

2025 Recommended immunizations for children 7–18 years old*

Recommended vaccines	7 years	8 years	9 years	10 years	11 years	12 years	13 years	14 years	15 years	16 years	17 years	18 years
HPV			All children in age group can get the vaccine		All children in age group should get the vaccine							
Tdap					All children in age group should get the vaccine							
Meningococcal ACWY					All children in age group should get the vaccine					All children in age group should get the vaccine		
Meningococcal B										Parents/caregivers should talk to their health care provider to decide if this vaccine is right for their child		
Influenza/Flu	Every year. Two doses for some children		Every year									
COVID-19	At least 1 dose of the current COVID-19 vaccine											
Mpox												Some children in age group should get the vaccine
Dengue			Only if living in a place where dengue is common and has laboratory test confirming past dengue infection									

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- All children in age group can get the vaccine
- Some children in age group should get the vaccine
- Parents/caregivers should talk to their health care provider to decide if this vaccine is right for their child

Talk to your child’s health care provider about immunizations. Be sure to discuss if:

1. Your child has any medical condition that puts them at higher risk for infection.
2. Your child is traveling outside the United States. Visit wwwnc.cdc.gov/travel for more information.
3. Your child misses a vaccine recommended for their age.

Humana Healthy Horizons® in Louisiana

*The immunization schedule/chart used in this document is sourced from the American Academy of Pediatrics.

What diseases do these vaccines protect against?

Vaccine-preventable disease	Disease complications	Number of vaccine doses
<p>HPV (Human papillomavirus)</p> <p>Contagious viral infection affecting the skin and cells lining the inside of the body spread through close skin-to-skin contact</p>	Six different types of cancer, including cancers of the mouth and throat, cervix, penis and anus	2 or 3 doses
<p>Tetanus (Lockjaw)*</p> <p>Infection caused by bacterial spores found in soil and dust everywhere; spores enter the body through wounds or broken skin</p>	Seizures, broken bones, difficulty breathing, death	1 dose at age 11-12 years Additional doses if missed childhood doses 1 dose for dirty wounds
<p>Diphtheria*</p> <p>Illness caused by a toxin produced by bacteria that infects the nose, throat, and sometimes skin</p>	Swelling of the heart muscle, heart failure, coma, paralysis, death	1 dose at age 11-12 years Additional doses if missed childhood doses
<p>Pertussis (Whooping Cough)*</p> <p>Contagious bacterial infection of the lungs and airway; spread through air and direct contact</p>	Infection of the lungs (pneumonia), death; especially dangerous for babies	1 dose at age 11-12 years Additional doses if missed childhood doses 1 dose every pregnancy
<p>Meningococcal**</p> <p>Contagious bacterial infection of the lining of the brain and spinal cord or the bloodstream; spread through air and direct contact</p>	Loss of arm or leg, deafness, seizures, death	2 doses. Additional doses may be needed depending on medical condition or vaccine used.
<p>Influenza (Flu)</p> <p>Contagious viral infection of the nose, throat, and sometimes lungs; spread through air and direct contact</p>	Infection of the lungs (pneumonia), sinus and ear infections, worsening of underlying heart or lung conditions, death	1 dose each year 2 doses in some children aged 6 months through 8 years

Vaccine-preventable disease	Disease complications	Number of vaccine doses
<p>COVID-19</p> <p>Contagious viral infection of the nose, throat, or lungs; may feel like a cold or flu. Spread through air and direct contact</p>	<p>Infection of the lungs (pneumonia); blood clots; liver, heart or kidney damage; long COVID; death</p>	<p>1 or more doses of the current COVID-19 vaccine depending on health status. For more information: www.cdc.gov/covidschedule</p>
<p>Mpox</p> <p>Contagious viral infection spread through close, often skin-to-skin contact, including sex; causes a painful rash, fever, headache, tiredness, cough, runny nose, sore throat, swollen lymph nodes</p>	<p>Infected sores, brain swelling, infection of the lungs (pneumonia), eye infection, blindness, death</p>	<p>2 doses</p>
<p>Dengue</p> <p>Viral infection spread by bite from infected mosquito; causes fever, headache, pain behind the eyes, rash, joint pain, body ache, nausea, loss of appetite, feeling tired, abdominal pain</p>	<p>Severe bleeding, seizures, shock, damage to the liver, heart, and lungs, death</p>	<p>3 doses</p>

***Tdap** protects against tetanus, diphtheria, and pertussis

****Healthy adolescents:** Meningococcal ACWY vaccine (2 doses); Meningococcal B vaccine (2 doses if needed).

Auxiliary aids and services, free of charge, are available to you. **1-800-448-3810 (TTY: 711)**, Monday through Friday, from 7:00 a.m. to 7:00 p.m.

Humana Inc. and its subsidiaries comply with Section 1557 by providing free auxiliary aids and services to people with disabilities when auxiliary aids and services are necessary to ensure an equal opportunity to participate. Services include qualified sign language interpreters, video remote interpretation, and written information in other formats.

English: Call the number above to receive free language assistance services.

Español (Spanish): Llame al número que se indica arriba para recibir servicios gratuitos de asistencia lingüística.

Français (French): Appelez le numéro ci-dessus pour recevoir des services gratuits d'assistance linguistique.

Tiếng Việt (Vietnamese): Gọi số điện thoại ở trên để nhận các dịch vụ hỗ trợ ngôn ngữ miễn phí.

繁體中文 (Chinese): 您可以撥打上面的電話號碼以獲得免費的語言協助服務。

العربية (Arabic): اتصل برقم الهاتف أعلاه للحصول على خدمات المساعدة اللغوية المجانية.

Tagalog (Tagalog – Filipino): Tawagan ang numero sa itaas para makatanggap ng mga libreng serbisyo sa tulong sa wika.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위 번호로 전화하십시오.

Português (Portuguese): Ligue para o número acima para receber serviços gratuitos de assistência no idioma.

ພາສາລາວ (Lao): ໂທຫາເບີໂທລະສັບຂ້າງເທິງ ເພື່ອຮັບບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາຝຣັ່ງ.

日本語 (Japanese): 無料の言語支援サービスを受けるには、上記の番号までお電話ください。

اُردُو (Urdu): مفت لسانی اعانت کی خدمات موصول کرنے کے لیے درج بالا نمبر پر کال کریں۔

Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

فارسی (Farsi): برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

Русский (Russian): Позвоните по вышеуказанному номеру, чтобы получить бесплатную языковую поддержку.

ภาษาไทย (Thai): โทรไปที่หมายเลขด้านบนเพื่อรับบริการช่วยเหลือด้านภาษาฟรี

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