Personality Disorders, Bipolar, Autism Spectrum Disorders, Anxiety Disorder, Anger Management  
Vietnamese  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Spectrum Transformation Group**

(804) 378-6141

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Fleagle, Emilie NP

Gender: Female  
NPI: 1396463402  
License: VA 0024184850  
Practice Focus: Virtual Care - Audio/Visual, Depression, Cultural Competency Trained, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gloria, Kim NP

Gender: Female  
NPI: 1366956278  
License: VA 0001247669  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Laird, Barbara NP

Gender: Female  
NPI: 1518397959  
License: VA 0001065015  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1174855985

Practice Focus: Virtual Care - Audio/Visual, Depression, Cultural Competency Trained, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tate, Amber NP\*

Gender: Female  
NPI: 1043763410  
License: VA 0001239272  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Starling Medical Group PC (508) 202-1011

## Anaele-Nwogu, Olivia PMHNP\*

Gender: Female  
NPI: 1710408885  
License: VA 0024186635  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Burgess, Corlista NP

Gender: Female  
NPI: 1982945069  
License: VA 0001227264  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Portuguese  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Fendler, Jennifer NP\*

Gender: Female  
NPI: 1003481847  
License: AZ RN148730  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Jenkins, Erin NP\*

Gender: Female  
NPI: 1528695558  
License: TX 1049241  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Rotimi, Olajumoke NP\*

Gender: Female  
NPI: 1104563006  
License: MD R231020  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Ruhl, Hannah NP\*

Gender: Female  
NPI: 1831851294  
License: VA 0024192327  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Stone, Nikki L MSN

(757) 938-3900  
Gender: Female  
NPI: 1245003656  
License: VA 0001295366  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression, Anger Management  
Limited Handicap Accessibility Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:00 AM-1:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:00 AM-1:00 PM  
Friday: 9:00 AM-5:00 PM

**Supreme Healing  
Psychological Services**  
(757) 933-5386

## Burhite, Brent NP

Gender: Male  
NPI: 1851806327  
License: VA 0024179492  
Website: supremehealingps.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Medication Management, Medication Assisted Treatment, Child/Adolescent Serious Mental Illness (SMI), ASAM Level 1, Anxiety Disorder, Adult Substance users, Adult Serious Mental Illness (SMI), ADD/ADHD  
Age 6 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

## Collins, Chiquita NP\*

Gender: Female  
NPI: 1467020339  
License: VA 0001219928  
Website: supremehealingps.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Medication Management, Medication Assisted Treatment, Child/Adolescent Serious Mental Illness (SMI), ASAM Level 1, Anxiety Disorder, Adult Substance users, Adult Serious Mental Illness (SMI), ADD/ADHD  
Age 6 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

**The Comprehensive Care  
Center**  
(757) 769-0571

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Murray, Kenita DNP\*

Gender: Female  
NPI: 1437769627  
License: VA 0001266488  
Website: [www.thecccenter.org](http://www.thecccenter.org)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Family Therapy, Eating Disorders, Depression, Community-Based Treatment, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-1:00 PM  
Sunday: 8:00 AM-1:00 PM

## The Many Pieces of Me Serenity Center PLLC

(757) 938-3900  
NPI: 1306690433  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression, Anger Management  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:00 AM-1:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:00 AM-1:00 PM  
Friday: 9:00 AM-5:00 PM

## Therapeutic Counseling Consulting

(804) 322-9955

## Allen Blaine, Angela NP\*

Gender: Female  
NPI: 1063924405  
License: VA 0001204274  
Website: [www.therapeuticcounseling.org/?gad\\_source=1&gad\\_campaign=?gad\\_source=1&gad\\_campaign=?gad\\_source=1](http://www.therapeuticcounseling.org/?gad_source=1&gad_campaign=?gad_source=1&gad_campaign=?gad_source=1)  
Practice Focus: Virtual Care - Audio only, Psychiatry, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Subudhi, Courtney M CNM\*

Gender: Female  
NPI: 1669886578  
License: VA 0024173593  
Website: [www.therapeuticcounseling.org/?gad\\_source=1&gad\\_campaign=?gad\\_source=1&gad\\_campaign=?gad\\_source=1](http://www.therapeuticcounseling.org/?gad_source=1&gad_campaign=?gad_source=1&gad_campaign=?gad_source=1)  
Practice Focus: Virtual Care - Audio only, Psychiatry, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Transformation Health Services LLC

(804) 799-9292

## Kabir, Sumiah PMHNP\*

Gender: Female  
NPI: 1386440931  
License: VA 0024191606  
Website: [transformationhealthservices.com/](http://transformationhealthservices.com/)  
Practice Focus: Virtual Care - Audio/Visual, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Chronic Illnesses, Addictions/Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Washington, Feitima PMHNP

Gender: Female  
NPI: 1295548717  
License: VA 0024192412  
Website: [transformationhealthservices.com/](http://transformationhealthservices.com/)  
Practice Focus: Virtual Care - Audio/Visual, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Chronic Illnesses, Addictions/Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Trotter, Tenika PMHNP

(757) 644-0208

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1053781005  
License: VA 0001236457  
Practice Focus: Virtual Care - Audio only, Post-Traumatic Stress Disorder (PTSD), Mobile Crisis Unit, Mental Health Counselor, Home Visits, Dual Diagnosis (MH/SA), Community-Based Treatment, Child & Adolescent Psychiatry, Anxiety/Depression, Adult Substance users  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Urgent Behavioral Health Services LLC** (703) 743-1337

**Akins, Adekunbi PMHNP\***  
Gender: Female  
NPI: 1215616578  
License: VA 0024187470  
Website: [www.mybehavioralclinic.com](http://www.mybehavioralclinic.com)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, Depression, Bipolar, Anxiety Disorder, ADD/ADHD Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1720793011  
Website: [www.mybehavioralclinic.com](http://www.mybehavioralclinic.com)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, Depression, Bipolar, Anxiety Disorder, ADD/ADHD Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Psychiatry Physician**

### **All Hope Behavioral Health Services PC** (703) 542-3737

#### **Abassi, Imran MD\***

Gender: Male  
NPI: 1003875014  
Website: [allhopebhs.com/](http://allhopebhs.com/)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Urdu, Punjab, Hindi  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

NPI: 1760715403  
Website: [allhopebhs.com/](http://allhopebhs.com/)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Baig, Mirza S MD**  
Gender: Male  
NPI: 1255591376  
License: VA 0101247731  
Website: [allhopebhs.com/](http://allhopebhs.com/)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Urdu, Punjab, Bengali  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Ascension Psychiatric Services LLC

(804) 636-7104  
NPI: 1184471898  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression, ADHD Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Center for Care and Resiliency

(540) 344-5300  
NPI: 1053902742  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Central Virginias Preferred Providers

(804) 330-6441  
NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
**Ettigi, Prakash MD\***

Gender: Male  
NPI: 1326057597  
License: VA 0101028834  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Childsavers

(804) 644-9590

NPI: 1699868448  
Website: www.childsavers.org  
Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Partial Hospitalization, Neuropsychology, Neurology, Medication Management, Crisis Stabilization, Cognitive/Behavioral Therapy, Behavioral Health Outpatient, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

## Dedicated Psychiatric Services PLLC

(423) 343-9156  
NPI: 1346927589  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Divine Minds LLC

(434) 433-2169

Website:  
WWW.DIVINEMINDSLLC.COM  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Jewell, Amanda

Gender: Female  
NPI: 1053786202  
License: VA 0001213030  
Website:  
WWW.DIVINEMINDSLLC.COM  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Doctor on Demand Professionals PC

(800) 442-8938

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Website:

www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexuality, Religious Emphasis, Post Partum, Personality Disorders, Neuropsychology, Mood Disorders/Depression, Marital Therapy, Gay/Lesbian/Bisexual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-12:00 AM  
Tuesday: 12:00 AM-12:00 AM  
Wednesday: 12:00 AM-12:00 AM  
Thursday: 12:00 AM-12:00 AM  
Friday: 12:00 AM-12:00 AM  
Saturday: 12:00 AM-12:00 AM  
Sunday: 12:00 AM-12:00 AM

## East River Psychiatry

(276) 235-6232  
NPI: 1689445884  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gee, Jeffrey T MD\*

Gender: Male  
NPI: 1285620559  
License: VA 0101225082  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Tagalog  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM

## Eastern Shore Community Services Board

(757) 665-1260  
**Anderson, Brent R MD\***  
Gender: Male  
NPI: 1588670590  
License: MD D0051912  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

19056 Greenbush Rd  
Parksley, VA 23421  
(757) 665-1260

## Anderson, Brent R MD\*

Gender: Male  
NPI: 1588670590  
License: MD D0051912  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Good Neighbor Outpatient Inc

(855) 355-7001

## Kaul, Adam MD

Gender: Male  
NPI: 1689653107  
License: VA 0101057975  
Practice Focus: Virtual Care - Audio/Visual  
German  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## High Ground Psychiatry PLLC

(757) 255-8223  
NPI: 1982439808  
Website:  
www.highgroundpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders, Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 2:00 PM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 2:00 PM-6:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Pierce, Benjamin R MD\*

Gender: Male  
NPI: 1144780503  
License: VA 0102208080  
Website:  
www.highgroundpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders, Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 2:00 PM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 2:00 PM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## Iskandar, Joseph DO (540) 344-5300

Gender: Male  
NPI: 1215252143  
License: VA 0102202882  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Arabic  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Jeffrey, Jessica DO (540) 344-5300

Gender: Female  
NPI: 1235367889  
License: VA 0102203575  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## McLean Neuropsychiatric Treatment Center LLC (571) 378-1398

## Haq, Aazaz U MD

Gender: Male  
NPI: 1457589509  
License: PA MD469337  
Website: mcleanntc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Medication Management, Depression, Cultural Competency Trained  
Hindi  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1356935597  
Website: mcleanntc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Medication Management, Depression, Cultural Competency Trained  
Limited Handicap Accessibility  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

**Saetang, Jessica DO**  
Gender: Female  
NPI: 1841879350  
License: VA 0102209164  
Website: mcleanntc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Medication Management, Cultural Competency Trained, Anxiety Disorder, ADHD  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Neuropsych Wellness Center Pc**  
(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Salem Psychiatry**  
(540) 387-3105  
**Patel, Mukesh MD\***  
Gender: Male  
NPI: 1295743433  
License: VA 0101035881  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained, Anxiety/Depression, Anxiety Disorder, Anger Management, ADHD, Addiction Psychiatry  
Sanskrit, Hindi, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
**Wander, Jagdeep MD\***  
Gender: Male  
NPI: 1851527592  
License: VA 0101253074  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained, Anxiety/Depression, Anxiety Disorder, Anger Management, ADHD, Addiction Psychiatry  
Hindi  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**SOUTHWEST REGIONAL COUNSELING SERVICES INC**  
(276) 883-5050  
**Nicolau, Dan MD**  
Gender: Male  
NPI: 1992098396  
License: TN 49214  
Practice Focus: Virtual Care - Audio/Visual, Office Based  
Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Spectrum Transformation Group

(804) 378-6141

### Lee, John MD\*

Gender: Male  
NPI: 1104813427  
License: VA 0101102669  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Total Health Services

(434) 201-2025

### Rosse, Richard MD\*

Gender: Male  
NPI: 1316049570  
License: MD D0025495  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### Yaratha, Sridhar MD

(804) 203-4477

Gender: Male  
NPI: 1902922503  
License: VA 0101236397  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Group Home Residential, Group Day Support, Cultural Competency Trained, Community-Based Treatment  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Psychologist

### Clinical Associates of

#### Tidewater

(757) 877-7700

NPI: 1447341615

Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

### Doctor on Demand

#### Professionals PC

(800) 442-8938

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexuality, Religious Emphasis, Post Partum, Personality Disorders, Neuropsychology, Mood Disorders/Depression, Marital Therapy, Gay/Lesbian/Bisexual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-12:00 AM  
Tuesday: 12:00 AM-12:00 AM  
Wednesday: 12:00 AM-12:00 AM  
Thursday: 12:00 AM-12:00 AM  
Friday: 12:00 AM-12:00 AM  
Saturday: 12:00 AM-12:00 AM  
Sunday: 12:00 AM-12:00 AM

### Glacier Health and Development Center

(804) 918-1115

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Bowers, Lindsey LPC**

Gender: Female  
NPI: 1912659723  
License: VA 0701013629  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Jenkins, Tiffany LPC**

Gender: Female  
NPI: 1053021071  
License: VA 0701014447  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Neuropsych Wellness Center Pc**

(703) 865-8686  
NPI: 1588977748  
Website:  
[www.neuropsych4u.com](http://www.neuropsych4u.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychological Testing  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Resilience Counseling Social Skills Center** (540) 699-0226

NPI: 1245724707

Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **White, Louisa LCP**

Gender: Female  
NPI: 1487242996  
License: VA 0810007325  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## **School Social Worker**

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**Starling Medical Group PC**  
(508) 202-1011

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Keyser, Ashley LCSW

Gender: Female  
NPI: 1407576697  
License: VA 0904015061  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Social Worker

### Achieving Balance Counseling

(540) 355-6957  
NPI: 1730782640  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Backpack Medical Group PC

(866) 968-6342

NPI: 1851177570  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Browning, Monique LMSW

Gender: Female  
NPI: 1073315776  
License: IL 150113905  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Glassband, Ryan MSW

Gender: Male  
NPI: 1356104772  
License: MD 31099  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Howell, Diane MSW

Gender: Female  
NPI: 1669275723  
License: VA 0903002142  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Johnson, Kristina LMSW

Gender: Female  
NPI: 1407677719  
License: VA 0903004356  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Jones, Ebony LMSW

Gender: Female  
NPI: 1891596631  
License: VA 0906013692  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Nicchi, Hannah MSW

Gender: Female  
NPI: 1003609942  
License: VA 0903004542  
Website: [helloworldbackpack.com](http://helloworldbackpack.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Center for Child and Family Services

(757) 838-1960  
NPI: 1972685774  
Website: [www.kidsandfamilies.com](http://www.kidsandfamilies.com)  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Compton, Rebecca Sue LCSW

(304) 308-3735

Gender: Female  
NPI: 1679187371  
License: VA 0718000674  
Website: [www.rula.com/providers/VA/1679187371](http://www.rula.com/providers/VA/1679187371)  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Intensive Outpatient - Substance Abuse, Intensive Outpatient - Mental Health, Cultural Competency Trained, Crisis Intervention (CI), Certified Social Worker, Case Management, ASAM Level 2.1, ASAM Level 1.7  
Age 13 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hart Talk LLC

(757) 296-2221

## Hart, Jennifer D LCSW

Gender: Female  
NPI: 1326674045  
License: VA 0904011525  
Website: [www.hart-talk-therapy.com](http://www.hart-talk-therapy.com)  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Faith-based/spiritual, Cultural Competency Trained, Behavioral Health Outpatient, Anxiety Disorder  
Age 21 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Hart, Jennifer D LCSW

(757) 296-2221

Gender: Female  
NPI: 1326674045  
License: VA 0904011525  
Website: [www.hart-talk-therapy.com](http://www.hart-talk-therapy.com)  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Faith-based/spiritual, Cultural Competency Trained, Behavioral Health Outpatient, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Integrated Mind Psychotherapy, PLLC

(757) 663-2660  
NPI: 1245959410  
Practice Focus: Virtual Care - Audio/Visual, Child Abuse/Neglect, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Integrated Mind Psychotherapy, PLLC

(757) 241-5850

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## McCullough, Sara LCSW

Gender: Female  
NPI: 1659954956  
License: VA 0904012909  
Practice Focus: Virtual Care - Audio/Visual, Child Abuse/Neglect, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mermaid Counseling and Consulting LLC

(757) 447-7382

## Mallory, Islam LCSW

Gender: Female  
NPI: 1295438661  
License: VA 0904017944  
Website: mermaidcounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Domestic Violence, Cultural Competency Trained, Child Abuse  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Poitier-Hickman, Sonja R LCSW

(757) 778-3699  
Gender: Female  
NPI: 1235227745  
License: VA 0904009677  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Mood Disorders/Depression, Learning Disabilities, Group therapy, Family Therapy, Dialectal Behavior Therapy (DBT), Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:30 PM-10:30 PM  
Tuesday: 5:30 PM-10:30 PM  
Wednesday: 5:30 PM-10:30 PM  
Thursday: 5:30 PM-10:30 PM  
Friday: 5:30 PM-10:30 PM  
Saturday: 9:00 AM-6:30 PM

## Resilience Counseling Social Skills Center

(540) 699-0226

## Holder, Alexi LCSW

Gender: Female  
NPI: 1225475106  
License: VA 0904010793  
Website: www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707

Website: www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Taylor, Josh LCSW

Gender: Male  
NPI: 1861796690  
License: KY 259710  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SaVida Health PC

(833) 356-4080

## Collins, Amalia C LCSW

Gender: Female  
NPI: 1447398730  
License: VA 0701005510  
Website: savidahealth.com  
Spanish, Sign Language  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: savidahealth.com  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SpringHealth BH and Integrated Care VA

(888) 515-1793  
NPI: 1467827493  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Certified Social Worker  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ward, Kristina L LCSW

Gender: Female  
NPI: 1750505459  
Website:  
Springhealthbehavioral.com  
Vietnamese, Swedish, Serbian, Spanish, Russian  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Starling Medical Group PC

(508) 202-1011

## Jones, Grace LCSW

Gender: Female  
NPI: 1902470107  
License: DC LC200003182  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## OGrady, Catherine LCSW

Gender: Female  
NPI: 1508420910  
License: VA 0904016189  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Stolzenbach, Stephanie L CSW

(406) 361-3146  
Gender: Female  
NPI: 1861620270  
License: VA 0904014917  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Thriving Families Counseling LLC

(540) 988-3108

NPI: 1467973859

Website:

thrivingfamiliescounseling.com/

Practice Focus: Virtual Care - Audio/Visual, Stress

Management, Personality Disorders, Anxiety Disorder

Age 10 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1467973859

Website:

thrivingfamiliescounseling.com/

Practice Focus: Virtual Care - Audio/Visual, Stress

Management, Personality Disorders, Anxiety Disorder

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Substance Abuse Rehabilitation Facility

### Life Center of Galax

(276) 236-2994

License: VA 617 02 033

Practice Focus: Substance Abuse & Alcohol Abuse Center (Outpatient), Opioid Treatment Program (OTP), ASAM Level 3.7 - Adult, ASAM Level 3.5 - Adult, ASAM Level 2.5

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 12:00 AM-11:45 PM

Tuesday: 12:00 AM-11:45 PM

Wednesday: 12:00 AM-11:45 PM

Thursday: 12:00 AM-11:45 PM

Friday: 12:00 AM-11:45 PM

Saturday: 12:00 AM-11:45 PM

Sunday: 12:00 AM-11:45 PM

## NCTR Demeter Womens Residential

(703) 840-0703

Website:

www.natcaptreatment.org

Practice Focus: Virtual Care - Audio/Visual, Cultural

Competency Trained, Case Management, ASAM Level 3.7 - Adult, ASAM Level 3.5 - Adult, Addictions/ Substance Abuse

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## NCTR Phoenix Mens Residential

(703) 841-0703

License: VA 122 01 045

Website:

www.natcaptreatment.org

Practice Focus: Virtual Care - Audio/Visual, Cultural

Competency Trained, Case Management, ASAM Level 3.7 - Adult, ASAM Level 3.5 - Adult, ASAM Level 3.1 - Adult, Addictions/ Substance Abuse

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Pinnacle Treatment Services of Newport News

(757) 234-4139

NPI: 1447813639

License: VA 3642 06 003

Practice Focus: Virtual Care - Audio/Visual

Limited Handicap Accessibility

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 5:15 AM-1:30 PM

Tuesday: 5:15 AM-1:30 PM

Wednesday: 5:15 AM-1:30 PM

Thursday: 5:15 AM-1:30 PM

Friday: 5:15 AM-1:30 PM

Saturday: 6:00 AM-9:30 AM

Sunday: 6:00 AM-9:30 AM

## Pinnacle Treatment Services of Richmond

(804) 533-1335

NPI: 1730886631

License: VA 2720 02 033

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 12:00 AM-11:45 PM

Tuesday: 12:00 AM-11:45 PM

Wednesday: 12:00 AM-11:45 PM

Thursday: 12:00 AM-11:45 PM

Friday: 12:00 AM-11:45 PM

Saturday: 12:00 AM-11:45 PM

Sunday: 12:00 AM-11:45 PM

## Substance Use Disorder Rehabilitation Clinic/Center

### Addiction Allies LLC

(434) 400-9668

License: VA 1759 02 035

Website:

www.addictionallies.com/contact

Practice Focus: Virtual Care - Audio/Visual, Partial

Hospitalization - Substance Abuse, Mental health skill

building, Intensive Outpatient - Substance Abuse, Cultural

Competency Trained, Addictions/ Substance Abuse

Age 1 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Aviv Recovery

(917) 444-2147  
NPI: 1285434423  
License: VA 13702 02 035  
Website:  
www.avivrecovery.com  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Iron Bridge Recovery Center

(804) 729-8884  
Website:  
ironbridgerecovery.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ASAM Level 2.1, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Langley Healthcare Group LLC

(301) 523-1302

NPI: 1992667620  
Website:  
supremetreatment.com/  
Practice Focus: Virtual Care - Audio only, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## NCTR Assessment Center

(703) 841-0703  
License: VA 122 07 013  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ASAM Level 1, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## NCTR Outpatient Center

(703) 841-0703

License: VA 122 02 035  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Case Management, ASAM Level 2.5 Partial  
Hospitalization, ASAM Level 2.1, ASAM Level 1, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pinnacle Treatment Services of Newport News

(757) 234-4139  
NPI: 1649978669  
License: VA 3642 01 045  
Practice Focus: Virtual Care - Audio/Visual, ASAM Level 3.1 - Adult  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pinnacle Treatment Services of Richmond

(804) 533-1335

NPI: 1134825870  
License: VA 2720  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Pinnacle Treatment Services of Roanoke LLC

(540) 981-5330  
NPI: 1558069575  
License: VA 3725 16 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Virginias Recovery Centers LLC

(804) 666-0717

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1174214175  
License: VA 8052 02 033  
Website:  
www.virginiarecoverycenters.com  
Practice Focus: ASAM Level 2.5, ASAM Level 2.1, ASAM Level 1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **NORTHAMPTON COUNTY**

### **Addiction (Substance Use Disorder) Counselor**

#### **Addiction Allies LLC**

(434) 400-9668  
Website:  
www.addictionallies.com/contact  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Mental Health Counselor, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Manning, William J LCSW**  
Gender: Male  
NPI: 1093301913  
License: VA 0904012564  
Website:  
www.addictionallies.com/contact  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### **Phillips, Robert T LPC**

Gender: Male  
NPI: 1245658947  
License: VA 0701008347  
Website:  
www.addictionallies.com/contact  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Young, Nathan M LPC**  
Gender: Male  
NPI: 1962675017  
License: VA 0701004314  
Website:  
www.addictionallies.com/contact  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### **Better Way Counseling LCC**

(434) 282-8103

**Allen, David L LPC**  
Gender: Male  
NPI: 1922375237  
License: VA 0701003437  
Website:  
davidallenlpc.clientsecure.me  
Practice Focus: Virtual Care - Audio/Visual, Addictions/ Substance Abuse  
Age 18 to 90  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1639783756  
Website:  
davidallenlpc.clientsecure.me  
Practice Focus: Virtual Care - Audio/Visual, Addictions/ Substance Abuse  
Age 18 to 90  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

#### **Covenant Counseling and Consulting LLC** (804) 836-9729

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Cooper, Denise

Gender: Female  
NPI: 1023244936  
License: VA 0710001123  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Peer support services, Motivational Enhancement Therapy, Mood Disorders/Depression, Matrix Model Moral Reconciliation Therapy (MRT), Cultural Competency Trained, Community-Based Treatment, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-1:00 PM  
Tuesday: 9:00 AM-1:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-1:00 PM  
Friday: 9:00 AM-1:00 PM

NPI: 1841954419  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Peer support services, Motivational Enhancement Therapy, Mood Disorders/Depression, Matrix Model Moral Reconciliation Therapy (MRT), Cultural Competency Trained, Community-Based Treatment, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Danville Pittsylvania Community Services

(434) 799-0456  
**Girten, Whitney LPC**  
Gender: Female  
NPI: 1265957583  
License: VA 0701011171  
Website: [www.dpcs.org](http://www.dpcs.org)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Healing Hope Wellness LLC

(757) 392-5695  
**Sutphin, Dante A LPC**  
Gender: Male  
NPI: 1689259525  
License: VA 0701010167  
Website: [becausewecare365.com](http://becausewecare365.com)  
Practice Focus: Substance Abuse & Alcohol Abuse Center (Outpatient), Mental health skill building, Intensive In-Home Services, Home Visits, Disabilities - Developmental/MR, Crisis Stabilization, Behavioral Health Outpatient, ASAM Level 2.1, ASAM Level 1, Adult Serious Mental Illness (SMI)  
Limited Handicap Accessibility  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Impact Counseling Coaching and Consulting LLC

(757) 354-3025

Gender: Male  
NPI: 1083841779  
License: VA 0701005688  
Website: [WWW.Impactccc.com](http://WWW.Impactccc.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Group therapy, Family Therapy, Faith-based/spiritual, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Anxiety Disorder  
Age 6 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## National Capital Treatment and Recovery

(703) 841-0703  
Website: [www.natcaptreatment.org](http://www.natcaptreatment.org)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## New Choices Counseling INC

(540) 330-3380

### Geho, David B LMFT

Gender: Male

NPI: 1801083365

License: VA 0718000122

Website:

[newchoicescounseling.com](http://newchoicescounseling.com)

Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Cultural

Competency Trained

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-7:00 PM

Tuesday: 9:00 AM-7:00 PM

Wednesday: 9:00 AM-7:00 PM

Thursday: 9:00 AM-7:00 PM

Friday: 9:00 AM-7:00 PM

### Sutphin, Dante A LPC

(757) 392-5695

Gender: Male

NPI: 1689259525

License: VA 0701010167

Website:

[becausewecare365.com](http://becausewecare365.com)

Practice Focus: Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Disabilities -

Developmental/MR, Crisis  
Stabilization, Behavioral  
Health Outpatient, ASAM Level  
2.1, ASAM Level 1, Adult  
Serious Mental Illness (SMI)

Limited Handicap Accessibility

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## Virginia Beach Counseling Services PLLC

(757) 289-1125

### Mattox, Karen LPC

Gender: Female

NPI: 1588169650

License: VA 0701007573

Website:

[vbcounselingservices.com](http://vbcounselingservices.com)

Age 6 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-2:00 PM

Tuesday: 8:00 AM-2:00 PM

Wednesday: 8:00 AM-2:00 PM

Thursday: 8:00 AM-2:00 PM

Friday: 8:00 AM-2:00 PM

## Rocha, Edgardo LPC

Gender: Male

NPI: 1013552900

License: VA 0701011684

Website:

[vbcounselingservices.com](http://vbcounselingservices.com)

Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Stress Management,  
Psychotherapy, Pregnancy-  
Related/Postpartum

Depression/MH Disorders, Play  
Therapy, Personality Disorders,  
Motivational interviewing,  
Mood Disorders, LGBTQ+

Spanish

Age 6 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-2:00 PM

Tuesday: 8:00 AM-2:00 PM

Wednesday: 8:00 AM-2:00 PM

Thursday: 8:00 AM-2:00 PM

Friday: 8:00 AM-2:00 PM

NPI: 1114305034

Website:

[vbcounselingservices.com](http://vbcounselingservices.com)

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Walden, Jennifer LSA

(703) 841-0703

Gender: Female

NPI: 1104153527

License: MD LC2322

Website:

[www.natcaptreatment.org](http://www.natcaptreatment.org)

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## WATSON, ANTHONY

(703) 672-7442

Gender: Male

NPI: 1154164200

License: VA 0710103662

Website:

[www.highbeamhealth.com/](http://www.highbeamhealth.com/)

Practice Focus: Partial

Hospitalization - Substance

Abuse, Obsessive-Compulsive

Disorder (OCD), Mood

Disorders, Intensive

Outpatient - Mental Health,

Geriatric Psychiatry,

Depression, Counselor,

Cognitive/Behavioral Therapy

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

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## Addiction Medicine (Preventive Medicine) Physician

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### Addiction Allies LLC (434) 400-9668

Website:  
www.addictionallies.com/contact

Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Addiction Medicine (Psychiatry & Neurology) Physician

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### Lee, Mary MD (703) 841-0703

Gender: Female  
NPI: 1750533402  
License: MD D0066459  
Website:

www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## National Capital Treatment and Recovery (703) 841-0703

Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Adolescent and Children Mental Health Clinic/Center

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### Charlie Health (406) 361-3146

License: VA 5868 02 038  
Website:

www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Child/Adolescent Serious Mental Illness (SMI), Adult Serious Mental Illness (SMI), (IOP) Intensive Outpatient  
Spanish  
Age 11 to 40

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

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## Adult Mental Health Clinic/Center

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### Hidden Roots Mental Health LLC (804) 431-4790

License: VA 3334 03 001  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Walk-In Available, Trauma Recovery and Empowerment Model (TREM), Trauma Informed Care Trained, Trauma - Focused Cognitive Behavior, Transgender Male, Transgender Female, Transgender, Sex Offenders, Seriously Emotionally Disturbed (SED)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Adult Psychiatric/Mental Health Registered Nurse

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### Spectrum Transformation Group

(804) 378-6141

### Baxter, Linda NP

Gender: Female  
NPI: 1467489021  
License: VA 0024078127  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Art Therapist

**Glacier Health and Development Center**  
(804) 918-1115

**Chandler, Alana LPC**

Gender: Female  
NPI: 1558018515  
License: VA 0701011261  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Assistant Behavior Analyst

**ABA Support Systems**  
(571) 212-6627

**Joyner, Shavonne BCABA\***

Gender: Female  
NPI: 1821553868  
License: VA 0134000235  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Disabilities - Developmental/MR, Autism, Applied Behavioral Analysis  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Advanceable VA ABA LLC**  
(646) 873-0294

**Deitz Bethany BCBA**

Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**PARK, HEE\***

Gender: Female  
NPI: 1841857273  
License: VA 0134000449  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Williams, Cherelle ABA**

Gender: Female  
NPI: 1326656455  
License: VA 0134000312  
Website:  
advanceableaba.com/  
Practice Focus: Applied Behavioral Analysis  
Spanish  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Continuum Associates Inc**  
(646) 873-0294

**Deitz Bethany BCBA**

Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Deitz Bethany BCBA**  
(646) 873-0294

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Mebe Virginia LLC

(619) 795-9925  
NPI: 1902417199  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Reich, Rachel BCBA\*

Gender: Female  
NPI: 1710539689  
License: VA 0134000283  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Spectrum Transformation Group

(804) 378-6141

## Lantz, Danielle BCABA\*

Gender: Female  
NPI: 1427773589  
License: VA 0134000418  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1174855985

Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Behavioral Analyst

### ABA Grateful Care VA LLC

(317) 572-5315

NPI: 1659109072

Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hannelore, Perla BCBA

Gender: Female  
NPI: 1215754247  
License: VA 0133004112  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## McCarthy, Erin M BCBA\*

Gender: Female  
NPI: 1043972334  
License: VA 0133002166  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Snodgrass, Mercedes B BCBA**

Gender: Female  
NPI: 1366973893  
License: VA 0133002486  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Torres, Nicole BCBA\***

Gender: Female  
NPI: 1184274680  
License: VA 0133004002  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Walker, Zachary BCBA\***

Gender: Male  
NPI: 1669088357  
License: VA 0133004742  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Walter, Melessa BCBA**

Gender: Female  
NPI: 1629514013  
License: VA 0133001024  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Hebrew  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **ABA Support Systems**

(571) 212-6627

## **Arnn, Cherie BCBA**

Gender: Female  
NPI: 1629467964  
License: VA 0133000062  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Disabilities - Developmental/MR, Autism, Applied Behavioral Analysis  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Kyger, Amanda BCBA**

Gender: Female  
NPI: 1245902675  
License: VA 0133002128  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Disabilities - Developmental/MR, Autism, Applied Behavioral Analysis  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Thompson, Stephany BCBA**

Gender: Female  
NPI: 1053933507  
License: VA 0133001594  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **ABC BEHAVIOR**

(571) 212-6627  
NPI: 1366846099  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Advanceable VA ABA LLC**

(646) 873-0294

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **An, Gina Marie BCBA**

Gender: Female  
NPI: 1306570742  
License: VA 0133003149  
Website:  
advanceableaba.com/  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Connor, Courtney BCBA\***

Gender: Male  
NPI: 1114537230  
License: VA 0133004115  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Deitz Bethany BCBA\***

Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider

Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Ezeiruaku, Chika BCBA**

Gender: Female  
NPI: 1356936561  
License: MD LBA2235  
Website:  
advanceableaba.com/  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Faccini, Jackeline BCBA**

Gender: Female  
NPI: 1700347093  
License: VA 0133002640  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Spanish  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Gurley, Proffitt**

Gender: Female  
NPI: 1326717539  
License: VA 0134000402  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Mathew, Asha BCBA**

Gender: Female  
NPI: 1497365761  
License: TX 3743  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Turner, Kristina BCBA\***

Gender: Female  
NPI: 1922423482  
License: VA 0133000350  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
ABA Certified Provider  
Hebrew  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Aluma Care LLC**

(913) 232-2003

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1235961491

Website:

[www.alumacare.com/](http://www.alumacare.com/)

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Kamlowsky, Marissa BCBA**

Gender: Female

NPI: 1972062149

License: KS LBA 00691

Website:

[www.alumacare.com/](http://www.alumacare.com/)

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**AnswersNow Inc**

(804) 215-5600

NPI: 1932754553

Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Stress Management, Mood Disorders, Home Visits, Cultural Competency Trained, Bipolar, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Spanish

Age 21 and under

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM

Thursday: 12:00 AM-11:45 PM

Friday: 12:00 AM-11:45 PM

Saturday: 12:00 AM-11:45 PM

Sunday: 12:00 AM-11:45 PM

**Barber, Shantil BCBA\***

Gender: Female

NPI: 1619538113

License: TX 9532

Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM

Thursday: 12:00 AM-11:45 PM

Friday: 12:00 AM-11:45 PM

Saturday: 12:00 AM-11:45 PM

Sunday: 12:00 AM-11:45 PM

**Benjamin, Celena LMHC**

Gender: Female

NPI: 1801042825

License: FL MH5878

Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM

Thursday: 12:00 AM-11:45 PM

Friday: 12:00 AM-11:45 PM

Saturday: 12:00 AM-11:45 PM

Sunday: 12:00 AM-11:45 PM

**Boateng, Evelyn LPC\***

Gender: Female

NPI: 1568763472

License: VA 0133004662

Website: [getanswersnow.com](http://getanswersnow.com)

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM

Thursday: 12:00 AM-11:45 PM

Friday: 12:00 AM-11:45 PM

Saturday: 12:00 AM-11:45 PM

Sunday: 12:00 AM-11:45 PM

**Chun, Thomas BCBA**

Gender: Female

NPI: 1760964837

License: VA 0133003624

Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

**Coca, Ana BCBA\***

Gender: Female

NPI: 1316500069

License: VA 0133003630

Website: [getanswersnow.com](http://getanswersnow.com)

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Portuguese

Age 21 and under

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM

Thursday: 12:00 AM-11:45 PM

Friday: 12:00 AM-11:45 PM

Saturday: 12:00 AM-11:45 PM

Sunday: 12:00 AM-11:45 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Daniels, Jeremy BCBA

Gender: Male  
NPI: 1972279495  
Practice Focus: Virtual Care - Audio only, Stress Management, Mood Disorders, Bipolar, Autism Spectrum Disorders, Anxiety Disorder, Anger Management, ADD/ADHD  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## Harrell, Rachel BCBA\*

Gender: Female  
NPI: 1265194591  
License: VA 0133004614  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Jones, Emily BCBA\*

Gender: Female  
NPI: 1629594064  
License: NY 003684  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Jones, LaQuita BCBA\*

Gender: Female  
NPI: 1962135541  
License: VA 0133004577  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Le, Carlton BCBA\*

Gender: Male  
NPI: 1316598204  
License: TX 3040  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Martin, Cheryl BCBA\*

Gender: Female  
NPI: 1457654048  
License: TX 5037  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Ramos, Daisy BCBA\*

Gender: Female  
NPI: 1093542664  
License: VA 0133004631  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Sandoval, Leslie BCBA\*

Gender: Female  
NPI: 1518469691  
License: VA 0133004676  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Simonson, Natalie BCBA\***

Gender: Female  
NPI: 1386353548  
License: OR 10244806  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Waldon, Stephanie BCBA\***

Gender: Female  
NPI: 1831791201  
License: TX 7247  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Wilhelmsen, Jaimee BCBA\***

Gender: Female  
NPI: 1538714415  
License: TX 9591  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Yanni, Melissa BCBA\***

Gender: Female  
NPI: 1013881812  
License: TX 9239  
Website: getanswersnow.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Appah, Ritalorin\***

Gender: Female  
NPI: 1497017180  
License: VA 0133002067  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1841877750  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ausch, Chaim BCBA\***

Gender: Female  
NPI: 1821828948  
License: NJ 15BC00171700  
Practice Focus: Virtual Care - Audio only, Home Visits, Applied Behavioral Analysis  
Yiddish  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Autiero, Michelle BCBA**  
Gender: Female  
NPI: 1093070997  
License: VA 0133002595  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Applied Behavioral Clinicians**

(540) 259-4046

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\* Proveedor especialista certificado

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# Behavioral Services

**Barnes, Julie**

Gender: Female  
NPI: 1578095451  
License: VA 0133002815  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Berline, Sarah BCBA\***

Gender: Female  
NPI: 1659875482  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Brady, Victoria BCBA\***

Gender: Female  
NPI: 1265795272  
License: NY 003412  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Cheng, Min BCBA**

Gender: Female  
NPI: 1477282069  
License: VA 0133002873  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Clarke, Angelin BCBA**

Gender: Female  
NPI: 1508255365  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Spanish, Arabic  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Crumpton, Justin R BCBA**

Gender: Male  
NPI: 1508357559  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
French  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Dizzley-Streeter, Stacie BCBA\***

Gender: Female  
NPI: 1194274761  
License: NC 1282  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Drumb, Lisa BCBA**

Gender: Female  
NPI: 1750795795  
License: IN 114 15130  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
French  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Duverger, Fabiola BCBA

Gender: Female  
NPI: 1003355082  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Elizabeth Wagner, Megan BCBA

Gender: Female  
NPI: 1578123873  
License: VA 0133001415  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Endzweig, Gitty BCBA\*

Gender: Female  
NPI: 1720342207  
License: KY 246658  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Eskandar, Hadier BCBA

Gender: Female  
NPI: 1427593870  
License: VA 0133001825  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Farley, Jean BCBA\*

Gender: Female  
NPI: 1801354097  
License: VA 0133001260  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Fishel, Megan BCBA

Gender: Female  
NPI: 1265828974  
License: VA 0133000794  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Spanish  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gibson, Tiffany BCBA

Gender: Female  
NPI: 1598256059  
License: MD LBA1708  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Glines, Edymar BCBA\*

Gender: Female  
NPI: 1679028773  
License: VA 0133004619  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Halberstam, Yakov BCBA\***

Gender: Male  
NPI: 1942552922  
License: MA LMHC10577  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
French  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hall, Amanda**

Gender: Female  
NPI: 1174864938  
License: MD LBA918  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Heikkinen, Sarah**

Gender: Female  
NPI: 1225659683  
License: VA 0133004395  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hendricks, Meghan**

Gender: Female  
NPI: 1225791478  
License: VA 0133002010  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kan, Limin BA\***

Gender: Female  
NPI: 1720700768  
License: MD LBA1921  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Applied Behavioral Analysis  
Korean  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kandyse, Christopher BCBA\***

Gender: Female  
NPI: 1205325669  
License: VA 0133003862  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lopez, Oriana BCBA\***

Gender: Female  
NPI: 1215608526  
License: VA 0133004049  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Madden, Daniel BCBA**

Gender: Male  
NPI: 1558700021  
License: MD LBA423  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Applied Behavioral Analysis  
Spanish  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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# Behavioral Services

## Muzammil, Noorulmah BCBA\*

Gender: Female  
NPI: 1275399719  
License: VA 0133004487  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Potarazu, Chelsea BCBA

Gender: Female  
NPI: 1588186464  
License: VA 0133001541  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Rannazzis, Samantha BCBA

Gender: Female  
NPI: 1033750385  
License: VA 0133003728  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Saint, Marissa BA\*

Gender: Female  
NPI: 1386144871  
License: VA 0133001347  
Practice Focus: Virtual Care - Audio only, Home Visits, Applied Behavioral Analysis  
Bengali  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sammarco, Elizabeth BCBA\*

Gender: Female  
NPI: 1952944357  
License: MD LBA708  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Scappaticci, Carrie BCBA\*

Gender: Female  
NPI: 1447634100  
License: VA 0133003063  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Applied Behavioral Analysis  
French  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Scheets, Johanna BCBA

Gender: Female  
NPI: 1568096725  
License: VA 0133001682  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sendi, Mehrez BCBA

Gender: Female  
NPI: 1023511128  
License: VA 0133002829  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis  
Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Yun Sie, Sheow BCBA\***

Gender: Female  
NPI: 1306419312  
License: VA 0133003906  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Applied Behavioral Analysis Arabic  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Applied Behavioral Clinicians**

(646) 873-0294

## **Turner, Kristina BCBA\***

Gender: Female  
NPI: 1922423482  
License: VA 0133000350  
Website: [advanceableaba.com/](http://advanceableaba.com/)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Hebrew  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Attain ABA NE LLC**

(833) 599-2560  
**Meekings, Zach A BCBA**  
Gender: Male  
NPI: 1477069102  
License: VA 0133002159  
Website: [www.goldenstepsaba.com](http://www.goldenstepsaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM  
**Mititelu, Tatiana BCBA\***  
Gender: Female  
NPI: 1962989665  
License: VA License Number  
Website: [moveupaba.com](http://moveupaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Romanian  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Naughton, Lauren BCBA\***

Gender: Female  
NPI: 1558988840  
License: VA 0133001751  
Website: [moveupaba.com](http://moveupaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Autism Services of Virginia LLC**

(804) 601-8821  
NPI: 1467093732  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lachowsky, Mary BCBA**

Gender: Female  
NPI: 1598092173  
License: VA 0119000956  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ABA Certified Provider  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Beatty, Caitlyn BCBA**

(540) 348-4808  
Gender: Female  
NPI: 1194102558  
License: VA 0133002374  
Website: [www.compassva.com](http://www.compassva.com)  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Belcher, Kerri BCBA**

(540) 348-4808

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1396580809  
License: VA 0133003711  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Blue Mountain Therapy**  
(276) 525-6043  
NPI: 1497330401  
Website:  
www.bluemountaintherapy.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Early  
Intervention Services, Cultural  
Competency Trained, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 64 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

**Hall, Medgine A BCBA**  
Gender: Female  
NPI: 1114552643  
License: VA 0133002339  
Website:  
www.bluemountaintherapy.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Early  
Intervention Services, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

**BRIGHT ACHIEVEMENTS  
VA LLC**  
(888) 768-0077  
NPI: 1922810084  
Website:  
brightachievements.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Autism  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Buuck, Taylor BCBA\***  
Gender: Female  
NPI: 1043707185  
License: VA 0133004747  
Website:  
brightachievements.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Autism  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Demi, Shannon BCBA\***  
Gender: Female  
NPI: 1487293437  
License: VA 0133004773  
Website:  
brightachievements.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Autism  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Paul, Felisha BCBA\***  
Gender: Female  
NPI: 1396457107  
License: VA 0133004319  
Website:  
brightachievements.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Autism  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Raposo Mena, Samelfi  
BCBA\***  
Gender: Female  
NPI: 1528530011  
License: NJ 15BC00056100  
Website:  
brightachievements.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Autism  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Brighter Strides ABA VA  
LLC**  
(804) 207-3878

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Augustt-Potakey, Selorm BCBA**

Gender: Female  
NPI: 1942884358  
License: VA 0133003457  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Bovino, Brian BCBA**

Gender: Male  
NPI: 1699146472  
License: VA 0133002046  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1487282836  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Bui, Kim BCBA**

Gender: Female  
NPI: 1437781135  
License: VA 0133002779  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Vietnamese  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cammarata, Jennifer BCBA**

Gender: Female  
NPI: 1245884741  
License: VA 0133001521  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Spanish  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Castillo, Gabriel BCBA\***

Gender: Female  
NPI: 1912598137  
License: VA 0133001942  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Chan, Wilson BCBA**

Gender: Male  
NPI: 1609356963  
License: VA 0133002211  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Chen, Angela BCBA**

Gender: Female  
NPI: 1649841487  
License: VA 0133002038  
Website:  
brighterstridesaba.com  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
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# Behavioral Services

## **CHOLVIBUL Brodsky, Laura M BCBA\***

Gender: Female  
NPI: 1649907916  
License: VA 0134000448  
Website: [brighterstridesaba.com](http://brighterstridesaba.com)  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
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Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Evans, Madison BCBA**

Gender: Female  
NPI: 1457015935  
License: VA 0133003436  
Website: [brighterstridesaba.com](http://brighterstridesaba.com)  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Fitzpatrick, Jennifer BCBA**

Gender: Female  
NPI: 1053775411  
License: VA 0133002949  
Website: [brighterstridesaba.com](http://brighterstridesaba.com)  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
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Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Graham, Christine BCBA**

Gender: Female  
NPI: 1902560899  
License: VA 0133002137  
Website: [brighterstridesaba.com](http://brighterstridesaba.com)  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MacKenzie, Mary BCBA**

Gender: Female  
NPI: 1992306716  
License: VA 0133002408  
Website: [brighterstridesaba.com](http://brighterstridesaba.com)  
Practice Focus: Virtual Care - Audio only, Home Visits, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ABA Certified Provider  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nassar, Jana BCBA\***

Gender: Female  
NPI: 1790577161  
License: VA 0133004325  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Roby, Jessica BCBA\***

Gender: Female  
NPI: 1285977363  
License: VA 0133004590  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Wise, Fielder BCBA**

Gender: Female  
NPI: 1659854073  
License: VA 0133002378  
German  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Burdette, Kaitlin BCBA**

(757) 703-0501

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1730675265  
License: VA 0133001109  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Central Virginias Preferred Providers

(804) 330-6441  
NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Muscat, Stacey**  
Gender: Female  
NPI: 1487104592  
License: VA 0133001602  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Rannenberg, James BCBA

Gender: Male  
NPI: 1487048898  
License: VA 0133001561  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Cihlar, Karen J ME**  
(540) 259-4046

Gender: Female  
NPI: 1851677082  
License: NJ 15BC00226300  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Hebrew  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group Compass Behavioral Group

(434) 220-0089  
**AMONETTE, EMILY I BCBA**  
Gender: Female  
NPI: 1639662869  
License: VA 0133000874  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Community-  
Based Treatment, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Baumes, Andrea BCBA\***  
Gender: Female  
NPI: 1013429877  
License: VA 0133003081  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Messplay, Katherine BCBA\***  
Gender: Female  
NPI: 1821835513  
License: VA 0133003717  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Community-  
Based Treatment, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
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\* Proveedor especialista certificado

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# Behavioral Services

## PAGE, JENELLE LCSW

Gender: Female  
NPI: 1821501511  
License: VA 0133000935  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SIMPSON, CATHERINE BCBA

Gender: Female  
NPI: 1295345007  
License: VA 0133002661  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass Behavioral  
Group**  
Compass Behavioral  
Group  
(804) 544-9044

## Augustt-Potakey, Selorm BCBA

Gender: Female  
NPI: 1942884358  
License: VA 0133003457  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Castillo, Gabriel BCBA\*

Gender: Female  
NPI: 1912598137  
License: VA 0133001942  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Finnemore, Alea BCBA

Gender: Female  
NPI: 1245793744  
License: VA 0133001391  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Quintero, Pedro BCBA

Gender: Male  
NPI: 1619621299  
License: VA 0133002371  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Spanish  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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Compass Behavioral  
Group  
(540) 949-7045

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\* Proveedor especialista certificado

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# Behavioral Services

## **Berry, Tyler BCBA**

Gender: Male  
NPI: 1265110191  
License: VA 0133003085  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Calvarese, Tiffany BCBA**

Gender: Female  
NPI: 1427820489  
License: VA 0133003294  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **TAYLOR, ROBYN BCBA\***

Gender: Female  
NPI: 1861908352  
License: VA 0133000859  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral GroupCompass Behavioral Group**

(757) 644-6391

## **Blackwell, Heather BCBA\***

Gender: Female  
NPI: 1437822566  
License: VA 0133003704  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Edge, Shelby BCBA\***

Gender: Female  
NPI: 1811634983  
License: VA 0133002675  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gardill, Amy BCBA\***

Gender: Female  
NPI: 1902564362  
License: VA 0133002902  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
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Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Grimsley, Emily BCBA\***

Gender: Female  
NPI: 1619350071  
License: VA 0133000617  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Richardson, Clancey BCBA\***

Gender: Female  
NPI: 1447665336  
License: VA 0133001171  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Taylor, Lindsey BCBA\*

Gender: Female  
NPI: 1992540165  
License: VA 0133003708  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral GroupCompass Behavioral Group

(804) 372-0151  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## PRATT, AMANDA BCBA

Gender: Female  
NPI: 1740730472  
License: VA 0133000774  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Raymond, Alexander BCBA

Gender: Male  
NPI: 1194156851  
License: VA 0133002503  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Rice, Molly BCBA\*

Gender: Female  
NPI: 1891250601  
License: VA 0133001308  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## ROBICHEAU, HANNAH BCBA\*

Gender: Female  
NPI: 1891096442  
License: VA 1 13 14372  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Willams, Anna BCBA\*

Gender: Female  
NPI: 1902318801  
License: VA 0133003692  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral GroupCompass Behavioral Group

(434) 214-8112  
**Fite, Kyle BCBA**  
Gender: Male  
NPI: 1407627581  
License: VA 0133003393  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **MCMASTER, HOPE BCBA**

Gender: Female  
NPI: 1316602204  
License: VA 0133000534  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **TORRES, SARAH BCBA**

Gender: Female  
NPI: 1962751412  
License: VA 0133000946  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral Group**

(540) 215-0535

## **Fraedrich, Lauren BCBA**

Gender: Female  
NPI: 1982102927  
License: VA 0133001091  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Holdren, Patience BCBA**

Gender: Female  
NPI: 1043778822  
License: VA 0133001448  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lazo, Katherin BCBA\***

Gender: Female  
NPI: 1982013918  
License: VA 0134000515  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Martin, Kaiya BCBA**

Gender: Female  
NPI: 1881161073  
License: VA 0133001170  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Raines, Daniel BCBA**

Gender: Male  
NPI: 1992372221  
License: VA 0133001844  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ZARYCZNY, ANNA BCBA**

Gender: Female  
NPI: 1841991114  
License: VA 0133002869  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral Group**

(540) 437-1605

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hald, Sarah\*

Gender: Female  
NPI: 1023745726  
License: VA 0133002657  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hassler, Elizabeth BCBA

Gender: Female  
NPI: 1295192227  
License: VA 0133001632  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jones, Jarrod BCBA

Gender: Male  
NPI: 1760157507  
License: VA 0133001905  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nolley, Sarah LPC\*

Gender: Female  
NPI: 1558999771  
License: VA 0133002978  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## VANDENBERG, SARAH

Gender: Female  
NPI: 1356024863  
License: VA 0133003167  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group

(540) 462-2914

## Hammock, Brittany BCBA

Gender: Female  
NPI: 1124652086  
License: VA 0133002345  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Rhoades, Katherine BCBA

Gender: Female  
NPI: 1659003655  
License: VA 0133002652  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group

(804) 924-9260

## WILLIAMSON, AMBER BCBA\*

Gender: Female  
NPI: 1629722608  
License: VA 0133002967  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Zeigler, Lynn-Ellin BCBA\***

Gender: Female  
NPI: 1457191819  
License: VA 0133003646  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass NOVA**

(571) 866-0640

## **Elsey, Heather BCBA**

Gender: Female  
NPI: 1174981161  
License: NH 1 15 19065  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Home Visits Only  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Connecting Communities LLC**

(571) 866-0640

## **Farmer, Jessica BCBA**

Gender: Female  
NPI: 1154766061  
License: VA 0133000646  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Connecting the Steps LLC**

(757) 639-7919

## **Erdman, Zachary BCBA**

Gender: Male  
NPI: 1477186641  
License: VA 0133002450  
Website:  
www.connectingthesteps.com  
/  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders, Autism,  
Applied Behavioral Analysis,  
Adolescents, ABA Certified  
Provider  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Henig, Donna BCBA

Gender: Female  
NPI: 1134526478  
License: VA 0133002542  
Website:  
www.connectingthesteps.com  
/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Autism,  
Applied Behavioral Analysis,  
Adolescents, ABA Certified  
Provider  
Limited Handicap Accessibility  
Hebrew  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Thode, Marisa BCBA\*

Gender: Female  
NPI: 1104408012  
License: VA 0133002891  
Website:  
www.connectingthesteps.com  
/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Autism,  
Applied Behavioral Analysis,  
Adolescents, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Continuum Associates Inc**  
(646) 873-0294

## Deitz Bethany BCBA\*

Gender: Female  
NPI: 1235522442  
License: VA 0133000596  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Autism, Applied Behavioral  
Analysis, ABA Certified  
Provider  
Age 60 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**DeShazo, Alysha**  
(443) 353-9547

Gender: Female  
NPI: 1316693021  
License: MD LBA1257  
Website: stepsbh.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

**Discovery ABA of VA LLC**  
(540) 479-3889

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Fronney, Amber BCBA**

Gender: Female  
NPI: 1437667599  
License: VA 0133002114  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 60 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Divine Steps Therapy LLC**

(410) 220-0768

## **Anthony, Halee BCBA\***

Gender: Female  
NPI: 1255015848  
License: ND L150  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Brillhart, Amelia L\***

Gender: Female  
NPI: 1861809840  
License: VA 2202008117  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Clifton, Whitney BCBA**

Gender: Female  
NPI: 1366011579  
License: VA 0133002127  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Encalade, Alon BCBA\***

Gender: Female  
NPI: 1972289965  
License: TX 5966  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Galland, Amanda BCBA**

Gender: Female  
NPI: 1558720219  
License: VA 0133004089  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Good, Sarah E BCBA\***

Gender: Female  
NPI: 1992362644  
License: MD LBA1968  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Housseyki, Diana BCBA\*

Gender: Female  
NPI: 1124611702  
License: VA 0133003573  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Arabic  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## LEE, ANGELLA\*

Gender: Female  
NPI: 1144004839  
License: VA 0133003185  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Korean  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nauck, Meghan BCBA

Gender: Female  
NPI: 1699286161  
License: VA 0133004121  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Arabic  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nickel, Sarah BCBA

Gender: Female  
NPI: 1417281478  
License: TX 4374  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sendi, Mehrez BCBA

Gender: Female  
NPI: 1023511128  
License: VA 0133002829  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Hebrew  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Williams, Katherine BCBA\*

Gender: Female  
NPI: 1720538366  
License: VA 0133000968  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Zenk, Lindsey BCBA

Gender: Female  
NPI: 1346840592  
License: OH COBA.01747  
Website:  
divinestepstherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Dominion Precision Teaching and Consulting (434) 394-0703

## Bruckner, Katherine BCBA

Gender: Female  
NPI: 1992277149  
License: VA 0133001085  
Website:  
www.dominionptc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:30 PM

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\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1659981157  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Toney, Kelsey BCBA\***  
Gender: Female  
NPI: 1033607254  
License: VA 0133001506  
Website:  
www.dominionptc.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:30 PM

**Dream Builders ABA VA LLC**  
(855) 553-7326

NPI: 1073388807  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis  
Spanish  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
**Elhalawany, Lila BCBA\***  
Gender: Female  
NPI: 1871101881  
License: VA 0133002471  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis  
Spanish  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

**Gingras, Chantale BCBA**  
Gender: Female  
NPI: 1407452568  
License: VA 0133003385  
Website: www.teampbs.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis  
Spanish  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
**Jayne, Bryanna BCBA\***  
Gender: Female  
NPI: 1659983104  
License: NC 1384  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis  
Spanish  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

**Empower Plus PLLC**  
(540) 824-3010

NPI: 1043996341  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Goldwurm, Pearl E\***  
Gender: Female  
NPI: 1699108662  
License: VA 0133003028  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Hebrew  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Pierce, Chelsea\*

Gender: Female  
NPI: 1396430104  
License: VA 0133004145  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Scroggins, Justin BCBA\*

Gender: Male  
NPI: 1932855699  
License: VA 0133004016  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Sopensk, Charlotte BCBA\*

Gender: Female  
NPI: 1225678667  
License: VA 0133004448  
Website: empoweraba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Erdman, Zachary BCBA

(757) 639-7919  
Gender: Male  
NPI: 1477186641  
License: VA 0133002450  
Website: www.connectingthesteps.com /  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adolescents, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## EzCare ABA

(804) 223-3338  
NPI: 1750108791  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Solny, Tova BCBA\*

Gender: Female  
NPI: 1639723026  
License: VA 0133004022  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Formica, Anastasia BCBA

(540) 348-4808

Gender: Female  
NPI: 1538879150  
License: VA 0133001835  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Galaxy ABA VA LLC

(732) 903-2135  
**Curley, Krystle L BCBA**  
Gender: Female  
NPI: 1831724335  
License: VA 0133001678  
Website: www.galaxyaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Fedak, Larissa BCBA**

Gender: Female  
NPI: 1235376997  
License: NY 018241  
Website: [www.galaxyaba.com](http://www.galaxyaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
NPI: 1922859685  
Website: [www.galaxyaba.com](http://www.galaxyaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Planty, Michelle BCBA\***

Gender: Female  
NPI: 1285167874  
License: MD LBA1282  
Website: [www.galaxyaba.com](http://www.galaxyaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders  
Armenian  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Genesis Autism Center**

(757) 664-9778

## **Champagne, Shavon BCBA**

Gender: Female  
NPI: 1932690070  
License: VA 0133002347  
Website: [www.genesisautismcenter.com](http://www.genesisautismcenter.com)  
Practice Focus: Virtual Care - Audio only, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Age 1 to 8  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Friesland, Sarah BCBA\***

Gender: Female  
NPI: 1225694557  
License: VA 0133002940  
Website: [www.genesisautismcenter.com](http://www.genesisautismcenter.com)  
Practice Focus: Virtual Care - Audio only, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Age 1 to 8  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
NPI: 1487399390  
Website: [www.genesisautismcenter.com](http://www.genesisautismcenter.com)  
Practice Focus: Virtual Care - Audio only, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis  
Age 1 to 8  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Golden Care Therapy**

**Virginia LLC**  
(804) 315-2251

## **Matsas, Randi\***

Gender: Female  
NPI: 1134481492  
License: NJ 15BC00162500  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Hebrew  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Golden Steps ABA VA LLC** (757) 703-0501

## **Bell-Jackson, Jazmyn**

Gender: Female  
NPI: 1497227565  
Website: [WWW.GOLDENSTEPSABA.COM](http://WWW.GOLDENSTEPSABA.COM)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Branch, Marneicia D BCBA**

Gender: Female  
NPI: 1568123875  
License: VA 0133002429  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Brooks, Traci BCBA**

Gender: Female  
NPI: 1881102671  
License: VA 0133001635  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Spanish  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Brunkhorst, Adam BCBA\***

Gender: Male  
NPI: 1801622758  
License: VA 0133003853  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Burdette, Kaitlin BCBA**

Gender: Female  
NPI: 1730675265  
License: VA 0133001109  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Chea, Naysim BCBA**

Gender: Female  
NPI: 1174101646  
License: VA 0133001961  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Cockrell, Kaylee BCBA\***

Gender: Female  
NPI: 1548964547  
License: VA 0133004825  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Devereux, Mary E BCBA**

Gender: Female  
NPI: 1174934285  
License: VA 0133002082  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Draschner, Regan BCBA**

Gender: Female  
NPI: 1811565112  
License: VA 0133003210  
Website: WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

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\* Proveedor especialista certificado

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# Behavioral Services

## **Elhalawany, Lila BCBA\***

Gender: Female  
NPI: 1871101881  
License: VA 0133002471  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Spanish  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Godbold, Shamika BCBA**

Gender: Female  
NPI: 1568962447  
License: VA 0133002265  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Spanish  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Goodman, Lauren BCBA\***

Gender: Female  
NPI: 1316724974  
License: VA 0133003796  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Grepke, Monica BCBA**

Gender: Female  
NPI: 1649880980  
License: VA 0133002254  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Spanish  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Heard, Valerie BCBA\***

Gender: Female  
NPI: 1730577248  
License: VA 0133000509  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Arabic  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Hetsko, Kimberly BCBA\***

Gender: Female  
NPI: 1427518463  
License: VA 0133002071  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Spanish  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Hill, Natonda BCBA\***

Gender: Female  
NPI: 1568087799  
License: VA 0133004637  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Huskey, Susanne BCBA\***

Gender: Female  
NPI: 1134650864  
License: VA 0133002560  
Website:  
WWW.GOLDENSTEPSABA.COM  
German  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
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\* Proveedor especialista certificado

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# Behavioral Services

## Lawson, Amanda BCBA

Gender: Female  
NPI: 1679132146  
License: VA 0133001202  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Lief, Phoebe BCBA

Gender: Female  
NPI: 1457853863  
License: VA 0133003270  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis Limited Handicap Accessibility  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## McFadden, Jessica BCBA

Gender: Female  
NPI: 1578156600  
License: VA 0133003443  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
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Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Mcgregor, Michail BCBA

Gender: Female  
NPI: 1629721527  
License: VA 0133004037  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
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Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## McQuade, Stephanie BCBA\*

Gender: Female  
NPI: 1063997229  
License: VA 0133002993  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Meekings, Zach A BCBA

Gender: Male  
NPI: 1477069102  
License: VA 0133002159  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Miller, Adrienne BCBA\*

Gender: Female  
NPI: 1679105928  
License: VA 0133001908  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Miller, Brian E BCBA

Gender: Male  
NPI: 1235627274  
License: VA 0133003179  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
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\* Proveedor especialista certificado

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# Behavioral Services

## Neubauer, Trevor

NPI: 1982270468  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## PAPA, KIMBERLY BCBA

Gender: Female  
NPI: 1649844036  
License: VA 0133002035  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Limited Handicap Accessibility  
Spanish  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Rivera, Neiva BCBA\*

Gender: Female  
NPI: 1417615550  
License: VA 0133002910  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Sarlo, Sabrina RBT

Gender: Female  
NPI: 1588298079  
License: VA 0133003963  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Swain, Nia BCBA

Gender: Female  
NPI: 1346859154  
License: VA 0133003064  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Arabic  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Tompkins, Samantha BCBA\*

Gender: Female  
NPI: 1164930103  
License: VA 0133002881  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Hindi  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Toppin, Teyonna BCBA

Gender: Female  
NPI: 1518468388  
License: VA 0133003389  
Website:  
WWW.GOLDENSTEPSABA.COM  
Age 1 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Willard, Yuly BCBA\*

Gender: Female  
NPI: 1578170064  
License: VA 0133002323  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
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\* Proveedor especialista certificado

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# Behavioral Services

## Williams, Jazmine BCBA\*

Gender: Female  
NPI: 1144888728  
License: VA 0133002985  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## WILSON, CRYSTAL BCBA\*

Gender: Female  
NPI: 1851285985  
License: VA 0133004270  
Website:  
WWW.GOLDENSTEPSABA.COM  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
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Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Golden Steps ABA VA LLC**  
(406) 238-2500

## Campbell, Ryann BCBA

Gender: Female  
NPI: 1639654338  
License: VA 0133002521  
Website:  
www.goldenstepsaba.com  
Practice Focus: Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis, ABA Certified Provider  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Grant, Kelly BCBA

(757) 703-8799  
Gender: Female  
NPI: 1790161198  
License: VA 0133004657  
Practice Focus: Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Griffin, Amanda BCBA**  
(757) 703-8799

Gender: Female  
NPI: 1477107688  
License: VA 0133003202  
Practice Focus: Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Grindstaff, Dana BCBA

(540) 348-4808  
Gender: Female  
NPI: 1720625767  
License: VA 0133002651  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Hard, Carla**  
(757) 703-8799

Gender: Female  
NPI: 1801301106  
License: MD LBA2335  
Practice Focus: Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Henchon, Madison BCBA

(757) 703-8799  
Gender: Female  
NPI: 1790450310  
License: VA 0133004946  
Practice Focus: Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Hendicks, Ashley BCABA**  
(703) 309-5295

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1104490770  
License: VA 0134000431  
Website:  
impactaba.hi5aba.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Play Therapy,  
Cultural Competency Trained,  
Autism, Applied Behavioral  
Analysis  
Age 17 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-6:00 PM  
Sunday: 8:00 AM-6:00 PM

## Improved Dynamics ABA LLC

(571) 888-2942

### Banish, Gabrielle BCBA\*

Gender: Female  
NPI: 1710408075  
License: KY 287364  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Arabic  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Capecelatro, Melissa BCBA

Gender: Female  
NPI: 1417491143  
License: VA 0133003463  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Clarke, Angelin BCBA

Gender: Female  
NPI: 1508255365  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Spanish, Arabic  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Cody Da-Rosa, Cheyenne BCBA\*

Gender: Female  
NPI: 1215347059  
License: AZ BEH 000631  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Creole  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Farag, Barbara BCBA

Gender: Female  
NPI: 1447877162  
License: VA 0133002619  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Arabic  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Gaydosh, Lauren BCBA

Gender: Female  
NPI: 1518474782  
License: VA 0133003699  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Holden, Amber BCBA

Gender: Female  
NPI: 1588432538  
License: VA 0133003387  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1750051223  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, ADD/ADHD, ABA Certified Provider  
Limited Handicap Accessibility Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Johnson, Gianna BCBA\***  
Gender: Female  
NPI: 1588489827  
License: MD 1 24 77321  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Jones, Brandy BCBA**  
Gender: Female  
NPI: 1588298269  
License: NC 1109  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Arabic  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Karpf, Brittany M BCBA**  
Gender: Female  
NPI: 1841831807  
License: VA 0133002629  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Lydell, Barbara J BCBA**  
Gender: Female  
NPI: 1750015483  
License: VA 0133002598  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Nelson, Samantha BCBA\***  
Gender: Female  
NPI: 1275167280  
License: VA 0133003441  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Segarra, Ashley BCBA\***  
Gender: Female  
NPI: 1518572825  
License: VA 0133003682  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed  
**Shepard, Joy M BCBA\***  
Gender: Female  
NPI: 1518531938  
License: MO 2022012435  
Practice Focus: Virtual Care - Audio/Visual, ABA Certified Provider  
Limited Handicap Accessibility Arabic  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Tapia Hernandez, Mariela BCBA

Gender: Female  
NPI: 1194299396  
License: VA 0133003232  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Limited Handicap Accessibility  
Age 18 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Infinity Counseling Group (757) 227-3636

### Knoppel III, Charles BCBA

Gender: Male  
NPI: 1750779161  
License: VA 0133003575  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Chinese  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Smith, Heidi ABA

Gender: Female  
NPI: 1023492667  
License: VA 0133001991  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Trejo, Tara BCBA\*

Gender: Female  
NPI: 1053795864  
License: VA 0133002610  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, ABA Certified  
Provider  
Spanish  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Inspire Care Center LLC (757) 227-3636

### Smith, Heidi ABA

Gender: Female  
NPI: 1023492667  
License: VA 0133001991  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Home Visits,  
Community-Based Treatment,  
ABA Certified Provider  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### IRYAMI, SANDRA BCBA

(757) 703-8799  
Gender: Female  
NPI: 1568010452  
License: VA 0133001563  
Practice Focus: Autism  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Jones, Taylor BCBA (804) 315-2251

Gender: Female  
NPI: 1942738315  
License: VA 0133002488  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Age 64 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## KALEIDOSCOPE FAMILY SOLUTIONS ABA INC

(877) 222-0399  
NPI: 1609348820  
Website: WWW.KFSABA.ORG  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Lee, Stephanie BCBA\*

Gender: Female  
NPI: 1457941437  
License: VA 0133003159  
Website: WWW.KFSABA.ORG  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Kinfolk VA ABA LLC

(980) 249-4010

## Cronin, Amanda MA

Gender: Female  
NPI: 1669037784  
License: VA 0133001964  
Website: www.kinfolkaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## Johnson, Jodilynn BCBA\*

Gender: Female  
NPI: 1013653963  
License: VA 0133002968  
Website: www.kinfolkaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Hebrew  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM  
NPI: 1093508251

Website: www.kinfolkaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## Learning Ladders ABA Corp

(804) 727-0200

## Wasserman, Yocheved

Gender: Female  
NPI: 1972960680  
License: HI BA 895  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Spanish, Hebrew  
Age 2 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Liams Chance Behavioral Services Inc

(571) 393-0202

NPI: 1275185530

Website: liamschance.hi5aba.com  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Autism, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Marshall, Amanda BCBA

(540) 348-4808

Gender: Female  
NPI: 1831476530  
License: VA 0133000751  
Website: www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mebe Virginia LLC

(619) 795-9925

## Dragan, Carly BCBA

Gender: Female  
NPI: 1932540226  
License: VA 0133000649  
Practice Focus: Virtual Care - Audio/Visual, Autism, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Gurung, Karma BCBA\***

Gender: Female  
NPI: 1407691090  
License: VA 0133003725  
Practice Focus: Virtual Care - Audio/Visual, Autism, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Hindi  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Manzo, Larisa BCBA\***

Gender: Female  
NPI: 1184198418  
License: VA 0133001741  
Practice Focus: Virtual Care - Audio/Visual, Autism, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

NPI: 1902417199  
Practice Focus: Virtual Care - Audio/Visual, Autism, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Weatherill, Ashley BCBA\***

Gender: Female  
NPI: 1790323038  
License: VA 0133003850  
Practice Focus: Virtual Care - Audio/Visual, Autism, Applied Behavioral Analysis  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Mental Health Center of America LLC** (703) 310-8563

NPI: 1114543253  
Website: www.mhca-behavioral.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Autism, ABA Certified Provider  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rahimi, Neda BCBA**

Gender: Female  
NPI: 1598457269  
License: VA 0133003062  
Website: www.mhca-behavioral.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Autism, ABA Certified Provider  
Arabic  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 10:00 AM-4:00 PM  
Sunday: 10:00 AM-4:00 PM

## **Meredith, Morgan BCBA** (571) 393-0202

Gender: Female  
NPI: 1538907464  
License: VA 0133003742  
Website: liamschance.hi5aba.com  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Autism, Applied Behavioral Analysis  
Age 18 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Modern Steps ABA LLC** (571) 866-0640

## **Diehl, Amy E BCBA**

Gender: Female  
NPI: 1518545367  
License: MD LBA1231  
Website: modernstepsaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Behavioral Health Outpatient, Autism, ADD/ADHD, ABA Certified Provider  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Elsey, Heather BCBA

Gender: Female  
NPI: 1174981161  
License: NH 1 15 19065  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Home Visits Only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Farmer, Jessica BCBA

Gender: Female  
NPI: 1154766061  
License: VA 0133000646  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Kooner, Jasmeet BCBA

Gender: Female  
NPI: 1518469055  
License: VA 0133003413  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
NPI: 1881424091

Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Schaible, Victoria BCBA

Gender: Female  
NPI: 1750971990  
License: VA 0133001941  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Sharif, Onai BCBA

Gender: Female  
NPI: 1861893042  
License: VA 0133002444  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Tompkins, Samantha BCBA\*

Gender: Female  
NPI: 1164930103  
License: VA 0133002881  
Website:  
modernstepsaba.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Behavioral Health Outpatient,  
Autism, ADD/ADHD, ABA  
Certified Provider  
Hindi  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Move Up ABA Virginia LLC (804) 774-7575

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Bryant, Camira BCBA\***

Gender: Female  
NPI: 1194204164  
License: VA 0133001894  
Website: moveupaba.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Move Up ABA Virginia LLC** (410) 883-7016

## **Bugess, Serena BCBA\***

Gender: Female  
NPI: 1265145551  
License: MD LBA2070  
Website: moveupaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1023879731  
Website: moveupaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Oloyede, Onyeka\***

Gender: Female  
NPI: 1871262097  
License: VA 0133003635  
Website: moveupaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Sunshine, Angela BCBA**

Gender: Female  
NPI: 1144784869  
License: VA 0133003427  
Website: moveupaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Varnai, Tamar BCBA**

Gender: Female  
NPI: 1306112131  
License: NY 000058  
Website: moveupaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Move Up ABA Virginia LLC** (833) 599-2560

## **Mitelu, Tatiana BCBA\***

Gender: Female  
NPI: 1962989665  
License: VA License Number  
Website: moveupaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Romanian  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Naughton, Lauren BCBA\***

Gender: Female  
NPI: 1558988840  
License: VA 0133001751  
Website: moveupaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Nestled Hearts LLC** (571) 833-0307

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Wynkoop, Jessica BCBA\***

Gender: Female  
NPI: 1821517210  
License: VA 0133001823  
Website:  
successonthespectrum.com/location/south-riding/  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Autism, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:45 AM-5:00 PM  
Tuesday: 7:45 AM-5:00 PM  
Wednesday: 7:45 AM-5:00 PM  
Thursday: 7:45 AM-5:00 PM  
Friday: 7:45 AM-5:00 PM

## **New Patterns VA LLC**

(804) 774-7575

## **Bryant, Camira BCBA\***

Gender: Female  
NPI: 1194204164  
License: VA 0133001894  
Website: moveupaba.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lopez, Caleb N BCBA\***

Gender: Male  
NPI: 1568117505  
License: VA 0133003979  
Website:  
www.steppaheadaba.com  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Pfister, Elizabeth BCBA\***

Gender: Female  
NPI: 1972982197  
License: VA 0133000601  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Quash, Meghan BCBA\***

Gender: Female  
NPI: 1700302817  
License: VA 0133002244  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Reece, Annette BCBA\***

Gender: Female  
NPI: 1881168227  
License: VA 0133001301  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rowden, Rachel BCBA**

Gender: Female  
NPI: 1144607177  
License: VA 0133000972  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Paragon Autism Services LLC**

(540) 479-3889

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Abalikhina, Alena BCBA**

Gender: Female  
NPI: 1295337624  
License: VA 0133002296  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Achim, Diana M BCBA\***

Gender: Female  
NPI: 1982032678  
License: VA 0133000867  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Baxter, Ruthanne BCBA\***

Gender: Female  
NPI: 1952718827  
License: VA 0133001947  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Cawthorn, Tiffany\***

Gender: Female  
NPI: 1891348108  
License: VA 0133001430  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Chapman, Megan N BCBA

Gender: Female  
NPI: 1649770843  
License: VA 0133001319  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Chown, Lisa M BCBA

Gender: Female  
NPI: 1427769991  
License: VA 0133002827  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
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Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Doolittle, Jordann BCBA\*

Gender: Female  
NPI: 1255829164  
License: VA 0133003344  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ferreira, Amanda BCBA

Gender: Female  
NPI: 1093280687  
License: VA 0133001669  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma -  
Focused Cognitive Behavior,  
Therapeutic Consultation  
(Professional), Mental Health  
Counselor, Home Visits, Family  
Training, Early Intervention  
Services,  
Developmental/Behavioral  
Issues, Cultural Competency  
Trained, Counselor  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Fronney, Amber BCBA

Gender: Female  
NPI: 1437667599  
License: VA 0133002114  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
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Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

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# Behavioral Services

## Geise, Jennifer M BCBA

Gender: Female  
NPI: 1942821582  
License: VA 0133001702  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Hanley, Sydni D BCBA\*

Gender: Female  
NPI: 1790160505  
License: VA 0133001190  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Huynh, Alisa M BCBA\*

Gender: Female  
NPI: 1033467840  
License: MD LBA267  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Ingenito, Richia BCBA

Gender: Female  
NPI: 1700438488  
License: VA 0133003531  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Jett, Emily Z BCBA\*

Gender: Female  
NPI: 1346765997  
License: VA 0133001198  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anger  
Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Jinier, Lauren-Nicole BCBA\*

Gender: Female  
NPI: 1447599238  
License: VA 0133000083  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Kinlaw, Rachel F BCBA\*

Gender: Female  
NPI: 1104591270  
License: VA 0133001772  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Nguyen Newcomb, Anh- Tram BCBA

Gender: Female  
NPI: 1235600677  
License: VA 0133002022  
Website:  
paragonautismservices.com/  
Practice Focus: Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1720427875

Website:

paragonautismservices.com/

Practice Focus: Virtual Care -

Audio/Visual, Trauma -

Focused Cognitive Behavior,

Therapeutic Consultation

(Professional), Mental Health

Counselor, Home Visits, Family

Training, Early Intervention

Services,

Developmental/Behavioral

Issues, Cultural Competency

Trained, Counselor

Age 1 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

**Roberts, Caprice BCBA\***

Gender: Female

NPI: 1649713660

License: VA 0133002959

Website:

paragonautismservices.com/

Practice Focus: Cultural

Competency Trained,

Behavioral Health Outpatient,

Autism Spectrum Disorders,

Autism, Art Therapy, Applied

Behavioral Analysis,

Anxiety/Phobic Disorders,

Anxiety/Depression, Anxiety

Disorder, Anger Management

Vietnamese

Age 1 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

**Sandlin, Whitney S BCBA**

Gender: Female

NPI: 1790207454

License: VA 0133000984

Website:

paragonautismservices.com/

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Behavioral Health Outpatient,

Autism Spectrum Disorders,

Autism, Art Therapy, Applied

Behavioral Analysis,

Anxiety/Phobic Disorders,

Anxiety/Depression, Anxiety

Disorder

Age 1 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

**Tomei, Tressa BCBA**

Gender: Female

NPI: 1033518980

License: VA 0133000775

Website:

paragonautismservices.com/

Age 1 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

**Topham, Kathryn G**

Gender: Female

NPI: 1346654647

License: VA 0133000736

Website:

paragonautismservices.com/

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Behavioral Health Outpatient,

Autism Spectrum Disorders,

Autism, Art Therapy, Applied

Behavioral Analysis,

Anxiety/Phobic Disorders,

Anxiety/Depression, Anger

Management

Hebrew

Age 1 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

**Patterson Behavior Services**

(571) 317-1446

NPI: 1225526262

Practice Focus: Virtual Care -

Audio/Visual, Home Visits,

Community-Based Treatment,

Autism

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Patterson, Allyson BCBA**

Gender: Female  
NPI: 1235628348  
License: VA 0133001138  
Practice Focus: Home Visits,  
Community-Based Treatment,  
Autism  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pediatric Therapy Studio**

(703) 663-4808

## **Ahsan, Haseeb BCBA\***

Gender: Male  
NPI: 1194262501  
License: VA 0133001569  
Website:  
www.pediatrictherapiststudio.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders  
Hindi  
Age 22 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-3:00 PM

## **Yamak, Kassem BCBA\***

Gender: Male  
NPI: 1972010916  
License: VA 0133001299  
Website:  
www.pediatrictherapiststudio.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Spectrum Disorders  
Arabic  
Age 22 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-3:00 PM

## **Pekier, Tehila BA**

(540) 259-4046  
Gender: Female  
NPI: 1962394460  
License: NH 1 25 80300  
Practice Focus: Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Positive Behavior**

**Supports Corp**  
(855) 832-6727

## **Bennett, Michele\***

Gender: Female  
NPI: 1073117230  
License: VA 0133002709  
Website: www.teampbs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Coca, Ana BCBA\***

Gender: Female  
NPI: 1316500069  
License: VA 0133003630  
Website: www.teampbs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Portuguese  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Daugherty, Caroline BCBA**

Gender: Female  
NPI: 1407364342  
License: VA 0133001243  
Website: www.teampbs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mcgregor, Michail BCBA**

Gender: Female  
NPI: 1629721527  
License: VA 0133004037  
Website: www.teampbs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Wisdom, Shelby N BCBA

Gender: Female  
NPI: 1891267910  
License: VA 0133001763  
Website: [www.teampbs.com](http://www.teampbs.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Positive Behavior

### Supports Corp

(855) 553-7326

## Gingras, Chantale BCBA

Gender: Female  
NPI: 1407452568  
License: VA 0133003385  
Website: [www.teampbs.com](http://www.teampbs.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Autism Spectrum Disorders, Applied Behavioral Analysis  
Spanish  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## Positive Reinforcement (703) 576-5700

### Berger, Etana BCBA\*

Gender: Female  
NPI: 1538403787  
License: VA 0133000445  
Website: [www.positivereinforcement.net](http://www.positivereinforcement.net)  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Burchfield, Ashley BCBA

Gender: Female  
NPI: 1386169670  
License: VA 0133001002  
Website: [www.positivereinforcement.net](http://www.positivereinforcement.net)  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Grewal, Tarndip BCBA\*

Gender: Female  
NPI: 1982365987  
License: VA 0133003751  
Website: [www.positivereinforcement.net](http://www.positivereinforcement.net)  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Hindi  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Guay, Ivy BCBA

Gender: Female  
NPI: 1942811393  
License: VA 0133003015  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis Limited Handicap Accessibility Portuguese  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Hambrick, Mary BCBA

Gender: Female  
NPI: 1063829141  
License: VA 0133000502  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Jones Purdy, Laurel BCBA

Gender: Female  
NPI: 1336991199  
License: VA 1 19 38072  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Kidd, Kathryn BCBA

Gender: Female  
NPI: 1134589419  
License: VA 0133003338  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Lane, Jay BCBA

Gender: Male  
NPI: 1629708409  
License: VA 0133002517  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Lupinacci, Mary BCBA

Gender: Female  
NPI: 1679195911  
License: VA 0133001680  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## McDonald, Kendra BCBA

Gender: Female  
NPI: 1457886061  
License: VA 0133000664  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Newton, KayLynn BCBA

Gender: Female  
NPI: 1033607007  
License: VA 0133001155  
Website:  
www.positivereinforcement.net  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adult  
Arabic  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1679082200

Website:

www.positivereinforcement.net

Practice Focus: Virtual Care - Audio/Visual, Therapeutic Consultation (Non-Professional), Learning Disabilities, Home Visits, Early Intervention Services, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis

Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Precision ABA Therapy VA PLLC**

(347) 893-1266

## **Goldberg, Miriam\***

Gender: Female

NPI: 1144573387

License: VA 0133003763

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Applied Behavioral Analysis  
Chinese

Age 21 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## **Rogers, Janet BCBA**

(703) 309-5295

Gender: Female

NPI: 1881081768

License: VA 0133000552

Website:

impactaba.hi5aba.com/

Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Autism, Applied Behavioral Analysis

Age 17 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

Saturday: 8:00 AM-6:00 PM

Sunday: 8:00 AM-6:00 PM

## **SoaringHigh ABA**

(757) 231-5061

NPI: 1942026729

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

## **Spectrum Transformation Group**

(804) 378-6141

## **Leggett, Brittany\***

Gender: Female

NPI: 1174943450

License: VA 0133000365

Practice Focus: Virtual Care - Audio/Visual, Autism  
Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Mabry, Arielle BCBA**

Gender: Female

NPI: 1043645138

License: VA 0133001278

Practice Focus: Virtual Care - Audio/Visual, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1174855985

Practice Focus: Virtual Care - Audio/Visual, Autism

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **SpringHealth BH and Integrated Care VA**

(888) 515-1793

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Copp, Samantha BCBA**

Gender: Female  
NPI: 1447503206  
License: VA 0133000548  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Hatch, Kylie BCBA\***

Gender: Female  
NPI: 1538518626  
License: VA 0133003123  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Leeper, Kathleen BCBA\***

Gender: Female  
NPI: 1760865893  
License: VA 0133003993  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **McKeithen, Tanya LCSW**

Gender: Female  
NPI: 1821378696  
License: AR 28104C  
Website:  
Springhealthbehavioral.com  
Amharic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Rodriguez, Alejandra BCBA\***

Gender: Female  
NPI: 1346769056  
License: VA 0133004180  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
NPI: 1467827493  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Stiles, Olivia BCBA\***

Gender: Female  
NPI: 1184169559  
License: AL 2017144  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Toler, Braden BCBA**

Gender: Male  
NPI: 1023983061  
License: VA 0133004664  
Website:  
www.Springhealthbehavioral.com  
Practice Focus: Virtual Care -  
Audio/Visual, Applied  
Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Wegrzyn, Brianna BCBA\***

Gender: Female  
NPI: 1700312253  
License: VA 0133002069  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Willingham, Michelle BCBA**

Gender: Female  
NPI: 1477806990  
License: VA 0133000523  
Website:  
Springhealthbehavioral.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Step Ahead ABA VA LLC** (304) 337-5381

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Brooks, Traci BCBA

Gender: Female  
NPI: 1881102671  
License: VA 0133001635  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Crumb, Amber BCBA\*

Gender: Female  
NPI: 1437535069  
License: NC 2949  
Website: [www.stepaheadaba.com](http://www.stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Spanish, Arabic  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Elizabeth Viscarra, Andrea BCBA\*

Gender: Female  
NPI: 1316435092  
License: VA 0133002001  
Website: [www.stepaheadaba.com](http://www.stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Jordan, Samuel BCBA

Gender: Male  
NPI: 1407235021  
License: VA 0133000685  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM

## Knight, Kristin BCBA\*

Gender: Female  
NPI: 1912312521  
License: VA 0133001286  
Website: [www.stepaheadaba.com](http://www.stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## Lara Polanco, Vanessa BCBA\*

Gender: Female  
NPI: 1023637543  
License: VA 0133004352  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## McWilliams, Cameron BCBA

Gender: Male  
NPI: 1144980905  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Hebrew  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Miller, Dayna BCBA

Gender: Female  
NPI: 1639324833  
License: NC 1503  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
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Sunday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Mocny, Heather BCBA\***

Gender: Female  
NPI: 1780204909  
License: VA 0133004327  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Pearson, Alicia BCBA\***

Gender: Female  
NPI: 1255782314  
License: IN 95000215A  
Website: [www.stepaheadaba.com](http://www.stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Hebrew  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Richter, Sarah BCBA**

Gender: Female  
NPI: 1164115036  
License: VA 0133003043  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Home Visits, Cultural Competency Trained, Community-Based Treatment, Applied Behavioral Analysis, ABA Certified Provider  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Trujillo Sisemore, Nancy K BCBA**

Gender: Female  
NPI: 1770028144  
License: VA 0133003973  
Website: [stepaheadaba.com](http://stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment, ABA Certified Provider  
Spanish  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Step Ahead ABA VA LLC** (804) 774-7575

## **Lopez, Caleb N BCBA\***

Gender: Male  
NPI: 1568117505  
License: VA 0133003979  
Website: [www.stepaheadaba.com](http://www.stepaheadaba.com)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, Autism Spectrum Disorders, ADD/ADHD, ABA Certified Provider  
Age 1 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **STEPS Behavioral Health** (443) 353-9547

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1346606571  
Website: stepsbh.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Applied Behavioral Analysis  
Limited Handicap Accessibility  
Age 2 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

**Storybook ABA VA LLC**  
(757) 703-8799

**Adkins, James J BCBA**

Gender: Male  
NPI: 1427344886  
License: NC 677  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Creole  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**ADOLF, RAIZL BCBA**

Gender: Female  
NPI: 1811768518  
License: NJ 15BC00107300  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Banks, Ashleigh BCBA\***

Gender: Female  
NPI: 1649627456  
License: MI 7401000162  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**CHAFIN, KATHERINE  
BCBA\***

Gender: Female  
NPI: 1568073112  
License: VA 0133002862  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**GONZALEZ, CAROLINA  
BCBA\***

Gender: Female  
NPI: 1528671732  
License: SC 1 20 44143  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Good, Sarah E BCBA\***

Gender: Female  
NPI: 1992362644  
License: MD LBA1968  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Hwang, Kyu Hee BCBA**

Gender: Female  
NPI: 1790368520  
License: VA 0133002839  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## LAWAL, ASHLEY BCBA

Gender: Female  
NPI: 1871096487  
License: VA 0133001193  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## LEAHY, BRIANNA BCBA\*

Gender: Female  
NPI: 1831658749  
License: VA 0133002745  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## LLANO, YVETTE BCBA\*

Gender: Female  
NPI: 1043723984  
License: VA 0133003622  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MALEWICKI, ALICIA BCBA\*

Gender: Female  
NPI: 1194378422  
License: VA 0133001464  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MCBRIDE, KATHERINE BCBA\*

Gender: Female  
NPI: 1811627243  
License: VA 0133002609  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nudi Muldoon, Alva BCBA

Gender: Female  
NPI: 1932513579  
License: MD LBA1938  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Patterson, Bethany BCBA\*

Gender: Female  
NPI: 1043623655  
License: NC 866  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1609604032  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## STREICHER, CHAYA BCBA\*

Gender: Female  
NPI: 1285395327  
License: VA 0133004196  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## TURNER, LATISHAYA BCBA\*

Gender: Female  
NPI: 1518467810  
License: VA 0133004013  
Practice Focus: Virtual Care -  
Audio/Visual, Autism  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Suarez, Genesis BCBA (757) 703-8799

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Male  
NPI: 1528665973  
License: VA 0133004630  
Practice Focus: Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sunray ABA VA LLC

(844) 278-6729

## Schick, Shifra\*

Gender: Female  
NPI: 1700506342  
License: VA 0133004057  
Website:  
www.sunrayaba.com/  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Tiller, Hannah BCBA

(540) 348-4808

Gender: Female  
NPI: 1245042670  
License: VA 0133004091  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Autism Spectrum Disorders, Applied Behavioral Analysis  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Turner, Kristina BCBA

(646) 873-0294  
Gender: Female  
NPI: 1922423482  
License: VA 0133000350  
Website:  
advanceableaba.com/  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment, ABA Certified Provider  
Hebrew  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Virginia ABA LLC

(804) 601-8821

## Grim, Samantha BCBA\*

Gender: Female  
NPI: 1013525666  
License: VA 0133003756  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Werner, Batsheva BCBA

(732) 677-4124  
Gender: Female  
NPI: 1326397704  
License: NY 000591  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ABA Certified Provider  
Spanish  
Age 2 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## White, Jordan N BCBA

(980) 785-1113

Gender: Female  
NPI: 1174229249  
License: VA 0133003948  
Website: mosaicttherapy.com  
Practice Focus: Autism Spectrum Disorders  
Age 1 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Behavioral Technician

### Connecting the Steps LLC

(757) 639-7919

### Conner, Ashley BCBA

Gender: Female  
NPI: 1225701030  
License: VA 0133004066  
Website:  
www.connectingthesteps.com /  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Spectrum Disorders, Autism, Applied Behavioral Analysis, Adolescents, ABA Certified Provider  
Limited Handicap Accessibility  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Golden Steps ABA VA LLC (757) 703-0501

**Bateman, Kristen BCBA**  
Gender: Female  
NPI: 1437741493  
License: VA 0133003481  
Website:  
WWW.GOLDENSTEPSABA.COM  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Campbell, Ryann BCBA**  
Gender: Female  
NPI: 1639654338  
License: VA 0133002521  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Darden, Meaghan D BCBA

Gender: Female  
NPI: 1245720804  
License: VA 0133002061  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Driver, Keyonia S BCBA

Gender: Female  
NPI: 1578108528  
License: VA 0133003152  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Hadaway, Jessica BCBA

Gender: Female  
NPI: 1144844713  
License: VA 0133002500  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Proudley, Bethany N BCBA

Gender: Female  
NPI: 1316406325  
License: VA 0133002314  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism  
Spectrum Disorders, Applied  
Behavioral Analysis, ABA  
Certified Provider  
Age 1 to 18  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Donnelly, Kimberly RBT

Gender: Female  
NPI: 1215660063  
License: VA 0133003927  
Website: www.teampbs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Cultural Competency Trained,  
Community-Based Treatment,  
Applied Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Resilience Counseling Social Skills Center

(540) 699-0226

## Positive Behavior Supports Corp

(855) 832-6727

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Lamar, Miosha LPC

Gender: Female  
NPI: 1891342010  
License: VA 0701014233  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Child & Adolescent Psychiatry Physician

### Childsavers

(804) 644-9590  
NPI: 1699868448  
Website: www.childsavers.org  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

## National Capital Treatment and Recovery

(703) 841-0703  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Neuropsych Wellness Center Pc

(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Sakran, Mark PsyD

(703) 841-0703

Gender: Male  
NPI: 1922327196  
License: MD D0079256  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tucker Psychiatric Clinic Inc

(804) 320-7884  
**Gould, David W MD**  
Gender: Male  
NPI: 1629068077  
License: VA 0101045235  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Child & Adolescent Psychiatry, Adolescent Psychiatry  
Age 2 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:30 PM  
Tuesday: 8:00 AM-5:30 PM  
Wednesday: 8:00 AM-5:30 PM  
Thursday: 8:00 AM-5:30 PM  
Friday: 8:00 AM-5:30 PM

## Tucker Psychiatric Clinic Inc

(804) 320-7881

\* Board Certified Provider

\* Proveedor especialista certificado

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NPI: 1003911256  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Child & Adolescent Psychiatry, Adolescent Psychiatry  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

---

## Child & Family Psychiatric/Mental Health Clinical Nurse Spec

---

**Harvey, Sharon DNP**  
(757) 586-5927  
Gender: Female  
NPI: 1881239903  
License: VA 0001194083  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Post-Traumatic Stress Disorder (PTSD), Depression, Autism, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-8:00 PM  
Tuesday: 6:00 PM-9:00 PM  
Wednesday: 6:00 PM-9:00 PM  
Thursday: 6:00 PM-9:00 PM  
Friday: 9:00 AM-5:00 PM  
Sunday: 10:00 AM-6:00 PM

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## Clinical Child & Adolescent Psychologist

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**Associated Clinical Services**  
(703) 569-8731  
NPI: 1073522124  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Carter, Megan PhD**  
Gender: Female  
NPI: 1962053736  
License: VA 0810007990  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Center for Care and Resiliency**  
(540) 344-5300

NPI: 1053902742  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Couple Counseling  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

---

## Teegarden Cabay, Lisa Ann PhD

Gender: Female  
NPI: 1063606069  
License: VA 0810002476  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Couple Counseling  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## Clinical Psychologist

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**A Step Forward Wellness Services LLC**  
(804) 716-2629

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## **Dhillon, Sukhpinder PsyD**

Gender: Female  
NPI: 1952728008  
License: VA 0810006177  
Website:  
astepforwardwellness.com  
Practice Focus: Virtual Care -  
Audio/Visual, DBT (Dialectical  
Behavior Therapy),  
Cognitive/Behavioral Therapy,  
Anxiety Disorder, ADHD  
Urdu, Hindi  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Abundant Life partners LLC**

(757) 603-4603

## **Foster, Thomas PhD**

Gender: Male  
NPI: 1811515794  
License: VA 0810006458  
Website:  
www.abundantlifepartners.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, General Mental  
Health, Cultural Competency  
Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ARROW Project**

(540) 255-0972

## **Holt, Jenna PsyD**

Gender: Female  
NPI: 1902173479  
License: VA 0810004491  
Website: www.arrow-  
project.org  
Practice Focus: Virtual Care -  
Audio/Visual, Psychological  
Testing  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Associated Clinical Services**

(703) 569-8731  
NPI: 1073522124  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Boling, Anne M PhD**

Gender: Female  
NPI: 1144324237  
License: VA 0810003065  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Carpenito, Jennifer PsyD**

Gender: Female  
NPI: 1295318715  
License: VA 0810007463  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Carter, Edwin N PhD**

Gender: Male  
NPI: 1417966474  
License: VA 0810000741  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Dunbar, Megan PsyD

Gender: Female  
NPI: 1225469653  
License: VA 0810004892  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## DuPuis, Laurie PsyD

Gender: Female  
NPI: 1710370184  
License: VA 0810005136  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ford, Bain PsyD

Gender: Male  
NPI: 1043520679  
License: VA 0810004320  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Henley, Anthony H PsyD

Gender: Male  
NPI: 1245422062  
License: VA 0810003840  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Nguyen, Thuan PsyD

Gender: Female  
NPI: 1700649340  
License: VA 0810008418  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Russian  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Stanley, Alisha PsyD

Gender: Female  
NPI: 1295444198  
License: VA 0810007988  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Warbel, Amanda PhD

Gender: Female  
NPI: 1982922712  
License: VA 0810004260  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Whitney, Lynette PsyD

Gender: Female  
NPI: 1427455211  
License: VA 0810006344  
Website:  
www.associatedclinical.com  
Practice Focus: Virtual Care -  
Audio/Visual,  
Neuropsychology, Clinical  
Psychology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Backpack Medical Group PC

(866) 968-6342

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Taylor, Patricia PhD

Gender: Female  
NPI: 1558744136  
License: DC PSY1001709  
Website: [helloworldbackpack.com/](http://helloworldbackpack.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Charis Institute For Psychological and Family Services

(540) 568-1876  
NPI: 1588733893  
Website: [charisinst.org](http://charisinst.org)  
Practice Focus: Virtual Care - Audio/Visual, Psychology  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Clinical Associates of Tidewater (757) 877-7700

## Bierenbaum, Howard J PhD

Gender: Male  
NPI: 1639277395  
License: VA 0810001050  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
NPI: 1447341615  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Deaver, David L PhD

Gender: Male  
NPI: 1891708160  
License: VA 0810000797  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
**Frieden, Fredrick P PhD**  
Gender: Male  
NPI: 1316035975  
License: VA 0810001061  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Compass Behavioral Group**  
Compass Behavioral Group  
(804) 372-0151

## Website:

[www.compassva.com](http://www.compassva.com)  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Psychological Testing  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**PRINCE, EMILY LCP**  
Gender: Female  
NPI: 1457084899  
License: VA 0810007885  
Website:  
[www.compassva.com](http://www.compassva.com)  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Psychological Testing  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass Behavioral Group**  
Compass Behavioral Group  
(434) 220-0089

\* Board Certified Provider

\* Proveedor especialista certificado

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**Fabbri, Stefania LCP**

Gender: Female  
NPI: 1477793388  
License: VA 0810004083  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Psychological Testing  
Spanish, Italian  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Leon, Cynthia PhD**

Gender: Female  
NPI: 1538478342  
License: VA 0810004326  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Psychological Testing  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compassion Counseling  
and Psychological  
Services LLC**  
(804) 380-2775**Guion, David PhD**

Gender: Male  
NPI: 1659741171  
License: VA 0810005208  
Website:  
www.compassioncaps.com  
Practice Focus: Virtual Care -  
Audio/Visual, DBT (Dialectical  
Behavior Therapy), Cultural  
Competency Trained, Couple  
Counseling, Bereavement,  
Anxiety/Depression, Adult,  
Adjustment Disorders, ADHD,  
Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Dougan and Walden  
Wellness PLLC**

(804) 893-5555  
**Coletta, Alexandra PsyD**  
Gender: Female  
NPI: 1194597153  
License: VA 0810008261  
Website: www.dwellness.org  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

NPI: 1396259602  
Website: www.dwellness.org  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Dougan, Rae Anne PsyD**

Gender: Female  
NPI: 1326415837  
Website: www.dwellness.org  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

**Stewart, Hollis PhD**

Gender: Female  
NPI: 1205667466  
License: VA 0810003777  
Website: www.dwellness.org  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

**Family Guidance Centers**  
(804) 743-0960

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## Carson, Camille I LP

Gender: Female  
NPI: 1245897362  
License: VA 0810007626  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
NPI: 1225192909  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## McGee, Charles S PhD

Gender: Male  
NPI: 1275641557  
License: VA 0810000904  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Scott, Nicole LCP**  
Gender: Female  
NPI: 1477045532  
License: VA 0810008152  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Thornton, Carrie L LCP

Gender: Female  
NPI: 1225757743  
License: VA 0810007930  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Genesis Counseling Center (757) 564-3100

NPI: 1164451399  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 965-5886

**Risser, Dustin LPC**  
Gender: Male  
NPI: 1124718135  
License: VA 0810008343  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Cultural Competency Trained  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 827-7707

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Smart-McCarthy, Madison LCP

Gender: Female  
NPI: 1720891658  
License: FL PY12444  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Cultural Competency Trained  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Insight Therapy Solutions (702) 685-0877

### Parke, Nicole PsyD

Gender: Female  
NPI: 1326704974  
License: SC 1718  
Website:  
www.insighttherapysolutions.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Loudoun Counseling Coaching LLC (571) 375-0668

NPI: 1134642044  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Neuropsychology, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

### Urbassik, Megan LCSW

Gender: Female  
NPI: 1356866537  
License: VA 0810005693  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Neuropsychology, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

### McDonough, Michael C PhD

(276) 386-2534

Gender: Male  
NPI: 1689960221  
License: VA 0810002451  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 12:00 PM-3:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM

## Neuropsych Wellness Center Pc

(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Psychological Health Roanoke (540) 772-5140

## MCDANIEL, TYLER C PhD

Gender: Male  
NPI: 1558829408  
License: VA 0810006212  
Website:  
PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-10:00 AM  
Tuesday: 8:00 AM-10:00 AM  
Wednesday: 8:00 AM-10:00 AM  
Thursday: 8:00 AM-10:00 AM  
Friday: 8:00 AM-10:00 AM  
Website:  
PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Resilience Counseling Social Skills Center (540) 699-0226

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Melendez-Davidson, Jeanie LCP

Gender: Female  
NPI: 1588177943  
License: VA 0810006139  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Stress Management,  
Psychotherapy, Post-  
Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression, Mood  
Disorders, Mental Health  
Counselor, Grief/Death/Dying,  
General Mental Health  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Stress Management,  
Psychotherapy, Post-  
Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression, Mood  
Disorders, Mental Health  
Counselor, Grief/Death/Dying,  
General Mental Health  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Roberts, April PsyD

(757) 251-0879  
Gender: Female  
NPI: 1962595843  
License: FL PY6932  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## Spectrum Transformation Group

(804) 378-6141

## Fatzinger, Tracey PhD

Gender: Female  
NPI: 1083874051  
License: VA 0810003548  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gotovac, Taylor LCP

Gender: Female  
NPI: 1992177547  
License: VA 0810008239  
Practice Focus: Virtual Care -  
Audio/Visual, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jenness, Kiera PhD

Gender: Female  
NPI: 1629467139  
License: VA 0810003634  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Moore, Melinda PhD

Gender: Female  
NPI: 1174771737  
License: VA 0810003986  
Practice Focus: Virtual Care -  
Audio/Visual, Autism, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Schmitt, Michelle PhD

Gender: Female  
NPI: 1104453026  
License: VA 0810004807  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1174855985  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Autism,  
Anxiety Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Walker, Jenee PsyD**

Gender: Female  
NPI: 1457680217  
License: VA 0810004189  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Virginia Counseling and Community Development** (804) 218-8182

### **Farrow, Daryl L LPC**

Gender: Male  
NPI: 1891475042  
License: VA 0810008236  
Website: www.vaccd.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Weber, Randy L LCSW** (540) 568-1876

Gender: Male  
NPI: 1326146713  
Website: charisinst.org  
Practice Focus: Virtual Care - Audio/Visual, Psychology Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Weber, Ronda L LCSW** (540) 568-1876

Gender: Female  
NPI: 1275631673  
Website: charisinst.org  
Practice Focus: Virtual Care - Audio/Visual, Psychology Limited Handicap Accessibility Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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### **Clinical Social Worker**

**Absolute Essence Therapy and Consulting Services PLLC**  
(804) 495-0310

NPI: 1578381315  
Practice Focus: Virtual Care - Audio/Visual, Personality Disorders, Mood Disorders, Eye Movement Desensitization and Reprocessing (EMDR), DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Anxiety Disorder  
Age 11 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

### **Clary, Jessica MSW**

Gender: Female  
NPI: 1619689296  
License: VA 0904014655  
Age 11 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

### **Abundant Life Counseling and Supportive Services, LLC**

(804) 922-3740

NPI: 1154863140  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Family Therapy, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Cole, Solange D LCSW**

Gender: Female  
NPI: 1912371741  
License: VA 0904009223  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Family Therapy, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

### **Abundant Life partners LLC**

(757) 603-4603

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Cassidy, Chelsea LCSW

Gender: Female  
NPI: 1871939363  
License: VA 0904008234  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Anger Management  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Cassidy, Lisa LCSW

Gender: Female  
NPI: 1033722251  
License: VA 0904012198  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Parent Child Interaction Therapy, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Chapman, Gabrielle LCSW

Gender: Female  
NPI: 1730722588  
License: VA 0904015292  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Veteran's Issues, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Cimo, Daniel LCSW

Gender: Male  
NPI: 1376354639  
License: VA 0904017607  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Men, LGBTQ+, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Freeman, Meghan D CSW

Gender: Female  
NPI: 1770021222  
License: VA 0904009742  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Goncalves, Danielle LCSW

Gender: Female  
NPI: 1336756311  
License: VA 0904012907  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Family Therapy, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gonclaves, Isaac LCSW

Gender: Male  
NPI: 1427885631  
License: VA 0904017428  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Autism, ADHD  
Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hazelwood-Roane, Jessica LCSW

Gender: Female  
NPI: 1457936130  
License: VA 0904012691  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, ADHD  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hunt, Llorin LCSW

Gender: Female  
NPI: 1659760577  
License: DC LC50081502  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Eating Disorders, Cultural Competency Trained  
Age 3 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Kent, Steven W LCSW

Gender: Male  
NPI: 1932719168  
License: VA 0904015901  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Addictions/ Substance Abuse  
Age 3 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Maninga, Lauren LCSW

Gender: Female  
NPI: 1952295396  
License: VA 0904018378  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained  
Age 3 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## McSorley, Deborah LCSW

Gender: Female  
NPI: 1548573223  
License: VA 0904006605  
Website:  
www.abundantlifepartners.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Family Therapy, Cultural Competency Trained Dutch  
Age 3 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Parks, Sarah LCSW

Gender: Female  
NPI: 1932762523  
License: VA 0904013892  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Religion Based Therapy, Post-Traumatic Stress, Cultural Competency Trained  
Spanish

Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Robinson, Nicole LCSW

Gender: Female  
NPI: 1275373441  
License: VA 0904016344  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety/Depression  
Age 3 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tiffin, Laura LCSW

Gender: Female  
NPI: 1184315178  
License: VA 0904009057  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained, Adult  
Age 3 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wallner, Annie LCSW

Gender: Female  
NPI: 1982392668  
License: VA 0904015247  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Adult Serious Mental Illness (SMI)  
Age 3 and up

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Wolanzky, Lisa LCSW

Gender: Female  
NPI: 1891056008  
License: VA 0904008363  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained, Adult Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## All Hope Behavioral Health Services PC

(703) 542-3737  
NPI: 1760715403  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ridge, Lauren C LCSW

Gender: Female  
NPI: 1134772684  
License: VA 0904008286  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Allied Transformations LLC

(540) 609-2570  
NPI: 1992260327  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, LGBTQ+, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## ARROW Project

(540) 255-0972

## Conner, Gail LCSW

Gender: Female  
NPI: 1508301375  
License: VA 0904008713  
Website: www.arrow-project.org  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## Associates in Brief Therapy Inc

(540) 772-8043

## Adams, Margaret LCSW

Gender: Female  
NPI: 1629736541  
License: VA 0904013482  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Family Therapy, Depression, Cognitive/Behavioral Therapy, Bipolar  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1033286794

Website:

www.abtcounseling.com

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Solution

Focused Therapy, Post-

Traumatic Stress Disorder

(PTSD), Motivational

interviewing, Mood Disorders,

Family Therapy, Depression,

Cognitive/Behavioral Therapy,

Bipolar

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## DeFilippis, Amanda LCSW

Gender: Female

NPI: 1831883842

License: VA 0904015366

Website:

www.abtcounseling.com

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Solution

Focused Therapy, Post-

Traumatic Stress Disorder

(PTSD), Motivational

interviewing, Mood Disorders,

Depression,

Cognitive/Behavioral Therapy,

Bipolar, Anxiety Disorder

Spanish

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:30 AM-5:30 PM

Tuesday: 8:30 AM-5:30 PM

Wednesday: 8:30 AM-5:30 PM

Thursday: 8:30 AM-5:30 PM

Friday: 8:30 AM-12:30 PM

## Backpack Medical Group PC

(866) 968-6342

NPI: 1851177570

Website: hellobackpack.com

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Cognitive/Behavioral Therapy

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Coates, Anasia LCSW

Gender: Female

NPI: 1629733233

License: PA CW020514

Website: hellobackpack.com

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Cognitive/Behavioral Therapy

Age 4 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

Saturday: 8:00 AM-12:00 PM

Sunday: 8:00 AM-12:00 PM

## Davis, Monekka LCSW

Gender: Female

NPI: 1619595477

License: IL 149027790

Website: hellobackpack.com/

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained

Age 4 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

Saturday: 8:00 AM-12:00 PM

Sunday: 8:00 AM-12:00 PM

## Dixon, Ashley LCSW

Gender: Female

NPI: 1609473602

License: VA 0904013201

Website: hellobackpack.com/

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained

Age 4 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

Saturday: 8:00 AM-12:00 PM

Sunday: 8:00 AM-12:00 PM

## Ellis, Jacqueline LCSW

Gender: Female

NPI: 1003574229

License: MD 28071

Website: hellobackpack.com/

Practice Focus: Virtual Care -

Audio/Visual, Family Therapy,

Cultural Competency Trained,

Child & Adolescent Psychiatry,

ADD/ADHD

Age 4 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

Saturday: 8:00 AM-12:00 PM

Sunday: 8:00 AM-12:00 PM

## Baldwin Counseling PLLC

(757) 340-0275

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Baldwin, Suzanne M LCSW**

Gender: Female  
NPI: 1285644609  
License: VA 0904003880  
Website:  
www.baldwincounselingcenter.com  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-5:00 PM

## **BE & MH: Mental Health Services Group**

(757) 338-1421  
NPI: 1043999162  
Website: www.beandmh.com  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Family Therapy, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Chronic Illnesses  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ferguson, Victoria LCSW MSW**

Gender: Female  
NPI: 1679981625  
License: VA 0904015594  
Website: www.beandmh.com  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Family Therapy, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Chronic Illnesses  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM

## **Beautiful Reflections Counseling**

(804) 592-1225  
NPI: 1417556879  
Website:  
www.beautifulreflectionsounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **Stokes, Andria M LCSW**

Gender: Female  
NPI: 1144829599  
License: VA 0904012440  
Website:  
www.beautifulreflectionsounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## **BEST THERAPEUTIC SOLUTIONS LLC**

(804) 557-0085  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Screening Brief Intervention Referral to Treatment (SBIRT), Schizoaffective Disorder, Mental health skill building, Employee Assistance Program (EAP), Dual Diagnosis (MH/SA), Community-Based Treatment, Cognitive/Behavioral Therapy, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Screening Brief Intervention Referral to Treatment (SBIRT), Schizoaffective Disorder, Mental health skill building, Employee Assistance Program (EAP), Dual Diagnosis (MH/SA), Community-Based Treatment, Cognitive/Behavioral Therapy, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Black, Rebecca LCSW**

(703) 841-0703  
Gender: Female  
NPI: 1346918083  
License: MD 20783  
Website:  
www.natcapreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Blue Mountain Therapy** (276) 525-6043

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1497330401  
Website:  
www.bluemountaintherapy.com  
Practice Focus: Virtual Care - Audio/Visual, Certified Social Worker  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM  
**Jenkins, Haley K LCSW**  
Gender: Female  
NPI: 1497324354  
License: VA 0904012923  
Website:  
www.bluemountaintherapy.com  
Practice Focus: Virtual Care - Audio/Visual  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

**C and S Holistic Counseling and Consulting LLC**  
(757) 782-4070

Website: csholistic.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Grief/Death/Dying, Geriatric, General Mental Health, Cognitive/Behavioral Therapy, Anxiety/Depression, Anger Management, Adult, Adjustment Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM  
**Chamberliss, Shantora M LCSW**  
Gender: Female  
NPI: 1831529130  
License: VA 0904008370  
Website: csholistic.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Grief/Death/Dying, Cognitive/Behavioral Therapy, Anxiety/Depression, Anger Management, Adult, Adjustment Disorders, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM

**Jefferson, Rashida LCSW**  
Gender: Female  
NPI: 1528761517  
License: VA 0904014741  
Website: csholistic.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM  
**Williams, Carina V LCSW**  
Gender: Female  
NPI: 1649734559  
License: VA 0904010711  
Website: csholistic.com  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-2:00 PM

**Calm Waters Counseling LLC**  
(804) 644-0774

NPI: 1982234092  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Grief/Death/Dying, Bereavement, Anxiety Disorder, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Casrrie Meyer LCSW PLLC**  
(804) 901-3922  
NPI: 1811542822  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Central Virginias Preferred Providers**  
(804) 330-6441

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1730638107

Website:

www.cvppservices.com

Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## **HYPE Counseling Services**

Gender: Female

NPI: 1760936918

License: VA 0904009557

Website:

www.cvppservices.com

Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## **Changing Lives**

### **Therapeutic Service**

(980) 833-1121

## **Rolle, Cemetrius LPC**

Gender: Female

NPI: 1295117760

License: NC C012171

Website:

www.changinglivestherapeuti  
cservice.com

Practice Focus: Virtual Care -

Audio only

Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-12:00 PM

## **Chesapeake Counseling Associates PC**

(804) 695-2557

## **Hodges, Linda LCSW**

Gender: Female

NPI: 1073607024

License: VA 0904001966

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 9:00 AM-5:00 PM

## **Chesapeake Counseling Center**

(757) 302-8362

## **Baker-Hutchinson, Jodi S LCSW**

Gender: Female

NPI: 1407394497

License: VA 0904009768

Website:

chesapeakecounselingcenter.  
com/

Practice Focus: Virtual Care - Audio/Visual,

Grief/Death/Dying, Anxiety/Depression, Anger Management

Spanish

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1780160747

Website:

chesapeakecounselingcenter.  
com/

Practice Focus: Virtual Care - Audio/Visual,

Grief/Death/Dying, Anxiety/Depression, Anger Management

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Childsavers**

(804) 644-9590

## **BARNETT, MAYA LCSW**

Gender: Female

NPI: 1881359149

License: VA 0904018985

Website: childsav.org

Age 17 and under

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:30 PM

Tuesday: 8:00 AM-7:30 PM

Wednesday: 8:00 AM-7:30 PM

Thursday: 8:00 AM-7:30 PM

Friday: 8:00 AM-5:00 PM

NPI: 1699868448

Website: www.childsav.org

Practice Focus: Virtual Care - Audio/Visual, Virtual Care -

Audio only, Cultural Competency Trained,

Community-Based Treatment, Behavioral Health Outpatient

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:30 PM

Tuesday: 8:00 AM-7:30 PM

Wednesday: 8:00 AM-7:30 PM

Thursday: 8:00 AM-7:30 PM

Friday: 8:00 AM-7:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Jamrozy, Rachel LCSW

Gender: Female  
NPI: 1275287203  
License: VA 0904019644  
Website: child savers.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Community-Based Treatment, Behavioral Health Outpatient  
Age 17 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-5:00 PM

## Clinical Associates of Tidewater

(757) 877-7700  
NPI: 1447341615  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Cultural Competency Trained, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Havrilla, John F LCSW

Gender: Male  
NPI: 1053409433  
License: VA 0904000775  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Keller, Rebecca W LCSW

Gender: Female  
NPI: 1437174067  
License: VA 0904003037  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## TAYLOR, CATHERINE LCSW

Gender: Female  
NPI: 1457426769  
License: VA 0904007139  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Coastal Virginia Counseling

(757) 222-4944

## Bunting, David CSW

Gender: Male  
NPI: 1336658293  
License: VA 0904010028  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 3:30 PM-7:00 PM  
Wednesday: 3:30 PM-7:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group

Compass Behavioral Group  
(804) 372-0151  
**Bischof, Erika LCSW**  
Gender: Female  
NPI: 1336659739  
License: VA 0904010053  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor, Community-Based Treatment, Autism Spectrum Disorders, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group

Compass Behavioral Group  
(540) 215-0535

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Bratcher, Jacob LCSW**

Gender: Male  
NPI: 1336844109  
License: VA 0904015097  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral Group**

**Compass Behavioral  
Group**  
(757) 644-6391  
**Filer, Lisa LCSW**  
Gender: Female  
NPI: 1003651456  
License: VA 0904017037  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Randle, Neasa LCSW**

Gender: Female  
NPI: 1104175140  
License: VA 0904010345  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Stuckey, Charles LCSW**

Gender: Male  
NPI: 1760037386  
License: VA 0904017058  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral Group**

(434) 220-0089

## **Howell, Katherine LCSW**

Gender: Female  
NPI: 1821410937  
License: VA 0904012112  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **O'Brien, Julie LCSW**

Gender: Male  
NPI: 1972204188  
License: VA 0904014906  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Page, Jenelle LCSW**

Gender: Female  
NPI: 1821501511  
License: VA 0133000935  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral Group**

(540) 437-1605  
**Reardon, Molly LCSW**  
Gender: Female  
NPI: 1356756704  
License: VA 0904013891  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

**Compass NOVA**  
(703) 496-7804

**Best, Patricia LCSW**

Gender: Female  
NPI: 1508619149  
License: VA 0904016579  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor, Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Boren, Michelle LCSW**  
Gender: Male  
NPI: 1861083073  
License: VA 0904011203  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor, Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Chung, Angela LCSW**

Gender: Female  
NPI: 1881302370  
License: VA 0904014543  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor, Community-Based Treatment  
Korean  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**DeLeon, Madison LCSW**  
Gender: Female  
NPI: 1912675208  
License: VA 0904013246  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor, Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Eberly, Kaitlyn LCSW**

Gender: Female  
NPI: 1801501713  
License: VA 0904014745  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor, Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**MEDRANO, CINDY LCSW**  
Gender: Female  
NPI: 1265178792  
License: VA 0904013857  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor, Community-Based Treatment  
Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**SROKA, MARY LCSW**

Gender: Female  
NPI: 1285062513  
License: VA 0904009245  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor, Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass NOVA**  
(540) 339-3640

**Clarke, Shannon LCSW**

Gender: Female  
NPI: 1912713538  
License: VA 0734003627  
Website:  
www.compassva.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Mental Health Counselor, Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **SAKS, PHILLICIA LCSW**

Gender: Female  
NPI: 1073198933  
License: VA 0904012721  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ULRICH, BONNIE LCSW**

Gender: Female  
NPI: 1497392633  
License: VA 0904004347  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Confidant Providers LLC**  
(203) 747-8696

## **Babb, Felisha LCSW**

Gender: Female  
NPI: 1457940090  
License: KY 255217  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
LGBTQ+, Cultural Competency  
Trained, Bipolar,  
Anxiety/Depression,  
Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Cale, Robert LCSW**

Gender: Male  
NPI: 1780149443  
Website: confidanthealth.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

**Counseling Associates of  
the Highlands**  
(540) 965-1373

## **Dudley, Jennifer LCSW**

Gender: Female  
NPI: 1073010856  
License: VA 0904010431  
Practice Focus:  
Grief/Death/Dying,  
Anxiety/Depression, Anxiety  
Disorder  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:30 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-6:30 PM  
Friday: 9:00 AM-5:00 PM

**Danville Pittsylvania  
Community Services**  
(434) 799-0456

## **Campbell, Amanda LCSW**

Gender: Female  
NPI: 1588344642  
License: VA 0904015600  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## **Pruitt, Carla LCSW**

Gender: Female  
NPI: 1871167221  
License: VA 0904012640  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

**Davis, Nikkimah P LCSW**  
(571) 229-7334

Gender: Female  
NPI: 1770611527  
License: DC LC200002592  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Victims of  
elder abuse, Victims of  
domestic violence, Victim  
Awareness, Veteran's Issues,  
Traumatic Brain Injury Waiver  
(DHS/DRS), Traumatic Brain  
Injury, Trauma Recovery and  
Empowerment Model (TREM),  
Trauma Informed Care Trained  
Age 12 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-3:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

**Davis, Rita L LICSW**

(757) 306-4232  
Gender: Female  
NPI: 1770635112  
License: VA 0904002014  
Practice Focus: Virtual Care - Audio/Visual, Veteran's Issues, LGBTQ+, Grief/Death/Dying, Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Depaul Family Services**

(540) 265-8923

**Gregory, Kimberly LCSW**

Gender: Female  
NPI: 1851764815  
License: VA 0904009226  
Website:  
[www.depaulcr.org/outpatient-counseling-services/](http://www.depaulcr.org/outpatient-counseling-services/)  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Poston, Jason D LCSW**

Gender: Male  
NPI: 1841635380  
License: VA 0904008238  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Depaul Family Services**

(276) 623-0881

**Mcpike Copenhaver, Molly O**

Gender: Female  
NPI: 1972201085  
License: VA 0904014901  
Website:  
[www.depaulcr.org/outpatient-counseling-services/](http://www.depaulcr.org/outpatient-counseling-services/)  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Divine Counseling LLC**

(443) 955-2662

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Baltimore, Cara LCSW**

Gender: Female  
NPI: 1588228910  
License: MD 24051  
Website:  
www.divinecounselingllc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Terminal Illness, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, LGBTQ+, Grief/Death/Dying, Family Therapy, Domestic Violence  
Spanish  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-2:00 PM

NPI: 1184291155  
Website:  
www.divinecounselingllc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Terminal Illness, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, LGBTQ+, Grief/Death/Dying, Family Therapy, Domestic Violence  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-2:00 PM

## **Doctor on Demand Professionals PC** (800) 442-8938

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexuality, Religious Emphasis, Post Partum, Personality Disorders, Neuropsychology, Mood Disorders/Depression, Marital Therapy, Gay/Lesbian/Bisexual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-12:00 AM  
Tuesday: 12:00 AM-12:00 AM  
Wednesday: 12:00 AM-12:00 AM  
Thursday: 12:00 AM-12:00 AM  
Friday: 12:00 AM-12:00 AM  
Saturday: 12:00 AM-12:00 AM  
Sunday: 12:00 AM-12:00 AM

## **Dooley, Cathy LCSW**

(703) 841-0703  
Gender: Female  
NPI: 1598209298  
License: VA 0904005665  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **DQS Communications Healthcare Group**

(757) 864-0674  
NPI: 1265705461  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Sexual Dysfunction, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Community-Based Treatment, Anxiety/Depression, Addictions/ Substance Abuse, Abuse (Sexual)  
Limited Handicap Accessibility  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Sheafe, Sadie F LCSW

Gender: Female  
NPI: 1700840071  
License: VA 0904003220  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Sexual Dysfunction, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Community-Based Treatment, Anxiety/Depression, Addictions/ Substance Abuse, Abuse (Sexual)  
Limited Handicap Accessibility Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## DREHER AND ASSOCIATES INC

(757) 522-7079

## Dreher, Simone SW

Gender: Female  
NPI: 1083161053  
License: VA 0904013029  
Practice Focus: Virtual Care - Audio/Visual, Sex Offenders, Psychotherapy, Pregnancy-Related and Postpartum SUD, Group therapy, Grief/Death/Dying, Dual Diagnosis (MH/SA), Cultural Competency Trained, Child/Adolescent Substance users, Child/Adolescent Serious Mental Illness (SMI)  
Age 6 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Eastern Shore Community Services Board

(757) 665-1260

## Creed, Rebecca E LCSW

Gender: Female  
NPI: 1194900928  
License: VA 0904002185  
Practice Focus: Virtual Care - Audio/Visual, Functional Family Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Delo, Christine D LCSW

Gender: Female  
NPI: 1477924397  
License: VA 0904008616  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Functional Family Therapy  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Sedjat, Lisa B LCSW**  
Gender: Female  
NPI: 1407161565  
License: VA 0904002771  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Tankard, Rosionka K LCSW

Gender: Female  
NPI: 1396420857  
License: VA 0904015399  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
**Walker, Molly C LCSW**  
Gender: Female  
NPI: 1326572645  
License: VA 0904009345  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

10106 Pine Ave  
Nassawadox, VA 23413  
(757) 665-1260

## Creed, Rebecca E LCSW

Gender: Female  
NPI: 1194900928  
License: VA 0904002185  
Handicap Services available  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Elmwood Counseling Services

(276) 623-8230  
NPI: 1710068895  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Couple Counseling  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-1:00 PM

## Mink, Judy M LCSW

Gender: Female  
NPI: 1700889235  
License: VA 0904001864  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Couple Counseling  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-1:00 PM

## Elyyan, Rena LCSW

(406) 361-3146

Gender: Female  
NPI: 1548002678  
License: VA 0904016779  
Website: [www.charliehealth.com/](http://www.charliehealth.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## Empowered Well-Being Counseling

(540) 315-5318  
NPI: 1518520527  
Practice Focus: Virtual Care - Audio/Visual, Rheumatoid Arthritis, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wingard, Felcia LPC

Gender: Female  
NPI: 1639686413  
License: VA 0904010211  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy Spanish  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Empowering You Therapeutic Services LLC

(276) 403-2806  
Practice Focus: Virtual Care - Audio/Visual, Schizoaffective Disorder, Psychotic Disorders, Mental health skill building, Intensive In-Home Services, Depression, Conflict Resolution, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Jamison, Tia A LCSW

Gender: Female  
NPI: 1598401655  
License: VA 0904013945  
Practice Focus: Virtual Care - Audio/Visual, Schizoaffective Disorder, Psychotic Disorders, Mental health skill building, Intensive In-Home Services, Depression, Conflict Resolution, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar Spanish  
Age 15 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Endurance Counseling and Supervision Services LLC

(757) 755-3423

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Davis, Jamicia L LCSW

Gender: Female  
NPI: 1528537271  
License: VA 0904008322  
Website:  
www.endurancecss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mood  
Disorders/Depression,  
Depression, Child  
Abuse/Neglect, Anger  
Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 6:30 AM-9:00 PM  
Tuesday: 6:30 AM-9:00 PM  
Wednesday: 6:30 AM-9:00 PM  
Thursday: 6:30 AM-9:00 PM  
Friday: 6:30 AM-9:00 PM  
Saturday: 6:30 AM-9:00 PM  
Sunday: 6:30 AM-9:00 PM

## Every Age Every Stage LLC (804) 562-7117

### Peters, Ramona

NPI: 1194354563  
License: VA 0904010861  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Stephenson, Melanie L LCSW

Gender: Female  
NPI: 1154584514  
License: VA 0904006771  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Cultural Competency Trained  
Spanish  
Age 13 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Focus Inc

(804) 261-2090  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care -  
Audio only, Behavioral Health  
Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Speer, Katelyn H MSW

Gender: Female  
NPI: 1669290177  
License: VA 0904016135  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care -  
Audio only, Behavioral Health  
Outpatient  
Age 15 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Guidance Centers

(804) 743-0960  
**Abell, Ann E LCSW**  
Gender: Female  
NPI: 1821326026  
License: VA 0904007172  
Website:  
www.familyguidancecenters.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Angeloff, Karen D LCSW

Gender: Female  
NPI: 1467707497  
License: VA 0904004002  
Website:  
www.familyguidancecenters.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Arnold, Sharon LCSW**  
Gender: Female  
NPI: 1932539004  
License: VA 0904004372  
Website:  
www.familyguidancecenters.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 2 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Bagsby, Jennifer LCSW**

Gender: Female  
NPI: 1457599524  
License: VA 0904006866  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Marital Therapy, Depression, Couple Counseling, Cognitive/Behavioral Therapy, Behavioral Health Outpatient, Anxiety/Depression  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Beach, Jessica LCSW**

Gender: Female  
NPI: 1518256940  
License: VA 0904009957  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Beach, Michael LCSW**

Gender: Male  
NPI: 1346859204  
License: VA 0904011985  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
French  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Bernstein, Jane LCSW**

Gender: Female  
NPI: 1356833552  
License: VA 0904003111  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Boone, Kimberly LCSW**

Gender: Female  
NPI: 1861411589  
License: VA 0904012371  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Camire, Kelsey LCSW**

Gender: Female  
NPI: 1164086930  
License: VA 0904010621  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Collins, Melinda LCSW**

Gender: Female  
NPI: 1710238043  
License: VA 0904010300  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Daniels, Cristina LCSW

Gender: Female  
NPI: 1881227775  
License: VA 0904011491  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## DeLisio, Jessica LCSW

Gender: Female  
NPI: 1932657046  
License: VA 0904009281  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Duggan, Caitlin LCSW

Gender: Female  
NPI: 1932700382  
License: VA 0904016136  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
NPI: 1225192909  
Website:  
www.familyguidancecenters.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Victims of elder abuse, Victims of domestic violence, Veteran's Issues, Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior, Transgender Male  
Limited Handicap Accessibility  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Flynn, Ehren LCSW

Gender: Male  
NPI: 1366562092  
License: VA 0904008540  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Garraghty, Kathryn LCSW**  
Gender: Female  
NPI: 1083905236  
License: VA 0904007574  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
French  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hannah, Renee LCSW

Gender: Female  
NPI: 1548594286  
License: VA 0904008648  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Limited Handicap Accessibility  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 10:00 AM-2:00 PM  
**Heard, Sarah LCSW**  
Gender: Female  
NPI: 1972590461  
License: VA 0904002932  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Jennings, Karla LCSW

Gender: Female  
NPI: 1093936973  
License: VA 0904010944  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Keisha Lighty, La LCSW

Gender: Female  
NPI: 1639472350  
License: NC C008143  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Medina, Catherine LCSW

Gender: Female  
NPI: 1801083100  
License: VA 0904006853  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Miller, Carly LCSW

Gender: Female  
NPI: 1336988047  
License: VA 0904012371  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Mills, Megan LCSW

Gender: Female  
NPI: 1770996209  
License: VA 0904012196  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Price, Lindsey LCSW

Gender: Female  
NPI: 1598322919  
License: VA 0904011101  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Rixmann, Emma LCSW

Gender: Female  
NPI: 1760965495  
License: VA 0904010683  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Marital Therapy, Depression, Couple Counseling, Cognitive/Behavioral Therapy, Behavioral Health Outpatient, Anxiety/Depression  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Saltzberg, Lori LCSW

Gender: Female  
NPI: 1285031054  
License: VA 0904002266  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Stephan, Amy LCSW**

Gender: Female  
NPI: 1073508578  
License: VA 0904003288  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Steverson, James LCSW**

Gender: Male  
NPI: 1811662133  
License: VA 0904013084  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Swink, Wade LCSW**

Gender: Male  
NPI: 1982074746  
License: VA 0904014572  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Terry, Dawn M CSW**

Gender: Female  
NPI: 1023026044  
License: VA 0904005771  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Tiffany, Malinda LCSW**

Gender: Female  
NPI: 1467996264  
License: VA 0904008003  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Trent, Victoria LCSW**

Gender: Female  
NPI: 1154462166  
License: VA 0904005754  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Welthy, Ellen LCSW**

Gender: Female  
NPI: 1205097250  
License: VA 0904007025  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family Mental Health of Virginia**

(703) 688-8541

## **Curley, Patrick CSW**

Gender: Male  
NPI: 1649655077  
License: VA 0904008883  
Practice Focus: Virtual Care - Audio/Visual, Conflict Resolution, Anxiety/Depression, ADHD  
Limited Handicap Accessibility  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-9:00 PM  
Tuesday: 8:00 AM-9:00 PM  
Wednesday: 8:00 AM-9:00 PM  
Thursday: 8:00 AM-9:00 PM  
Friday: 8:00 AM-9:00 PM  
Saturday: 9:00 AM-1:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1962103549  
Practice Focus: Virtual Care - Audio/Visual, Conflict Resolution, Anxiety/Depression, ADHD Limited Handicap Accessibility Handicap Accessible: Building, Parking, Restroom Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Fisher, Brittany LCSW**

(804) 370-1050  
Gender: Female  
NPI: 1932686359  
Website:  
www.truecounselingservices.com  
Practice Focus: Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Stress Management, Seeking safety, Schizophrenia, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression Spanish  
Age 5 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

## **Floyd Counseling and Care Management**

(540) 772-8043  
**Hurst, Rhoda E LCSW**  
Gender: Female  
NPI: 1740204155  
License: VA 0904006116  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Marital Therapy, Cognitive/Behavioral Therapy, Bipolar, Anxiety/Depression Limited Handicap Accessibility Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

## **Footsteps Counseling Center**

(804) 715-3215

NPI: 1669556585  
Website:  
www.footstepscounseling.com  
Practice Focus: Virtual Care - Secure Text Messaging, Virtual Care - Audio/Visual, Stress Management, Strengthening Families, Separation Grief and Loss, Play Therapy, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Family Therapy  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-1:00 PM

## **Keister, Heather LCSW**

Gender: Female  
NPI: 1285468470  
License: VA 0904017331  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Strengthening Families, Separation Grief and Loss, Play Therapy, Family Therapy, Faith-based/spiritual, Developmental/Behavioral Issues, Cultural Competency Trained, Child Parent Psychotherapy, Child Abuse/Neglect  
Limited Handicap Accessibility  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-3:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Nuchols, Cherie G LCSW**

Gender: Female  
NPI: 1275508046  
License: VA 0904003764  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Bereavement,  
Anxiety/Depression, Abuse  
(Physical, Sexual)  
Limited Handicap Accessibility  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **Secondi, Lorna M LCSW**

Gender: Female  
NPI: 1346470168  
License: VA 0904007135  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual,  
Personality Disorders,  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders/Depression, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Abuse (Physical, Sexual)  
Limited Handicap Accessibility  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 11:00 AM-6:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 11:00 AM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Thell, Shana B LICSW**

Gender: Female  
NPI: 1902821879  
License: VA 0904005342  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Stress  
Management, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Anxiety/Depression, Abuse  
(Physical, Sexual)  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 8:00 AM-1:00 PM

## **Winkler, Kristie LCSW**

Gender: Female  
NPI: 1831437144  
License: VA 0904007931  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Mood  
Disorders/Depression, Faith-  
based/spiritual, Eating  
Disorders, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Bereavement,  
Anxiety/Depression  
Limited Handicap Accessibility  
Age 12 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

## **Frank D Manners and Associates Inc**

(804) 672-8390  
NPI: 1528079365  
Practice Focus: Virtual Care -  
Audio/Visual, Family Therapy,  
Depression, Bipolar, Anxiety  
Disorder, Anger Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Manners, Frank D LCSW

Gender: Male  
NPI: 1366604571  
License: VA 0904001639  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Depression, Bipolar, Anxiety Disorder, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-8:00 PM  
Tuesday: 9:30 AM-8:00 PM  
Wednesday: 9:30 AM-8:00 PM  
Thursday: 9:30 AM-8:00 PM  
Friday: 7:30 AM-12:30 PM  
Saturday: 7:30 AM-12:30 PM

## Fray, Karl LCSW

(703) 841-0703  
Gender: Male  
NPI: 1558095349  
License: VA 0904014064  
Website: www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**From Start 2 Finish  
Counseling Services Inc**  
(434) 634-0060

## Stephens-Dunn, Laneisha LCSW

Gender: Female  
NPI: 1831689454  
License: VA 0904013692  
Website: www.fs2finc.org  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, General Mental Health, Cultural Competency Trained, Crisis Stabilization (CS), Crisis Intervention (CI), Child Psychiatry, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-3:00 PM

**Genesis Counseling Center**  
(757) 564-3100

NPI: 1164451399  
Website: www.genesiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Genesis Counseling Center**  
(757) 827-7707

## Jones, Caitlin LCSW

Gender: Female  
NPI: 1750081519  
License: VA 0904013932  
Website: www.genesiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 7 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Glover, Sherri LPC**  
(406) 361-3146

Gender: Female  
NPI: 1699513481  
License: VA 0701013737  
Website: www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## GRAHAM, AUBREY LCSW

(703) 841-0703  
Gender: Female  
NPI: 1376954222  
License: VA 0710102703  
Website: www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Grimes, Nakkia N LCSW**  
(757) 622-0700

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1194168278  
License: VA 0904008123  
Website:  
www.lifesjourneyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Stress Management, Sexuality, Multicultural Issues, Mood Disorders, LGBTQ+, Grief/Death/Dying, Gender Identity, Family Therapy Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

**GrowingThru Inc**  
(757) 790-1740  
NPI: 1699547950  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychosomatic Medicine, Personality Disorders, Mood Disorders, Eye Movement Desensitization and Reprocessing (EMDR), Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Hairston and Associates Therapeutic and Comm Treatment Svcs**  
(276) 336-3336  
Website:  
HAIRSTONASSOC.COM  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Hairston, Portia CSW**  
Gender: Female  
NPI: 1619413812  
License: VA 0904009746  
Website:  
HAIRSTONASSOC.COM  
Practice Focus: Virtual Care - Audio/Visual  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**Hope and Healing Counseling Center LLC**  
(276) 300-4422

NPI: 1992162044  
Website:  
hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Robinette, Beverly C LCSW**  
Gender: Female  
NPI: 1699131177  
License: VA 0904009274  
Website:  
hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Hope for Tomorrow Counseling**  
(434) 376-2006

**Ambrose, Lyudmila LCSW**  
Gender: Female  
NPI: 1245999028  
License: FL SW23897  
Practice Focus: Virtual Care - Audio/Visual, Obsessive-Compulsive Disorder (OCD), Grief/Death/Dying, Gambling, Dialectal Behavior Therapy (DBT), Depression, Cognitive/Behavioral Therapy, Borderline Personality Disorders, Bipolar, Autism Creole  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1033724216  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care - Audio/Visual, Obsessive-Compulsive Disorder (OCD), Grief/Death/Dying, Gambling, Faith-based/spiritual, Dialectal Behavior Therapy (DBT), Depression, Counselor, Cognitive/Behavioral Therapy, Borderline Personality Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Parker, Sherry LCSW MSW**

Gender: Female  
NPI: 1750762464  
License: VA 0904005248  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Innovative Care LLC**

(804) 608-6577

## **Ciccolo, Byra LCSW**

Gender: Female  
NPI: 1447985296  
License: VA 0904018612  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Autism,  
Assessing and Managing  
Suicide Risk (AMSR), Assertive  
Community Treatment,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, Anger Management,  
Affective Disorders, Adult  
Substance users  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM

## **Earp, Sarah LCSW**

Gender: Female  
NPI: 1437839081  
License: VA 0904015094  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care -  
Audio/Visual, LGBTQ+, Gender  
Identity, Eating Disorders, Dual  
Diagnosis (MH/SA), Bipolar,  
Behavioral Health Outpatient,  
Anxiety/Depression,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM  
Sunday: 9:00 AM-6:00 PM

## **Gehlich, Angelica LCSW**

NPI: 1760058077  
License: VA 0904016623  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care -  
Audio/Visual, LGBTQ+, Gender  
Identity, Eating Disorders, Dual  
Diagnosis (MH/SA), Bipolar,  
Behavioral Health Outpatient,  
Anxiety/Depression,  
ADD/ADHD  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 9:00 AM-6:00 PM  
Sunday: 9:00 AM-6:00 PM

## **Greenberg, Emma LCSW**

Gender: Female  
NPI: 1053173898  
License: VA 0904008744  
Website:  
www.innovativecarellc.com  
Practice Focus: Virtual Care -  
Audio/Visual, LGBTQ+, Gender  
Identity, Eating Disorders, Dual  
Diagnosis (MH/SA), Bipolar,  
Behavioral Health Outpatient,  
Anxiety/Depression,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 5:00 AM-8:00 PM  
Tuesday: 5:00 AM-8:00 PM  
Wednesday: 5:00 AM-8:00 PM  
Thursday: 5:00 AM-8:00 PM  
Friday: 5:00 AM-8:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1689202012

Website:

www.innovativecarellc.com

Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Autism, Assessing and Managing Suicide Risk (AMSR), Assertive Community Treatment

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 9:00 AM-6:00 PM

Sunday: 9:00 AM-6:00 PM

## Lambert, Heather LCSW

Gender: Female

NPI: 1386326916

License: VA 0904015133

Website:

www.innovativecarellc.com

Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 5:00 AM-8:00 PM

Tuesday: 5:00 AM-8:00 PM

Wednesday: 5:00 AM-8:00 PM

Thursday: 5:00 AM-8:00 PM

Friday: 5:00 AM-8:00 PM

## Marano, Elizabeth LCSW

NPI: 1609565431

License: VA 0904015328

Website:

www.innovativecarellc.com

Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 9:00 AM-6:00 PM

Sunday: 9:00 AM-6:00 PM

## Norton, Kristen MSW

Gender: Female

NPI: 1295172278

Website:

www.innovativecarellc.com

Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 9:00 AM-6:00 PM

Sunday: 9:00 AM-6:00 PM

## Richardson, Autumn LCSW

Gender: Female

NPI: 1487050852

License: VA 0904008744

Website:

www.innovativecarellc.com

Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Gender Identity, Eating Disorders, Dual Diagnosis (MH/SA), Bipolar, Behavioral Health Outpatient, Anxiety/Depression, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 9:00 AM-6:00 PM

Sunday: 9:00 AM-6:00 PM

## Vanderbeek, Katherine B

Gender: Female

NPI: 1841541265

License: VA 0904008004

Website:

www.innovativecarellc.com

Practice Focus: Virtual Care - Audio/Visual, Autism, Assessing and Managing Suicide Risk (AMSR), Assertive Community Treatment, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, Anger Management, Affective Disorders, Adult Substance users

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 9:00 AM-6:00 PM

## Insight Therapy Solutions

(702) 685-0877

## Deas, Jennifer LCSW

Gender: Female

NPI: 1598060113

License: GA CSW009665

Website:

www.insighttherapysolutions.com/

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Sprewell, Kyrsten LCSW**

Gender: Female  
NPI: 1265112387  
License: NV 10897 C  
Website:  
www.insighttherapysolutions.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Inspired to Grow LLC**

(757) 633-5165  
NPI: 1134702095  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Gender Identity, Family Therapy, Dialectal Behavior Therapy (DBT), Depression, Chronic Illnesses  
Age 6 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 12:00 PM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-8:30 PM  
Friday: 9:00 AM-2:00 PM  
Saturday: 8:00 AM-1:00 PM

## **Watford, Tiara N LCSW**

Gender: Female  
NPI: 1487050126  
License: VA 0904010073  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Gender Identity, Family Therapy, Dialectal Behavior Therapy (DBT), Depression, Chronic Illnesses  
Age 6 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 12:00 PM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-8:30 PM  
Friday: 9:00 AM-2:00 PM  
Saturday: 8:00 AM-1:00 PM

## **Journey Thru Counseling & Wellness**

(540) 493-7696

NPI: 1952001166

Website:  
www.journeythrucounselingandwellness.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Family Therapy, Depression, Both Male and Female, Behavioral Health Outpatient, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Reynolds, Andrea S**

Gender: Female  
NPI: 1598465791  
License: NC C015855  
Website:  
www.journeythrucounselingandwellness.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Family Therapy, Depression, Both Male and Female, Behavioral Health Outpatient, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Karen Schanck Trauma Therapy Services LLC**

(757) 774-7405

## **Schanck, Karen S LCSW**

Gender: Female  
NPI: 1124308085  
License: VA 0904002907  
Website:  
karenschancktraumatherapy.net  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Depression, Cultural Competency Trained, Anxiety Disorder  
Age 6 to 12  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 1:30 AM-6:00 PM  
Tuesday: 1:30 PM-6:00 PM  
Wednesday: 1:30 PM-6:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Langley Healthcare Group LLC**

(301) 523-1302

## **Fuentes, Roxanne**

Gender: Female  
NPI: 1235211574  
License: MD 13188  
Website:  
supremetreatment.com/  
Practice Focus: Virtual Care - Audio only, Certified Social Worker  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Huffman, Carolyn

Gender: Female  
NPI: 1184352718  
License: DC LC200003047  
Website:  
supremetreatment.com/  
Practice Focus: Virtual Care -  
Audio only, Certified Social  
Worker  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Leaders for Life Inc

(804) 477-6137

## Reid, Christine A LCSW

Gender: Female  
NPI: 1134224306  
License: VA 0904006260  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thorne, Chartrice LCSW

Gender: Female  
NPI: 1891166443  
License: VA 0710103202  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Turnage, Connie LCSW

Gender: Female  
NPI: 1346413689  
License: VA 0904002032  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## LEAP THERAPEUTIC SERVICES

(757) 977-2100

## Allsopp, Andre C LCSW

Gender: Male  
NPI: 1689110470  
License: VA 0904009743  
Website: leapts.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 14 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1649740572  
Website: leapts.com  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Life Worth Living Counseling Ltd

(540) 339-7727

## Brown, Abigail LCSW

Gender: Female  
NPI: 1871073064  
License: VA 0904015826  
Website:  
www.lifeworthlivingcounselin  
g.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM  
NPI: 1932709615  
Website:  
www.lifeworthlivingcounselin  
g.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Megow, Christina LCSW

Gender: Female  
NPI: 1497491138  
License: VA 0904018425  
Website:  
www.lifeworthlivingcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## Lighthouse Behavioral Health Center (804) 447-6382

## Gasparini, Jeffrey MSW

Gender: Male  
NPI: 1083369227  
License: VA 0904013565  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, LGBTQ+, Grief/Death/Dying, Couple, Anxiety/Depression, ADHD  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:30 PM  
Tuesday: 8:30 AM-7:30 PM  
Wednesday: 8:30 AM-7:30 PM  
Thursday: 8:30 AM-7:30 PM  
Friday: 8:30 AM-5:00 PM

## Hershner, Lindsey LCSW

Gender: Female  
NPI: 1699203141  
License: VA 0904011493  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Family Therapy, Cultural Competency Trained, ADHD  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## Kintzios, Kassandra LCSW

Gender: Female  
NPI: 1225889470  
License: VA 0904016625  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Depression, Cultural Competency Trained, Anxiety Disorder, Abuse (Sexual)  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Stress Management, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders, Mood Disorders, LGBTQ+, Grief/Death/Dying, Gender Identity  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Matalavage, Sarah LCSW

Gender: Female  
NPI: 1770091944  
License: VA 0904010270  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Family Therapy, Depression, Cultural Competency Trained, Autism, Anxiety Disorder, Abuse (Physical, Sexual)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM  
**McCain, Jeannette LCSW**  
Gender: Female  
NPI: 1952154957  
License: VA 0701009681  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Peace, Antoinette LCSW**

Gender: Female  
NPI: 1558948042  
License: VA 0904011901  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Child Abuse, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Reuschling, Brittany LCSW**

Gender: Female  
NPI: 1902385727  
License: VA 0904013938  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Depression, Cultural Competency Trained, Anxiety Disorder  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Sisson, Katelyn LCSW**

Gender: Female  
NPI: 1003613050  
License: VA 0904018042  
Website: www.www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, LGBTQ+, Grief/Death/Dying, Depression, Cultural Competency Trained, Couple, Borderline Personality Disorders, Anxiety Disorder, ADD/ADHD  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## **Snyder, Katy LCSW**

Gender: Female  
NPI: 1225529209  
License: VA 0904010526  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, LGBTQ+, Gender Identity, Depression, DBT (Dialectical Behavior Therapy), Cultural Competency Trained, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Strogij, Kylie LCSW**

Gender: Female  
NPI: 1497383095  
License: VA 0904011563  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Depression, Cultural Competency Trained, Anxiety Disorder, Abuse (Physical, Sexual)  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Loudoun Counseling Coaching LLC**

(571) 375-0668

## **Alloway Higgins, Alonda CSW**

NPI: 1407379316  
License: MD 32457  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Autism, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

NPI: 1134642044

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychological Testing, Brief Psychotherapy, Autism, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Martin, Georgia LCSW**

Gender: Female  
NPI: 1528637907  
License: WI 3900 123  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Mahaney, Kylen LCSW**

(703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1366945255  
License: VA 0710103064  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Mammha Care LLC**  
(831) 920-7907

**LaFratta, JoAnna MSW**  
Gender: Female  
NPI: 1003674490  
License: FL SW25293

Website: mammha.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Post Partum Depression, Post Partum, Depression, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**McIntyre, Lynne MSW**  
Gender: Female  
NPI: 1952675894  
License: VA 0904016926  
Website: mammha.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Post Partum Depression, Post Partum, Depression, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Mindful Healing Inc**  
(540) 521-0151  
NPI: 1174984348  
Website: www.Mindfulhealinginc.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Borderline Personality Disorders, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Rice, Karen F CSW**  
Gender: Female  
NPI: 1407192271  
License: VA 0904008116  
Website: www.Mindfulhealinginc.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Borderline Personality Disorders, Bipolar, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Multicultural Family Solutions LLC**  
(571) 417-9929

NPI: 1215547989  
Website: www.multiculturalfamilysolutions.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Mood Disorders, Family Therapy, Cultural Competency Trained, Anxiety/Depression, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Torres, Maria E LCSW**

Gender: Female  
NPI: 1427296441  
License: VA 0904009871  
Website:  
www.multiculturalfamilysolutions.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Mood Disorders, Family Therapy, Cultural Competency Trained, Anxiety/Depression, Anger Management, ADD/ADHD  
Vietnamese, Urdu, Turkish, Thai, Tamil  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 PM-8:00 PM  
Tuesday: 12:00 PM-8:00 PM  
Wednesday: 12:00 PM-8:00 PM  
Thursday: 12:00 PM-8:00 PM  
Friday: 12:00 PM-4:00 PM

## **Nakamura, Akiko LCSW** (406) 361-3146

Gender: Female  
NPI: 1255064309  
License: OR L14187  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## **National Capital Treatment and Recovery**

(703) 841-0703  
Website:  
www.natcaprtreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **National Counseling Group Inc** (757) 847-9386

## **Barner, Ashley LCSW**

Gender: Female  
NPI: 1689450330  
License: VA 0904015749  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **National Counseling Group Inc** (276) 226-2828

## **Grimes, Nakkia N LCSW**

Gender: Female  
NPI: 1194168278  
License: VA 0904008123  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Spanish  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **National Counseling Group Inc** (703) 257-5997

**Puller, Jocelyn LCSW**  
Gender: Female  
NPI: 1912603556  
License: VA 0904014869  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Nieves, Migdalis

(804) 728-3856  
Gender: Female  
NPI: 1417822693  
License: VA 0904019265  
Website:  
www.stepabovcounselingser  
vices.com  
Practice Focus: Virtual Care -  
Audio only, Partial  
Hospitalization, Crisis  
Stabilization, Community-  
Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Nova Telemental Health LLC

(571) 206-8292  
**Cipera, Kelly LCSW**  
Gender: Female  
NPI: 1174131841  
License: VA 0904012107  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression, Adult,  
Adolescents  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## OWR Therapy LLC

(757) 271-2968  
**Johnson, Ann-Marie LCSW**  
Gender: Female  
NPI: 1306485420  
License: VA 0904013491  
Practice Focus: Virtual Care -  
Audio/Visual, Sleep Disorders,  
Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Post  
-Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression, Group  
therapy, Gender Identity,  
Family Therapy, Faith-  
based/spiritual, Dialectal  
Behavior Therapy (DBT)  
Age 21 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pearls Center Of Hope INC

(804) 821-2133

## Findlay, Melissa LCSW

Gender: Female  
NPI: 1356414247  
License: VA 0904003590  
Practice Focus: Virtual Care -  
Audio/Visual, Peer support  
services, Mental health skill  
building, Intensive In-Home  
Services, Crisis Stabilization,  
Anxiety/Depression  
Age 5 to 95  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Practice Focus: Virtual Care -  
Audio/Visual, Peer support  
services, Mental health skill  
building, Intensive In-Home  
Services, Crisis Stabilization,  
Anxiety/Depression  
Age 5 to 95  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Perseo, Colleen S CSW

(406) 361-3146

Gender: Female  
NPI: 1326819715  
License: NJ 44SC06291900  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, (IOP)  
Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## Piedmont Regional Community Services Board

(540) 483-0582  
**Showalter, Katelyn LCSW**  
Gender: Female  
NPI: 1245030493  
License: VA 0904018109  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient  
Age 5 to 85  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Potomac Shores Mental Health And Wellness Center

(804) 901-3922

### Meyer, Carrie LCSW

Gender: Female  
NPI: 1104361583  
License: NH 3810  
Age 18 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Prince Psychotherapy LLC

(757) 306-4232

### Prince, Michael LCSW

Gender: Male  
NPI: 1295753630  
License: VA 0904003130  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### Psychological Health Roanoke

(540) 772-5140

### McKinney, Corinne LCSW

Gender: Female  
NPI: 1487308797  
License: VA 0904010521  
Website: PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Behavioral Health Outpatient  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

### Mustard, Harry LCSW

Gender: Male  
NPI: 1851689996  
License: VA 0904000193  
Website: PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Behavioral Health Outpatient  
Age 7 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-12:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Website: PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### STONE, KRISTINA B LCSW

Gender: Female  
NPI: 1114563509  
License: VA 0904011344  
Website: PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Behavioral Health Outpatient  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

### Walden, Robyn LCSW

Gender: Female  
NPI: 1134982457  
License: VA 0904016301  
Website: PSYCHHEALTHROANOKE.COM  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained, Behavioral Health Outpatient  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

### Region Ten Community Services Board

(434) 972-1800

### Little, Lauren LCSW

Gender: Female  
NPI: 1770378275  
License: VA 0904018267  
Practice Focus: Virtual Care - Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Parente, Mary LCSW

Gender: Female  
NPI: 1407999576  
License: VA 0904003547  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Renewal Counseling & Consulting LLC (805) 508-3220

NPI: 1235647041  
Practice Focus: Trauma - Focused Cognitive Behavior, Substance Abuse & Alcohol Abuse Center (Outpatient), Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Depression, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wallace, Rashika N LCSW

Gender: Female  
NPI: 1487960985  
License: VA 0904008492  
Practice Focus: Trauma - Focused Cognitive Behavior, Substance Abuse & Alcohol Abuse Center (Outpatient), Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Depression, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Renewed Peace and Healing Therapy Inc (804) 410-1483

## Hines, Sterling L LCSW

Gender: Male  
NPI: 1497470165  
License: VA 0904014320  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1265189252  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

## Resilience Counseling Social Skills Center (540) 699-0226

## Byrne, Jeffrey J LCSW

Gender: Male  
NPI: 1033571534  
License: VA 0904003120  
Website:  
[www.resiliencecounseling.com](http://www.resiliencecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

**Cavanaugh, Eron LCSW**

Gender: Male  
NPI: 1871144287  
License: VA 0904010809  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Datta, Will LCSW**

Gender: Male  
NPI: 1912548538  
License: VA 0812000869  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Lawson, Andrew LCSW**

Gender: Male  
NPI: 1528516432  
License: VA 0904009641  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Page, Jasmine LCSW**

Gender: Female  
NPI: 1689484057  
License: VA 0904017839  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Orf, Stacey LCSW**

Gender: Female  
NPI: 1447146378  
License: VA 0904018520  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Pitchford, Pamela LCSW

Gender: Female  
NPI: 1831247683  
License: VA 0904004490  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Simmons, Hannah LCSW

Gender: Female  
NPI: 1760206270  
License: VA 0904017599  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Simpson, Denise LCSW

Gender: Female  
NPI: 1558722256  
License: VA 0904008922  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Spinner, Sarah LCSW

Gender: Female  
NPI: 1598599623  
License: VA 0904017332  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tomlinson, Erin LCSW

Gender: Female  
NPI: 1902574403  
License: VA 0904009013  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Resilience Counseling LLC (804) 317-6219

NPI: 1295527885

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Home Visits, Cultural Competency Trained, Anxiety/Depression, Adjustment Disorders  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## Scites, Ellen F LCSW

Gender: Female  
NPI: 1700697638  
License: VA 0904017868  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Home Visits, Cultural Competency Trained, Anxiety/Depression, Adjustment Disorders  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## RVA Counseling

(804) 716-0428  
**Buhrandt, Michelle LCSW**  
Gender: Female  
NPI: 1558718759  
License: VA 0904009438  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Depression, Anxiety/Depression, Adult, Adoption, Adolescents  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Carter, Maeghan LCSW**

Gender: Female  
NPI: 1821840364  
License: VA 0904013629  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 12 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Goldwire, Jonathan LCSW**

Gender: Male  
NPI: 1841077989  
License: VA 0904015763  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Mick, Elijah LCSW**

Gender: Male  
NPI: 1821753559  
License: VA 0904017612  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

NPI: 1407492895

Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Virtual Care -  
Audio only, Stress  
Management, Solution  
Focused Therapy, Play  
Therapy, Motivational  
interviewing, Mental health  
skill building, Mental Health  
Counselor, Depression, DBT  
(Dialectical Behavior Therapy)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **S M Recovery Center LLC**

(804) 592-1225

## **Stokes, Andria M LCSW**

Gender: Female  
NPI: 1144829599  
License: VA 0904012440  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
ASAM Level 2.5 Partial  
Hospitalization  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Safe Routes LLC**

(571) 229-7334  
NPI: 1598399438  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Victims of  
elder abuse, Victims of  
domestic violence, Victim  
Awareness, Veteran's Issues,  
Traumatic Brain Injury Waiver  
(DHS/DRS), Traumatic Brain  
Injury, Trauma Recovery and  
Empowerment Model (TREM),  
Trauma Informed Care Trained  
Age 12 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-3:00 PM

## **Santos, Kelin**

(804) 728-3856  
Gender: Female  
NPI: 1629830930  
License: VA 0904017485  
Practice Focus: Virtual Care -  
Audio only, Partial  
Hospitalization, Crisis  
Stabilization, Community-  
Based Treatment  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Savage, Debra C LCSW**

(434) 575-3017  
Gender: Female  
NPI: 1750318895  
License: VA 0904003182  
Practice Focus: Virtual Care -  
Audio only, Stress  
Management, Independent  
Assessment & Coordination  
(IACCT), Depression, Chronic  
Illnesses, Bereavement,  
Anxiety Disorder, Anger  
Management, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SaVida Health PC**

(833) 356-4080

## **Blye, Rebekah LCSW**

Gender: Female  
NPI: 1124616172  
License: WV DP00944789  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Kendall, Andrea Claire**

Gender: Female  
NPI: 1982911038  
License: VA 0904006094  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lyons, Gary F LCSW**

Gender: Male  
NPI: 1093731028  
License: VA 0904001737  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Prater, Tara R LCSW**

Gender: Female  
NPI: 1982010328  
License: VA 0904008645  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1548739170  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Walker, Dorothy LCSW**

Gender: Female  
NPI: 1952707937  
License: MD 12200  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Seaside Behavioral Health**  
(757) 648-8605

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Grant, Laurie D CSW

Gender: Female  
NPI: 1033261938  
License: VA 0904002751  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Age 17 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1295284255  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Strelitz, Renee D LCSW

Gender: Female  
NPI: 1679891865  
License: VA 0904007201  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Age 17 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sheafe, Sadie F LCSW

(757) 864-0674

Gender: Female  
NPI: 1700840071  
License: VA 0904003220  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Sexual Dysfunction, Post-Traumatic Stress Disorder (PTSD), Cultural Competency Trained, Community-Based Treatment, Anxiety/Depression, Addictions/ Substance Abuse, Abuse (Sexual)  
Limited Handicap Accessibility  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Smith, Wendy A LCSW

(540) 223-1144  
Gender: Female  
NPI: 1508161191  
License: VA 0904007401  
Practice Focus: Virtual Care - Audio/Visual  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:00 PM-7:00 PM  
Tuesday: 5:00 PM-7:00 PM  
Wednesday: 5:00 PM-7:00 PM  
Thursday: 5:00 PM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Spectrum Transformation Group

(804) 378-6141

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Dawkins, Stephanie LCSW**

Gender: Female  
NPI: 1255974135  
License: VA 0904011301  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SpringHealth BH and Integrated Care VA**

(888) 515-1793  
NPI: 1467827493  
Practice Focus: Cultural Competency Trained, Certified Social Worker  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Starling Medical Group PC** (508) 202-1011

**Alvizo, Olivia LMSW**  
Gender: Female  
NPI: 1881249829  
License: VA 0904016409  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Andreacci, Stephanie LCSW**

Gender: Female  
NPI: 1295377349  
License: VA 0904016405  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Cannon, Allison LCSW**

Gender: Female  
NPI: 1629816046  
License: VA 0904011483  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Card, Jennie LCSW**

Gender: Female  
NPI: 1124731039  
License: VA 0904014732  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Francis, Ashley LCSW**

Gender: Female  
NPI: 1982981148  
License: TX 116093  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Johnson, Maura LCSW**

Gender: Female  
NPI: 1427550839  
License: VA 0904018413  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Longmire, Nakeesha LCSW**

Gender: Female  
NPI: 1881054625  
License: TX 113081  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Miller, Elizabeth LCSW**

Gender: Female  
NPI: 1811871494  
License: VA 0904016166  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Mitchell, Cristela LCSW**

Gender: Female  
NPI: 1851129555  
License: MI 6 8 0 1 0 7 4 4  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Policay O'Donnell, Alexandra LCSW**

Gender: Female  
NPI: 1558043703  
License: VA 0904015458  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Randall, Natasha L LCSW**

Gender: Female  
NPI: 1295233161  
License: VA 0904011216  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Sainvil, Jaleesa LCSW**

Gender: Female  
NPI: 1992429518  
License: FL SW20456  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Savage, Hattie LCSW**

Gender: Female  
NPI: 1609393693  
License: VA 0904007895  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Sieпка, Natalie LCSW**

Gender: Female  
NPI: 1609325265  
License: VA 0904012628  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Theiner, Sharon LCSW**

Gender: Female  
NPI: 1235799214  
License: VA 0904010992  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Tweten, Alexa LCSW**

Gender: Female  
NPI: 1497390223  
License: VA 0904012953  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **White, Anissa LCSW**

Gender: Female  
NPI: 1477032563  
License: AZ LCSW 17343  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **White, Lisa LCSW**

Gender: Female  
NPI: 1568933158  
License: VA 0904006531  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Yaseva, Alena CSW**

Gender: Female  
NPI: 1972391720  
License: VA 0904015702  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Young, Danice LCSW**

Gender: Female  
NPI: 1164178828  
License: MD 19947  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Zita, Kayln LCSW**

Gender: Female  
NPI: 1386415917  
License: VA 0904017556  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Portuguese  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Step Above Counseling Services LLC**

(804) 728-3856

## **Nieves, Migdalis**

Gender: Female  
NPI: 1417822693  
License: VA 0904019265  
Website:  
[www.stepabovecounselingservices.com](http://www.stepabovecounselingservices.com)  
Practice Focus: Virtual Care - Audio only, Partial Hospitalization, Crisis Stabilization, Community-Based Treatment  
Age 6 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Santos, Kelin

Gender: Female  
NPI: 1629830930  
License: VA 0904017485  
Website:  
www.stepabovecounselingser  
vices.com  
Practice Focus: Virtual Care -  
Audio only, Partial  
Hospitalization, Crisis  
Stabilization, Community-  
Based Treatment  
Spanish  
Age 6 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

**Strategic Therapy  
Associates**  
(434) 237-9450

## Dotson, Dericka LCSW

Gender: Female  
NPI: 1619793981  
License: VA 0904017648  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Behavioral  
Health Outpatient  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Gibbs, Nicole G LCSW**  
Gender: Female  
NPI: 1821464405  
License: VA 0904008544  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Behavioral  
Health Outpatient  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Giles, Rachel LCSW

Gender: Female  
NPI: 1922774702  
License: VA 0904013194  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Behavioral  
Health Outpatient  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Long, Hillary LCSW**  
Gender: Female  
NPI: 1912775370  
License: VA 0904016072  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Behavioral  
Health Outpatient  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Robinson, Rachelle LCSW

Gender: Female  
NPI: 1043058126  
License: VA 0904017041  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Behavioral  
Health Outpatient  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Website:  
www.strategictherapyassociat  
es.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Behavioral  
Health Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Webster, Danielle LCSW**

Gender: Female  
NPI: 1811680432  
License: ME LC24330  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Susan Archer Counseling LLC**

(804) 928-1788

## **Archer, Susan M LCSW**

Gender: Female  
NPI: 1770631939  
License: VA 0904005184  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

NPI: 1669364238  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **TaeCare Therapy Services LLC**

(757) 550-8374  
NPI: 1982415089  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 3:00 PM-7:00 PM  
Friday: 3:00 PM-7:00 PM  
Saturday: 8:00 AM-12:00 PM

## **That Counseling Place LLC**

(540) 944-4994

## **Kelly, Selina H LCSW**

Gender: Female  
NPI: 1023505047  
License: VA 0904010453  
Website:  
thatcounselingplace.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 12 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1083287676  
Website:  
thatcounselingplace.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## **The James Bentley Treatment Program**

(757) 399-3025

## **Isidore, Max A LCSW**

Gender: Male  
NPI: 1124854187  
License: VA 0904016452  
Practice Focus: Mobile crisis response (MCR), Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **The Village Children and Family Services**

(804) 625-9868

Practice Focus: Virtual Care - Audio only, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Crisis Stabilization, Behavioral Health Outpatient, Behavioral Health Crisis Care (BHCC), ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Therapeutic Services of Virginia LLC

(757) 374-7702

### Diggs, Andrea R LCSW

Gender: Female

NPI: 1992312771

License: VA 0904015543

Practice Focus: Virtual Care - Audio/Visual, Cultural

Competency Trained, Behavioral Health Outpatient Age 14 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 10:00 AM-8:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 10:00 AM-8:00 PM

Friday: 10:00 AM-5:00 PM

Saturday: 9:00 AM-3:00 PM

## Third Space Therapy PLLC

(833) 244-4878

### Collins, Tierra LCSW

Gender: Female

NPI: 1215458542

License: VA 0904009967

Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

### Corum, Karicia LCSW

Gender: Female

NPI: 1144746173

License: VA 0904009966

Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)

Practice Focus: Virtual Care - Audio/Visual

Spanish Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

### Porter, Angela W LCSW

Gender: Female

NPI: 1528191129

License: VA 0904006342

Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

### Ross, Ronald A LCSW

Gender: Male

NPI: 1811266893

License: VA 0904007730

Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

NPI: 1215780234

Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

### Thomas, Sarah LCSW

(406) 361-3146

Gender: Female

NPI: 1194402677

License: KS LSCSW 06466

Practice Focus: Virtual Care - Audio/Visual, Cultural

Competency Trained, (IOP) Intensive Outpatient

Spanish

Age 11 to 40

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-9:00 PM

Tuesday: 9:00 AM-9:00 PM

Wednesday: 9:00 AM-9:00 PM

Thursday: 9:00 AM-9:00 PM

Friday: 9:00 AM-9:00 PM

Saturday: 11:30 AM-2:30 PM

## Thriving Families

### Counseling LLC

(540) 988-3108

### Asbury, Laura LCSW

Gender: Female

NPI: 1578445037

License: VA 0904018840

Website:

[thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)

Practice Focus: Virtual Care - Audio/Visual, Behavioral

Health Outpatient

Limited Handicap Accessibility

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Bratcher, Jacob LCSW**

Gender: Male  
NPI: 1336844109  
License: VA 0904015097  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Flanders, Kristen LCSW**

Gender: Female  
NPI: 1568168037  
License: VA 0904014889  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Heckman, Samantha LCSW**

Gender: Female  
NPI: 1962108431  
License: VA 0904014890  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McGhee, Brandon LCSW**

Gender: Male  
NPI: 1356048128  
License: VA 0904014912  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Behavioral Health Outpatient, Anxiety/Depression  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Owen, Susan L LCSW**

Gender: Female  
NPI: 1265442503  
License: VA 0904005310  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Shorter, Robert J LCSW**

Gender: Male  
NPI: 1083405633  
License: VA 0904018418  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient Limited Handicap Accessibility  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1467973859  
Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Stress Management, Personality Disorders, LGBTQ+, Cultural Competency Trained, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1467973859

Website:  
thrivingfamiliescounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Stress Management, Personality Disorders, LGBTQ+, Cultural Competency Trained, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Wimmer, Summer LCSW

Gender: Female  
NPI: 1740934223  
License: VA 0904013695  
Website:  
thrivingfamiliescounseling.com/

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tidal Counseling PLC

(757) 637-0840

## Rand, Kristine LCSW

Gender: Female  
NPI: 1497029011  
License: NC C016411  
Practice Focus: Virtual Care - Audio/Visual, Eating Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1245970664  
Practice Focus: Virtual Care - Audio/Visual, Eating Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Waranch, Rebecca T LCSW

Gender: Female  
NPI: 1437718988  
License: VA 0904010372  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Touchstone Behavioral Arts LLC

(804) 243-4426

## Throckmorton, Robin R LCSW

Gender: Female  
NPI: 1396812392  
License: VA 0904004418  
Website:  
touchstonebehavioralarts.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:45 AM-5:30 PM  
Tuesday: 8:45 AM-5:30 PM  
Wednesday: 8:45 AM-5:30 PM  
Thursday: 10:15 AM-8:00 PM  
Friday: 8:45 AM-4:00 PM  
NPI: 1619478641  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:45 AM-5:30 PM  
Tuesday: 8:45 AM-5:30 PM  
Wednesday: 8:45 AM-5:30 PM  
Thursday: 10:15 AM-8:00 PM  
Friday: 8:45 AM-4:00 PM

## TR Consultants LLC

(757) 276-6016

## Jones, Trakesha J LCSW

Gender: Female  
NPI: 1275009557  
License: NY 092627  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Stress Management, Couple Counseling, Anxiety/Depression, Adolescents  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Institute of Pastoral Care Group

(804) 282-8332

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Long Francisco, Kristin CSW

Gender: Female  
NPI: 1619212297  
License: VA 0904007882  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Newman, Peggy W LCSW

Gender: Female  
NPI: 1285718080  
License: VA 0904002213  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Southwell, Meredith B LCSW

Gender: Female  
NPI: 1679915052  
License: VA 0904009837  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1316159221

Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wade, Fedena LCSW (804) 930-4720

Gender: Female  
NPI: 1114776309  
License: VA 0904016859  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Home Visits, Cultural Competency Trained, Community-Based Treatment, Anxiety/Depression  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Wonderfully Made Services LLC

(757) 344-6210

## Stephens-Smith, Diane D LCSW

Gender: Female  
NPI: 1275991853  
License: VA 0710102910  
Website: wonderfullymadeservices.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Domestic Violence, Depression, Chronic Illnesses, Anxiety Disorder, Anger Management, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-4:00 PM  
NPI: 1730533340  
Website: wonderfullymadeservices.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Domestic Violence, Depression, Chronic Illnesses, Anxiety Disorder, Anger Management, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-4:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

**Yew Tree Wellness LLC**  
(571) 497-4691

**Herrera, Erica L LCSW**

Gender: Female

NPI: 1336809888

License: VA 0904013567

Website:

www.yewtreewellness.com

Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Virtual Care -

Audio/Visual, Trauma

Informed Care Trained,

Teletherapy, Psychotherapy,

Post-Traumatic Stress Disorder

(PTSD), Post-Traumatic Stress,

Post Partum Depression, Post

Partum, Mood

Disorders/Depression

Limited Handicap Accessibility

Age 15 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

---

## Community/Behavioral Health Agency

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**1Life1Love Inc**

(703) 417-9914

NPI: 1952687287

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## A Step Beyond Clinical Services

(757) 987-2933

Website: astepbeyondcs.com

Practice Focus: Virtual Care -

Audio/Visual, Mental health  
skill building, Intensive In-

Home Services, Cultural

Competency Trained, Case

Management, ASAM Level 2.5

Partial Hospitalization, ASAM

Level 2.1

Age 18 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-2:00 PM

## A Walk Through Life MHSS LLC

(757) 998-5624

License: VA 2560 02 035

Website:

www.awalkthroughlifeva.com

Practice Focus: Virtual Care -

Audio/Visual, Mental health

skill building, Intensive In-

Home Services

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-4:00 PM

Tuesday: 8:00 AM-4:00 PM

Wednesday: 8:00 AM-4:00 PM

Thursday: 8:00 AM-4:00 PM

Friday: 8:00 AM-4:00 PM

## Abundant Blessing and Family Services LLC

(804) 728-2772

NPI: 1447957840

License: VA 5971 03 001

Practice Focus: Virtual Care -

Audio/Visual, Mental health

skill building, Crisis

Stabilization (CS), Community-

Based Treatment

Limited Handicap Accessibility

Age 21 to 80

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Achieving Balance Counseling

(540) 355-6957

NPI: 1730782640

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Behavioral Health Services of Virginia Corporation

(804) 261-4163

NPI: 1033454657

License: VA 2096 02 040

Website: www.bhsva.net

Practice Focus: Virtual Care -

Audio only, Trauma - Focused

Cognitive Behavior, Mobile

crisis response (MCR), Mental

health skill building, Intensive

In-Home Services, Home

Visits, Depression, Crisis

Stabilization (CS), Community-

Based Treatment, Behavioral

Health Outpatient

Age 5 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## BEST THERAPEUTIC SOLUTIONS LLC

(804) 557-0085

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Screening Brief Intervention Referral to Treatment (SBIRT), Schizoaffective Disorder, Mental health skill building, Employee Assistance Program (EAP), Dual Diagnosis (MH/SA), Cognitive/Behavioral Therapy, Bipolar, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1568941094

License: VA 3218 03 001  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Screening Brief Intervention Referral to Treatment (SBIRT), Schizoaffective Disorder, Mental health skill building, Employee Assistance Program (EAP), Dual Diagnosis (MH/SA), Cognitive/Behavioral Therapy, Bipolar, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Breathe New Lyfe Support Services LLC**  
(804) 467-1835

NPI: 1821797820  
License: VA 5393 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Cultural Competency Trained, Crisis Stabilization  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

**Changin You LLC**  
(804) 502-2167  
NPI: 1124878988  
License: VA 10977 07 003  
Website: changinyoullc.biz  
Practice Focus: Women, Virtual Care - Secure Text Messaging, Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Transgender, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexually acting out behaviors, Sexual Dysfunction, Sexual Disorder, Sexual Addictions  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-8:00 PM  
Tuesday: 10:00 AM-8:00 PM  
Wednesday: 10:00 AM-8:00 PM  
Thursday: 10:00 AM-8:00 PM  
Friday: 10:00 AM-8:00 PM  
Saturday: 10:00 AM-8:00 PM  
Sunday: 10:00 AM-8:00 PM

**Changing Views LLC**  
(757) 503-2979  
NPI: 1851098057  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Chesapeake Counseling Center**  
(757) 302-8362  
NPI: 1780160747  
Website: chesapeakecounselingcenter.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Decide to Believe LLC**  
(804) 930-8098

NPI: 1942702600  
License: VA 6324 02 040  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Home Visits, Crisis Stabilization, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**DESTINY SERVICES INC**  
(804) 203-4477  
License: VA 1322 02 006  
Website: www.destinysvcs.org/services  
Practice Focus: Virtual Care - Audio/Visual, Psychosocial Rehabilitation (PSR), Intensive In-Home Services, Home Visits, Group Home Residential, Group Day Support, Cultural Competency Trained, Community-Based Treatment  
Spanish  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Diamond Counseling LLC**  
(301) 531-0229

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1376012096  
License: VA 313507006  
Website:  
www.diamondcounselingva.com/  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Home Visits, Cultural Competency Trained, Crisis Stabilization (CS), Community-Based Treatment Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:00 PM  
Tuesday: 9:30 AM-4:00 PM  
Wednesday: 9:30 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**Divine Minds LLC**  
(434) 433-2169  
Website:  
WWW.DIVINEMINDSLLC.COM  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

NPI: 1972388775  
License: VA 4513 07 003  
Website:  
WWW.DIVINEMINDSLLC.COM  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Dominion Precision Teaching and Consulting**  
(434) 394-0703  
NPI: 1659981157  
Practice Focus: Virtual Care - Audio/Visual, Applied Behavioral Analysis  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**East Coast Family Services LLC**  
(757) 337-9341

NPI: 1326499989  
License: VA 2405  
Website: www.ecfsva.com  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Eastern Shore CSB**  
(757) 665-1260  
License: VA 224 16 003  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Clinic Local Governing Entity (LGE), Crisis Stabilization, Community Mental Health Center (CMHC)  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

10106 Pine Ave  
Nassawadox, VA 23413  
(757) 665-1260

License: VA 224 07 013  
Website: www.escsb.org  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Clinic Local Governing Entity (LGE), Functional Family Therapy, Crisis Stabilization, Community Mental Health Center (CMHC)  
Limited Handicap Accessibility  
Age 3 and up  
Handicap Services available  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Elite Family Services**  
(757) 562-1000  
Website:  
Elitefamilyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-3:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

License: VA 7401 02 035  
Website:  
Elitefamilyservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive  
Outpatient - Substance Abuse,  
Home Visits, Community-  
Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-3:00 PM

## **Envision Family Services LLC**

(757) 350-3020  
Website:  
www.envisionfamilyservices.c  
om  
Practice Focus: Virtual Care -  
Audio/Visual, Therapeutic Day  
Treatment for Children and  
Adolescents, Intensive In-  
Home Services, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-4:30 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-4:30 PM  
Friday: 8:00 AM-5:00 PM

## **Family and Adolescent Services LLC**

(804) 521-4050

NPI: 1720392319  
License: VA 942 02 040  
Website: fasllc.org  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Intensive In-  
Home Services, Cultural  
Competency Trained, Crisis  
Stabilization, ASAM Level 2.5,  
ASAM Level 2.1, 23 hour  
observation  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family Focus Inc**

(804) 261-2090  
License: VA 461 05 001  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care -  
Audio only, Mental health skill  
building, Intensive In-Home  
Services, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Family Ties Behavioral Health LLC**

(757) 235-7866

NPI: 1477240539  
License: VA 4201  
Website:  
www.familytiesbhllc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Intensive In-  
Home Services  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 10:00 AM-2:00 PM

## **Futures Treasures LLC**

(804) 315-3177  
License: VA 4150 07 006  
Website: Futurestreasures.org  
Practice Focus: Virtual Care -  
Audio/Visual, Psychology,  
Mood Disorders/Depression,  
Mood Disorders, Mobile crisis  
response (MCR), Mental health  
skill building, Mental Health  
Counselor, Group Day Support,  
Dual Diagnosis (MH/SA),  
Developmental/Behavioral  
Issues  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-12:00 PM

## **GMA Interventions LLC**

(757) 335-4234

NPI: 1477925659  
License: VA 2699 16 003  
Website:  
www.gmainterventions.com  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Community-  
Based Treatment, ASAM Level  
2.1, ASAM Level 1  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:30 PM  
Tuesday: 9:00 AM-7:30 PM  
Wednesday: 9:00 AM-7:30 PM  
Thursday: 9:00 AM-7:30 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

## **Green Counseling Consulting Services**

(804) 322-7349

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1215449699  
License: VA 12781 07 006  
Website: www.greenccs.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Stress Management, Schizophrenia, Schizoaffective Disorder, Psychotherapy, Mood Disorders/Depression, Mood Disorders, Mobile crisis response (MCR), Mental Health Counselor  
Age 13 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-5:00 PM  
Saturday: 10:00 AM-3:00 PM

## **GrowingThru Inc**

(757) 790-1740  
NPI: 1699547950  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Hairston and Associates  
Therapeutic and Comm  
Treatment Srvcs**  
(540) 259-1726

License: VA 3298 18 002  
Website:  
HAIRSTONASSOC.COM  
Practice Focus: Virtual Care - Audio/Visual  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## **Happy New Day LLC**

(804) 307-9520  
License: VA 3501  
Website:  
www.happynewdayllc.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Community-Based Treatment, Community Resource Services, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 10:00 AM-2:00 PM

## **Healing Hope Wellness LLC**

(757) 392-5695

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Health Care Services of Hampton Roads INC**

(757) 622-4600  
License: VA 14461 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Healthy Minds Inc**

(804) 479-3515

NPI: 1124548581  
License: VA 2710 07 003  
Practice Focus: Virtual Care - Audio/Visual  
Age 4 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Impact On Youth Services LLC**

(804) 306-7203  
License: VA 321507006  
Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Infinity Counseling Group**  
(757) 227-3636

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Website:  
infinitycounselinggroup.com/  
Practice Focus: Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Crisis Stabilization,  
Community-Based Treatment,  
Applied Behavioral Analysis,  
23 hour observation  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **JAKAFI Behavioral Care Center LLC**

(434) 792-1707  
License: VA 2215  
Website: jakafibcc.com  
Practice Focus: Partial  
Hospitalization - Substance  
Abuse, Home Visits,  
Community-Based Treatment  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Keys To Success Family  
and Developmental  
Services**  
(757) 627-1530

License: VA 276201001  
Website:  
www.keys2successllc.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Leaders for Life Inc**

(804) 477-6137  
License: VA 2211 02 035  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mobile crisis  
response (MCR), Mental health  
skill building, Intensive In-  
Home Services, ASAM Level  
2.1, (IOP) Intensive Outpatient  
Age 6 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Legacy Counseling and  
Wellness Services LLC**  
(804) 426-3859

NPI: 1720787393  
License: VA 7460 07 006  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood  
Disorders/Depression, Mood  
Disorders, Mobile crisis  
response (MCR), Mental Health  
Counselor, General Mental  
Health  
Age 18 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lightbeam Solutions**

(757) 577-1257  
NPI: 1871375550  
License: VA 8281 02 035  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive  
Outpatient - Substance Abuse,  
Family Therapy, Crisis  
Stabilization, ASAM Level 2.5,  
ASAM Level 2.1  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lighthouse Behavioral Health Center**

(804) 447-6382  
License: VA 2161 05 001  
Practice Focus: Virtual Care -  
Audio only, Mental health skill  
building, Intensive In-Home  
Services, Behavioral Health  
Outpatient  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Meened Briidges LLC**

(757) 799-0287  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Cultural  
Competency Trained, Crisis  
Stabilization  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Mid-Atlantic Behavioral  
Services, LLC**  
(310) 270-0968

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1245014836  
License: VA 13157 03 001  
Practice Focus: Mental health skill building, Crisis Stabilization  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## More Solutions Youth and Family Services

(804) 730-1801  
NPI: 1871762922  
License: VA 1000 07 006  
Practice Focus: Virtual Care - Audio/Visual, Residential Crisis Stabilization Unit, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, DBT (Dialectical Behavior Therapy), Crisis Stabilization (CS), Community Brief Crisis Support (CBCS), Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling Group Inc**  
(757) 837-0046

License: VA 352 05 001  
Website: www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment Children, Psychotherapy, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## New Life LLC

(757) 595-3890  
License: VA 1729 07 006  
Website: www.newlifeco.net  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization, Mental health skill building, Cultural Competency Trained, Crisis Stabilization, Community-Based Treatment  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## New Opportunities at Life 360 Services LLC

(804) 908-0942  
NPI: 1255010500  
License: VA 4242 03 001  
Practice Focus: Mental health skill building  
Handicap Services available  
Office Hours:  
Monday: 11:00 AM-6:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Olmeja Advocacy Services Inc

(804) 320-0222  
NPI: 1316257678  
License: VA 1637 05 001  
Website: OLMEJA.COM  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-2:00 PM  
Tuesday: 9:00 AM-2:00 PM  
Wednesday: 9:00 AM-2:00 PM  
Thursday: 9:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## Onesource Community Mental Health Services of Virginia

(804) 310-2444

Practice Focus: Virtual Care - Audio/Visual, Residential Crisis Stabilization Unit, Mental health skill building, Home Visits, Crisis Stabilization, Case Management, ASAM Level 3.5 - Adult, ASAM Level 3.3, ASAM Level 3.1 - Adult, ASAM Level 2.5  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Our Community Support Services LLC**  
(984) 317-1942

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1710750617  
License: VA 5815 05 001  
Practice Focus: Virtual Care - Audio/Visual, Social supports/social determinants of health, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Peer support services, Multidimensional Family Therapy, Mood Disorders/Depression, Learning Disabilities, Intensive In-Home Services  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 12:00 PM-4:00 PM  
Sunday: 12:00 PM-4:00 PM

## **Paragon Autism Services LLC** (540) 479-3889

NPI: 1720427875  
Website: [paragonautismservices.com/](http://paragonautismservices.com/)  
Practice Focus: Home Visits, Cultural Competency Trained, Community-Based Treatment, Behavioral Health Outpatient, Autism Spectrum Disorders, Autism, Art Therapy, Applied Behavioral Analysis, Anxiety/Phobic Disorders, Anxiety/Depression  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Pearls Center Of Hope INC** (804) 821-2133

Practice Focus: Virtual Care - Audio/Visual, Peer support services, Mental health skill building, Intensive In-Home Services, Crisis Stabilization, Anxiety/Depression  
Age 5 to 95  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Person Centered Support Services** (757) 777-2092

NPI: 1316499049  
License: VA 2558 03 001  
Website: [www.pcssva.com](http://www.pcssva.com)  
Practice Focus: Mental health skill building, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Progressive Peer Partners LLC**

(804) 590-7513  
License: VA 7612 07 006  
Website: [www.progressivepeerpartners.com](http://www.progressivepeerpartners.com)  
Practice Focus: Virtual Care - Audio/Visual, Mobile crisis response (MCR), Mental health skill building, Cultural Competency Trained, Crisis Stabilization  
Limited Handicap Accessibility  
Age 5 to 95  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

**Quarternote Counseling LLC**  
(703) 479-2947  
Website: [www.QuarternoteCounseling.com](http://www.QuarternoteCounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Non-Binary, Mood Disorders, Mental Health Counselor, LGBTQ+, General Mental Health, Gender Identity  
Age 10 to 60  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rappahannock Comprehensive Community Services** (540) 534-7674

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1750077079  
License: VA 7032 07 003  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Crisis Stabilization, Crisis Intervention (CI)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Redemption Counseling Services Incorporated

(434) 489-9917  
NPI: 1720719206  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Crisis Intervention (CI), Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Reign or Shine LLC

(804) 293-0470

NPI: 1942054168  
License: VA 10181 07 006  
Practice Focus: Virtual Care - Audio/Visual, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Mobile crisis response (MCR), Medication Management, Intensive In-Home Services, Home Visits, Depression, Crisis Stabilization  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Rivers of Hope Counseling Center LLC

(855) 326-4673  
Website: [www.riversofhopecounseling.com](http://www.riversofhopecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## Skypoint Recovery Virginia LLC

(855) 612-3488

NPI: 1407693492  
License: VA 12024 02 035  
Website: [skypointrecoveryvirginia.com](http://skypointrecoveryvirginia.com)  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Community-Based Treatment  
Male Patients Only  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Southern Change Behavioral Health Services LLC

(804) 446-4706

License: VA 3660 03 001  
Website: [www.southernchangebhs.com](http://www.southernchangebhs.com)  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Community-Based Treatment, 23 hour observation  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Spread Your Wings Supportive Counseling LLC

(804) 528-4331

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1992239693  
License: VA 2701 01 001  
Practice Focus: Walk-In Available, Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Separation Grief and Loss, Residential Treatment Center - Substance Abuse, Residential Treatment Center - Mental Health, Residential Crisis Stabilization Unit, One on One Support, Mood Disorders/Depression Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:00 PM  
Tuesday: 8:30 AM-4:00 PM  
Wednesday: 8:30 AM-4:00 PM  
Thursday: 8:30 AM-4:00 PM  
Friday: 8:30 AM-4:00 PM

## **SpringHealth BH and Integrated Care VA** (888) 515-1793

NPI: 1467827493  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Mood Disorders, Mental health skill building, Intellectual Development Disabilities (IDD), Developmental/Behavioral Issues, Depression, Cultural Competency Trained, Behavioral Health Outpatient, Autism  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Step Above Counseling Services LLC**

(804) 728-3856  
Website:  
www.stepabovecounselingserVICES.com  
Practice Focus: Virtual Care - Audio only, Partial Hospitalization, Crisis Stabilization, Community-Based Treatment  
Age 6 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

NPI: 1649033564  
License: VA 10950 07 006  
Website:  
www.stepabovecounselingserVICES.com  
Practice Focus: Virtual Care - Audio only, Partial Hospitalization, Crisis Stabilization, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Strategic Therapy Associates**

(434) 237-9450  
License: VA 014 05 001  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **The James Bentley Treatment Program** (757) 399-3025

NPI: 1003141227  
License: VA 782 03 001  
Practice Focus: Mobile crisis response (MCR), Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, Cultural Competency Trained, Crisis Stabilization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **The Village Children and Family Services**

(804) 625-9868  
Practice Focus: Virtual Care - Audio only, Mobile crisis response (MCR), Mental health skill building, Intensive In-Home Services, Behavioral Health Outpatient, Behavioral Health Crisis Care (BHCC), ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Therapeutic Services of Virginia LLC

(757) 449-2569

License: VA 9230 05 001

Practice Focus: Virtual Care - Audio/Visual, Intensive

Outpatient - Mental Health, Intensive In-Home Services, Cultural Competency Trained Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 10:00 AM-8:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 10:00 AM-8:00 PM

Friday: 10:00 AM-5:00 PM

Saturday: 9:00 AM-3:00 PM

## Therapeutic Skills LLC

(703) 647-6239

NPI: 1831803782

Practice Focus: Mental health skill building, Home Visits, Cultural Competency Trained, Community-Based Treatment Age 18 to 65

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-3:00 PM

Tuesday: 9:00 AM-3:00 PM

Wednesday: 9:00 AM-3:00 PM

Thursday: 9:00 AM-3:00 PM

Friday: 9:00 AM-5:00 PM

## Thrive Behavioral Health Services LLC

(804) 437-0114

NPI: 1568200848

License: VA 1146505001

Website:

www.thrivebehavioralhealthservices.com

Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Home Visits, Cultural Competency Trained, Community-Based Treatment Age 5 to 21

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-2:00 PM

Tuesday: 10:00 AM-2:00 PM

Wednesday: 10:00 AM-2:00 PM

Thursday: 10:00 AM-2:00 PM

Friday: 10:00 AM-2:00 PM

## Tidewater Counseling Group

(757) 753-6399

NPI: 1093223968

License: VA 2740 05 001

Website:

Tidewatercounselinggroup.com

Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive In-Home Services, Home Visits, Community-Based Treatment, Community Stabilization Age 5 to 65

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-1:00 PM

Tuesday: 9:00 AM-1:00 PM

Wednesday: 9:00 AM-1:00 PM

Thursday: 9:00 AM-1:00 PM

Friday: 9:00 AM-1:00 PM

## TRIBE HEALTHCARE

(804) 738-7423

NPI: 1619720166

License: VA 11049 07 006

Practice Focus: Trauma Informed Care Trained, Mobile crisis response (MCR), Crisis Intervention (CI), Community Stabilization

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-6:00 PM

## True Counseling Services Inc

(804) 370-1050

Website:

www.truecounselingservices.com

Practice Focus: Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Behavioral Health Outpatient, ASAM Level 2.1

Age 5 to 70

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-3:00 PM

## True Heart Counseling LLC

(757) 528-5397

NPI: 1720550726

License: VA 3496 02 029

Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Psychosocial Rehabilitation (PSR), Mental health skill building, Intensive

In-Home Services, Cultural Competency Trained

Age 5 to 85

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## True Recovery RVA LLC

(804) 660-8266

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

License: VA 8989 02 033  
Website:  
www.truerecoveryva.com  
Practice Focus: ASAM Level 2.5  
Handicap Services available  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **TTM Community Services LLC**

(757) 964-9565  
NPI: 1659030435  
License: VA 3453 16 004  
Website:  
ttandmcommunity.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Intensive In-  
Home Services, Crisis  
Stabilization (CS), Case  
Management, Behavioral  
Health Outpatient, Adult  
Serious Mental Illness (SMI)  
Age 5 to 70  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Turning Point Family  
Services**  
**Turning Point  
Family Services**  
(434) 549-5988

License: VA 1924 02 033  
Practice Focus: Mobile crisis  
response (MCR), Mental health  
skill building, Intensive In-  
Home Services, Home Visits,  
Crisis Stabilization (CS)  
Age 5 to 21  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Turning Point Interventions**

(434) 228-7526  
NPI: 1437633013  
License: VA 3331 07 006  
Practice Focus: ASAM Level 3.5  
- Adult  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Ultimate Outcomes  
Therapeutic Services Inc**  
(804) 213-0140

NPI: 1801124607  
License: VA 464 02 035  
Website: www.myuots.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Intensive  
Outpatient - Substance Abuse,  
Home Visits, ASAM Level 2.1  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Unconditional Care and Supportive Inc**

(804) 518-6185  
NPI: 1609389295  
License: VA 3104 16 003  
Website:  
www.ucass2018.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Case  
Management, ASAM Level 2.1  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-11:45 PM  
Tuesday: 8:00 AM-11:45 PM  
Wednesday: 8:00 AM-11:45 PM  
Thursday: 8:00 AM-11:45 PM  
Friday: 8:00 AM-11:45 PM  
Saturday: 10:00 AM-2:00 PM  
Sunday: 2:00 PM-5:00 PM

**Virginia Beach Counseling  
Services PLLC**  
(757) 289-1125

NPI: 1114305034  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Virginia Counseling and Community Development**

(804) 218-8182  
NPI: 1427120070  
License: VA 887 02 033  
Website: www.vaccd.com  
Practice Focus: Virtual Care -  
Audio/Visual, Therapeutic Day  
Treatment for Children and  
Adolescents, Mental health  
skill building, Intensive  
Outpatient - Mental Health,  
Intensive In-Home Services,  
Cultural Competency Trained,  
ASAM Level 2.5 Partial  
Hospitalization, ASAM Level  
2.1  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Virginia Therapy Services**  
(804) 505-1049

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

License: VA 4020 03 001  
Website:  
www.virginiatherapysvc.com  
Practice Focus: Youth  
Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression, Post Partum, Multi-Systemic Therapy, Mood Disorders/Depression, Mood Disorders  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

**Whole Village Counseling Advocacy and Mental Health Services**  
(757) 454-2112

License: VA 8930 02 033  
Website:  
wholevillagecounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Mental Health, ASAM Level 2.5, ASAM Level 2.1  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Wyche Counseling Services LLC**  
(434) 336-7837  
License: VA 6112 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Counselor, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**You Turn Services**  
(804) 447-1086

NPI: 1790269603  
License: VA 3285 02 035  
Website:  
www.youturnservices.com  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive In-Home Services, Home Visits, Crisis Stabilization, Community-Based Treatment, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**YOUTH CONNECT OF VIRGINIA**  
(540) 488-5636  
NPI: 1972093987  
License: VA 3435 07 003  
Website:  
www.WWW.YOUTHCONNECTV A.COM  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment Children, Case Management, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Youth Excel and Advancement LLC**  
(804) 447-7016  
License: VA 1715 01 019  
Website: yeallc.org  
Practice Focus: Virtual Care - Audio/Visual, Residential Crisis Stabilization Unit, Mental health skill building, Intensive In-Home Services, Cultural Competency Trained, Crisis Intervention (CI), ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

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## Counseling Psychologist

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**Dougan and Walden Wellness PLLC**  
(804) 893-5555  
NPI: 1396259602  
Website: www.dwellness.org  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Walden, Jeremy T PsyD

Gender: Male  
NPI: 1649535246  
License: VA 0810004838  
Website: [www.dwellness.org](http://www.dwellness.org)  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## Leaders for Life Inc

(804) 477-6137

## Bundy, Theresa LPC

Gender: Female  
NPI: 1548890262  
License: VA 0701008882  
Website: [www.leadersforlifemhss.com](http://www.leadersforlifemhss.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Renewed Peace and Healing Therapy Inc

(804) 410-1483

## Luke, Onzie LPC

Gender: Female  
NPI: 1932538824  
License: VA 0701005613  
Practice Focus: Virtual Care - Audio/Visual  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1265189252  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

## Counselor

## Bird on a Wire LLC

(804) 413-9037

## Hubbard, Natasha L LPC

Gender: Female  
NPI: 1366033508  
License: VA 0701010155  
Website: [birdonawirecounseling.com](http://birdonawirecounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder  
Age 21 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-5:00 PM

## Center for Care and Resiliency

(540) 344-5300  
NPI: 1053902742  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## CHAT Behavioral Health Services

(757) 436-5601

## Artis, Kendra LPC

Gender: Female  
NPI: 1710593447  
License: VA 0701012295  
Website: [www.chatbhs.com](http://www.chatbhs.com)  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM  
NPI: 1467949024  
Website: [www.chatbhs.com](http://www.chatbhs.com)  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## Chesapeake Counseling Associates PC

(804) 695-2557

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1407069230  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, PreSchool Posttraumatic Stress Disorder (PTSD), Post Partum Depression, General Mental Health, Family Therapy, Domestic Violence, Developmental/Behavioral Issues, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Rausch, Christal M LPC\***  
Gender: Female  
NPI: 1912563891  
License: VA 0701014651  
Website: [www.chesapeake-counseling.com/](http://www.chesapeake-counseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, PreSchool Posttraumatic Stress Disorder (PTSD), Post Partum Depression, General Mental Health, Family Therapy, Domestic Violence, Developmental/Behavioral Issues, Depression  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

**Chesapeake Counseling Center**  
(757) 302-8362

**Artis, Satrina Y LPC**  
Gender: Female  
NPI: 1033784574  
Website: [chesapeakecounselingcenter.com/](http://chesapeakecounselingcenter.com/)  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1780160747  
Website: [chesapeakecounselingcenter.com/](http://chesapeakecounselingcenter.com/)  
Practice Focus: Virtual Care - Audio/Visual, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Family Guidance Centers**  
(804) 743-0960

**Ampy, Lottie LCP**  
Gender: Female  
NPI: 1326692344  
License: VA 0810004206  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Dawson, Margaret A LPC**  
Gender: Female  
NPI: 1336503465  
License: VA 0701008866  
Website: [www.familyguidancecenters.com](http://www.familyguidancecenters.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Snapp, Sara LPC**

Gender: Female  
NPI: 1689147472  
License: VA 0701008077  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Growing Light Counseling LLC**

(423) 578-7208

NPI: 1821420985  
Website:  
www.growinglightcounseling.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, Cognitive/Behavioral Therapy, Child/ Pediatric, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Munier, Kelly LPC**

Gender: Female  
NPI: 1962506642  
License: TN 2459  
Website:  
www.growinglightcounseling.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, Cognitive/Behavioral Therapy, Child/ Pediatric, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Healing Hope Wellness LLC**

(757) 392-5695

Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
**Sutphin, Dante A LPC**  
Gender: Male  
NPI: 1689259525  
License: VA 0701010167  
Website:  
becausewecare365.com  
Practice Focus: Virtual Care - Audio only, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

**Iannelli, Ashleigh LPC**  
(540) 344-5300

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1912694571  
License: VA 0701012388  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Lightbeam Solutions** (757) 577-1257

### **High, Kirsten LPC**

Gender: Female  
NPI: 1184994519  
License: VA 0701004455  
Website:  
lightbeamsolutions.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Family Therapy, Crisis Stabilization, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Website:  
lightbeamsolutions.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Family Therapy, Crisis Stabilization, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MountainWELL Counseling**

(276) 200-4233  
NPI: 1194543553  
Website:  
mountainwell.clientsecure.me /

Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Play Therapy, Mood Disorders, Mental Health Counselor, Cultural Diversity, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Region Ten Community Services Board** (434) 972-1800

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Robinson, Sara LPC**

Gender: Female  
NPI: 1952671240  
License: VA 0701005145  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Starling Medical Group PC** (508) 202-1011

### **Butler, Christa LPC**

Gender: Female  
NPI: 1881078277  
License: VA 0701006228  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

### **Redman, Tia LPC**

Gender: Female  
NPI: 1023779196  
License: VA 0701014506  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Sutphin, Dante A LPC** (757) 392-5695

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Male  
NPI: 1689259525  
License: VA 0701010167  
Website:  
becausewecare365.com  
Practice Focus: Virtual Care -  
Audio only, Mental health skill  
building, Intensive Outpatient  
- Mental Health, Intensive In-  
Home Services, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Tidewater Counseling Group**

(757) 753-6399

### **Mee, Sharon A LPC**

Gender: Female  
NPI: 1790861193  
Website:  
Tidewatercounselinggroup.co  
m  
Age 5 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-1:00 PM  
Tuesday: 9:00 AM-1:00 PM  
Wednesday: 9:00 AM-1:00 PM  
Thursday: 9:00 AM-1:00 PM  
Friday: 9:00 AM-1:00 PM

Website:  
Tidewatercounselinggroup.co  
m  
Practice Focus: Virtual Care -  
Audio only, Mental health skill  
building, Intensive In-Home  
Services, Home Visits,  
Community-Based Treatment,  
Community Stabilization  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-1:00 PM  
Tuesday: 9:00 AM-1:00 PM  
Wednesday: 9:00 AM-1:00 PM  
Thursday: 9:00 AM-1:00 PM  
Friday: 9:00 AM-1:00 PM

## **Whole Village Counseling Advocacy and Mental Health Services**

(757) 454-2112

### **Medina, Faith LPC**

Gender: Female  
NPI: 1083385850  
License: VA 0734004657  
Website:  
wholevillagecounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained, Post-  
Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression,  
Intensive Outpatient -  
Substance Abuse, Intensive  
Outpatient - Mental Health,  
Group therapy,  
Grief/Death/Dying, Faith-  
based/spiritual, Chemical  
Dependency/Co-Dependency  
Age 8 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Williams, Shante L LPC**

(757) 622-0700

Gender: Female  
NPI: 1407432735  
License: VA 0701010342  
Website:  
www.lifesjourneyservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Stress  
Management, Sexuality,  
Multicultural Issues, Mood  
Disorders, LGBTQ+,  
Grief/Death/Dying, Gender  
Identity, Family Therapy  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## **Emotionally Disturbed Childrens' Residential Treatment Fac**

## **United Methodist Family Services**

(804) 353-4461

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1235238320  
License: VA 641 14 001  
Website: www.umfs.org  
Practice Focus: Youth  
Posttraumatic Stress Disorder (PTSD), Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Trauma Recovery and Empowerment Model (TREM), Trauma Informed Care Trained, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior, Transgender Male, Transgender Female, Transgender  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:30 PM  
Tuesday: 8:30 AM-4:30 PM  
Wednesday: 8:30 AM-4:30 PM  
Thursday: 8:30 AM-4:30 PM  
Friday: 8:30 AM-4:30 PM

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## Geropsychiatric Psyc/Mental Health Clinical Nurse Specialist

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**SOUTHWEST REGIONAL  
COUNSELING SERVICES  
INC**  
(276) 883-5050

**Henderson, Tina L NP**  
Gender: Female  
NPI: 1831745611  
License: VA 0024178041  
Practice Focus: Virtual Care - Audio/Visual, Office Based  
Addiction Treatment (OBAT),  
Mental Health Counselor,  
Medication Management,  
Medication Assisted  
Treatment, Laboratory  
Services Available, Cultural  
Competency Trained,  
Counselor, Addictions/  
Substance Abuse  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual, Office Based  
Addiction Treatment (OBAT),  
Mental Health Counselor,  
Medication Management,  
Medication Assisted  
Treatment, Laboratory  
Services Available, Cultural  
Competency Trained,  
Counselor, Addictions/  
Substance Abuse  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Group Psychotherapy Psychologist

**Charis Institute For  
Psychological and Family  
Services**  
(540) 568-1876  
NPI: 1588733893  
Website: charisinst.org  
Practice Focus: Virtual Care - Audio/Visual, Psychology  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## Intellectual and Develop Dis Comm Resid Treatment Facility

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**Foundation For Care LLC**  
(804) 668-5480

NPI: 1932534864  
License: VA 2312 02 033  
Website:  
www.foundationforcare.net  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Day Treatment, Crisis Stabilization (CS), ASAM Level 2.1  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Marriage And Family Therapist

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**A Brighter Day Therpay  
Counseling LLC**  
(804) 464-8897

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Jones, Jeremy J LMFT

Gender: Male  
NPI: 1730430075  
License: VA 0717001414  
Practice Focus: Virtual Care - Audio only, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Family Therapy, Faith-based/spiritual, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Abundant Life partners LLC

(757) 603-4603  
**McKinley, Jennifer LMFT**  
Gender: Female  
NPI: 1710299789  
License: VA 0717001518  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Cultural Competency Trained, Couple Counseling  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Tomasino, Lauren LMFT

Gender: Female  
NPI: 1932456167  
License: VA 0717001340  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, Family Therapy, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Bird on a Wire LLC

(804) 413-9037  
**Mbuvu, Gwendolyn R LMFT**  
Gender: Female  
NPI: 1174131452  
License: VA 0717001725  
Website:  
birdonawirecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-5:00 PM

## Boyette, Mary LMFT

(434) 376-2006

Gender: Female  
NPI: 1417742560  
License: VA 0717002389  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Childsavers

(804) 644-9590  
NPI: 1699868448  
Website: www.childsavers.org  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

## Family Guidance Centers

(804) 743-0960

## Carter, Michael LMFT

Gender: Male  
NPI: 1528539715  
License: VA 0717001510  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
NPI: 1225192909  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Woodard, Shayla LMFT

Gender: Female  
NPI: 1023622818  
License: VA 0717001915  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Genesis Counseling Center (757) 827-7707

## Debause, Shelby N LMFT

Gender: Female  
NPI: 1932145844  
License: NC 2597  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 564-3100

NPI: 1164451399  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 466-3336

## Ritchie, Lovetta LMFT

Gender: Female  
NPI: 1811514995  
License: VA 0717001741  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Spanish  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 965-5886

## Stephens, Jonathan LMFT

Gender: Male  
NPI: 1467937730  
License: VA 0717001853  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Healing Oasis Therapeutic Counseling LLC (804) 631-5501

NPI: 1548970452  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, Family Therapy, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Uzzle, Tamika LMFT**

Gender: Female  
NPI: 1962110247  
License: VA 0717001960  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, Family Therapy, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hope for Tomorrow Counseling**

(434) 376-2006

## **Boyette, Mary LMFT**

Gender: Female  
NPI: 1417742560  
License: VA 0717002389  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1033724216  
Website: [counseling.five18.org/](http://counseling.five18.org/)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Innovative Enrichment Services**

(757) 321-4224  
Practice Focus: Behavioral Health Crisis Care (BHCC), Behavioral Health Care Coordination, Bariatric Counseling, Autism Spectrum Disorders, Autism, Adult Serious Mental Illness (SMI), Adult Psychiatry, Adult, Adoption, Adolescents  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Johnson, James LMFT**

(757) 251-0879

Gender: Male  
NPI: 1548513807  
License: VA 0717002157  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## **Life Worth Living Counseling Ltd**

(540) 339-7727  
NPI: 1932709615  
Website: [www.lifeworthlivingcounseling.com](http://www.lifeworthlivingcounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Vinson, Muriel LMFT**

Gender: Female  
NPI: 1215402516  
License: CA 152758  
Website: [www.lifeworthlivingcounseling.com](http://www.lifeworthlivingcounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## **Light Counseling Inc**

(888) 808-6050

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1154422764

Website:

[lightcounseling.net/locations/lynchburg-va/](http://lightcounseling.net/locations/lynchburg-va/)

Practice Focus: Virtual Care - Audio/Visual, Stress

Management, Post-Traumatic Stress Disorder (PTSD), Mood

Disorders, Divorce Recovery Therapy, Dialectal Behavior

Therapy (DBT), Bipolar, Anxiety Disorder, Anger Management

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-9:00 PM

Tuesday: 9:00 AM-9:00 PM

Wednesday: 9:00 AM-9:00 PM

Thursday: 9:00 AM-9:00 PM

Friday: 9:00 AM-9:00 PM

## National Counseling Group Inc

(703) 257-5997

## Shuart, Theresa LMFT

Gender: Female

NPI: 1700844065

License: VA 0717000387

Website:

[www.ncgcommunity.com](http://www.ncgcommunity.com)

Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Spresser, Elizabeth LMFT

Gender: Female

NPI: 1598727745

License: VA 0717001107

Website:

[www.ncgcommunity.com](http://www.ncgcommunity.com)

Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Starling Medical Group PC

(508) 202-1011

## Gray, Danielle MFT

Gender: Female

NPI: 1659032654

License: TN 1755

Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained

Age 18 to 59

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

Saturday: 8:00 AM-5:00 PM

## Whedbee, Cara

Gender: Female

NPI: 1093018855

License: TX 200887

Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained

Age 18 to 59

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

Saturday: 8:00 AM-5:00 PM

## Wellspring of Hope LLC

(804) 887-3062

## Saunders, Mark A PhD

Gender: Male

NPI: 1821736919

License: VA 0717001917

Website:

[wellspringofhopellc.com/contact-us/](http://wellspringofhopellc.com/contact-us/)

Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, Family Therapy, Cultural Competency Trained, Couple Counseling

Age 1 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

Saturday: 8:00 AM-8:00 PM

## Mental Health Clinic/Center (Including Comm Mental Health)

### Acacia Health Partners

(804) 395-7463

NPI: 1487383626

Practice Focus: Virtual Care - Audio/Visual, Stress

Management, Cultural

Competency Trained,

Anxiety/Phobic Disorders,

Anxiety/Depression, Anxiety

Disorder, ADHD

Age 13 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

### Accessing Community Service LLC

(804) 982-0130

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1083373591  
License: VA 3691 03 001  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained, Community Brief Crisis Support (CBCS)  
Age 18 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Benevolent Family Services LLC**  
(757) 755-3253

NPI: 1730504762  
License: VA 03192025  
Website: www.bfshelps.com/  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mobile crisis response (MCR), Mental health skill building, Medication Management, Intensive In-Home Services, Group therapy, Depression  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
Saturday: 10:00 AM-3:00 PM

**Empowering You Therapeutic Services LLC**  
(276) 403-2806

Practice Focus: Virtual Care - Audio/Visual, Schizoaffective Disorder, Psychotic Disorders, Mental health skill building, Intensive In-Home Services, Depression, Conflict Resolution, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

**GAP Counseling LLC**  
(804) 562-0814

Website: www.gpcinfo.org  
Practice Focus: Virtual Care - Audio/Visual, Crisis Stabilization  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 2:00 PM-8:00 PM

**Heart Two Heart Rehab Support Services**  
(540) 562-8369

License: VA 2697 03 001  
Website: h2hrss.org/  
Practice Focus: Walk-In Available, Virtual Care - Audio/Visual, Stress Management, Sleep Disorders, Separation Grief and Loss, Schizophrenia, Schizoaffective Disorder, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Personality Disorders  
Age 18 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**High Ground Psychiatry PLLC**  
(757) 255-8223  
NPI: 1982439808  
Website: www.highgroundpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders, Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 2:00 PM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 2:00 PM-6:00 PM  
Friday: 9:00 AM-5:00 PM

**Piedmont United Family Services**  
(276) 790-3042

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1497472047  
License: VA 5962 01 001  
Website: piedmontunited.org  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment for Children and Adolescents, Mental health skill building, Intensive Outpatient - Mental Health, Cultural Competency Trained, Community Brief Crisis Support (CBCS)  
Age 4 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Release Wellness (757) 752-9508

NPI: 1700475845  
Website: WWW.RELEASEYOURWELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Dialectal Behavior Therapy (DBT), Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**S M Recovery Center LLC**  
(804) 592-1225  
NPI: 1003645599  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, ASAM Level 2.5 Partial Hospitalization  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Treatment Within LLC (804) 216-1533

NPI: 1437043767  
Practice Focus: Mobile crisis response (MCR)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## YOUTH CONNECT OF VIRGINIA

(540) 488-5636  
NPI: 1972093987  
License: VA 3435 07 003  
Website: www.WWW.YOUTHCONNECTV.A.COM  
Practice Focus: Virtual Care - Audio/Visual, Therapeutic Day Treatment Children, Case Management, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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## Mental Health Counselor

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## A Step to Healing LLC (757) 359-8144

NPI: 1285351130  
Website: asteptohealingllc.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, LGBTQ+, Group therapy, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Caddle, Candice LPC**  
Gender: Female  
NPI: 1962007740  
License: VA 0701010152  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, LGBTQ+, Group therapy, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Anchored Tranquility LLC (804) 845-2334

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1942034798  
Website:  
anchoredtranquilitycounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Grief/Death/Dying, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-12:00 PM

## **Apple Tree Counseling LLC** (703) 957-9322

NPI: 1114580966  
Website:  
www.appletrecounselingllc.org  
Practice Focus: Virtual Care - Audio/Visual, Depression, Autism Spectrum Disorders, Anxiety Disorder, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Kauble, Michelle S LPC**  
Gender: Female  
NPI: 1275049082  
License: VA 0701007375  
Website:  
www.appletrecounselingllc.org  
Practice Focus: Virtual Care - Audio/Visual, Depression, Autism Spectrum Disorders, Anxiety Disorder, Anger Management, ADHD  
Spanish  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 4:30 PM-9:30 PM  
Wednesday: 1:00 PM-8:00 PM  
Thursday: 12:00 PM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## **Associates in Brief Therapy Inc** (540) 772-8043

NPI: 1033286794  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Marital Therapy, Depression, Cognitive/Behavioral Therapy, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Flack, Ryan LPC**  
Gender: Male  
NPI: 1568224731  
License: VA 0701013243  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Mortellaro, David L LPC**

Gender: Male  
NPI: 1851375836  
License: VA 0717000603  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Marital Therapy, Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder  
Dutch  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## **Backpack Medical Group PC**

(866) 968-6342  
NPI: 1851177570  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Coleman, Hannah**

Gender: Female  
NPI: 1972118412  
License: VA 0704017939  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## **Olson, Jane\***

Gender: Female  
NPI: 1821980913  
License: VA 0704018257  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## **Be Bold Therapeutic Services LLC** (757) 663-2989

NPI: 1558105718

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, Religion Based Therapy, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Marital Therapy, General Mental Health, Family Therapy  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Quinn-Samuel, Cathy LPC**

Gender: Female  
NPI: 1124512736  
License: VA 0701007596  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Separation Grief and Loss, Religion Based Therapy, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Marital Therapy, General Mental Health, Family Therapy  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Blatt, Evan I LPC**

(804) 409-9445  
Gender: Male  
NPI: 1184440349  
License: VA 0701014174  
Practice Focus: Women, Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Solution Focused Therapy, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Men, General Mental Health, Domestic Violence  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

## **Body and Mindfully Healthy** (276) 601-2749

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1952987034

Website:

www.bodyandmindfullyhealth  
y.com

Practice Focus: Youth

Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Victims of  
elder abuse, Victims of  
domestic violence, Victim  
Awareness, Veteran's Issues,  
Trauma Informed Care  
Trained, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Doan, Chauncy LPC

Gender: Male

NPI: 1134953672

License: VA 0701013906

Website:

www.bodyandmindfullyhealth  
y.com

Practice Focus: Youth

Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Victims of  
elder abuse, Victims of  
domestic violence, Victim  
Awareness, Veteran's Issues,  
Trauma Informed Care  
Trained, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior

Age 3 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## Brave Health Medical Group PA

(305) 902-6347

## Perez Ritter, Massiel M LMHC

Gender: Female

NPI: 1821553652

Spanish

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

## Central Virginias Preferred Providers

(804) 330-6441

NPI: 1730638107

Website:

www.cvppservices.com

Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## HYPE Counseling Services

Gender: Female

NPI: 1154905958

License: VA 0701010298

Website:

www.cvppservices.com

Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD

Age 18 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## Ingram, Keshia LPC

Gender: Female

NPI: 1043824675

License: VA 0701009950

Website:

www.cvppservices.com

Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD

Hindi

Age 18 and up

Handicap Accessible: Building,  
Parking, Restroom

Public Transport: Bus, Subway,  
Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Roney, Lakesha LPC

Gender: Female  
NPI: 1184895484  
License: VA 0701003863  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## Wimbush, Terri LPC

Gender: Female  
NPI: 1144802455  
License: VA 0701010239  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Anxiety Disorder,  
Anger Management,  
ADD/ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## CERVELLO-WELLNESS

(301) 392-7120

## BELTON, LEEANNA

Gender: Female  
NPI: 1609069426  
License: VA 0904011576  
Website: CERVELLO-  
WELLNESS.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1083239255  
Website: CERVELLO-  
WELLNESS.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Changing Lives Therapeutic Service (980) 833-1121

## Charnell, Brown LPC

Gender: Female  
NPI: 1154943389  
License: NC 16752  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care -  
Audio only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM  
**Dillard, Shadricks LCSW**  
Gender: Female  
NPI: 1396367322  
License: VA 0904017991  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care -  
Audio only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## Mclean, Talaya LPC

Gender: Female  
NPI: 1922582998  
License: VA 0701009159  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care -  
Audio only, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM  
**Wells, Bernardine LPC**  
Gender: Female  
NPI: 1467175125  
License: VA 0701011809  
Website:  
www.changinglivestherapeuti  
cservice.com  
Practice Focus: Virtual Care -  
Audio only  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## CHAT Behavioral Health Services

(757) 436-5601

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1467949024

Website: [www.chatbhs.com](http://www.chatbhs.com)

Practice Focus: Virtual Care -

Audio/Visual, Trauma

Informed Care Trained,

Psychotic Disorders, Mood

Disorders, Cultural

Competency Trained,

Addictions/ Substance Abuse

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

## **Nwogburu, Chinedu LPC**

Gender: Female

NPI: 1891982013

Website: [www.chatbhs.com](http://www.chatbhs.com)

Practice Focus: Virtual Care -

Audio/Visual, Trauma

Informed Care Trained,

Psychotic Disorders, Mood

Disorders, Cultural

Competency Trained,

Addictions/ Substance Abuse

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

## **Williams, Shenita LPC**

Gender: Female

NPI: 1417533753

License: VA 0701009957

Website: [www.chatbhs.com](http://www.chatbhs.com)

Practice Focus: Virtual Care -

Audio/Visual, Trauma

Informed Care Trained,

Psychotic Disorders, Mood

Disorders, Cultural

Competency Trained,

Addictions/ Substance Abuse

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

## **Zacarias, Agnes LPC**

Gender: Female

NPI: 1972724482

License: VA 0906015562

Website: [www.chatbhs.com](http://www.chatbhs.com)

Practice Focus: Virtual Care -

Audio/Visual, Trauma

Informed Care Trained,

Psychotic Disorders, Mood

Disorders, Cultural

Competency Trained,

Addictions/ Substance Abuse

Spanish

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

## **Chesapeake Counseling Associates PC**

(804) 695-2557

NPI: 1407069230

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Separation Grief

and Loss, Post-Traumatic

Stress Disorder (PTSD), Post

Partum Depression, General

Mental Health, Family Therapy,

Domestic Violence,

Developmental/Behavioral

Issues, Depression

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Geyer, Emily C LPC**

Gender: Female

NPI: 1235965211

License: VA 0701013671

Website: [www.chesapeake-](http://www.chesapeake-counseling.com/)

[counseling.com/](http://www.chesapeake-counseling.com/)

Practice Focus: Virtual Care -

Audio/Visual, Stress

Management, Separation Grief

and Loss, Post-Traumatic

Stress Disorder (PTSD), Post

Partum Depression, General

Mental Health, Family Therapy,

Domestic Violence,

Developmental/Behavioral

Issues, Depression

Age 5 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 9:00 AM-5:00 PM

## **Lawrence, Michelle R LPC**

Gender: Female

NPI: 1659808350

License: VA 0701007115

Practice Focus: Virtual Care -

Audio/Visual

Spanish

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Leffel, Katherine LPC

Gender: Female  
NPI: 1568944429  
License: VA 0718000477  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## McCarthy, Sarah LPC

Gender: Female  
NPI: 1013782051  
License: VA 0701013135  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## Peay, Jessica LPC

Gender: Female  
NPI: 1710426242  
License: VA 0701006992  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## Pritchett, Jennifer M LPC

Gender: Female  
NPI: 1962596247  
License: VA 0710001290  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## Childsavers

(804) 644-9590  
NPI: 1699868448  
Website: [www.childsavers.org](http://www.childsavers.org)  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

## CHRISTIAN, FRANCES M LCSW

(804) 355-9322

Gender: Female  
NPI: 1275563025  
License: VA 0904000047  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Clinical Associates of Tidewater

(757) 877-7700  
NPI: 1447341615  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## PARRAMORE, JILL LPC

Gender: Female  
NPI: 1477033561  
License: VA 0710103177  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## PARSONS, AMY LPC

Gender: Female  
NPI: 1861297608  
License: VA 0701014517  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Coastal Medical and Psychiatric Services

(757) 310-6900

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1134460132  
Website: [cmprsva.com/](http://cmprsva.com/)  
Practice Focus: Virtual Care -  
Audio/Visual, Psychiatry &  
Neurology  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Williams, Karis MC**

Gender: Female  
NPI: 1477380111  
License: VA 0701011770  
Website: [cmprsva.com/](http://cmprsva.com/)  
Practice Focus: Virtual Care -  
Audio/Visual, Psychiatry &  
Neurology  
Age 12 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## **Confidant Providers LLC** (203) 747-8696

## **Meeker, Ashley LPC**

Gender: Female  
NPI: 1083032213  
License: NC 10723  
Website: [confidanthealth.com](http://confidanthealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor,  
Grief/Death/Dying, Cultural  
Competency Trained, Bipolar,  
Anxiety/Depression,  
Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Counsel Connect**

(804) 898-3800  
NPI: 1407312820  
Website:  
[www.counselconnectllc.com](http://www.counselconnectllc.com)  
Practice Focus: Virtual Care -  
Audio/Visual, LGBTQ+,  
Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1407312820  
Website:  
[www.counselconnectllc.com](http://www.counselconnectllc.com)  
Practice Focus: Virtual Care -  
Audio/Visual, LGBTQ+,  
Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hurt, Halle D LPC**

Gender: Female  
NPI: 1811745953  
License: VA 0701013571  
Website:  
[www.counselconnectllc.com](http://www.counselconnectllc.com)  
Practice Focus: Virtual Care -  
Audio/Visual, LGBTQ+,  
Counselor  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dougan and Walden**

**Wellness PLLC**  
(804) 893-5555

NPI: 1396259602  
Website: [www.dwellness.org](http://www.dwellness.org)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Morrell, Jessica LPC**

Gender: Female  
NPI: 1407601065  
License: VA 0701013770  
Website: [www.dwellness.org](http://www.dwellness.org)  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## **Every Age Every Stage LLC** (804) 562-7117

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Robinson, Gayla LPC

Gender: Female  
NPI: 1114789054  
License: VA 0701013040  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Focus Inc

(804) 261-2090  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Frederick, Katie LPC

Gender: Female  
NPI: 1891492054  
License: VA 0701012342  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Age 4 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Guidance Centers

(804) 743-0960  
**Gamble, Janae LMFT**  
Gender: Female  
NPI: 1992351167  
License: VA 0717001566  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Flippin, Eerica M DR

(919) 327-0716

Gender: Female  
NPI: 1669042867  
License: VA 0701012488  
Practice Focus: Trauma - Focused Cognitive Behavior, Schizoaffective Disorder, Marital Therapy, Home Visits, Depression, Cultural Competency Trained, Couple Counseling, Community-Based Treatment, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Footsteps Counseling Center

(804) 715-3215

NPI: 1669556585  
Website:  
www.footstepscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Strengthening Families, Solution Focused Therapy, Sexual/Physical Abuse Child, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Obsessive-Compulsive Disorder (OCD), Family Therapy  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-1:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Thomas, Brandy LPC

Gender: Female  
NPI: 1851915300  
License: VA 0701009436  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Strengthening  
Families, Sexual/Physical  
Abuse Child, Separation Grief  
and Loss, Play Therapy, Family  
Therapy, Faith-based/spiritual,  
Developmental/Behavioral  
Issues, Cultural Competency  
Trained, Child Parent  
Psychotherapy  
Limited Handicap Accessibility  
Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 PM-5:00 PM  
Tuesday: 12:00 PM-5:00 PM  
Wednesday: 12:00 PM-5:00 PM  
Thursday: 12:00 PM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**From Start 2 Finish  
Counseling Services Inc**  
(434) 634-0060

## Scott, Sherdale LPC

Gender: Female  
NPI: 1437918539  
License: VA 0701013522  
Website: www.fs2finc.org  
Practice Focus: Virtual Care -  
Audio/Visual, Mobile crisis  
response (MCR), Mental health  
skill building, Intensive In-  
Home Services, General  
Mental Health, Cultural  
Competency Trained, Crisis  
Stabilization (CS), Crisis  
Intervention (CI), Child  
Psychiatry, Behavioral Health  
Outpatient  
Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-3:00 PM

**GAP Counseling LLC**  
(804) 562-0814

## Spears, Nickolas J LPC

Gender: Male  
NPI: 1497479463  
License: VA 0701011855  
Website: www.gpcinfo.org  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Marital Therapy,  
Group therapy,  
Grief/Death/Dying, Divorce  
Recovery Therapy, Couple  
Counseling, Counselor,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 2:00 PM-8:00 PM

## Gentle Waters PLLC

(540) 692-0225  
NPI: 1639906530  
Website:  
psychologytoday.com  
Practice Focus: Virtual Care -  
Audio/Visual, Obsessive-  
Compulsive Disorder (OCD),  
Mood Disorders, Mental Health  
Counselor, Cultural  
Competency Trained, Anxiety  
Disorder, Addictions/  
Substance Abuse  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-4:00 PM

## Quinney, Deveney E LPC

Gender: Female  
NPI: 1831944271  
License: VA 0701013480  
Website:  
psychologytoday.com  
Practice Focus: Virtual Care -  
Audio/Visual, Obsessive-  
Compulsive Disorder (OCD),  
Mood Disorders, Mental Health  
Counselor, Cultural  
Competency Trained, Anxiety  
Disorder, Addictions/  
Substance Abuse  
Limited Handicap Accessibility  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-4:00 PM

**Guiding Storms  
Counseling LLC**  
(757) 951-3095

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Peer support services, Multidimensional Family Therapy, Marital Therapy, LGBTQ+, Family Therapy, Faith-based/spiritual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hughens, Pamela S LPC\***

Gender: Female  
NPI: 1346984572  
License: VA 0701011509  
Practice Focus: Virtual Care - Audio/Visual, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Peer support services, Multidimensional Family Therapy, Marital Therapy, LGBTQ+, Family Therapy, Faith-based/spiritual  
Age 15 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-1:00 PM  
Friday: 9:00 AM-5:00 PM

## **Happy New Day LLC** (804) 307-9520

**Freeman, Ginger LPC**  
Gender: Female  
NPI: 1326542671  
License: VA 0701007513  
Website: www.happynewdayllc.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Community-Based Treatment, Community Resource Services, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-2:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 10:00 AM-2:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 10:00 AM-2:00 PM  
Website:

www.happynewdayllc.com  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Community-Based Treatment, Community Resource Services, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hayden, Erika E PC** (540) 788-2957

Gender: Female  
NPI: 1104265941  
License: VA 0701005455  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hope for Tomorrow Counseling**

(434) 376-2006  
NPI: 1033724216  
Website: counseling.five18.org/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Faith-based/spiritual, Depression, Counselor, Behavioral Health  
Outpatient, Anxiety Disorder, Anger Management, Adjustment Disorders, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **HopeSpring Child Family Clinic LLC** (703) 259-5617

NPI: 1689031122  
Website: hopespringchildandfamily.com/  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Community-Based Treatment, Cognitive/Behavioral Therapy, Anxiety/Depression, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Its Okay to Not Be Okay Counseling**

(757) 992-8910  
NPI: 1861118440  
Website: itsokaytonotbeokaycounseling.com/  
Practice Focus: Women, Veteran's Issues, Trauma  
Focused Cognitive Behavioral Therapy, Teletherapy, Solution Focused Therapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Mental Health  
Counselor, Men  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## Sharpe, Katherine LMHC

Gender: Female  
NPI: 1336965672  
License: VA 0704017526  
Website:  
itsokaytonotbeokaycounseling.com/

Practice Focus: Mood Disorders, Mental Health Counselor, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thomas, Hannah A LMHC

Gender: Female  
NPI: 1023885712  
License: VA 0704016329  
Website:  
itsokaytonotbeokaycounseling.com/

Practice Focus: Women, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Solution Focused Therapy, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Men, Infertility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Woodard, Johnnie LMHC

Gender: Female  
NPI: 1689486599  
License: VA 0704017736  
Website:  
itsokaytonotbeokaycounseling.com/

Practice Focus: Women, Virtual Care - Audio/Visual, Veteran's Issues, Trauma Focused Cognitive Behavioral Therapy, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders, Mental health skill building, Infertility, Grief/Death/Dying  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jamison, Tia A LCSW (276) 790-3042

Gender: Female  
NPI: 1598401655  
License: VA 0904013945  
Website:  
www.piedmontunited.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Therapeutic Day Treatment Children, School Based Provider, Mobile Crisis Unit, Mental health skill building, Intensive Outpatient - Mental Health, Intensive In-Home Services, Cultural Competency Trained, Crisis Stabilization (CS)  
Spanish  
Age 5 to 70  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Journey Thru Counseling & Wellness (540) 493-7696

NPI: 1952001166  
Website:  
www.journeythruounselingandwellness.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Family Therapy, Depression, Both Male and Female, Behavioral Health Outpatient, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Journey to Peace LLC (434) 210-8264

**Logan, Tonna LPC\***  
Gender: Female  
NPI: 1003425422  
License: VA 0701013802  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## Journey to Wellness (703) 957-8681

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Costen-Sumpter, Jordan LCSW**

Gender: Male  
NPI: 1669286886  
License: VA 0904017882  
Website:  
www.journeytowellnessvirginia.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Bipolar, Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-7:00 PM  
Tuesday: 11:00 AM-7:00 PM  
Wednesday: 11:00 AM-7:00 PM  
Thursday: 11:00 AM-7:00 PM  
Friday: 11:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM

## **Hamilton, Denisha LCSW**

Gender: Female  
NPI: 1861792194  
License: VA 0904008211  
Website:  
www.journeytowellnessvirginia.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Bipolar, Anxiety/Depression, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-7:00 PM  
Tuesday: 11:00 AM-7:00 PM  
Wednesday: 11:00 AM-7:00 PM  
Thursday: 11:00 AM-7:00 PM  
Friday: 11:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM

## **Life Worth Living Counseling Ltd**

(540) 339-7727

## **Newcomb, Emily LPC**

Gender: Female  
NPI: 1629813266  
License: VA 0701013699  
Website:  
www.lifeworthlivingcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## **Loudoun Counseling Coaching LLC**

(571) 375-0668  
NPI: 1134642044  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## **McLean, Talaya LPC**

(980) 833-1121

Gender: Female  
NPI: 1922582998  
License: VA 0701009159  
Website:  
www.changinglivestherapeutic-service.com  
Practice Focus: Virtual Care - Audio only, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-12:00 PM

## **Mental Health Advocates LLC**

(866) 642-4682  
NPI: 1629804315  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Home Visits  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Mind Play LLC**

(540) 216-2285

## **Kirkpatrick, Mary E LPC**

Gender: Female  
NPI: 1366076952  
License: VA 0701009782  
Website: www.mindplay-va.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Play Therapy, LGBTQ+, Group therapy, Geriatric, Autism Spectrum Disorders, Anxiety/Depression, Adult, Adolescents  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-8:00 PM  
Tuesday: 2:00 PM-8:00 PM  
Wednesday: 2:00 PM-8:00 PM  
Thursday: 2:00 PM-8:00 PM  
Friday: 2:00 PM-8:00 PM  
Saturday: 10:00 AM-3:00 PM

## **National Counseling Group Inc**

(276) 226-2828

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Mitchell, Shelby LPC

Gender: Female  
NPI: 1336914761  
License: ID LCPC 10529  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment,  
Behavioral Health Multi-  
Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc

(703) 257-5997

## Stewardson, Laurel LPC

Gender: Female  
NPI: 1437936002  
License: VA 0701012842  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care -  
Audio only, Psychotherapy,  
Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Neuropsych Wellness Center Pc

(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Counselor  
Age 13 to 85  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## New Perspective Christian Counseling LLC

(804) 913-3773  
NPI: 1700414976  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM

## Sanders, Natalie LCSW

Gender: Female  
NPI: 1053848507  
License: VA 0904009645  
Practice Focus: Virtual Care -  
Audio/Visual, Depression,  
Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM

## New Therapist LLC

(757) 285-1775  
NPI: 1720868425  
Website: newtherapistllc.com/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Anxiety/Depression, Anxiety  
Disorder, Adult Serious Mental  
Illness (SMI)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Washington, Nailah LPC

Gender: Female  
NPI: 1982319273  
License: VA 0701012774  
Website: newtherapistllc.com/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Anxiety/Depression, Anxiety  
Disorder, Adult Serious Mental  
Illness (SMI)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Parker, Jordan LPC

(757) 251-0879  
Gender: Male  
NPI: 1851104582  
License: VA 0701014455  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 9:00 AM-4:30 PM

## Phases Therapy Inc

(804) 220-0433

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1750059044

Website: phases-therapy.com/

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Cultural Competency Trained

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Thomson, Natalie LPC

Gender: Female

NPI: 1225771033

License: VA 0701014058

Website: phases-therapy.com/

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Cultural Competency Trained

French

Age 16 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Veloza, Brooke LPC

Gender: Female

NPI: 1033829379

Website: phases-therapy.com/

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Cultural Competency Trained

Age 16 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

Saturday: Closed-Closed

Sunday: Closed-Closed

## Quarternote Counseling LLC

(703) 479-2947

Website:

www.QuarternoteCounseling.com

Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, DID/MPD, Depression, Counselor

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Rood, Wendy F LPC

Gender: Female

NPI: 1588498745

License: VA 0701013931

Website:

www.QuarternoteCounseling.com

Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mood Disorders, Mental Health Counselor, DID/MPD, Depression, Counselor

Age 18 to 60

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Redemption Counseling Services Incorporated

(434) 489-9917

NPI: 1720719206

Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Crisis Intervention (CI), Community-Based Treatment

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

## Terry-Reid, Denease LPC

Gender: Female

NPI: 1538646138

License: VA 0701007604

Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Home Visits, Crisis Stabilization (CS), Crisis Intervention (CI), Community-Based Treatment

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 8:00 AM-8:00 PM

## Refuel Life Trauma Center LLC

(757) 453-4110

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Murphy, Patrice D LPC**

Gender: Female  
NPI: 1629719786  
License: VA 0701013028  
Website:  
traumacentervva.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma -  
Focused Cognitive Behavior,  
Post-Traumatic Stress Disorder  
(PTSD), LGBTQ+, Cultural  
Competency Trained,  
Anxiety/Depression  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Region Ten Community Services Board**

(434) 972-1800

## **Armstrong, Crystal LPC**

Gender: Female  
NPI: 1962929380  
License: VA 0701007234  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Spanish  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Campbell, Tracy LPC**

Gender: Female  
NPI: 1467261974  
License: VA 0031011759  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Godfrey, Caitlin LPC**

Gender: Female  
NPI: 1730762295  
License: VA 0701010226  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Hope, Stephanie LPC**

Gender: Female  
NPI: 1629714324  
License: VA 0701011400  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Release Wellness**

(757) 752-9508

## **IMANI, D M LPC**

Gender: Female  
NPI: 1225766389  
License: VA 0701014034  
Website:  
WWW.RELEASEYOURWELLNES  
S.COM  
Practice Focus: Virtual Care -  
Audio/Visual, Solution Focused  
Therapy, Post-Traumatic Stress  
Disorder (PTSD), Dialectal  
Behavior Therapy (DBT),  
Depression,  
Cognitive/Behavioral Therapy,  
Anxiety Disorder, Anger  
Management, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1700475845

Website:

WWW.RELEASEYOURWELLNES  
S.COM

Practice Focus: Virtual Care -  
Audio/Visual, Solution Focused  
Therapy, Post-Traumatic Stress  
Disorder (PTSD), Dialectal  
Behavior Therapy (DBT),  
Depression,  
Cognitive/Behavioral Therapy,  
Anxiety Disorder, Anger  
Management, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Renewed Peace and  
Healing Therapy Inc**  
(804) 410-1483

NPI: 1265189252

Practice Focus: Virtual Care -  
Audio/Visual, Family Therapy,  
Couple Counseling,  
Cognitive/Behavioral Therapy,  
Child/ Pediatric, Child  
Oppositional Defiant, Child  
Abuse/Neglect, Bipolar,  
Bereavement, Anxiety/Phobic  
Disorders  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

**Renewing Minds  
Counseling Center**  
(757) 509-5007

**Beard, Charles A LPC**

Gender: Male

NPI: 1528727443

Website:

www.renewingminds365.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Reactive attachment disorder,  
Post-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Mood Disorders/Depression,  
Learning Disabilities, Group  
therapy, Family Therapy, Faith-  
based/spiritual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Johnson, Rosa M LPC**

Gender: Female

NPI: 1689222952

License: DE PC 0011173

Website:

www.renewingminds365.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Reactive attachment disorder,  
Post-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Mood Disorders/Depression,  
Learning Disabilities, Group  
therapy, Family Therapy, Faith-  
based/spiritual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1093201758

Website:

www.renewingminds365.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Reactive attachment disorder,  
Post-Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Mood Disorders/Depression,  
Learning Disabilities, Group  
therapy, Family Therapy, Faith-  
based/spiritual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Resilience Counseling  
Social Skills Center**  
(540) 699-0226

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Bohannon, Donald L LPC**

Gender: Male  
NPI: 1497274534  
License: VA 0701007233  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Bonanca, Kristina LPC**

Gender: Female  
NPI: 1104350610  
License: VA 0701006929  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Chavez, Taisha LPC**

Gender: Female  
NPI: 1891410478  
License: VA 0701010010  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health, Dissociative disorder  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cohen, Emma LPC**

Gender: Female  
NPI: 1275222705  
License: VA 0701012340  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Dembrowski, Rachael LPC**

Gender: Female  
NPI: 1326802760  
License: VA 0701013282  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dimmick, Ashlyn LPC**

Gender: Female  
NPI: 1467084285  
License: VA 0701009086  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dix, Sarah LPC**

Gender: Female  
NPI: 1538814918  
License: VA 0701011026  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Kiley, Katelyn LPC**

Gender: Female  
NPI: 1104410083  
License: VA 0701009710  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **McGowan, Andrea LPC**

Gender: Female  
NPI: 1730581802  
License: VA 0701008422  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **ReVive Behavioral Health**

(804) 653-7009  
NPI: 1942055504  
Website: www.revive-bh-services.com  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Rivers of Hope Counseling Center LLC**

(855) 326-4673

## **Dockett, Charmaine R LPC**

Gender: Female  
NPI: 1780285189  
License: TX 86663  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Trauma Informed Care Trained, Grief/Death/Dying, Faith-based/spiritual, Depression, Couple Counseling, Counselor, Anxiety/Depression, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## **Garrett, Jenay LPC**

Gender: Female  
NPI: 1558860585  
License: VA 0701007401  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## **RVA Counseling**

(804) 716-0428  
NPI: 1407492895  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Depression, Anxiety/Depression, Adult, Adoption, Adolescents  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## **Safehaven Empowerment Wellness LLC**

(757) 814-9069  
NPI: 1427813740  
Practice Focus: Adult Psychiatry, Adolescent Psychiatry  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **SaVida Health PC**

(833) 356-4080

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1548739170  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Smith, Robin LPC

Gender: Female  
NPI: 1962081547  
License: VA 0701010499  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Silver Linings Therapy

(757) 231-5434

## Briggs, Staci E MEd

Gender: Female  
NPI: 1790387017  
License: VA 0701010734  
Website: [www.silverliningstherapyllc.com](http://www.silverliningstherapyllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1376386821  
Website: [www.silverliningstherapyllc.com](http://www.silverliningstherapyllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sotilleo, Shanelle R LPC

(406) 361-3146

Gender: Female  
NPI: 1871169649  
License: MD LC12607  
Website: [www.charliehealth.com/](http://www.charliehealth.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## SOUTHWEST REGIONAL COUNSELING SERVICES INC

(276) 883-5050  
NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Starling Medical Group PC

(508) 202-1011

## Coriolan, Melanie LPC

Gender: Female  
NPI: 1174368013  
License: SC 10987  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Engelhorn, Elizabeth C PC

Gender: Female  
NPI: 1285838102  
License: VA 0701005805  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Klebanov, Rachel LPC\***

Gender: Female  
NPI: 1619500840  
License: MD LC12885  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Rosa, Frances MHC**

Gender: Female  
NPI: 1518360312  
License: VA 0701008237  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Whitfield, Jennifer LMHC**

Gender: Female  
NPI: 1053755603  
License: VA 0701013013  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Tandem Counseling and Consulting LLC**

(540) 348-4700

## **Swain, Lakeisha LPC**

Gender: Female  
NPI: 1437648318  
Website: [tandembehavioralva.com/about](http://tandembehavioralva.com/about)  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1467117143

Website: [tandembehavioralva.com/about](http://tandembehavioralva.com/about)  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.5, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **The PHOCCUS Health Company**

(804) 613-0760

NPI: 1447016951  
Age 5 to 18  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-2:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 10:00 AM-2:00 PM  
Friday: 9:00 AM-5:00 PM

## **Third Space Therapy PLLC**

(833) 244-4878

## **Patrick, Nakeema LCP**

Gender: Female  
NPI: 1316569106  
License: VA 0701008792  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1215780234  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Total Life Counseling Inc**

(540) 989-1383

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Branham, Byron S LPC**

Gender: Male  
NPI: 1093161937  
License: VA 0701006597  
Website: [tlcincva.com](http://tlcincva.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1205985066  
Website: [tlcincva.com](http://tlcincva.com)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 1:00 PM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **Virginia Beach Counseling Services PLLC**

(757) 289-1125

## **Murphy, Cristina LPC**

Gender: Female  
NPI: 1174014849  
License: VA 0701007339  
Website: [vbcounselingservices.com](http://vbcounselingservices.com)  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+ Spanish  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

NPI: 1114305034

Website: [vbcounselingservices.com](http://vbcounselingservices.com)  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Virginia Institute of Pastoral Care Group** (804) 282-8332

## **Smith, Marjorie C LPC**

Gender: Female  
NPI: 1972663557  
License: VA 0701003595  
Website: [vipcare.org](http://vipcare.org)  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1316159221  
Website: [vipcare.org](http://vipcare.org)  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Williams, Anna LPC

Gender: Female  
NPI: 1053000521  
License: GA LPC014857  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Therapy Services (804) 505-1049

## Ward, Brenda MHC

Gender: Female  
NPI: 1790309151  
License: VA 0701012566  
Website: www.virginiatherapysvc.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Watson, VTessa J LMFT

(804) 504-2976  
Gender: Female  
NPI: 1659192144  
License: VA 0717002329  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 8 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 7:30 AM-5:00 PM

## YOUTH IMPACT MENTAL HEALTH COMPANY (804) 307-4660

Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Mental Health Counselor, General Mental Health  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mental Illness Community Based Residential Treatment Fac

## Heart and Soul LLC

(757) 310-1991  
NPI: 1881936748  
License: VA 1405 02 011  
Website: www.heartandsoul-llc.org/  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained, Community Resource Services, Behavioral Health Service Organization (BHSO)  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 8:00 AM-4:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-4:00 PM

## Methadone Clinic

## Culpeper Treatment Services LLC

(540) 547-3769  
License: VA 3937 06 003  
Practice Focus: Virtual Care - Audio/Visual, Opioid Treatment Program (OTP)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-2:00 PM  
Tuesday: 6:00 AM-2:00 PM  
Wednesday: 6:00 AM-2:00 PM  
Thursday: 6:00 AM-2:00 PM  
Friday: 6:00 AM-2:00 PM  
Saturday: 6:00 AM-8:00 PM

## FCCR Fredericksburg

(540) 735-9350  
NPI: 1356854277  
License: VA 3279 06 003  
Practice Focus: Virtual Care - Audio/Visual, Opioid Treatment Program (OTP), ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## Front Royal Treatment Center

(540) 551-4056

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1821717067  
License: VA 3460 07 013  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-2:00 PM  
Tuesday: 6:00 AM-2:00 PM  
Wednesday: 6:00 AM-2:00 PM  
Thursday: 6:00 AM-2:00 PM  
Friday: 6:00 AM-2:00 PM  
Saturday: 6:30 AM-10:30 AM

## **Martinsville Treatment Services LLC**

(276) 226-9925  
NPI: 1174283253  
License: VA 4453 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-2:00 PM  
Tuesday: 6:00 AM-2:00 PM  
Wednesday: 6:00 AM-2:00 PM  
Thursday: 6:00 AM-2:00 PM  
Friday: 6:00 AM-2:00 PM  
Saturday: 7:00 AM-9:00 AM

## **Pinnacle Treatment Services of Gloucester** (804) 824-2814

NPI: 1710540919  
License: VA 3644 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:00 PM  
Tuesday: 5:15 AM-1:00 PM  
Wednesday: 5:15 AM-1:00 PM  
Thursday: 5:15 AM-1:00 PM  
Friday: 5:15 AM-1:00 PM  
Saturday: 6:00 AM-8:00 AM

## **Pinnacle Treatment Services of Newport News**

(757) 234-4139  
NPI: 1447813639  
License: VA 3642 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:30 PM  
Tuesday: 5:15 AM-1:30 PM  
Wednesday: 5:15 AM-1:30 PM  
Thursday: 5:15 AM-1:30 PM  
Friday: 5:15 AM-1:30 PM  
Saturday: 6:00 AM-9:30 AM  
Sunday: 6:00 AM-9:30 AM

## **Pinnacle Treatment Services of Williamsburg** (239) 561-8270

NPI: 1932762127  
License: VA 3643 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Pulaski Medical LLC**

(540) 980-1125  
NPI: 1558607481  
License: VA 1954  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 6:00 AM-2:00 PM  
Tuesday: 6:00 AM-2:00 PM  
Wednesday: 6:00 AM-2:00 PM  
Thursday: 6:00 AM-2:00 PM  
Friday: 6:00 AM-2:00 PM  
Saturday: 7:00 AM-9:00 AM

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## **Opioid Treatment Program**

**FCCR Fredericksburg**  
(540) 735-9350

NPI: 1356854277  
License: VA 3279 06 003  
Practice Focus: ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Pinnacle Treatment Services of Gloucester**

(804) 824-2814  
NPI: 1710540919  
License: VA 3644 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:00 PM  
Tuesday: 5:15 AM-1:00 PM  
Wednesday: 5:15 AM-1:00 PM  
Thursday: 5:15 AM-1:00 PM  
Friday: 5:15 AM-1:00 PM  
Saturday: 6:00 AM-8:00 AM

## **Pinnacle Treatment Services of Newport News** (757) 234-4139

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1447813639  
License: VA 3642 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:30 PM  
Tuesday: 5:15 AM-1:30 PM  
Wednesday: 5:15 AM-1:30 PM  
Thursday: 5:15 AM-1:30 PM  
Friday: 5:15 AM-1:30 PM  
Saturday: 6:00 AM-9:30 AM  
Sunday: 6:00 AM-9:30 AM

## **Pinnacle Treatment Services of Williamsburg**

(239) 561-8270  
NPI: 1932762127  
License: VA 3643 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

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## **Professional Counselor**

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### **A Step Beyond Clinical Services**

(757) 987-2933

**Henderson- Clark, Rochelle LPC**  
Gender: Female  
NPI: 1821570300  
License: VA 0701005812  
Website: [astepbeyondcs.com](http://astepbeyondcs.com)  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Intensive In-Home Services, Cultural Competency Trained, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

### **A Step to Healing LLC**

(757) 359-8144

NPI: 1285351130  
Website: [asteptohealingllc.com](http://asteptohealingllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, LGBTQ+, Group therapy, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **A Step to Healing LLC**

(757) 359-8145

**Levine, Esther LPC\***  
Gender: Female  
NPI: 1336986140  
License: VA 0701014489  
Website: [www.asteptohealingllc.com](http://www.asteptohealingllc.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, LGBTQ+, Group therapy, Behavioral Health Outpatient, Anxiety Disorder, ADD/ADHD  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-4:00 PM

### **Abundant Life partners LLC**

(757) 603-4603

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Balzer, Brandy LPC

Gender: Female  
NPI: 1700657939  
License: VA 0701013201  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Religion Based Therapy, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Brown, Matthew LPC

Gender: Male  
NPI: 1083308654  
License: VA 0701014231  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Anger Management  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Criddle, Anika LPC

Gender: Female  
NPI: 1639898166  
License: VA 0701014484  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Family Therapy, Cultural Competency Trained, Couple Counseling  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hall, Karen LPC

Gender: Female  
NPI: 1326407610  
License: VA 0701004870  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Adult, Addictions/ Substance Abuse Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Le Gouellec, Mary LPC

Gender: Female  
NPI: 1497103287  
License: VA 0701009853  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained  
French  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Merten, Sarah LPC

Gender: Female  
NPI: 1225668544  
License: VA 0701008918  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Child Parent Psychotherapy  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Monteith, Ryan LPC

Gender: Male  
NPI: 1952002909  
License: VA 0701014638  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, General Mental Health, Cultural Competency Trained, Addictions/ Substance Abuse  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Richardson, Rachel LPC

Gender: Female  
NPI: 1457808529  
License: VA 0701013118  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Eating Disorders, Cultural Competency Trained, Adult  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Ruggerio, Ashley LPC

Gender: Female  
NPI: 1508537291  
License: VA 0701010819  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Art Therapy  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sawyer, Virginia LPC

Gender: Female  
NPI: 1689339228  
License: VA 0701010957  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Domestic Violence, Cultural Competency Trained, Adolescents  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Scroggin, Rachael LPC

Gender: Female  
NPI: 1417464603  
License: VA 0701013426  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Adolescents  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Spencer, Teresa LPC

Gender: Female  
NPI: 1205625738  
License: VA 0701014824  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Adult, Adjustment Disorders  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Thompson, Ella LPC

Gender: Female  
NPI: 1245887736  
License: TX 89090  
Website:  
www.abundantlifepartners.com  
Practice Focus: Virtual Care - Audio/Visual, Veteran's Issues, Cultural Competency Trained, Anger Management  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Addiction Recovery Center of Virginia

(757) 903-2253

## Harris, Stacey R LPC

Gender: Female  
NPI: 1245708460  
License: VA 0701003146  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, General Mental Health, Family Therapy, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Palmaz, Cynthia P LPC

Gender: Female  
NPI: 1952398745  
License: NC 16230  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, General Mental Health, Family Therapy, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Addys Colors Inc

(804) 725-8597  
NPI: 1518690411  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Addys Colors Inc

(804) 693-5057  
**Ashburn, Amanda\***  
Gender: Female  
NPI: 1285367177  
License: VA 0701013465  
Website: www.mpnnbh.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Mood Disorders/Depression, Mental Health Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Borderline Personality Disorders, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-8:00 PM  
Tuesday: 8:30 AM-8:00 PM  
Wednesday: 8:30 AM-8:00 PM  
Thursday: 8:30 AM-8:00 PM  
Friday: 8:30 AM-5:00 PM

## All Hope Behavioral Health Services PC

(703) 542-3737

NPI: 1760715403  
Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Allied Transformations LLC

(540) 609-2570  
NPI: 1992260327  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, LGBTQ+, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Kouchinsky, Mari-Peyton LPC

Gender: Female  
NPI: 1700636537  
License: VA 0701013385  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, LGBTQ+, Anxiety Disorder  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## AnswersNow Inc

(804) 215-5600  
NPI: 1932754553  
Practice Focus: Autism Spectrum Disorders, Autism Spanish  
Age 21 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## Archer, Alycia M LPC

(757) 996-1837

Gender: Female  
NPI: 1841067352  
License: VA 0701013092  
Website: breakthroughglowcs.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Mood Disorders/Depression, Mental Health Counselor, Group therapy, General Mental Health, Family Therapy  
Limited Handicap Accessibility  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## ARROW Project

(540) 255-0972

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Burress, Sabrina L LPC**

Gender: Female  
NPI: 1699486647  
License: VA 0701011995  
Website: [www.arrow-project.org](http://www.arrow-project.org)  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Gibbs, Diane LPC**

Gender: Female  
NPI: 1750309712  
Website: [www.arrow-project.org](http://www.arrow-project.org)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-5:00 PM  
Sunday: 9:00 AM-5:00 PM

## **Associated Clinical Services**

(703) 569-8731

NPI: 1073522124  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Gacis, Vasilios A LPC\***

Gender: Male  
NPI: 1265548051  
License: VA 0701003468  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **McKeldin, Melissa LPC**

Gender: Female  
NPI: 1376398115  
License: VA 0701013496  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Washington, Joanne LPC**

Gender: Female  
NPI: 1497498778  
License: VA 0701011148  
Website: [www.associatedclinical.com](http://www.associatedclinical.com)  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychology, Clinical Psychology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Associates in Brief Therapy Inc**

(540) 772-8043

NPI: 1033286794  
Website: [www.abtcounseling.com](http://www.abtcounseling.com)  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Marital Therapy, Depression, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Elliott, Amy W LPC

Gender: Female  
NPI: 1013929033  
License: VA 0701001842  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Marital Therapy, Depression, Cognitive/Behavioral Therapy, Bipolar  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Freeman, Caroline LPC

Gender: Female  
NPI: 1194501981  
License: VA 0701012839  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Ganga, Anil L PA

Gender: Male  
NPI: 1194904375  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Depression, Cognitive/Behavioral Therapy, Bipolar  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Iler, Kristen LPC

Gender: Female  
NPI: 1104585728  
License: VA 0701010976  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Motivational interviewing, Mood Disorders, Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder  
Age 7 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

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# Behavioral Services

## Parsley, Anne LPC

Gender: Female  
NPI: 1215711973  
License: VA 0701012749  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Price, Kimberly LPC

Gender: Female  
NPI: 1417489857  
License: VA 0701007047  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Spanish  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Schallon, Rachel LPC

Gender: Female  
NPI: 1366066490  
License: VA 0701009391  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Vaselaros, Angela LPC

Gender: Female  
NPI: 1629766159  
License: VA 0701012327  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Solution  
Focused Therapy, Post-  
Traumatic Stress Disorder  
(PTSD), Motivational  
interviewing, Mood Disorders,  
Depression,  
Cognitive/Behavioral Therapy,  
Bipolar, Anxiety Disorder  
Age 8 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

## Backpack Medical Group PC

(866) 968-6342  
NPI: 1851177570  
Website: hellobackpack.com  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Brant, Zalene LPC

Gender: Female  
NPI: 1871357731  
License: VA 0701014710  
Website: [helloworldbackpack.com/](http://helloworldbackpack.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Lavalle, Eric PC

Gender: Male  
NPI: 1851954093  
License: MA LMHC10003474  
Website: [helloworldbackpack.com](http://helloworldbackpack.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Barker, Robert S LPC

(267) 716-8458

Gender: Male  
NPI: 1376080887  
License: PA PC009339  
Website: [www.rscottbarkercounseling.com](http://www.rscottbarkercounseling.com)  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM

## BE & MH: Mental Health Services Group

(757) 338-1421  
NPI: 1043999162  
Website: [www.beandmh.com](http://www.beandmh.com)  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Group therapy, Family Therapy, Cultural Competency Trained, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Scott, Fred R PhD\*

Gender: Male  
NPI: 1679272090  
License: VA 0701012670  
Website: [www.beandmh.com](http://www.beandmh.com)  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Group therapy, Family Therapy, Cultural Competency Trained, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM

## Beach Counseling Center LLC

(757) 233-1500

## Phillips, Annie L LPC

Gender: Female  
NPI: 1285871939  
License: VA 0701004521  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Bella Mente Mental Health Services

(757) 770-4717

Practice Focus: Virtual Care - Audio only, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Group therapy, Gender Identity, Family Therapy, Depression, Chronic Illnesses  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Sharpe-Justice, Breezi E LPC

Gender: Female  
NPI: 1598101800  
License: VA 0701007534  
Practice Focus: Virtual Care -  
Audio only, Substance Abuse &  
Alcohol Abuse Center  
(Outpatient), Stress  
Management, Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Post-  
Traumatic Stress Disorder  
(PTSD), Group therapy, Gender  
Identity, Family Therapy,  
Depression, Chronic Illnesses  
Age 14 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## Body and Mindfully Healthy (276) 601-2749

## Estep, Jennifer L PC

Gender: Female  
NPI: 1548906183  
License: VA 0732000361  
Website:  
www.bodyandmindfullyhealth  
y.com  
Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Victims of  
elder abuse, Victims of  
domestic violence, Victim  
Awareness, Veteran's Issues,  
Trauma Informed Care  
Trained, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior  
Age 9 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Peddy, Melissa S

NPI: 1538559588  
License: VA 0701006052  
Website:  
www.bodyandmindfullyhealth  
y.com  
Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Victims of  
elder abuse, Victims of  
domestic violence, Victim  
Awareness, Veteran's Issues,  
Trauma Informed Care  
Trained, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Breeden, Margaret LPC (703) 841-0703

Gender: Female  
NPI: 1457948499  
License: VA 0701008988  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Brightstar Counseling Services PLLC (757) 737-2895

## Tavolacci, Richard F LPC

Gender: Male  
NPI: 1861598120  
License: VA 0717001015  
Website:  
brightstarcounseling.org/  
Practice Focus: Virtual Care -  
Audio only, Mental Health  
Counselor, Marital Therapy  
Armenian  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Brightview LLC (833) 510-4357

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

NPI: 1649786260

Website:

Brightviewhealth.com

Practice Focus: Virtual Care -

Audio/Visual, Virtual Care -

Audio only, Cultural

Competency Trained,

Addictions/ Substance Abuse

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## **C and S Holistic Counseling and Consulting LLC**

(757) 782-4070

Website: csholistic.com

Practice Focus: Virtual Care -

Audio/Visual, Mental Health

Counselor, Child/ Pediatric,

Adult

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-6:00 PM

Tuesday: 10:00 AM-6:00 PM

Wednesday: 10:00 AM-6:00 PM

Thursday: 10:00 AM-6:00 PM

Friday: 10:00 AM-6:00 PM

Saturday: 10:00 AM-2:00 PM

## **Howard, Kelly LPC**

Gender: Female

NPI: 1235491671

License: VA 0812000634

Website: csholistic.com

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-6:00 PM

Tuesday: 10:00 AM-6:00 PM

Wednesday: 10:00 AM-6:00 PM

Thursday: 10:00 AM-6:00 PM

Friday: 10:00 AM-6:00 PM

Saturday: 10:00 AM-2:00 PM

## **C&C Therapy Associates LLC**

(757) 681-3121

## **Childress, Tamara W PC**

Gender: Female

NPI: 1255769543

License: VA 0701005620

Website:

cctherapyassociates.com

Practice Focus: Virtual Care -

Audio/Visual, Trauma

Informed Care Trained, Post-

Traumatic Stress Disorder

(PTSD), Cultural Competency

Trained, Child/ Pediatric,

Anxiety/Depression, Anger

Management, Adult,

ADD/ADHD

Age 99 and under

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Candor Therapy Network PLLC**

(703) 249-9890

## **Beroldi, Kristi LPC**

Gender: Female

NPI: 1255785978

License: VA 0701008291

Practice Focus: Virtual Care -

Audio/Visual,

Anxiety/Depression, Adult,

Adolescents

Spanish

Age 1 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 7:00 AM-8:00 PM

Tuesday: 7:00 AM-8:00 PM

Wednesday: 7:00 AM-8:00 PM

Thursday: 7:00 AM-8:00 PM

Friday: 7:00 AM-8:00 PM

NPI: 1164137006

Practice Focus: Virtual Care -

Audio/Visual,

Anxiety/Depression, Adult,

Adolescents

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 7:00 AM-8:00 PM

Tuesday: 7:00 AM-8:00 PM

Wednesday: 7:00 AM-8:00 PM

Thursday: 7:00 AM-8:00 PM

Friday: 7:00 AM-8:00 PM

## **Catalyst Recovery and Wellness LLC**

(703) 546-1834

NPI: 1598306649

Website:

www.catalystwellness.com

Practice Focus: Virtual Care -

Audio/Visual, Counselor

Age 14 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

Saturday: 10:00 AM-7:00 PM

Sunday: 10:00 AM-7:00 PM

## **Center for Child and Family Services**

(757) 838-1960

NPI: 1972685774

Website:

www.kidsandfamilies.com

Practice Focus: Virtual Care -

Audio/Visual, Community-

Based Treatment, Behavioral

Health Outpatient

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-8:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 9:00 AM-2:00 PM

## **Central Virginias Preferred Providers**

(804) 330-6441

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1730638107

Website:

www.cvppservices.com

Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## **Tokizawa, Kayo LPC**

Gender: Female

NPI: 1669299509

License: VA 0701013832

Website:

www.cvppservices.com

Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## **CERVELLO-WELLNESS**

(301) 392-7120

NPI: 1083239255

Website: CERVELLO-

WELLNESS.COM

Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **Pelzer, Jillian LPC**

Gender: Female

NPI: 1467181628

License: VA 0701011527

Website: CERVELLO-

WELLNESS.COM

Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD

Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **CHAT Behavioral Health Services**

(757) 436-5601

NPI: 1467949024

Website: www.chatbhs.com

Practice Focus: Virtual Care - Audio/Visual, Trauma

Informed Care Trained, Psychotic Disorders, Mood

Disorders, Cultural Competency Trained,

Addictions/ Substance Abuse

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

## **Graham, Meagan LPC**

Gender: Female

NPI: 1043728611

License: VA 0701007473

Website: www.chatbhs.com

Practice Focus: Virtual Care - Audio/Visual, Trauma

Informed Care Trained, Psychotic Disorders, Mood

Disorders, Cultural Competency Trained,

Addictions/ Substance Abuse

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

## **Jordan, Karri LPC**

Gender: Female

NPI: 1790281566

License: VA 0701007574

Website: www.chatbhs.com

Practice Focus: Virtual Care - Audio/Visual, Trauma

Informed Care Trained, Psychotic Disorders, Mood

Disorders, Cultural Competency Trained,

Addictions/ Substance Abuse

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

## **Roldan, Krystelle LPC**

Gender: Female

NPI: 1508695917

License: VA 0701014368

Website: www.chatbhs.com

Practice Focus: Virtual Care - Audio/Visual, Trauma

Informed Care Trained, Psychotic Disorders, Mood

Disorders, Cultural Competency Trained,

Addictions/ Substance Abuse

Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Chesapeake Counseling Associates PC

(804) 695-2557

### John, Jenny LPC

Gender: Female

NPI: 1104437086

License: VA 0701009755

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-8:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-8:00 PM

Thursday: 8:00 AM-8:00 PM

Friday: 9:00 AM-5:00 PM

## Chesapeake Counseling Center

(757) 302-8362

NPI: 1780160747

Website:

chesapeakecounselingcenter.com/

Practice Focus: Virtual Care - Audio/Visual, Cultural

Competency Trained

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Gender: Female

NPI: 1962201186

License: VA 0701014554

Website:

chesapeakecounselingcenter.com/

Practice Focus: Virtual Care - Audio/Visual, Cultural

Competency Trained

Age 6 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Childsavers

(804) 644-9590

NPI: 1699868448

Website: www.childsavers.org

Practice Focus: Virtual Care - Audio/Visual, Community-

Based Treatment, Behavioral Health Outpatient

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:30 PM

Tuesday: 8:00 AM-7:30 PM

Wednesday: 8:00 AM-7:30 PM

Thursday: 8:00 AM-7:30 PM

Friday: 8:00 AM-7:30 PM

## Clinical Associates of Tidewater

(757) 877-7700

NPI: 1447341615

Practice Focus: Virtual Care -

Audio/Visual, Psychological Testing, Medication

Management, Counselor

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

## Fore Martin, Robin LPC

Gender: Female

NPI: 1225578743

License: VA 0701006935

Practice Focus: Virtual Care - Audio/Visual, Psychological

Testing, Medication

Management, Counselor

Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

## Rodriguez, Godeliz LPC

Gender: Female

NPI: 1194206151

License: VA 0701008222

Practice Focus: Virtual Care - Audio/Visual, Psychological

Testing, Medication

Management, Counselor

Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

## RUSSELL, LISA LPC

Gender: Female

NPI: 1225888225

License: VA 0701013402

Practice Focus: Virtual Care - Audio/Visual, Psychological

Testing, Medication

Management, Counselor

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-4:00 PM

## Clissold, Gillian LPC

(703) 479-2947

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Male  
NPI: 1083094536  
License: VA 0701006150  
Website:  
www.QuarternoteCounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Sex Offenders, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Multicultural Issues, Mood Disorders, Mental Health Counselor, Low Income Populations, Immigration Populations  
Age 16 to 60  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Coastal Virginia Counseling (757) 222-4944

**Brown, Rebecca LPC**  
Gender: Female  
NPI: 1275145500  
License: VA 0701009670  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-3:45 PM  
Wednesday: 10:00 AM-3:00 PM  
Thursday: 10:00 AM-3:45 PM  
Friday: 9:00 AM-5:00 PM

**Cavanaugh, Caitlin LPC**  
Gender: Female  
NPI: 1003438862  
License: VA 0701009289  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1134543382  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Conlin, Samantha LPC**  
Gender: Female  
NPI: 1043932049  
License: VA 0701011820  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:30 AM-2:30 PM

**Fisher, Kimberly LPC\***  
Gender: Female  
NPI: 1407343700  
License: VA 0701007655  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-4:00 PM  
Tuesday: 8:00 AM-4:00 PM  
Wednesday: 11:00 AM-5:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

## Hull, Mary LPC

Gender: Female  
NPI: 1164070256  
License: VA 0701008816  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-7:15 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-10:00 AM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-3:00 PM

## McClernon, Kimberly LPC

Gender: Female  
NPI: 1548914625  
License: VA 0701013321  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 7 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 2:00 PM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Milla, Juan LPC

Gender: Male  
NPI: 1750748539  
License: VA 0701006378  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:30 AM-3:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:30 AM-3:00 PM  
Friday: 9:00 AM-5:00 PM

## Pearson, Halyn LPC

Gender: Female  
NPI: 1598417867  
License: VA 0701011164  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 3:15 PM-7:30 PM  
Tuesday: 3:15 PM-7:30 PM  
Wednesday: 3:15 PM-7:30 PM  
Thursday: 3:15 PM-7:30 PM  
Friday: 3:15 PM-7:30 PM

## Sabourin, Rachel LPC\*

Gender: Female  
NPI: 1780361394  
License: VA 0701013572  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Sartwell, Erica A LPC

Gender: Female  
NPI: 1508190448  
License: VA 0701004673  
Website: www.covavb.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Bipolar, Behavioral Health Outpatient, ASAM Level 1, Anxiety/Depression, Affective Disorders, ADHD  
Spanish  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Compass Behavioral Group**  
Compass Behavioral Group  
(757) 644-6391

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Beeman, Erin LPC

Gender: Female  
NPI: 1699558015  
License: VA 0701012791  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ellison, Tierra LPC

Gender: Female  
NPI: 1912786393  
License: VA 0701012890  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hitchings, Sarah LPC

Gender: Female  
NPI: 1881149581  
License: VA 0701006693  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Malone, Jessica LPC

Gender: Female  
NPI: 1891105037  
License: VA 0701005770  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MURRAY, JOSEPHINE LPC

Gender: Female  
NPI: 1598201204  
License: VA 0701005720  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group

Compass Behavioral  
Group  
(804) 372-0151  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Community-Based Treatment,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wood, Elizabeth LPC\*

Gender: Female  
NPI: 1417774126  
License: VA 0701014004  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Compass Behavioral Group

Compass Behavioral  
Group  
(540) 437-1605

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Nolley, Sarah LPC**

Gender: Female  
NPI: 1558999771  
License: VA 0133002978  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor,  
Autism Spectrum Disorders,  
Applied Behavioral Analysis  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral Group**

(540) 949-7045  
**SHEPARD, NICKI LPC**  
Gender: Female  
NPI: 1265873871  
License: VA 0701005436  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **WILHELM, GRETCHEN LPC**

Gender: Female  
NPI: 1912127226  
License: OH P.7042  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass Behavioral Group**

(540) 348-4808  
**Wickline, Keira LPC**  
Gender: Female  
NPI: 1245042043  
License: VA 0701014433  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Compass NOVA**

(540) 339-3640

## **Berger, Sarah LPC**

Gender: Female  
NPI: 1720608532  
License: PA PC012226  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hayden, Stephanie LPC\***

Gender: Female  
NPI: 1770071813  
License: VA 0701003629  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MCNEIL, REBECCA LPC**

Gender: Female  
NPI: 1548924178  
License: VA 0701010743  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **RUHLEN, CAROLYN LPC**

Gender: Female  
NPI: 1396025722  
License: VA 0710101763  
Website:  
www.compassva.com  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy,  
Mental Health Counselor  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Confidant Providers LLC**

(203) 747-8696

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Amos, Esmeralda LPC

Gender: Female  
NPI: 1497641922  
License: VA 0701014951  
Website: [www.confidanthealth.com/](http://www.confidanthealth.com/)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Grief/Death/Dying, Depression, Anxiety Disorder, Addictions/ Substance Abuse Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
NPI: 1336761691  
Website: [confidanthealth.com](http://confidanthealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, LGBTQ+, Grief/Death/Dying, Depression, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Howerton, Anissa LPC

Gender: Female  
NPI: 1003269366  
License: VA 0701006649  
Website: [confidanthealth.com](http://confidanthealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Mental Health Counselor, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## Counseling Associates of the Highlands

(540) 965-1373

## Selman, Amanda N LPC

Gender: Female  
NPI: 1861880205  
License: VA 0701006035  
Practice Focus: Grief/Death/Dying, Anxiety/Depression, Anxiety Disorder  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## Creating Compassion LLC

(540) 268-3411

## Hale, Hannah LPC

Gender: Female  
NPI: 1184289308  
License: VA 0701008266  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Current Counseling

(757) 966-2715

## Beasley, Sydney LPC\*

Gender: Female  
NPI: 1487487120  
License: VA 0701013883  
Website: [www.currentcounseling.org](http://www.currentcounseling.org)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Psychotherapy, Grief/Death/Dying, General Mental Health, Gender Identity, Gay/Lesbian Issues, Family Therapy, Depression, Couple Counseling  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1275154700

Website: [www.currentcounseling.org](http://www.currentcounseling.org)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Psychotherapy, Grief/Death/Dying, General Mental Health, Gender Identity, Gay/Lesbian/Bisexual, Gay/Lesbian Issues, Family Therapy, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Fales, Laura LPC\***  
Gender: Female  
NPI: 1255957965  
License: VA 0701009390  
Website: [www.currentcounseling.org](http://www.currentcounseling.org)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Psychotherapy, Grief/Death/Dying, General Mental Health, Gender Identity, Gay/Lesbian Issues, Family Therapy, Depression, Couple Counseling  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Morgan, Jennifer LPC**

Gender: Female  
NPI: 1710466354  
License: VA 0701007767  
Website:  
www.currentcounseling.org  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Psychotherapy,  
Grief/Death/Dying, General  
Mental Health, Gender  
Identity, Gay/Lesbian/Bisexual,  
Family Therapy, Depression,  
Couple Counseling  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nichols, Antoine LPC**

Gender: Male  
NPI: 1265910525  
License: VA 0701007726  
Website:  
www.currentcounseling.org  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Psychotherapy,  
Grief/Death/Dying, General  
Mental Health, Gender  
Identity, Gay/Lesbian Issues,  
Family Therapy, Depression,  
Couple Counseling  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Danville Pittsylvania Community Services** (434) 799-0456

### **Coles, Amanda LPC**

Gender: Female  
NPI: 1790392215  
License: VA 0701009810  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## **Cressell, Lauren LPC**

Gender: Female  
NPI: 1831967512  
License: VA 0701013116  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

### **Griffin, Chaquita Reed LPC**

Gender: Female  
NPI: 1578002432  
License: VA 0701006964  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## **Jones, Rhonda LPC**

Gender: Female  
NPI: 1235616970  
License: VA 0710102003  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

### **Oakes, Jessica LPC**

Gender: Female  
NPI: 1407250061  
License: VA 0701005859  
Website: www.dpcs.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Price, Karen LPC

Gender: Female  
NPI: 1447836028  
License: VA 0701010300  
Website: [www.dpcs.org](http://www.dpcs.org)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Tosh, Melanie LPC

Gender: Female  
NPI: 1942747191  
License: VA 0701006365  
Website: [www.dpcs.org](http://www.dpcs.org)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Vaughn, Shelby PC

Gender: Female  
NPI: 1144800186  
License: VA 0701010320  
Website: [www.dpcs.org](http://www.dpcs.org)  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## Dedicated Psychiatric Services PLLC

(423) 343-9156  
NPI: 1346927589  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hurd, Leslie LPC

Gender: Female  
NPI: 1760827554  
License: TN 4814  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Depaul Family Services

(276) 623-0881

## Burns, Amy L LPC

Gender: Female  
NPI: 1811268501  
License: VA 0701005177  
Website: [www.depaulcr.org/outpatient-counseling-services/](http://www.depaulcr.org/outpatient-counseling-services/)  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## McGlothlin, Sheena LPC

Gender: Female  
NPI: 1306509740  
License: VA 0701011330  
Website: [www.depaulcr.org/outpatient-counseling-services/](http://www.depaulcr.org/outpatient-counseling-services/)  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Depaul Family Services

(434) 455-3727

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Phillips, Angela LPC

Gender: Female  
NPI: 1891458634  
License: VA 0701010684  
Website:  
www.depaulcr.org/outpatient-counseling-services/  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Intellectual Development Disabilities (IDD), Eating Disorders, Domestic Violence, Divorce Recovery Therapy, Dissociative disorder, DID/MPD  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Divine Minds LLC

(434) 433-2169  
Website:  
WWW.DIVINEMINDSLLC.COM  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Dougan and Walden Wellness PLLC

(804) 893-5555

NPI: 1396259602  
Website: www.dwellness.org  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Elliott-Mixon, Jordan LPC

Gender: Female  
NPI: 1407319825  
License: VA 0701008116  
Website: www.dwellness.org  
Practice Focus: Virtual Care - Audio/Visual  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 10:00 AM-4:00 PM

## Dove Counseling Service PLLC

(804) 832-6565

## South, Carolyn S LPC

Gender: Female  
NPI: 1700849148  
License: VA 0717000854  
Website:  
dovecounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Pregnancy-Related/Postpartum  
Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Multidimensional Family Therapy, Mood Disorders/Depression, Mental health skill building, Homeless/Outreach, Family Therapy  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Eastern Shore Community Services Board

(757) 665-1260  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Konkel, John W LPC

Gender: Male  
NPI: 1649726522  
License: VA 0701006645  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Miles, Ellen S LPC

Gender: Female  
NPI: 1477984037  
License: VA 0701005611  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Roney, Ana Maria LPC

Gender: Female  
NPI: 1972249407  
License: VA 0701011293  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Turner, Beverly LPC

Gender: Female  
NPI: 1205493897  
License: VA 0701008270  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## Eastville Community Health Center

17068 Lankford Hwy  
Eastville, VA 23347  
(757) 331-1086

## Wynder, Nicole LPC

Gender: Female  
NPI: 1245567866  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Edmonds, Tamica D LPC

(804) 340-3243

Gender: Female  
NPI: 1710509351  
License: VA 0701011493  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Motivational interviewing, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-6:00 PM  
Tuesday: 4:00 PM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 4:00 PM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## Enjoy Counseling Services

(540) 655-6149

## Cockrell, Kathleen LPC

Gender: Female  
NPI: 1922880947  
License: VA 0701012871  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1528731429  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Kennedy, Jordan LPC

Gender: Male  
NPI: 1225852957  
License: VA 0701014039  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Evergreen Behavioral Health Services LLC

(540) 937-4923

## Wyman, Bruce C LPC\*

Gender: Male  
NPI: 1821109331  
License: VA 0701003919  
Website: evergreenbehavioralhealthservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression, Adult, Adolescents  
Chinese  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:30 PM  
Tuesday: 9:00 AM-4:30 PM  
Wednesday: 9:00 AM-4:30 PM  
Thursday: 9:00 AM-4:30 PM  
Friday: 9:00 AM-4:30 PM

## Every Age Every Stage LLC

(804) 562-7117

## Draney Smith, Lana LPC

Gender: Female  
NPI: 1366042632  
License: VA 0701012212  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Hatch, Ryan LPC

Gender: Male  
NPI: 1679046007  
License: VA 0701008063  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained Spanish  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Kegley, Scott LPC

Gender: Male  
NPI: 1336917947  
License: VA 0701013128  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Families First Counseling Services

(757) 800-3638

## Bennett, Tamika LPC

Gender: Female  
NPI: 1083026587  
License: VA 0701005652  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Counselor, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-2:00 PM  
Tuesday: 9:00 AM-2:00 PM  
Wednesday: 9:00 AM-2:00 PM  
Thursday: 9:00 AM-2:00 PM  
Friday: 9:00 AM-2:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Counselor, Community-Based Treatment  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Focus Inc

(804) 261-2090

## Website:

www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Harris, Patricia LMFT

Gender: Female  
NPI: 1952452294  
License: VA 0717000466  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Behavioral Health Outpatient  
Age 18 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Guidance Centers

(804) 743-0960

## Anderson, Sandra LPC

Gender: Female  
NPI: 1205440518  
License: VA 0701009761  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM  
**Baldwin, Kenyetta LPC**  
Gender: Female  
NPI: 1407498900  
License: VA 0701007857  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Barber, Madelene LPC**

Gender: Female  
NPI: 1346992781  
License: VA 0701011183  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Black, Shannon LPC**

Gender: Female  
NPI: 1528448271  
License: VA 0701003122  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-5:00 PM  
Tuesday: 11:00 AM-5:00 PM  
Wednesday: 11:00 AM-5:00 PM  
Thursday: 11:00 AM-5:00 PM  
Friday: 11:00 AM-5:00 PM

## **Burckhardt, Rebecca LPC**

Gender: Female  
NPI: 1215057112  
License: VA 0701007570  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Byrne, Devin LPC**

Gender: Male  
NPI: 1528735867  
License: VA 0701010738  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

NPI: 1225192909

Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Foxx, Renita LPC**

Gender: Female  
NPI: 1033889415  
License: VA 0701007249  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Jackson, Emily LPC**

Gender: Female  
NPI: 1437709888  
License: VA 0701008652  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Knable, Sarah LPC**

Gender: Female  
NPI: 1477196020  
License: VA 0701008720  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Krimm, Jenny LPC

Gender: Female  
NPI: 1386255099  
License: VA 0701012043  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Lackey, Nina LPC

Gender: Female  
NPI: 1437305554  
License: VA 0710000488  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Lahocki, Tosca LPC

Gender: Female  
NPI: 1831874353  
License: VA 0701012657  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Lebold, Laurie LPC

Gender: Female  
NPI: 1346844370  
License: VA 0717000324  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## McManus, Michael PC

Gender: Male  
NPI: 1144531302  
License: VA 0718000280  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Okai, Victoria LPC

Gender: Female  
NPI: 1164240461  
License: VA 0701014016  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Victims of elder abuse, Veteran's Issues, Stress Management, Solution Focused Therapy, Sexual Addictions, Religion Based Therapy, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Post Partum Depression  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Patel, Sonal LPC

Gender: Female  
NPI: 1952724882  
License: VA 0701005462  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## Porter, Dwight L LPC

Gender: Male  
NPI: 1194158220  
License: VA 0701007186  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Spanish  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## **Powell, Adam LPC**

Gender: Male  
NPI: 1700514171  
License: VA 0701011866  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Routh, Andrew LPC**

Gender: Male  
NPI: 1487967808  
License: VA 0701003502  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Smith-Graham, Pamela LPC**

Gender: Female  
NPI: 1568007201  
License: VA 0701007659  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Thomas, Shilain MA**

Gender: Female  
NPI: 1831142256  
License: GA LPC005299  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Watson, Rochelle LPC**

Gender: Female  
NPI: 1710547237  
License: VA 0701008110  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Willard, Pamela LPC**

Gender: Female  
NPI: 1801164215  
License: VA 0701002989  
Website:  
www.familyguidancecenters.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Arabic  
Age 2 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 10:00 AM-5:00 PM

## **Featherston, Crystal LPC**

(757) 937-9915

Gender: Female  
NPI: 1770344897  
License: VA 0701013219  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Family Therapy, Cultural Competency Trained, Couple, Bereavement, Anxiety/Depression, Anxiety Disorder, Anger Management  
Age 5 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-7:00 PM  
Tuesday: 10:00 AM-7:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 10:00 AM-7:00 PM  
Friday: 10:00 AM-7:00 PM

## **Flowers, Venus LPC**

(804) 203-4477  
Gender: Female  
NPI: 1831550532  
License: VA 0701006470  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Group Home Residential, Group Day Support, Cultural Competency Trained, Community-Based Treatment  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Footsteps Counseling Center

(804) 715-3215  
NPI: 1669556585  
Website:  
www.footstepscounseling.com  
Practice Focus: Virtual Care - Secure Text Messaging, Virtual Care - Audio/Visual, Stress Management, Strengthening Families, Sexual/Physical Abuse Child, Separation Grief and Loss, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders, Obsessive-Compulsive Disorder (OCD)  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-1:00 PM

## Miller, Amy LPC

Gender: Female  
NPI: 1740964873  
License: VA 0701012546  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Strengthening Families, Sexual/Physical Abuse Child, Separation Grief and Loss, Play Therapy, Family Therapy, Faith-based/spiritual, Developmental/Behavioral Issues, Cultural Competency Trained, Child Parent Psychotherapy  
Limited Handicap Accessibility  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-1:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Murphy, Tina J LPC

Gender: Female  
NPI: 1427081645  
License: VA 0701003915  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Strengthening Families, Sexual/Physical Abuse Child, Separation Grief and Loss, Play Therapy, Family Therapy, Faith-based/spiritual, Developmental/Behavioral Issues, Cultural Competency Trained, Child Parent Psychotherapy  
Limited Handicap Accessibility  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Robinson, Leslie LPC

Gender: Female  
NPI: 1912095118  
License: VA 0701003670  
Website:  
footstepscounseling.com  
Practice Focus: Virtual Care - Secure Text Messaging, Virtual Care - Audio/Visual, Stress Management, Mood Disorders/Depression, Faith-based/spiritual, Cultural Competency Trained, Bereavement, Anxiety/Depression, Abuse (Physical, Sexual)  
Limited Handicap Accessibility  
French  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 10:00 AM-7:00 PM  
Thursday: 3:00 PM-8:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Steele, Taresa LPC

Gender: Female  
NPI: 1376953190  
License: VA 0701003482  
Website:  
footsteps counseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Post-  
Traumatic Stress Disorder  
(PTSD), Personality Disorders,  
Faith-based/spiritual, Dual  
Diagnosis (MH/SA), Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Bereavement,  
Anxiety/Depression  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-1:00 PM

## Taylor, Sandi F LPC

Gender: Female  
NPI: 1457932717  
License: VA 70701003731  
Website:  
footsteps counseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Post-  
Traumatic Stress Disorder  
(PTSD), Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders/Depression, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Cognitive/Behavioral Therapy,  
Bereavement,  
Anxiety/Depression  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-8:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 10:00 AM-8:00 PM  
Thursday: 4:00 PM-8:00 PM  
Friday: 9:00 AM-5:00 PM

## Weaver, Tim H LPC

Gender: Male  
NPI: 1467873588  
License: VA 0701008039  
Website:  
footsteps counseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Personality  
Disorders, Obsessive-  
Compulsive Disorder (OCD),  
Mood Disorders/Depression,  
Faith-based/spiritual, Dual  
Diagnosis (MH/SA), Dialectal  
Behavior Therapy (DBT),  
Cultural Competency Trained,  
Cognitive/Behavioral Therapy,  
Anxiety/Depression  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 PM-8:00 PM  
Tuesday: 12:00 PM-8:00 PM  
Wednesday: 12:00 PM-7:00 PM  
Thursday: 12:00 PM-8:00 PM  
Friday: 12:00 PM-4:00 PM

## Wilda, Sondrella K LPC

Gender: Female  
NPI: 1265732309  
License: VA 0701001893  
Website:  
footsteps counseling.com  
Practice Focus: Virtual Care -  
Secure Text Messaging, Virtual  
Care - Audio/Visual, Stress  
Management, Mood  
Disorders/Depression, Faith-  
based/spiritual, Cultural  
Competency Trained,  
Bereavement,  
Anxiety/Depression, Abuse  
(Physical, Sexual)  
Limited Handicap Accessibility  
Arabic  
Age 10 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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(757) 204-1866

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\* Proveedor especialista certificado

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# Behavioral Services

## Caplan, Leanna LPC\*

Gender: Female  
NPI: 1417507914  
License: VA 0701011280  
Website:  
www.freemiritoronline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Farrar, Blair LPC

Gender: Female  
NPI: 1023572674  
License: VA 0701008118  
Website:  
www.freemiritoronline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Langlands, Leanne LPC

Gender: Female  
NPI: 1598422313  
Website:  
www.freemiritoronline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Langley, Rachel LPC\*

Gender: Female  
NPI: 1821778333  
License: VA 0701014809  
Website:  
www.freemiritoronline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Nardin, Jill LPC

Gender: Female  
NPI: 1326475468  
License: VA 0701005608  
Website:  
www.freemiritoronline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Norman, Erik LPC

Gender: Male  
NPI: 1144916594  
License: DC PRC200001822  
Website:  
www.freemiritoronline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Stoltzfus, Lauri LPC

Gender: Female  
NPI: 1477011385  
License: VA 0701008231  
Website:  
www.freemiritoronline.org  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mental  
Health Counselor, Marital  
Therapy, Group therapy, Family  
Therapy  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM

## Free Spirit Counseling

(757) 241-4407

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Minnick, Karli LPC**

Gender: Female  
NPI: 1114607421  
License: VA 0701015354  
Website:  
www.freepirtonline.org  
Practice Focus: Youth  
Posttraumatic Stress Disorder (PTSD), Women, Virtual Care - Family Caregiver Participation, Virtual Care - Audio/Visual, Veteran's Issues, Trauma Informed Care Trained, Teletherapy, Stress Management, Separation Grief and Loss, Psychotherapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

## **Genesis Counseling Center** (757) 827-7707

## **Berry, John LPC**

Gender: Male  
NPI: 1548155443  
License: VA 0701014986  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio only, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Group therapy, Grief/Death/Dying, Faith-based/spiritual, Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Bipolar  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Campbell, Sheryl LPC**

Gender: Female  
NPI: 1518210038  
License: VA 0701005591  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 20 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Carter, Kaylah LPC**

Gender: Female  
NPI: 1386236644  
License: VA 0701010173  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Post Partum Depression, Gay/Lesbian Issues, Faith-based/spiritual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 1 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cheely, Jacquelyn LPC**

Gender: Female  
NPI: 1043044704  
License: VA 0701013882  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Cunningham, George LPC**

Gender: Male  
NPI: 1609643345  
License: VA 0701003036  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Dwyer, Kelly LPC

Gender: Female  
NPI: 1386490217  
License: VA 0701013510  
Website:  
www.genisiscounselingcenter.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Grief/Death/Dying, Gay/Lesbian Issues, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, ADD/ADHD, Abuse (Physical, Sexual)  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Griffin, Brent G LPC

Gender: Male  
NPI: 1417984477  
License: VA 0718000163  
Website:  
www.genisiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Keatts, Melynda S LPC

Gender: Female  
NPI: 1124516133  
License: VA 0701007590  
Website:  
www.genisiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Spanish  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Kuupuamakamae, Naluai LPC\*

NPI: 1700416633  
License: AK 188767  
Website:  
www.genisiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Morey, Michael LPC

Gender: Male  
NPI: 1477130557  
License: VA 0701014672  
Website:  
www.genisiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, PreSchool Posttraumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Bipolar, Autism Spectrum Disorders, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Olson, Josephine LPC

Gender: Female  
NPI: 1710316229  
License: VA 0701005606  
Website:  
www.genisiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Roman, Estela LPC

Gender: Female  
NPI: 1245626209  
License: VA 0701013162  
Website:  
www.genisiscounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Spanish  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Smith, Aubrey LPC

Gender: Female  
NPI: 1982060125  
License: VA 0701010776  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 466-3336

## Brown, Michael LPC

Gender: Male  
NPI: 1447600325  
License: VA 0701006659  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Covington, Hannah LPC

Gender: Female  
NPI: 1013800457  
License: VA 0701014937  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Grief/Death/Dying, Gay/Lesbian Issues, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Anxiety/Depression, ADHD  
Age 1 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Draine, Janice LPC

Gender: Female  
NPI: 1902980543  
License: VA 0718000225  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Erb, Bonita LPC**  
Gender: Female  
NPI: 1609888577  
License: VA 0701001579  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hall, Robert MEd

Gender: Male  
NPI: 1518649912  
License: VA 0701014294  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Hammersley, Patricia LPC**  
Gender: Female  
NPI: 1548805096  
License: VA 0701008747  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 15 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hermiz, Laura LPC

Gender: Female  
NPI: 1780773507  
License: VA 0717000463  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lam, Corinne LPC

Gender: Female  
NPI: 1295562940  
License: VA 0701013983  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wright, William LPC

Gender: Male  
NPI: 1720893597  
License: VA 0701014428  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, PreSchool Posttraumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Dialectal Behavior Therapy (DBT), Cognitive/Behavioral Therapy, Bipolar, Autism Spectrum Disorders, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 564-3100

NPI: 1164451399

Website:  
www.genescounselingcenter.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Schizophrenia, PreSchool Posttraumatic Stress Disorder (PTSD), Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Group therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Henrich, Danica LPC

Gender: Female  
NPI: 1538220009  
License: VA 0717001178  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Lyon, Dana LPC

Gender: Female  
NPI: 1609102193  
License: VA 0701004659  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mortier, Mark LPC

Gender: Male  
NPI: 1003979246  
License: VA 0701004881  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Walkley, Meagan LPC

Gender: Female  
NPI: 1053651133  
License: VA 0701005413  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Walthes, Gwendolyn LPC

Gender: Female  
NPI: 1235502907  
License: VA 0701006367  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center

(757) 965-5886

## Giencke, Mary LPC

Gender: Female  
NPI: 1366986259  
License: VA 0701006852  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hurst, Donna LPC

Gender: Female  
NPI: 1538885660  
License: VA 0701011892  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center

(757) 598-2244

## Titone, Joe LPC

Gender: Male  
NPI: 1891900791  
License: VA 0701011112  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Counselor  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gill, Benicia H LPC

(757) 622-0700

Gender: Female  
NPI: 1194188136  
License: VA 0701005651  
Website:  
www.lifesjourneyservices.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Stress Management, Sexuality, Multicultural Issues, Mood Disorders, LGBTQ+, Grief/Death/Dying, Gender Identity, Family Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Gordon, Trevene LPC

(406) 361-3146  
Gender: Female  
NPI: 1336882315  
License: VA 0710103698  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP) Intensive Outpatient Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Growing Grounded Counseling PLLC**

(804) 701-4769

### **Book, Joy LPC\***

Gender: Female

NPI: 1942778329

License: VA 0701007994

Website:

growinggroundedcounseling.com

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Family Therapy, Depression, Cultural Competency Trained, Behavioral Health Outpatient, Autism, Art Therapy, ADD/ADHD

Age 6 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-8:30 PM

Tuesday: 8:30 AM-8:30 PM

Wednesday: 8:30 AM-8:30 PM

Thursday: 8:30 AM-8:30 PM

Friday: 8:30 AM-8:30 PM

NPI: 1720700172

Website:

growinggroundedcounseling.com

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Family Therapy, Depression, Cultural Competency Trained, Behavioral Health Outpatient, Autism, Art Therapy, Anxiety Disorder, ADD/ADHD

Age 6 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:30 AM-8:30 PM

Tuesday: 8:30 AM-8:30 PM

Wednesday: 8:30 AM-8:30 PM

Thursday: 8:30 AM-8:30 PM

Friday: 8:30 AM-8:30 PM

### **Harris, Nicole W LPC**

(757) 937-9915

Gender: Female

NPI: 1932699949

License: VA 0701007656

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Family Therapy, Cultural Competency Trained, Couple, Bereavement, Anxiety/Depression, Anxiety Disorder, Anger Management Limited Handicap Accessibility

Age 12 to 65

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

### **Healing Hearts Counseling and Consulting Agency LLC**

(804) 556-1436

### **Hunter, Nicole A LPC**

Gender: Female

NPI: 1437740834

License: VA 0701008772

Website:

www.hhcounseling.net

Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Social supports/social determinants of health, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Group therapy, Grief/Death/Dying, Family Therapy, Faith-based/spiritual

Limited Handicap Accessibility

Age 10 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-6:00 PM

Tuesday: 10:00 AM-6:00 PM

Wednesday: 10:00 AM-6:00 PM

Thursday: 10:00 AM-6:00 PM

Friday: 9:00 AM-5:00 PM

### **Health Care Services of Hampton Roads INC**

(757) 622-4600

Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Manier, Cathy LPC**

Gender: Female  
NPI: 1376072728  
License: VA 0710102847  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mason, Shaun E LCSW**

Gender: Male  
NPI: 1134936677  
Practice Focus: Virtual Care - Audio/Visual, Mental health skill building, Cultural Competency Trained  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Holistic Life Services LLC**

(757) 206-2378

## **Albright, Amanda LPC**

Gender: Female  
NPI: 1356770366  
License: VA 0701008657  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Sexually acting out behaviors, Pregnancy-Related/Postpartum Depression/MH Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Medication Management, LGBTQ+, Learning Disabilities, Homebound Persons  
Age 64 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM

## **Hope and Healing Counseling Center LLC** (276) 300-4422

## **Cooper, Michael P LPC\***

Gender: Male  
NPI: 1326892167  
License: VA 0734005753  
Website: hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Griffith, Cindy C LPC**

Gender: Female  
NPI: 1427494475  
License: VA 0701005453  
Website: hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1992162044  
Website: hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Linkous, Rae D\***

Gender: Female  
NPI: 1528545951  
License: VA 0701011598  
Website: hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Medeiros, Keith A

Gender: Male  
NPI: 1306597190  
License: VA 0701011055  
Website:  
hopeandhealingcounselingctr.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Hope for Tomorrow Counseling

(434) 376-2006

## Berneche, Jonci LPC MA

Gender: Female  
NPI: 1295053452  
License: VA 0701004835  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Faith-based/spiritual, Depression, Counselor, Behavioral Health Outpatient, Anxiety Disorder, Anger Management, Adjustment Disorders, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Bruns, Henry LPC MA

Gender: Male  
NPI: 1225649031  
License: VA 0701009934  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Faith-based/spiritual, Depression, Counselor, Behavioral Health Outpatient, Anxiety Disorder, Anger Management, Adjustment Disorders, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Cashel, Martha LPC MA

Gender: Female  
NPI: 1003541921  
License: VA 0701011505  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care - Audio/Visual, Grief/Death/Dying, Faith-based/spiritual, Depression, Counselor, Behavioral Health Outpatient, Anxiety Disorder, Anger Management, Adjustment Disorders, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Chandler, Susan A LPC**

Gender: Female  
NPI: 1528441342  
License: VA 0701003865  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Dove, Amy LPC**

Gender: Female  
NPI: 1407340797  
License: VA 0701007511  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Herron, James LPC**

Gender: Male  
NPI: 1497766216  
License: VA 0717000037  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Holcomb, Adam LPC**

Gender: Male  
NPI: 1427786409  
License: VA 0701011619  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Morel, Michaela LPC MA

Gender: Female  
NPI: 1164036505  
License: VA 0701009727  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Owen, Jennifer LPC MA\*

Gender: Female  
NPI: 1588206643  
License: VA 0701008694  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Theodorides, Erika G LPC

Gender: Female  
NPI: 1013215441  
License: VA 0701004972  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## West, Dan LPC

Gender: Male  
NPI: 1275706400  
License: VA 0701004035  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Whittle, Jessica LPC

Gender: Female  
NPI: 1972103018  
License: VA 0701009955  
Website:  
counseling.five18.org/  
Practice Focus: Virtual Care -  
Audio/Visual,  
Grief/Death/Dying, Faith-  
based/spiritual, Depression,  
Counselor, Behavioral Health  
Outpatient, Anxiety Disorder,  
Anger Management,  
Adjustment Disorders,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## HopeSpring Child Family Clinic LLC

(703) 259-5617

NPI: 1689031122  
Website:  
hopespringchildandfamily.co  
m/  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Play  
Therapy, Family Therapy,  
Community-Based Treatment,  
Cognitive/Behavioral Therapy,  
Anxiety/Depression, Anger  
Management, Adjustment  
Disorders, ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Kwon, Mi-Kyong PhD\*

Gender: Female  
NPI: 1326169400  
License: VA 0701005996  
Website:  
hopespringchildandfamily.co  
m/  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Play  
Therapy, Family Therapy,  
Community-Based Treatment,  
Cognitive/Behavioral Therapy,  
Anxiety/Depression, Anger  
Management, Adjustment  
Disorders, ADD/ADHD  
Korean  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## Infinity Counseling Group (757) 227-3636

## Hassell, Kristin PC

Gender: Female  
NPI: 1346822293  
License: VA 0710103165  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Post-Traumatic  
Stress Disorder (PTSD),  
Depression, Anxiety Disorder,  
Anger Management  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Selden, Charita PC**  
Gender: Female  
NPI: 1528529930  
License: VA 0701008136  
Website:  
infinitycounselinggroup.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Post-Traumatic  
Stress Disorder (PTSD), Home  
Visits, Depression, Community  
-Based Treatment, Anxiety  
Disorder, Anger Management  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## IPSYCHS LLC

(888) 779-2470

### Rawls-Dolin, Christina Z LPC

Gender: Female

NPI: 1205244340

License: NY 008431

Practice Focus: Virtual Care -

Audio/Visual, Psychological

Testing, Pregnancy-

Related/Postpartum

Depression/MH Disorders, Post

-Traumatic Stress Disorder

(PTSD), Play Therapy,

Obsessive-Compulsive

Disorder (OCD), Medication

Management, Group therapy,

Gender Identity, Family

Therapy

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

### Its Okay to Not Be Okay Counseling

(757) 992-8910

NPI: 1861118440

Website:

itsokaytonotbeokaycounseling  
.com/

Practice Focus: Women,

Veteran's Issues, Trauma

Focused Cognitive Behavioral

Therapy, Teletherapy,

Separation Grief and Loss, Post

-Traumatic Stress Disorder

(PTSD), Men, Infertility,

Grief/Death/Dying,

Anxiety/Depression

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Seely, Bridget M LPC

Gender: Female

NPI: 1942868575

License: NC 20915

Website:

itsokaytonotbeokaycounseling

.com/

Practice Focus: Women,

Veteran's Issues, Trauma

Focused Cognitive Behavioral

Therapy, Teletherapy,

Separation Grief and Loss, Post

-Traumatic Stress Disorder

(PTSD), Men, Infertility,

Grief/Death/Dying,

Anxiety/Depression

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Johnson, Alease B LPC

(804) 404-6260

Gender: Female

NPI: 1356009583

License: VA 0701011040

Practice Focus: Virtual Care -

Audio/Visual, Cultural

Competency Trained,

Anxiety/Depression, Anxiety

Disorder

Age 13 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-12:00 PM

## Jones-Mason, Annette M LPC

(757) 937-9915

Gender: Female

NPI: 1952992612

License: VA 0701010232

Practice Focus: Virtual Care -

Audio/Visual, Post-Traumatic

Stress Disorder (PTSD),

Grief/Death/Dying, Family

Therapy, Cultural Competency

Trained, Couple, Bereavement,

Anxiety/Depression, Anxiety

Disorder, Anger Management

Age 5 to 65

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 10:00 AM-7:00 PM

Tuesday: 10:00 AM-7:00 PM

Wednesday: 10:00 AM-7:00 PM

Thursday: 10:00 AM-7:00 PM

Friday: 10:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Jordan Bridge Counseling Services, LLC

(757) 504-9528  
NPI: 1164175832  
Website:  
www.jordanbridgecs.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Mental health skill building, Gender Identity, Child/ Pediatric, Anxiety/Depression, Anger Management, Adult  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Gender: Female  
NPI: 1609384171  
License: VA 0701007437  
Website:  
www.jordanbridgecs.com  
Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Mental health skill building, Gender Identity, Child/ Pediatric, Anxiety/Depression, Anger Management, Adult  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

## Leaders for Life Inc

(804) 477-6137

## Rumph, Standice LPC

Gender: Female  
NPI: 1477002319  
License: VA 0701006715  
Website:  
www.leadersforlifemhss.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Life Works Professional Counseling PLLC

(434) 990-1744  
NPI: 1689148777  
Website:  
www.lifeworksprofessionalcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, LGBTQ+, Depression, Counselor, Cognitive/Behavioral Therapy, Child & Adolescent Psychiatry, Both Male and Female, Borderline Personality Disorders, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Myers, Crystal D LPC

Gender: Female  
NPI: 1326315482  
License: VA 0701005126  
Website:  
www.lifeworksprofessionalcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, LGBTQ+, Depression, Counselor, Cognitive/Behavioral Therapy, Child & Adolescent Psychiatry, Both Male and Female, Borderline Personality Disorders, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## Life Worth Living Counseling Ltd

(540) 339-7727

## Artutis, Whitney LPC

Gender: Female  
NPI: 1912537150  
License: VA 0701008885  
Website:  
www.lifeworthlivingcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM  
Saturday: 8:00 AM-8:00 PM  
Sunday: 8:00 AM-8:00 PM

## Lighthouse Behavioral Health Center

(804) 447-6382

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Bonds, Rachel LPC**

Gender: Female  
NPI: 1619661907  
License: VA 0701012534  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Dialectal Behavior Therapy (DBT), Cultural Competency Trained, Anxiety Disorder, ADHD  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Coleman, Fatima LPC**

Gender: Female  
NPI: 1548955388  
License: VA 0701014371  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Transgender, Personality Disorders, LGBTQ+, Grief/Death/Dying, Couple, Anxiety/Depression, ADHD  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## **Farrow, Christiana LPC**

Gender: Female  
NPI: 1386456309  
License: VA 0701014386  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Transgender, LGBTQ+, Grief/Death/Dying, Couple, Borderline Personality Disorders, Anxiety/Depression, ADD/ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:30 AM-7:00 PM  
Tuesday: 8:30 AM-7:00 PM  
Wednesday: 8:30 AM-7:00 PM  
Thursday: 8:30 AM-7:00 PM  
Friday: 8:30 AM-5:00 PM

## **Franco, Lori LPC**

Gender: Female  
NPI: 1033577341  
License: VA 0701006453  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Cultural Competency Trained, Anxiety Disorder  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Gibbs, Lauren LPC**

Gender: Female  
NPI: 1568142784  
License: VA 0701012674  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders, Depression, Cultural Competency Trained, Anxiety Disorder, ADHD  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Happeney, Kevin LPC**

Gender: Male  
NPI: 1578158994  
License: VA 0701010293  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Personality Disorders, Marital Therapy, Depression, Cultural Competency Trained, Anxiety Disorder  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Ickes, Anna LPC**

Gender: Female  
NPI: 1053019901  
License: VA 0701012213  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Play Therapy, Cultural Competency Trained, Child Abuse, ADHD  
Russian  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Jennings, Robyn L LPC**

Gender: Female  
NPI: 1790054781  
License: VA 0701005070  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Marital Therapy, Cultural Competency Trained, Anxiety Disorder  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Kulnis, Ashley LPC**

Gender: Female  
NPI: 1336723980  
License: VA 0701010473  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Depression, Cultural Competency Trained, Anxiety Disorder, Abuse (Physical, Sexual)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Transgender, Sex Offenders, Schizophrenia, Schizoaffective Disorder, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Personality Disorders  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mormile, Gabrielle LPC**

Gender: Female  
NPI: 1679073894  
License: VA 0701007507  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Gender Identity, Cultural Competency Trained, Art Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM  
**Viles, Laura LPC**  
Gender: Female  
NPI: 1841987237  
License: VA 0701012385  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Marital Therapy, Family Therapy, Depression, Cultural Competency Trained, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Willinger, Julia LPC**

Gender: Female  
NPI: 1063039246  
License: VA 0701009681  
Website: www.lbhc.org  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), LGBTQ+, Gender Identity, Cultural Competency Trained, Art Therapy, Anxiety Disorder, Abuse (Physical, Sexual)  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-5:00 PM

## **Loudoun Counseling Coaching LLC**

(571) 375-0668  
NPI: 1134642044  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## **Skogsberg, Ellen LPC**

Gender: Female  
NPI: 1992287114  
License: VA 0701007834  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-9:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 9:00 AM-12:00 PM

## **LRS Clinical Group LLC** (757) 334-3439

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Johnson, Brittany PC

Gender: Female  
NPI: 1902314313  
License: VA 0718000557  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Post Partum, Play Therapy, Mood Disorders/Depression, LGBTQ+, Family Therapy  
Age 6 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), Post Partum, Play Therapy, Mood Disorders/Depression, LGBTQ+, Family Therapy  
Age 6 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Mermaid Counseling and Consulting LLC

(757) 447-7382

## Cornine, Brittany LPC

Gender: Female  
NPI: 1831812569  
License: VA 0701014437  
Website: mermaidcounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression  
Age 18 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Edwards, Rebecca LPC

Gender: Female  
NPI: 1285450239  
License: VA 0701014203  
Website: mermaidcounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Cultural Competency Trained  
Age 14 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Middle Peninsula Northern Neck Community Services

(804) 693-5057

## Ashburn, Amanda\*

Gender: Female  
NPI: 1285367177  
License: VA 0701013465  
Website: www.mpnnbh.org  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Mood Disorders/Depression, Mental Health Counselor, Cognitive/Behavioral Therapy, Child Abuse/Neglect, Borderline Personality Disorders, Anxiety/Depression  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-8:00 PM  
Tuesday: 8:30 AM-8:00 PM  
Wednesday: 8:30 AM-8:00 PM  
Thursday: 8:30 AM-8:00 PM  
Friday: 8:30 AM-5:00 PM

## Mindful Healing Inc

(540) 521-0151  
NPI: 1174984348  
Website: www.Mindfulhealinginc.com  
Practice Focus: General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## MMere Dane Counseling LLC

(703) 261-9528

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Adkinson, Sabrina LPC**

Gender: Female  
NPI: 1891341244  
License: GA LPC008624  
Website:  
www.mmeredane.org  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
Saturday: 9:00 AM-1:00 PM  
Sunday: 9:00 AM-1:00 PM  
NPI: 1124725973  
Website:  
www.mmeredane.org  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Molle, Sandra K MS**

(703) 498-7403

Gender: Female  
NPI: 1548361512  
License: VA 0701004074  
Website:  
www.integrativecounselingserVICESpllc.com  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:00 AM-12:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:00 AM-12:00 PM  
Friday: 8:00 AM-12:00 PM

## **Moods Counseling and Consulting LLC**

(757) 342-2496  
NPI: 1093400574  
Website:  
www.moodscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Bipolar, Behavioral Health Outpatient, Anger Management, ADD/ADHD  
Age 4 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

## **Williams, Mukier M LPC**

Gender: Female  
NPI: 1427756964  
License: VA 0701011918  
Website:  
www.moodscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Bipolar, Behavioral Health Outpatient, Anger Management, ADD/ADHD  
Age 4 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

## **Mountain River Counseling LLC**

(540) 219-9137

## **Hundley, Brigid M LPC**

Gender: Female  
NPI: 1497062806  
License: VA 0701004770  
Practice Focus: Virtual Care - Audio/Visual, Seriously Emotionally Disturbed (SED), Cultural Competency Trained, Behavioral Health Outpatient  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-12:00 PM

NPI: 1831470491  
Practice Focus: Virtual Care - Audio/Visual, Seriously Emotionally Disturbed (SED), Cultural Competency Trained, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **MountainWELL Counseling**

(276) 200-4233

NPI: 1194543553

Website:  
mountainwell.clientsecure.me /

Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Play Therapy, Mood Disorders, Mental Health Counselor, Cultural Diversity, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Smith, Brandy L PhD

Gender: Female  
NPI: 1679994099  
License: VA 0701005666  
Website:  
mountainwell.clientsecure.me /  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Play Therapy, Mood Disorders, Mental Health Counselor, Cultural Diversity, Cultural Competency Trained, Cognitive/Behavioral Therapy, Anxiety Disorder, ADHD  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## National Capital Treatment and Recovery (703) 841-0703

Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc (703) 257-5997

**Arnold, Joshua A LPC**  
Gender: Male  
NPI: 1861028367  
License: FL MH23721  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Laryea, Alexis LPC\*

Gender: Female  
NPI: 1649087776  
License: VA 0701014303  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Ney, Stephanie M LPC

Gender: Female  
NPI: 1437373511  
License: VA 0701004110  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Pulliam, Jena H LPC

Gender: Female  
NPI: 1710631700  
License: VA 0701011184  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Randle, Ezra LPC\*

Gender: Male  
NPI: 1477274686  
License: VA 0701011752  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Salo-Sokolowski, Christine LPC**

Gender: Female  
NPI: 1811699887  
License: VA 0701012322  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Thomas, Stephanie LPC**  
Gender: Female  
NPI: 1134922636  
License: VA 0701014695  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Frailey, Krystal LPC**

NPI: 1033975651  
License: VA 0701014690  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Shrestha, Suchana LPC**

Gender: Female  
NPI: 1053070862  
License: VA 0701011013  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Hindi  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling Group Inc**  
(540) 450-2734

## **Gorden, Michelle LPC**

Gender: Female  
NPI: 1740934181  
Practice Focus: Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Spanish  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling Group Inc**  
(276) 226-2828

## **Mitchell, Shelby LPC**

Gender: Female  
NPI: 1336914761  
License: ID LCPC 10529  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling Group Inc**  
(757) 837-0046

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Ochsner, Mary LPC

Gender: Female  
NPI: 1659520773  
License: VA 0701004420  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, General Mental Health, Developmental/Behavioral Issues, Community-Based Treatment, Child Oppositional Defiant, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling Group Inc**  
(434) 260-7877

## Polychrones, Tiffany LPC

Gender: Female  
NPI: 1518659978  
License: VA 0701014501  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Taylor, Ashton LPC

Gender: Female  
NPI: 1629864046  
License: VA 0701014730  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling Group Inc**  
(757) 847-9386

## Rainey, Katherine LPC

Gender: Female  
NPI: 1063212256  
License: VA 0701013706  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Psychotherapy, Community-Based Treatment  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Reid, Renita M LPC

Gender: Female  
NPI: 1538928742  
License: VA 0701013424  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling Group Inc**  
(757) 467-8184

## SCOTT, DANA LPC

Gender: Female  
NPI: 1558855346  
License: VA 0701007718  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, General Mental Health, Developmental/Behavioral Issues, Community-Based Treatment, Child Oppositional Defiant, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**National Counseling Group Inc**  
(540) 602-3021

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Smith, Holly B LPC

Gender: Female  
NPI: 1154723013  
License: VA 0701004710  
Website:  
www.ncgcommunity.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, General Mental Health, Developmental and Behavioral Pediatrics, Community-Based Treatment, Child Oppositional Defiant, Bipolar, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## National Counseling Group Inc (540) 776-0716

## Williams, Kiasha LPC

Gender: Female  
NPI: 1669095410  
License: VA 0701009201  
Website:  
www.ncgcommunity.com/  
Practice Focus: Virtual Care - Audio only, Community-Based Treatment, Behavioral Health Multi-Specialty Group (BHMSG)  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## New Choices Counseling INC

(540) 392-7878  
**Seagraves, Debbie LPC**

Gender: Female  
NPI: 1679745616  
License: VA 0701002543  
Website:  
newchoicescounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Cultural Competency Trained  
Chinese  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

## Nolan, Jessica LPC

(703) 479-2947  
Gender: Female  
NPI: 1497477012  
License: VA 0701011791  
Website:  
www.QuarternoteCounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Non-Binary, Mood Disorders, Mental Health Counselor, LGBTQ+, General Mental Health, Gender Identity  
Age 16 to 50  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Oak Tree Wellness Center LLC (434) 664-7706

## Bagby, Joy B LPC

Gender: Female  
NPI: 1669492880  
License: VA 0701003665  
Website:  
www.oaktreewellness.org  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 11:00 AM-5:00 PM  
Tuesday: 11:00 AM-5:00 PM  
Wednesday: 11:00 AM-5:00 PM  
Thursday: 1:00 PM-7:00 PM  
Friday: 9:00 AM-5:00 PM  
**Steger, Kimberly L LPC**  
Gender: Female  
NPI: 1912549148  
Website:  
www.oaktreewellness.org  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 1:00 PM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-2:00 PM  
Saturday: 9:00 AM-1:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Tweedy, Eugene PC**

Gender: Male  
NPI: 1427565019  
License: VA 0701008339  
Website:  
www.oaktreewellness.org  
Practice Focus: Virtual Care -  
Audio/Visual, Behavioral  
Health Outpatient  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 11:00 AM-5:00 PM  
Wednesday: 11:00 AM-5:00 PM  
Thursday: 11:00 AM-6:00 PM  
Friday: 10:00 AM-5:00 PM

## **Obsidian Therapy Group**

(804) 613-6068

## **Ferebee, Tamara LPC**

Gender: Female  
NPI: 1871740639  
License: VA 0701004365  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Cultural  
Competency Trained, Bipolar,  
Anxiety/Depression, ADHD  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Olive Tree Counseling LLC**

(434) 421-0891

NPI: 1134747256  
Website:  
www.olivetrecounselingcent  
er.wordpress.com  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 6:00 AM-10:00 PM  
Tuesday: 6:00 AM-10:00 PM  
Wednesday: 6:00 AM-10:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 6:00 AM-10:00 PM  
Saturday: 9:00 AM-3:00 PM

## **Paragon Autism Services LLC**

(540) 479-3889

## **Hawkins, Tiajuana LPC**

Gender: Female  
NPI: 1821767385  
License: VA 0701010286  
Website:  
paragonautismservices.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Behavioral Health Outpatient,  
Autism Spectrum Disorders,  
Autism, Art Therapy, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder  
Spanish  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

## **Peck, Karen LPC**

(703) 841-0703

Gender: Female  
NPI: 1881754323  
License: OK 10666  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pierce, Savannah**

(757) 222-4944

Gender: Female  
NPI: 1952064214  
License: VA 0701012603  
Website: www.covavb.com  
Practice Focus: Virtual Care -  
Audio/Visual, Counselor,  
Cognitive/Behavioral Therapy,  
Child Abuse/Neglect, Bipolar,  
Behavioral Health Outpatient,  
ASAM Level 1,  
Anxiety/Depression, Affective  
Disorders, ADHD  
Age 7 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 11:00 AM-7:00 PM  
Tuesday: 11:00 AM-7:30 PM  
Wednesday: 11:00 AM-7:00 PM  
Thursday: 11:00 AM-7:00 PM  
Friday: 11:00 AM-4:30 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Progressive Measures Today

(571) 207-6647

## Turner, Shantell M LPC

Gender: Female

NPI: 1942833520

License: VA 0718000545

Website:

[www.progressivemeasurestoday.com](http://www.progressivemeasurestoday.com)

Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Cultural Competency Trained, Counselor, Addictions/ Substance Abuse

Age 15 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-6:00 PM

Saturday: 9:00 AM-1:00 PM

## Quarternote Counseling LLC

(703) 479-2947

## Johnson, Margarita LPC

Gender: Female

NPI: 1447867908

License: TX 83964

Website:

[www.QuarternoteCounseling.com](http://www.QuarternoteCounseling.com)

Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Multicultural Issues, Mood Disorders, Mental Health Counselor, Immigration Populations, DID/MPD, Depression

Russian

Age 18 to 60

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

Website:

[www.QuarternoteCounseling.com](http://www.QuarternoteCounseling.com)

Practice Focus: Virtual Care - Audio/Visual, Sex Offenders, Post-Traumatic Stress Disorder (PTSD), Personality Disorders, Obsessive-Compulsive Disorder (OCD), Non-Binary, Multicultural Issues, Mood Disorders, Mental Health Counselor, Low Income Populations

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Rancourt, Stephanie LMHC

(804) 743-0960

Gender: Female

NPI: 1790232452

License: VA 0701012467

Website:

[www.familyguidancecenters.com](http://www.familyguidancecenters.com)

Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient

Age 2 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-5:00 PM

Tuesday: 10:00 AM-5:00 PM

Wednesday: 10:00 AM-5:00 PM

Thursday: 10:00 AM-5:00 PM

Friday: 10:00 AM-5:00 PM

## Realign Your Mind Counseling Services LLC

(804) 592-6620

NPI: 1427638345

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression, Anger Management, ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Redefine Therapy LLC

(757) 632-0343

## Meyers, Melinda J

NPI: 1477180065

License: VA 0701010508

Website:

[www.redefinetherapyllc.com](http://www.redefinetherapyllc.com)

Practice Focus: Virtual Care - Audio/Visual, Violence/Trauma (Rape, all abuse), Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, General Mental Health, Depression, Cultural Competency Trained, Counselor

Age 14 to 75

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Wieschhaus, Elizabeth R LPC

Gender: Female  
NPI: 1750891263  
License: VA 0701014096  
Website:  
www.redefinetherapyllc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Post-  
Traumatic Stress Disorder  
(PTSD), Grief/Death/Dying,  
General Mental Health,  
Depression, Cultural  
Competency Trained,  
Counselor, Anxiety Disorder,  
Adult  
Age 14 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Redefine Therapy LLC (757) 241-6585

NPI: 1245936616  
Website:  
www.redefinetherapyllc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Stress  
Management, Psychotherapy,  
Post-Traumatic Stress Disorder  
(PTSD), Grief/Death/Dying,  
General Mental Health,  
Depression, Cultural  
Competency Trained,  
Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Stacy, John L LPC

Gender: Male  
NPI: 1306182795  
License: VA 0710102681  
Website:  
www.redefinetherapyllc.com  
Practice Focus: Virtual Care -  
Audio/Visual, Violence/Trauma  
(Rape, all abuse), Stress  
Management, Psychotherapy,  
Post-Traumatic Stress Disorder  
(PTSD), Grief/Death/Dying,  
General Mental Health,  
Depression, Cultural  
Competency Trained,  
Counselor  
Spanish  
Age 18 to 75  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Region Ten Community Services Board (434) 972-1800

## Amos, Esmeralda LPC

Gender: Female  
NPI: 1497641922  
License: VA 0701014951  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
**Davis, Neta LPC**  
Gender: Female  
NPI: 1306637848  
License: VA 0701002888  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Green, Angela LPC

Gender: Female  
NPI: 1164920591  
License: VA 0701007474  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Janet Krag, Ellen LPC

Gender: Female  
NPI: 1588994297  
License: VA 0701004606  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Sheets, Melanie LPC

Gender: Female  
NPI: 1053833087  
License: VA 0701007073  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Release Wellness

(757) 752-9508

## CLERVETT, NIKIENE W LPC

Gender: Female  
NPI: 1285262683  
License: VA 0701009037  
Website: WWW.RELEASEYOURWELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

NPI: 1700475845

Website: WWW.RELEASEYOURWELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Solution Focused Therapy, Post-Traumatic Stress Disorder (PTSD), Depression, Cognitive/Behavioral Therapy, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Renaë Hall

(540) 252-3151

## Hall, Renaë C LPC

Gender: Female  
NPI: 1477256170  
License: VA 0701012272  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Spanish  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1114600210

Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Renewal Counseling & Consulting LLC

(805) 508-3220

## Adams, Terea LPC

Gender: Female  
NPI: 1093475907  
License: VA 0701011097  
Practice Focus: Trauma - Focused Cognitive Behavior, Substance Abuse & Alcohol Abuse Center (Outpatient), Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Depression, Bipolar, Anxiety Disorder, Anger Management, ADHD  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Renewal of the Mind

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\* Proveedor especialista certificado

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# Behavioral Services

## Addressi, Melissa LPC

Gender: Female  
NPI: 1154161305  
License: VA 0701013596  
Website:  
www.vapsychotherapy.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

## Cuzzi-Marruffo, Valeria LPC

Gender: Female  
NPI: 1154925709  
License: VA 0701014689  
Website:  
www.vapsychotherapy.com  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

## Jones, Sharon LPC

Gender: Female  
NPI: 1912041112  
License: VA 0701010070  
Website:  
www.vapsychotherapy.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

## Kramer, Kelly LPC

Gender: Female  
NPI: 1487460929  
License: VA 0701014288  
Website:  
www.vapsychotherapy.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

## Moussa, Naglaa LPC

Gender: Female  
NPI: 1023513512  
License: VA 0701007550  
Website:  
www.vapsychotherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Religion Based Therapy,  
Psychotherapy, Post-  
Traumatic Stress Disorder  
(PTSD), Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, Mental Health  
Counselor, Marital Therapy,  
LGBTQ+  
Arabic  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

## Otchere, Victoria LPC

Gender: Female  
NPI: 1356938476  
License: VA 0701010090  
Website:  
www.vapsychotherapy.com  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

## Renewal of the Mind

(571) 264-8192  
NPI: 1548835705  
Website:  
www.vapsychotherapy.com  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Religion Based Therapy,  
Psychotherapy, Post-  
Traumatic Stress Disorder  
(PTSD), Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders, Mental Health  
Counselor, Marital Therapy,  
LGBTQ+  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM  
Saturday: 7:00 AM-7:00 PM  
Sunday: 12:00 PM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Renewed Peace and Healing Therapy Inc

(804) 410-1483  
NPI: 1265189252  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-5:00 PM

## Resilience Counseling Social Skills Center

(540) 699-0226  
**Agee, Emily LPC**  
Gender: Female  
NPI: 1366268666  
License: VA 0701014268  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Barber, Matthew LPC

Gender: Male  
NPI: 1093535767  
License: VA 0701014201  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Byrne, MaryAnn LPC

Gender: Female  
NPI: 1851715312  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Cooper, Margaret LPC

Gender: Female  
NPI: 1194419630  
License: VA 0701012911  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Dimmick, Jordan LPC

Gender: Male  
NPI: 1972340511  
License: VA 0701013766  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Evangeliou, Georgia LPC\*

Gender: Female  
NPI: 1285401174  
License: VA 0701013108  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gardner, Adria PC

Gender: Female  
NPI: 1548681976  
License: VA 0701005683  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hodges, Harry LPC

Gender: Male  
NPI: 1609460971  
License: VA 0701009938  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

**Manzano, Annette LPC**

Gender: Female  
NPI: 1881367480  
License: VA 0701010652  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Memmer, Karl LPC**

Gender: Male  
NPI: 1992247548  
License: VA 0701006803  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Millson, Christina LPC**

Gender: Female  
NPI: 1255008983  
License: VA 0701010777  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Mischel, Gabrielle LPC**

Gender: Female  
NPI: 1225785686  
License: VA 0701013178  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
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Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Owen, Daniel LPC**

Gender: Male  
NPI: 1093686446  
License: VA 0701015368  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Owusu, Shaneka LPC

Gender: Female  
NPI: 1851138747  
License: VA 0701013664  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Raborn, Rob LPC

Gender: Male  
NPI: 1477952760  
License: VA 0701005386  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707

Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Smith, April LPC

Gender: Female  
NPI: 1730873050  
License: VA 0701012545  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Zumwalt, Fred LPC

Gender: Male  
NPI: 1508603572  
License: VA 0701013733  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Reviving Wellness Counseling**  
(757) 373-5128

NPI: 1104287804  
Website:  
www.revivingwellnesscounseling.com  
Practice Focus: Virtual Care - Audio/Visual, PreSchool Posttraumatic Stress Disorder (PTSD), Mental Health Counselor, Grief/Death/Dying, Depression, Cultural Competency Trained, Counselor, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 9:00 AM-7:30 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 9:00 AM-7:30 PM  
Friday: 8:00 AM-2:00 PM

**Rewired Canvas Psychotherapy LLC**  
(757) 568-5699

## Kruk-Borisov, Kerry LPC

Gender: Female  
NPI: 1316390420  
License: VA 0701005892  
Website:  
www.rewiredcanvas.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Recovery Oriented Cognitive Therapy, Psychotherapy, Motivational Enhancement Therapy, Family psychoeducation (FPE), Cognitive/Behavioral Therapy, Chemical Dependency/Co-Dependency, Certified Drug & Alcohol Counselor, Brief Psychotherapy  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1457171563  
Website:  
www.rewiredcanvas.com/  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Rivers of Hope Counseling Center LLC**  
(855) 326-4673

## Boothe, Cherri LPC

Gender: Female  
NPI: 1457814121  
License: VA 0701008197  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Brooks, Allison P LPC

Gender: Female  
NPI: 1790440279  
License: VA 0701010927  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, SPMI (Severe & Persistently Mentally Ill), School Based Provider, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Personality Disorders, Mood Disorders, Grief/Death/Dying, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## Harkless, Leanora J

Gender: Female  
NPI: 1134845449  
License: VA 0701013240  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Informed Care Trained, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Personality Disorders, Mood Disorders, Dialectal Behavior Therapy (DBT), Depression, Cognitive/Behavioral Therapy, Chemical Dependency/Co-Dependency  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## Mubarak, Kimberleigh LPC

Gender: Female  
NPI: 1912716721  
License: VA 0701014318  
Website:  
www.riversofhopecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, LGBTQ+, Grief/Death/Dying, Dialectal Behavior Therapy (DBT), Couple Counseling, Cognitive/Behavioral Therapy, Child/ Pediatric, Autism Spectrum Disorders, Anxiety/Depression, Anger Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 9:00 AM-4:00 PM

## Rooted Counseling Group LLC

(540) 447-5207

## Weaber, Lisa M MA

Gender: Female  
NPI: 1508037094  
License: VA 0701004195  
Website:  
rootedcounselinggroup.com  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Roots of Renewal LLC

(434) 907-8483

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hayes, Christina H LPC\*

Gender: Female  
NPI: 1407268477  
License: VA 0701005813  
Practice Focus: Virtual Care - Audio/Visual, Virtual Care - Audio only, Victims of domestic violence, Victim Awareness, Trauma - Focused Cognitive Behavior, Motivational interviewing, Mental Health Counselor, Marital Therapy, Cultural Competency Trained, Counselor  
Age 12 to 85  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

**ROWLLINS MENTAL  
HEALTH AND WELLNESS  
CENTER LLC**  
(276) 293-1244

NPI: 1518450022  
Website: rowllinsmhwc.com/  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Learning Disabilities, Family Therapy, Dissociative disorder, Developmental/Behavioral Issues, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Autism, Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 10:00 AM-9:00 PM

## Rowsey Collins, Laura A

Gender: Female  
NPI: 1598268377  
License: VA 0701007554  
Website: rowllinsmhwc.com/  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Learning Disabilities, Family Therapy, Dissociative disorder, Developmental/Behavioral Issues, Chemical Dependency/Co-Dependency, Behavioral Health Outpatient, Autism, Anxiety Disorder  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 10:00 AM-9:00 PM  
Wednesday: 10:00 AM-9:00 PM  
Thursday: 10:00 AM-9:00 PM  
Friday: 10:00 AM-9:00 PM  
Saturday: 10:00 AM-9:00 PM

**RVA Counseling**  
(804) 716-0428

## Gutierrez, Skyler M LPC

Gender: Female  
NPI: 1275295214  
License: VA 0701010901  
Website: www.rvacounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Depression, Anxiety/Depression, Adult, Adolescents  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM  
**Haling, Samantha LPC**  
Gender: Female  
NPI: 1427823699  
License: VA 0701013067  
Website: www.rvacounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Mental Health Counselor, Anxiety/Depression, Adult, Adoption, Adolescents  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

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\* Proveedor especialista certificado

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# Behavioral Services

## Ingebretsen, Kaitlin LPC

Gender: Female  
NPI: 1013651850  
License: VA 0701011406  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 5 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM  
NPI: 1407492895

Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Southall, David LPC

Gender: Male  
NPI: 1245955731  
License: VA 0701011817  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Mental Health  
Counselor, Depression,  
Anxiety/Depression, Adult,  
Adoption, Adolescents  
Age 14 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## Safehaven Empowerment Wellness LLC

(757) 814-9069  
**Hursey-Wingate, Joni LPC**  
Gender: Female  
NPI: 1851523187  
License: VA 0701004622  
Practice Focus: Adult  
Psychiatry, Adolescent  
Psychiatry  
Age 10 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1427813740  
Practice Focus: Adult  
Psychiatry, Adolescent  
Psychiatry  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SaVida Health PC

(833) 356-4080

## Arcaya, Stephen LPC

Gender: Male  
NPI: 1457019754  
License: VA 0701013212  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Carrels Zeller, Jayne A LPC

Gender: Female  
NPI: 1376793083  
License: VA 0701004811  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Haskins, Juanita D LPC

Gender: Female  
NPI: 1598331316  
License: VA 0002072319  
Website: [savidhealth.com](http://savidhealth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Isaac, Linda C LPC\*

Gender: Female  
NPI: 1366941098  
License: VA 0718000519  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Rosewell, Ryan LPC

Gender: Male  
NPI: 1689183873  
License: VA 0701005943  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: [savidahahealth.com](http://savidahahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Seaside Behavioral Health

(757) 648-8605  
NPI: 1295284255  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Seay, Joshua LPC

(804) 592-6620

Gender: Male  
NPI: 1447060322  
License: VA 0701014408  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 PM-8:00 PM  
Tuesday: 12:00 PM-8:00 PM  
Wednesday: 12:00 PM-8:00 PM  
Thursday: 12:00 PM-8:00 PM  
Friday: 9:00 AM-5:00 PM  
Sunday: 12:00 PM-7:00 PM

## Seek Serenity LLC

(703) 939-7741

## Samsudin, Shafinah LPC

Gender: Female  
NPI: 1346683919  
License: VA 0812000792  
Website: [www.seekserenity.net](http://www.seekserenity.net)  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Family Therapy  
Age 99 and under  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-7:00 PM  
Tuesday: 9:00 AM-7:00 PM  
Wednesday: 9:00 AM-7:00 PM  
Thursday: 9:00 AM-7:00 PM  
Friday: 9:00 AM-7:00 PM

NPI: 1134648678  
Website: [www.seekserenity.net](http://www.seekserenity.net)  
Practice Focus: Virtual Care - Audio/Visual, Sexuality, Family Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Silver Linings Therapy

(757) 231-5434  
NPI: 1376386821  
Website: [www.silverliningstherapyllc.com](http://www.silverliningstherapyllc.com)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SOUTHWEST REGIONAL COUNSELING SERVICES INC

(276) 883-5050

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Blake, Jennifer H LPC

Gender: Female  
NPI: 1801574074  
License: VA 0701012644  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Counselor, Addictions/ Substance Abuse  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1063078855  
Practice Focus: Virtual Care - Audio/Visual, Office Based Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Counselor, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

Practice Focus: Virtual Care - Audio/Visual, Residential Treatment Center - Substance Abuse, Residential Treatment Center - Mental Health, Mobile crisis response (MCR), Mental health skill building, Intensive Outpatient - Substance Abuse, Intensive Outpatient - Mental Health, Home Visits, General Mental Health, Cultural Competency Trained  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Wingfield, Pippi M LCSW

Gender: Female  
NPI: 1619730165  
License: VA 0904015990  
Practice Focus: Virtual Care - Audio/Visual, Residential Treatment Center - Substance Abuse, Residential Treatment Center - Mental Health, Mobile crisis response (MCR), Mental health skill building, Intensive Outpatient - Substance Abuse, Intensive Outpatient - Mental Health, Home Visits, General Mental Health, Crisis Stabilization (CS)  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-4:00 PM  
Tuesday: 8:30 AM-4:00 PM  
Wednesday: 8:30 AM-4:00 PM  
Thursday: 8:30 AM-4:00 PM  
Friday: 8:30 AM-4:00 PM

## SpringHealth BH and Integrated Care VA

(888) 515-1793  
NPI: 1467827493  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Turner, Brittney P

Gender: Female  
NPI: 1558833566  
License: VA 0701008083  
Website:  
www.Springhealthbehavioral.com  
Practice Focus: Virtual Care - Audio/Visual, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Starling Medical Group PC

(508) 202-1011  
**Autry, Joseph LPC**  
Gender: Male  
NPI: 1205414927  
License: VA 0701010290  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Spread Your Wings

**Supportive Counseling LLC**  
(804) 528-4331

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Barnes, Kameka LPC**

Gender: Female  
NPI: 1013528181  
License: VA 0701013735  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Boone, Catherine LPC**

Gender: Female  
NPI: 1881303394  
License: VA 0701013255  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Chamberlain, Amber LPC**

Gender: Female  
NPI: 1679172308  
License: VA 0701003645  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Dhillon, Jasmine LPC**

Gender: Female  
NPI: 1174028807  
License: VA 0701007543  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Hindi  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Ductan, Patricia**

Gender: Female  
NPI: 1861813594  
License: VA 0701012292  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Hemling, Heidi S LPC\***

Gender: Female  
NPI: 1912435314  
License: VA 0701014392  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## **Short, Emma L LPC**

Gender: Female  
NPI: 1124216577  
License: VA 0812000550  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Strategic Therapy Associates**

(434) 237-9450

## **Blondino, George LPC**

Gender: Male  
NPI: 1467541706  
License: VA 0701002567  
Website:  
[www.strategictherapyassociates.com/](http://www.strategictherapyassociates.com/)  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hamlin, Kimberly LPC

Gender: Female  
NPI: 1699484105  
License: VA 0701011870  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mace, Erin LPC

Gender: Female  
NPI: 1003137357  
License: VA 0701004852  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Miles, Faye LPC

Gender: Female  
NPI: 1598060576  
License: VA 0701004945  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Presley, Melissa LPC

Gender: Female  
NPI: 1063132371  
License: VA 0701011751  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Website:

www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Vaughn, Amy LPC

Gender: Female  
NPI: 1336800507  
License: VA 0701011092  
Website:  
www.strategictherapyassociates.com/  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Success Behavioral Health Services

(757) 903-2253

## Harris, Stacey R LPC

Gender: Female  
NPI: 1245708460  
License: VA 0701003146  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, General Mental Health, Family Therapy, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Palmaz, Cynthia P LPC

Gender: Female  
NPI: 1952398745  
License: NC 16230  
Practice Focus: Virtual Care - Audio/Visual, Marital Therapy, General Mental Health, Family Therapy, Cultural Competency Trained, Counselor, Cognitive/Behavioral Therapy, Bipolar, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## SWS Counseling Services

(540) 314-9266

### Stephens, Sondra LPC

Gender: Female

NPI: 1740446665

License: VA 0701004190

Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Cultural Competency Trained  
Age 13 to 80

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

### Taylor, Takiya LPC

(757) 453-4485

Gender: Female

NPI: 1144785718

License: VA 0718000447

Website:

[www.nlsawcounseling.com](http://www.nlsawcounseling.com)

Practice Focus: Virtual Care - Audio/Visual, Counselor

Age 3 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 10:00 AM-6:00 PM

Tuesday: 10:00 AM-6:00 PM

Wednesday: 10:00 AM-6:00 PM

Thursday: 10:00 AM-6:00 PM

Friday: 10:00 AM-6:00 PM

Saturday: 10:00 AM-3:00 PM

## Team LLC

(804) 644-6190

## Derderian, Kristina LPC

Gender: Female

NPI: 1972039055

License: VA 0701006384

Website: [teamservices.care/](http://teamservices.care/)

Practice Focus: Virtual Care - Audio/Visual, Home Visits, Cultural Competency Trained, Community-Based Treatment  
Age 5 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## The Mahogany Projek LLC

(757) 945-4005

## O'Rourke, Sharde LMFT

Gender: Female

NPI: 1730617002

License: VA 0701006742

Website:

[www.themahoganyprojek.com](http://www.themahoganyprojek.com)

Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexually acting out behaviors, Sex Offenders, Pregnancy-Related/Postpartum Depression/MH Disorders, Pregnancy-Related and Postpartum SUD, Post-Traumatic Stress Disorder (PTSD), LGBTQ+,

Homeless/Outreach, Homebound Persons

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-8:00 PM

Tuesday: 9:00 AM-8:00 PM

Wednesday: 9:00 AM-8:00 PM

Thursday: 9:00 AM-8:00 PM

Friday: 9:00 AM-8:00 PM

Saturday: 9:00 AM-12:00 PM

## Therapeutic Counseling Consulting

(804) 322-9955

## Breitenbach, Kellyn

Gender: Female

NPI: 1598559569

License: VA 0701014715

Website:

[www.therapeuticcounseling.org/?gad\\_source=1&gad\\_campaign=1](http://www.therapeuticcounseling.org/?gad_source=1&gad_campaign=1)

Practice Focus: Virtual Care - Audio only, Personality Disorders, Obsessive-Compulsive Disorder (OCD),

Mental Health Counselor, Anxiety/Depression

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

NPI: 1033706304

Website:

[www.therapeuticcounseling.org/?gad\\_source=1&gad\\_campaign=1](http://www.therapeuticcounseling.org/?gad_source=1&gad_campaign=1)

Practice Focus: Virtual Care - Audio only, Personality Disorders, Obsessive-Compulsive Disorder (OCD),

Mental Health Counselor, Anxiety/Depression

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-7:00 PM

Tuesday: 8:00 AM-7:00 PM

Wednesday: 8:00 AM-7:00 PM

Thursday: 8:00 AM-7:00 PM

Friday: 8:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Vicario, Chelsea**

Gender: Female  
NPI: 1922513340  
License: VA 0701011416  
Website:  
www.therapeuticcounseling.org/?gad\_source=1&gad\_campaign=Virtual\_Care - Audio only, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mental Health Counselor, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Villeneuve, Sydney**

Gender: Female  
NPI: 1326796939  
License: VA 0701011086  
Website:  
www.therapeuticcounseling.org/?gad\_source=1&gad\_campaign=Virtual\_Care - Audio only, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mental Health Counselor, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Therapy Owls LLC**

(757) 232-7108  
**Goss, Kathryn LPC\***  
Gender: Female  
NPI: 1992287833  
License: VA 0710103039  
Website: therapyowls.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Teletherapy, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Social supports/social determinants of health, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Play Therapy  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 9:00 AM-9:00 PM

NPI: 1295460129

Website: therapyowls.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Trauma - Focused Cognitive Behavior, Teletherapy, Substance Abuse & Alcohol Abuse Center (Outpatient), Stress Management, Social supports/social determinants of health, Reactive attachment disorder, Post-Traumatic Stress Disorder (PTSD), Play Therapy  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 9:00 AM-9:00 PM

## **Third Space Therapy PLLC**

(833) 244-4878

## **Gorden, Michelle LPC**

Gender: Female  
NPI: 1740934181  
Website: thirdspace-therapy.com/  
Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Jamie, Miller M**

Gender: Female  
NPI: 1639761067  
License: VA 0701010245  
Website: thirdspace-therapy.com/  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Long, Katherine D LCMHC**

Gender: Female  
NPI: 1740554997  
License: VA 0701007362  
Website: thirdspace-therapy.com/  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1215780234  
Website: [thirdspace-therapy.com/](http://thirdspace-therapy.com/)  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Thrive Counseling LLC** (855) 634-0999

**Davidson, Stacie LPC**  
Gender: Female  
NPI: 1194128264  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Thriving Families Counseling LLC** (540) 988-3108

**Broach-Lee, Dana LPC**  
Gender: Female  
NPI: 1942672233  
License: VA 0701006327  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Reed, Cecelia LPC**  
Gender: Female  
NPI: 1912541244  
License: VA 0701008724  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1467973859  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1467973859  
Website: [thrivingfamiliescounseling.com/](http://thrivingfamiliescounseling.com/)  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tidal Counseling PLC** (757) 637-0840

**Bybee, Ruth LPC**  
Gender: Female  
NPI: 1003493412  
License: VA 0701010345  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1245970664  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Total Life Counseling Inc** (540) 989-1383

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Gutierrez, Eric LPC**

Gender: Male  
NPI: 1023557261  
License: VA 0701006999  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-12:00 PM  
Tuesday: 9:00 AM-12:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Miller, Christopher LPC**

Gender: Male  
NPI: 1417229550  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **Price, Stephen K LPC**

Gender: Male  
NPI: 1760563167  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 1:00 PM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **Rife, Charles A LPC**

Gender: Male  
NPI: 1689760647  
License: VA 0717000151  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1205985066  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 1:00 PM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-12:00 PM

## **West, David LPC**

Gender: Male  
NPI: 1215114079  
License: VA 0701000697  
Website: tlcincva.com  
Practice Focus: Virtual Care - Audio/Visual, Behavioral Health Outpatient  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Transforming Hearts LLC** (757) 937-9915

NPI: 1154885366  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Grief/Death/Dying, Family Therapy, Cultural Competency Trained, Couple, Bereavement, Anxiety/Depression, Anxiety Disorder, Anger Management  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tucker Psychiatric Clinic Inc** (804) 320-7881

### **Anderson, Kathi LPC**

Gender: Female  
NPI: 1053302174  
License: VA 0701003594  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1003911256  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Beach Counseling Services PLLC

(757) 289-1125

### Cummings, Shenell LPC

Gender: Female  
NPI: 1811614076  
License: VA 0718000691  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Stress Management,  
Psychotherapy, Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Play  
Therapy, Personality Disorders,  
Motivational interviewing,  
Mood Disorders, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

**Evans, Markesha LPC**  
Gender: Female  
NPI: 1497523716  
License: VA 0701013125  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Stress Management,  
Psychotherapy, Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Play  
Therapy, Personality Disorders,  
Motivational interviewing,  
Mood Disorders, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

**Mattox, Karen LPC**  
Gender: Female  
NPI: 1588169650  
License: VA 0701007573  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Stress Management,  
Psychotherapy, Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Play  
Therapy, Personality Disorders,  
Motivational interviewing,  
Mood Disorders, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

**Rocha, Edgardo LPC**  
Gender: Male  
NPI: 1013552900  
License: VA 0701011684  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Stress Management,  
Psychotherapy, Pregnancy-  
Related/Postpartum  
Depression/MH Disorders, Play  
Therapy, Personality Disorders,  
Motivational interviewing,  
Mood Disorders, LGBTQ+  
Spanish  
Age 6 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Scott, Chara LPC

Gender: Female  
NPI: 1619675279  
License: VA 0701012219  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-2:00 PM  
Tuesday: 8:00 AM-2:00 PM  
Wednesday: 8:00 AM-2:00 PM  
Thursday: 8:00 AM-2:00 PM  
Friday: 8:00 AM-2:00 PM

NPI: 1114305034  
Website:  
vbcounselingservices.com  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Stress Management, Psychotherapy, Pregnancy-Related/Postpartum Depression/MH Disorders, Play Therapy, Personality Disorders, Motivational interviewing, Mood Disorders, LGBTQ+  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Counseling and Community Development

(804) 218-8182

**Martin Jr, Sanford P LPC**  
Gender: Male  
NPI: 1932187986  
License: VA 0701001939  
Website: www.vaccd.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Virginia Institute of Pastoral Care Group

(804) 282-8332

**Thorpe, Douglas PC**  
Gender: Male  
NPI: 1346455383  
License: VA 0701004496  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1316159221  
Website: vipcare.org  
Practice Focus: Women, Virtual Care - Audio/Visual, Virtual Care - Audio only, Teletherapy, Stress Management, Separation Grief and Loss, Seeking safety, Religion Based Therapy, Psychotherapy, Psychological Testing  
Age 8 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Westmoreland Counseling Services

(540) 330-5669  
**Mason, Sabrina LPC**  
Gender: Female  
NPI: 1992425169  
License: VA 0701011623  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Westmoreland, Lisa LPC

Gender: Female  
NPI: 1477935377  
License: VA 0701006166  
Practice Focus: Virtual Care -  
Audio/Visual, Psychotherapy  
Age 13 to 80  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Whitfield, Latifah LPC

(406) 238-2500  
Gender: Female  
NPI: 1124843289  
License: VA 0701014101  
Practice Focus: Virtual Care -  
Audio/Visual,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

**Whole Village Counseling  
Advocacy and Mental  
Health Services**  
(757) 454-2112

## Jones, Natasha L PC

Gender: Female  
NPI: 1194222323  
License: VA 0701007588  
Website:  
wholevillagecounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained, Post-  
Traumatic Stress Disorder  
(PTSD), Mood  
Disorders/Depression,  
Intensive Outpatient -  
Substance Abuse, Group  
therapy, Grief/Death/Dying,  
Faith-based/spiritual,  
Chemical Dependency/Co-  
Dependency, Certified Drug &  
Alcohol Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 10:00 AM-5:00 PM  
Tuesday: 10:00 AM-5:00 PM  
Wednesday: 10:00 AM-5:00 PM  
Thursday: 10:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Wholehearted Counseling  
PC**  
(757) 578-2985

## Armstrong, Shepperson LPC

Gender: Male  
NPI: 1386405413  
License: VA 0701012962  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression,  
Adjustment Disorders,  
Addictions/ Substance Abuse,  
ADD/ADHD  
Age 13 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Brown, Kathleen LPC

Gender: Female  
NPI: 1982385225  
License: VA 0701012719  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
LGBTQ+, Anxiety/Depression,  
Adjustment Disorders,  
ADD/ADHD  
Age 8 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Lloyd, Kathleen LPC

Gender: Female  
NPI: 1275140600  
License: VA 0701009942  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression,  
Adjustment Disorders  
Age 18 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Mari Candelieri, Kira LPC**

Gender: Female  
NPI: 1104561505  
License: VA 0701008094  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression,  
Adjustment Disorders,  
ADD/ADHD  
Age 16 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Opauski, Rachel C LPC**

Gender: Female  
NPI: 1851855688  
License: VA 0701008055  
Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Anxiety/Depression,  
Adjustment Disorders,  
ADD/ADHD  
Age 12 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1093202541

Website:  
www.wholeheartedcounseling  
hr.com  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
LGBTQ+, Anxiety/Depression,  
Adjustment Disorders,  
Addictions/ Substance Abuse,  
ADD/ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wyche Counseling Services LLC**

(434) 336-7837  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Home Visits,  
Counselor, Community-Based  
Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Wyche, Shameka P LPC**

Gender: Female  
NPI: 1699369074  
License: VA 0701010299  
Practice Focus: Virtual Care -  
Audio/Visual, Intensive In-  
Home Services, Counselor,  
Community-Based Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **YOUTH IMPACT MENTAL HEALTH COMPANY**

(804) 307-4660  
Practice Focus: Virtual Care -  
Audio/Visual, Mood  
Disorders/Depression, Mental  
Health Counselor, General  
Mental Health  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Psychiatric/Mental Health Clinical Nurse Specialist**

**Eastern Shore Community  
Services Board**  
(757) 665-1260

## **Brock, Virginia A NP**

Gender: Female  
NPI: 1548625114  
License: VA 0024181428  
Practice Focus: Virtual Care -  
Audio/Visual  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM  
Practice Focus: Virtual Care -  
Audio/Visual  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Psychiatric/Mental Health Nurse Practitioner**

**Abe-Fapohunda, Adebola  
NP**  
(703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1083227177  
License: VA 0024182981  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Abundant Life partners LLC**

(757) 603-4603

## **Brown, Deirdre PMHNP\***

Gender: Female  
NPI: 1053103242  
License: VA 0001285133  
Website:  
www.abundantlifepartners.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Geriatric  
Psychiatry, Cultural  
Competency Trained, Adult  
Psychiatry  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Hanna, Benjamin PMHNP\***

Gender: Male  
NPI: 1386448264  
License: VA 0024191889  
Website:  
www.abundantlifepartners.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Anxiety/Depression, Adult  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Yowell, Sarah FNP**

Gender: Female  
NPI: 1386237964  
License: VA 0024180134  
Website:  
www.abundantlifepartners.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Telepsychiatry,  
Psychiatry, Cultural  
Competency Trained  
Age 3 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Acacia Health Partners**

(804) 395-7463

NPI: 1487383626  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Cultural  
Competency Trained,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Timok, Cynthia NP\***

Gender: Female  
NPI: 1508621962  
License: VA 0024189499  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Cultural  
Competency Trained,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anxiety  
Disorder, ADHD  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Addiction Wellness Center VA LLC**

(540) 655-2936

## **Mitchell, Jeanette NP\***

Gender: Female  
NPI: 1659597185  
License: VA 0024187305  
Website:  
www.addictionwellnesscenter  
va.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mood  
Disorders/Depression,  
Medication Management,  
Group therapy, Family Therapy,  
Cultural Competency Trained,  
Chemical Dependency/Co-  
Dependency, Behavioral  
Health Outpatient, Anxiety  
Disorder  
Spanish  
Age 18 to 70  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Tucker, Khudsiatu NP\***

Gender: Female  
NPI: 1831707488  
License: VA 0024179570  
Website:  
www.addictionwellnesscenter  
va.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD), Mood  
Disorders/Depression,  
Medication Management,  
Group therapy, Family Therapy,  
Cultural Competency Trained,  
Chemical Dependency/Co-  
Dependency, Behavioral  
Health Outpatient, Anxiety  
Disorder  
Age 18 to 70  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **All Hope Behavioral Health Services PC** (703) 542-3737

NPI: 1760715403  
Website: allhopebhs.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Psychiatry,  
Mood Disorders, Depression,  
Borderline Personality  
Disorders, Bipolar, Behavioral  
Health Outpatient,  
Anxiety/Depression, Anxiety  
Disorder  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Greeley, Matthew P PMHNP\***

Gender: Male  
NPI: 1013618057  
License: WV 115835  
Website: allhopebhs.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Psychiatry,  
Mood Disorders, Depression,  
Borderline Personality  
Disorders, Bipolar, Behavioral  
Health Outpatient,  
Anxiety/Depression, Anxiety  
Disorder  
French  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## **Ascend Polywellness Center LLC**

(678) 507-4370  
**Ohene, Maureen NP\***  
Gender: Female  
NPI: 1003512781  
License: VA 0024185742  
Website:  
ascendpolywellness.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mental health  
skill building, Cultural  
Competency Trained, Crisis  
Stabilization (CS),  
Anxiety/Depression, (IOP)  
Intensive Outpatient  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ascension Psychiatric Services LLC** (804) 636-7104

NPI: 1184471898  
Practice Focus: Virtual Care -  
Audio/Visual, Virtual Care -  
Audio only, Psychotherapy,  
Psychological Testing, Pain  
Management  
Services/Behavioral Health,  
Medication Management,  
Home Visits, General Mental  
Health,  
Developmental/Behavioral  
Issues, Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Associates in Brief Therapy Inc**

(540) 772-8043  
NPI: 1033286794  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Mood Disorders,  
Depression, Anxiety Disorder,  
Adult Psychiatry, Addiction  
Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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**Howard, Chaney J\***

Gender: Female  
NPI: 1841986296  
License: VA 0001254815  
Website:  
www.abtcounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Mood Disorders, Depression, Anxiety Disorder, Adult Psychiatry, Addiction Medicine  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-12:30 PM

**Bekele, Bethelhem NP**

(703) 841-0703  
Gender: Female  
NPI: 1457950610  
License: VA 0001302945  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Better Solutions Behavioral Health Care LLC**

(434) 368-0131  
NPI: 1588232250  
Website: www.bsnhc.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Medication Management  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Lankford, Candace PMHNP**

Gender: Female  
NPI: 1134751530  
License: VA 0024178770  
Website: www.bsnhc.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Medication Management  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Blue Ridge Telehealth LLC**

(540) 772-8043

**Dietrich, Cecile NP\***

Gender: Female  
NPI: 1578024824  
License: VA 0024177453  
Practice Focus: Virtual Care - Audio/Visual, Veteran's Issues, Schizophrenia, Schizoaffective Disorder, Post-Traumatic Stress, Personality Disorders, Mood Disorders, Medication Management, Medication Assisted Treatment, Both Male and Female  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

**Newbold, Temple M NP**

Gender: Female  
NPI: 1851953699  
License: VA 0024177518  
Practice Focus: Virtual Care - Audio/Visual, Veteran's Issues, Schizophrenia, Schizoaffective Disorder, Post-Traumatic Stress, Personality Disorders, Mood Disorders, Medication Management, Medication Assisted Treatment, Both Male and Female  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:30 PM  
Tuesday: 8:30 AM-5:30 PM  
Wednesday: 8:30 AM-5:30 PM  
Thursday: 8:30 AM-5:30 PM  
Friday: 8:30 AM-5:30 PM

**Boateng, Ama NP**

(703) 841-0703  
Gender: Female  
NPI: 1508401696  
License: VA 0001241895  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Brave Health Medical Group PA**

(305) 902-6347

**DuBose, Joseph NP**

Gender: Male  
NPI: 1639110281  
License: OK 221136  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Igbonegun, Ericka R NP**

Gender: Female  
NPI: 1962849745  
License: OH APRN.CNP.14512  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-8:00 PM  
Friday: 8:00 AM-8:00 PM

## **Brighter Days Mental Health Services LLC**

(804) 659-7581

## **Bragg, Laytoya Y PMHNP**

Gender: Female  
NPI: 1033752951  
License: VA 0024178657  
Website:  
www.brighterdaysmhs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Telepsychiatry,  
Schizophrenia, Schizoaffective  
Disorder, Psychotherapy,  
Psychiatry, Mood  
Disorders/Depression,  
Medication Management,  
Geriatric Psychiatry, Bipolar  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1376154609

Website:  
www.brighterdaysmhs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Telepsychiatry,  
Schizophrenia, Schizoaffective  
Disorder, Psychotherapy,  
Psychiatry, Mood  
Disorders/Depression,  
Medication Management,  
Geriatric Psychiatry, Bipolar  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Giles, Kiana\***

Gender: Female  
NPI: 1386474542  
License: VA 0024190655  
Website:  
www.brighterdaysmhs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Telepsychiatry,  
Schizophrenia, Schizoaffective  
Disorder, Psychotherapy,  
Psychiatry, Mood  
Disorders/Depression,  
Medication Management,  
Geriatric Psychiatry, Bipolar  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Turner-Williams, Whitney\***

Gender: Female  
NPI: 1982440376  
License: VA 0024190626  
Website:  
www.brighterdaysmhs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Telepsychiatry,  
Schizophrenia, Schizoaffective  
Disorder, Psychotherapy,  
Psychiatry, Mood  
Disorders/Depression,  
Medication Management,  
Geriatric Psychiatry, Bipolar  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Brightview LLC**

(833) 510-4357  
NPI: 1649786260  
Website:  
Brightviewhealth.com  
Practice Focus: Virtual Care -  
Audio only, Addictions/  
Substance Abuse  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Center for Care and Resiliency**

(540) 344-5300

NPI: 1053902742

Practice Focus: Virtual Care -  
Audio/Visual, Trauma  
Informed Care Trained,  
Transgender, Transcranial  
Magnetic Stimulation (TMS),  
Schizophrenia, Psychology,  
Psychiatry, Post-Traumatic  
Stress Disorder (PTSD),  
Personality Disorders, Partial  
Hospitalization - Substance  
Abuse  
Limited Handicap Accessibility  
Age 16 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Pruitt, Katie PMHNP\***

Gender: Female  
NPI: 1215641071  
License: VA 0024186013  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Couple Counseling  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Central Virginias Preferred Providers**

(804) 330-6441  
NPI: 1730638107  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Anxiety Disorder, Anger Management, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Ramondo, Ania RN\***

Gender: Female  
NPI: 1972055853  
License: VA 0001246631  
Website:  
www.cvppservices.com  
Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management, ADD/ADHD  
Polish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **CERVELLO-WELLNESS**

(301) 392-7120  
NPI: 1083239255  
Website: CERVELLO-WELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Garcia, Karen NP\***

Gender: Female  
NPI: 1205520608  
License: MD R224260  
Website: CERVELLO-WELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Lau, Jou Hou**

Gender: Male  
NPI: 1659131647  
License: VA 0024189763  
Website: CERVELLO-WELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Tyson, Mimi\***

Gender: Female  
NPI: 1952960924  
License: MD R180111  
Website: CERVELLO-WELLNESS.COM  
Practice Focus: Virtual Care - Audio/Visual, Depression, Anxiety Disorder, ADHD  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Charles, Edner NP**

(703) 841-0703  
Gender: Male  
NPI: 1396171385  
License: VA 0024172505  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Charles, Marie NP**

(703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

Gender: Female  
NPI: 1376048348  
License: MD R221196  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Cho, Esther NP**  
(406) 361-3146  
Gender: Female  
NPI: 1609645993  
License: VA 0024191104  
Website:  
[www.charliehealth.com/](http://www.charliehealth.com/)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, (IOP)  
Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

**Clinical Associates of Tidewater**  
(757) 877-7700

NPI: 1447341615  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Warzinski, Katherine NP\***  
Gender: Female  
NPI: 1699169995  
License: VA 0001212504  
Practice Focus: Virtual Care - Audio/Visual, Psychological Testing, Medication Management, Counselor Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Coastal Medical and Psychiatric Services**  
(757) 310-6900

NPI: 1134460132  
Website: [cmprsva.com/](http://cmprsva.com/)  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry & Neurology  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Owens, Kelly MSN\***  
Gender: Female  
NPI: 1124406871  
License: VA 0024172522  
Website: [cmprsva.com/](http://cmprsva.com/)  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry & Neurology  
Age 12 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

**Samborski, Katrina MSN\***  
Gender: Female  
NPI: 1710767355  
License: VA 0024188343  
Website: [cmprsva.com/](http://cmprsva.com/)  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry & Neurology  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

**Confidant Providers LLC**  
(203) 747-8696  
**Afriyie, Gloria APRN**  
Gender: Female  
NPI: 1659074599  
License: VA 0024186686  
Website: [confidanthealth.com](http://confidanthealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Psychopharmacology, Post-Traumatic Stress Disorder (PTSD), Medication Management, Depression, Anxiety Disorder, Addictions/ Substance Abuse  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Azenabor, Lilian APRN\***

Gender: Female  
NPI: 1437950524  
License: VA 0024191400  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Psychopharmacology, Post-Traumatic Stress Disorder (PTSD), Medication Management, Depression, Anxiety Disorder, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Balke, Nora NP-C**

Gender: Female  
NPI: 1265982136  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, LGBTQ+, Anxiety/Depression, Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

NPI: 1336761691  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Psychopharmacology, Post-Traumatic Stress Disorder (PTSD), Medication Management, Depression, Bipolar, Anxiety/Depression, Anxiety Disorder, Addictions/ Substance Abuse  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Davis, Sabrina PMHNP**

Gender: Female  
NPI: 1740882828  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Hudson, Laura M PMHNP**

Gender: Female  
NPI: 1407073109  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Anxiety/Depression, Addictions/ Substance Abuse  
Spanish  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Lucke, Sherry PMHNP\***

Gender: Female  
NPI: 1922592732  
License: FL APRN11017720  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Cultural Competency Trained, Bipolar, Anxiety/Depression  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

## **Szudlo, Lachawnda PMHNP\***

Gender: Female  
NPI: 1982832705  
License: VA 0024186851  
Website: confidanthealth.com  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Medication Management, Grief/Death/Dying, Cultural Competency Trained, Bipolar, Anxiety/Depression, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-7:00 PM  
Tuesday: 7:00 AM-7:00 PM  
Wednesday: 7:00 AM-7:00 PM  
Thursday: 7:00 AM-7:00 PM  
Friday: 7:00 AM-7:00 PM

**Confidant Providers LLC**  
(804) 295-4344

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Daniels, Mary NP\*

Gender: Female  
NPI: 1548087760  
License: VA 0024191275  
Website:  
www.greatmindswellness.com  
Practice Focus: Virtual Care - Audio/Visual, Personality Disorders, Pain Management Services/Behavioral Health, Mood Disorders, Bereavement, Anxiety Disorder, Anger Management, Adjustment Disorders, Addiction Psychiatry  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Conquest Health PLLC

(571) 556-8205

## Phelps, David NP\*

Gender: Male  
NPI: 1215599881  
License: VA 0024177830  
Website:  
www.conquesthealth.org  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained, Behavioral Health Outpatient, Addiction Medicine  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Tenaw, Nardos NP

Gender: Female  
NPI: 1720714215  
License: MD R229090  
Website:  
www.conquesthealth.org  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained, Behavioral Health Outpatient, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Crowne Initiative Service

(757) 504-2191

NPI: 1033092903

Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Mason, Ednora B APRN

Gender: Female  
NPI: 1083411722  
License: VA 0024194101  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-4:00 PM  
Tuesday: 10:00 AM-4:00 PM  
Wednesday: 10:00 AM-4:00 PM  
Thursday: 10:00 AM-4:00 PM  
Friday: 10:00 AM-4:00 PM

## Dedicated Psychiatric Services PLLC

(423) 343-9156  
NPI: 1346927589  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Smith, Angel PMHNP\*

Gender: Female  
NPI: 1619439908  
License: VA 0001213550  
Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Spanish  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:30 AM-4:30 PM  
Tuesday: 9:30 AM-4:30 PM  
Wednesday: 9:30 AM-4:30 PM  
Thursday: 9:30 AM-4:30 PM  
Friday: 9:30 AM-4:30 PM

## East River Psychiatry

(276) 235-6232

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Disibbio, Holly NP\*

Gender: Female  
NPI: 1700423019  
License: VA 0024188529  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM  
NPI: 1689445884  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## King, Carolyn FNP\*

Gender: Female  
NPI: 1477785392  
License: VA 0001129438  
Website:  
www.eastriverpsychiatry.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM

## Eastern Shore Community Services Board

(757) 665-1260  
Practice Focus: Virtual Care - Audio/Visual Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Eastville Community Health Center

17068 Lankford Hwy  
Eastville, VA 23347  
(757) 331-1086  
Office Languages: Spanish  
**Forst, Colleen NP**  
Gender: Female  
NPI: 1982292116  
License: VA 0001251712  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Family Focus Inc

(804) 261-2090  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Shephard, Kelly PMHNP\*

Gender: Female  
NPI: 1528723814  
License: VA 0024182729  
Website:  
www.familyfocusinc.com  
Practice Focus: Virtual Care - Audio only, Medication Management  
Age 18 to 75  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Flabwell Health Group LLC

(804) 402-4773  
NPI: 1255020855  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Pain Management  
Services/Behavioral Health, Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Mood Disorders, Home Visits, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Nwagwu, Victor NP\*

Gender: Male  
NPI: 1215637863  
License: VA 0024186638  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Post-Traumatic Stress Disorder (PTSD), Post-Traumatic Stress, Pain Management  
Services/Behavioral Health, Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Mood Disorders, Depression, Bipolar  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Foundation Medical Group**  
(804) 506-0526

## Craddock, Sharon ARNP

Gender: Female  
NPI: 1902213903  
License: VA 0024177585  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1003275124  
Website:  
foundationmedicalgroup.org  
Practice Focus: Virtual Care - Audio/Visual, Suboxone, Medication Management, Addictions/ Substance Abuse, Addiction Medicine  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Full of Faith LLC**  
(757) 782-4239

## Griffin, Quanda NP

Gender: Female  
NPI: 1063556363  
License: VA 0001150167  
Website: fulloffaithllc.org  
Practice Focus: Virtual Care - Audio/Visual, Intensive In-Home Services, Behavioral Health Outpatient  
Age 5 to 21  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 10:00 AM-6:00 PM  
Tuesday: 10:00 AM-6:00 PM  
Wednesday: 10:00 AM-6:00 PM  
Thursday: 10:00 AM-6:00 PM  
Friday: 10:00 AM-6:00 PM  
Saturday: 10:00 AM-6:00 PM  
Sunday: 10:00 AM-6:00 PM

**Genesis Counseling Center**  
(757) 564-3100

## Akinyanju, Olutoyin FNP\*

Gender: Female  
NPI: 1093410821  
License: VA 0001233086  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Yoruba  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1164451399

Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Medication Management, Developmental/Behavioral Issues, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Washington, Kateria NP

Gender: Female  
NPI: 1699375964  
License: VA 0001233497  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 466-3336

## Camacho, Anthoniel MSN

Gender: Male  
NPI: 1235956517  
License: FL RN9536183  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Jones, Jasmine D APRN

Gender: Female  
NPI: 1093327876  
License: VA 0001216967  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Genesis Counseling Center (757) 965-5886

## Hunt, Miriam MSN

Gender: Female  
NPI: 1417757816  
License: VA 0001208108  
Website:  
www.genescounselingcenter.com  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Post Partum Depression, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Medication Management, Developmental/Behavioral Issues, Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Glacier Health and Development Center (804) 918-1115

## Amankwa, Patricia PMHNP -BC

Gender: Female  
NPI: 1083342893  
License: MD AC005008  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Pryor, Arnetta PMHNP\***

Gender: Female  
NPI: 1568283273  
License: VA 0001222532  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Cultural Competency Trained  
Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Gogol, Jonathan PMHNP**

(406) 238-2501  
Gender: Male  
NPI: 1437894748  
License: VA 0001274208  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: Closed-Closed  
Sunday: Closed-Closed

## **Good Neighbor Outpatient**

**Inc**  
(804) 520-4600

## **Akinfolajimi, Olatunde PMHNP\***

Gender: Male  
NPI: 1295423887  
License: VA 0001219978  
Practice Focus: Virtual Care - Audio only, Post-Traumatic Stress Disorder (PTSD), Depression, Bipolar, Anxiety Disorder, ADD/ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Grace Health Services Llc**

(888) 887-6867

## **Bradbury, Marisa C MSN\***

Gender: Female  
NPI: 1093444093  
License: VA 0024184442  
Website: www.gracehealth-services.com  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Methadone, Medication Management, Medication Assisted Treatment, Depression, Bipolar Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1528614674  
Website: www.gracehealth-services.com  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Methadone, Medication Management, Medication Assisted Treatment, Depression, Bipolar Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Ngante, Collette F NP\***

Gender: Female  
NPI: 1619331204  
License: VA 0024173441  
Website: www.gracehealth-services.com  
Practice Focus: Virtual Care - Audio/Visual, Sleep Disorders, Psychotic Disorders, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Methadone, Medication Management, Medication Assisted Treatment, Depression, Bipolar Limited Handicap Accessibility  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Grace Mental Healthcare**

(804) 712-0231

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Chaffee, Alana L PMHNP

Gender: Female  
NPI: 1982161535  
License: VA 0001212514  
Website:  
gracementalhealthcare.com/  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-4:00 PM  
Friday: 8:00 AM-5:00 PM  
NPI: 1497588974  
Practice Focus: Virtual Care -  
Audio/Visual, Virtual Care -  
Audio only, Mental Health  
Counselor  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-3:00 PM

## Great Minds Psychiatry and Wellness PLLC

(804) 295-4344

## Daniels, Mary NP\*

Gender: Female  
NPI: 1548087760  
License: VA 0024191275  
Website:  
www.greatmindswellness.co  
m  
Practice Focus: Virtual Care -  
Audio/Visual, Personality  
Disorders, Pain Management  
Services/Behavioral Health,  
Mood Disorders, Bereavement,  
Anxiety Disorder, Anger  
Management, Adjustment  
Disorders, Addiction  
Psychiatry  
Age 18 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Hava Oaks Medical

(540) 667-1230  
NPI: 1972268753  
Website: havaoaks.org/  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## OLAWUYI, Oluwakemi DNP\*

Gender: Female  
NPI: 1508317249  
License: VA 0024175186  
Website: havaoaks.org/  
Yoruba  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Healing Waters Counseling Cent (276) 963-0111

## Ray, Lara PMHNP\*

Gender: Female  
NPI: 1114710316  
License: VA 0024193565  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Community-Based Treatment,  
Behavioral Health Outpatient,  
Behavioral Health Multi-  
Specialty Group (BHMSG),  
Behavioral Health Care  
Coordination, Applied  
Behavioral Analysis,  
Anxiety/Phobic Disorders,  
Anxiety/Depression, Anger  
Management  
Age 4 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hexis Health

(571) 786-1235  
NPI: 1265215859  
Website:  
www.hexishealthcare.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Linkous, Natalie APRN\***

Gender: Female  
NPI: 1356945018  
License: TN 28605  
Website:  
www.hexishealthcare.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

**Holistic Psychiatry and  
Medical Center LLC**  
(301) 917-5808

Website:  
www.holisticpsychmc.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior, Transgender,  
Teletherapy, Telepsychiatry,  
Structured Psychotherapy-  
Adolescent Chronic Stress  
(SPARCS), Stress Management,  
Solution Focused Therapy,  
Sleep Disorders  
Age 9 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

## **Kawudha, Lydia PMHNP\***

Gender: Female  
NPI: 1528895398  
License: VA 0024191086  
Website:  
www.holisticpsychmc.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Trauma Focused  
Cognitive Behavioral Therapy,  
Trauma - Focused Cognitive  
Behavior, Transgender,  
Teletherapy, Telepsychiatry,  
Structured Psychotherapy-  
Adolescent Chronic Stress  
(SPARCS), Stress Management,  
Solution Focused Therapy,  
Sleep Disorders  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

## **Sesay, Alice PMHNP\***

Gender: Female  
NPI: 1811751605  
License: VA 0024189441  
Website:  
www.holisticpsychmc.com/  
Practice Focus: Virtual Care -  
Audio/Visual  
Age 9 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
Saturday: 9:00 AM-1:00 PM

## **JC HEALTH GROUP PLLC**

(804) 966-0209  
NPI: 1679271357  
Website:  
www.jchealthgroup.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Medication  
Management, Community-  
Based Treatment,  
Anxiety/Depression, ADHD  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Nwuba, Jessy NP\***

Gender: Female  
NPI: 1003543984  
License: NY 350991  
Website:  
www.jchealthgroup.com  
Practice Focus: Virtual Care -  
Audio/Visual, Post-Traumatic  
Stress Disorder (PTSD),  
Obsessive-Compulsive  
Disorder (OCD), Medication  
Management, Community-  
Based Treatment,  
Anxiety/Depression, ADHD  
Age 12 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

## **Kairos Healthcare Services LLC**

(240) 544-8190

## **Ogechukwu, Igbo NP**

Gender: Female

NPI: 1730781857

Website:

kairoshealthcareservices.com/

Practice Focus: Virtual Care -

Audio/Visual, Trauma Focused

Cognitive Behavioral Therapy,

Trauma - Focused Cognitive

Behavior, Transgender,

Teletherapy, Telepsychiatry,

Structured Psychotherapy-

Adolescent Chronic Stress

(SPARCS), Stress Management,

Solution Focused Therapy,

Sleep Disorders

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## **Lasting Serenity**

## **Telepsychiatry Inc**

(571) 308-8243

## **Hassan, Lartoniah**

Gender: Female

NPI: 1790150258

License: MD R197041

Website:

www.lastingserenitytelepsych

iatry.com/

Practice Focus: Virtual Care -

Audio/Visual, Telepsychiatry,

Psychotherapy, Medication

Management, Depression,

Cultural Competency Trained,

Brief Psychotherapy,

Anxiety/Depression, Anxiety

Disorder, Anger Management

Panjabi

Age 18 to 50

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-9:00 PM

Tuesday: 9:00 AM-9:00 PM

Wednesday: 9:00 AM-9:00 PM

Thursday: 9:00 AM-9:00 PM

Friday: 9:00 AM-9:00 PM

## **Life Works Professional Counseling PLLC**

(434) 990-1744

## **Lartey, Leslie NP**

Gender: Male

NPI: 1447891569

License: VA 0024178397

Website:

www.lifeworksprofessionalcou

nseling.com

Practice Focus: Virtual Care -

Audio/Visual, Medication

Management

Age 9 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-4:00 PM

Tuesday: 9:00 AM-4:00 PM

Wednesday: 9:00 AM-4:00 PM

Thursday: 9:00 AM-4:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1689148777

Website:

www.lifeworksprofessionalcou

nseling.com

Practice Focus: Virtual Care -

Audio/Visual, Medication

Management

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## **McLean Neuropsychiatric Treatment Center LLC**

(571) 378-1398

## **Kilmer, Jennifer PMHNP-BC**

Gender: Female

NPI: 1902685407

License: PA SP030908

Website: mcleanntc.com

Practice Focus: Virtual Care -

Audio/Visual, Transcranial

Magnetic Stimulation (TMS),

Psychiatry, Depression,

Cultural Competency Trained

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 7:30 AM-8:00 PM

Tuesday: 7:30 AM-8:00 PM

Wednesday: 7:30 AM-8:00 PM

Thursday: 7:30 AM-8:00 PM

Friday: 7:30 AM-8:00 PM

NPI: 1356935597

Website: mcleanntc.com

Practice Focus: Virtual Care -

Audio/Visual, Transcranial

Magnetic Stimulation (TMS),

Psychiatry, Depression,

Cultural Competency Trained

Age 18 and up

Handicap Accessible: Building,

Parking, Restroom

Public Transport: Bus, Subway,

Regional Train

Office Hours:

Monday: 7:30 AM-8:00 PM

Tuesday: 7:30 AM-8:00 PM

Wednesday: 7:30 AM-8:00 PM

Thursday: 7:30 AM-8:00 PM

Friday: 7:30 AM-8:00 PM

## **Mind Stability LLC**

(301) 346-1595

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Yeme, Sika PMHNP-BC\***

Gender: Female  
NPI: 1396437521  
License: MD R218028  
Practice Focus: Virtual Care - Audio/Visual, Medication Management, Collaborative Assessment and Management of Suicide (CAMS)  
French  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Mindful Journey Therapeutic Services LLC** (757) 746-2332

## **Mullen, Latoya D PMHNP**

Gender: Female  
NPI: 1053850214  
License: VA 0001227110  
Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained  
Age 6 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-8:00 PM  
Tuesday: 9:00 AM-8:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 9:00 AM-8:00 PM  
Friday: 9:00 AM-8:00 PM  
Saturday: 9:00 AM-2:00 PM

## **Mindfulvision Psychiatry LLC** (202) 972-4964

## **Ilesanmi, Temiloluwa NP\***

Gender: Female  
NPI: 1699522854  
License: NM RN 87893  
Website:  
mindfulvisionpsychiatry.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Trauma - Focused Cognitive Behavior, Transgender, Teletherapy, Telepsychiatry, Structured Psychotherapy- Adolescent Chronic Stress (SPARCS), Stress Management, Solution Focused Therapy, Sleep Disorders  
Yoruba  
Age 9 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:00 AM-9:00 PM  
Tuesday: 7:00 AM-9:00 PM  
Wednesday: 7:00 AM-9:00 PM  
Thursday: 7:00 AM-9:00 PM  
Friday: 7:00 AM-9:00 PM  
Saturday: 7:00 AM-9:00 PM  
Sunday: 7:00 AM-9:00 PM

## **Minds That Matter, LLC** (757) 354-3161

NPI: 1124883434

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Adult Psychiatry, Adolescent Psychiatry  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pittman, Stacie PMHNP\***

Gender: Female  
NPI: 1144899592  
License: VA 0024182161  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Adult Psychiatry, Adolescent Psychiatry  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Mitchell, Shay K NP** (540) 254-0032

Gender: Male  
NPI: 1649593948  
License: VA 0001202933  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Telepsychiatry, Suboxone, Psychotic Disorders, Psychopharmacology, Post Partum Depression, Personality Disorders, Opioid Treatment Program (OTP), Office Based Addiction Treatment (OBAT)  
Age 17 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-8:00 PM  
Thursday: 5:30 PM-9:00 PM  
Friday: 5:30 PM-9:00 PM

## **Mountain Valley Health Care LLC**

(826) 444-6842

## **Darmetko, Heather ARNP**

Gender: Female  
NPI: 1073935409  
Website:  
www.mtnvalleyhc.com  
Age 3 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 AM  
Tuesday: 9:00 AM-5:00 AM  
Wednesday: 9:00 AM-5:00 AM  
Thursday: 9:00 AM-5:00 AM  
Friday: 9:00 AM-5:00 AM

## **National Capital Treatment and Recovery** (703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Neuropsych Wellness Center Pc

(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Nomadic Behavioral Health LLC

(804) 531-4732

NPI: 1366125569  
Website:  
www.nomadicbehavioralhealth.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Sleep Disorders,  
Schizophrenia, Post-Traumatic  
Stress Disorder (PTSD),  
Personality Disorders, LGBTQ+,  
Cultural Competency Trained,  
Bipolar, ASAM Level 3.3,  
Anxiety/Depression  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Oasis Mental Health Services LLC

(703) 722-4828

**Adesuyi, Olubola PMHNP\***  
Gender: Female  
NPI: 1093513236  
License: VA 0001282978  
Website: www.oasismhs.com  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Psychiatry,  
Obsessive-Compulsive  
Disorder (OCD), Mood  
Disorders/Depression,  
Hypnotherapy, General Mental  
Health, Employee Assistance  
Program (EAP), Dialectal  
Behavior Therapy (DBT),  
Developmental/Behavioral  
Issues  
Limited Handicap Accessibility  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Figi, Heather PMHNP\***  
Gender: Female  
NPI: 1689479818  
License: OR 201906547RN  
Website: www.oasismhs.com  
Practice Focus: Youth  
Posttraumatic Stress Disorder  
(PTSD), Virtual Care -  
Audio/Visual, Psychotic  
Disorders, Psychotherapy,  
Psychosomatic Medicine,  
Psychiatry, Family Therapy,  
Family psychoeducation (FPE),  
DID/MPD, Developmental and  
Behavioral Pediatrics  
Age 1 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Grizzle, Amanda PMHNP

Gender: Female  
NPI: 1467269035  
License: VA 0024191753  
Website: www.oasismhs.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Psychotherapy, Psychiatry, Personality Disorders, Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Hypnotherapy, General Mental Health, Employee Assistance Program (EAP)  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
NPI: 1093406712  
Website: www.oasismhs.com  
Practice Focus: Youth Posttraumatic Stress Disorder (PTSD), Virtual Care - Secure Text Messaging, Virtual Care - Remote monitoring, Virtual Care - Audio/Visual, Teletherapy, Telepsychiatry, Stress Management, Sleep Disorders, Psychotic Disorders, Psychotherapy  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Olulana, Bridget PMHNP\*

Gender: Female  
NPI: 1083471791  
License: VA 0024192387  
Website: www.oasismhs.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Child & Adolescent Psychiatry, Both Male and Female, Bipolar, Anxiety/Phobic Disorders, Anxiety/Depression, Anxiety Disorder, Anger Management, Alzheimer/Dementia  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM  
Saturday: 8:00 AM-8:00 PM

## Resilience Counseling Social Skills Center (540) 699-0226

## Carter, Leigh PMHNP

Gender: Male  
NPI: 1356129365  
License: VA 0024188102  
Website: www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Moussari, Samantha PMHNP

Gender: Female  
NPI: 1558096529  
License: VA 0001280513  
Website: www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Arabic  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

NPI: 1245724707

Website:

[www.resiliencecounseling.com](http://www.resiliencecounseling.com)

Practice Focus: Virtual Care -

Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood

Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Tibbs, Kate NP\***

Gender: Female

NPI: 1497091938

License: VA 0024170529

Website:

[www.resiliencecounseling.com](http://www.resiliencecounseling.com)

Practice Focus: Virtual Care -

Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood

Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health

Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**ReVive Behavioral Health**

(804) 653-7009

**Ntiamoah, Lois NP\***

Gender: Female

NPI: 1760227300

License: VA 0024190470

Website: [www.revive-bh-services.com](http://www.revive-bh-services.com)

Practice Focus: Virtual Care -

Audio/Visual Handicap Accessible: Building, Parking, Restroom Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1942055504

Website: [www.revive-bh-services.com](http://www.revive-bh-services.com)

Practice Focus: Virtual Care -

Audio/Visual Handicap Accessible: Building, Parking, Restroom Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Vazana, Ashley MS**

Gender: Female

NPI: 1386462224

License: VA 0024190582

Website: [www.revive-bh-services.com](http://www.revive-bh-services.com)

Practice Focus: Virtual Care -

Audio/Visual Handicap Accessible: Building, Parking, Restroom Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Roanoke Resource LLC**

(540) 400-7431

Website:

[www.roanokeresource.com](http://www.roanokeresource.com)

Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Behavioral Health Outpatient

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

**Ruby, Anumah NP**

(703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

Gender: Female  
NPI: 1255698635  
License: MD AC001538  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained,  
Addictions/ Substance Abuse,  
Addiction Medicine  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## RVA Counseling

(804) 716-0428  
NPI: 1407492895  
Website:  
www.rvacounseling.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Medication  
Management, Medication  
Assisted Treatment  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM  
Sunday: 8:00 AM-5:00 PM

## SaVida Health PC

(833) 356-4080

**Baker, Steven PMHNP\***  
Gender: Male  
NPI: 1386166932  
License: TN 28476  
Website: [savidahaalth.com](http://savidahaalth.com)  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Jones, Kyle C NP\***  
Gender: Male  
NPI: 1740841998  
License: VA 0001250120  
Website: [savidahaalth.com](http://savidahaalth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: [savidahaalth.com](http://savidahaalth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## VanHeukelum, Sara PMHNP\*

Gender: Female  
NPI: 1588328645  
License: VA 0024182946  
Website: [savidahaalth.com](http://savidahaalth.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Cultural  
Competency Trained  
Spanish  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Seaside Behavioral Health

(757) 648-8605

**Brown, Jennifer F\***  
Gender: Female  
NPI: 1063405686  
License: VA 0001153867  
Website: [www.seasidebh.com](http://www.seasidebh.com)  
Practice Focus: Virtual Care -  
Audio/Visual, Teletherapy,  
Social supports/social  
determinants of health,  
Sexually acting out behaviors,  
Multidimensional Family  
Therapy, Medication  
Management, Independent  
Assessment & Coordination  
(IACCT), IACCT Follow-Up:  
Independent Assessment &  
Coordination, Family Therapy,  
Domestic Violence  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1295284255  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Social supports/social determinants of health, Sexually acting out behaviors, Multidimensional Family Therapy, Medication Management, Independent Assessment & Coordination (IACCT), IACCT Follow-Up: Independent Assessment & Coordination, Family Therapy, Domestic Violence  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Serene Serenity Psychiatry**

(804) 979-2532  
**Powell, Monique APRN\***  
Gender: Female  
NPI: 1124786074  
License: VA 0001248378  
Website:  
[www.sereneserenitypsychiatry.com](http://www.sereneserenitypsychiatry.com)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Simple Solutions Psychiatry LLC**  
(804) 657-7775  
**Vu, Kim PMHNP**  
Gender: Female  
NPI: 1881063659  
License: VA 0024172948  
Practice Focus: Virtual Care - Audio/Visual, Schizophrenia, Psychotic Disorders, Mental health skill building, Depression, Borderline Personality Disorders, Bipolar, Autism Spectrum Disorders, Anxiety Disorder, Anger Management  
Vietnamese  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Spectrum Transformation Group**

(804) 378-6141

**Fleagle, Emilie NP**  
Gender: Female  
NPI: 1396463402  
License: VA 0024184850  
Practice Focus: Virtual Care - Audio/Visual, Depression, Cultural Competency Trained, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Gloria, Kim NP**  
Gender: Female  
NPI: 1366956278  
License: VA 0001247669  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Laird, Barbara NP**  
Gender: Female  
NPI: 1518397959  
License: VA 0001065015  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1174855985  
Practice Focus: Virtual Care - Audio/Visual, Depression, Cultural Competency Trained, Anxiety/Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Tate, Amber NP\*

Gender: Female  
NPI: 1043763410  
License: VA 0001239272  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Starling Medical Group PC (508) 202-1011

### Anaele-Nwogu, Olivia PMHNP\*

Gender: Female  
NPI: 1710408885  
License: VA 0024186635  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Burgess, Corlista NP

Gender: Female  
NPI: 1982945069  
License: VA 0001227264  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Portuguese  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Fendler, Jennifer NP\*

Gender: Female  
NPI: 1003481847  
License: AZ RN148730  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Jenkins, Erin NP\*

Gender: Female  
NPI: 1528695558  
License: TX 1049241  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Rotimi, Olajumoke NP\*

Gender: Female  
NPI: 1104563006  
License: MD R231020  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Ruhl, Hannah NP\*

Gender: Female  
NPI: 1831851294  
License: VA 0024192327  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Female Patients Only  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## Stone, Nikki L MSN

(757) 938-3900  
Gender: Female  
NPI: 1245003656  
License: VA 0001295366  
Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression, Anger Management  
Limited Handicap Accessibility Age 13 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:00 AM-1:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:00 AM-1:00 PM  
Friday: 9:00 AM-5:00 PM

**Supreme Healing  
Psychological Services**  
(757) 933-5386

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Burhite, Brent NP**

Gender: Male  
NPI: 1851806327  
License: VA 0024179492  
Website:  
supremehealingps.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mood  
Disorders/Depression,  
Medication Management,  
Medication Assisted  
Treatment, Child/Adolescent  
Serious Mental Illness (SMI),  
ASAM Level 1, Anxiety  
Disorder, Adult Substance  
users, Adult Serious Mental  
Illness (SMI), ADD/ADHD  
Age 6 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

## **Collins, Chiquita NP\***

Gender: Female  
NPI: 1467020339  
License: VA 0001219928  
Website:  
supremehealingps.com  
Practice Focus: Virtual Care -  
Audio/Visual, Mood  
Disorders/Depression,  
Medication Management,  
Medication Assisted  
Treatment, Child/Adolescent  
Serious Mental Illness (SMI),  
ASAM Level 1, Anxiety  
Disorder, Adult Substance  
users, Adult Serious Mental  
Illness (SMI), ADD/ADHD  
Age 6 to 65  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-3:00 PM

## **The Comprehensive Care Center** (757) 769-0571

## **Murray, Kenita DNP\***

Gender: Female  
NPI: 1437769627  
License: VA 0001266488  
Website: www.thecccenter.org  
Practice Focus: Virtual Care -  
Audio/Visual, Home Visits,  
Family Therapy, Eating  
Disorders, Depression,  
Community-Based Treatment,  
Anxiety Disorder  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-1:00 PM  
Sunday: 8:00 AM-1:00 PM

## **The Many Pieces of Me Serenity Center PLLC**

(757) 938-3900  
NPI: 1306690433  
Practice Focus: Virtual Care -  
Audio/Visual,  
Anxiety/Depression, Anger  
Management  
Limited Handicap Accessibility  
Age 13 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 8:00 AM-1:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 8:00 AM-1:00 PM  
Friday: 9:00 AM-5:00 PM

## **Therapeutic Counseling Consulting** (804) 322-9955

## **Allen Blaine, Angela NP\***

Gender: Female  
NPI: 1063924405  
License: VA 0001204274  
Website:  
www.therapeuticcounseling.o  
rg/?gad\_source=1&gad\_camp  
Practice Focus: Virtual Care -  
Audio only, Psychiatry,  
Medication Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Subudhi, Courtney M CNM\***

Gender: Female  
NPI: 1669886578  
License: VA 0024173593  
Website:  
www.therapeuticcounseling.o  
rg/?gad\_source=1&gad\_camp  
Practice Focus: Virtual Care -  
Audio only, Psychiatry,  
Medication Management  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## **Transformation Health Services LLC** (804) 799-9292

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## **Kabir, Sumiah PMHNP\***

Gender: Female  
NPI: 1386440931  
License: VA 0024191606  
Website:  
transformationhealthservices.com/  
Practice Focus: Virtual Care - Audio/Visual, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Chronic Illnesses, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Washington, Feitima PMHNP**

Gender: Female  
NPI: 1295548717  
License: VA 0024192412  
Website:  
transformationhealthservices.com/  
Practice Focus: Virtual Care - Audio/Visual, Psychotic Disorders, Mood Disorders, Cultural Competency Trained, Chronic Illnesses, Addictions/ Substance Abuse  
Age 5 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM

## **Trotter, Tenika PMHNP** (757) 644-0208

Gender: Female  
NPI: 1053781005  
License: VA 0001236457  
Practice Focus: Virtual Care - Audio only, Post-Traumatic Stress Disorder (PTSD), Mobile Crisis Unit, Mental Health Counselor, Home Visits, Dual Diagnosis (MH/SA), Community-Based Treatment, Child & Adolescent Psychiatry, Anxiety/Depression, Adult Substance users  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Urgent Behavioral Health Services LLC** (703) 743-1337

## **Akins, Adekunbi PMHNP\***

Gender: Female  
NPI: 1215616578  
License: VA 0024187470  
Website:  
www.mybehavioralclinic.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, Depression, Bipolar, Anxiety Disorder, ADD/ADHD Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1720793011  
Website:  
www.mybehavioralclinic.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders, Depression, Bipolar, Anxiety Disorder, ADD/ADHD Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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## Psychiatry Physician

### All Hope Behavioral Health Services PC

(703) 542-3737

#### Abassi, Imran MD\*

Gender: Male

NPI: 1003875014

Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress

Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder

Urdu, Punjab, Hindi

Age 13 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-6:00 PM

NPI: 1760715403

Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress

Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

#### Baig, Mirza S MD

Gender: Male

NPI: 1255591376

License: VA 0101247731

Website: allhopebhs.com/  
Practice Focus: Virtual Care - Audio/Visual, Stress

Management, Psychiatry, Mood Disorders, Depression, Borderline Personality Disorders, Bipolar, Behavioral Health Outpatient, Anxiety/Depression, Anxiety Disorder

Urdu, Punjab, Bengali

Age 13 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-6:00 PM

Tuesday: 9:00 AM-6:00 PM

Wednesday: 9:00 AM-6:00 PM

Thursday: 9:00 AM-6:00 PM

Friday: 9:00 AM-6:00 PM

### Ascension Psychiatric Services LLC

(804) 636-7104

NPI: 1184471898

Practice Focus: Virtual Care - Audio/Visual,

Anxiety/Depression, ADHD

Age 18 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

### Center for Care and Resiliency

(540) 344-5300

NPI: 1053902742

Practice Focus: Virtual Care - Audio/Visual, Transgender,

Transcranial Magnetic Stimulation (TMS), Psychiatry,

Partial Hospitalization -

Substance Abuse, Partial

Hospitalization - Mental

Health, Partial Hospitalization,

Mental health skill building,

Medication Management,

Depression

Age 16 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

### Central Virginias Preferred Providers

(804) 330-6441

NPI: 1730638107

Website:

www.cvppservices.com

Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder,

Anger Management,

ADD/ADHD

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

#### Ettigi, Prakash MD\*

Gender: Male

NPI: 1326057597

License: VA 0101028834

Website:

www.cvppservices.com

Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder,

Anger Management,

ADD/ADHD

Hindi

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

### Childsavers

(804) 644-9590

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

NPI: 1699868448

Website: [www.childsavers.org](http://www.childsavers.org)

Practice Focus: Virtual Care - Audio/Visual, Telepsychiatry, Partial Hospitalization, Neuropsychology, Neurology, Medication Management, Crisis Stabilization, Cognitive/Behavioral Therapy, Behavioral Health Outpatient, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:30 PM  
Tuesday: 8:00 AM-7:30 PM  
Wednesday: 8:00 AM-7:30 PM  
Thursday: 8:00 AM-7:30 PM  
Friday: 8:00 AM-7:30 PM

## Dedicated Psychiatric Services PLLC

(423) 343-9156

NPI: 1346927589

Practice Focus: Virtual Care - Audio only, Mental Health Counselor, Counselor  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Divine Minds LLC

(434) 433-2169

Website:

[WWW.DIVINEMINDSLLC.COM](http://WWW.DIVINEMINDSLLC.COM)

Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Jewell, Amanda

Gender: Female

NPI: 1053786202

License: VA 0001213030

Website:

[WWW.DIVINEMINDSLLC.COM](http://WWW.DIVINEMINDSLLC.COM)

Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

## Doctor on Demand Professionals PC

(800) 442-8938

Website:

[www.doctorondemand.com](http://www.doctorondemand.com)

Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexuality, Religious Emphasis, Post Partum, Personality Disorders, Neuropsychology, Mood Disorders/Depression, Marital Therapy, Gay/Lesbian/Bisexual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-12:00 AM  
Tuesday: 12:00 AM-12:00 AM  
Wednesday: 12:00 AM-12:00 AM  
Thursday: 12:00 AM-12:00 AM  
Friday: 12:00 AM-12:00 AM  
Saturday: 12:00 AM-12:00 AM  
Sunday: 12:00 AM-12:00 AM

## East River Psychiatry

(276) 235-6232

NPI: 1689445884

Website:

[www.eastriverpsychiatry.com](http://www.eastriverpsychiatry.com)

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Gee, Jeffrey T MD\*

Gender: Male

NPI: 1285620559

License: VA 0101225082

Website:

[www.eastriverpsychiatry.com](http://www.eastriverpsychiatry.com)

Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Schizophrenia, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Medication Management, Grief/Death/Dying, Cultural Competency Trained, Celebrating Families, Bipolar  
Tagalog  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM  
Saturday: 9:00 AM-1:00 PM

## Eastern Shore Community Services Board

(757) 665-1260

## Anderson, Brent R MD\*

Gender: Male

NPI: 1588670590

License: MD D0051912

Practice Focus: Virtual Care - Audio/Visual

Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

Practice Focus: Virtual Care - Audio/Visual  
Spanish  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

10106 Pine Ave  
Nassawadox, VA 23413  
(757) 665-1260

## **Ogram, John D MD\***

Gender: Male  
NPI: 1831184696  
License: VA 0101033854  
Practice Focus: Adult Psychiatry  
Age 3 and up  
Handicap Services available  
Office Hours:  
Monday: 8:30 AM-5:00 PM  
Tuesday: 8:30 AM-5:00 PM  
Wednesday: 8:30 AM-5:00 PM  
Thursday: 8:30 AM-5:00 PM  
Friday: 8:30 AM-5:00 PM

## **Good Neighbor Outpatient Inc**

(855) 355-7001

## **Kaul, Adam MD**

Gender: Male  
NPI: 1689653107  
License: VA 0101057975  
Practice Focus: Virtual Care - Audio/Visual  
German  
Age 10 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **High Ground Psychiatry PLLC**

(757) 255-8223  
NPI: 1982439808  
Website:  
[www.highgroundpsychiatry.com](http://www.highgroundpsychiatry.com)  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders, Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 2:00 PM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 2:00 PM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pierce, Benjamin R MD\***

Gender: Male  
NPI: 1144780503  
License: VA 0102208080  
Website:  
[www.highgroundpsychiatry.com](http://www.highgroundpsychiatry.com)  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders, Depression, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 2:00 PM-6:00 PM  
Tuesday: 2:00 PM-6:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 2:00 PM-6:00 PM  
Friday: 9:00 AM-5:00 PM

## **Iskandar, Joseph DO**

(540) 344-5300

Gender: Male  
NPI: 1215252143  
License: VA 0102202882  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Arabic  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

## **Jeffrey, Jessica DO**

(540) 344-5300

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

Gender: Female  
NPI: 1235367889  
License: VA 0102203575  
Practice Focus: Virtual Care - Audio/Visual, Transgender, Transcranial Magnetic Stimulation (TMS), Psychiatry, Partial Hospitalization - Substance Abuse, Partial Hospitalization - Mental Health, Partial Hospitalization, Mental health skill building, Medication Management, Depression  
Age 16 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**McLean Neuropsychiatric Treatment Center LLC**  
(571) 378-1398

**Haq, Aazaz U MD**  
Gender: Male  
NPI: 1457589509  
License: PA MD469337  
Website: mcleanntc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Medication Management, Depression, Cultural Competency Trained  
Hindi  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

NPI: 1356935597  
Website: mcleanntc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Psychiatry, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Medication Management, Depression, Cultural Competency Trained  
Limited Handicap Accessibility  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 7:30 AM-8:00 PM  
Tuesday: 7:30 AM-8:00 PM  
Wednesday: 7:30 AM-8:00 PM  
Thursday: 7:30 AM-8:00 PM  
Friday: 7:30 AM-8:00 PM

**Saetang, Jessica DO**  
Gender: Female  
NPI: 1841879350  
License: VA 0102209164  
Website: mcleanntc.com  
Practice Focus: Women, Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Mood Disorders/Depression, Medication Management, Cultural Competency Trained, Anxiety Disorder, ADHD  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

**Neuropsych Wellness Center Pc**  
(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care - Audio/Visual, Transcranial Magnetic Stimulation (TMS), Medication Management  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

## Salem Psychiatry

(540) 387-3105

### Patel, Mukesh MD\*

Gender: Male

NPI: 1295743433

License: VA 0101035881

Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained, Anxiety/Depression, Anxiety Disorder, Anger Management, ADHD, Addiction Psychiatry  
Sanskrit, Hindi, Gujarati  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

### Wander, Jagdeep MD\*

Gender: Male

NPI: 1851527592

License: VA 0101253074

Practice Focus: Virtual Care - Audio/Visual, Psychiatry, Cultural Competency Trained, Anxiety/Depression, Anxiety Disorder, Anger Management, ADHD, Addiction Psychiatry  
Hindi

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-6:00 PM

Tuesday: 8:00 AM-6:00 PM

Wednesday: 8:00 AM-6:00 PM

Thursday: 8:00 AM-6:00 PM

Friday: 8:00 AM-6:00 PM

## SOUTHWEST REGIONAL COUNSELING SERVICES INC

(276) 883-5050

### Nicolau, Dan MD

Gender: Male

NPI: 1992098396

License: TN 49214

Practice Focus: Virtual Care - Audio/Visual, Office Based  
Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/Substance Abuse

Age 13 and up

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1063078855

Practice Focus: Virtual Care - Audio/Visual, Office Based  
Addiction Treatment (OBAT), Mental Health Counselor, Medication Management, Medication Assisted Treatment, Laboratory Services Available, Cultural Competency Trained, Counselor, Addictions/Substance Abuse

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Spectrum Transformation Group

(804) 378-6141

### Lee, John MD\*

Gender: Male

NPI: 1104813427

License: VA 0101102669

Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

NPI: 1174855985

Practice Focus: Virtual Care - Audio/Visual, Anxiety/Depression  
Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 9:00 AM-5:00 PM

Tuesday: 9:00 AM-5:00 PM

Wednesday: 9:00 AM-5:00 PM

Thursday: 9:00 AM-5:00 PM

Friday: 9:00 AM-5:00 PM

## Total Health Services

(434) 201-2025

### Rosse, Richard MD\*

Gender: Male

NPI: 1316049570

License: MD D0025495

Practice Focus: Virtual Care - Audio/Visual, Anxiety Disorder, Anger Management  
Spanish

Handicap Accessible: Building, Parking, Restroom

Public Transport: Bus, Subway, Regional Train

Office Hours:

Monday: 8:00 AM-5:00 PM

Tuesday: 8:00 AM-5:00 PM

Wednesday: 8:00 AM-5:00 PM

Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-5:00 PM

## Yaratha, Sridhar MD

(804) 203-4477

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

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# Behavioral Services

Gender: Male  
NPI: 1902922503  
License: VA 0101236397  
Practice Focus: Virtual Care - Audio/Visual, Home Visits, Group Home Residential, Group Day Support, Cultural Competency Trained, Community-Based Treatment Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

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## Psychologist

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### Clinical Associates of Tidewater

(757) 877-7700  
NPI: 1447341615  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-4:00 PM  
Tuesday: 9:00 AM-4:00 PM  
Wednesday: 9:00 AM-4:00 PM  
Thursday: 9:00 AM-4:00 PM  
Friday: 9:00 AM-4:00 PM

**Doctor on Demand Professionals PC**  
(800) 442-8938

Website:  
www.doctorondemand.com  
Practice Focus: Virtual Care - Audio/Visual, Stress Management, Sexuality, Religious Emphasis, Post Partum, Personality Disorders, Neuropsychology, Mood Disorders/Depression, Marital Therapy, Gay/Lesbian/Bisexual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-12:00 AM  
Tuesday: 12:00 AM-12:00 AM  
Wednesday: 12:00 AM-12:00 AM  
Thursday: 12:00 AM-12:00 AM  
Friday: 12:00 AM-12:00 AM  
Saturday: 12:00 AM-12:00 AM  
Sunday: 12:00 AM-12:00 AM

**Glacier Health and Development Center**  
(804) 918-1115

**Bowers, Lindsey LPC**  
Gender: Female  
NPI: 1912659723  
License: VA 0701013629  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Jenkins, Tiffany LPC**  
Gender: Female  
NPI: 1053021071  
License: VA 0701014447  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Sexuality, Psychotherapy, Cultural Competency Trained, Borderline Personality Disorders, Bipolar, Anxiety/Depression, Anger Management, ADHD  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

### Neuropsych Wellness Center Pc

(703) 865-8686  
NPI: 1588977748  
Website:  
www.neuropsych4u.com  
Practice Focus: Virtual Care - Audio/Visual, Neuropsychological Testing  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-6:00 PM  
Tuesday: 9:00 AM-6:00 PM  
Wednesday: 9:00 AM-6:00 PM  
Thursday: 9:00 AM-6:00 PM  
Friday: 9:00 AM-6:00 PM

**Resilience Counseling Social Skills Center**  
(540) 699-0226

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

NPI: 1245724707  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**White, Louisa LCP**  
Gender: Female  
NPI: 1487242996  
License: VA 0810007325  
Website:  
www.resiliencecounseling.care  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

---

## School Social Worker

**Starling Medical Group PC**  
(508) 202-1011

**Keyser, Ashley LCSW**  
Gender: Female  
NPI: 1407576697  
License: VA 0904015061  
Practice Focus: Women, Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 18 to 59  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

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## Social Worker

### Achieving Balance Counseling

(540) 355-6957  
NPI: 1730782640  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

**Backpack Medical Group PC**  
(866) 968-6342

NPI: 1851177570  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
**Browning, Monique LMSW**  
Gender: Female  
NPI: 1073315776  
License: IL 150113905  
Website: hellobackpack.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

All providers are accepting new patients unless otherwise noted. Please contact provider directly to confirm no changes occurred after the publishing date.

Todos los proveedores están aceptando nuevos pacientes a menos que se indique lo contrario. Contacte al proveedor directamente para confirmar que ningún cambio ocurrió después de la fecha de publicación.

# Behavioral Services

## Glassband, Ryan MSW

Gender: Male  
NPI: 1356104772  
License: MD 31099  
Website: [helloworldbackpack.com](http://helloworldbackpack.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Howell, Diane MSW

Gender: Female  
NPI: 1669275723  
License: VA 0903002142  
Website: [helloworldbackpack.com](http://helloworldbackpack.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Johnson, Kristina LMSW

Gender: Female  
NPI: 1407677719  
License: VA 0903004356  
Website: [helloworldbackpack.com](http://helloworldbackpack.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Jones, Ebony LMSW

Gender: Female  
NPI: 1891596631  
License: VA 0906013692  
Website: [helloworldbackpack.com](http://helloworldbackpack.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Nicchi, Hannah MSW

Gender: Female  
NPI: 1003609942  
License: VA 0903004542  
Website: [helloworldbackpack.com](http://helloworldbackpack.com)  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 4 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-6:00 PM  
Tuesday: 8:00 AM-6:00 PM  
Wednesday: 8:00 AM-6:00 PM  
Thursday: 8:00 AM-6:00 PM  
Friday: 8:00 AM-6:00 PM  
Saturday: 8:00 AM-12:00 PM  
Sunday: 8:00 AM-12:00 PM

## Center for Child and Family Services

(757) 838-1960  
NPI: 1972685774  
Website: [www.kidsandfamilies.com](http://www.kidsandfamilies.com)  
Practice Focus: Virtual Care - Audio/Visual, Community-Based Treatment, Behavioral Health Outpatient  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-8:00 PM  
Tuesday: 8:00 AM-8:00 PM  
Wednesday: 8:00 AM-8:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-2:00 PM

## Compton, Rebecca Sue LCSW

(304) 308-3735

Gender: Female  
NPI: 1679187371  
License: VA 0718000674  
Website: [www.rula.com/providers/VA/1679187371](http://www.rula.com/providers/VA/1679187371)  
Practice Focus: Virtual Care - Audio/Visual, Psychotherapy, Intensive Outpatient - Substance Abuse, Intensive Outpatient - Mental Health, Cultural Competency Trained, Crisis Intervention (CI), Certified Social Worker, Case Management, ASAM Level 2.1, ASAM Level 1.7  
Age 13 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Hart Talk LLC

(757) 296-2221

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Hart, Jennifer D LCSW

Gender: Female  
NPI: 1326674045  
License: VA 0904011525  
Website: www.hart-talk-therapy.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Faith-based/spiritual, Cultural Competency Trained, Behavioral Health Outpatient, Anxiety Disorder  
Age 21 to 64  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Hart, Jennifer D LCSW

(757) 296-2221

Gender: Female  
NPI: 1326674045  
License: VA 0904011525  
Website: www.hart-talk-therapy.com  
Practice Focus: Virtual Care - Audio/Visual, Mood Disorders/Depression, Faith-based/spiritual, Cultural Competency Trained, Behavioral Health Outpatient, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-3:00 PM  
Tuesday: 9:00 AM-3:00 PM  
Wednesday: 9:00 AM-3:00 PM  
Thursday: 9:00 AM-3:00 PM  
Friday: 9:00 AM-3:00 PM

## Integrated Mind Psychotherapy, PLLC

(757) 663-2660  
NPI: 1245959410  
Practice Focus: Virtual Care - Audio/Visual, Child Abuse/Neglect, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Integrated Mind Psychotherapy, PLLC

(757) 241-5850

## McCullough, Sara LCSW

Gender: Female  
NPI: 1659954956  
License: VA 0904012909  
Practice Focus: Virtual Care - Audio/Visual, Child Abuse/Neglect, Brief Psychotherapy, Anxiety Disorder  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Mermaid Counseling and Consulting LLC

(757) 447-7382

## Mallory, Islam LCSW

Gender: Female  
NPI: 1295438661  
License: VA 0904017944  
Website: mermaidcounseling.com/  
Practice Focus: Virtual Care - Audio/Visual, Trauma Focused Cognitive Behavioral Therapy, Domestic Violence, Cultural Competency Trained, Child Abuse  
Age 14 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Poitier-Hickman, Sonja R LCSW

(757) 778-3699  
Gender: Female  
NPI: 1235227745  
License: VA 0904009677  
Practice Focus: Virtual Care - Audio/Visual, Post-Traumatic Stress Disorder (PTSD), Play Therapy, Mood Disorders/Depression, Learning Disabilities, Group therapy, Family Therapy, Dialectal Behavior Therapy (DBT), Cultural Competency Trained, Cognitive/Behavioral Therapy  
Age 13 to 65  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:30 PM-10:30 PM  
Tuesday: 5:30 PM-10:30 PM  
Wednesday: 5:30 PM-10:30 PM  
Thursday: 5:30 PM-10:30 PM  
Friday: 5:30 PM-10:30 PM  
Saturday: 9:00 AM-6:30 PM

## Resilience Counseling Social Skills Center

(540) 699-0226

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Holder, Alexi LCSW

Gender: Female  
NPI: 1225475106  
License: VA 0904010793  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

NPI: 1245724707  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Taylor, Josh LCSW

Gender: Male  
NPI: 1861796690  
License: KY 259710  
Website:  
www.resiliencecounseling.com  
Practice Focus: Virtual Care - Audio/Visual, Teletherapy, Stress Management, Psychotherapy, Post-Traumatic Stress Disorder (PTSD), Mood Disorders/Depression, Mood Disorders, Mental Health Counselor, Grief/Death/Dying, General Mental Health  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SaVida Health PC

(833) 356-4080

## Collins, Amalia C LCSW

Gender: Female  
NPI: 1447398730  
License: VA 0701005510  
Website: [svidahealth.com](http://svidahealth.com)  
Spanish, Sign Language  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM

NPI: 1548739170  
Website: [svidahealth.com](http://svidahealth.com)  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient), Cultural Competency Trained  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## SpringHealth BH and Integrated Care VA

(888) 515-1793  
NPI: 1467827493  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Certified Social Worker  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

## Ward, Kristina L LCSW

Gender: Female  
NPI: 1750505459  
Website:  
Springhealthbehavioral.com  
Vietnamese, Swedish, Serbian,  
Spanish, Russian  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-7:00 PM  
Tuesday: 8:00 AM-7:00 PM  
Wednesday: 8:00 AM-7:00 PM  
Thursday: 8:00 AM-7:00 PM  
Friday: 8:00 AM-7:00 PM

## Starling Medical Group PC

(508) 202-1011  
**Jones, Grace LCSW**  
Gender: Female  
NPI: 1902470107  
License: DC LC200003182  
Practice Focus: Women, Virtual  
Care - Audio/Visual, Cultural  
Competency Trained  
Spanish  
Age 18 to 59  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## OGrady, Catherine LCSW

Gender: Female  
NPI: 1508420910  
License: VA 0904016189  
Practice Focus: Women, Virtual  
Care - Audio/Visual, Cultural  
Competency Trained  
Age 18 to 59  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 8:00 AM-5:00 PM  
Tuesday: 8:00 AM-5:00 PM  
Wednesday: 8:00 AM-5:00 PM  
Thursday: 8:00 AM-5:00 PM  
Friday: 8:00 AM-5:00 PM  
Saturday: 8:00 AM-5:00 PM

## Stolzenbach, Stephanie L CSW

(406) 361-3146  
Gender: Female  
NPI: 1861620270  
License: VA 0904014917  
Website:  
www.charliehealth.com/  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, (IOP)  
Intensive Outpatient  
Spanish  
Age 11 to 40  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-9:00 PM  
Tuesday: 9:00 AM-9:00 PM  
Wednesday: 9:00 AM-9:00 PM  
Thursday: 9:00 AM-9:00 PM  
Friday: 9:00 AM-9:00 PM  
Saturday: 11:30 AM-2:30 PM

## Thriving Families Counseling LLC

(540) 988-3108  
NPI: 1467973859  
Website:  
thrivingfamiliescounseling.co  
m/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Personality  
Disorders, Anxiety Disorder  
Age 10 and up  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM  
NPI: 1467973859  
Website:  
thrivingfamiliescounseling.co  
m/  
Practice Focus: Virtual Care -  
Audio/Visual, Stress  
Management, Personality  
Disorders, Anxiety Disorder  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## Substance Abuse Rehabilitation Facility

**Life Center of Galax**  
(276) 236-2994

License: VA 617 02 033  
Practice Focus: Substance  
Abuse & Alcohol Abuse Center  
(Outpatient), Opioid Treatment  
Program (OTP), ASAM Level 3.7  
- Adult, ASAM Level 3.5 - Adult,  
ASAM Level 2.5  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45  
PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## NCTR Demeter Womens Residential

(703) 840-0703  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care -  
Audio/Visual, Cultural  
Competency Trained, Case  
Management, ASAM Level 3.7 -  
Adult, ASAM Level 3.5 - Adult,  
Addictions/ Substance Abuse  
Handicap Accessible: Building,  
Parking, Restroom  
Public Transport: Bus, Subway,  
Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## NCTR Phoenix Mens Residential

(703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

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# Behavioral Services

License: VA 122 01 045  
Website:  
www.natcaptreatment.org  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, Case Management, ASAM Level 3.7 - Adult, ASAM Level 3.5 - Adult, ASAM Level 3.1 - Adult, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

## **Pinnacle Treatment Services of Newport News**

(757) 234-4139  
NPI: 1447813639  
License: VA 3642 06 003  
Practice Focus: Virtual Care - Audio/Visual  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 5:15 AM-1:30 PM  
Tuesday: 5:15 AM-1:30 PM  
Wednesday: 5:15 AM-1:30 PM  
Thursday: 5:15 AM-1:30 PM  
Friday: 5:15 AM-1:30 PM  
Saturday: 6:00 AM-9:30 AM  
Sunday: 6:00 AM-9:30 AM

## **Pinnacle Treatment Services of Richmond**

(804) 533-1335

NPI: 1730886631  
License: VA 2720 02 033  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

## **Substance Use Disorder Rehabilitation Clinic/Center**

### **Addiction Allies LLC**

(434) 400-9668  
License: VA 1759 02 035  
Website:  
www.addictionallies.com/contact  
Practice Focus: Virtual Care - Audio/Visual, Partial Hospitalization - Substance Abuse, Mental health skill building, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Addictions/ Substance Abuse  
Age 1 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Aviv Recovery**

(917) 444-2147  
NPI: 1285434423  
License: VA 13702 02 035  
Website:  
www.avivrecovery.com  
Practice Focus: Virtual Care - Audio/Visual, Substance Abuse & Alcohol Abuse Center (Outpatient)  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Iron Bridge Recovery Center**

(804) 729-8884  
Website:  
ironbridgerecovery.com  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ASAM Level 2.1, Addictions/ Substance Abuse  
Age 18 and up  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Langley Healthcare Group LLC**

(301) 523-1302

NPI: 1992667620  
Website:  
supremetreatment.com/  
Practice Focus: Virtual Care - Audio only, ASAM Level 2.1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **NCTR Assessment Center**

(703) 841-0703  
License: VA 122 07 013  
Practice Focus: Virtual Care - Audio/Visual, Cultural Competency Trained, ASAM Level 1, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **NCTR Outpatient Center**

(703) 841-0703

\* Board Certified Provider

\* Proveedor especialista certificado

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License: VA 122 02 035  
Website:  
[www.natcaptreatment.org](http://www.natcaptreatment.org)  
Practice Focus: Virtual Care - Audio/Visual, Intensive Outpatient - Substance Abuse, Cultural Competency Trained, Case Management, ASAM Level 2.5 Partial Hospitalization, ASAM Level 2.1, ASAM Level 1, Addictions/ Substance Abuse  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Pinnacle Treatment Services of Newport News**

(757) 234-4139  
NPI: 1649978669  
License: VA 3642 01 045  
Practice Focus: Virtual Care - Audio/Visual, ASAM Level 3.1 - Adult  
Limited Handicap Accessibility  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

### **Pinnacle Treatment Services of Richmond**

(804) 533-1335

NPI: 1134825870  
License: VA 2720  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

### **Pinnacle Treatment Services of Roanoke LLC**

(540) 981-5330  
NPI: 1558069575  
License: VA 3725 16 003  
Practice Focus: Virtual Care - Audio/Visual  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 12:00 AM-11:45 PM  
Tuesday: 12:00 AM-11:45 PM  
Wednesday: 12:00 AM-11:45 PM  
Thursday: 12:00 AM-11:45 PM  
Friday: 12:00 AM-11:45 PM  
Saturday: 12:00 AM-11:45 PM  
Sunday: 12:00 AM-11:45 PM

### **Virginias Recovery Centers LLC**

(804) 666-0717

NPI: 1174214175  
License: VA 8052 02 033  
Website:  
[www.virginiarecoverycenters.com](http://www.virginiarecoverycenters.com)  
Practice Focus: ASAM Level 2.5, ASAM Level 2.1, ASAM Level 1  
Handicap Accessible: Building, Parking, Restroom  
Public Transport: Bus, Subway, Regional Train  
Office Hours:  
Monday: 9:00 AM-5:00 PM  
Tuesday: 9:00 AM-5:00 PM  
Wednesday: 9:00 AM-5:00 PM  
Thursday: 9:00 AM-5:00 PM  
Friday: 9:00 AM-5:00 PM

\* Board Certified Provider

\* Proveedor especialista certificado

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# Pharmacies

## ALL COUNTIES

### Mail Order

#### Centerwell Pharmacy, Inc

Mail Order  
800-379-0092

#### Centerwell Specialty Pharmacy, Inc

Mail Order  
800-486-2668

## VIRGINIA

### ACCOMACK COUNTY

### Retail

#### Atlantic Community Pharmacy - 90 Day

7001 Lankford Hwy  
Oak Hall, VA 23416  
757-824-4477

#### CVS Pharmacy 01570 - 90 Day

25201 Lankford Hwy  
Onley, VA 23418  
757-787-1810

#### H and H Pharmacy - 90 Day

6300 Maddox Blvd  
Chincoteague Island, VA  
23336  
757-336-3115

#### Onley Community Pharmacy - 90 Day

20306 Badger Lane  
Onley, VA 23418  
757-302-9066

#### Walmart Pharmacy 10-4378 104378 - 90 Day

26036 Lankford Hwy  
Onley, VA 23418  
757-787-7828

### NORTHAMPTON COUNTY

### Retail

#### Rayfields Pharmacy 1 - 90 Day

9502 Hospital Ave  
Nassawadox, VA 23413  
757-442-6159

#### Rayfields Pharmacy Inc 2 - 90 Day

2 Fig Street  
Cape Charles, VA 23310  
757-331-1212

#### Shore Pharmacy - 90 Day

3271B Main St  
Exmore, VA 23350  
757-442-7982

#### Walgreens 18229 - 90 Day

4053 Lankford Highway  
Exmore, VA 23350  
757-442-8542

90 day represents those pharmacies that offer an extended supply of maintenance medications. Most network pharmacies participate in ePrescribing.

90 días representa a las farmacias que ofrecen suministros a largo plazo de medicamentos de mantenimiento. La mayoría de las farmacias de la red utilizan ePrescribing (el método de recetas electrónicas).

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